

Contents lists available at ScienceDirect

# Journal of Arrhythmia





### Guideline

# 2017 HRS/EHRA/ECAS/APHRS/SOLAECE expert consensus statement on catheter and surgical ablation of atrial fibrillation: Executive summary

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Abbreviations: AAD, antiarrhythmic drug; AF, atrial fibrillation; AFL, atrial flutter; CB, cryoballoon; CFAE, complex fractionated atrial electrogram; LA, left atrial; LAA, left atrial appendage; LGE, late gadolinium-enhanced; LOE, level of evidence; MRI, magnetic resonance imaging; OAC, oral anticoagulation; RF, radiofrequency

Developed in partnership with and endorsed by the European Heart Rhythm Association (EHRA), the European Cardiac Arrhythmia Society (ECAS), the Asia Pacific Heart Rhythm Society (APHRS), and the Latin American Society of Cardiac Stimulation and Electrophysiology (Sociedad Latinoamericana de Estimulación Cardiaca y Electrofisiología [SOLAECE]).

Developed in collaboration with and endorsed by the Society of Thoracic Surgeons (STS), the American College of Cardiology (ACC), the American Heart Association (AHA), the Canadian Heart Rhythm Society (CHRS), the Japanese Heart Rhythm Society (JHRS), and the Brazilian Society of Cardiac Arrhythmias (Sociedade Brasileira de Arritmias Cardíacas [SOBRAC]).

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http://dx.doi.org/10.1016/j.joa.2017.08.001

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### ARTICLE INFO

Available online 15 September 2017

Keywords:
Ablation
Arrhythmia
Atrial fibrillation
Atrial flutter
Atrial tachycardia
Catheter ablation
Surgical ablation
Stroke
Anticoagulation

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### Section 1: Introduction

During the past three decades, catheter and surgical ablation of atrial fibrillation (AF) have evolved from investigational procedures to their current role as effective treatment options for patients with AF. Surgical ablation of AF, using either standard, minimally invasive, or hybrid techniques, is available in most major hospitals throughout the world. Catheter ablation of AF is even more widely available, and is now the most commonly performed catheter ablation procedure.

In 2007, an initial Consensus Statement on Catheter and Surgical AF Ablation was developed as a joint effort of the Heart Rhythm Society (HRS), the European Heart Rhythm Association (EHRA), and the European Cardiac Arrhythmia Society (ECAS). The 2007 document was also developed in collaboration with the Society of Thoracic Surgeons (STS) and the American College of Cardiology (ACC). This Consensus Statement on Catheter and Surgical AF Ablation was rewritten in 2012 to reflect the many advances in AF ablation that had occurred in the interim. The rate

of advancement in the tools, techniques, and outcomes of AF abiation continue to increase as enormous research efforts are focused on the mechanisms, outcomes, and treatment of AF. For this reason, the HRS initiated an effort to rewrite and update this Consensus Statement. Reflecting both the worldwide importance of AF, as well as the worldwide performance of AF ablation, this document is the result of a joint partnership between the HRS, EHRA, ECAS, the Asia Pacific Heart Rhythm Society (APHRS), and the Latin American Society of Cardiac Stimulation and Electrophysiology (Sociedad Latinoamericana de Estimulación Cardíaca y Electrofisiología [SOLAECE]). The purpose of this 2017 Consensus Statement is to provide a state-of-the-art review of the field of catheter and surgical ablation of AF and to report the findings of a writing group, convened by these five international societies. The writing group is charged with defining the indications, techniques, and outcomes of AF ablation procedures. Included within this document are recommendations pertinent to the design of clinical trials in the field of AF ablation and the reporting of outcomes, including definitions relevant to this topic.

The writing group is composed of 60 experts representing 11 organizations: HRS, EHRA, ECAS, APHRS, SOLAECE, STS, ACC, American Heart Association (AHA), Canadian Heart Rhythm Society (CHRS), Japanese Heart Rhythm Society (JHRS), and Brazilian Society of Cardiac Arrhythmias (Sociedade Brasileira de Arritmias Cardíacas [SOBRAC]). All the members of the writing group, as well as peer reviewers of the document, have provided disclosure statements for all relationships that might be perceived

Table 1 Atrial fibrillation definitions

An AF episode is defined as AF that is documented by ECG monitoring or intracardiac electrogram monitoring and has a duration of at least 30 seconds, or if less than 30 seconds, is present throughout the ECG monitoring tracing. The presence of subsequent episodes of AF AF episode requires that sinus rhythm be documented by ECG monitoring between AF episodes. Chronic AF has variable definitions and should not be used to describe populations of AF patients undergoing AF ablation. Chronic AF Early persistent AF is defined as AF that is sustained beyond 7 days but is less than 3 months in duration Lone AF is a historical descriptor that is potentially confusing and should not be used to describe populations of patients with AF Early persistent AF Lone AF undergoing AF ablation. Long-standing persistent AF is defined as continuous AF of greater than 12 months' duration. Long-standing persistent AF Paroxysmal AF is defined as AF that terminates spontaneously or with intervention within 7 days of onset. Permanent AF is defined as the presence of AF that is accepted by the patient and physician, and for which no further attempts to restore Paroxysmal AF or maintain sinus rhythm will be undertaken. The term permanent AF represents a therapeutic attitude on the part of the patient and Permanent AF physician rather than an inherent pathophysiological attribute of AF. The term permanent AF should not be used within the context of a rhythm control strategy with antiarrhythmic drug therapy or AF ablation. Persistent AF is defined as continuous AF that is sustained beyond 7 days. Silent AF is defined as asymptomatic AF diagnosed with an opportune ECG or rhythm strip. Persistent AF Silent AF

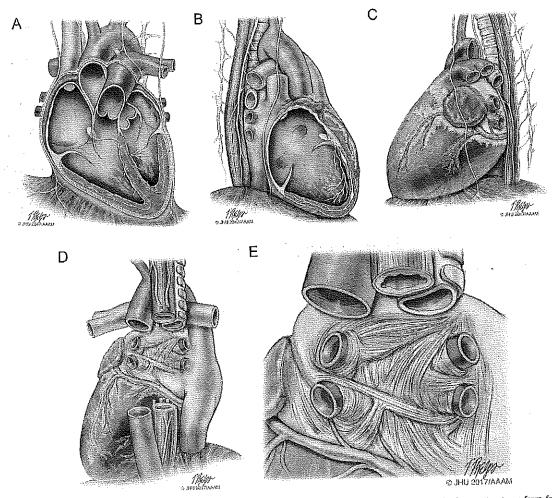


Figure 1. Anatomical drawings of the heart relevant to AF ablation. This series of drawings shows the heart and associated relevant structures from four different perspectives relevant to AF ablation. This drawing includes the phrenic nerves and the esophagus. At The heart viewed from the anterior perspective. B: The heart viewed from the right lateral perspective. C: The heart viewed from the left lateral perspective. D: The heart viewed from the posterior perspective. E: The left atrium viewed from the posterior perspective. Illustration: Tim Phelps © 2017 Johns Hopkins University, AAM.

as real or potential conflicts of interest. All author and peer reviewer disclosure information is provided in Table A1 and Table B1.

In writing a consensus document, it is recognized that consensus does not mean that there was complete agreement among all the writing group members. Surveys of the entire writing group were used to identify areas of consensus concerning performance of AF ablation procedures and to develop recommendations concerning the indications for catheter and surgical AF ablation. These recommendations were systematically balloted by the 60 writing group members and were approved by a minimum of 80% of these members. The recommendations were also subject to a 1-month public comment period. Each partnering and collaborating organization then officially reviewed, commented on, edited, and endorsed the final document and recommendations.

The grading system for indication of class of evidence level was adapted based on that used by the ACC and the AHA.<sup>3,4</sup> It is important to state, however, that this document is not a guideline. The indications for catheter and surgical ablation of AF, as well as

recommendations for procedure performance, are presented with a Class and Level of Evidence (LOE) to be consistent with what the reader is familiar with seeing in guideline statements. A Class I recommendation means that the benefits of the AF ablation procedure markedly exceed the risks, and that AF ablation should be performed; a Class IIa recommendation means that the benefits of an AF ablation procedure exceed the risks, and that it is reasonable to perform AF ablation; a Class IIb recommendation means that the benefit of AF ablation is greater or equal to the risks, and that AF ablation may be considered; and a Class III recommendation means that AF ablation is of no proven benefit and is not recommended.

The writing group reviewed and ranked evidence supporting current recommendations with the weight of evidence ranked as Level A if the data were derived from high-quality evidence from more than one randomized clinical trial, meta-analyses of high-quality randomized clinical trials, or one or more randomized clinical trials corroborated by high-quality registry studies. The writing group ranked available evidence as Level B-R when there

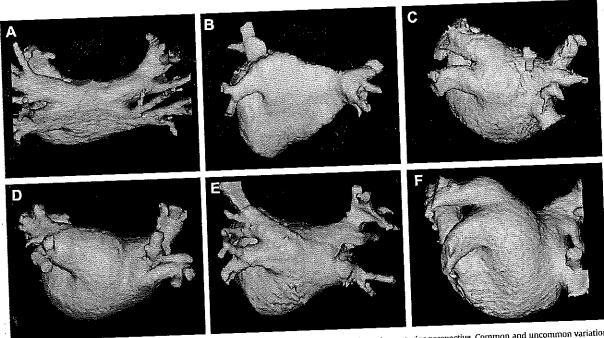


Figure 2. This figure includes six CT or MR images of the left atrium and pulmonary veins viewed from the posterior perspective. Common and uncommon variations in PV anatomy are shown. A: Standard PV anatomy with 4 distinct PV ostia, B: Variant PV anatomy with a right common and a left common PV. C: Variant PV anatomy with a left common PV with a short trunk and an anomolous PV arising from the right posterior left atrial wall. D and E: Variant PV anatomy with a common left PV with a long trunk. P: Variant PV anatomy with a massive left common PV.

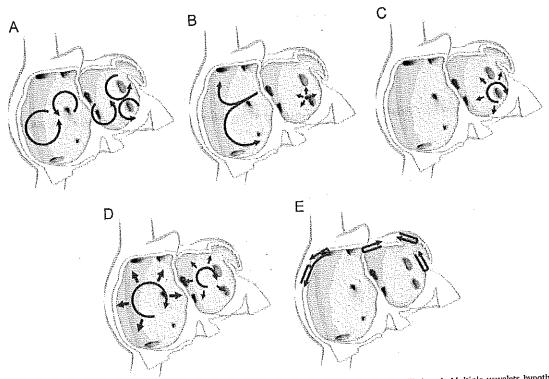


Figure 3. Schematic drawing showing various hypotheses and proposals concerning the mechanisms of atrial fibrillation. A: Multiple wavelets hypothesis. B: Rapidly discharging automatic foci. C: Single reentrant circuit with fibrillatory conduction. D: Functional reentry resulting from rotors or spiral waves. E: AF maintenance resulting from dissociation between epicardial and endocardial layers, with mutual interaction producing multiplying activity that maintains the arrhythmia.

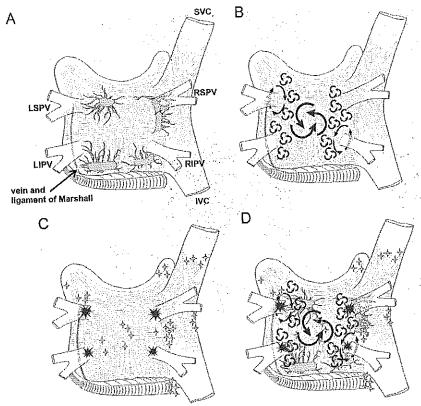


Figure 4. Structure and mechanisms of atrial fibrillation. A: Schematic drawing of the left and right atria as viewed from the posterior perspective, The extension of muscular fibers onto the PVs can be appreciated. Shown in yellow are the five major left atrial autonomic ganglionic plexi (GP) and axons (superior left GP, inferior right GP, inferior right GP, and ligament of Marshall). Shown in blue is the coronary sinus, which is enveloped by muscular fibers that have connections to the atria. Also shown in blue is the vein and ligament of Marshall, which travels from the coronary sinus to the region between the left superior PV and the left atrial appendage. B: The same and small reentrant wavelets that play a role in initiating and sustaining AF. C: The common locations of PV (red) and also the common sites of origin of non-PV triggers (shown in green). D: Composite of the anatomic and arrhythmic mechanisms of AF.

Adapted with permission from Calkins et al. Heart Rhythm 2012; 9:632–696.e21.<sup>2</sup>

was moderate-quality evidence from one or more randomized clinical trials, or meta-analyses of moderate-quality randomized clinical trials. Level B-NR was used to denote moderate-quality evidence from one or more well-designed, well-executed non-randomized studies, observational studies, or registry studies. This designation was also used to denote moderate-quality evidence from meta-analyses of such studies. Evidence was ranked as Level C-LD when the primary source of the recommendation was randomized or nonrandomized observational or registry studies with limitations of design or execution, meta-analyses of such studies, or physiological or mechanistic studies of human subjects. Level C-EO was defined as expert opinion based on the clinical experience of the writing group.

Despite a large number of authors, the participation of several societies and professional organizations, and the attempts of the group to reflect the current knowledge in the field adequately, this document is not intended as a guideline. Rather, the group would like to refer to the current guidelines on AF management for the purpose of guiding overall AF management strategies. This consensus document is specifically focused on catheter and surgical ablation of AF, and summarizes the opinion of the writing group members based on an extensive literature review as well as their own experience. It is directed to all health care professionals who are involved in the care of patients with AF, particularly those who are caring for patients who are undergoing, or are being considered for, catheter or surgical ablation procedures for AF, and those involved in research in the field of AF ablation. This statement is not intended to recommend or promote catheter or

surgical ablation of AF. Rather, the ultimate judgment regarding care of a particular patient must be made by the health care provider and the patient in light of all the circumstances presented by that patient.

The main objective of this document is to improve patient care by providing a foundation of knowledge for those involved with catheter ablation of AF. A second major objective is to provide recommendations for designing clinical trials and reporting outcomes of clinical trials of AF ablation. It is recognized that this field continues to evolve rapidly. As this document was being prepared, further clinical trials of catheter and surgical ablation of AF were under way.

# Section 2: Definitions, Mechanisms, and Rationale for AF Ablation

This section of the document provides definitions for use in the diagnosis of AF. This section also provides an in-depth review of the mechanisms of AF and rationale for catheter and surgical AF ablation (Table 1, Figures 1-6).

# Section 3: Modifiable Risk Factors for AF and Impact on Ablation

Management of patients with AF has traditionally consisted of three main components: (1) anticoagulation for stroke prevention;

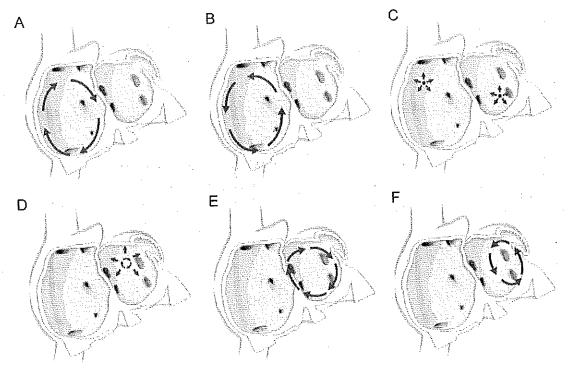


Figure 5. Schematic drawing showing mechanisms of atrial flutter and atrial tachycardia. A: Isthmus-dependent reverse common (clockwise) atrial flutter. B: Isthmus-dependent common (counter clockwise) atrial flutter. C: Focal atrial tachycardia with circumferential spread of activation of the atria (can arise from multiple sites within the left and right atrium). D: Microreentrant atrial tachycardia with circumferential spread of activation of the atria. E: Perimitral atrial flutter. F: Roof-dependent atrial flutter.

