




Rapidly progressive dementia and intractable diarrhea: a teaching case report and a systematic review of cognitive impairment in Whipple's disease

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Received: 11 November 2021 / Accepted: 22 December 2021 / Published online: 3 January 2022
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Abstract

Objective Whipple's disease (WD) is a systemic, chronic, relapsing disease caused by *Tropheryma whipplei*, which can mimic signs and symptoms of various clinical entities. Typical manifestations are represented by gastrointestinal and systemic symptoms, among which neurological ones are frequent. We present the case of a patient with WD and rapidly progressive cognitive impairment and a review of literature aimed to report epidemiological, clinical, neuroimaging, and laboratory findings of cognitive impairment associated with WD.

Methods A systematic review of medical literature published until November 22, 2020, was performed. Full-text, peer-reviewed case reports and series in English language presenting patients with WD and cognitive impairment were included. Data concerning demographic, clinical, neuroimaging, and laboratory characteristics were collected and synthesized qualitatively.

Results The patient was a 54-year-old male who developed rapidly progressive dementia, fluctuating arousal disturbances, and supranuclear ophthalmoparesis associated with chronic diarrhea and fever spikes. *T. whipplei* was detected in the cerebrospinal fluid, and appropriate antimicrobial therapy was given with progressive clinical benefit. The systematic review of 114 case reports/series identified 147 patients with WD and cognitive impairment; this latter was rarely isolated. Neurological symptoms associated with cognitive decline were psychiatric disturbances, supranuclear ophthalmoplegia, hypothalamic involvement, and consciousness disorders. Brain imaging and cerebrospinal fluid findings were heterogeneous and nonspecific.

Conclusions Cognitive impairment represents one of the most common neurological features associated with WD. The clinical suspicion of this disease in patients with rapidly progressive dementia is crucial to guide diagnostic strategies and proper antimicrobial therapy, which may revert the clinical deterioration.

Keywords Whipple's disease · *Tropheryma whipplei* · Dementia · Cognitive impairment · Central nervous system

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Introduction

The first description of Whipple's disease (WD), a rare multi-systemic chronic illness caused by *Tropheryma whipplei* [1], dates back to 1895 [2]. In 1907, George Hoyt Whipple described a 36-year-old missionary with malabsorptive syndrome due to chronic unexplained diarrhea associated with migratory polyarthritis, cough, and mesenteric lymphadenopathy [3]. Since then, our knowledge of the pathogenic mechanisms and clinical manifestations of WD has grown, improving our ability of diagnosis and treatment. Nevertheless, different immunopathogenic aspects of the disease remain unclear. Most infected individuals do not develop symptomatic infection, protected by humoral and

cellular immunity [4]. Therefore, detecting *T. whipplei* in tissues and biological fluids of asymptomatic carriers is not rare [5]. Typical and atypical presentations appear only in a few patients who show genetic predisposition and rarely immune deficits [6, 7]. Classical manifestations are represented by gastrointestinal symptoms, including diarrhea, weight loss, abdominal pain, nausea and vomit, and systemic features, such as fatigue, migratory arthralgias/arthritis, fever of unknown origin, lymphadenopathy, and skin alterations [8]. Other symptoms are due to localized forms of *T. whipplei* infection, including the neurological ones. Nervous system involvement produces a broad range of signs and symptoms, whose the most typical is the classic triad of dementia, supranuclear ophthalmoplegia, and myoclonus [9].

Here, we report the case of a patient with WD and progressive cognitive decline and a literature review aimed to clarify epidemiological, clinical, neuroimaging, and laboratory findings of WD associated with dementia.

Material and methods

Systematic literature review

Two authors (A.M. and G.Q.) performed a systematic review of medical literature by searching two comprehensive medical databases, namely PubMed and Embase, from inception to November 22, 2020. The search query employed was “(whipple disease OR tropheryma whipplei OR tropheryma whippelii) AND (dementia OR central nervous system OR cognitive).” Full-text, peer-reviewed case reports and case series published in English language presenting patients with WD and cognitive impairment were included. All the abstracts were screened independently by the two authors to select full-text articles to be included in the analysis. In case of disagreement, relevant articles were re-reviewed until consensus was reached. The complete list of publications included in our systematic review is available in Supplementary Table 1. Data of eligible studies were collected, reported in a dedicated database, and combined, including age at onset and gender of patients; neurological and non-neurological clinical features; neuroimaging features; type of central nervous system (CNS) WD diagnosis (definite or possible) according to Louis et al.’s criteria [10]; and results of CSF examination. Data were qualitatively synthesized, and descriptive analyses were performed using open-source software “Jamovi,” version 1.6 (Sidney, Australia).

Case reports and series were included in the systematic review if the authors used one of the following expressions to describe patient’s clinical condition: “cognitive impairment,” “cognitive decline,” “cognitive changes,” “cognitive alterations,” “cognitive abnormalities,” “cognitive disorder,”

“cognitive defects,” “cognitive deterioration,” “cognitive deficits,” “cognitive disturbances,” “cognitive dysfunction,” “cognitive symptoms,” “cognitive complaints,” “cognitive slowness,” “cognitive sequelae,” “neurocognitive features,” “neurocognitive symptoms,” “deterioration in cognition,” “reduced cognition,” “memory loss,” “memory impairment,” “decreased memory,” “problems with memory,” “memory lapses,” “memory disturbances,” “memory difficulties,” “memory disorder,” “poor memory,” “memory deficits,” “memory alterations,” “amnesic syndrome,” “dementia,” “demented,” “dementing illness,” and “demential syndrome.” When the authors did not report any of the previous terms, but described an acquired syndrome consisting of a loss of several separable but overlapping intellectual abilities that was significant enough to interfere with independent, daily occupational/domestic/social functioning, then the case was included in the analysis.

Other neurological and non-neurological features associated with cognitive deficits were also searched for in the publications. Considering other associated neurological features, these were classified in main categories (Supplementary Table 2).

