

Article

Soil organic matter and nutrient levels in outdoor runs in organic laying farms

Michele Zoli^{1*}, Paolo Mantovi², Paolo Ferrari², Lorenzo Ferrari¹, Valentina Ferrante¹¹ Department of Environmental Science and Policy, University of Milan, 20133, Milan, Italy² Fondazione CRPA Studi Ricerche, Reggio Emilia, Italy

* Correspondence: michele.zoli@unimi.it

Simple Summary: Organic egg production is growing more and more and consumers are increasingly attentive to sustainability issues and animal welfare. In organic production, laying hens must have continuous daytime access to outdoor runs. However, the management of this area is not always easy due to the high load of nutrients due to the feces of the hens. This work, including in the FreeBirds project, aims to assess the nutrient load of the free range of three different Italian organic farms in three different contexts. The results show that in all three farms there is a high load of nitrates and phosphorus in the areas closest to the hen house, while for other chemical parameters no clear trend has been identified. This study shows that further developments are necessary to make the use of free range more homogeneous to avoid nutrient overloads that could cause high impacts, especially freshwater eutrophication.

Abstract: To evaluate the nutrient load due to the grazing of laying hens in outdoor runs, monitoring of soil characteristics was carried out in three organic Italian farms. For each farm, soil samples were taken from three increasing distances from the hen house and two depths and different chemical parameters were evaluated. The comparison among the results from the different distances show that N-NO₃ and Olsen P are the most affected parameters by hen feces: both present high values with a statistically significant difference in the area close to the poultry house and for the most superficial layer. Even TKN and TOC show significant differences between the concentrations of the first layer (more concentrated) and those of the second layer (less concentrated).

In general, the surface soil layer closest to the chicken house is the portion of the outdoor run most affected by chicken droppings and represents the most critical point in terms of potential environmental impact. Therefore, it is necessary to intensify the management of the outdoor run with tools that can facilitate the grazing of animals and with vegetation that can absorb nutrients by limiting leaching and run-off. **Keywords:** free-range system; hen runs; nitrogen; phosphorus; organic matter.

1. Introduction

Eggs are one of the most consumed animal products and represent an important source of high-quality protein and micronutrients in the human diet [1]. In Europe, 6.7 million tons of eggs are produced annually [2]. In this context, free-range rearing systems, which give poultry access to large outdoor runs, are becoming increasingly common thanks to their positive effects on poultry and hens' welfare and wellbeing. Free range system accounts for about 18% of European egg production with 67.4 million laying hens farming in Europe. Of these, about 34% are raised with the organic method [2].

Promoting animal welfare is an essential part of organic livestock production and includes allowing animals to spend time outdoors. According to EU regulation requirements [3], free-range laying hens rearing is characterized by continuous daytime access to outdoor runs, with at least 4 m²/hen of open space. Moreover, as there is a growing concern for animal welfare among consumers as well, according to some authors [4], keeping laying hens in rearing systems with access to open-air outdoor areas provides the greatest potential for improving welfare in terms of behavioural freedom. Animal behaviour is a

key indicator of their welfare status and a source of information on their perception of their housing conditions [5]. As stated by Pettersson et al. [6], free-range housing systems improve the health and welfare of hens, as it allows the birds to move freely and exhibit natural behaviours in their enclosures. Furthermore, high levels of free-range use have been associated with a reduced incidence of keel bone fractures in laying hens [7]. For all these reasons, there is an increasing development of these production systems. However, it is necessary to take into account the possible environmental effects that this system may imply, such as a load of soil nutrients (especially nitrogen and phosphorus). Since outdoor runs are often not well managed, animals do not feel safe in them. Therefore, hens tend to remain close to the henhouse, where an accumulation of droppings takes place [5]. Consequently, this area is often bare and highly loaded with nutrients (particularly phosphorus and nitrogen) with subsequent acidification and eutrophication of soil and water [8]. In a natural ecosystem, the level of N and P in the soil is balanced, because animals remove N and P by feeding on the vegetation and return most of this N and P in faeces and urine. Nevertheless, in organic hen husbandry, the excretion of N and P generally exceeds the uptake by vegetation [9].

The protection of the environment is an important objective of organic food production, and a closed nutrient cycle is one of the aims of organic farming. However, nutrient losses in the free-range are inevitable. In organic layer farms, nutrient losses occur through ammonia air emissions from the hen house and the outdoor run, and leaching and runoff of nitrogen, phosphorus and other elements in the soil [9]. Total loss of N and P excreted into the outdoor run depends on the amount and composition of manure deposited, on the distribution of manure and the uptake of these nutrients by vegetation. The amount of manure deposited in the outdoor run, in turn, depends on the number of hens outside and the periods hens have access to the outdoor run [10]. In other sectors of free-range livestock production, innovative management strategies have recently been proposed to reduce nutrient losses to the environment, such as temporary stand-off pads [11]. In poultry sectors, to favour a better distribution of nutrients, hens need to use the runs as evenly as possible. For this purpose, it is recommended by free-range label organizations that the outdoor area should be structured with trees and installations providing shade and protection for the hens. Several studies indicate that structuring elements, roofed shelters, straw bales and trees in the hen run to improve the frequency and distribution of birds [12, 13, 14]. However, there are large individual and flock differences [15]. Therefore, more insight is needed into the motivation of both individual chickens and various strains to use the range and their effect on the health, performance, and welfare of the birds.

