



Purines in Pain as a Gliopathy

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INTRODUCTION: WHY IS PAIN CURRENTLY CONSIDERED AS A “GLIOPATHY”

In the last decades, the hypothesis of the role of purinergic receptors expressed by glial cells in the regulation of pain pathways has become a matter of fact. Although several painful conditions are undoubtedly of neuronal origin, the existence of an altered bidirectional signaling between neurons and activated glial cells has brought to the definition of pain as a “gliopathy” (Ji et al., 2013). In the central nervous system (CNS), neuronal excitability in pain pathways is enhanced by resident microglia, astrocytes, oligodendrocytes, and by infiltrating cells, such as T cells and macrophages, overall constituting the so-called “neuroimmune interface.” Following peripheral nerve damage, spinal cord microglia sense a variety of neuron-derived stimuli leading to their transition toward a reactive state (Grace et al., 2014), whose inhibition through the antibiotic minocycline has proven anti-hyperalgesic and anti-allodynic (Wieseler et al., 2017). Microglia activation is followed by immune cell recruitment and by the appearance of a neurotoxic astrocyte subpopulation, the so-called A1 astrocytes (Liddel et al., 2017). The extension of microglial and astrocytic processes into and near the synaptic space induces alterations to thousands of synapses, resulting in altered neural networks, maladaptive synaptic reorganization and generating a pro-inflammatory milieu, whose effects can extend for months after the initial nerve damage and guide the transition from acute to chronic pain (Gwak et al., 2017; Skaper et al., 2018). Neuronal firing is also significantly modulated at the sensory ganglion level, where neuronal bodies are surrounded and wrapped by resident satellite glial cells (SCGs), which become activated upon inflammation or nerve damage (Donegan et al., 2013; Magni et al., 2015), release neurotransmitters and chemical mediators and contribute to neuronal sensitization (Spray & Hanani, 2019). On the other way round, both CNS and PNS sensitized neurons increase their firing and release of neurotransmitters and neuromodulators that act paracrinally on glial cells, giving rise to a vicious and autoamplifying circle. Glial cells become permanently activated as demonstrated both in animal models of chronic pain and in patients (Loggia et al., 2015).

In order to identify new potentially “druggable” targets, research is now focusing on the identification of the whole network of molecules involved in neuron-to-glia communication in pain. In this scenario, multiple adenosine and nucleotide receptors are expressed by glial cells involved in pain transmission (for review see Burnstock, 2017; Magni et al., 2018; Magni & Ceruti, 2019), and their pharmacological modulation could represent an innovative analgesic strategy. In the next sections we shall contribute with our point of view on the role of P2 nucleotide and P1 adenosine receptors expressed by glial cells in modulating pain transmission, with the aim of identifying new

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Abbreviations: Cl-IB-MECA, 1-[2-Chloro-6-[[[(3-iodophenyl)methyl]amino]-9H-purin-9-yl]-1-deoxy-N-methyl-β-D-ribofuranuronamide; DRG, dorsal root ganglia; IB-MECA, 1-Deoxy-1-[6-[[[(3-iodophenyl)methyl]amino]-9H-purin-9-yl]-N-methyl-β-D-ribofuranuronamide; MRS5698, (1S,2R,3S,4R,5S)-4-[6-[[[(3-Chlorophenyl)methyl]amino]-2-[2-(3,4-difluorophenyl)ethynyl]-9H-purin-9-yl]-2,3-dihydroxy-N-methylbicyclo[3.1.0]hexane-1-carboxamide; MRS5980, (1S,2R,3S,4R,5S)-4-(2-((5-Chlorothiophen-2-yl)ethynyl)-6-(methylamino)-9H-purin-9-yl)-2,3-dihydroxy-N-methylbicyclo[3.1.0]hexane-1-carboxamide.

and more effective approaches to painful conditions with respect to currently available drugs, which mostly target neurons.

