

Phenotypic and Genotypic Characterization of Lactic Acid Bacteria Isolated from Artisanal Italian Goat Cheese

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ABSTRACT

The lactic acid bacteria community in traditional goat cheese produced in three dairies in Valsesia (Piemonte, Italy) was studied at different steps of the manufacturing process. These cheeses were produced from raw milk without starter bacteria, and no protocol was followed during the manufacturing process. Three hundred thirty-two isolates were characterized and grouped by results of both morphophysiological tests and random amplification of polymorphic DNA plus PCR analysis. Bacteria were identified by partial sequencing of the 16S rRNA gene. Lactococci were the dominant lactic acid bacteria in raw milk. Their initial numbers ranged from 5 to 7 log CFU ml⁻¹. Their levels increased during manufacturing and decreased during ripening. The growth trend for enterococci was comparable to that of lactococci, although enterococci counts were lower. *Lactococcus lactis* subsp. *cremoris*, *Lactococcus garviae*, and *Enterococcus faecalis* were the most frequently isolated species during goat cheese manufacturing, whereas the highest numbers of *Enterococcus* (*E. faecium*, *E. durans*, *E. gilvus*, and *E. casseliflavus*) were isolated with the greatest frequency from ripened cheese samples. Occasionally, *Leuconostoc mesenteroides*, *Leuconostoc lactis*, and *Lactobacillus paraplantarum* also were isolated.

Italian dairy production offers a wide variety of products, many of which the European Community has recognized as Product Denomination Origin. However, a large number of unrecognized artisanal products are characterized by nonstandardized manufacturing processes and have strong links to a limited geographical region, but marketing of these products has been limited. This group of artisanal products includes those made from goat's milk. In northern Italy, goat cheese production is concentrated in the alpine area, and the products are made from raw milk using traditional techniques. The manufacturing process is not standardized and does not employ starter cultures. Sensory characteristics depend on several factors, including the particular traditional cheesemaking practice, the feed provided to the animals, and the composition and dynamics of the microbial communities that are naturally present in milk and in the environment (29). Goat cheeses that have not been appreciated because of their peculiar sensory characteristics are becoming more popular (17).

Nonstarter lactic acid bacteria (NSLAB) form a complex microbial community that can be used to modify physical and chemical properties of cheese, contributing to changes that occur during the manufacturing and ripening of cheese (19). The selective conditions that persist during manufacturing process create different ecological niches. NSLAB dominate the microflora of long-ripened cheese for most of its ripening time and likely contribute to cheese maturation (13, 15, 27). The characteristics of a given

cheese will be influenced by the dynamics of the microbial population. In the absence of a standardized process, the product has unique and typical sensorial qualities but is also difficult to export.

Phenotypic, biochemical, and physiological tests have been used to identify the microbial community associated with cheeses; however, for many artisanal cheeses the microbial populations are difficult to control because of their complex dynamics and interactions (1). Knowledge of the structure and dynamics of the whole microbial community of cheese would promote better understanding of how cheese characteristics are affected by microbial growth and metabolism. The development of PCR-based molecular techniques for the identification of bacterial species offers new approaches for microbial taxonomic studies (2, 3, 5, 11, 15, 20, 21, 24–26).

The aim of this work was to study the changes in LAB populations of artisanal goat cheeses during ripening. Characterization of LAB isolates to the strain level would allow cheese producers to select those bacteria that could be used for the preparation of starter cultures as part of a standardized protocol to produce goat cheeses with desirable and typical sensory qualities.

MATERIALS AND METHODS

Cheese manufacturing and sampling. The artisanal cheeses were prepared according to traditional practices from mixed refrigerated evening and fresh morning milk. The temperature of the milk was adjusted to approximately 35°C, at which time commercial liquid rennet (0.1 ml/1,000 ml of milk) was added without adding starter culture. The formation of curd took 45 to

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60 min. The curd was cut into large pieces, heated to 40°C, and broken into pieces the size of corn kernels. These pieces were collected in perforated plastic baskets (20 cm in diameter), dried in a warm area (20 to 25°C) for 6 to 8 h, immersed in brine for 2 h, and ripened at 10°C for 1 to 2 months.

