

# Veterinary Clinical Pathology

An International Journal of Laboratory Medicine

## VALIDATION OF A PARAOXON-BASED METHOD FOR MEASUREMENT OF PARAOXONASE (PON-1) ACTIVITY AND ESTABLISHMENT OF REFERENCE INTERVALS IN HORSES

Journal:	<i>Veterinary Clinical Pathology</i>
Manuscript ID	VCP-17-3014.R2
Manuscript Type:	Original Article
Date Submitted by the Author:	n/a
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Key Words:	Acute phase proteins, equine, inflammation, oxidative stress

1 **VALIDATION OF A PARAOXON-BASED METHOD FOR MEASUREMENT OF**  
2 **PARAOXONASE (PON-1) ACTIVITY AND ESTABLISHMENT OF REFERENCE**  
3 **INTERVALS IN HORSES**

4

5 Short title: PON-1 activity in healthy horses and foals

6

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22

23 **Abstract**

24 **Background:** Paraoxonase-1 (PON-1) is an anti-oxidant compound that is considered a  
25 negative acute phase protein ~~in animals and people~~. No information on the analytical  
26 performances of the paraoxon method for measuring PON-1 in horse serum is available.

27 **Objectives:** The aim of this study is to validate a paraoxon-based method to measure PON-1  
28 in horses and to establish Reference Intervals (RIs) in healthy horses and foals.

29 **Methods:** One hundred and twenty horses and 55 foals classified as healthy after physical  
30 examination and routine biochemistry were used in the study~~We considered 120 horses and~~  
31 ~~55 foals classified as healthy after physical examination and routine biochemistry~~. Serum  
32 PON-1 activity was measured with an automated spectrophotometer and an enzymatic  
33 method validated in other species. After the analytical validation (precision, accuracy,  
34 interference studies), RIs were determined using the Reference Value Advisor software. The  
35 possible gender-, age- and breed-related differences were statistically investigated.

36 **Results:** The paraoxon-based method was precise (CVs <4.0%) and accurate (P<0.001 in  
37 linearity under dilution and spike-recovery testing) but is affected by interference from mild  
38 bilirubinemia, severe lipemia or hemoglobinemia. The RIs recorded in the whole population  
39 was 38.1-80.8 U/mL. According to the Harris and Boyd test, it would be advisable to use  
40 separate RIs only for adult females and for Warmblood and Trotter adults.

41 **Conclusions:** This study demonstrated that the analytical performances of the paraoxon-  
42 based method for measurement of PON-1 in horses are acceptable. PON-1 activity is lower in  
43 horses than in other domestic species. These results may provide a basis for further studies  
44 designed to establish whether healthy and sick horses can be correctly classified by using the  
45 PON-1 assay.

46

## 47 **Keywords**

48 Acute phase proteins, equine, inflammation, oxidative stress

## 49 **Introduction**

50 Inflammation is characterized by oxidative phenomena and oxidative stress (OS) is the  
51 consequence of an imbalance between oxidants and antioxidants in which oxidant activity  
52 exceeds the neutralizing capacity of antioxidants.

53 The serum activity of paraoxonase-1 (PON-1) decreases during inflammation in many  
54 species.<sup>1-3</sup> PON-1 is an enzyme associated with high-density lipoproteins (HDL) that protects  
55 low-density lipoproteins (LDL) and HDL from peroxidation.<sup>4</sup> Moreover, PON-1 possesses anti-  
56 inflammatory properties, as it reduces the production of pro-inflammatory mediators.<sup>5</sup> PON-1  
57 is mainly expressed in the liver and is transported in the plasma bound to HDL. During an  
58 acute phase response, HDL molecules lose apolipoprotein A1, esterified cholesterol, and  
59 HDL-associated enzymes, including PON-1, which is replaced mainly by serum amyloid A  
60 and ceruloplasmin. Altogether, these phenomena result in reduced anti-oxidative properties of  
61 HDL.<sup>6</sup>

62 In both laboratory animals<sup>7,8</sup> and people,<sup>9</sup> these changes in HDL composition and structure  
63 during an acute phase response, inactivate the PON-1 and, in addition, the hepatic gene  
64 expression of PON-1 is inhibited.<sup>7,9</sup> For these reasons, PON-1 is considered a negative acute  
65 phase protein (APP).

66 In people, PON-1 is a potential biomarker for many pathological conditions, such as  
67 cardiovascular diseases, neurological disorders, and liver diseases.<sup>10</sup>

68 Despite the extensive use of PON-1 as a marker of inflammation/oxidation in people and lab  
69 animal species, its use in veterinary medicine is limited. Changes in PON-1 activity have been  
70 investigated in cattle,<sup>2,11,12</sup> cat,<sup>13</sup> swine<sup>3</sup> and dog<sup>1,14-16</sup> but using different methods and without

71 a complete preliminary validation study or the establishment of reference intervals (RIs). So  
72 far, the paraoxon-based method to measure PON-1 activity in serum has been validated only  
73 in dog<sup>1</sup> and cattle.<sup>2</sup>

74 Method validation guarantees the reliability (precision) and validity (accuracy) of analytical  
75 results, especially when a new method or analyte is introduced and is a key component of  
76 quality management.<sup>17</sup>

77 According to ASVCP guidelines,<sup>18</sup> RIs are ~~nowadays~~ an integral component of laboratory  
78 diagnostic testing and clinical decision-making and represent estimated distributions of  
79 reference values from healthy populations of comparable individuals.<sup>19</sup> Clinicians convert the  
80 results provided by the laboratory into information of diagnostic, prognostic, or therapeutic  
81 relevance. Inappropriate RIs could, therefore, lead to erroneous and delayed clinical  
82 decisions.<sup>20</sup>

