

Surgical Treatment of Post-Infarction Left Ventricular Free-Wall Rupture: A Multicenter Study



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Background. Left ventricular free-wall rupture (LVFWR) is an uncommon but serious mechanical complication of acute myocardial infarction. Surgical repair, though challenging, is the only definitive treatment. Given the rarity of this condition, however, results after surgery are still not well established. The aim of this study was to review a multicenter experience with the surgical management of post-infarction LVFWR and analyze the associated early outcomes.

Methods. Using the CAUTION (Mechanical Complications of Acute Myocardial Infarction: an International Multicenter Cohort Study) database, we identified 140 patients who were surgically treated for post-acute myocardial infarction LVFWR in 15 different centers from 2001 to 2018. The main outcome measured was operative mortality. Multivariate analysis was carried out by constructing a logistic regression model to identify predictors of postoperative mortality.

Results. The mean age of patients was 69.4 years. The oozing type of LVFWR was observed in 79 patients

(56.4%), and the blowout type in 61 (43.6%). Sutured repair was used in the 61.4% of cases. The operative mortality rate was 36.4%. Low cardiac output syndrome was the main cause of perioperative death. Myocardial re-rupture after surgery occurred in 10 patients (7.1%). Multivariable analysis revealed that preoperative left ventricular ejection fraction ($P < .001$), cardiac arrest at presentation ($P = .011$), female sex ($P = .044$), and the need for preoperative extracorporeal life support ($P = .003$) were independent predictors for operative mortality.

Conclusions. Surgical repair of post-infarction LVFWR carries a high operative mortality. Female sex, preoperative left ventricular ejection fraction, cardiac arrest, and extracorporeal life support are predictors of early mortality.

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Abbreviations

AMI	= acute myocardial infarction
CAUTION	= Mechanical Complications of Acute Myocardial Infarction: an International Multicenter Cohort Study
CABG	= coronary artery bypass grafting
CPB	= cardiopulmonary bypass
ECMO	= extracorporeal membrane oxygenation
IABP	= intraaortic balloon pump
LCOS	= low cardiac output syndrome
LV	= left ventricular
LVEF	= left ventricular ejection fraction
LVFWR	= left ventricular free-wall rupture
MCS	= mechanical circulatory support
ST	= sutured technique
STL	= sutureless technique

Left ventricular free-wall rupture (LVFWR) is a life-threatening mechanical complication of acute myocardial infarction (AMI). With the advent of reperfusion strategies for AMI, including thrombolysis and percutaneous coronary intervention, LVFWR has become increasingly rare, with current literature reporting an incidence between 0.01% and 0.5% of AMI cases.^{1,2} Despite significant improvements over the last decades in the overall mortality for patients with AMI, the outcome of patients who develop LVFWR remains dismal.² LVFWR usually proves fatal, although some patients with acute or subacute rupture present a window of opportunity for intervention. Prompt diagnosis is key and prompt surgery, though challenging and associated with high mortality,³ is the treatment of choice. Because of the rarity of LVFWR, most published reports on this topic consist of single-center experiences with small sample size, and little is known about the clinical results of surgical LVFWR repair, particularly regarding in-hospital results. Thus, we conducted an international, multicenter, retrospective study to evaluate the early outcome and investigate the prognostic factors of operative mortality in patients who underwent cardiac surgery for post-infarction LVFWR.

Patients and Methods*Patient Population and Study Design*

The study cohort consisted of 140 adult patients (aged >18 years) who underwent surgical repair of post-AMI LVFWR between January 1, 2001, and December 31, 2018, in 15 different centers. The patients were recruited from the database of the CAUTION study (Mechanical Complications of Acute Myocardial Infarction: an International Multicenter Cohort Study). The CAUTION study (trial registration: [Clinicaltrials.gov](https://clinicaltrials.gov), NCT03848429) is a retrospective, multicenter, observational trial aimed at evaluating the postoperative outcome of patients undergoing cardiac surgery for post-AMI mechanical

complications. The study protocol was authorized by the local ethics committee of each center, and conducted in accordance with the guidelines of the Declaration of Helsinki for patient data use and evaluation. A unified patient data set was used to record pertinent information, clinical history, and examination data from medical record. The “data collection form” used to collect data is presented in the [Supplemental Material](#).