The production process in three small dairies (A, B, and C) in Valsesia (Piemonte, Italy) was studied. Production was monitored in winter and spring when animals were collected in the stable and eating only silage. Samples obtained at three different times from each dairy were analyzed: milk, curd, curd after warming, curd before and after brining, cheese after 1 month of ripening, and finished cheese. All samples were immediately refrigerated at 4°C and transported to the laboratory under refrigerated conditions not later than 3 h after collection.

Enumeration and isolation of LAB. Ten grams of each sample was aseptically weighed and homogenized with 90 ml of sterile 2% (wt/vol) sodium citrate solution in a Stomacher 400 Circulator (PBI International, Milan, Italy) at 230 rpm for 2 min. Serial decimal dilutions were prepared in tryptone salt (8.5 g of NaCl, 1 g of tryptone, and 1,000 ml of distilled water), and the following analyses were performed. Mesophilic lactic acid cocci were enumerated on M17 agar (Fluka, Buchs SG, Switzerland) (28) incubated aerobically at 30°C for 48 h. Total LAB were enumerated on de Man Rogosa Sharpe agar (MRS; Merck, Darmstadt, Germany) (10) incubated under anaerobic conditions (Gas Pack) at 30°C for 48 h, and enterococci were enumerated on kanamycin esculin azide agar (KEA; VWR, Darmstadt, Germany) (4) at 37°C for 48 h. All microbiological analyses were carried out in triplicate, and the results were expressed as the mean CFU per milliliter or gram.

Twenty to 30 colonies from each sample were randomly collected from M17, MRS, and KEA corresponding to the last dilution at which growth occurred. These colonies were purified through two subsequent subcultures on M17, MRS, and KEA and stored in 20% (vol/vol) glycerol in an appropriate liquid medium at -20°C.

Phenotypic characterization. The isolates were characterized by examining their cellular morphology with a phase contrast microscopy (480×), by Gram staining, and by a catalase test. Isolates that were gram positive and catalase negative were tested for gas production from glucose, NH₃ production from arginine, growth at 45 and 10°C, and (for cocci only) the hydrolysis of esculin.

DNA extraction. Genomic DNA from LAB isolates was extracted from 100 µl of an overnight culture diluted with 300 µl of 1× TE buffer (10 mM Tris-HCl and 1 mM Na₂EDTA, pH 8.0) as described by Mora et al. (22).

PCR amplification (RAPD and 16S rDNA). LAB isolates were identified by random amplification of polymorphic DNA (RAPD) and PCR with universal primers and by 16S rDNA gene sequencing. The RAPD-PCR was carried out with the M13 primer (5'-GAG GGT GGC GGT TCT-3') (18). The reaction mix was as follows: 14.9 µl of milli-Q water, 2.5 µl of 10× buffer, 4.0 µl of 25 mM MgCl₂, 0.25 µl of 10 mM concentrations of the deoxynucleoside triphosphates (dNTPs), 1.25 µl of 100% dimethyl sulfoxide, 1.0 µl of a 100 µM concentration of primer, 0.10 µl of 5 U/µl *Taq* polymerase, and 1 µl of DNA. An amplification cycle consisting of denaturation at 94°C for 1 min, annealing at 43°C for 40 s, and extension at 72°C for 2 min was repeated 34 times. The cycles were preceded by initial denaturation at 94°C for 2 min and

followed by final extension at 72°C for 7 min. After amplification, 9 µl of product was electrophoresed on a 1.5% agarose gel (with 0.2 µg/ml ethidium bromide) in TAE (Tris-acetate-EDTA) buffer at 5 vol/cm.

