## Impact of information and Food Technology Neophobia in consumers'

## 2 acceptance of shelf-life extension in packaged fresh fish fillets

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## 24 Abstract

- 25 Modern consumers are increasingly asking for sustainability in food production. However, in real life,
- they may be skeptical about novel food technology and refuse to buy innovative products. Providing
- 27 positive information about the innovations may reduce consumers' skepticism and incentivize firms
- 28 R&D activity. Accordingly, this paper aims to test the effect of informative messages on consumers'

acceptance of shelf-life extension on fresh packaged fish. The impact of information is tested on a sample of consumers from Northern and Southern Italy that evaluated an innovatively packaged portion of fresh sea bream (*Sparus aurata*). The results of the survey highlight that different information strategies may increase positive attitudes towards some attributes of the new product. However, the most important antecedent of attitudes is the individual Food Technology Neophobia. The research provides a starting point in the study of the effect of informative messages on consumers' acceptance of shelf life extension technology on fresh fish and its relationship with neophobia.

## 36 Highlights

37	• Consumers are often skeptical towards new food technologies and innovative foods
38	• Information may reduce consumers' food technology neophobia
39	• The effect of two information treatments on consumers' attitudes are tested
40	• Results show that information mildly impact consumers' preferences
41	• Food technology neophobia is the most relevant antecedent of consumers' skepticism
42 43	<b>Keywords:</b> food packaging; shelf-life extension; food technology neophobia, fish products; information intervention; consumer attitudes

## 45 **1. Introduction**

Consumers are increasingly searching for sustainable, safe and healthy products (Fiore, Gallo, 46 Tsoukatos, & La Sala, 2017; Cafarelli, La Sala, Pellegrini, & Fiore, 2017). In this sense, consumers 47 should consider as a positive attribute of foods the use of new packaging technologies assuring shelf-48 life extension (SLE) that increases the sustainability of food products with no loss in terms of sensory 49 characteristics and nutritional value. On the other hand, due to natural aversion to novelties, consumers 50 may oppose novel foods (Costa-Font, Gil & Traill, 2008; Dovey, Staples, Gibson, & Halford, 2008; 51 Siro, Kápolna, E., Kápolna, B., & Lugasi, 2008; Barrena & Sánchez, 2013) and new food technologies 52 (Cardello, Schutz, & Lesher, 2007; Siegrist, Cousin, Kastenholz, & Wiek, 2007; Chen, Anders, & An, 53 2013; Lusk, Roosen & Bieberstein, 2014). Thus, as inventing and promoting new products are 54 expensive activities (Esbjerg, Burt, Pearse, & Glanz-Chanos, 2016) food firms often avoid innovation. 55 The Eurostat Report on Innovation statistics (Release March 2017) confirms this interpretation. Indeed, 56 during the period 2012-2014, less than a quarter of the surveyed European firms introduced a new 57 product on the market. The vast majority of non-innovators stated that they were not motivated to 58 innovate and, when asked, the most frequent deterring factor was the low level of market demand. 59 These data suggest that consumers' attitudes towards novel products is one of the leading preventing 60 factors for industry to invest on R&D activities. 61

The aversion to novel foods derives from a partly unjustified sense of risk of buying something that is perceived as dangerous or might not satisfy consumers' quality and safety expectations (Pliner, Pelchat & Grabsky, 1993). This inappropriate phobia towards novel foods has been called "food neophobia" or "new food technology neophobia" to specifically designate consumers' averseness towards food produced by using new processes (Sjöberg, 2000; Cox & Evans, 2008; Faraji-Rad, Melumad, & Johar, 2017; Damsbo-Svendsen, Frøst, & Olsen, 2017). The public and private interest for innovation, related to expected increase of food safety and security, taste and convenience at lower price and improvement
 of nutritional properties (Lusk et al., 2014) encouraged researchers to search efficient strategies to
 increase consumers' acceptance of new products.

The present paper contributes to the literature by testing the impact of two different informative 71 72 messages on acceptance of a shelf-life extension on a traditional fresh fish product. Despite the improvement offered by shelf-life extension technologies, fish consumers may not appreciate the 73 innovation in fresh packaged fish, because of very traditional food purchasing habits (Honkanen, 74 Olsen, & Verplanken, 2005), and the high heterogeneity of fish products in the market (Gaviglio, 75 Pirani, & Demartini, 2013). Thus, an on-line survey on shelf life extension (SLE) technology by 10 76 days on fresh fish has been conducted. Participants valued a portion of 400gr of fresh sea bream fillets 77 (Sparus aurata) presented as packaged by using a new package. Two information treatments 78 randomized between subjects have been introduced in order to evaluate the best message to increase 79 80 consumers' acceptance of the product.

The remainder of the text is organized into four paragraphs. Paragraph 2 presents the review of the literature review on consumer attitudes towards fish and novel food and the role of information in changing consumers' attitudes. Paragraph 3 discusses the materials and methods and the statistical approach used in the analysis. Finally, paragraphs 4 and 5 are devoted to the results and their discussion respectively.

### 86 2. Theoretical background

The present paper discusses the results of an experiment that aims to increase the attitudes towards a novel fresh fish product using different informative messages and to explore the role of neophobia on product acceptance. Thus, the literature review takes into consideration three main aspects: (1) the consumers attitudes towards fresh fish products, and their relationships with other individual characteristics and fish consumption; (2) the relationship between neophobia, with specific reference to
new food technology neophobia, and novel food acceptance; and, (3) the role of informative messages
in changing consumers attitudes towards foods.

