1 Variable reproduction goes beyond masting

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27 Main text

28 Kelly's commentary regarding our paper¹, claiming that nutrient scarcity cannot select 29 for masting behaviour in plants, initiated a fruitful discussion on traditionally settled 30 hypotheses about the evolution of reproductive behaviour in plants. In his commentary, Prof. Kelly raises support for a contrasting hypothesis explaining our observation that 31 32 temporally variable seed production is more pronounced under nutrient scarcity, namely that nutrient scarcity does not directly cause seed production variability, but 33 34 instead increases variability induced by economies of scale. The commentary hinges mainly on the argument that an economy of scale (EOS) is necessary to select for 35 highly variable seed production. It also points out that there are no mechanisms by 36 37 which nutrient scarcity would select for that particular trait over generations. In reply to 38 the stimulating comment, we 1) propose a mechanism by which nutrient scarcity may select for highly variable seed production, with weather patterns inducing masting 39 40 synchrony across populations; 2) further discuss why wind-pollination and predator satiation, the EOS suggested by Kelly, cannot be the only selective pressures that 41 42 select for highly variable reproduction.

(1) There is robust empirical evidence^{2,3} showing that nutrient scarcity, and climate, are 43 44 long existing evolutionary forces that have selected for multiple plant traits and have constrained the physiology of plants since their early development. Limiting resources, 45 46 such as water and nutrients, thus trigger the evolution of conservative traits for those 47 limiting factors³. Logically, nutrient availability is a direct determinant of the mean fruit production in agriculture and in the wild⁴. In our paper¹, we hypothesised that low 48 49 nutrient availability is also an important factor selecting for highly variable and synchronized seed production, the latter in combination with adaptation to variability in 50 51 long-term climate patterns. Our hypothesis as to why nutrient scarcity may have 52 selected for highly variable seed production in nutrient-poor plants, probably not entirely explained in our original paper, was based on a mechanism linking highly 53

variable seed production in nutrient-poor plant species to increased inter- and
 intraspecific competitiveness.

56 Because fruits are nutrient-enriched tissues⁵, their production under low fertility implies a reduced allocation of nutrients to growth and defence⁶, and therefore lower 57 competitiveness and survival for the parent plants. Reductions in plant nutrient 58 concentrations after reproduction have been described for several species⁷, in addition 59 to growth and defence-reproductive trade-offs⁶. Therefore, when nutrients are scarce, 60 61 losing large amounts of nutrients year after year might jeopardize plant growth through reduced photosynthesis, a highly nutrient-dependent process⁸. A constant yearly 62 reproduction would also imply a constant lowering of the availability of nutrients for 63 other processes. In contrast, nutrient accumulation in years with suitable weather 64 65 conditions for soil organic matter decomposition and mineralization may provide sufficient nutrients to allow a high fruit crop in the following year, which would not come 66 67 at the expense of reduced competitiveness or increased mortality risk (Figure 1). Under these conditions, high temporal variability would thus be beneficial and likely to 68 69 be selected for. In contrast, under nutrient-rich conditions, plants can potentially reproduce regularly without jeopardising their competitiveness; this is actually one of 70 the reasons for fertilizer addition as a long-existing agricultural practice. This 71 mechanism, which could have originated during the early evolution of plants, may 72 73 explain why, under low nutrient availability, nutrient-conservative plants with highly 74 variable reproduction may have been preferentially selected in comparison to nutrient-75 spending plants (with more constant reproduction). Further research including long-76 term data sets of reproduction, growth and defence allocation, however, is still needed 77 to validate our hypotheses.

For a population to exhibit highly variable reproduction over time, a strong synchrony among individuals is required⁹. Synchronous seed production is another important feature of masting behaviour that has been traditionally associated with the benefits of EOS, as it has been suggested to be an adaptive response to improve pollination efficiency or escape seed predation⁷. Synchrony among individuals in a plant population is the rule rather than the exception, as for example in leaf flushing, flower blooming, die-back episodes or simply growth as shown by dendrochronology studies. The most likely mechanism driving the synchrony in phenology, growth or reproduction is the similar response of a population to changing weather patterns, by affecting metabolism and plant resources.

88 Over time, the scientific community has discounted environmental effects based in part on two assumptions that may not hold true, and this has fed the line of thought that 89 EOS benefits are necessary for high variable seed production to evolve. First, a direct 90 91 role of weather in synchronizing seed production has been discounted in part because 92 interannual variation in weather is much less than variation in seed production. We 93 argue that this line of argument does not hold because the link between weather and seed production in a given year may be highly non-linear¹⁰. In Mediterranean regions, 94 95 for example, wet spring weather may simultaneously increase both carbon availability through photosynthesis and nutrient availability through mineralization¹¹, boosting plant 96 resources and seed production. Second, proportional allocation has been assumed to 97 98 describe the passive allocation of resources to reproduction⁷. However, work in the fields of ecological stoichiometry and carbon dynamics suggest that plants allocate 99 100 resources based on a hierarchy of needs, in which a set portion of resources goes 101 toward tissue maintenance at the expense of all other functions⁴. We, therefore, 102 suggest that interannual variability in reproduction is more likely to have been 103 evolutionary selected than synchrony.