The 16S rDNA gene was amplified with primers 16Sf (5'-CTACGGCTACCTTGTTACGA-3') and 16Sr (5'-AGAGTTT-GATCCTGGCTCAG-3'). The reaction mix was as follows: 17.25 µl of milli-Q water, 2.5 µl of 10× buffer, 2.5 µl of 25 mM MgCl₂, 0.5 µl of 10 mM concentrations of dNTPs, 1.0 µl of each 100 µmol primer, 0.25 µl of 5 U/µl *Taq* polymerase, and 1 µl of DNA. An amplification cycle of denaturation at 94°C for 45 s, annealing at 50°C for 45 s, and extension at 72°C for 1 min was repeated four times. The steps of denaturation at 94°C for 45 s, annealing at 55°C for 35 s, and extension at 72°C for 1 min were repeated 34 times. The cycles were preceded by initial denaturation at 94°C for 2 min and followed by final extension at 72°C for 7 min. After amplification, 9 µl of product was electrophoresed on 1% agarose gel (with 0.2 µg/ml ethidium bromide) in TAE buffer at 5 vol/cm. For all amplifications, a negative control containing all described reagents but no DNA was included. Amplifications were carried out in a Biometra T-Gradient thermal cycler.

Sequence analysis. The 16S rDNA gene was partially sequenced in the laboratories of PRIMM Company (Milan, Italy). The sequence for each strain was developed with CHROMAS 2.13 (Technelysium Pty Ltd., North Sydney, Australia). The results were compared with the sequence in an online database (www.ncbi.nlm.nih.gov).

RESULTS

The changes of microbial indices investigated in each dairy during manufacturing process are presented in Table 1. There were no significant differences in microbial levels, but there were differences between cheeses and dairies in how the microflora changed over time and in the distribution of microflora during the phases of manufacture. LAB populations primarily consisted of lactococci. In dairies B and C, the level of lactococci significantly increased from milk to curd formation to the brining stage, where lactococci peaked at 10 and 9.4 log CFU/g, respectively. After brining, populations of lactococci slowly but continuously decreased during the ripening phase (R). In dairy A, lactococci grew until the warming phase (W) but did not reach populations as high as those observed in dairies B and C. In subsequent phases, lactococcal populations reached a plateau and remained stable until the end of storage.

The growth trend for enterococci was comparable to that of lactococci, although this trend was characterized by lower microbial counts. In dairies A and B, initial enterococcal populations in milk were 3.3 and 3.1 log CFU/ml (about 2 log lower than lactococcal populations), respectively. Subsequently, enterococci continuously and regularly increased until the warming step, where they reached populations similar to those of lactococci. The population then stabilized until the end of storage. Different behavior was observed in dairy C, where enterococci grew until the brine phase but then decreased to the initial level during ripening.

One hundred sixty isolates were collected from KEA medium. Biochemical investigations confirmed that all isolates belonged to the genus *Enterococcus* (i.e., obligately

TABLE 1. Counts of lactic acid bacteria (LAB) during manufacturing and ripening of artisanal goat cheese

Production step ^a	Mean and SD of bacterial counts (log CFU/ml or g) ^b																	
	Dairy A						Dairy B						Dairy C					
	Total LAB		Lactococci		Enterococci		Total LAB		Lactococci		Enterococci		Total LAB		Lactococci		Enterococci	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
M	5.8	1.1	5.7	0.3	3.3	0.1	5.7	0.4	5.8	0.6	3.1	0.3	5.5	0.2	6.5	0.5	2.7	0.2
C	6.8	0.7	7.5	0.6	5.5	0.5	7.5	0.1	7.5	0.2	5.7	0.3	6.3	0.1	6.9	0.5	2.7	0.1
W	8.6	0.6	9.0	0.8	7.8	0.6	8.8	0.5	8.8	0.7	7.1	0.5	8.6	0.5	9.3	0.1	5.6	0.1
AB	8.7	0.7	8.9	0.7	7.4	0.1	10.0	1.1	10.0	1.2	6.4	0.1	9.5	0.0	9.4	0.1	7.4	0.1
R	8.8	0.8	9.1	0.5	7.7	0.3	9.4	0.1	7.5	0.0	6.6	0.8	8.7	0.5	8.5	0.0	6.8	0.1
FC	8.3	0.3	8.6	0.3	7.8	1.4	8.8	0.5	9.4	0.1	6.8	0.6	8.5	0.3	7.9	0.9	3.3	0.2

^a M, milk; C, curd; W, curd after warming; AB, curd after brining; R, cheese after 1 month; FC, finish cheese.