(2) rate control; and (3) rhythm control. With the emergence of large amounts of data, which have both defined and called attention to the interaction between modifiable risk factors and the development of AF and outcomes of AF management, we believe it is time to include risk factor modification as the fourth pillar of AF management. This section of the document reviews the link between modifiable risk factors and both the development of AF and their impacts on the outcomes of AF ablation.

## Section 4: Indications

Shown in Table 2, and summarized in Figures 7 and 8 of this document, are the Consensus Indications for Catheter and Surgical Ablation of AF. As outlined in the introduction section of this document, these indications are stratified as Class I, Class IIa, Class Ilb, and Class III indications. The evidence supporting these indications is provided, as well as a selection of the key references supporting these levels of evidence. In making these recommendations, the writing group considered the body of published literature that has defined the safety and efficacy of catheter and surgical ablation of AF. Also considered in these recommendations is the personal lifetime experience in the field of each of the writing group members. Both the number of clinical trials and the quality of these trials were considered. In considering the class of indications recommended by this writing group, it is important to keep several points in mind. First, these classes of indications only define the indications for catheter and surgical ablation of AF when performed by an electrophysiologist or a surgeon who has received appropriate training and/or who has a certain level of experience and is performing the procedure in an experienced center (Section 11). Catheter and surgical ablation of AF are highly complex procedures, and a careful assessment of the benefit and risk must be considered for each patient. Second, these indications stratify patients based only on the type of AF and whether the procedure is being performed prior to or following a trial of one or more Class I or III antiarrhythmic medications. This document for the first time includes indications for catheter ablation of select asymptomatic patients. As detailed in Section 9, there are many other additional clinical and imaging-based variables that can be used to further define the efficacy and risk of ablation in a given patient. Some of the variables that can be used to define patients in whom a lower success rate or a higher complication rate can be expected include the presence of concomitant heart disease, obesity, sleep apnea, left atrial (LA) size, patient age and frailty, as well as the duration of time the patient has been in continuous AF. Each of these variables needs to be considered when discussing the risks and benefits of AF ablation with a particular patient. In the presence of substantial risk or anticipated difficulty of ablation, it could be more appropriate to use additional antiarrhythmic drug (AAD) options, even if the patient on face value might present with a Class I or IIa indication for ablation. Third, it is important to consider patient preference and values. Some patients are reluctant to consider a major procedure or surgery and have a strong preference for a pharmacological approach. In these patients, trials of antiarrhythmic agents including amiodarone might be preferred to catheter ablation. On the other hand, some patients prefer a nonpharmacological approach. Fourth, it is important to recognize that some patients early in the course of their AF journey might have only infrequent episodes for many years and/or could have AF that is responsive to well-tolerated AAD therapy. And finally, it is important to bear in mind that a decision to perform catheter or surgical AF ablation should only be made after a patient carefully considers the risks, benefits, and alternatives to the procedure.

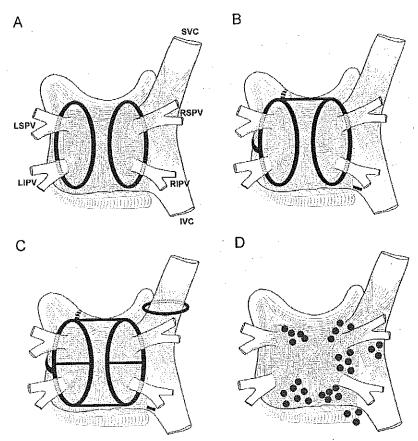


Figure 6. Schematic of common lesion sets employed in AF ablation. A: The circumferential ablation lesions that are created in a circumferential fashion around the right and the left PVs. The primary endpoint of this ablation strategy is the electrical isolation of the PV musculature. B: Some of the most common sites of linear ablation lesions. These include a "roof line" connecting the lesions encircling the left and/or right PVs, a "mitral isthmus" line connecting the mitral valve and the lesion encircling the left PVs at the end of the left inferior PV, and an anterior linear lesion connecting either the "roof line" or the left or right circumferential lesion to the mitral annulus anteriorly. A linear lesion created at the cavotricuspid isthmus is also shown. This lesion is generally placed in patients who have experienced cavotricuspid isthmus-dependent atrial flutter clinically or have it induced during EP testing. C: Similar to 6B, but also shows additional linear ablation lesions between the superior and inferior PVs resulting in a figure of eight lesion sets as well as a posterior inferior line allowing for electrical isolation of the posterior left atrial wall. An encircling lesion of the superior vena cava (SVC) directed at electrical isolation of the SVC is also shown. SVC isolation is performed if focal firing from the SVC can be demonstrated. A subset of operators empirically isolates the SVC. D: Representative sites for ablation when targeting rotational activity or CFAEs are targeted.

Modified with permission from Calkins et al. Heart Rhythm 2012; 9:632–696,e21.

### Section 5: Strategies, Techniques, and Endpoints

The writing group recommendations for techniques to be used for ablation of persistent and long-standing persistent AF (Table 3), adjunctive ablation strategies, nonablative strategies to improve outcomes of AF ablation, and endpoints for ablation of paroxysmal, persistent, and long-standing persistent AF are covered in this section. A schematic overview of common lesion sets created during an AF ablation procedure is shown in Figure 6.

### Section 6: Technology and Tools

This section of the consensus statement provides an update on many of the technologies and tools that are employed for AF ablation procedures. It is important to recognize that this is not a comprehensive listing and that new technologies, tools, and approaches are being developed. It is also important to recognize that radiofrequency (RF) energy is the dominant energy source available for ablation of typical and atypical atrial flutter (AFL).

Although cryoablation is a commonly employed tool for AF ablation, it is not well suited for ablation of typical or atypical AFL. Other energy sources and tools are available in some parts of the world and/or are in various stages of development and/or clinical investigation. Shown in Figure 9 are schematic drawings of AF ablation using point-by-point RF energy (Figure 9A) and AF ablation using the cryoballoon (CB) system (Figure 9B).

# Section 7: Technical Aspects of Ablation to Maximize Safety and Anticoagulation

Anticoagulation strategies pre-, during, and postcatheter ablation of AF (Table 4); signs and symptoms of complications that can occur within the first several months following ablation (Table 5); anesthesia or sedation during ablation; and approaches to minimize risk of an atrial esophageal fistula are discussed in this section.

theter (A and B) and surgical (C, D, and E) ablation of atrial fibrillation

	Recommendation	Class	LOE	References
Indications for catheter ablation of atrial fibrillation			•	
A. Indications for catheter ablation of atrial fibriliation Symptomatic AF refractory or intolerant to at least one	Paroxysmal: Catheter ablation is recommended.	I	A	7-19
Class I or III antiarrhythmic medication	- 1	lla	B-NR	8,16-26
	Persistent: Catheter ablation is reasonable. Long-standing persistent: Catheter ablation may be considered.	Πb	C-LD	8,16-26
	Long-standing persistent: Catheter abiation may be considered;	Ila	B-R	27-35
Symptomatic AF prior to initiation of antiarrhythmic therapy with a Class I or III antiarrhythmic medication	Paroxysmal: Catheter ablation is reasonable.			
therapy with a class 1 of in annarmythmic memcanon	Persistent: Catheter ablation is reasonable.	IIa	C-EO	
•	Long-standing persistent: Catheter ablation may be considered.	ПÞ	C-EO	
n to directions for eatherer atrial fibrillation ablation in	populations of patients not well represented in clinical trials			ner Ett
B, indications for catheter atrial infiniation apparent in	It is reasonable to use similar indications for AF abiation in selected patients with	lla	B-R	36-52
Congestive heart failure	beart failure as in natients without heart failure.			53-59
Older patients ( > 75 years of age)	It is reasonable to use similar indications for AF ablation in selected older	IIa	B-NR	23-39
Older patients ( > 73 years or age)	patients with AF as in veringer nation(s.			60-32
the control is condiguous that	It is reasonable to use similar indications for AF ablation in selected patients with	IIa	B-NR	00-52
Hypertrophic cardiomyopathy	UCM as in patients without HCM.			63,64
Young patients ( < 45 years of age)	It is reasonable to use similar indications for AF ablation in young patients with	lla	B-NR	03,04
roung patients ( < 45 years of age)	AF ( < 45 years of age) as in older patients.		_ :	33-35
Tachy-brady syndrome	It is reasonable to offer AF abiation as an alternative to pacemaker implantation	IIa	B-NR	.2.2-23
facily-bladdy syndrome	in nationts with tachy-brady syndrome.			27,28,65
Athletes with AF	It is reasonable to offer high-level athletes AF as first-line therapy due to the	lia	C-LD	21,55,00
Villetez Mitti Vi.	perative effects of medications on athletic performance.			66,67
Asymptomatic AF**	Parovismal: Catheter ablation may be considered in select patients."	lib	C-EO	68
Asymptomatic M	Persistent: Catheter ablation may be considered in select patients.	НÞ	C-EO	<b>(</b> -C
Indications for surgical ablation of atrial fibrillation				
C. Indications for concomitant open (such as mitral val	ve) surgical ablation of atrial fibrillation	_	D 3/17	69-82
Symptomatic AF refractory or intolerant to at least one	Paroxysmal: Surgical ablation is recommended.		B-NR	
Class I or III antiarrhythmic medication	Persistent: Surgical ablation is recommended.		B-NR B-NR	
Class tot in diseasely will	Long-standing persistent: Surgical ablation is recommended.	1	B-NR	
Symptomatic AF prior to initiation of antiarrhythmic	Paroxysmal: Surgical ablation is recommended.	I	B-NR	
therapy with a Class I or III antiarrhythmic medication	Persistent: Surgical ablation is recommended.	į.	B-NR	
	Long-standing persistent: Surgical ablation is recommended.	ł	B-INK	
D. Indications for concomitant closed (such as CABG an	d AVR) surgical ablation of atrial fibrillation		B-NR	9389
Symptomatic AF refractory or intolerant to at least one	Paroxysmal; Surgical adiation is reconfinenced.	I •	B-NR	
Class I or III antiarrhythmic medication	Persistent: Surgical ablation is recommended.	1	B-NR	
C1000 1 01 10	Long-standing persistent: Surgical ablation is recommended.	I .	B-NR	
Symptomatic AF prior to initiation of antiarrhythmic	Paroxysmal: Surgical ablation is reasonable.	lla	B-NR	
therapy with a Class I or III antiarrhythmic medication	Persistent: Surgical ablation is reasonable.	Ila Ila	B-NR	•
	Long-standing persistent: Surgical ablation is reasonable.	11d	D-141	•
E. Indications for stand-alone and hybrid surgical ablat	tion of atrial fibrillation	Пb	B-NR	63-85,89-10
Symptomatic AF refractory or intolerant to at least one	paravitemal, Aland-aluna distallat sitiation fall of chilaidelen for bridene mus		D-141	•
Class I or III antiarrhythmic medication	have failed one or more attempts at catheter ablation and also for those who are			
	intolerant or refractory to antiarrhythmic drug therapy and prefer a surgical			
	approach, after review of the relative safety and efficacy of catheter abiation			
	versus a stand-alone surgical approach.	IJa	B-NE	93-35,99-1
	Persistent: Stand-alone surgical ablation is reasonable for patients who have		D-146	`
	failed one or more attempts at catheter ablation and also for those patients who			
	prefer a surgical approach after review of the relative safety and efficacy of			
•	catheter ablation versus a stand-alone surgical approach.	II a	B-NI	83-85,89-1
	Long-standing persistent: Stand-alone surgical ablation is reasonable for patients	ııd	5-141	•
	who have failed one or more attempts at catheter ablation and also for those			
	patients who prefer a surgical approach after review of the relative safety and			
•	efficacy of catheter ablation versus a stand-alone surgical approach.	. IIIs	C_EC	) - 103-108
	It might be reasonable to apply the indications for stand-alone surgical ablation	пņ	C-60	•
•	described above to patients being considered for hybrid surgical AF ablation.			

AF = atrial fibrillation; LOE = Level of Evidence; HCM = hypertrophic cardiomyopathy.

# Section 8: Follow-up Considerations

AF ablation is an invasive procedure that entails risks, most of which are present during the acute procedural period. However, complications can also occur in the weeks or months following ablation, Recognizing common symptoms after AF ablation and distinguishing those that require urgent evaluation and referral to an electrophysiologist is an important part of follow-up after AF ablation. The success of AF ablation is based in large part on freedom from AF recurrence based on ECG monitoring. Arrhythmia monitoring can be performed with the use of noncontinuous or continuous ECG monitoring tools (Table 6). This section also discusses the important topics of AAD and non-AAD use prior to and following AF ablation, the role of cardioversion, as well as the indications for and timing of repeat AF ablation procedures.

### Section 9: Outcomes and Efficacy

This section provides a comprehensive review of the outcomes of catheter ablation of AF. Table 7 summarizes the main findings of

<sup>\*\*</sup> A decision to perform AF ablation in an asymptomatic patient requires additional discussion with the patient because the potential benefits of the procedure for the patient without symptoms are uncertain.

### Indications for Catheter Ablation of Symptomatic Atrial Fibrillation

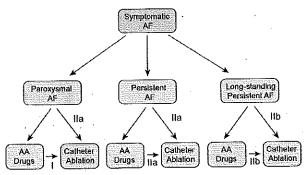


Figure 7. Indications for catheter ablation of symptomatic atrial fibrillation. Shown in this figure are the indications for catheter ablation of symptomatic paroxysmal, persistent, and long-standing persistent AF. The Class for each indication based on whether ablation is performed after failure of antiarrhythmic drug therapy or as first-line therapy is shown. Please refer to Table 2B and the text for the indications for catheter ablation of asymptomatic AF.

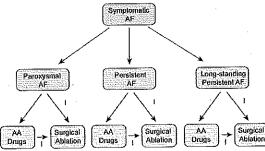
the most important clinical trials in this field. Outcomes of AF ablation in subsets of patients not well represented in these trials are reviewed. Outcomes for specific ablation systems and strategies (CB ablation, rotational activity ablation, and laser balloon ablation) are also reviewed.

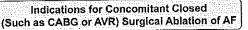
### **Section 10: Complications**

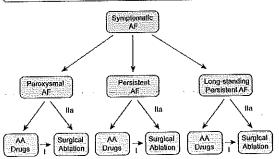
Catheter ablation of AF is one of the most complex interventional electrophysiological procedures. AF ablation by its nature involves catheter manipulation and ablation in the delicate thinwalled atria, which are in close proximity to other important organs and structures that can be impacted through collateral damage. It is therefore not surprising that AF ablation is associated with a significant risk of complications, some of which might result in life-long disability and/or death. This section reviews the complications associated with catheter ablation procedures performed to treat AF. The types and incidence of complications are presented, their mechanisms are explored, and the optimal

# (Such as Mitral Valve) Surgical Ablation of AF Symptomatic

Indications for Concomitant Open







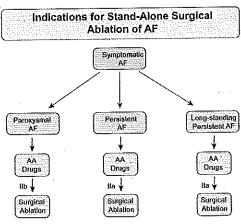


Figure 8. Indications for surgical ablation of atrial fibrillation. Shown in this figure are the indications for surgical ablation of paroxysmal, persistent, and long-standing persistent AF. The Class for each indication based on whether ablation is performed after failure of antiarrhythmic drug therapy or as first-line therapy is shown. The indications for surgical AF ablation are divided into whether the AF ablation procedure is performed concomitantly with an open surgical procedure (such as mitral valve replacement), a closed surgical procedure (such as coronary artery bypass graft surgery), or as a stand-alone surgical AF ablation procedure performed solely for treatment of atrial fibrillation.

