

1 *Invited Review - LABORATORY TESTS FOR DIAGNOSING AND MONITORING CANINE*

2 *LEISHMANIASIS*

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5 **Running header: laboratory diagnosis of leishmaniasis**

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27 **Abstract**

28 Although several reviews on canine leishmaniasis have been published, none thoroughly described
29 clinico-pathologic abnormalities and their clinical usefulness. The aim of this review is to provide
30 information concerning current diagnostic tests relevant for clinical pathologists and from a
31 practical perspective. Specifically, in canine leishmaniasis non-regenerative normocytic
32 normochromic anemia, thrombocytopenia or leukogram changes may be present. Clinical
33 chemistry and urinalysis may indicate renal dysfunction (azotemia, decreased urine specific gravity,
34 proteinuria) and inflammatory/immune response (increased acute phase proteins or α_2 - and/or γ -
35 globulins). Although a potential gammopathy by mechanism is usually polyclonal it may also
36 appear oligo- or monoclonal, especially in dogs co-infected by other vector-borne pathogens. When
37 lesions are accessible to fine needle aspiration (lymphadenomegaly, nodular lesions, joint
38 swelling), cytology is strongly advised, as the presence of *Leishmania* amastigotes in a pattern of
39 pyogranulomatous inflammation or lymphoplasmocytic hyperplasia is diagnostic. If the cytologic
40 image is inconclusive, the parasite should be identified by histology/immunohistochemistry or PCR
41 on surgical biopsies. Alternatively, cytology and PCR may be performed on bone marrow smears,
42 where amastigotes, along with erythroid hypoplasia/myeloid hyperplasia, plasmocytosis, or
43 secondary dysmyelopoiesis can be observed. Dogs with overt Leishmaniasis generally have high
44 antibody titers, while low titers predominate in immunologically resistant infected dogs, or in
45 exposed dogs with no parasite confirmation. Quantitative serology is recommended in clinically
46 suspect dogs as high-titer antibodies titers are conclusive. In confirmed and treated dogs, renal
47 function and inflammatory/immune response variables should be periodically monitored.

48
49 **Keywords:** *Dog; Leishmania infantum; clinical usefulness; diagnosis; follow-up*

51 **1. Introduction**

52 Leishmaniasis is a frequent infectious disease of dogs living in endemic areas, associated with
53 important morbidity and, despite appropriate treatment, potential lethal outcome. Although several
54 reviews have been published so far, none has fully described the diagnostic role of available
55 laboratory tests that may be diagnostic or of values for monitoring dogs with leishmaniasis.
56 Therefore, the aim of the present review is to provide information concerning typical laboratory
57 abnormalities and current diagnostic tests that may be relevant for clinical pathologists, from a
58 practical perspective.

59

60 **2. Etiology and pathogenesis of canine leishmaniasis**

61 Canine leishmaniasis is caused by the protozoan parasite *Leishmania infantum* or its New World
62 synonym *Leishmania chagasi*.¹ Although non-vectorial transmission has been reported (e.g.
63 transplacental, transfusional or venereal)²⁻⁴, the parasite is usually transmitted by infected
64 phlebotomine sand flies. Therefore, the geographic distribution and prevalence of the disease
65 depends on the presence and abundance of competent vectors.⁵ Blood-sucking females ingest the
66 non-flagellated form (amastigote) during the bloodmeal on infected hosts. After multiplication,
67 flagellated forms (promastigotes) transform into infectious metacyclic promastigotes that are
68 inoculated into the host at the next blood meal. Parasites are phagocytosed by macrophages,⁶
69 but the amastigotes interfere with the oxidative activity of these cells^{7,8} and survive and replicate in
70 macrophages, leading to cell destruction and infecting progressively more and more phagocytes.
71 In longitudinal field studies on naïve dogs, *Leishmania* can be detected by PCR in bone marrow
72 starting about 6 months from natural exposure to vectors.⁹ Once bone marrow has been colonized it
73 is generally accepted that the dog is persistently infected. However, a fraction of dogs with positive
74 PCR in bone marrow may become negative in the following months without any treatment; it is
75 unknown whether in these dogs the parasite density falls below the threshold limit of the test, the

76 infection persists in organs other than bone marrow, or the host defenses eradicate the infection.⁹
77 Despite dogs can mount antibody responses shortly after the first contact with the parasites,
78 resistance or susceptibility to progressive infection depends on the balance between Th1 (cell-
79 mediated) and Th2 (humoral) immune responses: dogs with prevailing Th2 responses are likely
80 prone to have parasite dissemination to all tissues and overt clinical signs.¹⁰⁻¹³ Hence, the simple
81 detection of circulating antibodies does not necessarily imply that the dog is actually clinically
82 affected. Similarly, parasite detection in tissues does not mean that the infected dog is actually sick.
83 Therefore, the guidelines for diagnosis and staging of canine leishmaniasis, released by the Canine
84 Leishmaniasis Working Group (CLWG),¹⁴ classify dogs as exposed, infected or sick based on a
85 combination of clinical and laboratory findings, as follows:

- 86 - Infected dogs: dogs clinically unremarkable, without laboratory abnormalities, that test
87 positive to PCR or cytology in bone marrow, lymph node, spleen, skin or peripheral blood;
- 88 - Sick dogs: infected dogs with typical clinical or clinicopathological changes.

89 The CLWG classification¹⁴ includes 2 additional categories of dogs at the extremes of the spectrum:

- 90 - Exposed dogs: dogs clinically unremarkable with low-titer positive serology, in which PCR
91 or cytology fail to demonstrate the presence of the parasite
- 92 - Severely sick dogs: sick dogs with a severe clinical condition (e.g. proteinuric nephropathy,
93 chronic renal failure), with concurrent problems, related or not to leishmaniasis, (e.g. ocular
94 disease causing functional loss, severe joint disease impairing motility), which require
95 immunosuppressive treatment, with concomitant conditions such as coinfections or
96 neoplastic, endocrine, or metabolic diseases, or that are unresponsive to repeated courses of
97 anti-*Leishmania* drugs.

98 Conversely, the Leishvet guidelines classifies sick dogs in four stages according to the severity of
99 clinical signs, clinicopathological findings and serological status.¹⁵

100

101 ***Clinical signs of canine leishmaniasis***

102 The interpretation of clinicopathological, serological and molecular tests should be done in light of
103 history (e.g. exposure to phlebotomine vectors), signalment (male dogs older than 2 years are at
104 high risk) and clinical presentation: the spectrum of clinical presentations is wide and ranges from
105 infections characterized by the absence of obvious clinical findings but detectable laboratory
106 abnormalities, to overt clinical infections characterized by the presence of clinical and laboratory
107 abnormalities that require or not hospitalization especially in the case of very severe life threatening
108 disease.^{14-16, 24-33}

109 110 **Laboratory abnormalities that may support or confirm leishmaniasis**

111 In addition to clinical findings, laboratory abnormalities detectable by routine hematology, clinical
112 chemistry or urinalysis may further increase the clinical suspicion of canine leishmaniasis.
113 Moreover, especially in the early phases of the disease, laboratory changes may occur in the
114 absence of obvious abnormalities at physical examination. Thus, a basic panel of tests is mandatory
115 when canine leishmaniasis is clinically suspected, or when a dog with positive result of tests for
116 etiological diagnosis needs to be classified as “exposed”, “infected” or “sick”. Table 1 summarizes
117 the clinicopathological changes that may be found in dogs with leishmaniasis (i.e. “sick” dogs).

