

## Article

# Relationships between personality traits and the physiological stress response in a wild mammal

Francesca Santicchia<sup>a</sup>, Lucas A. Wauters<sup>a,b,\*</sup>, Ben Dantzer<sup>c,d</sup>,  
Sarah E. Westrick<sup>c</sup>, Nicola Ferrari<sup>e,f</sup>, Claudia Romeo<sup>e</sup>, Rupert Palme<sup>g</sup>,  
Damiano G. Preatoni<sup>a</sup>, and Adriano Martinoli<sup>a</sup>

<sup>a</sup>Department of Theoretical and Applied Sciences, Environment Analysis and Management Unit - Guido Tosi Research Group - Università degli Studi dell'Insubria, Via J. H. Dunant 3, 21100 Varese, Italy, <sup>b</sup>Department of Biology, Evolutionary Ecology Group, University of Antwerp, Universiteitsplein 1, 2610 Wilrijk, Belgium, <sup>c</sup>Department of Psychology, University of Michigan, 530 Church Street, Ann Arbor, MI 48109, USA, <sup>d</sup>Department of Ecology and Evolutionary Biology, University of Michigan, 830 North University, Ann Arbor, MI 48109, USA, <sup>e</sup>Department of Veterinary Medicine, Università degli Studi di Milano, Via Celoria 10, 20133 Milano, Italy, <sup>f</sup>Centro di Ricerca Coordinata Epidemiologia e Sorveglianza Molecolare delle Infezioni, Università degli Studi di Milano, Milano, Italy, and <sup>g</sup>Unit of Physiology, Pathophysiology and Experimental Endocrinology, Department of Biomedical Sciences, University of Veterinary Medicine Vienna, Veterinärplatz 1, 1210 Vienna, Austria

\*Address correspondence to Lucas Wauters. E-mail: lucas.wauters@uninsubria.it.

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## Abstract

Glucocorticoids (GCs) are involved in the regulation of an animal's energetic state. Under stressful situations, they are part of the neuroendocrine response to cope with environmental challenges. Animals react to aversive stimuli also through behavioral responses, defined as coping styles. Both in captive and wild populations, individuals differ in their behavior along a proactive–reactive continuum. Proactive animals exhibit a bold, active-exploratory and social personality, whereas reactive ones are shy, less active-exploratory and less social. Here, we test the hypothesis that personality traits and physiological responses to stressors covary, with more proactive individuals having a less pronounced GC stress response. In wild populations of invasive gray squirrels *Sciurus carolinensis*, we measured fecal glucocorticoid metabolites (FGMs), an integrated measure of circulating GCs, and 3 personality traits (activity, sociability, and exploration) derived from open field test (OFT) and mirror image stimulation (MIS) test. Gray squirrels had higher FGMs in Autumn than in Winter and males with scrotal testes had higher FGMs than nonbreeding males. Personality varied with body mass and population density. Squirrels expressed more activity-exploration at higher than at lower density and heavier squirrels had higher scores for activity-exploration than animals that weighed less. Variation in FGM concentrations was not correlated with the expression of the 3 personality traits. Hence, our results do not support a strong association between the behavioral and physiological stress responses but show that in wild populations, where animals experience varying environmental conditions, the GC endocrine response and the expression of personality are uncorrelated traits among individuals.

**Key words:** FGM concentration, glucocorticoids, HPA axis reactivity, MCMCglmm, personality-traits, *Sciurus carolinensis*

Wild animals interact continuously with the environment and many of these interactions are mediated in part by the action of the hypothalamic–pituitary–adrenal (HPA) axis and by the autonomic nervous system. These neuro-endocrine responses allow animals to cope with a variety of environmental stimuli through the influence of its downstream products [e.g., glucocorticoids (GCs), catecholamines] on behavior, reproduction, growth, and energy allocation (Jansen et al. 1995; Sapolsky et al. 2000; Ricklefs and Wikelski 2002; Koolhaas et al. 2010). GCs, in terms of baseline activity of the HPA axis, affect the animal's energetic state through the regulation of circulating glucose levels related to broad changes in activity patterns (e.g., seasons and life-history stages), and by influencing circadian patterns of appetite and foraging behaviors (Sapolsky et al. 2000; Crespi et al. 2013). GCs also play a mediatory role in processes that require energetic expenditure and resource allocation trade-offs, to cope with unpredictable or predictable environmental stressors, hence in the animal's physiological stress response (Wingfield and Sapolsky 2003; Crespi et al. 2013; Wingfield and Romero 2015).

Animals can react to environmental stimuli also through a set of behavioral responses that are consistent within individuals over time, independently from their life-history state, sex, and motivational state, referred to as coping styles (Koolhaas et al. 1999; Pfeffer et al. 2002; Réale et al. 2007). Based on previous studies of farm or laboratory animals under controlled conditions, which demonstrated how the activity of the HPA axis is associated with certain coping styles, it was proposed that behavioral reactions to stressors are mediated by hormones exerting pleiotropic actions on both the animal's behavior and physiology (Koolhaas et al. 1999; Carere et al. 2005; Dantzer and Swanson 2017), and that these relationships are conserved throughout the vertebrate lineage (Øverli et al. 2007).

