

1 **Medications mostly associated with priapism events: assessment of the 2015-2020 Food and Drug**
2 **Administration (FDA) pharmacovigilance database entries**

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32 **ABSTRACT**

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34 A range of drugs have a direct role in triggering ischaemic priapism. We aimed at identifying: a) which
35 medications are associated with most priapism-reports; and, b) within these medications, comparing
36 their potential to elicit priapism through a disproportionality analysis. The FDA Adverse Event
37 Reporting System (FAERS) database was queried to identify those drugs associated the most with
38 priapism reports over the last 5 years. Only those drugs being associated with a minimum of 30
39 priapism reports were considered. The Proportional Reporting Ratios (PRRs), and their 95%
40 confidence intervals were computed. Out of the whole 2015-2020 database, 1233 priapism reports were
41 identified, 933 of which (75.7%) were associated with 11 medications with a minimum of 30 priapism-
42 reports each. Trazodone, olanzapine and tadalafil showed levels of disproportionate reporting, with a
43 PRR of 9.04 (CI95%:7.73-10.58), 1.55 (CI95%:1.27-1.89), and 1.42 (CI95%:1.10-1.43), respectively.
44 Most (57.5%) of the reports associated with the phosphodiesterase type 5 inhibitors (PDE5Is) were
45 related with concomitant priapism-eliciting drugs taken at the same time and/or inappropriate
46 intake/excessive dosage. Patients taking trazodone and/or antipsychotics need to be aware of the
47 priapism-risk; awareness among prescribers would help in reducing priapism-related detrimental
48 sequelae; PDE5I-intake is not responsible for priapism by itself, when appropriate medical supervision
49 is provided.

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53 **Keywords:** Priapism; Pharmacovigilances; Adverse Drug Reaction Reporting Systems; Psychotropic

54 Drugs; Trazodone; Antipsychotic Agents

55 INTRODUCTION

56

57 Priapism is a pathological condition defined as an erection lasting longer than 4 hours that persists
58 beyond, or is unrelated, to sexual interest or stimulation [1,2]. Whilst non-ischaemic priapism is rare
59 and is usually secondary to perineal trauma [3], ischemic priapism is indeed the more common subtype,
60 resulting from decreased venous outflow with venous stasis in the corpora cavernosa of the penis [1]. It
61 remains a serious urological emergency which, if left untreated, could lead to hypoxia-related
62 destruction of the sinusoidal endothelium and corporal fibrosis, with eventual permanent erectile
63 dysfunction [1]. Timely management of this emergency is paramount, as extensive cavernosal-tissue
64 necrosis is a highly likely event occurring after 48 hours of priapism [4]. Treatment of ischaemic
65 priapism cases depends on the episode-duration, ranging from corporal aspiration/irrigation, intra-
66 cavernosal injection of sympathomimetics, proximal vs. distal shunting procedures, and/or prompt
67 insertion of a malleable penile prosthesis when extensive and irreversible hypoxic damage has occurred
68 [2,4]. The incidence of this condition is believed to be 1.5 cases per 100,000 person-years [5], although
69 one could expect levels of under-reporting, due to patients' embarrassment or after spontaneous
70 resolution without intervention. A predisposition to transient and self-limiting recurrent episodes of
71 priapism (e.g. "stuttering priapism") shares its aetiology with ischaemic priapism and frequently
72 progresses to a complete form [1]. Although idiopathic episodes of priapism are common,
73 pharmacologically-induced priapism is now considered the predominant etiology [6]. In fact, priapism
74 has been related to a number of commonly prescribed medications, as well as illegal drugs [1]. The
75 growing use of a range of prescription medications such as antidepressants, antipsychotics and intra-
76 cavernosal injections, and the increase in the abusing levels of recreational drugs such as cocaine,
77 alcohol, cannabinoids and amphetamines [7,8], is expected to lead to an increase of pharmacologically-
78 induced priapism cases. Pharmacologically-induced priapism is invariably associated with ischaemic
79 features [1], thus it may determine the above mentioned permanent detrimental outcomes for the penile

80 function. Hence, it is desirable that the clinicians involved in the prescription of these index
81 medications are well aware of their potential to cause ischaemic priapism, although it is more likely to
82 occur among individuals with certain susceptibility features [1,2].

