

Interpretive summary

1
2
3
4
5
6
7
8
9
10
11
12

Antibacterial activity and immunomodulatory effects on a bovine mammary epithelial cell line exerted by nisin A-producing *Lactococcus lactis* strains.

Malvisi et al. Some *Lactococcus lactis* strains produce antibacterial molecules known as bacteriocins. In the present study, the cell free supernatants (CFSs) of 25 *L. lactis* broth cultures were tested for antibacterial activity against 29 mastitis pathogens. We demonstrated that the CFSs from two strains contained nisin A, a class I bacteriocin, and exerted antibacterial activity. The treatment of a mammary epithelial cell line with such CFSs or with the lactococcal live cultures induced some interesting immunomodulatory activities on the cells. Therefore, these *L. lactis* strains could be used for the development of alternative treatments against mastitis.

14

15 **Antibacterial activity and immunomodulatory effects on a bovine mammary epithelial cell**
16 **line exerted by nisin A-producing *Lactococcus lactis* strains.**

17

18 **M. Malvisi ^{*}, M. Stuknytė [†], G. Magro ^{*}, G. Minozzi ^{*}, A. Giardini [‡], I. De Noni [†], R. Piccinini**

19 ^{*1}

20

21

22 ^{*}Department of Veterinary Science and Public Health, University of Milan, Via Celoria 10, 20133
23 Milan, Italy

24 [†]Department of Food, Environmental and Nutritional Sciences (DeFENS), University of Milan,
25 via Celoria 2, 20133 Milan, Italy

26 [‡]Clerici-Sacco Group, Via Manzoni, 29/A, 22071 Cadorago, Italy

27

28

29 ¹Corresponding author: renata.piccinini@unimi.it

30

31

32 **ABSTRACT**

33

34 Twenty-nine strains of mastitis pathogens were used to study the antibacterial activity of the cell
35 free supernatants (CFSs) of 25 strains of *Lactococcus lactis* subsp. *lactis*. Out of the tested strains,
36 only the CFSs of *L. lactis* LL11 and SL153 were active, inhibiting and killing most of the
37 pathogens. By means of UPLC/HR-MS, they were shown to produce nisin A, a class I bacteriocin.
38 A variable sensitivity to nisin A-containing CFSs was observed among *Streptococcus uberis* and

39 *Enterococcus faecalis* strains. Nonetheless, *Strep. agalactiae*, *Strep. uberis* and *E. faecalis*
40 displayed high minimum inhibitory concentration (MIC) values reaching 384 Arbitrary Units/mL
41 (AU/mL). Interestingly, the MIC values and the bactericidal concentrations were almost identical
42 among them for each of the two stains, LL11 and SL153. Staphylococci were on average less
43 sensitive than streptococci, but the two CFSs inhibited and killed, at different dilutions, strains of
44 methicillin-resistant *Staphylococcus aureus*. The immune response to nisin A-containing CFSs
45 was tested using the bovine mammary epithelial cell line BME-UV1. Application of CFSs did not
46 damage epithelial integrity, as demonstrated by the higher activity of N-acetyl- β -D-
47 glucosaminidase (NAGase) and lysozyme inside the cells, in both treated and control samples. On
48 the other hand, the increase of released NAGase after 15 to 24 h of treatment with LL11 or SL153
49 live cultures demonstrated an inflammatory response of epithelial cells. Similarly, a significantly
50 higher lysozyme activity was detected in the cells treated with LL11 live culture confirming the
51 stimulation of lysosomal activity. The treatment of epithelial cells with SL153 live culture induced
52 a significant TNF- α down-regulation in the cells, but did not influence IL-8 expression. The
53 control of TNF- α release could be an interesting approach to reduce the symptoms linked to
54 clinical intramammary infections. Due to their antibacterial activity and to the stimulation of
55 lysosomal activity of mammary epithelial cells, the *L. lactis* strains SL153 and LL11 could be of
56 interest for the development of alternative intramammary treatments to control cow mastitis.

57

58 **Keywords:** dairy cow mastitis; *L. lactis*; nisin A; mammary epithelial cells; UPLC/HR-MS.

59

60

INTRODUCTION

61

62 Mastitis still represents one of the major cause of economic losses in dairy herds due to reduction
63 of milk production and quality (Geary et al., 2014), to premature culling (Heikkilä et al., 2012)
64 and to the costs related to antibiotic therapy and to waste milk during the withholding period after

65 antibiotic treatment. Also, calf feeding with discarded milk, either raw or pasteurized, raises the
66 risk of selecting resistant fecal bacteria (Aust et al., 2013). The presence of antibiotic residues in
67 milk can also inhibit the starter cultures used for manufacturing of cheese and yoghurt (Heap,
68 1982). For these reasons, the public opinion is pushing for the reduction of the use of antibiotics
69 in veterinary field, and researchers are interested in finding new alternative approaches for
70 treatment and control of mastitis.

71 Some strains of lactic acid bacteria (LAB) are known to produce bacteriocins, which are
72 ribosomally-synthesized secreted peptides exerting antimicrobial activity either in the same
73 species (narrow spectrum) or across the genera (broad spectrum) (Balciunas et al., 2013). Bacteria
74 resist to their own bacteriocins by producing specific proteins that provide sequestration or
75 competition for bacterial receptors or pump bacteriocins out through the bacterial membrane
76 (Cotter et al., 2005). Among producer strains, LAB are the most investigated because they are
77 allowed to be present in foods, being approved as Generally Recognized As Safe (GRAS)
78 organisms by the U. S. Food and Drug Administration (Gaynor et al., 2006). At present, the
79 application to the mammary gland of viable LAB cultures or bacteriocins is under investigation.
80 Bouchard et al. (2013) demonstrated the *in vitro* ability of *Lactobacillus casei* strains to prevent
81 *Staphylococcus aureus* adhesion and internalization in MAC-T bovine mammary epithelial cells.
82 Other recent studies highlighted the efficacy of nisin A, a class I bacteriocin produced by
83 *Lactococcus lactis* subsp. *lactis* (*L. lactis*), as a valid tool for the treatment of clinical or subclinical
84 mastitis (Cao et al., 2007; Wu et al., 2007; Klostermann et al., 2008). Beecher et al. (2009)
85 demonstrated that the administration of a live culture of *L. lactis* into the bovine mammary gland
86 stimulated the innate immune response, as shown by higher pro-inflammatory cytokine expression
87 by milk somatic cells in treated quarters in comparison with controls. To the best of our knowledge,
88 studies regarding the interaction between LAB or bacteriocins and the mammary epithelial cells
89 are still lacking in the literature. Therefore, the aims of the present study were: i) to evaluate the
90 antibacterial activity of the cell-free culture supernatant (CFS) of 25 *L. lactis* strains against

91 mastitis pathogens; ii) to identify the produced bacteriocins by Ultra-Performance Liquid
92 Chromatography/High Resolution Mass Spectrometry (UPLC/HR-MS); iii) to investigate the
93 ability of the active *L. lactis* live cultures and the derived CFSs to modulate the immune response
94 of mammary epithelial cells.

