

## A proteomic approach to identify novel disease biomarkers in LCAT deficiency

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### Abbreviations

apoA-I, apolipoprotein A-I;

CE, cholesteryl esters;

ELISA, enzyme-linked immunosorbent assay;

FED, fish-eye disease;

FLD, classical familial LCAT deficiency;

GGE, gel gradient electrophoresis;

HDL, high-density lipoproteins;

HDL-C, cholesterol in high-density lipoproteins;

LCAT, lecithin:cholesterol acyltransferase

LDL-C, cholesterol in low-density lipoproteins

32 **ABSTRACT**

33

34 Genetic LCAT deficiency is a rare recessive autosomal disease due to loss-of-function mutations in  
35 the gene coding for the enzyme lecithin:cholesterol acyltransferase (LCAT). Homozygous carriers are  
36 characterized by corneal opacity, haemolytic anaemia and renal disease, which represent the first cause of  
37 morbidity and mortality in these subjects. Diagnostic and prognostic markers capable of early detecting  
38 declining kidney function in these subjects are not available, and the specific serum or urine proteomic  
39 signature of LCAT deficient carriers has never been assessed. Taking advantage of a proteomic approach,  
40 we performed 2-DE analysis of carriers' plasma and identified proteins present at different concentration  
41 in samples from homozygous carriers. Our data confirm the well-known alterations in the concentration  
42 of circulating apolipoproteins, with a statistically significant decrease of both apoA-I and apoA-II and a  
43 statistically significant increase of apoC-III. Furthermore, we observed increased level of alpha-1-  
44 antitrypsin, zinc-alpha-2-glycoprotein and retinol-binding protein 4, and reduced level of clusterin and  
45 haptoglobin. Interestingly, only beta but not alpha subunit of haptoglobin is significant reduced in  
46 homozygous subjects.

47 Despite the limited sample size, our findings set the basis for assessing the identified protein in a  
48 larger population and for correlating their levels with clinical markers of renal function and anaemia.

49

50 **Keywords**

51 LCAT deficiency; apolipoproteins; haptoglobin; haemolysis

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54 **Significance**

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56 This investigation defines the effects of LCAT deficiency on the level of the major plasma proteins in  
57 homozygous and heterozygous carriers. Increase for some proteins, with different function, together with  
58 a drop for haptoglobin, and specifically for haptoglobin beta chains, are reported for the first time as part  
59 of a coherent signature.

60 We are glad to have the opportunity to report our findings on this subject, which is one of the main  
61 interests for our research group, when *Journal of Proteomics* celebrates its 10<sup>th</sup> anniversary. With its  
62 various sections devoted to different areas of research, this journal is a privileged forum for publishing  
63 proteomic investigations without restrictions either in sample type or in technical approach. It is as well a  
64 privileged forum for reviewing literature data on various topics related to proteomics investigation, as  
65 colleagues in our research group have done over the years; by the way, a good share of the reviewed  
66 papers were as well reports published in *Journal of Proteomics* itself. The journal also offers  
67 opportunities for focused surveys through thematic issues devoted to a variety of subjects, timely selected  
68 for their current relevance in research; it was an honour for colleagues in our group to recently act as  
69 editors of one of those. Out of this diverse experience, we express our appreciation for the endeavour of

70 *Journal of Proteomics* in its first 10 years of life – and wish identical and possibly greater success for the  
71 time to come.

72

73

74 **Highlights**

75

76 • The plasma proteome of homozygous and heterozygous carriers of LCAT mutations were  
77 analysed.

78 • Decreased levels of apolipoproteins *vs* control subjects could be confirmed.

79 • The next most relevant change observed was a substantial drop in haptoglobin beta chains.

80 • This finding correlates with altered membrane composition and stability, haemolysis and  
81 anaemia.

82 • A few proteins, with diverse biological function, were found at increased levels in heterozygotes.

83

84 **1. Introduction**

85

86 Human lecithin:cholesterol acyltransferase (LCAT) is a plasma glycoprotein responsible of the  
87 synthesis of most of the plasma cholesteryl esters (CE) in humans. LCAT plays a central role in the  
88 intravascular metabolism of high-density lipoprotein (HDL) and in the determination of the levels of  
89 cholesterol associated with them (HDL-C) [1]. Mutations in the LCAT gene cause two LCAT deficiency  
90 syndromes, classical familial LCAT deficiency (FLD, MIM# 245900) and fish-eye disease (FED, MIM#  
91 136120) [2]. The differential diagnosis of FLD and FED is based on stringent biochemical criteria and is  
92 restricted to homozygotes or compound heterozygotes for these mutations. FLD cases have a completely  
93 defective cholesterol esterification; as a result, there is very little CE in plasma, and unesterified  
94 cholesterol accumulates in all plasma lipoprotein fractions. In FED cases, LCAT does not esterify  
95 cholesterol in HDL, which represent the preferred substrate of the enzyme, but does it so in VLDL and  
96 LDL: as a result, CE are present in plasma if at much reduced levels [2].

