

1 **Prospective evaluation of renal function in dogs with chronic mitral valve disease**

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33 Abstract

34 The coexistence of renal and cardiac disease has been defined in dogs and cats as
35 cardiovascular-renal disorders (CvRD). In humans, renal function is affected by recurrent episodes of
36 acute congestive heart failure (CHF). The aim of this prospective, case-control study was to evaluate
37 the appearance and influence of worsening cardiac disease (WCD), defined on echocardiographic and
38 radiographic parameters, on renal function (defined as worsening renal function [WRF], on the basis
39 of serum creatinine level and presence of proteinuria) in two population: 21 dogs with chronic mitral
40 valve disease (CMVD) and 20 healthy dogs. Dogs were sorted into groups according to the
41 presence/absence of WRF or WCD. Statistical analysis was performed between CMVD dogs and
42 healthy dogs and inside the CMVD dogs group. There was no statistically significant difference in
43 developing WRF between dogs with/without WCD and no statistical evidence to support a difference
44 in WRF parameters in dogs experiencing CHF and dogs not experiencing it. The prevalence of
45 azotemia in CMVD dogs was significantly higher than the prevalence of azotemia previously reported
46 in the general population of dogs. Diuretics therapy didn't affect renal function. No difference in
47 survival time was seen between groups. In conclusion, CHF, WCD and diuretics therapy didn't directly
48 induce WRF. However, considering the prevalence of azotemia, data suggests a link between heart
49 and kidney function (despite we didn't excluded aged-related coexistence of organ damage). A bigger
50 number of dogs at inclusion is required to reach statistical significance.

51 *Keywords:* chronic mitral valve disease, congestive heart failure, chronic kidney disease, worsening
52 renal function.

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57 Introduction

58 The heart and kidney are both involved in basic physiology, and their functions are strictly linked,
59 that's why primary disorders of heart or kidney often result in secondary dysfunction or injury to the
60 other organ [1-5]. The coexistence of renal and cardiac disease, referred as cardiorenal syndrome
61 (CRS) in human medicine and as cardiovascular-renal disorders (CvRD) in veterinary medicine,
62 significantly increases mortality and morbidity in human patients [6]. Cardiorenal syndrome was first
63 described in 1951, however, the existence and importance of CvRD in dogs is still unknown [7-12].
64 The most common heart disease affecting dogs and leading to congestive heart failure (CHF) is
65 chronic mitral valve disease (CMVD) while, in humans, coronary artery disease and systemic
66 hypertension are most frequent [13-15]. Recurrent episodes of acute heart failure are considered
67 one of the causes leading to worsening renal functions (WRF) in human medicine [16]. The aim of our
68 study was to assess the influence of CHF and/or worsening of cardiac disease (WCD), defined on
69 echocardiographic and radiographic parameters, on renal function, through the evaluation of elected
70 parameters (Table 1).

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72 **Table 1. Parameters considered for worsening renal function (WRF) and worsening cardiac disease**
73 **(WCD).**

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|--|--|
| WORSENING RENAL FUNCTION (WRF) | Reference: |
| 1) developing proteinuria | www.iris-kidney.com |
| 2) increasing sCr > 0.4 mg/dl | Braun 2003 |
| 3) appearance of azotemia (sCr ≥ 1.4mg/dl) | www.iris-kidney.com |
| WORSENING CARDIAC DISEASE (WCD) | Reference: |
| 1) onset of congestive heart failure | ACVIM consensus |
| 2)) increasing in VHS ≥ 0.5 vertebrae | Ristic 2004 |

3) increasing of the echocardiographic parameters >10% | Haggstrom 2009, Hezzel 2012, Dukes-McEwan 2002

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75 **Materials and Methods**

76 This double-center, prospective, case-control study was conducted at two Veterinary
77 Teaching Hospitals in Italy, in accordance with the principles of Good Clinical Practice (Directive
78 81/852/EEC as amended; DIRECTIVE 2004/28/EC as amended). Consent for each dog was obtained
79 from the owners before the enrolment. Permission to conduct the study was received from the Ethics
80 Committee of both the University involved (Protocol number 22/2013).

81 Dogs included were recruited among those examined during routine clinical practice, between
82 January 2013 and May 2013. Information obtained from the medical records included signalment
83 and history. All the included dogs (cases and controls) underwent physical examination, thoracic
84 radiographs, electrocardiography (ECG), complete blood count (CBC), serum biochemical analysis,
85 complete urine analysis, urine protein/creatinine ratio (UPC) and indirect systemic blood pressure
86 evaluation by Doppler flow meter [17]. Dogs were re-evaluated every 6 months until October 2014
87 and data were collected in a dedicated datasheet. At the end of the study, dogs were sorted into
88 groups according to the presence/absence of signs of WRF and WCD defined at 12 month after the
89 inclusion date to perform statistical analysis.

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91 The inclusion criteria in the CMVD group were: dogs firstly diagnosed with CMVD (CMVD dogs)
92 classified as ACVIM class B2 (asymptomatic patients with hemodynamically significant valve
93 regurgitation associated to mitral leaflet thickening, prolapse or both, and echocardiographic
94 evidence of left-sided heart enlargement), or dogs in class ACVIM C at their first occurrence of clinical
95 signs of CHF. The left heart was considered remodeled when the left atrial-to-aortic root ratio

96 (LA/Ao) was ≥ 1.6 and the normalized left ventricular end-diastolic diameter calculated according to
97 Cornell's method of allometric scaling (LVEDDn) was ≥ 1.7 [18, 19].