83 A minimum of 120 reference individuals is recommended in order to determine reference  
84 limits by nonparametric methods with 90% confidence intervals (CI). However, smaller  
85 sample sizes may be used if appropriate statistical methods are employed.<sup>21</sup> In the  
86 establishment of RIs, it is also important to take into account any potential source of biological  
87 variability such as age, gender, and/or ~~aptitude~~/use.<sup>18,20,21</sup> This may be particularly important  
88 in young animals that, in other species, have been demonstrated to have a lower PON-1  
89 activity.<sup>2</sup>

90 The aims of this study are to validate a paraoxon-based method to measure PON-1 in horses  
91 and to define RIs in healthy horses and foals as a preliminary step towards the future use of  
92 PON-1 in clinical practice.

93

94 **Materials and methods**

95 *Case selection*

96 One hundred and twenty horses (40 geldings, 40 stallions and 40 mares) and fifty-five foals  
97 (27 females, 28 males) were included in this study. The median age in adult horses was 11  
98 years (age range 3-27 years) without significant differences between the age distribution of  
99 females (median age: 11 years; age range 4-21 years), entire males (median age: 8 years;  
100 range: 3-27 years) and geldings (median age: 14.5 years; range: 4-25 years). The median  
101 age in foals was 47 days (range 19-90 days), without significant difference in the age  
102 distribution between females (median age: 50 days; range 19-90 days) and males (median  
103 age: 46 days; range: 29-90 days). Horses and foals were grouped by breed: Thoroughbreds  
104 (6 adult horses), Trotters (31 foals and 46 adult horses), Warmbloods (22 foals and 57 adult  
105 horses), Draft horses (3 adult horses) and Ponies (8 adult horses).

106 Horses and foals were classified as clinically healthy on the basis of physical examination and  
107 routine biochemistry and hematology. Horses with particular pathophysiological conditions  
108 (pregnancy, lactation, obesity) were not included in the study. Samples were collected  
109 between March and June and horses were not fasted ~~at the moment of~~before sampling.  
110 Blood (10 mLs) was collected from the jugular vein into tubes without anticoagulant (Venosafe  
111 plastic tubes for serum, Terumo, Europe), was centrifuged within 4 hours of collection and  
112 serum was frozen at -20 °C until analysed. Serum PON-1 was measured at the Department of  
113 Veterinary Medicine, University of Milan.

114 The study was performed within plans of health monitoring and the protocol was approved by  
115 the Ethical Committee of the University of Pisa [prot. n. 23506/16]. An owner's written consent  
116 was also signed.

117

118 *Measurement of serum PON-1 activity*

119 Serum PON-1 activity was measured spectrophotometrically using an automated analyser  
120 (Cobas Mira, Roche diagnostic, Basel, Switzerland), using the enzymatic method previously  
121 described<sup>7</sup> and already validated in dogs<sup>1</sup> and in cattle.<sup>2</sup> Briefly, 6  $\mu$ L of serum was incubated  
122 at 37°C with 89  $\mu$ L of distilled water and 100  $\mu$ L of reaction buffer (glycine buffer 0.05 mM, pH  
123 10.5 containing 1 mM of paraoxon-ethyl, purity > 90% [Sigma-Aldrich, Saint Louis, MO, USA],  
124 and 1 mM of CaCl<sub>2</sub>). The rate of hydrolysis of paraoxon to p-nitrophenol was measured by  
125 monitoring the increase in absorbance at 504 nm using a molar extinction coefficient of  
126 18,050 L · mol<sup>-1</sup> · cm<sup>-1</sup>. The unit of PON activity expressed as U/mL is defined as 1 nmol of p-  
127 nitrophenol formed per minute under the assay conditions.

128

#### 129 *Analytical validation*

130 The intra-assay precision was determined by measuring the PON-1 activity in pooled equine  
131 sera with low, medium and high PON-1 activity 20 consecutive times within a single run of  
132 analysis.<sup>22,23</sup> The inter-assay variability was assessed on frozen aliquots by analysing the  
133 same samples in triplicate on 10 consecutive working days.

134 The mean value, the standard deviation (SD), and the coefficient of variation (CV = SD/mean  
135 x 100) were then calculated.

136 The accuracy was determined using the evaluation of linearity under dilution (LUD) and a  
137 spiking recovery test (SRT). The LUD test was performed by measuring PON-1 activity in  
138 triplicate on a pooled equine serum after dilution with distilled water to obtain samples  
139 containing 90%, 80%, 70%, 60%, 50%, 40%, 30%, 20%, 10%, 0% of serum. The SRT test  
140 was performed by adding a pooled equine serum with low PON-1 activity with increasing  
141 volumes of a pooled equine serum with high PON-1 activity, followed by the measurement of  
142 PON-1 activity in triplicate.

143 The correlation between the percentage of recovery compared with expected values of LUD  
144 and SRT tests were assessed using a least square regression test.