83 Although a cause-effect association in eliciting ischaemic priapism events is already well-established
84 for some specific drugs, the range of medications deemed to be potentially responsible for priapism is
85 indeed wide and little is known regarding the drugs which are associated with more reports of this
86 adverse drug reaction (ADR). Indeed, most of the available scientific evidence relating to drug-induced
87 priapism issues comes from both case reports and limited numbers of case series. To this respect, real-
88 world data from the post-marketing phase might be useful to gather valuable figures. The
89 pharmacovigilance purpose is to detect, collect and monitor spontaneously reported ADRs, with
90 measures of disproportionality being considered the validated statistical tools of choice to detect a
91 signal of disproportionate reporting (SDR) from the range of pharmacovigilance databases [9].
92 Disproportionality measures, however, should be used to test only biologically plausible associations
93 [9].

94 Consistent with this, we aimed here at: a) identifying the range of medications possibly associated with
95 priapism events; and, b) assessing their signals of association with priapism based on a
96 disproportionality analysis. The voluntary reports of suspected ADRs in the United States (U.S.) were
97 analyzed, through the FDA (Food and Drug Administration) Adverse Event Reporting
98 System (FAERS) pharmacovigilance database.

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101 **METHODS**

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103 The FDA is responsible for supervising the medicinal products in the U.S.; and the FAERS database
104 collects those ADRs being submitted to the FDA [10]. ADRs are reported spontaneously to the FAERS
105 by either healthcare professionals or by the patients themselves after the appearance of signs and
106 symptoms which are being attributed to an index drug [11].

107 FAERS data were here made accessible through the online, ad hoc, querying tool. ADRs were recorded
108 in accordance with the Medical Dictionary for Regulatory Activities (MedDRA) [12]. The ADR-related
109 individual cases were identified using the Preferred Term (PT) ‘priapism’.

110 For the purpose of the present study, the number of individual cases, rather than the number of ADRs,
111 was considered. The number of individual cases was unequivocally identified counting the number of
112 entries using a univocal code (case ID). However, each individual case could have been possibly
113 associated with other ADRs which were signalled at the time of the report, along with ‘priapism’.
114 Furthermore, different reporters could have independently reported the same individual case to the
115 FAERS [12]. The FAERS database was queried to identify all the drugs which were associated with the
116 PT ‘priapism’. A wide range of drugs were associated with at least one ‘priapism’ report, with only one
117 or few reports being associated with the vast majority of these molecules. Hence, only those 11 drugs
118 which were associated with more than 30 reports of ‘priapism’ were here considered (see Table 1).

119 Data analysis focused on a range of parameters, including: socio-demographic characteristics (i.e., age
120 and sex); reporter’s qualification (i.e., healthcare professional; consumer); ADR outcome (i.e., serious,
121 non-serious, disabled, hospitalized, required intervention, recovered, resolved); range of other ADRs
122 associated with the individual report; drug dosages; product commercial names; possible concomitant
123 drug(s); and number of cases received each year. When an English literature reference was provided in
124 the database along with the ADR-report, this was searched through the MEDLINE/Pubmed database to
125 gather additional data regarding the report itself. Because of FDA protection of individuals’ privacy,

126 sensible data relating to patients were here not accessible, since fully anonymized from the database
127 itself.

128 To more properly evaluate the strength of the association between the drugs mostly associated with
129 ‘priapism’ and their actual capability of causing this ADR, the proportional reporting ratio (PRR)
130 approach was here adopted [13]. The PRR is the ratio between the frequency with which a specific
131 adverse event is reported for the drug of interest, relative to all adverse events reported for that same
132 drug, and the frequency with which the same adverse event is reported for the drug(s) in the
133 comparison group relative to all adverse events for drugs in the comparison group [9]. The PRR is
134 computed as follows: $PRR = \frac{A}{A+B} / \frac{C}{C+D}$, where: A is the number of individual cases associated with
135 the index drug involving ‘priapism’; B is the number of individual cases related to the index drug
136 involving any other adverse events; C is the number of individual cases involving ‘priapism’ for all the
137 remaining 10 drugs; and D is the number of individual cases involving any other ADR associated with
138 the remaining 10 drugs [14]. A PRR greater than 1 suggests that ‘priapism’ is more commonly reported
139 for individuals taking the drug of interest relative to the comparison drug(s). The PRRs have been
140 computed for all the 11 drugs with more than 30 ‘priapism’ reports each, along with the PRR
141 confidence intervals [14].

