

1 **Rapid detection and quantification of plasmid-mediated colistin resistance genes**
2 **(*mcr-1* to *mcr-5*) by real-time PCR in bacterial and environmental samples**

3

4 Running headline: RT-PCR detection of *mcr* genes.

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23 **Abstract**

24 **Aim:** the aim of the study was to validate a rapid method to detect and quantify colistin resistance
25 genes (*mcr-1* to *mcr-5*) by real-time polymerase chain reaction (RT-PCR) in diverse matrices.

26 **Methods and results:** the detection limit of two newly designed SYBR Green real-time PCR
27 assays for *mcr-4* and *mcr-5* and of previously published protocols for *mcr-1* to *mcr-3* was assessed
28 using serial dilutions of reference strains. The assays could detect all five *mcr* genes with the lower
29 limit of 10² copy numbers. *Escherichia coli* isolates (n=1,062) and environmental samples (n=93)
30 were tested for the presence of *mcr* genes. The assays enabled the detection of colistin resistance
31 genes both in bacterial isolates and in complex environmental samples.

32 **Conclusions:** this method represents a set of sensitive, rapid and effective assays for the screening
33 of colistin resistance directly from the environment.

34 **Significance and impact of the study:** colistin is an antimicrobial commonly used in animals and
35 has recently emerged as a last-resort treatment in humans. Plasmid-mediated *mcr* genes confer
36 resistance to colistin and represent a major threat for public health since they can be easily
37 disseminated through horizontal gene transfer. The rapid and sensitive detection of *mcr* genes is of
38 utmost necessity.

39

40 **Introduction**

41 Colistin is a critically important antimicrobial and a last-resort treatment against human infections
42 caused by multi-drug resistant Gram-negative bacteria (WHO CIA List, 2017). Currently, the
43 clinical utility of colistin is facing a serious threat due to the emergence and dissemination of
44 plasmid-mediated colistin resistance. The first report of a mobile colistin resistance gene was dated
45 November 2015, and the discovered gene, identified in an *Escherichia coli* strain isolated from a
46 pig, was named *mcr-1* (Liu *et al.*, 2016). Since then, novel variants of plasmid-mediated colistin
47 resistance genes have been described, *mcr-2* (Xavier *et al.*, 2016), *mcr-3* (Yin *et al.*, 2017), *mcr-4*
48 (Carattoli *et al.*, 2017), *mcr-5* (Borowiak *et al.*, 2017), *mcr-6* (AbuOun *et al.*, 2018), *mcr-7* (Yang *et*

49 *al.*, 2018), *mcr-8* (Wang *et al.*, 2018), *mcr-9* (Carroll *et al.*, 2019) and *mcr-10* (Wang *et al.*, 2020).
50 These additional *mcr* genes have been reported in different bacterial species isolated from multiple
51 sources (i.e. human and livestock), raising concerns related to the emergence and spread of mobile
52 colistin resistance. Moreover, *mcr* genes are harboured on conjugative plasmids belonging to
53 various incompatibility groups, including IncI2 , IncX4, IncFIA, IncFII and IncHI2 (Xavier *et al.*,
54 2016; Yin *et al.*, 2017; Wang *et al.*, 2018; Yang *et al.*, 2018; Wang *et al.*, 2020). Although *mcr*
55 genes have been discovered only recently, retrospective studies testing isolates dating back to 1980s
56 identified bacteria harbouring *mcr* genes (Shen *et al.*, 2016). Of notice, most *mcr*-positives were
57 detected in samples collected from 2009 onwards (Shen *et al.*, 2016). In the past few years, *mcr*
58 genes have been identified in 47 different countries across six continents in human and animal
59 associated bacteria (i.e. *Salmonella*, *E. coli*, *Pseudomonas*, etc.) (Nang *et al.*, 2019). Livestock is
60 considered the main reservoir for *mcr* genes due to the use of colistin for prophylaxis, metaphylaxis
61 and therapeutic purposes (Kempf *et al.*, 2016; Liu *et al.*, 2016). More worryingly, *mcr* genes have
62 been also identified in water sources (Petrillo *et al.*, 2016; Zurfuh *et al.*, 2016) and soil (Xia *et al.*,
63 2019) suggesting that these resistance determinants might be transferred from the environment to
64 humans via food of both vegetal and animal origin (Salisbury *et al.*, 2002; Hao *et al.*, 2014).
65 Due to the emergence of multiple mobile colistin resistance genes in human, animal and
66 environmental samples (Osei Sekyere, 2019), an increased demand of rapid and reliable methods for
67 their detection is warranted. Routine susceptibility testing is considered unreliable since colistin is a
68 large cationic molecule, diffuses poorly into media and adheres to common plastic labware (Kempf
69 *et al.*, 2016), making the agreement of results between replicates and between laboratories difficult
70 (Poirel *et al.*, 2017). A previous study proposed a molecular method for detection of *mcr-1* to *mcr-5*
71 (Rebelo *et al.*, 2018); however, this approach does not allow detection and quantification in
72 complex environmental matrices and, as a conventional method, it does not offer results in real-
73 time. Recently, a real-time polymerase chain reaction (RT-PCR) method for *mcr-1*, *mcr-2* and *mcr-*
74 3 detection has been proposed (Li *et al.*, 2017). In the present study we aimed to implement this