145

#### 146 *Interference studies*

147 Five serum samples from control horses that at macroscopical examination appeared non-  
148 hemolytic, non-lipemic and non-hyperbilirubinemic were pooled in order to obtain a sufficient  
149 volume to create multiple aliquots to be tested with the different interfering substances. The  
150 effect of hemolysis, hyperbilirubinemia and hyperlipemia was assessed using previously  
151 published protocols.<sup>1</sup> Specifically, the pooled sample ~~was added with~~had different  
152 concentrations of HGB (Merck KGaA, Darmstadt, Germany), bilirubin (Bil) (Fluka, Sigma-  
153 Aldrich, Milano, Italy), or a commercial fat emulsion (Trig) (Lipofundin S 20%, B. Braun Milano  
154 SpA, Milano Italy)added, followed by triplicate measurement of PON-1 activity. Interfering  
155 substances were added to each aliquot of the pooled sample in order to obtain final  
156 concentrations adequate to simulate the following levels of hemoglobinemia, lipemia and  
157 icterus: slight (HGB = 1,25 g/L; Trig = 1.25 g/L; Bil = 0.12 mg/L), moderate (HGB = 2,5 g/L;  
158 Trig = 2.5 g/L; Bil = 0.25 g/L, severe (HGB = 5,0 g/L; Trig = 5.0 g/L; Bil = 0.50 g/L), and  
159 extreme (HGB = 10.0 g/L; Trig = 1.0 g/L; Bil = 0.15 g/L).

160 To further investigate the effect of hemolysis, a hemolysate of equine erythrocytes was also  
161 added to the pooled serum~~To further investigate the effect of hemolysis we also added the~~  
162 ~~pooled serum with a hemolysate of equine erythrocytes.~~<sup>24</sup> The rationale for using this  
163 approach is to assess the influence of intraerythrocytic compounds that could theoretically  
164 interfere with PON-1 activity (e.g. intraerythrocytic enzymes) or with PON-1 measurement  
165 (e.g. intraerythrocytic cations that could interfere as cofactors of the in vitro reaction used to  
166 measure PON-1 activity). To this aim, equine blood samples collected in EDTA and submitted



167 to the diagnostic laboratory of the Department for routine hematology were centrifuged at  
168 2500 G x 10 min. The pellet obtained after removal of plasma, was then washed twice with  
169 phosphate buffered saline (PBS) in order to completely remove plasma. After the second  
170 wash and a further centrifugation, PBS and buffy coat were removed by aspiration and a  
171 hypotonic lysis of RBCs was then performed by adding an equal volume of distilled water to  
172 the cell pellet, followed by ~~further by adding the RBC pellet with an equal volume of distilled~~  
173 ~~water and further~~ centrifugation. The final concentration of HGB in the supernatant was  
174 verified by a hematology analyser (Sysmex XT-200iV, Sysmex Corporation, Kobe, Japan).  
175 Based on this concentration, the pooled serum was added with the hemolysate to obtain a  
176 final concentration of HGB of 10.0, 5.0, 2.5 and 1.0 g/L thus simulating a rate of hemolysis  
177 accounting for about 1% to about 7% of the mean RBC mass of a normal equine blood  
178 sample.

179 For all the interferences, the percentage changes of PON-1 activity, compared with the basal  
180 sample, with the same volume of distilled water as the volume of interfering solution being  
181 added to the serum, were calculated and plotted versus the concentration of interfering  
182 substances to create an interferogram for each substance.

183 Results obtained from the pooled serum with and without the different concentrations of  
184 interfering substances were compared using an ANOVA test for repeated measurement  
185 (Friedman test). Irrespective of the results of statistical analysis, a  $\pm 15\%$  variability of mean  
186 values was established as an acceptance criterion to assess the clinical utility of results of the  
187 interference study.

188

#### 189 *Determination of RIs*

190 The RIs were determined using the Reference Value Advisor macroinstructions (freeware

191 v2.1; <http://www.biostat.envt.fr/spip/spip.php?article63>) for Excel (Microsoft Corp., Redmond,  
192 WA, USA), recently validated for use in veterinary laboratories.<sup>211</sup> The software performs tests  
193 of normality (Anderson–Darling with histograms and Q–Q plots and Box–Cox transformation).  
194 Following the CLSI recommendations,<sup>25</sup> the histogram of RI of PON-1 activity was examined  
195 for initial assessment of distribution and identification of outliers. Dixon’s and Tukey’s tests  
196 were used to identify the outliers, with Tukey’s test more stringent than Dixon’s test.  
197 According to the CLSI guidelines<sup>25</sup> the emphasis was to retain rather than delete outliers.  
198 Specifically, near outliers (i.e., values exceeding quartiles I or III minus or plus  $1.5 \times \text{IQR}$ )  
199 were classified as “suspected” and retained, while far outliers (i.e., values exceeding quartiles  
200 I or III minus or plus  $3.0 \times \text{IQR}$ ), if any, were removed,  
201 The RIs were calculated using the robust method on Box-Cox transformed data and 90%  
202 Confidence Intervals (CI) around the reference limits were determined using a non-parametric  
203 bootstrap method.<sup>26</sup>  
204 The possible differences depending on gender, age and breed were investigated. Specifically,  
205 results obtained in foals and adult horses were investigated using a Mann Whitney U test.  
206 The same test was used to investigate the possible differences between male and female  
207 foals or in Trotter vs Warmblood horses either in foals or in adults. Results recorded in  
208 geldings, mares and stallions were compared to each other using a Kruskal-Wallis test  
209 followed by a Bonferroni post-hoc test. The same test was used to compare the results  
210 obtained in the different breeds of adult horses. The possible age-related differences were  
211 investigated, either in foals or in adult horses, using a regression analysis run in the  
212 Reference Value Advisor software cited above.

213

## 214 **Results**

215 *Analytical validation*

216 Results regarding intra- and inter-assay precision are reported in table 1. The CVs were lower  
217 than 4% for all the three levels of PON-1 in the pooled sera explored in this study.

