

Advanced ultrasound techniques in small animal reproduction imaging

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Abstract

Ultrasonography is the imaging technology of choice for the evaluation of the reproduction system and of pregnancy in both humans and animals. Over the past 10 years, there have been significant technological improvements of the equipment, while new technologies have been developed. Doppler, contrast-enhanced ultrasonography, elastography, and 3D/4D ultrasonography are advanced ultrasound techniques that have been designed as methods to increase the diagnostic sensitivity of two-dimensional (b-mode) ultrasound, and not as stand-alone tests. The basic physics as well as the advantages and limitations of these advanced ultrasound methods are briefly described. In the reproductive diagnostics of small animals, these techniques have gained an increased popularity as proved by the increased publication of several reports that are also briefly summarized in this review. Clinical applicability is to date limited because of a lack of research on the diagnostic value in concrete situations. Future research projects should focus also on standardization of the used techniques, on determination of thresholds to discriminate between healthy or diseases or fertile versus infertile and on the predictive value of advanced ultrasound findings. Continuing development and optimization of different ultrasound techniques as well as the increase of related scientific interest and worldwide research promises that the clinical interest on the use of advanced ultrasound techniques will increase in future.

KEYWORDS

3D/4D, CEUS, contrast-enhanced ultrasonography, Doppler, elastography, ultrasound

1 | INTRODUCTION

Ultrasonography is the imaging technology of choice for the evaluation of the reproduction system and pregnancy in both humans and animals. Today, ultrasound equipments are smaller, cheaper, and much more efficient. These upgrades, along with image digitization, have pushed ultrasound into the point-of-care setting. The most recent advances of different ultrasound techniques and their potential use in reproduction imaging of small animals are described in this review.

2 | DOPPLER

The Doppler effect describes a change in the wavelength of energy transmitted as sound waves as a result of motion of their source or their receiver. The most commonly used indices to describe the waveform of the spectral Doppler are resistance index (RI): $RI = (S-D)/S$, systolic/diastolic (S/D) ratio: S/D and pulsatility index (PI): $(S-D)/A$ (S = systolic velocity, D = diastolic velocity, A = mean velocity, during 1 cardiac cycle; Evans & McDicken, 2000; Pozniak & Allan, 2014).

In small animal reproduction, Doppler ultrasonography has gained an increased popularity. Doppler study of canine maternal and foetal vessels and their changes during pregnancy has been described by Nautrup, 1998 and by Di Salvo, Bocci, Zelli, & Polisca, 2006. Doppler in canine pregnancy was first reviewed by Blanco, Arias, & Gobello, 2008. The cardiovascular system of the bitch and foetal blood flow during normal and abnormal pregnancy were also evaluated by Blanco and co-workers (Blanco et al., 2009; Blanco, Batista, Gómez, Arias, & Gobello, 2012; Blanco, Rodríguez, et al., 2011; Blanco, Tórtora, Rodríguez, Arias, & Gobello, 2011). Doppler characteristics of the middle cerebral artery in canine foetuses were published in 2013 (Feliciano et al., 2013). Recently, the reference range of gestational uterine artery resistance index in small canine breeds was published (Batista et al., 2018).

In the cat, the development of uteroplacental and foetal feline circulation with Doppler was recorded by Pereira et al. (2012). Doppler parameters of uterine, umbilical, and foetal vessels during normal gestation were studied in 2014 (Blanco et al., 2014), and more recently, it has been shown that blood flow of the uterine and umbilical arteries differed between normal and abnormal gestations predicting an adverse obstetric outcome. These differences appeared earlier, before clinical symptoms or other abnormal ultrasonographic findings (Blanco et al., 2016). Doppler studies of the utero-placental arterial vessels in pregnant rabbits as well as changes of the umbilical cord, aorta, and caudal vena cava of foetuses have also been described (Polisca, Scotti, Orlandi, Brecchia, & Boiti, 2009).