97 Genetic LCAT deficiency is characterized by an abnormal plasma lipoprotein profile featuring a low  
98 HDL-C level, with mainly small discoidal pre-beta particles, together with the presence of LpX, an  
99 abnormal lipoprotein usually absent in plasma and detectable only in some pathological cases [3, 4].  
100 Carriers also present with corneal opacity due to cholesterol accumulation, mild chronic normochromic  
101 anaemia, and renal disease. Renal disease, which ultimately progresses to end-stage renal disease, is the  
102 major cause of morbidity and mortality in LCAT-deficient carriers [2]. The dramatic alterations in  
103 lipoprotein profile, especially the presence of LpX, have been shown to be directly involved in the  
104 glomerulosclerosis development [5] but the cause of kidney failure in these subjects is poorly understood.

105 No specific treatment for renal disease in LCAT deficiency is currently available, and carriers are  
106 usually treated symptomatically. The therapy of LCAT deficiency nephropathy mainly aims at delaying  
107 the evolution of chronic nephropathy on the basis of available therapies, such as changes in life style and  
108 diet and control of complications such as hypertension and proteinuria [2]. FLD patients are often treated  
109 by dialysis [6, 7]; they are candidates for renal transplantation, but the disease can rapidly reoccur in the  
110 transplanted tissues within a few years [8].

111 Not all carriers of LCAT mutations develop renal disease, and the rate of progression of renal disease  
112 is unpredictable, even within the same family; some patients rapidly worsen from a mild proteinuria to a  
113 rapid deterioration of their renal function [9]. Thus, there is the urgent need for specific diagnostic and  
114 prognostic markers, other than traditional measures of renal function, capable of detecting declining  
115 kidney function early in time in these individuals in order to address high-risk carriers toward preventive  
116 programs and potential therapies.

117 In this context, proteomic provides useful information for the identification and characterization of  
118 alterations in plasma protein levels. Up to now no specific serum or urine proteomic signature of LCAT  
119 deficient carriers has been defined. In this work, we applied a proteomic approach to investigate the  
120 plasma pattern in homozygous and heterozygous carriers of LCAT deficiency, in comparison with the  
121 pattern of non-affected subjects.

122

## 123 **2. Materials and Methods**

124

### 125 *2.1. Subjects*

126 The investigation involved a total of 38 carriers of *LCAT* mutations, all FLD; 13 homozygotes and 25  
127 heterozygotes, and 23 non-affected family members (controls), all belonging to Italian *LCAT*-deficient  
128 families [9]. All of the subjects were fully informed of the modalities and end points of the study and  
129 signed an informed consent. Proteomic analysis of plasma was performed on samples from ten carriers,  
130 and eight age-matched controls. Five individuals were carriers of two mutant *LCAT* alleles (four  
131 homozygotes and one compound heterozygote, defined homozygotes throughout the paper), while five  
132 subjects were heterozygotes; all of them were diagnosed as FLD.

133 Blood samples were collected, after an overnight fast, into tubes containing Na<sub>2</sub>-EDTA; plasma was  
134 prepared by low speed centrifugation at 4°C and stored in aliquots at -80°C until assayed.

135

### 136 *2.2. Biochemical analyses*

137 Plasma total and unesterified cholesterol, triglyceride and HDL-C levels were determined with  
138 standard enzymatic techniques; LDL-C was calculated with the Friedewald's equation. Plasma  
139 apolipoprotein levels were measured by immunoturbidimetry on a Roche c311 autoanalyzer. The plasma  
140 pre $\beta$ -HDL content, expressed as percentage of total plasma apolipoprotein A-I (apoA-I), was determined  
141 by native 2-DE, in which agarose gel electrophoresis was followed by nondenaturing gel gradient  
142 electrophoresis (GGE), and subsequent immunoblotting for apoA-I [10]. Plasma *LCAT* concentration  
143 was measured by an immunoenzymatic assay [11], and the esterification of cholesterol incorporated into  
144 an exogenous standardized substrate (*LCAT* activity) was measured as previously described [9]. Plasma  
145 haptoglobin levels were determined via enzyme-linked immunosorbent assay (ELISA) using the Human  
146 Haptoglobin Quantikine ELISA kit (catalogue #DHAPG0; R&D Systems, Inc., Minneapolis, USA)  
147 according to the manufacturer's instructions.

148

### 149 *2.3. Electrophoretic procedures*

150 Two-dimensional electrophoresis (2-DE) maps were obtained using the immobilised pH gradient  
151 (IPG)-Dalt method, as previously described [12, 13]. Plasma (25  $\mu$ L) was diluted with an equal volume  
152 of water and reduced with 2% 2-mercaptoethanol; each plasma sample was loaded at the cathodic end of  
153 one laboratory-made focusing strip. The proteins were first resolved according to charge on a non-linear  
154 pH 4-10 IPG [14] in the presence of 8 M urea and 0.5% carrier ampholytes with an anode-to-cathode  
155 distance of 8 cm. The focused proteins were then fractionated according to size by SDS-PAGE on 7.5-  
156 17.5% polyacrylamide gradients on 160x140 mm<sup>2</sup> SDS slabs using the discontinuous buffer system of  
157 Laemmli [15]. Finally, the proteins were stained with 0.3% (wt/vol) Coomassie.

158 The scanned gel patterns were analysed with Image Master Software (Amersham Biosciences, ver. 5.0)  
159 and the spectrometry identification of proteins, whose spot volume (i.e., absorbance integrated over area)

160 was statistically different among the three groups of subjects, was made as previously described [16].

161

162 For haptoglobin phenotyping, equal volumes of human plasma were diluted in sample loading buffer  
163 (1:100) and analysed as previously described [17].