This study is included in the “FreeBirds—Optimising the use of the free range as the key to improving organic chicken production”, founded by. The general aim of the project was to generate more insight into the relationship between chickens' free-range use and bird health, welfare and performance, as well as, soil nutrient load. Furthermore, the project aims to develop smart tools and management strategies for improving the free-range system in organic poultry production. In more detail, this study focused on the relationship between hen's free-range use and the manure nutrient load in the soil. This work intends to contribute to the farmer's awareness about the environmental impact of their range management, development and validation of practical solutions and facilities (best practices) stimulating the birds to make optimal use of the range area. This will help farmers to develop more successful husbandry practices and therefore obtain better results. To this purpose, monitoring activities were carried out in three Italian organic farms and the analysis of soil samples at different depths and distances from the henhouse was performed, to analyze the dynamics of nutrients in three different cases in Northern Italy, which differ in terms of farm structure, size and pedoclimatic conditions. The evaluation was carried out in three different contexts, in farms with different characteristics to evaluate three different situations on a full scale. The results will contribute to a more sustain-

able organic poultry production, as well as, consolidate consumer acceptance and marketing of the organic products, as the knowledge acquired will enable farmers to optimize the birds' range use according to the intentions of the organic concept.

2. Materials and Methods

To determine the effect of the presence of hens on soil quality, monitoring of soil characteristics was carried out for each of the three Italian farms with free-range hens, at the end of one of the production cycles, with sampling carried out in the 2020 summer season.

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The farms are characterized by the different structures of the run: Farm A with forest and bushes, Farm B with orchards and Farm C with artificial wood shelters. The main soil characteristics of each farm, for the 0-30 cm layer, are reported in table 1.

Table 1. Main characteristics of the three farm soils, depth of 0-30cm.

Parameter	Unit	Farm A	Farm B	Farm C
Sand	%	24	46	52
Loam	%	47	40	42
Clay	%	29	14	6
Active CaCO ₃	%	15.9	3.0	1.6
Total CaCO ₃	%	25.0	2.0	2.0
Electrical conductivity	mS/m	101	145	51
Cationic Exchange Capacity	meq/100g	22	16	11
Total Phosphorus	mg P/kg	782	698	727
Exchangeable Potassium	mg K ₂ O/kg	640	320	160

Farm A is a small organic farm of 700 laying hens, located at an altitude of 433 m above mean sea level (AMSL), in the mountain area of the province of Reggio Emilia in the Emilia-Romagna region. The observed group consists of 500 hens having access to an outdoor run with an area of 2,400 m² (hens' density: 4.8 m²/hen), from the age of 16 weeks. Hens' age at the time of the farm visit was 60 weeks. Laying hens were housed in a shelter equipped with nests, feeding/drinking facilities and a popup giving hens access to an outdoor run downhill (i.e., the slope of 20-30%), covered with trees and thick bushes. The outdoor run has been in use for 18 years.

Farm B is a medium size organic farm of 12,000 laying hens, located at an altitude of 286 m AMSL, the plain area of the province of Cuneo in the Piedmont region. The observed group consists of 3,000 hens having access to an outdoor run with an area of 12,000 m² (hens' density: 4m²/hen) from the age of 16 weeks. Hens' age at the moment of the farm visit was 90 weeks. Laying hens were housed in a shelter equipped with nests, feeding/drinking facilities and popups giving hens access to a flat outdoor run, covered with grass and hazelnut trees. The outdoor run has been in use for 20 years.

Farm C is a medium size organic farm of 2,600 laying hens, located at an altitude of 850 m AMSL, in the mountain area of the province of Bolzano in the Trentino Alto Adige region. The observed group consists of 970 hens having access to an outdoor run with an area of 4,000 m² (hens' density: 4.1m²/hen) from the age of 20 weeks. Hens' age at the moment of the farm visit was 60 weeks. Laying hens were housed in a shelter equipped with nests, feeding/drinking facilities and popup giving hens access to a flat outdoor run, surrounded by trees, and covered with grass and n. 8 artificial sheds 1 m² large, made of 2 wooden pallets, and placed at 4 distances from the hen's house: 7.5, 15, 30 and 45 m from the nearest popup. The outdoor run has been in use for 15 years.

2.1. Soil sampling and chemical analysis

On each farm the soil was sampled in four different positions, three increasing distances from the hen house (D1 – 5 m, D2 – 20 m, D3 – 50 m) and one area outside the range (T-test), not being accessed by the animals. For each distance and the external area, soil samples were taken from three different zones (right, middle and left) and two depths, 0-10 cm, and 10-30 cm, under the assumption that the upper part of the soil (topsoil) is more affected by external conditions than the soil below. Thus, a total of 3 farms x 4 positions x 3 replicates x 2 depths = 72 samples were collected, 24 for each farm. Soil sampling was performed by using a purpose-built tubular soil sampler, which prevents contamination between layers.

The following chemical parameters were determined for each sample: dry matter, pH, total organic carbon, total Kjeldahl nitrogen, nitrate nitrogen, and available phosphorus (Olsen method). For these analyses the samples were dried in an oven at a temperature between 30 and 40°C (set temperature 35°C); then the samples were sieved at 2mm (official method of soil chemical analysis, GU 21/10/1999).