In canine and feline pregnancy, heart rate has been considered an excellent indicator to monitor foetal hypoxia and complications related to growth restriction due to placental insufficiency, from 23 to 25 days after the LH surge until parturition (Gil, Garcia, Giannico, & Froes, 2014; Yeager & Concannon, 1990; Zone & Wanke, 2001). Normal foetal heart rate has been reported to be 180–220 bpm (Peterson & Kutzler, 2011), whereas maternal heart rate ranges between 70 and 120 bpm (Lucio, Silva, Rodrigues, Veiga, & Vannucchi, 2009). Spectral Doppler is a very accurate method to estimate foetal heart rate and is widely used in clinical practice (Vestegen, Silvia, Onclin, & Donnay, 1993; Zone & Wanke, 2001). Maternal heart rate, foetal heart rate and their ratio were monitored with Doppler in uncomplicated pregnancies as parameters for the evaluation of foetal well-being (Alonge, Mauri, Faustini, & Luvoni, 2016). Evaluation of Doppler parameters of the umbilical artery and the uterine artery has been also used to assess foetal viability and late gestational foetal distress (Giannico, Gil, Garcia, & Froes, 2015; Miranda & Domingues, 2010) and to predict delivery time in the bitch. Resistance index of the umbilical artery declined before parturition, while in cases of foetal distress, this decrease was followed by an increase beginning 12 hr before c-section (Giannico, Garcia, Gil, Sousa, & Froes, 2016; Giannico et al., 2015). Doppler allowed early detection of hemodynamic changes in conceptuses with abnormalities, as changes in the flow of uteroplacental and umbilical arteries were observed before B-mode findings (Freitas, Mota, Silva, Carvalho, & Silva, 2016).

During normal canine puerperium, uterine artery RI progressively increased, in association with the two-dimensional (2D)

ultrasonographic regression of the uterus (Batista et al., 2013). In the cat, two-dimensional and pulsed wave Doppler ultrasonographic changes of uterine involution during normal feline puerperium have also been described. Uterine artery blood flow progressively decreased during the first 25 days after parturition, in accordance with its B-mode regression (Blanco et al., 2015).

Uterine artery RI and PI were significantly lower in normal delivery than in c-section bitches during uterine involution (Barbosa et al., 2013). Interestingly, reduced fertility of bitches was linked to impaired diastolic flow of the uterine artery (Freeman, Russo, & England, 2013).

In bitches with pyometra, endometrial hyperplasia, with or without luminal content, the uterine artery blood flow velocity was higher than in normal ones (Batista et al., 2016). Uteri of bitches with cystic endometrial hyperplasia-pyometra syndrome showed inflammatory process characterized by COX-2 expression, resulting in not only inflammatory and proliferative, but also vascular disorders, demonstrated by increased blood flow and lower vascular resistance (Veiga et al., 2017). In 2018, Doppler was also used to evaluate pyometra in cats. Queens with pyometra had higher RI when compared to queens at early pregnancy (Blanco et al., 2018).

In normal bitches, a significant increase in uterine artery blood velocity and a decrease in the RI after mating have been reported, while in bitches with endometrial hyperplasia, RI was higher, indicating that endometrial hyperplasia results in a lower uterine perfusion, and a blunted vasodilation response to mating (England, Moxon, & Freeman, 2012).

Intraovarian colour flow perfusion increased gradually during pro-oestrus (Figures 1 and 2). In the pre-ovulatory period intraovarian colouring and blood flow velocities were increased, while PI and RI were declined. Maximum perfusion was observed at ovulation and during the early luteal phase. Significant differences were detected in all calculated Doppler parameters 2 days before and 2 days after ovulation and intraovarian blood flow decreased gradually in accordance with luteal regression (Köster, Poulsen, & Günzel-Apel, 2001). Similar results were published by Jurczak and Janowski (2018), who concluded that arterial blood flow of the ovary, when measured around ovulation, does not allow precise detection of exact ovulation time in bitches, as it remains higher for a period of 4 days. Colour Doppler ultrasound performed once daily was more accurate in identifying the pre-ovulatory LH peak than B-mode ultrasound and enabled prospective determination of ovulation (Bergeron, Nykamp, Brisson, Madan, & Gartley, 2013).

