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REVIEW



What is changed in HBV molecular epidemiology in Italy?

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Massimo Ciccozzi, Unit of Clinical Laboratory Science, University of Campus Bio-Medico of Rome, Rome, Italy. Email: m.ciccozzi@unicampus.it Hepatitis B virus (HBV) infection represents the most common cause of chronic liver diseases worldwide. Consequently, to the introduction of the universal HBV vaccination program, the prevalence of hepatitis B surface antigen was markedly reduced and less than 1% of the population of Western Europe and North America is chronically infected. To date, despite great advances in therapeutics, HBV chronic infection is considered an incurable disease. Ten hepatitis B virus genotypes (A-J) and several subgenotypes have been identified so far, based on intergroup divergences of 8% and 4%, respectively, in the complete viral genome. HBV-D genotype has been found throughout the world, with highest prevalence in the Mediterranean area. In the present review, several articles concerning HBV epidemiology, and phylogeny in Italy have been analyzed, mainly focusing on the changes occurred in the last decade.

KEYWORDS

epidemiology, evolution, hepatitis B virus

1 | INTRODUCTION

Hepatitis B virus (HBV) infection is a global public health problem causing chronic hepatitis, liver cirrhosis and hepatocellular carcinoma (HCC).¹⁻³

To date, 10 HBV genotypes have been identified, from A to J, based on a genetic diversity of at least 8% in the viral genome.^{4,5} These genotypes have a distinct geographic distribution worldwide (http:// www.who.int/csr/disease/hepatitis/HepatitisB whocdscsrlyo2002 2. pdf). HBV-genotype A predominates in Northern Europe and North America, genotypes B and C in central Asia, genotype D in Mediterra-nean countries, genotype E in sub-Saharan Africa and in Madagascar, genotype F in South and Central America, genotypes G and H in Mexico and some other countries in Central America^{6,7} and genotypes I and J in Eastern Asia.⁸ In particular, genotypes B and C prevails in highly endemic

53 Alessia Lai and Caterina Sagnelli contributed equally to the study.

countries where perinatal HBV transmission plays an important role, whereas genotype A is frequent in areas with primarily horizontal transmission (ie, sexual contact).^{4,9} All genotypes are present in countries of immigration with frequencies depending on the ethnicity.^{10,11}

1.1 | brief summary on the usefulness of serum makers during HBV infection

Presence of hepatitis B surface antigen (HBsAg) in serum indicates an ongoing HBV infection, acute, or chronic. The serum titre of anti-HBc IgM (antibody to Hepatitis B core antigen-HBcAg) may help to diagnose between acute and chronic HBV replication, high titres indicating a recent active viral replication, and low titres a chronic lower HBV production.

The titre of serum HBV DNA measures the entity of viral replication (HBV serum load) which is currently considered useful for

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therapeutic choices. The presence of hepatitis B e antigen (HBeAg) in 1 2 serum and the detection of HBsAg serum titre have been used as 3 surrogate markers of ongoing HBV replication in several studies, since 4 the HBeAg is detectable only in patients with an active HBV replication 5 and the HBsAg titre correlate with the HBV load. In patients with HBV 6 acute hepatitis, the persistence of HBeAg in serum for more than 7 10 weeks is associated with a high likelihood of transition to chronicity, 8 as does the persistence of HBV DNA and HBsAg for more than 9 6 months. Antibodies to HBeAg (anti-HBe) or IgG to HBcAg (anti-HBc 10 IgG) are present in subjects with present or past HBV infection, 11 whereas antibody to HBsAg (anti-HBs) indicates past HBV infection 12 and protection to HBV reinfection. Anti-HBs and anti-HBc are 13 frequently used in epidemiological surveys.

1.2 | HBV transmission and worldwide epidemiology

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17 In 2015, the World Health Organization (WHO) estimated that about 257 18 million people were living with chronic HBV infection and about 887 000 19 died of associated liver diseases (http://apps.who.int/iris/bitstream/ 20 10665/255016/1/9789241565455-eng.pdf?ua=1). HBV spread affects 21 mostly African and Western Pacific Regions whit a high endemicity level. 22 Worthy of mention, nearly 7.4% of the 36.7 million people living with HIV 23 are also coinfected with HBV (http://apps.who.int/iris/bitstream/10665/ 24 255016/1/9789241565455-eng.pdf?ua=1).

