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9		tal lateral lamella as a risk factor for iatrogenic cerebrospinal
10	fluid lea	k. Clinical retrospective evaluation of 24 cases.
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#### 1 SUMMARY

- 2 **Background:** Several authors highlighted the limitations of the Keros classification 3 system in predicting intracranial entry risk. Recently, our group proposed a new 4 classification system based on the angle formed between the lateral lamella of the cribriform plate (LLCP) and the continuation of an horizontal plane passing through 5 the cribriform plate (Gera classification). The aim of this study was to analyze 6 7 whether the risk of iatrogenic cerebrospinal fluid leak (CSF-L) was better predicted 8 by Keros or Gera classification. 9 Methodology: The pre-operative CT scans of 24 patients (CSF-L group) who suffered 10 from iatrogenic CSF-L during endoscopic sinus surgery (ESS) were compared to those obtained from a group of 100 patients who underwent uneventful ESS (control 11 12 group). The skull base measurements as well as the distribution of Keros and Gera
- 13 *classes in the 2 groups were analyzed.*
- **Results:** No difference in the distribution of Keros classes or in the depth of the 14 cribriform plate between CSF-L and control group were demonstrated. On the 15 contrary, significant differences in the distribution of Gera classes and in the degree 16 17 of the angle formed by the LLCP and the continuation of the horizontal plane passing 18 through the cribriform plate were found. In particular, according to Gera 19 classification system, 19 out of 24 patients in the CSF-L group were considered at 20 risk for iatrogenic CSF-L. 21 Conclusions: Gera classification system might be more sensitive to anatomical 22 variations associated with CSF-L than the Keros' one, further suggesting the
- 23 application of the former during the preoperative CT scan evaluation.
- 24
- 25 Key words: CSF leak, radiology, surgery, anatomy, skull base
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- 27
- 28

#### 1 INTRODUCTION

2 Increasing of the surgical expertise and technological advances in instrumentations, as 3 well as a deeper anatomical knowledge, have significantly reduced the rate of complications during endoscopic sinus surgery (ESS). Nonetheless, cerebrospinal 4 fluid leak (CSF-L) still represents a possible complication of ESS<sup>(1)</sup>. In the majority of 5 the cases, CSF-L occur during ethmoidectomy and might be related to anatomical 6 variations of the anterior skull  $base^{(2,3)}$ , here composed by the cribriform plate and by 7 the fovea ethmoidalis (the most anterosuperior part of the anterior ethmoidal roof 8 9 included between the anterior ethmoidal artery and the posterior border of the 10 frontal recess). These structures converge at the lateral lamella of the cribriform plate 11 (LLCP). The latter delimits laterally the cribriform groove and represents the thinnest 12 and the most vulnerable structure of the anterior skull base as its thickness can be only  $0.05 \text{ mm}^{(2,4)}$ . For this reason, the LLCP is the most frequent site of iatrogenic skull-13 base injury due to direct penetration or fracture during middle turbinate manipulation 14 or lack of awareness of instrument placement<sup>(4)</sup>. If not promptly identified and 15 treated this complication can lead to serious neurologic sequelae<sup>(5)</sup>. 16