#### 94 2.1 Consumers attitudes toward fresh fish products

95 According to FAO and WHO (2011), eating fresh fish products guarantees health benefits such as protecting against depression and cardiovascular diseases, and in controlling the cholesterol levels in 96 blood. Despite several WHO promotion strategies, fish consumption continues to be low and relevant 97 differences in consumption levels are measured across countries (Zhou, Jin, Zhang, Cheng, Zeng, & 98 Wang, 2015; Altintzoglou & Heide, 2016). Due to the role of fresh fish products in a balanced, healthy 99 100 and high quality diet, the growing variety in consumer's dietary needs and their low consumption levels, the study of consumers' perception and attitudes towards fresh fish products reached more and 101 more attention over the last decades. The latest studies show that perception of quality attributes plays a 102 103 relevant part in buying behavior and consumers' attitudes toward fresh fish products (Wang, Zhang, Mu, Fu & Zhang, 2009; Altintzoglou & Heide, 2016; Maciel, Sonati, Lima, Savay-da-Silva, Galvao 104 and Oetterer, 2016;). An Italian study (De Vitiis, Carlucci, Nocella, Viscechia, Bimbo & Nardone, 105 2018) investigates consumers' acceptance of a new fish burger that seems to overcome consumption 106 barriers, thank to both convenience and health benefits (deriving from the functional enrichment with 107 omega-3 fatty acids) and nutritional claims. Another study (Nicolosi, Fava, & Marcianò, 2019), 108 focusing on Italy and Spain, highlights that the perception and attitudes towards fish products varies 109 depending on local cultures and consumption habits. A Norwegian survey demonstrates that perception 110 of quality of fish products certainly affects buying-behavior of fresh fish fillets. Furthermore, the 111 perception of quality depends on subjective and objective knowledge about fish quality and social and 112 individual characteristics (Altintzoglou & Heide, 2016). A study made in China (Zhou et al., 2015) 113

offers evidences that economic and socio-demographics factors act as determinants of fish 114 115 consumption. Through the estimation of a Marshallian demand function, authors found that consumption relates positively to household income and knowledge of health issues. A mixed research 116 investigated the fish consumption habits of consumers from Brazil and Portugal (Maciel et al., 2016) 117 and proved that it is firstly linked to the quality attributes such as country of origin, the certification of 118 sustainable production methods. As a secondary determinant of consumption, the same research reports 119 the preparation and preservation methods and the marketing strategies adopted for the fish products. In 120 line with this research, some authors investigated consumers residents in the city of Corumbá, Mato 121 Grosso do Sul State, Brazil (Maciel, Savay-Da-Silva, Galvão & Oetterer, 2015) and demonstrate that 122 the sensory and quality characteristics of products are the key drivers in shaping fish consumption 123 habits. 124

#### 125 2.2 Consumer aversion to novel food and New Food Technology Neophobia

126 The global food context is characterized by the increasing demand for functional, convenience and healthy foods. Albeit new food technologies help to respond to the recent market needs, some 127 consumers oppose these novelties, mostly due to unmotivated perception of risky outcomes. For 128 example, despite food irradiation is a useful, cheap and safe technology with many application in food 129 conservation, European consumers seem not appreciate it (Diehl, 2002). Consumers are also generally 130 averse to genetically modified food and do not differentiate between cisgenically vs transgenically 131 modified products (Delwaide, Nalley, Dixon, Danforth, Navga, Van Loo & Verbeke, 2015) even if 132 heterogeneity in preferences has been found, being the younger consumers the less averse towards 133 GMOs (Hu, Hünnemeyer, Veeman, Adamowicz & Srivastava, 2004). Consumers show their reluctance 134 also against functional foods produced using new technologies and unfamiliar ingredients, being the 135 European normally more averse than American towards these wide category of food (Siro et al., 2008). 136

According to Pliner et al. (1993) consumers' opposition towards novel products may relate to the 137 138 perception of the novel food as harmful or the perceived risk that new foods will dislike their expectations. The researchers traditionally refer to the aversion to novel food as "neophobia" (Pliner & 139 Hobden, 1992; Damsbo-Svendsen et al., 2017) and, more recently, started using the term "new food 140 141 technology neophobia" (Cox & Evans, 2008) to indicate consumers' reluctance towards food produced using new processes. The "new food technology neophobia" has several facets either relate to 142 consumers' aversion to try novel food products either to accept new production and processing 143 technologies (Cox & Evans, 2008; De Steur, Odongo, & Gellynck, 2016;). 144

#### 145 2.3 Changing consumers' attitudes using information

Consumers might oppose novel foods because they are not aware of the method used for their 146 production (Cardello et al., 2007). Thus, providing consumers with information about innovative 147 technologies should reduce their information gap (Contò, Santini, La Sala, & Fiore, 2016; Barsics, 148 Caparros Megido, Brostaux, Blecker, Haubruge, & Francis; 2017). Some researches confirm that this 149 approach can be effective in the creation of positive attitudes towards foods and foods technologies. A 150 study conducted in New Zealand (Lee, Lusk, Mirosa, & Oey, 2016) offers evidences that information 151 positively influenced consumers' attitudes towards apple juices that was untreated and processed using 152 high hydrostatic pressure, while it had no effect on pulsed-electric field treated juice. A research 153 conducted in Europe and USA involving experimental auctions (Lusk, House, Valli, Jaeger, Moore, 154 Morrow, & Traill, 2004) proved that providing information about potential benefits of GMOs decrease 155 the money that consumers accepted to buy the GM food. Researchers focused also on the quantity of 156 information provided. Also in this case, there evidences that information shape consumers evaluation 157 of targeted products. For instance, the study of Pohlman, Wood, & Mason (1994) proved that the 158 participation to an educational program improved the attitudes towards food irradiation technologies, 159

while McCollough & Ostrom (1974) proved that mere exposure to similar short messages persuaded involved positive evaluation of daily-use products. However, the information does not always provide positive changes in attitudes. For instance, Jaeger, Knorr, Szabó, Hámori, & Bánáti (2015) conducted a qualitative research and measured that providing description changed positively and negatively the evaluation of new food technologies in different group of consumers.

#### 165 **3. Materials and Methods**

In order to increase the attitudes towards a novel fresh fish product using information and explore the role of neophobia on product acceptance, we firstly analysed the negative values attached to the product and created two informative messages targeting these specific adverse attributes. Secondly, we identified a set of dependent variables represented by the attitudes towards the technology and the product that might be influenced by information. Finally, we determined the set of covariates that may play a role in consumers attitudes toward the novel fresh fish product. These are represented by neophobia, socio-demographic characteristics and fish consumption habits.