218 Results regarding LUD and SRT are reported in figure 1. Both the tests fitted the linear model  
219 ( $r^2$  0.98,  $P < 0.001$  for the LUD test;  $r^2$  1.00,  $P < 0.001$  for the SRT).

220 Results regarding interference studies are reported in figure 2. A significant and progressive  
221 decrease of PON-1 activity was found in lipemic samples: values exceeded the acceptance  
222 criterion ( $\pm 15\%$ ) when the concentration of triglycerides was equal to or higher than 5 g/L.  
223 Mild bilirubinemia induced a significant increase of PON-1 activity compared with the baseline  
224 value, while the other concentrations did not affect the activity of PON-1. This increase,  
225 however, did not exceed the acceptance criterion. Both hemoglobin and hemolysates induced  
226 a progressive increase of PON-1 activity, that became significant and exceeded the  
227 acceptance criteria at values corresponding to very severe hemolysis.

228

229 *Reference intervals*

230 Details about all the RIs recorded in this study are summarized in table 2, and data  
231 distribution is reported in the supplementary figure S1, according with the current guidelines  
232 for establishment of RIs.<sup>18</sup>

233 The RI recorded in the whole population of horses was 38.1-80.8 U/mL. The RIs recorded in  
234 adults and in foals were very similar to each other and the Harris and Boyd test<sup>26</sup> did not  
235 indicate the need of establish separate RIs for adults and foals. Moreover, no significant  
236 differences were found between foals and adults (figure 3).

237 Partitioning by age did not reveal significant differences neither within the group of foals  
238 ( $P = 0.180$ ) or within the group of adult horses ( $P = 0.949$ ) (data not shown).

239 Results recorded in male foals were not significantly different ( $P=0.963$ , figure 3) from those  
240 recorded in female foals. Harris and Boyd test suggests that RI specific for male and female  
241 foals should not be calculated. Conversely, significant gender-related differences ( $P=0.010$ )  
242 were found in adults: specifically, results recorded in mares were significantly higher than  
243 those recorded in stallions and in geldings (Figure 3). Despite the fact that the RIs of females,  
244 entire males and geldings overlapped, the Harris and Boyd tests indicates that a gender-  
245 specific RI should be used for females, while a common RI could be used for geldings and  
246 entire males.

247 The analysis of data recorded in adult draft horses (mean  $\pm$  SD:  $45.5 \pm 12.4$ ; median: 38.5; I-  
248 III interquartile: 38.2-56.2), Ponies ( $59.5 \pm 6.0$ ; 60.7; 55.6-62.3), adult Thoroughbreds ( $60.0 \pm$   
249  $13.8$ ; 60.1; 46.6-70.1), Trotters ( $59.3 \pm 9.8$ ; 61.6; 39.3-65.6) and Warmbloods ( $54.4 \pm 12.9$ ;  
250  $51.8$ ; 32.7-61.6) did not reveal significant differences ( $P=0.083$ ), but when the analysis was  
251 restricted to the two breeds represented by a sufficient number of animals (Trotter vs  
252 Warmblood horses) a significant difference was found (Figure 3). Also in this case, breed-  
253 specific RIs overlapped but the Harris and Boyd test suggests that RIs specific for Trotter or  
254 Warmblood horses should be used.

255 No significant differences were found between PON-1 activity recorded in Trotter foals  
256 compared with Warmblood foals (figure 3). Also in this case the RIs recorded in Trotter foals  
257 and in Warmblood foals overlapped. The Harris and Boyd's test suggests that RIs specific for  
258 Trotter or Warmblood foals should not be used.

259

## 260 Discussion

261 Although Ss several studies of PON1 in other species have been reported.<sup>1-3,11-16</sup> A single study  
262 in horses is available but no information on the analytical performances of the method

263 employed were provided.<sup>27</sup> Before investigating the differences between clinically healthy and  
264 sick horses and foals, however, a validation study was required to determine the analytical  
265 performances of the paraoxon-based method of measurement, that in other species has been  
266 preferred to other substrates because it is cheap, rapid to perform and very precise and  
267 accurate.<sup>1</sup>

268 With this study, we demonstrated that this method for the measurement of PON-1 is precise  
269 and accurate also on equine serum. Specifically, both intra-assay and inter-assay imprecision  
270 were lower than 4% that is considered acceptable for most biochemical analytes<sup>28</sup> and is  
271 similar or, as regards inter-assay imprecision, lower than that recorded in dogs.<sup>1</sup> Currently a  
272 gold standard method for the evaluation of PON-1 does not exist and this may be a limitation  
273 of the study. Therefore, accuracy was indirectly estimated through the evaluation of linearity  
274 under dilution and of a spiking-recovery test which both fitted the linear model confirming the  
275 excellent level of accuracy of the paraoxon-based method also in horses.

276 Our study demonstrated that the interference of bilirubin is minimal and not clinically relevant.  
277 This finding is consistent with that observed in dogs<sup>1</sup> and is extremely important in horses,  
278 where hyperbilirubinemia may be a non-specific alteration associated with several  
279 pathophysiological conditions.<sup>29,30</sup> Also the variations of PON-1 activity associated with  
280 lipemia, hemoglobinemia or hemolysis are similar to those already recorded in dogs<sup>1</sup> and  
281 therefore it would be advisable to not analyse PON-1 activity in samples with slight to very  
282 severe lipemia or with very severe hemolysis, in which PON-1 activity may falsely decrease  
283 or increase, respectively.