95

96

MATERIALS AND METHODS

97

Bacterial Strains

99

100 Twenty-nine strains of mastitis pathogens were selected from the culture collection of the
101 Department of Veterinary Science and Public Health (University of Milan, Milan, Italy):
102 *Streptococcus agalactiae* (*Strep. agalactiae*: MB343, MB386, MB422), *Streptococcus*
103 *dysgalactiae* (*Strep. dysgalactiae*: MB280, MB324), *Streptococcus uberis* (*Strep. uberis*: MB300,
104 MB705, MB707), *Enterococcus faecalis* (*E. faecalis*: MB330, MB561, MB562, MB706),
105 *Staphylococcus aureus* (*Staph. aureus*: MB221, MB254, MB351, MB390, MB439, MB501,
106 MB512, MB535, MB543, MB781, MB786, MB798), including methicillin-resistant *Staph. aureus*
107 (MRSA: MB508, MB628) and *Staph. chromogenes* (MB307, MB309, MB316).

108 Bacterial isolates had been collected from quarter milk samples of dairy cows during mastitis
109 control programs. All strains were from subclinical intramammary infections, 4 from clinical
110 mastitis (MB280, MB705, MB535, MB798) and one from a quarter after antibiotic treatment
111 (MB707). Bacteriological analysis of milk and bacterial colony identification was performed
112 according Hogan et al. (1999). Species identification was confirmed by API System (Rapid ID 32
113 *Strep*, Biomérieux, Marcy-l'Étoile, France). Antibiotic sensitivity of each strain was tested by
114 Kirby-Bauer disk diffusion method (CLSI, 2008). The drugs mainly used in the treatment of
115 clinical or subclinical bovine mastitis (penicillin, ampicillin, amoxicillin/clavulanic acid, oxacillin,
116 1st, 3rd and 4th generation cephalosporins, norfloxacin, rifaximin, tylosin, kanamycin,

117 tiamphenicol, sulfamethoxazole/trimethoprim) were tested. All isolates were stored at -80 °C in
118 Microbank Bacterial Preservation System (Thermo Fisher Scientific Inc., Waltham, MA, USA).
119 Before use, the thawed isolates were cultured on bovine blood agar plates (5% of blood, Oxoid,
120 Basingstoke, UK) and thereafter grown in Brain Heart Infusion (BHI) broth (Oxoid, Basingstoke,
121 UK) for 24 h at 37 °C.

122 Twenty-five strains of *L. lactis* from the collection of Clerici-Sacco Group (Cadorago, Italy) were
123 tested for antibacterial activity. They were maintained on MRS agar (Difco, Bordeaux, France) at
124 4 °C until use.

125

126 ***Partial Purification of Antibacterial Molecules***

127

128 Partial purification of antibacterial molecules produced by the strains of *L. lactis*, cultivated in
129 MRS broth, was performed by the adsorption-desorption method as described by Yang *et al.*
130 (1992) and Baljinder *et al.* (2013). The release of bacteriocins from the cell wall is known to be
131 complete at pH 3.0: after the addition of lactic acid, the broth cultures were centrifuged at 29,000
132 x g for 15 min and adjusted to pH 7.0. Finally CFSs were sterilized by filtration through 0.22 µm
133 pore size cellulose acetate filter and stored at -80 °C until use. The crude or partially purified CFSs
134 were subsequently fractionated by ultrafiltration (UF) through a 1 kDa cut-off membrane
135 (Millipore, Darmstadt, Germany) and tested for antibacterial activity.

136

137 ***Antibacterial Activity of L. lactis Strains***

138

139 Antibacterial activity of CFSs was tested using the minimum inhibitory concentration (MIC) assay
140 against each mastitis pathogen isolate, according to Clinical and Laboratory Standards Institute
141 guidelines (CLSI, 2008). Serial twofold dilutions of each CFS were performed in 100 µL of BHI
142 broth supplemented with 5% fetal calf serum (Gibco, Thermo Fisher Scientific, Waltham, MA),

143 in 96-well microplates. The antimicrobial activity of each CFS was expressed as arbitrary units/mL
144 (AU/mL), being 1 AU defined as the reciprocal of the highest dilution that completely inhibited
145 bacterial growth. The turbidity in the wells containing the CFS was compared with the turbidity
146 of the control wells, as detected by the unaided eye, in accordance with CLSI procedure (2008).
147 To test bactericidal effect of the CFSs, the minimum bactericidal concentration (MBC) was
148 assayed, plating 10 μ L of the dilution representing the MIC endpoint and of two more concentrated
149 dilutions and then counting the colonies of growth. The MBC was defined as the lowest
150 concentration showing $\geq 99\%$ killing (CLSI, 2008).

151

152 ***SDS-PAGE of CFSs of L. lactis LL11 and SL153***

153

154 After UF at 1 kDa, the permeates and the retentates of crude CFSs and partially purified CFSs
155 were mixed with SDS-PAGE native sample buffer (Bio-Rad Laboratories, Hercules, CA).
156 Separation was performed on a 15 % polyacrylamide (PAA) gel in TRIS–glycine–SDS buffer on
157 SE 250 mini-vertical gel electrophoresis system (Hoefer Inc., Holliston, MA). PageRuler Plus
158 Prestained Protein Ladder (10–250 kDa; Thermo Fisher Scientific, Waltham, MA) and Spectra
159 Multicolor Low Range Protein Ladder (1.7-40 kDa; Thermo Fisher Scientific) were used as
160 protein molecular weight markers. The electrophoresis was run at 23 °C and 50 V for the first 0.5
161 h and then at 100 V for 2 h. Gels were stained with Coomassie brilliant blue G-250. The molecular
162 weights of protein bands were estimated by calculating the relative migration distance (*rf*) values
163 as described by Hames (1998).

164 For antibacterial activity test, unstained PAA gels were fixed, washed (with milliQ-treated water
165 for 2 h at 25°C in slight agitation changing water every 15 min), aseptically placed on soft agar
166 (1% BHI agar supplemented with 5% of fetal calf serum) and overlaid with the same medium
167 inoculated with 10⁶ cfu/mL of *Streptococcus agalactiae* MB386. This strain was chosen as an

168 indicator of antibacterial activity, based on the MIC results. The plates were incubated at 37 °C
169 for 18 to 24 h and the inhibition zone of growth was evaluated.

170

171 ***Separation and Identification of Antimicrobial Molecules Present in the CFSs of L. lactis***
172 ***Strains LL11 and SL153 by UPLC/HR-MS***

173

174 The UF retentates of the partially purified CFSs were analyzed by UPLC using an Acquity
175 separation module (Waters, Milford, MA) with a photo diode array eλ detector (Waters). The
176 UPLC was coupled to a high resolution Q Exactive MS (HR-MS, Thermo Scientific, San Jose,
177 CA, USA) through an electrospray ionization source. Samples were separated on an Aeris
178 Widepore XB-C4 column (2.1×150 mm, 3.6 μm; Phenomenex, Torrance, CA) kept at 40 °C. The
179 eluents were: 0.1% trifluoroacetic acid (TFA) in milliQ-treated water (solvent A) and 0.1% TFA
180 in acetonitrile (solvent B). The UPLC separation was performed by using a linear elution gradient
181 (10% to 55% of solvent B in 13.7 min) at a flow rate of 0.2 mL/min. Proteins in the eluate were
182 detected at 210 nm and subsequently analyzed by HR-MS using full scan analysis in the range
183 300–2000 m/z. The resolution was set at 35K. The AGC target was 5x10⁵. The maximum ion
184 injection time was 100 ms. The MS data were automatically processed using Xcalibur 3.0 software
185 (Thermo Scientific), and protein mass deconvolution was performed using Xtract software
186 (Thermo Scientific).

