

11° Riunione Gruppo Studio Piastrine

Gazzada, 3 - 5 Ottobre 2010

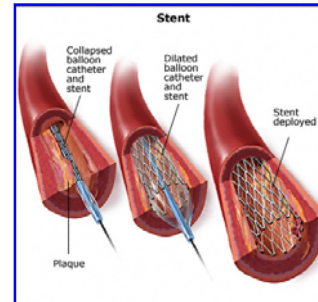
RIVASCOLARIZZAZIONE CORONARICA versus CAROTIDEA: VI SONO DIFFERENZE NEL PROFILO DI ATTIVAZIONE PIASTRINICA?

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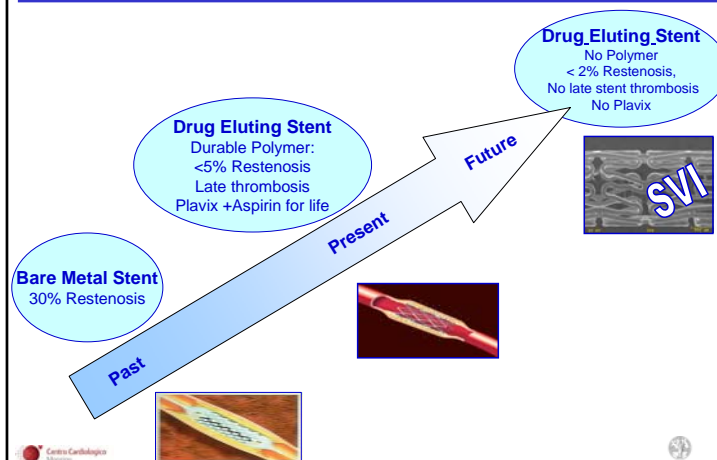
Coronary artery stent



Coronary stenting
has become a mainstay of
interventional cardiology.



Stent evolution



DES – Stent Thrombosis

The rate of **stent thrombosis** are **increased** with both **PES** and **SES** compared with their bare metal counterpart, a difference that emerges <1 year after stent implantation.

Stone GW N Engl J Med 2007

Late stent thrombosis, defined as any platelet rich thrombus occupying >25% of lumen >30 days after DES implantation.

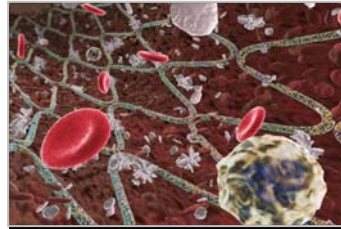
Finn AV et al, ATVB 2007



PCI and platelet activation

Acquired platelet activation following stent implantation is well documented* and may affect both short- and long-term outcomes in patients treated with stents.

Gawaz M et al, *Circulation* 1996
 Mak KH et al, *JACC* 1996
 Eeckhout E et al, *JACC* 1996
 Bau J et al, *Transfusion Medicine and Hemotherapy* 2001
 Gurbel PA et al, *J Inv Cardiol* 2002
 Gurbel PA et al, *Am J Cardiol* 2002
 Gurbel PA et al, *Am Heart J* 2003
 Gurbel PA et al, *JACC* 2005
 Gurbel PA et al, *JACC* 2006
 Bliden KP et al, *JACC* 2007
 Price MJ et al, *Am J Cardiol* 2009
 Sibbing D et al, *JACC* 2009



*By means of platelet aggregation measurement as well as by surface receptor expression in circulating blood

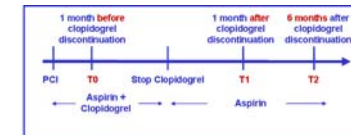
Stent Thrombosis

- Prevention is currently based upon the combination of **aspirin** (75-325 mg/day) plus **clopidogrel** (600 mg loading dose followed by 75 mg/day).

DES, platelet activation and drug treatment

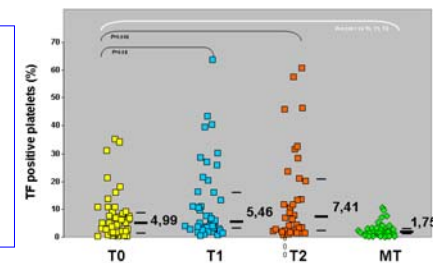
➤ No data are available on platelet behaviour after stopping thienopyridine treatment.

Platelet TF in DES treated patients – 10° GSP



•During dual antiplatelet therapy TF-positive platelets are significantly higher than in medically treated (MT) patients.

•TF-positive platelets further increase at T1 and T2 (ASA only) remaining significantly higher than those of MT patients.