The description of the analytical methods can be found in the next box.

- pH: 10.0 g of the soil sample dried at $30^{\circ}\text{C} < T < 40^{\circ}\text{C}$ are placed in a 100 ml wide neck Erlenmeyer flask with 25 ml deionized water. This is left to stand for one night after a short stirring with a glass rod. The reading of the pH value is made by introducing the specific electrode into the suspension kept in agitation;
- Total organic carbon (TOC): TOC was detected with an internal method, based on the Springer and Klee method. 2 g of the soil sample dried at $30^{\circ} < T < 40^{\circ}$ is subjected to oxidation with potassium dichromate and concentrated sulfuric acid (20 ml $\text{K}_2\text{Cr}_2\text{O}_7$ 1N, 30 ml H_2SO_4 + Ag_2SO_4 and 5 ml distilled water) under defined temperature and time conditions ($150 \pm 3^{\circ}\text{C}$ oxidative digestion; duration = 2 h). After that, the sample is cooled and brought to a volume of 250 ml with distilled water. At the same time, it is necessary to prepare a cold blank (using the same amounts of reagents used in digestion, without sample and without performing heating) for the determination of Mohr salt titer and a hot blank (prepared like the previous ones but subjected to the digestion treatment). TOC is measured by a volumetric method consisting of titration of the potassium dichromate remaining after oxidative digestion with Mohr's salt-reducing solution; by difference from the amount of potassium dichromate present in the digested blank, the amount consumed by the organic matter in the sample can be obtained. The titration of the mineralized solution (100 ml taken from the 250 ml flask) is performed, adding distilled water to ensure good immersion of the electrode and stirrer. Determination of the exact titer of the Mohr salt solution is carried out in a similar manner using the cold blank while the titration of the hot blank is intended to eliminate the error due to the decomposition of the dichromate during the heating of the oxidizing mixture.
- Total Kjeldahl nitrogen (TKN): an aliquot of sample ground and dried in a ventilated oven at $35^{\circ}\text{C} \pm 5^{\circ}\text{C}$ between 2 and 5 g is placed inside Kjeldhal mineralizer tubes and fortified with 10 ml of concentrated H_2SO_4 , and 5+5 ml of H_2O_2 in the presence of Kjeldahl method catalyst; mineralization is performed by placing the tube in a Kjeldhal mineralizer at a temperature of 380°C until the solid residue appears white-grey and the liquid appears colourless. The mineralized residue is then subjected to distillation after basification to release the ammonia produced after digestion, which is captured by a boric acid solution, and then titrated with sulfuric acid;
- Nitrate nitrogen: Deionized water is added to a fresh soil sample in variable ratio, then shaken (1h), centrifugated (10' at 7000rpm) and filtrated (0.2 m filter). The sample thus obtained and suitably diluted is introduced into the ion chromatograph with appropriate calibration curves.
- Available phosphorus (Olsen method): 2.5 g of the soil sample dried at $30^{\circ}\text{C} < T < 40^{\circ}\text{C}$ are placed in a 250 ml Erlenmeyer flask with 0.5 g of activated carbon and 50 ml of extracting solution (Sodium Bicarbonate 0.5mol/l at pH 8.5). This is shaken for 30'

and filtered. After the addition of 1 ml of Sulfuric Acid (5 mol/l) and 30 ml of colourimetric reagent to 10 ml of the filtrate in a 50 ml flask, brought to known volume with deionized water, the phosphorus is detected by spectrophotometry by developing the phosphomolybdic complex coloured blue.

2.2 Statistical analysis

Chemical data were analyzed with IBM SPSS Statistics v.26 statistical packages. For each farm, sampling depth and parameter, analysis of variance (one-way ANOVA) and Duncan's Multiple Range Test (DMRT) as a post hoc test were performed. The differences in concentration between the first (0-10 cm) and the second (10-30 cm) soil layer were assessed for each farm and each parameter using Student's t-Tests, excluding the values for the test area not accessed by the animals.

The comparison between the results of the different companies was not carried out since the characteristics of the farms, the size, the context and the geographical location are different.

3. Results

3.1. Farm A

Concerning the parameters analyzed for the two depths, there was a statistically significant difference between the concentrations of the first layer (0-10 cm) and those of the second layer (10-30 cm) for each of the parameters; particularly, the differences were greater for total nitrogen and organic carbon ($P \leq 0.01$), both more concentrated in the surface layer, as well as nitrate nitrogen and Olsen phosphorus, while there was no difference in their ratio (C/N). Figure 1 shows the average values for each sampling position and depth, with the results of the statistical analysis comparing the 4 positions. The only significant difference between positions was for nitrate nitrogen.

For the 0-10 cm layer, the difference between D1 and T was statistically significant. $\text{NO}_3\text{-N}$ content is 12.2 mg/kg in the T position, while it is 49.4 mg/kg in D1. . The maximum value in D1 represents a rather high value for agricultural land. However, data of this order of magnitude is common in heavily fertilized soils. Anche se c'è un trend in crescita (D1 content > D2 content > D3 content > T content) tra le altre distanze non ci sono differenze statisticamente significative.

In the 10-30 cm layer, the difference was between D2, with the higher value (28.1 mg/kg), and the other three positions.

