

1 **Novel Highly Potent and Selective Sigma1 Receptor Antagonists Effectively Blocking the Binge**  
2 **Eating Episode in Female Rats**

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1 **ABSTRACT**

2 In this paper the benzo-cracking approach was applied to the potent sigma1 ( $\sigma_1$ ) receptor antagonist  
3 **1** to afford the less conformationally constrained 1,3-dioxane derivatives **2** and **3**. To evaluate the  
4 effect of the increase of the distance between the two hydrophobic structural elements that flank the  
5 basic function, the *cis* and *trans* diastereomers of **4** and **5** were also prepared and studied. Compounds  
6 **2** and **3** showed affinity values at  $\sigma_1$  receptor significantly higher than that of the lead compound **1**.  
7 In particular, **3** displayed unprecedented selectivity over  $\sigma_2$  receptor, the phencyclidine site of the  
8 NMDA receptor, and opioid receptor subtypes, as well as over dopamine transporter. Docking results  
9 supported the structure-activity relationship studies. Due to its interesting biological profile,  
10 derivative **3**, selected for an *in vivo* study in a validated preclinical model of binge eating, was able  
11 to counteract the overeating of palatable food only in bingeing-rats, without affecting palatable food  
12 intake in the control group and anxiety-like and depression-related behaviors in female rats. This  
13 result strengthened the involvement of  $\sigma_1$  receptor in the compulsive-like eating behavior and  
14 supported  $\sigma_1$  receptor as a promising target for the management of eating disorders.

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17 **Keywords:** selective sigma1 ligands, binge eating episode, highly palatable food, open field test,  
18 forced swimming test.

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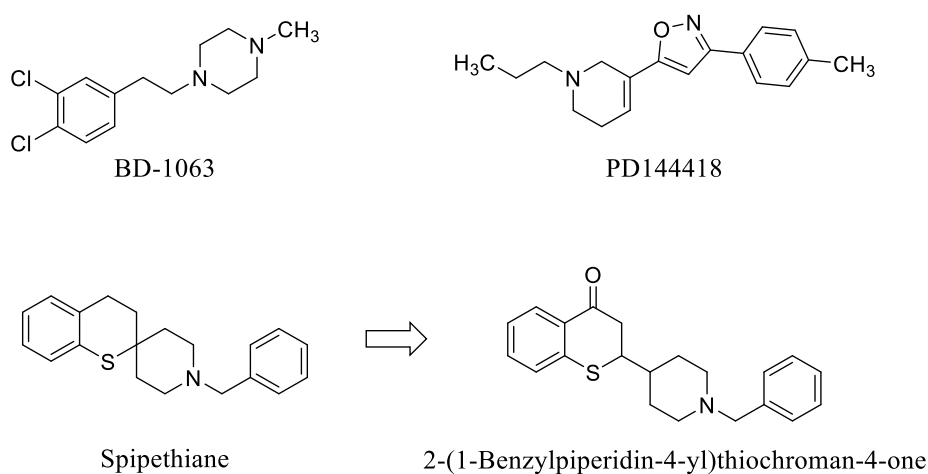
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## 1 INTRODUCTION

2 Sigma ( $\sigma$ ) receptors are scarcely understood transmembrane proteins involved in a large number of  
3 cellular functions.<sup>1</sup> Initially, they were classified as subtypes of the opioid receptor family and,  
4 subsequently, it was hypothesized that they corresponded to the phencyclidine (PCP) binding site of  
5 the ionotropic *N*-methyl-D-aspartate (NMDA) receptor. At present, they are reported as a distinctive  
6 receptor family, comprised of two subtypes ( $\sigma_1$  and  $\sigma_2$  receptors).<sup>1</sup> Both subtypes have been cloned<sup>2-</sup>  
7 <sup>5</sup> and the crystal structures of  $\sigma_1$  receptor complexed with known agonists and antagonists have  
8 recently been reported.<sup>6, 7</sup>  $\sigma_1$  receptors work as molecular chaperones in the mitochondria-associated  
9 endoplasmic reticulum (ER) membrane and play a role in the cellular stress response and  
10 homeostasis.<sup>8, 9</sup>

11 Their wide distribution in the nervous system and their involvement in several physiological and  
12 pathological conditions make  $\sigma_1$  receptors very promising targets for the management of numerous  
13 disorders. In particular, central  $\sigma_1$  receptors are implicated in different neuropsychiatric and  
14 neurodegenerative diseases,<sup>10-12</sup> as well as in pain.<sup>13</sup> The observation that the  $\sigma_1$  agonist ANAVEX™  
15 (NCT02244541) and the  $\sigma_1$  antagonist E-52862 (EudraCT number: 2012-000400-14) are being  
16 evaluated in clinical trials for the treatment of Alzheimer's disease and neuropathic pain, respectively,  
17 supports the validity of  $\sigma_1$  receptors as clinical targets.<sup>14</sup> Moreover, experimental evidence has  
18 demonstrated that the blockade of  $\sigma_1$  receptors can counteract the addictive effects elicited by  
19 psychostimulants<sup>15, 16</sup> and ethanol.<sup>17-20</sup> While several papers report the involvement of  $\sigma_1$  receptors  
20 in drug abuse, very few studies suggest that this receptor system is implicated in binge eating  
21 behavior, despite many behavioral and brain mechanisms overlapping between food and drug  
22 addiction. In fact, compulsive fast overeating and strong craving, with a consequent withdrawal for  
23 hedonic food and impulsivity, are features correlated with binge eating behavior, similarly to the  
24 substance dependence.<sup>21, 22</sup> In a pioneering study, the  $\sigma_1$  antagonist BD-1063 (Figure 1) proved to  
25 reduce binge-like eating and to block compulsive eating in palatable rats, suggesting that the  $\sigma_1$   
26 receptor system might play a role in binge-like eating following to neurobiological adaptations.<sup>23</sup>

1 Moreover, a relationship between food reinforced operant responding and  $\sigma_1$  receptors has been  
2 recently highlighted. Indeed, the potent  $\sigma_1$  antagonist PD144418 (Figure 1) demonstrated to decrease  
3 the motivational effort of a food-reinforced behavior maintaining food palatability.<sup>24</sup> Finally, in a  
4 recent study we demonstrated that the spipethiane analog 2-(1-benzylpiperidin-4-yl)thiochroman-4-  
5 one (Figure 1), behaving as a potent  $\sigma_1$  receptor antagonist,<sup>25</sup> decreased the binge eating episode in  
6 female rats, supporting the involvement of  $\sigma_1$  receptors in compulsive-like eating disorder.<sup>26</sup>



9 **Figure 1.** Structures of the  $\sigma_1$  antagonists BD-1063, PD144418, spipethiane and 2-(1-  
10 benzylpiperidin-4-yl)thiochroman-4-one.