HBV circulates in peripheral blood of infected subjects and any parenteral or mucosal exposure to potentially infected blood or blood contaminated material should be considered a risk factor for HBV transmission to non-immune/non-infected subjects.^{12,13} The virus is present at infectious concentrations in semen and cervical secretions. and is frequently transmitted by sexual and vertical routes.

The impact of the routes of transmission varies significantly from one country to another.^{14,15} In countries with a high endemicity level. HBV infection is prevalently acquired at birth from a HBeAg-positive mother, becoming chronic in around 90% of cases, or by horizontal transmission in early childhood through household contact (most frequently between siblings), with a progression to chronicity from 10% to 40% of cases. Promiscuous unprotected sexual activity and intravenous drug use (IVDU) are the major risk factors for acquiring HBV infection in the adulthood in areas with a low endemicity, with a progression to chronicity from 2% to 5%. Worthy of note, the screening of blood donors for markers of HBV infection has dramatically reduced the risk of HBV transmission through the transfusions of blood and blood products. This risk is currently estimated as 1-4 cases per million blood components transfused in low-endemicity areas¹⁶ and around 1 case per 20 000 blood transfusions in high-endemicity regions.¹⁷

The prevalence of HBsAg chronic carriers in the general population ranges from 0.1% to 7% in European countries), prevalence estimates that could be considered representative for the entire country for Belgium, Czech Republic, Denmark, Finland, Germany, Greece, Ireland, Italy, Netherlands, Romania, Slovakia, and Turkey (Figure 1 and Table 1). The HBsAg prevalence is lower than 1% in France, Hungary, Italy, the



FIGURE 1 HBV prevalence in the general population according to WHO estimates

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United Kingdom

1 2	TABLE 1 (HBsAg)	Number of estimates for the prevalence of	ⁱ hepatitis B
3	Country ^a		Number
4	Belgium		2
5	Bulgaria		1
6	Cyprus		2
7	Czech Rep	ublic	1
8 0	Denmark		4
10	Finland		1
11	France		1
12	Germany		6
13	Greece		9
14	Ireland		2
15	Italy		20
16	Lithuania		1
17	Netherland	ls	4
10 19	Poland		1
20	Romania		1
21	Slovakia		2
22	Spain		3
23	Sweden		1
24	Switzerland	d	1
25	Turkey		10

^aHBV: No recent data for Austria, Croatia, Estonia, the former Yugoslav
 Republic of Macedonia, Hungary, Iceland, Latvia, Liechtenstein, Luxembourg, Malta, Norway, Portugal, Slovenia.

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Netherlands, Portugal, Spain, and the UK, between 1% and 5% in Turkey, 32 Romania, and Serbia, and over 5% in Albania and Iran. Policies addressed 33 for HBV diagnosis and treatment vary significantly across European 34 countries. Ozaras et al¹⁸ analyzed the differences existing among 35 different medical facilities across Europe. Most of high-income and 36 middle-income countries have no restrictions regarding HBV diagnos-37 tics, prophylaxis, drug availability and reimbursement, whereas Albania, 38 Iran and Serbia have some restrictions. 39

Vaccination is the most effective measure to reduce the global 40 incidence of hepatitis B. In 1991, the WHO recommended the 41 introduction of the policy of universal hepatitis B vaccination to 42 prevent and control HBV infection in all countries. Before universal 43 44 vaccination, most of HBV chronic infection were acquired within the 45 5th year of age (Beasley Rp Fau-Trepo, #2) and the worldwide prevalence of HBsAg chronic carriers in this age group was estimated 46 47 around 4.7%. Consequently, in several countries from the 1980s to the 48 early 2000s, the universal HBV vaccination for all newborn babies was 49 introduced and the prevalence of HBV infection in this age group was 50 estimated around 1.3% in 2015, when the global coverage of HBV vaccination reached the 84% with some regional differences. In the 51 52 African, Eastern Mediterranean and Eastern European regions, the coverage persists below the global rate. 53

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The epidemiology of HBV infection is changing worldwide, due to the impact of universal infant vaccination programs^{19,20} and to the migratory flows from countries with intermediate or high endemicity to those with a low endemicity.^{21,22}

2 | HBV EPIDEMIOLOGY IN ITALY

2.1 | Studies on acute HBV infection

After a substantial improvement in HBV endemicity over the last few decades, Italy is currently a country at a low endemicity. According to the Acute Hepatitis National Surveillance System (SEIEVA), the incidence of acute hepatitis B (AHB) decreased from 12 per 100 000 in 1985 to 1.0 per 100 000 in 2011, and to 0.6 per 100 000 in 2016 as a consequence of the universal HBV vaccination introduced in 1991 for all newborns and for the12-year-old adolescents since 2004.