142 Statistical analyses were carried out using the SPSS software (IBM, Armonk, NY, USA).

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145 **RESULTS**

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147 The FAERS dataset was analysed in December 2020. Overall, the whole number of the FAERS
148 individual cases involving a ‘priapism’ ADR report in the time-frame here considered (i.e., January
149 2015-December 2020) was 1233; these figures were associated with 270 drugs having been reported at
150 least once to be associated with the ‘priapism’ ADRs. Out of 1233 reports, 933 (75.7%) were associated
151 with the 11 drugs having more than 30 reports of ‘priapism’ each, which included: trazodone,
152 quetiapine, risperidone, olanzapine, aripiprazole, tadalafil, sertraline, sildenafil, methylphenidate,
153 alprostadil and clozapine (Table 1). Out of these 11 molecules, the drug which was here most typically
154 associated with ‘priapism’ ADRs was trazodone, identified in 197/1233 individual cases (16.0%).

155 The age of priapism occurrence was specified for most of the 11 drug-related reports (i.e., 536/773;
156 69.3%); the median (interquartile range - IQR) age at occurrence resulted to be 36 years of age (25-50
157 years). Most (190, 35.5%; and 207, 38.6%) cases were here associated with an age of occurrence
158 between 21 and 40 years and between 40 and 60 years, respectively. Conversely, 108 (20.2%) cases
159 were associated with an age at occurrence < 21 years of age, whilst only the remaining 31 (5.8%)
160 individual cases were associated with an age at occurrence older than 60 years. Overall, female
161 priapism had here been identified in only 6 individual reports. When the reporter category was
162 specified (763/773, 98.7%), most reports (i.e., 571/773, 73.9%) were submitted by a healthcare
163 professional, whilst the remaining 192 reports were submitted by the drug consumer. Out of the total,
164 669 (86.6%) cases were judged as being ‘serious’, whilst only 104 individual cases were reported as
165 being ‘non-serious’. Where further details regarding the outcome were disclosed, 264 patients were
166 ‘hospitalised’, 48 cases ‘required surgical intervention’, and 27 cases were associated with a ‘disabled’
167 outcome.

168 The resulting PRRs which were calculated for all the medications with more than 30 reports each,
169 along with their 95% confidence intervals, are reported in Table 1. Within this group of high-risk

170 medications, trazodone, olanzapine and tadalafil showed significant levels of actual disproportionate
171 reporting, with a PRR of 9.04 (CI95%: 7.73-10.58), 1.55 (CI95%: 1.27-1.89), and 1.42 (CI95%: 1.10-
172 1.43), respectively. Quetiapine, risperidone and aripiprazole priapism reports were here well
173 represented as well (Table 1).

174 In order to provide further details to better interpret the sildenafil and tadalafil findings, an additional
175 sub-analysis of the 113 phosphodiesterase type 5 inhibitors (PDE5Is)-related individual reports was
176 here performed. In 28 (24.8%) cases, PDE5Is were taken in association with other medications which
177 are already well-known for being related with priapism (i.e., trazodone, intra-cavernosal injections of
178 prostaglandins, various antipsychotics, cocaine, alcohol [1]). Conversely, in 3 (2.7%) cases PDE5Is
179 were ingested with medications for which a pharmacokinetic interaction with PDE5Is is already known
180 (i.e., itraconazole, tacrolimus). Furthermore, of 113, 32 (28.3%) individual reports were instead
181 associated with PDE5Is' idiosyncratic intake modalities (e.g., accidental exposure to product by a child,
182 intentional overdose, suicide attempt, intentional misuse, accidental overdose, incorrect/extra dose
183 administered, drug abuse, off-label use, product used for unknown indication/without prescription,
184 medication error), and PDE5Is were prescribed for issues related to pulmonary hypertension in 2
185 (1.8%) cases. Hence, only less than half of the PDE5I-related individual reports (namely, 48/113,
186 42.5%) were instead associated with: no concomitant drugs taken at the same time/concomitant drugs
187 not disclosed; or, absence of statements which were considered suggestive of inappropriate
188 intake/excessive dosage ingested or unusual indications.