75 method towards the detection and quantification of *mcr-4* and *mcr-5* by using newly designed *mcr*
76 specific RT-PCR primers. Further, we optimised the *mcr-1* to *mcr-5* detection protocols and
77 validated their application in both bacterial isolates and complex environmental samples.

78

79 **Materials and methods**

80

81 **Reference strains**

82 The reference strains for *mcr-1* (*E. coli* 412016126), *mcr-2* (*E. coli* KP37), *mcr-3* (*E. coli* 2013-
83 SQ352), *mcr-4* (*E. coli* DH5a harbouring the entire *mcr-4* gene in a pCR2 plasmid) and *mcr-5*
84 (*Salmonella* Paratyphi B 13-SA01718) (Table 1) were kindly provided by the EU Reference
85 Laboratory for Antimicrobial Resistance (DTU, Denmark) and were used for the optimization, the
86 assessment of efficiency, sensitivity and specificity of the assays and as positive control when
87 testing bacterial isolates and environmental samples. Briefly, reference strains were streaked onto
88 nutrient agar (Microbiol, Uta, Italy) and incubated at 37±0.5 °C for 20±2h. Bacterial genomic DNA
89 (gDNA) was extracted with the Invisorb Spin Tissue Mini Kit (Invitek Molecular, Berlin, Germany)
90 according to the manufacturer's instructions. Quality and quantity of positive controls' DNA was
91 assessed with NanoDrop spectrophotometer (ThermoScientific, Massachusetts, United States).
92 Based on the assessment of the limit of detection of the assay, we used 0.4 ng/µl as cut-off value to
93 select the sample to be tested.

94

95 ***mcr-4* and *mcr-5* RT-PCR primers design and confirmation by end-point PCR**

96 Primer BLAST software (Jian *et al.*, 2012) was used to design the specific RT-PCR primers for
97 *mcr-4* and *mcr-5* genes and the specificity was checked *in silico* against the NCBI database (Table
98 1) (Johnson *et al.*, 2008). Primer specificity was confirmed by end-point PCRs, using reference
99 strains DH5a and 13-SA01718 harbouring *mcr-4* and *mcr-5*, respectively. To avoid false positive
100 results, together with the *in silico* evaluation, the assays for the detection of *mcr-4* and *mcr-5*

101 developed in the present study were tested against DNA extracted from bacteria not harbouring the
102 respective *mcr* target gene, including the positive reference strains for *mcr-1* (412016126), *mcr-2*
103 (KP37) and *mcr-3* (B 13-SA01718) genes. Following this experimental setting, we also evaluated
104 the absence of cross-reactivity among the five assays. Both end-point PCRs were performed in a
105 final volume of 25 μL amplification mix containing 12.5 μL of DreamTaq PCR Master Mix 2X
106 (ThermoScientific), 0.5 μL of 10 pmol mL^{-1} of each primer (Table 1), and 5 ng of gDNA as
107 template. The thermal profile for the end-point PCR was initialised by holding 95 $^{\circ}\text{C}$ for 2 min,
108 followed by 35 cycles of 95 $^{\circ}\text{C}$ for 30 s, 60 $^{\circ}\text{C}$ for 20 s, and 72 $^{\circ}\text{C}$ for 20 s, and a single final
109 elongation at 72 $^{\circ}\text{C}$ for 7 min using an Applied Biosystems 2720 Thermal Cycler
110 (ThermoScientific). The expected amplicon lengths (Table 1) were evaluated by agarose gel
111 electrophoresis (2% agarose, 100 V, 60 min).

