B-chronic lymphocytic leukemia (B-CLL) patients have a high prevalence of autoimmune phenomena, mainly autoimmune hemolytic anemia (AIHA). Immunoregulatory cytokines play a role in the regulation of both autoimmunity and leukemic B-cell growth. Mitogen-stimulated direct antiglobulin test (MS-DAT) is a recently described test able to disclose latent anti-RBC autoimmunity in AIHA. We investigated the prevalence of anti-RBC autoimmunity by MS-DAT and the pattern of cytokine production by PHA-stimulated whole blood cultures from 69 B-CLL patients and 53 controls. Results showed that anti-RBC IgG values in unstimulated, PHA-, PMA-, and PWM-stimulated cultures were significantly higher in B-CLL patients compared with controls. In B-CLL, the prevalence of anti-RBC autoimmunity was 28.9% by MS-DAT, compared with 4.3% by the standard DAT. Production of IFN-γ, IL-2, IL-13, TNF-α, sCD23, and sCD30 was significantly increased in all B-CLL patients compared with controls, whereas there was no difference in IL-4, IL-6, IL-10, and TGF-β production. Multivariate analysis showed that IL-4 was significantly increased in MS-DAT-positive compared with -negative patients. Patients with autoantibody positivity displayed greater IFN-γ production than negative patients. These data are in line with the hypothesis that autoimmune phenomena in B-CLL are associated with an imbalance towards a Th-2-like profile. The elevated prevalence of anti-RBC autoimmunity found by MS-DAT suggests that an underestimated latent autoimmunity exists in B-CLL. Am. J. Hematol. 71:177–183, 2002. © 2002 Wiley-Liss, Inc.

Key words: B-chronic lymphocytic leukemia (B-CLL); cytokines; autoimmunity; direct antiglobulin test (DAT)
In spite of the growing evidence on the effect of exogenous cytokines on leukemic cells, there are conflicting reports regarding cytokine production in B-CLL. PHA-stimulated cultures of T cells from B-CLL patients show increased production of IL-2, IL-4, IFN-γ, and TNF-α [11,12]. At variance, intracellular IL-4 and IFN-γ are reduced in CD4+ T cells from patients [13]. Production of IL-6 is decreased in PMA- and PMA plus IL-2-stimulated PBMC from patients in advanced disease stage [14]. On the contrary, serum levels of IL-6 and IL-10 are elevated and correlate with adverse disease features and short survival [15].

Autoimmune responses are controlled by complex regulatory circuits, which also involve immunoregulatory cytokines [16]. Several sources of evidence support the idea that T-helper (Th)-1-inducing cytokines (IL-2, IL-12, IFN-γ) can upregulate T-cell autoimmunity, whereas cytokines that promote Th-2 differentiation (IL-4, IL-6, IL-13, IL-10) and downregulate Th-1 responses (TGF-β, IL-4) are invariantly associated with protection from autoimmune diseases. However, there are several exceptions to these scenarios, which indicate a prevalent Th-2 profile in systemic autoimmune diseases [16]. Autoimmune hemolytic anemia (AIHA) is the most frequent autoimmune complication of B-CLL. In AIHA Th-2 (IL-4, IL-6, IL-13) cytokines are elevated and Th-1 is reduced. We recently described a new method for the detection of anti-RBC antibodies in mitogen-stimulated whole blood cultures, termed mitogen-stimulated direct antiglobulin test (MS-DAT). The test was suitable for revealing cytokine modulation of anti-RBC antibody production and disclosing a latent autoimmunity, since mitogen stimulation induced antibody production in AIHA in clinical remission [17].

The aim of this study was to investigate the prevalence of anti-RBC autoimmunity by MS-DAT and to study patterns of in vitro cytokine production by PHA-stimulated whole blood cultures from B-CLL patients. Th-1 (IL-2, IFN-γ), Th-2-like (IL-4, IL-6, IL-10, IL-13), proinflammatory (TNF-α), inhibitory (TGF-β) cytokines, and soluble activation markers (sCD23, sCD30) were correlated with anti-RBC autoimmunity, disease stage, and therapy.