After the literature search, we applied the Louis et al.’s criteria [10] for CNS WD for each of the selected cases. According to Louis et al.’s criteria [10], CNS WD is defined as “possible” when at least one out of four systemic symptoms (fever of unknown origin; gastrointestinal symptoms such as steatorrhea, chronic diarrhea, abdominal distension, or pain; chronic migratory arthralgias or polyarthralgias; unexplained lymphadenopathy, night sweats, or malaise), not due to another known etiology, is associated with at least one out of four neurological signs (supranuclear vertical gaze palsy; rhythmic myoclonus; dementia with psychiatric symptoms; hypothalamic manifestations), not due to another known etiology. CNS WD is otherwise “definite” if at least one of the following criteria is fulfilled: presence of oculomasticatory myorhythmia or oculo-facial skeletal myorhythmia; positive tissue biopsy (either periodic acid-Schiff (PAS) positive or bacteria seen on electron microscopy); and positive polymerase chain reaction (PCR) analysis. If histological or PCR analysis is not performed on CNS tissue, then the patient must also have neurological signs. If histological or PCR analysis is performed on CNS tissue, then the patient does not need to have neurological signs.

Results

Case report

The patient was a 54-year-old Caucasian male, professional musician. Informed consent was given by the patient for the case report publication.

He had a history of moderate chronic renal failure due to autoimmune membrane-proliferative glomerulonephritis (MPGN), associated with thrombocytopenia, cryoglobulinemia, and reduction in C3 and C4 fractions. Since the diagnosis in 2013, he had been treated with corticosteroids and immunosuppressive drugs, including cyclophosphamide and rituximab. The remaining history was remarkable only for atrial flutter, previously treated with oral anticoagulant drugs, benign prostatic hypertrophy, and major depressive disorder.

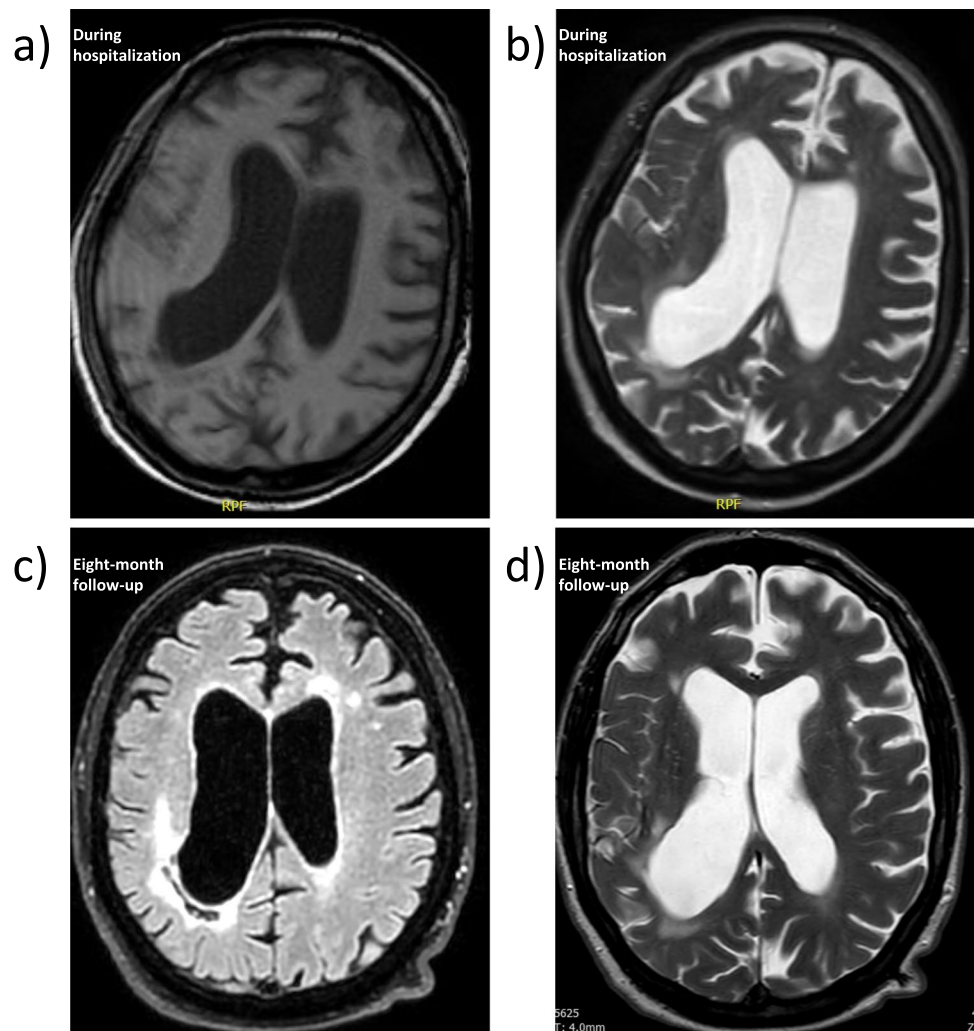
In February 2019, almost 1 month after a 10-day tour in China, the patient developed elevated fever, macrohematuria, and diarrhea which led to dehydration and acute chronic renal failure (ACRF). The patient was suspected to have a MPGN relapse, so that renal biopsy was performed, confirming MPGN with hyaline degeneration in about half of the glomeruli. He received treatment with intravenous steroid bolus (methylprednisolone 1 g for 3 days), followed by oral prednisone 50 mg daily and two intravenous infusions of rituximab. Renal function partially improved and

macrohematuria disappeared, whereas diarrhea persisted. Metronidazole and piperacillin/tazobactam were administered because of infectious suspicion, with no clinical benefit. Steroid doses were progressively reduced and mycophenolate mofetil was introduced as maintenance immunosuppressive treatment.

In March 2019, after a traumatic brain injury due to orthostatic syncope, he developed a subarachnoid hemorrhage which was complicated by vasospasm leading to a subcortical right fronto-temporo-parietal ischemic infarct (Fig. 1a–b) causing left hemiparesis and lower left quadrantanopia. The patient underwent rehabilitation, which ensured a good motor recovery, so that the patient could play the violin only with a slight hindrance of the left hand.

In July 2019, the persistent diarrhea led to a second admission to hospital for ACRF. Tests for *Clostridium difficile* detection (glutamate dehydrogenase assay and toxin A/B detection by enzyme-linked immunosorbent assay (ELISA)) and parasitological and stool tests were negative. Colonoscopy displayed hyperemia of the mucous membrane

Fig. 1 Patient brain imaging performed at different times during disease progression. **a–b** Brain MRI (axial T1-weighted and T2-weighted images, respectively) performed in October 2019 showing diffuse cortical atrophy, lateral ventricles dilatation, more prominent on the right, and an area of hypointensity (**a**) and hyperintensity (**b**) in the location of the previous ischemic stroke. **c–d** Brain MRI (axial FLAIR and T2-weighted images, respectively), performed in October 2020, unvaried compared to the previous one



and erosions in the first 5 cm of the rectal mucosa. The pathological examination showed hyperplasia of glandular epithelium, edema of the lamina propria, exudative inflammation, with increase in the number of lymphocytes and plasma cells, and micro-abscesses in descending colon. The physicians hypothesized that diarrhea and pathological alterations were secondary to iatrogenic damage. As a consequence, it was decided to interrupt mycophenolate mofetil and to start mesalazine suppositories, which were replaced by beclomethasone dipropionate in August 2019 because of persisting diarrhea.

