

1 **doi** DOI: 10.1111/vco.12193

2

3 **A retrospective analysis of chemotherapy switch suggests improved outcome in**  
4 **surgically removed, biologically aggressive canine haemangiosarcoma**

5

6 **Riccardo Finotello,<sup>1</sup> Joaquim Henriques,<sup>2</sup> Silvia Sabattini,<sup>3</sup> Damiano Stefanello,<sup>4</sup>**

7 **Ricardo Felisberto,<sup>2</sup> Selene Pizzoni,<sup>5</sup> Roberta Ferrari,<sup>4</sup> Laura Marconato<sup>5</sup>**

8

9 <sup>1</sup>Small Animal Teaching Hospital, School of Veterinary Sciences, University of  
10 Liverpool, Neston, UK

11 <sup>2</sup>Centro Veterinario Berna, Lisbon, Portugal

12 <sup>3</sup>Department of Veterinary Medical Sciences, University of Bologna, Italy

13 <sup>4</sup>Department of Veterinary Science and Public Health, University of Milan, Milan, Italy

14 <sup>5</sup>Centro Oncologico Veterinario, Sasso Marconi, Italy

15

16 **Short title:** chemotherapy switch in aggressive haemangiosarcoma

17

18 **Keywords:** haemangiosarcoma, metronomic, thalidomide, chemotherapy switch, dog

19

20

21 Findings of this study were presented in part at the European Society of Veterinary Oncology

22 Annual Meeting, Krakow, Poland, 2015.

23

24 Corresponding author: Laura Marconato, DVM, Diplomate ECVIM-CA (Oncology), Centro  
25 Oncologico Veterinario, via San Lorenzo 1-4, I-40037 Sasso Marconi (Bologna), Italy; email:  
26 [marconato@centroncologicovet.it](mailto:marconato@centroncologicovet.it)

27

## 28 **Abstract**

29 Haemangiosarcoma (HSA) has an aggressive biological behaviour and carries a poor  
30 prognosis, with less than 10% of treated dogs surviving longer than one year.

31 In this retrospective study a varied metronomic chemotherapy (MC) regimen preceded  
32 by adjuvant doxorubicin-based maximum-tolerated dose chemotherapy (MTDC) was  
33 compared to MTDC, in terms of efficacy (time to metastasis, TTM, and survival time,  
34 ST) and safety in dogs with biologically aggressive HSA. Dogs were eligible if they had  
35 no metastasis after MTDC and received either no further chemotherapy or MC  
36 maintenance.

37 Twelve dogs received MTDC, and 10 received MC thereafter. Median TTM and ST  
38 were significantly longer for dogs receiving MTDC-MC (not reached versus 150 days,  
39  $P=0.028$ ; and not reached versus 168 days,  $P=0.030$ , respectively). Treatment was well  
40 tolerated.

41 MTDC followed by MC is safe and suggests improved TTM and ST in dogs with  
42 surgically removed, biologically aggressive HSA that are treated in the microscopic  
43 setting.

44

45

46 **Introduction**

47 Haemangiosarcoma (HSA) is a common mesenchymal tumour in dogs, arising in three  
48 different forms: dermal, subcutaneous/muscular and visceral, the latter mainly involving  
49 spleen, right atrium or auricle, and liver.<sup>1-3</sup> With the exception of the dermal form,  
50 which may behave in a less aggressive fashion, subcutaneous/intramuscular and visceral  
51 HSA is a highly malignant cancer, spreading rapidly to lungs, liver, peritoneum and  
52 central nervous system.<sup>4,5</sup> Unfortunately, visceral HSA has a silent evolution for a quite  
53 long time, and is accompanied by non specific clinical signs. As a consequence, when  
54 detected, it is usually in an advanced or metastatic stage, therefore precluding cure.<sup>1,2</sup>  
55 The mainstay of treatment consists of surgery followed by adjuvant intravenous  
56 chemotherapy.<sup>6,7</sup> Doxorubicin-based chemotherapy protocols have been administered to  
57 dogs with HSA, including doxorubicin as single agent,<sup>6</sup> or combined with ifosfamide,<sup>8</sup>  
58 vincristine and cyclophosphamide,<sup>7,9-11</sup> and epirubicin as single agent.<sup>12</sup> Although a  
59 three weekly regimen is the commonest schedule administration of doxorubicin, one  
60 study attempting to increase dose intensity by more frequent administrations showed  
61 such strategy to be well tolerated; however, survival time was not improved.<sup>13</sup>  
62 Although the combination of doxorubicin and dacarbazine has provided promising  
63 results in a recent clinical trial, it is still common knowledge that < 10% of the dogs  
64 diagnosed with HSA will survive one year after diagnosis, being attributable to the  
65 development of metastatic disease during or after completion of maximum-tolerated  
66 dose chemotherapy (MTDC).<sup>14</sup> Thus, it appears obvious that MDTC is unlikely to  
67 provide a durable response in such biologically aggressive solid tumours.  
68 Metronomic chemotherapy (MC) refers to the frequent administration of cytotoxic  
69 drugs at doses significantly lower than the maximum tolerated dose, with no prolonged  
70 drug-free breaks, leading to an anti-angiogenic effect and immune-modulation.<sup>15-16</sup> In  
71 veterinary oncology, MC has been mainly used in a palliative setting with good

72 response rates and safety profile.<sup>17-18</sup> A continuous low-dose chemotherapy strategy  
73 consisting of cyclophosphamide, etoposide, and piroxicam has been proposed as an  
74 alternative treatment for dogs with HSA, yielding comparable results to conventional  
75 MTDC, therefore suggesting a beneficial effect of this regimen in delaying disease  
76 progression in canine HSA.<sup>19</sup> A more recent study suggested that the combination of  
77 both MTDC and MC was more efficacious in dogs with splenic HSA than either type of  
78 chemotherapy alone in the early follow-up period; however, no significant prolongation  
79 of survival time was observed during the late follow-up period when compared with  
80 dogs undergoing splenectomy only.<sup>20</sup>

81 A “chemo-switch schedule” refers to the introduction of a new and potentially non-  
82 cross-resistant agent after completion of first-line chemotherapy, such as the  
83 administration of MC after MTDC.<sup>21</sup> In the current study, we retrospectively compared  
84 MC preceded by doxorubicin-based MTDC to MTDC treatment only, in terms of  
85 efficacy (time to metastasis, TTM, and survival time, ST) and safety in dogs with  
86 biologically aggressive HSA. It was hypothesised that chemo-switch would improve  
87 long-term tumour control.

88

89

## 90 **Material and methods**

91

### 92 ***Inclusion criteria***

93

94 The databases of the Centro Oncologico Veterinario (Bologna, Italy), Centro  
95 Veterinario Berna (Lisbon, Portugal) and University of Milan Teaching Hospital  
96 (Milan, Italy) were reviewed to identify client-owned dogs with histologically  
97 confirmed and biologically aggressive HSA (2011-2014).