17 Several authors suggested that the risk of iatrogenic LLCP injury increases with the olfactory cleft depth<sup>(6-7)</sup>. For this reason, the classification proposed in 1962 by 18 19 Keros<sup>(8)</sup> is still the most commonly used today to estimate the risk of iatrogenic CSF-20 L. It distinguishes between 3 types of cribriform fossa depending on its depth 21 measured on computed tomography (CT) images: type 1, 1-3 mm, type 2, 4-7 mm and 22 type 3, more than 7 mm. Patients with Keros type 3 are supposed to have a greater risk of intracranial entry since the more pronounced depth of the cribriform cleft and 23 24 the thinness of its bony wall make this area more susceptible to iatrogenic injuries $^{(2,7)}$ . 25 Even though widely used, several authors highlighted the limitations of this classification system in fully describing the shape of the skull base and predicting the 26 intracranial entry risk (6,9-13). Recently, our group proposed a new classification system 27 28 of the anterior skull base anatomy based on the angle formed between the LLCP and 29 the lateral extension of an horizontal plane passing through the cribriform plate (Gera 30 classification). In particular, the angle was classified into class I (> 80 degrees, low risk), class II (45 to 80 degrees, medium risk), and class III (< 45 degrees, high risk) 31 32 according to the theoretical risk of iatrogenic injuries<sup>(2)</sup>. We have previously observed that the angulation of the LLCP, by affecting the height of the ethmoidal 33 roof relative to the cribriform plate<sup>(14)</sup>, can be a major risk factor of iatrogenic injuries 34 35 during the dissection of the anterior ethmoidal cells and the frontal recess. During 36 these surgical steps the instruments are in close proximity to the LLCP, thus it is 37 possible that a more pronounced ethmoidal roof slope may predispose to inadvertent skull base violation<sup>(2)</sup>. 38

39 In order to evaluate the clinical implications of Gera classification system, we 40 retrospectively analyzed the preoperative CT scans of patients with chronic 41 rhinosinusitis (CRS) who suffered from intraoperative iatrogenic CSF-L. The 42 underlying hypothesis is that patients who experienced an intraoperative CSF-L 43 would fall more frequently into class III (high risk of iatrogenic injuries) according to 44 Gera classification. The importance of this study lies in the fact that the availability of 45 a classification system able to recognize the anatomical variations predisposing to 46 iatrogenic CSF-L may allow a more accurate interpretation of the preoperative CT 47 findings and, thus, be of further help in preventing major surgical complications.

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#### 1 MATERIALS AND METHODS

2 In this retrospective study the iatrogenic complications of a total of 6023 ESS 3 procedures for CRS, performed in 4 different rhinologic centers in the period 4 between January 2012 and January 2016, were analyzed. The surgeries were 5 performed by 6 surgeons with an experience of more than 10 years. Among the 6 6023 patients who underwent ESS, 24 suffered from iatrogenic CSF-L due to 7 **LLCP injury.** The study was conducted according to the declaration of Helsinki and

8 was previously approved by the Institutional Review Boards of the enrolled hospitals.

- 9 The preoperative sinus CT scans of the patients with CSF-L were evaluated (CSF-L 10 group). In addition, a total of 100 preoperative sinus CT scans (25 for each of the enrolled rhinologic centers) of randomly selected CRS patients who underwent 11 12 uneventful ESS (performed by the same surgeons in the same period) were also 13 evaluated (control group).
- 14
- Patients younger than 18 years, with previous trauma, sinonasal tumor, congenital 15 facial malformations or skull base defects were excluded. In addition, none of the
- 16 patients had been previously treated with any kind of sinonasal surgery.
- 17

#### 18 CT measurements

19 All CT scans were performed on high-speed spiral CT scanners using non-contrast 20 axial 1.5-mm sections. Scans that deviated from a true coronal plane by more than  $5^{\circ}$ 21 from the perpendicular plane of the floor of the nose were also excluded. The 22 morphological evaluation was performed on high-resolution coronal and sagittal 23 sections using a specialized computer software, the Picture Archiving and 24 Communication System (PACS)<sup>(15)</sup>.

Similarly to our previous study<sup>(2)</sup> two skull base measurements were assessed. Both 25 26 were taken, using a 3-D multi-planar reconstruction (MPR), at the convergence 27 between the LLCP and the most antero-superior part of the anterior ethmoidal roof <sup>(16)</sup> 28 on the coronal plane and at the level of the posterior margin of frontal recess on the 29 sagittal plane (see Figure 1). This point was selected because it is well identifiable and 30 represents an important landmark for ethmoidal dissection and during the approaches 31 to the frontal sinus. In addition, our previous study demonstrated that both intra- and 32 inter-rater reliability for measurements taken in this point were high, suggesting a 33 good reproducibility <sup>(2)</sup>.

