Antimicrobial activity of lysozyme and lactoferrin incorporated in cellulose-based food packaging

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The antimicrobial proteins lysozyme and lactoferrin were incorporated into paper containing carboxymethyl cellulose, that allowed non-covalent binding of the positively charged proteins to the paper matrix. More than 60 percent of the proteins added alone or in combination during the papermaking process were released in buffered saline. 

The released proteins retained their structural and functional features, indicating that the papermaking process did not affect their structure. The antimicrobial activity on common food contaminants was also retained in the released protein, and a synergism between the two proteins was evident in tests carried out with paper containing both proteins against Listeria.

Tests on thin meat slices laid on paper sheets containing either or both antimicrobial proteins indicated that lysozyme was most effective in preventing growth of this particular microbiota.

1. Introduction

Active antimicrobial packaging could be an alternative solution to prevent development of spoilage and pathogenic microorganisms in fresh food and to extend their shelf life (Cooksey, 2000; Mastromatteo, Mastromatteo, Conte, & Del Nobile, 2010). Among the possible strategies used for active packaging, controlled release of antimicrobials from the package itself or from additional release elements placed within the package represent the most common options. A broad range of antimicrobials have received attention, also in consideration of the requirement for the release elements to be non-intrusive, cheap, and compatible with the geometry and physico-chemical properties of food. Whereas volatile antimicrobials (such as essential oils or their active components) have been proposed in the case of foods with a low mass/volume ratio (such as salads), water-soluble antimicrobials have been indicated as most appropriate when direct contact with the food is involved (for instance, meat and meat cuts). In the latter case, the antimicrobial could be released either from the packaging walls, or from layers of suitable materials intercalated between individual cuts or pieces of the packaged food (pH and ionic strength).

Lysozyme antimicrobial activity relies on the ability of hydrolyzing the β-1,4 linkage between N-acetyl muramic acid and N-acetyl glucosamine present in peptidoglycan. Gram-positive bacteria are very susceptible to lysozyme, because their cell wall is made up for 90% of peptidoglycan; in Gram-negatives, peptidoglycan counts only for 5–10% of the cell wall and lies beneath the outer membrane of the cell envelope (Losso, Nakai, & Charter, 2000). Nevertheless, lysozyme can be effective against Gram-negative bacteria in the presence of membrane destabilizing agents, such as detergents and chelators (Gill & Holley, 2000). This...
makes lysozyme alone de facto ineffective in the protection of food products where the spoilage is due to Gram-negative bacteria like Enterobacteriaceae and Pseudomonadaceae that are relatively common contaminants of meat-based products (Coma, 2008). A number of studies have proposed the combined use of lysozyme and various agents like EDTA (Cannarsi et al., 2008) or ninhydrin (Gill & Holley, 2000; Tattress, Yost, & Baker, 2001). However, Tattress and Baker (2003) reported that dipping pork meat in a solution of ninhydrin and lysozyme was ineffective against Pseudomonadaceae and boosted the growth of Enterobacteriaceae, likely as a consequence of the inhibition of the lactic acid bacteria, that are natural competitors of the Enterobacteriaceae.

To improve the activity of lysozyme toward Gram-negative bacteria, Ellison and Giehl proposed in 1991 its use in association with lactoferrin. Lactoferrin is an 80 kDa whey glycoprotein that can bind 2 ferric ions for each protein molecule. Because of its ability to reversibly bind ions, lactoferrin is naturally a mixture of iron-free (apo-lactoferrin) and of forms containing one or two iron atoms (holo-lactoferrin) (Gonzalez-Chavez,Arevalo-Gallegos, & Rascon-Cruz, 2009). The antibacterial activity of lactoferrin is due to two different and unrelated mechanisms, one based on iron deprivation that inhibits bacterial growth, and one related to the large cationic patches presents on the lactoferrin surface (Jenssen & Hancock, 2009). These cationic patches allow direct interaction with the anionic Lipid A, a component of the lipopolysaccharide (LPS) of Gram-negative bacteria, thus altering the outer membrane permeability and resulting in the release of LPS. As a natural component of milk, lactoferrin satisfies all regulatory requirements, and has been used directly in an antimicrobial spray for the treatment of beef carcasses (Taylor, Brock, Kruger, Berner, & Murphy, 2004).