118 119 **1) Hematologic abnormalities**

120 Hematological changes in canine leishmaniasis are non specific.³⁴ Neutrophilia, due to the systemic
121 inflammatory response may be present and particularly prominent if ulcerative cutaneous lesions
122 with secondary bacterial infection may occur, are present.^{34,35} Conversely, numerical or
123 morphological changes in the other leukocyte populations are less common, although lymphopenia,
124 lymphocytosis or eosinophilia are occasionally described³⁵⁻³⁷ Amastigotes may be rarely
125 documented in circulating leukocytes of infected dogs (less than 0.5% of cases) within neutrophils
126 but also in lymphocytes and monocytes.^{36,38} The percentage of infected cells is so low that their

127 search is generally not rewarding. When a systemic disease and blood dissemination is suspected,
128 more sensitive tests such as PCR or quantitative PCR should be preferred (see below).
129 The most common hematological changes in leishmaniotic dogs is anemia,^{34,35,44} that is usually
130 mild to moderate and has the normocytic normochromic non regenerative pattern typical of the
131 anemia of inflammatory disease.^{35,39} However the pathogenesis of anemia in leishmaniotic dogs
132 include additional mechanisms such as renal failure leading to reduced erythropoietin synthesis.
133 Moreover, it is very likely that anemia also has a hemolytic component as suggested by positive
134 Coomb's test in a minority of cases.¹⁷ This positivity may be associated with a "lupus-like"
135 reaction along with other clinical or laboratory changes, such as positive ANA-test⁴⁰ or perinuclear
136 antineutrophil cytoplasmic autoantibodies.⁴¹
137 Thrombocytopenia is fairly frequent in leishmaniotic dogs without concurrent infections. It is
138 usually mild to moderate. If severe, co-infections with other vector-borne pathogens (e.g. *Ehrlichia*
139 *canis*, *Anaplasma phagocytophilum* or *A. platys*) or other possible causes of reduced platelet
140 concentration should be suspected. The most likely mechanism responsible for thrombocytopenia in
141 leishmaniasis is a peripheral consumption of circulating platelets, possibly due to an immune-
142 mediated mechanism, since anti-Plt antibodies has been demonstrated in leishmaniotic dogs.⁴²⁻⁴⁴
143 Moreover, platelet loss may be associated to hypercoagulability caused by a decreased
144 concentration of anti-thrombin III as in any other protein losing nephropathy⁴⁵ (see below) or to
145 disseminated intravascular coagulation (DIC) that has been occasionally reported in leishmaniotic
146 dogs.⁴⁶ However, the mechanism of thrombocytopenia in leishmaniotic dogs includes also a
147 decreased production due to the depressed bone marrow activity cited above. Even in the absence of
148 reduced platelet concentrations, however, platelets may be hypofunctional in dogs with
149 leishmaniasis⁴⁷ although this reduced function is rarely responsible for hemostatic abnormalities.
150 One additional test that may be run in dogs with leishmaniasis is the flow-cytometric evaluation of
151 the CD4/CD8 ratio. The rationale of this test is that as soon as Th1 responses decreases, thus
152 increasing the susceptibility to the disease and favoring the shift from latent infection to overt

153 disease, the number of CD4+ lymphocytes decreases causing reduction of the CD4/CD8 ratio.⁴⁸⁻⁴⁹

154 Therefore, a seropositive or PCR-positive dog with a low CD4/CD8 ratio is more predisposed to

155 develop clinical signs than a similar dog with normal CD4/CD8 ratio. The practical applicability of

156 this test, however, is limited by the high individual variability and by the difficulty to determine a

157 cut-off for staging the disease Hence, this test may be used to monitor the post- treatment follow-up

158 but not to stage a dog at first diagnosis of leishmaniasis. The authors do not recommend the use of

159 this test for diagnostic purposes in dogs suspected to have leishmaniasis.

160 Finally, the hematological profile of leishmaniotic dogs may be completed by bone marrow

161 cytology.^{24,37,39,50} This analysis may be useful to confirm the infection through the detection of

162 infected macrophages, as better specified below, but it may be also used to differentiate a simple

163 infection from systemic disease (i.e. “infected” vs. “sick” dog).¹⁴ Although some histological

164 studies demonstrated that parasite density can be high despite few clinical signs,⁵¹ generally the

165 parasite load and the magnitude of cytological alterations increases as soon as the dogs show

166 clinical signs.⁵² Therefore, rare infected macrophages may be occasionally seen in the absence of

167 other pathological findings in dogs that are simply infected, whereas “sick” dogs are characterized

168 by a higher number of parasites detected cytologically and by a series of morphological changes. In

169 the latter case cytology of the bone marrow usually reveals an erythroid hypoplasia,³⁵ without

170 abnormalities in the ratio between maturative and proliferative pools of erythroid precursors,

171 occasionally associated with myeloid hyperplasia (and thus with an increased M:E ratio). Moreover,

172 bone marrow inflammation, generically defined by Stockham and Scott as “myelitis”,⁵³ are usually

173 found (figure 1). These include a proliferation of either infected or non-infected macrophages often

174 with signs of erythrophagia or cytophagia, an increase of neutrophils, and a moderate to severe

175 plasmocytosis characterized by a higher number of plasma cells, mott cells and lymphocytes.^{35,39,54}

176 Megakaryocyte hyperplasia may also be present, especially when peripheral consumption of

177 platelets occurs.

178 Secondary dysmyelopoiesis may be found, although less frequently (figure 2). This condition is
179 characterized by multiple peripheral cytopenias (e.g. the anemia and thrombocytopenia cited above)
180 associated with hypercellular bone marrow on which one or more cell lineages show dysplastic
181 features. In canine leishmaniasis, these mostly include dyserythropoiesis (abnormal mitoses,
182 asynchronous nucleo-cytoplasmic maturation, nuclear fragmentation, and/or late stage maturation
183 arrest) and dysmegakariopoiesis (dwarf megakaryocytes emperipoiesis), while dysmyelopoiesis
184 (abnormal maturation of granulocytes and ring forms) is only occasionally found.^{35,54} The detection
185 of secondary dysmyelopoiesis however, is not per se diagnostic for leishmaniasis, unless
186 amastigotes are found. Therefore, the cause-effect association between secondary dysmyelopoiesis
187 and seropositivity or PCR-positivity should be carefully considered. Ultimately, in this case the
188 diagnosis of leishmaniasis should be based on the exclusion of other causes of secondary
189 dysmyelopoiesis or of primary myelodysplastic syndromes.

190 In brief, bone marrow cytology may be useful for diagnostic purposes in some dogs, by detecting
191 amastigotes and compatible cytological abnormalities, or to differentiate between infected dogs
192 from those that are sick due to leishmaniasis.

193

194 2) Hemostatic abnormalities

195 Hemostatic abnormalities are uncommon in leishmaniotic dogs. Activated partial thromboplastin
196 time (aPTT) and prothrombin time (PT) may be increased. In most cases, however, this is due to
197 preanalytical factors since their prolongation may occur when the concentration of total globulin
198 increases, which is frequent in dogs with leishmaniasis. Alternatively, prolonged coagulation times
199 may result from DIC, although this complication is uncommon in leishmaniotic dogs.⁴⁶
200 Conversely, hypercoagulability may be common in leishmaniotic dogs if affected by severe protein
201 losing nephropathy. This is mostly due to glomerular loss of antithrombin III (ATIII), a protease
202 inhibitor involved in the regulation of blood coagulation that prevents the conversion of fibrinogen
203 into fibrin. The lack of this physiologic anticoagulant may induce hypercoagulability that in turn

204 promotes thrombosis and subsequent consumption coagulopathy.⁵⁵ Hypercoagulability is also
205 favored by the hyperviscosity syndrome due to the increased circulating globulins.
206 Hypercoagulability of leishmaniotic dogs was also demonstrated through a decreased clot formation
207 time and an increased global clot strength using thromboelastography (TEG).⁵⁵ Differently, in
208 another study the coagulation profile of leishmaniotic dogs assessed by thromboelastometry (TEM,
209 a technique similar to TEG), was within normal limits.⁵⁶ However, it is worth noting that TEM and
210 TEG are affected by the RBC mass,^{57,58} possibly explaining the different results obtained by TEM
211 and TEG.

212 In brief, to assess hypercoagulability in dogs with protein losing nephropathy associated with
213 leishmaniasis the authors currently suggest including only ATIII measurement.