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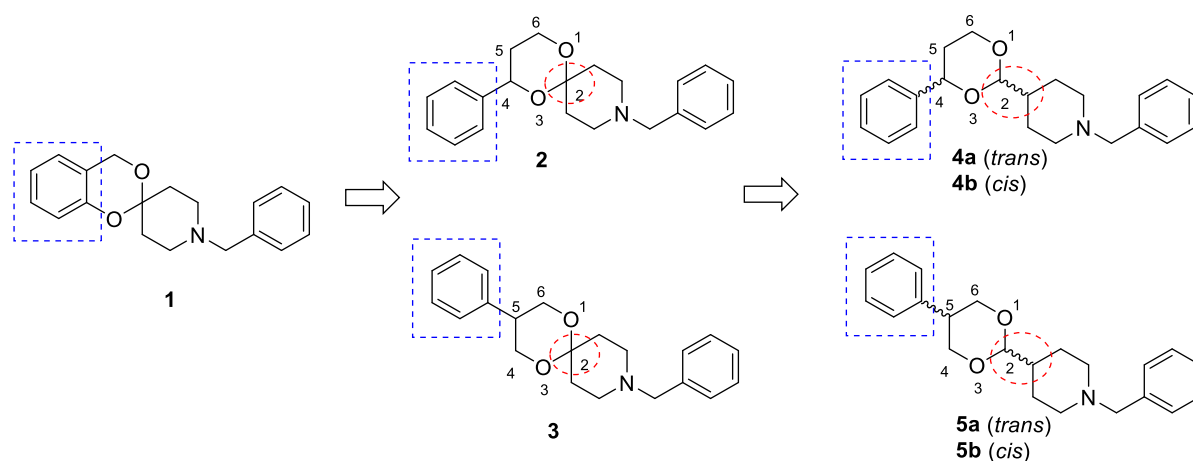
13 Among the analogs of spipethiane, another potent  $\sigma_1$  receptor ligand ( $pK_i = 10.05$ ), endowed with  
14 high  $\sigma_1/\sigma_2$  selectivity (2515), is the 1,3-benzodioxane derivative **1** (Figure 2). Functional assays  
15 performed on MCF-7 and MCF-7/ADR highlighted the  $\sigma_1$  antagonist profile of this compound.<sup>25</sup>

16 With the aim to improve the  $\sigma_1$  receptor affinity and selectivity over  $\sigma_2$  subtype, the conformationally  
17 constrained 1,3-benzodioxane moiety of **1** was replaced by the more flexible 1,3-dioxane nucleus by  
18 benzo-cracking approach.<sup>27</sup> In particular, derivatives **2** and **3**, in which the phenyl substituent is linked  
19 to the positions 4 or 5 of the 1,3-dioxane ring, respectively, were prepared and studied (Figure 2).

20 Moreover, to evaluate the effect of the distance between the two hydrophobic portions that flank the

1 basic function of **2** and **3**, the diastereomers **4a/b** and **5a/b** were also prepared and studied. In these  
2 novel derivatives, the *N*-benzylpiperidine moiety is spaced from the 1,3-dioxane ring (Figure 2),  
3 resulting in a further increase in the conformational flexibility of the molecule. The separation of the  
4 *cis* and *trans* diastereomers of **4** and **5** permitted us to evaluate the role played by the relative  
5 configuration on the  $\sigma_1$  receptor affinity.

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7

8 **Figure 2.** Structures of **2-5**, analogs of the potent  $\sigma_1$  ligand **1**.

9

10 The novel derivatives **2-5** were tested by radioligand binding assays at  $\sigma_1$  and  $\sigma_2$  receptors. Moreover,  
11 to confirm the involvement of the  $\sigma_1$  receptor system in binge-like eating disorder, the aim of this  
12 work was also the evaluation of the most interesting compound **3** in a female rat model of binge  
13 eating. Finally, the affinities of compounds **2** and **3** were also assessed at the PCP site of the NMDA  
14 receptor, opioid receptors and/or dopamine transporter (DAT), all of which playing a role in binge  
15 eating disorders,<sup>28</sup> considering that many  $\sigma_1$  ligands also bind these targets with high affinity.

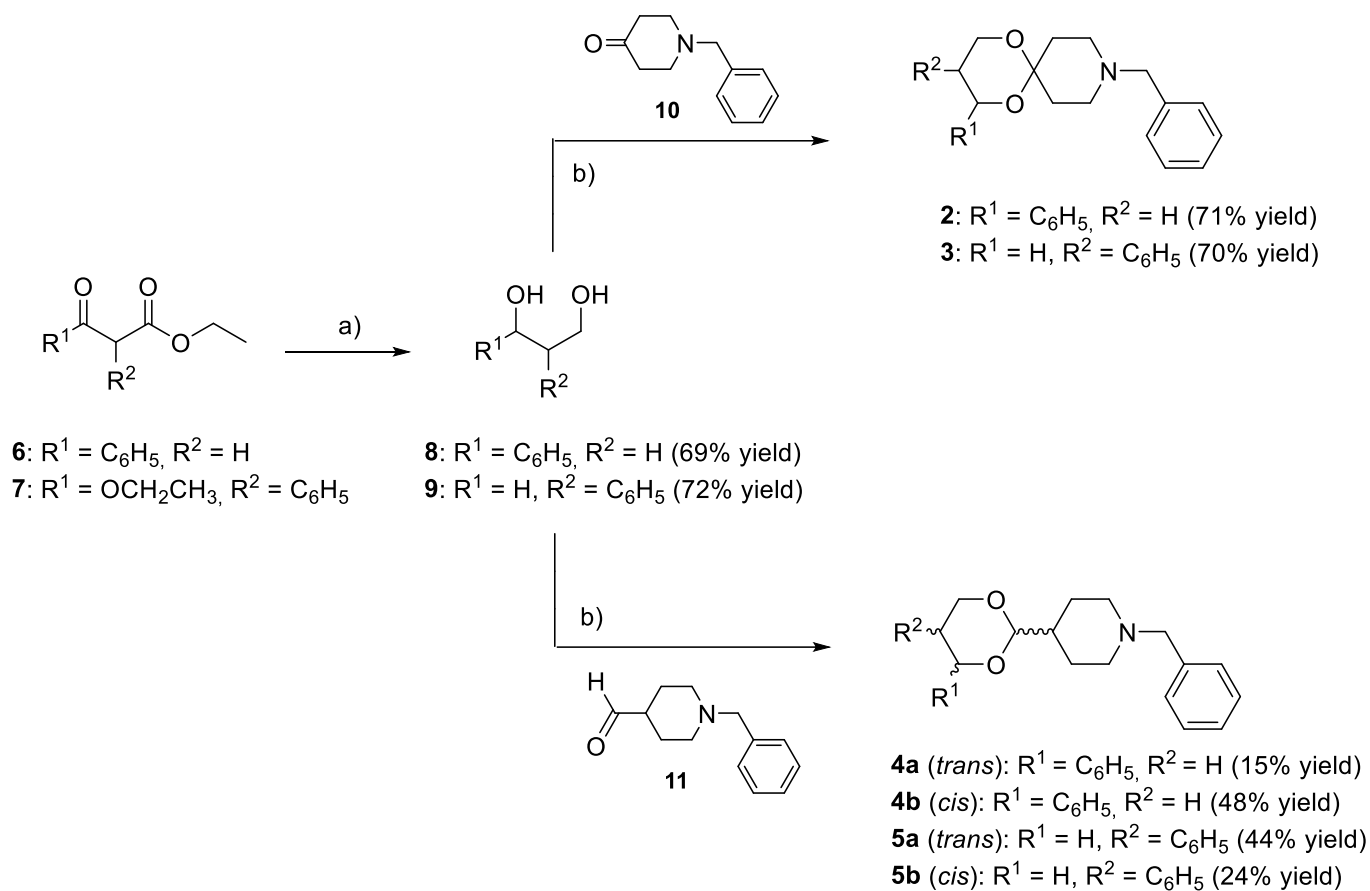
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## 18 **RESULTS AND DISCUSSION**

19 Derivatives **2-5** were synthesized following the synthetic route reported in Scheme 1.

1



2

3 **Scheme 1.** a)  $LiAlH_4$ ,  $Et_2O$ , r.t. for 2 h b) *p*-toluenesulfonic acid, toluene, reflux for 5 h.

