

1 **Treatment simplification to atazanavir/ritonavir plus lamivudine versus maintenance of**
2 **atazanavir/ritonavir plus two nucleoside reverse transcriptase inhibitors in virologically-**
3 **suppressed HIV-1-infected patients: 48-weeks results from a randomized trial (ATLAS-M)**

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32 **Running title:** Atazanavir/r + lamivudine dual therapy

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44 **Synopsis**

45 **Background:** Combination antiretroviral therapy (cART)-related toxicities and costs have
46 prompted the need for treatment simplification. ATLAS-M trial explored 48-week non-
47 inferior efficacy of simplification to atazanavir/ritonavir plus lamivudine versus maintaining
48 three-drugs atazanavir/ritonavir-based cART in virologically-suppressed patients.

49 **Methods:** We performed an open-label, multicentre, randomized, non-inferiority study,
50 enrolling HIV-infected adults on atazanavir/ritonavir plus two nucleoside reverse-
51 transcriptase inhibitors (NRTI), with stable HIV-RNA<50 copies/mL, and CD4+>200 cells/mm³.
52 Main exclusion criteria were: HBV-coinfection, past virological failure on or resistance to
53 study drugs, recent AIDS, and pregnancy. Patients were randomly assigned 1:1 to either
54 switch to atazanavir 300mg/ritonavir100mg once daily and lamivudine 300mg once daily
55 (ATV/rit+3TC arm) or to continue the previous regimen (ATV/rit+2NRTI arm). Primary study
56 outcome was the maintenance of HIV-RNA<50copies/mL at week 48 at the intention-to-
57 treat-exposed (ITT-e) analysis with switch=failure. The non-inferiority margin was 12%.

58 This study is registered at ClinicalTrials.gov, number NCT01599364.

59 **Results:** Between July 2011 and June 2014, 266 patients were randomized (133 to each
60 arm). After 48 weeks, the primary study outcome was met by 119/133 patients (89.5%) in
61 the ATV/rit+3TC arm and 106/133 patients (79.7%) in the ATV/rit+2NRTI arm (difference
62 ATV/rit+3TC versus ATV/rit+2NRTI arm: +9.8% [95% CI +1.2 to +18.4]), demonstrating non-
63 inferiority and superior efficacy of the ATV/rit+3TC arm. Virological failure occurred in two
64 (1.5%) patients in the ATV/rit+3TC arm and six (4.5%) in the ATV/rit+2NRTI arm, without
65 resistance selection. A similar proportion of adverse events occurred in both arms.

66 **Conclusions:** Treatment simplification to atazanavir/ritonavir plus lamivudine showed non-

67 inferior efficacy (superiority on post-hoc analysis) and a comparable safety profile over
68 continuing atazanavir/ritonavir+2NRTI in virologically-suppressed patients.

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83 **Introduction**

84 Combination antiretroviral therapy (cART) has markedly improved the prognosis of HIV-
85 infected patients,¹ however, long-term exposure to antiretroviral drugs has been associated
86 with a potential development of drug toxicity. In particular, in recent years nucleoside
87 reverse transcriptase inhibitors (NRTI)-associated toxicities have become a matter of
88 concern.² Several NRTI-sparing regimens have been studied with conflicting results.^{3,4} Mono-
89 therapies with boosted protease inhibitors (PI/r) as simplification strategies have shown
90 interesting results, but their efficacy is not equivalent to standard triple therapy particularly
91 in more advanced patients.⁵⁻⁷

92 Dual cART regimens including a PI/r plus lamivudine have been tested in randomized studies
93 in treatment naïve patients⁸ or as simplification strategies in virologically suppressed
94 patients.⁹⁻¹³ Atazanavir/ritonavir plus lamivudine showed long-term efficacy and tolerability
95 in the single arm ATLAS pilot study¹¹ and demonstrated non inferior efficacy when compared
96 to atazanavir/ritonavir plus two NRTI in patient previously receiving different 3-drug
97 combinations in the randomized SALT trial.¹² The aim of our study was to explore the
98 efficacy and safety of treatment simplification to a dual regimen with atazanavir/ritonavir
99 plus lamivudine, as compared to continuing a previously stable, virologically effective
100 regimen with atazanavir/ritonavir plus two NRTIs.

