

1 ***Moringa oleifera* Lam. as an energy crop for biogas production in**
2 **developing countries**

3
4 Fulvia Tambone*, Matteo Pradella, Floriana Bedussi and Fabrizio Adani

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6 Ricicla Group Labs - Dipartimento di Scienze Agrarie e Ambientali –
7 Produzione, Territorio, Agroenergia - Università degli Studi di Milano - Via
8 Celoria 2 – 20133 Milano, Italy

9
10 (*) Corresponding author: e-mail: fulvia.tambone@unimi.it

11 **Abstract**

12 *Moringa oleifera* Lam. (moringa) is a typical plant of tropical climates used as
13 food, feed and natural medication. This plant, rich in oil, could be valorised in
14 the bioenergy sector, as infeed to produce biofuel, useful to save fossil sources
15 and to limit GHG emissions. This paper has evaluated its potential methane
16 production by the anaerobic digestion process, in comparison to corn and giant
17 cane, two typical food and non-food energy crops. Biogas production has been
18 correlated to the content of fats, waxes, cellulose, hemicellulose, proteins and
19 lignin in the three plants and to the different carbon-types detected by solid-
20 state Nuclear Magnetic Resonance (NMR) technique. Chemical and
21 spectroscopic analysis showed that organic matter of moringa contains more
22 than 40% of fats having high potential to produce biogas. Although the
23 quantity of biogas produced from corn was higher, among the three samples,
24 the content in methane for corn and moringa was not statistically different. In
 particular, the methane yields for the giant cane, moringa and corn were

25 363±11, 442±9 and 452±12 m³ Mg DM⁻¹ respectively: moringa produced less
26 biogas but it was richer in methane. Methane concentration was positively
27 correlated to the sum of fats, waxes, resins, hemicellulose and proteins
28 (R²=0.97; n=3; p<0.05). All these results seem to indicate that effectively
29 moringa can be used as substrate to produce biogas by anaerobic digestion.
30 When combined with small-scale low-tech digesters, this can represent a good
31 opportunity for bioenergy production in developing countries.

32

Keywords:

anaerobic digestion; biogas; chemical composition; fats; moringa; renewable
energy

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35 **1. Introduction**

36 *Moringa oleifera* Lam. (moringa) (Moringaceae family) is a fast-growing
37 softwood tree indigenous to sub-Himalayan tracts of Northern India. This tree
38 is mainly found in the Middle East and in African and Asian countries, but, due
39 to its adaptability, it is spreading to other areas affected by drought in tropical
40 and subtropical lands [1]. Moringa, until a few years ago, was known and used
41 only by the population of the tropical belt, where moringa grows
42 spontaneously. More recently, due to its easy propagation and its various uses,
43 moringa is receiving growing interest at international level, both from scientists
44 and private companies. The main use of moringa is as food, to combat
45 malnutrition in the poorest areas of the world, and as forage, but it is also used
46 in medicinal applications for different diseases, by virtue of the numerous
47 active principles contained in this plant [2]. Nevertheless, the literature is
48 contradictory regarding the use of moringa as food or forage. Makkar and
49 Becker [3] reported that the particular bitter taste in fresh moringa, due to the
50 presence of alkaloids, saponins and glucosinolates, has as a consequence that
51 dairy cows fed with fresh moringa produce milk with a bad taste or smell.
52 However, in another experiment [4], where moringa was used as forage, the
53 organoleptic analysis of milk showed no evidence of quality problems. These
54 results lead us to suppose, as a precautionary measure, the possibility to use
55 only limited quantities of moringa as a dietary supplement, both for human
56 beings and for other animals. In this context, some authors have proposed the
57 use of moringa as a source of bioenergy, in particular biodiesel or biogas [5-8].
58 With the aim of improving the methane content in the biogas, some
59 pretreatments of the infeed biomasses are proposed such as ozonation, alkaline
60 or acid hydrolysis, shredding, press extruders, ultrasound, pre-digestion by

61 microorganism, enzymes or use of additives [9]. Biodiesel can derive from
62 different vegetable oils (*i.e.* cottonseed, palm, soybean) and a review of the
63 literature indicates that moringa oil could be one of the prospective sources of
64 biodiesel that has lower impact in terms of emissions of carbon monoxide
65 (CO), carbon dioxide (CO₂), Particulate Matter (PM₁₀ and PM_{2.5}) compared to
66 fossil fuels [10], as atmospheric pollutants affect the air quality [11].