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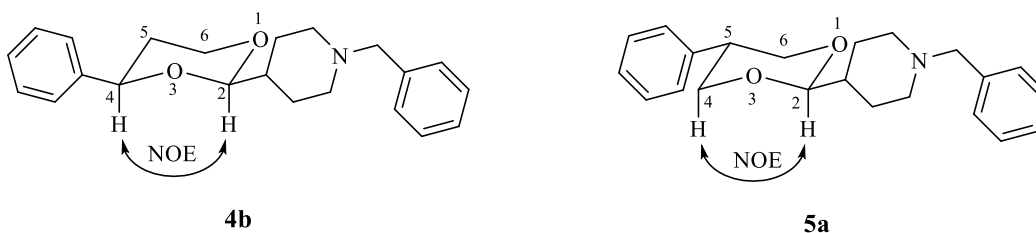
5 The commercially available ethyl 3-oxo-3-phenylpropionate (**6**) and diethyl 2-phenylmalonate (**7**)  
 6 were subjected to a reduction reaction with  $LiAlH_4$  to the corresponding diols **8** and **9**, respectively.

7 The condensation of **8** and **9** with the suitable *N*-benzylpiperidine carbonyl derivatives **10** and **11** in  
 8 presence of *p*-toluenesulfonic acid afforded the desired derivatives **2** and **3** and the mixtures of the  
 9 diastereomers **4a/b** and **5a/b**, respectively. The *cis* and *trans* diastereomers of **4** and **5** were separated  
 10 by flash chromatography.

11 The stereochemical relationship between the *N*-benzylpiperidine moiety in the position 2 and the  
 12 phenyl substituent in the positions 4 or 5 of **4a/b** and **5a/b**, respectively, was determined by  $^1H$  NMR  
 13 analysis (NOESY studies). In particular, an evident NOE was observed between the protons in the  
 14 positions 2 and 4 (4.48 and 4.65 ppm, respectively) of **4b**, highlighting that both the piperidine and

1 phenyl rings in the positions 2 and 4, respectively, are equatorially oriented. Therefore, the  
2 stereochemical relationship between the substituents in the positions 2 and 4 is *cis* in **4b** and,  
3 consequently, *trans* in **4a** (Figure 3). Concerning **5a**, the axial proton in the position 4 ( $\delta$  3.78 ppm)  
4 showed two large coupling constants ( $J = 10.8$  Hz and  $J = 11.3$  Hz), one with the geminal equatorial  
5 proton and the other with the axial proton in the position 5. Consequently, the phenyl ring adopts an  
6 equatorial orientation. Moreover, a clear NOE was observed between the axial protons in the positions  
7 2 and 4 at 4.36 and 3.78 ppm, respectively, evidencing that the *N*-benzylpiperidine moiety also adopts  
8 an equatorial orientation. Therefore, the relative configuration between the substituents in the  
9 positions 2 and 5 is *trans* in **5a** and, consequently, *cis* in **5b** (Figure 3).

10



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13 **Figure 3.** Structure of compounds **4b** and **5a**.

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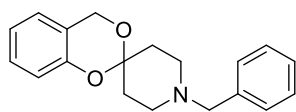
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16 The affinities of compounds **2-5** for  $\sigma_1$  and  $\sigma_2$  receptors were assessed on guinea pig brain and rat  
17 liver membranes, respectively. [ $^3\text{H}$ ]-(+)-pentazocine and [ $^3\text{H}$ ]-di-*o*-tolylguanidine in presence of an  
18 excess of (+)-pentazocine were used as radioligands for  $\sigma_1$  and  $\sigma_2$  receptors, respectively.<sup>29, 30</sup> The  $pK_i$   
19 values are reported in Table 1. The lead compound **1** was included for useful comparison.

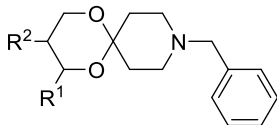
20 Compounds **2** and **3** were also evaluated for their affinity for DAT, the PCP site of the NMDA  
21 receptor as well as  $\mu$ ,  $\kappa$  and  $\delta$  opioid receptor subtypes. The assays were performed with rat striatal  
22 ([ $^3\text{H}$ ]-WIN35,428), pig brain cortex ([ $^3\text{H}$ ]-(+)-MK-801), guinea pig brain ([ $^3\text{H}$ ]-DAMGO), guinea  
23 pig brain ([ $^3\text{H}$ ]-U-69593) and rat brain ([ $^3\text{H}$ ]-DPDPE) membranes for DAT, NMDA,  $\mu$ -,  $\kappa$ - and  $\delta$ -  
opioid receptors, respectively.<sup>29, 31-33</sup> The  $pK_i$  values are shown in Table 1.

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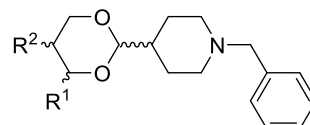
2 **Table 1.** Affinity values ( $pK_i$ )<sup>a</sup> of **1-5** at  $\sigma_1$  and  $\sigma_2$  receptors and of **2** and **3** at DAT, the PCP site of  
 3 the NMDA receptor,  $\mu$ ,  $\kappa$  and  $\delta$  opioid receptor subtypes.



1



2:  $R^1 = C_6H_5$ ,  $R^2 = H$   
 3:  $R^1 = H$ ,  $R^2 = C_6H_5$



4a (*trans*):  $R^1 = C_6H_5$ ,  $R^2 = H$   
 4b (*cis*):  $R^1 = C_6H_5$ ,  $R^2 = H$   
 5a (*trans*):  $R^1 = H$ ,  $R^2 = C_6H_5$   
 5b (*cis*):  $R^1 = H$ ,  $R^2 = C_6H_5$

4

Compd	$pK_i$						
	$\sigma_1$	$\sigma_2$	DAT	NMDA	$\mu$	$\kappa$	$\delta$
<b>1</b>	10.05±0.08	6.65±0.09	-	-	-	-	-
<b>2</b>	11.00±0.07	6.33±0.11	<5	<5	<5	<5	8.60±0.14
<b>3</b>	10.89±0.05	6.09±0.07	5.63±0.09	<5	<5	<5	5.82±0.08
<b>4a</b>	8.43±0.07	6.75±0.10	-	-	-	-	-
<b>4b</b>	9.62±0.15	7.42±0.08	-	-	-	-	-
<b>5a</b>	8.44±0.14	7.25±0.02	-	-	-	-	-
<b>5b</b>	8.31±0.06	6.60±0.10	-	-	-	-	-

5 <sup>a</sup>Equilibrium dissociation constants ( $K_i$ ) were derived from  $IC_{50}$  values using the Cheng-Prusoff equation.<sup>34</sup> The reported  
 6  $pK_i$  values are the mean  $\pm$  S.E.M. of three to five independent experiments, each performed in triplicate, according to the  
 7 methods described in the S.I.