284 Moreover, it was shown that in horses PON activity measured by the paraoxon-based method  
285 employed in this study is lower than that of dogs, cats and bovine.<sup>1,2,13</sup> It could be  
286 hypothesized that different species have a different hepatic or lipid metabolism that influences

287 PON-1 level or that every species has its own particular isoforms that reach different serum  
288 concentrations. In people, in fact, the polymorphism of selected regions of PON-1 genes may  
289 influence the types of enzymatic activity (e.g. esterase and/or lactonase) thus explaining the  
290 wide individual variability in term of capability to interact with different substrates in vitro.<sup>31</sup>

291 No significant differences were observed between values recorded in adult horses and in  
292 foals; this likely depends on the age of the foals. In other species, very low PON-1 activity  
293 was recorded only in newborns, with significant increases from day 3 to 21 after birth,<sup>2</sup>  
294 possibly due to the immaturity of the liver, to differences in lipid metabolism to a high  
295 susceptibility of newborns to oxidative stress.<sup>32</sup> In our caseload, foals were sampled from 19 to  
296 90 days of age, when, ~~also as~~ in calves, PON-1 activity was not significantly different from  
297 that of adults.<sup>2</sup> Hence, it would be advisable in the future to assess whether PON-1 activity is  
298 low in the first days of age also in horses. This information would be particularly interesting,  
299 since most of the inflammatory conditions that may be better diagnosed or monitored with this  
300 novel biomarker, such as neonatal septicemia, typically occurs a few days after birth.<sup>33,34</sup>

301 Partitioning by age did not show any significant association between PON-1 activity either in  
302 adult horses or foals. This conclusion is similar to that in studies of people, where no  
303 significant age-related differences were found.<sup>35</sup>

304 The detection of higher PON-1 activity in mares contrasts with findings in dogs<sup>1</sup> but is  
305 consistent with that reported in mice<sup>36</sup> and people, where the difference was significant in  
306 some studies,<sup>37</sup> but not in others<sup>35</sup> and where this difference may be associated with a  
307 genetic predisposition.<sup>35,38-42</sup>

308 Differences that we found by sex, however, were present only in adult horses and not in foals,  
309 maybe because foals were below the age of sexual maturity. This is consistent with previous  
310 studies in mice, that showed that gender-associated differences were testes but not plasma

311 testosterone dependent and that ovariectomy had no effect on PON-1 mRNA expression.<sup>39</sup>  
312 However, further studies are needed to fully assess the effect of sex in foals, since the  
313 number of cases per group was lower than 40 individuals, the minimum database  
314 recommended by the ASVCP guidelines.<sup>18</sup>

315 After grouping the horses based on the breed, we found a significant difference only between  
316 Trotters and Warmbloods, with higher PON-1 activity in Trotter compared with Warmblood  
317 horses. This difference, however, was recorded in adult horses but not in foals, although the  
318 lack of differences in foals may be due to the low number foals. Although also in this case the  
319 lack of differences in foals may depend on the low number of cases per group compared with  
320 the minimum values recommended by the ASVCP guidelines.<sup>18</sup> However the higher values  
321 recorded in adult Trotters may depend on training and exercise, that may induce oxidative  
322 phenomena.<sup>42</sup> No significant differences in PON-1 activity were found when other breeds  
323 were also included when also other breeds were included in the statistical comparison. The  
324 absence of significant differences for other breeds could be related to the small number of  
325 horses in these groups that may have induced a type II statistical artefact.<sup>43</sup> Further studies  
326 with a higher number of horses of each of these breeds could be useful to identify possible  
327 differences associated with the different uses.

328 Despite the significant differences associated with gender or use, the RIs recorded in the  
329 different groups of animals overlapped to-with each other. Nevertheless, according to Harris  
330 and Boyd test, specific RIs in mares, Trotter and Warmblood horses should be established.  
331 However, these latter aspects need to be verified through additional studies on a larger  
332 caseload since the analysis of the reference ranges and of data distribution reveals that the  
333 RI generated in the whole population is narrower and has a higher upper reference limit  
334 compared with the RIs of stallions, geldings or Warmbloods. This is likely to be due to This

335 | ~~likely depends on~~ the low number of cases per group after partitioning by gender or use.  
336 | Independently of the need to establish gender- or breed-associated RIs, it is worth noting that  
337 | ~~it is worth to note that~~ the lower reference limit of the intervals was similar for all the  
338 | categories of partitioning examined in this study. Considering that, in many species, patients  
339 | with OS associated with inflammation have very low PON-1 activity compared with the lower  
340 | reference limit,<sup>2,16</sup> it is thus advisable to use a single RI for stallions and geldings or for foals  
341 | and adults.

342 | In conclusion, this study demonstrated that the paraoxon-based method for measurement of  
343 | PON-1 activity is precise and accurate in horses as in other species and that PON-1 activity is  
344 | lower in horses than in many other domestic species. Despite the presence of some  
345 | significant differences associated with gender (with higher values in mares) or breed (with  
346 | higher values in Trotters), the lower reference limits of age-, breed- or gender-associated RIs  
347 | are similar to each other and therefore in routine practice it would be advisable to use a single  
348 | RI for young foals and adult horses, independently on their gender or use. If future studies  
349 | ~~also~~ demonstrate that also oxidative stress associated with inflammation induces a significant  
350 | decrease of PON-1 activity compared with the RIs in horses, the results of this study will be  
351 | useful in clinical practice to correctly classify healthy and sick horses according to PON-1  
352 | values. More specifically, PON-1 could be used, as in human medicine, in situations that can  
353 | induce an oxidative stress, such as sepsis, cardiovascular, renal or liver disease. Moreover,  
354 | results of sequential samples collected after treatment will allow assessment of whether PON-  
355 | 1 is a good marker ~~will allow to identify if PON-1 may work as a good marker~~ of response to  
356 | treatments as in other species.<sup>15</sup>

357

358 | **Acknowledgements**



359 Preliminary results were presented at the ECEIM Congress 2015 Utrecht, The Netherlands,  
360 November 2015. The authors thank private vets for the collaboration in the collection of  
361 samples.

