

Original article

## Ictal EEG patterns in epilepsy with centro-temporal spikes

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Received 30 March 2010; received in revised form 4 June 2010; accepted 7 June 2010

### Abstract

**Purpose:** To describe the EEG pattern of seizures in patients with benign childhood epilepsy with centro-temporal spikes (BCECTS). **Methods:** The clinical and EEG data of 701 BCECTS patients with at least a 3 years follow-up were reviewed from 10 epilepsy centers. **Results:** Thirty-four seizures were recorded in 30 patients. Four different ictal EEG patterns (A–D) were identified. The most frequent (pattern A) was characterized by low voltage activity of fast rhythmic spikes, increasing in amplitude and decreasing in frequency, and occurred in 14 children. Pattern B (six patients) was constituted by a discharge of spikes intermixed with sharp waves increasing in frequency and amplitude. Pattern C (seven children) consisted of monomorphic theta which progressively formed a discharge increasing in amplitude and decreasing in frequency. Pattern D (5 children) was characterized by a initial focal depression of the electrical activity, followed by one of the three above described patterns. In 21 out of 28 children, the initial ictal pattern, altered from one pattern to another one. No clinical or EEG feature was predictive of a specific ictal pattern. **Discussion:** We failed to identify a unique ictal EEG pattern in our patients with BCECTS. The occurrence of per-ictal features, e.g., initial EEG depression or post-ictal slowing, is common and should not be interpreted with prejudice. Alteration of ictal EEG pattern from one to another is not in conflict with the diagnosis of BCECTS.

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**Keywords:** BCECTS; Rolandic epilepsy; EEG; Benign epilepsy; System epilepsy

### 1. Introduction

Benign epilepsy with rolandic or centro-temporal spikes (BCECTS) is a focal epilepsy of childhood char-

acterized by absence of neurological deficits, motor focal seizures, peculiar EEG abnormalities and spontaneous recovery [1,2]. BCECTS is the most common form of idiopathic epilepsy in children [2], but, since seizure frequency is generally low in this syndrome, there are scarce descriptions of the ictal discharge [3–9] due to the difficult to capture the episodes. The first described ictal patterns are characterized by a sequence of rhythmic sharp waves or by a sequence of spikes remaining

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quite monomorphous throughout the discharge, not followed by significant signs of post-ictal abnormalities [3,4]. In 1990, Gutierrez et al. described an ictal subclinical event in a child with BCECTS characterized by a pattern of multiple spike and wave complexes, followed by post-ictal slowing [5]. Oliveira de Andrade, in 2005, reported two subclinical rhythmic discharges of spike and wave in a boy with BCECTS [8]. Saint-Martin et al. in 2001, described a series of patients presenting with different types of positive or negative ictal manifestations. In four cases the description of focal seizures was given [10]. Dalla Bernardina et al. in 2005, wrote that, generally, the ictal pattern is characterized by a sequence of rhythmic sharp waves or spikes, not preceded by an important EEG depression, remaining unchanged during the seizure and not followed by post-ictal slowing [1]. The aim of our paper is to describe BCECTS patients in which electroclinical and/or subclinical seizures were recorded and to compare our to literature data.

## 2. Patients and methods

Approval from the local institutional Ethic Committee and informed consent signed by the parents were obtained. We reviewed clinical and EEG documentation of our cases with BCECTS (701 patients) referred to 10 different Epilepsy Centre in Italy, with at least 3 year follow-up. Strict inclusion criteria were the presence both of typical sensorimotor seizures affecting orofacial district with or without generalization and focal interictal EEG paroxysms in the centro-temporal areas activated by drowsiness and sleep. Furthermore, all patients fulfilled the classic criteria for BCECTS: normal pregnancy and delivery, uneventful past medical history, normal psychomotor development at diagnosis, normal neuroimaging, onset between 2 and 13 years, spontaneous recovery [11–13]. From clinical charts we selected these informations: sex, age, age at seizure onset, personal antecedents of febrile seizures, family history of epilepsy and or febrile seizures, neurological and neuropsychological evaluations, neuroimaging, interictal EEG and ictal video-EEG, antiepileptic drugs (AEDs) prescribed. All patients had repeated and prolonged EEG recordings, performed both at awake state and during sleep. Scalp silver–silver chloride electrodes were placed using the International 10–20 system. Additional electrodes were used for polygraphic parameters, in particular for muscular polygraphy. All examinations were recorded on split-screen video-EEG. All interictal and ictal patterns were reviewed by two investigators (GC and FB). Subclinical seizures were defined by the occurrence of an ictal discharge without concomitant clinical manifestations detected by video-EEG. The correlation between the identified ictal patterns and the clinical-