^b Values are the average of three manufacturing batches. Counts are expressed as log CFU per milliliter for milk and log CFU per gram for curd and cheese.

homofermentative, 2,3,4-triphenyltetrazolium chloride reducers, and esculin hydrolase positive). The isolates from M17 and MRS were differentiated on the basis of their morphology and fermentation activity: 8 isolates were facultative heterofermentative rods, 8 were heterofermentative cocci, and 156 were homofermentative cocci. Preliminary identification and microbial diversity investigation of all isolates was performed using the RAPD-PCR assay with the universal M13 primer. RAPD analysis was used to create different groupings. Two representatives from each group were identified by partial 16S rDNA sequencing (Table 2). The analysis of RAPD-PCR profiles grouped *Lactococcus garviae*, *Lactococcus lactis* subsp. *lactis*, *Enterococcus faecalis*, *Enterococcus durans*, and *Enterococcus faecium* strains into three, two, two, two, and two biotypes, respectively. Different RAPD profiles were obtained for some strains (Table 2) probably because different ribotypes can be obtained from a single organism (9). The most biodiversity was observed for *E. faecalis*, in which biotype g had five different RAPD profiles corresponding to the same accession number in the database. Other important intraspecies biodiversity was observed for *Enterococcus gilvus* and *Lactobacillus paraplantarum*. The distribution of each species during processing is listed in Table 3.

In dairy A, we found only cocci, and the homofermentative form was dominant. In raw milk, *L. lactis* subsp. *cremoris* and *L. garviae* accounted for more than 50% of the LAB isolates; *E. faecalis* was a quantitatively minor component (35% of the isolates). At the beginning of milk transformation, the number of enterococci gradually increased. The most important was *E. faecalis* followed by *E. faecium*. During ripening, *E. faecalis* decreased but remained the dominant microbial form on cheese (53% of the isolates), followed by *L. garviae* and *L. lactis* subsp. *cremoris* that together represented more than 40% of the isolates. *L. mesenteroides* was isolated only from raw milk and in small numbers, so we cannot consider this microorganism typical of this product (Table 3).

In dairy B, lactococci were dominant in raw milk and primarily represented by *L. garviae* (35% of the isolates)

and *L. lactis* subsp. *cremoris* (27% of the isolates). In milk, three species of enterococci (*E. faecalis*, *E. gilvus*, and *E. durans*) together accounted for 36% of the isolates. *L. mesenteroides* was observed in small quantities in both milk (2% of the isolates) and curd (4% of the isolates). During the milk transformation process and ripening, *L. garviae* was the major component, except during the warming phase when *Enterococcus* (20% *E. faecalis* and 70% *E. durans*) prevailed. Ripening favored the growth of lactococci, which became more numerous than enterococci. *L. garviae* and *L. lactis* subsp. *cremoris* were always found in finished cheese and represented more than 50% of the isolates (Table 3). *L. lactis* subsp. *cremoris* became a minority component even though it may have contributed to the sensory properties. In the first month of ripening, *Lactobacillus paraplantarum* and *Leuconostoc lactis* also were found.

In dairy C, a greater variability in bacterial species was observed, especially in the final phases of the cheese-making process. *Enterococcus* species were almost absent in raw milk but were the dominant component during manufacturing and ripening, represented by *E. faecalis*, *E. faecium*, *E. durans*, *E. gilvus*, and *E. casseliflavus*. In the final product, enterococci represented more than 80% of the isolates: *E. faecalis* (20%), *E. faecium* (24%), *E. durans* (20%), and *E. gilvus* (20%). Lactococci (*L. lactis* subsp. *cremoris*, 8%; *L. garviae*, 4%) were in the minority. In this dairy, two species of the genus *Leuconostoc* were found: *L. mesenteroides* and *L. lactis*. During ripening, *L. paraplantarum* and *Pediococcus pentosaceus* also were detected (Table 3).