187

188 ***Challenge of Bovine Mammary Epithelial Cell line BME-UV1 with CFSs or Live L. lactis***
189 ***Cultures***

190

191 The continuous cell line of bovine mammary epithelial cells, BME-UV1, was grown to confluence
192 in 6-well plates (Falcon Becton Dickinson Labware, Franklin Lakes, NJ, USA) for 58 h, as
193 described by Zavizion et al. (1996). The cells were washed twice with Hanks' Balanced Salts

194 Solution (HBSS, Sigma-Aldrich, St. Louis, MO). Complete medium without fetal calf serum was
195 added before the challenge with CFS or live lactococcal cultures, in order to avoid possible
196 interference of the serum with the enzyme activity. The experiment was performed in duplicate.
197 Two *L. lactis* strains (LL11 and SL153) were incubated in Roswell Park Memorial Institute
198 medium (RPMI-1640) medium for 48 h and the derived CFSs were assayed with the MIC test to
199 confirm the antibacterial activity. The CFSs were then added to BME-UV1 cell-culture to a final
200 concentration of 10% in fetal calf serum-free medium. Analogously, 30 μ L of a suspension (10^4
201 cfu/mL) of each lactococcal live culture were added to distinct wells, and after 4 h, 8 h, 15 h, and
202 24 h of stimulation both culture medium and epithelial cells were collected and stored separately.
203 Aliquots of 3×10^6 BME-UV1 cells were suspended in *RNAlater* (Sigma-Aldrich) and stored at -
204 80°C until RNA extraction, while culture medium was frozen at -20°C .

205

206 ***Detection of Enzyme Activity and Cytokine Expression***

207

208 Culture medium was tested for the amount of antibacterial enzymes typically involved in the
209 mammary innate immune response, i.e. N-acetyl- β -D-glucosaminidase (NAGase) and lysozyme
210 (LZ). Epithelial cells were assayed for both enzymes activities and for pro-inflammatory cytokines
211 (TNF- α and IL-8) expression.

212 NAGase and LZ were quantified in duplicate on a microplate fluorometer (Fluoroskan Ascent,
213 Thermo Fisher Scientific) using fluorescence-based procedures, as previously described (Kitchen
214 et al., 1978; Pilla et al., 2010).

215 Total RNA was extracted using Illustra Mini RNA isolation kit (GE Healthcare, Little Chalfont,
216 UK) according to manufacturer's instructions; RNA quantification and purity was estimated by a
217 spectrophotometer ND-100 (Nanodrop Technologies, Wilmington, DE). RNA was reverse
218 transcribed using QuantiTect Reverse Transcription Kit (Qiagen, Venlo, Netherlands) and
219 quantitative real-time PCR (qPCR) was performed in triplicate, using EvaGreen fluorescent

220 detection system and the Eco Real-Time PCR System (Illumina Inc., San Diego, CA, USA). The
221 gene encoding glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was selected as
222 housekeeping gene for its stability, as demonstrated in a recent research study on the validation of
223 reference genes to be applied in bovine mastitis research (Bougarn et al., 2011). Primer sequences
224 for GAPDH and TNF- α gene were previously published by Tomasinsig et al. (2010); the primers
225 for IL-8 were from Günter et al. (2010). Oligonucleotide concentration was 100 nM for GAPDH
226 and TNF- α , or 200 nM for IL-8. PCR amplifications were performed using the following
227 conditions: *Taq* polymerase activation at 95 °C for 3 min, 45 cycles of denaturation at 95 °C for
228 10 s, and annealing/extension at 62 °C (TNF- α) or at 59 °C (IL-8) for 15 s. The specificity of the
229 reaction was verified post-amplification by melt curve analysis. For relative quantification of
230 mRNA, the Ct values of the target gene transcripts were normalized against the reference gene
231 GAPDH, and the results were expressed as normalized fold expression relative to the control (not
232 stimulated cells).

233

234 ***Statistical Analysis***

235

236 The statistical analysis of the data was performed using the software SPSS Statistics (version 21.0;
237 IBM, Armonk, NY). For the analysis, the results of NAGase and LZ activity in the first two time
238 points (4 h and 8 h) were gathered and considered as early observations; the other time-points (15
239 h and 24 h) were considered as late observations. For pro-inflammatory cytokine mRNA, only the
240 4 h observations were considered as early ones, because it is expressed in the first hours after
241 stimulation. Means were compared by Two-way ANOVA and Scheffè post-hoc test. Time and
242 treatment variables were used as main effects, and NAGase, LZ and cytokine expression as the
243 dependent variables. One-way ANOVA was applied when the time variable was not significant
244 and also to analyze the differences between intracellular and extracellular localization of enzymes.
245 Results were considered as statistically significant at *P* values <0.05.

246

247

RESULTS

248

249 Antibiotic sensitivity patterns of mastitis isolates, determined by agar plate diffusion, showed that
250 all strains were resistant to at least one of the tested antibiotics (Table 1). All *Strep. agalactiae*
251 strains were resistant to oxacillin and most of them were also resistant to rifaximin and macrolides.
252 *Streptococcus dysgalactiae* and *Strep. uberis* were mostly resistant to macrolides but susceptible
253 to the other tested drugs. On the contrary, *E. faecalis* evidenced a broad resistance to oxacillin,
254 penicillin, macrolides and tiamphenicol. When considering *Staph. aureus*, most strains were
255 resistant to penicillin and ampicillin, but sensitive to the other drugs. Both MRSA were also
256 resistant to sulfamethoxazole/trimethoprim and, obviously, to oxacillin.

257 Out of 25 *L. lactis* strains, only the CFSs of LL11 and SL153 were active against mastitis
258 pathogens (Table 2). Nevertheless, a variable sensitivity, expressed as both MIC and MBC, was
259 observed not only among species, but also among different strains belonging to the same bacterial
260 species (Table 2). Identification of the antibacterial molecules produced by these two *L. lactis*
261 strains was performed in partially purified CFSs obtained by the adsorption-desorption method as
262 described in Materials and Methods. The activity of these partially purified CFSs against the
263 indicator strain (*Strep. agalactiae* MB386) was maintained, indicating that the antimicrobial
264 compound was successfully recovered. After UF at 1 kDa, the permeates of the partially purified
265 LL11 and SL153 CFSs lost their antibacterial activity, in contrary to the two UF retentates that
266 were further subjected to the SDS-PAGE analysis. For both CFSs, a narrow protein band at about
267 4 kDa was revealed (Supplementary Figure S1). The retentates of partially purified CFSs of *L.*
268 *lactis* LL11 and SL153 were subsequently fractionated by UPLC/HR-MS. The chromatograms
269 showed the presence of a major peak at 11.8 min retention time for both CFSs (Supplementary
270 Figure S2 A and B). The accurate mass of the molecules corresponding to both chromatographic
271 peaks was 3353.55 Da (Supplementary Figure S3). Accordingly, the molecule was assigned to the

272 peptide nisin A (Piper et al., 2011). Further UPLC/HR-MS analysis of standard nisin A (Sigma-
273 Aldrich) confirmed this assignment (Supplementary Figure S2 C).