98 Haemangiosarcoma was considered as “biologically aggressive” if arising from any  
99 visceral, bone and muscular location or, in case of subcutaneous tumours, if the largest  
100 diameter was > 6 cm.<sup>1-4</sup>  
101 Eligible dogs for inclusion in the analysis set were those that had no evidence of  
102 macroscopic disease after completion of MTDC based on imaging and that received  
103 either no further chemotherapy or MC maintenance.  
104 Pre-surgical, pre-dosing, and post-dosing investigations included physical examination,  
105 haematology, serum biochemistry, abdominal ultrasound and at least two lateral views  
106 thoracic radiographs or computed tomography (CT) if performed.  
107 Dogs were monitored at least every three months after MTDC or during MC  
108 maintenance, as listed above.  
109 Dogs were staged according to the World Health Organization (WHO) staging system  
110 for domestic animals.<sup>22</sup>

111

### 112 ***Treatment protocol***

113 Based on owners’ and clinicians’ preference, dogs received MTDC followed by MC  
114 (Group 1) or MTDC only (Group 2). MTDC consisted of a discontinued doxorubicin-  
115 based chemotherapy protocol. MC was administered orally and consisted of low-dose  
116 cyclophosphamide (Endoxan®, Baxter s.r.l., Lurago d'Erba, Como, Italy) administered  
117 q24h or q48h at 7-15 mg/m<sup>2</sup>, and the cyclooxygenase-2 (COX-2) inhibitor firocoxib  
118 (Previcox®, Merial, Lyon, France), meloxicam (Metacam®, Boehringer Ingelheim,  
119 Milan, Italy), or a non-selective COX inhibitor (Piroxicam®, Pfizer Italia s.r.l., Latina,  
120 Italy) administered daily at the standard recommended dose. The non-steroidal anti-  
121 inflammatory drug (NSAID) varied depending on clinician’s preference. In case of  
122 haemorrhagic cystitis, cyclophosphamide was discontinued and dogs received oral

123 chlorambucil (Leukeran®, GlaxoSmithKline S.p.A., Verona, Italy) at the dosage of 4  
124 mg/m<sup>2</sup> q24h or q48h.<sup>23</sup>

125 Depending on availability, oral thalidomide at 2-3 mg/kg (Thalidomid, Bichsel AG,  
126 Interlaken, Switzerland) was also administered q24h or q48h depending on clinician's  
127 preference. The dose of thalidomide was arbitrarily chosen based on some of the  
128 authors' experience.<sup>24</sup> Owners intending to have thalidomide administered were  
129 informed on its known teratogenic effect.<sup>25</sup>

130

### 131 *Assessment of toxicity*

132 Toxicity resulting from MTDC was assessed in both groups based on the dog's history,  
133 physical examination and complete blood counts (CBCs) 7-10 days after chemotherapy  
134 and before the beginning of each next cycle, as stated by the Veterinary Co-operative  
135 Oncology Group.<sup>26</sup> In Group 2, urinalysis was also carried out in the case of suspected  
136 urothelial toxicity (i.e. haematuria, stranguria, pollachiuria).

137

### 138 *Statistical analysis*

139 Follow-up and survival times were calculated from the date of diagnosis to the date of  
140 last visit or death. For both groups, ST and TTM (beyond regional lymph nodes) were  
141 explored with the Kaplan-Meier product limit method followed by log-rank test. In  
142 either group, timing was considered from surgical excision. In the survival analysis,  
143 dogs were censored if they were alive at the time of data accrual closure or died of no  
144 tumour-related causes, whereas for TTM dogs were censored if, by the last examination,  
145 distant metastases had not developed.

146 Causes of death were established reviewing the individual dog clinical histories and  
147 through telephone calls to owners and referring veterinarians. Dogs were considered to  
148 have died of HSA if the clinical staging work-up was consistent with the presence of

149 metastatic disease and if symptoms could be linked to HSA progression (i.e recurrence  
150 of haemoabdomen); dogs were considered not to have died because of HSA if their last  
151 staging work-up (performed no longer than one month before death) revealed no  
152 evidence of metastatic disease and if death was determined to occur due to an unrelated  
153 cause.

154 When appropriate, data sets were tested for normality by use of the D'Agostino and  
155 Pearson omnibus normality test. Values were expressed as mean  $\pm$  standard deviation in  
156 case of normal distribution, or as median with a range in case of non-normal  
157 distribution.

158 To verify whether features of the two groups differed at admission or during MTDC, the  
159 T-test (parametric variables) or Mann Whitney U test (non-parametric variables) was  
160 used to compare age, body weight, and the time occurred from the diagnosis to the  
161 beginning of MTDC. Fisher's exact test was used to compare breed (pure- vs cross-  
162 breed), sex (male vs female), primary location of the tumour (spleen vs other sites),  
163 clinical stage, number of doxorubicin cycles (<4 vs 4-6), type of chemotherapy protocol  
164 (single agent doxorubicin vs poly-chemotherapy) and MTDC-related toxicity (present  
165 vs absent). Data were analysed by use of commercial software programs (SPSS  
166 Statistics v. 19, IBM, Somers, NY, and Prism v. 5.0, GraphPad, San Diego, CA). P  
167 values  $\leq 0.05$  were considered significant.

168

169

## 170 **Results**

171 Twenty-two dogs met the inclusion criteria and were included in the analysis; 10 (45.5%) of  
172 them received MTDC followed by MC (Group 1), whereas the remaining 12 (54.5%) were  
173 treated with MTDC (Group 2). Dogs' characteristics are listed in Table 1. Dogs were not  
174 stratified based on prognostic risk, but there was good balance between arms regarding dogs'

175 features and possible outcome variables; however, concerning sex distribution, there was a  
176 statistically significant difference between groups, as males were more common in Group 1  
177 and females were more common in Group 2 (P=0.043; Table 2). For all dogs, pre-surgical,  
178 pre-dosing, and post-dosing imaging investigations were performed through thoracic  
179 radiographs and abdominal ultrasound. Two dogs (case 6 and case 22; Table 1) had CT scans  
180 repeated throughout the follow-up period.

181

### 182 ***Group 1 (MTDC-MC)***

183 There were 3 mixed breed dogs, 2 German shepherds, 1 Golden retriever, 1 Labrador  
184 retriever, 1 Boxer, 1 Great Dane, and 1 Italian cane Corso. Mean age was 8.9 ( $\pm$  2.6)  
185 years and mean weight was 36.4 ( $\pm$  12.0) kg. There were 8 males (n=4 neutered) and 2  
186 spayed female dogs. HSA occurred in the spleen as primary site in 8 dogs; all dogs  
187 presented with hemoperitoneum because of splenic rupture. The remaining 2 dogs had  
188 subcutaneous (n=1) and osseous (n=1) HSA.

