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First detection of anti-Besnoitia spp. specific antibodies in horses and donkeys in Italy.

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Abstract

Among Apicomplexa protozoa infecting equids, Besnoitia spp., Toxoplasma gondii and Neospora

spp. represent important issues from a sanitary and zootechnical viewpoint. However, only scarce

epidemiological data are available on the spread of the infections in horses and donkeys in Europe.

Therefore, a serosurvey was planned to estimate the prevalence of these Sarcocystidae species in

Italian equids. Serum samples from 268 horses and 18 donkeys raised in Italy were collected and

serologically analyzed to detect anti-Besnoitia spp., anti-T. gondii and anti-Neospora spp.

antibodies: an approach based on an initial screening by in-house ELISA followed by a

confirmatory WB was used. Two horses (0.7%) and four donkeys (22.2%), showed antibodies anti-

Besnoitia spp. Ten horses (3.7%) resulted positive to T. gondii and one of these (0.4%) was

seropositive also to *Neospora* spp. This is the first detection of anti-*Besnoitia* spp. specific

antibodies in Italian horses and donkeys. The study confirmed the circulation of Besnoitia spp.

among equids in Europe. Low prevalence of T. gondii and Neospora spp. in horses raised in Italy

was reported. Nevertheless, it is noteworthy to consider that consumption of horse meat could

represent a source for human toxoplasmosis.

Keywords:

Besnoitia spp.; Toxoplasma gondii; Neospora spp.; Equids; Italy.

In equids, infections by Apicomplexa protozoa are of concern from a veterinary and zootechnical viewpoint: particularly, Besnoitia spp., Toxoplasma gondii and Neospora spp. were reported to affect both horses and donkeys. Besnoitiosis in equids, caused by Besnoitia bennetti, is considered an emerging disease of donkeys in the United States [1]. Besnoitia spp. specific antibodies were detected for the first time in Europe in equids from areas where bovine besnoitiosis is endemic in Spain [2]. The infection was never explored in Italian equids, even if outbreaks of the disease in cattle were recently diagnosed in Northern regions [3,4]. Anti-T. gondii antibodies were demonstrated in both species in serological surveys worldwide, although there is not any confirmed report of clinical disease in equids [5]. On the contrary, Neospora hughesi is recognized as an etiological agent of the equine protozoal myeloencephalitis (EPM), an important neurological disease of horses [6]. Worldwide, a range of seroprevalence values between <1 and 65.6% and between 0 and 85.7% was reported for T. gondii and Neospora spp. infections in equids, respectively [5,6]. In Italy, the presence of antibodies anti-T. gondii (3-8%) and anti-Neospora spp. (2.3-28%) has been reported in equids reared in Southern Italy [7,8,9,10]. In Northern Italy data are limited to T. gondii infection in horses destined for human consumption (17.6%) [11], although the presence of the parasite in this area was recently reported in other domestic and wild species [12,13,14,15]. Therefore, the study aimed to contribute to the knowledge of Besnoitia spp., T. gondii and Neospora spp. by estimating their seroprevalence in equids from Italy.

A minimum sample size of 246 horses was determined considering a population in Lombardy and Piedmont of 78490 animals (National Zootechnical Database, https://www.vetinfo.sanita.it/), a 20% expected prevalence, a 95% confidence interval and a 5% desired absolute precision. From April 2016 to March 2017, blood samples from 268 horses (*Equus caballus*) apparently healthy from 33 stables located in Northern Italy (Lombardy and Piedmont regions) were collected by puncturing of the jugular vein using a Vacutainer® sterile collection system and preserved refrigerated in tubes without anticoagulants during the transportation to the laboratory. Once in laboratory, sera were separated by centrifugation (2120 g, 15 min) and then stored at -20 °C until serological analysis.