112

113 **Optimization of RT-PCR conditions for *mcr-1* to *mcr-5* assays**

114 The optimisation steps were conducted for both novel (*mcr-4*, *mcr-5*) and previously published
115 (*mcr-1* to *mcr-3*) primers (Li *et al.*, 2017) in order to acquire a unique protocol for detection and
116 quantification of genes. RT-PCR amplification was performed in a LightCycler[®]480 Roche (Basel,
117 Switzerland), using a final volume of 10 μL . Two different reactions were carried out using either
118 2.5 μL of DNA template at different concentrations (2.0-0.2-0.02-0.002 $\text{ng } \mu\text{L}^{-1}$) or 2.5 μL of
119 previous end-point PCR amplicons diluted at 0.0001 $\text{ng } \mu\text{L}^{-1}$, to assess respectively the optimal
120 DNA concentration to analyse bacterial and environmental samples and the highest dilution to
121 create a standard curve.

122 The PowerUp[™] SYBR[®] Green Master Mix (ThermoScientific) was used together with different
123 concentrations of each primer (*i.e.* 300/300 pmol mL^{-1} , 300/600 pmol mL^{-1} , 600/300 pmol mL^{-1} ,
124 600/600 pmol mL^{-1} , 600/900 pmol mL^{-1} , 900/600 pmol mL^{-1} and 900/900 pmol mL^{-1} for forward
125 and reverse primer, respectively). The cycling conditions were as follows: initial incubation at 50
126 $^{\circ}\text{C}$ for 2 min, followed by 2 min at 95 $^{\circ}\text{C}$, and 45 cycles at 95 $^{\circ}\text{C}$ for 10 s and 60 $^{\circ}\text{C}$ for 40 sec. A

127 melting curve between 40 and 95 °C was determined by adding a dissociation step after the last
128 amplification cycle at a temperature transition rate of 4.4 °C/s. RT-PCR data analysis was
129 performed using LightCycler®480 software version 1.5 (Roche). For each sample, the crossing
130 point (Cp) was used to determine the amount of target gene. Specificity of RT-PCR products was
131 determined by the analysis of amplification profiles and melting curves. Furthermore, positive RT-
132 PCR products were purified using the SPRIselect purification kit (Beckman Coulter, Pasadena,
133 United States) and templates were sent to Macrogen Inc. (Madrid, Spain) for direct Sanger
134 sequencing. The visualization, analysis and editing of chromatograms were performed with
135 FINCHTV 1.4.0 software. Standard BLAST search against the CARD (Comprehensive Antibiotic
136 Resistance Database) (Jia *et al.*, 2017) reference sequences was performed. All RT-PCR reactions
137 were performed in duplicate.

138

139 **Efficiency, sensitivity and specificity of *mcr-1* to *mcr-5* RT-PCR assays**

140 To evaluate the efficiency and the dynamic range of each primer pair, serial dilutions (1:4 and 1:5)
141 were prepared for each DNA template. Standard curves were constructed to evaluate the efficiency
142 and the sensitivity of *mcr* primer sets using serial dilutions of gDNA. The assays' sensitivity was
143 further tested by pooling five *E. coli* DNA samples with different concentrations and combinations
144 of positive and negative samples (median concentration: 11.9 ng μL^{-1} , min: 0.4 ng μL^{-1} , max: 23.4
145 ng μL^{-1}). Melting profile analysis was used to assess the specificity of the amplification plots.

146

147 **Validation of *mcr-1* to *mcr-5* RT-PCR assays**

148 To validate the assays, DNA was extracted from *E. coli* isolates and environmental samples.
149 Samples were stored at -80°C up to DNA isolation, while extracted DNAs were stored at -20°C up
150 to processing. A total of 1,062 *E. coli* isolated from various stages of the broiler production pyramid
151 (i.e. breeders, broilers and carcasses) and assessed for the presence of extended-spectrum β -
152 lactamase (ESBL)- and plasmid-mediated AmpC β -lactamase (pAmpC) genes (n=587 positive)

