

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

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Do We Really Need Another Epidermal Growth Factor Receptor Tyrosine Kinase Inhibitor in First-Line Treatment for Patients With Non-Small-Cell Lung Cancer and EGFR Mutations?

TO THE EDITOR: Sequist et al¹ recently published in *Journal of Clinical Oncology* the results of a phase III study comparing afatinib to standard first-line chemotherapy in patients with metastatic lung adenocarcinoma with *EGFR* mutations.

Since 2004, when *EGFR* became a target,²⁻⁴ three similar molecules have been studied and developed for the same indication. So far, three drugs (gefitinib, erlotinib, and afatinib) have been approved as first-line treatment in a population representing approximately 10% of patients with non-small-cell lung cancer (NSCLC). Furthermore, to our knowledge, at least one other drug⁵ is under investigation for the same population.

The regulatory agencies accepted the commercialization of a third drug without any direct comparison with the other two already-marketed drugs in such a small subset of patients. Nevertheless, we need to understand how afatinib could possibly be implemented in clinical practice. At the date the LUX-Lung 3 trial was started, data on IPASS were already known, and gefitinib was already considered standard first-line treatment for *EGFR*-mutated patients, as was erlotinib later on.

Table 1. Randomized Phase III Trials Comparing Epidermal Growth Factor Receptor Tyrosine Kinase Inhibitor and Standard Chemotherapy as First-Line Treatment in Patients With Non-Small-Cell Lung Cancer: Results in *EGFR*-Mutated Patients and According to Different Variants

Trial	No. of Patients	RR (%)	P	PFS (months)	HR (95% CI)	P	No. of Patients	Dell9	PFS HR (95% CI)			
									No. of Pts	L858R	No. of Patients	Others
IPASS ⁹ (N = 261)	132	71.2	<.001	9.5	0.48 (0.36 to 0.64)	<.001	66	0.38 (0.26 to 0.56)	64	0.55 (0.35 to 0.87)	3	NA
Gefitinib 250 mg daily	129	47.3		6.3			74		47		7	
CBDC AUC 5-6 + paclitaxel 200 mg/m ² every 21 d												
FIRST-SIGNAL ¹⁰ (N = 42)	26	84.6	.002	8.0	0.54 (0.27 to 1.10)	.086						NA
Gefitinib 250 mg daily												
CDDP 80 mg/m ² d 1 + gemcitabine 1,250 mg/m ² d 1, d 8 every 21 d	16	37.5		6.3								
WJTOG3405 ¹¹ (N = 177)	88	62.1	<.001	9.2	0.49 (0.34 to 0.71)	<.001	50	0.45 (0.27 to 0.77)	36	0.51 (0.29 to 0.90)	—	—
Gefitinib 250 mg daily	89	32.2		6.3			37		49			
CDDP 80 mg/m ² d 1 + docetaxel 60 mg/m ² d 1 every 21 d												
NEJSG002 ¹² (N = 228)	114	73.7	<.001	10.8	0.30 (0.22 to 0.41)	<.001						NA
Gefitinib 250 mg daily	114	30.7		5.4								
CBDC AUC 6 d 1 + paclitaxel 200 mg/m ² d 1 every 21 d												
OPTIMAL ¹³ (N = 154)	82	83	<.001	13.7	0.16 (0.11 to 0.26)	<.001	43	0.13 (0.07 to 0.25)	39	0.26 (0.14 to 0.49)	—	—
Erlotinib 150 mg daily	72	36		4.6			39		33			
CBDC AUC 5 d 1 + gemcitabine 1,000 mg/m ² d 1, d 8 every 21 d												
EURTAC ¹⁴ (N = 173)	86	64	<.001	9.7	0.37 (0.25 to 0.54)	<.001	57	0.30 (0.18 to 0.50)	29	0.55 (0.29 to 1.02)	—	—
Erlotinib 150 mg daily	87	18		5.2			58		29			
Different CT regimens												
TORCH ¹⁵ (N = 39)	19	42.1	NA	9.7	0.60 (0.30 to 1.20)	.006						NA
Erlotinib 150 mg daily → CDDP + gemcitabine	20	25.0		6.9								
CDDP + gemcitabine → erlotinib 150 mg daily												
LUX-Lung 3 ¹ (N = 345) (independent assessment)	230	56	.001	11.1	0.58 (0.43 to 0.78)	.001	113	0.28 (0.18 to 0.44)	91	0.73 (0.46 to 1.17)	26	NA
Afatinib 40 mg daily	115	23		6.9			57		47		11	
CDDP 75 mg/m ² d 1 + pemetrexed 500 mg/m ² d 1 every 21 d												
LUX-Lung 6 ¹⁶ (N = 364) (independent assessment)	242	67	NA	11.0	0.28 (0.20 to 0.39)	<.001	186	0.20 (0.13 to 0.33)	138	0.32 (0.19 to 0.52)	40	0.55 (0.22 to 1.43)
Afatinib 40 mg daily	122	23		5.6								
CDDP 75 mg/m ² d 1 + gemcitabine 1,000 mg/m ² d 1, d 8 every 21 d												