189 All dogs underwent surgery, consisting of splenectomy, removal of the subcutaneous  
190 tumour, or amputation according to cancer location. Histopathological evaluation  
191 revealed clean surgical margins in the subcutaneous and osseous HSA; surgical margins  
192 were deemed not assessable for dogs presenting with visceral rupture.

193 According to the WHO classification, 9 dogs had stage II disease, and 1 dog with  
194 osseous HSA had stage III disease.

195 The mean time from surgery to initial MTDC administration was 20.8 ( $\pm$  15.4) days.

196 Eight dogs received doxorubicin as single agent, and 2 dogs received a combination of  
197 doxorubicin and dacarbazine. For all dogs, the median number of doxorubicin cycles  
198 was 5 (range, 4 to 6 cycles), and the initial dose was 30 mg/m<sup>2</sup> for all dogs.

199 Chemotherapy dose reduction was undertaken in 3 dogs receiving single agent



200 doxorubicin; this was performed at the clinician's discretion after haematological and/or  
201 gastrointestinal toxicity developed: 2 dogs had 10% and 1 had 20% dose reduction. The  
202 median total dose of doxorubicin was 132 mg/m<sup>2</sup> (range, 120 to 180 mg/m<sup>2</sup>).  
203 The median time from completion of MTDC to start of MC was 17.5 days (range, 13 to  
204 24 days). Cyclophosphamide was administered q24h in 2 dogs and q48h in the  
205 remaining 8 dogs. The median single cyclophosphamide dose was 8.5 mg/m<sup>2</sup> (range, 7  
206 to 15 mg/m<sup>2</sup>), and the median weekly cumulative dose was 44 mg/m<sup>2</sup> (range, 28 to 105  
207 mg/m<sup>2</sup>). Concerning NSAIDs, 5 dogs received piroxicam, 4 had meloxicam and 2 dogs  
208 received firocoxib. Thalidomide was given in combination with standard MC in 7  
209 (70%) of 10 dogs: 5 dogs received 2 mg/kg q24h, whereas the remaining 2 were treated  
210 at 3 mg/kg q24h.

211

## 212 ***Group 2 (MTDC)***

213 There were 5 mixed breed dogs, 2 Labrador retriever and 1 each of Boxer, German  
214 shepherd, Pitt Bull, Rottweiler and Yorkshire terrier. Mean age was 9.8 (± 2.2) years  
215 and mean weight was 27.2 (± 10.4) kg. There were 8 female (n=4 spayed) and 4 males  
216 (n=1 neutered) dogs. HSA occurred in the spleen as primary site in 11 dogs; 10 of them  
217 presented with hemoperitoneum because of splenic rupture. One dog had a  
218 subcutaneous HSA.

219 All dogs underwent surgery, consisting of splenectomy and removal of the  
220 subcutaneous tumour according to cancer location. Histopathological evaluation  
221 revealed clean surgical margins in the subcutaneous HSA; surgical margins were  
222 deemed not assessable for dogs presenting with visceral rupture.

223 According to WHO, 11 dogs had stage II disease, and 1 had stage I disease. The dog  
224 with stage I disease had a splenic HSA.

225 The mean time from surgery to initial MTDC administration was 25.0 ( $\pm$  12.1) days.  
226 Nine dogs received doxorubicin as single agent and 3 dogs received a combination of  
227 doxorubicin and dacarbazine. The median number of doxorubicin cycles was 4 (range, 2  
228 to 5 cycles) and all dogs received a starting dose of doxorubicin of 30 mg/m<sup>2</sup>.  
229 Chemotherapy dose reduction was performed in 2 dogs receiving single agent  
230 doxorubicin; this was performed at the clinician's discretion due to haematological  
231 and/or gastrointestinal toxicity: one dog had 10% and one had 20% dose reduction. The  
232 median total dose of doxorubicin was 120 mg/m<sup>2</sup> (range, 60 to 180). In the three dogs  
233 receiving doxorubicin and dacarbazine, the protocol was designed as previously  
234 reported.<sup>14</sup> Cases' data are summarized in Table 1.

235

### 236 *Clinical outcome*

237 Three (30%) out of the 10 dogs included in Group 1 (MTDC-MC) developed metastatic  
238 disease after 119, 151 and 460 days, respectively. Metastases were found in the  
239 peritoneum (n=2) and liver and lung (n=1). The two dogs with metastases to the  
240 peritoneum developed haemoabdomen.

241

242 Nine (75%) of the 12 dogs included in Group 2 (MTDC) developed metastatic disease  
243 after a median of 134 days (range, 89 to 174 days). Metastases were found in lung  
244 (n=3), peritoneum (n=2), liver (n=2), lung and brain (n=1) and lung, stomach and liver  
245 (n=1). The two dogs with metastases to the peritoneum developed haemoabdomen.

246

247 Overall, median TTM was significantly longer for dogs receiving MTDC-MC compared  
248 to those receiving MTDC only (not reached versus 150 days, respectively; P=0.028;  
249 Figure 1).

250

251 Six (60%) out of the 10 dogs included in Group 1 (MTDC-MC) were dead at the end of  
252 the study. Three (27.2%) dogs with splenic HSA died as a result of disease progression  
253 after 152, 191 and 487 days. Three dogs with splenic HSA died of tumour-unrelated  
254 causes after 165, 292 and 730 days, respectively, with no evidence of tumour recurrence  
255 or metastasis. One dog (splenic HSA) was lost to follow-up after 680 days from the  
256 diagnosis; at the last visit this dog had no evidence of macroscopic disease.

257 Three dogs (osseous, n=1, and splenic, n=2) were still alive with no evidence of disease  
258 after 311, 640 and 1280 days, respectively.

259

260 Ten (83.3%) out of the 12 dogs in Group 2 (MTCD) were dead at data analysis closure:  
261 9 (75%) died as a result of HSA progression with a median survival time of 156 days  
262 (range, 97 to 341 days). Of these 9 dogs, 7 had splenic stage II HSA, 1 had splenic stage  
263 I HSA, and one had subcutaneous stage II HSA. The remaining dog (splenic stage II  
264 HSA) died 803 days after the diagnosis because of tumour-unrelated causes.

265 Two dogs with splenic HSA were still alive with no evidence of disease at 437 and 608  
266 days, respectively.

267

268 Overall, dogs receiving MTDC followed by MC had a significantly longer median ST  
269 than those receiving MTDC only (not reached versus 168 days, respectively; P=0.030;  
270 Figure 2).

271

## 272 ***Toxicity***

273 During MTDC, neutropenia occurred in 4 (40%) dogs in Group 1. One dog had one  
274 episode of grade 1 neutropenia, 2 dogs had one episode of grade 2 neutropenia, whereas  
275 1 dog had 2 episodes of grade 2 neutropenia. In all dogs haematological toxicities  
276 resolved without sequel.