67 Rashid et al. [5] proposed moringa oil as potential biomass to produce
68 biodiesel with interesting results and yields. Nevertheless, some authors
69 reported high values of cloud and pour points for the biodiesel from moringa
70 oil which presents a problem in cold temperatures [6] and others reported low
71 oxidation stability of biodiesels that could be overcome only by adding
72 antioxidants [7]. Another possibility consists in the use of moringa [6] with
73 particular interest in the leaves and branches to produce biogas [8] leaving
74 seeds for biodiesel production or food purposes.

75 This last opportunity, for bio-energy production, could be particularly
76 interesting in developing countries where energy needs are growing. In Sub-
77 Saharan Africa, for example, the access to energy systems is difficult, despite
78 the presence of several reserves of petroleum, natural gas and coal. This causes
79 high consumption of virgin wood and charcoal, as the principal sources of
80 energy, with negative implications for the environment (deforestation and
81 greenhouse gases – GHGs emission) and human health (respiratory infections),
82 particularly in rural areas [12]. The main victims of these risks are the women
83 and children who generally do the cooking and harvesting of biomasses [13].
84 In this context, anaerobic digestion (AD) can play a central role in reducing
85 conflicts between energy combustion and environmental conservation,

86 adopting low-tech technologies [12-16]. In order to optimize the production of
87 biogas and, at the same time, the methane content, it is now common to use the
88 so-called energy crops for anaerobic digestion. Several annual and perennial
89 plants are proposed as suitable to produce energy by AD, both food and no-
90 food crops. The most important perennial species are grass, rye grass and
91 miscanthus, for which potential methane yields (PMY) have been reported [17]
92 to be 298-467 m³ Mg⁻¹ VS; 390-410 m³ Mg⁻¹ VS; 179-218 m³ Mg⁻¹ VS,
93 respectively. Among the annual energy crops, maize is most widely used but
94 also, wheat, sorghum, triticale and sugarbeet [17]. For these crops PMY are
95 205-450 m³ Mg⁻¹ VS; 384-426 m³ Mg⁻¹ VS; 295-372 m³ Mg⁻¹ VS; 337-555 m³
96 Mg⁻¹ VS; 236-381 m³ Mg⁻¹ VS respectively [17]. The great variability is due to
97 the energy crop type, chemical composition, area of cultivation and time of
98 harvest. However, the potential biogas production cannot be the only parameter
99 to evaluate the quality of an energy crop and other aspects must be considered
100 such as the climatic context and the agro-ecological impact [18]. Other
101 agronomic aspects, in particular water and nutrients use efficiency, can play
102 key roles in the choice of the most suitable energy crop [19]. For example,
103 Gissén et al. [20], reporting the performance in methane production and
104 relative costs related to six different energy crops (hemp, sugar beet, maize,
105 triticale, grass/clover ley, winter wheat), concluded that, despite the good
106 energy yields in some contexts in European countries, it would be difficult to
107 achieve a real advantage in terms of costs and benefits in the long term. In this
108 context, recently *Arundo donax* L. (giant cane) has been proposed as a non-
109 food energy crop [21]. Giant cane is characterized by its very high biomass
110 production and, despite its yield in methane being lower, compared to corn,
111 the biomethane production per hectare is much higher, in view of the lower

112 energetic and agronomic inputs for giant cane in comparison with corn [21].
113 Similarly, one of the main characteristics of moringa, in addition to its
114 remarkable hardiness, is its low need for water, a factor that has allowed it to
115 adapt well to adverse weather conditions. The plant generally produces flowers
116 and pods from the second year of age, sometimes two crops are obtained each
117 year. A moringa plant remains productive for as long as 30 years, all the year
118 round, even during the dry seasons. In fact, today moringa is known and used
119 in many arid areas of the world (i.e. tropical Africa, tropical America, Sri
120 Lanka, India). Comparing the requisites that an energy crop must possess [22]
121 in particular rapid growth, high yield per hectare, absence or limited
122 competition with food production, low needs in terms of water, nutrients and
123 pesticides, moringa seems to agree well with these requirements. Because of
124 the characteristics of moringa above discussed, this crop seems to be
125 potentially useful for producing bioenergy, via biogas production, in
126 developing countries. Unfortunately, few data exist regarding the ability of this
127 crop to produce biogas in relation to its chemical characteristics.