2.2 | Studies on chronic HBV infection

At the end of the 70s', the prevalence of HBsAg chronic carriers in the 20 general population was estimated over $3\%^{23,24}$ with an increasing 21 gradient from northern to southern Italy where this rate was close to 22 5%,^{25,26} and the proportion of HBeAg-positive cases among HBsAg 23 chronic carriers reached 40%.¹² HBV genotype D was responsible for 24 nearly 90% of cases with chronic HBV infection, independently from 25 the disease progression²⁷; however, only few studies investigated on 26 the viral strains circulating in recent years.²⁸ An impressive reduction in 27 the rate of HBsAg-positive children and teenagers was documented at 28 the end of the 80', due to an improvement in socio-economic 29 conditions, a decrease in the family size, and the abolition of re-usable 30 glass syringes. To date, the rate of HBsAg positive subjects in the open 31 population is estimated between 0.8% and 1%. Studies on the 32 percentage of HBsAg-positive cases among patients with chronic liver 33 disease of different etiologies confirmed this progressive decrease: 34 from the 61% in 1975¹⁷ to 44% in 1980, 34% in 1989,²⁹ and 12.2% in 35 2001.³⁰⁻³² The clinical impact of universal HBV vaccination on this 36 setting of patients has been recently assessed³³: the rate of HBsAg 37 inactive carriers decreased from 20.0% in 2001 to 3.3% in 2014, while 38 that of cirrhotic patients increased from 22.6% to 33%. 39

Romanò et al³⁴ evaluated the sero-prevalence of markers of HBV infection in of 31 190 blood donors recruited in Italy between April 2004-March 2005 from 21 blood banks selected to achieve a representative distribution of the 300 000 national blood donors population. Authors found 102 (0.33%) subjects positive for HBsAg and 2.593 (8.3%) for anti-HBc-positive.

In a multicenter study³⁵ on inmates of several Italian prisons published in 2013 the participation to the screening reached the 65.3% and 4.4% of the 2265 subjects tested were HBsAg-positive.³⁵

2.3 | Studies on HBV vaccination

Recent studies focused on the impact of universal hepatitis B52vaccination on HBV epidemiology. Campagna et al5353

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the high efficacy of the universal vaccination in Italy, as almost all the
 806 individuals investigated showed anti-HBs protective titers over
 10 years after HBV vaccination.

The comparison of two epidemiological survey performed in a town of southern Italy in 1996 and 2012 showed an overtime reduction of HBsAg rate from 0.8% to 0.6%³⁷ and of anti-HBc from 21.5% to 15.2%; no subject aged less than 30 years showed serum markers of HBV infection.

9 Of 1704 students attending the school of medicine of the Second 10 University of Naples from September 2012 to December 2013, 588 11 had been vaccinated in infancy and 1116 when 12 years old. All 12 vaccinated subjects were HBsAg/anti-HBc negative, 15.8% with an 13 anti-HBs titer between 1 and 9 IU/L, 57.9% between 10 and 400 IU/L 14 and 26.3% over 400 IU/L. A multivariate logistic regression identified 15 the age at vaccination as the only factor independently associated with an anti-HBs titer <10 IU/L.³⁸ 16

17 Less effective were the HBV vaccination campaigns for categories 18 of workers at risk of acquiring HBV infection. Worthy of note is a study 19 on healthcare workers (HCWs) where only 34.8% of HCWs completed 20 the vaccination schedule with a 64.7% protective anti-HBs response 21 three months after vaccination.³⁹ In this study, an inadequate 22 vaccination schedule resulted the strongest predictor of antibody 23 loss during a long-term follow up.

2.4 | Studies on HBV infection in migrant population

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El Hamad et al⁴⁰ performed a longitudinal prospective study on 27 28 prevalence and risk factors for HBV infection in 3.728 mainly 29 undocumented migrants from Non-European countries observed in 30 Northern Italy from January 2006 to April 2010: 47% were male, the mean 31 age was 31.3 years, 12.4% were from North Africa, 44% from Eastern 32 Europe, 21.4% from Sub-Saharan Africa, 16.8% from Asia (of whom 37% 33 were from China), and 5.4% from Central or South America. The rate of 34 HBsAg positivity was 6%, independently associated with the prevalence 35 of HBsAg carriers in the geographical area of origin. The distribution of 36 HBV genotypes reflected that of the geographic area of provenance.