164 Briefly, levels of haptoglobin subunits were evaluated in plasma diluted in sample loading buffer  
165 (1:100) (20 g/l sodium dodecyl sulfate, 100 ml/l glycerol, 25 mmol/l Tris [pH 6.8], 0.05 g/l bromophenol  
166 blue, 50 mmol/l dithiothreitol), and loaded on a 18% T polyacrylamide gel with Hp standards 1-1 and 2-2  
167 (Sigma-Aldrich, Milan, Italy).

168 Immunoblotting was performed with a 1:10,000 dilution of polyclonal rabbit anti-human Hp (Sigma-  
169 Aldrich) and a goat anti-rabbit immunoglobulin-G horseradish peroxidase conjugated (Bio-Rad  
170 Laboratories, Milan, Italy), diluted 1:10,000 in Tris-buffered saline and Tween 20 (TBST) as secondary  
171 antibody. The bands of alpha and beta subunits (~20 kDa and ~50 kDa, respectively) were detected by  
172 ECL and quantified by densitometry using an image analysis software (QuantityOne version 4.5.2; Bio-  
173 Rad, Milan, Italy). For each subject, data are reported as the ratio of band volume, after local background  
174 subtraction, vs the volume of a normalising sample loaded in each gel, and are expressed in arbitrary units  
175 (AU). Inter-assay coefficient of variation was  $12.1 \pm 2.9$  %.

176

#### 177 *2.4. Statistical analyses*

178 Results are presented as mean $\pm$ SD. The trends in plasma protein levels across genotypes were  
179 assessed by ANOVA; P values < 0.05 were considered as statistically significant. Statistical analysis was  
180 performed using SPSS version 24.0 software (SPSS Inc., Chicago, USA).

181

### 182 **3. Results**

183

#### 184 *3.1. Characteristics of the subjects*

185 Individuals from the previously reported Italian families with mutations in *LCAT* gene participated in  
186 the study [9]. Only few subjects were submitted to a detailed two-dimensional (2-DE) proteomic  
187 investigation: in particular we analysed 5 FLD homozygotes, 5 FLD heterozygotes and 8 non-affected  
188 family members who acted as controls. Carriers of *LCAT* gene mutations, as previously reported, have  
189 significantly reduced HDL-C, apoA-I, apoA-II levels, and LCAT mass, with a gene-dose dependent  
190 effect. LCAT activity, as expected, was null in homozygous subjects and significantly reduced in  
191 heterozygotes while triglyceride levels, unesterified cholesterol, unesterified/total cholesterol and pre $\beta$ -  
192 HDL were significantly increased (Table 1).

193

#### 194 *3.2. 2-DE analyses*

195 The analysis of the plasma proteome of the three groups of subjects was carried out under reducing  
196 conditions with 1<sup>st</sup> dimension in the 4-10 pH range; Figure 1 shows the 2DE map of a control sample in  
197 the top panel and of a LCAT-deficient patient in the bottom panel. As expected, in most cases, we  
198 observed spot rows rather than single spots, each protein species [18] resulting from a specific set of post-

199 translational modifications [19, 20]. When relevant, the statistic analysis on spot volumes was made both  
200 on the values of each individual spot and of the whole spot row.

201 The proteins differing in volume in one or more spots, corresponding to one or more of their PTM-  
202 species or of their proteolytic fragments, in a patients vs controls comparison, are outlined in the top  
203 panel; their numbering corresponds to that of the entries in Table 2 and in Supplementary Table 1, which  
204 contain the identifications made possible by MS analysis of the picked spots. Table 2 summarizes as well  
205 the significant changes in spot abundance pointed out by the statistical treatment of the 2-DE  
206 densitometric data.

207 From the above comparison, significantly lower levels of apolipoprotein A-I and apolipoprotein A-II  
208 were highlighted, as expected, in homozygous subjects with respect to controls. In addition, in  
209 homozygotes, we found increased plasma levels of several proteins such as alpha-1-antitrypsin, zinc-  
210 alpha-2-glycoprotein, retinol-binding protein 4 and transthyretin, and significantly lower levels of the beta  
211 chain of haptoglobin.

212

### 213 3.3. Haptoglobin

214 Plasma haptoglobin levels were measured in a larger group of subjects that included 13 FLD  
215 homozygotes, 25 FLD heterozygotes and 23 controls (Supplementary Table 2). Plasma protein  
216 concentration both in controls and in patients was within the reported reference range (32-205 mg/dL)  
217 and the ELISA measurement did not confirm the reduction of haptoglobin concentration in homozygous  
218 subjects, observed in 2-DE analysis. Indeed, carriers of *LCAT* gene mutations showed plasma haptoglobin  
219 levels comparable to controls (controls  $74.0 \pm 27.3$  mg/dL; heterozygotes,  $80.8 \pm 35.7$  mg/dL;  
220 homozygotes,  $75.7 \pm 65.2$  mg/dL;  $P$  for trend = 0.58).

221 In order to find a rationale for the above discrepancy, we investigated by immunoblotting after 1-DE  
222 the abundance of the haptoglobin subunits (alpha and beta), characterized by different molecular weights.  
223 With this approach, we observed that homozygous subjects are characterized by a significant reduction of  
224 the beta subunit (homozygotes,  $0.99 \pm 0.38$  AU; heterozygotes,  $1.43 \pm 0.14$  AU; controls  $1.44 \pm 0.22$  AU;  
225  $P$  for trend = 0.016; Figure 2) but not of the alpha subunit.