EEG data of the patients (i.e., side of ictal abnormalities, occurrence of secondary generalization or post-ictal slowing, presence of drug-resistance), were analyzed by two-way analysis of  $\chi^2$  with Yates' correction, with  $p < 0.05$  taken as significant.

## 3. Results

From 701 BCECTS patients, we recorded subclinical and/or clinical seizures in 30 patients (20 males).

### 3.1. Demographic data

Clinical characteristics of the patients are shown in Table 1. All the patients had an uneventful personal history. In four patients, seizure onset was preceded by simple febrile seizures. A positive family history of epilepsy is present in 10 cases, mostly for idiopathic forms. In adjunction, four cases had a positive family history for febrile seizures, two cases had a positive family history for both epilepsy and febrile seizures.

### 3.2. Onset age

The age at epilepsy onset varied between 2 and 11 years (mean 6 years 4 months), and does not differ from the cases reported in the literature.

### 3.3. Seizure semeiology

#### 3.3.1. Referred by parents

All the patients presented with typical lateralized motor faciobrachial seizures during drowsiness, sleep or awakening. At awake state, the seizures were present in nine cases. A secondary generalization was referred by the parents in eight cases.

#### 3.3.2. Video-recorded

In two cases the seizures were only subclinical. Three cases presented with both clinical and subclinical seizures in different EEG recordings. In the other cases, the patient presented with a wide spectrum of polymorphous clinical episodes. The duration of the attacks was comprised between 10 s and 15 min (mean 1 min and 40 s). Ictal manifestations are detailed in Table 2.

### 3.4. Neuropsychological profile

Psychomotor development before seizure onset was normal, as neuroimaging with MRI/CT scan (26/4 patients, respectively). Eight children (Case 1, 10–13, 19, 21 and 22) experienced transient learning difficulties and mild attention deficit or behavioural problems during epilepsy history, completely recovered at the end of follow-up.

Table 1  
Clinical characteristics of the patients.

