

# MicroRNAs of Equine Amniotic Mesenchymal Cell-derived Microvesicles and Their Involvement in Anti-inflammatory Processes

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## Abstract

Cell-derived microvesicles (MVs) are a recently discovered mechanism of cell-to-cell communication. Our previous data show that MVs secreted by equine amniotic mesenchymal-derived cells (AMCs) are involved in downregulation of proinflammatory genes in lipopolysaccharide-stressed equine tendon and endometrial cells. The aim of the present study was to evaluate whether AMC-MVs contain selected microRNAs (miRNAs) involved in inflammation. Two pools of cells, derived from 3 amniotic membranes each, and their respective MVs were collected. Small RNAs were extracted and deep sequenced, followed by miRNA *in silico* detection. The analysis identified 1,285 miRNAs, which were quantified both in AMCs and MVs. Among these miRNAs, 401 were classified as *Equus caballus* miRNAs, 257 were predicted by homology with other species (cow, sheep, and goat), and 627 were novel candidate miRNAs. Moreover, 146 miRNAs differentially expressed (DE) in AMCs and MVs were identified, 36 of which were known and the remaining were novel. Among the known DE miRNAs, 17 showed higher expression in MVs. Three of these were validated by real time polymerase chain reaction: eca-miR-26, eca-miR-146a, and eca-miR-223. Gene ontology analysis of validated targets showed that the DE miRNAs in cells and MVs could be involved both in immune system regulation by modulating interleukin signaling and in the inflammatory process. In conclusion, this study suggests a significant role of AMCs in modulating immune response through cell–cell communication via MV-shuttling miRNAs.

## Keywords

amniotic-derived cells, equine, shedding vesicles, miRNA

## Introduction

In cell therapy, for many years, mesenchymal stromal cells (MSCs) have been used for their action based on their ability to differentiate into reparative or replacement cell types, enhance the nutrient supply, and improve the survival and function of the endogenous cells via paracrine actions<sup>1–3</sup>. Considering the inhospitable environment of the lesion, due to the presence of inflammatory cells and molecules that lead to a premature death of stem cells used in cell therapy<sup>4</sup>, it is now suggested that paracrine signaling is mainly involved in repair. Indeed, some studies revealed that cell secretion alone, or conditioned *medium* (CM), without the stem cells themselves, led to tissue repair in various conditions that involve tissue/organ damage<sup>5–7</sup>. Each stem cell type, depending on its very typical nature, can secrete different factors including small soluble molecules (neurotransmitters, chemokines, cytokines, and hormones) that

could behave in a paracrine or in an endocrine manner<sup>8</sup>. However, some factors, such as nucleic acid, cannot span the membranes freely and a vehicle should be involved to facilitate

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the crossing. Microvesicles (MVs), which are released by cells into the extracellular environment<sup>9,10</sup>, have been supposed as shuttles of the functional components for MSC paracrine action. The MVs, or extracellular vesicles, are membrane-bound vesicles that transfer molecules such as lipids, proteins, and nucleic acids from one cell to another, thereby influencing the recipient cell function<sup>11,12</sup>. The MVs are classified in shedding vesicles, if released by budding of cell membrane, and exosomes that form in multivesicular bodies are released by exocytosis. These 2 kinds of MVs are also different in size: 30 to 120 nm for exosomes and 100 to 1,000 nm for shedding vesicles<sup>10</sup>. The MVs have been studied in several biological processes and are now characterized as novel mediators of intercellular communication both in healthy systems and during disease pathogenesis<sup>13</sup>. Their proregenerative role is described in several models of tissue regeneration including regeneration of the kidney<sup>10,14</sup>, heart<sup>15</sup>, liver<sup>16,17</sup>, and nervous tissues<sup>18</sup>. Many other studies have been performed on the ability of MVs to carry information between cells, with the aim of ameliorating a pathological situation. Some of these studies demonstrated that MVs from different cell sources have immunological properties, since they are able to differentially modulate T, B, and natural killer (NK) cell functions<sup>19</sup>.

Our research group tested the CM, derived from equine amniotic mesenchymal cells (AMCs), in the treatment of spontaneous tendon lesion in sport horses, showing angiogenic and healing properties mediated by paracrine mechanisms<sup>6</sup>. These results overlap with those previously obtained treating the same pathology with only AMCs<sup>20</sup>.

It is important to emphasize that the CM obtained by amniotic membrane holds the same *in vivo* potential of cells. On the contrary, bone marrow-derived cells and their CM exert immunomodulatory potential only if the cells are cultured in the presence of activating conditions<sup>21</sup>. This increases the interest for the therapeutic potential of amniotic-derived cells based on their paracrine effects and on their released factors. Indeed, to understand the same therapeutic effects in the absence of cells, Lange-Consiglio et al.<sup>22</sup> verified the presence and the type of MVs secreted by AMCs and classified these MVs as shedding vesicles. Then, they tested the action of AMC-MVs on tendon and endometrial cells stressed *in vitro* by lipopolysaccharide (LPS). They observed the incorporation of labeled MVs within both cell lines, the downregulation of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin 6 (IL-6), *IL-1 $\beta$* , matrix metalloproteinase-1 (MMP-1), and *MMP-13* genes and the restoration of transforming growth factor- $\beta$  (TGF- $\beta$ ) expression<sup>22,23</sup>. Undoubtedly, MVs and their cargo play key roles in these effects, but the exact mechanisms regarding the interaction of MVs and the injured tissues need further investigation. The main question to explain all these data is "how do MVs act?" One of the most attractive characteristics of MVs is their ability to transfer RNAs (tRNAs) from one cell to another, thereby allowing the transferred RNAs to affect the target cells. In recent years, a remarkable finding demonstrated that MV-contained