214

215 3) Biochemical abnormalities

216 Because the clinical presentation of dogs with leishmaniasis is variable, also the type of
217 biochemical abnormalities varies accordingly Renal dysfunction and inflammation/immune
218 reactions frequently observed and their presence should be evaluated in each dog with suspected or
219 confirmed leishmaniasis. Biomarkers of hepatobiliary or pancreatic damage may be altered in case
220 of pyogranulomatous infiltrates affecting these organs.^{14,16} Muscular enzymes (LDH and CK), may
221 increase in dogs with musculoskeletal lesion.⁵⁹ Nevertheless, increased CK may also be due to the
222 increased CK-BB when neurological signs are present,⁶⁰ since *Leishmania* has been found in the
223 brain of some affected dogs with cerebrovascular alterations,^{61,62} or to CK-MB in cardiopathic dogs
224 (increased troponin I and cardiopulmonary lesions have been reported).^{63,34} Biochemical
225 abnormalities consistent with alteration of endocrine organs are rare, despite amastigotes and
226 inflammatory lesions have been found in the adrenal cortex of leishmaniotic dogs.^{65,66}

227

228 *Assessment of renal function*

229 The deposition of circulating immune complexes at the glomerular level induces inflammatory
230 changes detectable histologically and ultramicroscopically,^{33,67-69} leading to a proteinuric
231 nephropathy.⁶⁹ The evolution of this condition is the development of a chronic kidney disease
232 (CKD) characterized by glomerulosclerosis, renal hypertension and tubulointerstitial nephritis^{68,69}
233 In turn, advanced stages of CKD are characterized by hyperazotemia and may be associated with
234 systemic hypertension, both factors contributing to comorbidity in dogs with leishmaniasis.^{69,70}
235 Therefore, the clinical and laboratory approach to leishmaniotic dogs with proteinuric nephropathy
236 is the same recommended by the International Renal Interest Society (IRIS)⁷¹ for any type of CKD.
237 This approach is based on a thorough clinical evaluation, on the measurement of arterial pressure
238 and on the quantification of urinary proteins (described in the section of this article regarding
239 urinalysis) and of markers of renal function such as the urine specific gravity and the serum
240 concentration of creatinine.⁷¹ This latter increases frequently in leishmaniotic dogs.^{14-17,72} However,
241 creatinine is not enough sensitive to detect the earliest stages of renal insufficiency.⁷³ Therefore, a
242 huge research activity is currently running to identify earlier markers of decreased glomerular
243 filtration rate (GFR), either in leishmaniotic dogs or in dogs affected by other types of CKD. The
244 direct measurement of GFR through clearance tests would be the best method to assess in real time
245 the functionality of the kidneys.⁷⁴ Despite there is no evidence that serum Cystatin C (Cys C) is
246 more sensitive than creatinine in detecting early CKD,⁷⁴ the serum concentration of Cys C has been
247 assessed also in dogs with leishmaniasis.⁷⁵ Urinary Cys C seems to be a good marker of CKD⁷⁶ but
248 not in canine leishmaniasis.⁷⁷ Recently, symmetric dimethylarginine (SDMA) has been proposed as
249 an early biomarker for early diagnosis of CKD.^{78,79} No studies on the use of SDMA in canine
250 leishmaniasis exists, but it is very likely that it will be used to assess renal function in leishmaniotic
251 dogs that are proteinuric but still have normal creatinine concentration.
252 Other blood markers may provide additional information in leishmaniotic patients with CKD. For
253 example in people the increased serum concentration of homocysteine (Hcy), endothelin-1 (ET-1)
254 or C-reactive protein (CRP) may predict, hypertension and/or inflammation associated with CKD.⁸⁰⁻

255 ⁸³ Increases of Hcy and ET-1 have been reported in dogs with CKD, some of which affected by
256 leishmaniasis.^{84,85} However, further studies are needed before to recommend these markers as
257 ancillary tests for the management of leishmaniotic dogs with CKD. Conversely, inflammatory
258 markers such as CRP, ferritin and adiponectin may increase in the urine of leishmaniotic dogs,
259 sometime in the absence of elevated serum creatinine.^{77,86,87} However, their increase depends on
260 their high serum concentration due to the systemic inflammatory state, rather than to CKD.
261 Finally, in leishmaniotic dogs, tubulointerstitial lesions may occur secondarily to proteinuria caused
262 by glomerular damages. The presence of these lesions may be investigated using markers of tubular
263 injury in urine and are described in the section on urinalysis.
264 It is also worth mentioning that some dogs with CKD may have acute deterioration of their renal
265 dysfunction due to factors related or not to leishmaniasis (e.g. vomiting, diarrhea).

266

267 *Assessment of inflammatory/immune reactions*

268 Based on the pathophysiology above described, it is clear that leishmaniotic dogs with overt disease
269 have an intense inflammatory reaction and produces high amount of molecules involved in the
270 immune response, including antibodies. Both these phenomena may be investigated using tests such
271 as serum protein electrophoresis or measurement of acute phase proteins (APPs).

272

273 Protein analysis and serum protein electrophoresis may reveal abnormalities very early during the
274 course of the disease.²⁴ Total proteins and total globulin are frequently increased.^{14,15,18,72,88} The
275 increase of total protein has been shown to correlate with the severity of the clinical score.⁸⁹
276 Albumin decreases both because it is a negative APPs (see below) and due to the renal loss
277 associated with proteinuric nephropathy, leading to decreased albumin:globulin (A/G) ratio.^{72,88} The
278 decrease of the A/G ratio is so frequent that it has been considered by some authors to be one of the
279 more sensitive tests for canine leishmaniasis⁸⁸ and hypoalbuminemia is considered a negative
280 prognostic factor in leishmaniotic dogs.⁹⁰ The typical electrophoretogram of leishmaniotic dogs

281 with overt clinical signs (figure 3) displays hypoalbuminemia, an increase of α_2 -globulin, where
282 most of the positive APPs migrate, and a strong increase of γ -globulins, due to the huge amount of
283 circulating antibodies, immunocomplexes, and other molecules with γ motility. Occasionally, peaks
284 due to circulating antibodies are found in the β region, where IgM and some APPs migrates. The
285 gammopathy is typically polyclonal but sometime the peak may be narrower (oligoclonal), biclonal⁹¹
286 or definitely monoclonal,⁹² especially using capillary zone electrophoresis.⁹³ (figure 4). However,
287 although monoclonal peaks associated exclusively with leishmaniasis have been described, the
288 detection of monoclonal peaks should suggest considering the possible presence of concurrent
289 diseases (e.g. other vector-borne diseases or multiple myeloma).^{94,95}

290
291 Acute phase proteins are powerful indicators of inflammation: the pro-inflammatory cytokines
292 produced in inflammatory sites induce the so called “acute phase response”, characterized by the
293 release of neutrophils from storage pools, by an activation of myelopoiesis (see above), and by a
294 modulation of protein synthesis in the liver.⁸² This latter phenomenon leads to a decreased serum
295 concentration of the “negative APPs”, and to an increased concentration of the “positive APPs” that
296 includes a series of immunomodulators, scavenger or transport proteins, antiproteases, and other
297 proteins involved in host defenses. Therefore it is not surprising that the serum concentration of
298 positive APPs in dogs with overt canine leishmaniasis is high. The list of APPs whose
299 concentration increases in serum of leishmaniotic dogs is long and includes CRP, Haptoglobin
300 (Hp), Ceruloplasmin (Cp) Serum Amyloid A (SAA) and ferritin.⁹⁶⁻¹⁰¹ Similarly, a decrease of
301 negative APPs other than albumin has also been reported; these are transferrin (total iron binding
302 capacity or TIBC), that induces also a reduction in the concentration of iron, and a decreased
303 activity of the enzyme paraoxonase (PON-1).^{98,102,103} PON-1 is a negative APP that is bound to high
304 density lipoproteins (HDL) and represents a link between inflammation and oxidative stress.
305 Therefore its decrease is not constantly seen in leishmaniotic dogs but it may become evident when

306 oxidative stress is particularly severe.¹⁰² Interestingly, in these cases also the concentration of HDL,
307 that is converted into low density lipoprotein (LDL) after detachment of PON-1, decreases¹⁰³ and
308 may be a cheap marker of inflammation and oxidative stress associated with leishmaniasis.
309 Recently a reduced serum activity of adenosine deaminase (ADA) and butyrylcholinesterase
310 (BChE), two enzymes involved in modulating immune responses, has also been reported in dogs
311 with leishmaniasis.¹⁰⁴
312 The APP changes summarized above are not diagnostic *per se* since mild increases of positive
313 APPs have been reported also in infected **dogs without clinical signs**⁹⁹ and severely increased
314 elevels may occur in diseases other than leishmaniasis.⁸² In a dog in which leishmaniasis has been
315 diagnosed by other clinical or laboratory findings, however, the magnitude of these changes may
316 reflect the magnitude of inflammation and thus provide prognostic information. In particular, the
317 decrease of PON-1 is evident in severe diseases and may therefore be a negative prognostic marker.