- 34 In particular, we measured the:
- 35 Depth of the cribriform plate: measured as the vertical height of the olfactory 36 cleft in the coronal plane on each side (see Figure 2). The depth was defined as 37 type 1 (1-3 mm depth), type 2 (4-7 mm depth) or type 3 (more than 7 mm 38 depth), according to Keros classification system.
- Degree of the angle formed by the LLCP and the continuation of the horizontal 39 40 plane passing through the cribriform plate (see Figure 3). According to Gera system<sup>(2)</sup>, the angle was classified depending on its degree and on the 41 42 hypothetical risk of iatrogenic injuries as class I (> 80 degrees, low risk), class 43 II (45 to 80 degrees, medium risk) or class III (< 45 degrees, high risk).
- 44
- 45 Statistical analysis

46 The results of skull base measurements obtained in the CSF-L group were analyzed 47 using Mann-Whitney and Fisher test (for continuous and categorical data 48 respectively) in order to evaluate the presence of significant differences related to the 49 side of CSF-L. In addition, the results obtained in the CSF-L group were compared to 50 those obtained in the control group using the Fisher and Mann-Whitney tests when appropriate. Finally, the sensitivity, specificity, positive and negative predictive value for both Keros and Gera classification systems in the identification of patients at risk for developing intraoperative CSF-L were assessed. For this purpose, the classification systems were dichotomized in order to identify patients at high risk (class III for Gera and type 3 for Keros classification system, respectively) and at lower risk (class I and II for Gera and type 1 and 2 for Keros classification system, respectively).

9

### 1 RESULTS

2 The percentage of iatrogenic CSF-L at the level of the LLCP in our sample was 3 0,398%. A total of 124 preoperative sinus CT scans (24 for the CSF-L group and 100 4 for the control one) were retrospectively analyzed. The mean age of patients in CSF-L 5 group was  $53.5 \pm 6.9$  years (range 25-74) and  $50.8 \pm 7.1$  (range 21-71) in the control group. The difference was not significant on Mann-Whitney test (p = 0.387). Male to 6 7 female ratio was 16:8 in the CSF-L group and 73:27 in the control group without significant difference between the two groups according to Fisher test (p = 0.532). 8 9 Right and left iatrogenic injuries occurred equally in 12 cases on each side. There 10 were no cases of bilateral CSF-L. Crista galli was perpendicular to the midline in all the patients in CSF-L group. Data on skull base measurements obtained in CSF-11 12 L and control group are summarized in Table 1 and 2.

13

## 14 Depth of the cribriform plate

15 In the CSF-L group the mean depth of the cribriform plate was  $4.3 \pm 1.7$  mm at CSF-16 L side and  $4.5 \pm 1.6$  mm at the contralateral one. This difference was found not 17 significant on Mann-Whitney test (p = 0.802). The most common anatomical 18 variation was Keros type 2 both in CSF-L and contralateral side (13 patients, 54.2%, 19 and 15 patients, 62.5% respectively). These differences were found not significant on 20 Fisher test (p = 0.545).

In the control group the mean depth of the cribriform plate was  $5.2 \pm 1.7$  mm at the right side and  $5.5 \pm 1.6$  mm at the left side. This difference was found not significant on Mann-Whitney test (p = 0.839). The most common anatomical variation both in the right and left side was Keros type 2 (61 patients, 61%, and 59 patients, 59% respectively). These differences were found not significant on Fisher test (p = 0.497).