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191 **DISCUSSION**

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193 To the best of our knowledge, this is the first and largest scale study aimed at systematically analysing
194 a pharmacovigilance database, such as the FAERS one, to investigate pharmacologically-induced
195 priapism. This database, together with the European Medicines Agency (EMA) and the World Health
196 Organization’s Drug Monitoring Program [15], is considered a world-wide reference standard [16].
197 Although a large number (i.e., 1233 individual reports) of ‘priapism’ reports were identified in the
198 FAERS database in the relatively short 2015-2020 timeframe, current findings most likely represent a
199 gross under-estimate of the real prevalence of this issue. In fact, one could argue that patients’
200 embarrassment and/or spontaneous resolution without intervention may have prevented, to a large
201 extent, spontaneous reporting [17].

202 The analysis here performed concluded for significant levels of disproportionate reporting for
203 trazodone, olanzapine and tadalafil vs. the remaining drugs associated with more than 30 ‘priapism’
204 reports each, with PRR values of 9.04 (CI95%: 7.73-10.58), 1.55 (CI95%: 1.27-1.89), and 1.42
205 (CI95%: 1.10-1.43), respectively. Overall, these results should be interpreted as significant signals of
206 disproportionate reporting (SDRs) [18]. Whilst the lower bound of the 95% confidence interval greater
207 or equal to one is typically considered to define a SDR, a PRR ≥ 3 is instead most commonly
208 considered as representing a strong SDR [18]. In order to appropriately interpret these findings, it must
209 be kept in mind that this disproportionality analysis compared among them a list of medications which
210 are already known for being associated with levels of potential to elicit priapism episodes. Based on
211 these premises, it appears that, among the high-risk list of drugs here analysed, trazodone generated
212 indeed the strongest SDR, whilst olanzapine and tadalafil seemed somewhat more prone to cause
213 priapism vs. the other drugs of the database (except for trazodone). The propensity of trazodone to
214 elicit priapism is already well documented in the literature [19–21]. Although a number of medications
215 identified in this list may be prescribed by sexual medicine specialists, most of these drugs are typically

216 prescribed by psychiatrists and primary care doctors. It is of utmost importance that physicians
217 prescribing trazodone are aware and prepared to face this possible detrimental side effect [20], as this
218 medication is still prescribed to more than 27 million Americans [17]. To this respect, some 229 male
219 patients younger than 50 years taking trazodone were surveyed regarding their pre-treatment
220 counselling: only less than 20% of the patients were informed about the possible risk of prolonged
221 erections and priapism [20]. The concomitant use/abuse of other legal and/or illegal drugs known to
222 cause priapism may increase the risk of trazodone-induced priapism, due to a synergistic effect [6].
223 Drug-induced priapism is associated with the low-flow mechanism, which is secondary to an
224 inadequate corporal venous outflow [1]. Some antipsychotics and the antidepressant trazodone may
225 cause priapism due to their high-affinity antagonism for the α_1 - and α_2 -adrenergic receptors [6]. The
226 overall result of this α -adrenergic blockage is a shift of the penile vascular equilibrium into the
227 direction of prolonged erection/intracavernosal stasis. In the flaccid state, the penile arterioles are
228 tonically contracted due to the α -adrenergic activity [6]. The inhibition of the α_1 -receptors of the penis
229 produces enhanced penile blood inflow through arterial dilatation, which results in blood entrapment in
230 the cavernosal sinusoids [6]. The engorgement of the sinusoids results in the compression of the sub-
231 tunical emissary venular plexuses between the tunica albuginea and the peripheral sinusoids, which
232 eventually results in a reduction of the venous outflow [22]. Moreover, the blockage of the presynaptic
233 α_2 adrenergic receptors may prevent the release of norepinephrine [23], inhibiting the detumescence.
234 Of clinical importance, manifest priapism affects only a fraction of those patients using α -adrenergic-
235 antagonist medications, thus suggesting the possible role of a background of enhanced individual
236 susceptibility to the adrenergic blockade in those who experience this event [24]. One could argue that
237 single-nucleotide polymorphisms (SNPs) of the cytochrome P450 drug oxidases may affect drug
238 metabolization rates in these patients [24]. Further different mechanisms may explain the development
239 of pharmacologically-induced priapism. The influence of some medications (e.g., the atypical
240 antipsychotics) on serotonin receptors (e.g., either with a stimulatory action or with an inhibitory effect,