Soon after that, the patient began complaining of difficulties in concentration, especially concerning reading skills. By the end of September, a third ACRF secondary to persistent diarrhea led to admission to the Gastroenterology Unit. The use of cholestyramine partially improved diarrhea. Proctoscopy was normal, while small intestine ultrasonography revealed wall thickening of the last small bowel loop and of descending and sigmoid colon. Digestive endoscopy showed granular aspect of intestinal lining and lymphangiectasis of intestinal villi. The research of *Helicobacter pylori* and *Isospora belli* did not detect any microorganisms. A wide spectrum screening for infectious diseases was negative, including stool test for *Giardia* species, *Entamoeba histolytica*, and *Cryptosporidium* species and serology for adenovirus, rotavirus, hepatitis B and C viruses, and HIV 1/2. Urinary 5-hydroxyindoleacetic acid was normal, thus excluding the presence of neuroendocrine tumors. Fecal calprotectin was remarkably increased (1304 $\mu\text{g/g}$; normal value: $< 50 \mu\text{g/g}$). No altered findings were detected by an autoimmune panel (antinuclear antibodies (ANA), extractable nuclear antigens antibodies (ENA), anti-mitochondrial antibodies (AMA), anti-alpha-smooth muscle actin antibodies (ASMA), anti-neutrophil cytoplasmic antibodies (ANCA), thyrotropin receptor antibodies (TRAB), thyroglobulin antibodies (TgAb), anti-transglutaminase antibodies (ATA), anti-gliadin antibodies (AGA), immunoglobulin G (IgG)). The patient was concerned about the possible repercussions of iodinated contrast on the kidney condition and refused an enhanced computerized tomography (CT) of thorax and abdomen, proposed to exclude a possible paraneoplastic genesis of disturbances. Blood tests revealed IgG antibodies deficit. A reduced number of lymphocytes T CD3+ (both CD4+ and CD8+) and B CD19+ was detected at cytofluorimetry and an ensuing prophylactic therapy with cotrimoxazole on alternate days was initiated.

During hospitalization, he developed intermittent fever and an increase of inflammatory markers. Blood cultures and DNA amplification for Epstein-Barr virus (EBV), cytomegalovirus (CMV), varicella zoster virus (VZV), and herpes simplex virus (HSV) 1 and 2 were negative. After the employment of piperacillin/tazobactam, inflammatory markers gradually decreased.

Over about 10 days, the patient underwent a dramatic cognitive deterioration (i.e., he rapidly lost the possibility to speak and write a correct message on the cellular phone with a progressive disruption of grammatical and lexical structure of verbal functions; he was completely disoriented in time and space, and he was not any longer able to interact with health workers or family members). Considering the presence of chronic diarrhea and progressive cognitive impairment, an infective or inflammatory involvement of CNS, with the same origin of the gastrointestinal problem, was hypothesized, and the patient was transferred to the Neurology Unit. On admission, neurological examination revealed fluctuating arousal disturbances, attention deficits with difficulty in obeying motor orders, hypophonia, and echolalia. Eye movement examination displayed spontaneous nystagmus in primary gaze and more sustained in up and right-gaze, and bilateral limitation of ocular motility in horizontal gaze, which evolved in 2 days into ophthalmoparesis in all directions of gaze. Apparently as a worsening of the consequences of the previous ischemic stroke, the patient showed left hemiparesis, increased spastic tone of the left arm (in contrast with the reduced tone of the other three limbs), left Babinski sign, and extinction of left stimulus on double simultaneous stimulation. Blood tests showed normal level of leukocytes (6180 leukocytes/ μL ; normal values: 4190–9350 leukocytes/ μL), high C-reactive protein levels (132.6 mg/L; normal values: $< 10.0 \text{ mg/L}$), normocytic (90.5 fL; normal values: 35–50 g/L) anemia (8.4 g/dL; normal values: 14.2–17.2 g/dL), and hypoalbuminemia (28 g/L; normal values: 35–50 g/L).

At this point, main differential diagnoses included infectious, autoimmune, deficiency, and genetic diseases (Table 1). Supplementation with thiamine did not produce clinical benefits. The absence of characteristic dermatitis consisting of symmetrical erythema in sun-exposed skin made the hypothesis of pellagra unlikely. Prion disease associated with diarrhea and neuropathy appeared doubtful due to the absence of typical autonomic failure and clinical signs of sensory polyneuropathy. The hypotheses of genetic diseases were rejected due to the rapid progression of symptoms and to the absence of clinical hallmarks (i.e., cobalamin C deficiency and acrodermatitis enteropathica-like; cerebrotendinous xanthomatosis and tendon xanthomas; transthyretin amyloidosis and autonomic dysfunction, cardiac involvement, carpal tunnel syndrome). A subtype of transthyretin amyloidosis called oculoleptomeningeal amyloidosis, although manifesting with neurological and neuropsychiatric symptoms such as dementia, does not produce the typical gastrointestinal picture. The hypothesis of complicated celiac disease did not fit with the absence of autoantibodies and of pathological hallmarks at duodenal biopsies. WD and anti-dipeptidyl-peptidase-like protein (DPPX) 6, although rare entities, could not be ruled out.