Moreover, serum samples from 18 donkeys (Equus asinus) previously referred to the laboratory for routine parasitological examinations were also included in the study. Epidemiological data were collected interviewing the owners at sampling times; to avoid bias in the data collection, farms were visited by the same investigator. To detect anti-Besnoitia spp., anti-T. gondii and anti-Neospora spp. antibodies, all serum samples were initially screened by ELISA; subsequently, positive results were confirmed by Western Blot (WB), as recommended [2,16,17]. For both serological tests, antigens of B. besnoiti and N. caninum originally isolated from cattle were used, because strong cross reactions with the respective species infecting equids (B. bennetti and N. hughesi) were demonstrated [2]. An 'in-house' indirect ELISA was used to detect antibodies of Besnoitia spp., T. gondii and Neospora spp. in serum samples, as previously described [2,17,18]. A blocking solution of Phosphate Buffered Saline (PBS) containing 0.05% Tween 20 and 5% Bovine Serum Albumin was used; Protein G (recombinant peroxidase labeled, Sigma-Aldrich®, Saint Louis, USA) diluted at 1:1500 was used as conjugate. Absorbance was measured as Optical Density (OD) values at 405nm using a microplate reader. Samples were analyzed in duplicate and the mean value of the OD was converted into a relative index per cent (RIPC) using the following formula: RIPC=(OD sample-OD negative control)/(OD positive control-OD negative control)×100. For each pathogen, the cut-off value was calculated as the mean plus three standard deviations of RIPC values considering a panel of negative control sera (n=20). For T. gondii, serum samples from horses previously referred to the laboratory for diagnostic purposes, were analyzed using a commercial indirect immunofluorescence antibody assay (IFAT), according to Gazzonis et al. [12], using a FITC anti-horse IgG (MegaCor Diagnostik, Horbranz, Austria) as conjugate and considering 1:20 dilution as the cut-off [11]. For Neospora spp. and Besnoitia spp., negative sera previously analyzed were included in the panels [2]. Samples having a RIPC value higher than 12.3, 18.7 and 21.5 were considered ELISA-positive results respectively for Besnoitia spp., T. gondii and Neospora spp. and then submitted to confirmatory WB, performed and interpreted as previously described [19,20,21]. A total of $4x10^7$ B. besnoiti tachyzoites under non-reducing condition and $2x10^7$ T. gondii- and N.

caninum tachyzoites under reducing condition were employed for electrophoresis. Tachyzoite antigens were transferred to nitrocellulose membranes and incubated with sera from horses and donkeys at a 1:20 dilution, followed by a peroxidase-conjugated anti-horse IgG (H + L) antibody diluted at 1:1500 (INGENASA®, Madrid, Spain). For both serological tests, positive and negative control sera were included. In particular, for *T. gondii*, ovine positive and negative control sera were employed; for *Neospora* spp. and *Besnoitia* spp., both equine (horse and donkey, respectively) and bovine control sera were used [2].

The presence of anti-*Besnoitia* spp. antibodies was demonstrated by ELISA in 21 horses and in four donkeys. Antibodies against *T. gondii* and *Neospora* spp. were detected in 19 and 22 horses, respectively. Seropositivity against *Besnoitia* spp. was confirmed by WB in six equids, specifically four donkeys and two horses. WB analysis confirmed seropositivity to *T. gondii* in ten horses and to *Neospora* spp. only in one horse, contemporary infected also by *T. gondii* (Tab. 1, Supplementary Fig. 1-2). Seroprevalence of the investigated parasites in different cohorts of the examined equids are reported in Tab. 2. Individual and managerial data regarding the seropositive animals are reported in Supplementary Tab. 1.

The present study provided serological data on selected cystogenic coccidia in Italian equids, for which only scarce data are available in Europe. This is the first detection of anti-Besnoitia spp. specific antibodies in Italian horses and donkeys. Moreover, the circulation of *T. gondii* and *Neospora* spp. was confirmed in horses raised in Italy. European countries should be aware of these parasitic diseases. Surveillance should be implemented; harmonized diagnostic procedures and standardized techniques are needed in order to get comparable results and infer reliable conclusions. The diagnostic approach used in this study consisted of an initial screening by ELISA followed by a confirmatory WB: the use of a confirmatory technique is recommended due to the possibility of cross-reactions between closely related Apicomplexa, i.e. *T. gondii*, *Neospora* spp., *Besnoitia* spp. and *Sarcocystis* spp. [16]. In this study, six equids resulted positive to *Besnoitia* spp., with an overall seroprevalence of 2.1% (0.7% in horses and 22.2% in donkeys). Seropositive horses were