### 173 *3.1. Experimental design*

The investigation was conducted in Italy from January to June 2017 by using the Qualtrics® platform. This is based on two consecutive steps. The first step was a pilot study aimed to select the items for the product evaluation in the main questionnaire. During this study, 34 experts of fish products from academy (researchers on fish breeding and fish product safety) and private companies (producers, transformers and traders) and 52 lay people responded to a short qualitative questionnaire describing the perceived gains and losses of the proposed food technology<sup>1</sup>. At this step emerged that the most probable negative consequence of the SLE technology applied to fresh fish products was the perception

<sup>&</sup>lt;sup>1</sup> For sake of brevity, only the main results of the pilot study are described here, for those interested, all information are available upon request.

of less freshness and the decreasing of the quality of the product compared to the traditionally packaged products. On the other hand, the most valuable benefits of the new package for both experts and lay people were the ease of use and reduction in food waste. According to these results, we designed the second step, which represents the main study described in the present paper. This research involved an on-line survey distributed in the Lombardy and Apulia Regions, representative for North and South of Italy. At the end of the survey, out of 530 participants engaged, 418 (78.9%) completed the questionnaire. Thus, the questionnaire that were not finished were excluded from the analysis.

Participants to the survey valued a fictional portion of 400gr of fresh sea bream fillets (*Sparus aurata*) that was presented as packaged using a new technology assuring SLE<sup>2</sup>. A specifically created picture of the product was presented during the survey with a claim indicating the "10 extra-days" of shelf-life guaranteed by the new technology (Figure 1).

Furthermore, each respondent was randomly assigned to an experimental group characterized by a 192 specific message aimed at persuading consumers of the goodness of the technology. In accordance to 193 the objective of the research and building on the information gained from the pilot study, specific 194 information treatment has been introduced in order to test the effect of different messages on 195 consumers' acceptance of SLE. As described in Table 1, people who has been randomly assigned to the 196 first treatment represent the Control group, in fact they received no additional information a part of the 197 description of the product. The second treatment informed consumers that SLE guarantees 10 extra-198 days of shelf life with no change in terms of product overall quality; this group of consumer has been 199 coded as Info Q. The content of this information treatment aims to prevent the possible adverse effect 200 201 of the use of packaging technology on the perception of the overall quality of the product. The third

<sup>&</sup>lt;sup>2</sup> This new technology consists of 2 steps: in the first step, the edible coating was optimized through the use of 5% sodium alginate solution and 7.5% calcium chloride solution in order to increase the shelf life of the sea bream fillet. After that, the edible coating is combined with Modified Atmosphere Packaging – MAP - (5% of  $O_2$  and 95% of  $CO_2$ ) and the effect on shelf life is evaluated. It results in a SLE of 10 days.

treatment informed readers that SLE helps in decreasing food waste, which involves gains in term of economic and environmental impact. People assigned to this treatment composed  $Info_W$  group. Finally, the fourth treatment contains both the information provided by the second and third treatment, thus, these participants are coded as  $Info_Q+Info_W$  group. It is worth noting that this experimental design allows to estimate the effect of informative message in term of type of information provided  $(Info_Q \text{ vs } Info_W)$  and in term of quantity of information provided (*Control* vs  $Info_Q$ ; *Control* vs  $Info_W$ ; and, *Control* vs  $Info_Q+Info_W$ ).

The measure of consumers' acceptance of fresh sea bream fillets packaged using SLE followed the information treatment. Consumers stated their perception of the product on three dimensions that have been estimated as follows:

- 212 > <u>Overall liking of the technology.</u> This dimension is measured by a 10-point semantic
   213 differential scale, that describes the perception of convenience of the SLE (disadvantage vs.
   214 advantage);
- 215 > Overall linking of the product. This dimension is measured by the mean of the stated agreement
   216 with 7-point Likert scales on four statements referring to the fresh sea bream fillets.
   217 Specifically, the items used are: 'The product is attractive', 'I would recommend it to my
   218 friends and relatives', 'I would buy it' and 'It looks good';
- Perception of specific characteristics of the product. Seven semantic differential scales that
   captures the perception of different attributes of the product measure this dimension. These
   scales refer to 'taste and smell', 'environmental friendliness', 'healthiness', 'easy of cooking',
   'easy of storing', 'naturalness' and 'freshness'. These seven items are used separately in the
   analysis to accounts for the perception of the different characteristics that make up the product.

The questionnaire contains three more sections. The first one is devoted to the analysis of the acceptance of new food technologies, estimated via the Food Technology Neophobia Scale (FTNS -Cox & Evans, 2008), the measure of food technology knowledge and the attitudinal antecedents of food choice, estimated by using the Food Values (Lusk & Briggeman, 2009). Furthermore, two final sections are devoted to socio-demographics and fish consumption habits information of each respondent completing the survey.

230

## [INSERT TABLE 1 AROUND HERE]

#### 231 *3.2. Research hypothesis and data processing*

The research starts from the formulation of the hypothesis that a positive message would increase consumer's attitudes towards the product. According to this reasoning, table 2 presents a first group of hypothesis that can be generalized as follows:

[H1] The information increase consumers' positive attitudes towards the product, and the magnitude
of the impact increase with the increase of information provided.

A second hypothesis has been proposed on the moderating role of individuals' food technology
neophobia on the effect of information on consumers' attitudes. This hypothesis is:

[H2] The individual's FTNS index moderates the effect of the informative message in changing
consumers' attitudes towards the product.

241

#### [INSERT TABLE 2 AROUND HERE]

- 242 No hypothesis is formulated *a priori* on the different impact between different types of information
- 243 provided in the case of *H1*, nor on the sign of the moderation effect of the FTNS scale on the effect of
- informative message in H2. According to the focus of the present study, authors did not articulate any

245 hypothesis on other consumers' demographics; rather, they are used as control variables in the 246 estimation.