128 The aim of this paper is to assess the potential methane production of moringa
129 in comparison with corn and giant cane. In addition, corn, giant cane (this
130 work) and *Miscanthus x giganteus* (literature data as suggested by referees)
131 have been chosen for comparison because they represent, respectively, the
132 typical energy crop characterized by high methanogenic power, but not feasible
133 in developing countries with food safety problems, and two emerging non-food
134 energy crops with a good methanogen potential. Moreover, biogas produced by
135 energy crops has been correlated with chemical characteristics, *i.e.* fats, waxes,
136 resins, cellulose, hemicellulose, proteins and lignin contents detected by the
137 different carbon-types assessed by the Cross Polarization Magic Angle

138 Spinning ¹³Carbon Nuclear Magnetic Resonance (CPMAS ¹³C NMR)
139 technique.

140

141 **2. Materials and methods**

142 *2.1 Experimental approach*

143 To verify the aptitude of *Moringa oleifera* to be used as an energy crop for
144 biogas production its chemical characterization, as well as organic carbon
145 detection by CPMAS ¹³C NMR, were carried out. All these data have then been
146 correlated with the Anaerobic Biogas Potential (ABP) test. In addition, two
147 other energy crops used to produce biogas, i.e. corn (annual crop) and giant
148 cane (perennial crop) have been considered for comparison.

149

150 *2.1 Chemical characterization of biomasses under investigation: moringa,* 151 *corn and giant cane*

152 Samples of plants of *Moringa oleifera* Lam. (moringa - M) (leaves and
153 branches of adult plants of 4-5 years), *Zea mays* L. (corn - C) and *Arundo*
154 *donax* L. (giant cane - GC) (for these last two, whole plants at the end of the
155 cycle without roots) were used for the experiment. Corn and giant cane,
156 sampled from an AD full-scale plant (Lombardy Region – North Italy), were
157 previously subjected to an ensiling process. The samples of moringa came from
158 a cultivated crop located in Haiti (Port-au-Prince). The samples were dried for
159 24 h at 80 °C and then shredded in a blender to pass through a 2-mm mesh. All
160 the samples were analysed for their pH (fresh samples for C and GC), volatile
161 solids (VS), Total Organic Carbon (TOC) by the dichromate method and total
162 N-Kjeldahl (TKN) content [23]. Since all the biomasses studied were of

163 vegetable origin and to better understand if there was a relationship, as
164 expected, between the production of biogas with some specific class of organic
165 compounds, we performed a detailed quantification of the different classes of
166 compounds characterized by different biodegradability rates and so different
167 potential biogas production. For this purpose, macromolecular composition
168 analyses were performed by using different solvents, as reported in a previous
169 work [24]. In details the following components were determined: fraction I,
170 soluble in organic solvents (hexane-ethanol 50:50 v/v, and ethanol 16.87 mol L⁻¹
171) for lipids, resins, tannins, part of proteins; fraction II, soluble in H₂O and hot
172 H₂SO₄ 0.94 mol L⁻¹ under reflux for 2 h for hemicellulose, part of proteins,
173 sugar; fraction III, soluble in H₂SO₄ 13.50 mol L⁻¹ at 4°C for 24 h for cellulose;
174 fraction IV, insoluble in H₂SO₄ 13.50 mol L⁻¹ for lignin. All analyses were
175 performed in triplicate.

176

177 *2.2 Carbon-type determination of biomasses under study detected by CPMAS*

178 *¹³C NMR technique*

179 CPMAS ¹³C NMR is a technique useful to provide qualitative and quantitative
180 information on the composition of a biomass by the identification of the main
181 carbon-types of which the organic matter consists [25]. In this paper, this
182 technique has been combined with the chemical characterization of the samples
183 in order to find possible correlations between biogas production and moringa
184 composition. The solid-state CPMAS ¹³C NMR spectra of the samples, dried
185 and ground (diameter ! 0.2 mm), were acquired at 10 kHz on a Bruker AMX
186 600 spectrometer (Bruker BioSpin GmbH, Rheinstetten) using a 4-mm CP-
187 MAS probe. The pulse repetition rate was set at 0.5 s, the contact time at 1 ms,
188 and the number of scans was 3200. The chemical shift scale of CP MAS¹³C

189 NMR spectra were referred to tetramethylsilane ($\delta = 0$ ppm). Spectra were
190 elaborated using TOPSPIN 1.3 software (Bruker BioSpin GmbH, Rheinstetten,
191 Germany).