8

9

10 The data reported in Table 1 reveal that the benzo-cracking approach performed on the 1,3-  
 11 benzodioxane derivative **1** is favorable for the binding to  $\sigma_1$  receptor, while causes a slight reduction  
 12 in  $\sigma_2$  receptor affinity, with a consequent increase in  $\sigma_1/\sigma_2$  selectivity. In fact, both compounds **2** and  
 13 **3** display very high affinity for  $\sigma_1$  receptor and a remarkable  $\sigma_1/\sigma_2$  selectivity. Several potent  $\sigma_1$   
 14 ligands belonging to different chemical classes and highly selective over  $\sigma_2$  receptor have been  
 15 discovered.<sup>35</sup> Interestingly, **3** shows an impressive  $\sigma_1/\sigma_2$  selectivity ratio ( $\sigma_1/\sigma_2 = 63096$ ) and, to our  
 16 knowledge, is the most selective  $\sigma_1$  ligand reported so far. A significant reduction in affinity for  $\sigma_1$   
 17 receptor and an increase in those for  $\sigma_2$  are observed when the benzo-cracking approach is combined  
 18 with the further increase in the distance between the two lipophilic moieties of **2** and **3** (compounds  
 19 **4a/b** and **5a/b**, respectively). Consequently, the  $\sigma_1/\sigma_2$  affinity ratios displayed by **4a/b** and **5a/b** are



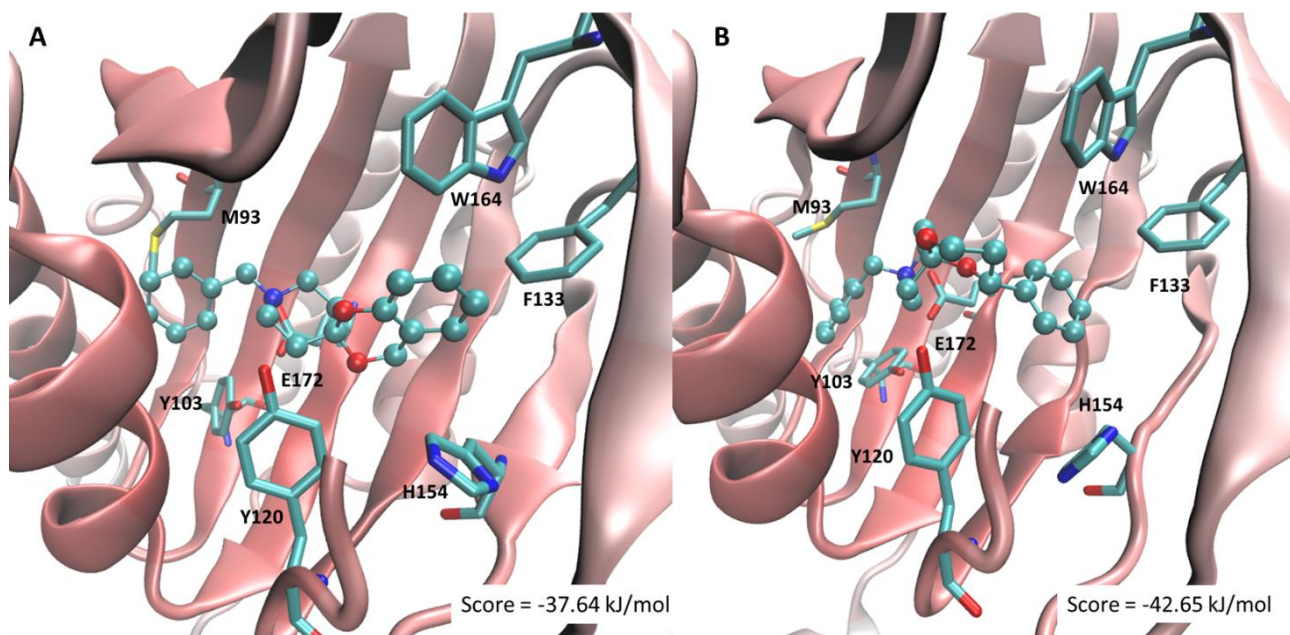
1 significantly lower than those of **2** and **3**. Probably, the increase in the conformational freedom and  
2 in the distance between the two lipophilic portions is detrimental for the optimal interaction with  $\sigma_1$   
3 receptor. Stereochemistry appears to play a role in the binding to the  $\sigma_1$  receptor when the phenyl ring  
4 is in the position 4 of the 1,3-dioxane nucleus, with the *cis* isomer **4b** showing an affinity value  
5 significantly higher than that of the *trans* diastereomer **4a**. On the contrary, the *trans* and *cis* 5-phenyl  
6 diastereomers **5a** and **5b** show similar affinity values.

7 From the results obtained with the off-targets it emerges that ligand **2** shows negligible affinity for  
8 DAT, NMDA,  $\mu$  and  $\kappa$  opioid receptors, and high affinity for  $\delta$  subtype ( $pK_i = 8.60$ ), although it is  
9 251-fold lower than that for  $\sigma_1$ . Interestingly, compound **3**, which also binds  $\delta$  receptor with sub-  
10 micromolar affinity, displays a remarkable selectivity for  $\sigma_1$  receptor over all the evaluated targets  
11 ( $\sigma_1/\text{DAT} = 181970$ ,  $\sigma_1/\text{NMDA} > 776247$ ,  $\sigma_1/\mu > 776247$ ,  $\sigma_1/\kappa > 776247$ ,  $\sigma_1/\delta = 117490$ ). The binding  
12 profile of **3** is noticeable, given that many potent  $\sigma_1$  ligands also bind to DAT, NMDA and/or opioid  
13 receptors with high affinity.<sup>1, 36, 37</sup>

14 To rationalize the affinity profiles of the proposed ligands at the  $\sigma_1$  receptor, docking simulations  
15 were performed based on the resolved  $\sigma_1$  structure (PDB Id: 5HK1) using the PLANTS software and  
16 following the same recently reported computational protocol.<sup>26</sup> As discussed below, the complex  
17 stability is evaluated by calculating the APBS score which is focused on the polar interactions.<sup>38</sup>  
18 Figure 4 compares the computed putative poses for **1** (Figure 4A) and **2** (Figure 4B) and reveals some  
19 differences which can justify the increase of affinity observed for the latter.

20

21



1

2 **Figure 4.** Main interactions stabilizing the putative complexes for **1** (A) e *(R)*-**2** (B) as computed  
 3 using the resolved  $\sigma_1$  receptor structure. The reported scores are calculated by using the APBS  
 4 method.

5

6

7 In detail, Figure 4A highlights the key interactions stabilized by **1** which can be schematized as  
 8 follows: (a) the ligand ammonium head stabilizes a clear ion-pair with Glu172 reinforced by a H-  
 9 bond with Tyr103; (b) the benzyl moiety is inserted within a hydrophobic subpocket where it mostly  
 10 contacts alkyl side-chains plus  $\pi$ - $\pi$  stacking with Tyr103 and a  $\pi$ -Sulfur contact with Met93; (c) the  
 11 benzodioxane system is accommodated within a subpocket lined by several aromatic residues while  
 12 the O1 oxygen atom is engaged by a H-bond with Tyr120. The enantiomers of **2** afford very similar  
 13 putative complexes and attention is here focused on the complex for *(R)*-**2** since it shows a slightly  
 14 better APBS score compared to *(S)*-**2** (-42.56 vs. -41.38 kJ/mol). Specifically, Figure 4B emphasizes  
 15 that *(R)*-**2** elicits an interaction pattern very similar to that already seen in Figure 4A, even though  
 16 some key interactions appear to be enhanced when compared to those elicited by **1**. This positive  
 17 effect can be seen in the contacts stabilized by: (a) the benzyl moiety which elicits an optimized  $\pi$ - $\pi$   
 18 stacking with Tyr103; (b) the dioxane oxygen atoms which better approach Tyr120 and (c) the phenyl  
 19 ring which is engaged by an extended set of  $\pi$ - $\pi$  stacking interactions with Phe107, Phe133, His154

1 and Trp164. These reinforced contacts are reflected into better complex stability as encoded by the  
2 scores displayed in Figure 4A. As also confirmed by APBS score (-38.91 kJ/mol), compound **3** yields  
3 an in-between docking result, with the two aromatic rings being engaged by enhanced contacts, while  
4 the dioxane ring is unable to conveniently approach Tyr120, as seen in Figure 4B. Finally, the  
5 compounds **4** and **5** reveal computed poses rather similar to those observed for the previous ligands,  
6 even though the free dioxane ring assumes a rather different arrangement which hampers its  
7 interactions with Tyr120. The lack of this contact induces flipped poses of the most hindered ligands  
8 by which the dioxane ring approaches Tyr103.