All data processing has been performed by using IBM SPSS software. In order to test H1, a generalized 247 linear model (GLM) has been run for each attitude measurement considered. In addition to the 248 249 information treatments, the individual's FTNS index, the demographics and the Food Values are used in the models. As described in the following paragraphs, the Food Values enter the estimation as 250 individual factor scores of the two factors obtained by a principal component analysis (PCA) run on the 251 scale. A part of testing H1, this step of the estimation explores the determinants of consumers' attitudes 252 towards the innovative products. An analysis of the individual's FTNS moderating effect on the impact 253 of information on consumers' attitudes follows the GLM estimation in order to test H2. In this step, the 254 Model 1 of the PROCESS package (Hayes, 2012) has been used to calculate the significance and sign 255 of the interaction of treatments and FTNS on attitudes. 256

#### 257 **4. Results**

#### 258 *4.1. Characteristics of the sample*

The final characteristics of the sample are shown in Table 3. It consists in 418 respondents aged 259 between 18 and 81 years (Mean= 37.22; SD=12.91), 221 of whom are female, representing the 52.9% 260 of the total. The family counts primarily 3-4 members (224; 53.6% of the total) with mainly with 261 262 children between 13-18 years (48.3%). Approximately half of the respondents are resident in North of Italy, in Lombardy Region (208; 49.8%), the other half in South of Italy, in Apulia Region (210, 263 50.2%). The vast majority of the sample has a monthly household's income of 4,000€ at maximum 264 (336; 87.6%) and, finally, 216 respondents possess a Bachelor degree or higher (51.7% of the total). 265 Compared to the Italian population, as for the majority of internet surveys, the education level does not 266 reflect the distribution of the variable. Possibly due to self-selection and non-response bias, this 267

characteristic of the sample causes a decrease in term of expected generalization to the whole population (Hudson, Seah, Hite, & Haab, 2004; Schonlau, Van Soest, Kapteyn & Couper, 2009; and reproducibility of the results (Aarts *et al.*, 2015) On the other hand, as suggested in a study on fish perception (Gaviglio, Demartini, Mauracher, & Pirani, 2014), the use of control variables in the models helps in isolating the effect of the information treatment excluding accounting separately for the education characteristics of respondents. The descriptive statistics for all experimental groups and all the variables considered are gathered in the Appendix A.

275

#### [INSERT TABLE 3 AROUND HERE]

#### 4.2. Impact of information on consumers' attitudes towards the innovative product

277 The results of the estimation of the role of different informative messages on consumers' attitudes towards the innovative fish product are reported in table 4. Each item used for the evaluation of the 278 SLE technology, the overall liking of the product and its characteristics enters one generalized linear 279 model as dependent variable. According to the questionnaire's sections, the independent variables are 280 presented in four blocks. The information treatments compose the first block of variables and are the 281 282 fixed factors of the models. A second block of covariates gathers the individual FTNS score, the stated previous knowledge of the technology and the factor scores of the two components extracted by PCA 283 analysis on the Food Values. The third and fourth groups of variables gather the socio-demographics 284 285 characteristics or the respondents and their fish consumption and purchase habits respectively.

The results show that only a small fraction of hypothesis formulated in H1 can be accepted. In fact, all control variables considered, the information possesses an impact only on the measure of perceived 'taste and smell' and 'naturalness'. Specifically, looking at the parameter estimates, the message provided increased the evaluation of "taste and smell' in the  $Info_Q$  and  $Info_Q+Info_W$  groups, while *Info W* group's evaluation was the same of Control's one. With regard to the evaluation of naturalness, the only group that shows a significant increase was the  $Info_Q+Info_W$ . Obviously, the rest *H1*s must be rejected. In fact, the informative messages did not affect the evaluation of the technology, the overall liking of the product and the perception of its 'environmental friendliness', 'healthiness', 'easy of cooking', 'easy of storing', nor 'freshness'. These results indicate that the informative messages tested are just mildly effective in changing consumers' attitudes. Furthermore, the fact that two of three significant effects are measured in the  $Info_Q+Info_W$  condition suggests that the effect may depend on quantity of information, rather than type of information provided.

298

#### [INSERT TABLE 4 AROUND HERE]

299 Interesting results are highlighted by the analysis of the other determinants of consumers' attitudes considered in the model. Firstly, FTNS scale is always significantly and negatively linked to measures 300 of attitudes. On the contrary, previous knowledge contributes negatively to the explanation of the 301 302 perception of 'environmental friendliness' of the product. With regard to the role of antecedents of consumption on perception of the new product, we run a PCA analysis on the Food Values. According 303 to the results of the analysis (see Appendix B for the extended description), the eleven items of this 304 305 scale can be reduced to two components. The first extracted component represents the importance that consumers attach to the Quality Cues of products when they make their daily food purchase and is 306 significantly and positively related to the perception of the advantages offered by the new technology, 307 the overall liking of the product, the perception of taste and smell and healthiness of the fresh fillets. 308 309 The same pattern is showed by the second components that represents the importance that consumers attach to the Convenience Cues of foods. Furthermore, this score is positively and significantly related 310 to the perception of the environmental friendliness and the naturalness of the product. 311

A second remarkable trend is shown by the role of socio-demographic characteristics of respondents.Looking at Table 4, they show no relationships with any of the attitudinal measures studied, with the

exception of the Area of residence, which is significantly related to the overall liking of the technology 314 315 showing differences between Northern Italian and Southern Italian consumers, being the first more positively disposed to the technology. Consumption habits show a similar fashion. They do not 316 correlate clearly to consumers' attitudes towards the fresh fillets. The majority of the significant 317 318 relationships are found in the evaluation of the environmental friendliness of the products, which is positively related to the purchase at traditional fish shops and consumption of frozen whole fish and 319 negatively to the consumption of frozen fillets. Instead, the easy of cooking is negatively correlated to 320 the consumption of frozen whole fish and positively correlated with the consumption of anchovies. The 321 consumption of fresh whole fish negatively relates to the overall liking of the technology, while the 322 consumption of fresh fillets positively relates to the expectations in terms of taste and smell and 323 perception of naturalness of the products. Finally, the consumption of anchovies is positively related to 324 the perception of healthiness of the product. 325