Abbreviations: AUC, area under the curve; CBDC, carboplatin; CDDP, cisplatin; CT, chemotherapy; d, day; HR, hazard ratio; NA, not available; PFS, progression-free survival; RR, response rate.

Table 2. Toxicity in Randomized Phase II/III Trials Comparing Epidermal Growth Factor Receptor Tyrosine Kinase Inhibitor and Standard Chemotherapy in First-Line Treatment for Non-Small-Cell Lung Cancer

Trial	No.	Global Toxicity %				Diarrhea				Rash				Paronychia			
		All Grades		Grades 3-4		All Grades		Grades 3-4		All grades		Grades 3-4		All grades		Grades 3-4	
		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
IPASS⁸																	
Gefitinib 250 mg daily	607	NA	28.7	283	46.6	29	4.9	402	66.2	19	3.1	82	13.5	2	0.3		
CBDCA + paclitaxel once every 21 d	589	NA	61	128	21.7	8	1.4	132	22.4	5	0.8	0	0	0	0		
FIRST-SIGNAL¹⁰																	
Gefitinib 250 mg daily	159	NA	28.9	79	49.7	4	2.5	115	72.4	47	29.3	NA	NA	NA	NA		
CDDP + gemcitabine once every 21 d	150	NA	68	45	30	2	1.3	20	13.3	3	2	NA	NA	NA	NA		
WJTOG3405¹¹																	
Gefitinib 250 mg daily	87	NA	NA	47	54	1	1.1	74	85	2	2.3	28	32.2	1	1.2		
CDDP - docetaxel	88	NA	NA	35	39.8	0	0	7	7.9	0	0	1	1.1	0	0		
NEJSG002¹²																	
Gefitinib 250 mg daily	114	94.7	41.2	39	34.2	1	0.9	81	71.1	6	5.3	11	9.6	3	2.6		
CBDCA + paclitaxel once every 21 d	113	97.3	71.7	7	6.2	0	0	25	22.1	3	2.7	0	0	0	0		
OPTIMAL¹³																	
Erlotinib 150 mg daily	83	93	17	21	25	1	1	61	73	2	2	3	4	0	0		
CBDCA - gemcitabine	72	96	65	4	6	0	0	14	19	0	0	0	0	0	0		
EURTAC¹⁴																	
Erlotinib 150 mg daily	84	98	45	48	57	4	5	67	80		11 13	NA	NA	NA	NA		
CDDP/CBDCA + docetaxel/gemcitabine	82	99	67	15	18	0	0	4	5		0	NA	NA	NA	NA		
TORCH¹⁵																	
Erlotinib 150 mg daily	368	NA	NA	152	41	20	5.5	252	68	40	11	NA	NA	NA	NA		
CDDP - gemcitabine	372	NA	NA	91	25	2	1	135	37	26	7	NA	NA	NA	NA		
INVITE¹⁷																	
Gefitinib 250 mg daily	94	83	41.5	24	25.5	4	4.3	23	24.5	2	2.1	NA	NA	NA	NA		
Vinorelbine	96	89.5	55.2	13	13.5	4	4.2	3	3.1	0	0	NA	NA	NA	NA		
Lilenbaum¹⁸																	
Erlotinib 150 mg daily	52	85	27	23	44	3	3.6	34	65	4	8	NA	NA	NA	NA		
CBDCA - paclitaxel	51	98	41	10	20	0	0	3	6	0	0	NA	NA	NA	NA		
IFTC-0301¹⁹																	
Gefitinib 250 mg daily	43	72	23	12	28	2	5	17	39	1	2	NA	NA	NA	NA		
Gemcitabine or docetaxel	42/42	73/78	29/56	5-6	12/15	0/1	2	1/7	2/16	0/2	4	NA	NA	NA	NA		
LUX-Lung 3¹																	
Afatinib 40 mg daily	229	100	1	218	95.2	33	14.4	204	89.1	37	16.2	130	56.8	26	11.4		
CDDP - pemetrexed	111	98.2	5	17	15.3	0	0	0	7.63	0	0	0	0	0	0		
LUX-Lung 6¹⁶																	
Afatinib 40 mg daily	239	98.7	36	88.3	10.6	0	0	5.4	80.8	0	0	0	0	0	0		
CDDP - gemcitabine	113	99.1	60.1	10.6	8.8	0	0	0	0	0	0	0	0	0	0		