37 Coppola et al³ performed a longitudinal prospective study on 38 undocumented migrants and refugees living in southern Italy from 39 January 2012 to June 2013. Of the 882 individuals enrolled, 9% were 40 HBsAg positive and 47% of the HBsAg negative patients were anti-41 HBc positive. The rate of HBsAg-positivity was high (14%) in the 444 42 individuals from sub-Saharan Africa and intermediate in those from 43 Eastern Europe (6% of 198), northern Africa (2% of 80) and Indo-Pakistan subcontinent (3% of 126). 44

Zermiani et al⁴¹ found a prevalence of 3.5% for HBsAg and 40.6%
for anti-HBc in migrant female sex workers in Verona, Northern Italy
during the 1999-2007 period, without significant difference between
women from Africa and those from Eastern Europe.

An observational study performed by Laganà et al⁴² between
January 2003 and December 2013 detected HBV infection in 9
(2.8%) of 320 migrant women attending as outpatients at a clinical
center in Messina (Sicily), of whom only 10 (3.1%) had been
immunized against HBV.

A cross-sectional study⁴³ performed from February to July 2008, investigated 3.760 HBV chronic carriers, of whom 932 migrants born outside Italy. Areas of origin were Far East (37.1%), Eastern Europe (25.4%). Sub-Cabavar Africa (17.5%), Nach Africa (17.5%), and other

(35.4%), Sub-Saharan Africa (17.5%), North Africa (5.5%), and other sites in 4.5 %. Genotype D, was detected in 87 % of subjects born in Italy and in 40 % of migrants. The latter compared with the Italian subjects more frequently were inactive HBV carriers and less frequently had chronic hepatitis, cirrhosis and HCC.

2.5 | Studies on HBV molecular epidemiology

Because of the uninterrupted flux of migrants to Italy over the last two decades, about 10% of the resident population are immigrants predominantly from sub-Saharan Africa and EasternEurope. This has influenced the molecular epidemiology of acute hepatitis B in Italy, where HBV genotype D had been responsible of 95% of cases of AHB for decades.

In 2012, Ferraro et al⁴⁴ reported a high rate of HBV genotype non-D isolated from new cases of AHB in Sicilian patients infected mainly through unsafe sex, 44% with HBV-genotype A and 3% with genotype E (3%).

In 2015, Zuccaro et al⁴⁵ reported that half of 103 consecutive patients with AHB showed HBV genotype non-D, mainly A and F, reflecting the introduction of "new" genotypes from other countries. The unsafe sexual exposure was the most frequently risk factor, significantly associated with non-D genotypes.

Sagnelli et al⁴⁶ investigated for genetic diversity 53 HBsAg chronic carriers with HBV-genotype E living in Southern Italy from a median period of 33 months, 47 (88.7%) from different countries in sub-Saharan Africa, four (7.5%) from Eastern Europe (Albania, Romania, Russia, Ukraine), one (1.9%) from Central America (Dominican Republic), and one (1.9%) from Sri Lanka, indicating that HBVgenotype E has been spread from central/western sub Saharan Africa to several other countries.

Sticchi et al⁴⁷ evaluated the prevalence of HBV-S-gene escape mutants in Italy. Of 256 consecutive HBsAg positive serum samples collected from 2007 to 2011 in northern Italy, eight harbored HBsAg mutations, with a prevalence of 3.1%. The mutation G145R was found alone in five (62.5%) and accompanied by other mutations in the remaining three (37.5%).

2.6 | HBV infection in onco-hematologic diseases

Some Italian papers evaluated the clinical relevance of HBV infection in patients with onco-hematologic diseases.

Taborelli et al²⁴ described the potential association between chronic HBV infection and non-Hodgkin lymphoma in a case-control study performed in Italy from 1999 to 2014; 571 incident cases of histological confirmed NHLs and 1004 of cancer-free matched controls had been enrolled. The prevalence of HBsAg seropositivity was 3.7% in NHL cases and 1.7% in controls, leading to an OR of 1.95 (95%CI:1.00-3.81).