There was also an increasing trend due to the presence of hens, compared to the test area without animals, for available phosphorus. However, in this case, the differences were not statistically significant and there are high standard deviations. This parameter reached particularly high values within the range, especially for position D2 (around 800 mg Olsen P/kg). Soil pH is not affected by animal excretions, with small variations among the different sampled points (1-2% of variation).

Somewhat unexpectedly, total nitrogen concentrations seem to have an increasing trend as one moves away from the poultry house, with the highest values in the test area, for both depths. However, the variability of the data is high and the differences are not significant. Moreover, TOC seems to be not affected by hens' presence and the difference between the D1 value and T value is very small.

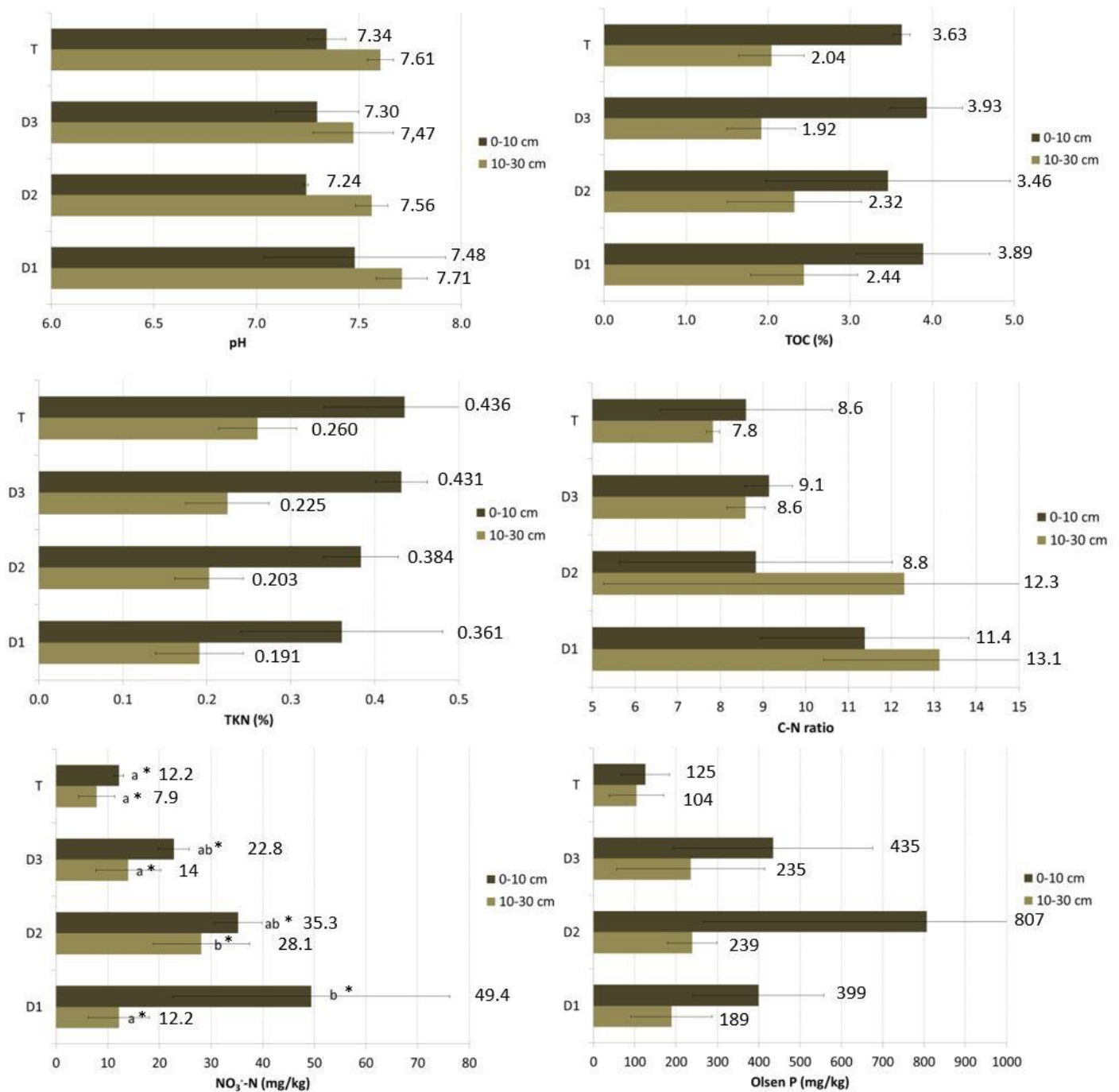


Figure 1. Average values and standard deviation for each sampling position and depth (FA). Different letters correspond to statistically significant differences among the means of measurements of the same depth at different distances. *significant at $P \leq 0.05$ according to ANOVA-test.

3.2. Farm B

Concerning Farm B, there was a statistically significant difference between the concentrations of the first layer (0-10 cm) and those of the second layer (10-30 cm) only for total nitrogen ($P \leq 0.05$) and organic carbon ($P \leq 0.01$), both more concentrated in the surface layer, while there was no difference in their ratio (C/N).

Figure 2 shows the average values for each sampling position and depth, with the results of the statistical analysis comparing the positions.

