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General Review

Drag Forces after Thoracic Endovascular Aortic Repair. General Review of the Literature

Q1

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Background: Despite the great evolution of endograft devices for thoracic endovascular aortic repair (TEVAR), threatening related complication such as graft migration and endoleaks still occur during follow up. The Drag Forces (DF), that is the displacement forces that play a role in graft migration and endoleaks caused by the blood flow against the thoracic graft, can be studied by means of Computational Fluid Dynamics (CFD).

Method: A general review of papers found in current literature was performed. CFD studies available on the topic of thoracic aortic diseases and DF were analyzed. All anatomic, hemodynamics or graft related factors which could have an impact on DF were reported.

Results: Different factors deeply influence DF magnitude in the different site of the Ishimaru's zones classification: angulation, tortuosity and length of the landing zone, graft diameter, length and deployment position, blood pressure, pulse waveform, blood viscosity and patient heart rate have been related to the magnitude of DF. Moreover, also the three-dimensional orientation of DF is emerging as a fundamental issue from CFD studies. DF can be divided in sideways and upward components. The former, even of higher magnitude in zone 0, maintain always an orthogonal orientation and does not change in any type of aortic arch; the latter result strictly related to the anatomic complexity of the aortic arch with values up to four times higher in zone 3.

Conclusion: Different DF magnitude and orientation could explain how TEVAR have higher rate of migration and endoleaks when we face with more complex aortic anatomies. All these aspects should be foreseen during the planning of TEVAR procedure. In this field, collaboration between physicians and engineers is crucial, as both parts have a primary role in understanding and describing hidden aspects involved in TEVAR procedures.

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INTRODUCTION

Currently, thoracic endovascular aortic repair (TEVAR) is widely being used for the treatment of thoracic aortic diseases. Compared to open aortic surgery, the treatment of thoracic aortic aneurysms (TAAs), acute and chronic dissections, penetrating aortic ulcers, intramural hematomas, and/or traumatic aortic injuries, endovascular

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Table I. Type I/III Endoleaks and stent graft migration rate after TEVAR

Year	Authors	Patients	Pathologies	Endoleaks	Migration rate
2006	Parmer et al	105	TAA	Type I 11.0% (6 ys) Type III 1.5% (6 ys)	
2008	Makaroun et al	140	TAA	Type I 10.5% (5 ys)	
2008	Morales et al	160	TAA and aortic dissection	Type I 6.25% (6 ys) Type III 1.8% (6 ys)	7.0% (6 ys)
2018	Geisbusch et al	123	Acute aortic syndromes and TAA	Type I/III 44.0%	13.9% (5 ys)

9 repair is less invasive and the recovery time of
 10 patients is shorter.¹⁻³ However, stent-graft related
 11 complications still occur during the follow up
 12 period. Endograft migration and endoleaks are
 13 the most common and threatening complications,
 14 and their findings create concerns among vascular
 15 surgeons because of their role as a precursor
 16 of reintervention. The definition of stent graft
 17 migration is "a shift of > 10 mm relative to a
 18 primary anatomic landmark or any displacement
 19 that led to symptoms or required therapy during
 20 follow-up".⁴ Geisbusch et al. recently reported in
 21 a series of 123 TEVAR for Acute Aortic Syndromes
 22 and TAAs a migration rate of 7.3% in a median
 23 follow up of 3 years. Freedom from migration
 24 declines progressively over time, reaching 13.9%
 25 after 5 years of follow up.⁵ Endograft migration after
 26 TEVAR can result in a sealing zone failure that may
 27 lead to the development of type I endoleaks and
 28 thereby, an increased risk of delayed aortic rupture.
 29 Similarly, an increased rupture risk may occur
 30 when the migration happens at the junctional
 31 and overlapping site of two stent-graft sections,
 32 determining a type III endoleak. Parmer et al.
 33 observed during a follow-up period of 17.3 ± 14.7
 34 months in 105 patients with two different devices,
 35 an 11% incidence for Type I endoleak and 1.5% for
 36 type III endoleak.⁶ Makaroun et al. in a pivotal trial
 37 utilizing the Gore-TAG (W.L. Gore and Associates,
 38 Flagstaff, AZ – USA) endoprosthesis reported mainly
 39 type I endoleaks in 10.6% patients during 5 years
 40 follow-up.⁷ Morales et al observed 6.25% type I
 41 and 1.8% type III endoleaks in 160 patients treated
 42 with Zenith (Cook Inc, Bloomington, IN) thoracic
 43 devices.⁸ Geisbusch et al. observed Type I or Type III
 44 endoleaks in 44% (4/9) of the cases with stent-graft
 45 migration mainly located in the overlapping zone
 46 or at the distal landing zone (Fig. 1 and Table I).⁵