Both in captive and wild populations, individuals differ in behaviors related to the animal's personality, hence their tendency to behave consistently over time and in different contexts (Réale et al. 2007; Carere et al. 2010), along a proactive–reactive continuum (Koolhaas et al. 1999, 2010). In mammals, proactive animals tend to exhibit a bold, active-explorative, and social personality, whereas reactive ones are shy, less active-explorative, and less social (Carere et al. 2010; Koolhaas et al. 2010). Proactive individuals are predicted to exhibit high levels of catecholamines but low levels of GCs in response to an environmental challenge, whereas reactive animals are predicted to exhibit low levels of catecholamines and high levels of GCs in response to an adverse stimulus (Carere et al. 2005; Cockrem 2007; Koolhaas et al. 2010; Pusch et al. 2018; Raulo and Dantzer 2018). Despite several studies on laboratory animals finding these associations, the causal relationship between physiological responses and behavioral reactions is still debated (Carere et al. 2010; Koolhaas et al. 2010). In fact, in their review, Koolhaas et al. (2010) proposed that individual variation can have several dimensions and that the behavioral response to a challenging condition (measured as the expression of single personality traits or of coping styles), is partly independent from the physiological response (stress reactivity). This hypothesis is known as the 2-tier model. According to the 2-tier model, individuals may show stable trait-like variation on 2 independent axes, a qualitative coping style axis and a quantitative stress reactivity axis. Measurements of traits along each axis (reactive–proactive traits along the behavioral axis, and low–high reactivity along the stress axis) do not necessarily need to be correlated.

In wild mammals, the measurement of fecal glucocorticoid metabolites (FGMs; Sheriff et al. 2011; Dantzer et al. 2014), which represents a combination of both baseline and stress-induced GC

levels, has been used as an integrated measure of the animal's HPA axis activity and reactivity over a specific period of time (Touma and Palme 2005; Sheriff et al. 2011; Palme 2019). Here, we measured FGM concentrations in different wild populations of invasive Eastern gray squirrel *Sciurus carolinensis* in Italy, to investigate the relationship between individual personality traits and HPA axis activity. Although catecholamines, also released from the adrenals, may further influence behavioral responses to environmental stimuli, we only measured the steroid hormone response in terms of changes in GCs. FGM was determined from fresh (<3 h old) feces taken from trapped animals to ensure they reflected typical GC levels from about 12–24 h before and were not influenced by trapping and handling (Bosson et al. 2013). We characterized the personality of squirrels along the proactive–reactive continuum through the open field test (OFT) and mirror image stimulation (MIS) test (Mazzamuto et al. 2018) and measured FGMs of individuals under different intrinsic (sex, reproductive condition, and body mass) and environmental conditions (season and squirrel density). First, we determined which behavioral groups of those that we measured (activity, exploration, shyness [from OFT], sociability, avoidance, activity-exploration, and alert [from MIS]; Mazzamuto et al. 2018) were repeatable within an individual and thus could be used as personality traits to describe a proactive or reactive coping style. Based on the 2-tier model (Koolhaas et al. 2010), we predicted that the personality traits would have significant repeatability (consistent differences among individuals) and would be correlated forming coping styles. Moreover, if FGM measures are a good indicator of individual variation in the GC stress response, they should also have some degree of repeatability, as previous studies have shown (Fanson and Biro 2018; Taff et al. 2018). We further tested whether squirrels that exhibit a reactive coping style (less active, exploratory, and sociable) also have higher FGMs, whereas those with a more proactive coping style (more active, exploratory, and sociable) have lower FGMs (Raulo and Dantzer 2018).

## Materials and Methods

### Study species

The Eastern gray squirrel *S. carolinensis* is a North American tree squirrel species which has been introduced in Britain, Ireland, and Italy (O'Teangana et al. 2000; Bertolino et al. 2014; Gurnell et al. 2015) where it negatively impacts native biodiversity, through inter-specific competition for resources, disease-mediated competition, and damage to forestry (Gurnell et al. 2015; Romeo et al. 2015). Gray squirrels also increase levels of physiological stress (Santicchia et al. 2018a) and affect the expression of personality traits (Wauters et al. 2019) in co-occurring native red squirrels. Densities in natural habitats range from <1 to >5 squirrels/ha but can be much higher in parks and urban woodlands (Koprowski 1994). Home ranges overlap extensively between males and females, and home range size tends to be negatively related to squirrel density (Koprowski 1994; Shuttleworth et al. 2016). The social structure of gray squirrel populations is stable and hierarchical, principally determined by the sex, age, and relatedness, with older heavier animals dominant over smaller adults and subadults (Shuttleworth et al. 2016). This structure is mainly composed by kinship groups, which consist of mothers and their female offspring, and where agonistic behavior are minimal and amicable behaviors between related individuals are common (Koprowski et al. 1994; Gurnell et al. 2001). Alien gray squirrels in Italy have a poor macroparasite fauna (parasite-release, Romeo et al. 2014), and the probability of infection by the dominant

gastro-intestinal helminth and intensity of infection (worms/infected host) are related to the squirrel's personality (boldness-exploration tendency) and its body mass, respectively (Santicchia et al. 2019).