DISCUSSION

Information about microbial populations and their development in artisanal dairy products is important for understanding the particular characteristics of these populations. This information also can be used to define and standardize these dairy products and consequently boost their marketability outside the local region.

Each dairy in the present study represented a different environment with various resident bacteria. The natural LAB population consisted of homofermentative cocci such as lactococci and enterococci. The rod form was observed

TABLE 2. Distribution of lactic acid bacterial isolates and biotypes as determined by RAPD-PCR and partial sequencing of 16S rDNA during manufacturing of goat milk cheese^a

Strains	Biotypes	Dairies			Accession number	RAPD patterns
		A	B	C		
<i>Lc. garviae</i>	a (52)	M; C;	M; C; W; AB; R; FC	M; C; W; FC	AB244437.1	
	b (39)	C; W	M; C; W; R; FC	M; C	AB244455.1	
	c (3)			C;	AB362689.1	
<i>Lc. lactis</i>	(1)	AB			EU195809.1	
<i>Lc. lactis</i> subsp. <i>lactis</i>	d (9)		FC	R	AB483103.1	
	e (8)		W; R;		AB1000797.1	
<i>Lc. lactis</i> subsp. <i>cremoris</i>	(9)	M; C	M; C; R	M; W; FC	AM406671.1	
<i>Leuc. lactis</i>	(6)	M		M	EU419611.1	
<i>Leuc. mesenteroides</i>	(5)	M	M	AB; R;	DQ105646.1	
<i>L. paraplantarum</i>	(7)	FC	R;	AB; R; FC	AJ878739.1	
	(7)		M; W; FC	M; W; R	DQ295035.1	
<i>E. faecalis</i>	f (3)	M		W	DQ295036.1	
	g (50)	M; C; W; R; FC	M; W;	W; R; FC;	AB362602.1	
<i>E. durans</i>	h (6)			C; W; FC	AF061000.1	
	i (14)		M; W; AB; R; FC	FC	AY942461.2	
<i>E. faecium</i>	l (1)			W	AJ874342.1	
	m (1)		R		AB246407.1	
<i>E. gilvus</i>	(12)		M; R; FC	W; FC	EF535229.1	
<i>E. gallinarum</i>	(2)			W;	EF025908.1	
<i>E. casseliflavus</i>	(2)			W	DQ395285.1	
<i>P. pentosaceus</i>	(1)			R	AB362605.1	

^a M, milk; C, curd; W, curd after warming; AB, curd after brining; R, cheese after 1 month; FC, finish cheese. Marker is 1-kb Fermentas. The number of isolates is presented in parentheses.

only occasionally and at low numbers at the end of the manufacturing process. This finding is consistent with results obtained by others (7, 8). Lactococci play an important role in the initial milk coagulation process. Some

strains of *L. lactis* subsp. *cremoris* are able to ferment citrate that is naturally present in milk and thus produce aromatic substances such as diacetyl, which confers the typical butter aroma (7, 8).

TABLE 3. Distribution of lactic acid bacteria during manufacturing of goat cheese