47 Reintervention rate has been reported to be
 48 38-72% for acute dissection, 13-41% for chronic
 49 dissections and 8-22% for TAA at 3 years.⁹⁻¹⁵ In
 50 particular, TAAs are more frequently associated with
 51 proximal or distal endograft extension for Type I

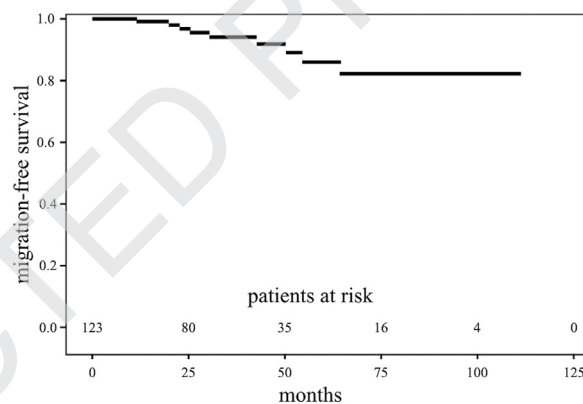


Fig. 1. Kaplan Meier curve of stent graft migration-free survival after thoracic endovascular repair at 10 years (This picture was previously published in Geisbusch P, Skrypnik D, Ante M, Trojan M, Bruckner T, Rengier F, Böckler D. Endograft migration after thoracic endovascular aortic repair. *J Vasc Surg* 2018;69:1387-94.)⁵

52 endoleak or supplemental stent placement for Type
 53 III endoleak compared to aortic dissections.¹⁶ The
 54 treatment for penetrating aortic ulcers, intramural
 55 hematomas and aortic transection requires a
 56 shorter aortic coverage, therefore they have a
 57 reduced incidence of secondary interventions.^{5,17}
 58 Aortic complex anatomy presenting with a short
 59 and tortuous landing zone can be associated with
 60 challenging TEVAR procedures. It is also important
 61 to know that, after implanting a stent graft, the
 62 aortic wall changes as the stent graft is less compliant
 63 than normal aortic tissue. Such situation may come
 64 with a new hemodynamic stress forces that impact
 65 differently.¹⁸⁻¹⁹ Thanks to the development of high-
 66 performance computing and to the advancements
 67 of clinical imaging, Computational Fluid Dynamic
 68 (CFD) allows to simulate challenging and clinically
 69 relevant problems, which cannot be measurable
 70 by conventional ultrasound or radiological
 71 technologies, into numerical simulations useful
 72 to improve the clinical decision making.

73 For a successful translational process that allow
74 to transfer the information obtained by CFD
75 modelling from the bench to the bedside, CFD
76 output should be tuned to specific clinical scenarios
77 and surgical needs. Vascular practical results as
78 an ideal field of application for CFD analysis,
79 which can be used both for the analysis of native
80 vascular pathologies^{20–21} or to improve surgical
81 procedures in different localizations of vascular
82 pathologies.^{22–24} CFD modeling techniques have
83 demonstrated also their usefulness to analyze the
84 direction and magnitude of drag forces (DF) that act
85 on the aortic wall.

86 The objective of this state-of-the-art review is to
87 analyze the role of hemodynamic DF throughout
88 the Descending Thoracic Aorta (DTA) in patients
89 with thoracic aortic diseases and how CFD could
90 help to obtain successful and durable results after
91 endovascular interventions.

92 METHODS

93 Articles search method and presentation were
94 performed according to the Scale for the Assessment
95 of Narrative Review Articles (SANRA), a six-
96 items scale developed for the quality assessment
97 of narrative review articles.²⁵ Despite SANRA
98 was usually used during the peer-review process,
99 Authors tried to obtain the maximum score possible
100 (12 points) in order to improving the quality of
101 manuscript. For this purpose, Authors used SANRA
102 during the article pre-writing planning, adopting
103 recommendations provided by instructions
104 document.²⁶ Furthermore, recommendations from
105 Green and collaborators were also adopted.²⁷

106 MEDLINE (PubMed), Embase and The Cochrane
107 Library were interrogated between May 31, 2000
108 and May 31, 2019 (20 years), among articles
109 in English language. Only papers regarding
110 description, analysis and clinical implication of
111 DF were included. No exclusion criteria were
112 adopted among articles screened for the main topic.
113 Results analysis was presented as a state-of-the-
114 art review, describing methods used to obtain CFD
115 images, their interpretation, implications and future
116 perspectives.