98 The exclusion criteria were: other congenital or acquired heart disease, azotemia (sCr ≥ 1.4 mg/dl),
99 neoplasm, systemic or metabolic disease (hyperadrenocorticism, hypothyroidism, diabetes mellitus,
100 lower urinary tract disease), hypertension or hypotension (defined as SBP ≥ 160 mmHg and < 80 mmHg
101 respectively) [17]. Dogs in treatment for CHF, working dogs or dogs receiving high proteins diets were
102 excluded [20].

103

104 Healthy adult dogs, older than 6 years, selected during screening examinations for the medical
105 status of senior pets, performed at the authors' institutions according to American Animal Hospital
106 Association (AAHA) Senior Care Guidelines for Dogs and Cats, were included in the control group [21-
107 23]. All dogs were determined to be healthy on the basis of thorough physical and cardiovascular
108 examinations, including ECG, echocardiography, thoracic radiographs and systolic arterial blood
109 pressure measurement. Exclusion criteria were: dogs under medications known to affect the
110 cardiovascular, renal or respiratory systems; dogs with uncooperative temperament that might
111 require sedation for an echocardiogram; the evidence of arrhythmias on ECG except sinus
112 arrhythmia; cardiac abnormalities and a SBP ≥ 160 mmHg.

113 All thoracic radiographs were acquired at the peak of inspiration. For each set of thoracic
114 radiographs, the vertebral heart score (VHS) and the pulmonary patterns (interstitial, alveolar or
115 bronchial) were evaluated by two operators at each center (E.M. and C.Q. or E.M and C.L.) in order
116 to estimate heart size and presence of CHF respectively [24]. Normal heart size was defined as VHS \leq
117 10.5 on right lateral view of the thorax [19-25]. All the radiographic measurements were performed
118 three times and averaged. Cardiogenic pulmonary edema was defined when pulmonary venous

119 congestion and/or an interstitial or alveolar lung pattern were associated with cardiomegaly and
120 clinical signs consistent with left-sided CHF including increased respiratory rate [26].

121 All echocardiographic studies were performed using an Esaote MyLab50 ultrasound machine
122 (Esaote Medical System), equipped with multi-frequency phased array transducers (7.5-10 MHz and
123 2.5-3 MHz). All echocardiographic measurements were made on conscious dogs, in accordance with
124 the guidelines of the American Society of Echocardiography, by trained observers (E.M., C.L., C.Q.).
125 Interventricular septal thickness (IVS), left ventricular internal diameter (LVID), and left ventricular
126 posterior wall thickness (LVPW) in diastole (d) and systole (s) were obtained from the right
127 parasternal short-axis M-mode view at the chordae level using the leading-edge to leading-edge
128 method [27]. Aortic root diameter (Ao) and left atrial diameter (LA) were obtained from 2D right
129 parasternal short-axis view using the Hansson's method [28]. Mitral valve inflow (E peak velocity -
130 E_{vmax}, A peak velocity - A_{vmax}, E/A ratio), and peak velocity of mitral and tricuspid regurgitations
131 (MR and TR) were evaluated using the pulsed and continuous spectral Doppler under color Doppler
132 guidance [29]. Variables calculated were: LA/Ao, left ventricle end-systolic volume index (ESVI), left
133 ventricle end-diastolic volume index (EDVI), LVEDD_n, left ventricular fractional shortening (FS%) and
134 ejection fraction (EF%) [18]. The EDVI and ESVI were calculated according to the Teichholz formula
135 and normalized to body surface area (BSA).

136 A 5 minutes standard 6-lead ECG was obtained in awake dogs to assess heart rate and rule out cardiac
137 arrhythmias that could affect haemodynamics and renal perfusion

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139 A venous blood sample (approximately 3 ml) was collected from animals fasted at least for 12
140 h. Serum was separated and stored at 4°C and processed within 24 hours. Haematology was
141 performed using a laser hematology analyser (Sysmex XT-2000iV, Sysmex; Cell-Dyn 3500 Plus,
142 Abbott), equipped with a multispecies software. Quality control and calibration were periodically

143 performed with e-check Xe (Sysmex). The following parameters were recorded: white blood cell
144 count (WBC), red blood cell count (RBC), hemoglobin (Hb), hematocrit (Ht), mean corpuscular volume
145 (MCV), mean corpuscular hemoglobin (MCH), mean corpuscular hemoglobin concentration (MCHC).
146 Biochemistry was performed using an automated spectrophotometer (Cobas Mira, Roche; Cobas
147 Integra Plus, Roche) with reagents provided by Real Time. The following analytes were measured:
148 glucose (GLY; GOD-POD method), serum urea (UREA; Urease method), sCr (modified Jaffe' method)
149 and total proteins (TP).