226

## 227 4. Discussion

228

229 The proteomic investigation we describe in this report affords for the first time a comprehensive  
230 evaluation of all major plasma components in homozygous carriers of *LCAT* mutations that result in the  
231 virtual absence from the circulation of the enzyme in its active form [1].

232

233 Our data on homozygous carriers fully confirm the well-known alterations in the concentration of  
234 circulating apolipoproteins, with a statistically significant decrease of both apoA-I and apoA-II and a  
235 statistically significant increase of apoC-III [21]. The main interest, however, of our approach is the  
236 indication it provides for altered concentrations of serum components other than apolipoproteins and

237 related to clinical manifestations of the disease, which include anaemia and renal disease. Specifically  
238 haptoglobin and clusterin decrease, while alpha-1-antitrypsin, zinc-alpha-2-glycoprotein and retinol-  
239 binding protein 4 increase in homozygous carriers.

240 Haptoglobin concentration is influenced by diet, and specifically by amount and composition of  
241 dietary fat: it was found significantly up-regulated in animals receiving a high-fat, high-cholesterol chow  
242 [22] whereas it was significantly down-regulated in human volunteers receiving omega-3  
243 supplementation [23]. In more detail, haptoglobin is characterized by a molecular heterogeneity, which  
244 includes three major phenotypes: Hpt 1-1, Hpt 2-1 and Hpt 2-2. The various phenotypes perform  
245 differently in connection with lipid metabolism: when tested in *in vitro* and *in vivo* models of diabetes  
246 mellitus, reverse cholesterol transport appears much more reduced in Hp2-2 than in Hp1-1 mice [24]. The  
247 rationale for testing diabetic animals in the latter trial is that a differential prevalence of coronary heart  
248 disease – one of the sequels of altered cholesterol transport – is observed in human patients depending on  
249 haptoglobin phenotype, with opposite trend in diabetic (lower in 2-1) and in non-diabetic subjects (higher  
250 in 2-1) [25].

251 In our 2-DE experiments, a statistically significant decrease in homozygous *vs* control subjects is  
252 observed for as many as 6 spots identified as haptoglobin or better, from their position in the pI/M<sub>r</sub> map,  
253 for haptoglobin beta chains. The finding was confirmed by an independent approach based on molecular  
254 recognition, namely immunoblotting after 1-DE separation of the proteins. On the contrary, ELISA does  
255 not distinguish the different haptoglobin subunits.

256 The finding of reduced circulating haptoglobin is related to normochromic haemolytic anaemia  
257 detected in FLD subject. In erythrocytes, the increase in free cholesterol and phosphatidylcholine and the  
258 decrease in phosphatidylethanolamine affect membrane fluidity; the lysis of fragile cells eventually leads  
259 to normochromic normocytic anaemia; hemoglobin is released meanwhile [26-28]. Haptoglobin binds  
260 free hemoglobin and the complex is cleared from the circulation [29]. In connection with iron  
261 homeostasis, the 2-2 phenotype is associated with lower affinity for hemoglobin and lower antioxidant  
262 capacity, which results in higher sideraemia, higher ferritin and lower transferrin concentrations, and  
263 higher transferrin saturation than in the 1-1 and 2-1 phenotypes [30].

264 The formation of the complex between hemoglobin and haptoglobin involves a direct contact between  
265 the alfa-beta protomer of the former and the beta chain of the latter. This was first deduced from binding  
266 experiments using either synthetic peptides [31, 32] or isolated whole subunits [33] and has been  
267 demonstrated in crystallographic experiments with both bovine [34] and human [35] proteins. It is not  
268 obvious to proceed from this evidence to our findings of a selective decrease of the circulating levels of  
269 just the beta subunits of haptoglobin, as we have evaluated both in the densitometric measurements on the  
270 spots resolved by electrophoresis and by immunoblotting. In fact, haptoglobin alpha and beta chain,  
271 bound to one another by disulfide bridges, result from the proteolytic cleavage of a single polypeptide  
272 transcript [36], which should ensure a stoichiometric synthesis. Also the mechanism of the clearance of  
273 the complex, requiring the internalization via the monocyte/macrophage scavenger receptor CD163 [37]  
274 and the transfer to early endosomes [38] implies the degradation to heme, bioactive peptides, and amino



275 acids, without any selectivity for either of the chain components. We could not find literature data about a  
276 varying effect on the different subunits of the condition we are considering here, hemolysis. However,  
277 Fernandez-Costa *et al.* report at least one example of uneven regulation of the haptoglobin chains [39].  
278 By immunoblot on osteoarthritis patient's sera, these authors detected an increase of the beta chain by  
279 2.22-fold *vs* control subjects; instead, the alpha chain increased only by 1.4-fold when in the 1 phenotype  
280 and decreased 0.7-fold when in the 2 phenotype. While without statistical significance *per se* the latter  
281 result was duplicated by quantitation through the multiple reaction monitoring technology (digestion,  
282 nanoHPLC, MS).