274 The live *L. lactis* cultures and the derived CFSs were further investigated for their ability to
275 modulate the immune response of mammary epithelial cells. To this purpose, the stabilized line of
276 bovine mammary epithelial cells BME-UV1 was used as an *in vitro* model, because it produces
277 pro-inflammatory cytokines and antibacterial molecules upon stimulation (Tomasinsig et al.,
278 2010). The NAGase and LZ activities were investigated in both the intracellular and extracellular
279 compartments. Significant differences between the compartments were observed in controls for
280 both NAGase and LZ ($P \leq 0.001$), with higher amounts of the enzymes stored in the cells. When
281 considering NAGase, the figure did not change in all treated samples, while for LZ the intracellular
282 activity remained significantly higher only in the samples treated with *L. lactis* SL153 bacteriocins
283 or live culture. After the application of LL11, an increase of released enzyme was detected, but no
284 decrease in the intracellular activity (Figure 1). Time and treatment (CFSs or live cultures of *L.*
285 *lactis* LL11 and SL153) did not significantly influence the intracellular NAGase and LZ activities
286 during 24 h of incubation. In the extracellular compartment, in the early observations, NAGase
287 activity was higher when the cells were treated with the live LL11 strain, rather than with its CFS
288 ($P=0.049$). After 15 to 24 h of incubation, the cells treated with LL11 or SL153 live cultures
289 showed a 5-fold increase in the release of NAGase ($P=0.002$ and $P=0.001$, respectively) in
290 comparison with both bacteriocin-treated cells and controls (Figure 2).

291 A completely different activity pattern described the extracellular LZ. In the early observations,
292 LZ activity showed a significant increase when cells were treated with CFSs, but not with live
293 cultures of LL11 or SL153 strains ($P=0.02$ and $P=0.001$, respectively). Thereafter, in the late
294 observations, a maximum LZ activity was detected in of BME-UV1 cells stimulated with LL11
295 live culture ($P<0.001$; Figure 3).

296 Overall, the expression of pro-inflammatory cytokines by BME-UV1 cells in response to nisin A-
297 containing CFSs or live lactococcal cultures was similar to that of untreated cells (Figure 4). The

298 only difference (P=0.047) was observed with SL153 culture, which caused a marked decrease in
299 TNF- α expression in comparison with the control. The measurements at different time-points
300 showed considerably stable values throughout the 24 h observations. The only exception, even
301 though not significant, was the relative expression of IL-8, which showed a 7-time increase over
302 the untreated cells at 15 h post treatment with LL11 culture.

303

304

DISCUSSION

305

306 Even though a variable sensitivity to nisin A-containing CFSs was observed among *Strep. uberis*
307 and *E. faecalis* strains, *Strep. agalactiae*, *Strep. uberis* and *E. faecalis* displayed high MIC values,
308 i.e. high sensitivity to CFSs, reaching 384 AU/mL. This result is even more worth to be noted,
309 when considering the pattern of antibiotic resistance demonstrated by the tested strains. Indeed,
310 most *Strep. agalactiae*, *Strep. dysgalactiae*, *E. faecalis* and *Staph. aureus* strains showed multiple
311 resistance to the drugs generally used in the treatment of dairy cow intramammary infections.
312 Interestingly, the MIC values and the bactericidal concentrations were almost identical among
313 them for each of the two stains, LL11 and SL153. Such finding is explained by the mode of action
314 of class I bacteriocins. Nisin A forms a complex with the cell wall precursor lipid II, thus inhibiting
315 the biosynthesis of the cell wall. After aggregation, the complexes include other peptides and form
316 a pore in the bacterial membrane, thus causing the death of the microorganism (Moll et al., 1999).
317 In this study, staphylococci were on average less sensitive than streptococci, but the two tested
318 methicillin-resistant *Staphylococcus aureus* strains (MRSA) were inhibited or killed at a 1:1 or 1:4
319 dilution, respectively. The result is worth of interest, because these microorganisms represent a
320 major threat to human health, due to the development of multiple antimicrobial resistance.
321 On the side of mammary cells, the application of nisin A-containing CFSs or LL11 and SL153
322 live cultures did not damage epithelial integrity, as demonstrated by NAGase and LZ release. The
323 amount of intracellular enzymes was significantly higher than that of released enzymes, both in

324 controls and in treated cells. The unique exception was the increase in the secretion of LZ, when
325 LL11 was applied, even if with no decrease in the intracellular activity was detected: as a
326 consequence, the significance between the LZ activity in the two compartments was lost. The
327 enzymes are physiologically produced and stored in the cells and are secreted when an
328 inflammatory stimulus occurs (Kitchen et al., 1978; Ebling et al., 2001). On the other hand, the
329 noticeable increase of released NAGase after 15 to 24 h of treatment with LL11 or SL153 live
330 cultures demonstrated an inflammatory response by epithelial cells. The enzyme is usually
331 considered an indicator of dairy cow mammary inflammation and immunity response activation,
332 since its amount increases in milk from clinical and subclinical mastitis (Åkerstedt et al., 2012).
333 Similarly, the significantly higher LZ activity detected in the cells treated with LL11 live culture
334 confirmed the stimulation of lysosomal activity, while intracellular enzyme remained stable. It is
335 well known that the activity of NAGase and LZ increase during an inflammation (Sarikaya et al.,
336 2006), and that the content of both enzymes in healthy mammary quarters is not correlated with
337 milk somatic cell counts, but rather to age and lactation stage of cows (Piccinini et al., 2007).
338 As further demonstrated by Bruckmaier (2005), udder tissues play a pivotal role as a primary
339 source of innate immunity factors, expressing pro-inflammatory cytokine and antibacterial
340 enzymes after challenge with *Escherichia coli* lipopolysaccharide. The treatment with SL153 live
341 culture induced a significant TNF- α mRNA expression down-regulation in the cells, but did not
342 influence IL-8 expression. Although pro-inflammatory cytokines stimulate the host innate immune
343 defences, which are fundamental against infections, TNF- α causes the typical signs of clinical
344 inflammation. Therefore, the control of TNF- α release could be an interesting approach to reduce
345 the symptoms linked to clinical intramammary infections. Furthermore, the cytokine was shown
346 to suppress lactogenic function of the glands after infusion (Alluwaimi, 2004), by an autocrine
347 effect inhibiting the synthesis of caseins by MEC (Shea-Eaton et al., 2001). The mRNA expression
348 of IL-8, the other pro-inflammatory cytokine considered, did not significantly change over the
349 study, showing high variability between the 2 repetitions of the experiment. These results seem to

350 confirm the anti-inflammatory properties of *L. lactis* SL153 live culture, when applied onto the
351 mammary epithelial cells.

352

353

CONCLUSIONS

354

355 The identification of only two strains with antibacterial activity, out of 25 LAB tested, indicated
356 that the strains applicable to the dairy cow mastitis are quite rare. *L. lactis* LL11 and even more
357 SL153 resulted of interest for the development of alternative intramammary treatments, due to
358 their antibacterial activity and to the stimulation of lysosomal enzymes of mammary epithelial
359 cells. Indeed, the nisin A-containing CFSs could kill different mastitis pathogens, including MRSA
360 strains. Moreover, the application of the CFSs to a mammary epithelial cell line stimulated the
361 secretion of antibacterial enzymes NAGase and LZ by the cells, without causing either damage to
362 them or any adverse inflammatory reaction. Further *in vivo* studies are required, to investigate
363 potential clinical side effects and the cure rate of mastitis following the administration of a
364 preparation as that described above.