mRNAs could be transferred in recipient cells and translated into proteins<sup>9,24</sup>. Furthermore, MVs containing RNAs have been shown to be transferred from MSCs to injured cells and to contribute to tissue recovery<sup>25</sup>. Additionally, in 2010, MVs were shown to transfer microRNAs (miRNAs) between cells, and these miRNAs displayed RNA interference effects in the recipient cells<sup>26–28</sup>. This means that MVs may have a functional impact on the target cells through miRNA delivery. The miRNAs are a group of small (21–24 nt) noncoding RNAs that function as posttranscriptional regulators of gene expression by either triggering mRNA cleavage or repressing translation<sup>29–31</sup>. Cantaluppi et al.<sup>14</sup> reported that, in MVs derived from endothelial progenitor cells, specific enrichment of mRNAs involved in cell proliferation, transcription, and immune regulation was detected, providing an example of selective uptake of RNA species into MVs. The mechanism of mRNA and miRNA compartmentalization within MVs has not been clarified; however, it is possible that ribonucleoproteins, that mediate the fate of RNAs within the cells, could be involved<sup>32</sup>. The transfer of miRNAs by MVs could be important in tissue regeneration; indeed, the positive effect of these MVs is inhibited by the knockdown of Dicer, essential for miRNA processing<sup>14</sup>. These data indicate an important and potential role of MVs-transferred miRNA in stimulating tissue regeneration.

In this context, in addition to previous characterization of AMC-derived MVs<sup>22</sup>, the aim of this study was to comparatively investigate the miRNA content in AMCs and their MVs to assess if also in this cell line a compartmentalization of miRNAs involved in anti-inflammatory processes exists.

## Materials and Methods

Chemicals, cell culture media, and supplements were obtained from Sigma (Milano, Italy) unless otherwise specified, and tissue culture dishes were purchased from Euroclone (Milano, Italy).

### Tissue Collection and Cell Isolation

All procedures to collect allanto-amniotic membrane were conducted following standard veterinary practice and in accordance with 2010/63 European Union directive on animal protection and Italian Law (D.L. No. 116/1992). Allanto-amniotic membranes were obtained at term from normal pregnancies of 6 mares and amniotic cells were obtained as described by Lange-Consiglio et al.<sup>33</sup> Briefly, the amniotic membrane was stripped from the overlying allantois and cut into small pieces (about 9 cm<sup>2</sup> each) before starting the enzymatic digestion. Then, amnion fragments were incubated for 9 min at 38.5 °C in phosphate buffer saline (PBS) containing 2.4 U/mL dispase (Becton Dickinson, Milan, Italy). After a resting period (5–10 min) at room temperature in high-glucose Dulbecco's modified Eagle's medium (HG-DMEM; EuroClone), supplemented with 10% heat inactivated fetal bovine serum (FBS)

and 2 mM L-glutamine, the fragments were digested with 0.93 mg/mL collagenase type I and 20 mg/mL DNase (Roche, Mannheim, Germany) for approximately 3 h at 38.5 °C. The amnion fragments were removed, and mobilized cells were passed through a 100 mm cell strainer before being collected by centrifugation at 200× *g* for 10 min. Cells cultures were established in HG-DMEM supplemented with 10% FBS, penicillin (100 UI/mL)-streptomycin (100 mg/mL), 0.25 mg/mL amphotericin B, 2 mM L-glutamine, and 10 ng/mL epidermal growth factor (EGF). Amniotic cells were cultured and expanded to passage (P) 3 to obtain MVs. At the same passage, 2 million of AMCs from each amniotic membrane were washed in PBS, treated with Trizol solution (Invitrogen, Carlsbad, CA, USA) and stored at −80 °C until use.

### Isolation and Measurements of MVs

Microvesicles were obtained from the culture media of P3 AMCs cultured for a week with HG-DMEM supplemented with 10% MVs-deprived FBS, and overnight in HG-DMEM deprived of FBS and supplemented with 0.5% bovine serum albumin (BSA). The isolation and measurements of MVs were performed as previously described by Lange-Consiglio et al.<sup>22</sup> Briefly, the overnight culture media were centrifuged at 2,000*g* for 20 min to remove debris, then at 100,000*g* (Beckman Coulter Optima L-100 K ultracentrifuge) for 1 h at 4 °C. The pellet was washed in serum-free medium 199 containing N-2-hydroxyethyl-piperazine-N-2-ethanesulfonic acid (HEPES) 25 mM and submitted to a second ultracentrifugation under the same conditions. The final pellet was immediately resuspended in HG-DMEM, and a sample of the resuspended pellet was taken for measurement of MV size and concentration. The remaining pellet was treated with RNase, with 800 μL of Trizol solution, stored at −80 °C, and used for RNA extraction. Size and concentration of MVs were evaluated by the Nanosight LM10 instrument (Nanoparticle Tracking Analysis [NTA], Nano-Sight Ltd., Amesbury, United Kingdom), which permits discrimination of microparticles less than 1 μm in diameter. The software (NTA Version 2.0 analytic software) allows for the analysis of video images of particle movement under Brownian motion and the calculation of a diffusion coefficient, sphere equivalent, and hydrodynamic radius of particles by using the Stokes–Einstein equation.

