

The role of down staging treatment in the management of locally advanced intrahepatic cholangiocarcinoma: Review of literature and pooled analysis

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Backgrounds/Aims: Approximately 60-80% of patients with intrahepatic cholangiocarcinoma (iCCA) are not suitable for surgical resection due to advanced disease at presentation. This review assesses the role of surgical resection followed by down staging treatment in the management of patients with locally advanced iCCA. **Methods:** A systematic review and pooled analysis were performed of the relevant published studies published between January 2000-December 2018. The primary outcome measure was overall survival. Secondary outcome measures were rates of clinical benefit, margin-negative (R0) resections, overall and surgery-specific complications, and post-operative mortality. **Results:** Eighteen cohort studies with 1880 patients were included in the review. The median overall survival in all patients was 14 months (range, 7-18 months). Patients undergoing resection following down staging had significantly longer survival than those who did not (median: 29 vs. 12 months, $p < 0.001$). The Clinical Benefit Rate with this strategy (complete response+partial response+stable disease) was 64% (244/383), ranging from 33-90%. Thirty-eight percent of the patients underwent resections with a 60% R0 resection rate and 6% postoperative mortality. **Conclusions:** Although the evidence to support the benefits of NAT for iCCA is limited, the review supports the use of down staging treatment and also surgical resection in the cohort with response to NAT in order to improve long-term survival in patients with locally advanced iCCA. (*Ann Hepatobiliary Pancreat Surg* 2020;24:6-16)

Key Words: Intrahepatic; Cholangiocarcinoma; Locally advanced; Down staging; Surgery

INTRODUCTION

The incidence of intrahepatic cholangiocarcinoma (iCCA) is about 0.7 cases per 100,000 adults in the USA.¹ Despite advances in multimodality treatment, long-term survival is only seen in 10-20% of patients due to the advanced stage at presentation.² Surgical resection remains the only potentially curative therapy for patients with iCCA; however, only 30-60% of patients are candidates for surgical resection due to locally advanced (large tumors with either hepatic inflow or outflow involvement) or metastatic disease, underlying chronic liver disease, or frailty.³ In patients undergoing surgical resection, the 5-year survival is 20-40%, and median survival is 25 months.³

In patients with unresectable disease, median survival

is 12-15 months with a 5-year survival of 5-10%,^{4,5} with chemotherapy based on a combination of gemcitabine and platinum salts.⁶ There is no established standard treatment for patients with locally advanced biliary cancers. The role of chemotherapy or radiotherapy is considered mainly a palliative in unresectable iCCA. Neoadjuvant therapy (NAT) with a view to downstage has gained popularity in the last decade in the management of hepatobiliary and pancreatic cancers, particularly the latter in patients with borderline resectable and locally advanced (LA) cancers. Pooled analysis by Suker et al.⁷ in a systematic review demonstrated NAT with FOLFIRINOX for locally advanced pancreatic cancers had a median overall survival (OS) ranging between 10 and 33 months and resection rates of up to 43%. In resectable oesophageal cancers, NAT has

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been demonstrated standard treatment through high-quality randomized controlled trials.⁸ A recent network meta-analysis further demonstrated neoadjuvant CRT (chemoradiotherapy) followed by surgery to be the most effective strategy in improving long-term survival of resectable oesophageal cancers.⁹

To date, there is limited consensus for advocating NAT for patients with iCCA to further improve survival and surgical outcomes. For the purpose of the study, this was considered downstaging treatment given to patients with non-metastatic iCCA as NAT, although the intention might have been palliation given the clinical practice during the study period. Hence, the aim of this review is to determine the oncological and surgical outcomes of patients receiving NAT for borderline iCCA.