117 Keywords were selected using medical subject
118 headings for MEDLINE and The Cochrane Library
119 and the EMTREE terms for Embase. Keywords as
120 “drag forces”, “aortic hemodynamic”, “TEVAR”,
121 “computed-base simulation”, “complications” and
122 “follow-up studies” were combined to obtain
123 the first publications cluster. To connect terms
124 with each other the Boolean operators “AND”
125 and “OR” were used. The peer-review journals

Annals of Vascular Surgery, Annals of Thoracic 126
surgery, Journal of Cardiac Surgery, Journal of 127
Cardiovascular Surgery, European Journal of 128
Vascular And Endovascular Surgery, Journal of 129
Endovascular Therapy, European Journal of Cardio- 130
thoracic Surgery, Journal of Vascular Surgery, and 131
Circulation were interrogated on June 6, 2019 in 132
order to find articles published “online first” and not 133
yet indexed on scientific online database. The same 134
process was performed for bioengineering journals, 135
as Nature Biomedical Engineering, Annual Review 136
of Biomedical Engineering, IEEE Transactions on 137
Biomedical Engineering, Annals of Biomedical 138
Engineering, Journal of Biomedical Engineering, 139
Medical Engineering & Physics, 140

Journal of Biomechanics and Biomechanics 141
and Modeling in Mechanobiology. All titles and 142
abstracts of potentially useful articles were selected. 143
References of all identified relevant studies were 144
used to perform a recursive search of the literature. 145
Metalib (Università degli Studi di Milano, Milan, 146
Italy), SBBL (Lombard Biomedical Librarian 147
System) and personal journal subscription were 148
used to obtain full text articles in case of eligible 149
titles and abstracts. 150

151 RESULTS

152 The non-systematic research returned several 152
clinical and experimental articles on DF description 153
and analysis in TEVAR, presented below. 154
Furthermore, we defined how DFs are obtained in 155
our experimental practice. 156

157 DISCUSSION

158 CFD Analysis of DFs: How to Standardize 159 Material and Methods

160 The steps to obtain high quality CFD analysis are 160
now well standardized and can be summarized in 161
the following five steps: 162

- 1) collection of radiological imaging data set; 163
- 2) segmentation of radiological imaging; 164
- 3) geometric model construction; 165
- 4) computational simulation with reliable boundary 166
conditions; 167
- 5) post processing and statistical analysis (Fig. 2). 168

169 CFD analysis can be performed with many 169
different tools and libraries available as commercial 170
or open-source software, although they often 171
require customization for research purposes. 172

173 The starting point to perform CFD analysis is 173
the availability of thin cut scans (possibly not 174

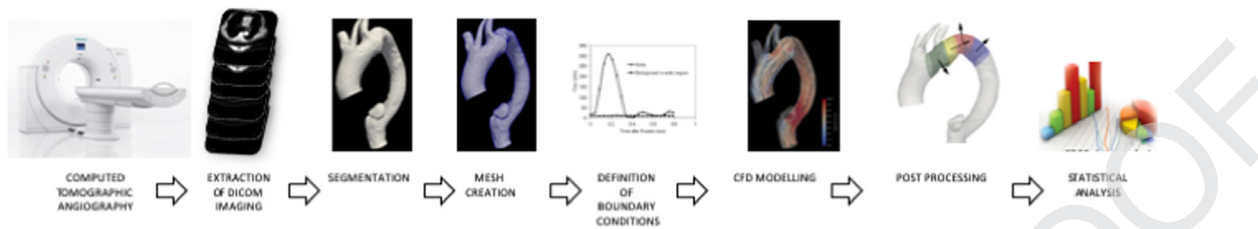


Fig. 2. Workflow to set up Computational Fluid Dynamic (CFD) modelling in thoracic aortic pathologies.

175 greater than 1.0 mm) obtained from Computed
 176 Tomography Angiography (CTA) or Magnetic
 177 Resonance Angiography of patients with aortic
 178 pathologies and then saved in the DICOM (.dcm)
 179 file format.

180 The steps to obtain high quality CFD analysis are
 181 now well standardized and can be summarized in
 182 the following five steps:

- 183 1) collection of radiological imaging data set;
- 184 2) segmentation of radiological imaging;
- 185 3) geometric model construction;
- 186 4) computational simulation with reliable boundary
 187 conditions;
- 188 5) post processing and statistical analysis (Fig. 2).

189 The starting-point to perform CFD analysis is the
 190 availability of thin cut slices (1.0 mm or 1.5 mm)
 191 CTA scans of patients with aortic pathologies saved
 192 in the DICOM (.dcm) file format.