PURINERGIC AGENTS TARGETING GLIAL CELLS TO TREAT PAIN: WHAT IS CURRENTLY KNOWN

Nucleotide Receptors as Key Modulators of Glia Reaction to Injury and Inflammation

Microglial cells are physiological guardians and modulators of neuronal activity, which can protect brain tissue from excessive neuronal firing. This fundamental function is mostly achieved by the ability of microglia to sense ADP, generated by the rapid breakdown of neuronal ATP released as cotransmitter, through membrane P2Y₁₂ receptors which in turn control microglia chemotaxis and process dynamics (Badimon et al., 2020) and triggers a cascade of inhibitory events on neurons (Merlini et al., 2021). However, under chronic inflammatory conditions, in the presence of nerve injury or in chronic migraine, microglia become overactivated and shift toward a detrimental state, which involves overexpressed P2Y₁₂ receptors (Jing et al., 2019; Yu et al., 2019). Thus, P2Y₁₂ selective antagonists (i.e., thienopyridines cangrelor and prasugrel and the more recent nonthienopyridine Ticagrelor), which have been utilized for decades as antiplatelet agents, represent the starting point for the development of a microglia-mediated approach to chronic pain. Actually, a reduction of migraine headache symptoms was observed in patients with patent foramen ovale receiving thienopyridines as antiplatelet therapy (Sommer et al., 2018). These data would need additional confirmations to be exploited in migraine of different origin. Interestingly, P2Y₁₂ receptors are only expressed by SGCs in sensory ganglia upon nerve injury and their inhibition reduced mechanical and heat hypersensitivity (Sugawara et al., 2017), thus confirming P2Y₁₂-mediated pro-allopathic actions in various painful conditions. Other members of the G protein-coupled P2Y receptor family expressed by SGCs are recruited in chronic pain, including the P2Y₁₄ (Lin et al., 2019) and the P2Y₂ subtypes (Magni et al., 2015) and likely represent additional interesting targets.

The pivotal role played by ionotropic P2X₄ nucleotide receptors in promoting neuronal sensitization after nerve injury has been firmly established over the past 20 years. As mentioned above, nerve injury triggers a complex signaling pathway leading to receptor upregulation in microglia, which in turn promotes the release of BDNF sensitizing second order neurons and causing the development of allodynia, as extensively reviewed elsewhere (Inoue, 2019). It is worth mentioning that the involvement of microglial P2X₄ receptors in pain is sexually dimorphic, occurring in males and not in females (Tam & Salter, 2020), thus adding further complexity to an already complex scenario and suggesting the issue of sex must be taken into serious consideration in clinical trials.

Upregulation of brainstem microglial P2X₄ receptors, which in turn promotes the release of pro-allopathic CGRP, has been

also observed in a mouse model of migraine triggered by the recurrent administration of nitroglycerin (Long et al., 2020). Interestingly, novel discoveries have demonstrated a dual neuronal and microglial localization for P2X₄ receptors (with controversial data in astrocytes and oligodendrocytes), which are mainly found intracellularly under physiological conditions but whose membrane expression is fostered by pathological stimuli (Duveau et al., 2020). Although the lack of really selective pharmacological tools has sometimes slowed down the discrimination between neuronal and glial P2X₄-mediated effects, increased nucleotide concentrations and receptor expression make it possible to foresee a targeted action of P2X₄ ligands at sites of pathological neuron-glia crosstalk.