raised in two farms in the south-western part of the study area, where outbreaks of bovine besnoitiosis were recently reported [3,4]; besides, it is noteworthy consider that in this area cattle are more frequently maintained on extensive pasture, in contrast to the Po Valley, where animals are kept mainly in intensive farms. Concerning Besnoitia spp. infected donkeys, these animals came from both northern and southern areas: interestingly, in all these farms the co-presence of other species, in particular domestic ruminants, was reported. Other countries where there are cases of bovine besnoitiosis should consider the possibility that also equids could be seropositive to Besnoitia spp. Indeed, Besnoitia spp. specific antibodies were recently detected in Spanish equids [2] with a seroprevalence of 7.1% in areas where bovine besnoitiosis is endemic. Similar to the present study, also in Spain the seroprevalence of Besnoitia spp. infection was higher in donkeys (15.3%) than in horses (2.9%); however, a higher susceptibility of donkeys for *Besnoitia* spp. infection was not demonstrated. Considering individual data, anti-Besnoitia spp. antibodies were found only in animals older than 5 years. Furthermore, equids housed only outdoor and without box resulted more infected with Besnoitia spp., probably because these animals could be at greater risk of exposure to the bite of vector insects. Outside of Europe, Besnoitia spp. infections in equids were attributed to B. bennetti in sub-Saharan countries and in the United States besnoitiosis is considered an emerging disease of donkeys [1]. Molecular studies would be advisable to clarify which Besnoitia species is involved in the infection of Italian horses and donkeys. Concerning T. gondii infection, ten horses were positive to the parasite, resulting a prevalence of 3.7%; whereas no donkey showed antibodies against T. gondii. Epidemiological studies conducted in Southern Italy using IFAT reported a seroprevalence of 3% in horses [10] and 8% in donkeys [9]. A similar seroprevalence of T. gondii infection in equids (2-4%) was reported in Greece and in Switzerland; in other European countries a range of prevalence between 7 and 23% was reported [5]. All seropositive horses examined in the present study were apparently healthy; in fact, there is no evidence that T. gondii causes clinical disease in equids and confirmed cases of clinical toxoplasmosis were never reported in horses and/or donkeys worldwide [5]. Considering individual

data, regarding age, the parasite infection was more prevalent in the categories of young (0-4 years old) and older horses (>15 years old), suggesting both a vertical transmission, but also a higher risk of exposure to the parasite (horizontal transmission) with the increase of the age of the animals [11]. Besides, horses kept only outdoor and not recovered indoor neither during the night presented a higher T. gondii seroprevalence. Furthermore, it is noteworthy that horses bred for reproduction were more infected with T. gondii than sport horses. Farming is a significant risk factor for T. gondii infection in horses, because it is an activity that keeps the animals close to a potencial contaminated environment [5]. On the contrary, horses used for sport purposes are animals of considerable economic value, and for this reason they are usually more carefully managed. Since a part of the sampled horses was bred for meat production and of these some resulted positive to the parasite infection (6/63; 9.5%), it is noteworthy to consider the importance of T. gondii as zoonotic agent: indeed, the consumption of raw or undercooked horse meat represent a possible source of T. gondii infection for humans. Although prevalence is lower in horses when compared to other species such as small ruminants and domestic and wild pigs [12,14,15] and the burden of tissue cysts is less consistent if compared to pigs, horse meat is often used for preparation of dishes containing raw meat, therefore also equids could represent a risk of parasite infection for humans. Regarding the relationship between detection of antibodies and presence of T. gondii tissue cysts in meat, only limited studies are available for horses and data suggest a lack of concordance [22]. For this reason, it is underlined the need of monitoring and surveillance of T. gondii in equine meat for human consumption to correctly assess the consequent risk of transmission of toxoplasmosis, with both serological and molecular techniques. Only one horse was confirmed positive to Neospora spp., with a prevalence of 0.4%; none of the donkeys resulted positive to the parasite. The rate of infection resulted lower when compared to studies recently conducted in Southern Italy, where values of prevalence of 2.3 and 28% in horses [7,10] and a prevalence of 11.8% in donkeys [8] were reported. A similar seroprevalence of *Neospora* infection (0.4%) was reported in healthy horses from the Czech Republic; other studies conducted in different European countries revealed a

range of prevalence between approximately 1 and 10% [6]. The positive horse, a 25 years old stud bred for reproduction and kept in pasture throughout the year, did not show clinical signs of neosporosis; in fact, the detection of *Neospora* spp. specific antibodies does not confirm the diagnosis of EPM, since the disease occurs only in a small proportion of infected horses. Besides, this horse was also co-infected by *T. gondii*. Further studies focused on the molecular characterization of *Neospora* spp. are necessary to determinate which species circulate in Italian equids. The study reported the first detection of *Besnoitia* spp. specific antibodies in horses and donkeys from Italy and confirmed the circulation of *Besnoitia* spp. among equids in Europe only recently evidenced. Low prevalence of *T. gondii* and *Neospora* spp. in horses raised in Italy was also recorded. The results emphasized both the risk for humans to acquire toxoplasmosis through horse meat consumption and the need of further studies to investigate the epidemiology and also for the isolation and molecular characterization of the species of Sarcocystidae infecting Italian equids.