318

319 4) **Abnormalities at urinalysis**

320 **As for any suspected proteinuric nephropathy, it is necessary to confirm the presence of** CKD, of
321 proteinuria, **which is frequent in leishmaniotic dogs,**¹⁴⁻¹⁸ and of tubular damage, **through the**
322 **following steps:**

323

324 *Physico-chemical analysis*

325 **With** a refractometer, the urine specific gravity (USG), that tends to decrease in dogs with tubulo-
326 interstitial damage, **should be assessed.**⁷³ The supernatant **should be tested with** a dipstick, **to assess:**

- 327 - the pH that may be useful to **correctly** interpret other dipstick results: for example **dipstick**
328 **analysis may overestimate proteinuria** in alkaline urine (pH>8);⁷³
- 329 - the concentration of proteins, to be interpreted as described below;
- 330 - the presence of glucose, that, as specified below, may be an indicator of tubular damage.

331 Sediment analysis is another important step **in** leishmaniotic dogs: an active sediment (e.g. a
332 sediment with high numbers of leukocytes, erythrocytes or bacteria) indicates a lower urinary tract
333 infection superimposed on the primary disease (leishmaniasis) **and may overestimate proteinuria;**¹⁰⁵
334 **conversely** granular or cellular casts may be consistent with tubular damage.⁷³

335

336 *Evaluation of proteinuria*

337 The evaluation of proteinuria is **mandatory**, since proteinuria is a risk factor for the progression of
338 nephropathy.¹⁰⁶ According to the ACVIM guidelines,¹⁰⁷ proteinuria should be assessed in any dog
339 with **predisposing diseases**, such as leishmaniasis. The ACVIM guidelines recommend to collect
340 urines by cystocentesis, to avoid contamination from the lower urinary tract. However, a first
341 evaluation may be done on voided samples, since results recorded with the two methods of
342 collection overlap when the sediment is inactive.¹⁰⁸ **Proteinuria may be first investigated** using a
343 dipstick, if the dipstick is negative the dog is likely non proteinuric according to the IRIS
344 classification⁷¹ and any additional evaluation of proteinuria is not necessary.¹⁰⁹ Conversely, if the
345 dipstick is **weakly positive in dogs with low USG or strongly positive the dog is likely proteinuric**
346 and the protein to creatinine (UPC) ratio must be run to classify the dog as proteinuric (UPC >0.5),
347 borderline proteinuric (UPC= 0.2-0.5) or non proteinuric (UPC <0.2) according to the IRIS
348 classification, recently revised for the diagnosis of glomerular disease.^{71,110} In the interpretation of
349 data, particular attention should be paid **to** results close to these thresholds, **that** may be affected by
350 **several analytical factors.**¹¹¹⁻¹¹³ Quantification of proteinuria must be repeatedly assessed (3 times in
351 2 weeks¹⁰⁷ or once on pooled urine¹¹⁴) because additional investigations or treatments should be
352 performed only if proteinuria is **persistent.**¹⁰⁷⁻¹¹⁰ Finally, the origin of urinary protein should be
353 assessed through a renal biopsy.¹⁰⁷ However, according to the recent IRIS guidelines¹¹⁰ renal biopsy
354 is recommended only in the case of rapid progression of CKD or in dogs not responding to
355 conventional treatments. Alternatively, the origin of proteinuria can be argued on the basis of
356 surrogate methods such as qualitative analysis of urinary proteins (see below).

357

358 *Markers of tubular injury*

359 In order to differentiate the dogs with a tubular component of proteinuria, that are in a more
360 advanced stage of renal disease, urinary markers may be used.¹¹⁵ Some rough markers such as
361 granular or cellular casts and glycosuria in normoglycemic dogs are very specific indicators of
362 tubular damage, but are not enough sensitive, do not detect dogs with early tubular damage and are
363 rarely observed in leishmaniotic dogs. Early information about the presence of tubular damage may
364 be achieved using sodium dodecylsulphate (SDS) electrophoresis of urinary proteins or using
365 urinary markers of tubular damage. The SDS denatures and charges negatively the urinary
366 proteins. Therefore, after migration on polyacrylamide gel (SDS-PAGE) or agarose gel (SDS-
367 AGE), proteins migrate according to their molecular mass.¹¹⁶ This differentiates large proteins of
368 glomerular origin, from small proteins of tubular origin. Results of SDS-PAGE or SDS-AGE well
369 correlate with results of renal biopsies, especially for the identification of glomerular damage or of
370 severe tubulo-interstitial damages.^{117,118} However SDS-AGE may be not accurate in very
371 concentrated or in diluted urine.¹¹⁹ Using SDS-AGE it has been shown that leishmaniotic dogs have
372 a mixed (glomerular and tubular) pattern. Only a minority of dogs, likely those with early CKD,
373 have a pure glomerular proteinuria.^{67,120} Occasionally, low molecular weight proteinuria with no
374 signs of glomerular disease may be seen, possibly due to a free light chain proteinuria (pre-renal
375 proteinuria associated with the intense antibody production) rather than to a tubular damage.¹²¹
376 Enzymuria is considered a good marker of tubular damage: the enzymes of interest are located in
377 the cytoplasm of tubular cells and may be found in urine when tubular cells are damaged. The two
378 most popular urinary enzymes are γ -glutamyl transferase (GGT) and N-acetyl- β -N-glucosaminidase
379 (NAG) that must be measured just after sampling since their activity decreases with storage.¹²²
380 Increases of these and other enzymes (e.g. alkaline phosphatase or β -glucuronidase), have been
381 reported in dog with leishmaniasis¹²³ and the increase of GGT correlates with the presence of
382 tubular bands in SDS.¹²⁰ On the contrary, no information is available on the utility in leishmaniotic

383 dogs of the measurement of other urinary analytes used to detect tubular damage in dogs with CKD
384 non associated with leishmaniasis.^{115,124,125}

385

386 *Tests for etiological diagnosis that may support or confirm the diagnosis of leishmaniasis*

387 Tests for etiological diagnosis are used to identify the presence of the parasite or its components
388 (direct tests) or of the host's response to the parasite (indirect tests). As previously mentioned,
389 positive indirect tests (i.e. serology) may or may not indicate a current infection. Conversely,
390 positive direct tests (cytology, histology, immunohistochemistry, PCR, culture and xenodiagnosis)
391 demonstrate that the dog is actually harboring *Leishmania* and it is therefore infected. However, as
392 stated above, the relationship between infection and disease should be based on the evaluation of
393 clinical findings and clinicopathologic tests. The most common tests for etiological diagnosis are
394 described below.

395

396 *Serology*

397 *Methods*

398 Apart from some techniques such as Western blotting, that is highly accurate but not available in
399 routine practice, or other methods that have been proposed but are not extensively used, such as
400 latex agglutination test or detection of antibodies through immunosensors or flow cytometry,¹²⁶⁻¹²⁹
401 the most common techniques used to detect antileishmanial antibodies are based on three analytical
402 principles: immunofluorescent antibody test (IFAT), enzyme-linked immunosorbent assay (ELISA)
403 and immunochromatographic test (ICT). ICT is the basis of all-rapid "in clinic" assays, which have
404 a major limitation being that they provide results in a qualitative manner (i.e. presence/absence of
405 specific reactive bands).¹³⁰ Several commercial ICT kits are available, which employ single or
406 multiple recombinant *Leishmania* antigens to be used on serum, plasma, whole blood or blood spots
407 dried onto filter paper.¹³¹ The specificity of these tests is quite acceptable, but sensitivity is usually
408 low (in the approximate range of 30-70%) and largely depending on leishmaniasis stage.¹³² Lowest

409 sensitivities are found in infected dogs **without clinical signs**, the highest ones in **dogs** with overt
410 disease.¹³³ Therefore, ICT may be used as a first “in clinic” test to complete the laboratory
411 evaluation of clinically suspected dogs and, in case of positivity, serology should be repeated by
412 ELISA or IFAT, which provide quantitative results. However, due to **its** low sensitivity, a negative
413 **ICT** result may be **false** and therefore, if the clinical suspicion persists, tests with higher sensitivity
414 (IFAT or ELISA) should be performed. Recently, an ICT kit claiming detection of antibodies
415 developed after natural infection but not those elicited by vaccination with the LiESP-based
416 vaccine, has been proposed as a tool to differentiate vaccinated from infected dogs.¹³⁴ The principle
417 of the test is sound, and the first studies reported a **high** sensitivity of this ICT format;¹³⁵ **but** other
418 studies reported a low sensitivity also for this test.¹³⁶