Table 1 Differential diagnoses in patients with diarrhea and dementia

Differential diagnosis	Etiopathogenesis and risk factors	Mean age at onset	Clinical features	Specific laboratory tests	Other tests	Treatment	References
Pellagra	Vitamin B3 (niacin) deficiency (<i>alcoholism and alcohol withdrawal, carcinoid tumor, malnutrition, drugs</i>)	Variable	Neurological and psychiatric features: Neuropsychiatric symptoms in early stages Dementia in late stages Hand coarse and resting tremor Neuropathy Myoclonus Ataxia Isolated delirium Other clinical features: Symmetrical erythema in sun-exposed skin Intractable diarrhea and other gastrointestinal symptoms	Reduced plasmatic nicotinic acid and nicotinamide Urine 5-HIAA (screening for carcinoid tumor)	EEG: diffuse slowing, especially in the theta range EGDS and colonoscopy: mucosal inflammation throughout the gastrointestinal system	Nicotinamide Treatment of causes	[11–13]
Thiamine deficit	Vitamin B1 (thiamine) deficiency (<i>alcoholism, malnutrition, bariatric surgery, pregnancy, drugs</i>) Genetic predisposition (i.e., <i>SCL25A19, TPK1, THTPA, ENTPD5</i>)	Variable	Neurological and psychiatric features: Memory deficits Wernicke encephalopathy Korsakoff syndrome	Reduced plasmatic thiamine levels	MRI: diffuse and band-like lesions, especially in thalami, basal ganglia and frontal lobes EEG: normal, increased slow waves or epileptic discharges	Thiamine administration ± sulbutiamine	[14–18]

Table 1 (continued)

Differential diagnosis	Etiopathogenesis and risk factors	Mean age at onset	Clinical features	Specific laboratory tests	Other tests	Treatment	References
Anti-DPPX encephalitis	Antibodies anti-dipeptidyl-peptidase-like protein 6 (often B-cell lymphoma)	52 years (range 13–76)	Neurological and psychiatric features: Rapidly progressive dementia Sleep disturbances Headache Neuropsychiatric symptoms Seizures Resting and postural tremor Cerebellar symptoms Truncal dystonia and diffuse rigidity Myoclonus Hyperesthesia, allodynia, pruritus Dysphagia Eye movement disturbances PERM-like presentation Autonomic disturbances Other clinical features: Diarrhea and other gastrointestinal symptoms	CSF pleocytosis with evidence of intrathecal production of IgG or oligoclonal bands Antibodies against DPPX positive in both serum and CSF (pre-dominantly IgG1 and IgG4)	MRI: periventricular and subcortical white matter T2/FLAIR hyperintensities; non-specific white matter changes; temporal lobe atrophy ¹⁸F-FDG PET-MRI: bilateral hypometabolism of caudate nuclei, frontal cortex, temporal lobes and thalamus EEG: background slowing and rare epileptiform discharges	Steroids iv and po Immunoglobulin iv Rituximab Cyclophosphamide	[19–23]

Table 1 (continued)

Differential diagnosis	Etiopathogenesis and risk factors	Mean age at onset	Clinical features	Specific laboratory tests	Other tests	Treatment	References
Whipple's disease	<i>T. whipplei</i> infection	Variable	<p>Neurological and psychiatric features:</p> <ul style="list-style-type: none"> Dementia Supranuclear ophthalmoplegia Myoclonus Oculomasticatory myorhythmia Oculo-facial-skeletal myorhythmia Psychological and behavioral alterations Hypothalamic involvement Disorders of consciousness <p>Other clinical features:</p> <ul style="list-style-type: none"> Diarrhea Weight loss Abdominal pain Fever Fatigue Arthralgias/arthritis Skin pigmentation/alterations 	<ul style="list-style-type: none"> <i>T. whipplei</i> PCR PAS-positive biopsies 	<p>MRI: normal, cerebral and/or cerebellar lesions, diffuse cerebral edema, cortical and/or subcortical atrophy, hydrocephalus, ependymal lesions, intracerebral hemorrhage, spinal cord lesions</p>	<p>Ceftriaxone (2 g twice a day) for 2 weeks, followed by Cotrimoxazole (160/800 mg twice a day) for one year</p>	[7–9]

Table 1 (continued)

Differential diagnosis	Etiopathogenesis and risk factors	Mean age at onset	Clinical features	Specific laboratory tests	Other tests	Treatment	References
Cobalamin C deficiency	Autosomal recessive (<i>MMACHC</i> gene)	Early-onset (80%): infancy Late-onset (20%): adolescent or adult	Neurological and psychiatric features: Dementia Neuropsychiatric symptoms Myelopathy Ataxia and myoclonic jerks Seizures Nystagmus Neuropathy Other clinical features: Diarrhea Dermatitis Thromboembolic events Nephropathy and hemolytic uremic syndrome Pulmonary hypertension	Increased plasmatic and urinary methylmalonic acid Increased plasmatic homocysteine Increased plasmatic ammonia Reduced plasmatic methionine	MRI: cerebral, cerebellar and spinal cord atrophy; white matter and spinal cord lesions; hyperintensity of cerebellum Spine X-ray: scoliosis	Hydroxocobalamin Betaine L-carnitine Vitamin B6 Folic acid	[24, 25]

Table 1 (continued)

Differential diagnosis	Etiopathogenesis and risk factors	Mean age at onset	Clinical features	Specific laboratory tests	Other tests	Treatment	References
Prion disease associated with diarrhea and neuropathy	Rare <i>PRNP</i> variants (p.Y163X, p.Q160X)	Variable	<p>Neurological and psychiatric features:</p> <ul style="list-style-type: none"> Dementia Neuropsychiatric symptoms Orbitofrontal syndrome Cerebellar ataxia Seizures Autonomic disturbances Sensory polyneuropathy <p>Other clinical features:</p> <ul style="list-style-type: none"> Chronic diarrhea Vomiting 	CSF elevation of total tau, S100b protein and 14–3–3 protein	<p>Neuropathological examination: cortical amyloid plaques, cerebral amyloid angiopathy, tauopathy; cortical spongiosis; prion protein immunoreactivity of cranial-nerve and spinal cord roots</p> <p>Histopathological studies: deposition of prion protein in duodenum, vessels, lung alveoli, hepatic portal tract, around cardiac myocytes and kidney tubules</p> <p>Neurophysiological studies: progressive, predominantly sensory, axonal polyneuropathy</p> <p>MRI: severe white matter and orbitofrontal cortex atrophy, enlarged ventricles in the temporal horns, wide Sylvian fissures</p> <p>EEG: diffuse background slowing and attenuated cerebral activity</p>	None	[26, 27]

Table 1 (continued)