### Study areas, trapping, and handling squirrels

We trapped gray squirrels in 5 study areas in Piedmont, Northern Italy, between November 2014 and December 2016: BER (4.9 ha); PIO (2.6 ha); RS (5.9 ha); MOR (37 ha), and COM (3.2 ha). All areas are woodlands or parks with mature broadleaf trees, mainly oaks *Quercus robur*, *Q. petraea*, hornbeam *Carpinus betulus*, lime *Tilia cordata*, and black walnut *Juglans nigra*, and few ornamental conifers, surrounded by agricultural landscapes. In each area, we carried out 2 (COM) to 3 (other areas) capture-mark-recapture sessions, once every 2 months between Autumn and early Spring (November/December to March/April), lasting 4–5 days. Number of traps used varied slightly between sessions and/or study areas. A trapping session involved the use of 16 (PIO), 16 (RS), 17 (BER), 30 (COM), 48 (MOR) ground-placed Tomahawk traps (model 202, Tomahawk Live Trap Co., Hazelhurst, WI, USA) evenly spaced throughout the areas, with a fine mesh added underneath traps to prevent contamination between urine and feces. Traps were checked 2–3 times/day to minimize time in trap and time since defecation (maximum 3 h). Each captured squirrel was individually marked using ear-tags, weighed (Pesola spring balance,  $\pm 5$  g), measured (length of the right hind foot,  $\pm 0.5$  mm), and sexed (Wauters and Dhondt 1995; Gurnell et al. 2001). Reproductive status was defined as nonbreeding (Nbr), post-estrus and pregnant (Preg), or lactating (Lact), for females, and non-breeding with abdominal testes (Abd) or breeding with scrotal testes (Scr), for males. Details of the methods used to estimate gray squirrel population size are available in Supplementary Table S1. Trapping and handling squirrels complied with current laws on animal research in Italy and were carried out with permit of the authorities for wildlife research and management of Turin and Cuneo Provinces (Respectively, D.D. 294-34626 of 2014 and Prot. n. 0002624 of 13/01/2014) and of the Italian Institute for Environmental Protection and Research (ISPRA). All of these procedures abided by American Society of Mammalogists (ASM) guidelines (Sikes and Gannon 2011).

### Feces collection, extraction of hormone metabolites, and enzyme immunoassay

Fecal samples of trapped squirrels were collected from underneath the traps and stored in vials (for details see Dantzer et al. 2010; Santicchia et al. 2018a). We only used fresh fecal samples (<3 h) from squirrels that had not previously been trapped or handled within 72 h prior to capture to minimize effects of capture stress on FGMs (Dantzer et al. 2010; Bosson et al. 2013). Each fecal sample was classified as being taken in the morning (10.00–13.00 h) or in the afternoon (15.00–18.00 h) to account for potential variation in FGMs over the 24-h cycle (Palme 2019).

We used a  $5\alpha$ -pregnane- $3\beta$ ,  $11\beta$ , 21-triol-20-one enzyme immunoassay (EIA) to measure FGMs (ng/g dry feces; Touma et al. 2003; Dantzer et al. 2010; Santicchia et al. 2018a). This EIA detects GC metabolites with a  $5\alpha$ - $3\beta$ ,  $11\beta$ -diol structure (for cross-reactivity see Touma et al. 2003). Assay validation in this species showed how fecal samples collected from traps represent an integrated measure of cortisol produced  $\sim 16$  h before defecation (FGMs peak between 12 and 24 h after ACTH challenge, Bosson et al. 2013). Details of the EIA procedure and its validation for Eastern gray squirrels can be found elsewhere (Bosson et al. 2013). Samples were analyzed in duplicate. We assayed 342 fecal samples of gray squirrels. Pools of

gray squirrel fecal extracts were used as intra-assay controls at dilutions of 1:50 ( $\sim 30\%$  binding) and 1:400 ( $\sim 70\%$  binding). Average intra-assay coefficients of variation (CVs) were 8.7% and 14.8%, respectively, for pools diluted 1:50 and 1:400. Interassay CVs were estimated from standards of known concentration with a high ( $n = 25$  plates, 12.4% binding) and low ( $n = 25$  plates, 80.9% binding) concentration that had inter-assay CVs of 15.2% and 9.1%, respectively.