 Table 3

 Atrial fibrillation ablation: strategies, techniques, and endpoints

Atnal abrillation abiation: strategies, techniques, and chaptering		301	References
	Recommendation		Section Section
PV isolation by catheter ablation	Ejectrical isolation of the PVs is recommended during all AF ablation procedures.  Achievement of electrical isolation requires, at a minimum, assessment and demonstration of entrance block into the PV. I Achievement of electrical isolation requires, at a minimum, assessment and demonstration of entrance block into the PV. I lia Monitoring for PV reconnection for 20 minutes following mittal PV isolate necessary with resultation if PV reconnection IIb	ላ 4 4 4 ጸ ጸ ጸ ፈ	7-16,13-26,109 7-16,19-26,109 9,110-120 (69,111-114,120-128
		유 유	129-133
	Use of a pace-capture (pacing along the ablation line) ablation strategy ittay be consistence.  Demonstration of exit block may be considered.	B-NR	134-139 140-143
Ablation strategies to be considered for use in conjunction	If a patient has a history of typical atrial flutter or typical atrial flutter is induced at the time of AF ablation, delivery of a	Ϋ́	
with PV isolation	υŝ	9.5	15,141–149
	If a reproducible focal trigger that initiates AF is identified outside the PV ostia at the time of an AF ablation procedure, lia	3	
	ablation of the focal trigger should be considered. When performing AF ablation with a force-sensing RF ablation catheter, a minimal targeted contact force of 5 to 10 grams is fla	QI-J	13,14,126,162–178
	reasonable.  Posterior wall isolation might be considered for initial or repeat ablation of persistent or long-standing persistent AF.	9 5	21,179–185 (50–161
	al or	3	
	repeat AF ablation procedures in patients with paroxysma, persistent, or iong-stationing persistent or in the contraction of th	01-2	186-193
	eft atrium as an initial or repeat ablation strategy for	B-NR	19,20,142,145=149,194=201
	persistent or long-standing persistent AF is not well established.	S H	19,20,142,145-149,194-201
	apping or MRI as	<u>В</u> -К	179,202–211
	an initial or repeat ablative. The usefulness of ablation of complex fractionated arrial electrograms as an initial or repeat ablation strategy for persistent. Ilb The usefulness of ablation of complex fractionated arrial electrograms as an initial or repeat ablation strategy for persistent. Ilb	B-R	19,20,185–197,212–220
	and long-standing persistent AF is not well established.  The usefulness of ablation of rotational activity as an initial or repeat ablation strategy for persistent and long-standing lib	B-NR	321-241
	persistent AF is not well established. The seeds the persistent, and long- IIb	B-NR	19,63,242-259
	standing persistent AF is not well established.	C C	250-389
Nonablation strategies to improve outcomes	are being evaluated to undergo an Ar ablation pro-	4-0	
	cedure, as part of a comprehensive nsk tactor management strategy. It is reasonable to consider a patient's BMI when discussing the risks, benefits, and outcomes of AF ablation with a patient fla	B-R	260-288
	being evaluated for an AF ablation procedure. 1t is reasonable to erreen for signs and symptoms of sleep apnea when evaluating a patient for an AF ablation procedure and IIa	B-R	270,276–278,289–307
	to recommend a sleep evaluation if sleep apnea is suspected.	B-R	270,276-278,289-307
	ablation procedure.  The usefulness of discontinuation of antiarrhythmic drug therapy prior to AF ablation in an effort to improve long-term IIb	G-D	208~312
	outcomes is unclear. The usefulness of initiation or continuation of antiarrhythmic drug therapy during the postablation healing phase in an IIb	C.D	306-312
	effort to improve long-term outcomes is unclear.	B-NR	313-335
Strategies to reduce the risks of Ar ablation	Leatent trenumended that RF power be reduced when creating lesions along the posterior wall near the esophagus.  It is recommended that RF power be reduced when creating lesions along the procedures to monitor esophageal temperature. It is reasonable to use an esophageal temperature probe during AF ablation procedures to monitor esophageal temperature. It is reasonable to use an esophageal temperature probe during AF ablation procedures to monitor esophageal temperature.		
	and help guide energy delivery.		

AF = atrial fibrillation; LOE = Levei of Evidence; PV = pulmonary vein; RF = radiofrequency; MRI = magnetic resonance imaging; BMI = body mass index.

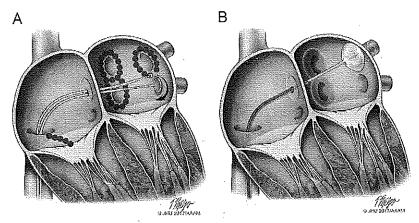


Figure 9. Schematic drawing showing catheter ablation of atrial fibrillation using either RF energy or cryoballoon AF ablation. A: Shows a typical wide area lesion set created using RF energy. Ablation lesions are delivered in a figure of eight pattern around the left and right PV veins. Also shown is a linear cavotricuspid isthmus lesion created for ablation of typical atrial flutter in a patient with a prior history of typical atrial flutter or inducible isthmus-dependent typical atrial flutter at the time of ablation. A multielectrode circular mapping catheter is positioned in the left inferior PV. B: Shows an ablation procedure using the cryoballoon system. Ablation lesions have been created surrounding the right PVs, and the cryoballoon ablation catheter is positioned in the left superior PV. A through the lumen multielectrode circular mapping catheter is positioned in the left superior PV.

Illustration: Tim Phelps © 2017 Johns Hopkins University, AAM.

Table 4 Anticoagulation strategies: pre-, during, and postcatheter ablation of AF

	Recommendation	Class	LOE	References
Preablation	For patients undergoing AF catheter ablation who have been therapeutically anticoagulated with warfarin or dabi-	I	Α	366-373
	gatran, performance of the ablation procedure without interruption of warfarin or dabigatran is recommended. For patients undergoing AF catheter ablation who have been therapeutically anticoagulated with rivaroxaban, per	1	B-R	374
-	formance of the ablation procedure without interruption of rivaroxaban is recommended. For patients undergoing AF catheter ablation who have been therapeutically anticoagulated with a NOAC other than dabigatran or rivaroxaban, performance of the ablation procedure without withholding a NOAC dose is reasonable.	lla	B-NR	375
	datigation or invitoxidata, performance of the ablation procedure without withholding a Note dose is reasonable. Anticoagulation guidelines that pertain to cardioversion of AF should be adhered to in patients who present for an AF catheter ablation procedure.	ı	B-NR	
	For patients anticoagulated with a NOAC prior to AF catheter ablation, it is reasonable to hold one to two doses of the NOAC prior to AF ablation with reinitiation postablation.			372,376–380
	Performance of a TEE in patients who are in AF on presentation for AF catheter ablation and who have been receiving anticoagulation therapeutically for 3 weeks or longer is reasonable.	Ila .	C-EO	
•	Performance of a TEE in patients who present for ablation in sinus rhythm and who have not been anticoagulated prior to catheter ablation is reasonable.	lla	C-EO	5,6
	Use of intracardiac echocardiography to screen for atrial thrombi in patients who cannot undergo TEE may be considered.	Пb	C-EO	381-380
During ablation	Heparin should be administered prior to or immediately following transseptal puncture during AF catheter ablation procedures and adjusted to achieve and maintain an ACT of at least 300 seconds.	I	B-NR	369,380-382,387-39
	Administration of protamine following AF catheter ablation to reverse heparin is reasonable.	lla	B-NR	394
Postablation	In patients who are not therapeutically anticoagulated prior to catheter ablation of AF and in whom warfarin will be	ı	C-EO	
rostabilation	used for anticoagulation postablation, low molecular weight heparin or intravenous heparin should be used as a bridge for initiation of systemic anticoagulation with warfarin following AF ablation.*	-		
	Systemic anticoagulation with warfarin" or a NOAC is recommended for at least 2 months postcatheter ablation of AF.	J	C-EO	
	Adherence to AF anticoagulation guidelines is recommended for patients who have undergone an AF ablation procedure, regardless of the apparent success or failure of the procedure.	I	C-EO	
	Decisions regarding continuation of systemic anticoagulation more than 2 months post ablation should be based on the patient's stroke risk profile and not on the perceived success or failure of the ablation procedure.	ļ	C-EO	
. •	In patients who have not been anticoagulated prior to catheter ablation of AF or in whom anticoagulation with a NOAC or warfarin has been interrupted prior to ablation, administration of a NOAC 3 to 5 hours after achievement of hemostasis is reasonable postablation.	lla	C-EO	372,376–380
	Patients in whom discontinuation of anticoagulation is being considered based on patient values and preferences should consider undergoing continuous or frequent ECG monitoring to screen for AF recurrence.	IIP	C-EO	

AF = atrial fibrillation; LOE = Level of Evidence; NOAC = novel oral anticoagulant; TEE = transesophageal electrocardiogram; ACT = activated clotting time.

<sup>\*</sup> Time in therapeutic range (TTR) should be  $\,>\,65\%$  – 70% on warfarin.

Table 5
Signs and symptoms following AF abiation

	Differential	Suggested evaluation
Signs and symptoms of complication	ations within a month postablation	
Back pain	Musculoskeletal, retroperitoneal hematoma	Physical exam, Cl' imaging
Chest pain	Pericarditis, pericardial effusion, coronary stenosis (ablation related), pul- monary vein stenosis, musculoskeletal (after cardioversion), worsening reflux	Physical exam, chest X-ray, ECG, echocardiogram, stress test, cardiac catheterization, chest CT
Cough	Infectious process, bronchial irritation (mechanical, cryoballoon), pulmonary vein stenosis	Physical exam, chest X-ray, chest CT
Dysphagia	Esophageal irritation (related to transesophageal echocardiography), atrioesophageal fistula	Physical exam, chest CT or MRI
Early satiety, nausea	Gastric denervation	Physical exam, gastric emptying study
Fever	Infectious process, pericarditis, atrioesophageal fistula	Physical exam, chest X-ray, chest CT, urinalysis, laboratory blood work
Fever, dysphagia, neurological symptoms	Atrial esophageal fistula	Physical exam, laboratory blood work, chest CT or MRI; avoid endoscopy with air insuffiation
Groin pain at site of access	Pseudoaneurysm, AV fistula, hematoma	Ultrasound of the groin, laboratory blood work; consider CT scan if ultrasound negative
Headache	Migraine (related to anesthesia or transseptal access, hemorrhagic stroke), effect of general anesthetic	Physical exam, brain imaging (MRI)
Hypotension	Pericardial effusion/tamponade, bleeding, sepsis, persistent vagal reaction	Echocardiography, laboratory blood work
Hemoptysis	PV stenosis or occlusion, pneumonia	Chest X-ray, chest CT or MR scan, VQ scan
Neurological symptoms	Cerebral embolic event, atrial esophageal fistula	Physical exam, brain imaging, chest CT or MRI
Shortness of breath	Volume overload, pneumonia, pulmonary vein stenosis, phrenic nerve injury	Physical exam, chest X-ray, chest CF, laboratory blood work
Signs and symptoms of complic	ations more than a month postablation	The second secon
Fever, dysphagia, neurological symptoms	Atrial esophageal fistula	Physical exam, laboratory blood work, chest CT or MRI; avoid endoscopy with air insufflation
Persistent cough, atypical chest pain	Infectious process, pulmonary vein stenosis	Physical exam, laboratory blood work, chest X-ray, chest CT or MRI
Neurological symptoms Hemoptysis	Cerebral embolic event, atrial esophageal fistula PV stenosis or occlusion, pneumonia	Physical exam, brain imaging, chest CT or MRI CT scan, VQ scan

AF = atrial fibrillation; ECG = electrocardiogram; CT = computed tomography; MRI = magnetic resonance imaging; VQ = ventilation-perfusion.

approach to prevention and treatment is discussed (Tables 8 and 9).

### Section 11: Training Requirements

This section of the document outlines the training requirements for those who wish to perform catheter ablation of AF.

# Section 12: Surgical and Hybrid AF Ablation

Please refer to Table 2 and Figure 8 presented earlier in this Executive Summary.

# Section 13: Clinical Trial Design

Although there have been many advances made in the field of catheter and surgical ablation of AF, there is still much to be learned about the mechanisms of initiation and maintenance of AF and how to apply this knowledge to the still-evolving techniques of AF ablation. Although single-center, observational reports have dominated the early days of this field, we are quickly moving into an era in which hypotheses are put through the rigor of testing in well-designed, randomized, multicenter clinical trials. It is as a result of these trials that conventional thinking about the best techniques, success rates, complication rates, and long-term outcomes beyond AF recurrence—such as thromboembolism and mortality—is being put to the test. The ablation literature has also

seen a proliferation of meta-analyses and other aggregate analyses, which reinforce the need for consistency in the approach to reporting the results of clinical trials. This section reviews the minimum requirements for reporting on AF ablation trials. It also acknowledges the potential limitations of using specific primary outcomes and emphasizes the need for broad and consistent reporting of secondary outcomes to assist the end-user in determining not only the scientific, but also the clinical relevance of the results (Tables 10–13).

### **Unanswered Questions in AF Ablation**

There is still much to be learned about the mechanisms of AF, techniques of AF ablation, and long-term outcomes. The following are unanswered questions for future investigation:

- 1. AF ablation and modification of stroke risk and need for ongoing oral anticoagulation (OAC): The CHA<sub>2</sub>DS<sub>2</sub>-VASc score was developed for patients with clinical AF. If a patient has received a successful ablation such that he/she no longer has clinical AF (subclinical, or no AF), then what is the need for ongoing OAC? Are there any patients in whom successful ablation could lead to discontinuation of OAC?
- 2. Substrate modification in catheter-based management of AF-particularly for persistent AF: What is the proper lesion set required beyond pulmonary vein isolation? Do lines and complex fractionated atrial electrogram (CFAE) have any remaining role? Are these approaches ill-advised or simply discouraged?

 Table 6

 Types of ambulatory cardiac monitoring devices

Type of recorder	Typical monitoring duration	Continuous recording Event recording Auto trigger Unique features	Event recording	Auto trigger	Unique features
Holter monitor	24–48 hours, approximately 7–30 days	Yes	Yes	N/A	Short term, provides quantitative data on arrhythmia burden
Patch monitor	1–3 weeks	Yes	Yes	N/A	Intermediate term, can provide continuous data for up to several weeks; improved patient com- pliance without lead wires
External loop recorder	1 month	Yes	Yes	Variable	Good correlation between symptoms and even brief arrhythmias
External nonloop recorder	Months	No No	Yes	No	May be used long term and intermittently; will not capture very brief episodes
Smartphone monitor	Indefinite	No.	Yes	No	Provides inexpensive long-term intermittent monitoring; dependent on patient compliance;
					requires a smartphone
Mobile cardiac telemetry	30 days	Yes	Yes	Yes	Real time central monitoring and alarms; relatively expensive
Implantable loop recorder	Up to 3 years	Yes	Yes	Yes	Improved patient compliance for long-term use; not able to detect 30-second episodes of AF due to
•	•				detection algorithm; presence of AF needs to be confirmed by EGM review because specificity of detection algorithm is imperfect; expensive
Pacemakers or ICDs with atrial	Indefinite	Yes	Yes	Yes	Excellent AF documentation of burden and trends; presence of AF needs to be confirmed by
leads					electrogram tracing review because specificity of detection algorithms is imperfect; expensive
Wearable multisensor ECG	Indefinite	Yes	Yes	Yes	ECG 3 leads, temp, heart rate, HRV, activity tracking, respiratory rate, galvanic skin response
monitors					

AF = atrial fibrillation; ICD = implantable cardioverter defibrillator; ECG = electrocardiogram; HRV = heart rate variability.

