

1 **The hempseed (*C. sativa*) peptides WVSPLAGRT and IGFLIIWV exert anti-inflammatory**  
2 **activity in LPS stimulated human hepatic cell line**

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17

18 **Abstract:**

19 WVSPLAGRT (H2) and IGFLIIWV (H3) are two transepithelial transported intestinal peptides  
20 obtained from the hydrolysis of hempseed protein with pepsin, which exert antioxidant activity in  
21 HepG2 cells. Notably, both peptides reduce the H<sub>2</sub>O<sub>2</sub>-induced reactive oxygen species (ROS), lipid  
22 peroxidation, and nitric oxide (NO) production levels in HepG2 cells, *via* the modulation of Nrf-2  
23 and iNOS pathways, respectively. Due to the close link between inflammation and oxidative stress  
24 and with the objective of fostering the multifunctional behavior of bioactive peptides, in this study  
25 the molecular characterization of the anti-inflammatory and immunomodulatory properties of H2 and  
26 H3 was carried out in HepG2 cells. In fact, both peptides were shown to modulate the production of  
27 pro (IFN- $\gamma$ :  $-33.0 \pm 6.7\%$  H2,  $p = 0.011$ ;  $-13.1 \pm 2.0\%$  H3,  $p = < 0.0001$ ; TNF:  $-17.6 \pm 1.7\%$  H2,  $p =$   
28  $0.0004$ ;  $-20.3 \pm 1.7\%$  H3,  $p = < 0.0001$ ; and IL-6:  $-15.1 \pm 6.5\%$  H3,  $p = 0.010$ )- and anti (IL-10:  $+9.6$   
29  $\pm 3.1\%$  H2,  $p = 0.010$ ;  $+26.0 \pm 2.3\%$  H3,  $p = < 0.0001$ )- inflammatory cytokines, and nitric oxide  
30 (NO:  $-9.0 \pm 0.7\%$  H2,  $p = < 0.0001$ ;  $-7.2 \pm 1.8\%$  H3,  $p = < 0.0001$ ) through regulation of NF- $\kappa$ B and  
31 iNOS pathways, respectively, in HepG2 cells stimulated by lipopolysaccharide (LPS).

32

33 **Keywords:** food peptides; hempseed; inflammation; oxidative stress, NF- $\kappa$ B

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## 36 **1. Introduction**

37 *Cannabis sativa L.* is a plant belonging to the *Cannabis* genus that has been used for medicinal  
38 purposes for hundreds of years.<sup>1, 2</sup> Its species present different levels of  $\Delta^9$ -tetrahydrocannabinol  
39 (THC), the main psychoactive component that causes cognitive effects and euphoria.<sup>3</sup> The non-drug  
40 variety (also called ‘hemp’) is successfully used for industrial food industrial applications (ie,  
41 nutritional supplements, fiber and oil production) due to its quality nutritional composition.<sup>4, 5</sup> The  
42 hempseed is characterized by its high protein (20 – 25%) and oil content (more than 30%), as well as  
43 a complete profile of vitamins and minerals.<sup>4</sup> Furthermore, its proteins (principally edestin and  
44 albumin) are easily digested and rich in essential amino acids, making hempseed an important source  
45 of bioactive peptides.<sup>6, 7</sup> Indeed, extensive studies have been carried out in order to investigate the  
46 multifunctional bioactive properties of hempseed peptides,<sup>4</sup> demonstrating their antioxidant,<sup>8-13</sup>  
47 hypotensive,<sup>12, 14, 15</sup> antiproliferative,<sup>16</sup> anti-inflammatory,<sup>17, 18</sup> and neuroprotective properties.<sup>19</sup>  
48 Recently, our group has shown that hempseed hydrolysates (HP) produced to digest total protein  
49 with pepsin have a hypocholesterolemic effect, through the direct ability to reduce the activity of the  
50 3-hydroxy-3-methylglutaryl-Coenzyme A reductase (HMG-CoAR) enzyme<sup>20, 21</sup>, which in turn leads  
51 to the activation of the low-density lipoprotein (LDL) receptor (LDL-R) with the following  
52 improvement in the hepatic cells’ ability to absorb extracellular LDL.<sup>20</sup> In addition, HP reduces the  
53 activity of the dipeptidyl peptidase-IV (DPP-IV) *in vitro* and in human intestinal Caco-2 cells,  
54 suggesting a potential anti-diabetic effect.<sup>21</sup>  
55 Recent experiments using intestinal trans-epithelial transport revealed that among the peptides  
56 contained within HP able to across the differentiated Caco-2 cells, H2 (WVSPLAGRT) and H3  
57 (IGFLIIWV), exert antioxidant activity on HepG2 cells. Specifically, we observed that H2 and H3  
58 reduce the level of reactive oxygen species (ROS), lipid peroxidation, and nitric oxide (NO)  
59 production. Furthermore, H2 and H3 modulate the nuclear factor erythroid 2-related factor 2 (Nrf-2)  
60 and inducible nitric oxide synthase (iNOS) pathways in H<sub>2</sub>O<sub>2</sub>-stimulated HepG2 cells.<sup>22</sup>

61 In light of these observations and considering that there is a close link between inflammation and  
62 oxidative stress, the main objective of the present study was the evaluation of the anti-inflammatory  
63 effect of peptides H2 and H3 in HepG2 cells. Therefore, since the nuclear factor- $\kappa$ B (NF- $\kappa$ B) pathway  
64 is the main component implicated in the pro-inflammatory response,<sup>23</sup> the effects of H2 and H3 on  
65 the NF- $\kappa$ B and its more active phosphorylated form (p(Ser276)NF- $\kappa$ B) protein levels in  
66 lipopolysaccharide (LPS)-stimulated HepG2 cells were characterized in a deeper level. Hence, the  
67 effect of both peptides on the modulation of the cellular pro (IFN- $\gamma$ , TNF, and IL-6)- and anti (IL-  
68 10)- inflammatory cytokines production was evaluated, respectively. Finally, in parallel, the effects  
69 of H2 and H3 on the nitric oxide (NO) pathway, which plays a central role in inflammatory  
70 disorders,<sup>24</sup> were investigated.

