

1 **Detection of boldenone, its conjugates and androstadienedione, as well as five**  
2 **corticosteroids in bovine bile through a unique immunoaffinity column clean-up and**  
3 **two validated liquid chromatography–tandem mass spectrometry analyses.**

4

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## 11 **Abstract**

12 The presence of  $\beta$ -boldenone II phase metabolites and prednisolone in urine samples,  
13 owing to endogenous or natural origin or illicit treatment, is under debate within the  
14 European Union. The detection of  $\beta$ -boldenone conjugates,  $\alpha$ -boldenone conjugates at a  
15 concentrations higher than  $2 \text{ ng mL}^{-1}$  and prednisolone above the cut-off level of  $5 \text{ ng mL}^{-1}$   
16 in urine have been, until now, critical in deciding if illegal drug use has occurred. The use  
17 of urine as a matrix for the control of illegal drug treatment is not, however, entirely  
18 satisfactory. In this study, we have developed and validated a simple and unique  
19 immunoaffinity clean-up procedure, which was applied to bovine bile samples, followed by  
20 two different analytical liquid chromatography, ion electrospray, tandem mass  
21 spectrometry methods. The first of these methods tests for androstadienedione,  $\alpha$ - and  $\beta$ -  
22 boldenone sulphate, glucuronate and free forms, and the other method tests for  
23 prednisolone, prednisone, dexamethasone, cortisone and cortisol. The methods were  
24 validated according to the European Commission Decision 2002/657/EC. The evaluated  
25 parameters were linearity, specificity, precision (repeatability and intra-laboratory

26 reproducibility), recovery, decision limit and detection capability. The decision limits ( $CC\alpha$ )  
27 were between 0.38 and 0.45  $\text{ng mL}^{-1}$  and 0.13 and 0.15  $\text{ng mL}^{-1}$  for anabolic steroids and  
28 corticosteroids, respectively. Intra- and inter-day repeatability was below 15.8 and 19.9%  
29 for all analytes, respectively. The methods were applied to the analysis of some bile  
30 samples collected from untreated young bulls in order to investigate the presence of the  
31 studied steroids in this matrix.

32

33 **Keywords: boldenone sulphate, boldenone glucuronide, prednisolone, prednisone,**  
34 **dexamethasone, bovine bile.**

35

## 36 **1. Introduction**

37 The use of growth promoters in food-producing animals allows animal performances to be  
38 improved, such as a better transformation rate, a higher meat yield at slaughter, an  
39 increase in milk production or a decrease in muscle fat. The use of growth promoters is  
40 prohibited, as detailed in Council Directives 96/22/EC and 96/23/EC [1, 2], which contain  
41 guidelines for controlling veterinary drug residues in animals and their products, with all the  
42 necessary information to set up national monitoring plans [3]. The ban of any growth-  
43 promoter was accomplished on 1 January 2006 with the prohibition of the last four  
44 antimicrobial agents [4].

45 Regulations on substance residues with hormonal activity in food of animal origin is  
46 essential to safeguard animal welfare, to avoid consumer health risks derived from the  
47 exposure and to ascertain commercial frauds.

48 Nevertheless, the simple detection of some steroids in bovine urine is currently considered  
49 to provide insufficient evidence of illicit treatment. Parameters such as cut-off levels,  
50 presence of metabolites, or both, must be accounted for. As an example, the  $\alpha$ -epimer of  
51 boldenone was proposed, in 2003, as a naturally occurring steroid in bovine animals by  
52 experts within the EU, who set the "natural threshold" for the  $\alpha$ -boldenone conjugates in  
53 urine at  $2 \text{ ng mL}^{-1}$ ; a concentration above this could come from illicit treatment [5]. The  
54 authorities responsible for the control of residues in food must, therefore, consider either  
55 the possible endogenous production of these molecules or the existence of natural feed  
56 ingredients, such as phytosterols, as possible precursors to boldenone [6]. The faecal  
57 contamination of urine can also generate false positives for boldenone presence [7, 8]. An  
58 analogous explanation considers the *in vitro* formation of prednisolone from cortisol in  
59 bovine [9] and human urine [10]. Moreover, cattle that are under stress conditions [11]  
60 could produce prednisolone. Based on recent findings and on a study that has been  
61 carried out on 100 bovine urine samples, de Rijke et al. have suggested a threshold level

62 of 5 ng mL<sup>-1</sup> for regulatory purposes [12], which was based on the following calculation:  
63 average level in non-treated animals + (3 x the standard deviation). From all  
64 considerations, it emerges that no ultimate answer is available on the topics of boldenone  
65 and prednisolone in bovine urine. We, therefore, suggest a different biological matrix, such  
66 as bile, which represents a fairly complex matrix containing a lot of information. Many  
67 substances undergo, through the biliary tract, entero-hepatic recycling. Until now, scientific  
68 reports have indicated urine, liver, faeces and hair as the major biological matrices for the  
69 detection of such important analytes, whereas data are scarce for bile.

70 Particular research in this area includes the study of trenbolone in bovine bile and faeces  
71 [13], the analysis of hormonal steroids in fish plasma and bile [14], and an automated  
72 multi-immunoaffinity chromatography screening to detect anabolic agents, including  
73 boldenone, in bile and urine [15]. However, these methods do not allow for the  
74 simultaneous determination of corticosteroids and anabolic steroids, and the developed  
75 clean-up method relied on a number of steps, resulting in complicated and expensive  
76 procedures.

77 In this paper, we describe two methods based on a unique immunoaffinity column (IAC)  
78 clean-up and two liquid chromatography–tandem mass spectrometry (LC–MS/MS)  
79 analyses of bile, which are validated according the technical guidelines on the analytical  
80 performance criteria for confirmatory and validation procedures, as described in the  
81 Commission Decision (2002/657/EC) [16].

82 Anabolic steroids 17 $\alpha$ - and 17 $\beta$ -boldenone, their glucuronate and sulphate conjugates,  
83 and their precursor androstadienedione (ADD) (Figure 1) are the analytes that were  
84 investigated in the first method. Corticosteroids prednisolone, prednisone,  
85 dexamethasone, cortisone and cortisol are the analytes used for the second method  
86 (Figure 2).