METHODS

Search strategy

A systematic search of PubMed, EMBASE and the Cochrane Library databases were conducted. The search terms used were 'intrahepatic cholangiocarcinoma' or 'cholangiocarcinoma', and 'neoadjuvant therapy or 'neoadjuvant radiotherapy' or 'neoadjuvant chemotherapy' or 'chemotherapy' individually or in combination. Search terms used for this review are presented as shown in Supplementary Table 1. The 'related articles' function was used to broaden the search, and all citations were considered for relevance. A manual search of reference lists in recent reviews and eligible studies was also undertaken.

Inclusion and exclusion criteria

Inclusion criteria were: (1) studies reporting the use of NAT (by any modality) in human subjects with non-metastatic locally advanced iCCA; (2) published in the English language. Exclusion criteria were: (1) conference abstracts, review articles, and case reports (<5 patients); (2) publications with mixed populations where the outcomes of patients with cancers at another site could not be separated from those of patients with intrahepatic cholangiocarcinoma. After excluding duplicates, two authors (SK, BD) independently reviewed the titles and abstracts of studies identified by the literature search. Where a study was considered to be potentially relevant to the research question a full copy of the publication was ob-

tained for further review. The references of all included studies were hand-searched in order to identify other potentially relevant studies. Any areas of disagreement between the two primary researchers were resolved through discussion. The intention of the NAT in this review might have been palliative treatment when offered to patients but patients have then progressed to surgical pathways where response has been noted. It is therefore important to note the differences in the terminology used in this review to the terms used in standard clinical practice. Patients who progressed to surgery following down staging treatment are considered to have had surgery following NAT, patients who received treatment but not surgery had palliative chemotherapy, and those who did not receive any treatment (no NAT group) were managed by best supportive care.

Data extraction

Two researchers (SK, BD) independently extracted data on study characteristics, patient demographics, definitions of borderline resection, modality and regimes of NAT, response to and the clinical benefit with NAT, progression to surgery and postoperative outcomes such as overall mortality and morbidity rates such as bile leak, liver failure, where reported.

Study outcomes

The primary outcome measure was OS in patients receiving NAT with or without subsequent surgical resection. Response to chemotherapy, where reported, was graded as complete response (CR), partial response (PR), stable disease (SD), and progressive disease (PD). Secondary outcome measures were rates of overall resection rates and margin-negative (R0) resections, overall complications (Grade I-V) and major complications (>Grade III) reported according to Clavien-Dindo classification, surgery-specific complications (bile leak, intra-abdominal collections), and response to chemotherapy. A pooled analysis of the data was performed to assess the study outcomes and a comparative survival analysis was performed.

Table 1. Baseline demographics of included studies

Study name	Study design	Study country	All patients, n	Duration	Male gender, %	Median age	Tumour number	Tumour size, mm
Herber et al. 2007 ¹⁰	RCS	Germany	15	October 2000-June 2006	33	64 (46-83)	Solitary (8), Multiple (7)	108±46
Shitara et al. 2008 ¹¹	RCS	Japan	20	December 2002-December 2006	50	75 (43-83)	3 (1-10)	78 (30-160)
Nehls et al. 2008 ¹²	PCS	Germany	18	February 2002-January 2004	44	52 (28-74)	NR	NR
Chen et al. 2010 ¹³	RCS	China	84	December 1998-December 2008	61	NR	NR	77±32
Vogl et al. 2012 ¹⁴	RCS	Germany	115	March 1999-March 2010	52	NR	Solitary (34), Multiple (81)	NR
Scheuermann et al. 2013 ¹⁵	RCS	Germany	32	September 1997-February 2012	53	64 (44-87)	Solitary (13), Multiple (19)	87 (20-180)
Kim et al. 2013 ¹⁶	RCS	Korea	132	June 2001-March 2012	55	58 (26-78)	NR	NR
Kato et al. 2013 ¹⁷	RCS	Japan	7	January 2004-December 2010	57	68	NR	NR
Yi et al. 2014 ¹⁸	RCS	Korea	176	January 1995-December 2010	NR	NR	NR	NR
Kato et al. 2015 ¹⁹	RCS	Japan	25	October 2011-April 2014	NR	NR	NR	NR
Rayar et al. 2015 ²⁰	RCS	France	45	January 2008-October 2013	38	68 (39-79)	NR	NR
Konstantinidis et al. 2016 ²¹	RCS	USA	167	January 2000-August 2012	41	62 (30-88)	Solitary (61), Multifocal (106)	85 (15-164)
Omichi et al. 2017 ²²	RCS	USA	43	January 2000-September 2015	42	54 (30-80)	NR	NR
Cho et al. 2017 ²³	RCS	Korea	64	2000-2012	59	NR	Solitary (37), Multiple (27)	NR
Chang et al. 2018 ²⁴	RCS	Taiwan	844	January 2006-December 2015	61	60±10	NR	NR
Sumiyoshi et al. 2018 ²⁵	RCS	Japan	7	January 2006-August 2016	-	NR	NR	NR
Lunsford et al. 2018 ²⁶	PCS	USA	12	Jan 2010-December 2017	25	47 (31-63)	NR	NR
Le Roy et al. 2018 ⁵	RCS	France	74	January 2000-December 2013	54	60 (52-68)	NR	NR