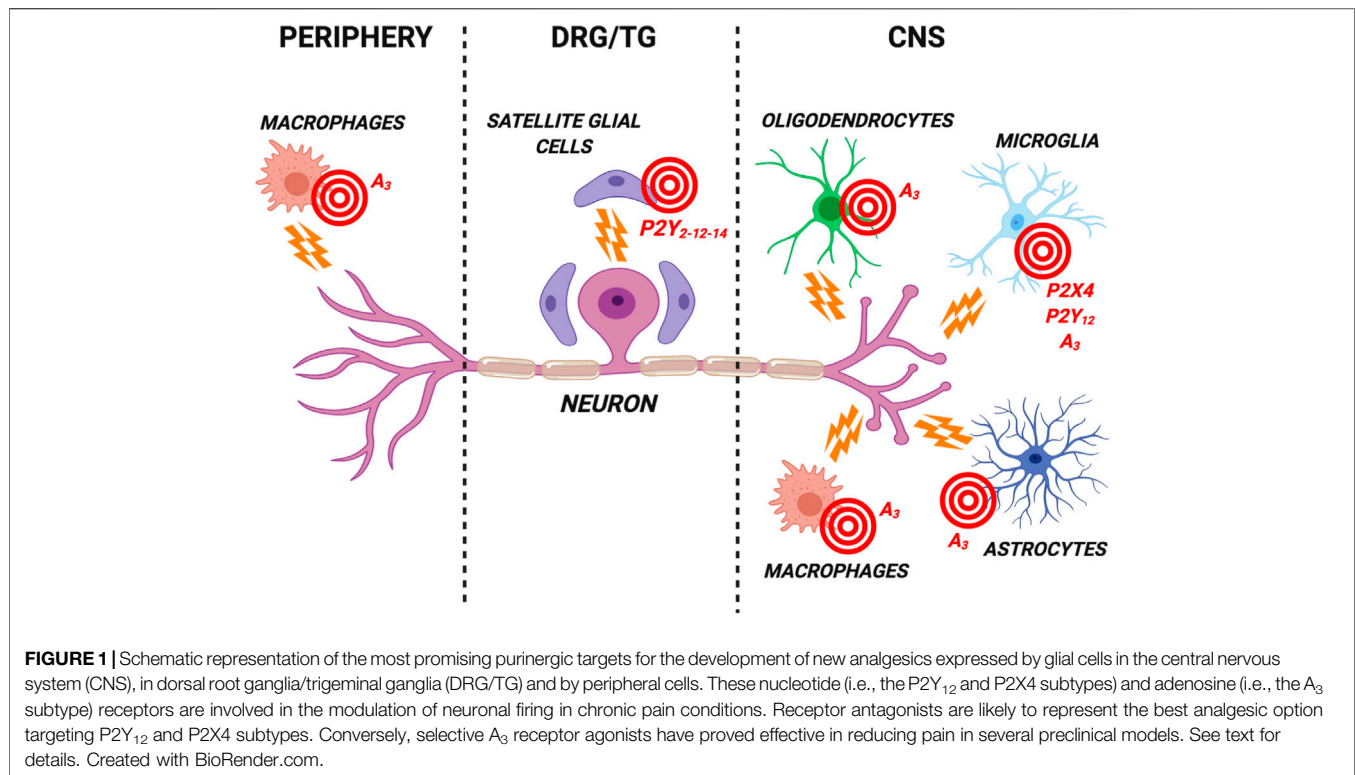
Finally, it has been known for years that nucleotide receptors orchestrate reactive astrogliosis (for review see: Franke & Illes, 2014), but their role in chronic pain has not been clarified yet.

The Emerging Role for Adenosine in Pain Modulation

Despite adenosine has been long considered as a simple neuromodulator with the main role to counterbalance and fine-tune nucleotide-mediated actions (Chen et al., 2013), this view has been progressively integrated with the demonstration that adenosine receptors, widely expressed throughout the body, play fundamental roles in many physiological and pathological conditions (Borea et al., 2018). This is particularly true for pathologies in which the local extracellular concentrations of nucleotides (and of their breakdown products nucleosides) rise several folds, such as tissue damage and hypoxia, but also during increased neuronal firing as in epilepsy and chronic pain. Many clinical trials involving adenosine receptor ligands have been carried out so far in various pathological conditions, but only a few compounds have been approved since 1990, i.e., the A_{2A} receptor agonist Regadenoson as pharmacological stress agent for myocardial perfusion imaging (MPI) and the selective A_{2A} receptor antagonist Istradefylline as an add-on to levodopa/carbidopa treatment for Parkinson's disease (Jacobson et al., 2019; Chen & Cunha, 2020).

Concerning pain, adenosine receptors are expressed by glial cells and participate to their communication with neurons both in the CNS and in peripheral ganglia (Agostinho et al., 2020). Therefore, these receptors undoubtedly represent a promising approach to manage pain conditions characterized by a dysregulated cross-talk among different cell types. Available and sometimes contradictory data on the antinociceptive effects exerted by the administration of adenosine ligands in several preclinical models of acute and chronic pain have been recently extensively reviewed (Vincenzi et al., 2020). We shall now briefly highlight the most promising hints for their possible exploitation in humans as well.