MATERIALS AND METHODS

Patients

Sixty-nine patients with B-CLL (mean age ± SD 68 ± 11 years, range 41–89, 25 female and 44 male) and 53 age- and sex-matched healthy regular blood donors were studied as controls. B-CLL was diagnosed according to defined clinical, morphological, and immunological criteria [18]. Patients were staged according to the guidelines proposed by Binet et al [19].

Reagents

Phorbol-12-myristate-13-acetate (PMA) and phytohemagglutinin (PHA) were from Sigma-Aldrich Chemicals (St. Louis, MO); pokeweed (PWM) from Gibco Laboratories (Grand Island, NY). Commercial monoclonal reagents (anti-IgG+C, anti-IgG, anti-C3d, and anti-C3c) rabbit antihuman IgA and sheep antihuman IgM were from Ortho (Raritan, NJ), Bioscot (Edinburgh, UK), and Gamma (Houston, TX) were used for tube-DAT.

DAT and Nonorgan-Specific Autoantibody Determination

Tube-DAT was performed according to standard techniques using both polyspecific and monospecific sera [20]. The cassette-DAT (BioVue Ortho) was carried out with monospecific antiserum only, following the manufacturer’s instructions. The presence of rheumatoid factor (RF), antinuclear (ANA), antimitochondrial (AMA), antismooth muscle (SMA), ant cardiolipin (ACA), antithyroid peroxidase (TPO), antithyroglobulin, anti-dsDNA, and anti-extractable nuclear antigens (ENA), namely, Sm, nRNP, SSA-Ro, SSB-La, ScI-70, and Jo-1 antibodies were determined by commercially available ELISA kits according to conventional techniques.

Culture Conditions

Fresh heparinized blood samples were diluted 1:6 with RPMI 1640 medium (Gibco) and either unstimulated or stimulated with mitogens and/or cytokines in 24-well plates and incubated for 48 hr, according to previous experiments [21–23]. Forty-eight-hour cultures were stimulated with 2 μg/ml PHA, 20 ng/ml PMA, 1% PWM. After 48-hr culture, RBC were washed four times with phosphate-buffered saline (PBS), centrifuged at 1,000 rpm for 10 min, resuspended in PBS at 10% concentration, and processed for the quantitation of anti-autologous RBC bound IgG, as detailed below.

Anti-RBC-Bound IgG Quantitation

The quantitation of RBC-bound IgG was evaluated with a competitive solid-phase enzyme immunoassay, as previously described [17]. Briefly, 96-well plates were coated with 50 μl of human IgG overnight at 4°C, then 3× washed, and blocked with 200 μl of 2% FCS-PBS for 2 hr at room temperature. A standard curve was constructed with group O CcDee RBC (200 μl of 10% suspension in 0.2% FCS-PBS) sensitized with serial dilutions (4,000–37.5 ng/ml) of anti-Rh antibody (Immuno AG, Vienna, Austria) for 1 hr at 37°C. The cell suspension was then 3× washed and incubated with peroxidase-conjugated rabbit antihuman IgG (Dako, Denmark) diluted 1:3,000 in 0.2% FCS-PBS at 37°C for 30 min. One hundred μl of this mixture were added to the IgG-coated plates and incubated at 37°C for 30 min. After 5×
washes, 50 μl of o-phenylenediamin dihydrochloride was added to each well. The colorimetric reaction was measured at 450 nm after 15 min with an ELISA spectrophotometer. For determination of anti-RBC on autologous cultured RBC, cultured cell suspensions were treated as anti-Rh-sensitized CcDee RBC. Briefly, the cell culture suspension was 3x washed, incubated with peroxidase-conjugated rabbit antihuman IgG for 30 min, added to the IgG-coated plates, and further incubated for 30 min. After 5x washes the colorimetric reaction was evaluated. A log/log plot was constructed with OD values and anti-Rh antibody concentration of the standard curve (ng/ml), and autologous anti-RBC-bound IgG value was calculated referring to this standard curve. To determine a cutoff for MS-DAT positive values, the mean of PHA-, PMA-, and PWM-stimulated cultures of controls was calculated and the positivity for MS-DAT defined as a value exceeding the mean plus 3 SD of controls (220 IgG ng/ml).