283  
284 Both haptoglobin and clusterin/apoJ, another protein changed in proteomic pattern of homozygous  
285 carriers, may be present in the circulation either in soluble form or associated with HDL. Actually,  
286 haptoglobin-related protein exists solely as a component of a minor subspecies of large high-density  
287 lipoproteins (HDL3) containing apolipoprotein L-I. Its assembly into the lipoprotein particle is mediated  
288 by the retained N-terminal signal peptide, an unusual feature for a secreted protein and the major  
289 difference between haptoglobin-related protein and haptoglobin. The 18-amino acid signal peptide  
290 interacts directly with the hydrocarbon region of lipids: lipid fluidity hastens the interaction while lipid  
291 rigidity stabilizes the association [40]. Haptoglobin is able as well to bind to lipoproteins through its  
292 interaction with apoA-I [41] and apoE [42].

293  
294 Two of the three significantly increased protein in homozygous carriers, *i.e.* retinol-binding protein 4  
295 and zinc-alpha-2-glycoprotein have been described altered in chronic kidney diseases.

296 Circulating retinol-binding protein 4 appears positively correlated with serum creatinine levels and  
297 inversely correlated with glomerular filtration rates [43-46]; no correlation is observed instead with  
298 another sign of glomerular dysfunction, microalbuminuria [43], or with a different type of long-term  
299 sequel of diabetes, atherosclerosis, as assessed by carotid intima-media thickness [45]. Plasma levels of  
300 retinol-binding protein 4 decrease after kidney transplantation to patients with end-stage renal disease  
301 [46]. In carriers of genetic LCAT deficiency retinol-binding protein 4 increases in plasma with a gene-  
302 dose dependent effect.

303 In patients with chronic kidney disease, plasma concentration of zinc-alpha-2-glycoprotein increases  
304 with the progression of the disease and the decline of glomerular filtration rate [47]. The observation that  
305 mice (-/-) for the corresponding gene develop significantly more kidney fibrosis in models of kidney and  
306 heart injury suggests that this protein exerts an antifibrotic effect that is duplicated *in vitro* by sera of  
307 patients with high levels of zinc-alpha-2-glycoprotein [48]. Zinc-alpha-2-glycoprotein is significantly  
308 increased in plasma of homozygous and compound heterozygous carriers of genetic LCAT deficiency.

309

## 310 **5. Conclusions**

311

312 The concentration of any given protein at any given time in any given compartment results from the  
313 compound effects not only of synthesis and catabolism but also of distribution from/to any other  
314 compartment. The latter may be ruled solely by the physic-chemical properties of the protein or be  
315 mediated by its interaction with other proteins, to form assemblies in solution and/or receptor-ligand  
316 complexes at the cell surface. Examples of counterintuitive explanations for analytical findings are  
317 provided in routine clinical biochemistry tests by increase in circulating myoglobin due to decreased  
318 glomerular filtration and by decrease in C3 and/or C4 due to increased consumption after activation of the  
319 complement pathway(s). Changes in protein concentration independent from regulation of protein  
320 synthesis are observed also in the homozygous/doubly heterozygous carriers of LCAT mutations.

321 A low-grade inflammatory condition is an expected outcome in the presence of reduced levels of  
322 apoA-I (some human data: [49, 50]; some animal data: [51, 52]). The observation of increased  
323 concentration for alpha-1-antitrypsin in the homozygous/doubly heterozygous carriers of LCAT  
324 mutations confirms the expectation for its increased synthesis in these subjects. Up-regulation is to be  
325 assumed as well for haptoglobin; the finding, instead, of a lower concentration in the carriers must be  
326 caused by the overlap with a process consuming haptoglobin. Such an interfering phenomenon is easily  
327 identified in the scavenging of hemoglobin as it leaks from erythrocytes; in turn, haemolysis is the known  
328 outcome of altered membrane lipid composition in the absence of LCAT activity.

329

330 Despite the limited sample size, our finding poses the base to investigate the identified protein in a  
331 larger population and correlate them with clinical markers of the disease (renal function and anemia).

332

333

#### 334 **Conflict of interest**

335 None

336

#### 337 **Acknowledgements**

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340 Progetto Eccellenza.

341

342 **Table 1**  
 343 Demographic and lipid/lipoprotein profile of carriers of LCAT deficiency  
 344

	Carriers of LCAT deficiency			<i>P</i> trend
	Controls	Heterozygote	Homozygotes	
<i>N</i>	8	5	5	
Sex (m/f)	4/4	3/2	4/1	
Age (years)	36.4 ± 11.1	34.6 ± 12.5	34.2 ± 3.1	<b>0.917</b>
Total Cholesterol (mg/dL)	180.1 ± 22.1	148.8 ± 34.1	195.4 ± 106.1	<b>0.264</b>
Unesterified Cholesterol (mg/dL)	55.9 ± 7.3	50.0 ± 11.1	181.4 ± 92.4	<b>0.006</b>
Unesterified/total Cholesterol	0.29 ± 0.02	0.34 ± 0.03	0.94 ± 0.06	<b>&lt;0.001</b>
LDL-Cholesterol (mg/dL)	100.7 ± 26.3	78.3 ± 26.7	132.3 ± 78.7	<b>0.348</b>
HDL-Cholesterol (mg/dL)	63.9 ± 15.6	43.8 ± 19.6	9.0 ± 4.8	<b>&lt;0.001</b>
Triglycerides (mg/dL)	77.9 ± 45.1	142.0 ± 95.4	254.6 ± 150.4	<b>0.05</b>
Apolipoprotein A-I (mg/dL)	125.4 ± 27.2	94.6 ± 22.1	39.8 ± 8.8	<b>0.003</b>
Apolipoprotein A-II (mg/dL)	31.6 ± 6.4	28.0 ± 3.8	7.8 ± 4.4	<b>&lt;0.001</b>
Apolipoprotein B (mg/dL)	83.1 ± 18.2	82 ± 24.0	54.8 ± 25.0	<b>0.113</b>
pre $\beta$ -HDL (% of apoA-I)	12.8 ± 1.7	19.5 ± 3.1	44.8 ± 9.3	<b>0.002</b>
LCAT mass ( $\mu$ g/mL)	5.2 ± 1.7	3.85 ± 1.26	1.55 ± 0.68	<b>0.002</b>
LCAT activity (nmol/mL/h)	40.3 ± 7.4	16.8 ± 10.3	nd	<b>&lt;0.001</b>