71

72 **MATERIALS AND METHODS**

73 **Chemicals and reagents.** All reagents and solvents were purchased from commercial sources and  
74 used without further purification. For further details, see Supplementary Materials. The peptides were  
75 purchased from GenScript Biotech Corporation (Piscataway, NJ, USA). The purity of lyophilized  
76 peptides (>95%) was tested by binary HPLC and Agilent 6520 LCMS mass spectrometry (Figure  
77 S1).

78

79 **Cell culture and Western Blot.** A total of  $1.5 \times 10^5$  HepG2 cells/well were seeded in 24-well plates  
80 and incubated at 37°C under 5% CO<sub>2</sub> atmosphere. The following day, cells were stimulated with 1  
81 µg/mL LPS or vehicle (H<sub>2</sub>O) and treated with 100 µM H2, or 25 µM H3 peptides in a complete  
82 growth medium (10% fetal bovine serum, 100 U/mL penicillin, 100 µg/mL streptomycin) for another  
83 48 h. Finally, the supernatant was collected and stored at -20°C for subsequent cytokine and nitric  
84 oxide quantification.

85 Cells were scraped in 40 µL ice-cold lysis buffer (RIPA buffer + protease inhibitor cocktail (Roche,  
86 Base, Swiss) + 1:100 PMSF + 1:100 Na-orthovanadate + 1:1000 β-mercaptoethanol) and  
87 transferred to ice-cold microcentrifuge tubes. After centrifugation at 13,300 g for 15 min,  
88 supernatants were recovered for Western Blot analysis. The total protein concentration was  
89 determined by the Bradford's method. 50 µg of proteins were separated on a precast 7.5% sodium  
90 dodecyl sulfate-polyacrylamide gel (SDS-PAGE) in the presence of a reducing agent (β-  
91 mercaptoethanol), transferred to a nitrocellulose membrane (Mini nitrocellulose Transfer Packs,  
92 Biorad, Hercules, CA, USA) and stained with Ponceau red solution. Later, milk/BSA blocked  
93 membranes were incubated with primary antibodies against iNOS, NF-κB, phosphor(Ser276)-NF-κB  
94 (p(Ser276)NF-κB), and β-actin (more details in Supplementary Table S1). Membranes were  
95 incubated overnight at 4°C and consequently with horseradish peroxidase-conjugated secondary

96 antibody. Finally, target proteins were detected with enhanced chemiluminescence (Euroclone,  
97 Milan, Italy), and densitometric analysis was performed using Image Lab Software (Biorad).

98

99 **Cytokines quantification.** Cytokines quantification was performed using a human Qunatikine®  
100 ELISA kit (R&D Systems, Minneapolis, MN, USA), according to the manufacturer's instructions.  
101 Briefly, the supernatant was incubated in 96 well microplates coated with a monoclonal antibody for  
102 2 h. After washing the wells, the human polyclonal antibody conjugated with horseradish peroxidase  
103 was added for another 2 h. The wells were washed and then a substrate solution was added to obtain  
104 a color. The reaction was stopped by a stop solution (2N sulfuric acid) and then the microplate was  
105 read to wavelength 450 nm and 540 nm with a Synergy H1 microplate reader (Biotek Instruments,  
106 Winooski, VT, USA).

107

108 **Nitric oxide quantification.** NO determination was quantified in the supernatants by the Griess test  
109 (Sigma-Aldrich, Milan, Italy) according to the manufacturer's instructions. Briefly, 50 µL of the  
110 Griess reagent were incubated with 50 µL of the culture supernatants for 15 min at room temperature  
111 in the dark. Absorbance at 540 nm was then measured using a Synergy H1 microplate reader (Biotek).

112

113 **Statistical analysis.** The data were presented as the mean  $\pm$  the standard deviation (SD) of at least  
114 three independent experiments assayed for triplicate. All the data sets were checked for normal  
115 distribution by D'Agostino and Pearson test. Since they are all normally distributed with p-values <  
116 0.05, we proceeded with statistical analyses by One-Way ANOVA followed by Tukey's post-hoc  
117 tests and using GraphPad Prism 8 (San Diego, CA, USA).