419 IFAT is recognized as the reference method to perform anti-*Leishmania* serology in dogs,¹³²⁻¹³⁷ as it
420 is very sensitive and also highly specific except in areas endemic for the New World parasite
421 *Trypanosoma cruzi*, that may give false positive results; values approach 100% for both the
422 parameters. ELISA is also very sensitive and specific when a combination of immunodominant,
423 recombinant proteins are used as antigen, whereas it has slightly lower specificity when crude
424 parasite lysates are employed instead.^{130,136-138} Compared to IFAT, that is based on the evaluation of
425 promastigote fluorescence at UV microscope and is therefore operator-dependent, ELISA is easier
426 to standardize since results are read by an automated spectrophotometer. Both IFAT and ELISA
427 have the advantage to provide quantitative results that are based on the final antibody titer (the last
428 **two-fold serial dilution of** sample providing positive result) **or, for ELISA only, on** optical density
429 values compared with reference titred samples. **Owing to** the unavoidable variability due to
430 operator-dependent or analytical (antigen stability, antiserum or equipment performances) **factors**,
431 **reference sera with** precise anti-*Leishmania* antibody titers are not universally available. Hence, a
432 titer is considered “high” if it is 4 fold higher than the threshold value of the laboratory.¹⁴ Similarly,
433 4 fold variations in titers of sequential samples of the same dog should be expected in

434 seroconversions, or in the outcome of therapy. Hence, sequential samples must be analyzed by the
435 same method in the same laboratory.

436

437 *Interpretation*

438 Serological tests detect and quantify the presence of antibodies in serum or plasma. It should be
439 noted that not every dogs will seroconvert after infection, and that it is difficult to measure precise
440 times of seroconversion in naturally infected dogs. Antibodies can be found in blood as soon as 1
441 month after exposure to infected phlebotomines; the median time for seroconversion was estimated
442 to be about 5 months in natural conditions and 3 months in experimental studies using artificial
443 infection.¹³⁹ Therefore dogs living in highly endemic regions may seroconvert during the sand fly
444 activity period (from late spring to early autumn in temperate zones, all over the year in tropical
445 ones).⁹ If the vector-transmitted parasites are efficiently controlled by the host's immune responses,
446 the antibody titers, when present, tend to remain low and therefore these clinically-healthy dogs can
447 be classified as exposed (when the infection is not confirmed by direct tests), or infected.¹⁴
448 Conversely, the uncontrolled parasite dissemination is associated with an exaggerated humoral
449 response and therefore antibody titers are high when the disease is evident. This condition is
450 classified as "sick dog" or "severely sick dog" by CLWG classification,¹⁴ and stage II, III or IV
451 (mild, severe or very severe disease) by Leishvet classification.¹⁵ Furthermore, a direct relationship
452 between the clinical score and antibody titers exists.^{89,140} However, low-medium antibody titers may
453 also be detected in dogs with clinical signs. These have been classified as stage I or II (mild or
454 moderate disease) according to the Leishvet classification.¹⁵
455 Therefore, quantitative serology should be always be performed when, despite strong clinical
456 suspicion of leishmaniasis, lesions approachable by fine needle aspiration are not present or when
457 cytological analysis of lesions, lymphoid organs and bone marrow fails to reveal the typical pattern
458 associated with leishmaniasis, despite a possible PCR positivity. In this case a high antibody titer is
459 often consistent with the disease, while, if the antibody titer is low, leishmaniasis should be

460 considered only if other diseases potentially responsible of the clinical presentation are ruled
461 out.^{14,15}

462 The increasing use in southern Europe of LiESP vaccination, known to elicit longstanding low-mid
463 levels of antileishmanial antibodies, may complicate further the interpretation of serology in
464 vaccinated dogs. Practical laboratory protocols aiming to discriminate between humoral responses
465 in *Leishmania*-infected and LiESP-vaccinated dogs, are not yet available.

466

467 1) PCR

468 *Methods*

469 Several methods have been proposed to detect the presence of the parasite DNA in various
470 biological samples. Some of these methods are not commonly used or recently validated, such as
471 those based on the use of probes labelled with gold nanoparticles¹⁴¹ or the loop-mediated isothermal
472 amplification (LAMP).¹⁴² Conversely, conventional PCR, nested PCR and quantitative (real time)
473 PCR are widely used in routine practice.^{14,15,132,137} PCR sensitivity and specificity varies according
474 to the method and to the target DNA sequence. Most of the PCR tests currently used are targeting
475 multicopy DNA sequences, such as the small subunit ribosomal RNA genes or the kinetoplast DNA
476 minicircles, thus increasing the sensitivity of the test.¹⁴³ Compared with conventional and nested
477 PCR, the quantitative PCR techniques offer two main advantages:¹⁴⁴ they may be run in close
478 systems and are therefore less prone to contamination, and provide information about the copies of
479 DNA that are present in the sample. This latter aspect may be relevant during the follow up to
480 monitor the efficacy of leishmanicidal treatments and therefore it may be advisable to use quantitative
481 PCR at first diagnosis (before any treatment), in order to have a baseline value for further analyses
482 during the follow up.^{144,145} However, it does not seem that quantitative PCR techniques are more
483 sensitive than conventional or nested PCR to diagnose leishmaniasis in dogs.¹⁴⁶ One additional
484 limitation of quantitative PCR is that standardized methods to accurately quantify the DNA copies
485 may not be offered by some laboratories.

486

487 *Samples*

488 PCR techniques may be applied virtually on any tissue or biological fluids. Theoretically, it may be
489 superfluous to use molecular tests in affected tissues in which *Leishmania* amastigotes have been
490 visualized by cytology or histology. However, these latter methods are less sensitive than PCR and
491 therefore, a negative cytological result does not exclude that a low number of amastigotes is indeed
492 present. Hence, when a fine needle aspirate or a tissue biopsy is performed, it may be advisable to
493 prepare cytological or histological specimens and to store the remaining sample in the preservatives
494 recommended by the laboratory to run PCR in case amastigotes are not visualized despite the
495 cytological or histological pattern is highly consistent with leishmaniasis. If needed, PCR may also
496 be performed on cytological material already fixed on glass slides¹⁴⁷ or on formalin fixed and
497 paraffin embedded material.^{148,149}

498 In routine practice PCR is rarely run on injured tissues, for which cytology and histology are
499 preferred, but it may be done when cytology and histology do not demonstrate the parasite. When
500 lesions are not present, or they are not approachable by fine needle aspiration or biopsy (for
501 example when the prevalent clinical presentation is anemia or proteinuric nephropathy), bone
502 marrow and/or lymph nodes and spleen provide the highest sensitivity in detecting *Leishmania* by
503 PCR, especially in sick dogs,^{15,150-154} pending that the quality of the sample is adequate. Recent
504 studies demonstrated that conjunctival and, to a lesser extent, oral and nasal swabs are very
505 sensitive for the detection of *Leishmania* DNA and, in addition, can provide positive results earlier
506 than other tissues.^{150,152,155-158} Buffy coat or whole blood may also be used for conventional or
507 quantitative PCR analysis. Their sensitivity is lower than that the above tissues, but on the other
508 hand blood collection is not much invasive and when positive it provides a diagnosis in a rapid and
509 cheap way^{14,15}

510

511 *Interpretation*

512 When interpreting PCR results it must be kept in mind the difference between infected and sick
513 dogs. Ultimately, the detection of the parasite's DNA indicates that the dog is infected. The
514 correlation between infection and disease should be based on the presence of clinical and laboratory
515 abnormalities. From this perspective, the detection of *Leishmania* DNA in lesions with cytological
516 or histological patterns highly consistent with leishmaniasis, or in blood or bone marrow of a dog
517 with systemic signs of leishmaniasis supports the diagnosis of disease. Conversely, positive PCR
518 results in dogs without signs clearly referable to leishmaniasis do not support the hypothesis that the
519 infected dog is also affected by clinical leishmaniasis, unless any other possible disease is excluded.
520 For example, a transient PCR-positivity in bone marrow may be found a few months since the
521 natural exposure to sand fly bites, without necessarily meaning that the dogs is definitively infected,
522 or even sick.⁹ Similarly, PCR positivity in intact skin of dogs frequently exposed to vectors does not
523 necessarily mean that dermal "contamination" by infectious bites will be followed by parasite
524 dissemination throughout other body tissues.¹⁰⁻¹³ Skin positive PCR results may in fact depend on
525 the presence of recently-inoculated promastigotes, or of amastigotes phagocytosed by resident
526 macrophages that, in resistant dogs, may efficiently control (or even eliminate) the agent at local
527 level.^{150,154,159}