Significant differences among positions were found only for pH and Olsen phosphorus. About pH, the differences were only for the 10-30 cm layer, whilst for Olsen phosphorus, the differences were significant for both layers.

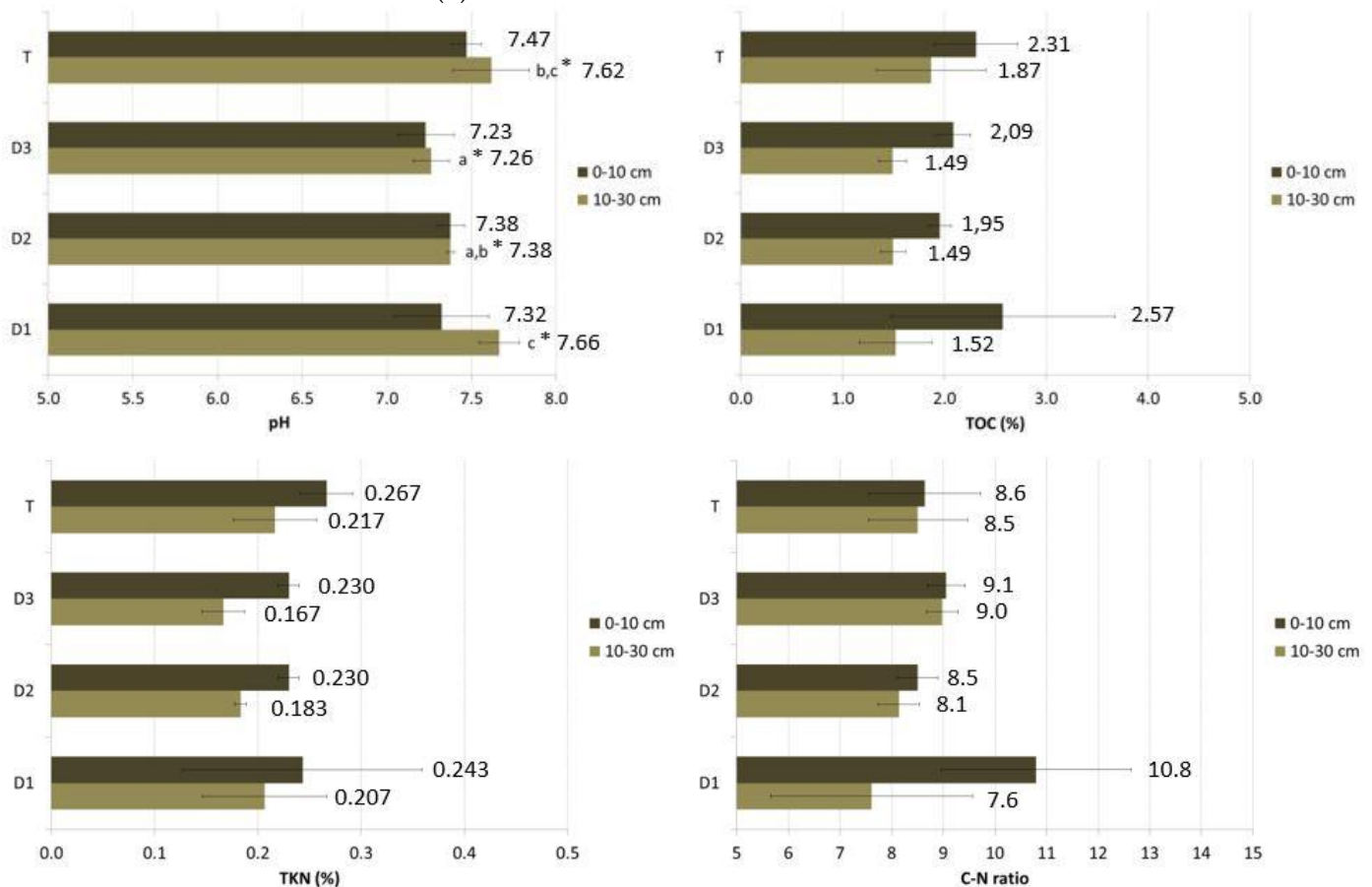
Particularly, the pH showed a decreasing trend in values as one moves away from the poultry house (D1 pH>D2 pH>D3 pH); however, T was like D1.

As for Farm A, no statistically significant differences were found between positions for either total nitrogen or organic carbon, parameters which differ only in sampling depth.

The nitrate nitrogen showed a decreasing trend in values as one moves away from the poultry house (D1 content>D2 content>D3 content) but without statistically significant differences due to the high variability of the data. The higher average values were found at the position close to the poultry house (D1, 36 mg/kg for 0-10cm depth and 37.3 mg/kg for 10-30cm

The same trend is found for Olsen P but in this case, the difference is statistically significant, with clearly decreasing values moving from D1 (517 and 487 mg/kg respectively for 0-10to D3, while a higher value was found in the test area (T), whose high available phosphorus content may be ascribed by past fertilization and/or to flood runoff.

As in the previous case, there are no statistically significant differences in the trend of the TOC and TKN and the TKN concentration is higher in the test area (Figure 4). TOC at depth of 10 cm shows its highest level in D1, however, at a depth 10-30 it is higher in the test area (T).