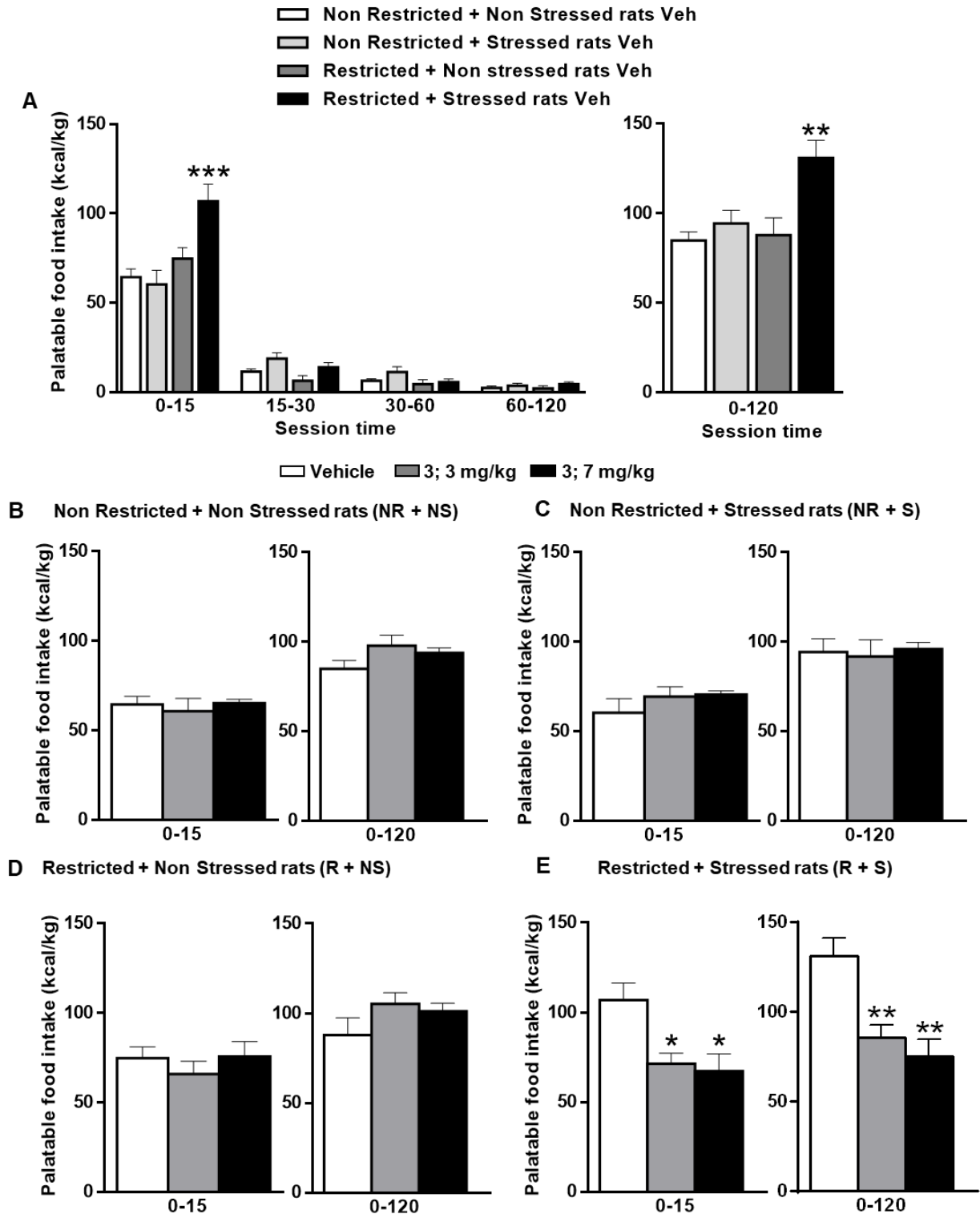
9 Considering its intriguing  $\sigma_1$  affinity and selectivity profile, compound **3** was selected for the *in vivo*  
10 study, using a validated preclinical animal model of binge eating, to further investigate the function  
11 of  $\sigma_1$  receptor system on compulsive-like eating disorder. Female rats were used in relation to the  
12 higher prevalence of binge eating disorder and bulimia nervosa in women than in men.<sup>39</sup> In the binge  
13 eating model,<sup>40-42</sup> female rats were randomly separated into four groups: non restricted and not  
14 exposed to stress group (NR + NS); non restricted and exposed to stress group (NR + S); restricted  
15 and not exposed to stress group (R + NS); restricted and exposed to stress group (R + S). The  
16 association of three consecutive food restriction/refeeding periods and acute stress is able to trigger a  
17 strong increase of highly palatable food (HPF) consumption only in R + S rats in a short period of  
18 time (120 min). Stress is induced by placing a coffee cup containing HPF for 15 min, letting the  
19 animal see the cup and smell HPF odor, without the possibility to eat it. Thus, on the binge test day,  
20 NR + NS and R + NS had immediate access to HPF for 120 min, whereas NR + S and R + S had free  
21 access to it only after 15 min of stress. This stressful condition, although mild, has already shown to  
22 enhance the corticosterone blood level in stressed rats.<sup>43-46</sup> In line with our previous studies,<sup>47, 48</sup> the  
23 ANOVA in the vehicle groups revealed a marked interaction among the three factors (food restriction  
24 x stress x sessions time) [ $F_{\text{interaction}}(3,72) = 4.8$ ;  $P < 0.01$ ]. Bonferroni post hoc test revealed a  
25 significant ( $P < 0.01$ ) increase in HPF consumption in the first 15 min in the R + S group (binging  
26 group), compared to the other three groups. On the other hand, during the time of the other sessions

1 (15–30; 30-60; 60-120 min) no change in HPF intake was observed among all groups (Figure 5, left  
2 panel). At the end of the binge eating test (120 min) one-way ANOVA showed a two-way interaction  
3 (food restriction x stress) [ $F_{\text{interaction}}(1,24) = 4.3; P < 0.05$ ] and the post hoc analyses ( $P < 0.01$ )  
4 revealed that only R + S rats significantly enhanced HPF eating with respect to the other rats (Figure  
5 5, right panel). Thus, the stress exposure induced binge-like behavior only in previously restricted  
6 rats, which consumed a large amount of HPF within 15 min and no compensatory changes during the  
7 remaining 15–120 min were detected.