193 Then, CFD is solved by discretizing the geometry
 194 into small element volumes formed through grid
 195 or mesh generation using various approaches, and
 196 enforcing physical laws in each single element
 197 volume. In particular, hemodynamics problems
 198 are approached computing the behavior of blood
 199 flows by solving the Navier-Stokes equations in
 200 a three-dimensional (3D) model of the region
 201 of interest (ROI). As ROI of the aortic arch,
 202 Thanks to the development of high-performance
 203 computing and to the advancements of clinical
 204 imaging, today CFD allows to simulate challenging
 205 and clinically relevant problems into numerical
 206 simulations, useful to improve the clinical decision
 207 making tool. The aorta between the valve annulus
 208 to the diaphragm, including the proximal tract
 209 of brachiocephalic trunk, left common carotid
 210 artery, and left subclavian artery is considered.
 211 The ROI is extracted from CTA scans using the
 212 open source library Vascular Modelling ToolKit
 213 (<http://www.vmtk.org/>).²⁸ The final 3D model is
 214 then exported in stereolithographic format, and
 215 artificially extended by inserting cylindrical regions,
 216 called flow extensions, at the boundary sections.²⁹
 217 Such fictitious domain extensions are then removed
 218 during the post-processing analysis. This approach

aimed to reduce the impact of modelling choices
 and uncertainties in the boundary conditions on
 the numerical results.³⁰ Accordingly, by means of
 VMTK, a 3D aortic model is discretized to generate
 a computational mesh suitable for CFD analysis.
 Number of tetrahedral elements are based on a grid
 convergence analysis that showed that further mesh
 refining would have produced a difference of less
 than 1% in the computed DF. Usually the number
 of tetrahedrons used for aortic CFD is between 1 to
 2 million elements.

Realistic boundary conditions at the inlet(s)
 and outlet(s) are mandatory for achieving high
 fidelity and accurate CFD analysis. Boundary
 conditions can be set using flow waveform assumed
 from scientific literature or using patient specific
 data taken from pre-operative Doppler ultrasound
 or intraoperative invasive measures. Blood is
 considered as an ideal Newtonian, homogeneous,
 and incompressible fluid, so that the Navier-Stokes
 equations are used for its mathematical description.
 Blood viscosity is set equal to 0.035 Poise, density
 equal to 1.0 g/cm³, and time step equal to 0.001
 s. Given the small magnitude of the physiologically
 observed displacements and the fact that flow
 impingement patterns are not expected to critically
 depend on perturbations of the boundary, rigid
 walls are adopted.³¹ The simulated cardiac cycle
 lasted 1 s and each computational analysis is run
 for six heartbeats, to ensure the convergence of
 velocity and pressure fields.³² All the CFD analyses
 are performed using the open source parallel finite
 element solver based on the academic software
 LifeV (<https://lifev.org>), tailored to blood flow
 applications.³³

Finally, the CFD modeling consists of the
 simulation of blood velocity, pressure, and wall
 shear stress (WSS), on each tetrahedral element
 of the aortic 3D mesh over the cardiac cycle.³⁴ The
 results of the simulations are post-processed using
 Python script and Paraview software v4.4 (Kitware
 Inc., France) to isolate the aortic wall in each
 landing zone for each case. DF are then calculated by
 integrating wall pressure and WSS at systolic peak
 along the aortic wall. The contribution of WSS to

264 the total DF is several orders of magnitude lesser
265 than pressure and therefore the impact of blood
266 viscosity is insignificant.³⁵ Then, magnitude and
267 direction of the DF for each Ishimaru's landing zone
268 are calculated.³⁶ A normalized DF value, defined as
269 equivalent surface traction (EST), is calculated by
270 dividing the DF magnitude by the surface area of
271 the corresponding proximal landing zone. Because
272 the surface areas of the proximal landing zones are
273 different across the aortic arch, EST is proposed to
274 evaluate the impact of the geometrical differences
275 only.

276 At the end of the process, data are statistically
277 analyzed. We use SPSS Statistics v.24 (SPSS Inc.,
278 Chicago, IL, USA) and post-hoc comparisons are
279 made with the Least Significant Difference test.
280 Continuous data are reported as the mean value
281 with 95% CI within parentheses and statistical
282 significance is assumed at $P < 0.05$.

283 **DFs and Aortic Geometries: Literature** 284 **Findings**

285 DFs, in the case of TEVAR, are the resistance
286 forces caused by the motion of the fluid (i.e.,
287 blood flow) against the body of the graft. Several
288 studies have been performed to investigate the
289 inner hemodynamic forces acting inside the aorta
290 with respect of its geometry. Indeed, curvature
291 or tortuosity affect the magnitude and direction
292 of the DFs. With aging, as elastin fibers in the
293 aortic wall deteriorate, DTA becomes larger, longer
294 and more tortuous. All these features are even
295 more common for pathological aorta and can create
296 problems for stent graft mechanical stability and
297 concerns of migration. Altnji et al. performed
298 numerical simulations in a single case of TAA
299 using finite element analysis and found attachment
300 site length and endograft oversizing as the most
301 important factors determining the risk of endograft
302 migration. More specifically, with neck angulation
303 of 60° and variable oversizing from 15% to 20%,
304 their simulations showed endograft migration when
305 the sealing length was 15 mm, while a sealing
306 length of 18.5 mm resulted adequate to avoid
307 graft migration.³⁷ Figueroa et al., observed that
308 the magnitude of DF increases with increasing
309 endografts diameter and length.³⁸ Prasad et al.
310 in a single modeling study founded that DF is
311 predominantly directed sideways in the abdominal
312 aorta,³⁹ while it is directed upwards in the proximal
313 thoracic aorta.⁴⁰ Krsmanovic et al. found that in
314 worst-case clinical scenarios, the magnitude of the
315 DFs exceeds the forces that an endograft is able
316 to withstand for preventing migration.⁴¹ These