Castelli et al²⁶ evaluated 85 newly diagnosed non-Hodgkin 52 lymphomas (NHL) patients with resolved HBV infection receiving 53

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Rituximab-containing chemotherapies, all under lamivudine prophylaxis. The determination of HBV DNA viral load at baseline and then every 4 weeks for 1 year after completion of the Rituximab containing regimens detected HBV reactivation in nine patients (10.5%).

2.7 | HBV structure, mutations, and pathogenetic mechanisms

9 The virus consists of a nucleocapsid carrying HBcAg, a DNA 10 polymerase/reverse-transcriptase (Pol/ RT), the viral genome and some cellular proteins³² and an outer envelope showing HBsAg and 11 12 the pre-S1 and pre-S2 antigens, which play a prominent diagnostic 13 role. The genome consists of 3200 base pairs in a partially double-14 stranded circular DNA containing four overlapping open reading 15 frames encoding surface proteins, the core protein, the polymerase 16 and a multifunctional non-structural protein called X. The pre-S region 17 of the S gene consists of the pre-S1 and pre-S2 domains and partially 18 overlaps the gene region encoding the polymerase. The enhancer and 19 basic core promoter regions overlap with the X gene. The pre-S1, pre-20 S2, and S genes code for three antigens, pre-S1, pre-S, and HBsAg. The 21 protein encoded by the pre-core/core gene yields the HBeAg through 22 a post-translational modification. The core gene codes for HBcAg, the 23 major structural protein of the nucleocapsid, and the X gene for a potent trans-activator of viral and cellular genes (HBxAg).^{48,49} 24

25 The polymerase gene encodes for the viral reverse transcriptase 26 DNA polymerase, viral replication proceeding through a reverse 27 transcription of an intermediate pre-genomic RNA and the subsequent synthesis of viral DNA.^{50,51} The transcriptional template of HBV is the 28 29 cccDNA, which resides inside the hepatocyte nucleus as a minichromosome.⁵² The maintenance of cccDNA is essential for the 30 31 persistence of the virus. HBV replication implicates reverse transcrip-32 tion of the pre-genomic RNA intermediate into HBV DNA. Reverse 33 transcriptase is error prone and the mutation rate is high (appendix). The receptor for HBV entry into hepatocytes is sodium taurocholate 34 polypeptide.⁵³ The most common HBV mutations include a single 35 nucleotide change at position 1896 in the pre-core region, which 36 37 creates a stop codon, and a double nucleotide change at positions 38 1762 and 1764 in the basal core promoter region, which decreases the transcription of the pre-core mRNA.⁵⁴ These mutations abolish or 39 40 downregulate the production of HBeAg without affecting the 41 replication capacity of the virus and cause HBeAg negative chronic 42 HBV infection. The pre-core and basal core promoter mutations can 43 occur alone or together.

44 Humans are known to be the only natural host of HBV, which reaches the liver through the systemic circulation and replicate only in 45 hepatocytes.⁵⁵ HBV is not cytopathic and both liver damage and viral 46 47 control are immune-mediated. The clinical outcome of infection is 48 dependent on the complex interplay between HBV replication and 49 host immune response. HBV is a weak inducer of the innate immune 50 response.⁵⁶ Resolution of acute infection is mainly mediated through 51 the adaptive immune response. People with serological recovery from 52 acute HBV infection have strong T-cell responses to several epitopes 53 in different regions of the HBV genome. By contrast, patients

chronically infected with HBV have weak T-cell responses to a few epitopes.^{57,58} Recovery of immune function has been reported in patients who underwent spontaneous HBeAg seroconversion and in those with virologic responses to antiviral therapy.^{59,60} However, the immune responses to HBV may also have negative effects. Overly aggressive immune response is considered the cause of fulminant HBV hepatitis and of the exacerbations of chronic disease. Although some flares are accompanied by falls in HBV DNA concentrations and by a successful subsequent HBeAg to anti-HBe seroconversion,⁶¹ other flares represent ineffective attempts of immune clearance and are accompanied by transient falls in HBV DNA concentrations.⁶² Recurrent flares increase the risk of cirrhosis and hepatocellular carcinoma. Extrahepatic manifestations, mainly glomerulonephritis, and vasculitis including polyarteritis nodose, can develop because of an imbalance of humoral responses generating circulating immune complexes.