326

#### [INSERT TABLE 4 AROUND HERE]

4.3. Moderating role of Food Technology Neophobia Scale on the impact of information on consumers'
attitudes

Considering the relevance of neophobia in food choices, a second hypothesis was formulated on its 329 moderating role on information treatment. Building on the previous evidences, the moderation analysis 330 331 has been performed exclusively on those attitudinal measures that was explicated by information treatment and FTNS scale, i.e. the perception of 'taste and smell' and 'naturalness'. The results of the 332 test of H2 are expressed in Table 5. The hypothesis must be rejected, because the interaction between 333 the two independent variables is not significant. According to the statistical analysis, informative 334 messages increase the attitudes and individual neophobia decrease the acceptance of the fresh fillets 335 packaged with SLE technology, but there is no addictive or subtractive action of FTNS on information 336

treatments. This trend is evident in Figure 2 and Figure 3; here the average measures of perception of 337 338 'taste and smell' and 'naturalness' in the four experimental groups are presented considering a mediansplit of the sample based on FTNS individual score. The growing shapes of the figures demonstrate that 339 attitudes increase with messages, while the differences between 'not neophobic' and 'neophobic' 340 respondents represent graphically the relevance of FTNS with regard to consumers' attitudes towards 341 innovative products, at least in the present case study. The fact that in both graphs the 'not neophobic' 342 and 'neophobic' lines growth approximately in parallel shows that the interaction between the two 343 terms is not to be considered significant. 344

345

#### [INSERT TABLE 5 AROUND HERE]

346

#### [INSERT FIGURE 2 AND FIGURE 3 AROUND HERE]

#### 347 5. Discussion and conclusions

348 The present research advances the knowledge on the impact of informative messages on acceptance of new food technology by conducting an on-line survey in North and South of Italy. As a case study, the 349 research used a shelf-life extension technology applied to a 400gr package of fresh seabream fillets. 350 The paper discusses the test of two information treatments aimed at increasing consumers' attitudes 351 towards the product. The first treatment informs consumers that the shelf life extension does not affect 352 the overall quality of the fish fillets, while the second informs that the new packaging technology helps 353 in reducing food waste. As a second goal, the paper explores the moderating role of FTNS on the effect 354 of information and the sociodemographic determinants of consumers liking of the examined product. 355

By the authors' interpretation, three main conclusions can be derived from the empirical results. First, an adequate quantity of information may positively shape consumers attitudes towards fish products packaged using new shelf-life extension technologies. On the other hand, this implies that the content

of information is not clearly relevant in influencing consumers. At least in the examined case, these 359 360 findings suggest that a promoting campaign should provide many and varied information, rather than focusing on specific positive characteristics of the product. Second, the individual food technology 361 neophobia has been found the most important barrier to novel product acceptance. However, FTNS 362 does not interact with information messages. Thus, despite FTNS is a strong negative determinant of 363 acceptance of innovative and sustainable packaging, this result suggests that, even if "informed" 364 neophobic consumers might not like the product as not neophobic consumers, they are still receptive to 365 information. Third, attitudinal antecedents of food choice, i.e. the Food Values (Lusk & Briggeman, 366 2009) and partly socio-demographic and consumption habits, are determinants of acceptance of the 367 innovative products. This evidence confirms that heterogeneity of consumers must be considered in 368 order to design effective interventions and target relevant and/or sensible clusters. 369

These results are in line with the recent literature. Indeed, the majority of the studies demonstrates that 370 information positively influences consumers' perception of some technologies and characteristics of 371 372 foods, but could be ineffective on other proposed innovations and products (Cardello, et al., 2007; 373 Altintzoglou, Heide, Carlehög, 2014; Lee et al., 2016; Barsics et al., 2017). Furthermore, the 374 comparison with the literature on Italian consumption of fish (Cosmina, Demartini, Gaviglio, Mauracher, Prestamburgo & Trevisan, 2012) suggested that the attitudes towards fish species and types 375 376 of preparation are strictly related to personal values and habits that generally have a tendency to be 377 transmitted between generations and also to depend on sociodemographic factors (La Barbera, Verneau, Amato, & Grunert, 2018; Kraus, Annunziata, & Vecchio, 2017). These trends are also 378 379 showed by most of the studies on food preferences (Fiore et al., 2017; Stranieri, Ricci, & Banterle, 2017). When consumer select a food product chooses the product as a mix of tangible and intangible 380 attributes also relying on personal background thus being influenced by many interacting factors 381 (Antonazzo, Fiore, La Sala, Contò, 2014; Verneau, Caracciolo, Coppola, & Lombardi, 2014). Finally, 382

it is worth being noticed that food technology neophobia can also depend on personality trait of people 383 384 and context. Indeed, some authors highlight the relationship among food technology neophobia, satisfaction with life, food-related life because technologies may be rejected outright, without regard to 385 the product in which they are embodied (Schnettler, Crisóstomo, Sepúlveda, Mora, Lobos, Miranda, & 386 387 Grunert, 2013). Building on these reasoning, marketing intervention and public campaign to sustain the introduction of new technologies, and increase the acceptance of novel foods must possesses the 388 following characteristics: (a) being tailored on targeted customers; and, (b) being tailored on targeted 389 characteristics of the products. In this sense, private companies and public bodies are encouraged to use 390 a specific protocol to analyze the context, and design, test and revise their intervention before the 391 launch. This might be an expensive procedure, nonetheless, it is known that the inclusion of the 392 consumers in the innovations development process becomes crucial in order to minimize failure 393 probabilities (Guinè, Ramalhosa, & Valente 2016), thus an intensive pre-test of information on a 394 395 representative sample of consumers would increase the probabilities of success of intervention on the targeted population. 396