Patient no.	Sex	Age epilepsy onset	Seizure frequency	Seizure occurrence	Post-ictal deficit	Seizures recorded	Development	Follow-up (years)	Therapy	AEDs RES	AED at time of seizures recording
1	M	7 years 3 months	PA	A, S	–	Clinical	Transient attention deficit	18	VPA	No	Yes
2	M	6 years 8 months	PA	S	Yes	Subclinical	Normal	5	CLB	Yes	No
3	F	4 years 6 months	M	A, S	Yes	Clinical	Normal	5	–		No
4	M	5 years 9 months	M	S	–	Subclinical	Normal	9	–		No
5	F	7 years 8 months	M	A, S	–	Clinical	Normal	17	CBZ	Yes	No
6	M	4 years 9 months	M	A, S	–	Clinical and subclinical	Normal	5	VPA + CLB	No	Yes
7	F	3 years 9 months	PA	A, S	Yes	Clinical and subclinical	Normal	5	ESM + CLB	No	Yes
8	F	11 years	PA	S	–	Clinical	Normal	10	VPA	Yes	No
9	F	2 years 4 months	PA	S	Yes	Clinical	Normal	10	CLB	Yes	Yes
10	M	2 years	M	S	–	Clinical	TND	11	VPA + CLB	No	Yes
11	M	6 years	M	S	–	Clinical	TND	3	–	No	Yes
12	F	3 years 9 months	M	S	–	Clinical	TND	10	LTG	No	Yes
13	M	3 years 6 months	M	S	Yes	Clinical	TND	4	LEV	Yes	No
14	M	5 years 6 months	M	A, S	–	Clinical and subclinical	Normal	5	CLB	Yes	No
15	M	8 years	PA	S	Yes	Clinical	Normal	13	–		No
16	F	7 years	PA	S	Yes	Clinical	Normal	3	–		No
17	M	5 years 10 months	M	S	–	Clinical	Normal	4	VPA	Yes	No
18	F	7 years	PA	S	–	Clinical	Normal	3	VPA		No
19	F	9 years 9 months	PA	S	–	Clinical	Behavioural problems	3	VPA	Yes	No
20	M	5 years 8 months	PA	A, S		Clinical	Normal	4	–	No	No
21	M	7 years	PA	S	Yes	Clinical	Learning difficulties	7	VPA + ESM	No	No
22	M	3 years	M	A, S	–	Clinical	Attention deficit, learning difficulties	7	VPA + CLB + TPM	No	Yes
23	M	8 years 8 months	PA	S	Yes	Clinical	Normal	8	VPA	Yes	No
24	M	6 years 6 months	M	S	–	Clinical	Normal	3	–		No
25	M	9 years 11 months	PA	S	Yes	Clinical	Normal	3	VPA + LEV	No	Yes
26	F	7 years	PA	S	–	Clinical	Normal	15	CBZ	No	Yes
27	M	6 years 6 months	PA	S	–	Clinical	Normal	10	CBZ	No	No
28	M	9 months	PA	S	–	Clinical	Normal	8	CBZ	Yes	No
29	M	8 years	PA	S	Yes	Clinical	Normal	3	VPA	Yes	Yes
30	M	8 years	M	A, S	–	Clinical	Normal	9	VPA	Yes	Yes

PA, Pluriannual; M, monthly; A, awake, S, sleep; TND, transient neuropsychological deficit; VPA, valproic acid; CLB, clobazam; CBZ, carbamazepine; ESM, ethosuximide; LTG, lamotrigine; LEV, levetiracetam; TPM, topiramate; AEDs RES, response to antiepileptic drug.

Table 2

Detailed ictal semeiology in the BECTS patients reported by the parents and observed at video-EEG recording.

Patient no.	Parents description	Video-EEG (ictal semeiology)
1	Cry, right perioral and right arm twitching, anarthria	Hemifacial right twitching, anarthria
2	Cry, hemifacial right twitching then of right limbs	Subclinical
3	Mouth deviation to the right, right arm twitching, dysarthria	Look frightened, right arm clonic movements, anarthria
4	Guttural sounds, right perioral twitching, anarthria	Subclinical
5	Look frightened, tremor, fixed gaze	Look frightened, left arm twitching
6	Hemifacial twitching	Left hemifacial twitching then of left arm
7	Hemifacial twitching	Left hemifacial twitching, then involvement of the left side of the body
8	Perioral twitching	Right perioral twitching, then of the four limbs and loss of consciousness
9	Hemisomic clonic jerks	Left arm and hemifacial twitching, then of the left side of the body, loss of consciousness
10	Hemifacial clonic jerks	Left hemifacial and arm twitching
11	(a) Stertorous respiration, right hemifacial and arm twitching, loss of consciousness (b) Twitching of the right side of the body	Right perioral twitching, hemifacial twitching, right arm extension, loss of consciousness
12	Head deviation, clonic jerks	Head and eye deviation to the left or to the right, hemiclonic left or right seizure
13	Perioral and arm clonic movements	Perioral and arm twitching with secondary generalization
14	Mouth deviation to the left and left hemifacial twitching	Tongue paresthesia, touching the mouth with left hand, cry, retching, drooling, difficult respiration, clonic movement of the four limbs
15	Hemifacial right twitching, anarthria	Awakening, right hemifacial twitching, anarthria, drooling
16	Crying, eye deviation to the right, trisma, diffuse hypertonus, with or without clonic phase	Left arm paresthesia
17	Crying, mouth deviation, loss of contact, eyelid myoclonia, hypertonus	Eye opening, right perioral twitching then involvement of eye, arm and leg of the same side
18	Not possible to close mouth	Perioral left twitching, then involvement of left eye, arm and leg
19	Guttural sounds, diffuse hypertonus, arm clonic movements	Mouth deviation, secondary generalization
20	Hypertonus, four limbs clonic movements, loss of consciousness	Eye and mouth deviation to the left, secondary generalization
21	Right hemifacial and right arm clonic movements	Eye, head and mouth deviation to the right, drooling, loss of consciousness
22	Perioral right twitching	Mouth deviation to the right, loss of contact
23	Clonic generalized	Diffuse hypertonus, trunk rotation toward left, limb extension, loss of contact, chewing movements
24	Hemifacial jerking	Left deviation of the mouth, dysarthria, hemifacial jerking
25	Left facial and left arm jerking	Dystonic posturing of left hand, then of left arm, head deviation toward the left, hypertonus and clonic movement
26	Clonic generalized	Left hemifacial twitching
27	Facial twitching	Blows, left mouth deviation
28	Perioral twitching, anarthria	Right perioral twitching, anarthria, drooling
29	Guttural sounds, drooling, anarthria	Anarthria, drooling, right hemisomic twitching, secondary generalization
30	Guttural sounds, drooling	Drooling, right hemifacial and arm twitching