118 **RESULTS**

119 **H2 and H3 modulate the LPS-activated NF-κB pathway in HepG2 cells.** To investigate the effects  
120 of H2 and H3 on the NF-κB pathway, NF-κB and p(Ser276)NF-κB were quantified in LPS-stimulated  
121 HepG2 cells. As shown in **Figure 1**, the LPS stimulation confirmed the NF-κB pathway activation,  
122 increasing the protein levels of NF-κB (Figure 1 A-C) and p(Ser276)NF-κB (Figure 1 D-F) in HepG2  
123 cells up to  $150.9 \pm 20.7\%$  ( $p < 0.0001$ ), and  $138.0 \pm 24.1\%$  ( $p = 0.0008$ ), respectively. Treatment with  
124 H2 and H3 mitigated these effects. In detail, H2 (violet bars) significantly reduced the NF-κB protein  
125 levels by  $28.1 \pm 5.5\%$  ( $p = 0.034$ ) at  $100 \mu\text{M}$ , with respect to LPS-stimulated cells (Figure 1 A, C).  
126 Peptide H3 (aquamarine bar) showed a similar effect, reducing the NF-κB levels by up to  $44.3 \pm$   
127  $11.2\%$  ( $p = 0.002$ ) at  $25 \mu\text{M}$  (Figure 1 B, C). In addition, both peptides were able to decrease the more  
128 active phosphorylated form of NF-κB (Figure 1 D-F). H2 was able to reduce the p(Ser276)NF-κB  
129 levels by  $34.1 \pm 8.5\%$  ( $p = 0.013$ ) at  $100 \mu\text{M}$  (Figure 1 D, F), while H3 decreased the levels by  $57.2$   
130  $\pm 13.0\%$  ( $p = 0.0002$ ) at  $25 \mu\text{M}$  (Figure 1 E, F). As shown in **Figure 2**, LPS treatment increased the  
131 p(Ser276)NF-κB /NF-κB ratio up to  $137 \pm 37.7\%$  ( $p = 0.039$ ), underlying a more activation of NF-  
132 κB, while, both peptides were able to decrease this ratio, confirming that these peptides promoted  
133 less activation of this pathway. Specifically, H2 decreased p(Ser276)NF-κB /NF-κB ratio by  $42.9 \pm$   
134  $14.0\%$  ( $p = 0.046$ ) at  $100 \mu\text{M}$ , while H3 reduced this ratio by  $54.7 \pm 0.7\%$  ( $p = 0.014$ ) at  $25 \mu\text{M}$   
135 (Figure 2).

136

137 **H2 and H3 decrease the LPS-induced cytokines production in hepatic HepG2 cells.** To verify  
138 the possible immune effect of the two peptides, the influence of treatment with H2 ( $100 \mu\text{M}$ ) or H3  
139 ( $25 \mu\text{M}$ ) on the production of , pro- inflammatory (IFN-γ, TNF, IL-6) and anti-inflammatory (IL-10)  
140 cytokines was determinate in LPS-stimulated HepG2 cell culture supernatants. As shown in **Figure**  
141 **3**, the LPS stimulation increased the production of the pro-inflammatory cytokines (Figure 3 A-C and  
142 E-G), without affecting the IL-10 production (Figure 3 D, H), compared with LPS-unstimulated and

143 untreated cells (control, C). Indeed, H2 successfully restored the normal concentrations of IFN- $\gamma$  and  
144 TNF. In detail, H2 reduced by  $33.0 \pm 6.7\%$  ( $p = 0.011$ ) and  $17.6 \pm 1.7\%$  ( $p = 0.0004$ ) the LPS-induced  
145 IFN- $\gamma$  and TNF production at 100  $\mu\text{M}$  (Figure 3 A-B), respectively. Despite this reduction, H2 was  
146 not able to alter the LPS-induced IL-6 production at the same concentration of 100  $\mu\text{M}$  ( $p = 0.581$ )  
147 (Figure 3 C). However, H2 increased the IL-10 production by  $9.6 \pm 3.1\%$  at 100  $\mu\text{M}$  ( $p = 0.010$ )  
148 compared to the LPS-stimulated cells (Figure 3 D).

149 A similar scenario was also observed for the H3 peptide. In this case, anti-inflammatory effects were  
150 already observed at 25  $\mu\text{M}$  (Figure 3 E-H). In particular, H3 reduced IFN- $\gamma$  and TNF by  $13.1 \pm 2.0\%$   
151 ( $p = <0.0001$ ) and  $20.3 \pm 1.7\%$  ( $p = <0.0001$ ) production, respectively, compared to LPS stimulated  
152 cells (Figure 3 E, F). In addition, unlike H2, H3 decreased IL-6 production by  $15.1 \pm 6.5\%$  ( $p = 0.010$ )  
153 (Figure 3 G), restoring the normal values as in LPS-unstimulated and untreated HepG2 cells (C).  
154 Surprisingly, H3 also increased the IL-10 production by  $26.0 \pm 2.3\%$  ( $p = <0.0001$ ) in comparison to  
155 the LPS-stimulated cells (Figure 3 H).

156 Absolute values (mean  $\pm$  SD) of the cytokine production are reported in Supplementary Table S2.

157

158 **H2 and H3 promote an anti-inflammatory microenvironment.** In order to verify whether the  
159 peptides H2 and H3 were able to promote a more anti-inflammatory microenvironment, the anti- and  
160 pro-inflammatory cytokines ratio was calculated. As shown in **Table 1**, H2 was able to increase the  
161 anti-inflammatory microenvironment (IL-10/IFN- $\gamma$ : 100  $\mu\text{M}$ ,  $p = 0.002$ ; or IL-10/TNF: 100  $\mu\text{M}$ ,  $p =$   
162  $0.0006$ ), skewing this ratio to higher IL-10 content, in comparison with the LPS-stimulated cells.  
163 Also, in this case, when the ratio of IL-10 with IL-6 was calculated, any significant alteration in their  
164 proportion was observed (H2 100  $\mu\text{M}$ ,  $p = 0.336$ ).

165 In line with cytokines quantification, H3 showed an improvement in the proportion of IL-10 with  
166 respect to IFN- $\gamma$  ( $p \leq 0.0001$ ), TNF ( $p \leq 0.0001$ ), and IL-6 ( $p \leq 0.0001$ ) at 25  $\mu\text{M}$ , with respect to the  
167 LPS-stimulated cells group.