277 In Group 2, 1 (8.3%) dog developed 2 episodes of grade 4 non-febrile neutropenia, and  
278 1 (8.3%) dog developed one episode of grade 2 anaemia.

279 Gastrointestinal toxicity was the second most common adverse event in both groups,  
280 and consisted of vomiting, diarrhoea and decreased appetite of mild to moderate  
281 severity. Gastrointestinal toxicity of grade 2 occurred in 2 (20%) dogs in Group 1.  
282 These dogs had no concurrent episodes of haematological toxicity. In Group 2, 3 (25%)  
283 dogs developed gastrointestinal toxicity: 1 dog had one episode of grade 3 anorexia and  
284 2 dogs had 1 episode of grade 2 vomiting (1 concurrently had grade 2 anaemia).

285 The overall frequency of MTDC related side effects did not differ between groups  
286 (Table 2).

287

288 During MC, 4 (40%) dogs developed gastrointestinal, haematological and/or urothelial  
289 adverse events. Two dogs developed grade 2 sterile haemorrhagic cystitis after 180 and  
290 470 days, respectively; in both cases cyclophosphamide was discontinued and  
291 chlorambucil was started; cystitis resolved within 4 weeks in both cases. One dog  
292 developed grade 1 diarrhoea and in one case grade 1 vomiting and diarrhoea occurred  
293 simultaneously. Gastrointestinal signs resolved with symptomatic treatment and did not  
294 recur.

295

## 296 **Discussion**

297 The treatment of HSA continues to be extremely challenging in veterinary oncology.  
298 Unfortunately, little progress has been made over the years, and prognosis for dogs with  
299 HSA is poor as a result of the aggressive nature of the disease, leading to invasion of  
300 nearby organs and vessels, early metastasis and limited treatment options providing  
301 durable disease control. Surgery is designed to remove all macroscopic tumours and  
302 prevent further risk of acute haemorrhage, but is considered purely palliative. The

303 addition of chemotherapy in an effort to treat microscopic disease has been documented  
304 to provide a modest improvement in outcome, with reported median survival times in  
305 the range of 6-8 months and less than 10% of dogs being alive at 12 months.<sup>1,2</sup>

306 The “cell kill” paradigm associated with MTDC has been successful in the treatment of  
307 human and canine haematological neoplasia, but unfortunately this has not provided  
308 long-lasting responses in the majority of advanced solid tumours.<sup>21</sup> Failure of MTDC  
309 may be multifactorial, being attributable to the heterogeneity of cancer cells, genetic  
310 make-up, and the influence of tumour microenvironment, thereby giving rise to  
311 treatment resistance.<sup>21</sup> Based on the above, the Gatenby’s hypothesis of controlling  
312 tumour growth instead of trying to eradicate it may become a more rational strategy.<sup>27</sup>

313 Maintenance therapy refers to a treatment that is given to avoid disease progression  
314 after the cancer has been successfully controlled with the initial therapy.<sup>21</sup>

315 An effective maintenance therapy should accomplish good patient tolerability, lack of  
316 cumulative toxicities, and cost-effectiveness. Maintenance therapy may consist of  
317 “continuation” therapy where one drug of the initial therapy is continued after the  
318 induction phase of the protocol, or of “switch” maintenance in which a new agent is  
319 introduced.<sup>21,28</sup>

320 Switch maintenance has been recently investigated in canine stage I-II splenic HSA by  
321 administering the tyrosine kinase inhibitor toceranib phosphate. Toceranib mainly  
322 targets the stem cell factor receptor KIT, platelet derived growth factor receptor and  
323 vascular endothelial growth factor receptor (VEGFR), which are typically expressed by  
324 canine HSA.<sup>29</sup>

325 As in our study, the switch maintenance was administered in the microscopic disease  
326 setting after completion of doxorubicin MTDC. Unfortunately, disease-free interval nor  
327 ST were improved when comparing dogs receiving or not receiving maintenance  
328 toceranib.<sup>29</sup>

329 It has become progressively clear that the endothelial cell compartment is an attractive  
330 target for anticancer therapy as a result of the evident importance of the tumour  
331 vasculature for sustaining tumour growth and metastasis. Also, the endothelial cells are  
332 sensitive to the action of conventional cytotoxic drugs, including cyclophosphamide,  
333 if the dosing regimen is altered to the so-called anti-angiogenic scheduling.<sup>15</sup>

334 In a previous study, dogs with stage II HSA receiving an oral adjuvant therapy  
335 consisting of alternating low-dose daily cyclophosphamide and etoposide in  
336 combination with piroxicam had comparable survival times to historical controls treated  
337 with conventional doxorubicin chemotherapy.<sup>19</sup> Starting from the promising results of  
338 the mentioned study, we hypothesised that outcome might be improved, if a MC  
339 schedule is to be administered after MTDC as a consolidation strategy. To this end, we  
340 retrospectively compared HSA dogs receiving MTDC versus MTDC followed by MC  
341 in the microscopic setting. Beside cyclophosphamide and NSAID, thalidomide was  
342 added to this combination in the majority of dogs.

343 The results obtained in the current study suggest an advantage of the addition of  
344 maintenance MC over MTDC alone in terms of metastatic control and survival. Indeed,  
345 dogs undergoing chemo-switch after dose-intense chemotherapy had a significantly  
346 longer TTM and ST compared to dogs receiving MTDC, suggesting that chemo-switch  
347 improves long-term tumour control in biologically aggressive canine HSA. These  
348 results may be explained by the following considerations.

349 The use of continuous, low-dose cyclophosphamide exerts potent anti-angiogenic  
350 properties through the inhibition of proliferation and/or induction of apoptosis of  
351 activated endothelial cells, selective inhibition of migration of endothelial cell, increase  
352 in the expression of thrombospondin-1, and sustained decrease in levels and viability of  
353 bone marrow-derived endothelial progenitor cells.<sup>15</sup> Moreover, it has been shown that  
354 metronomic cyclophosphamide can also target the immune system by activating or

355 restoring its antitumor properties, particularly through the inhibition of T regulatory  
356 lymphocytes and enhance the cytotoxic T lymphocytes response.<sup>30,31</sup>

357 Non-selective NSAIDs and COX-2 selective inhibitors such as piroxicam and  
358 meloxicam are effective in counteracting tumour angiogenesis, by boosting the effect  
359 of cyclophosphamide.<sup>32-34</sup>

360 Alongside its teratogenic effect, thalidomide is a potent inhibitor of angiogenesis  
361 through inhibition of VEGF, basic fibroblastic growth factor, and tumour necrosis factor  
362 alpha, and may play a role in anti-angiogenic strategies.<sup>35</sup>

363 A recent study has suggested that the combination of MTDC and MC may be superior  
364 to MTDC alone in the treatment of canine splenic HSA in the early follow-up period,<sup>20</sup>  
365 however survival times were modest compared to the group receiving MTDC alone and,  
366 importantly, these did not differ substantially from the published literature.<sup>1,2</sup> In the  
367 aforementioned study, 13 dogs with splenic HSA received doxorubicin and MC either  
368 sequentially (chemo-switch; n=6) or concurrently (n=7). Median survival time for these  
369 dogs was 4.3 months, and median duration of treatment was 56 days; it was  
370 hypothesised that metastatic disease rapidly progressed after chemotherapy was  
371 interrupted for whichever reason.<sup>20</sup> In the current study group, the use of MC  
372 significantly improved outcome, and it may be hypothesised that the difference between  
373 our study and Wendelburg's study may be due to the use of the potent antiangiogenic  
374 drug thalidomide or to the continuous use of MC.