Differential diagnosis	Etiopathogenesis and risk factors	Mean age at onset	Clinical features	Specific laboratory tests	Other tests	Treatment	References
Cerebrotendinous xanthomatosis	Autosomal recessive (<i>CYP27A1</i> gene)	Variable	<p>Neurological and psychiatric features:</p> <ul style="list-style-type: none"> Intellectual disability and autism Behavioral and psychiatric disturbances Dementia Pyramidal and cerebellar signs Polynuropathy Pes cavus Optic neuropathy Epilepsy and infantile spasms Parkinsonism Palatal myoclonus Ataxia <p>Other clinical features:</p> <ul style="list-style-type: none"> Chronic diarrhea Juvenile bilateral cataracts Tendon xanthomas Prolonged neonatal cholestatic jaundice Premature osteoporosis Premature atherosclerosis and increased cardiovascular risk Cholelithiasis Optic disk paleness, premature retinal senescence, macular degeneration 	<ul style="list-style-type: none"> Increased plasmatic cholestanol Accumulation of cholestanol and cholesterol in tissues (brain, tendon xanthomas, bile) Increased alcohols in bile, excreted in urine Increased glucuronides in bile, urine, and plasma CDCA absent in bile and low CDCA to cholic acid ratio Increased CSF levels of cholestanol, cholesterol, apolipoprotein B fragments, apolipoprotein-A1, and albumin 	<p>MRI: cerebral and cerebellar atrophy; white matter lesions of the spinal cord and brainstem; bilateral T2 hyperintensities/T1 hypointensities of the dentate nuclei, substantia nigra, globus pallidus, adjacent white matter, posterior and lateral columns of the spinal cord</p> <p>MR spectroscopy: increased peaks of choline</p> <p>EEG: diffuse irregular slow theta and delta activity with frequent sharp wave discharges</p>	Chenodeoxycholic acid	[28–38]

Table 1 (continued)

Differential diagnosis	Etiopathogenesis and risk factors	Mean age at onset	Clinical features	Specific laboratory tests	Other tests	Treatment	References
Transthyretin (ATTR) amyloidosis	Autosomal dominant (TTR gene)	Variable	<p>Neurological and psychiatric features:</p> <ul style="list-style-type: none"> Dementia Sensory-motor polyneuropathy Autonomic dysfunction Carpal tunnel syndrome Transient ischemic attacks, cerebral ischemic and hemorrhagic strokes Hydrocephalus Ataxia Seizures <p>Other clinical features:</p> <ul style="list-style-type: none"> Diarrhea and other gastrointestinal symptoms Glaucoma Cardiac involvement 	<ul style="list-style-type: none"> Detection of plasmatic variant TTR protein by mass spectrometry 	<p>Histopathological studies: amyloid deposits in labial salivary gland, abdominal subcutaneous adipose tissue, gastrointestinal tract, nerve tissue, and other organs with evidence of involvement</p> <p>MRI: cerebral infarction and hemorrhage, hydrocephalus</p> <p>Neurophysiological studies: progressive, axonal polyneuropathy predominantly affecting temperature and pain sensation</p>	<ul style="list-style-type: none"> Disease-modifying targeted therapy (i.e., liver transplantation, tafamidis, diflunisal) Symptomatic therapy of sensorimotor and autonomic polyneuropathy and cardiac, renal, and ocular injury Genetic counseling and supportive care 	[39, 40]

Table 1 (continued)

Differential diagnosis	Etiopathogenesis and risk factors	Mean age at onset	Clinical features	Specific laboratory tests	Other tests	Treatment	References
Complicated celiac disease	Autoimmune	Variable	<p>Neurological and psychiatric features: Cerebellar ataxia Dysarthria Corticospinal signs Eye movement disorders Myoclonus Neuropathy Seizures Headache Dementia Neuropsychiatric symptoms</p> <p>Other clinical features: Diarrhea and other GI symptoms Anemia Osteoporosis Other autoimmune conditions (i.e., dermatitis herpetiformis, autoimmune thyroiditis)</p>	Small bowel mucosal villi atrophy, lymphocytic infiltration and other typical pathological features of untreated celiac disease Plasmatic antibodies to tTG (false-negative tests may result)	EEG: unilateral or bilateral spikes or slow waves, mainly localized in the occipital regions	Lifetime dietary gluten restriction	[41–43]

A cerebral magnetic resonance imaging (MRI) showed diffuse cortical atrophy and lateral ventricles dilatation, more prominent on the right, in addition to signs of the previous traumatic hemorrhage and ischemic stroke (Fig. 1c–d). Serial electroencephalograms (EEG) showed a progressive worsening of diffuse encephalopathy, with symmetric cortical electrical activity attenuation and increased slow activity.

As unexplained diarrhea persisted, digestive endoscopy was repeated, confirming a granular aspect of intestinal lining. PAS staining and PCR of *T. whipplei* on duodenal biopsies resulted negative.

An extended empiric antimicrobial therapy was initiated since an undetected infectious etiology could not be excluded, firstly with piperacillin/tazobactam and subsequently with meropenem without clinical benefit. Even though an autoimmune origin of the disorder did not seem probable, a therapeutic attempt with intravenous steroid bolus (methylprednisolone 500 mg/day) was started and stopped after 3 days, because of severe worsening of symptoms. The clinical picture deterioration after steroids appeared to discredit the hypothesis of an autoimmune encephalitis (i.e., anti-DPPX encephalitis).

As cognitive decline progressed, a lumbar puncture was performed, and cerebrospinal fluid (CSF) analysis displayed normal cell count (< 2 cells/mm³; normal value: < 5 cells/mm³), glucose at lower level of normal range (42 mg/dL; normal value: > 40 mg/dL), and high proteins level (1318 mg/L; normal value: 150–400 mg/L). Molecular tests aimed to amplify EBV-DNA, HSV1/2-DNA, CMV-DNA, VZV-DNA, enterovirus-RNA, and polyomavirus-JC-DNA were negative. 14.3.3 protein was negative. Given the presence of persistent diarrhea, ophthalmoparesis, and rapidly progressive cognitive impairment, a suspicion of WD was advanced, and PCR assay for *T. Whipplei* was performed on CSF, which was positive. Appropriate therapy was then started with ceftriaxone (2 g twice a day) for 2 weeks, followed by cotrimoxazole (160/800 mg twice a day). Shortly after the start of specific antimicrobial therapy, a recovery of neurological deficits initiated; alertness, gaze, and speech were greatly improved in about a week. Physiotherapy could be started, and the patient was transferred to the Rehabilitation Unit by the end of December.