For the purpose of simultaneous use of lactoferrin and lysozyme, it is worth noting that lactoferrin resembles lysozyme in charge, with pI values of 8.5 for lactoferrin and 11 for lysozyme. This characteristic make lactoferrin a great candidate for being incorporated in a cellulose-based active packaging by using the same strategies developed in our previous work for lysozyme (Mascheroni et al., 2010).

The aim of this study was to prepare and characterize a cellulose-based active packaging material in which lysozyme and lactoferrin were incorporated. We measured the release of both antimicrobial proteins from the paper sheets in which they were incorporated during papermaking, and assessed retention of their original structural and functional properties. The efficacy of the lactoferrin/lysozyme-containing paper was also assessed both by in-vitro microbiological tests and by performing short-term storage trials on thin slices of raw meat.

2. Materials and methods

2.1. Preparation of paper with incorporated antimicrobial proteins

Paper sheets were prepared according to the international standard ISO 5269-2:2004, using various ratios of long and short fibers in the presence/absence of 10% sodium carboxymethyl cellulose (CMC, WALOCEL CRT 60000 PPA07, DS 0.7–0.8, Wolff Cellulosic, Schkopau, Germany), retaining its physical and mechanical properties, as reported elsewhere (Mascheroni et al., 2010). Food grade lysozyme (Cagliificio Clerici s.p.a., Codorago, Italy) or bovine lactoferrin (Fonterra, Cernusco Lombardone, Italy) were added directly to the slurry used for paper preparation. The amount of total protein was 10% (w/w) of the fiber used for papermaking. The slurry was then processed into paper following the procedure described by Mascheroni et al. (2010). Paper sheets were wet pressed and dried under restraint for 2 min at 90 °C.

Papers containing both proteins were prepared starting from a 1/1 (v/v) mixture of different slurries, each containing the individual proteins.

2.2. Quantification of lysozyme and lactoferrin incorporated in and released from the paper

Lysozyme and lactoferrin incorporation into paper sheets was quantified by SDS-PAGE. The total amount of incorporated proteins (regardless of their denaturation state and solubility) was detected by cutting a 0.5 cm² sample of paper, that was directly placed into 0.1 ml of denaturing buffer (0.125 M Tris–HCl, pH 6.8; 50% w/v glycerol, 1.7% w/v SDS; 0.01% w/v Bromophenol Blue, 1% v/v 2-mercaptoethanol). After 5 min at 100 °C, the suspension was centrifuged, and an aliquot of the supernatant was used for SDS-PAGE on a fixed porosity gel (12% monomer, XT Mes 20x, BioRad, Richmond, VA, USA), at constant 200 V. Gels were stained with Coomassie Brilliant Blue R250. Intensity of individual bands was assessed by image analysis, and compared for either protein with the intensity of bands obtained with known amounts of the original protein, that were used to construct a calibration curve. Molecular mass markers (BioRad, NoveX, Richmond, VA) covered the 3.5–260 kDa range. Release of soluble lysozyme and lactoferrin was detected by soaking 0.5 cm² of paper in 0.7 ml of 20 mM phosphate, 1 M NaCl, pH 7, for 24 h at room temperature. After centrifugation, a suitable volume of the supernatant was diluted 1/9 (v/v) with denaturing buffer, following by denaturation and electrophoresis as above.

2.3. Structural characterization of the released proteins

Retention of structural and functional features were assessed on the proteins released from each paper sample by soaking in 20 mM phosphate, 1 M NaCl, pH 7, for 24 h at room temperature, as outlined above. Retention of lysozyme tertiary structure was assessed by comparing the fluorescence emission spectra of tryptophan residues in the released and the untreated protein. Tryptophan fluorescence studies were carried out in an LS-50 spectrofluorimeter (Perkin–Elmer, Waltham, MA, USA) with excitation at 280 nm. The absence of changes in secondary structure was verified by CD measurements in the far-UV region using 0.1 cm path length cells in a JASCO J-810 spectropolarimeter (Jasco Europe) at a protein concentration of 0.2 mg/ml.