worst-case scenarios include high angulation in 317
the landing zone, and greater diameter of the 318
endograft. Figueroa and coworkers observed that 319
thoracic aortic curvature is very large, and blood 320
flow changes from the cranial direction in the 321
ascending aorta to the caudal direction in the DTA. 322
They also showed that an increased angulation 323
of the aortic arch resulted in higher DFs in 324
the proximal landing zones of the aortic arch. 325
Nakatamari and collaborators reported greater rates 326
of Type Ia endoleak when the curvature of the 327
aortic arch was wider, Type Ib endoleak when the 328
thoracoabdominal junction curvature was larger 329
and Type III endoleak when the greater curvature 330
was located in the midportion of the descending 331
aorta.⁴² The association between tortuosity of the 332
thoracic aorta and outcomes of TEVAR was assessed 333
by Chen and collaborators.⁴³ They analyzed 77 334
patients according to tortuosity index (TI) calculated 335
by dividing the curved length by the straight 336
distance along a centered line that was measured 337
from 2.5 cm proximal to the proximal neck up to 338
2.5 cm distal to the distal neck of the thoracic aorta. 339
Measures were obtained by computed tomographic 340
angiography and were independently analyzed by 341
two radiologists. The patients were divided in Low 342
tortuosity (TI < 1.29) and High tortuosity (TI > 343
1.29) groups. The latter group had higher rates 344
of endoleaks and worst clinical outcomes in terms 345
of mortality at 5 years. Belvroy and collaborators,
346 in a preliminary report, analyzing by means of
347 CFD simulations aortic tortuosity in patients with a
348 descending thoracic aortic aneurysm observed that
349 higher DFs in the DTA are associated with a higher
350 degree of tortuosity. These migration forces look to
351 be increased in those aortic sections which present
352 with higher tortuosity, in a sideways direction,
353 namely lower, as noted in Figure 3A and B than in
354 Figure 3C.⁴⁴ In the DTA, high tortuosity angle (>
355 60°) could be associated with increased risk of stent-
356 graft related complications, as the DF magnitudes lie
357 within the range of pullout forces, as described by
358 Rahmani et al.⁴⁵ Other factors that could influence
359 the magnitude of DFs appear to be the deployment
360 position of the endograft closer to the proximal
361 arch,⁴⁶ blood pressure and pulse waveform⁴⁷, blood
362 viscosity and patient heart rate.⁴⁸ 363

364 **Trying to Forecast Future Graft Behavior** 365 **According to the Aortic Anatomy**

366 Currently, pre-operative planning for TEVAR of
367 the arch is based on Ishimaru's map which does
368 not take into account angulation and tortuosity
369 of the landing zone, factors that are associated

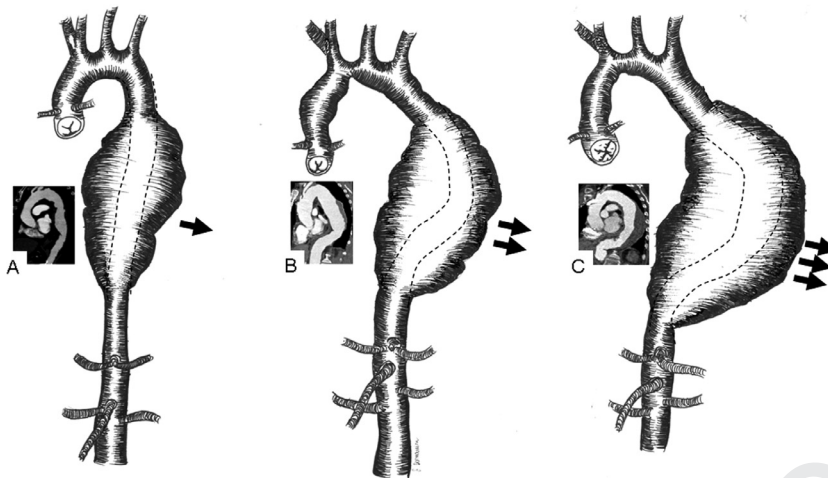


Fig. 3. Orientation of drag forces (DFs) respect of DTA tortuosity. DF result lower when the tortuosity angle is flat while DF result increased in case of higher tortuosity angle.