### 3.5. Therapy

All patients except seven have been treated with AEDs: 17 children were treated in monotherapy (four with carbamazepine, eight with valproic acid, three with clobazam, one with levetiracetam and one with lamotri-

gine), six patients received concomitant therapy with two (four patients) or more than two (two patients) AEDs.

More than one AED was introduced because of frequent seizures or because of neuropsychological impairment.

Table 3  
EEG features of the seizures recorded in 30 patients.

Patient no.	Initial ictal pattern	Ictal discharge modification	Clinical seizure duration	Post-ictal slowing	Subclinical pattern	Subclinical seizure duration	Ictal side	SEC GEN	IND BIL ABN
1	Pattern A	Yes	3 min	No	–	–	Left	No	No
2 <sup>a</sup>	–	–	–	No	Pattern A	20 s	Left	No	No
3	Pattern D	Yes	1 min	Yes	–	–	Left	No	No
4 <sup>a</sup>	–	–	–	No	Pattern A	10 s	Right	No	Yes
5	Pattern B	Not	30 s	No	–	–	Right	No	Yes
6	Pattern A	Not	45 s	No	Pattern C	25 s	Right	No	Yes
7	Pattern B	Yes	15 min	Yes	Pattern B, C	15 s	Right/left	No	Yes
8	Pattern A	Yes	2 min	No	–	–	Left	Yes	No
9	Pattern B	Yes	5 min 30 s	Yes	–	–	Right	No	No
10	Pattern B	Not	1 min 10 s	No	–	–	Right	No	No
11	Pattern D	Yes	1 min	No	–	–	Right	No	Yes
12	Pattern A	Not	3 min	No	–	–	Left	No	Yes
13	Pattern C	Yes	3 min	Yes	–	–	Left	Yes	Yes
14	Pattern A	Not	2 min 15 s	No	Pattern A	15 s	Right	No	No
15	Pattern A	Yes	40 s	No	–	–	Left	No	No
16	Pattern A	Yes	50 s	No	–	–	Right	No	No
17	Pattern C	Yes	80 s	No	–	–	Left	No	Yes
18	Pattern A	Yes	2 min	No	–	–	Left	Yes	No
19	Pattern B	Not	2 min 15 s	Yes	–	–	Left	Yes	Yes
20	Pattern D	Yes	3 min	No	–	–	Right	Yes	Yes
21	Pattern B	Yes	100 s	No	–	–	Left	No	No
22	Pattern D	Yes	50 s	No	–	–	Left	No	Yes
23	Pattern C	Yes	2 min	No	–	–	Left	No	Yes
24	Pattern C	Yes	50 s	No	–	–	Right	No	No
25	Pattern C	Yes	50 s	Yes	–	–	Left	No	Yes
26	Pattern A	Yes	65 s	No	–	–	Right	No	No
27	Pattern D	Yes	16 s	Yes	–	–	Right	No	No
28	Pattern A	Yes	15 min	No	–	–	Right	No	No
29	Pattern A	Yes	25 s	No	–	–	Left	Yes	Yes
30	Pattern A	Not	40 s	No	–	–	Left	No	Yes

SEC GEN, Secondary generalization; IND BIL ABN, independent bilateral abnormalities.