The patient was then seen again when the period of lockdown due to COVID-19 pandemic ended. At the first outpatient visit (in November 2020, 8 months after discharge), he was alert and oriented times three. His speech was fluent and correct, and he followed multistep commands. Even though complete neuropsychological testing was not performed, cognitive improvement was remarkable. At visual fields examination, the patient showed extinction of left stimulus on double simultaneous stimulation. Conjugate right gaze was limited, right-beating nystagmus appeared on left gaze and gaze impersistence was noticed. Vertical gaze was

preserved. Left hemiparesis including central facial palsy and increased spastic tone of both left arm and leg were remarkably reduced. The patient was able to walk with only a single side support. The remaining neurological examination was normal. Brain MRI performed in October 2020 was unchanged. At the last follow-up in April 2021, arousal, speech, and cognition were normal. The patient was now able to live independently, to walk without any support in and outdoor. Even if with a slightly reduced dexterity, he regained the ability to play the violin even in the orchestra, and to perform in public concerts. Neurological examination was further improved, as the patient showed only neglect of left extrapersonal space, nystagmus on bilateral gaze (more pronounced on the right), and left spastic hemiparetic gait. The patient is currently continuing antibiotic therapy.

Systematic literature review

Figure 2 shows the PRISMA flow diagram. Out of 889 records detected by the search strategy, 202 were removed as duplicates. Titles and abstracts of the remaining 687 papers were screened. We excluded articles not written in English ($n = 101$) and not consistent with the aim of the review ($n = 279$). We considered 307 full-text articles for eligibility, and 193 were excluded (Fig. 2). Finally, we reviewed 114 papers (98 case reports, 16 case series) for a total of 147 patients. The complete list of publications included in the systematic review is reported in Supplementary Table 1.

Demographic characteristics

In 2 and 1 out of 147 patients identified through literature search, age at onset and gender were respectively not reported. For the remaining subjects, mean age at onset was 51.1 years (DS 11.7) and 78.8% patients were males.

Neurological features and accuracy of CNS WD diagnosis

According to Louis et al.'s criteria [10], a “definite” diagnosis of CNS WD was made in 143/147 patients (97.3%). In the remaining cases, the diagnosis was “possible.”

Most (142/147, 96.6%) of the patients had other neurological signs or symptoms in addition to cognitive decline. The most common neurological features reported included psychological and behavioral alterations (52.4%), supranuclear ophthalmoplegia (41.5%), hypothalamic involvement (38.1%), and disorders of consciousness (36.7%).

The pathognomonic oculomasticatory myorhythmia and oculo-facial-skeletal myorhythmia were found only in 34/147 (23.1%) patients. Myoclonus, which is considered part of the classic triad of neurological features of CNS WD, was detected in 28/147 (19.0%) patients.

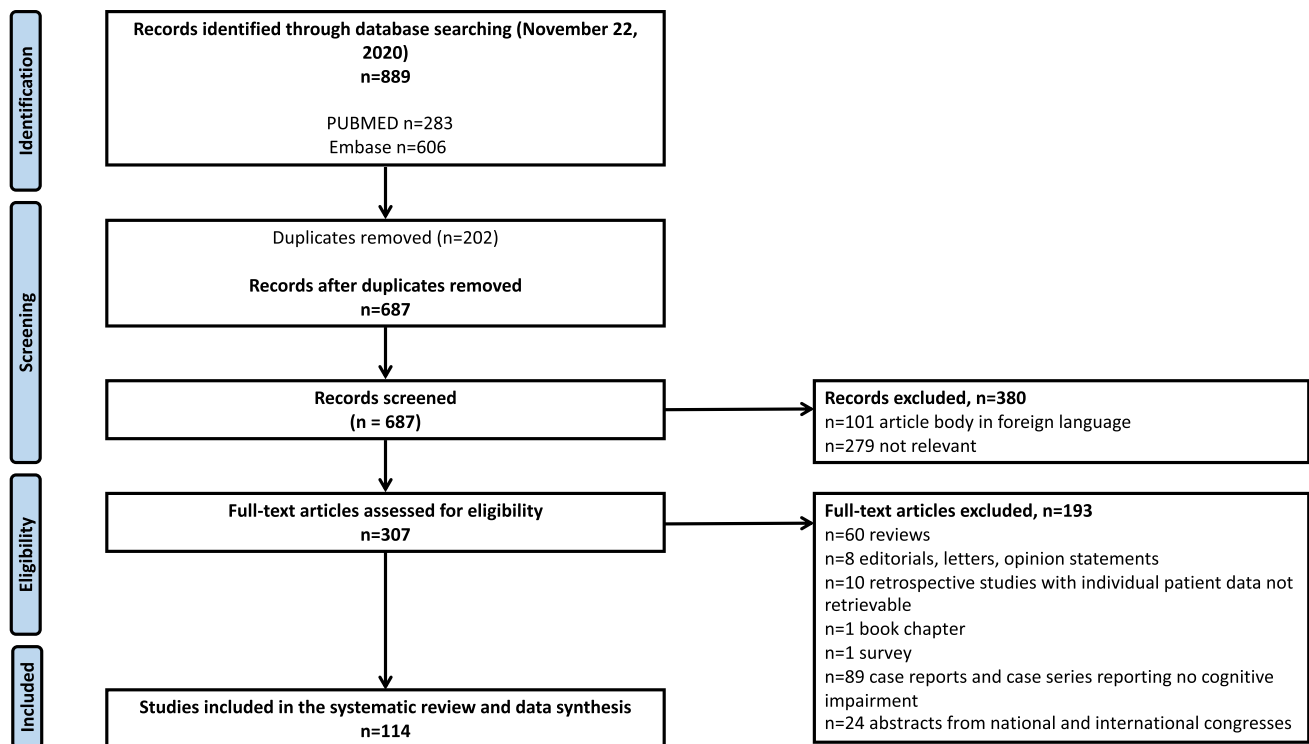


Fig. 2 PRISMA flow diagram

Neurological signs and symptoms are summarized in Table 2.

Non-neurological features

Table 3 summarizes non-neurological features found in patients with WD and cognitive impairment.

Among gastrointestinal symptoms, 65/147 (44.2%) patients presented weight loss, and 53/147 (36.1%) developed diarrhea. In decreasing order of frequency, abdominal pain (14.3%), nausea (4.8%), and vomit (4.1%) were described.

Common systemic features included arthralgia and/or arthritis (41.5%) and fever (38.1%). Lymphadenopathy (18.4%), anorexia (15.6%), skin alterations (12.2%), and fatigue (6.8%) were reported less frequently. A reduced number of patients showed signs and symptoms involving different organs and apparatus, mainly respiratory, cardiac, endocrinological, and ocular.