8 Acute intraperitoneal (i.p.) injection of **3**, 30 min before giving access to HPF, selectively blocked  
9 the episode of binge eating in a dose-dependent manner in the R + S group, without affecting  
10 consumption in the other experimental groups during 120 min of observation (Figure 5B-E).

11 Specifically in R + S rats, ANOVA reported a significant effect of treatment at 0–15 min [ $F(2,20) =$   
12  $6.7; P < 0.05$ ] and in 0–120 min [ $F(2,20) = 10.9; P < 0.01$ ]. Post hoc analyses indicated that both used  
13 dosages (3 or 7 mg/kg) significantly decreased HPF consumption in R + S at each time point as  
14 indicated in Figure 5E.

15



1

2 **Figure 5.** Administration of **3** blocked the episode of binge eating. **A.** HPF intake shown in kcal/kg  
 3 at different sessions time (0-15, 15-30, 30-60, 60-120 min; left) and at 120 min (right) in the vehicle  
 4 (veh) injected rats. \*\* $P < 0.01$ ; \*\*\* $P < 0.001$  different from the other three groups. **B.** HPF eating  
 5 (kcal/kg) after 15 min (left) or 120 min (right) to free access to cup containing chocolate paste in veh  
 6 or treated rats: NR + NS (**B**, Non Restricted + Non Stressed), NR + S (**C**, Non Restricted + Stressed),  
 7 R + NS (**D**, Restricted + Non Stressed), R + S (**E**, Restricted + Stressed) groups. \* $P < 0.05$ ; \*\*\* $P <$   
 8  $0.01$  vs R + S veh. Data are expressed as mean  $\pm$  SEM. N = 6-8 per group.

1 In addition, to assess if the systemic injection of **3** may influence different aspects of animal behavior  
 2 in the control or binging group, the open field (OF) and forced swimming tests (FST) were performed.  
 3 The OF test is a validated test, commonly used for evaluating locomotor activity and anxiety-like  
 4 behavior in rodents in an unfamiliar environment,<sup>49</sup> while FST is a suitable tool for evaluating a  
 5 depressed state.<sup>50</sup> The administration of **3** showed to not affect any measured behavioral parameters  
 6 in these present tests. In fact, analyzing the locomotor activity in the entire OF arena, ANOVA  
 7 showed a significant effect of restriction and stress conditions [ $F_{\text{restriction}} (1,48) = 7.9; P < 0.01; F_{\text{stress}}$   
 8  $(1,48) = 30.9; P < 0.001]$  and no effect of the treatment with **3** [ $F_{\text{treatment}} (1,48) = 0.6; P > 0.05]$ . R +  
 9 S veh and R + S **3** (7 mg/kg) showed the highest distance travelled compared to the other groups  
 10 (Table 2).

11

12 **Table 2.** Behavioral parameters in female rats performing the open field and forced swimming tests

OPEN FIELD TEST								
Parameters	NR + NS		NR + S		R + NS		R + S	
	Veh	<b>3</b> (7 mg/kg)	Veh	<b>3</b> (7 mg/kg)	Veh	<b>3</b> (7 mg/kg)	Veh	<b>3</b> (7 mg/kg)
Tot. dist. trav. (cm)	2305.3±357.3	2492.3±225.3	3602.9±269.3	3467.2±411.8	2626.2±242.5	3132.4±331.6	4335.9±419.3*	4461.5±346.3*
Tot. vert. counts	99±4	93.7±5	123.9±6.1	125.9±5.4	87±3.3	94.3±6.6	131.7±4.3	126.6±4.5
Jump counts	104.6±4.8	113±17.1	137.1±2.1	152±32.5	97.7±6.3	119.5±9.1	172±20.6	170.4±19
Stereot. counts	2367.1±116.9	2500.3±89.3	2477.4±161.4	2270.4±137.5	2030.5±280.8	2516.7±79.2	2305.1±79.7	2401±119.6
Cent. dist. trav. (cm)	101.2±25.6	112.7±7.1	140.3±30.1	148.1±13.1	84.3±17.1	96.4±6	179.9±24.8	177.5±37.5
Cent. zone entries	26.4±4.6	28.1±2.7	34.5±4.1	34±6.8	18.7±2.8	22.5±2.1	50.4±2.4	47.2±10
FORCED SWIMMING TEST								
Parameters	NR + NS		NR + S		R + NS		R + S	
	Veh	<b>3</b> (7 mg/kg)	Veh	<b>3</b> (7 mg/kg)	Veh	<b>3</b> (7 mg/kg)	Veh	<b>3</b> (7 mg/kg)
Immobility time (s)	100.4±12.94	106.7±11.2	92.9±13.5	111.1±11.2	99.6±10.4	94.8±9.2	158.6±10*	163.5±22.5*

13 In the entire open field arena: Tot. dist. trav. (cm): total distance travelled; Tot. vert. counts: total vertical counts; Jump  
 14 counts; Stereot. counts: stereotypic counts. In the central zone of the open field box: Cent. dist. trav. (cm): distance  
 15 travelled in the center; Cent. zone entries: number of entrances in the central zone. Data are the mean ± SEM. \*p < 0.05  
 16 vs the other groups. N = 6-8 per group.

17

18

19 Regarding the other parameters, jump and total vertical counts were significantly affected only by  
 20 stress [ $F_{\text{stress}} (1,48) = 11.9; P < 0.01]$  and [ $F_{\text{stress}} (1,48) = 86.7; P < 0.001]$ , respectively, but not by

1 restriction or treatment conditions. As shown in Table 2, the stress procedure appeared to increase  
2 the general arousal and this effect was confirmed by the significant gain in vehicle or treated stressed  
3 rats (NR + S and R + S) on distance travelled in the central zone [ $F_{\text{stress}}(1,48) = 19.7; P < 0.001$ ] and  
4 on zone entries [ $F_{\text{stress}}(1,48) = 39.2; P < 0.001$ ] into the central zone. In particular, the latest finding  
5 also suggested that stress does not influence anxiety-like behavior in stressed rats. Notably, the  
6 reduction of distance travelled or low numbers of entries into the central zone of the OF, marked an  
7 increased emotionality and anxiety in rodents.<sup>51</sup>

8 Finally, no difference in stereotypic counts was found among the groups [ $F_{\text{restriction}}(1,48) = 0.7; P >$   
9  $0.05; F_{\text{stress}}(1,48) = 0.02; P > 0.05; F_{\text{treatment}}(1,48) = 1.6; P > 0.05$ ].

10 In addition, using the FST, ANOVA revealed that the immobility time was significantly impacted by  
11 restriction [ $F_{\text{restriction}}(1,49) = 8.2; P < 0.01$ ], stress [ $F_{\text{stress}}(1,49) = 11.5; P < 0.01$ ] and by the interaction  
12 between these two factors [ $F_{\text{interaction}}(1,49) = 12.7, P < 0.01$ ], while compound **3** [ $F_{\text{treatment}}(1,48) =$   
13  $1.6; P > 0.05$ ] did not change the swimming/floating behavior.

14 Post hoc test exhibited a significantly longer immobility time in vehicle or treated R + S rats compared  
15 with the other groups, revealing that the cycle of food restriction plus stress may increase depression-  
16 like behaviors in female rats.