150 Urine sample were collected by cystocentesis or free catch. Five milliliters of each sample were
151 centrifuged for 5 min at 500 g; then the supernatant was frozen at -20 °C into a plain tube. The
152 remaining urine was used to resuspend the urine sediment that was examined microscopically at
153 400x magnification to count the mean number of red blood cells and white blood cells per high power
154 field. The presence of epithelial cells, casts, crystals, bacteriuria, spermaturia and lipiduria were
155 evaluated according to a semiquantitative scale (rare, moderate, abundant, or very abundant).
156 Calculation of the UPC was performed in batches, after a maximum storage of 2 days as follow:
157 urinary proteins were measured using pyrogallol red (Total Proteins High Sensitivity, Ben Biochemical
158 Enterprise) and urinary creatinine was measured with a modified Jaffe method (Real Time Diagnostic
159 Systems). Samples were manually diluted 1:20 with distilled water to fit the linearity of the method.
160 Occasionally, particularly concentrated urine samples were further diluted to 1:100 to fit the linearity
161 of the method.

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163 **Statistical methods**

164 Statistical analysis was performed using IBM SPSS Statistics 20 [Release 2.07 GPL Edition].
165 Normality of the distribution was tested using non-parametric Shapiro-Wilk tests. Student t tests and
166 Mann-Whitney U Test were used to investigate differences between sets of data. Variables normally

167 distributed were presented as mean and standard deviation (SD), whereas variables non-normally
168 distributed were presented as median and interquartile (IQ) range. Correlation between variables
169 was tested by the Pearson correlation coefficient. A p value <0.05 was considered significant. The
170 considered variables were: parameters of renal function (sCr and UPC); parameters related to cardiac
171 disease (VHS, the echocardiographic parameters LA/Ao, LVEDDn, EDVI, ESVI; furosemide's dose in
172 mg/kg/die and number of CHF episodes). Worsening cardiac disease and renal function were
173 considered if at least one of the sentence reported in Tab 1 were confirmed.

174

175 A single investigator (E.M.) conducted telephone interviews with dog owners to determine
176 the clinical outcome of each dog. Question asked to determine the clinical outcome were if the dog
177 was dead or alive, if the dog had been euthanized or died spontaneously and which was the reason
178 for euthanasia or the cause of death. Cardiac-related death was defined as death occurring because
179 of progression of clinical signs of CHF. Euthanasia because of refractory CHF was scored as cardiac-
180 related death. Sudden death was regarded as cardiac-related if no other cause of death was
181 identified. Renal-related death was defined as death occurring because of progression of clinical signs
182 of chronic kidney disease (CKD). Euthanasia because of refractory renal failure was scored as renal-
183 related death. Survival time was counted from the day of inclusion in our study to either the day of
184 death or closing time of the study (October, 2014). The end-points of the study were: all-cause death,
185 cardiac related death and renal related death. Dogs still alive at the end of the study period were
186 right-censored.

187

188 Results

189 Twenty-one dogs affected by CMVD and 20 healthy dogs were included. Population
190 characteristics are reported in Table 2. Breeds included in the CMVD group were mongrel (n = 12),
191 miniature Poodle (n = 3), Bolognese (n = 1), Cavalier King Charles Spaniel (n = 1), Dachshund (n = 1),
192 Deutsch Kurzhaar (n = 1), Doberman pinscher (n = 1) and Yorkshire terrier (n = 1). Breeds included in
193 the healthy group were mongrel (n = 13), Pitbull (n = 4), Deutsch Kurzhaar (n = 1), Galgo espanol (n =
194 2). Laboratory variables, echocardiographic values and statistically significant difference between the
195 two groups at inclusion are reported in Table 2 and 3 respectively.

196 Clinical and radiographic data of CMVD dogs at inclusion showed the following relevant findings:
197 holosystolic mitral murmur (degree: 5% II, 29% III, 52% IV, 14% V), cough (28.5%), bronchial
198 pulmonary pattern (48%), interstitial pulmonary pattern (5%), increased VHS (62%). Treatment for
199 CHF was started at inclusion in 3 CMVD dogs with the triple therapy: benazepril 0.5 mg/kg PO BID,
200 furosemide 2 ± 0.3 mg/kg PO BID and pimobendan 0.25 mg/kg PO BID. Healthy dogs showed normal
201 VHS, tracheal position and caudal margin of the heart; while pulmonary pattern differ from trivial to
202 sever diffuse bronchial pattern.

203 Follow up at 6-12-18 months is shown in Fig 1. Two CMVD dogs were lost during the study period
204 and were censored for statistical analysis. At 6 month 11 CMVD dogs had WCD (2 of them with CHF)
205 and no dogs had WRF. At 12 month, 14 CMVD dogs had WCD (5 of them experienced at least 1
206 episode of CHF), 3 of them with WRF. Four CMVD dogs showed stable kidney and heart function
207 during the study period. At the end of the study period, 8 CMVD dogs experienced at least one
208 episode of CHF and received triple therapy alone (n=4), triple therapy and spironolactone 2mg/kg PO
209 SID (n=3) or triple therapy and anti-arrhythmic drugs (digoxin and diltiazem) (n=1). Two dogs of the
210 healthy group at inclusion developed trivial mitral insufficiency and 3 developed proteinuria, 1 of
211 them with low urine specific gravity = 1009.

212 Considering the splitting of CMVD dogs into two groups according to Table 1 (dogs with/without WRF)
 213 there was not difference between the groups for the variables of WCD. Considering the splitting of
 214 dogs into two groups (dogs with/without WCD) there was no difference between the two groups for
 215 any variable of WRF.