87 The methods both demonstrated a good performance, allowing for the detection and  
88 identification of the analytes at levels lower than 0.5 ng mL<sup>-1</sup>. These validated methods  
89 were ultimately applied to the analysis of bile samples collected from untreated young bulls  
90 in order to investigate the presence of the studied steroids in this matrix.

91

## 92 **2. Materials and methods**

93

### 94 **2.1. Sample collection**

95 Bile samples were collected after slaughtering untreated young Charolaise bulls (14–17  
96 months old); following collection they were immediately frozen, taken to the laboratory and  
97 stored at –40°C until the analysis was performed.

98

### 99 **2.2. Chemicals and reagents**

100 All solvents were of HPLC or analytical grade and were purchased from Fluka (Sigma-  
101 Aldrich, St.Louis, MO, USA). Formic acid 98–100% was obtained from Riedel-de Haën  
102 (Sigma-Aldrich, St.Louis, MO, USA). Water was purified by a Milli-Q System. The IAC was  
103 provided by Randox (DM 2185, Randox Laboratories, Antrim, UK). Concentrated wash  
104 and storage buffers, which were diluted following the manufacturer's instructions before  
105 use, were supplied with the columns. ADD and  $\beta$ -boldenone were purchased from Fluka  
106 (Sigma-Aldrich, St.Louis, MO, USA);  $\beta$ -boldenone sulphate (triethylamine salt),  $\beta$ -  
107 boldenone glucuronide, and  $\alpha$ -boldenone were obtained from LGC Standards (Teddington,  
108 UK). The internal standards were  $\beta$ -boldenone sulphate-d3 for the sulphate forms,  $\beta$ -  
109 boldenone-d3 for the free forms (LGC Standards, Teddington, UK) and epitestosterone  
110 (EpiT) glucuronide-d3 for the glucuronate forms (National Measurement Institute, Pymble,  
111 NSW, Australia). The sulphate and glucuronate forms of  $\alpha$ -boldenone, provided by  
112 research partners, were prepared by a two-step synthesis procedure, in which  $\beta$ -

113 boldenone (Steroid SpA, Cologno Monzese, Milan, Italy) was epimerised using a modified  
114 Mitsunobo protocol, according to Dodge and Lugar [17, 18], which was followed by  
115 sulphation, according to Sanaullah and Bowers [19], or glucuronation, according to Casati  
116 et al. [20]. Cortisone, cortisol, prednisone, prednisolone and dexamethasone were  
117 purchased from Fluka (Sigma-Aldrich, St.Louis, MO, USA) and their internal standard,  
118 prednisolone-d6, was obtained from C/D/N Isotopes Inc (Pointe-Claire, Quebec, Canada).

119

### 120 **2.3. Standard solutions**

121 Stock solutions ( $1 \text{ mg mL}^{-1}$ ) for each standard were prepared in methanol and kept at -  
122  $40^{\circ}\text{C}$ . Working solutions, containing each of the studied analytes at the concentrations of  
123  $10$  and  $100 \text{ ng mL}^{-1}$ , were prepared daily. Each working solution was maintained at  $4^{\circ}\text{C}$   
124 during the method validation procedures.

125

### 126 **2.4. Sample extraction**

127 Samples of bovine bile (5 mL) were centrifuged, spiked with the internal standards to the  
128 final concentration of  $2 \text{ ng mL}^{-1}$  and then purified by using the IAC. The column was  
129 previously washed with 5 mL ethanol:water (70:30 v/v) and equilibrated with  $3 \times 5 \text{ mL}$   
130 wash buffer (flow rate  $\leq 3 \text{ mL min}^{-1}$ , i.e. about one drop per second). The pH value of the  
131 bile samples was measured resulting within the operative range (7.5–8.5) of the column.  
132 The samples were loaded by gravity flow. Wash buffer ( $2 \times 5 \text{ mL}$ ) and water ( $1 \times 5 \text{ mL}$ )  
133 were used to wash the column. The elution of the bound analytes was then performed by  
134 the application of 4 mL ethanol:water (70:30 v/v) (flow rate  $\leq 3 \text{ mL min}^{-1}$ ), which was  
135 collected in a 15 mL polypropylene tube. The eluate was evaporated in a rotary vacuum  
136 evaporator. The dried extract was reconstituted in 200  $\mu\text{L}$  of methanol:water (50:50 v/v)  
137 and transferred in an auto-sampler vial. The injection volume was  $10\mu\text{L}$ . The IAC could be

138 used again, starting from the equilibration described above, after a wash step with 2 x 5  
139 mL ethanol:water (70:30 v/v).

140

## 141 **2.5. LC-MS/MS analyses**

142 LC analysis was carried out with an HPLC system (Thermo Fisher Scientific, San Jose,  
143 CA, USA), constituted by a Surveyor MS quaternary pump with a degasser, a Surveyor AS  
144 auto-sampler with a column oven and a Rheodyne valve with 20  $\mu\text{L}$  loop. Chromatographic  
145 separation was achieved using a Synergi Hydro RP reverse-phase HPLC column (150 x  
146 2.0 mm, 4  $\mu\text{m}$  internal diameter), with a C18 (4 x 3.0 mm) guard column (Phenomenex,  
147 Torrance, CA, USA), which was kept at 30°C. The mobile phase consisted of methanol  
148 (solvent A) and 0.1% aqueous formic acid (solvent B). The gradient program for boldenone  
149 and its conjugates began at 60% A for 1 min, changing to 95% A in 11 min, which was  
150 then held for 2 min. Then, it returned to 60% A in 2 min and equilibrated for another 7 min.  
151 The flow rate was 200  $\mu\text{L min}^{-1}$  and the overall run time was 22 min.

152 The gradient profile for corticosteroids began at 75% B, changing to 30% B in 18 min and  
153 then to 5% B in 1 min, which was held for 2 min. Finally, it returned to 75% B in 2 min and  
154 equilibrated for another 6 min. The flow rate was 250  $\mu\text{L min}^{-1}$  and the overall run time  
155 was 29 min.