RCS, retrospective study; PCS, prospective study; NR, not reported

Table 2. Definitions of locally advanced iCCA used in the studies

Study name	Number of NAT, n	NAT+ resection, %	NAT only, %	Inclusion definition
Herber et al. 2007 ¹⁰	15	0	100	NR
Shitara et al. 2008 ¹¹	20	0	95	NR
Nehls et al. 2008 ¹²	18	0	100	NR
Chen et al. 2010 ¹³	84	0	42	Extensive bilobar involvement of the liver by a large solitary by multiple tumours, or invasion of major blood vessels
Vogl et al. 2012 ¹⁴	115	0	100	NR
Scheuermann et al. 2013 ¹⁵	32	0	100	NR
Kim et al. 2013 ¹⁶	132	0	70	AJCC 7th Edition Stage IVA and IVB tumours
Kato et al. 2013 ¹⁷	7	57	43	Unreconstructable hepatic artery, portal vein and hepatic vein and extensive hepatic and bile duct invasion not amenable for curative resection
Yi et al. 2014 ¹⁸	176	0	64	AJCC 6th Edition N1 classification and any T classification or T3/4 and any N classification without distant metastases
Kato et al. 2015 ¹⁹	25	20	80	Surgical resection could not be achieved even by aggressive surgical procedures, including combined vascular resection
Rayar et al. 2015 ²⁰	45	18	82	NR
Konstantinidis et al. 2016 ²¹	167	5	95	Unreconstructable vascular involvement, severe underlying liver parenchymal disease, multifocal tumours and extensive regional nodal disease
Omichi et al. 2017 ²²	43	100	0	NR
Cho et al. 2017 ²³	64	13	88	Extensive bilobar involvement of a large tumour, multiple satellite tumours, LN metastasis beyond the porta hepatis (i.e., celiac or retroperitoneal LN), and invasion of major vessels
Chang et al. 2018 ²⁴	844	0	75	NR
Sumiyoshi et al. 2018 ²⁵	7	71	29	Cancer invasion to bilateral hepatic arteries, portal veins, or hepatic veins that prevented reconstruction, broad infiltration to bilateral bile ducts that prevented the achievement of curative resection, broad extra-hepatic perineural invasion extending around the proper hepatic artery and common hepatic artery
Lunsford et al. 2018 ²⁶	12	50	50	Solitary tumour >2 cm in diameter or multifocal disease confined to the liver without radiological evidence of extrahepatic, macrovascular, or lymph node involvement
Le Roy et al. 2018 ⁵	74	53	47	Tumour in contact with the future remaining hepatic or portal veins, or those with contralateral metastases

Table 3. Treatment regimen used in the included studies and response to treatment