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104 **Patients and methods**

105 *Trial design*

106 ATLAS-M is an open-label, randomized, non-inferiority trial.

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108 **Ethics**

109 The protocol was approved by the Ethics Committees of each participating centre (21
110 hospitals in Italy) and all procedures were performed in accordance with the Declaration of
111 Helsinki. Patients provided written informed consent to study participation before
112 enrolment. The ATLAS-M study was registered with ClinicalTrials.gov, number NCT01599364.

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114 *Participants*

115 The study enrolled adult (>18 years old), HIV-1 infected patients on an antiretroviral regimen
116 including atazanavir/ritonavir plus two NRTI from at least three months, with HIV-RNA <50
117 copies/mL, and CD4 >200 cells/ μ L from at least six months. Exclusion criteria were: previous
118 virological failure on or resistance to atazanavir and/or lamivudine, previous exposure to
119 mono/dual therapies, co-administration of proton pump inhibitors or other medications
120 with known drug-drug interactions potentially reducing exposure to atazanavir, hepatitis B
121 virus (HBV) coinfection, opportunistic infections or other AIDS-related events in the year
122 before screening, pregnancy, lactation or planned pregnancy, major toxicities related to any
123 of the study drugs, grade 4 laboratory abnormalities at screening (excluding blood lipids and
124 bilirubin concentration), and any illness which could, in the clinician's judgment, jeopardize

125 the patient's compliance. Patients were pre-screened to fulfil inclusion criteria on the basis
126 of medical records, and then underwent a screening visit for confirmation.

127

128 ***Randomization***

129 At baseline, patients were randomized 1:1 to (i) treatment switch to atazanavir 300 mg with
130 ritonavir 100 mg once daily and lamivudine 300 mg once daily (ATV/rit+3TC arm) or (ii) to
131 continue atazanavir 300 mg boosted with ritonavir 100 mg once daily with the same NRTI
132 backbone (ATV/rit+2NRTI arm). Randomization was web-based, computer-assigned, and
133 stratified according to the line of ongoing therapy (first line versus other) and the enrolling
134 centre, using blocks of two or four elements.

135

136 ***Procedures***

137 Follow up study visits were planned at weeks 4, 12 and every 12 weeks until week 96. At
138 each visit, physical examination and routine laboratory tests (HIV-RNA, CD4 count, blood
139 chemistry, urinalysis, and pregnancy test in women of reproductive age) were performed.
140 Adherence was assessed by a previously published self-report questionnaire measuring
141 adherence on a 0-100 visual analogue scale (VAS);¹⁴ patients reporting an adherence below
142 90% in at least one visit were considered as sub-optimally adherent.

143 Treatment failure (TF) was defined by any of the following: virological failure, any treatment
144 modification or discontinuation, loss to follow-up, consent withdrawal, progression to AIDS,
145 or death for any cause. Virological failure (VF) was defined as the first of two consecutive
146 HIV-RNA levels >50 copies/mL or a single level above 1,000 copies/mL. Viral blips were

147 defined as a transient HIV-RNA levels above 50 copies/mL preceded and followed by another
148 viral load <50 copies/mL without any treatment change.

149 In case of TF or VF, patients discontinued the study. Genotypic resistance testing was
150 performed on plasma samples at the time of VF and interpreted according to the HIVDB
151 version 7.0 algorithms.¹⁵ Atazanavir plasma levels were also measured in these patients
152 using a validated technique.¹⁶

153 Adverse events (AE) were defined as any new event of any grade occurring after baseline
154 and were classified as drug-related or not on the basis of investigator's judgement and
155 scored according to the DAIDS grading scale.¹⁷ In addition, grade 3 or 4 laboratory toxicities
156 were recorded as total events and as new events occurring after baseline.