375 While MTDC can serve to de-bulk HSA by directly targeting the cancer cells,  
376 maintenance MC may disrupt crucial angiogenic pathways, impeding the inevitable  
377 rebound and regrowth, ultimately translating into significant therapeutic benefits.

378 In agreement with previous studies, MC was well tolerated, and side effects were  
379 mainly gastro-intestinal and of mild severity.<sup>17,18</sup> Haemorrhagic cystitis occurred in 2  
380 dogs, most likely as a consequence of prolonged treatment with cyclophosphamide;

381 however gastrointestinal and haematological adverse event could have also been due to  
382 transient and undiagnosed comorbidities and not related to MC.

383 Limitations of this study include its retrospective nature, the low number of cases, the  
384 different tumour site origin, the variability of chemotherapy protocols used in the  
385 MTDC phase and the lack of necropsies. Five dogs received a combination of  
386 doxorubicin and dacarbazine, which has recently demonstrated encouraging results  
387 providing an increase in the chances of survival for biologically aggressive canine  
388 HSA.<sup>14,36</sup> Nevertheless, in the present series dogs receiving doxorubicin and  
389 dacarbazine were equally distributed among groups, thereby rendering unlikely the  
390 chance of having improved outcome in one group only. Dogs' features and possible  
391 outcome variables were homogeneously distributed between groups with the exception  
392 of sex: male dogs were more common in Group 1 whereas females were more common  
393 in Group 2. Although this finding is likely to be a bias due to the small sample size, we  
394 cannot exclude that the small number of dogs included in this study may have  
395 contributed to reach significance for the other variables analysed.

396

397 Finally, it must be acknowledged that 3 dogs treated with MTDC were censored  
398 belatedly (after 437, 608 and 803 days), compared to 6 dogs treated with MTDC and  
399 MC, and among them 3 were censored early (after 165, 292 and 311 days). While this  
400 may reflect a better outcome, as fewer dogs died due to HSA in Group 1 compared to  
401 Group 2, it also could have biased the results, as early deaths due to tumour-unrelated  
402 causes may strongly influence statistics.

403 To conclude, maintenance MC is well tolerated and may prolong TTM and survival  
404 time in dogs with biologically aggressive HSA with negative staging after completion of  
405 MTDC. Although the role of thalidomide in the treatment of HSA needs further studies,  
406 it is possible that this drug used in combination with standard MC plays an important



407 role in controlling the metastatic process of biologically aggressive canine HSA.  
408 Prospective studies with larger number of patients are required to confirm these  
409 findings.

410

411

## 412 **References**

413

- 414 1. Thamm DH. Hemangiosarcoma. In: *Withrow & MacEwen's Small Animal*  
415 *Clinical Oncology*, 5<sup>th</sup> ed., SJ Withrow, DM Vail and RL Page eds., St Louis,  
416 Saunders Elsevier, 2013: 679-688
- 417 2. Smith AN. Hemangiosarcoma in dogs and cats. *Veterinary Clinics of North*  
418 *America: Small Animal Practice* 2003; **33**: 533-552
- 419 3. Schultheiss PC. A retrospective study of visceral and nonvisceral  
420 hemangiosarcoma and hemangiomas in domestic animals. *Journal of Veterinary*  
421 *Diagnostic Investigation* 2004; **16**: 522-526
- 422 4. Shiu KB, Flory AB, Anderson CL, Wypij J, Saba C, Wilson H, Kurzman I and  
423 Chun R. Predictors of outcome in dogs with subcutaneous or intramuscular  
424 hemangiosarcoma. *Journal of the American Veterinary Medical Association*  
425 2011; **238**: 472-479
- 426 5. Ward H, Fox LE, Calderwood-Mays MB, Hammer AS and Couto CG.  
427 Cutaneous hemangiosarcoma in 25 dogs: a retrospective study. *Journal of*  
428 *Veterinary Internal Medicine* 1994; **8**: 345-348
- 429 6. Ogilvie GK, Powers BE, Mallinckrodt CH and Withrow SJ. Surgery and  
430 doxorubicin in dogs with hemangiosarcoma. *Journal of Veterinary Internal*  
431 *Medicine* 1996; **10**: 379-384

- 432 7. Wiley JL, Rook KA, Clifford CA, Gregor TP and Sorenmo KU. Efficacy of  
433 doxorubicin-based chemotherapy for non-resectable canine subcutaneous  
434 haemangiosarcoma. *Veterinary and Comparative Oncology* 2010; **8**: 221-233
- 435 8. Payne SE, Rassnick KM, Northrup NC, Kristal O, Chretien JD, Cotter SM,  
436 Kintzer P, Frimberger AE, Morrison-Collister KE, Wood CA and Moore AS.  
437 Treatment of vascular and soft-tissue sarcomas in dogs using an alternating  
438 protocol of ifosfamide and doxorubicin. *Veterinary and Comparative Oncology*  
439 2003; **1**:171-179
- 440 9. Hammer AS, Couto CG, Filppi J, Getzy D and Shank K. Efficacy and toxicity of  
441 VAC chemotherapy (vincristine, doxorubicin, and cyclophosphamide) in dogs  
442 with hemangiosarcoma. *Journal of Veterinary Internal Medicine* 1991; **5**: 160-  
443 166
- 444 10. Sorenmo KU, Jeglum KA and Helfand SC. Chemotherapy of canine  
445 hemangiosarcoma with doxorubicin and cyclophosphamide. *Journal of*  
446 *Veterinary Internal Medicine* 1993; **7**: 370-376
- 447 11. Bulakowski EJ, Philibert JC, Siegel S, Clifford CA, Risbon R, Zivin K and  
448 Cronin KL: Evaluation of outcome associated with subcutaneous and  
449 intramuscular hemangiosarcoma treated with adjuvant doxorubicin in dogs: 21  
450 cases (2001-2006). *Journal of the American Veterinary Medical Association*  
451 2008; **233**: 122-128
- 452 12. Kim SE, Liptak JM, Gall TT, Monteith GJ and Woods JP. Epirubicin in the  
453 adjuvant treatment of splenic hemangiosarcoma in dogs: 59 cases (1997-2004).  
454 *Journal of the American Veterinary Medical Association* 2007; **231**: 1550-1557
- 455 13. Sorenmo KU, Baez JL, Clifford CA, Mauldin E, Overley B, Skorupski K,  
456 Bachman R, Samluk M and Shofer F. Efficacy and toxicity of a dose-intensified