241 depending on the specific serotonin receptor) in the central nervous system (CNS) accounts for another
242 possible mechanism for drug-induced priapism [25]. Although those antipsychotics which show more
243 pharmacodynamic affinity for α -adrenergic receptors are expected to be more prone to elicit priapism
244 events, all antipsychotic medications (i.e., both typical and atypical, even those with lower affinity for
245 α -adrenergic receptors) have been associated with priapism [26]. For instance, aripiprazole presents
246 with the lowest affinity to α -1 adrenergic receptors among all the atypical antipsychotics and yet there
247 have been clinical reports of aripiprazole-induced priapism [26]. Antipsychotic-induced priapism is
248 usually associated with: increasing dosage, restarting the treatment after an abstinence interval,
249 switching to a different class of antipsychotic and pharmacodynamic interactions [27]. This may
250 suggest that the addition of a second α -adrenergic antagonizing drug (e.g., the combination of two
251 antipsychotics and/or the combination of trazodone with an antipsychotic) may facilitate the occurrence
252 of priapism.

253 Only few case reports/series [28–36] of priapism have been described in the literature in patients taking
254 PDE5Is. It is unlikely that prescribed PDE5Is alone can cause ischaemic priapism events [37], with
255 most anecdotal published reports relating instead to specific conditions which may represent additional
256 risk factors for ischaemic priapism. For some of these literature reports [36], the PDE5I-consumption
257 was associated with concomitant prescribing/misusing drugs well-known for causing priapism. PDE5Is
258 are mainly metabolized by the cytochrome P450 3A4 hepatic isoenzyme [38]. Pharmacokinetic
259 interactions in patients taking concomitantly PDE5Is with other drugs which are known to increase the
260 PDE5I steady-state concentrations, including cytochrome P450 3A4 inhibitors (e.g., itraconazole [32],
261 cannabis [38]), were considered responsible for priapism events in some of these cases. Remaining
262 PDE5I-related prolonged erections/manifest priapism events have been reported in: children following
263 an accidental ingestion [30]; in a patient of with a sickle cells' trait [33]; and, in subjects taking
264 large/massive dosages of PDE5Is for self-poisoning purposes [34]. Overall, current FAERS-related
265 findings are fully consistent with the existing anecdotal literature, with only a minority of the

266 ‘priapism’ individual reports being here not associated with the risk factors above mentioned.
267 Conversely, it is possible that additional details regarding these reports (e.g., concomitant drugs taken
268 by the patient, intentional overdose, pre-existent haematologic conditions) were not disclosed for a
269 number of PDE5I-related priapism reports. Notwithstanding the overall satisfactory safety levels of
270 these medications [37], with current data one would not be able to rule out a possible increased risk of
271 priapism when the erectogenic PDE5I molecules are used inappropriately. Indeed, although a poorly
272 investigated topic, a range of surveys [39,40] have described the increasing levels of self-
273 prescribing/intentional abuse of these medications. In a survey [39], up to 21.5% of young reported to
274 have ingested PDE5Is, and most frequently in association with alcohol and/or other drugs, without a
275 prescription. These idiosyncratic combinations may facilitate, as discussed, the occurrence of priapism
276 events, with cannabinoids having been reported to alter the PDE5Is’ steady-state concentrations [38].
277 Further substances of abuse, including ethanol, cocaine, and amphetamine mixtures have been
278 associated with priapism [1].