Ovarian blood flow parameters during the luteal phase of pregnant bitches were comparable to those of non-pregnant bitches (Köster et al., 2001). Administration of aglepristone in dogs during the mid-luteal phase accelerated luteolysis which is accompanied by a parallel decline in ovarian blood flow (Polisca et al., 2010). Significant differences of ovarian blood supply and progesterone between pregnant and non-pregnant bitches have been reported. Blood flow pattern during dioestrus in pregnant bitches was not always closely related with progesterone production (Polisca, Zelli, et al., 2013).

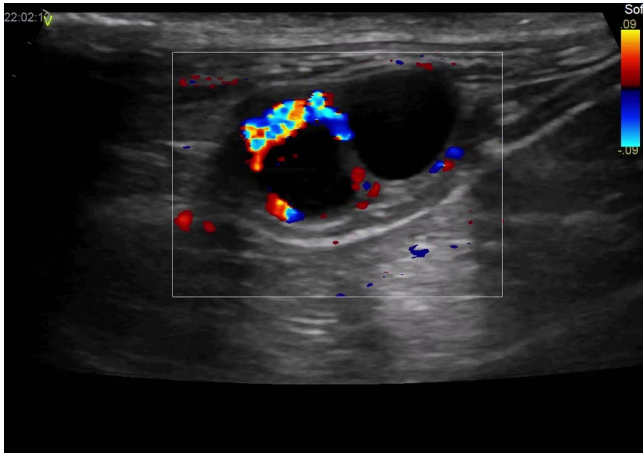


FIGURE 1 Color Doppler study of a canine ovary at late proestrus



FIGURE 2 Power Doppler study of a canine ovary at late proestrus

The Doppler characteristics of the uterine artery in the anoestrus bitch were firstly described in a study of 2005 (Alvarez-Clau & Liste, 2005). Their changes along the oestrus cycles were reported by Nogueira et al., 2017. The breed, the phase of oestrus cycle and also the pregnancy history affected Doppler parameters of the uterine artery, while RI did not differ during the different phases of the cycle for the same breed (Freitas, Mota, Silva, & Silva, 2017). In cats, ovarian blood flow seemed to increase during sexual development until puberty (Vercellini et al., 2018).

The differentiation of benign from malignant mammary tumours is always challenging.

According to one study, the presence of vascularization or the characteristics of the colour Doppler pattern were not correlated with malignancy. The use of pulsed wave Doppler detected significantly higher maximum velocities in malignant tumours compared to benign ones (Feliciano, Vicente, & Silva, 2012). In contrast, another study demonstrated that in benign tumours, the most common colour Doppler flow vascular pattern was the peripheral, while in cases of malignancy, the mixed pattern was the most frequent. Concerning

vascular RI and PI, no significant differences were observed between benign and malignant tumours (Soler et al., 2016). Doppler was also used as a successful tool to assess the prognosis of treatment of acute canine mastitis (Trasch, Wehrend, & Bostedt, 2007).

In male dogs, prostatic artery, capsular artery, parenchymal artery and recently trabecularis artery have been identified with Doppler examination of the prostate (Alonge, Melandri, Leoci, Lacalandra, & Aiudi, 2018; Newell et al., 1998). No differences were identified in any Doppler parameters in dogs with prostatitis (Newell et al., 1998). Colour and pulsed wave (PW) Doppler, physiological and pathological characteristics of the canine testis, epididymis and prostate gland were described by Günzel-Apel, Möhrke, & Poulsen Nautrup, 2001. Results showed that RI and PI increase in accordance with age. De Freitas, Pinto, Silva, and Silva (2015) also concluded that age influences Doppler sonographic parameters of the prostate, as Doppler signal and the diameter of the vessels were increased with increasing age. This change could be the result of hormonal influences related to age, as testosterone and oestrogen can promote androgenic receptor tissue growth and stimulate angiogenesis and vascular growth (Franck-Lissbrant, Haggstrom, Damber, & Bergh, 1998). Prostatic vascular system could be a primary target of androgen action (Buttayan, Ghafar, & Shabsigh, 2000). In dogs with benign prostatic hyperplasia (BPH), peak systolic velocity (PSV), end diastolic velocity (EDV) and pixel number were significantly higher than in normal ones (Zelli, Orlandi, Troisi, Cardinali, & Polisca, 2013). Implantation of GnRH agonists decreased PSV, EDV and power Doppler pixel intensity in prostatic and subcapsular arteries, closely related to the decrease in serum testosterone concentration. The regression of the prostatic parenchyma in treated dogs occurred secondarily to the regression of the prostatic vascular system as a result of cell death mediated by tissue ischaemia/hypoxia (Polisca, Orlandi, et al., 2013). A recent study also concluded that treatment of dogs with BPH with finasteride reduces simultaneously the volume, and also local vascularization and blood flow of the prostate, suggesting that the course of therapy can be followed by analysing changes of the indices of the prostatic artery (Angrimani et al., 2018). These studies show that Doppler examination of prostatic blood flow can be an additional tool to follow up medical treatment of BPH.