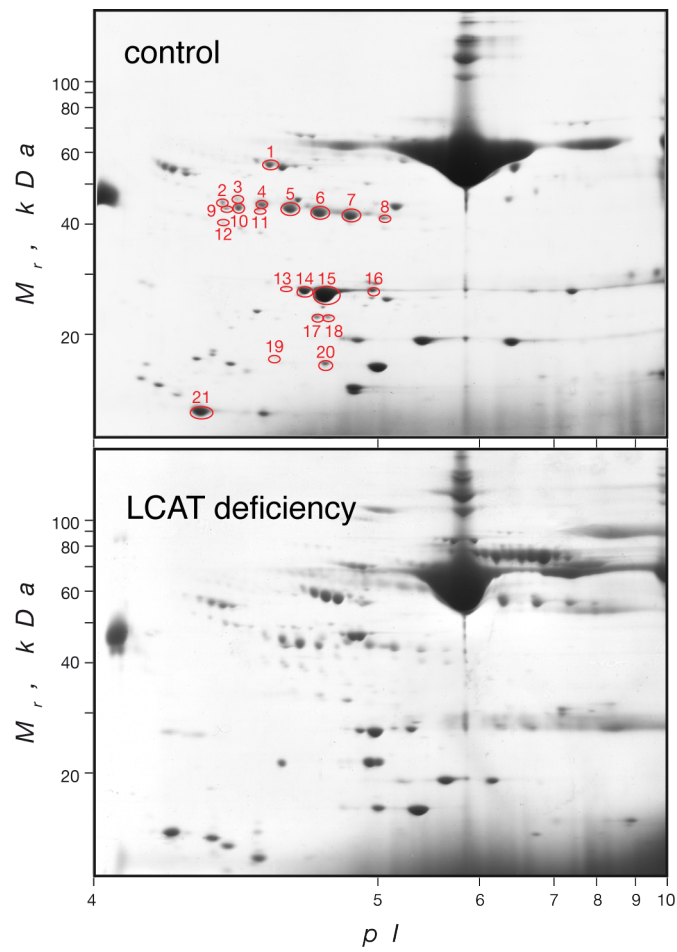
345 Data are reported as mean $\pm$ SD. nd = not detectable  
 346

347 **Table 2**  
 348 List of plasma proteins identified by MS differently expressed among groups of subjects  
 349