### RNA Isolation

Samples for RNA isolation were represented by 2 pools of amniotic cells (each obtained by pooling 3 amniotic membranes) and by the 2 corresponding pools of MVs. Total RNA was isolated from isolate MVs and from cells. Total RNA was purified by NucleoSpin® miRNA kit (Macherey-Nagel, Germany), following the protocol in combination with TRIzol® (Invitrogen, Carlsbad, CA, USA) lysis with small and large RNA in 1 fraction (total RNA). Concentration and quality

of RNA were determined by Agilent 2100 Bioanalyzer (Santa Clara, CA, USA). The isolated RNAs were stored at −80 °C until use.

### Library Preparation and Sequencing

Four libraries were obtained either for MVs or cells, representing 2 different isolated pools and 2 technical replicates each. The libraries were prepared using TruSeq Small RNA Library Preparation kits, according to manufacturer's instructions (Illumina). Libraries were then purified on a Pippin Prep system (Sage Science, Beverly, MA, USA) to recover from 125 to 167 nt fraction containing mature miRNAs. The quality and yield after sample preparation were measured with an Agilent 2200 Tape Station, High Sensitivity D1000. The obtained libraries were quantified by Real Time PCR with KAPA Library Quantification Kits (Kapa Biosystems, Inc., Wilmington, MA, USA). Libraries were sequenced on a single lane of Illumina HiSeq 2000 (San Diego, CA, USA).

### miRNA Data Analysis

After quality check with FastQC (<http://www.bioinformatics.babraham.ac.uk/projects/fastqc/>) and trimming with Trimmomatic<sup>34</sup>. Illumina sequences were input to miRDeep2<sup>35</sup> for miRNA detection and discovery. *Equus caballus* miRNAs available at MirBase (<http://www.mirbase.org/>) were used to accomplish known miRNA detection. Known miRNAs from related species (sheep, cow, and goat) available at MirBase were also input into miRDeep2 to support the individuation of novel miRNAs. The miRDeep2 quantifier module was used to quantify expression and retrieve counts for the detected known and novel miRNAs. Differential expression analyses between samples were run with the Bioconductor edgeR package (version 2.4) (false discovery rate [FDR] < 0.000001)<sup>36</sup>. MicroRNA cluster analysis was performed with Genesis<sup>37</sup>. Box-plot graphic was generated with BoxPlotR<sup>38</sup>. MicroRNA target prediction and functional analysis were performed by Ingenuity Pathway Analysis (IPA, Ingenuity System, [www.ingenuity.com](http://www.ingenuity.com)). Human homologous miRNAs were analyzed with miRNA target filter (IPA) to attribute (experimentally observed) target genes. Finally, miRNA target mRNA and the corresponding experimental log ratios were used for pathway analysis.

### miRNA validation by quantitative polymerase chain reaction (q-PCR)

Samples of RNA isolated from each organ were retrotranscribed with miScript II RT Kit following the manufacturer's instructions (Qiagen, Inc., Valencia, CA, USA). Quantitative real-time reverse transcription polymerase chain reaction (RT-PCR) was carried out on cDNAs with 7900HT Fast Real-Time PCR System (Applied Biosystems, Carlsbad, CA, USA). Reactions were done in 10 μL volumes containing

0.5  $\mu$ L of each forward and 0.5  $\mu$ L of universal reverse primer (Qiagen, Inc.), 4  $\mu$ L cDNA, and 5  $\mu$ L 2 $\times$  Power SYBR<sup>®</sup> Green PCR Master Mix (Applied Biosystems) according to the manufacturer's protocols. The primers used for eca-miR-146a, eca-miR-26, and eca-miR-223 were Hs\_miR-146a\_1, Hs\_miR-26a\_2, and Hs\_miR-223\_1 miScript Primer Assay (Qiagen, Inc.), respectively. For the normalization, the reference U6 small nuclear RNA Hs\_RNU6-2\_11 miScript Primer (Qiagen, Inc.) was used. Negative controls using water in place of sample were performed alongside each reaction. Reactions were run using the cycling parameters of 95  $^{\circ}$ C for 10 min, 40 cycles of 95  $^{\circ}$ C for 15 s, and 60  $^{\circ}$ C for 1 min. Relative expression levels were calculated and significance for each treatment separately using the 2-Ct method<sup>39</sup>.

### Statistical Analysis

A general linear model was used in the Bioconductor EdgeR package to generate lists of miRNAs with statistically significant different expression between sample groups. EdgeR uses negative binomial-based models to variation the quadratic mean–variance relationship that can be observed in sequencing reads data and to distinguish between biological and technical sources of variation<sup>40</sup>. Pathway analysis was performed with the Ingenuity Pathway 198 Analysis software (IPA, Ingenuity System, www.ingenuity.com).