153 (Apostolakos *et al.*, 2019) were tested. gDNA was extracted by suspending 1-2 bacterial colonies in
154 a solution of 5% Chelex (BioRad, Hercules, United States) and boiling for 10 min. Debris in the
155 Chelex suspension was removed by centrifugation at 12,000 ×g for 5 min. Bacterial isolates were
156 analysed by pooling five DNA samples; when a pool tested positive, each sample was analysed
157 individually to detect the positive sample(s) within the pool. No 16S amplification of *E. coli* isolates
158 was performed because the aim of the study was to assess the diagnostic performance of the assays,
159 i.e. their ability to identify rather than quantify *mcr* genes, and to optimize the assays with pooled
160 isolates. DNA was extracted also from 93 environmental samples, namely agricultural soil (62
161 samples) and manure from dairy (11 samples), swine (10 samples) and chickens farms (10
162 samples), using the PowerSoil[®] DNA Isolation kit (Qiagen, Hilden, Germany). In each RT-PCR
163 round, a positive (*mcr*⁺) and negative (*mcr*⁻) control for each gene was used. When testing the
164 environmental samples, the 16S rRNA gene was used (Nadkarni *et al.*, 2002) as internal process
165 control and to normalize the *mcr-1* to *mcr-5* gene copy numbers.

166

167 **Results**

168 **Analytical performances of *mcr-1* to *mcr-5* RT-PCR assays**

169 We established optimal amplification conditions for all *mcr* genes with 600 pmol mL⁻¹
170 concentration of each primer. Assays' efficiencies ranged from 90.7% to 92.9%, and all R² values
171 were >0.98 (Fig. 1). The limit of quantification copies was 13.7, 31.8, 82.4, 60.5 and 149.1 for *mcr-*
172 *1*, *mcr-2*, *mcr-3*, *mcr-4* and *mcr-5* assays, respectively. No primer-dimers or non-specific peaks
173 were observed in any of the assays. In detail, no increase in fluorescence associated with a
174 sigmoidal amplification curve was observed for none of the template controls or when *mcr* primer
175 pairs were used against non-target *mcr* genes. Pooling of bacterial DNA enabled fast screening of
176 multiple samples in a single assay, since detection of positive controls was possible in all tested
177 concentrations and combinations.

178

179 **SYBR Green RT-PCR followed by melting curve analysis enables the detection of *mcr-1* to**
180 ***mcr-5* from bacterial isolates and environmental samples**

181 Two different matrices were screened in this study: bacterial (i.e. *E. coli* cultures) and complex
182 environmental (i.e. manure and soil) samples. Starting from 1,062 pure cultures, seven samples
183 were found positive for *mcr* genes. In particular, two samples were positive for *mcr-3* (one breeder,
184 one broiler), one for *mcr-4* (breeder) and four for *mcr-5* (broilers). Three of the *mcr*-carrying
185 isolates were also harbouring ESBL/pAmpC genes. Out of 93 environmental samples, 43 (46.2%)
186 were positive for *mcr* genes; 20 (eight manure, twelve soil) for *mcr-1*, three (manure) for *mcr-2*,
187 eleven (seven manure, four soil) for *mcr-3*, four (three manure, one soil) for *mcr-4* and five (two
188 manure, three soil) for *mcr-5* (Fig. 2). The RT-PCR assays showed that copies number in the
189 environmental samples for *mcr-1*, *mcr-3* and *mcr-5* ranged from below the limit of quantification to
190 21.0, 2072.68 and 30.6 copies, respectively. The copies number for *mcr-2* and *mcr-4* was below the
191 limit of quantification in all positive samples.

192

193 **Discussion**

194 The aim of this study was to develop a fast, sensitive and reliable method for detection and
195 quantification of colistin mobile resistance genes (*mcr-1* to *mcr-5*). We extended and optimized the
196 method of Li *et al.* (2017) by constructing two novel assays for *mcr-4* and *mcr-5*. The method,
197 based on a SYBR Green RT-PCR paired with melting curve analysis, enables the rapid and
198 confident detection and quantification of *mcr-1* to *mcr-5* genes in bacterial isolates and
199 environmental samples.

200 In recent years, end-point PCR, real-time PCR, loop-mediated isothermal amplification and
201 microarray-based methods have been developed to detect colistin resistance genes. Although these
202 methods proved to be sensitive and effective, they present some limitations, such as detection of
203 only one to three *mcr*-genes (Chabou *et al.*, 2016; Irrgang *et al.*, 2016; Xavier *et al.*, 2016;
204 Bernasconi *et al.*, 2017; Donà *et al.*, 2017; Li *et al.*, 2017) and/or requirement of specific and