157

158 **Outcomes**

159 The primary efficacy endpoint was the proportion of patients without treatment failure at
160 week 48. Analysis of the primary efficacy endpoint was performed with both the intention-
161 to-treat-exposed (ITT-e) and the per protocol population. Moreover, a 48 week FDA-
162 snapshot analysis of treatment efficacy on the ITT-e and PP population was carried out.

163 Secondary endpoints included the development of virological failure and drug resistance, the
164 occurrence of clinical and laboratory AE, the changes of CD4 cell count, blood lipid levels,
165 renal function, and self-reported adherence from baseline to week 48.

166

167 **Statistical analysis**

168 This study was designed as a non-inferiority trial to verify if the proportion of patients
169 without treatment failure in the ATV/rit+3TC arm was not inferior to that in the
170 ATV/rit+2NRTI arm. Non-inferiority margin was set at -12%. Assuming a proportion of
171 success at 48 weeks in the ATV/rit+2NRTI arm of 90%, an α value of 5%, and a power of 80%,
172 we calculated a required sample size of 120 patients per arm. Considering a 10% margin for
173 patients lost to follow-up, the sample size was set at 133 patients per arm.

174 All patients randomized at baseline, who received at least one dose of the study drugs were
175 included in the ITT-e population. The PP population included all subjects from the ITT-e
176 population except those with major protocol violations.

177 Categorical variables were compared using the χ^2 test or Fisher's exact test, as appropriate.
178 Continuous variables were compared using Student t-test or Mann-Whitney U-test as
179 appropriate. All statistical tests were 2-tailed, and only P values of ≤ 0.05 were considered to
180 be significant. All analyses were performed using the SPSS version 18.0 software package
181 (SPSS Inc., Chicago, IL, USA).

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183

184 **Results**

185 ***Patients' characteristics***

186 Between July 2011 and June 2014, a total of 275 patients were screened for study
187 participation and 266 patients were randomized, 133 subjects to each study arm (see figure

188 1). Baseline patients demographic, clinical, virological, and immunological characteristics
189 were similar between arms (see table 1).

190

191 ***Treatment failures and virological failures***

192 At 48 weeks, at the ITT-e analysis patients free of TF were 119 of 133 (89.5%; 95% CI 84.3 to
193 94.7) in the ATV/rit+3TC arm and 106 of 133 (79.7%; 95% CI 72.9 to 86.5) in the
194 ATV/rit+2NRTI arm (difference ATV/rit+3TC minus ATV/rit+2NRTI +9.8%, 95% CI +1.2 to
195 +18.4, p=0.027)(see figure 2).

196 Similar results were observed at the PP analysis: 118 of 131 (90.1%, 95% CI 85.0 to 95.2)
197 patients in the ATV/rit+3TC arm as compared to 103 of 129 (79.8%, 95% CI 72.9 to 86.7)
198 patients in the ATV/rit+2NRTI arm were free of TF (difference between arms +10.3%, 95% CI
199 +1.7 to +18.9, p=0.021).

200 These results fulfils the pre-defined non-inferiority criteria and indicates superior efficacy of
201 switching to ATV/rit+3TC over continuing ATV/rit+2NRTI.

202 At the 48 weeks the snapshot analysis also showed non-inferiority of switching to
203 ATV/rit+3TC. In the ITT-e population, 115 of 133 patients in the ATV/rit+3TC (86.5%; 95% CI
204 80.7 to 92.3) versus 106 of 133 in the ATV/rit+2NRTI arm (79.7%; 95% CI 72.9 to 86.5) were
205 free of TF (difference between arms +6.8%, 95% CI -2.2 to +15.8, p=0.141). In the PP
206 population, treatment success was achieved in 114 of 131 patients in the ATV/rit+3TC
207 (87.0%; 95% CI 81.2 to 92.8) versus 103 of 129 in the ATV/rit+2NRTI arm (79.8%; 95% CI 72.9
208 to 86.7)(difference between arms +7.2%, 95% CI -1.8 to +16.2, p=0.119) (see figure 2).