Study name	Type of NAT	Details of regimens	NAT, n	PD, %	SD, %	PR, %	CR, %	Toxicities, n (%)
Herber et al. 2007 ¹⁰	CT - TACE	Suspension consisting of 10 ml Lipiodol and 10 mg MMC mixed directly before administration.	15	27	60	7	7	6
Shitara et al. 2008 ¹¹	CT - TACE	2 mg MMC and 300 mg DSM infused through a port system placed in hepatic artery	20	10	40	45	5	62
Nehls et al. 2008 ¹²	CT	Capecitabine/oxaliplatin	18	67	33	0	0	NR
Chen et al. 2010 ¹³	RT	Limited-field EBRT using linear accelerator with 6-or 15-MV photons - full radiation dosage up to 50 to 60Gy. For patients with synchronous LN metastasis, typical EBRT was 40Gy to the Planning Target Volume with 10 to 20Gy delivered to the Gross Tumour Volume as boost fields	35	14	49	29	9	74
Vogl et al. 2012 ¹⁴	CT - TACE	8mg/m ² MMC, 1000 mg/m ² Gemcitabine and 35 mg/m ² Cisplatin. Embolization was performed (after drug injection) with a maximum of 10ml Lipiodol, followed by an injection of 200-450 mg of degradable starch microspheres (200 lm) for vessel occlusion	115	34	57	9	0	NR
Scheuermann et al. 2013 ¹⁵	CT - TACE	Lipiodol (up to 30 mL and MMC (up to 10 mg) or doxorubicin-eluting beads injected into the supplying artery	32	NR	NR	NR	NR	NR
Kim et al. 2013 ¹⁶	CT or CRT	Chemotherapy-capecitabine+cisplatin, CRT-capecitabine+cisplatin+RT	92	53	40	4	0	NR
Kato et al. 2013 ¹⁷	CT	Gemcitabine (5), gemcitabine/cisplatin (2)	7	14	57	29	0	NR
Yi et al. 2014 ¹⁸	CT	Active combinations of modulated 5-FU or Gemcitabine. the regimen of 5-FU alone was 1,000 mg/m ² /day for 3 successive days during the rest and fifth week of radiotherapy. also, geM of 1,000 mg/m ² /day by intra- venous infusion over 2 h for consecutive 2 weeks and repeated after 3 weeks	42	NR	NR	NR	NR	NR
Kato et al. 2015 ¹⁹	CT	Gemcitabine (1000 mg/m ²) plus cisplatin (25 mg/m ²) administered for 2 weeks followed by a 1-week respite, with a single course extending over 3 weeks	25	NR	NR	NR	NR	NR
Rayar et al. 2015 ²⁰	CT	Systemic chemotherapy was first initiated using gemcitabine and/or platinum salts followed by Ytt-90 radioembolizations administered few weeks after the initiation of the chemotherapy	45	NR	NR	NR	NR	NR

Table 3. Continued

Study name	Type of NAT	Details of regimens	NAT, n	PD, %	SD, %	PR, %	CR, %	Toxicities, n (%)
Konstantinidis 2016 ²¹	CT	Systemic chemotherapy with or without hepatic arterial infusion (HAI) chemotherapy consisted of a continuous infusion of floxuridine (FUDR) into the hepatic arterial circulation that was administered through a surgically implanted pump at a predetermined flow rate	167	NR	NR	NR	NR	NR
Omichi 2017 ²²	CT	Gemcitabine regimens (n=39), Fluorouracil regimens (n=2), Other (n=2)	43	NR	NR	NR	NR	NR
Cho 2017 ²³	CRT	RT was three-dimensional-conformal RT (3D-CRT; n=55) or intensity-modulated RT (IMRT) with helical tomotherapy (n=9). Systemic chemotherapy was administered concurrently (n=46) or sequentially (n=18); 5-fluorouracil (5-FU)-based chemotherapy (800 mg/m ² weekly) was administered to 33 patients (51.5%), and gemcitabine (1000 mg/m ² weekly) was administered to 16 patients (25%) as a monotherapy or combined with cisplatin.	64	NR	NR	25	NR	55
Chang 2018 ²⁴	CCRT vs CT+RT vs CT vs None		633	NR	NR	NR	NR	NR
Sumiyoshi 2018 ²⁵	CRT	Chemotherapy - S-1 (n=6) and CDDP & CPT-11 (n=1). Intensity-modulated radiotherapy was administered with a total dose of 50 Gy delivered in 25 fractions over 5 weeks. The gross tumor volume (GTV) was defined as the area of solid macroscopic tumors that was enhanced on MDCT imaging. In patients with broad extra-hepatic perineural invasion, the area around proper hepatic artery and common hepatic artery were also included in the GTV	7	29	14	57	0	NR
Lunsford 2018 ²⁶	CT	1st line - gemcitabine/cisplatin, 2nd line - erlotinib (n=3); FOLFIRI (folinic acid, uroacil, and irinotecan; n=1), fluorouracil (n=1)	12	NR	NR	NR	NR	NR
Le Roy 2018 ⁵	CT	Gemcitabine/oxaliplatin (n=44), gemcitabine regimens (n=4), gemcitabine alone (n=3), radioembolization/transarterial chemotherapy (n=4), other regimens (n=19)	74	31	45	24	0	NR