528

529 2) Cytology

530 Samples and methods

531 Fine needle aspiration should be performed in all cases showing cutaneous papular or nodular
532 lesions and/or lymph node enlargement.¹⁴ Ulcerative cutaneous lesions can be sampled by scraping
533 the lesion or using less invasive methods such as imprint smears. Additionally reports describing
534 the presence of amastigotes and associated lesions in nodular masses with atypical localization,
535 such as the tongue,^{26,30} the testis,^{160,161} and oral or nasal masses¹⁶² have been reported and therefore
536 any nodular lesion in dogs with clinical or laboratory signs potentially consistent with leishmaniasis
537 (e.g. anemia, CKD, alterations of the electrophoretograms, positive serology) should be sampled by

538 fine needle aspiration. Nasal lesions may also be sampled using brush cytology¹⁶³ Similarly, when
539 clinical or clinicopathological patterns are consistent with leishmaniasis, the possible presence of
540 *Leishmania* should be investigated also in pathological body fluids such as joint fluids,^{22,23}
541 effusions,³⁶ or cerebrospinal fluid although in this latter sample, cellularity is usually so low that
542 PCR may detect the parasite better than cytology.⁶¹ When cutaneous lesions or nodular lesions in
543 other organs, lymph node enlargement, abnormal accumulation of fluids are absent but the clinical
544 suspicion of leishmaniasis is high, the presence of parasites should be investigated in organs rich of
545 cells of the monocyte-macrophage system, such as bone marrow, lymph nodes or spleen^{14,15,50}

546

547 *Interpretation*

548 Cytology aims to demonstrate the presence of *Leishmania* amastigotes within the macrophages or,
549 when the parasite burden is high and cell lysis occurs, also on the background (figure 5). The
550 detection of amastigotes may be difficult in cutaneous ulcerative lesions, where necrosis and
551 cellular debris or contaminating bacteria may mask the presence of amastigotes. Attention should be
552 paid to misinterpret as amastigotes cellular or granular debris that may be present in these lesions.
553 Additionally, cytology may allow to detect the typical inflammatory patterns associated with
554 leishmaniasis, that are usually characterized by granulocytic-macrophagic (pyogranulomatous)
555 inflammation associated with a moderate to severe lymphoplasmocytic infiltration in skin or
556 nodular lesions with atypical localization (figure 4) and, in lymph nodes, by a reactive hyperplasia
557 of variable severity, characterized by lymphoplasmocytic and macrophagic infiltration, usually
558 associated with numerous neutrophils.^{50,164,165} Similarly, cytologic patterns typically associated with
559 leishmaniasis may be found in the bone marrow, as described above. Neutrophils, lymphocytes and
560 macrophages can be found also in body fluids of dogs affected by leishmaniasis.

561 The diagnosis of leishmaniasis is easy when amastigotes are detected in samples that show the
562 cytologic patterns described above. However, when cytologic patterns consistent with leishmaniasis
563 but no amastigotes are seen, leishmaniasis should not be ruled out, since it is known that the

564 diagnostic sensitivity of cytology is low.^{132,137} In these cases, tests that have higher analytical and
565 diagnostic sensitivity, such as PCR, must be run. Alternatively, affected tissues can be biopsied to
566 perform histology and immunohistochemistry, as described below. Conversely, when amastigotes
567 are seen in the absence of cytological abnormalities, or cytology is done on bone marrow, lymph
568 node or spleen, positive results must be interpreted carefully, as systemic signs may be due to
569 diseases other than leishmaniasis.¹⁴ Similarly, a diagnostic workup to differentiate “sick” from
570 “infected” dogs should be run when *Leishmania* is incidentally found in lesions that clearly have a
571 different origin. For example, several reports describe the association between the presence of
572 amastigotes and tumors such as lymphoma, transmissible venereal tumors and other types of
573 neoplasia.¹⁶⁶⁻¹⁷¹ On a practical standpoint in these cases it is important to understand if the dog is
574 affected by both diseases or affected by a neoplastic disease and simply infected with *Leishmania*.

575

576 3) Histology

577 Histology can demonstrate the presence of *Leishmania* in routinely hematoxylin and eosin stained
578 sections when cytology provides parasite-negative results in tissues having a cytological pattern
579 highly consistent with leishmaniasis. Compared with PCR, histology has two main disadvantages: it
580 is more laborious and time consuming, and the identification of amastigotes may be more difficult
581 than in cytological samples. As for the latter, amastigote presence can be confirmed by
582 immunohistochemistry (figure 6),^{33,172} in situ hybridization^{173,174} or PCR on formalin-fixed and
583 paraffin embedded samples.^{148,149} On the other hand, histology has the advantage to provide
584 additional information on the cytoarchitectural pattern of the lesions. This is a great advantage since
585 it may allow to discriminate dogs in which the parasite is associated with typical lesions from those
586 in which the infection does not seem to be associated with the disease. Therefore, according to some
587 guidelines,¹⁹ histology should always be performed. The interpretation of histological results is
588 facilitated by the elevated number of papers describing the distribution of parasites and the lesions
589 associated with active disease, mostly characterized by lymphoplasmacytic or granulomatous-

590 pyogranulomatous inflammations and/or by vasculitis either in organs usually affected by
591 *Leishmania* (bone marrow, spleen, skin, lymph nodes, kidney, etc) but also in unusual sites such as
592 heart, lung, adrenal gland, genital tract, central nervous system, skeletal muscle, gastrointestinal
593 tract, nails, lacrimal glands and ocular muscles.^{20,21,26-28,30,33,56,61,62,64,65,67,68,121,164,175-181}

594
595 *4) Parasite culture and biological test for infectiousness (xenodiagnosis)*

596 Conclusive diagnosis of active infection should be based on tissue cultures, which not only confirm
597 whether dogs harbor parasites, but also demonstrate that the protozoa are viable. A diagnostic
598 *Leishmania* culture requires biphasic blood-agar media that need fresh components.¹³² A conclusive
599 test for infectiousness (xenodiagnosis) requires that naive (laboratory-reared) sand flies are induced
600 to feed on infected dogs and are examined thereafter for the presence of promastigotes in the gut.¹⁸²
601 However both tests are unpractical and restricted to specialized reference centers. Therefore these
602 tests are mainly intended for research and cannot be recommended for routine practice.

603
604 *Future perspectives*

605 Several studies investigated the diagnostic potential of innovative markers in leishmaniotic dogs:
606 for example, iron superoxide dismutase (Fe-SODe) secreted by the parasite has been evaluated as a
607 possible marker of infection;¹⁸³ proteomic analysis revealed a series of proteins that are over- or
608 under-represented in leishmaniotic dogs;¹⁸⁴ the expression level of cytokines or molecules such as
609 leptin or inducible nitric oxide synthetase in blood or tissues is different in leishmaniotic dogs
610 compared to controls^{11,13,185-187} high levels of matrix metalloproteinases have been reported in
611 serum or CSF of leishmaniotic dogs.^{188,189} Recently, the attention of researchers has been focused
612 on markers of oxidative stress; inflammation is characterized by the release of reactive oxygen
613 metabolites from phagocytes recruited in inflammatory sites and this leads to a consumption of
614 antioxidant compounds.¹⁹⁰ Increases of oxidants or oxidized molecules (e.g. reactive oxygen
615 metabolites, malonyldialdehyde, lipoperoxides, thiobarbituric acid reacting substances) and decreases

616 of antioxidant compounds (total antioxidant capacity, trace elements, paraoxonase) have been
617 reported in leishmaniotic dogs^{99,102,103,191-194}

618 However, none of the studies cited above provided, to date, exhaustive information on the possible
619 utility in practice of these markers. Nevertheless, preliminary results from these investigations are
620 encouraging and useful to design future research to explore their potential clinical application.