Definitions and Outcome Measures

Cardiogenic shock was defined as persistent hypotension (systolic blood pressure <90 mm Hg) with reduction in cardiac index (<1.8 L/min/m²) despite maximal treatment. The patterns of LVFWR were defined as blowout and oozing types: *blowout type* was defined as an abrupted rupture characterized by active bleeding and a macroscopic tear in the infarcted area, and *oozing type* was defined as an incomplete rupture characterized by epicardial extravasation or slow bleeding that may be temporarily sealed by clot or pericardial adhesion. Regarding the surgical technique used to repair the post-AMI LVFWR, a sutureless technique (STL) was considered when LVFWR repair was accomplished using a collagen sponge, or pericardium patch fixed on epicardium with glues, to cover the infarcted myocardium, and a sutured technique (ST) was considered when the repair was performed using sutures to close the myocardial tear or to secure a patch on the epicardium as previously described.

The primary endpoint of this study was operative mortality, defined as death from any cause occurring within 30 days after surgery, or after 30 days during the same hospitalization related to the operation. The secondary outcome was identification of risk factors for early mortality after surgical repair of post-infarction LVFWR.

Statistical Analysis

Summary statistics for outcomes and baseline patient characteristics were expressed as mean ± SD for continuous variables, and as frequency and percentage for categorical variables. Differences between groups were assessed using the Student's *t* test for continuous variables and the χ^2 test or Fisher exact test for categorical variables. Subsequently, variables that achieved a *P* value less than .2 in the univariate analysis were examined using multivariable analysis by forward stepwise logistic regression in order to identify independent predictors of operative mortality. These analyses were performed using the software package SPSS 25.0 for Windows (IBM, Armonk, NY). A *P* value less than .05 was considered statistically significant.

Results*Clinical Characteristics*

Preoperative patient characteristics are shown in [Table 1](#). The mean age at admission was 69.4 years, and male sex was predominant. Preexisting hypertension was the most common comorbidity, followed by dyslipidaemia. Initial

Table 1. Baseline and Preoperative Characteristics

Variables	Patients (N = 140)	Survivors (n = 89)	Non-Survivors (n = 51)	P Value
Age, y	69.4 ± 10.2	69 ± 9.8	70 ± 10.9	.578
Age >70 y	71 (50.7)	42 (47.2)	29 (56.9)	.353
Sex, female	49 (35)	25 (28)	24 (47.1)	.037
Hypertension	98 (70)	62 (69.7)	36 (70.6)	.936
Diabetes mellitus	28 (20)	19 (21.3)	9 (17.6)	.758
Dyslipidemia	55 (39.3)	33 (37.1)	22 (43.1)	.603
Smoker	49 (35)	30 (33.7)	19 (37.3)	.806
Chronic renal failure	14 (10)	8 (9)	6 (11.8)	.811
COPD	18 (12.9)	11 (12.4)	7 (13.7)	.967
Peripheral artery disease	17 (12.1)	12 (13.5)	5 (9.8)	.707
LVEF, % ^a	41.7 ± 13.5	45.2 ± 12.4	35.7 ± 13.3	<.001
Hemodynamics at presentation				
Cardiogenic shock	100 (71.4)	57 (64.1)	43 (84.3)	.019
Cardiac arrest	42 (30)	13 (14.6)	29 (56.9)	<.001
Pericardial tamponade	100 (71.4)	61 (68.5)	39 (76.5)	.416
IABP support	51 (36.4)	32 (36)	19 (37.3)	.977
ECMO support	16 (11.4)	3 (3.4)	13 (25.5)	<.001
Thrombolysis	10 (7.1)	4 (4.5)	6 (11.8)	.203
PCI	48 (34.3)	31 (34.8)	17 (33.3)	.996
Pericardiocentesis	30 (21.4)	15 (16.9)	15 (29.4)	.128
Interval from AMI to LVFWR, h	50.6 ± 84.7	53.1 ± 96.6	48.5 ± 60.6	.759
Interval from LVFWR to OR, h	4.7 ± 6	5.2 ± 6.3	3.6 ± 5.4	.130

^aLast value detected (after AMI) before surgery (missing data: < 5%).

Data are shown as mean ± SD or n (%) as appropriate. Variables that achieved a *P* < 0.2 were exported to the multivariable logistic regression model (indicated in bold).