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# **Tables and Figures**

Experimental group		Information treatment	Collec	cted	Valid		
	Experimental group	information treatment	n.	%	n.	%	
1	Control	No info	133	25.1	103	24.6	
2	Info_Q	The interest in this technology is that it enables to lengthen the product's conservation with no loss in term of qualitative properties	139	26.2	111	26.6	
3	Info_W	The interest in this technology is that it reduces product waste with a good impact in economic, environmental and social terms	128	24.2	97	23.2	
4	Info_Q+Info_W	The interest in this technology is that it enables to lengthen the product's conservation with no loss in term of qualitative properties and reduce product waste with a good impact in economic, environmental and social terms	130	24.5	107	25.6	
		Total	530	100.0	418	100.0	

## 536 Table 1. Informative message and number of subjects per experimental group

## 539 Table 2. Hypothesis on the effect of the informative message on the evaluation of the product on the

## 540 different dimensions considered

	Control		Info_Q		Info_W		Info_Q+InfoW
Orecard 11 111-111 -	Technology	<	Technology	=	Technology	<	Technology
Overall liking	Product	<	Product	=	Product	<	Product
	Taste and smell	<	Taste and smell	=	Taste and smell	<	Taste and smell
	Environment	<	Environment	=	Environment	<	Environment
	Health	<	Health	=	Health	<	Health
Attributes evaluation	Easy cooking	<	Easy cooking	=	Easy cooking	<	Easy cooking
	Easy storing	<	Easy storing	=	Easy storing	<	Easy storing
	Naturalness	<	Naturalness	=	Naturalness	<	Naturalness
	Freshness	<	Freshness	=	Freshness	<	Freshness

	n.	%		n.	%		
Age			Household ind	come (€ per month	)		
18-25 years	95	0,23	< 1.000	60	0,1		
26-35 years	117	0,28	1.000-2.000	143	0,3		
36-45 years	87	0,21	2.001-4.000	163	0,3		
46-55 years	79	0,19	4.001-6.000	29	0,0		
over 56 years	40	0,10	> 6.000	23	0,0		
Gende	r		Household size (number)				
Male	197	0,47	1	46	0,1		
Female	221	0,53	2	90	0,2		
Educati	on		3	95	0,2		
First and secondary school	20	0,05	4	129	0,3		
High school	182	0,44	5+	58	0,1		
Bachelor degree	46	0,11	Children in the	household 0–12 yes	ars		
Master Degree or higher	170	0,41	No	309	0,7		
Residence <b>F</b>	Region		Yes	109	0,2		
North of Italy - Lombardy	208	0,50	Children in the l	nousehold 13–18 ye	ears		
South of Italy - Puglia	210	0,50	No	216	0,5		
			Yes	202	0,4		