 Table 7

 Selected clinical trials of catheter ablation of atrial fibrillation and/or for FDA approval

 Trial
 Year Type
 N AF type
 Ablatic

2010 Randomized to RF 167 Paroxysmal PVI, 12 Freedom from 66% 16% < 0.001 4.9% 8.8% ablation or AAD, multicenter  3- 2013 Randomized to Cryo- 245 Paroxysmal PVI 12 Freedom from any 70% 7% < 0.001 3.1% NA AD. multicenter  AAD. multicenter AAD. months elected by AAD. or nonthing regimen and are nonthing regiment and are nother nonthing regiment and are nother nonthing regiment and are nother nonthing regiment and are noth	Trial	Year	Year Type	2	Af type	Ablation strategy	fnitial time frame	Effectiveness endpoint	Ablation success	Drug/ Control success	P value for success	Ablation complications	Drug/Control complications	Comments
Cified drug regimen	Clinical Trials Performed for FDA Approval JAMA 2010; 303: 333-340 (ThermoCoolAF) <sup>14</sup>	2010	Randomized to RF ablation or AAD, multicenter	167	Paroxysmal	PVI. optional CFAEs and lines	12 months	Freedom from symptomatic par- oxysmal arrial fibrillation, acute procedural failure, or changes in spe-	<b>%99</b>	16%	< 0.001	4. %2.	% % %	FDA approval received
Vertical for Arrow Vertical fo	JACC 2013; 61: 1713- 1723 (STOP AF) <sup>6</sup>	2013	Randomized to cryoballoon ablation or AAD, multicenter	245	Paroxysmal	PVI	12 months	cified drug regimen Freedom from any detectable AF, use of nonstudy AAD, or nonprotocol inter-		%	< 0.001	8. 96.	NA	FDA approval received
the state of the s	Heart Rhythm 2014; 11: 202-209 (TTOP) <sup>12</sup> JACC 2014; 64: 647-	2014	Randomized to phased RF ablation or AAD/ cardioversion, multicenter	210	Persistent Paroxysmai	+ CFAEs		Acute procedural Success, 2-90% reduction in AF burden, off AAD Freedom from	56% 72.5%	26% N/A	< 0.0001	12.3%	Y Z	Not FDA approved

FDA approval received	FDA approval received	FDA approval received												
	9.1.9 %	6.4%		11%		4.9%		23%	1.7%	10.2%	%.7% %	1.4%	4.20%	4.3% & 7.6%
	7.2%	5.3%		%6	17%	% %		<b>%</b>	5.73	12.8%	10.4%	1.3%	6.1%	<b>%</b>
	0.0073 for noninferiority	0.003 for noninferiority		< 0.01	SN	0.02		< 0.001	< 0.0001	S	< 0.001	0.05	0.002	N N
	69.4%	61.7%		37%	19% AF burden	28%		22%	23%	65.4% (стуо)	% %	28%	44%	49% & 46%
	67.8%	61.1%		84%	13% AF burden	45%		%98	%68	64.1% (RF)	59%	74%	70%	59% (PVI alone)
flutter, tachycardia, acute procedural failure, or changes in AAD	Acute procedural success + Freedom from Symptomatic AF/Flutter/Tachy- cardia off AAD	Freedom from Symptomatic AF/ Flutter/Tachycardia, acute procedural failure, AAD, or non-prototocol		Freedom from detectable AF	Cumulative AF burden	Freedom from detectable AF, flut- ter, tachycardia		Freedom from detectable AF, flut- ter, tachycardia	Freedom from AF	Freedom from detectable AF, flut- ter, tachycardia	Freedom from AF	No AF or flutter month 12	Freedom from AF/ flutter lasting	Freedom from affb with or without drugs
	12 months	months		12 months	24 months	24 months		12 months	12 months	12 months	12 months	12 months	12 months	18 months
CFAEs and lines	PVI, optional triggers, CAFEs and lines in both	PVI ± CTI ablation vs PVI, optional CFAEs, and Lines		PVI	PVI, roof line, optional mitral and tricuspid	PVI plus optional non-PVI targets		PVI, mitral line and tri- cuspid line	PVI (optional LA lines, CTI, focal)	PVI	PVI	PVI, roof, mitral line	PVI (optional LA lines (FAEs)	PVI alone versus PVI & CFAEs or PVI
	300 Paroxysaml	Paroxysmal		Paroxysmal (N=67), per-sistent (N= 3)		127 Paroxysmal AF	٠	Paroxysmal AF	Paroxysmal	Paroxysmal AF	Paroxysmal AF	Persistent	Persistent	) Persistent
	300	. 353		70	294	127		198	112	762	100	146	146	r 589
contact force-sensing RF catheter, compar- ing to performance	goas Randomized to con- tact force sensing RF catheter or approved RF catheter, multicenter	Randomized to laser- balloon or approved RF catheter, multicenter		Randomized to drug, multicenter	Randomized to drug, multicenter	Randomized to drug multicenter		Randornized to drug single center	Randomized to drug	Randomized RF vs Cryo, multicenter	Randomized to hot balloon or drug, multicenter		Randomized to drug (2:1 ablation to drug)	
	2015	2015		2005	2012	2014		2006	2008	2016	2016	2006	2014	2015
	Circulation 2015; 132: 907-915 (TOCCASTAR) <sup>12</sup>	JACC 2015; 66: 1350- 1360 (Heartlight) <sup>11</sup>	First-Line Therapy Trials	JAMA 2005; 293: 2634-2640 (RAAFT) <sup>20</sup>	NEJM 2012; 367:1587-1595 (MANTRA-PAE) <sup>30</sup>	JAMA 2014; 311: 692-700 (RAAFT-2) <sup>31</sup>	Other Paroxysmal AF	JACC 2006; 48: 2340-2347 (APAF) <sup>16</sup>	Circulation 2008; 118: 2498-2505 (A4) <sup>7</sup>	NEJM 2016; 374: 2235-2245 (FIRE AND ICE) <sup>10</sup>	JACC 2016; 68: 2747- 2757 <sup>15</sup> Other Persistent AF	Ablation Trials NEJM 2006; 354: 934-941 <sup>25</sup>	EHJ 2014; 35: 501- 507 (SARA) <sup>26</sup>	NEJM 2015; 372: 1812-1822 <sup>19</sup>

Table 7 (continued)

Trial	Year	Year Type	z	AF type	Ablation strategy	Initial time frame	Effectiveness endpoint	Ablation success	Drug/ Control success	P value for success	Ablation complications	Drug/Control complications	Comments
Other Mixed Parox- ysmal and Persistent AF Ablation Trials													
J Med Assoc Thai 2003; 86 (Suppl 1):	2003		30		PVI, mitral line, CTI,	12 months	Freedom from AF	7 <u>9%</u>	40%	0.018	6.70%	47%	
28-516" EHJ 2006; 27; 216- 221"	2006		137	rent (50%) Paroxysmal (67%), Persis-	Sv. (c) (v.) PVI, mitral line, CTI	12 months	Freedom from AF, flutter, tachycardia	%99	90 94	< 0.001	4.40%	2.90%	
JCVEP 2009, 20: 22- 28 <sup>18</sup>	2009	inducenter Randomized to RF ablation or drug, multicenter	70		PVI, CTI, optional mitral line and roof line	12 months	Freedom from AF and atypical atrial flutter		43%	0.001	2.90%	17%	
Randomized Trials of AF Ablation in Patients with Heart Esilvre										1			
NEJM 2008; 359: 1778-1785 (PABA- HF) <sup>38</sup>	2008	Randomized to RF ablation of AVJ abl and BiV pacing	81	Persistent (50%), Parox- ysmal (50%), EF 27% abl, 29% AVJ	PVI, optional lin- ear abl and CFAES	6 months	Composite EF, 6 min walk, MLWHF score; freedom from AF (secondary, mult proc, +/- AA drugs)	88% AF free, EF 35% abl, 28% AVJ (P < .001), > QOL and 6 min walk increase		< 0.001	14.60%	17.50%	
Heart 2011; 97; 740-747%	2011	Randomized to RF ablation or pharmaco- logical rate control	4	Persistent , EF 20% abl, 16% rate control	PVI, roof line. CFAËs	6 months	Change in LVEF. sinus rhythm at 6 months (secondary)	50% in NSR, LVEF increase 4.5%	0% in NSR, LVEF increase 2.8%	0.6 (for EF increase)	15%	Not reported	
JACC 2013; 61: 1894- 1903 <sup>-ti</sup>	. 2013	Randomized to RF ablation or pharmaco- logical rate control	52	Persistent AF (100%), EF 22% abl, 25% rate control	PVI, optional lin- ear abl and CFAEs	12 months	Change in peak O <sub>2</sub> consumption (also reported single procedure off drug	Peak O <sub>2</sub> consumption increase greater with abl, 72% abl success		0.018	15%	Not reported	
Circ A and E 2014; 7:31-38 <sup>40</sup>	2014	Randomized to RF ablation or pharmaco- logical rate control	20	Persistent AF (100%), EF 32% abl, 34% rate control	PVI, optional lin- ear abl and CFAEs	6 months	Change in LVEF at 6 months, multiple procedure freedom from AF also reported	LVEF 40% with abl. 31% rate control, 81% AF free with abl		0.015	7.70%		

AF = atrial fibrillation; RF = radiofrequency; AVJ = atrioventricular junction; abl = ablation; BiV = biventricular; EF = ejection fraction; PVI = pulmonary vein isolation; CFAEs = complex fractionated atrial electrograms: MLWHF = Minnesota Living with Heart Failure; LVEF = left ventricular ejection fraction; QOL = quality of life; NSR = normal sinus rhythm.

Table 8
Definitions of complications associated with AF ablation

Stroke or TIA postablation

Asymptomatic cerebral embolism is defined as an occlusion of a blood vessel in the brain due to an embolus that Asymptomatic cerebral embolism does not result in any acute clinical symptoms. Silent cerebral embolism is generally detected using a diffusion weighted MRI. An atrioesophageal fistula is defined as a connection between the atrium and the lumen of the esophagus. Atrioesophageal fistula Evidence supporting this diagnosis includes documentation of esophageal erosion combined with evidence of a fistulous connection to the atrium, such as air emboli, an embolic event, or direct observation at the time of surgical repair. A CT scan or MRI scan is the most common method of documentation of an atrioesophageal fistula. Bleeding is defined as a major complication of AF ablation if it requires and/or is treated with transfusion or Bleeding results in a 20% or greater fall in hematocrit. Excessive bleeding following a surgical AF abiation procedure is defined as bleeding requiring reoperation or  $\geq 2$ Bleeding following cardiac surgery units of PRBC transfusion within any 24 hours of the first 7 days following the index procedure. We recommend that cardiac perforation be defined together with cardiac tamponade. See "Cardiac tamponade/ Cardiac perforation perforation." We recommend that cardiac tamponade be defined together with cardiac perforation. See "Cardiac tamponade/ Cardiac tamponade perforation." Cardiac tamponade/perforation is defined as the development of a significant pericardial effusion during or Cardiac tamponade/perforation within 30 days of undergoing an AF abiation procedure. A significant pericardial effusion is one that results in hemodynamic compromise, requires elective or urgent pericardiocentesis, or results in a 1-cm or more pericardial effusion as documented by echocardiography. Cardiac tamponade/perforation should also be classified as "early" or "late" depending on whether it is diagnosed during or following initial discharge from the hospital.

Deep sternal wound infection/mediastinitis following cardiac surgery requires one of the following: (1) an Deep sternal wound infection/mediastinitis following organism isolated from culture of mediastinal tissue or fluid; (2) evidence of mediastinitis observed during cardiac surgery surgery; (3) one of the following conditions: chest pain, sternal instability, or fever ( > 38°C), in combination with either purulent discharge from the mediastinum or an organism isolated from blood culture or culture of mediastinal drainage. Esophageal injury is defined as an erosion, ulceration, or perforation of the esophagus. The method of screening Esophageal injury for esophageal injury should be specified. Esophageal injury can be a mild complication (erosion or ulceration) or a major complication (perforation). Gastric motility/pyloric spasm disorder should be considered a major complication of AF ablation when it Gastric motility/pyloric spasm disorders prolongs or requires hospitalization, requires intervention, or results in late disability, such as weight loss, early satiety, diarrhea, or GI disturbance. A major complication is a complication that results in permanent injury or death, requires intervention for Major complication treatment, or prolongs or requires hospitalization for more than 48 hours. Because early recurrences of AF/AFL/ AT are to be expected following AF ablation, recurrent AF/AFL/AT within 3 months that requires or prolongs a patient's hospitalization should not be considered to be a major complication of AF ablation. Mediastinitis is defined as inflammation of the mediastinum. Diagnosis requires one of the following: (1) an Mediastinitis organism isolated from culture of mediastinal tissue or fluid; (2) evidence of mediastinitis observed during surgery; (3) one of the following conditions: chest pain, sternal instability, or fever ( > 38°C), in combination with either purulent discharge from the mediastinum or an organism isolated from blood culture or culture of The universal definition of myocardial infarction<sup>395</sup> cannot be applied in the context of catheter or surgical AF Myocardial infarction in the context of AF ablation ablation procedures because it relies heavily on cardiac biomarkers (troponin and CPK), which are anticipated to increase in all patients who undergo AF ablation as a result of the ablation of myocardial tissue. Similarly, chest pain and other cardiac symptoms are difficult to interpret in the context of AF ablation both because of the required sedation and anesthesia and also because most patients experience chest pain following the procedure as a result of the associated pericarditis that occurs following catheter ablation. We therefore propose that a myocardial infarction, in the context of catheter or surgical ablation, be defined as the presence of any one of the following criteria: (1) detection of ECG changes indicative of new ischemia (new ST-T wave changes or new LBBB) that persist for more than 1 hour; (2) development of new pathological Q waves on an ECG; (3) imaging evidence of new loss of viable myocardium or new regional wall motion abnormality. Pericarditis should be considered a major complication following ablation if it results in an effusion that leads to Pericarditis hemodynamic compromise or requires pericardiocentesis, prolongs hospitalization by more than 48 hours, requires hospitalization, or persists for more than 30 days following the ablation procedure. Phrenic nerve paralysis is defined as absent phrenic nerve function as assessed by a sniff test. A phrenic nerve Phrenic nerve paralysis paralysis is considered to be permanent when it is documented to be present 12 months or longer following Pulmonary vein stenosis is defined as a reduction of the diameter of a PV or PV branch. PV stenosis can be Pulmonary vein stenosis categorized as mild < 50%, moderate 50%-70%, and severe ≥ 70% reduction in the diameter of the PV or PV branch. A severe PV stenosis should be considered a major complication of AF ablation. A serious adverse device effect is defined as a serious adverse event that is attributed to use of a particular Serious adverse device effect device. Stiff left atrial syndrome is a clinical syndrome defined by the presence of signs of right heart failure in the Stiff left atrial syndrome presence of preserved LV function, pulmonary hypertension (mean PA pressure > 25 mm Hg or during exercise > 30 mm Hg), and large V waves  $\geq$  10 mm Hg or higher) on PCWP or left atrial pressure tracings in the absence of significant mitral valve disease or PV stenosis.