with higher rates of endograft failure.^{44,49,50} It has been proposed to modify the classical Ishimaru's classification scheme of landing zones merging it together with the Aortic Arch Classification usually used for identification of difficulties in carotid stenting (Fig. 4).⁵¹

This new classification, called Modified Arch Landing Areas Nomenclature,²¹ allows to predict hostile landing zones for TEVAR, as type II and type III aortic arches resulted associated with greater angulation, especially in aortic landing zones 2 and 3. The same Authors, in their attempt to improve the predictive value of the previously described geometric patterns, then reported an analysis of 15 healthy aortas selected on the basis of the three groups of Aortic Arch Classification. By means of CFD modelling, the values of the pulsatile DF with respect of the Ishimaru's proximal landing zones were obtained, analyzing also the 3D orientation of the DF acting inside the thoracic aorta.²² Regardless of the type of arch, in Zone 0 DF magnitude resulted with the highest values ($P < 0.001$). On the contrary, comparison between types of arch, showed that DF magnitude resulted significantly different in Zone 3 ($P = 0.007$), with 3/II and 3/III significantly greater values than 3/I ($P = 0.004$ and $P = 0.008$, respectively). Furthermore, DFs magnitude in 3/III was measured almost twofold greater than in 2/III ($P = 0.033$), as also in 3/II compared with 2/II ($P = 0.032$). Regarding DFs orientation, they observed that the sideways component of DFs did not change between proximal landing zones 1–3 in any type of arch. On the opposite, the greater changes in DFs magnitude observed in 3/II and 3/III were related to the upward component that resulted four

times greater in 3/II respect of 2/II ($P < 0.001$), and five times greater in 3/III respect of 2/III ($P < 0.001$) while in type I arch the upward component did not differ through proximal landing zones 1–3 (Fig. 5). DFs in Zone 0, notwithstanding their higher magnitude, resulted to have an orientation orthogonal to the longitudinal axis of the aorta. This fact could explain how TEVAR in this zone presents lesser rate of migration and endoleaks compared to other apparently quieter aortic zones.⁵² Comparison of EST between the different types of arch did not show change across proximal landing zones within type I ($P = 0.297$) and type II arches ($P = 0.054$), whereas EST increased towards more distal proximal landing zones within type III ($P = 0.019$). Between adjacent landing areas, EST was calculated greater in 3/III than in 2/III ($P = 0.016$), and in 3/II than in 2/II ($P = 0.016$). Finally, EST resulted significantly different in Zone 3 ($P = 0.009$), with that in 3/II and in 3/III being twofold greater than in 3/I ($P = 0.008$ and $P = 0.006$).

Although data were obtained from the analysis performed in healthy patients, this study has put the spotlight on DFs' distribution between different proximal landing zones in the aortic arch used for TEVAR. Moreover, this analysis has tried to overcome studies performed on aortic morphology and sizing based just on observation of radiological imaging.

Future Perspectives

If the true meaning of translational research in surgery is to transfer the process of applying knowledge from basic science to techniques that