Production step	Bacteria isolated (% of total isolates per dairy per step)		
	Dairy A	Dairy B	Dairy C
Milk	<i>Enterococcus faecalis</i> (35) <i>Leuconostoc mesenteroides</i> (12) <i>Lactococcus garviae</i> (30) <i>L. lactis</i> subsp. <i>cremoris</i> (23)	<i>Enterococcus faecalis</i> (27) <i>E. gilvus</i> (3) <i>E. durans</i> (6) <i>Lactococcus garviae</i> (35) <i>L. lactis</i> subsp. <i>cremoris</i> (27) <i>Leuconostoc mesenteroides</i> (2)	<i>Leuconostoc lactis</i> (33) <i>Lactococcus garviae</i> (50) <i>L. lactis</i> subsp. <i>cremoris</i> (17)
Total no. of isolates	17	34	6
Curd	<i>E. faecalis</i> (40) <i>L. lactis</i> (40) <i>L. garviae</i> (20)	<i>L. lactis</i> subsp. <i>cremoris</i> (40) <i>L. garviae</i> (56) <i>L. mesenteroides</i> (4)	<i>Enterococcus durans</i> (14) <i>L. garviae</i> (86)
Total no. of isolates	15	43	7
Curd after warming	<i>E. faecalis</i> (50) <i>L. lactis</i> (43) <i>E. faecium</i> (7)	<i>E. faecalis</i> (20) <i>E. durans</i> (70) <i>L. garviae</i> (10)	<i>E. gilvus</i> (17), <i>E. durans</i> (16) <i>E. faecium</i> (17) <i>L. lactis</i> subsp. <i>cremoris</i> (17) <i>L. garviae</i> (33)
Total no. of isolates	15	10	10
Curd after brining	<i>E. faecalis</i> (70) <i>L. lactis</i> (15) <i>E. faecium</i> (15)	<i>E. faecalis</i> (12) <i>E. durans</i> (6) <i>L. garviae</i> (53) <i>L. lactis</i> subsp. <i>cremoris</i> (29)	<i>E. faecalis</i> (58) <i>E. gilvus</i> (11) <i>E. casseliflavus</i> (14) <i>Lactobacillus paraplantarum</i> (7) <i>L. lactis</i> subsp. <i>cremoris</i> (3) <i>Leuconostoc mesenteroides</i> (7)
Total no. of isolates	10	17	24
Cheese after 1 mo	<i>E. faecalis</i> (46) <i>L. lactis</i> subsp. <i>cremoris</i> (38) <i>E. garviae</i> (16)	<i>E. faecalis</i> (9) <i>E. durans</i> (15) <i>E. gilvus</i> (6) <i>L. garviae</i> (29) <i>L. lactis</i> subsp. <i>cremoris</i> (29) <i>Lactobacillus paraplantarum</i> (9) <i>Leuconostoc lactis</i> (3)	<i>E. faecalis</i> (17) <i>E. faecium</i> (25) <i>L. lactis</i> subsp. <i>cremoris</i> (25) <i>L. paraplantarum</i> (11) <i>L. mesenteroides</i> (11) <i>Pediococcus pentosaceus</i> (11)
Total no. of isolates	13	28	19
Finish cheese	<i>E. faecalis</i> (53) <i>E. faecium</i> (5) <i>L. garviae</i> (21) <i>L. lactis</i> subsp. <i>cremoris</i> (21)	<i>E. faecalis</i> (3) <i>E. durans</i> (3) <i>L. garviae</i> (56) <i>L. lactis</i> subsp. <i>cremoris</i> (38)	<i>E. faecalis</i> (20) <i>E. faecium</i> (24) <i>E. durans</i> (20) <i>E. gilvus</i> (20) <i>L. lactis</i> subsp. <i>cremoris</i> (8) <i>L. paraplantarum</i> (4) <i>L. garviae</i> (4)
Total no. of isolates	12	27	25

Enterococcus species are important during the cheese-manufacturing process, especially *E. faecalis* in the middle steps. Enterococci often are present in natural whey used as a starter culture in artisanal products. These bacteria have proteolytic and lipolytic activities that contribute to aroma development in the final cheese product during ripening (6, 12, 14, 16, 23). Other strains produce bacteriocins active against undesirable microorganisms.

The LAB population found in the artisanal goat cheese in this study was characterized by growth of *Enterococcus* and *Lactococcus* species in the last phases of cheesemaking after brining. *Lactobacillus* and *Leuconostoc* are minority components of the LAB flora and were occasionally found

in and associated with a specific dairy. The differences in the microbial populations we observed can be ascribed to different processing and environmental conditions that permit the selection of a specific ecosystem typical of each dairy.

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