216 At the end of the follow-up period (October 2014), 7 CMVD dogs died or were euthanized because
 217 of cardiac-related causes (n=2), renal-related causes (n=2) or other causes (n=3); 4 dogs of the
 218 healthy group at inclusion died or were euthanized because of non-cardiac and non-renal causes.
 219 Twelve CMVD dogs and 14 dogs of the healthy group were still alive, and 4 dogs (2 for each group)
 220 were lost at follow-up. Median survival time could not be calculated because <50% of the
 221 population died in the study period. In Fig 2 the KM curves are shown; however, due to the small
 222 sample size and to the fact that all healthy cases are censored, it is worthless to hazard statistical
 223 comparisons between survival times.

224 **Table 2. Population characteristics and laboratory variables.**

| Variable | Overall | | CMVD dogs | | Healthy dogs | | p |
|-----------------------------|----------------|--------------------|----------------|--------------------|----------------|--------------------|--------|
| | mean or median | st.dev or IQ range | mean or median | st.dev or IQ range | mean or median | st.dev or IQ range | |
| No. of dogs | 41 | | 21 | | 20 | | |
| % male | 58 | | 57 | | 60 | | |
| BW (kg)** | 13.00 | 16.65 | 8.0 | 3.15 | 24.5 | 18.5 | p<0.01 |
| Age (years)* | 10.34 | 3.00 | 11.2 | 2.6 | 9.35 | 3.1 | p<0.05 |
| WBC (x 10 ³ /μL) | 8.89 | 3.34 | 8.24 | 2.24 | 9.58 | 4.16 | NS |
| RBC (x 10 ⁶ /μL) | 6.97 | 0.95 | 7.10 | 0.67 | 6.75 | 1.17 | NS |
| Hb (g/dl) | 15.72 | 1.71 | 16.17 | 1.53 | 15.26 | 1.81 | NS |
| Ht (%)* | 44.09 | 5.72 | 45.99 | 3.98 | 42.09 | 6.63 | p<0.05 |
| MCV (μ ³) | 66.05 | 3.78 | 65.40 | 3.34 | 66.74 | 4.17 | NS |
| MCH (pg) | 25.34 | 10.08 | 22.94 | 1.03 | 27.86 | 14.13 | NS |
| MCHC (g/dl) | 35.00 | 2.45 | 34.90 | 5.10 | 35.10 | 2.17 | NS |
| UREA (mg/dl) | 32.20 | 13.55 | 33.00 | 7.00 | 31.9 | 9.90 | NS |
| sCr (mg/dl) | 0.75 | 0.23 | 0.78 | 0.23 | 0.73 | 0.23 | NS |
| GLY (mg/dl) | 85 | 13 | 93 | 8 | 77 | 14 | NS |
| TP (g/dl) | 6.47 | 0.58 | 6.48 | 0.62 | 6.46 | 0.56 | NS |
| UPC | 0.26 | 0.26 | 0.27 | 0.27 | 0.24 | 0.25 | NS |
| USG | 1029 | 11 | 1031 | 12 | 1027 | 10 | NS |

225

226 Characteristics of the healthy and CMVD group and laboratory variables. White blood cell count
 227 (WBC), red blood cell count (RBC), hemoglobin (Hb), hematocrit (Ht), mean corpuscular volume
 228 (MCV), mean corpuscular hemoglobin (MCH), mean corpuscular hemoglobin concentration (MCHC),
 229 serum urea (UREA), serum creatinine (sCr), glucose (GLY), total proteins (TP), urinary proteins to
 230 urinary creatinine ratio (UPC), urine specific gravity (USG). Asterisks indicate statistically significant
 231 difference between healthy group and CMVD group: *p<0.05, **p<0.01.

232 **Tab 3. Echocardiographic values and statistically significant difference between the two groups at**
 233 **inclusion.**

| | Overall | | CMVD dogs | | Healthy dogs | | p |
|---------------------------|----------------|--------------------|----------------|--------------------|----------------|--------------------|--------|
| | mean or median | st.dev or IQ range | mean or median | st.dev or IQ range | mean or median | st.dev or IQ range | |
| HR (bpm) | 116 | 40 | 120 | 23 | 121 | 29.9 | NS |
| LVIDd (mm) | 37.13 | 8.33 | 36.25 | 7.35 | 38.09 | 9.40 | NS |
| LVIDs (mm) | 20.25 | 8.18 | 18.40 | 2.70 | 24.30 | 10.70 | NS |
| LVEDDn | 1.72 | 0.34 | 1.94 | 0.20 | 1.50 | 0.30 | NS |
| EDVI (ml/m ²) | 108.14 | 42.99 | 135.61 | 32.03 | 79.30 | 33.17 | NS |
| ESVI (ml/m ²) | 27.72 | 14.64 | 30.28 | 13.72 | 25.03 | 15.43 | NS |
| EF%** | 80.16 | 9.67 | 84.18 | 4.99 | 75.72 | 11.63 | p<0.01 |
| FS%** | 43.00 | 8.76 | 46.49 | 5.69 | 39.14 | 10.02 | p<0.01 |
| LA (mm) | 25.96 | 5.92 | 25.09 | 6.01 | 27.10 | 5.81 | NS |
| Ao (mm)** | 17.79 | 4.91 | 15.00 | 3.36 | 21.46 | 4.17 | p<0.01 |
| LA/Ao** | 1.50 | 0.27 | 1.68 | 0.17 | 1.27 | 0.17 | p<0.01 |
| Evmax (m/s)** | 0.87 | 0.24 | 0.98 | 0.23 | 0.69 | 0.13 | p<0.01 |
| Avmax (m/s)** | 0.79 | 0.16 | 0.85 | 0.16 | 0.70 | 0.11 | p<0.01 |
| E/A | 1.12 | 0.31 | 1.18 | 0.31 | 1.02 | 0.29 | NS |
| MR (m/s) | 5.62 | 0.52 | 5.62 | 0.52 | | | |
| TR (m/s) | 2.42 | 0.53 | 2.42 | 0.53 | | | |