In the case of lactoferrin, protein functionality was assessed by assessing its iron-binding properties, evaluated by monitoring the increase in A485 (Lambma 2 spectrophotometer, Perkin–Elmer, Waltham, MA, USA) upon titration of the protein (in 20 mM sodium bicarbonate buffer, pH 7) with appropriate volumes of aqueous 2 mM ferric ammonium citrate.

2.4. In vitro antimicrobial activity of paper containing lysozyme and/or lactoferrin

E. coli DSMZ 50902 (DSMZ: Deutsche Sammlung von Mikroorganismen und Zellkulturen GmbH, Braunschweig, Germany) and L. innocua DSMZ 20649 were used in the research. Strains were grown on TSA medium (Tryptic Soy Agar, Micropoli, Milan), incubated at 37 °C for 24 h, and then maintained as frozen stocks at - 20 °C in TSB liquid medium in presence of 10% (w/v) glycerol. Cultures were propagated twice before use in experiments.

Lysozyme activity was assessed by applying the procedure outlined by Losso et al. (2000). A suspension (1 g/l) of a cell lysate from Micrococcus lysodeikticus ATCC 4698 (Sigma m3770-5G) was prepared in 0.1 M pH 7.0 phosphate buffer containing 10 g/l agar.
boiled, and poured in Petri plates. After solidification, discs of the various paper materials (18 mm diameter) were laid on the gel. Plates were then incubated at 37 °C for up to 24 h and lysozyme activity was assessed by measuring the diameter of the cell walls lysis area around the paper discs.

Samples of active paper (15 cm²) were placed in 30 ml of TSB in sterile tubes inoculated (1% v/v) with a microbial suspension of either E. coli or L. innocua having OD₆₀₀ = 0.200. Control cultures, without paper, were also set-up. During incubation at 30 °C, culture samples were taken at appropriate intervals for up to 24 h, and bacterial population (log cfu/ml) determined employing the plate count technique. Time course of cell growth in each trial was then fitted employing the DFMfit software, to estimate growth rate (μmax, h⁻¹), lag phase duration (h), final population \(Y_{\text{final}}\) log cfu/ml), correlation coefficient (R²) and model standard error (SEμ), as predicted by the Baranyi and Roberts equation (1994).

2.5. Antimicrobial activity of active paper samples on thin-cut veal meat

Ready-to-eat thin-cut veal meat (meant for consumption as raw food, and known in Italy as “carpaccio”) was purchased in a local store. Samples of active paper were placed below individual cuts, in contact with self-absorbent expanded polystyrene trays. Trays were then sealed in aerobic conditions and stored at 4 °C. Sampling was carried out immediately and after 2 days storage. Two sets of trials were performed, with and without (control sample) active papers containing the various antimicrobials, alone or in combination.

Individual meat slices (10–12 g) were transferred aseptically into a stomacher bag (400 ml PE, Barloworld, France) containing 90–108 ml sterile physiological solution (9 g/l NaCl) and blended in a stomacher (Star Blender LB 400, Biosystem) at high speed for 3 min. Ten-fold dilution series of the obtained suspension were made in the same saline solution for plating. Nutrient Agar (Scharlau Chemie, Barcelona, E) was used for total aerobic plate count (TAC), pour plated and incubated at 30 °C for 48 h. Experiments were replicated twice. Data were transformed into logarithms of the number of colony forming units (log cfu/g meat), and means and standard deviations were calculated.

2.6. Statistical analysis

Experiments were performed in triplicate, and obtained data were submitted to two-way analysis of variance. The Tukey–Kramer test was used for the comparison of means, with significance assigned at \(P < 0.05\).