192
193 *2.3 Biogas determination by anaerobic potential biogas production (ABP) test*
194 *performed on moringa, corn and giant cane*

195 The ABP test was performed in a 100-ml serum bottle using 0.62 g of dried
196 sample added to 37.5 ml of inoculums in stable methanogenic activity and 22
197 ml of de-ionized water. Volatile fatty acids losses during samples' drying (corn
198 and giant cane) have not been taken in consideration because their content is
199 very limited (1-2% DM) [26]. All batches were sealed with Teflon hermetic
200 caps, flushed with an N₂ atmosphere, and incubated at $37 \pm 1^\circ\text{C}$, until no
201 further biogas production was detected (around 100 days) [27]. The same
202 analysis was performed on the inoculums alone as controls. Test bottles were
203 periodically analysed for both quantitative and qualitative determination of
204 biogas production. Quantitative biogas production was estimated by
205 withdrawing extra-pressure gas with a syringe. Biogas composition (CH₄-CO₂
206 ratio) was assessed by gas chromatograph (Agilent 3000A Micro GC). All tests
207 were run in duplicate.

208
209 *2.4. Statistical analyses of the data*

210 Chemical analyses were performed in triplicate. Average and standard
211 deviation values were calculated according to standard procedures. The results
212 were analysed by ANOVA, and the Tukey test was used to compare mean
213 values. All statistical analyses were carried out using SPSS statistical software
214 (SPSS, Chigago, IL).

215

216 **3. Results and discussion**

217

218 *3.1 Chemical characterization of biomasses under investigation vs. potential* 219 *biogas production for moringa, corn and giant cane.*

220 Chemical characteristics can affect biomass degradability and so biogas
221 production.–The moringa chemical characteristics, i.e. C, TKN and C to N
222 ratio, are comparable to those reported in the literature [28], but differ from
223 those determined for corn and giant cane (Table 1). In particular corn and giant
224 cane are characterized by lower pH values than moringa biomass as a
225 consequence of the presence of volatile fatty acids [29] produced during the
226 ensilage process. On the other hand, the organic carbon (OC) content was very
227 similar in all biomasses, as indicated by the low standard deviation obtained
228 (average value 550 ± 9 g kg⁻¹ DM). This parameter can indicate the suitability
229 for a biomass to produce biogas, because it represents the substrate potentially
230 degradable by the microbial community responsible for the anaerobic digestion
231 process [30]. Nitrogen content (TKN) in moringa was four and five times
232 higher than corn and giant cane, respectively, because of the high content of
233 organic nitrogen (*i.e.* protein) [2]. The availability of N vs. C content for
234 microorganisms, *i.e.* the C/N ratio, was much lower for moringa (12.1) than for
235 corn (49.7) and giant cane (69.7). This parameter is important to define the
236 rapidity of degradation of a biomass: lowest values promote degradation [31].

237 More interesting are the data reported in Figure 1 concerning the
238 macromolecular composition of the organic matter (OM) contained in the three
239 plants, as the potential biogas production of a biomass depends on both

240 quantitative aspects, OC content as previously reported, and qualitative factors
241 such as the content of fats, carbohydrates, proteins, cellulose, hemicellulose,
242 and lignin [32]. Moringa samples were characterized by a significantly higher
243 fraction of fatty compounds, i.e. 43.8 ± 5.2 % OM for moringa, 20.7 ± 0.0 % OM
244 for corn, and 14.6 ± 0.9 % OM for giant cane, than fibrous material
245 (hemicellulose, cellulose and lignin). Substrates rich in fats [32], which are
246 organic molecules characterized by a lower oxidation state, are able to produce
247 more biogas in comparison to other biomasses with similar organic matter
248 content-

249

250 *3.2 Carbon-type determination of biomasses under study detected by CPMAS*

251 *¹³C NMR technique vs. potential biogas production*

252 The results of solid-state CPMAS ¹³C NMR analyses, reported in Table 2,
253 provide qualitative information on the composition of the three biomasses
254 studied, by identifying the main carbon-type that composed organic matter. C
255 type distribution agrees with the wet analysis before discussed. In particular,
256 moringa is characterized by the presence of fat (aliphatic C) (spectra region 0-
257 47 ppm) that is of 29% of total C, and so much higher than those identified for
258 corn and giant cane (about 8%). This means that moringa is rich in both short
259 and long chain linear structures like suberin, cutin and waxes (peaks at 25–33
260 ppm) [33, 34] that confirm the high fraction of fatty compounds determined by
261 solvent extraction (Figure 1). This resulted in a lower presence of C types in
262 the spectra region 47-110 ppm (polysaccharides) (Table 2).