156 The mass spectrometer was a triple-quadrupole TSQ Quantum MS (Thermo Fisher, San  
157 Jose, CA, USA) equipped with an electrospray interface (ESI) set both in the positive  
158 (ESI+) and in the negative (ESI-) electrospray ionisation modes. Acquisition parameters  
159 were optimised in the ion-spray mode by direct continuous pump-syringe infusion of the  
160 standard solutions of analytes at a concentration of 1  $\mu\text{g mL}^{-1}$ , a flow rate of 20  $\mu\text{L min}^{-1}$   
161 and a MS pump rate of 100  $\mu\text{L min}^{-1}$ . The following conditions were used: capillary voltage  
162 3.5 kV, ion-transfer capillary temperature 340°C; nitrogen as sheath and auxiliary gases at  
163 30 and 10 arbitrary units, respectively, argon as the collision gas at 1.5 mTorr and peak

164 resolution 0.70 Da at full width half maximum (FWHM). The scan time for each monitored  
165 transition was 0.1 s and the scan width was 0.5 amu. Three diagnostic product ions were  
166 chosen for each analyte and internal standard. The acquisition was made in multiple  
167 reaction monitoring (MRM). The selected diagnostic ions, one of which was chosen for the  
168 quantification, and the collision energies are reported in Table 1 for boldenone and its  
169 conjugates; those results for the corticosteroids are reported in Table 2. The reconstructed  
170 LC–MS/MS chromatograms for the anabolic steroids and corticosteroids in a bile sample  
171 spiked with each analyte at the lowest concentration level of the validation are shown,  
172 together with the ion spectra, in Figure 3 and Figure 4, respectively; in addition, on the  
173 right-hand side of each figure, are the relative internal standards (2 ng mL<sup>-1</sup>). Acquisition  
174 data were recorded and elaborated using Xcalibur™ software from Thermo Fisher.

175

## 176 **2.6. Method validation**

177 The validation was performed according to the criteria and recommendations of the  
178 European Commission Decision 2002/657/EC [16]. Some bile samples that were  
179 previously tested contained residues of  $\alpha$ -boldenone glucuronide, cortisone and cortisol at  
180 concentrations higher than 3 ng mL<sup>-1</sup>. We could, therefore, use pooled-bile blank samples  
181 from untreated young bulls for the validation of all steroids, except for the three mentioned.  
182 The method for these last analytes was validated in water adjusted to pH 8 with NaOH 0.1  
183 N as a surrogate matrix of the bile, following the directions of van de Merbel [21].

184 For each analyte, the method performance was assessed through its qualitative  
185 parameters, such as the analyte specificity, molecular identification in terms of retention  
186 time (RT) and transition ion ratios, through its quantitative parameters, such as the  
187 linearity, recovery, accuracy in term of trueness and of precision expressed as the intra-  
188 and inter-day repeatability, and through the analytical limits [decision limit (CC $\alpha$ ) and  
189 detection capability (CC $\beta$ )].



190 Specificity identification includes detecting any extra peaks in the blank matrix  
191 chromatograms as well as checking the matching of the relative retention time observed  
192 for the spiked analytes, compared to standard analytes in methanol, with a tolerance of  
193  $\pm 2.5\%$ . No evaluation of the specificity could be made for the validated analysis of the  
194 three chemicals in the surrogate matrix.

195 The instrumental linearity was evaluated by drawing five-point calibration curves in the  
196 solvent containing a fixed amount of the internal standards ( $2 \text{ ng mL}^{-1}$  each), with analyte  
197 concentrations corresponding to 0.3, 1.0, 2.0, 3.0 and  $5.0 \text{ ng mL}^{-1}$  for ADD and the  
198 different forms of boldenone, and to 0.1, 0.5, 1.0, 3.0 and  $5.0 \text{ ng mL}^{-1}$  for the five  
199 corticosteroids.

200 Matrix calibration curves were obtained by spiking bile samples with each of the analytes  
201 (except the three validated in water), resulting in three analytical series; each series had  
202 three concentration levels ( $0.1, 0.2$  and  $0.3 \text{ ng mL}^{-1}$  for corticosteroids and  $0.3, 0.6$  and  $0.9$   
203  $\text{ng mL}^{-1}$  for boldenone and its conjugate) in six replicates. Analogue curves, in water  
204 adjusted to pH 8, were obtained for  $\alpha$ -boldenone glucuronide, cortisone and cortisol.

205 The trueness was assessed through recovery and was evaluated using the matrix curve  
206 results from the three analytical series, expressed in terms of a percentage of the  
207 measured concentration with respect to the spiked concentration.

208 The precision in terms of intra- and inter-day repeatability was evaluated by calculating the  
209 relative standard deviation of the results obtained for six replicates of each analyte at three  
210 concentration levels of the three analytical series. The data from the matrix calibration  
211 curve were used to calculate the decision limit ( $CC\alpha$ ) and the detection capability ( $CC\beta$ ),  
212 according to the matrix calibration curve procedure described in the Commission Decision  
213 2002/657/EC [16], as clarified in the document SANCO/2004/2726 revision 4 [22].

214

### 215 **3. Results and discussion**

216 The pseudo-endogenous nature of boldenone and prednisolone has so far hampered the  
217 control of residues of such substances in conventional matrices, such as urine, and  
218 resulted in the investigation of possible indications of treatment, such as biomarkers or  
219 cut-off levels, as already stated in Section 1.

220 A procedure that uses bovine bile as the biological matrix to detect and distinguish the  
221 boldenone epimers, their phase II metabolites, ADD and five corticosteroids is described  
222 herein and two methods are validated with the aim to be used as a tool to carry out  
223 research on the origin of these steroids and their conjugated forms.

224 The two developed methods use a unique IAC clean-up step in bovine bile, which is  
225 suitable for both anabolic steroids and corticosteroids, and one of two LC-MS/MS  
226 analyses steps. One of the LC-MS/MS analyses can detect ADD,  $\alpha$ - and  $\beta$ -boldenone  
227 sulphate, glucuronate and free forms, and, in the other LC-MS/MS method, prednisolone,  
228 prednisone, dexamethasone, cortisone and cortisol, at concentration levels suitable for  
229 research and control purposes. The two LC-MS/MS methods were developed to provide  
230 confirmatory data for the analysis of bovine bile. After preliminary trials, in full-scan mode  
231 from 50 to 500  $m/z$ , the three product ions with the higher signal-to-noise ratio (s/n), for  
232 each analyte and internal standard were chosen for identification. The collision energy  
233 (CE) and the de-clustering potential (DP) were adjusted in the MRM mode for each  
234 transition monitored, in order to reach the highest sensitivity for all analytes.