3. Results and discussion

3.1. The incorporation procedure is efficient and allows to retain protein structure and functionality

Given the prospected use of the antimicrobial paper in active food packaging, release of the antimicrobial was of paramount importance. Release of protein was measured after soaking in buffered saline at neutral pH, and quantitation of the released protein was carried out by densitometric analysis of SDS-PAGE gels, shown in the two panels of Fig. 1. Known amounts of the original protein preparation were run in the same gel for calibrating purposes. In the frame of this study, it has to be kept in mind that paper containing both antimicrobials was prepared by mixing individual slurries. Use of mixtures of pre-adsorbed protein for papermaking was meant to minimize possible competition phenomena between the two proteins.

Out of several possible combinations (Table 1), the one based on a 80/20 ratio of long/short fibers and containing 10% CMC gave the most satisfactory results. Table 1 also makes evident the improvement resulting from CMC inclusion in the paper as for binding of positively charged lactoferrin and lysozyme. The amount of protein released from the paper in solutions at high ionic strength, and that trapped in the paper and released only under denaturing and reducing conditions (i.e., after boiling a known amount of paper in detergent and 2-mercaptoethanol) was determined by SDS-PAGE (Fig. 1) and subsequent image analysis. By comparison with appropriate standards, and by taking into account the amount of each protein added to the slurry used for paper preparation, it was possible to evaluate how much of each protein was lost in the paper production process, and how much of each protein remained irreversibly bound to the paper, not being detached upon prolonged incubation at high ionic strength. With reference to the 80/20/10 paper formulation (long fibers/short fibers/CMC) discussed above, we calculated that the amount of protein incorporated into the paper was above 60% of that added to the pulp slurry prior to papermaking (62%, lysozyme; 66% lactoferrin), and that about 10% of the protein adsorbed within the paper structure was not detachable in buffer/saline (8%, lysozyme; 10% lactoferrin), likely as a consequence of irreversible structural changes ensuing from the drying step at 90 °C used in papermaking. The slightly lower recovery for lactoferrin is very likely a consequence of the lower thermostability of this protein and of its larger size in comparison to the highly stable and much smaller lysozyme.
3.2. Structural and functional features of the released proteins

The retention of structural and functional features in the proteins released from the 80/20/10 paper in buffer/saline were tested by various methodological approaches. Retention of secondary structure in lysozyme was studied by far-UV CD (Fig. 2) and confirmed its remarkable structural stability toward exposure at high temperatures, such as those used during the drying step in papermaking. Tryptophan fluorescence spectra of released lysozyme were overlapping those of the original protein (not shown), indicating the absence of modifications in the tertiary structure of this protein.

Binding of iron is a property restricted to native lactoferrin, and can be conveniently monitored spectrophotometrically, given of the characteristic absorbance at 460 nm of the iron-containing lactoferrin. In spite of the reported thermal sensitivity of lactoferrin and of the high-temperature drying step used in papermaking, lactoferrin released in buffer/saline from the 80/20/10 paper was still able to bind 2 atoms Fe(III)/mol protein, as the untreated protein.

3.3. In vitro antimicrobial activity of incorporated lysozyme and/or lactoferrin paper

Presence and activity of lysozyme and lactoferrin in paper was evidenced by assay in agar plates containing cell walls of M. lysodeikticus (Fig. 4). In the case of the lysozyme-containing paper, the diameter of the lysis halo exceeded that of the paper disk of 11 ± 0.2 mm. Lactoferrin is not expected to be a lysis agent for bacterial cell walls and, accordingly, did not produce a significant lysis halo against M. lysodeikticus cell walls. Paper with the two proteins added showed a lysis halo similar in size to that found for lysozyme alone (12 ± 0.2 mm).

Antimicrobial efficacy of the paper containing either or both proteins was assessed by microbiological trials, against L. innocua and E. coli, chosen as indicator strains of Gram-positive and Gram-negative bacteria, respectively. Time courses of cell growth in each trial were fitted employing the DModel software, to estimate growth rate (µmax, h −1), lag phase duration (h) and final population (Yend, log cfu/ml) as predicted by the Baranyi and Roberts model (1994). Table 2 shows the efficacy of the various paper samples against L. innocua. The lysozyme-containing paper proved effective in increasing lag phase duration from 1.86 to 5.81 h, but then cells started growing faster than the control (µmax 0.73 instead of 0.48 h −1) and reached 8.53 log cfu/ml, with a final 0.5 log reduction. Lactoferrin was found to have a limited effect on lag phase, that increased from 1.86 to 2.57 h. Presence of both proteins gave a marked increase of the lag phase duration, that was prolonged from 1.86 to 6.50 h. Cells then started to grow very fast, with a µmax of 1.41 instead of 0.48 h −1. Nevertheless, at 24 h the final population was almost 1 log cycle lower than control.