- 457 doxorubicin protocol in canine hemangiosarcoma. *Journal of Veterinary*  
458 *Internal Medicine* 2004; **18**: 209-213
- 459 14. Finotello R, Stefanello D, Zini E and Marconato L. Comparison of doxorubicin-  
460 cyclophosphamide with doxorubicin-dacarbazine for the adjuvant treatment of  
461 canine hemangiosarcoma. *Veterinary and Comparative Oncology* 2015: 1-11,  
462 doi: 10.1111/vco.12139
- 463 15. Maiti R. Metronomic chemotherapy. *Journal of Pharmacology and*  
464 *Pharmacotherapeutics* 2014; **5**: 186-192
- 465 16. Kareva I, Waxman DJ and Klement GL. Metronomic chemotherapy: An  
466 attractive alternative to maximum tolerated dose therapy that can activate anti-  
467 tumor immunity and minimize therapeutic resistance. *Cancer Letters* 2015; **358**:  
468 100-106
- 469 17. Biller B. Metronomic chemotherapy in veterinary patients with cancer:  
470 rethinking the targets and strategies of chemotherapy. *The Veterinary Clinics of*  
471 *North America. Small Animal Practice* 2014; **44**: 817-829
- 472 18. Marchetti V, Giorgi M, Fioravanti A, Finotello R, Citi S, Canu B et al. First-line  
473 metronomic chemotherapy in a metastatic model of spontaneous canine  
474 tumours: a pilot study. *Investigational New Drugs* 2012; **30**: 1725-1730
- 475 19. Lana S, U'ren L, Plaza S, Elmslie R, Gustafson D, Morley P et al. Continuous  
476 low-dose oral chemotherapy for adjuvant therapy of splenic hemangiosarcoma  
477 in dogs. *Journal of Veterinary Internal Medicine* 2007; **21**: 764-769
- 478 20. Wendelburg KM, Price LL, Burgess KE, Lyons JA, Lew FH and Berg J.  
479 Survival time of dogs with splenic hemangiosarcoma treated by splenectomy  
480 with or without adjuvant chemotherapy: 208 cases (2001-2012). *Journal of the*  
481 *American Veterinary Medical Association* 2015; **247**: 393-403.

- 482 21. Malik PS, Raina V and André N. Metronomics as maintenance treatment in  
483 oncology: time for chemo-switch. *Frontiers in Oncology* 2014; **4**: 76
- 484 22. Owen LN, ed. TNM classification of tumours in domestic animals. Geneva  
485 (Switzerland): World Health Organization; 1980
- 486 23. Leach TN, Childress MO, Greene SN, Mohamed AS, Moore GE, Schrempp DR,  
487 et al. Prospective trial of metronomic chlorambucil chemotherapy in dogs with  
488 naturally occurring cancer. *Veterinary and Comparative Oncology* 2012; **10**:  
489 102-112
- 490 24. Marconato L, Buchholz J, Keller M, Bettini G, Valenti P and Kaser-Hotz B.  
491 Multimodal therapeutic approach and interdisciplinary challenge for the  
492 treatment of unresectable head and neck squamous cell carcinoma in six cats: a  
493 pilot study. *Veterinary and Comparative Oncology* 2013; **11**: 101-112
- 494 25. Vargesson N. Thalidomide-Induced Teratogenesis: History and Mechanisms.  
495 *Birth Defects Research. Part C, Embryo Today: Reviews* 2015; **105**: 140-156
- 496 26. Veterinary Co-operative Oncology Group. Veterinary Co-operative oncology  
497 group- common terminology criteria for adverse events (VCOG-CTCAE)  
498 following chemotherapy or biological antineoplastic therapy in dogs and cats  
499 v1.0. *Veterinary and Comparative Oncology* 2004; **2**: 194-213
- 500 27. Gatenby RA, Silva AS, Gillies RJ and Frieden BR. Adaptive therapy. *Cancer*  
501 *Research* 2009; **69**: 4894-4903
- 502 28. Gerber DE and Schiller JH. Maintenance chemotherapy for advanced non-small-  
503 cell lung cancer: new life for an old idea. *Journal of Clinical Oncology* 2013;  
504 **31**: 1009-1020
- 505 29. Gardner HL, London CA, Portela RA, Nguyen S, Rosenberg MP, Klein MK, et  
506 al. Maintenance therapy with toceranib following doxorubicin-based

507 chemotherapy for canine splenic hemangiosarcoma. *BMC Veterinary Research*  
508 2015; **11**: 131

509 30. Pasquier E, Kavallaris M and André N. Metronomic chemotherapy: new  
510 rationale for new directions. *Nature Reviews. Clinical Oncology* 2010; **7**: 455-  
511 465

512 31. Burton JH, Mitchell L, Thamm DH, Dow SW and Biller BJ. Low-dose  
513 cyclophosphamide selectively decreases regulatory T cells and inhibits  
514 angiogenesis in dogs with soft tissue sarcoma. *Journal of Veterinary Internal*  
515 *Medicine* 2011; **25**: 920-926

516 32. Fischer SM, Hawk ET and Lubet RA. Coxibs and other nonsteroidal anti-  
517 inflammatory drugs in animal models of cancer chemoprevention. *Cancer*  
518 *Prevention Research (Philadelphia, Pa.)* 2011; **4**: 1728-1735

519 33. Iwase N, Higuchi T, Gonda T, Kobayashi H, Uetake H, Enomoto M et al. The  
520 effect of meloxicam, a selective COX-2 inhibitor, on the microvasculature of  
521 small metastatic liver tumors in rats. *Japanese Journal of Clinical Oncology*  
522 2007; **37**: 673-678

523 34. Mohammed SI, Craig BA, Mutsaers AJ, Glickman NW, Snyder PW, de Gortari  
524 AE et al. Effects of the cyclooxygenase inhibitor, piroxicam, in combination  
525 with chemotherapy on tumor response, apoptosis, and angiogenesis in a canine  
526 model of human invasive urinary bladder cancer. *Molecular Cancer*  
527 *Therapeutics* 2003; **2**: 183-188

528 35. Rebuck JA and Fish DN. Thalidomide revisited. *The AIDS Reader* 1998; **8**: 7-9

529 36. Dervisis NG, Dominguez PA, Newman RG, Cadile CD and Kitchell BE.  
530 Treatment with DAV for advanced-stage hemangiosarcoma in dogs. *Journal of*  
531 *the American Animal Hospital Association* 2011; **47**: 170-178