## Results

### Cell Isolation

Cells were selected purely on their ability to adhere to plastic. The initial viability of AMCs was >90% as detected by Trypan blue exclusion. These cells show typical fibroblast-like morphology (Fig. 1). Previous molecular biological analyses on AMCs at P3 showed that these cells display a typical stem cell phenotype, with the expression of markers, such as CD29, CD44, CD106, CD105, and MHCI, but not CD34 and MHCII. Moreover, these cells have differentiation potential toward mesenchymal (adipogenic, chondrogenic, and osteogenic differentiation) and ectodermic lines (neurogenic differentiation) as reported by Lange-Consiglio et al.<sup>33</sup>

### Isolation and Measurements of MVs

The size of MVs ranged from 50 nm to 670 nm, with a mean size of  $258 \pm 55$  nm for the 6 samples. The number of MVs ranged from 800 to 4,700 particles/cell, with a mean value of  $2,550 \pm 71$  particles/cell (corresponding to  $540 \times 10^6$  particles/mL of medium). Previously, a study using transmission electron microscopy<sup>22</sup> revealed the presence of variably sized extracellular membranous vesicles budding from, or lying near, the source cell and characterized by an electron-lucent or moderately electron-dense content. The size of these MVs varied from about 100 nm to 1,000 nm, with a predominance of vesicles between 100 nm and 200 nm. The vesicles were roughly spherical. Multivesicular bodies in



**Figure 1.** Morphology of equine amniotic mesenchymal derived cells. Magnification 20 $\times$ . Scale bar 20 nm.

the early stages of maturation were occasionally detected. This suggests that the production of exosomes by these cells is less relevant than that of shedding vesicles. Because of size and morphological characteristics, the vesicles observed were mainly considered as shedding vesicles.

### miRNA Analysis

Hiseq sequencing resulted in 184,147,508 reads with an average production of 23,018,439 reads per sample (range between 17,251,888 and 40,351,754). About 7.34% and 56.28% of the total reads were assigned to miRNA for MVs and cells, respectively (Table 1). In order to explore the miRNA content in MVs and cells, bioinformatic analyses of sequenced products were performed using miRDeep2 software (version 2.0.0.5). In all samples tested, 1,285 known and novel miRNA were identified and quantified. Among these miRNAs, 401 were classified as already known eca-miRNA, 257 were found by homology with miRNAs from other species and 627 were unknown predicted candidate miRNA (Online Supplementary Materials S1, S2, and S3).

After applying a stringent filtering approach (FDR < 0.000001) to compare miRNA abundance in MVs and cells, 146 differentially expressed (DE) miRNAs were identified, 36 of which were known and the remaining were novel (Online Supplementary Material S4). A tree with a clear distinction between the MVs and cells was generated by cluster analysis (Fig. 2). Among the known DE miRNAs considered, 17 miRNAs showed greater expression in MVs. A view of the normalized expression of miRNAs in MVs and cells is reported in Fig. 3.

Three of these DE genes were validated by RT-PCR: eca-miR-26, eca-miR-146a, and eca-miR-223 (Fig. 4). For each test, qPCR results confirmed RNA-Seq data. Eca-miR-26, eca-miR-146a, and eca-miR-223 showed fold change ratio in qPCR between MVs versus cells of 0.68, 4.72, and 16.13, respectively. Considering RNA-Seq data, eca-miR-223 was

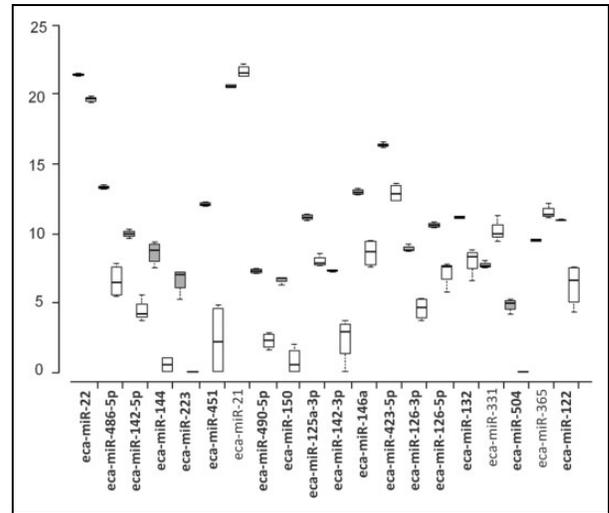
observed only in MVs, whereas eca-miR-26 and eca-miR-146a showed a count ratio between MVs versus cells of 0.45 and 18.17, respectively.