209 Detailed causes of treatment failure are reported in table 2. VF occurred in two (1.5%)
210 patients in the ATV/rit+3TC arm (including one at baseline, before treatment switch) and six
211 (4.5%) patients in the TT arm (difference between arms -3%; 95% CI -7.1 to +1.1, p=0.282);
212 all subjects with VF were treated with atazanavir/ritonavir plus tenofovir/emtricitabine
213 before baseline. At VF, plasma samples from seven patients (two patients in the ATV/rit+3TC
214 arm and five in ATV/rit+2NRTI arm) were available for genotypic resistance testing and
215 quantification of atazanavir levels. No relevant resistance mutations were detected neither
216 in the protease nor in the reverse transcriptase gene. Undetectable atazanavir levels (<0.05
217 mg/L) were found in one of two (50%) and three of five (60%) plasma samples obtained at
218 the time of VF in the ATV/rit+3TC and ATV/rit+2NRTI arm, respectively; in the remaining
219 patients, atazanavir concentration was above the suggested mid-dosing interval or trough
220 concentration efficacy cut-off.^{18,19} Viral blips not leading to VF or treatment discontinuation
221 were observed in ten (7.5%) patients in the ATV/rit+3TC arm and 16 (12.0%) in the
222 comparator arm (p=0.302). TF due to adverse events (both potentially treatment-related
223 and not treatment-related) did not differ between the two arms (see table 2).

224 Since withdrawal of consent was particularly represented in the triple therapy arm and this
225 could have been influenced by the open label design of the study, thus influencing the
226 results, we performed an efficacy sensitivity analysis in the ITT-e population excluding
227 patients with TF due to withdrawal of consent. In this analysis, patients free of TF were 115
228 of 127 (90.6%; 95% CI 85.5 to 95.7) in the ATV/rit+3TC arm and 104 of 124 (83.9%; 95% CI
229 77.4 to 90.4) in the ATV/rit+2NRTI arm (difference ATV/rit+3TC minus ATV/rit+2NRTI +6.7%,
230 95% CI -1.5 to +14.9, p=0.113), confirming non inferiority of dual therapy.

231

232 ***Clinical and laboratory adverse events***

233 Overall, 68 and 90 clinical AE of any grade occurred in the ATV/rit+3TC and comparator arm,
234 respectively. The majority of clinical AE were mild to moderate. There were seven grade 3-4
235 clinical AE (three in the ATV/rit+3TC and four in the ATV/rit+2NRTI arm), none of which was
236 considered treatment-related. Overall, five renal colics occurred: three in the ATV/rit+2NRTI
237 and two in the ATV/rit+3TC arm. Four patients demonstrated osteopenia/osteoporosis in
238 ATV/rit+2NRTI arm (all considered related to treatment with tenofovir, leading to regimen
239 discontinuation in 2 patients), while no bone events were observed in the dual therapy arm.
240 No significant differences were observed between study arms in the proportion of patients
241 with at least one clinical AE. Details about clinical AE are summarized in table 3.

242 The proportion of patients with grade 3-4 laboratory toxicities is shown in table 4. Most
243 grade 3-4 laboratory toxicities were transient and none led to treatment discontinuation.
244 Incident grade 3-4 hyperbilirubinemia was more frequent in the DT arm [44 of 99 (44.4%)
245 versus 28 of 99 (28.3%) in TT, $p=0.027$]. Other laboratory toxicities were equally distributed
246 between the two arms.

247

248 ***Evolution of CD4 cells count, lipid levels and renal function***

249 The evolution of CD4 cells counts, estimated glomerular filtration rate (eGFR), and blood
250 lipids is illustrated in figure 3a-c.

251 At 48 weeks, the changes from baseline CD4 cells were not significantly different between
252 ATV/rit+3TC and comparator arm.

253 The evolution of eGFR was more favorable in the ATV/rit+3TC as compared to the control
254 arm: at week 48, mean change from baseline eGFR (using CKD-EPI) was +2 mL/min/1.73m²
255 (95% CI -1 to 6) in ATV/rit+3TC versus -5 mL/min/1.73m² (95% CI -8 to -2) in the comparator
256 arm (p<0.001). This benefit was confirmed in the subgroup of evaluable patients using
257 tenofovir at baseline (92 and 90 in ATV/rit+3TC and comparator arms, respectively): +3
258 mL/min/1.73m² (95% CI -1 to 6) in ATV/rit+3TC versus -5 mL/min/1.73m² (95% CI -9 to -2) in
259 the comparator arm (p<0.001).