532

533 **Table 1:** Features of dogs with hemangiosarcoma included in Group 1 (MTDC-MC) and  
534 Group 2 (MTDC).

|         | Dog | Breed              | Sex | Age (years) | Weight (kg) | Tumour site | Stage at inclusion <sup>21</sup> | T-MTDC (days) | MTDC protocol     | T-MC (days) | MC protocol           | Status & cause of death (days)    |
|---------|-----|--------------------|-----|-------------|-------------|-------------|----------------------------------|---------------|-------------------|-------------|-----------------------|-----------------------------------|
| Group 1 | 1   | Mixed              | FN  | 10          | 29          | Spleen      | II, ruptured                     | 32            | DOX<br>4 cycles   | 22          | CTX,THD,<br>piroxicam | Dead (TR), 191                    |
|         | 2   | German Shepherd    | MN  | 11          | 52          | Subcute     | II                               | 54            | DOX<br>4 cycles   | 24          | CTX,THD,<br>piroxicam | Dead (IVDD), 292                  |
|         | 3   | Mixed              | M   | 10          | 19          | Spleen      | II, ruptured                     | 10            | DOX<br>6 cycles   | 14          | CTX,THD,<br>piroxicam | Dead (CHF), 165                   |
|         | 4   | German Shepherd    | M   | 13          | 34          | Spleen      | II, ruptured                     | 25            | ADTIC<br>4 cycles | 17          | CTX,THD,<br>piroxicam | Dead (TR), 152                    |
|         | 5   | Great Dane         | M   | 3           | 60          | Bone        | III                              | 3             | ADTIC<br>4 cycles | 18          | CTX,THD,<br>piroxicam | Alive (CR), 311                   |
|         | 6   | Labrador Retriever | MN  | 9           | 32          | Spleen      | II, ruptured                     | 10            | DOX<br>6 cycles   | 13          | CTX,THD,<br>piroxicam | Alive (CR), 640                   |
|         | 7   | Mixed              | MN  | 8           | 28          | Spleen      | II, ruptured                     | 10            | DOX<br>6 cycles   | 17          | CTX,THD,<br>piroxicam | Dead (TR), 487                    |
|         | 8   | Boxer              | M   | 9           | 33          | Spleen      | II, ruptured                     | 31            | DOX<br>5 cycles   | 24          | CTX,<br>firocoxib     | Alive (CR), 1280                  |
|         | 9   | Italian cane Corso | FN  | 7           | 42          | Spleen      | II, ruptured                     | 23            | DOX<br>5 cycles   | 21          | CTX,<br>firocoxib     | Dead (GDV), 730                   |
|         | 10  | Golden Retriever   | MN  | 9           | 35          | Spleen      | II, ruptured                     | 10            | DOX<br>5 cycles   | 15          | CTX,<br>meloxicam     | Alive (CR), 680<br>Lost follow-up |
| Group 2 | 11  | Mixed              | FN  | 8           | 37          | Spleen      | II, ruptured                     | 21            | ADTIC<br>4 cycles | NA          | NA                    | Dead (GDV), 803                   |
|         | 12  | Mixed              | FN  | 8           | 35          | Spleen      | II, ruptured                     | 30            | DOX<br>4 cycles   | NA          | NA                    | Dead (TR), 135                    |
|         | 13  | Mixed              | MN  | 13          | 19          | Spleen      | I                                | 24            | ADTIC<br>2 cycles | NA          | NA                    | Dead (TR), 180                    |
|         | 14  | German Shepherd    | M   | 7           | 38          | Spleen      | II, ruptured                     | 5             | DOX<br>4 cycles   | NA          | NA                    | Dead (TR), 140                    |
|         | 15  | Labrador Retriever | FN  | 8           | 28          | Spleen      | II, ruptured                     | 23            | ADTIC<br>4 cycles | NA          | NA                    | Dead (TR), 97                     |
|         | 16  | Boxer              | F   | 10          | 26          | Spleen      | II, ruptured                     | 21            | DOX<br>4 cycles   | NA          | NA                    | Alive (CR), 437                   |
|         | 17  | Rottweiler         | M   | 8           | 40          | Spleen      | II, ruptured                     | 26            | DOX<br>5 cycles   | NA          | NA                    | Dead (TR), 166                    |
|         | 18  | Yorkshire Terrier  | F   | 13          | 3           | Spleen      | II, ruptured                     | 45            | DOX<br>5 cycles   | NA          | NA                    | Alive CR, 608                     |

|  |    |                       |    |    |    |         |              |    |                 |    |    |                |
|--|----|-----------------------|----|----|----|---------|--------------|----|-----------------|----|----|----------------|
|  | 19 | Pitt Bull             | F  | 10 | 19 | Subcute | II           | 44 | DOX<br>5 cycles | NA | NA | Dead (TR), 341 |
|  | 20 | Mixed                 | M  | 12 | 29 | Spleen  | II, ruptured | 35 | DOX<br>5 cycles | NA | NA | Dead (TR), 156 |
|  | 21 | Mixed                 | F  | 8  | 23 | Spleen  | II, ruptured | 12 | DOX<br>4 cycles | NA | NA | Dead (TR), 146 |
|  | 22 | Labrador<br>Retriever | FN | 12 | 29 | Spleen  | II, ruptured | 14 | DOX<br>5 cycles | NA | NA | Dead (TR), 170 |



535

536 Congestive heart failure (CHF), cyclophosphamide (CTX), complete remission (CR),  
537 doxorubicin (DOX), doxorubicin and dacarbazine (ADTIC), female (F), female neutered  
538 (FN), gastric dilatation volvulus (GDV), intervertebral disk disease (IVDD), male (M), male  
539 neutered (MN), maximum tolerated dose chemotherapy (MTDC), metronomic chemotherapy  
540 (MC) not administered (NA), thalidomide (THD), time from surgery to start of maximum  
541 tolerated dose chemotherapy (T-MTDC), time from the completion of maximum tolerated  
542 dose chemotherapy to the start of metronomic chemotherapy (T-MC), chemo tumor-related  
543 (TR).