<sup>a</sup> Only subclinical seizure recorded.

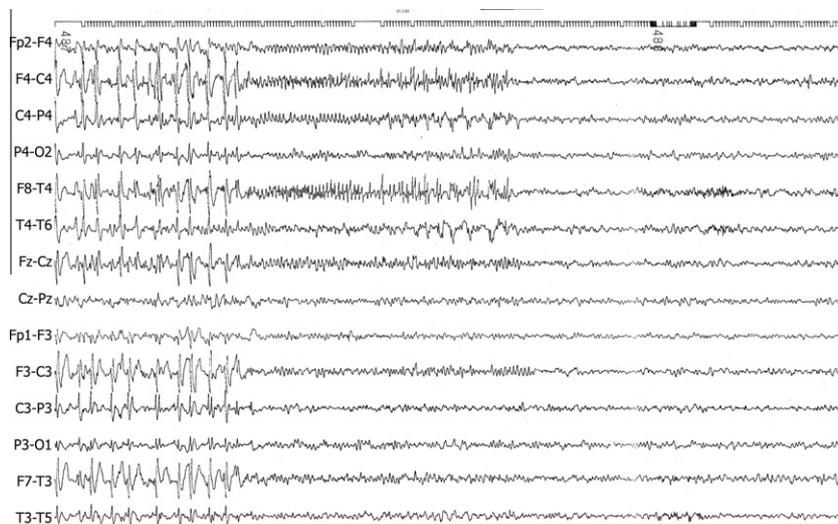


Fig. 1. Subclinical ictal event, lasting 10 s, characterized by a low voltage fast activity of rhythmic spikes, increasing in amplitude and decreasing in frequency over right centro-temporal regions (pattern A, patient no. 4).

3.6. Follow-up

All patients have a follow-up more than 3 years (range 3–18 years from the beginning of disease, mean value 7 years).

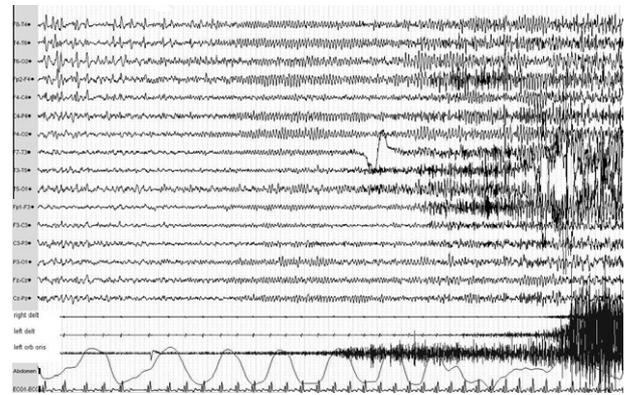
3.7. EEG picture

3.7.1. Interictal findings

All the patients showed typical interictal EEG findings consistent with diagnosis of BCECTS. Fourteen patients presented with independent EEG foci. EEG paroxysms increased during sleep in all the patients, without any change in their morphology. Two out of the patients had an EEG pattern typical of Electrical Status Epileptics during Sleep (Cases 21 and 22).