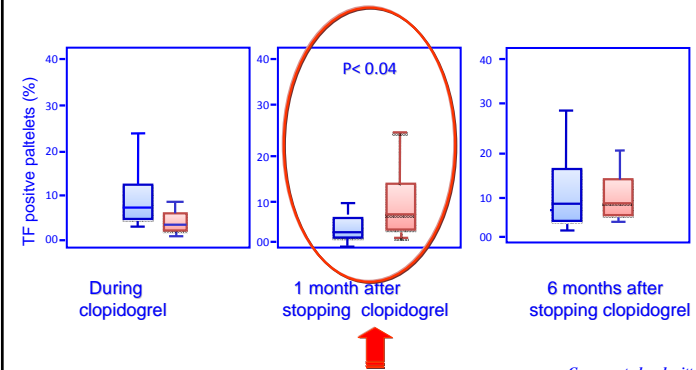


Follow up of DES-treated patients

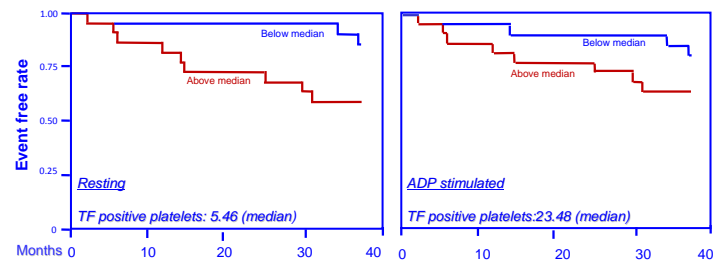
Of the 48 patients enrolled, 16 (33%) underwent a *de novo* PCI on another coronary lesion over a 3 year period of time.



Patients who underwent a new PCI within three years (■) had TF levels in **resting platelets** significantly higher than patients who were event-free (□)



Patients' stratification according to the TF positive platelet value 30 days after clopidogrel withdrawal



Patients with the TF positive platelet value at one month after clopidogrel withdrawal **above the median** had higher risk to undergo a new PCI within three years (RR=1.5 for 10 points % increase).

Camera et al, submitted

Carotid artery stenting

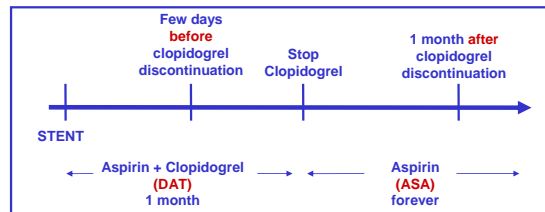
- Carotid Artery Stenting (CAS) is an evolving method to treat carotid stenosis.
- Platelet activation in CAS occurs as a result of vessel wall damage and subendothelium exposure.
- The dual antiplatelet regimen has a significant impact on reducing adverse neurological outcomes.

No data on platelet activation during dual antiplatelet therapy and after thienopyridine discontinuation have been examined in CAS.



Study Aim & Design

To compare platelet activation in patients who underwent **carotid** revascularization (n=38) versus stable angina patients who underwent **coronary** revascularization (n=16) with bare metal stent (BMS) implantation.



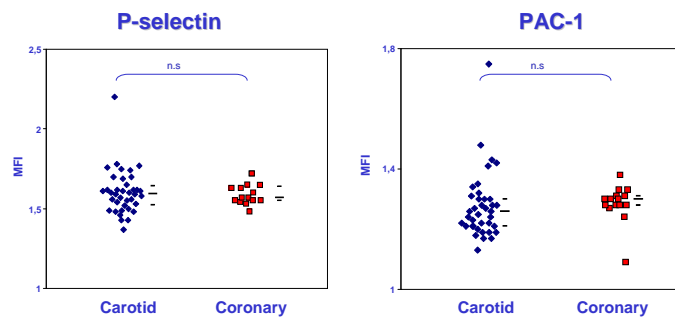
Methods

Platelet activation markers:

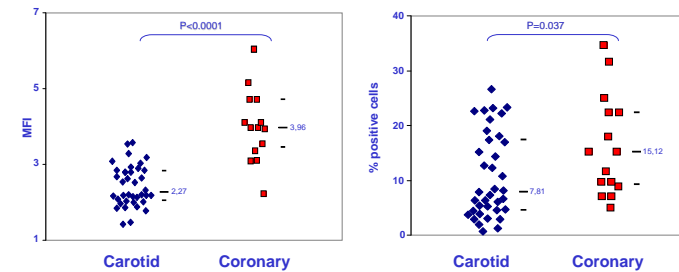
- GPIIb/IIIa activated complex (PAC1)
- P-Selectin (CD62P)
- Tissue Factor (TF)
- Percentage of total monocyte-platelet aggregates
- Percentage of TF-positive monocyte-platelet aggregates

were assessed by whole blood flow cytometry in resting conditions and after *in vitro* ADP stimulation (10 μ M, 15 min).