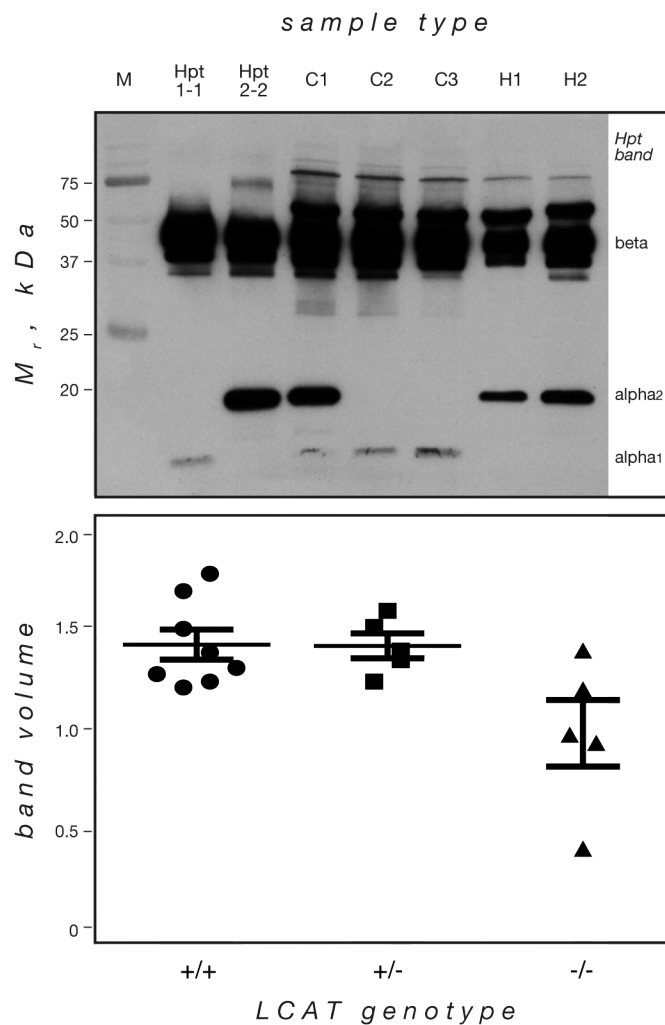
Spot number	Protein	Uniprot accession #	Controls	Heterozygotes	Homozygotes
1	Alpha-1-antitrypsin	P01009	1.20 ± 0.79	1.28 ± 0.54	2.19 ± 0.92 <sup>*</sup>
2	Zinc-alpha-2-glycoprotein	P25311	0.51 ± 0.23	0.48 ± 0.18	1.05 ± 0.55 <sup>*,§</sup>
3	Haptoglobin	P00738	0.31 ± 0.16	0.22 ± 0.06	0.00 ± 0.00 <sup>*</sup>
4	Haptoglobin	P00738	0.84 ± 0.34	0.58 ± 0.24	0.00 ± 0.00 <sup>*</sup>
5+6+7+8	Haptoglobin + Serum albumin	P00738+P02768	5.37 ± 1.34	5.35 ± 0.77	3.18 ± 1.64 <sup>*,§</sup>
9	Complement C3	P01024	0.04 ± 0.08	0.36 ± 0.20 <sup>#</sup>	0.00 ± 0.00 <sup>§</sup>
10	Zinc-alpha-2-glycoprotein	P25311	1.12 ± 0.31	1.14 ± 0.30	1.64 ± 0.72 <sup>*,§</sup>
11	Zinc-alpha-2-glycoprotein or Haptoglobin	P25311 or P00738	0.30 ± 0.10	0.32 ± 0.14	1.10 ± 1.14 <sup>*,§</sup>
12	Clusterin	P10909	0.11 ± 0.04	0.13 ± 0.06	0.00 ± 0.00 <sup>*,§</sup>
13	Apolipoprotein A-I	P02647	0.19 ± 0.08	0.24 ± 0.17	0.00 ± 0.00 <sup>§</sup>
14	Apolipoprotein A-I	P02647	2.43 ± 0.83	2.00 ± 1.24	0.66 ± 0.68 <sup>*</sup>
15	Apolipoprotein A-I	P02647	10.03 ± 2.88	14.11 ± 9.39	4.21 ± 1.74 <sup>*,§</sup>
16	Apolipoprotein A-I	P02647	0.67 ± 0.39	0.32 ± 0.19	1.17 ± 0.38 <sup>§</sup>
17+18	Retinol-binding protein 4	P02753	0.94 ± 0.59	1.17 ± 0.92	2.17 ± 1.67 <sup>*</sup>
19	Transthyretin + Serum albumin	P02766+P02768	0.02 ± 0.04	0.15 ± 0.10 <sup>#</sup>	0.00 ± 0.00
20	Transthyretin	P02766	0.38 ± 0.13	0.85 ± 0.38 <sup>#</sup>	1.03 ± 0.40 <sup>*</sup>
21	Apolipoprotein A-II	P02652	5.95 ± 2.25	5.76 ± 3.15	0.86 ± 0.47 <sup>*,§</sup>

350 Relative abundances, evaluated with 2DE under reducing conditions, are expressed as percent spot volume ± SD.

351 <sup>\*</sup>P<0.05 Homozygotes vs controls; <sup>§</sup>P<0.05 Homozygotes vs heterozygotes; <sup>#</sup>P<0.05 Heterozygotes vs controls



356 **Fig. 1.** 2DE map of plasma under reducing conditions: control sample in top panel, LCAT-deficient  
357 sample in bottom panel. The first dimension is on a 4-10 non linear IPG, and the second dimension is on  
358 polyacrylamide gradient gels (7.5-17.5%). Spots selected for MS analyses are highlighted, and the entry  
359 numbers refer to Table 2 and Supplementary Table 1.



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362 **Fig. 2.** Plasma  $\beta$ -subunit levels of haptoglobin were evaluated by immunoblotting, in carriers of LCAT  
 363 gene mutations (n=5) and in non-affected family members (n=8). A representative immunoblot is shown  
 364 in the top panel: M lane contains  $M_r$  markers, Hpt 1-1 and 2-2 lanes contain commercial samples with the  
 365 corresponding phenotypes. The top panel plots the quantitative data from densitometric analysis.

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## 487 **Addendum to Materials and Methods**

### 488 **Mass spectrometry identification of proteins from 2-DE gels**

489 The gel pieces were firstly washed and destained with 25 mmol/L  $\text{NH}_4\text{HCO}_3$  and 50% v/v acetonitrile  
490 (ACN) twice, then three times with 1:2 ACN/50 mmol/L  $\text{NH}_4\text{HCO}_3$ . Finally the gel pieces were  
491 dehydrated with ACN and dried in SpeedVac for about 20 minutes.

492 Samples were removed from SpeedVac and trypsin (Promega, Milan, Italy) at 12  $\mu\text{g}/\text{ml}$  in 50 mmol/L  
493  $\text{NH}_4\text{HCO}_3$  was added for 30 minutes in ice. After the trypsin absorption the gel pieces were completely  
494 covered with few microliters of 50 mmol/L  $\text{NH}_4\text{HCO}_3$  and put overnight at 37°C. After incubation formic  
495 acid was added at a final concentration of 0.1% and the products were analyzed by mass spectrometry.