Stroke diagnostic criteria

Rapid onset of a focal or global neurological deficit with at least one of the following: change in level of consciousness, hemiplegia, hemiparesis, numbness or sensory loss affecting one side of the body, dysphasia or aphasia, hemianopia, amaurosis fugax, or other neurological signs or symptoms consistent with stroke
 Duration of a focal or global neurological deficit ≥ 24 hours; OR < 24 hours if therapeutic intervention (s) were performed (e.g., thrombolytic therapy or intracranial angioplasty); OR available neuroimaging</li>

No other readily identifiable nonstroke cause for the clinical presentation (e.g., brain tumor, trauma, infec-

documents a new hemorrhage or infarct; OR the neurological deficit results in death.

tion, hypoglycemia, peripheral lesion, pharmacological influences).\*

### Table 8 (continued)

Vagal nerve injury

Unanticipated adverse device effect

Vascular access complication

 Confirmation of the diagnosis by at least one of the following: neurology or neurosurgical specialist; neuroimaging procedure (MRI or CT scan or cerebral angiography); lumbar puncture (i.e., spinal fluid analysis diagnostic of intracranial hemorrhage)

### Stroke definitions

- Transient ischemic attack: new focal neurological deficit with rapid symptom resolution (usually 1 to 2 hours), always within 24 hours; neuroimaging without tissue injury
- · Stroke: (diagnosis as above, preferably with positive neuroimaging study);

Minor-Modified Rankin score < 2 at 30 and 90 days

Major-Modified Rankin score ≥ 2 at 30 and 90 days

Unanticipated adverse device effect is defined as complication of an ablation procedure that has not been previously known to be associated with catheter or surgical ablation procedures.

Vagal nerve injury is defined as injury to the vagal nerve that results in esophageal dysmotility or gastroparesis. Vagal nerve injury is considered to be a major complication if it prolongs hospitalization, requires hospitalization, or results in ongoing symptoms for more than 30 days following an ablation procedure.

Vascular access complications include development of a hematoma, an AV fistula, or a pseudoaneurysm. A major vascular complication is defined as one that requires intervention, such as surgical repair or transfusion, prolongs the hospital stay, or requires hospital admission.

AF = atrial fibrillation; CT = computed tomography; MRI = magnetic resonance imaging; PRBC = packed red blood cell; AFL = atrial flutter; AT = atrial tachycardia; CPK = creatine phosphokinase; ECG = electrocardiogram; LBBB = left bundle branch block.

\* Patients with nonfocal global encephalopathy will not be reported as a stroke without unequivocal evidence based on neuroimaging studies.

† Modified Rankin score assessments should be made by qualified individuals according to a certification process. If there is discordance between the 30- and 90-day modified Rankin scores, a final determination of major versus minor stroke will be adjudicated by the neurology members of the clinical events committee.

What is the role of targeting localized rotational activations? How do we ablate a localized rotational activation? How can scar be characterized and targeted for ablation? Do we need to replicate the MAZE procedure? Does the right atrium need to be targeted as well as the left atrium?

- 3. Autonomic influence in AF: Is clinical AF really an autonomic mediated arrhythmia? Is elimination of ganglionated plexi required? Is there a role for autonomic modulation, for example, spinal cord or vagal stimulation?
- 4. Contribution and modulation of risk factors on outcomes of AF ablation: Obesity reduction has been shown to reduce AF burden and recurrence in patients undergoing ablation. What is the role of bariatric surgery? Does the modulation of other risk factors influence outcome such as hypertension, sleep apnea, and diabetes?
- 5. Outcomes in ablation of high-risk populations: Do high-risk populations benefit from AF ablation? Congestive heart failure has been assessed in smaller trials, but larger trials are required. Outcome data are needed in patients with very enlarged LAs, hypertrophic cardiomyopathy, patients with renal failure on dialysis, and the very elderly.
- 6. Surgical vs catheter-based vs hybrid ablation: There should be more comparative work between percutaneous and minimally invasive surgical approaches. Both report similar outcomes, but there is a dearth of comparative data. Is there any patient benefit to hybrid procedures?
- 7. How do we characterize patients who are optimal candidates for ablation? Preablation late gadolinium-enhanced (LGE)-

- magnetic resonance imaging (MRI) might identify patients with heavy burdens of scar who are unlikely to respond to ablation. These techniques must become reproducible and reliable and must be assessed in multicenter trials. Other markers need to be investigated, including genetic markers, biochemical markers, and clinical markers based on aggregated risk scores.
- 8. The incremental role of new technologies: As newer and often more expensive technologies are produced for AF ablation, their definitive incremental value must be determined in order to justify change in practice or case cost. These technologies include global (basket) mapping techniques, newer ablation indices for assessing lesion durability, advanced imaging for viewing lesions in the myocardium, etc. New energy sources, including laser, low-intensity ultrasound, photonic particle therapy, external beam ablation, and MRI-guided ablation, must be assessed in comparative fashion.
- 9. Outcomes of AF ablation: We need to better understand the clinical relevance of ablation outcomes. What is the significance of time to recurrence of 30 seconds of arrhythmia? How do we best quantify AF burden? How do these outcomes relate to quality of life and stroke risk?
- 10. What is the role of surgical LA reduction? Does left atrial appendage (LAA) occlusion or obliteration improve outcome of persistent AF ablation with an accompanying reduction in stroke? Does ablation work through atrial size reduction? What is the incidence of "stiff atrial" syndrome and does this mitigate the clinical impact of ablation?

Table 9 Incidence, prevention, diagnosis, and treatment of selected complications of AF ablation

Complication	Incidence	Selected prevention techniques	Diagnostic testing	Selected treatment options	References
Air embolism	د 1% د 1%	Sheath management	Nothing or cardiac catheterization	Supportive care with fluid, oxygen, head down tilt, hyperbaric oxygen	388,396-401
Asymptomatic cerebral emboli (ACE)	2% to 15%	Anticoagulation, catheter and sheath management, TEE	Brain MRi		-402419
Atrial esophageal fistula	0.02% to 0.11%	Reduce power, force, and RF time on posterior wall, monitor esophageal temp, use proton pump inhibitors; avoid parent, delivers were seenhants	CT scan of chest, MRI; avoid endoscopy with air insufflation	Surgical repair	337~365.420~456
Cardiac tamponade	0.2% to 5%	l technique, reduce power,	Echocardiography	Pericardiocentesis or surgical drainage 338,243,347,467,467	338,543,547,4 <b>57</b> —4 <b>6</b> 7
Coronary artery stenosis/ occlusion	< 0.1%	Avoid high-power energy delivery near coronary arteries	Cardiac catheterization	PTCA	468-176
Death	< 0.1% to	Meticulous performance of procedure, attentive post-	NA	NA .	338,543,347,458,477
Gastric hypomotility	0.4% 0% to 17%	procedure care Reduce power, force, and RF time on posterior wall	Endoscopy, barium swallow, gastric emptying study		475-400
Mitral valve entrapment	< 0.1%	Avoid circular catheter placement near or across mitral valve; clockwise torque on catheter	Echocardiography	Gentle catheter manipulation, surgical 'extraction	491-496
Pericarditis	0% to 50%	None proven	Clinical history, ECG, sedimentation rate, echocardiogram	NSAID, colchicine, steroids	439506
Permanent phrenic nerve paralysis	0% to 0.4%	Monitor diaphragm during phrenic pacing, CMAP mon- itoring, phrenic pacing to identify location and adjust lesion location	CXR, sniff test	Supportive care	9,11,136,247,387,446,457,478,487 <b>–4</b> 90,507–528
Pulmonary vein stenosis Radiation injury	< 1% < 0.1%	Avoid energy delivery within PV Minimize fluoroscopy exposure, especially in obese and repeat ablation pattents, X-ray equipment	CT or MRI, V/Q wave scan None	Angioplasty, stent, surgery Supportive care, rarely skin graft	9,11,318,316-335,457,529-531 513,532-550
Stiff left atrial syndrome	< 1.5%	Limit extent of left atrial ablation	Echocardiography, cardiac catheterization	Diuretics	555-558
Stroke and TIA	0% to 2%	Pre-, post-, and intraprocedure anticoagulation, catheter and sheath management. TRE	Head CT or MRI, cerebral	Thrombolytic therapy, angioplasty	10~12,336,347,367,458,559~56 <b>5</b>
Vascular complications	0.2% to 1.5%	Vascular access techniques, ultrasound-guided access, anticoagulation management	Vascular ultrasound, CT scan	Conservative treatment, surgical repair, transfusion	388_501,578,578,578,578,578,578,578,578,578,578

AF = arrial fibrillation; CT = computed tomography; MRI = magnetic resonance imaging; TEE = transesophageal electrocardiogram; RF = radiofrequency; PTCA = percutaneous transluminal coronary angioplasty; NA = not applicable; ECG = electrocardiogram; NSAID = nonsteroidal anti-inflammatory drug; CMAP = compound motor action potentials; CXR = chest X-ray; TIA = transient ischemic atrack.

Table 10
Definitions for use when reporting outcomes of AF ablation and in designing clinical trials of catheter or surgical ablation of AF

Acute procedural success is defined as electrical isolation of all pulmonary veins. A minimal assess-Acute procedural success (pulmonary vein isolation) ment of electrical isolation of the PVs should consist of an assessment of entrance block. If other methods are used to assess PVI, including exit block and/or the use of provocative agents such as adenosine or isoproterenol, they should be prespecified. Furthermore, it is recommended that the wait time used to screen for early recurrence of PV conduction once initial electrical isolation is documented be specified in all prospective clinical trials. Typically, this would apply to substrate ablation performed in addition to PVI for persistent AF. Acute procedural success (not related by pulmonary vein Although some have proposed AF termination as a surrogate for acute procedural success, its relaisolation) tionship to long-term success is controversial. Complete elimination of the additional substrate (localized rotational activation, scar region, non-PV trigger, or other target) and/or demonstration of bidirectional conduction block across a linear ablation lesion would typically be considered the appropriate endpoint. One-year success is defined as freedom from AF/AFL/AT after removal from antiarrhythmic drug therapy as assessed from the end of the 3month blanking period to 12 months following the ablation procedure. Because cavotricuspid isthmus-dependent atrial flutter is easily treated with cavotricuspid One-year success isthmus ablation and is not an iatrogenic arrhythmia following a left atrial ablation procedure for AF, it is reasonable for clinical trials to choose to prespecify that occurrence of isthmus-dependent atrial flutter, if confirmed by entrainment maneuvers during electrophysiology testing, should not be considered an ablation failure or primary effectiveness endpoint. Although the one-year success definition provided above remains the recommended end point that Alternative one-year success should be reported in all AF ablation trials, and the endpoint for which the objective performance criteria listed below were developed, the Task Force recognizes that alternative definitions for success can be used if the main goal of therapy in the study is to relieve AF-related symptoms and to improve patient QOL. In particular, it is appropriate for clinical trials to define success as freedom from only symptomatic AF/AFL/AT after removal from antiarrhythmic drug therapy as assessed from the end of the 3-month blanking period to 12 months following the ablation procedure if the main goal of therapy in the study is to relieve AF-related symptoms and to improve patient QOL However, because symptoms of AF can resolve over time, and because studies have shown that asymptomatic AF represents a greater proportion of all AF postablation than prior to ablation, clinical trials need to continue to report freedom from both symptomatic and asymptomatic AF even if this alternative one year success definition is used as the primary trial endpoint, It is reasonable for clinical trials to define and incorporate one or more secondary definitions of Clinical/partial success success that can be referred to as "clinical success" or "partial success." If these alternative definitions of success are included, they should be defined prospectively. In prior Consensus Documents the Task Force has proposed that clinical/partial success be defined as a "75% or greater reduction in the number of AF episodes, the duration of AF episodes, or the % time a patient is in AF as assessed with a device capable of measuring AF burden in the presence or absence of previously ineffective antiarrhythmic drug therapy." Because there is no firm scientific basis for selecting the cutoff of 75% rather than a different cutoff, this prior recommendation is provided only as an example of what future clinical trials may choose to use as a definition of clinical/partial success. Long-term success is defined as freedom from AF/AFL/AT recurrences following the 3-month blanking Long-term success\* period through a minimum of 36-month follow-up from the date of the abiation procedure in the absence of Class I and III antiarrhythmic drug therapy.

Recurrent AF/AFL/AT is defined as AF/AFL/AT of at least 30 seconds' duration that is documented by an Recurrent AF/AFL/AT ECG or device recording system and occurs following catheter abilation. Recurrent AF/AFL/AT may occur within or following the post ablation blanking period. Recurrent AF/AFL/AT that occurs within the postablation blanking period is not considered a failure of AF ablation. Early recurrence of AF/AFL/AT is defined as a recurrence of atrial fibrillation within three months of Early recurrence of AF/AFL/AT ablation. Episodes of atrial tachycardia or atrial flutter should also be classified as a "recurrence." These are not counted toward the success rate if a blanking period is specified. Recurrence of AF/AFL/AT Recurrence of AF/AFL/AT postablation is defined as a recurrence of atrial fibrillation more than 3 months following AF ablation. Episodes of atrial tachycardia or atrial flutter should also be classified as a "recurrence." Late recurrence of AF/AFL/AT is defined as a recurrence of atrial fibrillation 12 months or more after AF Late recurrence of AF/AFL/AT ablation. Episodes of atrial tachycardia or atrial flutter should also be classified as a "recurrence. A blanking period of three months should be employed after ablation when reporting efficacy out-Blanking period comes. Thus, early recurrences of AF/AFL/AT within the first 3 months should not be classified as treatment failure. If a blanking period of less than 3 months is chosen, it should be prespecified and included in the Methods section. A risk-based approach to determine the level of postablation stroke screening in clinical trials is Stroke screening recommended by the Task Force. For ablation devices with a lower risk of stroke and for which a stroke signal has not been reported, a minimum standardized neurological assessment of stroke should be conducted by a physician at baseline and at hospital discharge or 24 hours after the procedure, whichever is later. If this neurological assessment demonstrates new abnormal findings, the patient should have a formal neurological consult and examination with appropriate imaging (i.e., DW-MRI), used to confirm any suspected diagnosis of stroke. For devices in which a higher risk of stroke is suspected or revealed in prior trials, a formal neurological examination by a neurologist at discharge or 24 hours after the procedure, whichever is later, is recommended. Appropriate imaging should be obtained if this evaluation reveals a new neurological finding. In some studies in which delayed stroke is a concern, repeat neurological screening at 30 days postablation might be

Detectable AF is defined as AF/AFL/AT of at least 30 seconds' duration when assessed with ECG monitoring. If other monitoring systems are used, including implantable pacemakers, implantable defibrillators, and subcutaneous ECG monitoring devices, the definition of detectable AF needs to be prespecified in the clinical trial based on the sensitivity and specificity of AF detection with the particular device. We recommend that episodes of atrial flutter and atrial tachycardia be included

within the broader definition of a detectable AF/AFL/AT episode.

Detectable AF/AFL/AT

AF/AFL/AT burden Entrance block Procedural endpoints for AF ablation strategies not targeting the PVs Esophageal temperature monitoring Enrolled subject Exit block Nonablative strategies Noninducibility of atrial fibrillation Patient populations for inclusion in clinical trials Therapy consolidation period

It is reasonable for clinical trials to incorporate AF/AFL/AT burden as a secondary endpoint in a clinical trial of AF ablation. In stating this it is recognized that there are no conclusive data that have validated a rate of AF burden reduction as a predictor of patient benefit (i.e. reduction in mortality and major morbidities such as stroke, CHF, QOL, or hospitalization). If AF burden is included, it is important to predefine and standardize the monitoring technique that will be used to measure AF burden. Available monitoring techniques have been discussed in this document. Should AF burden be selected as an endpoint in a clinical trial, the chosen monitoring technique should be employed at least a month prior to ablation to establish a baseline burden of AF.