- No significant differences in the depth of the cribriform or in the distribution of Keros alagaa ware demonstrated at Mare Whitney and Eisher tests (p = 0.451 and p = 0.242)
- classes were demonstrated at Mann-Whitney and Fisher tests (p = 0.451 and p = 0.243
- 28 respectively) between patients in CSF-L and control groups.
- 29
- 30 Degree of the angle of LLCP

31 In the CSF-L group the mean degree of the angle formed by the LLCP and the 32 continuation of the horizontal plane passing through the cribriform plate was  $41.2 \pm$  $10.3^{\circ}$  in the CSF-L side, while it was  $50.1 \pm 10.4^{\circ}$  in the contralateral one. This 33 34 difference was found significant on Mann-Whitney test (p = 0.003). According to 35 Gera classification system<sup>(2)</sup>, the most common anatomical variation in the CSF-L 36 side was angle class III (19 patients, 79.2%). In the contralateral side the most 37 common anatomical variation was angle class II (14 patients, 58.3%). These 38 differences were found significant on Fisher test (p = 0.005).

In the control group the mean degree of the angle was  $71.7 \pm 12.4^{\circ}$  in the right side and  $71.1 \pm 11.2^{\circ}$  in the left side. These differences were found not significant on Mann-Whitney test (p = 0.799). The most common anatomical variation was angle class II both in the right and left side (64 patients, 64%, and 65 patients, 65% respectively). These differences were found not significant on Fisher test (p = 0.887).

- 44 Significant differences were demonstrated both in the mean degree of the angle (p =
- 45 0.002 at Mann-Whitney test), and in the distribution of angle classes according to 46 Gera classification (p = 0.010 at Fisher test) between patients in CSF-L and control 47 group. In particular patients in CSE L group accord lower in the mean degree of the
- 47 group. In particular, patients in CSF-L group scored lower in the mean degree of the 48 angle and were more frequently classified as angle class III.
- 49

50 The sensitivity, specificity, positive and negative predictive values for Keros and Gera

- classification systems are reported in Table 3. Gera classification system scored higher in all the above mentioned parameters.
- 3 4

#### 1 DISCUSSION

2 In this retrospective study, the CT scans of 124 patients who underwent ESS for CRS 3 were analyzed according to Gera and Keros classifications in order to evaluate which 4 is the better indicator for a high risk of iatrogenic CSF-L. The underlying hypothesis 5 is that a more pronounced slope of the anterior skull base on the coronal plane may predispose to inadvertent skull base violation during the dissection of the more 6 7 anterior ethmoidal cells and during the approach to the frontal sinus. For this reason, 8 we speculated that the Gera classification system could be more informative than the 9 Keros' one regarding the anatomical variations more frequently associated to 10 iatrogenic CSFL.

The results here reported appear promising and further suggest the utility of Gera 11 12 classification combined with the Keros' one during the preoperative CT assessment in 13 order to prevent major complications. In our sample, the distribution of Keros classes 14 in the control group appeared similar to those previously reported. The most common anatomical variation was Keros type 2 (61%), followed by type 1 (23%), and type 3 15 (16%). In our previous study<sup>(2)</sup> on 190 CT scans, the results were almost equal. The 16 mean depth of cribriform plate found in the control group appeared similar to those 17 previously reported. Guler et al.<sup>(17)</sup> found a mean height of the ethmoidal roof ranging 18 19 from 3.9 mm to 4.5 mm at the right side and from 3.9 mm to 4.4 mm at the left side. Erdem et al.<sup>(18)</sup> found a mean height of the ethmoidal roof of 6.1 mm at the right side 20 21 and 6.3 mm at the left side. Meloni et al.<sup>(19)</sup> defined the mean depth of the cribriform as 5.9 mm in 106 Italian patients. Concerning the distribution of Gera classes in the 22 23 control group, our results appear very similar to those previously reported. In 24 particular, also in our previous study<sup>(2)</sup> the vast majority of patients were classified as 25 class I and II, while only 4.6% of them were classified as at high risk for iatrogenic 26 injuries.