234

235 Echocardiographic parameters in healthy and CMVD dogs and statistically significant difference
 236 between the two groups Heart rate (HR), left ventricular internal diameter (LVID) in diastole (d) and

237 systole (s), normalized left ventricular end-diastolic diameter calculated according to Cornell's
238 method of allometric scaling (LVEDDn), Enddiastolic volume index (EDVI) Endsystolic volume index
239 (ESVI), left ventricular ejection fraction (EF%), Fractional shortening (FS%), left atrial diameter (LA),
240 Aortic root diameter (Ao), left atrial to aortic root ratio (LA/Ao), Mitral valve inflow (E peak velocity -
241 EVmax, A peak velocity, E/A ratio), peak velocity of mitral and tricuspid regurgitations (MR and TR).
242 Asterisks indicate statistically significant difference between healthy group and CMVD
243 group: * $p < 0.05$, ** $p < 0.01$.

244

245 **Fig 1. Follow up.** Follow up at respectively 6 (A), 12 (B) and 18 (C) months of CMVD dogs and
246 WCD/WRF status.

247 **Fig 2. Survival curves.** Kaplan-Meier survival curves for dogs with CMVD (red line) and healthy dogs
248 (blue line) considering Cardiac Death (A) and Any cause Death (B).

249

250 Discussion

251 Previous studies in veterinary medicine support the cardio-renal connection described in
252 human medicine [8-12]. Our study assessed over time the most commonly used parameters of renal
253 function (sCr, UREA, UPC and urine specific gravity), in 21 dogs affected by CMVD and 20 healthy
254 dogs. The prevalence of azotemia in dogs affected by CMVD in this study (16%) is higher than the
255 prevalence reported in the general population of dogs (0.05%-5.8%), but is lower than the prevalence
256 reported in our retrospective study (25%) on a group of 158 dogs with CMVD [12, 30, 31]. Most
257 importantly, we previously evidenced that an advanced ACVIM class could be predictive for advanced
258 IRIS stage and *vice versa*, however the results of this study do not support a cardiorenal connection

259 due to the lack of difference between the analyzed groups in developing WCD or WRF [12]. Based on
260 the absolute number of cases experiencing WCD or WRF, we can assert that more dogs with WCD
261 experience WRF than dogs without WCD, however, we are not able to clarify if these findings are
262 secondary to the aged-related coexistence of CMVD and renal damage, more than cardio-renal
263 syndrome. We didn't find any correlation between diuretic therapy and renal function. We evidenced
264 that one dog receiving triple therapy plus digoxin and diltiazem experienced multiple CHF episodes
265 and developed azotemia, however, the essential link between severe CMVD and advanced therapy
266 for medical management of heart disease (more severe CMVD require more aggressive therapy)
267 made other consideration regarding therapy and renal function unreliable. Survival analysis was
268 influenced by the absence of cardiac or renal death in the healthy group and didn't add any useful
269 information about the role of heart or kidney function on survival in dogs with CMVD. In fact, the 11%
270 of healthy dogs at inclusion developed CMVD and none of them experienced cardiac related death.
271 It has to been highlighted that low prevalence of CMVD in the control group is likely related to the
272 difference of body weight and age. The CMVD group was representative of the general population
273 of dog affected by CMVD (small and medium size breeds of middle to old age), while the healthy
274 group included younger and heavier dogs that fulfilled the inclusion criteria. Because of the difference
275 in life expectancy between small and large breed dogs, according to the human/pet analogy chart
276 modified from Fortney WD, large breed dogs had to be consider "geriatric" when CMVD dogs were
277 considered as "senior". Hematocrit has been reported to be significantly lower in geriatric compared
278 to senior dogs by Willems and colleagues; this finding could explain the difference in Ht between our
279 two groups [32]. The 5% of control dogs at inclusion developed CKD stage IRIS 1, similarly to the
280 prevalence of azotemia reported in the general population of dogs (5,8%), and none of them
281 experienced renal related death [30].

282 The main limitations of this study are related to the small number of dogs included. However, the
283 strict inclusion criteria allowed us to rule out some major confounding factors. The controls group
284 did not match for age and weight with the study group and was not representative of the general
285 population of dogs with CMVD, however this is a major problem of most of the studies about CMVD,
286 due to its elevated incidence in the geriatric small breed dog population. Moreover, it has been
287 reported that reference intervals of sCr should be based on BW categories; we established a cutoff
288 of 1.4 mg/dl that could delay early diagnosis of renal dysfunction in small breed dogs and inversely
289 might be too low for large and giant dogs [33]. The 11% of healthy dogs developed proteinuria; other
290 causes of proteinuria (e.g. leishmaniosis, heartworms) were not evaluated in these dogs because of
291 owner's economics restraint. Symmetric dimethylarginine (SDMA) was not evaluated due to its late
292 inclusion in IRIS guideline (2015).