621

622 *Tests for monitoring the post-treatment follow up*

623 Laboratory tests during the follow up should be focused in monitoring possible toxic effect of
624 treatment as well as the clinical and the parasitological status of the patient following administration
625 of drugs according to conventional treatments protocols. These mainly include the administration of
626 antimonials or miltefosine, both in combination with allopurinol. Alternative drugs should be
627 carefully considered only when conventional treatments are not effective.¹⁹⁵

628

629 *Monitoring the possible toxic effect of treatment*

630 Theoretically, the possible toxic effects of treatment should be monitored. However, despite some
631 studies reported possible nephrotoxicity of antimonials,^{68,196} others did not confirm this finding.¹⁹⁷
632 and recent investigations demonstrated that no toxic effects on heart or pancreas are induced by
633 these drug classes in dogs, differently from what is observed in humans.^{198,199} Therefore, toxic
634 effects should be monitored only in selected dogs, particularly when peculiar clinical findings are
635 present or history might lead to hypothesize any drug adversity. The only possible adverse effect of
636 allopurinol is the formation of xanthine crystals, and possibly urolithes, in urine.²⁰⁰ These occur
637 very frequently²⁰¹ and may be sometime abundant although associated clinical signs and urolith
638 formation are not common and suspension of treatment is unusual. Therefore, the analysis of urine
639 sediment should be always included in the laboratory workup when allopurinol is administered for
640 a long time or when urine appears macroscopically turbid or forms an evident pellet after
641 centrifugation (figure 7).

642

643 *Monitoring the clinical status*

644 Since the clinical presentation of leishmaniasis in dogs can be extremely variable, it is not possible
645 to define, *a priori*, a common and standardized laboratory procedure to be used during the follow
646 up. However, two main aspects must always be monitored, namely the presence of renal disease and
647 inflammation.

648 Renal function should be evaluated through the analysis of serum concentrations of creatinine and,
649 especially, through sequential quantification of proteinuria, due to its role as a risk factor for the
650 progression of CKD.¹⁰⁶ Proteinuria has been recently shown to be a negative prognostic factor in
651 leishmaniotic dogs.⁹⁰ After conventional leishmanicidal treatment, the degree of proteinuria
652 decreases in 4-8 weeks,²⁰² thus, additional pharmacological treatments for proteinuria should be
653 decided thereafter. The possibility to restore normal renal function depends on the severity of renal
654 damage at the time of first diagnosis. Therefore, creatinine and proteinuria should be repeatedly
655 assessed during the follow up. The frequency of testing depends on the severity of CKD: dogs in
656 IRIS stages 3 or 4⁷¹ should be frequently tested also during the treatment period. Conversely, dogs
657 in IRIS stages 1 or 2⁷¹ should be tested at the end of the first treatment cycle and then after 12
658 months in stage 1 dogs, every 6 months in dogs in stage 2, every 3 months in dogs in stage 3 and
659 every 6 weeks in dogs in stage 4.^{203,204}

660 The inflammatory status may be monitored through sequential analysis of electrophoretograms and
661 of acute phase proteins, whereas the simple evaluation of total protein, albumin or A/G ratio, may
662 not be helpful because it is very likely that, despite treatment decreases globulin concentrations,
663 albumin concentrations remain low in dogs with persistent glomerular damage and proteinuria, in
664 turn leading to only minor changes in the A/G ratio. Differently, serum protein electrophoresis
665 allow to detect a progressive decrease of α - and γ -globulins. These decreases start to become evident
666 after 2-3 weeks and 4-6 weeks, respectively, following treatment with antimonials.²⁰⁵ Therefore, the
667 first useful electrophoretogram to monitor the efficiency of treatment should be run not earlier than

668 one month after treatment begin.²⁰³ The complete normalization of electrophoretograms, however,
669 requires at least 90-120 days.²⁰⁰ If after 2-3 months the electrophoretograms still show abnormal
670 profiles, the possible presence of concurrent diseases such as other vector-borne diseases should be
671 considered, especially if the gammopathy tends to be characterized by narrower peaks (see figure
672 3). Treatments with miltefosine or with other drugs may require longer times to be beneficial (more
673 than 2 months to observe a decrease in γ -globulins) and are also characterized by more frequent
674 relapses after transient normalization of laboratory profiles.^{206,207} Compared with serum protein
675 electrophoresis, monitoring the concentration of APPs provides earlier information regarding the
676 success of treatments with antimonials. CRP and SAA start to decrease in two weeks after treatment
677 and may return within the reference intervals in about one month.^{100,101,205} The normalization of
678 PON-1 and HDL is even more rapid: significant increases may be observed 3-7 days after treatment
679 and values return within the reference intervals in two weeks.^{82,205} Therefore, to assess the efficacy
680 of treatment, it may be advisable to measure the serum activity of PON-1 or the concentration of
681 HDLs or APPs 1-2 weeks after the first administration of drugs, when other clinical or
682 clinicopathological changes are likely still abnormal.

683

684 *Monitoring the parasitological status*

685 As at first diagnosis, the parasitological status can be monitored indirectly, through the assessment
686 of antibody titers, or by direct evaluation of the parasite presence.

687 In case of successful treatment, a decrease in antibody titers may be expected over time; hence,
688 serology should be repeated during the follow up.²⁰³ Significant reduction in titers can be detected
689 already at 30 days post-treatment in sick or severely sick dogs with good clinical response to
690 therapy.^{208,209} However, most of responders will show an evident decrease of titers around 6 months
691 from initiation of treatment.²⁰⁰ With regard to serological results, it should be kept in mind that a
692 complete negativization of antileishmanial antibodies is unlikely, especially for dogs living in
693 endemic areas that may be repeatedly exposed to the parasite, boosting the antibody response.

694 Therefore, sequential serological tests during the follow up should aim to assess whether antibody
695 titers decrease to values consistent with the simple exposure (i.e. to less than 4 folds the threshold
696 value of the laboratory).¹⁴
697 In order to assess whether treatment completely eradicates the infection, ideally the presence of
698 parasites should be assessed in the tissues in which the parasite may establish a latent infection and
699 using very sensitive techniques. For this purpose the residual parasites burden should be evaluated
700 with repeated quantitative PCR analyses on bone marrow, spleen or lymph nodes, if still palpable.¹⁴
701 However this procedure is invasive and it is difficult that owners will accept the analysis, especially
702 if treatment has been successful and the dog looks clinically healthy. Therefore, in routine practice
703 the evaluation of treatment efficacy is usually assessed by serology or quantitative PCR analysis in
704 blood. If treatment has been successful, the latter test should show a clear decrease of the
705 *Leishmania* DNA copies after 3 to 6 months of therapy, with complete negativization between 6 and
706 12 months.¹⁴⁴

707

708 ***Conclusive remarks and recommended protocols***

709 Diagnosing leishmaniasis in dogs may be difficult due to the complex pathogenesis and broad
710 spectrum of clinical and clinico-pathological findings. Hence, tests that need to be included in the
711 diagnostic protocol may vary according to case presentation or epidemiological scenario.²¹⁰
712 In dogs with strong clinical suspicion of leishmaniasis, the use of quantitative serology is advisable,
713 as it can be conclusive for diagnosis when high-titer antibodies are detected. In clinically healthy
714 dogs living in or having travelled to an endemic area, again serology may be the test of choice to
715 assess any possible exposure to parasites. Based on the median time to achieve seroconversion,¹³⁹
716 serology should be performed at least 6 months after exposure (e.g. in February-March where
717 transmission is seasonal, every 6-12 months where transmission is throughout the year). If serology
718 is positive, it is important to quantify the antibody response: a low antibody titer may be consistent
719 with exposure or an early phase of infection, while a high antibody titer can be suggestive of

720 infection or disease.^{14,15} Therefore, the subsequent diagnostic steps should confirm the suspected
721 infection through cytological and PCR analysis of sensitive tissues, and/or on identification of
722 possible clinical or laboratory alterations, especially in dogs with high antibody titers. If serology or
723 PCR is positive and samplings have been performed during a non-transmission period, the
724 laboratory workup should aim to identify the most common abnormalities of dogs with
725 leishmaniasis in the absence of overt clinical signs (e.g. anemia, abnormal serum protein
726 electrophoresis, proteinuria). If changes are detected, additional clinical or laboratory tests must be
727 performed in order to stage the disease (e.g. tests recommended by the IRIS guidelines for CKD,⁷¹
728 tests to quantify the acute phase response or inflammation).