AMI, acute myocardial infarction; COPD, chronic obstructive pulmonary disease; CPR, cardiopulmonary resuscitation; ECMO, extracorporeal membrane oxygenation; IABP, intraaortic balloon pump; LVEF, left ventricular ejection fraction; LVFWR, left ventricular free-wall rupture; OR, operating room; PCI, percutaneous coronary intervention.

evaluation revealed ST-elevation myocardial infarction in most patients: Only 12 individuals (8.6%) suffered from non-ST-elevation myocardial infarction before the occurrence of LVFWR. The mean interval between the onset of AMI and the diagnosis of LVFWR was 50.6 ± 84.7 hours, and the interval between LVFWR and the operation was 4.7 ± 6 hours. Before surgery, 104 patients (74.3%) underwent coronary angiography: Single-vessel disease was present in 40 patients and multivessel disease in 64 subjects. Pericardial tamponade was present in 100 patients (71.4%), and pericardiocentesis was performed in 30 (21.4%). Forty-eight (34.3%) individuals required percutaneous coronary intervention before the operation, while only 10 patients (7.1%) received thrombolysis. The average left ventricular ejection fraction (LVEF) was 44% ± 4.7%. Most patients were in cardiogenic shock at the time of surgery, and 51 patients (36.4%) had intraaortic balloon pump (IABP) placed preoperatively. Among the 16 patients requiring preoperative extracorporeal membrane oxygenation (ECMO) support, 11 patients experienced cardiac arrest at presentation.

Surgical Repair

Operative information is summarized in Table 2. In 56 patients (40%), LVFWR repair was performed on beating heart without cardiopulmonary bypass (CPB), and 84

individuals (60%) were operated using CPB. Mean duration of CPB was 104.4 ± 53.8 minutes and aortic cross-clamp time was 67.1 ± 35.7 minutes. Oozing rupture was the type of LVFWR most commonly encountered. The locations of the rupture site were as follows: the anterior wall in 47 patients (33.6%), the lateral wall in 52 patients (37.1%), the inferior wall in 23 (16.4%), and the posterior wall in 18 patients (12.9%). ST repair was used in 86 cases (61.4%), in the remaining patients a STL was applied to treat the rupture. No patient was managed with endocardial exclusion technique. Only 9 patients (14.8%) with blowout rupture were treated with STL; on the other hand, most patients with oozing rupture underwent STL repair (Table 3). Concomitant coronary artery bypass grafting (CABG) was performed in 34 patients (24.3%), and ventricular septal rupture closure or mitral valve surgery for papillary muscle rupture were associated with LVFWR repair in 15 patients (10.7%). Postoperatively, three quarters of patients required inotropic agents, and IABP was need in almost half of the cases. Only 11 patients (7.9%) were assisted by ECMO after the operation.

Postoperative Outcomes

Early outcomes are reported in Supplemental Table 1. Postoperative complications were common, including low

Table 2. Perioperative Data

Variables	Patients (N = 140)	Survivors (n = 89)	Non-Survivors (n = 51)	P Value
Type of rupture				
Blowout	61 (43.6)	31 (34.8)	30 (58.8)	.009
Oozing	79 (56.4)	58 (65.2)	21 (41.2)	
Technique of LVFWR repair				
Sutured	86 (61.4)	51 (57.3)	35 (68.6)	.254
Sutureless	54 (38.6)	38 (42.7)	16 (31.4)	
Mode of ECC				
CPB	84 (60)	54 (60.7)	30 (58.8)	.967
Off-pump	56 (40)	35 (39.3)	21 (41.2)	
Concomitant CABG	34 (24.3)	23 (25.8)	11 (21.6)	.724
Concomitant PMR/VSR repair	15 (10.7)	8 (9)	7 (13.7)	.561
Cross-clamp time, min	67.1 ± 35.7	63 ± 36.6	76.6 ± 32.5	.029
CPB time, min	104.4 ± 53.8	98.7 ± 49	114.9 ± 61.2	.088
Postoperative inotropes	106 (75.7)	68 (76.4)	38 (74.5)	.962
Postoperative IABP support	67 (47.9)	43 (48.3)	24 (47.1)	.969
Postoperative ECMO support	11 (7.9)	4 (4.5)	7 (13.7)	.105

Data are shown as mean ± SD or n (%) as appropriate. Variables that achieved a $P < 0.2$ were exported to the multivariable logistic regression model (indicated in bold).