Table 3 shows the efficacy of the various paper samples against E. coli. Lysozyme-containing paper produced only a modest inhibitory effect. Growth rate was similar to controls, and a modest increase of the lag phase duration from 1.08 to 1.79 h resulted in a decimal reduction of only 0.25 log cfu/ml with respect to control. These data were expected because the muramidase activity of lysozyme against Gram-negative bacteria is reportedly very low. Lactoferrin-containing paper gave a growth rate decrease from 0.51

Table 1

<table>
<thead>
<tr>
<th>Composition, protein binding to, and protein release from various types of paper containing lactoferrin (LF) and lysozyme (LZ).</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Paper composition</strong></td>
</tr>
<tr>
<td>---------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Type and amount (%) of fibers</strong></td>
</tr>
<tr>
<td>---------------------------------------------------------------</td>
</tr>
<tr>
<td>Long</td>
</tr>
<tr>
<td>---------------------------------------------------------------</td>
</tr>
<tr>
<td>80</td>
</tr>
<tr>
<td>20</td>
</tr>
<tr>
<td>80</td>
</tr>
<tr>
<td>20</td>
</tr>
</tbody>
</table>

Fig. 2. Far-UV circular dichroism evidence for retention of secondary structure features of native lysozyme after incorporation in paper and release in buffered saline.
to 0.35 h\(^{-1}\), along with an increase of the lag phase duration from 1.8 to 3.25 h. As a result, the final population showed a 1.7 log reduction with respect to the control culture. The best results was evidenced employing the combined proteins, with a final decimal reduction of 2.04 log cfu/ml.

Interaction between antimicrobials may either be synergistic, additive or antagonistic. A synergistic interaction is defined as a combination effect observed that is greater than the sum of the individual effects with two agents independently. Additive interactions are when the combined effect is equal to the sum of the individual effects, and antagonistic is when the activity of one compound is decreased negative charge on the cell wall may favor contact between lysozyme and the underlying peptidoglycan (Leitch & Wilcox, 1999).

As for the effect of the two antimicrobials on E. coli, their interaction may be defined as additive. Lactoferrin is able to increase the permeability of the outer membrane of some Gram-negative strains, by binding to lipid A of lipopolysaccharide, causing liberation of lipid with consequent damage to the cell membrane (Gonzalez-Chavez, 2009). In these conditions, lysozyme may have access to the peptidoglycan, that in Gram-negative bacteria accounts only for 5–10% of the cell wall and is present beneath the outer membrane of the cell envelope.

### 3.4. Antimicrobial activity of active papers on veal "carpaccio"

Table 4 shows the efficacy of the active papers on total aerobic count (TAC) in samples of veal "carpaccio" (thin slices of veal fillet, meant for consumption as raw meat). Papers containing lysozyme and lactoferrin performed the best on the microbiota in this meat sample, giving almost 1 log cycle reduction with respect to control (5.55 and 5.53 vs 6.48 log cfu/g). It must be noted that in these samples the total count at 48 h remained close to the initial one, suggesting an inhibitory effect on microbial growth. However, the lactoferrin-only paper was apparently ineffective against growth of this specific meat microbiota, as the bacterial content at 48 h in this case did not differ from control.