235 For a method to be deemed confirmatory under Commission Decision 2002/657/CE [16], it  
236 must yield four identification points (IPs). Each one of the three product ions is equal to 1.5  
237 IPs, making a total of 4.5 IPs. The three diagnostic product ions, among which is the ion  
238 for the quantification, and the CEs are reported in Table 1 (for anabolic steroids) and Table  
239 2 (for corticosteroids).

240

### 241 **3.1. Performance characteristics of the methods**

242 The instrumental linearity was evaluated over a concentration range of 0.3– 5.0 ng mL<sup>-1</sup> for  
243 the anabolic steroids and 0.1–5.0 ng mL<sup>-1</sup> for the five corticosteroids, using solutions of the  
244 analytes in methanol:water (50:50 v/v), containing a fixed amount of the internal standards  
245 (2.0 ng mL<sup>-1</sup> each). Correlation coefficients of the curves were higher than 0.9970 for all  
246 compounds, indicating a good fit.

247 The matrix calibration curves built for the validation of each analyte were demonstrated to  
248 be linear in the range 0.3–0.9 ng mL<sup>-1</sup> for the anabolic steroids and 0.1–0.3 ng mL<sup>-1</sup> for the  
249 corticosteroids. The regression lines, obtained using the least-square method,  
250 demonstrated a good fit for all analytes, with correlation coefficients always higher than  
251 0.9860.

252 Specificity and matrix effect were evaluated for all analytes except the three validated in  
253 the surrogate matrix. Blank and spiked samples were analysed and did not show any  
254 interferences (signals, peaks, ion traces) in the region of interest, where the target  
255 analytes were expected [16]. The matrix effect was less than 4% for all compounds.

256 Specificity and matrix effect were not evaluated for  $\alpha$ -boldenone glucuronide, cortisone  
257 and cortisol, as the validation of the method for these three steroids was made in water  
258 adjusted to pH 8, as stated in Section 2.6.

259 The precision, calculated by applying the one-way analysis of variance (ANOVA), was  
260 expressed as coefficient of variability (CV), in terms of intra- and inter-day repeatability.

261 The reported results show that the intra- and inter-day repeatability for all analytes was  
262 below 15.8 and 19.9%, respectively. These CVs were lower than 22%, as proposed by  
263 Thompson [23]. The high values were probably due to the low concentrations used for the  
264 method validation. The levels chosen were, however, addressed to subsequent research  
265 on the natural or endogenous origin of conjugated boldenone in bovine bile. The use of  
266 these methods for control purposes could consider higher concentration ranges for  
267 validation.

268 The mean recoveries ranged between 94 and 106% for  $\alpha$ -boldenone sulphate, 91 and  
269 109% for  $\beta$ -boldenone sulphate, 96 and 104% for  $\alpha$ -boldenone glucuronide, 99 and 101%  
270 for  $\beta$ -boldenone glucuronide, 94 and 106% for ADD, 98 and 103 % for  $\alpha$ -boldenone and 99  
271 and 101% for  $\beta$ -boldenone. The mean recoveries for the corticosteroids ranged between  
272 98 and 102% for prednisolone, 98 and 102% for prednisone, 94 and 106% for  
273 dexamethasone, 93 and 107% for cortisone and were about 100% for cortisol.

274 The data for the anabolic steroids are reported in Table 3 and Table 4 for the  
275 corticosteroids. CC $\alpha$  was calculated, as described in SANCO/2004/2726 revision 4 [17],  
276 using parallel extrapolation to the x-axis at the lowest experimental concentration. CC $\alpha$   
277 and CC $\beta$  values are reported in Table 5 and Table 6.

278

### 279 **3.2. Application of the methods**

280 In order to verify the developed methods in actual conditions, 20 bile samples, randomly  
281 collected from untreated young bulls (14–17 months old) under veterinary control, were  
282 subjected to the analysis for the detection of the studied molecules.

283 All bile samples showed  $\alpha$ -boldenone glucuronide residues at a concentration interval  
284 from 8.3 to 258.2 ng mL<sup>-1</sup> (average concentration 68.9 ng mL<sup>-1</sup>) and evidenced traces of  
285  $\beta$ -boldenone sulphate (concentration < CC $\alpha$ );  $\alpha$ -boldenone was found in seven samples at  
286 a concentration interval from 0.6 to 1.3 ng mL<sup>-1</sup> (average concentration 0.9 ng mL<sup>-1</sup>). Only  
287 three samples showed ADD at a concentration interval from 0.7 to 2.3 ng mL<sup>-1</sup> (average  
288 concentration 1.3 ng mL<sup>-1</sup>).  $\beta$ - boldenone glucuronate,  $\alpha$ -boldenone sulphate and  $\beta$ -  
289 boldenone were not detected.

290 Our findings evidenced the presence of boldenone and some phase II metabolites in a  
291 matrix without faecal contamination.

292 Regarding corticosteroids, the concentration values found in all samples ranged from 0.3  
293 to 13.5 ng mL<sup>-1</sup> for cortisone (average concentration 5.0 ng mL<sup>-1</sup>) and from 0.3 to 6.8 ng

294 mL<sup>-1</sup> for cortisol (average concentration 2.3 ng mL<sup>-1</sup>). Eight samples showed prednisolone  
295 at a concentration interval from 0.2 to 0.4 ng mL<sup>-1</sup> (average concentration 0.3 ng mL<sup>-1</sup>)  
296 and six samples evidenced prednisone from 0.2 to 0.3 ng mL<sup>-1</sup> (average concentration 0.2  
297 ng mL<sup>-1</sup>). Dexamethasone was not detected.