260 Total cholesterol (TC), high-density lipoprotein cholesterol (HDL), and low-density
261 lipoprotein cholesterol (LDL) showed a significant increase in the ATV/rit+3TC as compared
262 to the control arm (see figure 3b). No significant differences in the changes of triglycerides,
263 TC/HDL, and HDL/LDL ratios were observed between the two arms.

264

265 ***Adherence measures***

266 Self-reported adherence was provided by 247 (92.6%) patients (125 [94.0%] in the
267 ATV/rit+3TC and 122 [91.7%] in the control arm). During the study, the two treatment arms
268 did not significantly differ for adherence levels at any study visit (mean change versus
269 baseline at 48 weeks: +2% [95% CI -3 to +6] in the ATV/rit+3TC versus -2% [95% CI -4 to +1]
270 in the comparator arm, p=0.165). Suboptimal adherence was not significantly different in
271 patients experiencing VF as compared to those not (71.4% [5 of 7] versus 53.5% [130 of 243],
272 p=0.457).

273

274 **Discussion**

275 In ATLAS-M trial, simplification to a dual therapy with atazanavir/ritonavir and lamivudine
276 met non-inferiority over continuation of triple therapy at all analyses. Moreover, a
277 statistically superior efficacy of dual therapy was shown at the primary endpoint analysis,
278 although this analysis was not determined a priori. This superiority resulted from the
279 combination of several factors: a lower rate of virological failure, a lower discontinuation
280 rate for treatment-related toxicity, and the less frequent withdrawal of consent in patients
281 randomized to ATV/rit+3TC. All three reasons may be interpreted as signs of an overall
282 better tolerability of this regimen over the comparator. In agreement with this, a lower
283 number of clinical adverse events and a significant improvement of renal function were
284 observed in the ATV/rit+3TC arm versus the comparator. These results are in line with the
285 good efficacy and tolerability observed with ATV/rit+3TC as switch therapy in the ATLAS
286 single arm, pilot study, which extended its observation up to 144 weeks.^{9,11} In a previous
287 randomized controlled study (the SALT trial) with a similar sample size as the present one,
288 ATV/rit+3TC showed non-inferior efficacy at 48 weeks as compared with ATV/rit+ 2NRTIs in
289 patients switching from different standard three-drug cART regimens.¹² The very similar
290 efficacy results of the SALT and ATLAS-M trial confirm the robustness of this strategy in
291 different contexts. Superiority of ATV/rit+3TC was not shown in the SALT study, although the
292 direction of the difference was similar to ATLAS-M, possibly because of the different design
293 of SALT, which enrolled patients on any cART type and allowed switching of the NRTI type at
294 baseline in those with tolerability issues. ATLAS-M did not specifically screen patients with
295 NRTI-related toxicities but more than 80% of patients randomized to continuing their
296 ongoing regimen were on tenofovir disoproxil fumarate. Therefore, patients in the
297 comparator arm of ATLAS-M were exposed to a higher risk of NRTI toxicity as those in SALT,
298 which could at least in part explain the different results.

299 Virological failure was rare and no resistance was detected in cases that could be genotyped,
300 confirming that the Met184Val resistance mutation to lamivudine, the drug with the lowest
301 genetic barrier in this regimen, emerges very rarely with this regimen.^{9,11,12}

302 Self-reported adherence measures did not change significantly over time in both study arms
303 but in most cases of virological failure, plasma atazanavir levels were undetectable,
304 suggesting a relevant role of insufficient adherence in these cases.