PD, progressive disease; SD, stable disease; CR, complete response; PR, partial response; CT, chemotherapy; RT, radiotherapy; CRT, chemoradiotherapy; TACE, transarterial chemoembolisation

RESULTS

Study characteristics

The literature search identified 18 cohort studies, including 1880 patients with locally advanced iCCA, of which two were prospective cohort studies. Baseline demographics of the included studies are presented in Table 1. Study quality was assessed using NewCastle Ottawa system. Ten studies provided the definitions for locally advanced or inoperable iCCA, and these are detailed in Table 2.

Chemotherapy and radiotherapy regimes

NAT regimes and tumor responses are presented in Table 3. Eleven studies reported the use of neoadjuvant chemotherapy, of which four^{10,11,14,15} reported the use of transarterial chemoembolization (TACE) with mitomycin C (MMC). One study¹⁴ used gemcitabine and cisplatin in addition to MMC for TACE. Eight studies^{5,12,17-20,22,26} evaluated combinations of chemotherapy (gemcitabine/capecitabine and platinum-based regimes). Of the remaining studies, one reported use of RT,¹³ three reported use of chemoradiotherapy (CRT),^{16,23,25} and one compared concurrent CRT, chemotherapy and RT, chemotherapy, and no treatment.²⁴

Response rates and the definitions of response

Eleven studies reported the criteria used to assess tumour response [RECIST (n=9),^{10,11,14,16,17,19,21,23,25} mRECIST (n=1),⁵ and WHO (n=1)].¹² Nine studies^{5,10-14,16,17,25} (n=383 patients) provided response rates as the presence of progressive disease (PD), stable disease (SD), partial response (PR), and complete response (CR). The rates of PD were 36%, ranging from 10 to 67%. The Clinical Benefit Rate (CBR=CR+PR+SD) was noted in 64% (244/383) of the patients going for NAT, ranging from 33 to 90%.

Resectability rates

Of the nine studies^{5,10-14,16,17,25} (383 patients) where response rates were provided, 64% (244/383) showed a clinical benefit for NAT. None of the studies provided the number of patients who were explored for but failed to proceed to resection following NAT. Of the studies^{5,17,19-22,25,26} where post-NAT resection rates were reported, 135/354

patients (38%) underwent resections. Of these, 60% of the patients had R0 resections (82/135 patients), 40% were reported to have R1 resection, and R2 resection was performed in 1/135 patients.