2.8 | HBV variants in acute hepatitis B (AHB)

AHB clinical presentation varies according to the grade of reactivity of 20 cell-mediated immunity. low or absent in new-born babies and infants. 21 moderate in children aged under 12 years, normal or high in children 22 aged over 12 years and in adults.¹² After an incubation of 45-180 days 23 and some constitutional symptoms, jaundice and dark urine are signals 24 of the symptomatic phase usually lasting a couple of weeks or longer in 25 adults. Jaundice develops in less than 10% of children under 5 years 26 and in more than 50% of older children and adults. The universal HBV 27 vaccination currently covers the Italian subject under 35 and, occurring 28 only in subjects over 35, AHB is frequently severe and seldom show a 29 fulminant course.^{63–67} Occasionally, extrahepatic features may 30 complicate the clinical presentation, reflecting immune complex-31 related damage such as acute necrotizing vasculitis, membranous 32 glomerulonephritis and papular acrodermatitis in children.^{68,69} An 33 over-reaction of the immune system may lead to a fulminant form 34 nearly 1% of the cases,^{70,71} with a high fatality rate, requiring liver 35 transplantation in most cases. Female sex and being a young adult are 36 considered predictors of more severe clinical presentation, like same 37 lifestyles (alcohol intake, drug abuse) and concomitant viral infections 38 (HDV, HCV, or HIV).^{66,72,73} The frequent occurrence of severe AHB in 39 HBsAg negative patients with HCV chronic infection strongly suggest 40 HBV vaccination in this subset of patients. 41

Virologic factors have also been associated with a peculiar clinical 42 presentation and disease outcome.38,74-76 Genotype HBV-Ae seems 43 more frequent in the normal form³⁸ and the Bj sub-genotype and 44 genotype B in patients with fulminant hepatitis.^{77,78} HBV-sub-genotype 45 C2, basal core promoter and pre-core variants have been found associated 46 with the progression to fulminant hepatitis.⁷⁹ In the USA, HBV-genotype 47 D has been found twice as frequent in patient with a fulminant form than 48 in those with a mild course.⁷⁹ The pre-core stop-codon mutation 49 (G1896A) and core-promoter double mutation (A1762T/G1764A) were 50 found to be significantly more frequent in patients with a fulminant than in 51 those with a mild clinical course,³⁸ in full accordance with previous 52 investigations showing fulminant HBV infection associated with a 53

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G1896A pre-core stop codon mutation^{80,81} or with two mutations in the 1 core promoter region, A1762 T, and G1764 A.^{82,83} In a case-control study 2 3 on 50 patients with fulminant and 50 with a self-limiting AHB a 4 multivariate analysis showed the G1896A mutation, serum HBV DNA 5 level higher than 5.23 log copies/mL and total bilirubin serum value higher 6 than 10.35 mg/mL were all independently associated with a fulminant 7 outcome.⁸⁴ The M204V/I variant was also associated with the severe forms of AHB in an Italian study.⁸⁵ 8

Coppola et al⁸⁶ explored changes in molecular epidemiology of 9 10 acute viral hepatitis B by sequencing 123 consecutive patients with 11 acute hepatitis Naples and found an overtime increase of the 12 prevalence of HBV non-D genotypes from 11.1% in 1999-2003 to 13 41.1% in 2004-2008 (P < 0.005). Unsafe sexual intercourse resulted 14 the prevalent risk factor in these patients (72.3%), whereas the 15 prevalence of patients with HBV-D genotype reporting intravenous 16 drug use significantly decreased from 1999 to 2003 (88.3%) to 2004-17 2008 (11.7%).

18 Coppola et al⁸⁷ investigated 138 patients enrolled from 1999 to 19 2012. The multivariate logistic regression analysis identified that a pre-20 existing HCV chronic infection was the only factor independently 21 associated with a severe or fulminant clinical course of AHB (OR 4.89, 22 95%CI 1.5-15.94, P = 0.01), most probably due to the combination of 23 the liver lesions caused by both HBV and HCV.

Concluding on this point, the study of the impact of HBV genetic variants on the clinical presentation and outcome of AHB is at its beginning, but the published data, although preliminary and fragmentary, strongly suggest that that this topic deserves further investigation.