305 Renal function, as measured by the change of the eGFR from baseline at 48 weeks, showed a
306 significantly better performance with ATV/rit+3TC as compared to ATV/rit+2NRTIs. The
307 difference was slightly more prominent in the subset of patients discontinuing tenofovir.
308 Given the renal toxicity associated with both tenofovir and atazanavir,²⁰ we suggest that an
309 improvement in eGFR may be particularly notable in patients interrupting tenofovir after
310 using the two drugs combined. Unfortunately, ATLAS-M did not collect markers of tubular
311 proteinuria, which could have allowed to analyze the effect on more specific tenofovir-
312 related renal toxicity parameters.

313 As in several other studies contemplating the discontinuation of tenofovir disoproxil
314 fumarate,^{9,12,21,22} we demonstrated an increase of total cholesterol and LDL cholesterol in
315 the ATV/rit+3TC arm. This change has been previously described as a statin-like effect of
316 tenofovir disoproxil fumarate.²³ However, due to the concomitant increase of HDL
317 cholesterol, the total/HDL cholesterol and the HDL/LDL cholesterol ratios remained
318 unchanged. Therefore, the effect of these changes on the cardiovascular risk is probably
319 neutral.

320 Overall, results of this study significantly strengthen the evidence of the efficacy of cART
321 strategies based on the combination of a PI/rit with lamivudine. Randomized studies have

322 shown non-inferior efficacy of lopinavir/ritonavir with lamivudine in previously untreated
323 and in virologically suppressed patients.^{8,13} However, lopinavir is associated with significant
324 toxicities and comparator arms in these studies do not represent the state of the art of
325 antiretroviral therapy any more. Darunavir/ritonavir with lamivudine has shown interesting
326 results but only in small, observational studies.^{10,24} Other dual therapies have shown less
327 encouraging results both in naïve and in virologically suppressed patients.^{3,4,25,26} Therefore,
328 at the moment, simplification to atazanavir/ritonavir with lamivudine shows the most robust
329 data among the two-drug regimens.

330 In our opinion, the main strength of ATLAS-M lies on its design. Indeed, the study allowed
331 the inclusion of patients who were already on a stable atazanavir/ritonavir based triple-
332 therapy only and prescribed the continuation of the same NRTI in the comparator arm.
333 Therefore, the results in terms of efficacy and safety were less likely to be affected by
334 toxicities related to the changes of other components of the regimen.

335 The open-label design of the study represents a limitation, since it may have introduced
336 certain biases, including a higher propensity of discontinuation due to toxicity in the triple
337 therapy arm, which may have affected the main outcome. However, we believe that absence
338 of major toxicity at baseline and the use of an identical pill burden in both study arms should
339 have minimized this effect.

340 The reduced cost of this dual regimen, thanks to both the discontinuation of an NRTI
341 (tenofovir or abacavir in the majority of patients) and to the availability of generic
342 lamivudine, represents an additional benefit. Moreover, the patent of atazanavir is close to
343 expiration and this could additionally reduce costs of this combination.

344 In conclusion, the simplification to ritonavir-boosted atazanavir with lamivudine in
345 virologically suppressed patients on ritonavir-boosted atazanavir with two NRTIs is non-
346 inferior and superior in a post-hoc analysis as compared to the continuation of the previous
347 triple therapy at 48 weeks. A significant beneficial effect of atazanavir/ritonavir plus
348 lamivudine in the evolution of eGFR was also observed, particularly in subjects discontinuing
349 tenofovir disoproxil fumarate. In virologically-suppressed patients on ritonavir-boosted
350 atazanavir with two NRTIs who are not co-infected with HBV, a switch to dual therapy with
351 boosted atazanavir and lamivudine may be considered.

352

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526 **Table 1.** Baseline patients characteristics.