## **Table 3.** Characteristics of the sample

## **1** Table 4. Explanatory variables for evaluation of the product in generalized linear models

		Overal	l liking								Attributes e	valuation						
	Techn			duct	Taste an	d smell	Enviro	nment	Hea	ılth	Easy co	oking	Easy s	toring	Natura	lness	Fresh	iness
	В	Sig.	В	Sig.	В	Sig.	В	Sig.	В	Sig.	В	Sig.	B	Sig.	В	Sig.	В	Sig.
Information treatment																		
Info_Q+Info_W	0.177	0.440	0.126	0.469	0.581	0.002	0.343	0.106	0.368	0.070	0.339	0.100	0.356	0.115	0.474	0.039	0.450	0.077
Info_W	-0.295	0.210	-0.093	0.604	0.377	0.046	0.261	0.232	0.066	0.750	0.075	0.723	-0.007	0.976	0.401	0.089	0.046	0.859
Info_Q	0.006	0.978	-0.081	0.642	0.391	0.033	-0.099	0.638	0.318	0.115	0.125	0.544	0.162	0.472	0.251	0.271	0.193	0.446
Control	0 <sup>a</sup>		0 <sup>a</sup>		0ª		0ª		0ª		$0^{a}$		0ª		0ª		0ª	
FTNS	-0.437	0.000	-0.538	0.000	-0.334	0.000	-0.406	0.000	-0.539	0.000	-0.294	0.001	-0.283	0.004	-0.538	0.000	-0.491	0.000
Knowledge of techs	-0.055	0.296	-0.009	0.830	-0.043	0.312	-0.116	0.017	-0.078	0.095	-0.063	0.185	-0.061	0.240	-0.043	0.412	-0.026	0.651
FV 1 - Quality Cues	0.186	0.027	0.267	0.000	0.157	0.020	-0.004	0.961	0.201	0.007	0.118	0.121	0.139	0.095	0.007	0.937	0.096	0.303
FV 2 - Convenience Cues	0.263	0.003	0.468	0.000	0.288	0.000	0.300	0.000	0.220	0.005	0.052	0.513	0.126	0.151	0.186	0.036	0.038	0.705
Children max 12 yrs old																		
No	-0.008	0.966	-0.046	0.751	0.001	0.996	0.148	0.401	0.060	0.723	0.174	0.309	0.228	0.223	-0.041	0.831	-0.148	0.482
Yes	0 <sup>a</sup>		$0^{a}$		0 <sup>a</sup>		0ª		$0^{a}$		0 <sup>a</sup>		$0^{a}$		0 <sup>a</sup>		0 <sup>a</sup>	
Children max 13-18 yrs																		
No	-0.138	0.428	0.022	0.870	-0.127	0.366	-0.156	0.336	-0.058	0.707	-0.330	0.036	-0.259	0.133	-0.080	0.648	-0.077	0.690
Yes	$0^{\mathrm{a}}$		0 <sup>a</sup>		$0^{a}$		0 <sup>a</sup>		0 <sup>a</sup>		$0^{a}$		$0^{a}$		0 <sup>a</sup>		0 <sup>a</sup>	
Area of Residence																		
North Italy - Lombardy	2.508	0.000	-0.087	0.558	0.021	0.894	0.254	0.157	0.101	0.556	0.040	0.818	0.084	0.662	-0.100	0.604	-0.340	0.114
South Italy - Puglia	0 <sup>a</sup>		$0^{a}$		$0^{a}$		0ª		$0^{a}$		$0^{a}$		$0^{a}$		0ª		0ª	
Gender																		
Male	0.156	0.359	-0.019	0.883	-0.191	0.162	-0.155	0.328	-0.017	0.911	-0.134	0.383	0.082	0.625	0.062	0.717	-0.270	0.153
Female	0 <sup>a</sup>		0 <sup>a</sup>		0 <sup>a</sup>		0 <sup>a</sup>		0 <sup>a</sup>		$0^{a}$		$0^{a}$		0 <sup>a</sup>		0 <sup>a</sup>	
Education	-0.003	0.973	-0.024	0.677	-0.069	0.267	-0.008	0.911	-0.037	0.587	-0.021	0.767	-0.037	0.626	-0.035	0.645	-0.046	0.589
Monthly income	-0.004	0.965	-0.042	0.526	-0.042	0.545	-0.096	0.228	-0.037	0.632	0.004	0.958	-0.008	0.923	-0.074	0.391	-0.015	0.874
Place of purchase for fish																		
Fish Shop	-0.091	0.325	-0.002	0.978	0.084	0.256	0.181	0.035	-0.060	0.467	-0.044	0.599	-0.040	0.663	0.050	0.590	-0.013	0.902
Open air market	0.005	0.958	0.005	0.947	-0.048	0.531	-0.167	0.062	0.034	0.689	-0.003	0.972	0.109	0.251	-0.116	0.230	-0.180	0.093
Supermarket	0.145	0.107	0.085	0.216	0.003	0.968	0.067	0.420	0.001	0.987	0.063	0.437	-0.020	0.826	0.005	0.958	-0.128	0.201
Consumption of fish																		
Fresh Whole Fish	-0.214	0.020	-0.074	0.295	-0.069	0.351	-0.062	0.469	-0.092	0.262	-0.040	0.629	-0.081	0.375	-0.096	0.298	-0.168	0.102
Fresh Fish Fillets	0.164	0.065	-0.019	0.781	0.181	0.011	0.091	0.271	0.097	0.220	0.056	0.489	0.171	0.052	0.241	0.007	0.134	0.170
Fresh Fish Recipes	-0.134	0.142	-0.011	0.869	-0.107	0.146	0.079	0.350	0.050	0.541	0.081	0.325	0.089	0.324	0.019	0.837	0.037	0.714
Frozen Whole Fish	-0.072	0.461	0.015	0.839	0.120	0.127	0.193	0.033	0.077	0.371	-0.173	0.050	-0.165	0.088	0.115	0.240	0.116	0.284
Frozen Fish Fillets	0.011	0.914	0.002	0.973	-0.027	0.734	-0.207	0.022	-0.039	0.650	0.148	0.094	0.131	0.176	0.009	0.923	-0.098	0.360
Frozen Fish Recipes	0.004	0.969	0.141	0.053	0.076	0.324	0.056	0.530	0.063	0.457	0.081	0.351	-0.028	0.771	-0.012	0.902	0.115	0.279
Appreciation offish																		
Sea bream. sea bass	0.041	0.448	0.054	0.197	0.052	0.235	0.009	0.862	0.030	0.536	-0.035	0.475	0.031	0.569	-0.002	0.976	0.068	0.265
Anchovy. sardine.	0.067	0.112	0.043	0.180	0.030	0.371	0.032	0.408	0.080	0.033	0.088	0.021	0.047	0.259	0.033	0.430	0.091	0.053
mackerel																		
Codfish	-0.069	0.202	-0.051	0.211	-0.007	0.867	-0.044	0.380	0.024	0.608	0.054	0.261	0.057	0.287	-0.022	0.689	-0.019	0.749
Salmon	0.074	0.158	0.096	0.017	0.019	0.657	0.073	0.133	0.028	0.550	-0.012	0.808	-0.067	0.196	0.054	0.307	0.109	0.063
Trout	0.010	0.818	-0.006	0.849	0.023	0.521	0.033	0.422	-0.028	0.486	-0.013	0.756	-0.001	0.973	0.061	0.174	-0.018	0.718
Intercept	6.817	0.000	5.909	0.000	4.995	0.000	5.701	0.000	6.202	0.000	5.984	0.000	6.051	0.000	5.679	0.000	5.493	0.000

2 Note: bold format emphasizes the significant variables at 0.050. a. This parameter is set to zero because it is redundant.

## 1 Table 5. Results of the moderation analysis of the role of food technology neophobia scale on the

	Info treatment		Food techno neophobia sca	0	Info*FTN		
	t	Sig.	t	Sig.	t	Sig.	
Taste and smell	3.134	0.002	-4.939	0.000	0.110	0.913	
Naturalness	2.154	0.032	-6.433	0.000	-0.286	0.775	

## 2 impact of the information treatment on consumers' attitudes

1 Figure 1. Picture of the fish product used in the study

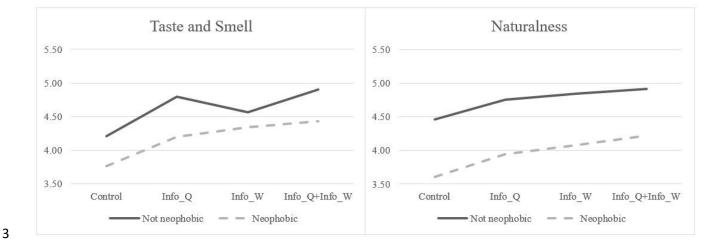


2

- **3** Note: the claim in the green label says "New Package Fresh fish for 10 days more"; the claim in the light-blue label says:
- 4 "Tender and delicate Sea bream fillets"