³⁰ ³¹ ³¹ ³² (CHB)

33 CHB presents a variable clinical presentation, from a healthy HBV 34 carriage to the more severe forms of the disease and a variable clinical 35 course ranging from a benign, indolent course over decades to a rapid evolution to cirrhosis and HCC.^{9,88,89} Several factors are linked to the 36 37 severity of CHB: viral factors (HBV genotype, viral strain, viral load, and 38 length of infection), host factors (age at the time of infection, degree of 39 immune response), co-morbidities (diabetes, immunosuppression), 40 coinfections with other viruses (hepatitis delta virus, human immuno-41 deficiency virus, hepatitis C virus), or environmental factors (IVDU, alcohol abuse).90,91 42

43 The clinical course of CHB may be divided into five phases, not44 sequential:

46 (a) The "immune tolerant" phase is characterized by HBeAg positivity, 47 high levels of HBV replication, mild or no liver necroinflammation 48 with normal or low aminotransferase levels, no or slow progression 49 of liver fibrosis. This phase, more frequent and prolonged in 50 subjects infected perinatally, is associated with preserved HBV 51 specific T cell function at least until the young adulthood.⁹² The 52 rate of spontaneous HBeAg loss is very low in this phase and 53 patients are highly contagious.

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- (b) The "immune reactive phase" characterized by HBeAg positivity, but with a lower level of HBV replication, moderate or severe liver necroinflammation and increased or fluctuating aminotransferase levels and by a more rapid progression of liver fibrosis. In this phase several patients can achieve the control of HBV replication and enter in a HBeAg-negative phase, while those who fail to control HBV replication progresses to the a HBeAg-negative CHB.
- (c) The phase "HBeAg-negative CHB" characterized by fluctuating HBV DNA and aminotransferase levels and detectable anti-HBe. This phase is linked to an e-minus HBV variant with nucleotide substitutions in the pre-core and/or the basal core promoter regions that become unable to express HBeAg or expresses it at low levels.⁹³ The liver histology shows histological features of chronic active hepatitis.
- (d) The "inactive HBV carrier state" characterized by an undetectable or low (<2000 IU/mL) serum HBV DNA levels with low or normal serum aminotransferases and in most cases detectable seroconversion to anti-HBe. A few cases may have HBV DNA levels >2000 IU/mL, but usually <20 000 IU/mL, with minimal hepatic necro-inflammation, persistently normal ALT, low fibrosis and low tendency to progress to cirrhosis or HCC, which however might have developed in a previous phase. HBsAg loss and/or seroconversion to anti-HBs may occur spontaneously in 1-2% of cases per year in patients who usually show low HBsAg serum levels (<1000 IU/mL).⁹⁴
- (e) Occult HBV infection (OBI) may be considered the fifth phase of CHB, characterized by a low HBV replication (low HBV DNA level in the liver and in some cases in the blood) and usually by normal serum aminotransferases^{74,95,96} in HBsAg-negative/anti-HBc-positive subjects with or without detectable anti-HBs. The gold standard to diagnose OBI is the detection of HBV DNA in the hepatocytes by highly sensitive and specific techniques like real-time polymerase chain reaction (PCR) or nested PCR with the use of oligonucleotide primers specific for different HBV genomic regions.

In the everyday clinical practice, the detection of anti-HBc in serum of HBsAg-negative subjects, is considered a sign of previous acute hepatitis B and used as a surrogate serum marker of OBI.^{97,98}

2.10 | HBV phylogeny in Italy

Pollicita et al⁹⁹ described a local epidemiological cluster, characterized by neighbour-joining and maximum-likelihood methods, of AHB, sexually transmitted in a short time period (November 2011-May 2014), involving eight individuals infected with subgenotype F1b in central Italy. This subtype, not commonly found in western countries, was carried by 6/8 Italian subjects.

Ferraro et al44 examined 34 patients with AHB using a Neighbor-49joining approach, found that 44% were genotype A, 53% genotype D,50and 3% genotype E. This molecular analysis of isolates from AHB51patients from South Italy showed a change in the local epidemiology of52this infection, with an increase in HBV-genotype A infections and a53