(2) From evolutionary and theoretical bases, that highly variable reproduction can only be selected because of wind pollination and predator satiation does not hold either. For that to be true, we would have to accept that the common ancestors of plants, before the trait of wind pollination and their seed predators evolved, did not show variable 108 seed production. In fact, it implies that the reproductive efforts of organisms other than vascular plants, which do not produce pollen or may not have important predators of 109 110 their offspring, cannot be temporally variable unless, for other reasons, it evolved later 111 in these clades. However, there is evidence suggesting that other organisms that reproduce sexually are also temporally synchronised and variable (Figure 2). Some 112 bryophytes tend to produce sporophytes more frequently than others¹², and their 113 114 production is mainly controlled by weather variability, like in vascular plants¹³, being 115 synchronised in time and space. The same happens with mushroom communities, being highly synchronised, interannually variable, and highly dependent on weather 116 conditions¹⁴. Even the rates of animal fertility vary amongst years depending on the 117 amount of resources available, such as fertility rates of wild boars¹⁵. Given the fact that 118 temporally variable sexual reproduction in nature seems to be common, we should 119 120 conclude that factors others than wind pollination and predator satiation may have played a role in shaping this reproductive trait. We suggest that one of these potential 121 factors triggering a highly variable seed production, before wind pollination and 122 123 predators evolved, may have been nutrient scarcity because of its role in determining the physiology of a broad range of organisms³. Later on, wind pollination and predator 124 satiation may have evolved, reinforcing a highly variable seed production of vascular 125 126 plants. In order to better understand the evolutionary history of highly variable 127 reproduction in vascular plants, the field of masting will benefit from broadening its 128 scope and looking for inspiration in different disciplines and exploring examples from other groups of organisms. 129

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173 Conflict of interest

174 The authors declare no conflict of interest.

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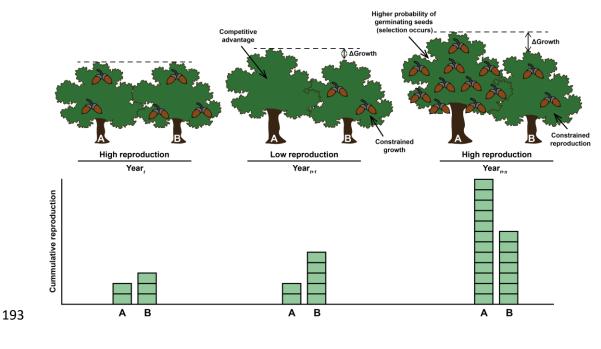
176 Author contribution

- 177 M.F-M., J.S., J.P., J.M.E., J.P. and I.A.J., conceived the paper. All authors contributed
- 178 equally to the writing of the manuscript.

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180 Figure captions

181 Figure 1: Scheme showing the hypothesised mechanism by which nutrient 182 scarcity may act as a selective pressure of variable reproduction. When nutrients are scarce, delaying reproductive efforts may provide a competitive advantage given by 183 184 the lower rate of nutrient loss through reproductive structures. Losing nutrients through 185 reproduction may reduce growth in the short term by decreasing photosynthetic rates. 186 Under low nutrient availability, nutrient-conservative plants (A, with more variable reproduction) outcompete, by vegetative growth, nutrient-spending plants (B, less 187 variable reproduction). This competition may thus increase the probability of seed 188 189 germination in nutrient-conservative plants and therefore potentially select for nutrientconservative traits such as high interannually variable reproduction. Synchronous 190 191 reproduction would then be the logical response to reproducing only when weather is 192 optimal and also selected for during evolution.



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195 Figure 2: Four examples of interannually variable sexual reproduction. (a) Sporophytes of *Plagiomnium undulatum* (a species that produces sporophytes only 196 rarely); (b) acorn production by a Quercus ilex tree (often considered a masting 197 198 species); (c) mushroom production by Hypholoma fasciculare (fungal reproduction is 199 highly interannually synchronised within and across species); (d) a mother wild boar 200 with four piglets (sow fertility rates depend on the availability of food, such as acorns, 201 during Quercus mast years). The photographs in (a) and (b) were taken by Catherine 202 Preece, the photograph in (c) was taken by Jordi Corbera, and the photograph in (d) 203 was taken by M.F-M.

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