5

1 Figure 2 and Figure 3. Mean of the evaluation of Taste and Smell, and Naturalness depending on



## 2 informative treatment and neophobia

# **1** Appendix A – Descriptive statistics of the four experimental groups

# 2 Table A1. Characteristics of each experimental group

Variables		Experimtal Groups						
	Control	Info_Q	Info_W	Info_Q+Info_W	sample			
Overall liking - Average								
Technology	6.52	6.61	6.26	6.66	6.51			
Product	4.45	4.51	4.45	4.70	4.53			
Attributes evaluation - Average								
Taste and smell	3.99	4.52	4.44	4.70	4.41			
Environment	4.48	4.50	4.80	4.92	4.67			
Health	4.48	4.90	4.61	4.91	4.72			
Easy cooking	5.22	5.32	5.33	5.55	5.36			
Easy storing	5.30	5.46	5.33	5.64	5.43			
Naturalness	4.04	4.38	4.42	4.62	4.36			
Freshness	3.50	3.83	3.53	4.07	3.73			
New food technologies neophobia scale - Average	3.58	3.52	3.24	3.64	3.50			
Previous knowledge of packaging techs - Average	3.96	3.84	3.97	3.83	3.90			
FV 1 - Quality Cues - Average	0.01	-0.07	0.08	-0.02	0.00			
FV 2 - Convenience Cues - Average	-0.08	0.07	-0.01	0.02	0.00			
Children max 12 yrs old in household - Count								
No	77	77	76	79	309			
Yes	25	34	20	27	106			
Children max 13-18 yrs old in household - Count				_,				
No	77	77	76	79	309			
Yes	25	34	20	27	106			
Area of Residence - Count								
North Italy - Lombardy	53	56	49	50	208			
South Italy - Puglia	50	55	48	57	210			
Gender - Count			_					
Male	54	49	45	49	197			
Female	49	62	52	58	221			
Education - Average	3.99	3.94	3.94	3.94	3.95			
Monthly income per household - Average	2.53	2.59	2.39	2.66	2.55			
Typical place of purchase for fish product - Average								
Fish Shop	2.03	2.06	2.05	2.12	2.07			
Open air market	1.58	1.61	1.71	1.48	1.60			
Supermarket	2.73	2.73	2.97	2.73	2.79			
Level of consumption different fish products - Average								
Fresh Whole Fish	2.34	2.40	2.56	2.40	2.42			
Fresh Fish Fillets	2.31	2.41	2.26	2.43	2.35			
Fresh Fish Recipes such as Sushi. Breaded. Spiced	1.93	1.71	1.81	1.74	1.80			
Frozen Whole Fish	1.73	1.71	1.73	1.80	1.74			
Frozen Fish Fillets	2.14	1.92	2.09	2.13	2.07			
Frozen Fish Recipes such as Sushi. Breaded. Spiced	1.87	1.86	1.84	1.83	1.85			
Appreciation of different species of fish - Average	-107	1.50		1100	1.00			
Sea bream and sea bass	5.42	5.78	5.94	5.57	5.68			
Anchovy, sardine and mackerel	4.43	4.59	4.52	4.14	4.42			
Codfish	4.91	5.02	5.12	4.91	4.99			
Salmon	5.45	5.51	5.56	5.61	5.53			
Trout	4.19	4.06	4.11	3.83	4.05			

### **1** Appendix B - Results of Principal Components analysis on Food Values items

2 To estimate the antecedents of food consumption we used the factor scores of a Principal Component Analysis performed on the Food Values (Lusk & Briggeman, 2009) per each respondent. The 3 suitability of the data for the PCA was evaluated using the Kaiser-Meyer-Olkin measure and the 4 Bartlett's test of sphericity. The Table A1 shows the results of these tests. The KMO results equal to 5 6 0.910, proving the sampling adequacy of the variables (Cerny & Kaiser, 1977) and the Bartlett's test of sphericity is significant at <0.000 demonstrating that the variables considered are highly correlated 7 (Dziuban & Shirkey, 1974) and appropriate for the analysis. Given these results, we thus performed the 8 PCA using a varimax rotation algorithm. The analysis shows that two eigenvalues of the eleven 9 10 components extracted exceed one, suggesting the presence of two factors that explain the 59.63% of the variance (Table A2). Finally, the rotated matrix of factor loadings can be used to characterize these 11 two components. As showed in Table A3, the rotated solution shows that the first component is 12 13 characterized by five variables (FV01- FV06 - FV07 - FV08 - FV09) that relates to the intrinsic quality of the product, while the second component is characterized by three variables (FV03- FV05 - FV10) 14 that relates to the convenience attributes of the product. We thus called the two factors Quality Cues 15 and Convenience Cues respectively indicating that the higher is the factor score the higher is the 16 importance attached by the respondents to the Quality or Convenience cues perceived in the food 17 18 product.

#### 19 Table B1. KMO and Bartlett's Test

Kaiser-Meyer-Olkin Measure of Sampling Adequacy		0.910
	Approx. Chi-Square	2,023.72
Bartlett's Test of Sphericity	df	55
	Sig.	0.000

Component		Initial Eigen	values	Extraction Sums of Squared Loadings					
component	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %			
1	5.19	47.21	47.21	5.19	47.21	47.21			
2	1.37	12.41	59.63	1.37	12.41	59.63			
3	0.87	7.87	67.49						
4	0.61	5.51	73.00						
5	0.58	5.28	78.28						
6	0.57	5.19	83.47						
7	0.43	3.93	87.40						
8	0.41	3.71	91.11						
9	0.36	3.30	94.41						
10	0.34	3.05	97.45						
11	0.28	2.55	100.00						

1 Table B2. Total Variance Explained by Principal Components Analysis

2

## **3 Table B3. Rotated Component Matrix**

	Component					
	1- Quality Cues	2 - Convenience Cues				
FV01 - Naturalness	0.781	0.304				
FV02 - Taste	0.570	0.540				
FV03 - Price	0.172	0.723				
FV04 - Safety	0.628	0.530				
FV05 - Convenience	0.040	0.733				
FV06 - Nutrition	0.690	0.271				
FV07 - Tradition	0.720	0.137				
FV08 - Origin	0.777	0.252				
FV09 - Fairness	0.661	-0.084				
FV10 - Appearance	0.198	0.775				
FV11 - Environment	0.773	0.191				

4 Note: Based on responses on 7-point Likert scale to the answer "How important are to the following characteristics of a

5 food when making your diet choices?" - from 1: Not important at all, to 7: Absolutely Essential