Cytokine and Soluble Activation Markers Production

Cytokine production was measured in 48-hr PHA-stimulated culture supernatants using commercially available ELISA kits according to the manufacturers’ instructions. IL-2, IL-4, IL-13, IFN-γ, TGF-β were purchased from Amersham Pharmacia Biotech (Buckinghamshire, UK) and TNF-α, IL-6, IL-10 from Cytimmune (College Park, MD). sCD23 from Bender Medical Systems (Vienna, Austria) and sCD30 from Dako A/S (DK-2600, Glostrup, Denmark).

Statistical Analysis

Univariate analysis was performed by means of unpaired Student’s test for unequal variances. Multivariate analysis was performed by means of multiple logistic regression using the SAS package, v. 7.0 (SAS, Cary, NC). Comparisons between values at baseline and after stimulation were performed by two-tailed Student’s t-test for paired data. Probability values <0.05 were considered statistically significant.

RESULTS

Clinical and Laboratory Characteristics of B-CLL Patients

At the time of the study, 24 patients were in Stage A, 21 in B, and 14 in C. Mean disease duration ± SE was 22 ± 4.5 months (range 1–219). Stage A and B patients were either untreated (n = 29 and n = 4, respectively), treated with chlorambucil (n = 5 and n = 13), or fludarabine (n = 0 and n = 4); one of the fludarabine-treated patients also received CEOP chemotherapy. Stage C patients were treated with chlorambucil alone or associated with prednisone (n = 6), fludarabine (n = 7), and CEOP (n = 1); one of the fludarabine-treated patients also received cyclophosphamide chemotherapy.

The leukocyte and absolute lymphocyte number of patients was 18,069 ± 1,936/μl and 12,278 ± 1,602/μl (mean ± SE of Stage A patients, respectively), 32,931 ± 6,474/μl and 24,697 ± 5,549/μl (Stage B patients), and 23,685 ± 7,914/μl and 13,281 ± 5,307/μl (Stage C patients). Twelve Stage C patients had anemia (Hb < 10 g/dl) and 21 patients (9 Stage A, 12 Stage B) have mild anemia (female: Hb 10–11.5 g/dl; male: Hb 10–13 g/dl). As far as classic hemolytic signs are concerned (reticulocyte count greater than 2%, LDH greater than 460 U/l, and haptoglobin lower than 600 mg/l), only the latter was considered for B-CLL patients, since LDH could be elevated and reticulocytes reduced because of lymphoproliferative disease and bone marrow failure, respectively. Thirteen (three Stage A, five Stage B, and five Stage C) had anemia (female: Hb < 11.5 g/dl; male: Hb < 13 g/dl) with haptoglobin levels below the normal range. Three Stage C patients suffered from DAT-positive-AIHA and were being treated with HD-chlorambucil and prednisone; 2/3 were still DAT-positive, whereas one became DAT-negative at the time of the study. The prevalence of AIHA in our series was therefore 4.3%.

MS-DAT in B-CLL Patients

Figure 1 shows the amount of anti-RBC IgG in unstimulated and mitogen-stimulated cultures from B-CLL patients and controls. Anti-RBC IgG values were significantly higher in B-CLL patients compared with controls in all the experimental conditions tested (P = 0.002 for unstimulated cultures, P = 0.0004 for PHA- and PWM-stimulated cultures, P = 0.01 for PMA-stimulated cultures). Mitogen stimulation had no effect in controls, whereas it significantly increased anti-RBC IgG value in B-CLL patients (P = 0.001 and 0.04 for PHA and PWM, respectively). MS-DAT was positive in 20 B-CLL patients (ten in Stage A, four in Stage B, six in Stage C), corresponding to a prevalence of 28.9%.