298

#### 299 **4. Conclusion**

300 We presented two LC-MS/MS methods for the analysis of bile samples. The first included  
301 17 $\alpha$  and 17 $\beta$ -boldenone, their precursor androstadienedione (ADD) as well as their  
302 glucuronides and sulphates, whereas the second one reported the detection of  
303 prednisolone, prednisone, dexamethasone, cortisone and cortisol. All analytes were  
304 extracted with a common and simple immunoaffinity chromatographic procedure. The  
305 performance characteristics of the two methods were evaluated in accordance with the  
306 criteria of the Commission Decision 2002/657/CE [16].

307 We found  $\alpha$ -boldenone glucuronate at high concentrations as well as traces of  $\beta$ -  
308 boldenone sulphate, ADD,  $\alpha$ -boldenone, prednisolone, prednisone, cortisone and cortisol  
309 in bile samples of untreated young bulls.

310 Further studies are ongoing in order to verify whether or not bile is an effective matrix for  
311 investigating the endogenous nature of boldenone phase II metabolites to unambiguously  
312 discriminate illicit treatments from their natural presence.

313

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317

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383



384 Figure captions

385 Figure 1. Chemical structures of  $\alpha$ -boldenone and  $\beta$ -boldenone free and conjugated forms  
386 and ADD.

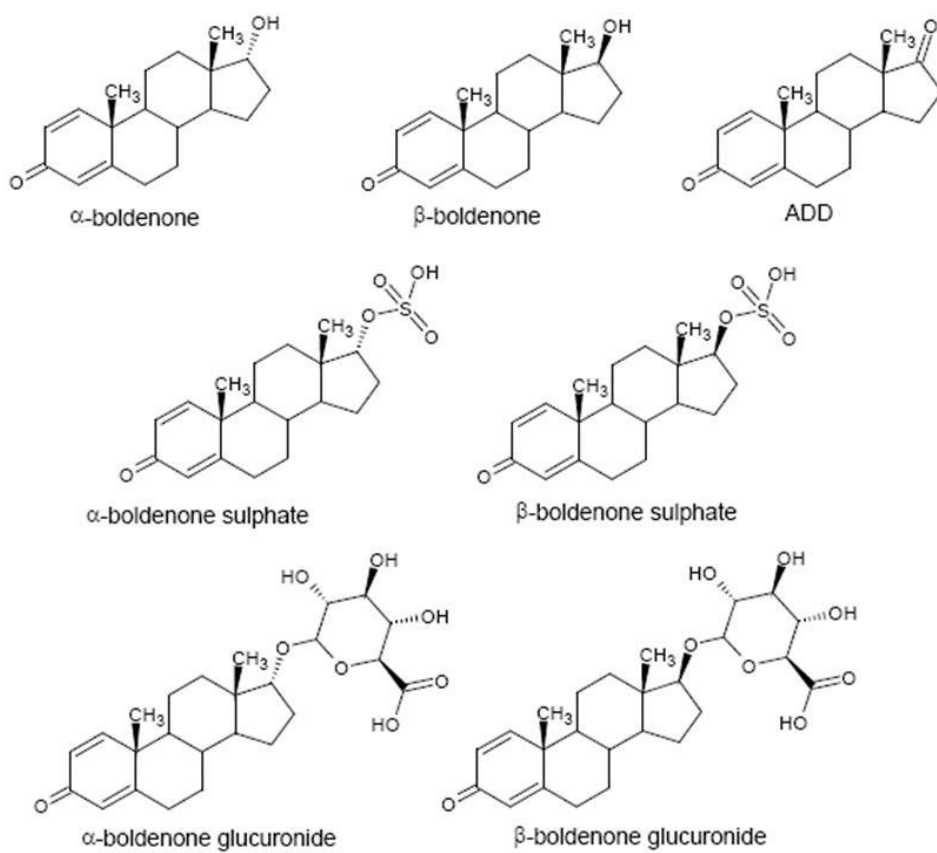
387 Figure 2. Chemical structures of the five studied corticosteroids.

388 Figure 3. Reconstructed LC–MS/MS chromatograms and relative ion spectra of  $\alpha$ -  
389 boldenone and  $\beta$ -boldenone free and conjugated forms and ADD in a bile sample spiked  
390 at the validation lowest concentration level ( $0.3 \text{ ng mL}^{-1}$ ). Right-hand side: relative internal  
391 standards (concentration =  $2 \text{ ng mL}^{-1}$ ).

392 Figure 4. Reconstructed LC–MS/MS chromatograms and respective ion spectra of the five  
393 corticosteroids in a bile sample spiked at the validation lowest concentration level ( $0.1 \text{ ng}$   
394  $\text{mL}^{-1}$ ). Right-hand side: relative internal standard (concentration =  $2 \text{ ng mL}^{-1}$ ).

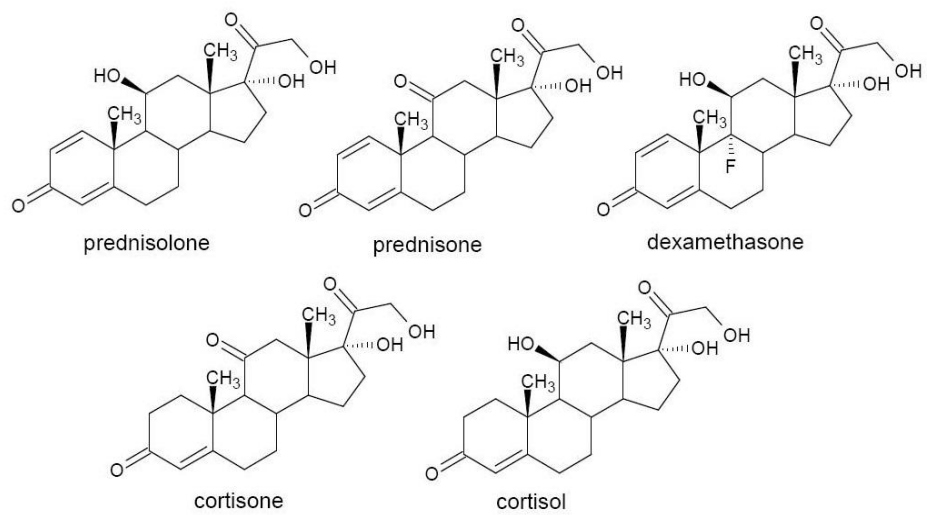
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396 Figure 1