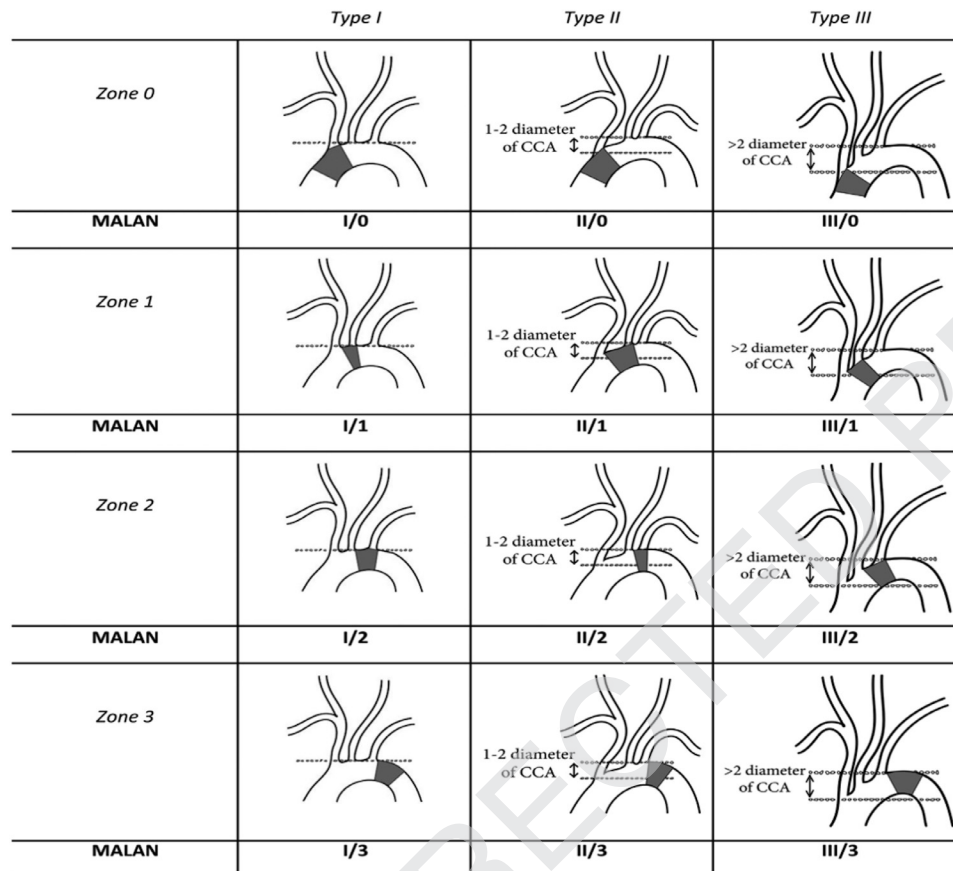


Fig. 4. The Modified Arch Landing Areas Nomenclature (MALAN) which consider the Ishimaru's Aortic Arch Map of the proximal landing zones and the Types of arch according to the Aortic Arch Classification (This picture was previously published in Marrocco-Trischitta MM, de Beaufort HW, Secchi F, van Bakel TM, Ranucci M, van Herwaarden JA, et al. A geometrical reappraisal of proximal landing zones for thoracic endovascular aortic repair according to aortic arch types. *J Vasc Surg* 2017;65:1584-90.)²¹

440 address critical operative needs, today our aim is
441 the application of the analytical information on DFs
442 obtained by CFD in the surgical practice.

443 We have learned that DFs vectors changes from
444 proximal to distal and both the magnitude and the
445 direction could be significantly modified by aortic
446 geometries. In this way we should consider all these
447 factors to prevent long term stent-graft migration
448 and related complications when planning TEVAR.
449 Prospective work will assess how preoperative CFD
450 analysis on EST acting on the aortic arch and DTA
451 wall can be applied.

452 As consequence, we have started to apply
453 clinically this knowledge in some specific settings.
454 As example we report a rather complex case of an
455 83 years old man with acute aortic type B dissection
456 extended from the left subclavian artery to the
457 celiac trunk, without any sign of malperfusion,
458 but with a suprarenal aortic pseudoaneurysm. The
459 proximal entry tear was placed at the suprascapular

aorta with a retrograde dissection extended up 460
to the origin of left subclavian artery (Fig. 6A). 461
The patient was previously submitted to open 462
aortic repair for AAA, to endovascular aortic repair 463
for proximal anastomotic aneurysm and then to 464
femoro-femoral crossover bypass graft for left limb 465
occlusion. Preoperative CFD analysis, conducted for 466
EST evaluation, showed high values in zone 3, low 467
in zone 4a and even lower in zone 4b (Fig. 6B). After 468
fifteen days of medical antihypertensive therapy we 469
decided to choose according to the preoperative 470
CFD, as landing the zone 4b considering the lower 471
EST estimated in this location and the consequent 472
theoretical reduced risk of late graft displacement. 473
Thoracic endograft was deployed distal to the left 474
subclavian artery just up the celiac trunk, excluding 475
the entry tear. Immediate post-operative and six 476
months follow up CTA confirmed the validity 477
of such decision (Fig. 6C, D). No complications 478
were observed after procedure and during initial 479

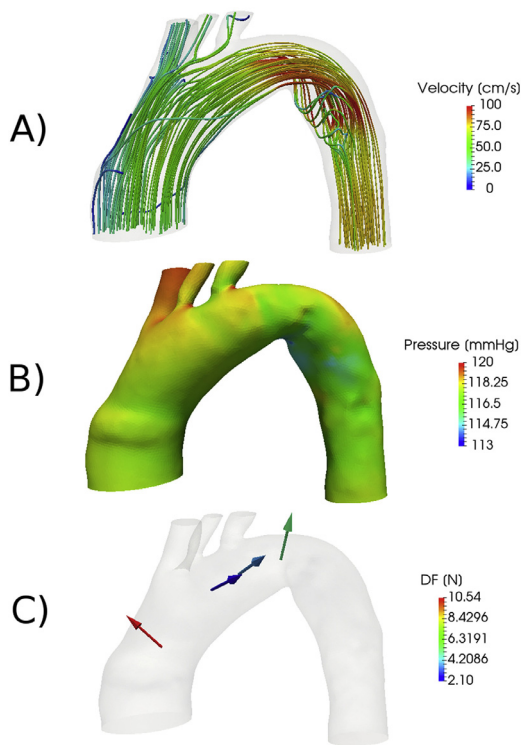


Fig. 5. Representation of the simulation results at systolic peak. The case of a Type III arch is reported. (A) Streamlines of the blood flow, (B) pressure, and (C) displacement forces for each zone. (This picture was previously published in Marrocco-Trischitta MM, van Bakel TM, Romarowski RM, de Beaufort HW, Conti M, van Herwaarden JA, et al. The Modified Arch Landing Areas Nomenclature (MALAN) Improves Prediction of Stent Graft Drag forces: Proof of Concept by Computational Fluid Dynamics Modelling. *Eur J Vasc Endovasc Surg.* 2018;55:584–92.)²²