Interestingly, the location of the prostatic artery measurements may influence Doppler parameters (Figure 3). Doppler indices were significantly reduced in the subcapsular and parenchymal branches compared to the cranial and caudal ones (de Freitas et al., 2015).

Doppler examination of the canine testis also showed that Doppler parameters are also location-dependent (Carrillo, Soler, Lucas, & Agut, 2012; de Souza et al., 2014; Gumbsch, Gabler, & Holzmann, 2002; Trautwein, Souza, & Martins, 2019). Not only regional, but important pubertal differences in the blood flow of testicular artery do exist (de Souza, Barbosa, et al., 2015).

It has been shown that RI and PI could be potential markers of seminal quality in dogs, as a negative correlation existed with total and progressive motility, and with the percentage of membrane intact sperms (Zelli, Troisi, Elad Ngonput, Cardinali, & Polisca, 2013). Infertile dogs showed lower PSV and EDV measured in the distal

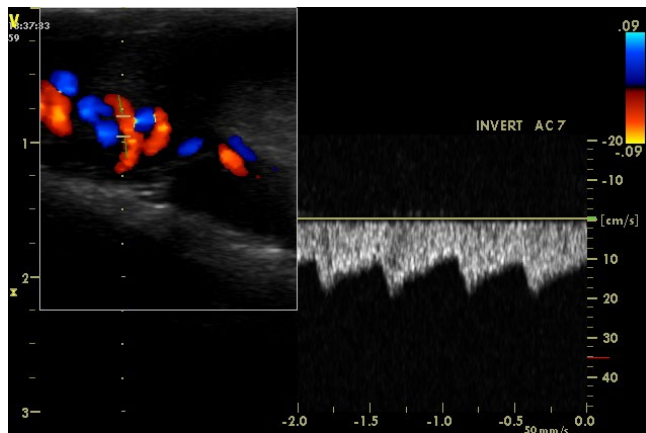


FIGURE 3 Pulsed Wave Doppler study of the canine pampiniform plexus

supratesticular artery, marginal testicular artery, and intratesticular artery when compared to fertile ones. Notably, RI and PI did not differ between infertile and fertile dogs (de Souza, England, et al., 2015). Testicular artery RI and PI were not predictive of future total sperm output or proportions of live normal sperm in dogs (England et al., 2017). Sexual rest should take place before the examination of the prostate with power or PW Doppler as Doppler parameters could be influenced by ejaculation (Alonge, Melandri, Fanciullo, Lacalandra, & Aiudi, 2018a, 2018c; Alonge, Melandri, Leoci, et al., 2018).

Doppler ultrasound was used to differentiate benign from malignant lesions of the canine testes. In neoplastic lesions Doppler vascular signals were significantly increased around and inside the masses when compared with those measured in inflammatory and degenerative lesions (Bigliardi et al., 2019).

3 | CONTRAST-ENHANCED ULTRASONOGRAPHY

Contrast-enhanced ultrasonography (CEUS) is a novel technique that uses microbubble contrast agents injected intravenously or instilled into body cavities. Current ultrasound contrast agents (UCA) consist of small sized (1–10 μ m diameter) microbubbles of an inert, relatively insoluble gas, encapsulated by a protein, lipid, or polymer shell, disrupted at higher incident pressures (Appis, Tracy, & Feinstein, 2015; Calliada, Campani, Bottinelli, Bozzini, & Sommaruga, 1998; Cosgrove & Harvey, 2009; Figures 4 and 5).