Overall survival

The OS of the entire cohort was 14 months (range, 7-18 months). OS was significantly longer in patients receiving NAT with resection (median: 29 months; range: 18-37 months) compared to NAT alone (median: 12 months; range: 5-43 months) or no NAT (median: 8 months; range: 5-11 months) ($p < 0.001$) for locally advanced iCCA. In patients receiving chemotherapy only, the OS of the entire cohort was 18 months (range, 5-20 months). OS was significantly longer in patients receiving NAT with resection (median, 36 months; range, 18-37 months) compared to NAT alone (median, 12 months; range, 5-43 months, $p = 0.02$). In patients receiving CRT only, the OS of the entire cohort was 12 months (range, 9-15 months). OS was longer in patients receiving NAT with resection (median, 21 months; range, 18-24 months) compared to NAT alone (median: 11 months; range: 9-43 months, $p = 0.8$) (Table 4).

Postoperative outcomes

Overall post-surgical complications were reported in eight studies.^{5,17,19-22,25,26} The overall rate of postoperative mortality was 6% (8/135 patients) on pooled analysis. The rate of major complications was 15.5% (21/135 patients). Bile leaks (four patients), post-hepatectomy liver failure (four patients), intraabdominal collections (four patients), ascites (three patients), post-operative bleeding (one patient), pleural effusion (one patient), and acute kidney injury (one patient) were the reported complications (Table 5).

DISCUSSION

Over the last decade, the long-term survival of patients diagnosed with iCCA has been relatively poor, with a small proportion of patients undergoing curative surgical resection and a median survival of 20-30 months in the resected group.³ NAT for iCCA is an appealing option for suitable candidates to select the patient with less aggressive tumor biology, downstage the disease, increase

Table 4. Overall survival among the patients in the all the treatment pathways

Study name	All patients, n	OS entire cohort, months	OS NAT+ resection, months	OS NAT only, months	OS no NAT, months
Herber et al. 2007 ¹⁰	15	21 (9-33)	-	21 (9-33)	NR
Shitara et al. 2008 ¹¹	20	14	-	14	NR
Nehls et al. 2008 ¹²	18	NR	-	NR	NA
Chen et al. 2010 ¹³	84	7±1	-	10±1	5±1
Vogl et al. 2012 ¹⁴	115	13	-	13	NA
Scheuermann et al. 2013 ¹⁵	32	NR	-	11	NR
Kim et al. 2013 ¹⁶	132	9	-	9	NR
Kato et al. 2013 ¹⁷	7	13	29	13	NA
Yi et al. 2014 ¹⁸	176	NR	-	43 (34-51)	11 (7-16)
Kato et al. 2015 ¹⁹	25	NR	NR	NR	NR
Rayar et al. 2015 ²⁰	45	NR	16 (4-41)	NR	NR
Konstantinidis et al. 2016 ²¹	167	20 (1-120)	37 (10-92)	NR	NR
Omichi et al. 2017 ²²	43	NR	NR	NA	NA
Cho et al. 2017 ²³	64	NR	NR	NR	NR
Chang et al. 2018 ²⁴	844	NR	-	NR	NR
Sumiyoshi et al. 2018 ²⁵	7	NR	NR	NR	NR
Lunsford et al. 2018 ²⁶	12	NR	36	NR	NR
Le Roy et al. 2018 ⁵	74	18	36	11	NA

Table 5. Post-operative outcomes following resection surgery, where reported

	Numbers received NAT	Numbers proceeded to resection	R0 resection	R1 resection	Post-op mortality	Major morbidity
Kato et al. 2015 ¹⁹	39	10	7	3	-	-
Kato et al. 2013 ¹⁷	22	8	4	4	-	-
Rayar et al. 2015 ²⁰	45	10	10	0	2	3
Konstantinidis et al. 2016 ²¹	104	8	5	3	2	-
Sumiyoshi et al. 2018 ²⁵	15	11	9	2	-	3
Omichi et al. 2017 ²²	43	43	30	13	-	5
Lunsford et al. 2018 ²⁶	12	6	5	1	-	1
Le Roy et al. 2018 ⁵	74	39	12	27	4	9
Total	354	135 (38.1%)	82 (60.7%)	53 (39.2%)	8 (6%)	21 (15.5%)