**Pathway Analysis of Predicted miRNA Targets**

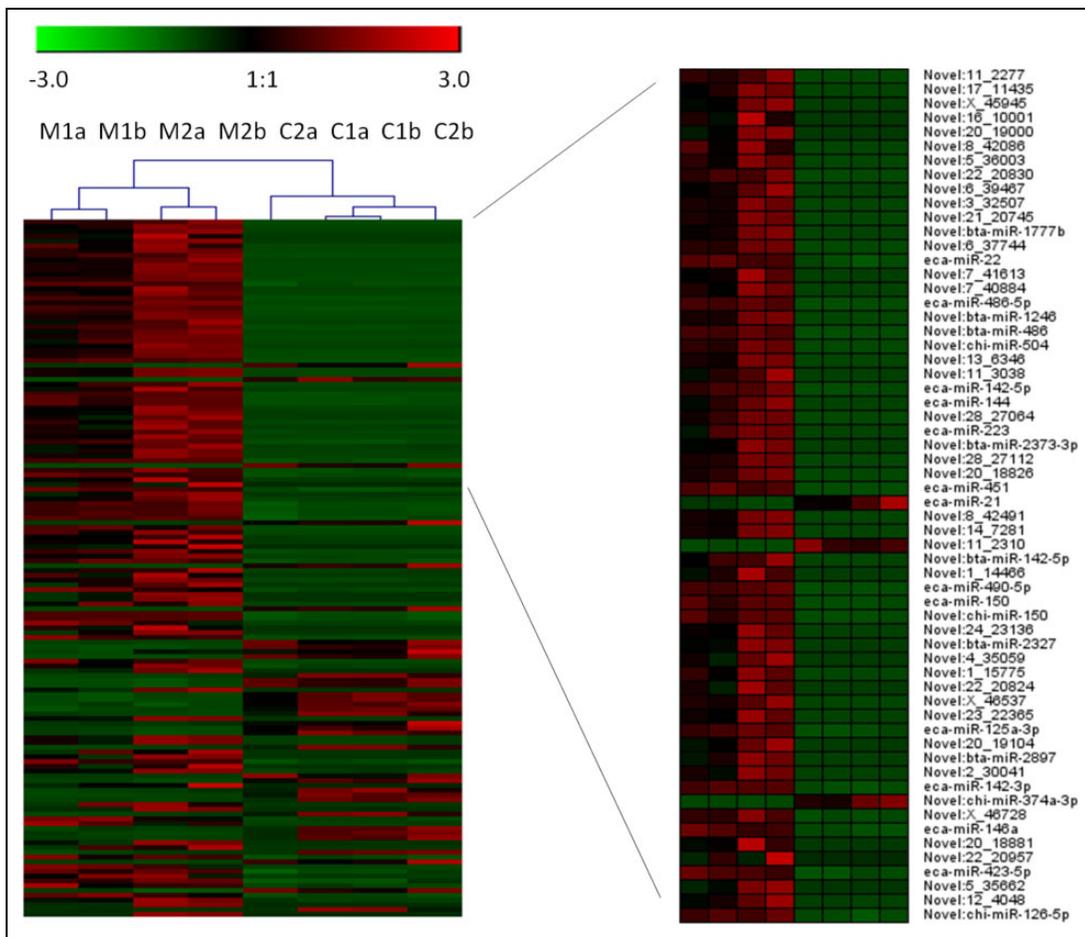
Pathways encompassing the target genes of the 36 known miRNAs were identified. Interestingly, DE-miRNAs

**Table 1.** Statistics of miRNA Sequencing for Microvesicles (MVs) and Cells.

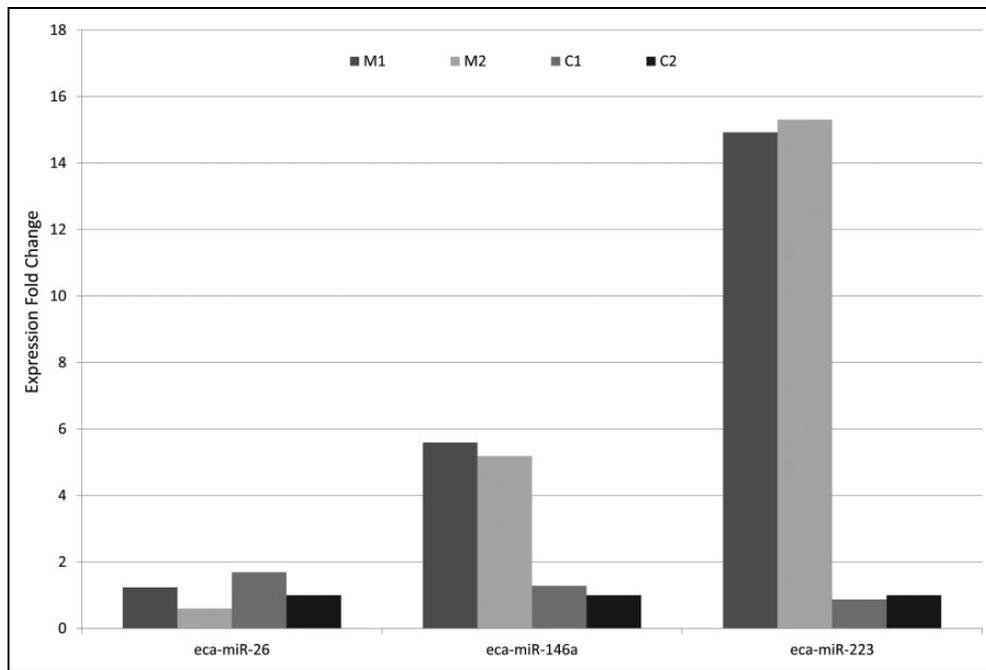
	Total Sequences	Count Reads miRNA	% Identified as miRNA
MVs 1a	17582945	1041770	5.92
MVs 1b	17251888	1172231	6.79
MVs 2a	20883727	1687592	8.08
MVs 2b	18795945	1605210	8.54
Cell 1a	40351754	17474694	43.31
Cell 1b	23975838	12141959	50.64
Cell 2a	21985243	14780903	67.23
Cell 2b	23320168	16591980	71.15
Total	184147508	66496339	36.11