3.7.2. Ictal findings

Electroclinical seizures were recorded in 28 patients. In three of these children we recorded also subclinical episodes, lasting from 10 to 25 seconds. In two adjunctive patients we recorded only subclinical events. Sei-



change during the seizure and Table 3 shows the EEG features of each episode. So, we describe both the initial ictal pattern and the subsequent ictal development. We recognized four different starting ictal patterns in our children. The first is characterized by low voltage activity of fast rhythmic spikes, increasing in amplitude and decreasing in frequency (pattern A), and it was found in 10 children with clinical seizures, in two with subclinical events and in two with both (Fig. 1). The second EEG pattern is constituted by a discharge of spikes intermixed with sharp waves increasing in frequency and amplitude over the time (pattern B), and can be found in five children with clinical seizures and in one patient with subclinical seizures (Figs. 2 and 3). The third ictal pattern is characterized by monomorphous theta activity which progressively formed a discharge increasing in amplitude and decreasing in frequency (pattern C) and it was found in five children with clinical seizures and in two children with subclinical seizures (Figs. 4 and 5). Finally, the fourth and last ictal pattern (pattern D), found in five cases, is characterized by an initial phase of focal depression of the electrical activity followed by one of the three above described patterns and it was always accompanied by clinical symptoms (Fig. 6). In 21 out of 28 children, the initial ictal pattern could modify during the seizure, resulting in a switch from one pattern to another one (Table 3; Figs. 2 and 5–7). Patients featuring patterns C and D constantly showed a modification of the ictal discharge over the time. Secondary generalization, present in six cases, was related to all four different initial ictal patterns and to both unilateral and independent EEG foci. Post-ictal slowing (Fig. 8) was encountered after seven clinical seizures, without association with a particular ictal pattern. In the three cases with more than an unique recorded seizures, we noted that the morphology

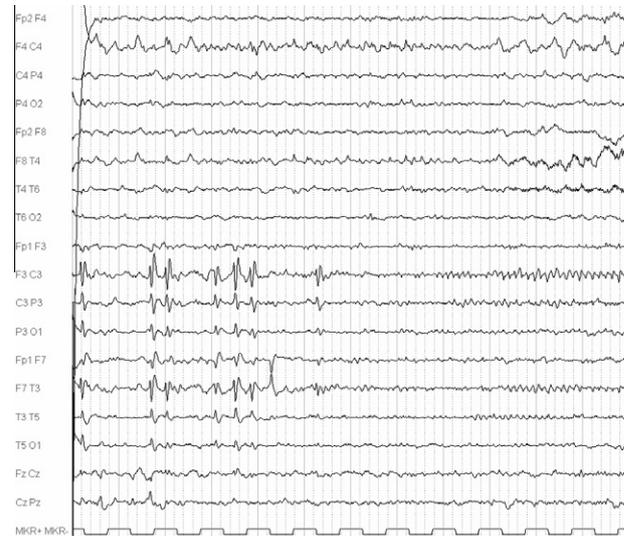


Fig. 6. Initial phase of a clinical seizure lasting 1 min and characterized by right perioral and hemifacial twitching, right arm extension, loss of consciousness. Note the focal depression of electrical activity (pattern D) followed subsequently by theta activity (pattern C) on left central region (patient no. 11).

of the whole ictal discharge could be different in different episodes.

### 3.8. Statistical analysis

Statistical analysis is shown in Table 4. No clinical or EEG feature was predictive of a specific ictal pattern except for post-ictal slowing, which was never associated to pattern A ( $p = 0.01$ ).

## 4. Discussion

Our paper includes a very important number of cases with recorded seizure and they represent, at our best