365

366

REFERENCES

367

- 368 Åkerstedt, M., M. Forsbäck, T. Larsen, and K. Svennersten-Sjaunja. 2011. Natural variation in
369 biomarkers indicating mastitis in healthy cows. *J. Dairy Res.* 78:88–96.
- 370 Alluwaimi, A. M. 2004. The cytokines of bovine mammary gland: prospects for diagnosis and
371 therapy. *Res. Vet. Sci.* 77:211–222.
- 372 Aust, V., K. Knappstein, H. J. Kunz, H. Kaspar, J. Wallmann, and M. Kaske. 2013. Feeding
373 untreated and pasteurized waste milk and bulk milk to calves: effects on calf performance,
374 health status and antibiotic resistance of faecal bacteria. *J. Anim. Physiol. Anim. Nutr.*
375 97:1091–1103.
- 376 Balciunas, E. M., F. A. Castillo Martinez, S. D. Todorov, B. D. Gombossy de Melo Franco, A.
377 Converti, and R. Pinheiro de Souza Oliveira. 2013. Novel biotechnological applications of
378 bacteriocins: A review. *Food Control* 32:134-142.
- 379 Baljinder, K., B. Praveen, M. Bharti, C. Ashish, K. Balvir and G. Neena. 2013. Antimicrobial
380 spectrum of Anti-*Gardnerella vaginalis* bacteriocin producing *Lactobacillus fermentum*
381 HV6b against bacterial vaginosis associated organisms. *Am. J. Biochem. Mol. Biol.* 3:91-
382 100.

383 Beecher, C., M. Daly, D. P. Berry, K. Klostermann, J. Flynn, W. Meaney, C. Hill, T. V. McCarthy,
384 R. P. Ross, and L. Giblin. 2009. Administration of a live culture of *Lactococcus lactis* DPC
385 3147 into the bovine mammary gland stimulates the local host immune response, particularly
386 IL-1 β and IL-8 gene expression. *J. Dairy Res.* 76:340-348.

387 Bouchard, D. S., L. Rault, N. Berkova, Y. Le Loir, and S. Even. 2013. Inhibition of
388 *Staphylococcus aureus* invasion into bovine mammary epithelial cells by contact with live
389 *Lactobacillus casei*. *Appl. Environ. Microbiol.* 79:877-885.

390 Bougarn, S., P. Cunha, F. B. Gilbert, F. Meurens, and P. Rainard. 2011. Validation of candidate
391 reference genes for normalization of quantitative PCR in bovine mammary epithelial cells
392 responding to inflammatory stimuli. *J. Dairy Sci.* 94:2425-2430.

393 Bruckmaier, R. M. 2005. Gene expression of factors related to the immune reaction in response to
394 intramammary *Escherichia coli* lipopolysaccharide challenge. *J. Dairy Res.* 72:120-124.

395 Cao, L. T., J. Q. Wu, F. Xie, S. H. Hu, and Y. Mo. 2007. Efficacy of nisin in treatment of
396 clinical mastitis in lactating dairy cows. *J. Dairy Sci.* 8:3980-3985.

397 Clinical and Laboratory Standards Institute. 2008. Performance standards for antimicrobial disk
398 and dilution susceptibility tests for bacteria isolated from animals; approved standards (M31-
399 A3). CLSI, Wayne, PA, USA

400 Cotter, P. D., C. Hill, and R. P. Ross. 2005. Bacteriocins: developing innate immunity for food.
401 *Nat. Rev. Microbiol.* 3:777-788.

402 Ebling T. L., L. K. Fox, K. W. Bayles, G. A. Bohach, K. M. Byrne, W. C. Davis, W. A. Ferens,
403 and J. K. Hillers. 2001. Bovine mammary immune response to an experimental
404 intramammary infection with a *Staphylococcus aureus* strain containing a gene for
405 staphylococcal enterotoxin C1. *J. Dairy Sci.* 84:2044-2050.

406 Gaynor, P. M., R. Bonnette, E. Garcia Jr., L. S. Kahl, and L. G. Valerio Jr. 2006. FDA's approach
407 to the GRAS provision: a history of processes. Accessed Sept. 30, 2015.
408 <http://www.fda.gov/food/ingredientspackaginglabeling/gras/ucm094040.htm>.

409 Geary, U., N. Lopez-Villalobos, B. O'Brien, D. J. Garrick, and L. Shalloo. 2014. Estimating the
410 impact of somatic cell count on the value of milk utilising parameters obtained from the
411 published literature. *J. Dairy Res.* 81:223-232.

412 Günther, J., S. Liu, K. Esch, H. J. Schuberth, and H. M. Seyfert, 2010. Stimulated expression of
413 TNF- α and IL-8, but not of lingual antimicrobial peptide reflects the concentration of
414 pathogens contacting bovine mammary epithelial cells. *Vet. Immunol. Immunopathol.*
415 135:152-157

416 Hames, B. D. 1998. *Gel Electrophoresis of Proteins: A Practical Approach*, 3rd ed., Oxford: Oxford
417 University Press.

418 Heap, H. A. 1982. Sensitivity of starter cultures to penicillin and streptomycin in bulk-starter milk.
419 *N. Z. J. Dairy Sci. Technol.* 17:81-86.

420 Heikkilä, A. M., J. Nousiainen, and S. Pyörälä. 2012. Costs of clinical mastitis with special
421 reference to premature culling. *J. Dairy Sci.* 95:139-150.

422 Hogan, J. S., R. N. Gonzales, R. J. Harmon, S. C. Nickerson, S. P. Oliver, J. W. Pankey, and K.
423 L. Smith. 1999. *Laboratory Handbook on Bovine Mastitis*, revised edition. National Mastitis
424 Council Inc. Madison WI, p. 222.

425 Kitchen, B. J., G. Middleton, and M. Salmon. 1978. Bovine milk N-acetyl- β -D glucosaminidase
426 and its significance in the detection of abnormal udder secretions, *J. Dairy Res.* 45:15-20.

427 Klostermann, K., F. Crispie, J. Flynn, R. P. Ross, C. Hill, and W. Meaney. 2008. Intramammary
428 infusion of a live culture of *Lactococcus lactis* for treatment of bovine mastitis: comparison
429 with antibiotic treatment in field trials. *J. Dairy Res.* 75:365-37.

430 Moll, G. N., W. N. Konings, and A. J. Driessen. 1999. Bacteriocins: mechanism of membrane
431 insertion and pore formation. *Antonie van Leeuwenhoek* 76:185-198.

432 Piccinini, R., E. Binda, and M. Belotti. 2007. Evaluation of milk components during whole
433 lactation in healthy quarters. *J. Dairy Res.* 74:226-232.