### Personality measured with arena test

We performed 128 arena tests on a restricted sample of 83 individuals, from COM ( $n = 35$ , 14 males, 21 females) and MOR ( $n = 48$ , 22 males, 26 females). In 96 cases (41 males, 55 females), we also had FGM measures. Arena tests consisted of an OFT to measure the expression of the personality traits activity, exploration, and shyness in a novel environment, followed by a MIS test to determine the animal's degree of sociability or avoidance, aggressiveness, and being alert toward a conspecific, as well as its tendency for expressing behaviors that define a combined activity-exploration trait (Mazzamuto et al. 2018; for details see Supplementary Table S2). In this study, the OFT lasted 6 min and MIS 4 min.

### Repeatability estimates of personality traits

On 37 individuals tested more than once (32, 2 times; 5, 3 times;  $n = 79$  tests), we estimated repeatability of the expert-based personality traits (Mazzamuto et al. 2018) as the between-individual variation divided by the sum of the between-individual and residual variation, using Bayesian generalized linear mixed effects models based on a Markov Chain Monte Carlo algorithm with the R package *MCMCglmm* version 2.26 (Hadfield 2010). The personality-trait scores were square root transformed before analysis. Each model had a personality trait as dependent variable and study area, sex, and experiment order (1st, 2nd, or 3rd test) as fixed effects, and squirrel identity as random effect (SM3 in Supplementary Material). Posterior distributions were based on 1,050,000 iterations with a burn-in of 50,000 iterations and thinning of 40, such that 25,000 iterations were used to obtain point estimates and 95% credibility intervals (CIs). For the random effects and residual variation, an inverse-gamma prior uninformative for the model was used (Wilson et al. 2010). We found moderate repeatabilities ( $R > 0.20$ ; see also Bell et al. 2009) for activity from OFT and for sociability and activity-exploration tendency (referred to trait “other” in Mazzamuto et al. 2018) from MIS (details in Supplementary Table S2 and in Section SM3 in Supplementary Material), which were further used as personality traits in the *MCMCglmm* model below.

### Analysis of personality–stress relationships

We applied a multivariate mixed model fitted in a Bayesian framework using the package *MCMCglmm* in R (Hadfield 2010). The 3 retained expert-based personality traits (activity from OFT, sociability and “other” [activity-exploration] from MIS) and FGM concentrations were used as dependent variables after standardization (with 0 mean and variance equal to 1), using a Gaussian residual error distribution. As repeated observations were present, individual was added as a random effect. For both the residual and between-individual variation, an unstructured variance–covariance matrix was modelled, allowing the estimation of correlations among the response variables (covariance divided by the square root of the product of the variances). Sex, arena test order, daytime (animal sampled in morning or afternoon), season [Winter (December to March),

Spring to Summer (April to August), or Autumn (September to November)] were included as fixed effects (factors) and also the standardized continuous variables body mass and population density were added as fixed effects. Reproductive condition was added as a fixed effect for males (with 2 levels: nonbreeding and breeding) and as a separate factor for females (with 3 levels: nonbreeding, pregnant, lactating). Daytime and reproductive condition were added as fixed effect to account for potential differences in FGMs due to diel rhythm and reproductive activity in males and females (Goymann 2012; Dantzer et al. 2016; Palme 2019). The effects of daytime, reproductive condition, and season were set to 0 for the dependent variables activity, sociability, and activity-exploration (hence estimating their relationship only with FGM concentrations) and the effect of arena test order was set to 0 for FGM. Posterior distributions were based on 1,050,000 iterations with a burn-in of 50,000 iterations and thinning of 40, such that 25,000 iterations were used to obtain point estimates and 95% credibility intervals. For the random effects and residual variation, a parameter-expanded prior uninformative for the model was used (Houslay and Wilson 2017). Also, we applied the Gelman–Rubin statistic (Gelman and Rubin 1992) and Geweke diagnostic (Geweke 1992) which confirmed model consistency and convergence. Details of model script and output are provided in Section SM4 in [Supplementary Material](#). There were 3 samples with very high FGMs (66,550; 68,090; and 79,675 ng/g dry feces) but eliminating them from the dataset did not change model outputs (results not shown).