362

### 363 **Conflict of interest statement**

364 Authors disclose no conflict of interest.

365

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475

476 | **Table 1.** Results of intra- and inter-assay imprecision calculated in pooled sera with high,  
477 | medium and low paraoxonase-1 activity (U/mL).

478

		High	Medium	Low
<b>Intra-assay</b>	<b>Mean</b>	61.01	34.02	24.04
	<b>SD</b>	0.57	0.55	0.62
	<b>CV</b>	0.93	1.60	2.57
<b>Inter-assay</b>	<b>Mean</b>	62.44	33.71	23.23
	<b>SD</b>	1.64	1.34	0.68
	<b>CV</b>	2.62	3.98	2.91

479

480 **Table 2.** RIs established in this study for the whole population of adult horses, for foals or for the subcategories of adult  
 481 horses. All the values are expressed in U/ml. N= number of horses; SD= standard deviation; CI= confidence interval; Distr=  
 482 distribution; G= gaussian; NG = non Gaussian; NP= non parametric; s = suspected outlier; RT = Robust Box-cox transformed

	<b>N</b>	<b>Mean</b>	<b>SD</b>	<b>Median</b>	<b>Min</b>	<b>Max</b>	<b>Outliers</b>	<b>RI</b>	<b>CI Lower limit</b>	<b>CI Upper limit</b>	<b>Distr</b>	<b>Analysis type</b>
<b>Whole population</b>	175	56.6	11.2	56.0	32.6	92.3	2 s	38.1- 80.8	32.6- 38.6	74.5- 92.3	G	NP
<b>Total adult horses</b>	120	56.6	11.7	56.6	32.7	92.3	2 s	38.0- 81.2	32.7- 38.5	74.5- 92.3	G	NP
Stallions	40	54.3	11.7	51.5	38.2	89.6	1 s	38.4- 87.7	37.6- 40.2	78.9- 100.0	G	RT
Mares	40	60.3	9.6	62.7	34.9	81.2	1 s	37.3- 77.5	29.7- 45.4	74.7- 80.4	NG	RT
Geldings	40	55.3	13.3	53.7	32.7	92.3	0	33.2- 87.1	30.5- 36.7	78.6- 95.9	G	RT
Adult	46	59.3	9.8	61.6	39.3	81.2	0	37.6- 87.1	32.5- 36.7	75.3- 95.9	NG	RT

Trotters								78.4	43.7	82.0		
Adult Warmbloods	57	54.4	12.9	51.8	32.7	92.3	2 s	25.8- 78.9	21.0- 31.2	72.3- 85.1	NG	RT
<b>Foals</b>	55	56.5	10.0	55.2	32.6	84.7	0	38.2- 79.9	35.0- 41.2	73.7- 84.2	G	NP
Male foals	28	56.7	8.8	55.8	32.6	70.2	0	35.7- 73.2	29.5- 42.3	68.5- 76.7	G	RT
Female foals	27	56.6	11.3	51.1	41.0	84.7	0	39.4- 92.7	37.8- 42.3	75.4- 111.5	NG	RT
Trotter foals	31	56.5	11.2	51.9	32.6	84.7	0	35.4- 84.5	31.7- 40.1	72.5- 92.7	NG	RT
Warmblood foals	22	56.4	8.6	55.5	43.7	70.2	0	39.5- 76.3	36.6- 44.2	70.5- 81.5	G	RT



483 **Figure captions**

484 **Figure 1.** Linearity under dilution (LUD) of paraoxanase-1 (PON1) activity in a pool of equine  
485 sera (60.9 U/mL) progressively diluted (100% to 0%) with distilled water, and Spiking recovery  
486 test (SRT) of paraoxanase-1 (PON1) activity in a pool of equine sera with low PON1 activity  
487 (21.3 U/mL) spiked with increasing amounts of a pool of equine sera with high PON1 activity  
488 (62.0 U/mL). Each data point indicates the mean of a triplicate measurement. The solid line  
489 indicates the linear correlation between expected and observed values, dotted lines indicate  
490 the 95% Confidence Interval (CI).

491

492 **Figure 2.** Effects of increasing concentrations of interfering substances on PON-1 activity  
493 determined ~~on~~in pooled equine sera (PON-1 activity of pooled serum: 59,9 U/mL). \* = P<0.05  
494 vs. baseline value (0 g/dL); \*\* = P<0.01 vs baseline value (0 mg/dL for bilirubinemia, 0 g/dL  
495 for hemoglobinemia and hemolysis); \*\*\* = P<0.001 vs baseline value (0 g/dL).

496

497 **Figure 3.** Comparison of results obtained in adult horses vs foals, stallions vs mares vs  
498 geldings, Trotters vs Warmblood adult horses, male vs female foals, and Trotter vs  
499 Warmblood foals. The boxes indicate the I–II interquartile range (IQR), the horizontal line  
500 indicates the median values, whiskers extend to further observation within quartile I minus 1.5  
501 × IQR or to further observation within quartile III plus 1.5 × IQR. '+' indicates near outliers (i.e.,  
502 values exceeding quartiles I or III minus or plus 1.5 × IQR). The grey shaded area indicates  
503 the RI calculated for the whole population of horses. The asterisk indicates a significant  
504 difference (mares vs stallions and geldings; adult Trotters vs Warmbloods).