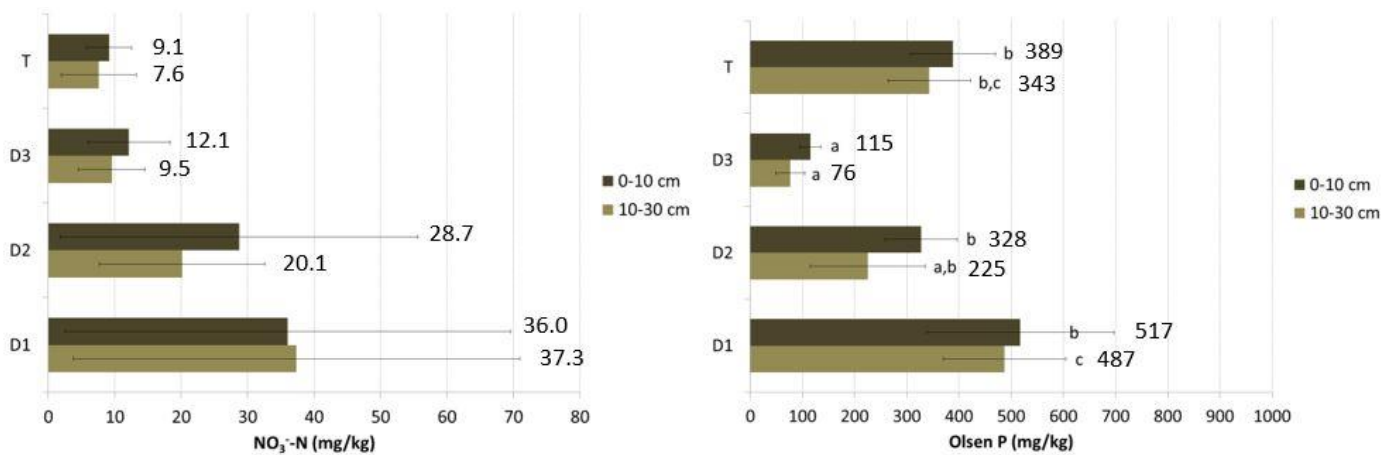


Figure 3. Average values and standard deviation for each sampling position and depth (FB). Different letters correspond to statistically significant differences among the means of measurements of the same depth at different distances. *significant at $P \leq 0.05$ according to ANOVA-test.

3.3. Farm C

About the analyzed parameters for the two depths, there was a statistically significant difference between the concentrations of the first layer (0-10 cm) and those of the second layer (10-30 cm) only for total nitrogen ($P \leq 0.05$), more concentrated in the surface layer, while there was no significant difference for the other parameters (results not shown). This is probably due to the light texture of the soil, which favours the penetration of elements.

Figure 3 shows the average values for each sampling position and depth, with the results of the statistical analysis comparing the positions.

Significant differences among positions were found for pH, total nitrogen, total organic carbon, nitrate nitrogen and Olsen phosphorus. Regarding total and nitrate nitrogen the differences were only for the 10-30 cm layer, whilst Olsen phosphorus was only for the 0-10 cm layer. Regarding pH and TOC, the differences were significant for both layers.

Particularly, the pH showed a decreasing trend in values as one moves away from the poultry house (D1 pH > D2 pH > D3 pH) while T was like D2.

The higher values for nitrate nitrogen, reflecting heavily fertilized agricultural soils (around 50 mg NO₃-N kg), were found at the position close to the poultry house (D1). The same for Olsen phosphorus, with the highest average value (360 mg Olsen P/kg) measured for the 0-10 cm layer at the position close to the poultry house (D1).

As well as in Farm A, somewhat unexpectedly, total nitrogen concentrations seem to have an increasing trend as one moves away from the poultry house, with the highest values in the test area, for both depths. The variability of the data is higher in the layer 0-10 cm than in the underlying 10-30 cm with significant differences. The same is the case for organic carbon, for which the differences are even more pronounced, and the order is confirmed, with an increasing trend as one moves away from the poultry house (D1 < D2 < D3 < T).