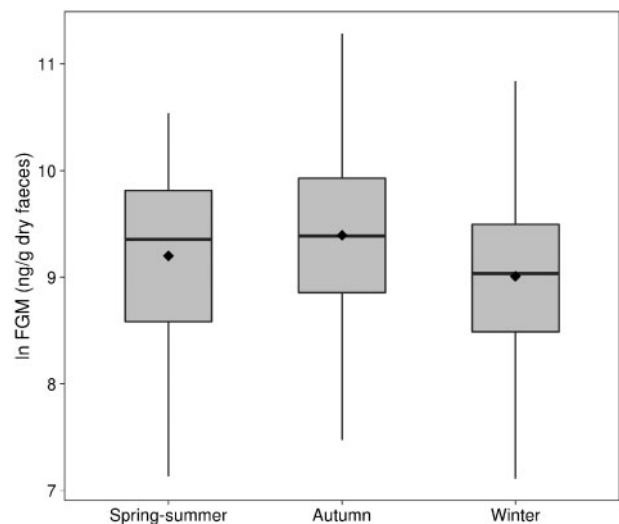
## Results

### Patterns of variation in FGM concentrations in gray squirrels

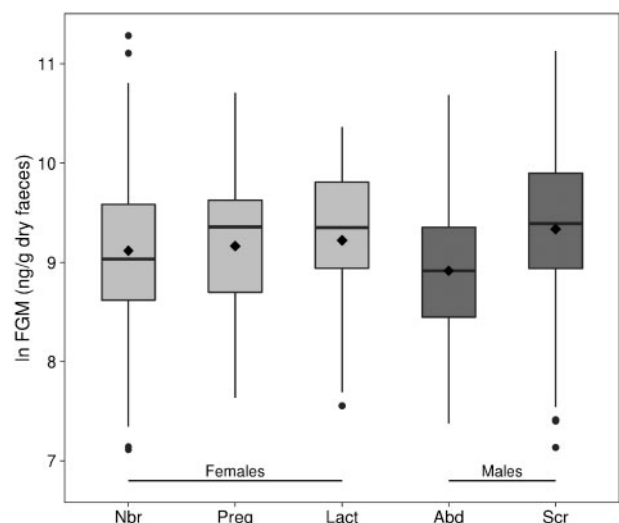
We used 340 samples of 193 different animals (mean samples/id = 1.76; range 1–4). FGM concentrations in gray squirrels were highly variable (mean  $\pm$  SD = 12,610  $\pm$  10,749; range: 1,226–79,675 ng/g feces). Samples collected during the morning had lower FGM concentrations than samples collected during the afternoon (estimate  $\beta$  = –0.28, 95% CI = –0.49 to –0.06, pMCMC = 0.01). FGM varied seasonally, with higher values in Autumn than in Winter ( $\beta$  = 0.52, 95% CI = 0.15–0.88, pMCMC = 0.005), but no difference between Autumn and Spring to Summer (Spring to Summer versus Autumn  $\beta$  = –0.40, 95% CI = –0.88 to 0.10, pMCMC = 0.11; [Figure 1](#)). There was no effect of gray squirrel population density on FGM ( $\beta$  = –0.01, 95% CI = –0.18 to 0.17, pMCMC = 0.92). Among females, changes in reproductive condition did not influence variation in FGM (see Section SM4 in [Supplementary Material](#)), whereas among males, animals with abdominal testes (nonbreeding) tended to have lower FGM concentrations than males with scrotal testes (breeding;  $\beta$  = –0.32, 95% CI = –0.64 to 0.00, pMCMC = 0.051; [Figure 2](#)).

### Relationship between FGM concentrations and personality

Activity measured during OFT ( $R$  = 0.43, 95% CI = 0.15–0.67) and activity-exploration tendency measured during MIS ( $R$  = 0.42, 95% CI = 0.17–0.71) were repeatable among multiple measures within the same individual. Also sociability (MIS) had moderate repeatability ( $R$  = 0.29, 95% CI = 0.004–0.54) (more details in [Supplementary Table S2](#)). Hence, we retained these 3 behavioral groups as personality traits in our MCMCglmm model (SM4).



**Figure 1.** FGM concentrations (ln transformed) in gray squirrels captured in Spring to Summer ( $n$  = 61), Autumn ( $n$  = 91), or Winter ( $n$  = 188). Boxplots show median (solid horizontal line), mean (black diamond), and 1st (25%) and 3rd (75%) quartiles.



**Figure 2.** FGM concentrations (ln transformed) in female and male gray squirrels in relationship to reproductive condition, defined as nonbreeding (Nbr,  $n$  = 116), post-estrus and pregnant (Preg,  $n$  = 39) or lactating (Lact,  $n$  = 26), for females; and nonbreeding with abdominal testes (Abd,  $n$  = 70) or breeding with scrotal testes (Scr,  $n$  = 89), for males. Boxplots show median (solid horizontal line), mean (black diamond), and 1st (25%) and 3rd (75%) quartiles.