17 In summary the stressed rats, particularly R + S, showed an increase of spontaneous locomotor and  
18 exploratory activity, including the central zone of OF test and the vehicle binging rats revealed the  
19 longest immobility time in FST. In this context, **3** pretreatment did not impact the anxiety and  
20 depression-like behaviors in the control groups (NR + NS or NR + S or R + NS) and did not alter the  
21 emotional state detected in the binging rats.

22

## 23 CONCLUSIONS

24 The replacement of the conformationally constrained 1,3-benzodioxane structure of **1** with the more  
25 flexible 1,3-dioxane ring by benzo-cracking approach led to derivatives **2** and **3**, which show very  
26 high affinity for  $\sigma_1$  receptor and a remarkable selectivity over  $\sigma_2$  subtype. Docking studies rationalized

1 the affinity profiles of the proposed ligands on the  $\sigma_1$  receptor and gave useful information about the  
2 binding mode of this class of compounds. Showing significant affinity also for  $\delta$  opioid subtype, **2**  
3 might be considered a dual  $\sigma_1/\delta$  receptor ligand. Interestingly, compound **3** displays an uncommon  
4 selectivity for  $\sigma_1$  receptor over all the other evaluated targets. In *in vivo* studies, it was able to  
5 counteract the overeating of HPF only in bingeing-rats, without affecting HPF intake in the control  
6 group and anxiety-like and depression-related behaviors in female rats. These findings reinforce the  
7 potential use of  $\sigma_1$  receptor antagonism to selectively block compulsive eating in bingeing rats,  
8 suggesting  $\sigma_1$  receptor antagonists as promising candidates to treat binge episode, and are noteworthy,  
9 considering that, at present, the treatment approaches to manage pathological feeding behavior are  
10 limited.

11

## 12 **METHODS**

### 13 **Chemistry**

#### 14 *General*

15 Instruments used for the synthesis and characterization of compounds **2-9** are reported in the  
16 Supporting Information.

#### 17 *9-Benzyl-2-phenyl-1,5-dioxo-9-azaspiro[5.5]undecane (2)*

18 A mixture of **8** (1.7 g, 11.16 mmol), **10** (2.11 g, 11.16 mmol) and p-toluenesulfonic acid (0.85 g, 4.85)  
19 in toluene (50 mL) was heated at reflux for 5 h. After the mixture was cooled, water was added. The  
20 aqueous phase was basified with 2N NaOH and extracted three times with  $\text{CHCl}_3$ . The organic phase  
21 was dried ( $\text{Na}_2\text{SO}_4$ ) and evaporated. The residue was purified by flash chromatography. Eluting with  
22 cyclohexane/EtOAc (7:3) afforded an oil (71% yield).  $^1\text{H}$  NMR ( $\text{CDCl}_3$ )  $\delta$  1.61-2.60 (m, 10H,  $\text{CH}_2$   
23 and piperidine), 3.51 (s, 2H,  $\text{NCH}_2\text{Ar}$ ) 3.90 (m, 1H,  $\text{CH}_2\text{O}$ ), 4.13 (m, 1H,  $\text{CH}_2\text{O}$ ), 4.98 (dd, 1H,  
24  $\text{ArCHO}$ ), 7.21-7.42 (m, 10H,  $\text{ArH}$ ). ESI/MS:  $m/z$  324.2 [ $\text{M} + \text{H}$ ] $^+$ . The free base was transformed  
25 into the oxalate salt that was crystallized from EtOH: mp 202-204 °C. Anal. Calcd for  
26  $\text{C}_{21}\text{H}_{25}\text{NO}_2 \cdot \text{H}_2\text{C}_2\text{O}_4$ : C, 66.81%; H, 6.58%; N, 3.39%. Found: C, 67.05%; H, 6.42%; N, 3.50%.



1 **9-Benzyl-3-phenyl-1,5-dioxo-9-azaspiro[5.5]undecane (3)**

2 This compound was synthesized from **9** and **10** according to the procedure described for **2**: an oil was  
3 obtained (70% yield). <sup>1</sup>H NMR (CDCl<sub>3</sub>) δ 1.82 (m, 2H, piperidine), 2.18 (m, 2H, piperidine), 2.50  
4 (m, 4H, piperidine), 3.18 (m, 1H, CHAr), 3.53 (s, 2H, NCH<sub>2</sub>Ar) 3.99 (m, 4H, 2 x CH<sub>2</sub>O), 7.21-7.39  
5 (m, 10H, ArH). ESI/MS: m/z 324.2 [M + H]<sup>+</sup>. The free base was transformed into the oxalate salt that  
6 was crystallized from EtOH: mp 211-212 °C. Anal. Calcd for C<sub>21</sub>H<sub>25</sub>NO<sub>2</sub>·H<sub>2</sub>C<sub>2</sub>O<sub>4</sub>: C, 66.81%; H,  
7 6.58%; N, 3.39%. Found: C, 66.59%; H, 6.40%; N, 3.19%.

8 **1-Benzyl-4-(4-phenyl-1,3-dioxan-2-yl)piperidine (4)**

9 This compound was synthesized from **8** and **11** according to the procedure described for **2**, to give a  
10 mixture of the diastereomers **4a** and **4b**, that were separated by flash chromatography, eluting with  
11 cyclohexane/EtOAc (95:5).

12 The isomer **4a** eluted first as an oil (15% yield). <sup>1</sup>H NMR (CDCl<sub>3</sub>) δ 1.28-2.42 (m, 9H, piperidine),  
13 2.94 (m, 2H, piperidine), 3.49 (s, 2H, NCH<sub>2</sub>Ar), 3.92 (m, 1H, CH<sub>2</sub>O), 4.16 (m, 1H, CH<sub>2</sub>O), 4.42 (d,  
14 1H, *J* = 6.5 Hz, OCHO), 5.19 (m, 1H, ArCHO), 7.20-7.42 (m, 10H, ArH). ESI/MS: m/z 338.2 [M +  
15 H]<sup>+</sup>. The free base was transformed into the oxalate salt that was crystallized from 2-PrOH: mp 101-  
16 102 °C. Anal. Calcd for C<sub>22</sub>H<sub>27</sub>NO<sub>2</sub>·H<sub>2</sub>C<sub>2</sub>O<sub>4</sub>: C, 67.43%; H, 6.84%; N, 3.28%. Found: C, 67.27%, H,  
17 6.96%; N, 3.50%.

18 The second fraction was the isomer **4b** (48% yield). <sup>1</sup>H NMR (CDCl<sub>3</sub>) δ 1.19-1.94 (m, 9H,  
19 piperidine), 2.92 (m, 2H, piperidine), 3.50 (s, 2H, NCH<sub>2</sub>Ar), 3.89 (m, 1H, CH<sub>2</sub>O), 4.20 (m, 1H,  
20 CH<sub>2</sub>O), 4.48 (d, 1H, *J* = 5.6 Hz, OCHO), 4.65 (dd, 1H, *J* = 11.3, 2.3 Hz, ArCHO), 7.20-7.42 (m, 10H,  
21 ArH). ESI/MS: m/z 338.2 [M + H]<sup>+</sup>. The free base was transformed into the oxalate salt that was  
22 crystallized from EtOH: mp 161-162 °C. Anal. Calcd for C<sub>22</sub>H<sub>27</sub>NO<sub>2</sub>·H<sub>2</sub>C<sub>2</sub>O<sub>4</sub>: C, 67.43%; H, 6.84%;  
23 N, 3.28%. Found: C, 67.70%, H, 6.98%; N, 3.05%.