Neuroimaging

In the reviewed literature, a wide spectrum of neuroimaging abnormalities, mostly nonspecific, were reported. CT and MRI images were normal in 15 out of 141 (10.6%) cases in which neuroimaging features were reported.

In 19/141 (13.5%) cases, a single brain lesion was described, with a supratentorial localization in 15/16 (93.8%) cases, and an infratentorial one in 1/16 (6.3%). In 3 cases, the location of the single brain lesion was not reported. Out of the reviewed cases reporting a single brain lesion, the imaging investigation showed a pseudotumoral mass in 3/19 (15.8%) and post-gadolinium enhancement in 6/19 (31.6%).

Neuroimaging techniques showed multifocal brain lesions in 79/141 (56.0%) cases, whose localization was reported as only supratentorial in 41/77 (53.2%), only infratentorial in 4/77 (5.2%), and both supra-infratentorial in 32/77 (41.6%) cases. In 2 patients, the localization was not specified. Gadolinium enhancement was present in 33/79 (41.2%) cases. When observed (14/141, 9.9%), hydrocephalus was obstructive in 3/14 (21.4%) and associated with normal pressure in 11/14 (78.6%) cases.

Brain imaging showed cortical and/or subcortical atrophy in 36/141 (25.6%), diffuse cerebral edema in 2/141 (1.4%), ependymal lesions in 3/141 (2.1%), and intracerebral hemorrhage in 2/141 (1.4%) cases.

Meningeal involvement was reported in 4/141 (2.8%) cases, consisting of diffuse increased contrast enhancement in 2, diffusely increased thickness of meningeal layers in 1, and meningeal infiltrates in 1 case.

Spinal cord involvement was reported in 2/141 (1.4%) cases, both of which as a single lesion.

Table 2 Neurological features in patients with WD and cognitive impairment

Sign and/or symptom	N° of cases (%)
Psychological and behavioral alterations	77 (52.4%)
Supranuclear ophthalmoplegia	61 (41.5%)
Hypothalamic involvement	56 (38.1%)
Disorders of consciousness	54 (36.7%)
Dizziness AND/OR postural instability AND/OR alterations of gait	46 (31.3%)
Cerebellar features	39 (26.5%)
Oculomasticatory myorhythmia (OMM) AND/OR oculo-facial-skeletal myorhythmia (OFSM)	34 (23.1%)
Cranial nerves involvement	34 (23.1%)
Dysphagia AND/OR dysarthria	34 (23.1%)
Extrapyramidal signs AND/OR involuntary movements	31 (21.1%)
Seizures	29 (19.7%)
Pyramidal signs	29 (19.7%)
Myoclonus	28 (19.0%)
Eye movement disorders NOT ophthalmoplegia	23 (15.6%)
Autonomic dysfunction	21 (14.3%)
Headache	19 (12.9%)
Symptoms and signs not otherwise classifiable	14 (9.5%)
Sensory abnormalities	7 (4.8%)
Meningo-encephalitis	6 (4.1%)
Neuropathy	6 (4.1%)
Myelopathy	2 (1.4%)
Myopathy AND/OR muscular dystrophy	2 (1.4%)

Table 4 summarizes brain imaging findings of the cases included in the systematic review.

CSF examination

CSF routine examination disclosed nonspecific results. Cell count was reported in 106 cases, showing mild-to-moderate pleocytosis in 53.8% of them (57/106).

CSF protein levels were almost equally divided between normal (46/94, 48.9%) and increased (45/94, 47.9%), with only a few reports showing reduced levels (3/94, 3.2%).

In most of the cases that reported CSF glucose level, this was normal (68/75, 90.7%). In 3/75 cases, glucose level was increased (4.0%) and in 4/75 reduced (5.3%).

The result of PCR assay against *T. whipplei* was reported in 35/153 (22.9%) of the reviewed cases, resulting positive in 24 of them (68.6%). In other 5 cases, analysis of CSF showed the presence of *T. whipplei* with other techniques, including electronic microscopy (2 cases) and PAS-positive stain (3 cases) (Table 5).

Discussion

WD is an infectious, systemic, chronic, and often relapsing disease. It represents one of the greatest mimickers of medicine, as it can present with a broad range of signs and symptoms which often lead to misdiagnosis. Neurological involvement is frequent and is usually combined with systemic features. Notably, cognitive decline is by far the most typical CNS manifestation [44, 45].

This systematic review provides epidemiological, clinical, neuroimaging, and laboratory details of cognitive impairment in WD. A quite large number of cases was included for qualitative analysis. Data collected show a predominance of male patients. Psychological and behavioral disturbances, including mood disorders and apathy, accompany cognitive changes in half of the patients with WD. In decreasing order of frequency, supranuclear ophthalmoplegia, hypothalamic involvement, and disorders of consciousness are described. In comparison

Table 3 Non-neurological features in patients with WD and cognitive impairment

Sign and/or symptom	N° of cases (%)
Gastrointestinal signs and symptoms	
Weight loss	65 (44.2%)
Diarrhea	53 (36.1%)
Abdominal pain	21 (14.3%)
Nausea	7 (4.8%)
Vomit	6 (4.1%)
Gastroenteritis	5 (3.4%)
Gastrointestinal bleeding (i.e., hematochezia, hematemesis)	3 (2.0%)
Constipation	2 (1.4%)
Obesity	2 (1.4%)
Weight gain	2 (1.4%)
Systemic signs and symptoms	
Arthralgia/arthritis	61 (41.5%)
Fever	56 (38.1%)
Lymphadenopathy	27 (18.4%)
Anorexia	23 (15.6%)
Skin pigmentation/alterations	18 (12.2%)
Fatigue	10 (6.8%)
Sweating	6 (4.1%)
Blood cells cytopenia (i.e., anemia, pancytopenia)	6 (4.1%)
Hepatosplenomegaly AND/OR hepatitis AND/OR cholestasis	6 (4.1%)
Peripheral edema	4 (2.7%)
Syncope	3 (2.0%)
Bone involvement	1 (0.7%)
Respiratory signs and symptoms	
Pneumonia/bronchopneumonia	6 (4.1%)
Dyspnea	4 (2.7%)
Obstructive sleep apnea	3 (2.0%)
Pleuritic chest pain	3 (2.0%)
Pleural effusion	2 (1.4%)
Cardiac signs and symptoms	
Cardiac valve alterations	10 (6.8%)
Pericarditis	4 (2.7%)
Congestive heart failure	3 (2.0%)
Cardiac hypokinesia/akinesia	2 (1.4%)
Cardiomegaly	1 (0.7%)
Endocrinological alterations NOT hypothalamic	
Hypogonadism	3 (2.0%)
Diabetes mellitus	1 (0.7%)
Ocular signs and symptoms	
Uveitis	5 (3.4%)
Blurred vision	4 (2.7%)
Keratitis	3 (2.0%)
Retinal alterations (i.e., hemorrhage, retinitis)	3 (2.0%)
Conjunctivitis	2 (1.4%)
Vitreitis	1 (0.7%)
Dry eyes	1 (0.7%)