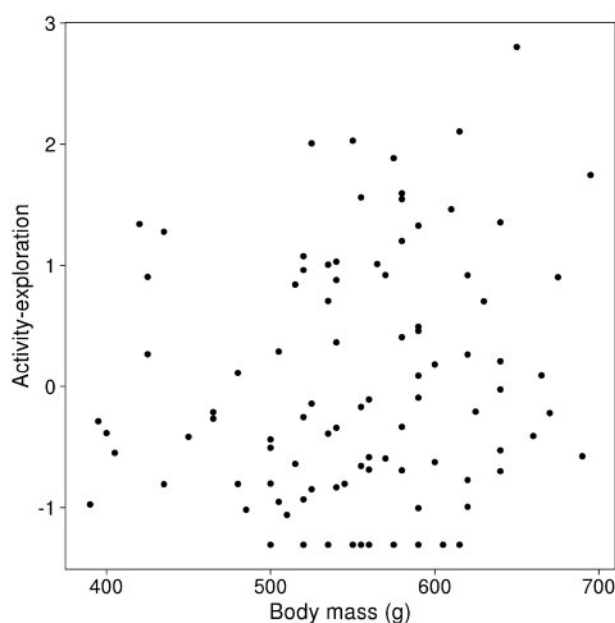
Heavier gray squirrels were more active explorers than individuals with lower body mass ( $\beta$  = 0.28, 95% CI = 0.07–0.47, pMCMC = 0.006; Section SM4 in [Supplementary Material](#); [Figure 3](#)) and squirrels expressed more activity-exploration during the MIS test when densities were higher ( $\beta$  = 0.16, 95% CI = 0.005–0.31, pMCMC = 0.047; Section SM4 in [Supplementary Material](#)). Estimates of correlations between the 3 personality traits suggested that active individuals tended to be also more sociable and more explorative, although the credible intervals overlapped 0 ([Table 1](#) and SM4 in [Supplementary Material](#)). The correlations of the 3 personality traits with FGMs were close to 0 ([Table 1](#)) indicating the lack of an association between the physiological and behavioral stress response in this species. Activity had the largest between-individual variance



and the smallest within-individual variance, indicating that an individual squirrel is consistent in its activity in the OFT but there is broad variation in activity among individuals in the populations (Table 1). In contrast, FGMs had the smallest between-individual and the largest within-individual variance (repeatability  $R = 0.05$ , 95% CI = 0.00–0.14), suggesting it fluctuates within a limited species-specific range, but each individual's FGM can vary strongly over most of that range (Table 1). The within-individual covariance estimates among the personality traits and FGM were small and their 95% CIs included 0 (Table 1).

## Discussion

We showed that in free-ranging gray squirrels, OFT, and MIS test in an arena returned moderate within-individual repeatability for 3 personality traits: activity (OFT), sociability (MIS), and activity-exploration (MIS) tendency. Although active squirrels also tended to be more social and more explorative, suggesting a proactive coping style, correlations from the MCMCglmm model did not exclude 0 from the 95% credibility intervals. Furthermore, we found that



**Figure 3.** Association between gray squirrel body mass at the time of capture and the standardized score of the personality trait activity-exploration measured during MIS test carried out after the capture event ( $n = 128$ , for details, see results MCMCglmm model).

neither of the 3 personality traits covaried with 1 measure (FGMs) of the physiological stress response in a wild mammal. This main result confirmed the findings from an earlier study on free-ranging North American red squirrels *Tamiasciurus hudsonicus* that variation in the behavioral response and variation in the physiological stress response are independent and not correlated (Westrick et al. 2019). Hence, our results do not fully support the 2-tier hypothesis (Koolhaas et al. 2010) but suggest that under variable natural conditions individuals can express consistent behavioral responses that are independent from their physiological stress response. In other words, whether animals exhibit a more proactive (high activity, exploration, and sociability) or a more reactive (low activity and/or exploration and less sociable) personality is not functionally related to low or high HPA axis reactivity.

## General pattern of FGM concentration variation

FGM concentrations were significantly higher in Autumn than in Winter, with a nonsignificant difference between Autumn and Spring to Summer. During the Autumn gray squirrels are subject to an increase in intraspecific interactions due to competition for feeding and caching of high-energy tree seeds (Koprowski 1994). Moreover, Autumn is also the period of juvenile/subadult dispersal, which may force resident adult males and female kin group to defend their core-areas to limit immigration (Koprowski 1994; Gurnell et al. 2001). This increase in social pressure and foraging activity could explain the observed seasonal differences in FGM concentrations, that were also reported in previous studies on gray squirrels (Bosson et al. 2013) and other tree squirrel species (*S. vulgaris*, Dantzer et al. 2016).

Patterns of variation in FGMs with reproductive condition in gray squirrels were, albeit only partly, in agreement with findings of previous studies on sciurids (Montiglio et al. 2015; Dantzer et al. 2016). Males with scrotal testes (reproductively active) had on average higher FGMs than those with abdominal testes (no reproductive activity). Males with scrotal testes will engage in mating chases and compete intensively with other males for access to the estrus female (Koprowski 1994). This high intraspecific contact and the many aggressive interactions among the competing males may result in the observed increase in FGMs (see also Santicchia et al. 2018a for *S. vulgaris*). Among females, there were no marked differences in FGMs between pregnant, lactating or nonbreeding individuals, in contrast with findings on Eurasian red squirrels (Dantzer et al. 2016). Overall, differences in FGMs depending on reproductive condition could match a change in circulating hormones or, alternatively, metabolism or gut passage time modifications (Goymann 2012). Although these factors could also lead to sex differences in GC levels