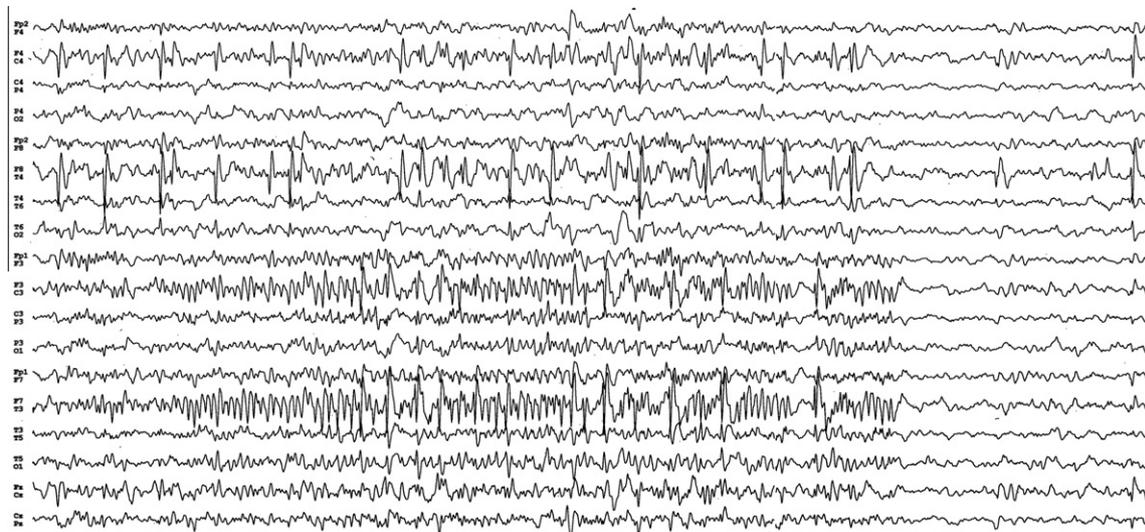


Fig. 5. Subclinical ictal event lasting 15 s. Monomorphous theta activity is evident on left centro-temporal regions (pattern C) evolving into spike and wave discharge (pattern B, same patient and same registration of Fig. 3).

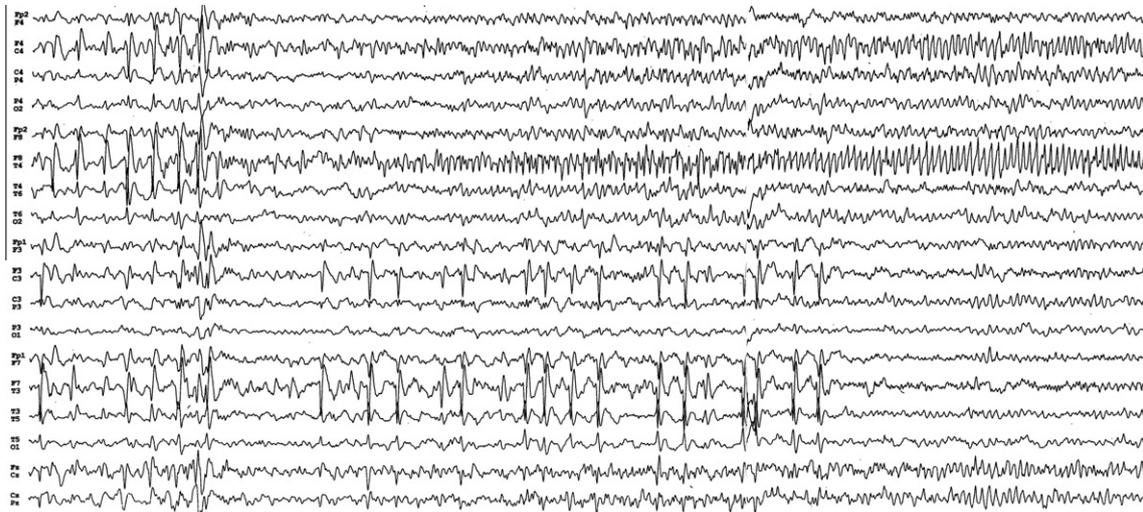


Fig. 7. Initial part of a clinical seizure with left hemifacial twitching and then involvement of the left side of the body lasting 15 min. Note: spike and wave discharge on right centro-temporal regions (pattern B) evolving into theta activity (pattern C, same patient of Fig. 3).

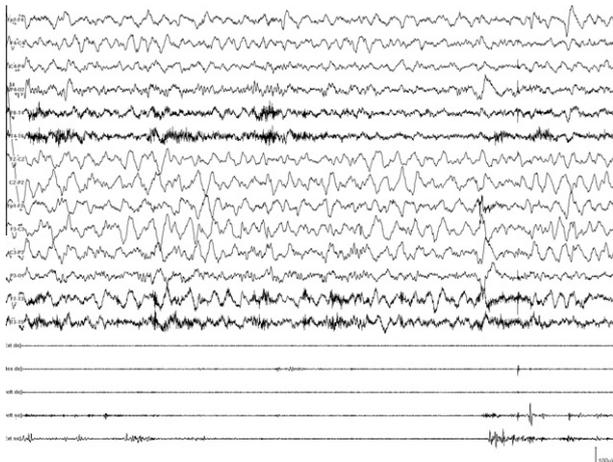


Fig. 8. Post-ictal slowing is evident on the left centro-temporal and vertex regions after some minutes from seizure stop (patient no. 3).