168 Since the differences in the IL-10/IL6 ratio were not detected with H2 treatment, we decided to verify  
169 if there existed a correlation between the IL-10 and IL-6 production in the different experimental  
170 condition, thus, Pearson correlation was performed. As shown in **Table 2**, the negative correlation  
171 between these two cytokines in the LPS-stimulated condition was lost. On the contrary, the H2  
172 treatment restored a negative correlation between the anti-inflammatory IL-10 and pro-inflammatory  
173 IL-6 cytokine, as in the unstimulated and untreated control group (C).

174

175 **H2 and H3 modulate the LPS-activated iNOS pathway in HepG2 cells.** As shown the **Figure 4**,  
176 LPS stimulation induced an inflammatory state in HepG2 cells increasing the iNOS and NO levels  
177 production up to  $119.6 \pm 6.4\%$  ( $p \leq 0.0001$ ) (Figure 4 A-C) and  $108.1 \pm 2.7\%$  ( $p \leq 0.0001$ ) (Figure 4  
178 D), respectively. The treatment with H2 or H3 showed a significant reduction in iNOS and NO  
179 production, whose values were close to the baseline values. Specifically, H2 reduced iNOS protein  
180 by  $34.4 \pm 9.9\%$  ( $p \leq 0.0001$ ) (Figure 4 A, B), as well as, NO production by  $9.0 \pm 0.7\%$  ( $p \leq 0.0001$ )  
181 at 100  $\mu\text{M}$  (Figure 4 D). Furthermore, H3 was able to reduce iNOS protein by  $25.3 \pm 4.4\%$  ( $p \leq$   
182  $0.0001$ ) (Figure 4 A, C), as well as, NO production by  $7.2 \pm 1.8\%$  ( $p \leq 0.0001$ ) 25  $\mu\text{M}$  (Figure 4 D).

183

184 **DISCUSSION**

185 Recently, we demonstrated that peptides H2 and H3 exert antioxidant activity in HepG2 cells  
186 modulating both the Nrf-2 and iNOS pathways which led to the reduction of cellular H<sub>2</sub>O<sub>2</sub>-induced  
187 ROS, NO, and lipid peroxidation levels, respectively.<sup>22</sup> Since an increase in oxidative stress is always  
188 accompanied by an inflammatory process, it was interesting to study the immunomodulatory capacity  
189 of these two hempseed peptides in the same cellular system. Notably, HepG2 cells has been widely  
190 used as model for characterizing the anti-inflammatory activity of many food active compounds.<sup>25-28</sup>  
191 To achieve this objective, we have decided to perform the same conditions and test the same  
192 concentration of each peptide H2 (100 μM) and H3 (25 μM), which was previously demonstrated to  
193 be safe from a cytotoxic point of view and also effective for antioxidant activity.<sup>22</sup> In particular,  
194 HepG2 cells were stimulated with LPS, a generic and commonly used pro-inflammatory stimulus.  
195 Therefore, the LPS-stimulation activates the NF-κB and iNOS pathways.<sup>29</sup> NF-κB is the main  
196 transcription factor involved in all pro-inflammatory processes of the mammalian organism, and it  
197 mediates the pro-inflammatory cytokines transcription, such as IFN-γ, TNF, and IL-6.<sup>23</sup> On the other  
198 hand, iNOS is involved in immune response, producing NO, a free radical involved in the immune  
199 defense mechanism.<sup>30</sup>

200 In this work, we showed that hempseed hydrolysates can turn off pro-inflammatory signaling by  
201 modulating the NF-κB and iNOS pathways modulation. In fact, both H2 and H3 were able to decrease  
202 the NF-κB protein, as well as its more active form phospho(Ser276)NF-κB. The p65 subunit of NF-  
203 κB contains the transactivation domain, which is involved in the driving of transcription.<sup>31</sup> There are  
204 several mechanisms involved in modulation of the NF-κB activity, therefore, the crosstalk with other  
205 signaling pathways allows one to act on the transactivating ability of NF-κB. For example, the NF-  
206 κB activity is favored by p38 mitogen-activated protein kinase (MAPK), which phosphorylates the  
207 p65 subunit in the residue 276 Serine.<sup>32, 33</sup> This phosphorylation allows interaction with other  
208 transcriptional co-activators, increasing so the NF-κB activity. Thus, the decrease of phospho-Ser276-

209 p65 observed with H2 and H3 treatment demonstrated their NF- $\kappa$ B activity inhibition capacity. In  
210 addition, both hydrolysates favored an anti-inflammatory microenvironment skewing the ratio to less  
211 active NF- $\kappa$ B form. To confirm this NF- $\kappa$ B inhibitory ability, the cytokine profile was studied. The  
212 results obtained showed that the NF- $\kappa$ B pathway was inhibited since a decrease in pro-inflammatory  
213 cytokines was observed. Moreover, a major proportion of anti-inflammatory IL-10 cytokine was  
214 observed with respect to the pro-inflammatory cytokines. IL-10 exerts many anti-inflammatory  
215 functions and it is the principal cytokine involved in finishing the inflammation processes, such as  
216 inhibiting the NF- $\kappa$ B pathway, among others.<sup>34</sup> Therefore, the increase in IL-10 production mediated  
217 by H2 and H3 is strongly related to the NF- $\kappa$ B pathway inhibition.

218 Although H2 was not able to alter the LPS-induced IL-6 production and the IL-10/IL-6 ratio, a  
219 negative correlation was observed. In fact, LPS stimulation altered the correlation between IL-10 and  
220 IL-6, while H2 treatment reestablishes this negative correlation, demonstrating that a major IL-10  
221 concentration corresponds to less IL-6 production. These effects can be explained by negative  
222 modulation of the NF- $\kappa$ B activity, and then a less IL-6 production, although we did not observe  
223 significant differences by performing an ELISA assay.