**Table 1.** Results of the multivariate MCMCglmm model

Parameter	Activity	Sociability	Activity/exploration	FGM
Activity	0.66 (0.29 to 1.06) 0.30 (0.12 to 0.54)	<b>0.40</b> (−0.12 to 0.88)	<b>0.19</b> (−0.31 to 0.68)	−0.15 (−0.88 to 0.63)
Sociability	0.18 (−0.05 to 0.45) 0.03 (−0.17 to 0.27)	0.33 (0.85 <sup>−8</sup> to 0.67) 0.78 (0.41 to 1.18)	<b>0.30</b> (−0.32 to 0.88)	−0.16 (−0.88 to 0.70)
Activity/exploration	0.11 (−0.14 to 0.35) 0.09 (−0.09 to 0.30)	0.12 (−0.08 to 0.36) 0.12 (−0.11 to 0.37)	0.45 (0.36 <sup>−7</sup> to 0.79) 0.48 (0.20 to 0.84)	0.02 (−0.74 to 0.78)
FGM	−0.03 (−0.18 to 0.10) 0.04 (−0.19 to 0.26)	−0.02 (−0.15 to 0.08) −0.14 (−0.42 to 0.13)	0.003 (−0.11 to 0.12) −0.02 (−0.27 to 0.22)	0.04 (0.26 <sup>−9</sup> to 0.14) 0.91 (0.75 to 1.07)

Between-individual and within-individual variances are listed on the diagonal (within-individual in italics), covariances below the diagonal (within-individual in italics), and correlations in bold above the diagonal (lower and upper bounds of 95% credibility intervals in brackets).

(Touma et al. 2003; Palme 2019), we found no difference in mean FGMs between males and females, in agreement with previous studies on tree squirrels (Dantzer et al. 2010, 2016; Bosson et al. 2013; Santicchia et al. 2018a).

FGM concentrations of gray squirrels did not covary with changes in squirrel density. This result is in contrast with findings reported in studies on other rodents (deer mice *Peromyscus maniculatus*, southern red-backed voles *Clethrionomys gapperi*: Harper and Austad 2004; root vole *Microtus oeconomus*: Bian et al. 2011; North American red squirrel *T. hudsonicus*: Dantzer et al. 2013; Algerian mice *Mus spretus*: Navarro-Castilla et al. 2017). We did not measure other potential sources of physiological stress that could differ among the study areas, such as anthropogenic disturbance (Wingfield 2013; Dantzer et al. 2014; Rehnus et al. 2014), differential predation pressure (Clinchy et al. 2013) or differences in parasite load (Raouf et al. 2006).

### Lack of repeatability in FGM

In a recent meta-analysis on the repeatability of GC measures in vertebrates, Schoenemann and Bonier (2018) found 12 studies that used FGM as an integrated measure of GCs. Five of these were on wild mammals (4 sciurid species and 1 deer species). A previous study in our study population of Eurasian red squirrels reported high and significant repeatability for wild-caught but captive held animals on a 48-h time span ( $n = 17$ ,  $R = 0.52$ , 95% CI = 0.25–0.69). However, this significant repeatability was not confirmed in a larger dataset of wild-caught animals trapped over a much longer sampling interval ( $n = 82$ ,  $R = 0.12$ , 95% CI = 0–0.45; Dantzer et al. 2016). The other 4 studies from Schoenemann and Bonier (2018) reported repeatabilities of GC measures ranging from 0.12 to 0.57, with the latter value over a short sampling interval (0–7 days). Hence, the repeatability in our study ( $R = 0.05$ , 95% CI = 0–0.14) was very low and comparable with those found by Dantzer et al. (2016) for wild-caught Eurasian red squirrels and reported by Schoenemann and Bonier (2018) for yellow-bellied marmots *Marmota flaviventris* ( $R = 0.12$ ). Another meta-analysis by Fanson and Biro (2018) reported FGM repeatabilities from 16 studies on wild-caught mammals (13 species), with values ranging from 0 to 0.67.

In our study, the low repeatability was likely due to a combination of relatively low among-individual and high within-individual variation in FGM. If high within-individual variance is a concern, the study should control for as many sources of environmental and life-cycle variation as possible (Schoenemann and Bonier 2018). We addressed this by adding the effects of squirrel density, daytime, season, sex, reproductive condition, and the animal's body mass in our model. Nevertheless, we must admit that the number of samples per individual was low, which tends to increase estimates of within-individual variance.