CABG, coronary artery bypass grafting; CPB, cardiopulmonary bypass; ECC, extracorporeal circulation; ECMO, extracorporeal membrane oxygenation; IABP, intraaortic balloon pump; LVFWR, left ventricular free-wall rupture; PMR, papillary muscle rupture; VSR, ventricular septal rupture.

cardiac output syndrome (LCOS) as the most frequent major adverse event in 29 patients (20.7%), followed by acute kidney injury, stroke, and pneumonia. Reexploration for mediastinal bleeding was also rather common. Ventricular rerupture occurred in 6 patients after STL, and in 4 patients after ST. Only 2 patients with rerupture who underwent reoperation were discharged alive. The details of patients with myocardial rerupture are shown in [Supplemental Table 2](#). In our cohort, no variables was identified as an independent predictor for ventricular rerupture.

No significant differences were observed between ST and STL repair in terms of postoperative bleeding, ventricular rerupture, and operative mortality ([Figure 1](#)). However, patients treated with ST had a trend towards higher rate of postoperative bleeding (16 of 86 [18.6%] vs 7 of 54 [13%]) and operative mortality (35 of 86 [40.7%] vs 16 of 54 [29.6%]), while myocardial rerupture occurred more frequently in the STL group (6 of 54 [11.1%] vs 4 of 86 [4.7%]).

Overall, the operative mortality rate was 36.4% (51 of 140). Mortality rates for patients with blowout rupture and those with oozing rupture were 49.2% and 26.6%, respectively. Cause of operative death included: brain death (n = 8), septic shock (n = 1), LCOS with associated multiorgan failure (n = 22), acute kidney injury (n = 2), bowel ischemia (n = 1), rerupture (n = 8), and huge, irreparable myocardial rupture (n = 9). The mean duration of hospitalization for the survivors was 17.1 ± 15.3 days. PredischARGE echocardiography performed in survivors diagnosed a left ventricular (LV) pseudoaneurysm in 2 patients, both underwent surgical correction.

Univariable analysis identified the associations between operative mortality and sex ($P = .037$), preoperative

ECMO support ($P < 0.001$), cardiogenic shock ($P = 0.019$), preoperative low LVEF ($P < .001$), cardiac arrest at presentation ($P \leq .001$), preoperative pericardiocentesis ($P = .128$), time from LVFWR to surgery ($P = .130$), type of rupture ($P = .009$), CPB time ($P = .088$), cross-clamp time ($P = 0.029$), and need for postoperative ECMO ($P = 0.105$). Multivariable analysis showed that female sex (odds ratio 4.195, 95% confidence interval 1.562-11.265, $P = .044$), preoperative LVEF (odds ratio 0.938, 95% confidence interval 0.902-0.976, $P \leq .001$), cardiac arrest at presentation (odds ratio 4.117, 95% confidence interval 1.389-12.199, $P = .011$), and preoperative ECMO (odds ratio 10.266, 95% confidence interval 2.194-48.035, $P = .003$) were independent predictors of operative mortality.

Comment

LVFWR complicating AMI is increasingly rare in the reperfusion era, but mortality remains high without appropriate and prompt intervention.^{1,4} Medical management of LVFWR is usually futile with rare exception;⁵ thus, definitive surgery is considered the standard of care, but remains a well-known challenging operation. In this 18-year observational study, we evaluated early outcomes and complications of the surgical management of post-infarction LVFWR. Our main findings were as follows: (1) the overall operative mortality rate was 36.4%; (2) female sex, preoperative LVEF, cardiac arrest, and ECMO support were independent predictors for early mortality; (3) no significant difference was observed with respect to the surgical (STL or ST) technique used to repair the myocardial rupture; (4) the use of mechanical circulatory support (MCS) was not associated with lower mortality.

Table 3. Main Clinical Characteristics And Outcomes According to the Type of Rupture

Variables	Total (N = 140)	Oozing Type (n = 79)	Blowout Type (n = 61)
Cardiogenic shock	100 (71.4)	54 (68.3)	46 (75.4)
Cardiac arrest	42 (30)	19 (24)	23 (37.7)
Tamponade	100 (71.4)	56 (70.9)	44 (72.1)
Sutured repair	86 (61.4)	34 (43)	52 (85.2)
Sutureless repair	54 (38.6)	45 (57)	9 (14.8)
CPB	84 (60)	42 (53.2)	42 (68.9)
Off-pump	56 (40)	37 (46.8)	19 (31.1)
Operative mortality	51 (36.4)	21 (26.6)	30 (49.2)
LFW rerupture	10 (7.1)	7 (8.9)	3 (4.9)

Data are shown as n (%).