224 Recently, hempseed hydrolysates obtained with alcalase alone or in combination with flavourzyme  
225 were shown to reduce gene expression of TNF and IL-6, as well as increase IL-10 mRNA, in the  
226 LPS-stimulated BV2 microglia cell line.<sup>19</sup> In addition, these same protein hydrolysates have been  
227 shown to reduce the production of inflammatory cytokines TNF, IL-6, and IL-1 $\beta$ , as well as increase  
228 the anti-inflammatory cytokine IL-10 in primary human monocytes.<sup>18</sup> However, no specific peptides  
229 were singled out as being responsible for this biological effect. Recently, it was demonstrated that  
230 two egg tripeptides (IRW and IQW) from ovotransferrin are effective in the down-regulation of  
231 cytokine-induced inflammatory protein expression in vascular endothelium, at least partially through  
232 the modulation of NF- $\kappa$ B pathway.<sup>35,36</sup> These two peptides are shorter than both H2 and H3, however  
233 comparing their sequences with H2 and H3, it is feasible to consider that the Tryp and Ile presence

234 may be positively correlated not only with the antioxidant but also with the anti-inflammatory effects,  
235 reinforcing the strong cross-linking between these two activities.<sup>22,35</sup> Interestingly, the IRW and IQW  
236 beneficial effects require the presence of an intact tripeptide as the corresponding dipeptides and  
237 constituent amino acids alone failed to replicate the anti-inflammatory functions, indicating a  
238 structure-function relationship between the tripeptide structure and blockade of inflammation. A very  
239 interesting feature of both H2 and H3 is that despite, IRW and IQW, they are transported by intestinal  
240 cells and they are stable towards intestinal protease activity when they are within the hempseed  
241 hydrolysate.<sup>22</sup>

242 Another interesting feature of our work is related to the ability evaluation of both H2 and H3 to  
243 modulate the iNOS pathway, which is known to be involved in immune response, producing NO, a  
244 free radical implicated in the immune defense mechanism.<sup>30</sup>

245 NO acts as a cytotoxic agent in pathological processes, specifically in inflammatory disorders.<sup>37</sup> In  
246 this sense, numerous scientific articles have shown that NO production is elevated in chronic  
247 inflammatory diseases, such as diabetes,<sup>38</sup> atherosclerosis,<sup>39</sup> or multiple sclerosis.<sup>40</sup> The iNOS  
248 protein is the main responsible for the production of cellular NO,<sup>24</sup> in fact, inhibition of it may be a  
249 therapeutic target in inflammatory diseases.<sup>41</sup> In our study, we observed that H2 and H3 peptides  
250 reduced NO and iNOS production in LPS-stimulated HepG2 cells. In addition, the reduction of NF-  
251  $\kappa$ B by peptides is also confirmed by the observed results in the NO pathways. NF- $\kappa$ B plays an  
252 important role in the regulation of iNOS production, inducing its expression,<sup>42</sup> and, at the same time,  
253 it is well known that the NO, in turn, can induce NF- $\kappa$ B activation.<sup>38</sup> Our findings suggest, together  
254 with those that we have previously observed, a potential interplay of both antioxidant and anti-  
255 inflammatory activities exerted by H2 and H3 peptides. Moreover the present study confirms that H3  
256 is 4-fold more active than H2 not only as antioxidant but also as anti-inflammatory peptide. Taking  
257 together all the results and on the basis on our knowledge, this study is the first to observe the role of  
258 two specific peptides in the regulation of the NO pathway in hepatic cells. In addition, although many

259 food protein hydrolysates have demonstrated anti-inflammatory effects,<sup>43</sup> our study is the pioneer in  
260 the identification of anti-inflammatory peptides that can be absorbed by the human intestinal barrier  
261 from hempseed source.<sup>22</sup>

262 In conclusion, all these findings demonstrate that H2 and H3 peptides possess a great anti-  
263 inflammatory capacity in the HepG2 cells. The antioxidant effects previously demonstrated<sup>22</sup> in  
264 addition to these anti-inflammatory effects in HepG2 cells, point out the use of H2 and H3 how  
265 possible strategies to prevent liver diseases, such as non-alcoholic steatohepatitis (NASH),  
266 characterized by inflammation and oxidative stress in the early stages of the disease,<sup>44</sup> even though  
267 dedicated *in vivo* study is necessary to confirm this important feature.

268

269 **Abbreviations:** BSA: Bovine serum albumin, Caco-2: Homo Sapiens Colorectal Adenocarcinoma  
270 cells, DPP-IV: dipeptidyl peptidase-IV, HepG2: Human Hepatoma cells, H2: WVSPLAGRT  
271 hempseed peptide, H3: IGFLIIWV hempseed peptide, HP: peptic hempseed hydrolysate, IFN- $\gamma$ :  
272 interferon- $\gamma$ , IL: interleukin, iNOS: inducible nitric oxide synthase, LPS: lipopolysaccharide, NASH:  
273 non-alcoholic steatohepatitis, NF- $\kappa$ B: nuclear factor- $\kappa$ B, NO: nitric oxide, PBS: phosphate buffered  
274 saline, ROS: reactive oxygen species, TNF: tumor necrosis factor.

275

276 **Acknowledgement:** We are indebted to Carlo Sirtori Foundation (Milan, Italy) for having provided  
277 part of the equipment used in this experimentation.

278

279 **Supporting Information. Figure S1:** Chromatogram and Mass Spectrum of H2 (A and C) and H3  
280 (B and D); **Table S1.** Antibodies used in the Western Blot assays; **Table S2.** Absolute values of  
281 cytokine production.