**Figure 3.** Box plot showing the first 20 differentially expressed (DE) *Equus caballus* known microRNAs (ranked for FDR) in microvesicles (MVs; gray bar) and cells (white bar). Central lines inside the boxes indicate median values, box width indicates 25% and 75% quartile ranges around the median, “|” indicates the maximum and minimum values, and black dots represent outliers. N = 4 for group. miRNAs overexpressed in MVs are given in bold.



**Figure 2.** Cluster analysis of the 146 differentially expressed (DE) miRNAs (FDR < 0.00001) microvesicles and cells. A subset of the first 60 DE microRNAs (ranked for FDR) were represented. M, microvesicle; C, cells; 1 and 2, biological replicates; a and b, technical replicates.



**Figure 4.** Validation of microvesicles (MVs) and cells microRNA (miRNA) expression. Three miRNAs (eca-miR-26, eca-miR-146a, and eca-miR-223) were selected for further qPCR assays. Consistent with previous sequencing results, the expression of miR-146 and miR-223 miRNAs is higher in MVs compared to cells. miR-26 is enriched in cells. M, microvesicles; C, cells.

modulate different pathways involved in the immune response (Table 2). The top canonical pathway, IL-6 signaling, and many others, for example, the role of macrophages, fibroblasts, and endothelial cells in rheumatoid arthritis; the role of osteoblasts, osteoclasts, and chondrocytes in rheumatoid arthritis; acute phase response signaling; NF- $\kappa$ B signaling; IL-10 signaling; p38 MAPK signaling; toll-like receptor signaling; dendritic cell maturation; IL-8 signaling; IL-12 signaling and production in macrophages; and HMGB1 signaling, are regulated by different DE-miRNAs. Among these, some miRNAs (122, 126-3p, 132, 142-3p, 146a, 150, 22, 223, 451, and 504) were observed to be overexpressed in MVs whereas others (101, 125b-5p, 143, 21, 29b, 424, and 542-3p) were predominantly expressed in cells (Fig. 5).

## Discussion

In this work, we first performed miRNA sequencing of MVs and AMCs. Secreted MVs contain a low percentage of miRNAs (7.3%) compared to their cells of origin. Although RNA isolated from MVs is predominantly composed of small RNAs, Lin et al.<sup>41</sup> reported that also MVs isolated from chondrocytes contain less miRNAs (6.1%) than cells, and the majority of small RNAs are unannotated in the databases. Moreover, library composition of small RNAs from deep sequencing of neuronal exosomes shows that more than 90% of sequencing reads are assigned to tRNA, whereas only about 2% are miRNAs<sup>42</sup>. The miRNA profiling of human MSCs of liver resident stem cells (HLSCs) and their

related MVs show that, even though miRNA content is tissue-specific, MVs of different origins clearly cluster together, separately from cells, harboring a select pattern of miRNAs<sup>32</sup>. In addition, MVs contain ribonucleoproteins that are involved in the intracellular trafficking of RNA and this suggests a dynamic regulation of RNA compartmentalization in MVs. The Ago2 complexes, for example, selectively associate with miRNAs in the MVs, contributing to their stability<sup>43</sup>.

Accordingly, our results support the hypothesis that in AMCs, miRNAs are packaged within the MVs in a regulated manner, with an miRNA profile distinct from that of the parent cells. We found several miRNAs enriched hundreds or even thousands of times in MVs, whereas others had the tendency to remain to the same level of the parent cells. Among the more abundant miRNAs that we found in MVs, many have been previously reported to be secreted in MVs, as well. MiR-223, miR-142-3p, miR-451, miR-486, and miR-142-5p were enriched in MVs secreted from HLSCs<sup>31</sup>, whereas miR-451, miR-223, miR-144, miR-142-5p, miR-142-3p, miR-150, miR-126a-3p, and miR-132 were found to be prevalently present in MVs from chondrocytes<sup>41</sup>. Some of the miRNAs, that we found to be enriched in MVs from AMCs, were reported to be accumulated also in exosomes, for example, mir-150, miR-125a-3p, mir-451, mir-146a, mir-486, and miR143<sup>44,45</sup>. Previous studies indicated specific loading of miRNAs into exosomes<sup>45,46</sup>. Despite the discrepancies in their biogenesis process, it is likely that the system to sort miRNAs in exosome is well conserved and used to vehicle miRNAs also into MVs. It is

**Table 2.** Canonical Pathway Analysis of mRNA Targets for the 36 Known Differentially Expressed miRNA (FDR < 0.000001).