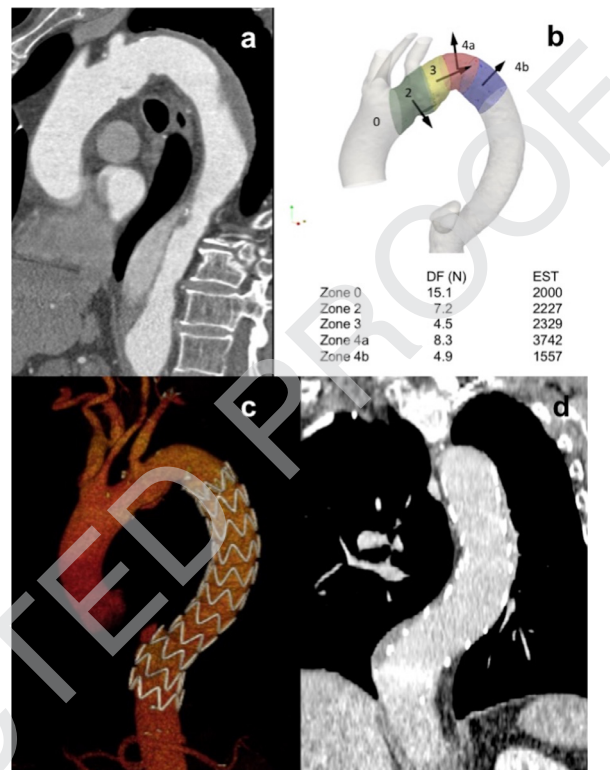


Fig. 6. (A) Preoperative Multiplanar Reconstruction (MPR) of an acute aortic type B dissection extended from the left subclavian artery to the celiac trunk. The proximal entry tear was located at the suprascapular aorta and retrograde dissection extended up to the origin of left subclavian artery.; (B) Preoperative CFD analysis conducted for EST evaluation showed higher values in zone 3 and lower in zone 4; (C) Immediate postoperative 3D volumetric rendering after deployment in zone 4b of Valiant Navion endograft (Medtronic, Santa Rosa, U.S.A.); (D) MPR of the thoracic aorta at 3 months. No migration was observed during the initial follow up period according to preoperative analysis of DF.

480 follow-up period, although longer results are
481 warranted.

482 Geometries deeply influence the hemodynamic
483 and mechanical behavior of both the native aorta
484 and of the endograft deployed inside it.

485 It is a matter of fact that complex aortic anatomies
486 have worse long-term outcomes with greater
487 percentages of graft migration and endoleaks. The
488 preoperative forecast of the DF could be helpful to
489 improve the surgical planning and the strategy to
490 adopt on a more personalized base.

491 The aim of these kinds of research is addressed to
492 transfer the results from the bench to the surgical
493 bedside. In this pathway, all the scientists involved,
494 whether they are engineers or surgeons, are trying
495 to better understand the behavior of the thoracic
496 aorta in different geometrical conditions.

497 The results of such studies could impact on
498 the daily surgical practice through the choice

of different or longer proximal and/or distal
499 landing zones, different endograft lengths or, at
500 the other extreme, leading to the abstention
501 from endovascular treatment when hemodynamic
502 conditions should appear hostile or be considered
503 reduced duration expectancy. 504

CONCLUSION 505

The role of the DFs as cause of TEVAR migration
506 is an important issue, still in the initial phase of
507 discussion. CFD appears essential in developing
508 knowledge, particularly when applied to complex
509 aortic anatomies. In addition, CFD results can
510 be used also by the manufacturers for the
511 development and optimization of new stent- 512

513 grafts that consider both complex anatomies and
 514 increased hemodynamic DFs. In this setting, the
 515 collaboration between physicians and engineers
 516 is crucial, as both parts have a primary role in
 517 understanding and describing hidden aspects
 518 involved in TEVAR procedures as a new science
 519 applied to aortic disease. Currently, there are no
 520 guidelines that describe how to plan TEVAR in
 521 patients with more tortuous aortas. However,
 522 preliminary clinical cases based on CFD results are
 523 planned and accordingly managed, and more solid
 524 data are expected in the next future.

525

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