To ascertain whether MS-DAT positivity was associated with other autoimmune markers, determination of serum autoantibodies was carried out in 42 B-CLL patients. We found 14 positive patients (33%)—three RF, three ANF, one SMA, one ACA, two anti-TPO, three antithyroglobulin, and one anti-dsDNA; 3/14 were also MS-DAT-positive.

Multivariate analysis showed no relationship between MS-DAT positivity and all the clinical and laboratory parameters considered (age, sex, disease duration, and therapy; WBC, lymphocyte, RBC, and reticulocyte counts, Hb, Ht, haptoglobin, LDH, bilirubin levels, and autoantibody positivity).
Cytokine Production in Whole Blood Cultures From B-CLL Patients

As shown in Table I, production of IL-2, IFN-γ, TNF-α, and IL-13 was significantly increased in B-CLL patients compared with controls. There was no difference in IL-4, IL-6, IL-10, and TGF-β production. The increased production of IL-2, IFN-γ, TNF-α, and IL-13 was restricted to Stage A and B patients. Stage C patients displayed IL-2, IFN-γ, TNF-α, and IL-13 values significantly decreased compared with Stage A patients. To ascertain whether therapy could have affected cytokine production, untreated and treated (chlorambucil, prednisone, fludarabine, and other) patients were compared. No difference was found in IFN-γ, IL-2, IL-10, IL-13, TNF-α, IL-4, IL-6, and TGF-β production (data not shown). At variance, by comparing fludarabine-treated vs. the other patients, production of all the cytokines investigated was reduced (on average 50%) in the former. In particular, IL-2 production was significantly reduced in the fludarabine-treated group compared with the other patients (295 ± 209 vs. 1,112 ± 112 pg/ml, mean ± SE of 11 and 58 patients, respectively, \( P < 0.003 \)).

Along with cytokine production, sCD23 and sCD30 levels were investigated in PHA-stimulated culture supernatants (Table I). Both soluble markers were significantly increased in B-CLL patients compared with controls. No clear relationship with disease stage was found for sCD23, whereas a clear increase in Stage C was found for sCD30. Considering the relationship between cytokine production and soluble CD markers, values of sCD23 were positively correlated with those of IFN-γ (\( r = 0.623, P = 0.001 \)) and IL-10 (\( r = 0.467, P = 0.001 \)).