293 Conclusions

294 Congestive heart failure didn't directly induced WRF in the studied population. Diuretics
295 therapy, increasing in radiographic parameter VHS and/or increasing of the echocardiographic
296 parameters elected as indicative of WCD, didn't induce increasing sCr or appearance of azotemia
297 and/or proteinuria. However, considering the prevalence of azotemia in the CMVD group (higher
298 than the prevalence in the general population of dogs analyzed in previous paper), data suggests a
299 link between heart and kidney function. We couldn't exclude aged-related coexistence of CMVD and
300 renal damage. A bigger number of dogs at inclusion is required to reach statistical significance.

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307

308 References

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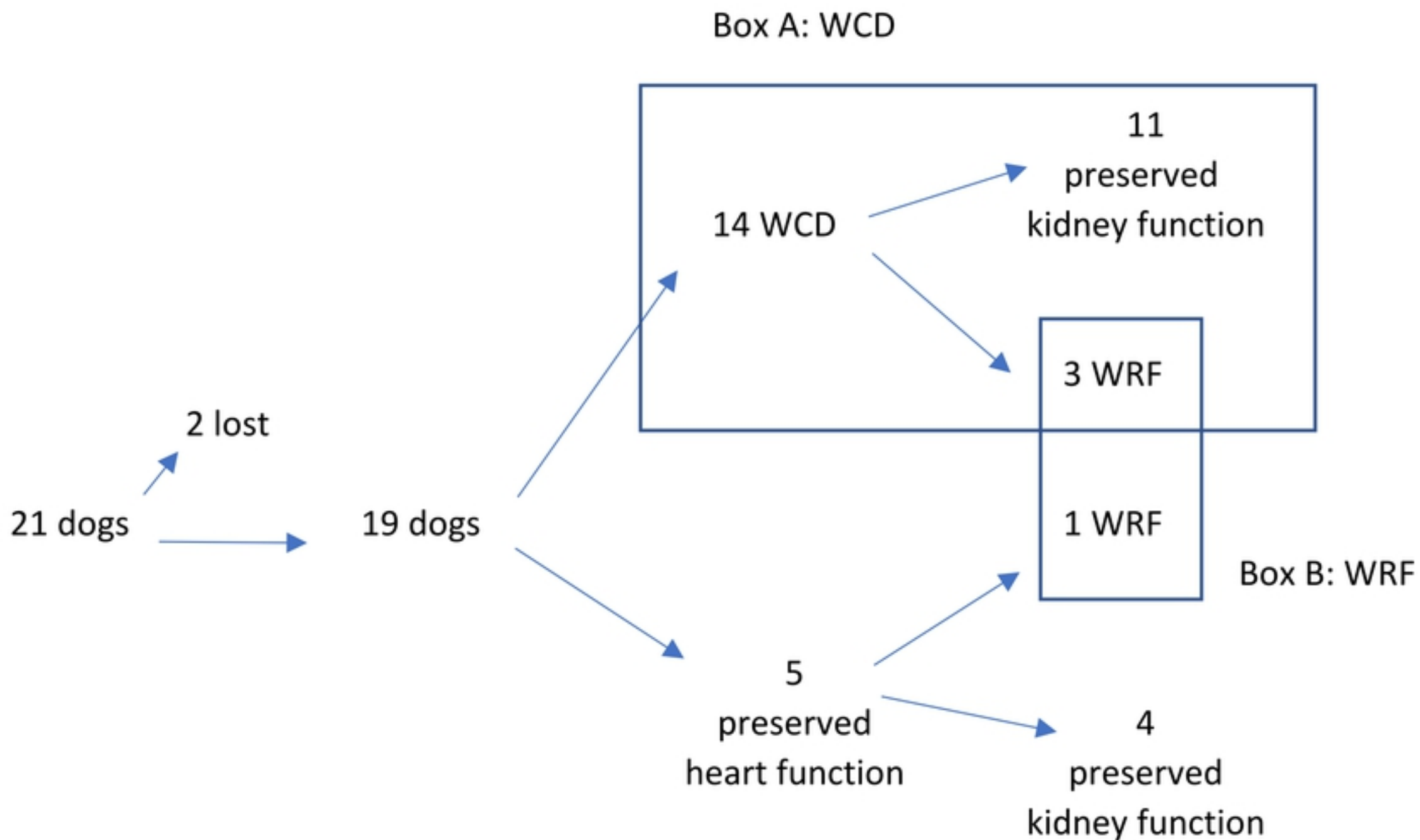
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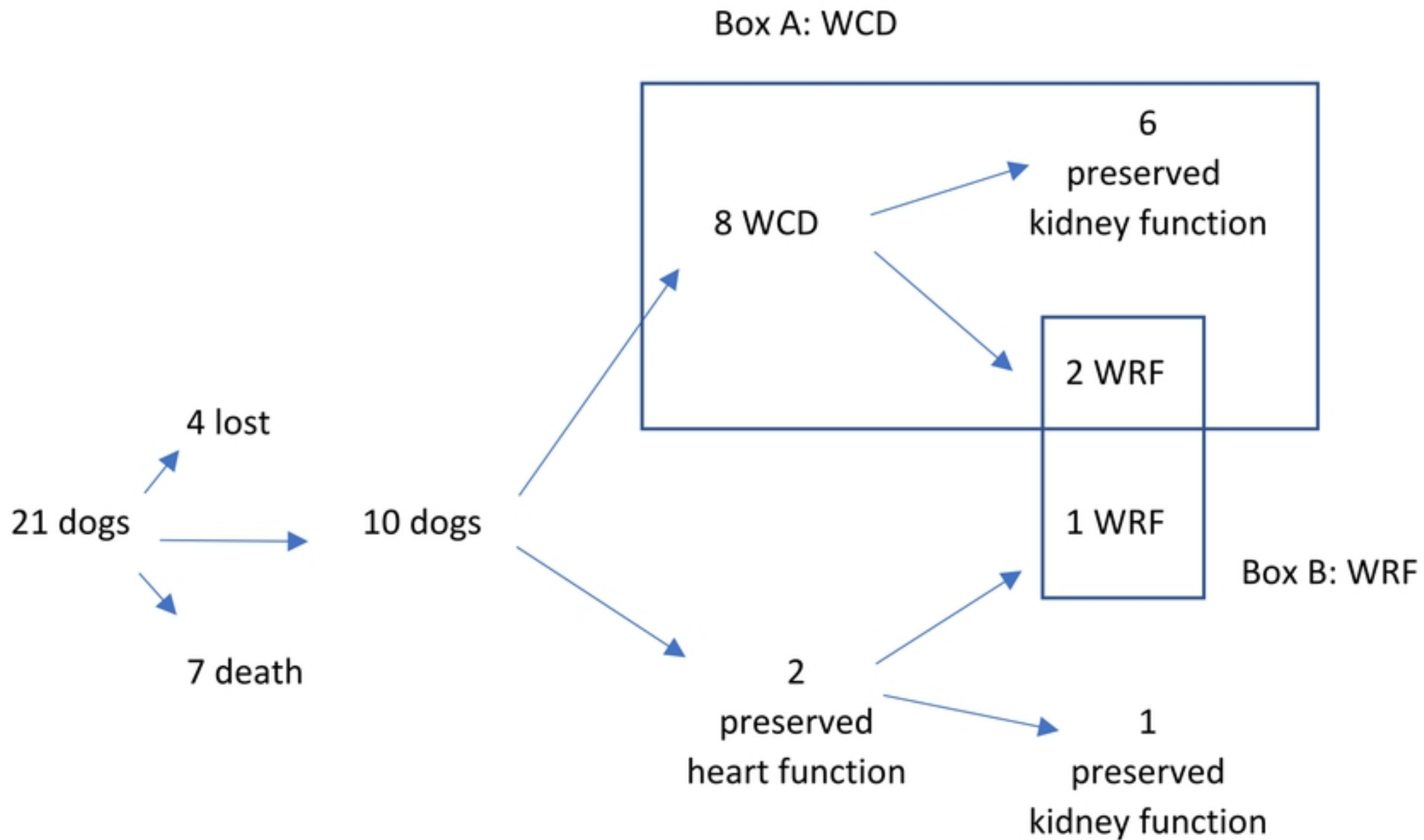
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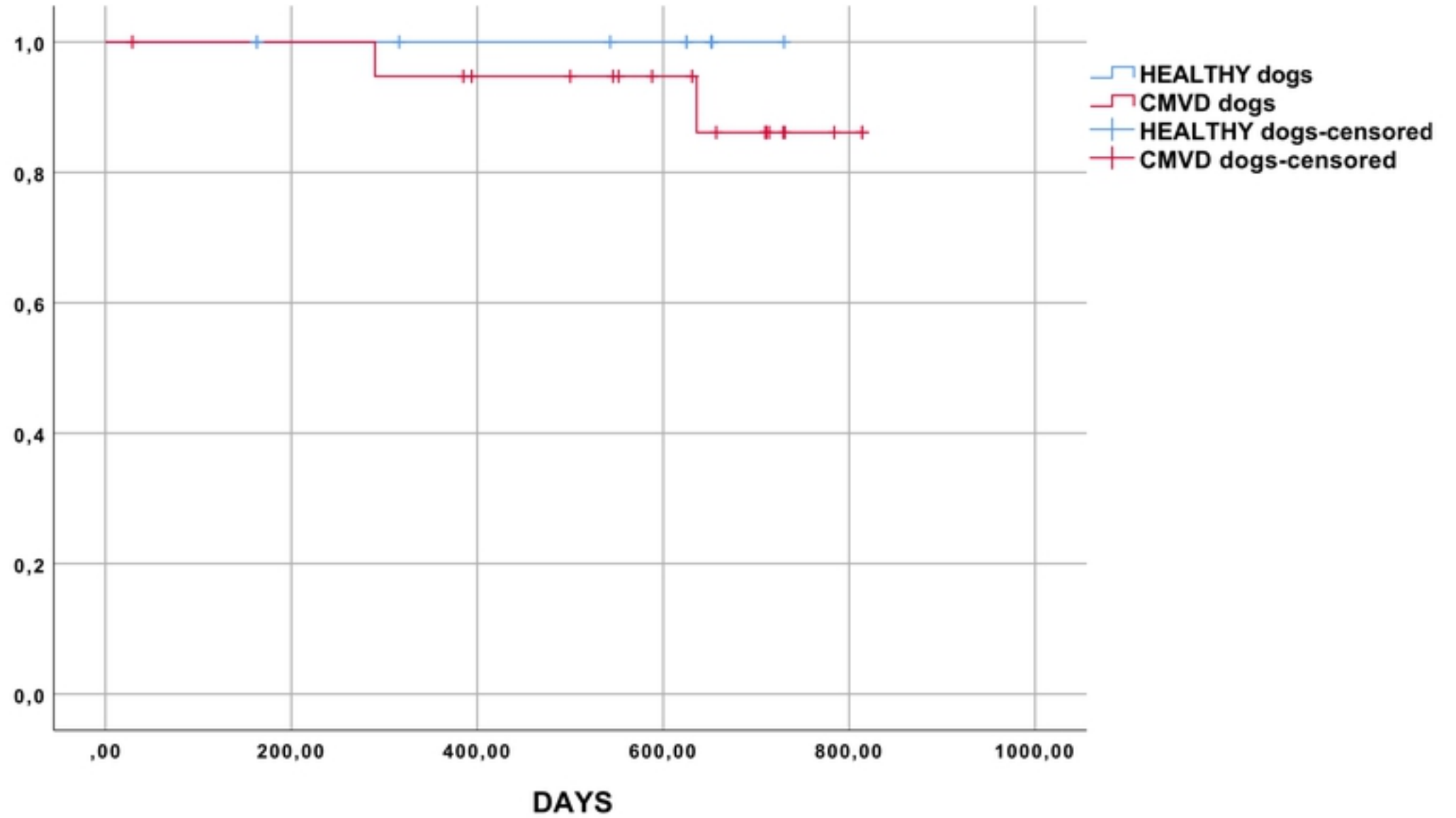
AT 12 MONTH