- 434 Pilla, R., V. Daprà, A. Zecconi, and R. Piccinini. 2010. Hygienic and health
435 characteristics of donkey milk during a follow-up study. *J. Dairy Res.* 77:392-397.
- 436 Piper, C., C. Hill, P. D. Cotter, and R. P. Ross. 2011. Bioengineering of a Nisin A-producing
437 *Lactococcus lactis* to create isogenic strains producing the natural variants Nisin F, Q and
438 Z. *Microbial Biotechnology* 4:375-382.
- 439 Sarikaya, H., G. Schlamberger, H. H. D. Meyer, and R. M. Bruckmaier. 2006. Leukocyte
440 populations and mRNA expression of inflammatory factors in quarter milk fractions at
441 different somatic cell score levels in dairy cows. *J. Dairy Sci.* 89:2479-2486.
- 442 Shea-Eaton, W. K., P. P. Lee, and M. M. Ip. 2001. Regulation of milk protein gene expression in
443 normal mammary epithelial cells by tumor necrosis factor. *Endocrinology* 142: 2558-2568.
- 444 Tomasinsig, L., G. De Conti, B. Skerlavaj, R. Piccinini, M. Mazzilli, F. D'Este, A. Tossi, and M.
445 Zanetti. 2010. Broadspectrum activity against bacterial mastitis pathogens and activation of
446 mammary epithelial cells support a protective role of neutrophil cathelicidins in bovine
447 mastitis. *Infect. Immun.* 78:1781-1788.
- 448 Wu, J., S. Hu, and L. Cao. 2007. Therapeutic effect of nisin Z on subclinical mastitis in lactating
449 cows. *Antimicrob. Agents Chemother.* 9:3131-3135.
- 450 Yang, R., M. C. Johnson, and B. Ray. 1992. Novel method to extract large amounts of bacteriocins
451 from lactic acid bacteria. *Appl. Environ. Microbiol.* 58:3355-3359.
- 452 Zavizion B, M. van Duffelen, W. Schaeffer, and I. Politis. 1996. Establishment and
453 characterization of a bovine mammary epithelial cell line with unique properties. *In Vitro*
454 *Cell Dev. Biol. Anim.* 32 (3):138-148.
455

456 Table 1. Antibiotic susceptibility patterns of mastitis pathogens: in each column, the number of sensitive (S) or resistant (R) strains is reported.

Antibiotic	<i>Strep. agalactiae</i> (n=3)		<i>Strep. dysgalactiae</i> (n=2)		<i>Strep. uberis</i> (n=3)		<i>E. faecalis</i> (n=4)		<i>Staph. aureus</i> (n=14)		<i>Staph. chromogenes</i> (n=3)	
	S	R	S	R	S	R	S	R	S	R	S	R
Penicillin	3		2		3		2	2	5	8	2	1
Ampicillin	3		2		3		3	1	5	8	2	1
Amoxicillin/clavulanic acid	3		2		3		4		11	2	3	
Oxacillin		3	2		3		1	3	11	2	3	
1 st generation Cephalosporin	3		2		3		3	1	13		3	
3 rd generation Cephalosporin	3		2		3		4		13		3	
4 th generation Cephalosporin	3		2		3		4		11	2	3	
Norfloxacin	3		2		3		4		12	1	3	
Rifaximin	1	2	2		3		2	2	13		3	
Tylosin	1	2		2	2	1	2	2	12	1	2	1
Spiramycin	1	2		2	2	1	2	2	13		2	1
Tiamphenicol	3		2		3		2	2	12	1	3	
Sulfamethoxazole/trimethoprim	3		2			3		4	11	2	3	

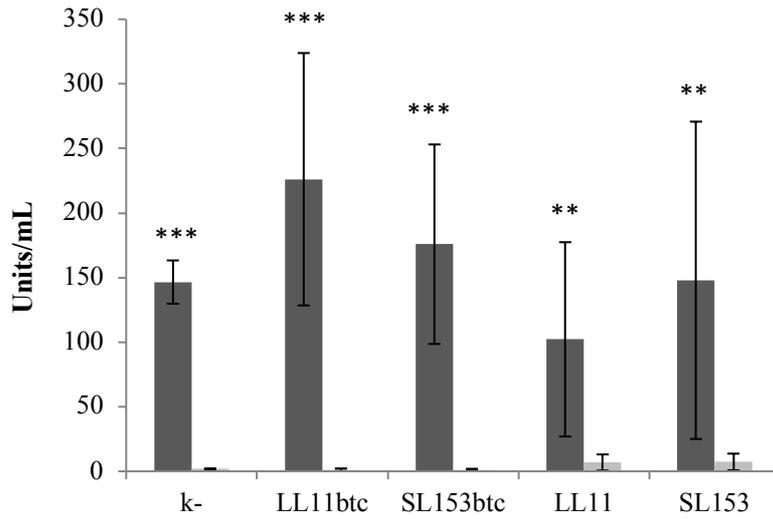
458 Table 2. Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC)
 459 values showed by *L. lactis* LL11 and SL153 culture cell-free supernatants against mastitis pathogens,
 460 expressed as Arbitrary Units/mL (AU/mL).

Mastitis pathogen	MIC (AU/mL)		MBC (AU/mL)	
	LL1	SL153	LL11	SL153
<i>Strep. agalactiae</i> (MB343, MB386, MB422)	256	384	256	384
<i>Strep. dysgalactiae</i> MB280	1.5	1	not killed	1
<i>Strep. dysgalactiae</i> MB324	1	2	not killed	2
<i>Strep. uberis</i> MB300	8	8	4	8
<i>Strep. uberis</i> MB705	64	256	64	128
<i>S. uberis</i> MB707	16	32	8	32
<i>E. faecalis</i> MB330	2	2	2	2
<i>E. faecalis</i> MB561	64	128	32	128
<i>E. faecalis</i> MB562	128	128	64	128
<i>E. faecalis</i> MB706	64	256	32	256
<i>Staph. aureus</i> MB221	1	8	1	4
<i>Staph. aureus</i> MB254	2	12	1	8
<i>Staph. aureus</i> MB351	16	24	8	24
<i>Staph. aureus</i> MB390	64	256	24	256
<i>Staph. aureus</i> MB439	24	64	16	64
<i>Staph. aureus</i> MB501	16	96	12	96
<i>Staph. aureus</i> MB512	24	64	16	64
<i>Staph. aureus</i> MB535	6	12	6	12
<i>Staph. aureus</i> MB543	32	64	16	64
<i>Staph. aureus</i> MB781	64	64	32	32
<i>Staph. aureus</i> MB786	4	12	2	12
<i>Staph. aureus</i> MB798	32	48	16	48
MRSA MB508	1	2	not killed	1
MRSA MB628	2	4	1	4
<i>Staph. chromogenes</i> MB307	8	16	8	16
<i>Staph. chromogenes</i> MB309	48	64	24	64
<i>Staph. chromogenes</i> MB316	12	48	12	48

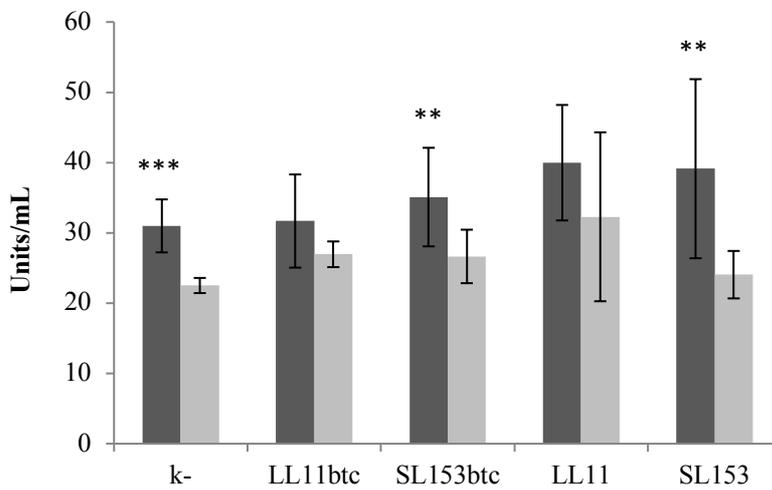
461

462

463 Figure 1. Intracellular activity (dark grey bars) and extracellular release (light grey bars) of NAGase
 464 (A) and lysozyme (B) in untreated (k-), *L. lactis* LL11 or SL153 CFS-treated (btc) or live culture-
 465 treated cells. Data are shown as means \pm standard deviations (SD) of all measures throughout the 4
 466 time points of the experiment. The mean values of NAGase and lysozyme activity were calculated
 467 from a total of 40 measurements each, in duplicate.