---

**Table 2**

<table>
<thead>
<tr>
<th>Protein incorporated in the paper</th>
<th>Duration of the lag phase (h)</th>
<th>Growth rate (h(^{-1})) Yend (log cfu/ml)</th>
<th>( R^2 )</th>
<th>SE fit</th>
<th>Decimal reduction</th>
</tr>
</thead>
<tbody>
<tr>
<td>None (control)</td>
<td>1.86(a)</td>
<td>0.48(a)</td>
<td>9.08(b)</td>
<td>0.994</td>
<td>0.158</td>
</tr>
<tr>
<td>+ LZ</td>
<td>5.81(a)</td>
<td>0.73(b)</td>
<td>8.53(b)</td>
<td>0.993</td>
<td>0.212</td>
</tr>
<tr>
<td>+ LF</td>
<td>2.57(b)</td>
<td>0.43(a)</td>
<td>9.10(a)</td>
<td>0.999</td>
<td>0.158</td>
</tr>
<tr>
<td>+ LZ LF</td>
<td>6.50(a)</td>
<td>1.41(c)</td>
<td>8.07(d)</td>
<td>0.993</td>
<td>0.189</td>
</tr>
</tbody>
</table>

\(\textit{abcd}\) means within the same column with different superscript letters are different (\(P < 0.05\)).

---

**Table 3**

<table>
<thead>
<tr>
<th>Protein incorporated in the paper</th>
<th>Duration of the lag phase (h)</th>
<th>Growth rate (h(^{-1})) Yend (log cfu/ml)</th>
<th>( R^2 )</th>
<th>SE fit</th>
<th>Decimal reduction</th>
</tr>
</thead>
<tbody>
<tr>
<td>None (control)</td>
<td>1.08(a)</td>
<td>0.51(b)</td>
<td>9.20(b)</td>
<td>0.994</td>
<td>0.128</td>
</tr>
<tr>
<td>LZ</td>
<td>1.79(b)</td>
<td>0.47(a)</td>
<td>8.95(b)</td>
<td>0.992</td>
<td>0.178</td>
</tr>
<tr>
<td>LF</td>
<td>3.25(c)</td>
<td>0.35(c)</td>
<td>7.50(c)</td>
<td>0.998</td>
<td>0.115</td>
</tr>
<tr>
<td>LZ and LF</td>
<td>2.68(b)</td>
<td>0.43(b)</td>
<td>7.16(a)</td>
<td>0.975</td>
<td>0.180</td>
</tr>
</tbody>
</table>

\(\textit{abcd}\) means within the same column with different superscript letters are different (\(P < 0.05\)).
4. Conclusions

This work provides an example of sustainable and active food packaging, in which antimicrobial proteins were incorporated in a matrix of cellulose and carboxymethyl cellulose fibers in the absence of chemical modification. Protein incorporation was efficient, and incorporated proteins may be simultaneously released in a biologically active form by modulating - according to the needs — simple physico-chemical parameters. The synergism between the two simultaneously released antimicrobials was evident in tests against common food contaminants. Application of these materials on actual meat samples under conditions similar to those foreseeable for a future practical use of these materials also gave positive results. Future work will indicate whether antimicrobial-loaded paper products produced along the lines outlined used here may find other practical uses (e.g., paper liners or wraps) and whether they will be effective to improve the safety and to extend the shelf-life of other raw and processed food products. These studies will also have to verify which factors control the rate of antimicrobial release, and how this can be modulated to fulfill best the various requirements of different foods, also in consideration of their nature, size, shape, and humidity.

Acknowledgments

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Table 4

<table>
<thead>
<tr>
<th>Time (h)</th>
<th>Protein incorporated in the paper</th>
<th>Total aerobic count (log CFU/g)</th>
<th>Decimal reduction</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>None (control)</td>
<td>5.34 ± 0.09</td>
<td>—</td>
</tr>
<tr>
<td>48</td>
<td>None (control)</td>
<td>6.48 ± 0.11</td>
<td>—</td>
</tr>
<tr>
<td>48</td>
<td>LZ</td>
<td>5.55 ± 0.12</td>
<td>-0.93</td>
</tr>
<tr>
<td>48</td>
<td>LF</td>
<td>6.30 ± 0.12</td>
<td>+0.18</td>
</tr>
<tr>
<td>48</td>
<td>LZ and LF</td>
<td>5.43 ± 0.10</td>
<td>-1.05</td>
</tr>
</tbody>
</table>

*a* means within the same column with different superscript letters are different (P < 0.05).

References