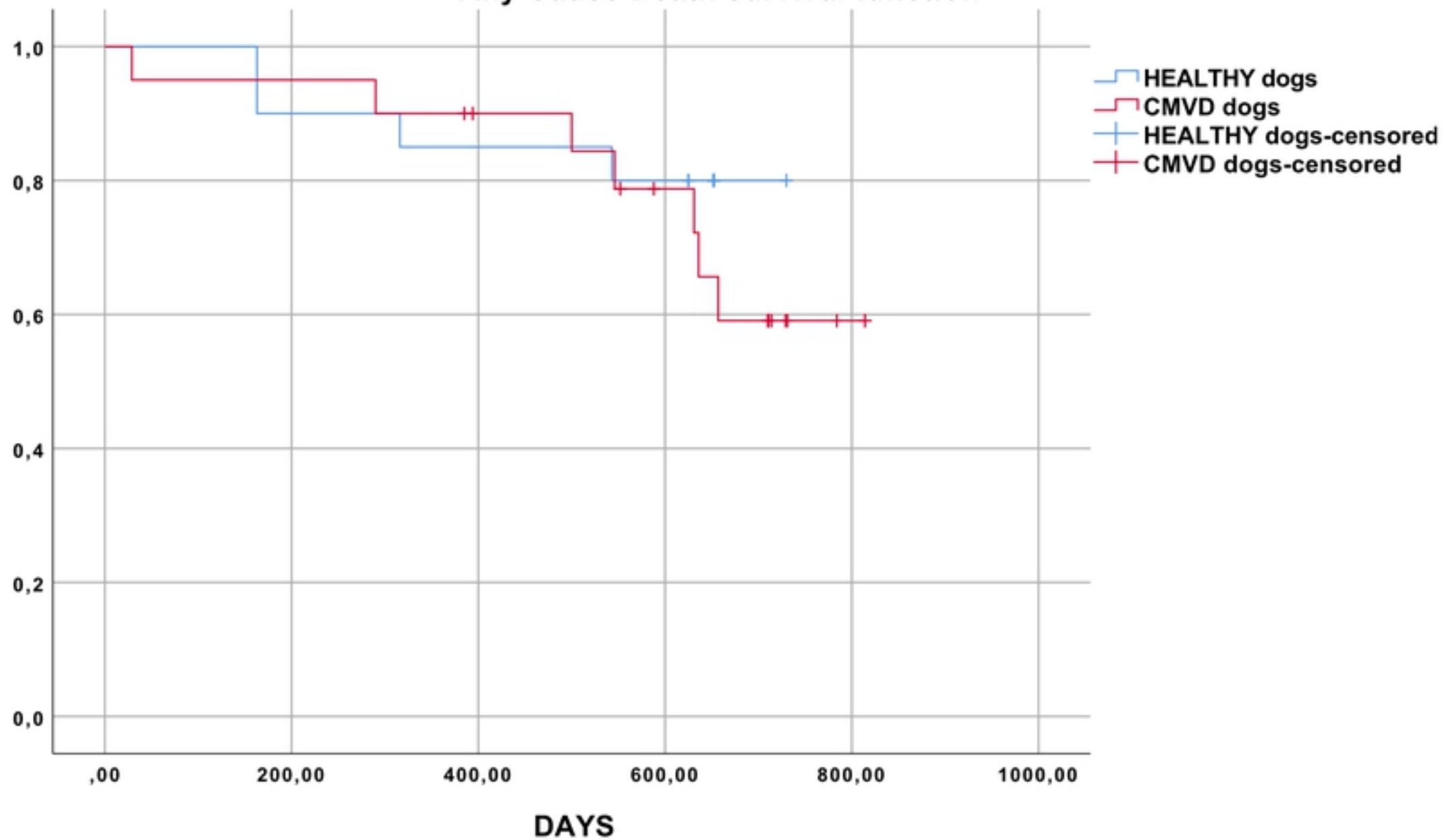
AT 18 MONTH



Cardiac Death survival function



Any Cause Death survival function



AT 6 MONTH