468 A)



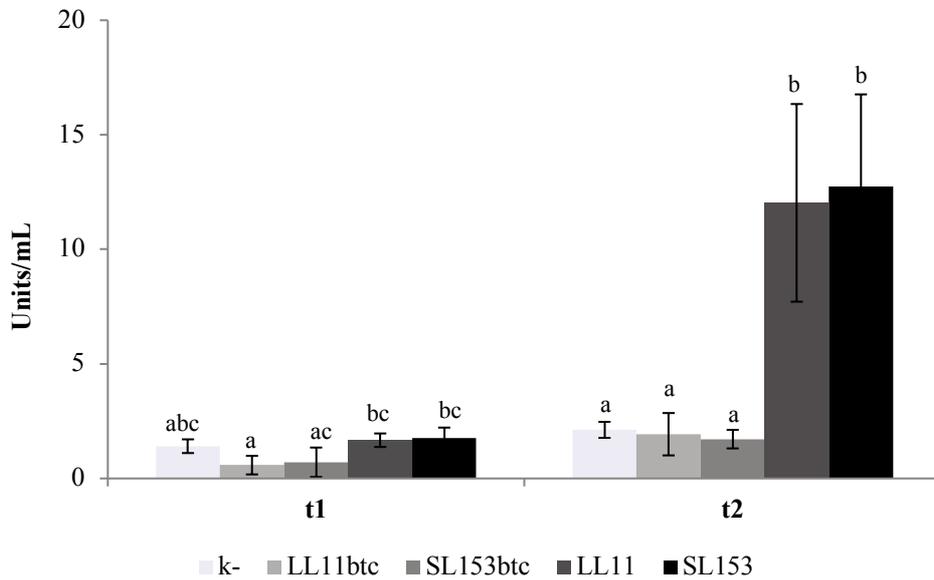
469 B)

470 **P \leq 0.01; ***P \leq 0.001

471

472

473 Figure 2. Extracellular NAGase activity in BME-UV1 cells treated with *L. lactis* LL11 or SL153 CFS
 474 (btc), or live culture, in the early observations (t1) and late observations of the experiment (t2). The
 475 mean values were calculated from a total of 20 measurements, in duplicate.

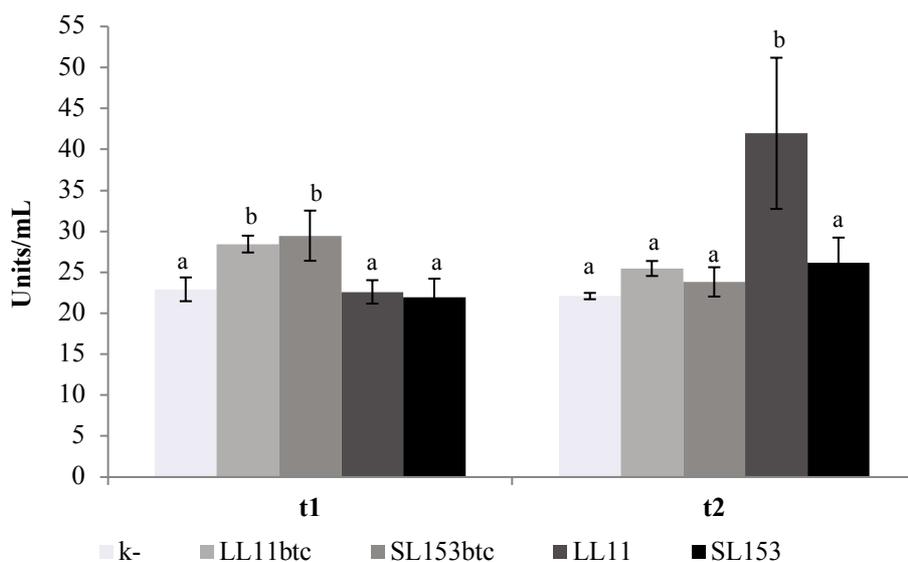


476

477 a, b, c Different letters indicate significant difference in enzyme production between treatments, P < 0.05.

478

479 Figure 3. Extracellular lysozyme activity in BME-UV1 cells treated with *L. lactis* LL11 or SL153
 480 CFS (btc), or with LL11 or SL153 live culture, in the early observations (t1) and late observations of
 481 the experiment (t2). The mean values were calculated from a total of 20 measurements, in duplicate.

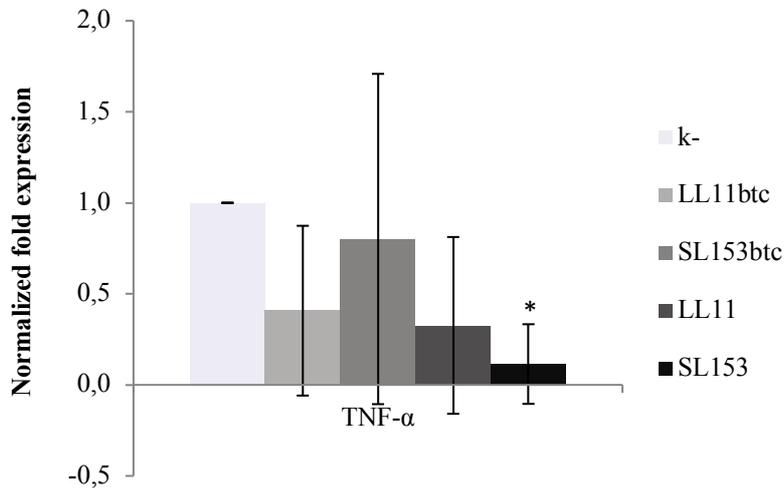


482

483

484 Figure 4. Normalized expression of TNF- α gene in BME-UV1 untreated (k-) and BME-UV1 cells
 485 treated with *L. lactis* LL11 or SL153 CFS (btc), or with LL11 or SL153 live culture. Data are shown
 486 as means \pm standard deviations (SD) of all measures throughout the 4 time points of the experiment.
 487 The mean values were calculated from a total of 20 measurements in duplicate.

488



489

490 * means a statistically significant (P=0.047) difference between BME-UV1 cells treated with *L.*
 491 *lactis* SL153 live culture and the control.

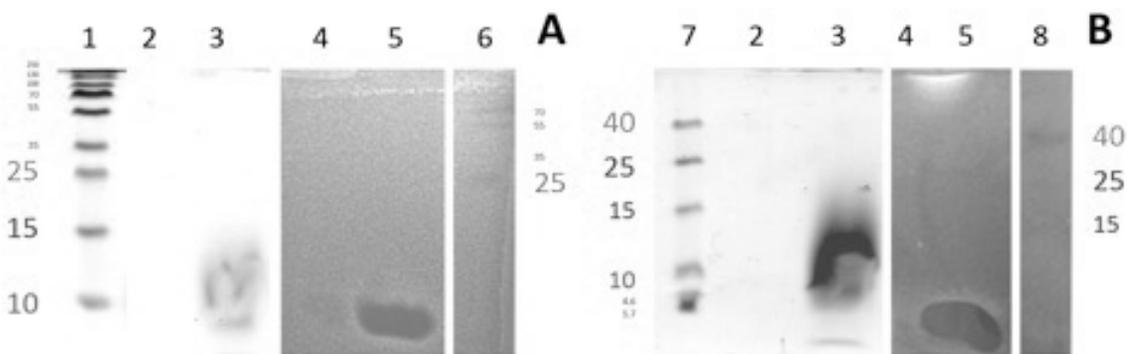
492 ^{a,b} Different letters indicate significant difference in enzyme production between treatments, P<0.05.