24 **1-Benzyl-4-(5-phenyl-1,3-dioxan-2-yl)piperidine (5)**

1 This compound was synthesized from **9** and **11** according to the procedure described for **2**, to give a  
2 mixture of the diastereomers **5a** and **5b**, that were separated by flash chromatography eluting with  
3 cyclohexane/EtOAc (95:5).

4 The isomer **5a** eluted first as an oil (44% yield). <sup>1</sup>H NMR (CDCl<sub>3</sub>) δ 1.40-1.98 (m, 7H, piperidine),  
5 2.88 (m, 2H, piperidine), 3.18 (m, 1H, CHAr), 3.50 (s, 2H, NCH<sub>2</sub>Ar) 3.78 (dd, 1H, *J* = 11.3, 10.8 Hz,  
6 CH<sub>2</sub>O), 4.17 (dd, 1H, *J* = 11.3, 4.5 Hz, CH<sub>2</sub>O), 4.36 (d, 1H, *J* = 4.9 Hz, OCHO), 7.12-7.38 (m, 10H,  
7 ArH). ESI/MS: *m/z* 338.2 [M + H]<sup>+</sup>. The free base was transformed into the oxalate salt that was  
8 crystallized from 2-PrOH: mp 158-160 °C. Anal. Calcd for C<sub>22</sub>H<sub>27</sub>NO<sub>2</sub>·H<sub>2</sub>C<sub>2</sub>O<sub>4</sub>: C, 67.43%; H,  
9 6.84%; N, 3.28%. Found: C, 67.55%, H, 6.70%; N, 3.48%.

10 The second fraction was the isomer **5b** (24% yield). 1.42-1.97 (m, 7H, piperidine), 2.61 (m, 1H,  
11 CHAr), 2.92 (m, 2H, piperidine), 3.50 (s, 2H, NCH<sub>2</sub>Ar) 4.18 (m, 4H, 2 x CH<sub>2</sub>O), 4.42 (d, 1H, *J* = 5.2  
12 Hz, OCHO), 7.18-7.59 (m, 10H, ArH). ESI/MS: *m/z* 338.2 [M + H]<sup>+</sup>. The free base was transformed  
13 into the oxalate salt that was crystallized from 2-PrOH: mp 111-112 °C. Anal. Calcd for  
14 C<sub>22</sub>H<sub>27</sub>NO<sub>2</sub>·H<sub>2</sub>C<sub>2</sub>O<sub>4</sub>: C, 67.43%; H, 6.84%; N, 3.28%. Found: C, 67.61%, H, 6.97%; N, 3.41%.

#### 15 ***1-Phenylpropane-1,3-diol (8)***

16 A solution of **6** (Aldrich) (1 g, 4.23 mmol) in dry Et<sub>2</sub>O (3 mL) was added dropwise to a suspension  
17 of LiAlH<sub>4</sub> (0.17 g, 4.5 mmol) in dry Et<sub>2</sub>O (5 mL) at 0° C under a nitrogen atmosphere. The mixture  
18 was stirred for 2 h at room temperature, then it was poured onto ice and 2.5 M NaOH (12.65 mL) was  
19 added. After the precipitate was filtered off over Celite, the organic phase was dried (Na<sub>2</sub>SO<sub>4</sub>). The  
20 evaporation of the solvent afforded a residue that was purified by flash chromatography. Eluting with  
21 cyclohexane/EtOAc (75:25) gave an oil (69% yield). <sup>1</sup>H NMR (CDCl<sub>3</sub>) δ 1.86 (m, 2H, CH<sub>2</sub>), 3.24 (br  
22 s, 2H, exchangeable with D<sub>2</sub>O, 2 x OH), 3.79 (m, 2H, CH<sub>2</sub>O), 4.88 (dd, 1H, CHO), 7.25-7.36 (m, 5H,  
23 ArH).

#### 24 ***2-Phenylpropane-1,3-diol (9)***

1 This compound was synthesized from **7** (Aldrich) according to the procedure described for **8**: a white  
2 solid was obtained (72% yield). M.p. 49-50 °C. <sup>1</sup>H NMR (CDCl<sub>3</sub>) δ 1.95 (br s, 2H, exchangeable  
3 with D<sub>2</sub>O, 2 x OH), 3.08 (m, 1H, CHAr), 3.96-4.03 (m, 4H, 2 x CH<sub>2</sub>O), 7.34-7.47 (m, 5H, ArH).

#### 4 5 **Radioligand binding studies**

6 The experimental details of the binding studies at σ<sub>1</sub>, σ<sub>2</sub>, NMDA, opioid receptors and DAT are  
7 reported in the Supporting Information.

#### 8 9 ***In vivo* studies**

10 Female Sprague-Dawley rats (Charles River, Italy), fifty two days old were submitted to the binge  
11 eating protocol as described in previous works<sup>52</sup> and in the Supporting information.

12 OF test was performed to evaluate locomotor activity, exploration, and anxiety-like behavior in  
13 rodents as described in previous studies.<sup>53, 54</sup> FST is a validated tool, previously described<sup>50</sup> to assess  
14 the depression-like behavior in rodents.

15 Compound **3** was dissolved in 5% solution of DMSO in distilled water and administered i.p. (2 ml /  
16 kg) at 3 or 7 mg / kg doses. On feeding test, **3** or the vehicle were injected 30 min before allowing  
17 access to HPF. For more detailed information see the Supporting Information.

18 All rats in the estrous phase were excluded from the results, since binge eating episodes did not occur  
19 during this stage in female rats in the same animal model.<sup>55-57</sup>

#### 20 21 **ASSOCIATED CONTENT**

##### 22 **Supporting Information**

23 The Supporting Information is available free of charge on the ACS Publications website at  
24 <http://pubs.acs.org>.

25 Instruments used for the synthesis and characterization of compounds **2-9**, experimental details of the  
26 binding studies at σ<sub>1</sub>, σ<sub>2</sub>, NMDA, opioid receptors and DAT and binge eating experimental procedure.

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6 F.D.B., G.G., P.P., A.P. and W.Q. designed, synthesized and characterized the new compounds. They  
7 wrote the associated chemical sections. A.B., B.W. and D.S. performed the binding experiments. G.V.  
8 performed the docking experiments. L.B., C.C., E.M.D.B. and M.V.M.D.B. performed the *in vivo*  
9 experiments and described the relative results and discussion. C.C., F.D.B., M.V.M.D.B. and W.Q.  
10 drafted the main text of the manuscript. All authors critically read and approved the final version of  
11 the manuscript.

12 **Notes**

13 The authors declare no competing financial interest.

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18 **ABBREVIATIONS USED**

19 PCP, phencyclidine; NMDA, *N*-methyl-D-aspartate; DAT, dopamine transporter; HPF, highly  
20 palatable food; i.p., intraperitoneal; veh, vehicle.

21

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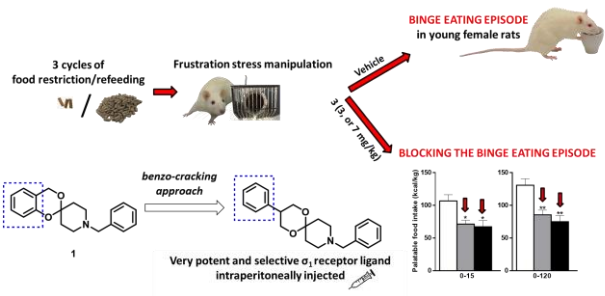
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# 1 Graphical Table of Contents



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