Table 4 Neuroimaging features in patients with WD and cognitive impairment

Neuroimaging features	N° of cases (%)
Normal	15 (10.6%)
Single cerebral or cerebellar lesion	19 (13.5%)
Pseudotumoral mass	3 (15.8%)
Post-gadolinium enhancement	6 (31.6%)
Localization	
Supratentorial	15 (93.8%)
Infratentorial	1 (6.3%)
Multifocal cerebral and/or cerebellar lesions	79 (56.0%)
Post-gadolinium enhancement	33 (41.8%)
Localization	
Supratentorial	41 (53.2%)
Infratentorial	4 (5.2%)
Both	32 (41.6%)
Diffuse cerebral edema	2 (1.4%)
Cortical and/or subcortical atrophy	36 (25.4%)
Hydrocephalus	14 (9.9%)
Obstructive	3 (21.4%)
Normal pressure	11 (78.6%)
Ependymal lesions	3 (2.1%)
Intracerebral hemorrhage	2 (1.4%)
Single spinal cord lesion	2 (1.4%)
Meningeal involvement	4 (2.8%)

Table 5 Cerebrospinal fluid examination in patients with WD and cognitive impairment

CSF examination	N° of cases (%)
Cell count	106
Normal	49 (46.2%)
Increased	57 (53.8%)
Protein level	94
Normal	46 (48.9%)
Increased	45 (47.9%)
Reduced	3 (3.2%)
Glucose level	75
Normal	68 (90.7%)
Increased	3 (4.0%)
Reduced	4 (5.3%)
<i>T. Whipplei</i> PCR	35
Positive	24 (68.6%)
Negative	11 (31.4%)

with a recent systematic review of movement disorders and oculomotor abnormalities in WD [45], hypothalamic involvement detection rate was higher in our systematic review (38% vs 19%). Two are the possible explanations of this inconsistency: first, we included a larger number of

cases as we considered all patients with WD and cognitive impairment, which represents the most frequent neurological manifestation of WD; second, we included sleep disturbances under the category “hypothalamic involvement,” while sleep disorders were listed separately from hypothalamic dysfunction by Bally et al. [45]. Consistent with previous works on different cohorts [45], oculomasticatory myorhythmia and oculo-facial-skeletal myorhythmia were reported in almost one quarter of patients with WD and CNS involvement. As a consequence, oculomasticatory myorhythmia and oculo-facial-skeletal myorhythmia, which are considered pathognomonic for CNS WD [46, 47], are actually found only in a minority of patients with WD and neurological involvement.

A previous review of CNS WD [48] showed that no pathognomonic neuroimaging pattern is associated with CNS WD. Our systematic review confirms that the most common brain imaging finding is represented by T2-weighted hyperintensities, with post-gadolinium enhancement in a significant number of cases. In some patients, brain imaging exhibits atypical patterns, which include pseudotumoral masses [49], cerebral hemorrhages [50], ependymal involvement [51], and spinal cord lesions [52].

A 12-year retrospective study of PCR WD diagnoses in an infectious reference center [53] showed that the number of patients tested for *T. Whipplei* had significantly increased in the period 2000–2012. Among the 27,923 samples analyzed, 2185 were CSF and a diagnosis was reached in 3.3% cases. In our systematic review, we showed that *T. Whipplei* PCR had been performed on CSF only in one-fourth of cases. In the remaining cases, CNS WD diagnosis was reached through electronic microscopy or PAS-positive stain on CSF or by the association of a positive *T. Whipplei* PCR result obtained on a different specimen (i.e., duodenum biopsy) and typical neurological symptoms.

Although cognitive deterioration is the most frequent neurological manifestation in WD, its neuropsychological pattern is not known. Recently, Knast et al. [54] performed a neuropsychological evaluation of a patient with WD and cognitive dysfunction. Concentration, verbal, and auditory learning; remembering and recognition; and verbal fluency represented the most impaired cognitive domains. Previously, Manzel et al. [55] performed serial neuropsychological assessments of a patient with CNS WD, who showed deficits in orientation to time and personal information, sustained attention, constructional praxis, speed of information processing, and executive function. Unfortunately, we did not have the opportunity to perform an extensive cognitive evaluation because the clinical picture of the patient rapidly deteriorated after admission, with severe consciousness disturbances.

The patient described in our case report had a history of autoimmune MPGN, associated with reduction in C3 and C4 fractions, had undergone several immunosuppressive therapies, and showed IgG antibodies deficit and a reduced number of lymphocytes T CD3+ (both CD4+ and CD8+) and B CD19+ during hospitalization. The role of immune deficits in WD is controversial. Even though most patients with WD do not usually present a history of immunosuppression and opportunistic infections, some immunological host factors, including defective lymphocytes T helper 1 response [4, 56] and monocyte/macrophage impairment [57], play a role in increasing susceptibility to WD.

Conclusions

Our review confirms the high frequency of cognitive decline as a neurological feature associated with WD and highlights CNS WD heterogeneity in terms of clinical picture, neuroimaging, and CSF findings. In this scenario, the clinical suspicion is pivotal to guide correct diagnostic strategies aimed to initiate the proper antimicrobial therapy as soon as possible, to limit and possibly revert the clinical deterioration.

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1007/s10072-021-05844-5>.

Author contribution All authors contributed to the study conception and design. AM and GQ: Material preparation, data collection, and analysis. AM, GQ, and CL: Writing of original draft. LP: Revision of original draft.

Data availability The datasets generated for this study will not be made publicly available. Nevertheless, further analyses might be available from authors by request to the corresponding author.

Declarations

Conflict of interest The authors declare no competing interests.

Statement of human and animal rights The study was performed in accordance with the principles of the Declaration of Helsinki.

Informed consent Informed consent was obtained from the patient.

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