282

283 **Funding:** Supported by the Fondazione Cariplo, project SUPER-HEMP: Sustainable Process for  
284 Enhanced Recovery of Hempseed Oil. I.C.-C. was supported by the VI Program of Inner Initiative  
285 for Research and Transfer of the University of Seville [VIPIT-2020-II.4] and by a postdoctoral  
286 fellowship from the Andalusian Government Ministry of Economy, Knowledge, Business, and  
287 University [DOC\_00587/2020]. G.S.-S. was supported by a FPU grant from the Spanish Ministerio  
288 de Educación, Cultura y Deporte [FPU16/02339], and by an Erasmus+ Mobility Programme.

289

290 **Declaration of Competing Interest:** The authors declare that they have no known competing  
291 financial interests or personal relationships that could have appeared to influence the work reported  
292 in this paper.

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407

408

409 **Table 1.** Anti-/pro-inflammatory cytokines ratio.

	<b>C</b>	<b>LPS</b>	<b>H2 [100μM]</b>
<b>IL10/IFN-γ</b>	1.05 ± 0.14 <sup>a</sup>	0.75 ± 0.15 <sup>b</sup>	1.10 ± 0.19 <sup>a</sup>
<b>IL10/TNF</b>	0.99 ± 0.07 <sup>a</sup>	0.88 ± 0.05 <sup>a</sup>	1.14 ± 0.11 <sup>b</sup>
<b>IL10/IL-6</b>	1.01 ± 0.10 <sup>a</sup>	0.90 ± 0.03 <sup>a</sup>	0.96 ± 0.07 <sup>a</sup>
	<b>C</b>	<b>LPS</b>	<b>H3 [25μM]</b>
<b>IL10/IFN-γ</b>	1.00 ± 0.03 <sup>a</sup>	0.93 ± 0.05 <sup>a</sup>	1.34 ± 0.06 <sup>b</sup>
<b>IL10/TNF</b>	1.00 ± 0.02 <sup>a</sup>	0.92 ± 0.02 <sup>a</sup>	1.44 ± 0.12 <sup>b</sup>
<b>IL10/IL-6</b>	1.00 ± 0.02 <sup>a</sup>	0.90 ± 0.01 <sup>a</sup>	1.32 ± 0.13 <sup>b</sup>

410 Ratios between anti-inflammatory (IL-10) and pro-inflammatory (IFN-γ, TNF, and IL-6) cytokines  
 411 quantified in HepG2 cells stimulated or not with LPS and treated with H2 (100 μM) or H3 (25 μM).  
 412 Data presented as mean ± SD and were analyzed by One-way ANOVA followed by Tukey's post hoc  
 413 test. Different letters indicate statistically significant differences ( $p \leq 0.05$ ). C, unstimulated control  
 414 group; IFN-γ, interferon-γ; IL, interleukin; LPS, lipopolysaccharide-stimulated cells; TNF, tumor  
 415 necrosis factor.

416

417 **Table 2.** Pearson correlation between IL-10 and IL-6 production.

<b>Pearson correlation</b>	<b>C</b>	<b>p-value</b>	<b>LPS</b>	<b>p-value</b>	<b>H2 [100μM]</b>	<b>p-value</b>
<b>IL-10 vs IL-6</b>	-0.9239	<b>0.025</b>	-0.4795	0.414	-0.9628	<b>0.009</b>

418 Data represent Pearson r value obtained by the correlation between IL-10 and IL-6 production in the different experimental conditions.

419

420

421 **Figure captions**

422 **Figure 1. NF- $\kappa$ B and p(Ser276)NF- $\kappa$ B protein levels in LPS-stimulated HepG2 cells.** Upper  
423 panel: Representative Western Blots of NF- $\kappa$ B in H2 (A) and H3 (B) assays. Densitometric analyses  
424 of NF- $\kappa$ B (C). Bottom panel: Representative Western Blots of p(Ser276)NF- $\kappa$ B in H2 (D) and H3  
425 (E) assays. Densitometric analyses of p(Ser276)NF- $\kappa$ B (F). The data points represent the averages  $\pm$   
426 SD of three independent experiments in triplicate. All data sets were analyzed by One-way ANOVA  
427 followed by Tukey's post-hoc test. Different letters indicate statistically significant differences. \*\*\*\*,  
428  $p \leq 0.0001$ . C, unstimulated control group; LPS, lipopolysaccharide-stimulated cells; NF- $\kappa$ B, nuclear  
429 factor- $\kappa$ B; p(Ser276)NF- $\kappa$ B, phosphor(Ser276)-nuclear factor- $\kappa$ B.