263

264 *3.3 Biogas determination by anaerobic potential biogas production (ABP test)*
265 *performed on moringa, corn and giant cane*

266 To assess the potential of moringa in producing biogas, Table 3 reports a
267 comparison with the average of ten samples of different ingestates [35]
268 composed by mixes of the organic fraction of municipal solid waste, pig and
269 cow slurry, milk serum, and corn silage. Data reported in Table 2 show that, in
270 terms of composition especially for aliphatic C, moringa is very similar to
271 typical infeed mixtures, which leads us to propose that it has a good potential
272 for the production of biogas. In this regard, Figure 2 reports the trends relative
273 to biogas production during the 100 days of ABP test. Figure 2 clearly shows
274 similar cumulative trend (no inhibition) and production (Table 3) of biogas for
275 moringa ($670 \pm 6 \text{ m}^3 \text{ Mg DM}^{-1}$) and giant cane ($686 \pm 2 \text{ m}^3 \text{ Mg DM}^{-1}$) but higher
276 values for corn ($781 \pm 13 \text{ m}^3 \text{ Mg DM}^{-1}$). Nevertheless, data should also be
277 analysed to compare the specific methane yield potential (SMY) for the
278 samples. The results, expressed on the base of DM and VS, ($442 \pm 9 \text{ m}^3 \text{ Mg DM}^{-1}$
279 ¹ i.e. $412 \text{ m}^3 \text{ Mg VS}^{-1}$; $452 \pm 12 \text{ m}^3 \text{ Mg DM}^{-1}$ i.e. $430 \text{ m}^3 \text{ Mg VS}^{-1}$; $363 \pm 11 \text{ m}^3$
280 Mg DM^{-1} i.e. $349 \text{ m}^3 \text{ Mg VS}^{-1}$ for moringa, corn and giant cane respectively)
281 are significantly different, because the percentage of methane in biogas is taken
282 into consideration. Biogas produced during the anaerobic digestion process
283 principally consists of methane (50–80% v/v) and carbon dioxide [35]. As a
284 result, the greater the percentage of methane, the higher the energy power of
285 the produced biogas will be. The concentration of methane in the biogas,
286 measured during the ABP test, is reported in Table 3 and the values are
287 $66.8 \pm 1.5 \%$, $58.9 \pm 1.3 \%$ and $53.2 \pm 1.4\%$ for M, C and GC respectively. In
288 particular, CH_4 (% Biogas) concentration was moringa>corn>arundo. This
289 means that, in comparison to giant cane, moringa is able to produce less biogas

290 which, however is richer in methane. As a consequence, the total CH₄
291 produced, in terms of m³ Mg D.M.⁻¹, for corn and moringa was not statistically
292 different (Table 3). Potential biomethane production from moringa appeared
293 very interesting also when it was compared with *Miscanthus x giganteus*, i.e. a
294 typical perennial crop proposed for biogas production (literature data). In fact,
295 bibliographic data relative to the quantity of methane that can be produced by
296 *Miscanthus x giganteus* vary from 150 up to 325 m³ Mg D.M.⁻¹ [36-38]
297 depending mainly on the harvest time during the year. For our samples,
298 methane concentration was positively correlated to the sum of fats, waxes,
299 resins, hemicellulose and proteins (R²=0.97; n=3; p<0.05) and, as expected,
300 negatively correlated to lignin content (R²=0.70; n=3; p<0.05). In moringa,
301 despite the lower content of carbohydrate (i.e. hemicellulose and cellulose) in
302 comparison to corn (about +40% for corn), the higher content of fats (about
303 +53% for moringa) was able to contribute in a significant manner to the
304 production of bioenergy during anaerobic digestion.

305

306 **4. Conclusions**

307

308 Moringa's chemical and spectroscopic characteristics, in comparison with
309 those of corn and giant cane, highlighted a content of compounds with high
310 methanogenic power (i.e. fats) and the potential biogas production test has
311 confirmed that the plant can effectively be valorised as a substrate suitable for
312 bioenergy production by anaerobic digestion. The use of moringa, mixed with
313 other available organic waste, could therefore be an excellent opportunity for
314 the production of biogas by small-scale low-tech digesters. Moringa, also by
315 virtue of its characteristics of hardiness, rapid growth, low water and fertilizer

316 requirements could play a multifunctional role in socioeconomic and
317 environmental terms in developing contexts.

318

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