Ethical statement

All procedures for collection of biological specimens from live animals were accomplished following good clinical practices in the respect of animal welfare according to current legislation. The study was conducted with the approval of Institutional Animal Care and Use Committee of Università degli Studi di Milano (Permission OPBA_34_2017).

Conflict of interest statement

The authors declare they have no conflict of interest.

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Table 1 Seropositivity to *Besnoitia* spp., *Toxoplasma gondii* and *Neospora* spp. in ELISA and Western Blot (WB) in 268 horses and 18 donkeys examined.

		Overall		Horses		Donkeys	
		ELISA	WB	ELISA	WB	ELISA	WB
Besnoitia spp.	Pos/Ex ^a P% ^b	25/286 8.7	6/286 2.1	21/268 7.8	2/268 0.7	4/18 22.2	4/18 22.2
	(95% CI) ^c	(6-12.6)	(1-4.5)	(5.2-11.7)	(0.2-2.7)	(9-45.2)	(9-45.2)
Toxoplasma gondii	Pos/Ex a	19/286	10/286	19/268	10/268	0/18	0/18
	P% ^b (95% CI) ^c	6.6 (4.3-10.1)	3.5 (1.9-6.3)	7.1 (4.6-10.8)	3.7 (2-6.7)	0 (0-17.6)	0 (0-17.6)
Neospora spp.	Pos/Ex ^a P% ^b	22/286 7.7	1/286 0.3	22/268 8.2	1/268 0.4	0/18	0/18
	(95% CI) ^c	(5.1-11.4)	(0.1-1.9)	(5.5-12.1)	(0.1-2.1)	(0-17.6)	(0-17.6)

^a Pos/Ex, Positive/Executed, ^b P%, Prevalence %, ^c 95% CI, 95% Confidence interval.

Table 2Seropositivity to *Besnoitia* spp., *Toxoplasma gondii* and *Neospora* spp. in examined horses and donkeys related to considered individual and managerial data.

Variable	Category	Besnoitia spp.		T. gondii		Neospora spp.	
		Pos/Ex ^a	P% (95% CI) b	Pos/Ex ^a	P% (95% CI) b	Pos/Ex	P% (95% CI) b
Species	Donkeys	4/18	22.2 (9-45.21)	0/18	0 (0-17.59)	0/18	0 (0-17.59)
	Horses	2/268	0.7 (0.21-2.69)	10/268	3.7 (2.04-6.73)	1/268	0.4 (0.06-2.08)
Gender	Male	2/146	1.4 (0.38-4.86)	8/146	5.5 (2.8-10.44)	1/146	0.7 (0.12-3.77)
	Female	4/140	2.9 (1.12-7.12)	2/140	1.4 (0.39-5.06)	0/140	0 (0-2.67)
Neutered	Yes	1/97	1 (0.18-5.61)	2/97	2.1 (0.57-7.21)	0/97	0 (0-3.81)
	No	5/184	2.7 (1.17-6.21)	8/184	4.3 (2.22-8.35)	1/184	0.5 (0.09-3.01)
Age (years)	0-4	0/92	0 (0-4.01)	5/92	5.4 (2.34-12.09)	0/92	0 (0-4.01)
	5-10	1/67	1.5 (0.26-7.98)	0/67	0 (0-5.42)	0/67	0 (0-5.42)
	11-15	3/46	6.5 (2.24-17.5)	1/46	2.2 (0.38-11.33)	0/46	0 (0-7.71)
	>15	2/81	2.5 (0.68-8.56)	4/81	4.9 (1.94-12.02)	1/81	1.2 (0.22-6.66)
Attitude	Reproduction	0/63	0 (0-5.75)	6/63	9.5 (4.44-19.26)	1/63	1.6 (0.28-8.46)
	Companion	2/32	6.2 (1.73-20.15)	0/32	0 (0-10.72)	0/32	0 (0-10.72)
	Hippo- onotherapy	2/13	15.4 (4.32-42.23)	0/13	0 (0-22.81)	0/13	0 (0-22.81)
	Walking	1/33	3 (0.54-15.32)	0/33	0 (0-10.43)	0/33	0 (0-10.43)
	Showjumper	1/19	5.3 (0.93-24.63)	0/19	0 (0-16.82)	0/19	0 (0-16.82)
	Saddle	0/112	0 (0-3.32)	2/112	1.8 (0.49-6.28)	0/112	0 (0-3.32)
	School	0/14	0 (0-21.53)	2/14	14.3 (4.01-39.95)	0/14	0 (0-21.53)
Box	Yes	3/202	1.5 (0.51-4.28)	4/202	2 (0.77-4.98)	0/202	0 (0-1.87)
	No	3/84	3.6 (1.22-9.98)	6/84	7.14 (3.31-14.72)	1/84	1.19 (0.21-6.44)
Housing	Only indoor	1/45	2.2 (0.39-11.56)	2/45	4.4 (1.23-14.82)	0/45	0 (0-7.87)
	Only outdoor	4/84	4.76 (1.87-11.61)	6/84	7.14 (3.31-14.72)	1/84	1.19 (0.21-6.44)
	Indoor in night	1/157	0.6 (0.11-3.52)	2/157	1.3 (0.35-4.52)	0/157	0 (0-2.39)
Paddock	Yes	5/237	2.1 (0.09-4.84)	8/237	3.4 (1.72-6.52)	1/237	0.4 (0.07-2.35)
	No	1/49	2 (0.36-10.69)	2/49	4.1 (1.13-13.71)	0/49	0 (0-7.27)
Bedding	Straw	1/69	1.4 (0.08-8.89)	0/69	0 (0-5.27)	0/69	0 (0-5.27)
	Wood shavings	1/103	9.7 (0.17-5.29)	4/103	3.9 (1.52-9.56)	0/103	0 (0-3.6)
	Ground	0/30	0 (0-11.35)	0/30	0 (0-11.35)	0/30	0 (0-11.35)
	No	4/84	4.8 (1.87-11-61)	6/84	7.1 (3.31-14.72)	1/84	1.2 (0.21-6.44)