Entrance block is defined as the absence, or if present, the dissociation, of electrical activity within the PV antrum. Entrance block is most commonly evaluated using a circular multielectrode mapping catheter positioned at the PV antrum. Entrance block can also be assessed using detailed point-bypoint mapping of the PV antrum guided by an electroanatomical mapping system. The particular method used to assess entrance block should be specified in all clinical trials. Entrance block of the left PVs should be assessed during distal coronary sinus or left atrial appendage pacing in order to distinguish far-field atrial potentials from PV potentials. It is recommended that reassessment of entrance block be performed a minimum of 20 minutes after initial establishment of PV isolation. Procedural endpoints for AF ablation strategies not targeting the PVs: The acute procedural endpoints for ablation strategies not targeting the PVs vary depending on the specific ablation strategy and tool. It is important that they be prespecified in all clinical trials. For example, if a linear ablation strategy is used, documentation of bidirectional block across the ablation line must be shown. For ablation of CFAEs, rotational activity, or non-PV triggers, the acute endpoint should at a minimum be elimination of CFAEs, rotational activity, or non-PV triggers. Demonstration of AF slowing or termination is an appropriate procedural endpoint, but it is not required as a procedural endpoint for AF ablation strategies not targeting the PVs.

Esophageal temperature monitoring should be performed in all clinical trials of AF ablation. At a minimum, a single thermocouple should be used. The location of the probe should be adjusted during the procedure to reflect the location of energy delivery. Although this document does not provide formal recommendations regarding the specific temperature or temperature change at which energy delivery should be terminated, the Task Force does recommend that all trials prespecify temperature guidelines for termination of energy delivery.

An enrolled subject is defined as a subject who has signed written informed consent to participate in the trial in question.

Exit block is defined as the inability to capture the atrium during pacing at multiple sites within the PV antrum. Local capture of musculature within the pulmonary veins and/or antrum must be documented to be present to make this assessment. Exit block is demonstrated by a dissociated spontaneous pulmonary vein rhythm.

The optimal nonablative therapy for patients with persistent and long-standing persistent AF who are randomized to the control arm of an AF ablation trial is a trial of a new Class I or III antiarrhythmic agent or a higher dose of a previously failed antiarrhythmic agent. For patients with persistent or longstanding persistent AF, performance of a direct-current cardioversion while taking the new or dose adjusted antiarrhythmic agent should be performed, if restoration of sinus rhythm is not achieved following initiation and/or dose adjustment of antiarrhythmic drug therapy. Failure of pharmacological cardioversion alone is not adequate to declare this pharmacological strategy unsuccessful. Noninducibility of atrial fibrillation is defined as the inability to induce atrial fibrillation with a standardized prespecified pharmacological or electrical stimulation protocol. The stimulation protocol should be prespecified in the specific clinical trial. Common stimulation approaches include a highdose isoproterenol infusion protocol or repeated atrial burst pacing at progressively more rapid rates. It is considered optimal for clinical trials to enroll patients with only one type of AF: paroxysmal, persistent, or long-standing persistent. If more than one type of AF patient is enrolled, the results of the trial should also be reported separately for each of the AF types. It is recognized that "early persistent" AF responds to AF ablation to a similar degree as patients with paroxysmal AF and that the response of patients with "late persistent AF" is more similar to that in those with long-standing persistent AF.

Following a 3-month blanking period, it is reasonable for clinical trials to incorporate an additional 1-to 3-month therapy consolidation period. During this time, adjustment of antiarrhythmic medications and/or cardioversion can be performed. Should a consolidation period be incorporated into a clinical trial design, the minimum follow-up duration should be 9 months following the therapy consolidation period. Performance of a repeat ablation procedure during the blanking or therapy consolidation period would "reset" the endpoint of the study and trigger a new 3-month blanking period. Incorporation of a therapy consolidation period can be especially appropriate for clinical trials evaluating the efficacy of AF ablation for persistent or long-standing persistent AF. The challenge of this approach is that it prolongs the overall study duration, Because of this concern regarding overall study duration, we suggest that the therapy consolidation period be no more than 3 months in duration following the 3-month blanking period.

It is recommended that all clinical trials report the single procedure efficacy of catheter ablation. Success is defined as freedom from symptomatic or asymptomatic AF/AFL/AT of 30 seconds or longer at 12 months postablation. Recurrences of AF/AFL/AT during the first 3-month blanking period post-AF ablation are not considered a failure. Performance of a repeat ablation procedure at any point after the initial ablation procedure should be considered a failure of a single procedure strategy. It is acceptable for a clinical trial to choose to prespecify and use a multiprocedure success rate as the primary endpoint of a clinical trial. When a multiprocedure success is selected as the primary endpoint, efficacy should be defined as freedom from AF/flutter or tachycardia at 12 months after the final ablation procedure. In the case of multiple procedures, repeat ablation procedures can be performed at any time following the initial ablation procedure. All ablation procedures are subject to a 3-month post blanking window, and all ablation trials should report efficacy at 12 months after the final ablation procedure.

Cardioversion definitions Failed electrical cardioversion

Recommendations regarding repeat ablation procedures

#### Table 10 (continued)

Successful electrical cardioversion

Immediate AF recurrence postcardioversion

Early AF recurrence postcardioversion

Late AF recurrence postcardioversion

Surgical ablation definitions Hybrid AF surgical ablation procedure

Surgical Maze ablation procedure

Stand-alone surgical AF ablation

Nomenclature for types of surgical AF ablation procedures

Hybrid epicardial and endocardial AF ablation

Minimum AF documentation, endpoints, TEE performance, and success rates in clinical trials Minimum documentation for paroxysmal AF

Minimum documentation for persistent AF

Minimum documentation for early persistent AF

Minimum documentation for long-standing persistent AF

Symptomatic AF/AFL/AT

Documentation of AF-related symptoms

Minimum effectiveness endpoint for patients with symptomatic and asymptomatic AF

Minimum chronic acceptable success rate: paroxysmal AF at 12-month follow-up

Minimum chronic acceptable success rate: persistent AF at 12month follow-up

Minimum chronic acceptable success rate: long-standing persistent AF at 12-month follow-up

Minimum follow-up screening for paroxysmal AF recurrence

Minimum follow-up screening for persistent or long-standing

Requirements for transesophageal echocardiogram

Failed electrical cardioversion is defined as the inability to restore sinus rhythm for 30 seconds or longer following electrical cardioversion.

Successful electrical cardioversion is defined as the ability to restore sinus rhythm for at least 30 seconds following cardioversion.

Immediate AF recurrence postcardioversion is defined as a recurrence of AF within 24 hours following cardioversion. The most common time for an immediate recurrence is within 30-60 minutes postcardioversion.

Early AF recurrence postcardioversion is defined as a recurrence of AF within 30 days of a successful cardioversion.

Late AF recurrence postcardioversion is defined as recurrence of AF more than 30 days following a successful cardioversion.

Hybrid AF surgical ablation procedure is defined as a joint AF ablation procedure performed by electrophysiologists and cardiac surgeons either as part of a single "joint" procedure or performed as two preplanned separate ablation procedures separated by no more than 6 months. Surgical Maze ablation procedure is defined as a surgical ablation procedure for AF that includes, at a

minimum, the following components: (1) line from SVC to IVC; (2) line from IVC to the tricuspid valve; (3) isolation of the PVs; (4) isolation of the posterior left atrium; (5) line from MV to the PVs; (6) management of the LA appendage.

A surgical AF abiation procedure during which other cardiac surgical procedures are not performed such as CABG, valve replacement, or valve repair.

We recommend that the term "Maze" procedure is appropriately used only to refer to the biatrial lesion set of the Cox-Maze operation. It requires ablation of the RA and LA isthmuses. Less extensive lesion sets should not be referred to as a "Maze" procedure, but rather as a surgical AF ablation procedure, in general, surgical ablation procedures for AF can be grouped into three different groups: (1) a full biatrial Cox-Maze procedure; (2) PVI alone; and (3) PVI combined with left atrial lesion sets. This term refers to a combined AF ablation procedure involving an off-pump minimally invasive surgical AF ablation as well as a catheter-based AF ablation procedure designed to complement the surgical lesion set. Hybrid ablation procedures may be performed in a single-procedure setting in a hybrid operating room or a cardiac catheterization laboratory environment, or it can be staged, When staged, it is most typical to have the patient undergo the minimally invasive surgical ablation procedure first following by a catheter ablation procedure 1 to 3 months later. This latter approach is referred to as a "staged Hybrid AF ablation procedure."

The minimum AF documentation requirement for paroxysmal AF is (1) physician's note indicating recurrent self-terminating AF and (2) one electrocardiographically documented AF episode within 6 months prior to the ablation procedure.

The minimum AF documentation requirement for persistent AF is (1) physician's note indicating continuous AF > 7 days but no more than 1 year and (2) a 24-hour Holter within 90 days of the ablation procedure showing continuous AF.

The minimum AF documentation requirement for persistent AF is (1) physician's note indicating continuous AF > 7 days but no more than 3 months and (2) a 24-hour Holter showing continuous AF within 90 days of the ablation procedure.

The minimum AF documentation requirement for long-standing persistent AF is as follows: physician's note indicating at least 1 year of continuous AF plus a 24-hour Holter within 90 days of the ablation procedure showing continuous AF. The performance of a successful cardioversion (sinus rhythm > 30 seconds) within 12 months of an ablation procedure with documented early recurrence of AF within 30 days should not alter the classification of AF as long-standing persistent.

AF/AFL/AT that results in symptoms that are experienced by the patient. These symptoms can include but are not limited to palpitations, presyncope, syncope, fatigue, and shortness of breath. For patients in continuous AF, reassessment of symptoms after restoration of sinus rhythm is recommended to establish the relationship between symptoms and AF.

Documentation by a physician evaluating the patient that the patient experiences symptoms that could be attributable to AF. This does not require a time-stamped ECG, Holter, or event monitor at the precise time of symptoms. For patients with persistent AF who initially report no symptoms, it is reasonable to reassess symptom status after restoration of sinus rhythm with cardioversion. The minimum effectiveness endpoint is freedom from symptomatic and asymptomatic episodes of AF/

AFL/AT recurrences at 12 months following ablation, free from antiarrhythmic drug therapy, and including a prespecified blanking period. If a minimum chronic success rate is selected as an objective effectiveness endpoint for a clinical trial,

we recommend that the minimum chronic acceptable success rate for paroxysmal AF at 12-month follow-up is 50%. If a minimum chronic success rate is selected as an objective effectiveness endpoint for a clinical trial,

we recommend that the minimum chronic acceptable success rate for persistent AF at 12-month follow-up is 40%.

If a minimum chronic success rate is selected as an objective effectiveness endpoint for a clinical trial, we recommend that the minimum chronic acceptable success rate for long-standing persistent AF at 12-month follow-up is 30%.

For paroxysmal AF, the minimum follow-up screening should include (1) 12-lead ECG at each followup visit; (2) 24-hour Holter at the end of the follow-up period (e.g., 12 months); and (3) event recording with an event monitor regularly and when symptoms occur from the end of the 3-month blanking period to the end of follow-up (e.g., 12 months).

For persistent and long-standing persistent AF, the minimum follow-up screening should include (1) 12-lead ECG at each follow-up visit; (2) 24-hour Holter every 6 months; and (3) symptom-driven event monitoring.

It is recommended that the minimum requirement for performance of a TEE in a clinical trial should be those requirements set forth in ACC/AHA/HRS 2014 Guidelines for AF Management pertaining to anticoagulation at the time of cardioversion. Prior to undergoing an AF ablation procedure a TEE

should be performed in all patients with AF of > 48 hours' duration or of unknown duration if adequate systemic anticoagulation has not been maintained for at least 3 weeks prior to AF ablation. If a TEE is performed for this indication, it should be performed within 24 hours of the ablation procedure.

AF = atrial fibrillation; DW-MRI = diffusion-weighted magnetic resonance imaging; CHF = congestive heart failure; QOL = quality of life; ECG = electrocardiogram; CABG = coronary artery bypass grafting; PV = pulmonary vein; SVC = superior vena cava; IVC = inferior vena cava; CFAE = complex fractionated atrial electrogram; PVI = pulmonary vein isolation; AFL = atrial flutter; AT = atrial tachycardia; ACC = American College of Cardiology; AHA = American Heart Association; HRS = Heart Rhythm Society.

\* When reporting outcomes of AF ablation, the development of atrial tachycardia or atrial flutter should be included in the broad definition of recurrence following AF ablation. All studies should report freedom from AF, atrial tachycardia, and atrial flutter. These endpoints can also be reported separately. All studies should also clearly specify the type and frequency of ECG monitoring as well as the degree of compliance with the prespecified monitoring protocol.

Table 11
Ouality-of-life scales, definitions, and strengths

Scale	Definition/Details	Strengths/Weaknesses
Short Form (36) Health Survey (SF36)38 (General)	Consists of 8 equally weighted, scaled scores in the following sections: vitality, physical functioning, bodily pain, general health perceptions, physical role functioning, emotional role	Advantages: extensively validated in a number of disease and health states. Might have more resolution than EQ-50 for AF QOL.
	functioning, social role functioning, mental health. Each section receives a scale score from 0 to 100. Physical component summary (PCS) and mental component summary (MCS) is an average of all the physically and mentally relevant questions, respectively. The Short Form (12) Health Survey (SF12) is a shorter version of the SF-36, which uses just 12 questions and still provides scores that can be compared with SF-36 norms, especially for summary physical and mental functioning. Gives more precision in measuring QOL than EQ-5D but can be harder to transform into cost utility analysis.	Disadvantages: not specific for AF, so might not have resolution to detect AF-specific changes in QOL.
EuroQol Five Dimensions Questionnaire (EQ-5D)39 (General)	Two components: Health state description is measured in five dimensions: mobility, self-care, usual activities, pain/discomfort, anxiety/depression. Answers may be provided on a three-level (3L) or five-level (5L) scale. In the Evaluation section, respondents evaluate their overall health status using a visual analogue scale (EQ-VAS). Results can easily be converted to quality-adjusted life years for cost utility analysis.	Advantages: extensively validated in a number of disease and health states. Can easily be converted into quality-adjusted life years for cost-effectiveness analysis.  Disadvantages: might not be specific enough to detect AF-specific changes in QOL Might be less specific than SF-36.
AF effect on Quality of Life Survey (AFEQT) 40 (AF specific)	20 questions: 4 targeting AF-related symptoms, 8 evaluating daily function, and 6 assessing AF treatment concerns. Each item scored on a 7-point Likert scale.	tions. Good internal validity and well validated against a number of other global and AF-specific QOL scales. Used in CABANA. Disadvantages: validation in only two published studies (approximately 219 patients).
Quality of Life Questionnaire for Patients with AF (AF-QoL)41 (AF specific)	18-item self-administered questionnaire with three domains: psychological, physical, and sexual activity. Each item scores on a 5-point Likert scale.	Advantages: brief, simple, responsive to AF interventions; good internal validity; used in SARA trial.  Disadvantages: external validity compared only to SF-36; formal validation in 1 study (approximately 400 patients).
Arrhythmia-Related Symptom Checklist (SCL)42 (AF specific)	16 items covering AF symptom frequency and symptom severity.	Advantages: most extensively validated in a number of arrhythmia cohorts and clinical trials.  Disadvantages: time-consuming and uncertain generalizability.
Mayo AF Specific Symptom Inventory (MAFSI)43. (AF specific)	10 items covering AF symptom frequency and severity. Combination of 5- point and 3-point Likert scale responses. Used in CABANA trial.	Disadvantages: external validity compared only to SF-36; 1 validation study (approximately 300 patients).
University of Toronto Atrial Fibrillation Severity Scale (AFSS) (AF specific)44 Arrhythmia Specific Questionnaire in Tachycardia and Arrhythmia (ASTA)45 (AF specific)	10 items covering frequency, duration, and severity. 7-point Likert scale responses.  Records number of AF episodes and average episode dura- tion during last 3 months. 8 symptoms and 2 disabling symptoms are recorded with scores from 1-4 for each.	Disadvantages: time-consuming and uncertain generalizability. Advantages: validated in various arrhythmia groups; external validity compared with SCL, EQ5D, and SF-36; used in MANTRA-PAF; brief; simple. Disadvantages: one validation study (approximately 300 patients).
European Heart Rhythm Association (EHRA)46 (AF specific)	Like NYHA scale. I = no symptoms, II = mild symptoms not affecting daily activity, III = severe symptoms affecting daily activity, and IV = disabling symptoms terminating daily activities.	Disadvantages: not used in studies and not well validated; not very specific; unknown generalizability.
Canadian Cardiovascular Society Severity of Atrial Fibrillation Scale (CCS-SAF)47 (AF specific)	Like NYHA scale, O = asymptomatic, I = AF symptoms have minimal effect on patient's QOL, II = AF symptoms have minor effect on patient QOL, III = symptoms have moderate effect on patient QOL, IV = AF symptoms have severe effect on patient QOL.	Advantages: very simple, like NYHA; validated against SF-36 and University of Toronto AFSS.  Disadvantages: poor correlation with subjective AF burden; not very specific.