Canonical Pathways	−log (P Value)	z-Score
IL-6 signaling	31.30	1.121
Pancreatic adenocarcinoma signaling	30.10	−1.095
Molecular mechanisms of cancer	28.80	NaN
Hepatic fibrosis/hepatic stellate cell activation	26.60	NaN
<b>Role of macrophages, fibroblasts, and endothelial cells in rheumatoid arthritis</b>	26.00	NaN
p53 Signaling	23.70	−0.557
<b>Role of osteoblasts, osteoclasts, and chondrocytes in rheumatoid arthritis</b>	21.40	NaN
Chronic myeloid leukemia signaling	21.10	NaN
<b>Acute phase response signaling</b>	20.70	0.87
Glioma signaling	20.30	−1.89
<b>NF-κB signaling</b>	19.70	0.507
Glioblastoma multiforme signaling	19.60	−1.732
<b>IL-10 signaling</b>	19.00	NaN
<b>p38 MAPK signaling</b>	18.40	1.732
<b>Toll-like receptor signaling</b>	18.00	1.886
<b>Dendritic cell maturation</b>	18.00	0.539
PTEN signaling	17.20	2.2
Colorectal cancer metastasis signaling	16.90	0.169
PPAR signaling	16.70	−0.408
Small cell lung cancer signaling	16.70	NaN
Prostate cancer signaling	16.60	NaN
<b>IL-8 signaling</b>	16.60	−0.174
Melanoma signaling	16.00	NaN
Cell cycle: G1/S checkpoint regulation	15.80	1.886
Cholecystokinin/gastrin-mediated signaling	15.80	−0.816
Hepatic cholestasis	15.70	NaN
<b>Glucocorticoid receptor signaling</b>	15.50	NaN
Aryl hydrocarbon receptor signaling	15.20	−0.447
Non-small cell lung cancer signaling	15.20	−1.213
Ovarian cancer signaling	14.90	NaN
Role of tissue factor in cancer	14.80	NaN
<b>IL-12 signaling and production in macrophages</b>	14.80	NaN
PI3K/AKT signaling	14.60	−1.279
HGF signaling	14.40	−1.279
PEDF signaling	14.40	−0.894
Bladder cancer signaling	14.10	NaN
EGF signaling	14.00	−0.688
<b>HMGB1 signaling</b>	13.90	−1.633
Apoptosis signaling	13.80	−1.528
Myc-mediated apoptosis signaling	13.80	NaN

Note. Pathways related to inflammatory response are given in boldface. IL: interleukin; p53: protein 53; NF-κB: nuclear factor kappa-light-chain-enhancer of activated B cells; p38: protein 38; MAPK: mitogen-activated protein kinase; PTEN: phosphatase and tensin homolog; PPAR: peroxisome proliferator-activated receptor; PI3K/AKT: phosphoinositide-3-kinase/protein kinase B; HGF: hepatocyte growth factor; PEDF: pigment epithelium-derived factor; EGF: epidermal growth factor; HMGB1: high-mobility group protein 1.

noteworthy that our results are consistent with miRNA profiling of MVs and cells isolated from different species and analyzed using different miRNA detection platforms. Hence, it is unlikely that enrichment of specific miRNAs in MVs derived

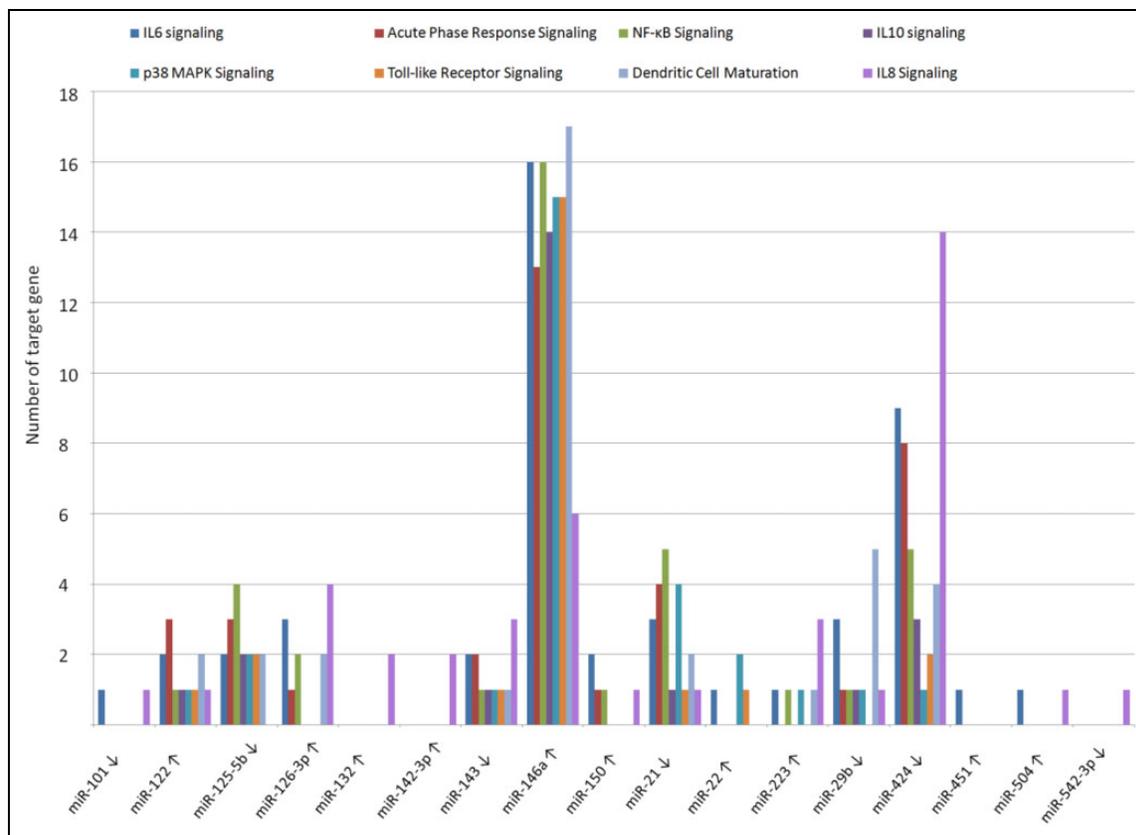
from AMCs is a technical artifact. In addition, real-time PCR validates eca-miR-26, eca-miR-146a, and eca-miR-223 expression in MVs and counterpart cells.