### TABLE I. Cytokine and Soluble Receptor Production by Mitogen-Stimulated Whole Blood Cultures

<table>
<thead>
<tr>
<th></th>
<th>IL-2</th>
<th>IFN-γ</th>
<th>TNF-α</th>
<th>IL-4</th>
<th>IL-6</th>
<th>IL-10</th>
<th>IL-13</th>
<th>TGF-β</th>
<th>sCD23</th>
<th>sCD30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Controls</td>
<td>497.00 ± 32.00</td>
<td>550.00 ± 369.00</td>
<td>530.00 ± 419.00</td>
<td>510.00 ± 459.00</td>
<td>550.00 ± 499.00</td>
<td>510.00 ± 549.00</td>
<td>530.00 ± 599.00</td>
<td>510.00 ± 649.00</td>
<td>530.00 ± 699.00</td>
<td>510.00 ± 749.00</td>
</tr>
<tr>
<td>B-CLL Patients</td>
<td>572.00 ± 52.00*</td>
<td>625.00 ± 579.00*</td>
<td>653.00 ± 629.00*</td>
<td>673.00 ± 679.00*</td>
<td>693.00 ± 729.00*</td>
<td>713.00 ± 779.00*</td>
<td>733.00 ± 829.00*</td>
<td>753.00 ± 879.00*</td>
<td>773.00 ± 929.00*</td>
<td>793.00 ± 979.00*</td>
</tr>
<tr>
<td>Stage A</td>
<td>493.00 ± 33.00</td>
<td>553.00 ± 389.00</td>
<td>533.00 ± 439.00</td>
<td>513.00 ± 489.00</td>
<td>553.00 ± 539.00</td>
<td>513.00 ± 589.00</td>
<td>533.00 ± 639.00</td>
<td>513.00 ± 689.00</td>
<td>533.00 ± 739.00</td>
<td>513.00 ± 789.00</td>
</tr>
<tr>
<td>Stage B</td>
<td>522.00 ± 36.00</td>
<td>572.00 ± 419.00</td>
<td>552.00 ± 469.00</td>
<td>532.00 ± 519.00</td>
<td>572.00 ± 569.00</td>
<td>532.00 ± 619.00</td>
<td>552.00 ± 669.00</td>
<td>532.00 ± 719.00</td>
<td>552.00 ± 769.00</td>
<td>532.00 ± 819.00</td>
</tr>
<tr>
<td>Stage C</td>
<td>288.00 ± 100.00**</td>
<td>135.00 ± 150.00**</td>
<td>115.00 ± 190.00**</td>
<td>95.00 ± 230.00**</td>
<td>115.00 ± 270.00**</td>
<td>95.00 ± 310.00**</td>
<td>115.00 ± 350.00**</td>
<td>95.00 ± 390.00**</td>
<td>115.00 ± 430.00**</td>
<td>95.00 ± 470.00**</td>
</tr>
</tbody>
</table>

Values are expressed as pg/ml, mean ± SE of 69 B-CLL patients (24 Stage A, 21 Stage B, 14 Stage C) and 53 controls. \( P < 0.0001 \) B-CLL vs. controls; \( ** P < 0.001 \) Stage C vs. Stage A patients.

Fig. 1. Effect of mitogen stimulation on in vitro autologous anti-RBC bound IgG values in B-CLL patients and controls. Autologous anti-RBC bound IgG values were assessed in 48-hr whole blood cultures and expressed as IgG µg/l, mean ± SE of 69 patients (solid bars) and 53 controls (open bars). Statistically significant comparisons of B-CLL cultures vs. controls are indicated.

![Fig. 1. Effect of mitogen stimulation on in vitro autologous anti-RBC bound IgG values in B-CLL patients and controls.](image-url)
As far as MS-DAT positivity is concerned, patients with positive values of anti-RBC IgG displayed increased values of PHA-stimulated IL-4 production compared with MS-DAT-negative patients (Fig. 2, left). Multivariate analysis and maximum likelihood estimates showed that IL-4 was significantly increased in MS-DAT-positive compared with negative patients ($P = 0.0017$). No difference in the other cytokines, sCD23, and sCD30 values were found between MS-DAT-positive and -negative subjects. Patients with autoantibody positivity displayed lower IFN-γ production than negative patients (Fig. 2, right). No difference in the other cytokines, sCD23, and sCD30 values were found.

DISCUSSION

The results show that autoimmune phenomena, either directed against RBC or other autoantigens, are frequent in B-CLL patients, in line with previous findings [24,25], but in disagreement with Hamblin et al. [26], who found high levels of autoantibodies, but no higher than in age-matched controls. Here we show that the prevalence of anti-RBC autoimmunity estimated by MS-DAT is even greater (roughly six times) than that estimated by the standard DAT. This finding suggests that mitogen stimulation is able to disclose a latent autoimmunity in B-CLL, as shown in AIHA [17].