AF = atrial fibrillation; QOL = quality of life; CABANA = Catheter Ablation vs Anti-arrhythmic Drug Therapy for Atrial Fibrillation; SARA = Study of Ablation Versus antiaRrhythmic Drugs in Persistent Atrial Fibrillation; CTAF = Canadian Trial of Atrial Fibrillation; MANTRA-PAF = Medical Antiarrhythmic Treatment or Radiofrequency Ablation in Paroxysmal Atrial Fibrillation; NYHA = New York Heart Association; AFSS = atrial fibrillation severity scale.

Table 12 Non-AF recurrence-related endpoints for reporting in AF ablation trials

Stroke and bleeding endpoints	Definitions/Details
Stroke (2014 ACC/AHA Key Data Elements)	An acute episode of focal or global neurological dysfunction caused by brain, spinal cord, or retinal vascular injury as a result of hemorrhage or infarction. Symptoms or signs must persist $\geq$ 24 hours, or if documented by CT, MRI or autopsy, the duration of symptoms/signs may be less than 24 hours. Stroke may be classified as ischemic (including hemorrhagic transformation of ischemic stroke), hemorrhagic, or undetermined. Stroke disability measurement is typically performed using the modified Rankin Scale (mRS).
Transient ischemic attack (2014 ACC/AHA Key Data Elements)	Transient episode of focal neurological dysfunction caused by brain, spinal cord, or retinal ischemia without acute infarction and with signs and symptoms lasting less than 24 hours.
Major bleeding (ISTH definition)	Fatal bieeding AND/OR symptomatic bleeding in a critical area or organ, such as intracranial, intraspinal, intraocular, retroperitoneal, intraarticular, pericardial, or intramuscular with compartment syndrome AND/OR bleeding causing a fall in hemoglobin level of 2 g/dL (1.24 mmol/L) or more, or leading to transfusion of two or more units of blood.
Clinically relevant nonmajor bleed (ISTH definition)	An acute or subacute clinically overt bleed that does not meet the criteria for a major bleed but prompts a clinical response such that it leads to one of the following: hospital admission for bleeding; physician-guided medical or surgical treatment for bleeding; change in antithrombotic therapy (including interruption or discontinuation).
Minor bleeding (ISTH definition) Incidence and discontinuation of oral anticoagulation	All nonmajor bleeds. Minor bleeds are further divided into clinically relevant and not.  The number of patients receiving oral anticoagulation and the type of oral anticoagulation should be documented at the end of follow-up. If patients have their oral anticoagulation discontinued, the number of patients discontinuing, the timing of discontinuation, and the reasons for discontinuation of oral anticoagulation, as well as the clinical characteristics and stroke risk profile of the patients should be reported.

 $AF = atrial \ fibrillation; \ CT = computed \ tomography; \ MRI = magnetic \ resonance \ imaging.$ 

Ta Ad

Endpoint	Advantages	Disadvantages	Relevance and Comments
Freedom from AF/AFL/AT recur- rence "gold standard" is 30 seconds	- Has been in use for many years - Can be used to compare results of new trials with historical trials - Sets a high bar for AF elimination	efficacy of AF ablation, particularly for	Particularly well suited for paroxysmal Al outcomes     Reporting of cutoffs other than 30 seconds encouraged as secondary endpoints to better contextualize results     May be reported as proportion of patients free from arrhythmia or time to recurrence.
Freedom from stroke-relevant AF/ AFL/AT-duration cutoff of 1 hour	<ul> <li>Useful for trials in which interest is more for prognostic change con- ferred by ablation rather than elim- ination of all arrhythmias</li> </ul>	<ul> <li>No consistent definition of what a stroke-relevant duration of AF is: ranges from 6 minutes to 24 hours in literature</li> </ul>	<ul> <li>More than 1 hour could be a useful cutof based on results of 505 trial</li> <li>May be reported as proportion of patients free from arrhythmia or time to recurrence</li> </ul>
Freedom from AF/AFL/AT requiring intervention (emergency visits, cardioversion, urgent care visit, reablation, etc.) Freedom from persistent AF/AFL/AT-duration cutoff of 7 days	<ul> <li>Can provide an endpoint more relevant to systemic costs of AF recurrence</li> <li>Clinically relevant</li> <li>Useful for trials assessing additional substrate modification in persistent AF</li> </ul>	ignoring shorter episodes not requiring intervention that still might be impor- tant to quality of life or stroke	nitively assess if episode is > 7 days
Freedom from AF/AFL/AT on pre- viously ineffective antiar- rhythmic therapy	<ul> <li>If patient maintains sinus rhythm on previously ineffective drug therapy, this may be considered a clinically relevant, successful outcome</li> </ul>		should be identical to preablation drug
Significant reduction in AF burden: > 75% reduction from pre- to postablation and/or total post- ablation burden < 12%	Can be useful in persistent AF studies, but might not be suited for early, paroxysmal AF studies		monitoring and reporting of patient symp- toms and recurrences like a "time in ther- apeutic range" report for oral antic-
Prevention in AF progression: time to first episode of persistent AF ( > 7 days)	tion of AF is required  - Well suited for paroxysmal or "early" AF studies in which goal is to prevent progression to persistent AF	<ul> <li>Long follow-up time might be required unless population is "enriched"</li> <li>Can ideally require continuous implan- table monitoring</li> </ul>	<ul> <li>Might be useful for specific population such as heart failure or hypertrophic cardi omyopathy, in which progression to per- sistent AF can lead to increased hospitalization</li> </ul>
Regression of AF: reduction in burden to a given threshold or conversion of persistent to par- oxysmal AF	<ul> <li>Does not assume that total elimination of AF is required</li> <li>Well suited for persistent "late" AF studies in which goal is to regress to</li> </ul>	Regression endpoint will overestimate efficacy of AF ablation     Might ideally require continuous	standing persistent AF populations with

### Table 13 (continued)

Endpoint	Advantages	Disadvantages	Relevance and Comments
Acute AF termination during ablation procedure	paroxysmal AF, which might be easier to control with drug therapy  Could provide indication of successful modification of substrate responsible for maintaining AF, most relevant to persistent or long-standing persistent AF  Limited studies have linked acute AF termination to long-term success	therapy  Relevance of acute AF termination has not consistently been shown to correlate to long-term success  Endpoint might not be relevant to paroxysmal AF patients in whom AF might	<ul> <li>Intraprocedural administration of pre procedural oral antiarrhythmics or intraprocedural intravenous antiarrhythmics are discouraged</li> <li>If antiarrhythmics are used, their use and dosage before and during the ablation should be clearly documented</li> <li>Termination to sinus rhythm and termination to another regular tachycardia (AT of AFL) should be separately reported</li> </ul>

AF = atrial fibrillation; AFL = atrial flutter; AT = atrial tachycardia,

- 11. Working in teams: What is the role of the entire heart team in AF ablation? Does a team approach achieve better outcomes than a "silo" approach?
- 12. Improving the safety of catheter ablation: As ablation extends to more operators and less experienced operators, the statistical occurrence of complications will increase. We need newer techniques to minimize complications and institute standards for operators to improve the reproducibility of ablation results and safety profiles at a variety of centers worldwide.
- 13. How does catheter ablation affect mortality, stroke, and hospitalization in broad and selected patient populations receiving catheter ablation for AF?
- 14. Management of patients who fail initial attempts at catheter ablation: Should there be specific criteria for repeat ablations (e.g., atrial size, body mass index)? Should patients be referred for surgery for repeat ablation?

In order to address these and other important questions in the field of catheter and surgical AF ablation, we urge investigators to create and participate in multisite collaborations and electrophysiology research networks with involvement of senior and junior investigators on the steering committees to push forward the next phase of AF research. We also urge funding bodies to support these important initiatives.

### **Section 14: Conclusion**

Catheter ablation of AF is a very commonly performed procedure in hospitals throughout the world. This document provides

an up-to-date review of the indications, techniques, and outcomes of catheter and surgical ablation of AF. Areas for which a consensus can be reached concerning AF ablation are identified, and a series of consensus definitions have been developed for use in future clinical trials of AF ablation. Also included within this document are recommendations concerning indications for AF ablation, technical performance of this procedure, and training. It is our hope to improve patient care by providing a foundation for those involved with care of patients with AF as well as those who perform AF ablation. It is recognized that this field continues to evolve rapidly and that this document will need to be updated. Successful AF ablation programs optimally should consist of a cooperative team of cardiologists, electrophysiologists, and surgeons to ensure appropriate indications, procedure selection, and follow-up.

### Acknowledgments

The authors acknowledge the support of Jun Dong, MD, PhD; Kan Fang, MD; and Mark Fellman at the Division of Cardiovascular Devices, Center for Devices and Radiological Health, U.S. Food and Drug Administration (FDA) during the preparation of this document. This document does not necessarily represent the opinions, policies, or recommendations of the FDA.

### Appendix A. Supplementary material

Supplementary data associated with this article can be found in the online version at http://dx.doi.org/10.1016/j.joa.2017.08.001.

**Table A1**Author disclosure table

Adding discoon a supply							
Writing group member	Institution	Consultant/Advisory board/ Honoraria	Speakers' bureau	Research grant	Fellowship support	Stock opnons/ Partner	Board Mos/Outer
Hugh Calkins, MD (Chair)	Johns Hopkins Medical Institu- tions, Baltimore, MD	: Atri- ntific : Jude ries Inc., er Ingel-	None	2: Medrronic, Inc., 2: Boston Scientific Corp.	None	None	None
Gerhard Hindricks, MD (Vice-Chair)	Heart Center Leipzig, Leipzig, Germany	neim, 3: Meditonic, inc. None	None	1: SIEMENS, 3: Biosense Webster, Inc., 3: Stereotaxis, Inc., 4: BIOTRONIK, 5: Boston Scientific Corp., 5: St. bude Medical	None	None	None
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Eduardo B. Saad, MD, PhD (Vice-	Hospital Pro-Cardiaco and Hospital Samaritano, Botafogo, Rio de	None	None	None	None	None	None
Chair) Luis Aguinaga, MD,	Janeiro, Brazil Centro Privado de Cardiología,	None	None	None	None	None	None
PhD Joseph G. Akar, MD,	Yale University School of Medi-	1: Biosense Webster	None	None	None	None	None
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John Camm, MD	St. George's University of London, London, United Kingdom	1: Actelion Pharmaceuticals, 1: Daiichi-Sankyo, 1: Eli Lilly, 1: Gliad Sciences, Inc, 1: Heart Metabolics, 1: InCarda Therapeutics, 1: InfoBionic, 1: Johnson and Johnson, 1: Medronic, Inc. 2: Boehringer Ingelheim, 2: Boston Scientific Copp., 2: Novartis 3: Boxer Haalth, Capp. 11.	1: Daiichi-Sankyo, 1: Servier, 2: Bayer/Scher- ing Pharma, 2: Boeh- ringer Ingelheim	3: Boehringer Ingelheim. 3: Daiichi-Sankyo, 3: Pfizer, Inc.	None	None	
Peng-Sheng Chen.	Indiana University School of	None None	None	5; National Institutes of Health	None	5: Arrhythmotech	h None
MD Shih-Ann Chen, MD	Medicine, Mulanapous, no National Yang-Ming University, Taipei, Taiwan	1: Bayer/Schering Pharma, 1: Biosense Webster, 1: Boehtinger Ingelheim, 1: Boston Scientific Corp., 1: Daiichi-Sankyo, 1: Meduronic Inc., 1: Pfizer Inc., 1: St.	1: St. Jude Medical	2: Biosense Webster, 2: Sr. Jude Medical	None	None	Лопе
Mina K. Chung, MD	Cleveland Clinic, Cleveland, OH	jute internation (): BOTRONIK, 0: Boston Scientific Corp., 0: Med- tronic, inc., 0: St. Jude Medical, 0: Zall Medical Corporation	1: American College of Cardiology		None	None	1: Up to Date.
Jens Cosedis Nielsen. DMSc, PhD	Jens Cosedis Nielsen, Aarhus University Hospital, DMSc, PhD Skejby, Denmark	None	None	5. Novo Nordisk Foundation	None	None	None

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00014	None	3: Rhythmia Medical	None	None	None	None	None	None	None	None	None	None	1: Rhythm Diag- nostic Systems Inc.	None	None	None	None	None
	None	None	None	None	None	None	None .	None	None	None	None	None	2: Biosense Webster, Inc., 2: BIOTRONIK, 2: Boston Scientific Corp., 2: Medironic, Inc.	None	None	None	None	None
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	<ol> <li>Daiichi-Sankyo, 1: Medtronic, Inc., 1: Projects in Knowledge, 2: St. Inde Medical</li> </ol>	1: Boston Scientific Corp., 1: Janssen Pharmaceuticals, 1: Medrronic, Inc., 1: Rhythmia	1: BIOTRONIK, 1: Boston Scien- rific Corp., 3: St. lude Medical	None	None	1: Atricure, 1: Biosense Webster, Inc., 1: BIOTRONIK, 1: Boston Scientific Corp., 1: EpiEP, 1: Medrenoi, Inc., 1: St., Jude Medi-	cal, 1; steleolaxis, ilit. None	2: AtriCure, Inc.	1: American Heart Association, 1: Heart Rhythm Society, 2: Boston Scientific Corp.	1: Bayer HealthCare, LLC, 1: Ouest Diagnostics	2: Biosense Webster, Inc.	1: Biosense Webster, Inc., 1: BIOTRONIK, 1: St. Jude Medical	1: Boebringer Ingelheim, 1: Boston Scientific Corp., 1: Medtronic, Inc., 1: St. Jude Medical	1: Lake Region Medical, 1: Ter- umo Medical Corp	None	None		Pottola, 1: Prazer 1: ACT, 1: VytronUS, Inc., 2: Biosense Webster, Inc., 2: Boston
	University at Buffalo, Buffalo, NY	Imperial College Healthcare NHS Trust, London, United Kingdom	Intermountain Medical Center Heart Institute Salt Take City, UT	Hospital SOS Cardio, Flor-	Erasmus Medical Center, Rotter-	dam, use the mental and Albert Einstein College of Medi- cine, Montefore-Einstein Center for Heart & Vascular Care, Bronx, NY	Universitair Ziekenhuis Gent (Chent University Hospital),	Chent, Bergium The Heart Hospital, Baylor Plano, Plano, TX	Virginia Commonwealth University School of Medicine, Richmond, VA	Massachusetts General Hospital, Boston, MA	Royal Brompton and Harefield NHS Foundation Trust, National Heart and Lung Institute. Imperial College London, London, United	Kingdom Albert Einstein Jewish Hospital, Federal University of São Paulo,	São Paulo, Brazil University of California, San Francisco, San Francisco, CA	Beaumont Health System, Royal Oak, MI	Hôpital Cardiologique du Haut-	Leveque, Pessac, France Boston University Medical Center,	Boston, for Boston University School of Med- icine, Boston, MA	
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(continued)
Table A1