Microvesicles may act as mediators of cell-to-cell communication through miRNA delivery<sup>32</sup>, and Mehta and Baltimore<sup>47</sup> have recently reviewed the role of miRNAs in regulating the immune system.

Our findings support the hypothesis that MVs secreted from AMCs contain miRNAs able to modulate the immune response. Target genes of miRNAs DE between MVs and cells are mainly associated with the immune response: for example, IL-6 signaling, acute-phase response signaling, NF-κB signaling, IL-10 signaling, p38 MAPK signaling, toll-like receptor signaling, IL-8 signaling, IL-12 signaling, and production in macrophages. In addition, many of the miRNAs enriched in AMC-MVs are observed to regulate the inflammatory response. For example, overexpression of miR-146 decreases the expression of the inflammatory cytokine IL-6 in LPS-stimulated macrophage cells. MiR-223 can negatively regulate the expression of many inflammatory genes in macrophage cells (i.e., IL-6, IL-1b, and TNF-α)<sup>48</sup>. Exosomal miR-146 and miR-223 are seen to contribute to cardioprotection in infarction and sepsis also in vivo<sup>49,50</sup>. Again, miR-150 decreases production of inflammatory cytokines, such as IL-2 and TNF-α, and elicits the induction of immune tolerance<sup>51</sup>; miRNA-122 inhibits the production of cytokines in human hepatic stellate cells<sup>52</sup> and miR-126 promotes angiogenesis and inhibits vascular inflammation in endothelial cells<sup>53</sup>. Finally, other miRNAs involved in regulation of the immune response such as miR-125b-5p, miR-143, miR-21, miR-29b, and miR-424 are underrepresented in the MVs. Although these miRNAs show an anti-inflammatory effect if upregulated, the exact functional outcome is determined by multiple features including the cell type and the inducing signal, which ultimately affect the availability and ability to engage different target mRNAs and fine tune the response<sup>54,55</sup>.

## Conclusions

Our work provides a deep characterization of miRNAs present in AMCs and their MVs. Compared to parent cells, a strong compartmentalization of specific miRNAs in MVs is observed. Our study suggests a potential role of MVs as regulatory elements in cell–cell communication, through the transfer of miRNAs, and their probable involvement in the anti-inflammatory process that we previously tested in vitro on stressed tendon and endometrial cells<sup>21,22</sup>. These results are promising for the use of MVs as possible future candidates in cell-free therapy but, obviously, the work is in progress. It will be necessary to monitor the ribonucleoproteins involved in the intracellular trafficking of RNAs and to compare the species of miRNAs contained in the MVs and in the cells of origin to obtain information on the mechanism of RNA accumulation within MVs. Moreover, it should be demonstrated that miRNAs contained inside MVs are transferred to target cells. This will require studying the miRNA cargo inside the target cells to confirm the presence



**Figure 5.** Number of differentially expressed microRNA (miRNA) target genes belonging to different immune response pathways. ↑ indicates miRNA overexpressed in MVs, ↓ indicates miRNA overexpressed in cells.

of transferred miRNAs and to understand if these miRNAs are functional. Last but not least, it is important to underline that our study was performed with amniotic cells that represent an alternative and promising source of MSCs with the appeal of possibly producing off-the-shelf cells and cell-free products from a biological waste, which extrafetal membranes are considered.

### Authors' Note

Novel miRNA mature and precursor FASTA sequences, including miRNAs predicted by homology with miRNAs from other species and novel candidate miRNAs, are available in the Online Supplementary Materials S2 and S3. The online appendices are available at <https://dataverse.harvard.edu/dataset.xhtml?persistentId=doi:10.7910/DVN/RRNEJC>.

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### Ethical Approval

Animals were used.

### Statement of Human and Animal Rights

Animals were used.

### Statement of Informed Consent

There are no human subjects in this article and informed consent is not applicable.

### Declaration of Conflicting Interests

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### Supplemental Material

Supplementary material for this article is available online.

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