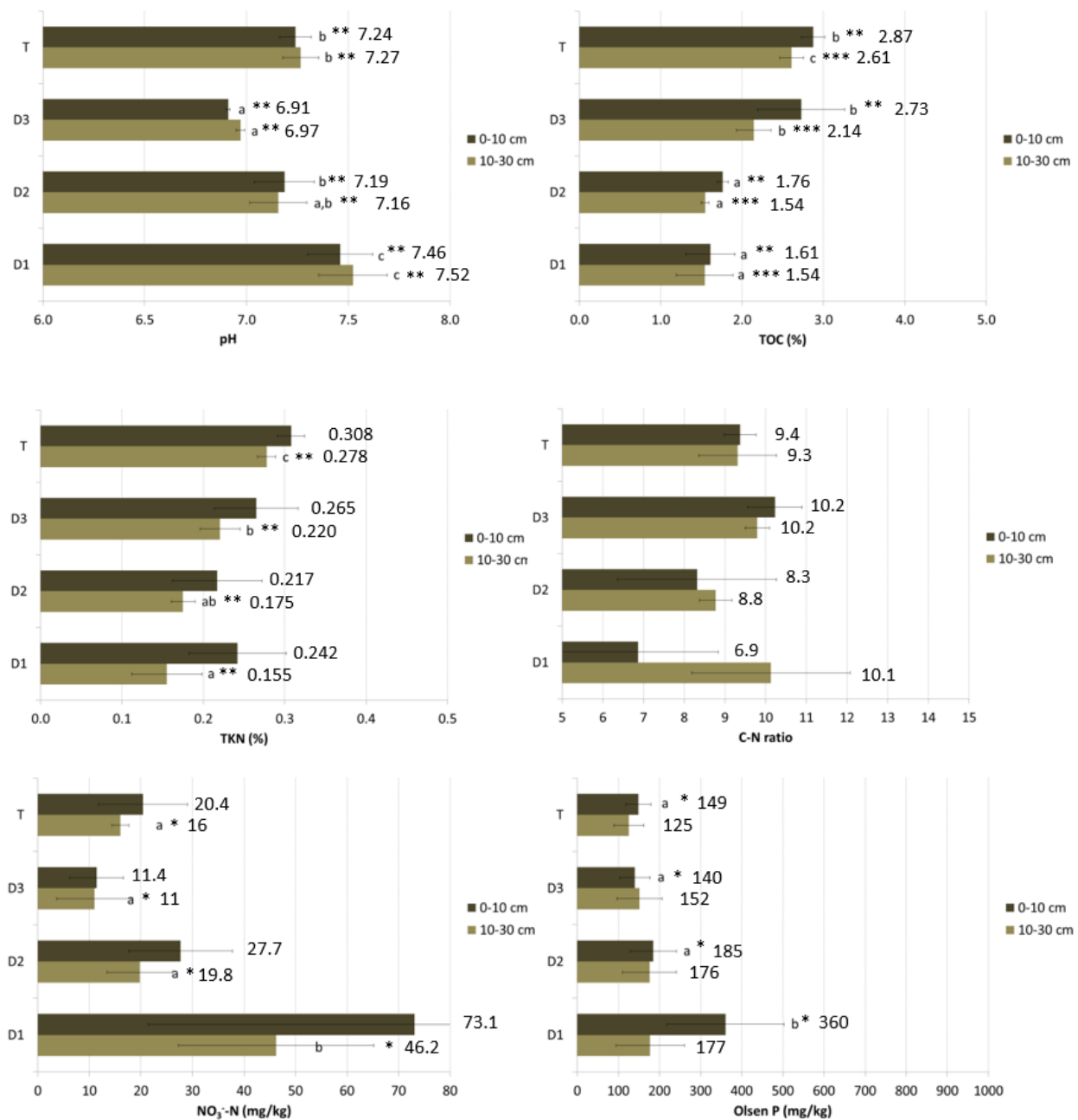


Figure 3. Average values and standard deviation for each sampling position and depth (FC). Different letters correspond to statistically significant differences among the means of measurements of the same depth at different distances. * significant at $P \leq 0.05$, ** significant at $P \leq 0.01$, *** significant at $P \leq 0.001$, according to ANOVA.

4. Discussion

The risks of excessive nutrient loading in range area soils appear to be site-specific and probably depend on a combination of different environmental factors [16]. This was also reported in this study, where different trends were found for some parameters (e.g. pH, TKN, TOC and C/N) on the three farms and depending on the sampling depth. In particular, a decrease in pH was observed in all three farms as one moved away from the hen house, with a statistically significant difference in FARM B for the deeper layer and FARM C for both layers. However, in FARM B, at 0-10 cm depth, the pH trend is exactly the opposite.

Total nitrogen seems to have an increasing trend as one moves away from D1, with the highest values in the T-area on each farm. The differences are statistically significant in FARM B and FARM C, both in the deeper layer.

Total organic carbon also has a discontinuous trend and no clear pattern can be discerned in any farm, except for FARM C where it increases progressively moving away from the poultry house with statistically significant differences in both layers. This is supposed to be due to the hens' presence, which reduces the vegetation cover of the soil and consequently makes it more prone to organic matter loss; on the other hand, in the test area, the presence of vegetation and root material increases soil organic matter.

Other studies have tried to show the dynamics of these soil parameters: in particular, Bracke et al. [17] report that there are no significant differences in pH and organic carbon between areas where there are likely to be no hens, few hens, or many hens, but unlike the present study, soil pH was always < 5.5 . In addition, Kratz et al. [8] try to find a correlation between TN, TC and pH with vertical movements of N and P, but report that their effect is small or negligible.

On the other hand, nitrate and phosphorus need a separate deepening. Concerning these two parameters, a similar trend was found in all three farms; those were consistently higher in sample D1 (5 m from the chicken coop) and decreased in moving away from the hen house. In more detail, the nitrate content in D1 (39 to 73 mg $\text{NO}_3\text{-N}$ kg) reflects heavily fertilized agricultural soils. However, on farm A, at a depth of 10-30 cm, the D2 sample has a higher nitrate content than D1. This can be explained by the fact that the first 5 meters outside the shed were completely devoid of vegetation and with extremely compacted soil. In addition, at D2 distance, the outside area has a downward slope and the presence of a small wood. These factors certainly influenced both the nutrient dynamics and the increased presence of hens at this distance.