^a Pos/Ex, Positive/Executed, ^b 95% CI, 95% Confidence interval.

Figure legends

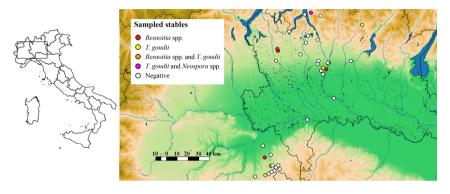
Supplementary Fig. 1. (a) Spatial distribution of stables of horses and donkeys located in Lombardy and Piedmont regions (Italy) included in the study. (b) Seropositivity to investigated Sarcocystidae is indicated with different symbols: square = Besnoitia spp., triangle = T. gondii, star = T. gondii and Besnoitia spp., diamond = T. gondii and Neospora spp., circle = negative.

Supplementary Fig. 2. Pattern of recognition of (a) *Besnoitia* spp., (b) *Toxoplasma gondii* and (c) *Neospora* spp. tachyzoite antigens in serum samples from naturally infected horses and donkeys by Western Blot.

Graphical abstract

Highlights

- Besnoitia spp., Toxoplasma gondii and Neospora spp. in horses and donkeys in Italy were investigated
- An approach based on an initial screening by in-house ELISA followed by a confirmatory
 Western Blot was used
- Two horses (0.7%) and four donkeys (22.2%) showed antibodies anti-Besnoitia spp.
- Ten horses (3.7%) resulted positive to *T. gondii*, one of which (0.4%) co-infected with *Neospora* spp.
- This is the first detection of anti-Besnoitia spp. specific antibodies in Italian horses and donkeys



Graphics Abstract

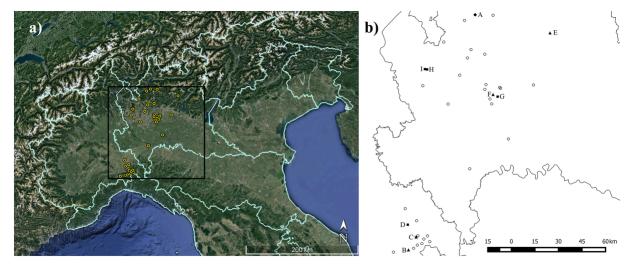


Figure 1

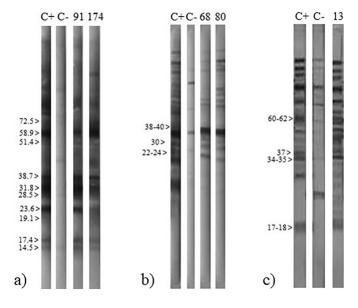


Figure 2