430

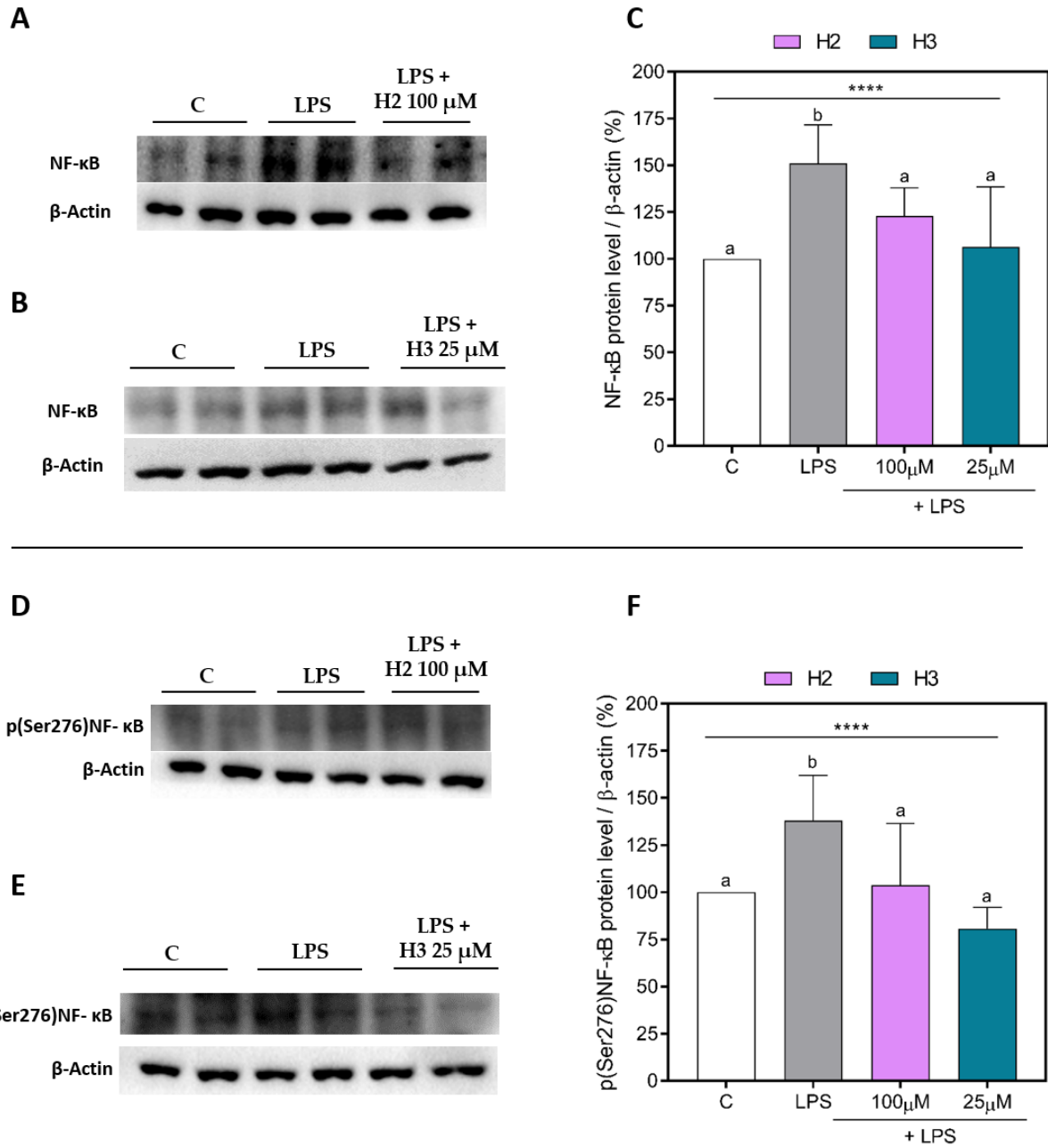
431 **Figure 2. p(Ser276)NF- $\kappa$ B / NF- $\kappa$ B ratio.** The histogram represents the averages  $\pm$  SD of the  
432 p(Ser276)NF- $\kappa$ B / NF- $\kappa$ B ratios of three independent experiments in triplicate. All data sets were  
433 analyzed by One-way ANOVA followed by Tukey's post-hoc test. Different letters indicate  
434 statistically significant differences. \*\*,  $p \leq 0.01$ . C, unstimulated control group; LPS,  
435 lipopolysaccharide-stimulated cells; NF- $\kappa$ B, nuclear factor- $\kappa$ B; p(Ser276)NF- $\kappa$ B, phosphor(Ser276)-  
436 nuclear factor- $\kappa$ B.

437

438 **Figure 3. Cytokine production in HepG2 cells.** Pro-inflammatory (A-C; E-G) and anti-  
439 inflammatory (D, and H) cytokines. Data presented as mean  $\pm$  SD of three independent experiments  
440 performed in triplicate. All data sets were analyzed by One-way ANOVA followed by Tukey's post  
441 hoc test. \*,  $p \leq 0.05$ ; \*\*,  $p \leq 0.01$ ; \*\*\*,  $p \leq 0.001$ ; \*\*\*\*,  $p \leq 0.0001$ . Different letters indicate  
442 statistically significant differences. C, unstimulated control group; IFN- $\gamma$ , interferon- $\gamma$ ; IL,  
443 interleukin; LPS, lipopolysaccharide-stimulated cells; TNF, tumor necrosis factor.