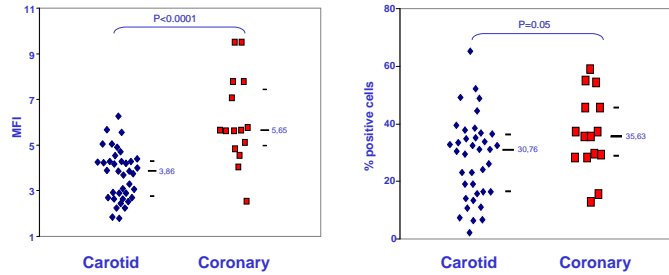
Platelet activation markers during DAT – Resting conditions



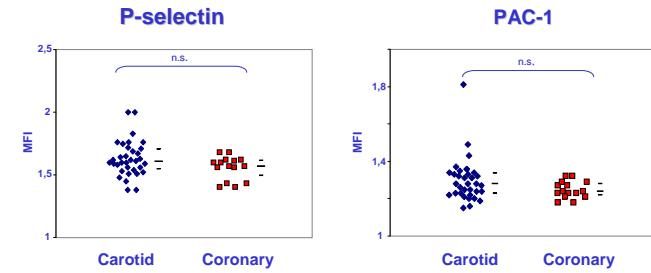
Platelet Tissue Factor expression during DAT – Resting conditions



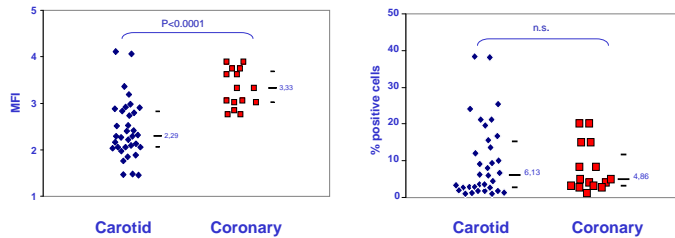
Platelet **Tissue Factor** expression during DAT
 – *ADP-stimulated*



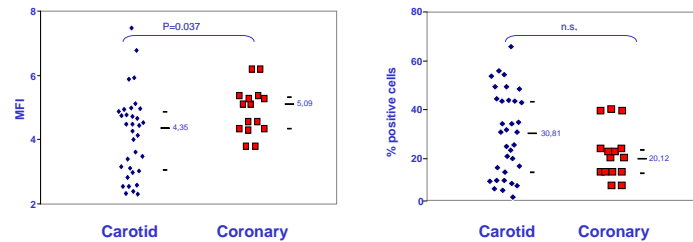
Platelet activation markers during ASA
 – *Resting conditions*

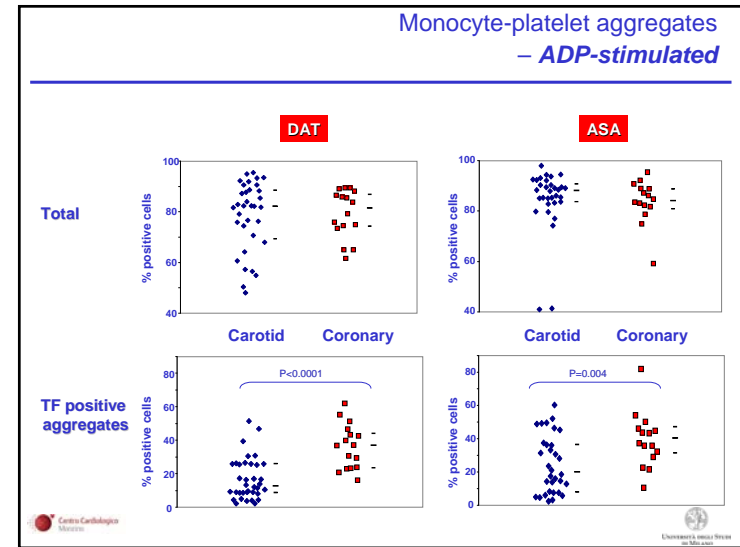
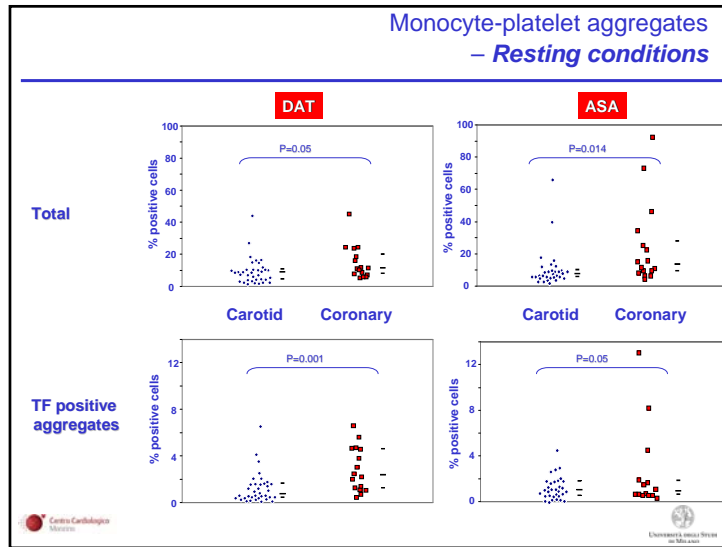


Platelet **Tissue Factor** expression during ASA
 – *Resting conditions*



Platelet **Tissue Factor** expression during ASA
 – *ADP-stimulated*





Conclusions

- Significant higher levels of TF-positive platelets and TF-positive MPA were observed in peripheral blood of coronary patients who underwent revascularization with BMS implantation compared to patients with carotid artery stenting, both 1 month after stenting and 1 months after thienopyridine discontinuation.
- This prothrombotic platelet phenotype may have implications for thrombotic complication in coronary patients.

Logos: Centro Cardiologico Monzino, Università degli Studi di Milano