505

506

507 **Supplementary material**

508 **Supplementary figure 1.** Distribution of PON-1 values recorded in adult horses, foals and in  
509 the various categories of adult horses. The bars indicate the relative frequency of each unit of  
510 PON-1 activity. The pink line summarizes the fitted distribution. The vertical light blue lines  
511 indicate the upper and lower limit of the reference interval whereas the dashed lines indicate  
512 the 90% confidence intervals of each limit. A= whole population (adults and foals); B= adult  
513 horses; C= stallions; D= mares; E= geldings; F= Trotter (adults); G= Warmblood (adults); H=  
514 foals; I= male foals; J= female foals; K= Trotter (foals); L= Warmblood (foals).

515

For Peer Review

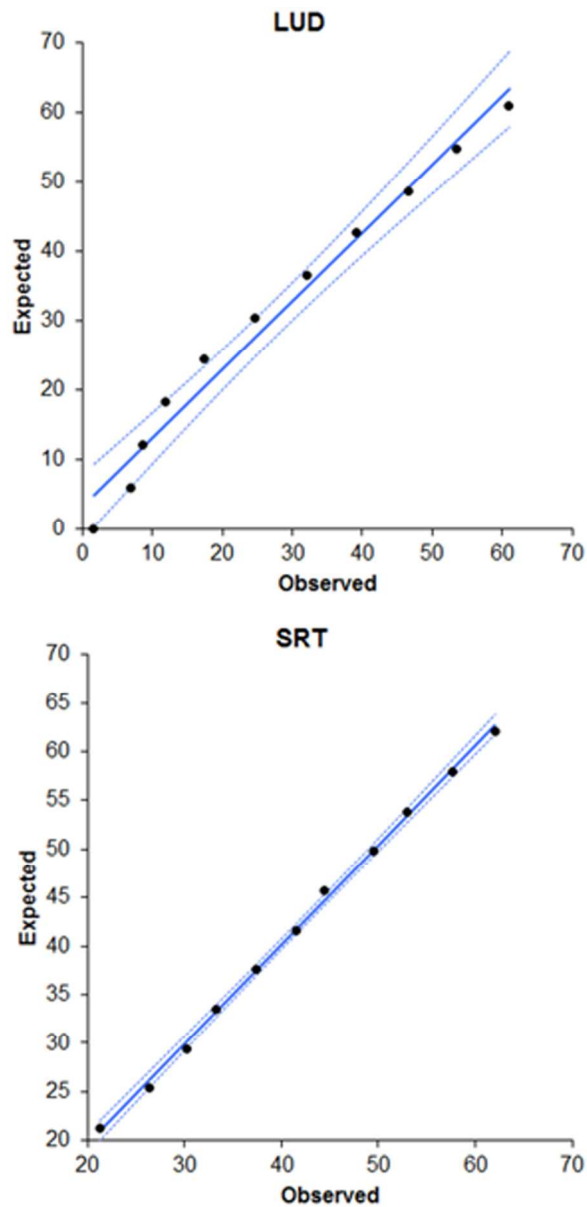


Figure 1. Linearity under dilution (LUD) of paraoxanase-1 (PON1) activity in a pool of equine sera (60.9 U/mL) progressively diluted (100% to 0%) with distilled water, and Spiking recovery test (SRT) of paraoxanase-1 (PON1) activity in a pool of equine sera with low PON1 activity (21.3 U/mL) spiked with increasing amounts of a pool of equine sera with high PON1 activity (62.0 U/mL). Each data point indicates the mean of a triplicate measurement. The solid line indicates the linear correlation between expected and observed values, dotted lines indicate the 95% Confidence Interval (CI).

80x160mm (300 x 300 DPI)

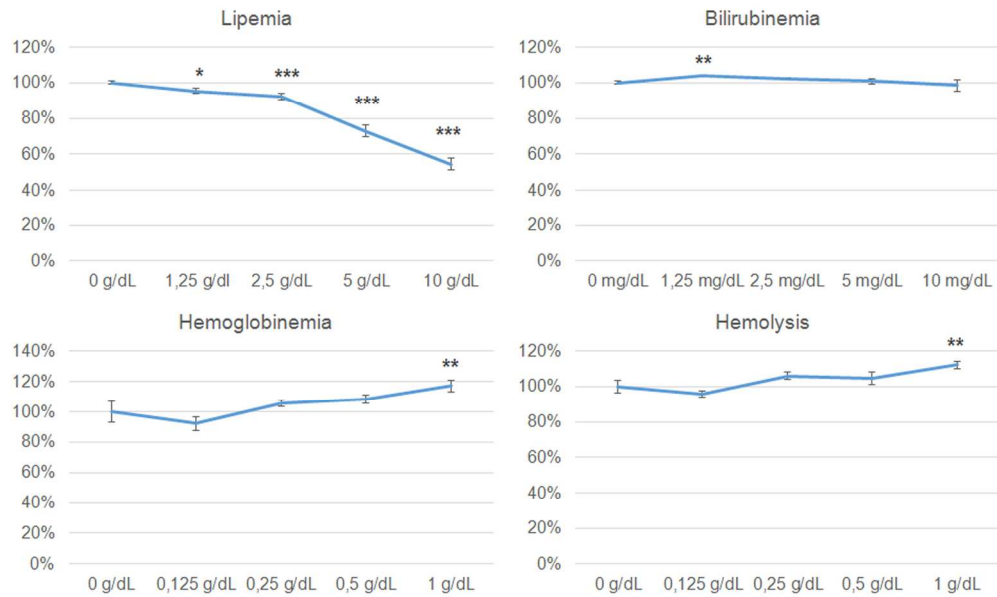


Figure 2. Effects of increasing concentrations of interfering substances on PON-1 activity determined in pooled equine sera (PON-1 activity of pooled serum: 59,9 U/mL). \* =  $P < 0.05$  vs. baseline value (0 g/dL); \*\* =  $P < 0.01$  vs baseline value (0 mg/dL for bilirubinemia, 0 g/dL for hemoglobinemia and hemolysis); \*\*\* =  $P < 0.001$  vs baseline value (0 g/dL).