27 Similar to our control group, in the CSF-L group the most common anatomical 28 variation was Keros type 2, followed by Keros type 1, both at side of the CSF-L and 29 at the contralateral one. Only 1 patient was classified as at high risk (Keros type 3). 30 No differences in the distribution of Keros classes or in depth of the cribriform plate 31 between CSF-L and control group were demonstrated. On the contrary, according to 32 Gera classification system<sup>(2)</sup>, the most common anatomical variation at the CSF-L 33 side was angle class III (19 out of 24 patients). The difference in the mean angle 34 degree and in the distribution of Gera classes among patients in control and CSF-L 35 groups was found significant, as well as the difference in the mean angle degree and 36 in the Gera classes distribution between CSF-L side and contralateral one in the CSF-L group. These findings are similar to those reported by Heaton et al.<sup>(10)</sup> who 37 38 compared the slope of the skull base on the coronal plane in CSF-L patients and in a 39 control groupand concluded that CSF-L patients have a larger slope of the skull base 40 than those of the control group.

41 The data here reported suggest that CSF-L patients were characterized by a lower 42 angle degree. In addition, the degree of the angle was significantly lower at the side of 43 the CSF-L. It is consequently possible to speculate that a classification system based 44 on the degree of the angle (such as the Gera's one) might be more sensitive to 45 anatomical variations associated with CSF-L than that of Keros. According to the 46 latter, only 1 out of 24 patients was considered at high risk to develop an iatrogenic 47 injury. On the other hand, according to Gera classification 19 out of 24 patients were 48 considered at high risk. The higher values of sensitivity, specificity, PPV and NPV for 49 the Gera classification system compared to the Keros' one, further suggest the 50 application of the former during the preoperative CT scan evaluation. However, 1 this consideration must be taken with caution. The Keros classification, in fact, is 2 well known and widely used during the pre-operative assessment of CT scans. It 3 is consequently possible that the surgeon might have paid more attention during 4 the ESS procedures in patients with Keros type 3. This could have reduced the 5 CSF-L rate associated to Keros type 3 in our sample could be related to the fact that surgeons might have pay more attention during the surgery in patients with 6 7 Keros type 3. For this reason, only a prospective study would be able to proof 8 that Gera classification could be considered a better indicator for a high risk of 9 CSF-L.

10 This study presents some limitations that are related (a) to the small number of 11 patients with CSF-L, and (b) to the multiple centers involved in the case collection.

12 a. We could argue that the small number of patients is related to low rate of CSF-L 13 occurring during ESS. In particular, the percentage of CSF-L among the 6023 procedures was 0.398%. This datum is in accordance with those previously 14 reported. Hosemann et al.<sup>(20)</sup> reported a CSF-L rate of 0.2–0.8% during ESS. In order 15 to collect a sufficient number of patients with CSF-L for group comparison we were 16 17 consequently forced to collect data from different centers. Even if enlarging the 18 sample is surely useful from a statistical point of view, it adds some variables in the 19 analysis (study limitation b).

b. The four rhinologic centers involved in the study have high volume of ESS
procedures. Yet, each facility has its own expertise and a total of 6 surgeons
performed the surgical procedures. This aspect could influence the results since it was
previously reported that less experienced surgeons have a higher risk of injuring the
dura, while more experienced surgeons performing increasingly extensive surgery
could cause dramatic complications with medico-legal consequences<sup>(20)</sup>.

In conclusion, intraoperative iatrogenic CSF-L still represents a possible complication 26 27 during ESS procedures that even a large surgical experience can not prevent. 28 Despite the advances in the technological devices, instrumentations and surgical 29 techniques, a deep anatomical knowledge and a meticulous preoperative analysis of 30 the imaging remain a keystone in preventing this complication. Gera classification system presents good sensitivity and specificity in predicting a possible LLCP injury 31 32 during ESS and its application, together with the Keros one, may be useful in the 33 preoperative CT scan evaluation.