205 expensive equipment (Bernasconi *et al.*, 2017; Zhong *et al.*, 2019). A multiplex PCR for the
206 detection of *mcr-1* to *mcr-5* has been also recently developed (Rebelo *et al.*, 2018); however, this
207 method is a standard end-point PCR, hence it is time consuming as it has to rely on gel
208 electrophoresis to visualize the results of the amplification and more prone to contamination. By
209 comparison, SYBR Green based assays are faster and less expensive, making our set of assays an
210 ideal tool for *mcr-1* to *mcr-5* genes detection, in particular when testing large number of samples
211 including complex matrices such as those from the environment. The set of assays described here
212 supports samples pooling, allowing the screening of five individual samples in a single reaction
213 tube, further decreasing time and cost of the analyses. Due to its cost-effectiveness, our method
214 might also have wide employment in developing countries, where financial limitations represent a
215 huge issue toward antimicrobial resistance gene surveillance studies. The method proposed here is
216 not itself deprived of limitations, as it cannot detect all five *mcr* genes in a single reaction, unlike
217 the multiplex PCR developed by Rebelo *et al.* (Rebelo *et al.*, 2018), nor emerging *mcr* genes.
218 However, SYBR Green RT-PCRs are relatively easy to implement, and the detection of emerging
219 *mcr* genes might be easily achieved via designing new specific primer pairs.

220 The detection and quantification of colistin resistance genes are crucial because they are considered
221 an emerging risk for public health (Poirel *et al.*, 2017), since colistin is employed as a last-resort
222 antimicrobial for the treatment of multidrug-resistance Gram-negative bacterial infection in
223 humans. Non-prudent use of colistin in human medicine but also in farming settings contributed to
224 the spread and persistence of resistance genes in the natural environment. The simultaneous
225 presence of *mcr* and ESBL/pAmpC genes in three *E. coli* isolates is notable given the importance of
226 3rd generation cephalosporins and colistin in human health.

227 The novel set of RT-PCR primers and the optimised *mcr-1* to *mcr-5* assays developed in the present
228 study represent a useful method for future surveillance studies for determination of *mcr* genes
229 prevalence in human, animal and environmental samples in a fast, sensitive and reproducible way.

230

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234

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240

241 **Conflict of interest**

242 None to declare.

243

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349

350 **Table 1.** Primers and positive controls used for the detection of *mcr-1* to *mcr-5* and 16S genes in RT-PCR assays.

Primer name	Target gene	Sequence (5' - 3')	Product length (bp)	Reference	Positive control strains	
					Strain ^a	Origin ^b
mcr1-qf mcr1-qr	<i>mcr-1</i>	AAAGACGCGGTACAAGCAAC GCTGAACATACACGGCACAG	213	(Li <i>et al.</i> , 2017)	<i>E. coli</i> 412016126	Poultry
mcr2-qf mcr2-qr	<i>mcr-2</i>	CGACCAAGCCGAGTCTAAGG CAACTGCGACCAACACACTT	92	(Li <i>et al.</i> , 2017)	<i>E. coli</i> KP37	Swine faeces
mcr3-qf mcr3-qr	<i>mcr-3</i>	ACCTCCAGCGTGAGATTGTTCCA GCGGTTTCACCAACGACCAGAA	169	(Li <i>et al.</i> , 2017)	<i>E. coli</i> 2013-SQ352	Sewage
mcr4-qf mcr4-qr	<i>mcr-4</i>	AGAATGCCAGTCGTAACCCG GCGAGGATCATAGTCTGCCC	230	This study	<i>E. coli</i> DH5a (harbouring the entire <i>mcr-4</i> gene in a pCR2 plasmid)	Swine faeces
mcr 5-qf mcr 5-qr	<i>mcr-5</i>	CTGTGGCCAGTCATGGATGT CGAATGCCCCGAGATGACGTA	98	This study	<i>Salmonella</i> Paratyphi B 13-SA01718	Poultry
16S-qf 16S-qr	16S	TCCTACGGGAGGCAGCAGT GGACTACCAGGGTATCTAATCCTGTT	467	(Nadkarni <i>et al.</i> , 2002)		

351 ^a Reference strains were kindly provided by the EU Reference Laboratory for Antimicrobial Resistance (DTU, Denmark).

352 ^b Origin of the initially isolated strains carrying the respective *mcr* genes.

353

354 **Figure 1.** Real-time PCR amplification curves, standard curves and melting curves. (A-E) Show real-
355 time PCR amplification and standard curves for *mcr-1*, *mcr-2*, *mcr-3*, *mcr-4* and *mcr-5*. For each
356 standard curve R^2 , efficiency and slope are reported (F). Shows melting curves for each *mcr* gene.

357

358 **Figure 2.** Detection of *mcr* genes in soil and manure samples.