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1 clustering effect for HBV-D2, possibly correlated to immigration. The 2 introduction of new genotypes, could have an effect on HBV-3 correlated diseases due to the different association between geno-4 type, liver disease and response to antiviral therapy. The main risk 5 factor of these isolates was unsafe sex and these belong to a socialdemographic setting (commercial sex workers) which is not reached by 6 7 screening for HBV. Due to the ubiquitous presence of HBV-genotype A. Zehender et al¹⁰⁰ analyzed the origin and path of dispersion of HBV-8 9 A sub-genotypes on a reliable calendar timescale using a calibration 10 based approach. They studied 111 Italian patients, eighteen were A1, 11 one was A3, and 90 were A2, including 35 (28.9%) collected from 12 Italian patients co-infected with HIV-1. Most Italian patients carrying 13 sub-genotype A1 formed a highly significant clade that, according to 14 the authors, suggests a founder effect characterized by a single 15 introduction followed by autochthonous circulation. This could be 16 explained by the fact that Italy was not involved in historical migrations 17 from Africa, differently from other countries like Belgium, France, or 18 Great Britain. Regarding the sub-genotype A2, the authors identified a 19 series of small subclades, most of which with tMRCAs dating back the 20 1970s and the 1990s, confirmed by the demographic analysis obtained 21 with the Bayesian Skyline Plot (BSP) that showed an exponential 22 growth in the effective number of infections during the same years. In line with previous data of this group,¹⁰¹ these data suggest the recent 23 24 spread of HBV-A2 among subject sat high risk of infection, such as 25 MSM. Moreover, the high frequency of HIV-positive patients in the 26 Italian clades associated with young Romanian women without known 27 risk, also suggests the potential role of sexual transmission in Italy and 28 Romania.

29 Villano et al¹⁰² performed a study on 43 CHB patients with the purpose to describe the molecular epidemiology of HBV in a 30 chronically infected population of migrants living in Italy, using 31 32 phylogenetic analysis. Sequences were classified as 25 (58.1%) of 33 genotype D, 7 (16.3%) of genotype A, 4 (9.3%) of genotype B, 3 (7%) of 34 genotype C, 1 (2.3%) of genotype E. Three (7%) sequences resulted 35 unclassified. Among genotype A isolates, 4 (57.1%) were classified as 36 sub-genotype A2 and 3 (42.9%) as sub-genotype A3. Among the 37 genotype D sequences, 18 (72%) as sub-genotype D1, 6 (24%) were 38 classified as sub-genotype D2 and 1 isolate (4%) as sub-genotype D3.

Maximum Likelihood analysis indicated that most of the Italian sequences clustered together in a main clade separately from all others. By comparing the phylogenetic results with epidemiological data, indicating the date of arrival in Italy of migrants, the authors demonstrated that infection of migrants occurred in their country of origin.

Ciccozzi et al¹⁰³ focusing on HBV-D1 in Turkey, identified a significant linkage between Italy and Turkey. Based on their phylogenetic results authors dated the spread of the HBV-D1 subgenotype around the early mid-1940s, corresponding to the European Second World War period. Thereafter, HBV-D1 infection spread on the entire Mediterranean area in the early 1970s. Probably most of infections were transmitted horizontally mainly using unsterilized needles and syringes, and house hold contacts as indicated for the countries where HBV-D is prevalent.

The genotype D supports 70-80% or more of HBV infection occurring in Italy.¹⁰⁴ By reconstructing the epidemic history of HBVgenotype D in Albania. Zehender et al¹⁰⁰ identified only one Italian clade with a tMRCA in 1980. They estimated a high value of basic reproductive number of infection (R_{0}) for the Italian HBV-D3 epidemic, probably consequently to the parenteral route of transmission in Italy.

In a study on 312 sequences of HBV-D isolated in various countries of the world and including 63 Italian isolates were analyzed. HBV-D1 strains grouped only in small clusters, each including no more than 5 isolates, with Turkey as most probable location. The phylodynamic analysis of HBV-D3 in Italy dated even before the epidemic of intravenous drug addiction in the early 1970s, raising questions about other possible routes of geographic dispersion of these strains that in this work resulted the earlier sub-genotype diverging in 1940s.¹⁰⁵

The most recent investigation on HBV origin, evolution and phylodinamic have been represented as a timeline in Figure 2.

Phylogenetic and phylodinamic analysis suggested two distinct epidemic waves of HBV in Italy. The first dated at the time of World War II, when the HBV epidemic grew rapidly mainly due to subgenotype D3; the second in the 1960s and 1970s, involving high risk subjects, characterized by the import of new viral strains as well as the spread of pre-existing variants.



FIGURE 2 Timeline representation of the most recent investigation on HBV origin, evolution and phylodinamic

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CONFLICTS OF INTEREST

All the authors declare that they have no conflicts of interest about this paper.

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