496 The samples were analysed by means of LC-ESI-MS/MS, with the spectra being recorded by a hybrid  
497 quadrupole orthogonal acceleration time-of-flight (Q-Tof) mass spectrometer (SYNAPT-MS G1, Waters  
498 Corporation, Milford, MA, USA) equipped with a TRIZAIC source and connected to a nanoACQUITY



499 UPLC system. The samples were injected onto a TRIZAIC nanoTile (Waters Corporation, Milford, MA,  
500 USA), Acquity HSS T3, that integrates a trapping column (5  $\mu\text{m}$ , 180  $\mu\text{m}$  x 20 mm) for desalting and an  
501 analytical column (1.8  $\mu\text{m}$ , 85  $\mu\text{m}$  x 100 mm) for peptide separation with an high level of reproducibility  
502 of retention time. The elution was performed at a flow rate of 450 nl/min by increasing the organic  
503 solvent concentration from 3 to 40% B in 30 min, using 0.1% formic acid in water as reversed phase  
504 solvent A and 0.1% formic acid in ACN as reversed phase solvent B. The ToF analyzer was externally  
505 calibrated using [Glu1]-fibrinopeptide B from  $m/z$  50 to 1990, and the data were post-acquisition lock-  
506 mass corrected using the monoisotopic mass of the doubly charged precursor of [Glu<sup>1</sup>]-Fibrinopeptide B  
507 ( $m/z$  785.8426) infused into the mass spectrometer at a flow rate of 100 nl/min through a NanoLockSpray  
508 interface using the auxiliary pump of a nanoACQUITY system. A survey scan over the  $m/z$  range of 350-  
509 1990 was used to identify protonated peptides with charge states of 2, 3 or 4, which were automatically  
510 selected for data-dependent MS/MS analysis (MassLynx v 4.1 SCN833, Waters Corporation, Milford,  
511 MA, USA). All raw MS data were processed with ProteinLynx Global SERVER software (PLGS v 2.5.3,  
512 Waters Corporation, Milford, MA, USA) and the proteins were identified by correlating the interpreted  
513 spectra with entries in UniProt database.

514 A UniProt database (release 2015-3; number of human sequence entries, 20199) was used for database  
515 searches of each run. Carbamidomethylation was considered as fixed modification and methionine  
516 oxidation as variable, one missed cleavage per peptide was allowed, and the mass tolerance window was  
517 set to 25 ppm for peptide precursors and 0.05 Da for fragments. In parallel, the spectra were also searched  
518 against Uniprot database using Mascot (Matrix Science, London, UK). Valid identification required two  
519 or more peptides independently matching the same protein sequence, with a significant peptide score  
520 (higher than the identity score from Mascot).

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522

523 **Supplementary Table 2**

524 Demographic and lipid/lipoprotein profile of carriers of LCAT deficiency used for serum haptoglobin

525 determination by ELISA.

	Carriers of LCAT deficiency			<i>P</i> trend
	Controls	Heterozygote	Homozygotes	
<i>N</i>	23	25	13	
<b>Sex (m/f)</b>	9/14	13/12	10/3	
<b>Age (years)</b>	45.0 ± 26.1	50.5 ± 21.0	34.6 ± 11.2	<b>0.109</b>
<b>Total Cholesterol (mg/dL)</b>	197.1 ± 43.3	167.2 ± 37.2	160.8 ± 83.5	<b>0.071</b>
<b>Unesterified Cholesterol (mg/dL)</b>	54.3 ± 11.7	47.6 ± 12.5	143.9 ± 71.1	<b>&lt;0.001</b>
<b>Unesterified/total Cholesterol</b>	0.28 ± 0.04	0.29 ± 0.06	0.92 ± 0.11	<b>&lt;0.001</b>
<b>LDL-Cholesterol (mg/dL)</b>	117.8 ± 33.5	101.5 ± 32.5	95.0 ± 63.0	<b>0.220</b>
<b>HDL-Cholesterol (mg/dL)</b>	60.5 ± 14.3	39.6 ± 12.3	7.8 ± 4.4	<b>&lt;0.001</b>
<b>Triglycerides (mg/dL)</b>	94.7 ± 50.6	132.6 ± 55.3	279.8 ± 198.6	<b>&lt;0.001</b>
<b>Apolipoprotein A-I (mg/dL)</b>	132.0 ± 27.7	103.6 ± 23.0	38.5 ± 9.4	<b>&lt;0.001</b>
<b>Apolipoprotein A-II (mg/dL)</b>	31.8 ± 6.6	30.4 ± 5.1	6.7 ± 3.7	<b>&lt;0.001</b>
<b>Apolipoprotein B (mg/dL)</b>	92.2 ± 25.3	93.6 ± 20.4	52.2 ± 30.9	<b>&lt;0.001</b>
<b>pre<math>\beta</math>-HDL (% of apoA-I)</b>	12.9 ± 2.9	18.8 ± 7.6	45.2 ± 10.8	<b>&lt;0.001</b>
<b>LCAT mass (<math>\mu</math>g/mL)</b>	5.0 ± 1.0	3.7 ± 1.4	1.5 ± 1.0	<b>&lt;0.001</b>
<b>LCAT activity (nmol/mL/h)</b>	<b>41.1 ± 11.8</b>	<b>20.1 ± 12.3</b>	<b>nd</b>	<b>&lt;0.001</b>

526 Data are reported as mean $\pm$ SD. nd = not detectable

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