Abbreviations: CBDCA, carboplatin; NA, not available; CDDP, cisplatin.

An assumption was that afatinib was active in patients with rare mutations, and in particular for the T790M variant.⁶⁻⁷ However, no confirmation data about the outcome of patients harboring T790M de novo or other rare mutations have been reported here.

In fact, Sequist et al¹ reported efficacy data only on the overall EGFR-mutated population and exon 19 and L858R variants, demonstrating a higher progression-free survival (PFS) and response rate (RR) compared with chemotherapy. These data merely confirm the results of clinical trials using erlotinib and gefitinib, without major differences in terms of PFS, neither in the overall population nor in patients with mutations in exon 19^{1,8-16} (Table 1).

Furthermore, deep analysis of the toxicity data (Table 2) indicates the same common adverse effects of afatinib as reported with the other EGFR TKIs. However, the indirect comparison with the other phase III studies⁸⁻¹⁹ shows an increase in diarrhea, rash, and nail disorders for this drug.

Moreover, in our opinion, the data on pharmacokinetics presented by Sequist et al¹ are not conclusive. In several studies including unselected patients with NSCLC treated with other EGFR TKIs, there seemed to be a direct correlation between the plasma dose levels, toxicity, and efficacy.^{3,20-21} Sequist et al concluded that the pharmacokinetics, according to individual dose modification for toxicity, did not significantly influence the efficacy. Unfortunately, in this case the question whether higher plasma levels correlate with higher efficacy also remains unsolved.

The LUX-Lung 3 trial represents the only trial in patients with advanced EGFR mutation-positive NSCLC comparing an EGFR TKI to best-in class chemotherapy regimen in the first-line setting, and therefore its hazard ratio point estimate must be carefully interpreted when compared with those of the other drugs.

We are pleased that the results published met the primary end point, but it is difficult to understand how this new drug could possibly be implemented into clinical practice.

We still do not know which one—afatinib, erlotinib, or gefitinib—is the best option as first-line treatment in patients with EGFR-mutated NSCLC. In fact, as first-line therapy, the question of which is the best TKI will never be faced, as a direct comparison between erlotinib and gefitinib probably will never occur. So the question about the best first-line TKI will only partially be resolved when data of the ongoing LUX-Lung 7 and 8 trials are presented. Furthermore, after the publication of all these trials, the first developed drugs will probably lose their patent, creating competition in terms of cost. Presently, there are no data for second- or third-line treatments available for afatinib.