279 *Limitations*

280 Whilst the analysis of spontaneous reporting systems should be considered as a starting point for
281 identifying drug safety issues, this may present with a range of limitations. Indeed, the
282 pharmacovigilance approach may not conclusively prove causality between a specific drug and a given
283 ADR [12]. In fact, the ADR may be a symptom of another illness; it could be associated with another
284 medical product taken by the patient at the same time; or, caused by their interaction.
285 Disproportionality studies do not allow quantification of the clinical risk; only from the amalgamation
286 with clinical data it is possible to draw a more definite conclusion about the harm potential of any index
287 drug. Incidence of drug-induced priapism cannot be determined based on these data, since drug-
288 induced priapism events are overall likely going under-reported, due to patient embarrassment;
289 subclinical priapism events/prolonged erections (e.g., erections lasting less than 4 hours); and failure to
290 report the ADR itself [17]. Levels of voluntary reporting are in fact depending from several factors,

291 including the individual's perception about the possible risks associated with the medication; the index
292 molecule clinicians' awareness of safety concerns; its market availability levels; and extent of use [12].
293 One could then argue that the cases here identified, together with those anecdotally reported in the
294 previous literature, may well represent only the most atypical cases of drug-induced priapism.
295 Furthermore, duplicate 'priapism' individual case reports (e.g., due to: a consumer and healthcare
296 professional reporting the same event; multiple healthcare professionals treating the same patient
297 reporting the same event; and, an event being reported by both the consumer/healthcare professional
298 and the sponsor) could have created here misleading signals of disproportionate reporting.

299 Notwithstanding the potential weaknesses associated with the analysis of pharmacovigilance databases,
300 current findings have significant clinical implications. The drugs identified in this analysis are widely
301 prescribed worldwide; hence, even if the number of patients with drug-induced priapism may be small,
302 the issue should be considered of clinical relevance. Patients taking trazodone or antipsychotics need to
303 be aware of the risk of ischaemic priapism in order to facilitate an early management of the condition.
304 Those patients with other risk factors for priapism, and especially those taking concurrent high-risk
305 drugs, should be counseled even more thoroughly, as they may be more susceptible to this serious
306 reaction. Appropriate awareness among prescribing clinicians would also help in reducing the long-
307 term consequences associated with priapism. Although this analysis identified a range of reports being
308 associated with PDE5Is, the correct, under medical supervision, use of these medications is very
309 unlikely associated with a clinically significant risk of developing a priapism event. Ease of access to
310 these medications through non-authorized providers, including rogue websites where no regulatory
311 controls take place, should be however strongly discouraged. Finally, prompt reporting of drug-induced
312 priapism events should further be promoted.

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Table 1: The 11 molecules most typically associated with individual reports of ‘priapism’ in the FAERS pharmacovigilance database

<i>Drug</i>	<i>Number of individual cases associated with priapism in the database (n)</i>	<i>Percentage of the individual cases of priapism when compared to all the compounds in the database (%)</i>	<i>PRR (CI95%)</i>
Trazodone	197	15.98%	9.04 (7.73-10.58)
Quetiapine	153	12.48%	0.69 (0.63-0.75)
Risperidone	130	10.54%	0.82 (0.69-0.98)
Olanzapine	106	8.60%	1.55 (1.27-1.89)
Aripiprazole	80	6.49%	0.73 (0.58-1.26)
Tadalafil	74	6.00%	1.42 (1.10-1.83)
Sertraline	58	4.70%	0.62 (0.48-0.80)
Sildenafil	39	3.16%	0.74 (0.54-1.01)
Methylphenidate	33	2.68%	1.11 (0.78-1.58)
Alprostadil	32	2.60%	0.90 (0.63-1.28)
Clozapine	31	2.51%	0.26 (0.18-0.37)

Keys: FAERS= FDA (Food and Drug Administration) Adverse Event Reporting System, PRR= Proportional Reporting Ratio, CI95%= 95% Confidence Interval