729 If the dog is examined because of clinical abnormalities, the veterinarian should try to sample any
730 accessible lesion to obtain cytological smears or biopsies.¹⁵ If *Leishmania* amastigotes are
731 documented and the cytological or histological pattern is consistent with leishmaniasis the dog
732 should be considered sick. Thus, next diagnostic steps should clarify whether a systemic
733 involvement is also present (e.g. hematological disorders, inflammation, nephropathy) and the
734 antileishmanial antibodies and/or the parasite burden should be quantified with quantitative PCR to
735 obtain baseline values useful to treatment follow-up. Conversely, if amastigotes are not observed
736 but cytological patterns are consistent with leishmaniasis, the lesion can be further analyzed by
737 histology combined with immunohistochemistry, in situ hybridization or PCR.^{14,15} A positive result
738 with one of these additional tests should lead to investigate the general health status of the sick dog.
739 Conversely, if these tests are negative, the presence of infection should be assessed in the bone
740 marrow through cytology and/or PCR and, in case of positive results, further clinico-pathological
741 tests should be performed as above.^{14,15}

742

743 **Conflict of interest statement**

744 The authors are members of the Canine Leishmaniasis Working Group (CLWG). None of
745 the authors of this paper has a financial or personal relationship with other people or organisations
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747

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751

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1329 Table 1: summary of the laboratory findings detectable in canine leishmaniasis.

1330

	Typical abnormalities	Frequent abnormalities	Occasional abnormalities
Routine CBC - leukogram		Neutrophilia ^{34,35}	Lymphopenia; Lymphocytosis; Eosinophilia ³⁵⁻³⁷
Routine CBC – erythrogram	Normocytic normochromic non regenerative anemia		Positive Coombs test or anti.RBC antibodies ¹⁷
Routine CBC – thrombogram			Thrombocytopenia (check for co-infections) ^{42,43}
Bone Marrow cytology	Erythroid hypoplasia; Myeloid hyperplasia; Macrophage proliferation-hyperplasia; Presence of intracytoplasmic amastigotes; Plasmocytosis ^{24,35,37,39,50,51,52,53,54}	Megakaryocyte hyperplasia; Secondary dysmyelopoiesis (dyserythropoiesis or dysegakaryopoiesis, occasionally dysgranulopoiesis) ^{35,54}	
Hemostasis		Decreased ATIII	Increased PT and aPTT ⁴⁶ Hypercoagulability detected by thromboelastography or thromboelastometry ⁵⁵

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Routine clinical chemistry	Increase of creatinine and/or urea; ^{14-17,24,72,74-77,87,85} Hyperproteinemia with hypoalbuminemia and inverted A:G ratio ^{14,15,18,72,88,89,90}		Abnormalities in other biochemical analytes (depending on the localization of lesions) ^{16,34,59-64}
Serum protein electrophoresis	Polyclonal gammopathy ^{14,15,18,72,88,89,90}	Oligoclonal gammopathy ⁹³	Mono- or bi-clonal gammopathy ^{91,92,94,95}
Acute phase proteins and other markers of inflammation	Increase of CRP, SAA, Hp, Cp, Ferritin; decreases of TIBC ⁹⁶⁻¹⁰¹	Decreased of PON1 and HDL ¹⁰²⁻¹⁰⁴	
Urinalysis	Proteinuria; decreased USG; ¹⁴⁻¹⁸ mixed proteinuria at SDS-electrophoresis ¹¹⁷⁻¹²⁰	Increase of marker of tubular damage (GGT, NAG) ^{120,123}	

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1331 **Figure captions**

1332

1333 Figure 1: Dog, bone marrow aspirates summarizing the main findings in canine leishmaniasis: A)
1334 several amastigotes are seen in the cytoplasm of infected macrophages; B) free amastigotes in the
1335 background; C) infected macrophage with signs of erythrophagia; D) infected macrophage with
1336 signs of cytophagia. E) myeloid hyperplasia and erythroid hypoplasia in a microscopic field on
1337 which infected **macrophages are** also detectable; F) severe plasmocytosis, myeloid hyperplasia and
1338 a Mott cell. In D **and** F, free amastigotes are also visible in the background (arrows). May
1339 Grünwald-Giemsa stain. Bar: 15 μm in A, B, C, 20 μm in D, F, 70 μm in E

1340

1341 Figure 2: Dog, bone marrow smears, examples of secondary dysmyelopoiesis associated with
1342 leishmaniasis. A) atypical mitosis in a specimen with an infected macrophage; B) myeloid
1343 hyperplasia and plasmocytosis, and atypical mitosis of an erythroid precursor (arrowhead) with
1344 evident signs of asynchronous maturation; C) dwarf megakaryocytes; D) emperipolesis in a
1345 megakaryocytes. In A and C free amastigotes are visible on the background (arrows). May
1346 Grünwald-Giemsa stain. Bar: 20 μm in A and B, 60 μm in C and D.

1347

1348 Figure 3: examples of electrophoretograms obtained from dogs with leishmaniasis using agarose gel
1349 electrophoresis: A) normal canine electrophoretogram for comparison (a = albumin; α_1 , α_2 , β_1 , β_2 , γ
1350 = globulin fractions); B) Severe increase of α_2 - and γ -globulin, with polyclonal gammopathy; C)
1351 mild increase of α_2 -globulin (detectable only in the early phase of the disease); D) Severe
1352 hypoalbuminemia and polyclonal gammopathy. Also β_2 - globulins are likely increased in this case;
1353 E) Severe increase of α_2 -globulins and polyclonal gammopathy with a prominent peak in the β_2 -
1354 region and a less evident polyclonal peak in the γ - region; F) Very severe hypoalbuminemia and
1355 severe **oligoclonal** gammopathy. This dog was co-infected with *E. canis*.

1356

1357 Figure 4: comparison of electrophoretograms obtained with agarose gel electrophoresis (AGE, A
1358 and C) or with capillary zone electrophoresis (CZE, B and D). The electrophoretograms in A and B
1359 are from the same sample of a dog with leishmaniasis. The electrophoretic profile is similar but in
1360 CZE hypoalbuminemia is more evident and the γ -globulin peak is narrower, possibly generating a
1361 false diagnosis of oligo- or monoclonal gammopathy. The electrophoretograms in C and D are from
1362 the same sample of a dog with leishmaniasis. In this case, the γ -globulin peak is higher in CZE than
1363 in AGE and evidences a biclonal origin, with a very narrow subpeak on the right side of the γ -
1364 globulin fraction, possibly indicating a monoclonal component.

1365

1366 Figure 5: A) imprint of an ulcerated skin lesion from a dog with leishmaniasis. The cytological
1367 pattern is consistent with pyogranulomatous inflammation (degenerated and non degenerated
1368 neutrophils, macrophages, lymphocytes and plasma cells). Variably sized pigmented material, likely
1369 depending on cytophagia may be found in the macrophage and on the background. This material
1370 may also be confused with amastigotes; B) cytocentrifuged synovial fluid from a dog with
1371 leishmaniasis presenting joint swelling. Amastigotes are visible in a large mononuclear cells with
1372 signs of nuclear degeneration. Neutrophils and lymphocytes, indicating an inflammatory process,
1373 and erythrocytes are also visible, C) fine needle aspirate of a spleen on which intracytoplasmic
1374 amastigotes are visible, along with plasma cells and neutrophils; D: fine needle aspirate of a lymph
1375 node from a dog with leishmaniasis. No amastigotes are visible but in this case the diagnosis is
1376 supported by the presence of reactive hyperplasia, characterized by variably sized lymphocytes,
1377 neutrophils and plasma cells. May Grünwald-Giemsa; Bars: 20 μ m in A, C, D, 15 μ m in B.

1378

1379 Figure 6: Dog, dermis, immunohistochemical detection of amastigotes (brown dots) within the
1380 cytoplasm of macrophages. Immunohistochemistry, avidin-biotin peroxidase (ABC) method;

1381 chromogen: diaminobenzidine; counterstain: Mayer's hematoxylin. Bar = 20µm. (Courtesy of Prof.
1382 Eugenio Scanziani, MAPLab, Fondazione Filarete, Milan, and Dr. Raffaella Bergottini – Helab –
1383 Milan).
1384
1385 Figure 7: Urine from a dog with leishmaniasis treated with allopurinol. Xanthine crystals appear as
1386 roundish brown-yellow crystals of different size, single or forming small to medium clusters.
1387 Unstained sediment. Bar: 15 µm. (Courtesy of Dr. Tiziana Vitiello, DiMeVet, University of Milan).