### Relationship between physiological stress and personality

We did not find significant correlations between FGMs and the 3 personality traits that describe the proactive–reactive continuum. In a recent review on a wide variety of vertebrate species, only 46% of studies that measured personality and GCs found a negative relationship between stress responsiveness or GC levels and personality as defined by the proactive and reactive profiles (Raulo and Dantzer 2018). Fifteen studies reported a lack of any correlation, as we found here. Also, other studies on sciurid species reported a similar

result that certain personality traits, mainly activity and exploration, were not related to GC levels (Ferrari et al. 2013; Clary et al. 2014; Montiglio et al. 2015; Westrick et al. 2019). Also for sociability, measured as the individual's tendency to slowly approach or sit close to its mirror image, hence its willingness to engage in social contact, there was no relationship between FGMs and the expression of sociability. This can be explained by diverse factors that can influence how the tendency for an individual to behave more socially and their levels of GCs interact with one another (Creel et al. 2013). For example, behaviors related to the acquisition and maintenance of social status (rank) are likely to affect the degree of social stress and GC levels associated with that social status (Goymann and Wingfield 2004). Moreover, environmental factors like changes in resource availability or predator pressure might have different effects on low-ranked than on high-ranked individuals, affecting the social status–GC relationships (Creel et al. 2013; Dantzer et al. 2017). The gray squirrel has a social system intermediate between solitary and social group-living species (Koprowski 1994; Gurnell et al. 2001): males are solitary but with overlapping home ranges, whereas adult females tend to form female kin-groups (philopatric daughters). Females from a kin-group do not forage together but have strongly overlapping core-areas; they rarely interact aggressively and may share dreys or dens (Gurnell et al. 2001). However, so far it is unknown to what degree differences in social status in this species are correlated with the expression of sociability measured during MIS test; a relationship that should be investigated in future studies.

In this study, more active and exploratory squirrels had a higher body mass than less active/exploring animals. A similar positive association was found between a boldness-exploration score estimated with an indirect method (PCA score derived from trappability and trap-diversity indices) and body mass of gray squirrels in our study areas (Santicchia et al. 2019). Less active-exploratory animals may be less efficient foragers and/or may be less likely to find high-quality food patches than more active-exploratory ones, and this could produce a fitness advantage for phenotypes with high body mass and strong active-exploration tendency, at least under certain environmental conditions (Le Coeur et al. 2015; but see Santicchia et al. 2018b). In fact, a recent study on wild great tits (*Parus major*) demonstrated that an individual's morphological (body size and body condition) and behavioral traits represent an expression of an integrated phenotype and suggested that phenotypic integration can play a role in generating animal personalities (Moiron et al. 2019).

In conclusion, using FGMs as an integrated measure of physiological stress, we showed there was no significant association between the expression of personality traits and physiological stress response in wild gray squirrels that live under (spatio-temporal) variable environmental conditions. However, it should be noted that the quantification of FGM concentrations in wild mammals represents a mix of basal circulating GCs and stress-induced GCs and may not allow for direct measurements of the reactivity of the HPA axis, which may correlate more strongly with behavioral stress responses (Baugh et al. 2013; Westrick et al. 2019). Despite this caveat, our results confirm the findings of a growing number of studies that tested for covarying behavioral and physiological stress responses in natural populations of free-ranging fish, birds, and mammals (reviewed in Raulo and Dantzer 2018; and Table 1 in Westrick et al. 2019), but did not find a positive relationship between personality traits representing a reactive profile and high HPA axis reactivity. However, it must be noted that in some study species conflicting results have been found, depending on which

particular personality trait was used (e.g., Clary et al. 2014) but also on the type of physiological measurement or on sample size (e.g., Baugh et al. 2013; Ferrari et al. 2013). For example, in Richardson's ground squirrels (*Urocitellus richardsonii*), there was a positive association between vigilance and FGMs, but no association between exploration and FGMs (Clary et al. 2014). In alpine marmots (*M. marmota*), there was a positive relationship between activity/exploration and blood cortisol in a small sample ( $n = 28$ ), thus in the opposite direction than predicted by the 2-tier model. However, in a larger sample ( $n = 146$ ) there was no association between 3 personality traits (activity, impulsivity, and docility) and blood cortisol (Ferrari et al. 2013). In great tits, there was a positive association between exploration and true baseline blood corticosterone, but a negative association between exploration and stress-induced blood corticosterone (measured after a 90 min handling-restraint, Baugh et al. 2013). To overcome some of these problems, we suggest that studies on wild animals exploring relationships between personality/behavior and the physiological stress response should measure both FGM concentrations and the expression of several personality traits multiple times over a seasonal and/or annual time-period and determine the degree of between-individual as well as that of the within-individual variation. Combining measures of an individual's average HPA axis reactivity and its variability over time and relating those with measures of behavioral consistency and plasticity may allow us to discover associations between personality and stress response not documented so far.

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## Authors' Contributions

F.S., L.A.W., and N.F. designed the study and the analyses, and A.M. supervised the project. Fieldwork and data collection were done by F.S., C.R., and L.A.W. F.S. carried out laboratory analyses and B.D. supplied laboratory space, equipment, and coordinated laboratory analyses. R.P. produced and supplied reagents for lab analyses. F.S. and S.E.W. carried out statistical analyses with the contribution of C.R., D.G.P., and B.D. The manuscript was drafted by F.S. and L.A.W.; all other authors contributed to improve the manuscript and gave approval for publication.

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