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**First ultrastructural autoptic findings of SARS-Cov-2 in olfactory pathways and brainstem**

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SARS-Cov-2 infection determines neurological signs in 36.4 % of the patients, usually starting with smell and taste disorders, later including dizziness, headache, impaired consciousness, acute cerebrovascular disease, ataxia, and seizures<sup>1</sup>. Respiratory dyssynergia is a distinctive neurological symptom potentially occurring in invasively ventilated patients and that can compromise the return to spontaneous breathing<sup>2</sup>. Hypotheses that can explain the onset of neurological signs include: a) direct viral invasion of the brain through the olfactory mucosa and the olfactory pathways; b) viral invasion via retrograde routing from the lungs through the vagal nerve to the medullary cardiorespiratory center in the brainstem<sup>2</sup>; c) viral invasion through the bloodstream. Conversely, some neurological signs - especially respiratory dyssynergia - could be related to hypoxia and metabolic alterations consequent to the Acute Respiratory Distress Syndrome (ARDS).

Autopsies from China reported brain hyperemia, edema and neuron degeneration<sup>3</sup>, and SARS-CoV-2 was observed in the spinal fluid<sup>4</sup> and in the frontal lobe<sup>5</sup> of two affected patients. However, conclusive demonstrations of how SARS-CoV-2 reaches the CNS are missing, and there is no evidence from pathology of the presence of SARS-CoV-2 in the olfactory pathways and brainstem as of today, which can justify the symptoms presumably related to these structures.

Our observations are based on a 54-year-old male who was admitted with fever, anosmia, dysgeusia, headache, a possible seizure, and severe ARDS, due to SARS-CoV-2 [RT-PCR]. He was moved to the intensive care unit 10 days later, where he received mechanical ventilation, sedation, and paralysis. Upon withdrawal of sedation and paralysis the patient became profoundly agitated with severe ventilator asynchronies such as ineffective efforts and double cycling, that required deep sedation, and paralysis. The patient died after 19 days.

Autopsy was performed within three hours from death, assuring very good quality of the specimens. We performed ultrastructural analysis of three different anatomic regions: the olfactory nerve, the gyrus rectus and the brainstem at the level of the medulla oblongata. We observed severe and widespread tissue damage, involving the neurons, glia, nerve axons, and myelin sheath. Notably, we

observed numerous particles referable to virions of SARS-Cov-2 (fig.1). The damages we observed were progressively more severe from the olfactory nerve to the gyrus rectus and to the brainstem. These findings support the hypothesis of a direct invasion of the virus that enters through the olfactory mucosa. The damages of the brainstem could justify the specific respiratory dyssynergia presented by this patient.

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## **NOTES**

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## **Figure 1 legend**

**Figure. 1.** Neurologic damage in SARS-CoV-2 infection. Ultrastructure of the: medulla oblongata (A-C); gyrus rectus (D-E); olfactory nerve (F). **A.** Marked axonal damage at the medulla oblongata, with irregular axonal swelling and disarrangement of the myelin sheath. The damage appears to be widespread. **B.** A spherical particle with size suspicious for a viral particle (red box) is observed in the periaxonal matrix near the outer surface of a myelin sheath. **C.** Magnification of the red box area in B: the spherical particle (~98 nm) has a crown shape with a dense inner core and electron-dense periphery with small external projections. A small roundish electron-dense structure is detected in the center of the particle. This morphology is compatible to that of SARS-CoV-2. **D.** The image shows a neuron of the gyrus rectus, as demonstrated also by the presence of a nucleolus at the center of the euchromatic nucleus; numerous phenomena of autophagy in the cytoplasm (arrows) suggest cell damage. **E.** Magnification of the red box area in D, showing a viral-like particle of 160 nm (arrowhead). Black arrows indicate two well preserved mitochondria; red arrows show the typical double nuclear envelope of the neuron. The good ultrastructural preservation of these organelles demonstrates adequate methods of collection and fixation, and suggests that the tissue damage is related to the viral infection. **F.** Severe tissue damage in the olfactory nerve: the oval structure is difficult to identify, and is characterized by extensive phenomena of autophagy with markedly electron-dense peripheral aggregates (arrows) (Images by Unitech NO LIMITS).