Prostatic perfusion in the dog using CEUS was firstly described in 2001 and in 2009, with the use of different UCA (Hagen et al., 2001; Russo et al., 2009). Vascularity of the prostate in healthy dogs before and after the injection of UCA was also reported (Bigliardi & Ferrari, 2011) when CEUS vascular perfusion kinetics was assessed in dogs with prostatic disease (Vignoli et al., 2011). According to this study, CEUS appears to show differences in perfusion that may help to discriminate malignant from benign lesions. The contrast enhanced sonographic characteristics of prostate gland disorders



FIGURE 4 Arterial phase of contrast enhanced ultrasound study of a mammary gland in a ewe



FIGURE 5 Wash-out phase of contrast enhanced ultrasound study of a mammary gland in a ewe

were also described (Russo, Vignoli, & England, 2012; Troisi et al., 2015). In another study, CEUS examination of testes was performed and the conclusion was that inhomogeneous testes with a hyperenhancing pattern were associated with neoplasia, while testes with non-neoplastic lesions were characterized by a scant/moderate homogeneous enhancement. Perfusion parameters were also higher in neoplastic lesions. (Volta et al., 2014).

Contrast-enhanced and Doppler ultrasonography of the testicles in healthy adult cats has also been performed (de Brito et al., 2015). Perfusion patterns of the mammary gland and inguinal lymph node in intact bitches during the different stages of the estrous cycle have been described (Vanderperren et al., 2018). Maternal and foetal vessels of pregnant bitches were studied with UCA in the first two-thirds of gestation, without any clinically relevant adverse effects (Orlandi et al., 2019).

4 | ELASTOGRAPHY

Ultrasound elastography is a new technology measuring the elasticity and stiffness of tissues and increasing the diagnostic

sensitivity of two-dimensional (b-mode) ultrasound (Ophir, Céspedes, Ponnekanti, Yazdi, & Li, 1991). Depending on the force applied to the organ or tissue, several types of elastography techniques have been developed such as strain or real-time elastography, acoustic radiation force impulse imaging (ARFI), transient elastography, point shear wave elastography and shear wave elastography (Bamber et al., 2013; Figure 6).

Very few reports have been published in the literature concerning the use of elastography in small animal reproduction. Recently, a method to differentiate benign (softer) from malignant lesions (harder) using shear wave elastography in mammary tumours of 12 dogs was described (Glińska-Suchocka et al., 2013). Some other studies of ARFI and shear wave elastography in dogs with mammary tumours have shown that elastographic values for malignant tumours were significantly higher compared to benign tissues, indicating that this may be a useful technique for determining benign from malignant mammary lesions (Feliciano et al., 2014, 2018, 2017; Glińska-Suchocka et al., 2013). Canine foetal lungs and liver were studied with ARFI elastography during the final 5 days of intrauterine development (Rodrigues Simões et al., 2018).

The first report describing the normal elasticity findings of the normal canine prostate was conducted in 1999, as an *in vitro* study (Kallel, Price, Konofagou, & Ophir, 1999). Parameters of ARFI elastography in dogs with normal prostate and testicles have been published (Feliciano et al., 2015). Normal values of strain elastography of the canine prostate were described in 2015 (Jeon et al., 2015) and of the normal testicles in 2016 (Mantziaras & Luvoni, 2016). Elastography was also used as a diagnostic tool in a case of prostatic adenocarcinoma (Domosławska, Zduńczyk, Jurczak, & Janowski, 2018).

A total of 300 cases of masses of mammary glands were evaluated with B-mode, Doppler, CEUS and ARFI elastography. CEUS proved to be ineffective in the differentiation of mammary tumours, but useful in the identification of macro and microcapillarization. On the other hand, ARFI elastography allowed malignancy prediction of canine mammary masses (Feliciano et al., 2017). It was also reported that B-mode ultrasonography, CEUS and ARFI elastography enabled the identification of some of the characteristics of high-grade mammary carcinoma types in female dogs with limited accuracy (Feliciano et al., 2018).