the resectability rates, and improve the OS in the locally advanced iCCA. NAT therapy in iCCA lags behind other gastrointestinal cancers, such as oesophageal and pancreatic cancers, where this approach has shown significant improvement in long term-survival and increased the number of ongoing clinical trials.^{7,9} The present review highlights that current evidence for NAT in iCCA is limited to cohort studies, specifically retrospective case series. This review further highlights that NAT followed by resection has a superior survival rate than patients receiving NAT alone or no surgery in the group of patients deemed unresectable because of locally advanced disease. Le Roy et al.⁵ reported no significant difference in the patients who had primarily resectable and downstaged un-

resectable lesions in terms of postoperative complications, but despite the higher R1 resection rates ($p=0.004$), the OS was similar (HR 1.23, 0.77-1.97; $p=0.391$) between the two groups. The current review does not differentiate the outcomes of R1 and R0 resections but together the OS was significantly better in the cohort that proceeded for surgery following downstaging NAT.

iCCAs are usually peripherally located, away from the hilum and are usually dealt with by anatomical, non-anatomical resections based on the position of the lesion. When the lesions are larger or located centrally, the inflow or (more often) the outflow of the liver could be infiltrated. Such vascular or biliary involvement on the contralateral side of resection are usually considered the

limiting factor for upfront resection.²⁵ The group of patients with iCCA that is not suitable for surgical resections are usually put through a palliative pathway or best supportive care. Factors such as micro or macro vascular invasion, presence of lymph node metastases, and presence of satellite nodules represent poor pathological prognostic factors. The influence of pathological factors on their outcomes is not clear from this review. However, this study has shown a variable median OS in the group of patients receiving NAT (with or without curative resection) with an encouraging survival benefit. There is a lack of a definition for locally advanced iCCA, which might reflect the lack of consensus about the patients suitable for NAT and type of treatment in the context of multimodal treatment options (Table 2). We propose that the HPB surgical community should aim to obtain consensus for the definition of borderline resectability and selection of iCCA patients for NAT. In this group of patients, NAT might be able to increase resectability rates, with acceptable morbidity, mortality, and prolonged survival.

The response rates of iCCA to chemotherapy are variable and limited. Currently, there is no standard treatment for locally advanced cholangiocarcinoma, either in a NAT or palliative set up. The ABC-02 trial compared doublet therapy with gemcitabine and cisplatin to gemcitabine as a single agent in 410 patients with locally advanced or metastatic biliary tract cancer.⁶ After a median follow-up of 8.2 months, the combination group had a significantly improved OS (11.7 vs. 8.1 months). Similar results with combination chemotherapy were also reported by studies with a 70% response rate or stable disease and OS of up to 15 months.²⁷ The results of ABC06 trial for 2nd line chemotherapy with FOLFOX regime are awaited but the unpublished results are promising.²⁸ Other treatment options, such as chemoradiotherapy, TACE, and external beam RT, have also been associated with longer progression-free survival and OS than chemotherapy alone in a palliative setting for patients with unresectable advanced iCCA.²⁹ Shitara et al.¹¹ reported a 50% response rate and a median survival of 14.1 months with hepatic arterial infusion chemotherapy for unresectable iCCA. The review also reflects the variations in the NAT regimes used by the included studies, although the majority of studies used a gemcitabine-based chemotherapy regime and only one study used a standardized regime (gemcitabine/oxaliplatin)

in all patients. Other limitations to this study include significant heterogeneity of the included studies with no clear definitions of locally advanced iCCA. Not all of the reported studies reported the survival data, and well-defined post-operative complications, limiting the quality of the meta-analysis to reliably analyze the impact of NAT in patients with and without surgical resection. However, the current study provides the base to plan future studies that would be of useful in the management of this group of patients.

In conclusion, although the evidence to support the benefits of NAT for iCCA is limited, the data from this review is very promising in improving the outcomes of patients with iCCA. International efforts are required to standardize the definitions and treatment regimens targeting locally advanced iCCA through randomized controlled trials.

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