knowledge, not only the more relevant number of BCECTS patients with recorded seizures ever described in an article but also the overwhelming majority of patients with BCECTS seizures ever described. The absolute relevance of our contribution is the striking evidence

that, differently from the literature statements, a unique ictal pattern does not exist in rolandic epilepsy and that, on the contrary, clear differences are present for the ictal EEG patterns. The morphology of the ictal discharge, for example, varies greatly in different patients (sometimes in the same patient), as is well evident from our iconographic documentation. So, the evidence that an unique typical ictal EEG pattern does not exist in BCECTS, as believed after the first descriptions, is of particular interest in the daily clinical practice. In fact, it is not so rare the second opinion observation of patients who have had excluded BCECTS diagnosis for their seizure characteristics. Even if scarce are the relative descriptions, this ictal variability is similar to another idiopathic benign focal condition, i.e. occipital childhood epilepsy, in particular for the early variant described by Panayiotopoulos [14]. On the contrary, literature data evidence that stereotyped ictal manifestations are common in focal epilepsy sustained by different cortical pathologies, such as malformations of cortical development and cerebral tumors [15]. The possible explanation of these different ways of presentation can primarily – although not exclusively – lie in the functional nature

Table 4

Correlation between the four identified ictal patterns and the clinical-EEG features of the 30 patients.

Pattern type ( $n = 30$ )	Ictal abnormalities side (L/R)	Secondary generalization (Y/N)	Post-ictal slowing (Y/N)	Drug-resistance <sup>a</sup> (Y/N)
Pattern A ( $n = 14$ )	8/6	3/11	0/14 <sup>*</sup>	4/10
Pattern B ( $n = 6$ )	3/4 <sup>b</sup>	1/5	3/3	3/3
Pattern C ( $n = 7$ )	5/2	2/5	2/5	$\frac{3}{4}$
Pattern D ( $n = 5$ )	2/3	1/4	2/3	4/1

L, Left; R, right; Y, yes; N, no.

<sup>a</sup> Three children did not receive antiepileptic therapy.

<sup>b</sup> In patient 7 the ictal discharge started independently from both hemispheres.

<sup>\*</sup>  $p = 0.01$ .

of BCECTS, so that seizures can have different ictal morphology and localization. This hypothesis is also reinforced by the same behavior in Panayiotopoulos syndrome and can be well explained by the theory of the so called “system epilepsy” recently advanced by Wolf in 2006 [16] and, more recently, by Koutroumanidis [17] and Capovilla et al. [18]. Another interesting feature of our series of patients is that in 21 children ictal discharge changed its morphology during the seizure and that, in seven patients, the EEG showed a post-ictal slowing. Also these EEG features are in contrast with the literature statements. Moreover, a focal neurological post-ictal deficit is not so rare since it was observed in 11 children, confirming some previous anecdotal observations [9] and it was not regularly related to a post-ictal slowing. In conclusion, we provided evidence – in the largest series of BCECTS patients reported to date – that a unique ictal pattern does not exist in BCECTS, in contrast with the opinion of other authors [1,2]. Moreover, the presence of “per-ictal” features such as EEG depression before the seizures and post-ictal slowing do not exclude BCECTS diagnosis. Again, an ictal pattern modification is not conflicting with BCECTS diagnosis. We therefore suggest that the diagnosis of BCECTS should be firstly put on the basis of the global clinical context assessment. These data provide a significant contribution both in correctly diagnosing BCECTS and in understanding its pathophysiology.

### Conflicts of interest

The authors report no conflicts of interest.

### Acknowledgments

We thank the technicians who recorded the seizures.

We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

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