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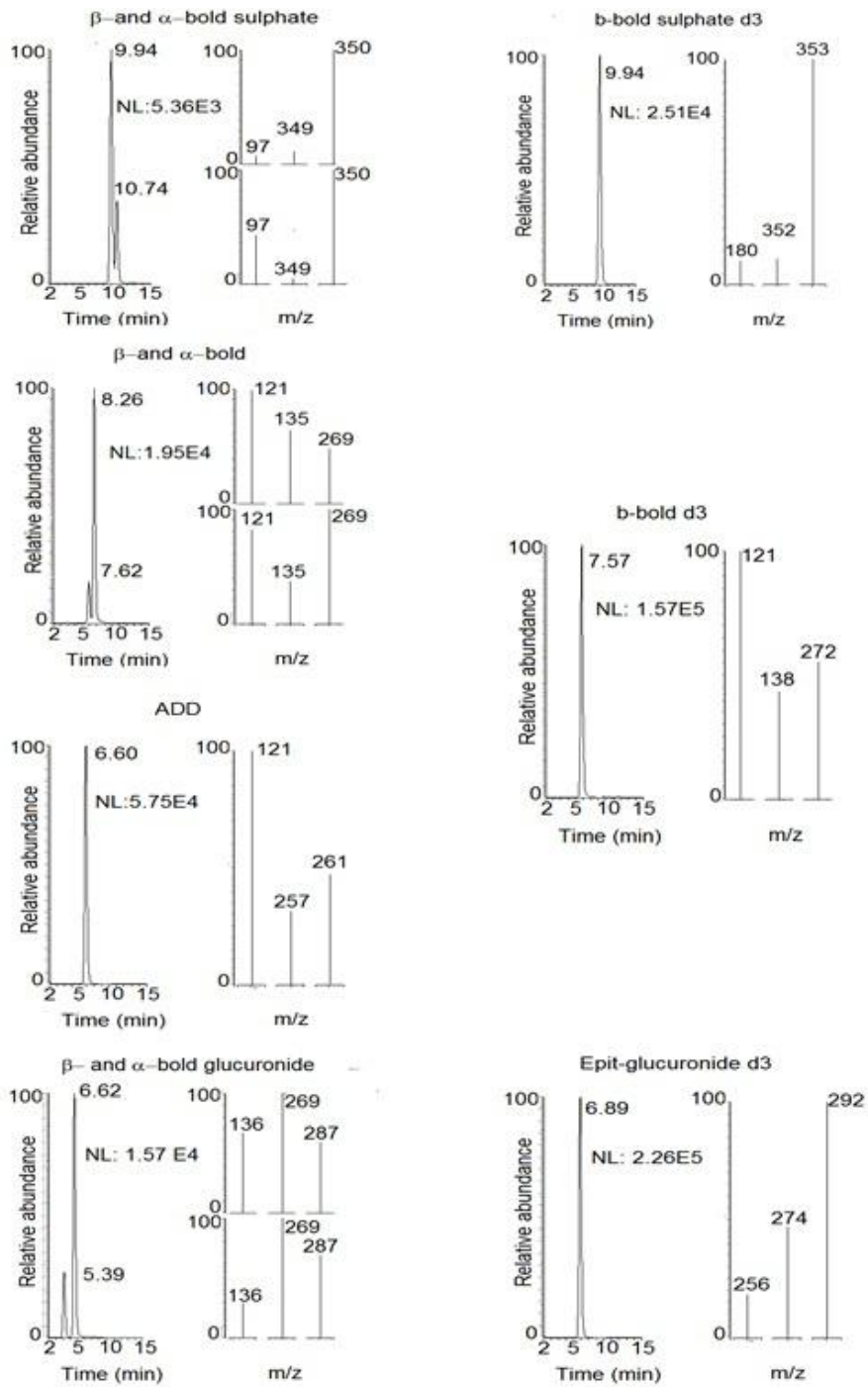
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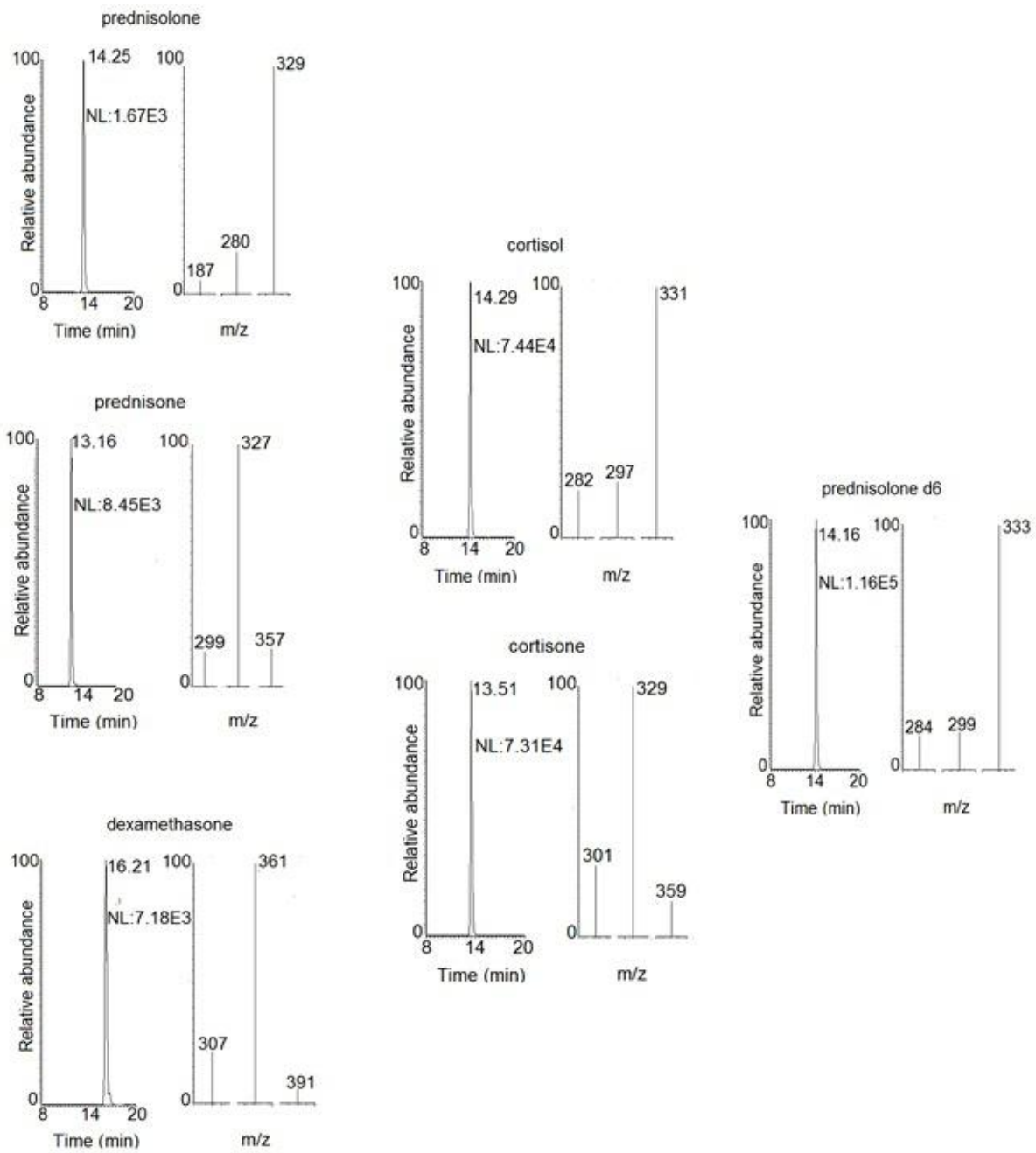
402 Figure 3.