CPB, cardiopulmonary bypass; LFW, left ventricular free-wall.

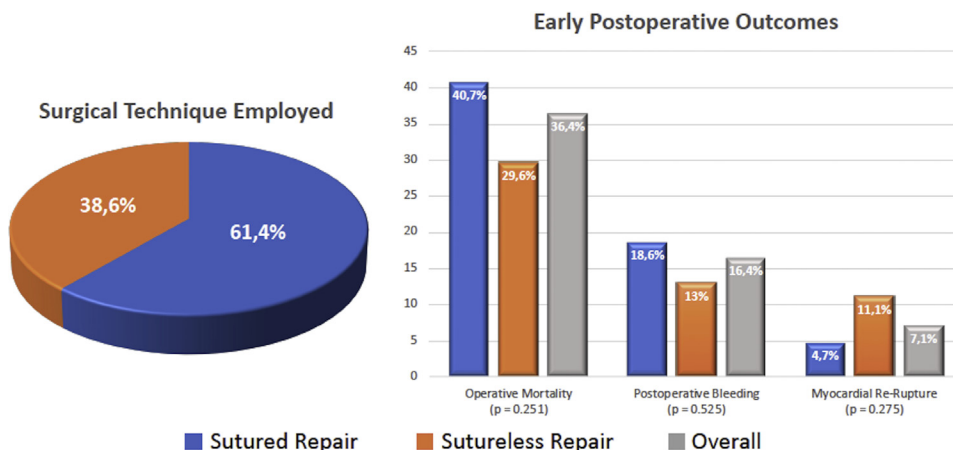
In this study, we noted a male preponderance, contrary to the traditional view of higher female predisposition,⁶ old age (>65 years) predilection, and association with preexisting hypertension. Our findings are substantially in accordance with previous studies that have reported that the classical clinical manifestations of LFW, such as cardiogenic shock or electromechanical dissociation, are dependent on the rapidity of bleeding and pericardial tamponade formation, usually occurring within the first days after AMI.² LFW may present as blowout or oozing pattern, where the former is characterized by active bleeding and a macroscopic tear in the epicardium and the latter by localized small myocardial lesions with recurrent mild bleeding.⁷ We found that blowout type rupture was associated with a higher operative mortality rate compared with oozing type because of massive hemopericardium accumulation and consequent acute course (49.2% vs 26.6%, respectively). Our observations are in accordance to Haddadin and associates⁷ findings showing worse in-hospital survival in patients with blowout type of LFW.

Several different techniques have been developed over time to repair the rupture of the ventricular wall,⁸ but all can be referred to 2 different categories: ST and STL,

depending on the use of sutures to treat LFW. Initially, ST was the only method used. This repair, however, has the disadvantage of placing and tying sutures through friable necrotic muscle. More recently, the availability of tissue adhesive and surgical glues have allowed the wide diffusion of STL. In this procedure, a collagen sponge or a glued prosthetic patch is placed without stitches over the area of rupture.^{9,10} To date, which surgical method is the most appropriate in the presence of this post-AMI mechanical complication is still controversial, particularly in terms of rupture recurrence and postoperative bleeding.

In a recent review,¹¹ ST and STL repair for post-infarction LFW showed comparable in-hospital mortality. We did not find any statistically significant difference in terms of outcomes between the 2 surgical methods. Nevertheless, a trend towards higher rate of operative mortality and bleeding requiring rethoracotomy was detected in the ST group while myocardial rerupture occurred more frequently in the STL group. We can postulate that the difference in mortality observed between ST and STL was affected by the hemodynamic status at presentation (cardiac arrest was more common in the ST group: 31.4% vs 27.8%, respectively) and the small number of patients with blowout ruptures

Figure 1. Main outcomes of operated patients according to the repair techniques (sutured vs sutureless).



underwent STL repair (14.8%). In light of this, the selection of the appropriate surgical repair is crucial in each patient with LVFWR. Although STL has also been successfully used for patients with blowout rupture,⁹ this condition is probably best approached with ST: It is very unlikely that a simply glued patch can withstand the intraventricular pressure when there is a direct communication between the LV cavity and pericardial space. STL is a simple and fast option in the surgical treatment for LVFWR, but surgeons should be aware that it has a potential risk of rerupture and its actual effectiveness in frank blowout rupture is a matter of controversy. Further and dedicated studies are required to provide additional and more consistence data, and to assess whether one technique is superior over the other.