- 1 ACKNOWLEDGEMENTS
- 2 Andrea Preti is a PhD student of the "Experimental and Translational Medicine"
- 3 course at University of Insubria.
- 4 Stefania Gallo is a PhD student of the "Biotechnology, Biosciences and Surgical
- 5 Technology" course at University of Insubria.
- 6 7

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- 9 Ottaviani F, Castelnuovo P, Gera R, Schindler A, Dragonetti A, Yakirevitch A: 10 Substantial contributions to the conception or design of the work, revising it critically 11 for important intellectual content, final approval of the version to be published.
- 12 Gallo S, Zocchi J, Bandi F, Guidugli G: Substantial contributions to the acquisition of
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   approval of the version to be published.
- 15 Preti A, Mozzanica F: Substantial contributions to the analysis and interpretation of
- 16 data for the work. Drafting the work. Final approval of the version to be published.
- 17 Ambrogi F, Mozzanica F: Substantial contributions to the statistical analysis and the
- interpretation of data for the work, revising it critically for important intellectualcontent and final approval of the version to be published.
- 20
- 21 CONFLICT OF INTEREST
- 22 Each Author has no conflict of interest to declare.
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22	FIGURES
23	Figure 1. Point of assessment of the measurements taken: the convergence between
24	the fovea ethmoidalis and the LLCP on the frontal plane (A) at the level of the
25	anterior wall of the first fovea ethmoidalis on the sagittal plane (C). Correspondence
26	of the point in the axial plane (B).
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29	Figure 2. Depth of the cribriform plate: measured as the vertical height of the
30	olfactory fossa in the coronal plane.
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33	Figure 3. Angle between the LLCP and continuation of the horizontal plane passing
34	through the cribriform plate (treaty line), defining the Gera's classification.
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- 1 Table 1. Distribution of skull base measurements in the two groups of patients. The
- 2 mean  $\pm$  standard deviation are reported as well as the results of comparison between
- 3 the parameters obtained in the CSF-L and control groups through Mann Whitney test.
- 4 Ranges are reported in brackets. Angle = degree of the angle formed by the LLCP and
- 5 continuation of the horizontal plane passing through the cribriform plate.
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	<b>CSF-L</b> group $(n = 24)$			<b>Control group</b> (n = 100)		
	CSF-L side	Controlateral	р	Right	Left	р
Depth of the cribriform plate (mm)	$4.3 \pm 1.7$ (2.3-8.0)	$4.5 \pm 1.6$ (2.1-6.8)	0.802	$5.2 \pm 1.7$ (2.4-10.1)	$5.5 \pm 1.6$ (2.8-10.3)	0.839
Angle (degrees)	$41.2 \pm 10.3$ (27-48)	$50.1 \pm 10.4$ (30-65)	0.003	$71.7 \pm 12.4$ (30-88)	71.1 ± 11.2 (28-90)	0.799

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Table 2: Distribution of Keros and Gera classes in the two groups of patients. The 

2 r	results of the Fisher	test are also reported.	Percentages are reported	in brackets.
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Classes		<b>CSF-L</b> group (n = 24)			Control group (n = 100)			
		CSF-L side	Controlateral	р	Right	Left	р	
Keros	1	10 (41.7%)	9 (37.5%)	0.545	23 (23%)	30 (30%)	0.497	
	2	13 (54.2%)	15 (62.5%)		61 (61%)	59 (59%)		
	3	1 (4.1%)	0 (0%)		16 (16%)	11 (11%)		
Gera class	Ι	1 (4.1%)	0 (0%)	0.005	32 (32%)	31 (31%)	0.887	
	Π	4 (16.7%)	14 (58.3%)		64 (64%)	65 (65%)		
	III	19 (79.2%)	10 (41.7%)		4 (4%)	4 (4%)		

Table 3. Sensitivity, specificity, positive predictive value (PPV) and negative predictive value (NPV) for Keros and Gera classification system. Confidence intervals at 90% are reported in brackets. 

	Sensitivity	Specificity	PPV	NPV
Keros	4.2%	84%	5.9%	78.5%
classification	(1.6%-9.8%)	(76.1%-89.7%)	(2.7%-12%)	(70%-85.2%)
Gera	79.2%	96%	82.6%	95%
classification	(70.8%-85.7%)	(90.4%-98.5%)	(74.5%-88.6%)	(89.2%-97.9%)