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405 Figure 4.



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408 **Table 1.** MS/MS conditions for the MRM acquisitions of  $\alpha$ -boldenone and  $\beta$ -boldenone free  
 409 and conjugated forms and ADD, as well as the relative internal standards. Ions for  
 410 quantification are in boldenone. CE: collision energy, expressed in Volts.

411

Analyte	Precursor ion [M-H] <sup>-</sup> or [M-H] <sup>+</sup> ( <i>m/z</i> )	Product ions <sub>CE</sub> ( <i>m/z</i> )	ESI
$\alpha$ -boldenone sulphate	365	177 <sub>39</sub> , 349 <sub>40</sub> , <b>350</b> <sub>30</sub>	(-)
$\beta$ -boldenone sulphate	365	177 <sub>39</sub> , 349 <sub>40</sub> , <b>350</b> <sub>30</sub>	(-)
$\beta$ -boldenone sulphate-d3	368	180 <sub>41</sub> , 352 <sub>40</sub> , <b>353</b> <sub>31</sub>	(-)
$\alpha$ -boldenone glucuronide	463	135 <sub>21</sub> , <b>269</b> <sub>13</sub> , 287 <sub>12</sub>	(+)
$\beta$ -boldenone glucuronide	463	135 <sub>21</sub> , <b>269</b> <sub>13</sub> , 287 <sub>12</sub>	(+)
epitestosterone glucuronide-d3	468	256 <sub>23</sub> , 274 <sub>16</sub> , <b>292</b> <sub>11</sub>	(+)
ADD	285	<b>121</b> <sub>22</sub> , 151 <sub>14</sub> , 267 <sub>11</sub>	(+)
$\alpha$ -boldenone	287	<b>121</b> <sub>23</sub> , 135 <sub>14</sub> , 269 <sub>10</sub>	(+)
$\beta$ -boldenone	287	<b>121</b> <sub>23</sub> , 135 <sub>14</sub> , 269 <sub>10</sub>	(+)
$\beta$ -boldenone d3	290	<b>121</b> <sub>27</sub> , 138 <sub>14</sub> , 272 <sub>10</sub>	(+)

412

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414

415 **Table 2.** MS/MS conditions for the MRM acquisitions of the corticosteroids and internal  
 416 standards. Ions for quantification are in bold. CE: collision energy, expressed in Volts.

Analyte	Precursor ion [M-H] <sup>-</sup> or [M-H] <sup>+</sup> ( <i>m/z</i> )	Product ions <sub>CE</sub> ( <i>m/z</i> )	ESI
prednisolone	405	187 <sub>30</sub> , <b>280</b> <sub>35</sub> , 329 <sub>19</sub>	(-)
prednisone	403	<b>299</b> <sub>21</sub> , 327 <sub>19</sub> , 357 <sub>12</sub>	(-)
dexamethasone	437	307 <sub>33</sub> , <b>361</b> <sub>20</sub> , 391 <sub>14</sub>	(-)
cortisone	405	<b>301</b> <sub>21</sub> , 329 <sub>20</sub> , 359 <sub>12</sub>	(-)
cortisol	407	282 <sub>37</sub> , <b>297</b> <sub>33</sub> , 331 <sub>20</sub>	(-)
prednisolone-d6	411	284 <sub>37</sub> , 299 <sub>32</sub> , <b>333</b> <sub>19</sub>	(-)

417

418

419

420 **Table 3.** Method precision for  $\alpha$ -boldenone and  $\beta$ -boldenone free and conjugated forms  
 421 and ADD.

Analyte	Concentration level (ng mL <sup>-1</sup> )	Recovery % (n=18)	Repeatability	
			intra-day (CV; n=6)	inter-day (CV; n=18)
$\alpha$ -boldenone sulphate	0.3	105.8	15.6	17.5
	0.6	94.2	15.8	19.5
	0.9	101.9	14.6	19.8
$\beta$ -boldenone sulphate	0.3	109.4	15.2	19.9
	0.6	90.5	12.9	16.5
	0.9	103.1	5.0	6.1
$\alpha$ -boldenone glucuronide	0.3	96.3	15.2	9.7
	0.6	103.7	10.1	6.8
	0.9	98.8	11.0	8.8
$\beta$ -boldenone glucuronide	0.3	99.2	14.4	19.3
	0.6	100.8	15.8	19.2
	0.9	99.7	15.8	16.5
ADD	0.3	106.4	11.2	14.7
	0.6	93.6	10.3	13.9
	0.9	102.1	9.0	9.5
$\alpha$ -boldenone	0.3	101.9	15.8	18.0
	0.6	98.1	10.5	12.2
	0.9	103.1	15.3	15.5
$\beta$ -boldenone	0.3	99.1	15.0	19.0
	0.6	100.9	8.1	15.4
	0.9	99.6	10.3	11.2

422

423



424

425 **Table 4.** Method precision for the five corticosteroids.