Early mortality rates of surgical LVFWR repair have been reported to range from 17.1% to 34.3%.^{3,12-14} The operative mortality in this series was 36.4%; such a result is probably reflective of the higher prevalence of blowout type rupture in our cohort, which represents a risk factor for a highly complicated course of such a myocardial illness.

Debate remains concerning the effect of concomitant CABG in the setting of post-AMI LVFWR repair. Although many surgeons do not revascularize the culprit vessel in the infarcted region associated with the myocardial rupture, other coronary lesions are often grafted at the time of LVFWR repair. Mantovani and colleagues¹⁵ demonstrated that concomitant CABG has a positive impact on survival and freedom from angina. We, like others investigators,³ did not find a beneficial effect of additive CABG on the short-term outcome. We speculate that the real effectiveness of the myocardial revascularization is underestimated by the low number of patients who had undergone CABG. In emergency situations, indeed, the execution of a coronary angiogram is not always possible due to the need to quickly proceed with surgery. Because the survival benefit of concomitant CABG is unclear, it is advisable to proceed with coronary angiography in stable patients as soon as LVFWR is suspected, and perform CABG at the time of the ventricular repair, when suitable.^{3,8}

European Society of Cardiology and American College of Cardiology/American Heart Association Guidelines for the management of patients with ST-elevation myocardial infarction advocate the use of MCS, such as IABP and ECMO, in patients with post-AMI mechanical complications and hemodynamic compromise, in order to achieve temporary circulatory stabilization on the way to surgery.^{16,17} In addition, IABP insertion, providing mechanical afterload reduction and augmentation of cardiac output, can prevent transition from the oozing to blowout rupture preoperatively, and limit or avoid the development of LCOS after surgery, the most common cause of death in these patients. The results of this study did not provide evidence to support any benefit of MCS on survival. Moreover, we observed that ECMO support represented an independent predictor of operative death. However, we should consider that most patients suffering from LVFWR have received ECMO support during

cardiopulmonary resuscitation maneuvers, hence creating a subpopulation of patients with a hospital mortality approaching to 100%. This extremely severe hemodynamic status might explain the apparently futility of ECMO in such clinical scenario. The rates of perioperative LCOS or multiorgan failure observed in our study and the low rate of aggressive MCS (below 10%) as opposed to less invasive IABP (almost 50%) might indicate a limited use of more effective circulatory assistance. Recent studies have shown an increased use of MCS in this context,¹⁸ suggesting that complicated LVFWR cases, particularly by enhancing LV unloading and peripheral organ perfusion, might benefit from this approach,¹⁹ although dedicated investigations will be warranted to confirm these hypotheses.

Limitations

There are several important limitations to this study. First, and most importantly, because this study was retrospective in nature, both the presence of selection bias and unmeasured confounders cannot be excluded. Second, the number of individuals enrolled may still be considered relatively small despite the data coming from different centers, therefore our findings should be validated in a larger cohort size. Third, the multicenter design necessitated a data collection form with a limited number of variables to avoid missing data; thus, the possibility that nonreported variables could have influenced the results of the analysis cannot be completely ruled out. Fourth, we evaluated the effect of concomitant CABG on mortality, however we were unable to distinguish the target of CABG, culprit or non-culprit vessel. Finally, because this study is limited by the operative (surgical) outcomes, it does not provide information on the durability of surgical repair of post-AMI LVFWR, and data concerning patients managed conservatively or who died without surgery are lacking.

Conclusions

LVFWR remains a serious and challenging complication of AMI in the contemporary era. Surgical repair is feasible with acceptable early mortality (36.4%). Female sex, preoperative LVEF, cardiac arrest at presentation, and the need for preoperative ECMO are poor independent prognostic factors. Concomitant CABG during LVFWR repair does not confer a survival advantage. Further prospective studies are warranted to validate our findings.

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