	Total population n=266	ATV/rit + 3TC n=133	ATV/rit + 2 NRTIs n=133
Age, years*	44 (36-50)	44 (36-49)	44 (36-51)
Male gender	212 (79.7)	112 (84.2)	100 (75.2)
Risk factor:			
Heterosexual	108 (40.6)	48 (36.1)	60 (45.1)
Homo/bisexual	116 (43.6)	64 (48.1)	52 (39.1)
IDU	20 (7.5)	9 (6.8)	11 (8.3)
Other/unknown	22 (8.3)	12 (9.0)	10 (7.5)
HCV co-infection	28 (10.5)	14 (10.5)	14 (10.5)
Previous AIDS events	34 (12.8)	18 (13.5)	16 (12.0)
Years from HIV diagnosis*	4.5 (2.2-9.5)	4.2 (2.2-9.0)	5.2 (2.6-10.3)
Years from first cART initiation*	2.7 (1.6-5.5)	2.8 (1.7-5.1)	2.7 (1.6-6.4)
Antiretroviral treatment line*	2 (1-3)	2 (1-3)	2 (1-3)
Months from last regimen initiation*	29.1 (17.1-53.0)	28.7 (17.9-52.9)	29.2 (16.2-54.6)
NRTI backbone:			
TDF+FTC/3TC	217 (81.6)	105 ^a (78.9)	112 ^a (84.2)
ABC+3TC	43 (16.2)	25 (18.8)	18 (13.5)
Other	6 (2.3)	3 ^b (2.3)	3 ^c (2.3)
Nadir CD4 count, cells/μL*	265 (132-357)	274 (118-357)	257 (144-357)
Current CD4 count, cells/μL*	617 (481-781)	622 (472-779)	616 (486-783)
Months from last HIV-1 RNA >50 copies/mL*	22.0 (12.6-45.0)	23.5 (12.6-46.5)	20.8 (12.3-44.8)

527

528 **Notes:** values are expressed as n (%) except for *median (interquartile range, IQR); ^a one529 patient in each arm treated with TDF+3TC, all the others with TDF+FTC; ^b two zidovudine +

530 3TC, one didanosine + 3TC; ^c one zidovudine + 3TC, one TDF + ABC, one no NRTI backbone
531 (treated with atazanavir/ritonavir + raltegravir, major protocol deviation).

532 **Abbreviations:** ATV/rit, atazanavir/ritonavir; 3TC, lamivudine; NRTI, nucleos(t)ide reverse
533 transcriptase inhibitors; HCV, hepatitis C virus; cART, combination Antiretroviral Therapy;
534 TDF, tenofovir; FTC, emtricitabine; ABC, abacavir.

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537 **Table 2:** Causes of treatment failure.

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	ATV/rit + 3TC N=133	ATV/rit + 2 NRTIs N=133	p
Any cause	14 (10.2)	27 (20.3)	0.042
Virological Failure	2 (1.5)	6 (4.5)	0.282
Adverse events (potentially treatment-related)^a	2 (1.5)	5 (3.8)	0.447
Adverse events (not treatment related)^b	2 (1.5)	3 (2.3)	1.000
Withdrawal of consent	2 (1.5)	7 (5.3)	0.172
Loss to follow-up	5 (3.8)	4 (3.0)	1.000
Other	1 (0.8)	2 (1.5)	0.624

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541 **Abbreviations:** ATV/rit, atazanavir/ritonavir; 3TC, lamivudine; NRTI, nucleos(t)ide reverse

542 transcriptase inhibitors.

543 **Notes:**

544 ^a ATV/rit + 3TC arm: skin rash (week 4) and renal colic (week 26); ATV/rit + 2NRTI arm:

545 creatinine increase (week 3 and week 7), osteopenia (week 16), renal colic (week 24), drug

546 nephropathy (week 43).

547 ^b ATV/rit + 3TC arm: death (week 10, sudden death, probably cardiac), thyroid carcinoma

548 (week 24); ATV/rit + 2NRTI arm: spinal disc herniation (week 3), pneumonia (week 12),

549 abdominal cancer (week 48).

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554 **Table 3:** Proportion of patients with any grade clinical adverse events.