544

545

546

547

548 **Table 2.** Baseline features and MTDC details of 22 dogs with haemangiosarcoma receiving  
 549 (Group 1) or not receiving (Group 2) metronomic chemotherapy.

| <b>Variables</b>  | <b>Group 1</b><br>( <i>n</i> = 10) | <b>Group 2</b><br>( <i>n</i> = 12) | <b><i>P</i></b> |
|---|------------------------------------|------------------------------------|-----------------|
| Sex   |                                    |                                    |                 |
| male  | <i>n</i> = 8                       | <i>n</i> = 4                       | 0.043           |
| female  | <i>n</i> = 2                       | <i>n</i> = 8                       |                 |
| Breed   |                                    |                                    |                 |
| mixed breed   | <i>n</i> = 3                       | <i>n</i> = 5                       | 0.675           |
| purebred  | <i>n</i> = 7                       | <i>n</i> = 7                       |                 |
| Age<br><i>mean (SD)</i>                                 | 8.9 (± 2.6) years                  | 9.8 (± 2.2) years                  | 0.422           |
| Weight<br><i>mean (SD)</i>                              | 36.4 (± 12.0) kg                   | 27.2 (± 10.4) kg                   | 0.067           |
| Location  |                                    |                                    |                 |
| splenic   | <i>n</i> = 8                       | <i>n</i> = 11                      | 0.571           |
| other   | <i>n</i> = 2                       | <i>n</i> = 1                       |                 |
| Stage   |                                    |                                    |                 |
| 1   | <i>n</i> = 0                       | <i>n</i> = 1                       | 0.454           |
| 2   | <i>n</i> = 9                       | <i>n</i> = 11                      |                 |
| 3   | <i>n</i> = 1                       | <i>n</i> = 0                       |                 |
| Time from diagnosis to initial MTDC<br><i>mean (SD)</i> | 20.8 (± 15.4) days                 | 25.0 (± 12.1) days                 | 0.482           |
| MTDC  |                                    |                                    |                 |
| single-agent doxorubicin                                | <i>n</i> = 8                       | <i>n</i> = 9                       | 1               |
| poly-chemotherapy                                       | <i>n</i> = 2                       | <i>n</i> = 3                       |                 |
| Number of doxorubicin cycles                            |                                    |                                    | 1               |

|                       |               |               |       |
|-----------------------|---------------|---------------|-------|
| <4                    | <i>n</i> = 0  | <i>n</i> = 1  |       |
| 4-6                   | <i>n</i> = 10 | <i>n</i> = 11 |       |
| MTDC-related toxicity |               |               |       |
| no                    | <i>n</i> = 4  | <i>n</i> = 6  | 0.691 |
| yes                   | <i>n</i> = 6  | <i>n</i> = 6  |       |

550

551 Maximum tolerated dose chemotherapy (MTDC), standard deviation (SD),

552

553

554

555 **Captions to figures:**

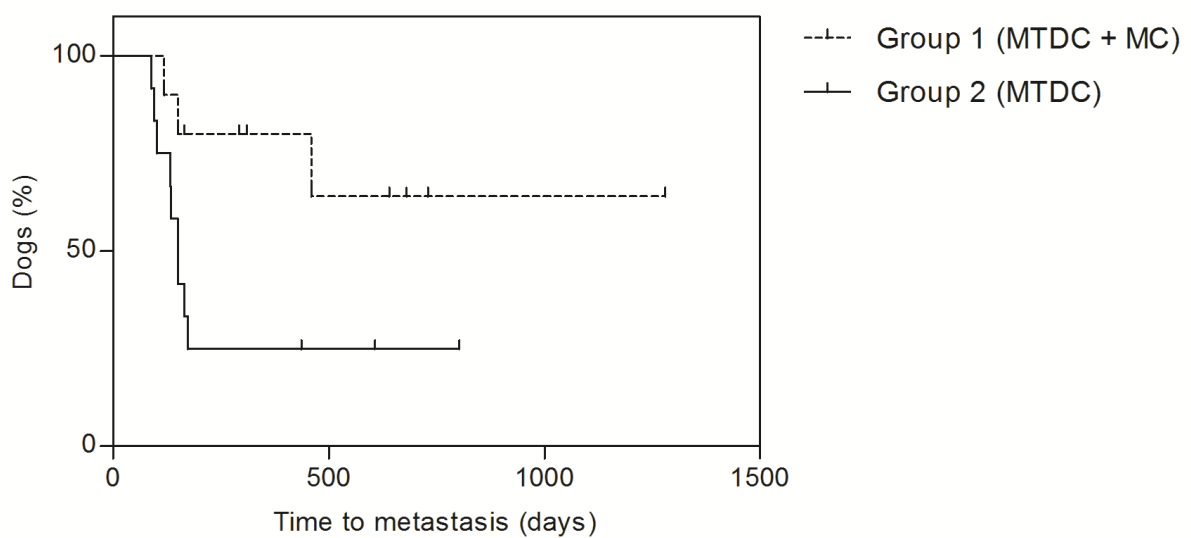
556

557 **Figure 1:** Time to metastases for dogs treated with MTDC-MC (dots) and MTDC (line).

558 In the MTDC-MC group, dogs had a longer time to metastases (not reached versus 150

559 days, respectively; P=0.028).

560



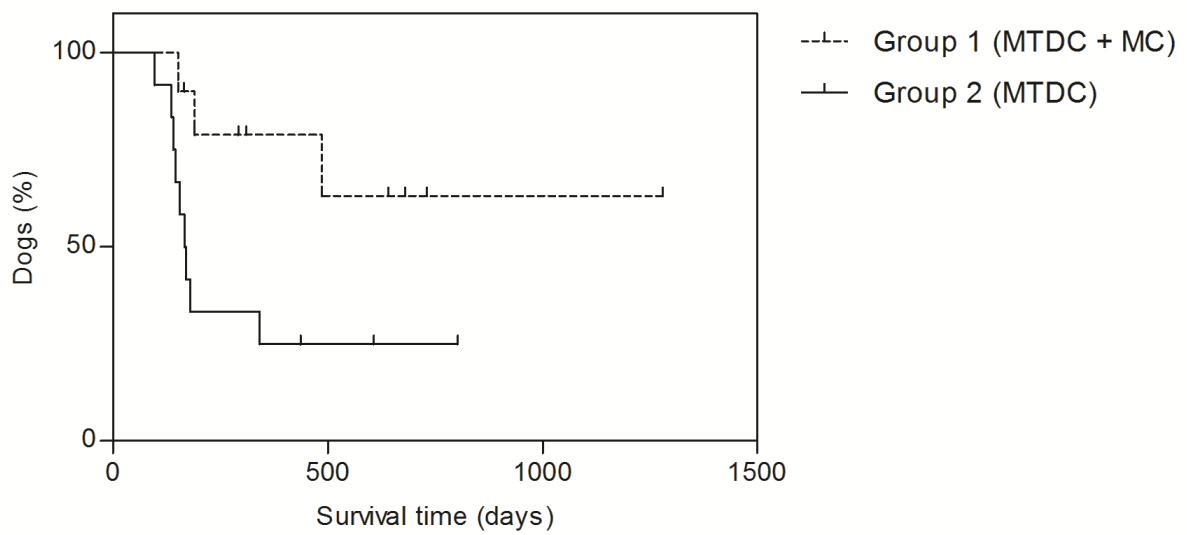
561

562

563

564 **Figure 2:** Survival time for dogs treated with MTDC-MC (dots) and MTDC (line). In  
565 the MTDC-MC group, dogs had a longer survival time (not reached versus 168 days,  
566 respectively;  $P=0.030$ ).

567



568

569