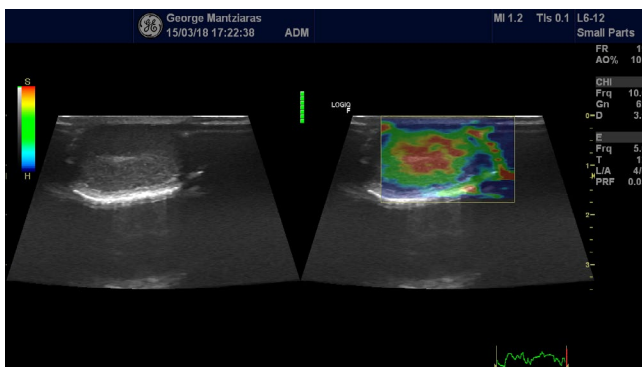


FIGURE 6 Strain elastography of the canine testicle

5 | THREE-DIMENSIONAL (3D) AND FOUR-DIMENSIONAL (4D) ULTRASONOGRAPHY

A three-dimensional (3D) ultrasound examination produces a series of still volumes that can be displayed in any plane after the examination, so they can be reconstructed as 3D images. 4D refers to a moving, real-time 3D imaging, where time is the fourth dimension (Hildebrandt et al., 2009). Good 3D images can be obtained from anatomical structures and pathologic conditions with a liquid content or from those adjacent to them (Cesarani, Isolato, Capello, & Bianchi, 1999).

The use of 3D and 4D ultrasonography as monitoring tools of canine and feline pregnancy and of African lioness has been described (Hildebrandt et al., 2009, 2012).

In other species, as the horse and the elephant, the use of 3D and 4D ultrasound has been adopted for the imaging of the foetus (Drews et al., 2008; Kotoyori et al., 2012). In small animals, there are no reports or studies on the possible use of 3D or 4D ultrasound in the imaging of the normal ovarian changes during the oestrus cycle or describing ovarian pathological findings. Conversely, in large animals' reproduction, Scully, Evans, Duffy, and Crowe (2014) characterized dominant follicle (DF) and corpus luteum (CL) development through the oestrous cycle of cattle using 3D ultrasonography and compared it with 2D ultrasound. Conventional ultrasound measurements had higher repeatability, while 3D power Doppler measures of blood flow were more representative of vascular changes in the DF and CL throughout the oestrous cycle. In the goat the use of 2D was compared with 3D ultrasound in the pregnant uterus and antenatal development of the foetus. It was concluded that 2D was better in visualizing fluids, while 3D images were better to view details of placentation of foetus with endometrium (Kumar, Chandolia, Kumar, Pal, & Sandeep, 2015).

6 | CONCLUSION

Over the last years, several advanced ultrasound technologies have been developed which are dynamic methods, which may provide additional information of the examined organs or lesions, increasing the diagnostic sensitivity of two-dimensional ultrasound. All these innovative ultrasound technologies were developed to aid the diagnosis and differentiation of tissues abnormalities and not as stand-alone tests. Nevertheless, their clinical application in the field of small animal reproduction is still limited, and their use is affected by several variables. Many of the related studies published in the literature seem to have different or even controversial results. Colour and power Doppler lack of objectivity and quantification while they require immobilization of the animal as they detect motion; therefore, they are strongly influenced by movements of the animal or even by panting. Pulsed wave Doppler measurements are also influenced by motion, while the ultrasound beam should be as parallel as possible to the blood-flow direction in order to obtain accurate and repeatable measurements. The use of different anaesthetic or sedative protocols affects imaging with Doppler and CEUS, as they have different hemodynamic effect. Other

research groups use strain elastography, others shear wave and others ARFI elastography. Concerning CEUS, different ultrasound contrast agents are used, and their indications depend on the approval patterns of individual countries' regulatory agencies.

Clinical applicability is to date limited also because of a lack of research on the diagnostic value in concrete situations. Sensitivity and specificity for the detection of specific conditions or diseases has not been subject of research until now. The authors suggest that in future research projects should focus also on standardization of the used techniques, determination of thresholds to discriminate between healthy or diseases or fertile versus infertile and on the predictive value of advanced ultrasound findings.

CONFLICT OF INTEREST

None of the authors have any conflict of interest to declare.

AUTHOR CONTRIBUTIONS

Both authors contributed equally to the literature research and to the writing of this paper.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are openly available.

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