	The state of the s	manufacture and a second secon					
Writing group member	Institution	Consultant/Advisory board/ Honoraria	Speakers' bureau	Research grant	Fellowship support	Stock options/ Partner	Board Mbs/Other
	Heart Rhythm Institute, University of Oklahoma Health Sci-	Scientific Corp., 2: Spectrum Dynamics	Biosense Webster, Inc., 2: Boston Scientific	·			
Jose Jalife, MD	ences Center, Oklahoma City, OK University of Michigan, Ann Arbor, MI, the National Center for Cardiovascular Research Carlos III (CNIC) and CIBERCY, Madrid,	1: Topera Medical	Corp. None	1: Medtronic, Inc.	None	None	None .
Jonathan M. Kalman, MBBS, PhD	Spain Royal Melbourne Hospital and University of Melbourne. Mel- bourne. Australia	None	1: Boston Scientific Corp., 1: Medtronic, Inc.	4: Medtronic, Inc.	lude Medical, 4: ise Webster, : Medrronic, Inc.		2: Biosense Webster, Inc., 4: Boston Scientific Corp.
Josef Kautzner, MD, PhD	Institute for Clinical and Experimental Medicine, Prague, Czech Republic	1: Bayer/Schering Pharma, 1: Boehringer Ingelheim, 1: Boston Scientific Corp., 1: Daiichi-San- kyo, 1: Sorin Group, 1: St. Jude Medical, 1: Biosense Webster, Inc. 2: Medreonic, Inc.	1: BIOTRONIK 1: Medtronic, Inc. 1: St. Jude Medical	None	None	None	None
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Karl Heinz Kuck, MD, PhD	Asklepios Klinik St. Georg, Hamburg, Germany	1: Biosense Webster, inc., 1: BIOTRONIK, 1: St. Jude Medical, 1:	None	1: Biosense Webster, Inc., 1: BIOTRONIK, 1: St. Jude Medical, 1: Stereoraxis Inc.	None	1: Endosense	None
Koichiro Kumagai,	Heart Rhythm Center, Fukuoka	None	None	None	None	None	None
MD, FID Richard Lee, MD, MBA	Sainto nospitat, rukubka, japan Saint Louis University Medical School St Louis MO	None	None	None	None	None	None
Thorsten Lewalter, MD. PhD	Dept. of Cardiology and Intensive Care, Hospital Munich-Thalk- irchen, Munich, Germany	1: BIOTRONIK, 1: Medronic, Inc., 1: St. Jude Medical	1: Abbott Vascular, 1: BIOTRONIK, 1: Med- tronic, Inc., 1: St. Jude	None	None	None	None
Bruce D. Lindsay, MD	Cleveland Clinic, Cleveland, OH	0: Medtronic, Inc., 1: Abbott Vascular, 1: Biosense Webster, Inc.	None	None	3: Boston Scientific Corp., 3: Medtronic, Inc., 3: St. Jude Medical	None	None
Laurent Macle, MD	Montreal Heart institute, Department of Medicine, Université de Montréal, Montréal, Canada	1: Bayer HealthCare, LLC, 1: Biosense Webster, Inc., 1: Boehringer Ingelheim, 1: Bristol-Myers Squibb, 1: Medtronic, Inc., 1: Pfacer, Inc., 1: Servier, 1: St., Jude Medical	None	4: Biosense Webster, Inc., 5: St. Jude Medical	None	None	None
Moussa Mansour, MD	Massachusetts General Hospital, Boston, MA	1: Biosense Webster, Inc., 1: St. Jude Medical	None	4: Biosense Webster, Inc., 4: St. Jude Medical, 5: Pfizer, 5: Pfizer, 5: Boehringer Ingelheim		4: NewPace Ltd.	None
Francis E. Mar- chlinski, MD	Hospital of the University of Pennsylvania, University of Penn- sylvania School of Medicine, Phi- ladelphia. PA	1: Abbot Medical; 1: Biosense Webster, Inc., 2: BIOTRONIK, 1: Medtronic, Inc., 1: Boston Scien- tific Corp., 1: St. Jude Medical	None	3: Medronic, Inc., 4: Biosense Webster, Inc.	i: BIOTRONIK, 3: Boston Scientific Corp., 3: Medtronic, Inc., 4: Biosense Webster, Inc., 5: St. Iude Medical	None	None
Gregory F. Michaud, MD	Brigham and Women's Hospital, Boston, MA	1: Biosense Webster, Inc., I: Boston Scientific Corp., I: Med- tronic, Inc., 1: St. lude Medical	None	4: Biosense Webster, Inc., 4: Boston Scientific Corp.	None	None	None
					None	None	None

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	None	0: Montreal Heart Institute/Inventor Patents	None	1: Medtronic, 1: Oxford Press (Royalty), 1: SIE- MENS, 1: WebMD, 1: Wiley-Blackwell (Royalty), 2: Biosense Webster, 4: St. Jude Medical (Royalty)	None	None	None	None	None	None	None	None
	None	None	None	None .	None	None	None	None	None	None	None	None
	None	None	None	None	None	None	None	2: Johnson and Johnson	None	None	None	None
4: Biosense Webster, Inc., 2: Japan Lifeline, 2: Affera	None	3: OMEICOS Therapeutics	2: Biosense Webster, Inc., 2: Medtronic, Inc.	0: American Heart Association, 0: Boston Scientific/EPT, 0: Cardionsight, 0: Endosense, 0: SIEMENS Acuson, 0: SIEMENS Acunaw, 1: Cardiofoctus, 1: Hansen Medical, 1: Medronic, Inc. 2: National Institutes of Health, 3: Thermedical (EP Limited), 5: Blosense Webster, 5: St. Jude Medical	None	None	4: Sorin Group, 5: BIOTRONIK, 5: Boston Scientific Corp., 5: Medironic, Inc., 5: St. Jude Medical	2: Johnson and Johnson	1: Boston Scientific Corp., 1: Hansen Medical, 1: Medrronic, Inc., 1: St. Jude Medical, 4: Boston Scientific Corp., 4: Medrronic, Inc., 4: St. Jude Medical	None	None	
1: Medtronic, Inc, 2: Boston Scientific Corp., 1: Spectrum Dynamics	None	None	None	None	None	None	1: Biosense Webster, Inc., 1: Boston Scientific Corp., 1: Medtronic, Inc., 1: St. Jude Medical	1: Bayer/Schering Pharma, 1: Bristol- Myers Squibb, 1: John- son and Johnson, 1: Daiichi-Sankyo	None	None	None	None
2: Biosense Webster, Inc 1: Boston Scientific Corp., 2: Stereotaxis, Inc., 3: Japan Lifeline, 3: Fukuda Peneki	ntific Corp., 1: aceuticals, 1: ., 1: St. Jude Medi-		1: Biosense Webster, Inc., 1: Boehringer ingelheim, 1: Bristol- Myers Squibb, 1: Medtronic, Inc., 2: Bayer/Schening Pharma, 3:	O: Abbott Laboratories, 0: Abiomed, 0: Aperture Diagnostics, 0: Boston Scientific Corp., 0: Cardiofocus, Inc., 0: Cardiolnsight Technologies, 0: Johnson and Johnson, 0: Johnson and Johnson Healthcare Systems, 0: MediaSphere Medical, LLC, 0: MediaSphere Medical, LLC, 0: MediaSphere Medical, LLC, 0: MediaSphere Medical, O: SIEMENS, 0: Co. L. L. Medical, C. S. C. L. Medical, C. S. C. L. Medical, O. S. EMENS, O. C. L. L. Medical, O. S. EMENS, O. S. L. L. Medical, O. S. L. L. Med	Or St. judge Medical 1: Biosense Webster, Inc., 1: Boston Scientific Corp., 1: Med- tronic Inc	1: Biosense Webster, Inc., 1: Medtronic, Inc., 1: St. Jude Medical	1: Biograms Webster, Inc., 1: Boston Scientific Corp., 1: CathRx, 1: Medronic, Inc., 1: St. Jude Medical	1: Biosense Webster, Inc., 1: St. Jude Medical	1: Biosense Webster, Inc., 1: Boehringer Ingelheim, 1: Daiichi- Sankyo, 1: Hansen Medical, 1: Medronic, Inc., 1: Sr. Jude Medical	None	None	
Heart Rhythm Institute, University of Oklahoma Health Sciences Center, Oklahoma City, OK	Texas Cardiac Arrhythmia Institute, St. David's Medical Center, Austin, TX	Montreal Heart Institute and Université de Montréal, Montreal, Canada, McGill University, Mon- treal, Canada, and University	Outsouge-Essen, assen, verturany Division of Cardiology, Saiselkal Kunamoto Hospital, Kumamoto, Japan	Mayo Clinic, Rochester, MN	State Research Institute of Circulation Pathology, Novosibirsk,	russia Lahey Hospital and Medical Cen- ter, Burlington, MA	Centre for Heart Rhythm Disorders, South Australian Health and Medical Research Institute, University of Adelaide and Royal Adelaide Hospiral, Adelaide,	rusorator do Coração (InCor), São Paulo, Brazil	Barrs Heart Centre. London. United Kingdom	Cardiac Arrhythmia Research Center, Centro Cardiologico Mon- zino, IRCCS, Department of Car- diovascular Sciences, University of	Milan, Milan, Italy National Yang-Ming University	Hospital, Yilan City, laiwan
Hiroshi Nakagawa, MD, PhD	Andrea Natale, MD	Stanley Nattel, MD	Ken Okumura, MD, PhD	Douglas Packer, MD	Evgeny Pokushalov, MD, PhD	Matthew R. Rey- nolds, MD, MSc	Prashanthan Sanders, MBBS, PhD	Mauricio Scana- vacca, MD, PhD	Richard Schilling. MD	Claudio Tondo, MD, PhD	Hsuan-Ming Tsao.	MD Atul Verma, MD

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Fellowship support Stock options/ Board Mbs/Other Partner	is Bayer HealthCare, ILC, 5: siosense Webster, Inc., 5: BlO- RRONIK, S. Medronic, Inc. I: Abbort Vascular, I. Med- I: Thermedical, I. St., Jude Medical, Inc., 3: Medronic, Inc., 3: St. Jude Medical, Inc., 3: St. Jude Medical, Inc., 3: St. Jude Medical, Inc., Boehringer Ingelheim, I: None  None None None
Speakers' bureau Research grant	
Consultant/Advisory board/ Spe Honoraria	1: Bayer HealthCare. LLC, 1: Boehringer Ingelheim 1: Biosense Webster, Inc., 1: Janssen Pharmaceuticals, 1: Meduronic, Inc., 1: St. Jude Medi- cal, 1: Thermedical 1: Bayer HealthCare, 1: Med- ronic, 2: Abott Japan, 2: Daiichi- Sankyo, 2: Boehringer Ingelheim, 2: Bristol-Myers Squibb
Institution	Southlake Regional Health Centre, 1: Bayer HealthCare, I.L., 1: University of Toronto, Toronto, Boehringer Ingelheim Canada David J. Wilber, MD Loyola University of Chicago, Chi- 1: Biosense Webster, Inc., 1: Gago, IL Medronic, Inc., 1: St. Jude Matronic, Inc., 1: Medicinic, Inc., 1: St. Jude Matronic, Inc., Inc.
Writing group member	David J. Wilber, MD Telichi Yamane, MD. PhD

Number Value: 0 = \$0; 1 = \$10,000; 2 = \$10,000 to \$25,000; 3 = \$25,000 to \$50,000; 4 = \$50,000 to \$100,000; 5 = \$100,000.

**Table B1** Reviewer disclosure table

Neviewer discussive table							
Peer reviewer	Institution	Consultant/Advisory board/Honoraria	Speakers' bureau	Research grant	Fellowship support	Stock options/ Partner	Board Mbs/Other
Carina Blomström- Lundavist. MD. PhD	Department of Cardiology and Medical Science, Uppsala Uni-	1: Bayer/Schering Pharma, 1: Boston Scientific Corp., 1: Medrronic, Inc., 1: Sanofi, 1: Pfizer, MSD, Bristol-Myers	None	1: Cardiome Pharma/ Astellas, 1: Medtronic,	None	None	None
Angelo A.V. De Paola. MD. PhD	versity. Uppsala, Sweden Hospital São Paulo – Federal Uni- versity of São Paulo, São Paulo,	Squibb, Biosense Webster, Inc. None	None	Inc. None	None	None	None
Peter M. Kistler, MBBS,	Brazil The Alfred Hospital Heart Centre,	None	1: St. Jude Medical	None	None	None	None
PhD Gregory Y.H. Lip, MD	Melbourne, Australia University of Birmingham, Bir- mingham, United Kingdom; Aal-	1: Medtronic, 3: Bayer/Janssen, BMS/Pfizer, Boehringer Ingelheim,	3: Bayer, BMS/Pfizer, Boehringer Ingelheim, Daiichi-Sankyo, No	None	None	None	None
Nicholas S. Peters. MD	borg University, Aalborg, Denmark St Mary's Hospital, Imperial College	Daiichi-Sankyo 1: Boston Scientific Corp., 1: Cardialen, Inc., 1: Cardio-	fees are received personally None	None	None	None	None
Cristiano F. Pisani, MD	London, London, United Kingdom InCor, Heart Insitute, HCFMUSP.	logs, 1; Magnetecs, 1; Medtronic, Inc., 1; St. Jude Medical None	None	None	None	None	None
Antonio Raviele, MD	Arrhythmia Unit ALFA-Alliance to Fight Atrial Fibril- None	None	None	None	None	None	None
Eduardo B. Saad, MD,	lation, Rimini, Italy Hospital Pro-Cardiaco and Hospital None Samaritano, Botafogo, Rio de	None	None	None	None	None	None
Kazuhiro Satomi, MD, PhD	Janeiro, Brazil Tokyo Medical University, Tokyo, Japan	1: Bayer/Schering Pharma, 1: Boehringer Ingelheim, 1: Bristol-Myers Squibb, 1: Japan Lifeline, 1: Johnson and Iohnson, 1: Medronic, Inc., 1: Sankyo, Pharmaceuticals.	None	None	None	None	None
Martin K. Stiles,	Waikato Hospital, Hamilton, New		None	None	1: Medrronic, Inc.	None	None
MB Chß, PhD Stephan Willems, MD, PhD	Zealand University Medical Center Ham- burg-Eppendorf, Hamburg, Germany	BIOTKONIK, 1: Medronic, Inc.  1: Bayer HealthCare, LLC, 1: Biosense Webster, Inc., 1: Boehninger Ingelheim, 1: Bristol-Myers Squibb, 1: Sanofi,  1: Sr. Jude Medical, 1: Medronic	None	None	None	None	None

Number Value: 0 = \$0;  $1 = \le \$10,000$ ; 2 = > \$10,000 to  $\le \$25,000$ ; 3 = > \$25,000 to  $\le \$50,000$ ; 4 = > \$50,000 to  $\le \$50,000$  to  $\le \$100,000$ ; 5 = > \$100,000.

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