The very first hypothesis of a contribution of adenosine receptors in pain was based on the role of the A₁ and A_{2A} subtypes but, despite their efficacy in preclinical studies, selective agonists could not be included in clinical trials due to significant cardiovascular side effects (Jacobson et al., 2020). Nowadays, the most promising compounds under



development are A₃ receptor agonists: preclinical data showed that they are able to revert signaling dysregulation in cancer, autoimmune disorders and different pain conditions (Doyle et al., 2020). When compared to A₁ and A_{2A} receptors, A₃ receptors have low CNS expression levels, but are highly expressed in human immune and glial cells, including astrocytes, oligodendrocytes, microglia/macrophages and endothelial cells (Zhang et al., 2016), i.e., cell populations that are mostly involved in chronic painful conditions. In the last five years, the A₃ receptor subtype has progressively emerged as innovative target for the control of pain, also thanks to the availability of selective pharmacological modulators, starting from IB-MECA and Cl-IB-MECA up to new more selective and potent agonists, including MRS5698 and MRS5980, which proved their efficacy in preclinical models of pain, including formalin-induced inflammatory pain and diabetic neuropathy (Magni et al., 2018; Jacobson et al., 2019; 2020).

Noteworthy, it has been demonstrated that dysregulation of A₃ adenosine receptors recruitment is at the basis of chemotherapy-induced pain (Wahlman et al., 2018), but A₃ receptor agonists do not interfere with antitumor effects of widely used chemotherapeutics; rather, they act as antitumor agents themselves. In fact, Cl-IB-MECA is currently in Phase II clinical trials for hepatocellular carcinoma as anticancer agent, and evidence suggest that activation of A₃ receptors could provide dual benefits in the treatment of a variety of cancer-related pain states (Jacobson et al., 2020). As for chronic pain states, A₃ agonists can be used as a monotherapy or in

combination with opioids to improve their safety and efficacy against chronic pain, without reducing opioid's antinociceptive effects (Doyle et al., 2020). Taken together, available data strongly support the further development of selective A₃ receptor agonists for the treatment of different types of pain syndromes.

CONCLUSION

As for most of the discoveries on the purinergic system, the hypothesis of a purinergic modulation of pain plunges its roots in the intuitions of Geoffrey Burnstock who highlighted the P2X₃ neuronal subtype as one of the fundamental receptors controlling visceral, inflammatory and neuropathic pain (Jarvis, 2020). However, several P2X₃-selective antagonists have failed in clinical trials possibly due to limited bioavailability and difficulties in reaching effective concentrations at the site of action. Gefapixant, one recently developed compound which has been named after Geoff who contributed to its development, is currently undergoing clinical trials for chronic cough (Jarvis, 2020), thus confirming the key contribution of nucleotide receptors to sensory transmission. The main difficulty in translating exciting preclinical data summarized above on the purinergic modulation of glial cells to effective drugs (**Figure 1**) resides in the high complexity of this signaling system, on its intrinsic variability among different species, on its huge numbers of ligands, enzymes, transporters and receptor subtypes with a widespread expression which play key roles in many

physiopathological conditions, thus leading to possible side effects. One recent example is represented by the demonstration that A₁ receptors expressed by SCGs in rat DRGs reversed inflammation-induced mechanical allodynia (Xie et al., 2020). The use of agents targeting this receptor subtype would necessarily face the appearance of significant cardiovascular side effects, as long as locally-acting ligands or drug delivery strategies are applied. The use of allosteric modulators and/or partial agonists would be an additional strategy to selectively target receptors at affected sites.

Overall, the development of the first “purinergic analgesic” could be accelerated by already ongoing clinical studies for different indications. For example, selective and potent A₃ adenosine receptor agonists are currently undergoing clinical trials for psoriasis (Phase III; Piclidenoson, CanFite BioPharma) and liver diseases (Phase II; Namodenoson, CanFite BioPharma). A phase I clinical trial with the P2X₄ antagonist NC-2600 has been recently concluded by Nippon Chemiphar, showing safety and no serious side effects. Finally, novel pharmacological entities have now started to emerge which could overcome the evident difficulties in the successful delivery of “classical” chemical ligands. Monoclonal antibodies acting on human and mouse P2X₄ have been synthesized showing

enhanced blood-brain barrier permeability and which can be systemically delivered (Williams et al., 2019). The observed long-lasting analgesic effect in mouse models of neuropathic pain gives hope for their future clinical exploitation.

AUTHOR CONTRIBUTIONS

GM (ORCID id: 0000-0003-0995-8947) drafted the Introduction and adenosine sections, and prepared **Figure 1**. SC drafted nucleotide and Conclusions sections and revised the whole manuscript. Both authors approved the final version of the paper.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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