Since immunoregulatory cytokines are involved in the pathogenesis of autoimmunity and AIHA, we asked whether a different cytokine pattern could be found in B-CLL patients with or without anti-RBC autoimmunity. To this end, in the same mitogen-stimulated whole blood cultures in which MS-DAT was determined, we investigated cytokine secretion. First, the whole B-CLL population was considered. An increased production of IL-2, IFN-γ, TNF-α, and IL-13 was found, whereas secretion of IL-4, IL-6, IL-10, and TGF-β was comparable to controls. Our findings are in agreement with those of Reyes et al. [11], who showed increased production of IL-2, IFN-γ, and TNF-α by T-cells. IFN-γ was reported to inhibit apoptosis [4] and TNF-α and IL-2 to act as autocrine growth-promoting factors of leukemic B-cells [2,5]. Therefore, the increased production of these cytokines could contribute to the accumulation of leukemic B-cells. IL-13, a Th-2-like cytokine, is a growth-promoting factor for normal lymphocytes stimulated with anti-IgM antibody and induces the expression of CD23 [17]. Even if its effects on the leukemic B-cells need to be studied, the increased production of this Th-2-like cytokine could contribute to the expansion of leukemic B-cells. In addition, it has been reported that IL-13 induces IFN-γ production by NK cells [27], which in turn could exert further antiapoptotic effects on leukemic B-lymphocytes.

Considering cytokine production in B-CLL patients with positivity for MS-DAT or serological autoantibodies, we found increased IL-4 in the former and reduced IFN-γ production in the latter. These data are in line with the hypothesis that autoimmune phenomena in B-CLL are associated with an imbalance towards a Th-2-like profile. Increased IL-4 and reduced IFN-γ has been documented in the paradigmatic autoimmune disease SLE, consistent with the prevalent humoral autoimmunity observed in this disease [28]. Furthermore, increased...
IL-4 was found in AIHA, both in vivo [29,30] and in vitro [17], in line with the immunopathogenic mechanism involved in RBC destruction, i.e., complement-mediated autoantibody lytic activity and antibody-dependent cellular cytotoxicity.

As far as the activation markers investigated are concerned, we found increased sCD23 production in mitogen-stimulated cultures of B-CLL patients, in line with several reports in the literature [31–34]. However, contrary to what was found in sera, in culture supernatants there was no relationship with disease stage. Likewise, sCD30 was increased in mitogen-stimulated cultures of B-CLL patients compared with controls, particularly in advanced stage patients. Our results are in line with previous findings indicating that this TNF-supersfamily ligand is involved in B-CLL pathogenesis, both in maintaining neoplastic growth and regulating the apoptotic phenomena [35–37]. Notwithstanding several reports on the role of CD23 and CD30 in autoimmunity [38–42], our results showed no difference in sCD23 and sCD30 between B-CLL patients with or without autoimmune features.

Our results demonstrate a high prevalence of anti-RBC autoimmunity by MS-DAT in B-CLL. We do not know why the cells can be driven to make RBC autoantibodies in vitro, but not in vivo. However, the ability of mitogen stimulation to induce antibody production suggests that an underestimated latent autoimmunity exists in B-CLL. The clinical and prognostic significance of these data is still uncertain. There was no relationship between MS-DAT positivity and disease stage, hemolytic parameters, or positivity for other serological markers of autoimmunity. In any case, it should be noted that, 3 months after the end of the study, one of the MS-DAT-positive patients developed DAT-negative hemolytic anemia which recovered after steroid administration. Furthermore, another MS-DAT-positive patient developed autoimmune thrombocytopenia and DAT-negative hemolytic anemia and died of rapidly progressive disease with infective complications.

**CONCLUSION**

The high prevalence of anti-RBC autoimmunity by MS-DAT suggests the existence of an underestimated latent autoimmunity in B-CLL. MS-DAT positivity could have a predictive value on the development of AIHA or autoimmune complications; a longer clinical follow-up and study of a larger series of patients could confirm this capability. The imbalance towards a Th-2-like cytokine profile in B-CLL with autoimmune features suggests hints for the future development of anti-cytokine treatment in B-CLL.

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