It is well known that in the outdoor run, birds do not use space uniformly and that nutrient supply is concentrated in their preferred areas [8]. Menzi et al. [18] calculated that the faecal nutrient load in the preferred area of a free range is about 11 times higher than the average in the whole free range. In addition, several studies [10, 19, 17] have reported that hens tend to stay close to the barn resulting in an accumulation of droppings. Therefore, this area is often very nutrient laden and this is confirmed by this study. Moreover, this accumulation is even more evident in the most superficial soil layer (0-10 cm). Maffia et al. [20] report that the top layer up to 15 cm deep is considered to be the one most affected by chicken dusting activity. However, in this study, deeper soil layers are also affected by faecal nutrient input, and this is confirmed by Kratz et al. [8], where faecal nutrients by broilers resulted in mineral N accumulation in the soil at a sampling depth of 90 cm. In addition, other previous studies have demonstrated the effect of faecal N load in laying hens [21] and the application of poultry litter on grasslands [22, 23] on soil nitrate concentrations up to a depth of 100 cm. In this regard, soil texture and permeability are parameters to be considered. In this study, higher values of nutrient loading were found in the shallower soil samples (0-10 cm), especially on the farm with fine-textured soil (farm A). On farms B and C, the trend is less pronounced, as the more sandy soils facilitate leaching and permeability of nutrients, which reach the deeper layers more easily. Therefore, as mentioned above, it is important to study the problem on a case-by-case basis because the results and dynamics may differ and depend on many factors. Several similar studies in the literature report different results with great variability. For example, while Jones et al. [24] found no change in nitrate and phosphate concentrations in groundwater associated with the expansion of an open-air livestock farm in the United Kingdom, Lee et al. [25] concluded that soil-concentrated nutrient zones in poultry farming areas are highly likely to cause environmental problems through leaching and runoff. Similarly, Kratz et al. [8] reported "excessive" concentrations of mineral nitrogen and available phosphorus in the soils of poultry farming areas in Europe and hypothesized environmental risks associated with nutrient volatilization, leaching and runoff. However, it should be considered that all outdoor farms in the present study had trees, shrubs, or artificial sheds

that may influence the distribution of hens; as reported in many studies [14, 26, 27], these elements favour hen grazing and more even distribution on the grassland. For this reason, the differences found in this study between the area proximal to the chicken coop and other more distant sampling areas are smaller overall than in other studies.

Finally, it should be considered that the risks of nutrient loss are related to well-defined site characteristics, such as climate, excess water, soil type, land cover, ground-water depth, precipitation-modifying characteristics, and distance from waterways [28]. Therefore, when site risk factors are low, "nutrient hotspots" (high levels of soil nutrients in small areas) alone do not lead to high nutrient risk [16, 28]. It is important to note that the risk of nutrient loss is also highly dependent on the vegetation cover of the soil. Several studies [10, 8, 14] report that both nutrient loading and the degree of vegetation cover on the land are correlated with the density of laying hen presence and vice versa. In areas with a high density of animals, there is both a high faecal nutrient load and a high degree of vegetation destruction due to hen feeding. Faecal N and P load in parcels can reach or already exceed the nutrient uptake by intact turf even with modest frequency of use (i.e., 25% of the faeces produced during the grazing period excreted outside the parcel) by broilers [29]. Therefore, as also reported by Wiedemann et al. [16], it is important to subdivide the various cases according to the degree of risk and adapt appropriate strategies to mitigate the nutrient load on the outdoor cycle and the environmental impact.

Conclusions

This study shows that the possible environmental impacts deriving from the outdoor run management of an organic laying hen farm are a very delicate and complex issue. Even if the presence of trees, bushes and artificial sheds facilitates the dispersion of birds in the lawn, it remains evident that the area proximal to the house of the hen is characterized by an excessive load of nutrients. However, the environmental risk is site-specific and it depends on many other factors, both environmental and due to the management (weather conditions, time of day and season, type of soil, hen behaviour, size of flock, hen age, etc.). Therefore, future studies should focus on the correlation of several parameters and evaluate the actual nutrient losses due to runoff and leaching.

The high nitrate nitrogen and Olsen phosphorus concentrations, particularly in the area close to the poultry house (5 m) and for the most superficial layer (0-10 cm), represent the most critical point in the results of this study. This high nutrient load leads to a risk in terms of runoff and leaching into surface water (mainly phosphorus) or groundwater (mainly nitrogen). Therefore, actions such as "rotating" hens on different free ranges, establishing temporary spacers, and installing engineered structures covered with bedding materials (e.g. wood shavings, straw or other residues, to be removed and composted at the end of their use) or plant structural elements (trees, bushes, etc.) should be used to reduce the accumulation and risk of nutrient losses, minimizing negative effects on soil and water bodies.

Author Contributions: conceptualization, V.F., P.F. and P.M.; methodology, V.F., P.F., M.Z. and P.M.; validation, V.F., P.F., L.F., M.Z. and P.M.; formal analysis, P.M. and P.F.; investigation, V.F., P.F., L.F. and M.Z.; resources, P.M. and P.F.; data curation, V.F., P.F., L.F. and P.M.; writing—original draft preparation, M.Z. and L.F.; writing—review and editing, V.F., P.F., M.Z., L.F. and P.M.; visualization, M.Z.; supervision, V.F. and P.M.; project administration, V.F.; funding acquisition, V.F. All authors have read and agreed to the published version of the manuscript.

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