	ATV/rit + 3TC n=133	ATV/rit + 2NRTI n=133	P
Central Nervous System	3 (2.3)	4 (3.0)	1.000
Gastrointestinal	6 (4.5)	9 (6.8)	0.595
Skin and soft tissues	4 (3.0)	0	0.122
Urinary tract	5 (3.8)	8 (6.0)	0.571
Respiratory tract	8 (6.0)	6 (4.5)	0.784
Infections	12 (9.0)	13 (9.8)	0.834
Neoplasm	3 (2.3)	1 (0.8)	0.622
Bone	0	4 (3.0)	0.122
Other	12 (9.0)	20 (15.0)	0.187
Patients with at least one AE	33 (24.8)	40 (30.1)	0.410

555

556 **Abbreviations:** ATV/rit, atazanavir/ritonavir; 3TC, lamivudine; NRTI, nucleos(t)ide reverse

557 transcriptase inhibitors.

558 **Note:** Grade 3-4 clinical AE were 3 in the ATV/rit + 3TC arm (sudden death probably cardiac,

559 thyroid carcinoma, atrial fibrillation) and 4 in the ATV/rit + 2NRTI arm (abdominal cancer,

560 pneumonia, radiculitis, traumatic tibia fracture and finger amputation): all were not

561 considered treatment-related.

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567 **Table 4:** Proportion of patients with grade 3-4 laboratory toxicities.

	Total grade 3-4 toxicities			New* grade 3-4 toxicities		
	ATV/rit + 3TC n (%)	ATV/rit + 2NRTI n (%)	P	ATV/rit + 3TC n (%)	ATV/rit + 2NRTI n (%)	P
Total cholesterol	7/133 (5.3)	3/133 (2.3)	0.334	6/126 (4.8)	1/126 (0.8)	0.120
LDL cholesterol	17/133 (12.8)	8/133 (6.0)	0.093	10/111 (9.0)	5/115 (4.3)	0.188
Triglycerides	8/133 (6.0)	2/133 (1.5)	0.103	8/126 (6.3)	2/128 (1.6)	0.059
Total bilirubin	71/133 (53.4)	58/133 (43.6)	0.141	44/99 (44.4)	28/99 (28.3)	0.027
ALT	0/133 (0)	1/133 (0.8)	1.000	0/133 (0)	0/133 (0)	Nc
At least one laboratory toxicity	92/133 (69.2)	87/133 (65.4)	0.601	64/133 (48.1)	49/133 (36.8)	0.082

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569 **Abbreviations:** Nc, not computable.

570 **Notes:** * incident toxicity, not present at baseline.

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578 **Figure legends**

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580 **Figure 1.** Flow chart showing patient allocation throughout the study and main study
581 outcomes. ATV/rit = atazanavir/ritonavir; 3TC = lamivudine; NRTI = nucleos(t)ide reverse
582 transcriptase inhibitors); TDF/FTC, tenofovir/emtricitabine; RAL, raltegravir; ITT-e = intent-
583 to-treat-exposed; PP = per protocol.

584 Note: * All randomized patients received at least one dose of study drugs and were thus
585 included in the safety analysis exploring clinical and laboratory adverse events.

586

587 **Figure 2.** Lower part: proportion of patients without treatment failure at week 48 in the two
588 study arms in the main analysis and the FDA snapshot analysis both in the ITT-e (intent-to-
589 treat-exposed) and PP (per protocol) populations. Upper part: the main analysis shows
590 superiority of the atazanavir/ritonavir + lamivudine arm (ATV/rit+3TC) over the
591 atazanavir/ritonavir + 2 nucleoside analogues (ATV/rit+2NRTI) arm in both the ITT-e and the
592 PP population. The FDA snapshot analysis shows non-inferiority of ATV/rit+3TC in both the
593 ITT-e and PP population.

594

595 **Figure 3.** Mean change from baseline values at week 48 in the atazanavir/ritonavir +
596 lamivudine arm (ATV/rit+3TC) and the atazanavir/ritonavir + 2 nucleoside analogues
597 (ATV/rit+2NRTI) arm for (a) peripheral blood CD4+ T cell counts, (b) blood lipids and (c)

598 estimated glomerular filtration rate (eGFR) based on the MDRD and the CKD-EPI equations.

599 TC, total cholesterol; LDL, low-density lipoprotein cholesterol; HDL, high-density lipoprotein

600 cholesterol; TG, triglycerides.

601