Research efforts are undertaken to develop new and similar drugs to treat a small subset of patients. However, it seems astounding that for such a niche therapeutic area, there are three similar drugs available, and that after nine phase III trials,^{1,8-16} the question of whether one single drug is superior to the others is still unresolved. Furthermore, how to overcome acquired resistance and to treat patients after disease progression still remains unclear, and no drugs have been approved for post-progression treatment.

Unfortunately, as a result of a lack of direct comparisons made in the research carried out so far, prescriptive choice of EGFR TKIs will not presently be based on scientific evidence.

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

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Reply to E.R. Haspinger et al

We respectfully disagree with the premise put forth by Haspinger et al¹ that sufficient advancement has already occurred in epidermal growth factor receptor (*EGFR*) mutation-positive lung cancer. We believe ongoing research will continue to improve outcomes for patients and lead directly and tangentially to further scientific breakthroughs.

Although we appreciate that *EGFR* mutation-positive patients represent a fraction of the overall population with lung cancer, this group should still be studied in depth and afforded the benefit of drug development efforts. In the United States and Europe, *EGFR* mutants comprise 15% to 20% of lung adenocarcinomas, and in Asia its frequency reaches 60% and higher, globally making this genomic alteration frequent enough to efficiently complete nine randomized trials in just a few years.

The discovery of *EGFR* mutations in 2004 not only affected treatment for patients with this mutation, but also permanently and significantly transformed the paradigm of solid tumor biologic research and rapid drug development. This has led to major advances in the treatment of anaplastic lymphoma kinase- and *ROSI*-positive lung cancers and other solid cancers such as malignant melanoma or gastrointestinal stromal tumors.

The solid body of evidence for initial *EGFR* tyrosine kinase inhibitor (TKI) treatment generated by the lung cancer research community in the past few years may seem like an obvious conclusion today; however, it was far from standard recommendation or practice 4 years ago. While the preliminary results of the Iressa Pan-Asia Study (IPASS) trial had been reported in abstract form at the time of LUX-Lung 3 initiation, neither the detailed publication nor any results from the subsequent trials with gefitinib or erlotinib were yet known. At that time, there was still a fair amount of controversy about the concept of first-line genotype-directed therapy for *EGFR*, and until our publication there were still no data comparing an *EGFR* TKI with cisplatin/pemetrexed, currently the preferred chemotherapy regimen for lung adenocarcinoma.

With reference to the tables by Haspinger et al, we would like to caution against any indirect comparisons of efficacy and safety across trials. There are many variables in patient selection and trials methodology that substantially differ among studies and could bias the results; any systematic review of these data should also evaluate the limitations and the potential bias of the

comparison. Did the study accept all *EGFR* mutations or only the common mutations known to be most sensitive to *EGFR* TKIs (del19, L858R)? Was *EGFR* mutation testing done centrally using validated methods or by local academic laboratories? Was imaging performed at similar intervals, and was there a blinded independent review of progression events? Were the analyses done in an intent-to-treat manner or a post hoc retrospective manner?

The initial publication of the primary data from the LUX-Lung 3 study cannot provide all the answers to all the crucial questions about how to best integrate afatinib into existing treatment algorithms for lung cancer. Indeed, data about outcomes for patients with less common mutations and de novo T790M were recently presented at the 2013 World Congress for Lung Cancer meeting, and at the time of this correspondence, other studies are in progress examining afatinib alone and in combination with other therapeutics in various settings, including head-to-head comparisons with gefitinib and erlotinib. Just as the current state of evidence for use of gefitinib, erlotinib, crizotinib, and the approved chemotherapies for lung cancer has not been generated overnight but has continued to amass and become more refined over time, so will data regarding afatinib. We anticipate that going forward other *EGFR* inhibitors will also emerge, some of which already appear to have marked activity in patients with acquired resistance to earlier *EGFR* TKIs.

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

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