493

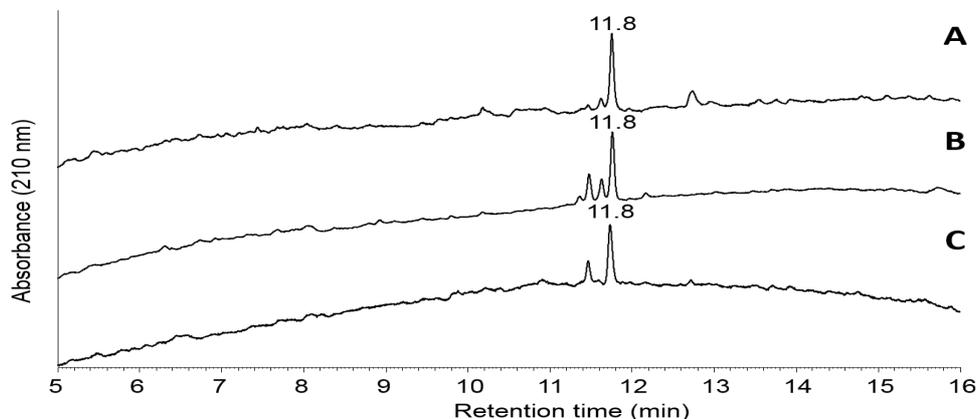
494 **Supplementary Figure S1.** SDS-PAGE (lanes 2–3) and antibacterial activity test (lanes 4–5) of
 495 fractionated CFSs of *L. lactis* LL11 (A) and *L. lactis* SL153 (B) indicating the presence of
 496 antibacterial activity band against indicator strain *Streptococcus agalactiae* MB386 (lanes 5). Lanes
 497 1 and 6: PageRuler™ Plus Prestained Protein Ladder, 10–250 kDa (Thermo Fisher Scientific,
 498 Waltham, MA, USA); 2: 1 kDa UF permeate; 3: 1 kDa UF retentate; 4: absence of antibacterial
 499 activity of 1 kDa UF permeate; 5: antibacterial activity of 1 kDa UF retentate; 7 and 8: Spectra™
 500 Multicolor Low Range Protein Ladder, 1.7–40 kDa (Thermo Fisher Scientific).

501

502



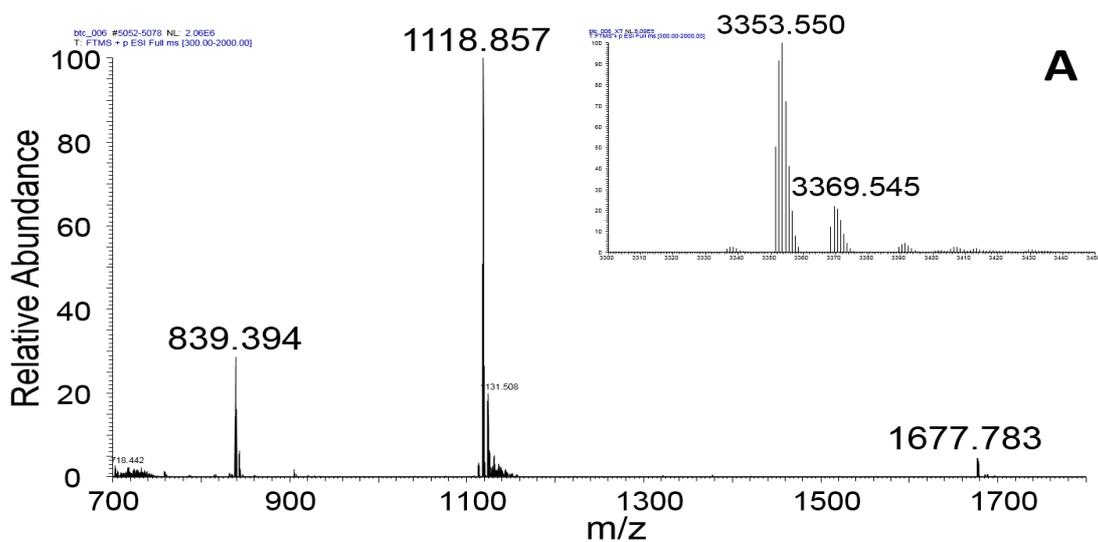
503 **Supplementary Figure S2.** UPLC chromatograms of the retentates of partially purified CFSs of *L.*
504 *lactis* LL11 (A), *L. lactis* SL153 (B) and of a nisin A standard (C) indicating the presence of a major
505 peak at 11.8 min retention time.



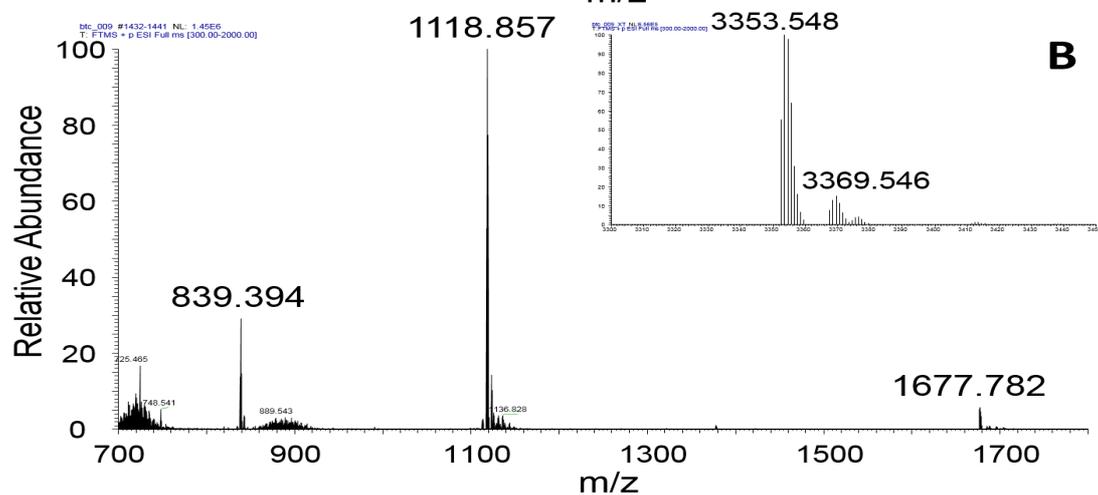
506

507

508 **Supplementary Figure S3.** HR-MS spectra and deconvoluted HR-MS spectra (inserts) of a major
509 peak (Supplementary Figure S2, at 11.8 min retention time) for retentates of partially purified CFSs
510 of *L. lactis* LL11 (A) and *L. lactis* SL153 (B) indicating an accurate mass of a nisin A (3353.55 Da)
511 and of its oxidized form (3369.55 Da).



512



513