160x94mm (300 x 300 DPI)

Review

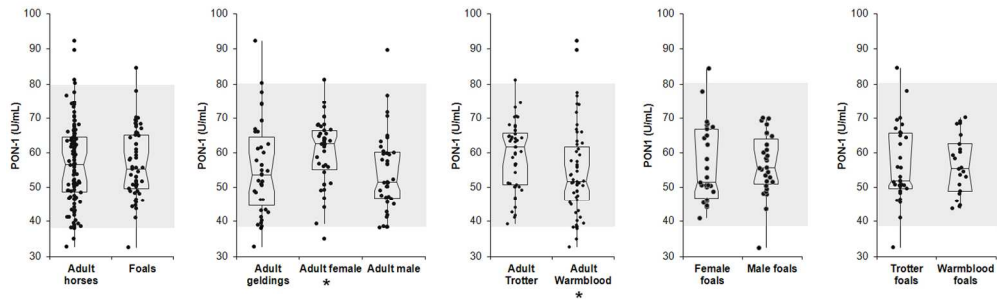
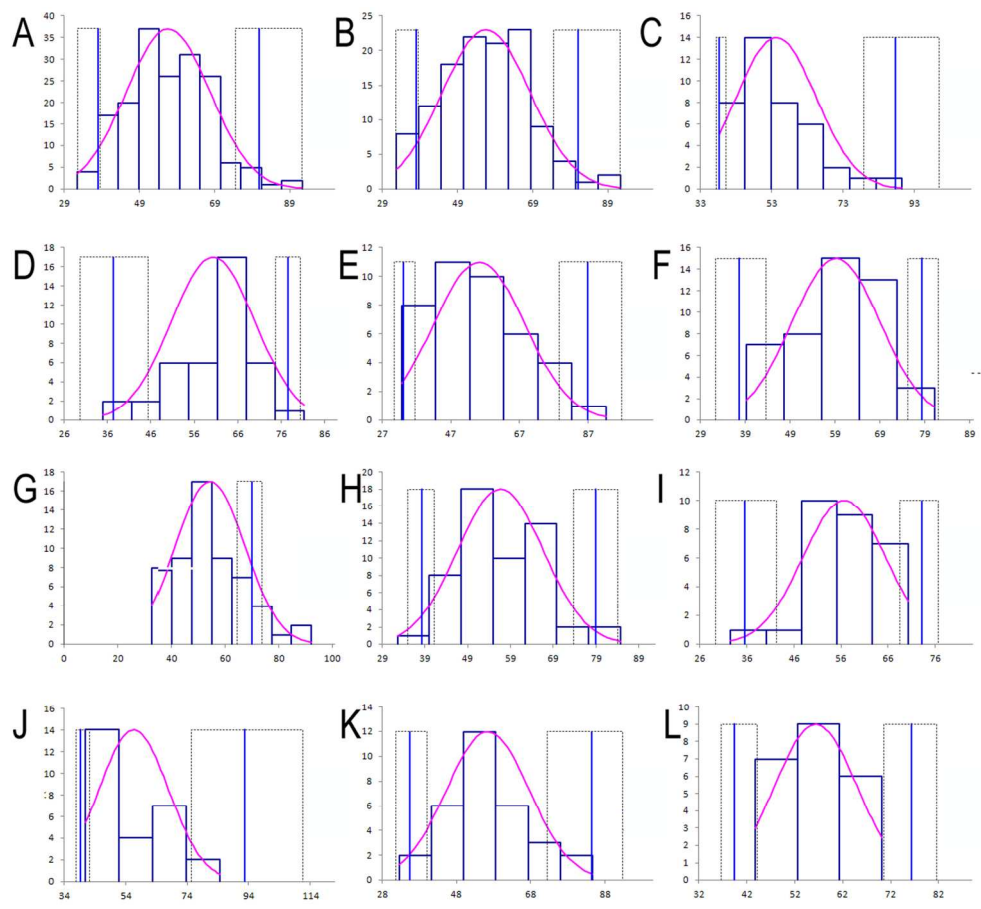


Figure 3. Comparison of results obtained in adult horses vs foals, stallions vs mares vs geldings, Trotters vs Warmblood adult horses, male vs female foals, and Trotter vs Warmblood foals. The boxes indicate the I–II interquartile range (IQR), the horizontal line indicates the median values, whiskers extend to further observation within quartile I minus  $1.5 \times$  IQR or to further observation within quartile III plus  $1.5 \times$  IQR. '+' indicates near outliers (i.e., values exceeding quartiles I or III minus or plus  $1.5 \times$  IQR). The grey shaded area indicates the RI calculated for the whole population of horses. The asterisk indicates a significant difference (mares vs stallions and geldings; adult Trotters vs Warmbloods).

160x47mm (300 x 300 DPI)

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