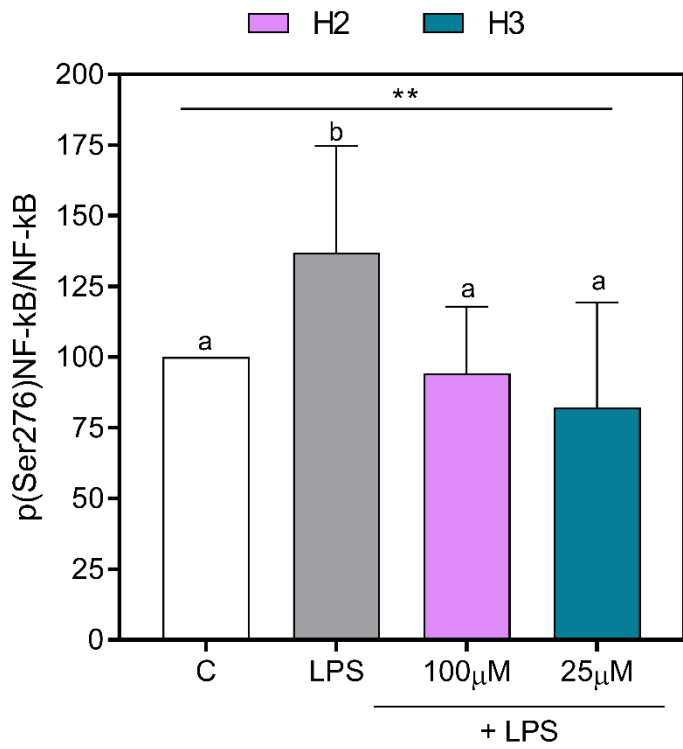
444

445 **Figure 4. iNOS and NO production in HepG2 cells treated with H2 or H3.** Densitometric analyses  
446 of iNOS protein levels (A); representative Western Blots of iNOS in H2 (B) and H3 (C) assays; NO  
447 production (D). The data points represent the averages  $\pm$  SD of three independent experiments in  
448 triplicate. All data sets were analyzed by One-way ANOVA followed by Tukey's post-hoc test.  
449 Different letters indicate statistically significant differences. \*\*\*\*  $p < 0.0001$ . C, unstimulated control  
450 group; iNOS, inducible nitric oxide synthase; LPS, lipopolysaccharide-stimulated cells; NO, nitric  
451 oxide.  
452



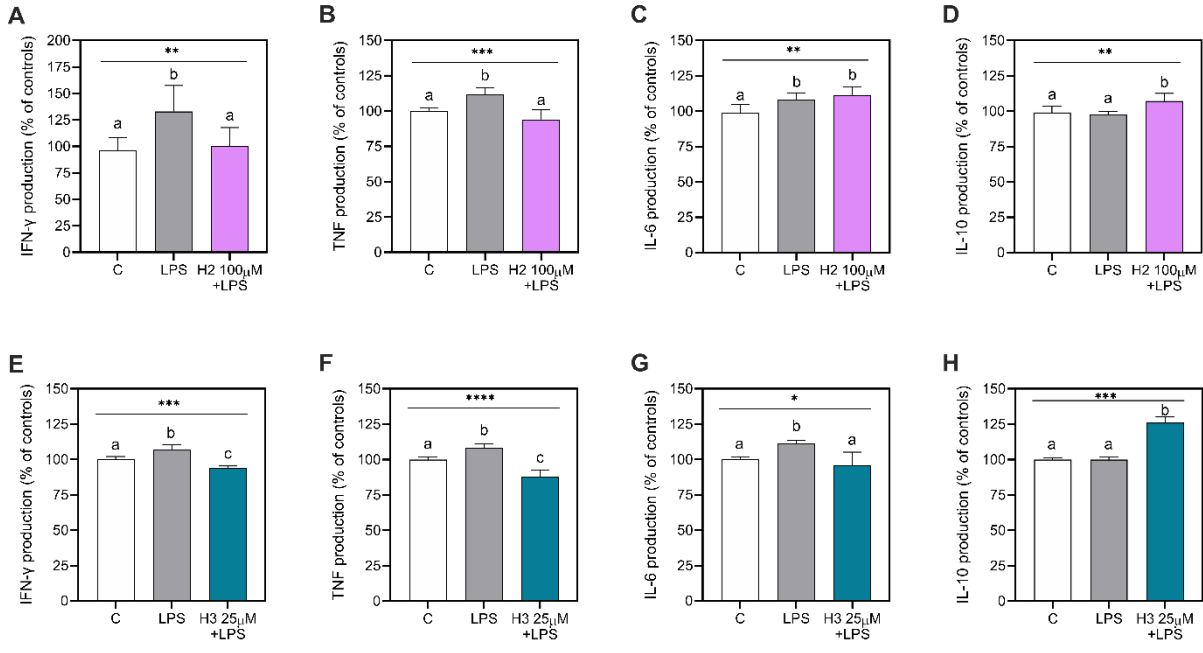
453

454 **Figure 1. NF-κB and p(Ser276)NF-κB protein levels in LPS-stimulated HepG2 cells.**



455

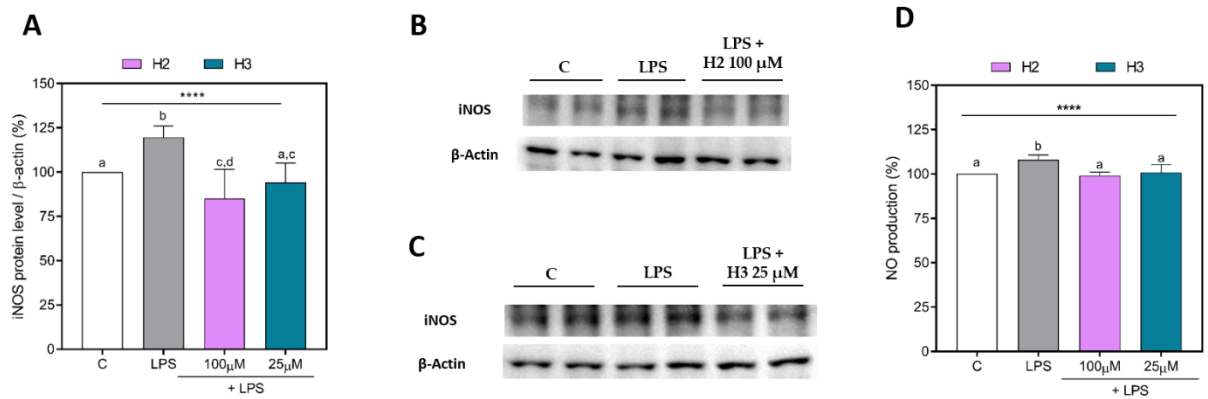
456 **Figure 2. p(Ser276)NF-κB / NF-κB ratio.**



457

458 **Figure 3. Cytokine production in HepG2 cells.**





459

460 **Figure 4. iNOS and NO production in HepG2 cells treated with H2 or H3.**