Analyte	Concentration level (ng mL <sup>-1</sup> )	Recovery % (n=18)	Repeatability	
			intra-day (CV; n=6)	inter-day (CV; n=18)
prednisolone	0.1	102.0	14.7	14.9
	0.2	98.0	12.2	12.4
	0.3	100.1	9.0	9.0
prednisone	0.1	101.9	15.7	19.8
	0.2	98.1	15.0	19.6
	0.3	101.	12.6	13.3
dexamethasone	0.1	93.8	11.0	19.4
	0.2	106.2	12.8	19.4
	0.3	97.0	14.0	15.0
cortisone	0.1	93.0	15.2	11.2
	0.2	107.0	10.7	18.3
	0.3	97.7	7.5	9.0
cortisol	0.1	99.9	15.4	19.4
	0.2	100.1	10.9	15.0
	0.3	100.0	15.0	19.3

426

427

428

429 **Table 5.** CC $\alpha$  and CC $\beta$  for  $\alpha$ -boldenone and  $\beta$ -boldenone free and conjugated forms and

430 ADD.

Analyte	CC $\alpha$ (ng mL <sup>-1</sup> )	CC $\beta$ (ng mL <sup>-1</sup> )
$\alpha$ -boldenone sulphate	0.42	0.55
$\beta$ -boldenone sulphate	0.45	0.58
$\alpha$ -boldenone glucuronide	0.38	0.45
$\beta$ -boldenone glucuronide	0.44	0.59
ADD	0.40	0.50
$\alpha$ -boldenone	0.43	0.69
$\beta$ -boldenone	0.44	0.57

431

432

433 **Table 6.** CC $\alpha$  and CC $\beta$  for the five corticosteroids.

Analyte	CC $\alpha$ (ng mL <sup>-1</sup> )	CC $\beta$ (ng mL <sup>-1</sup> )
prednisolone	0.13	0.16
prednisone	0.15	0.21
dexamethasone	0.14	0.19
cortisone	0.15	0.20
cortisol	0.14	0.19

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Figure 1  
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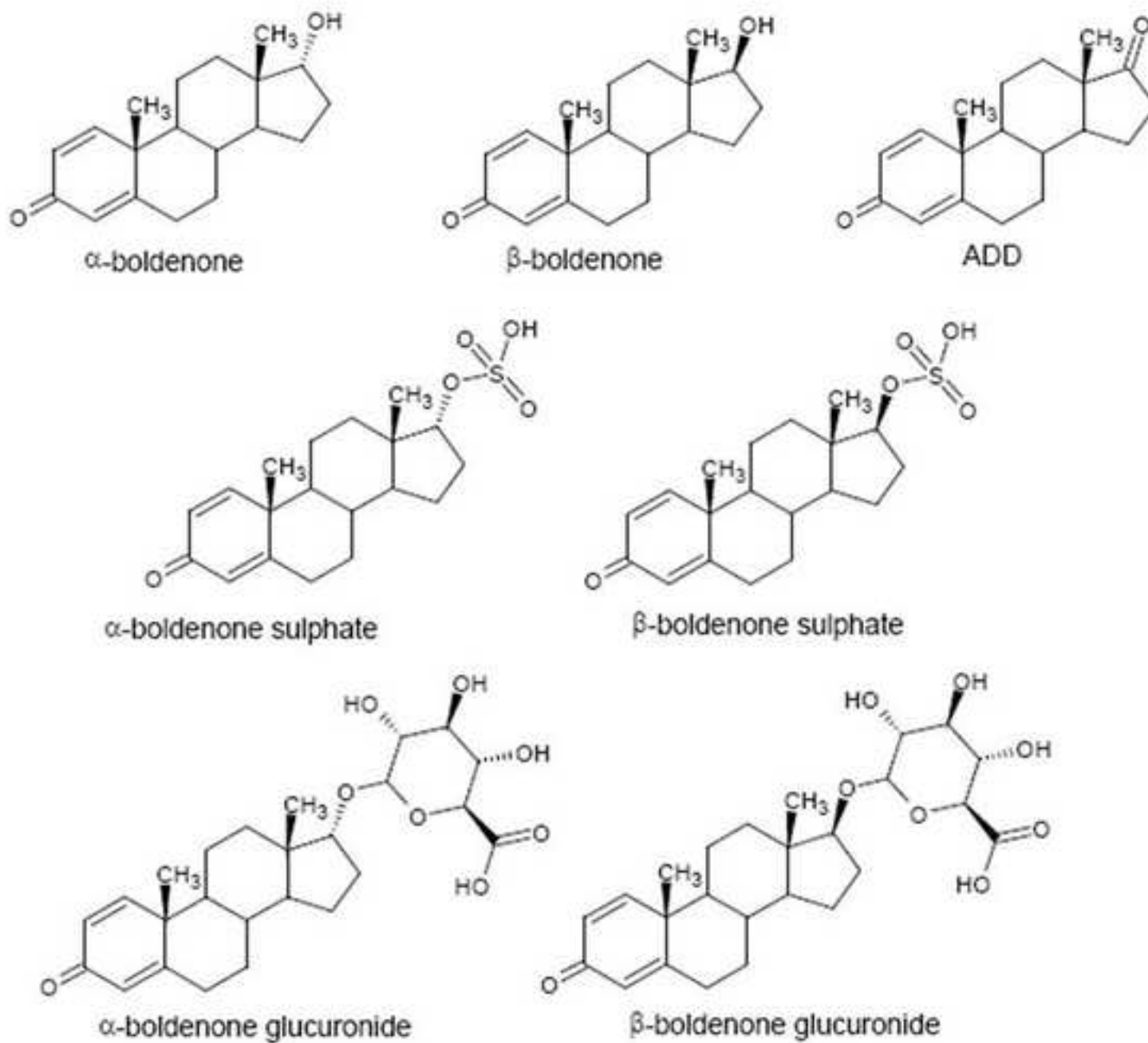


Figure 2  
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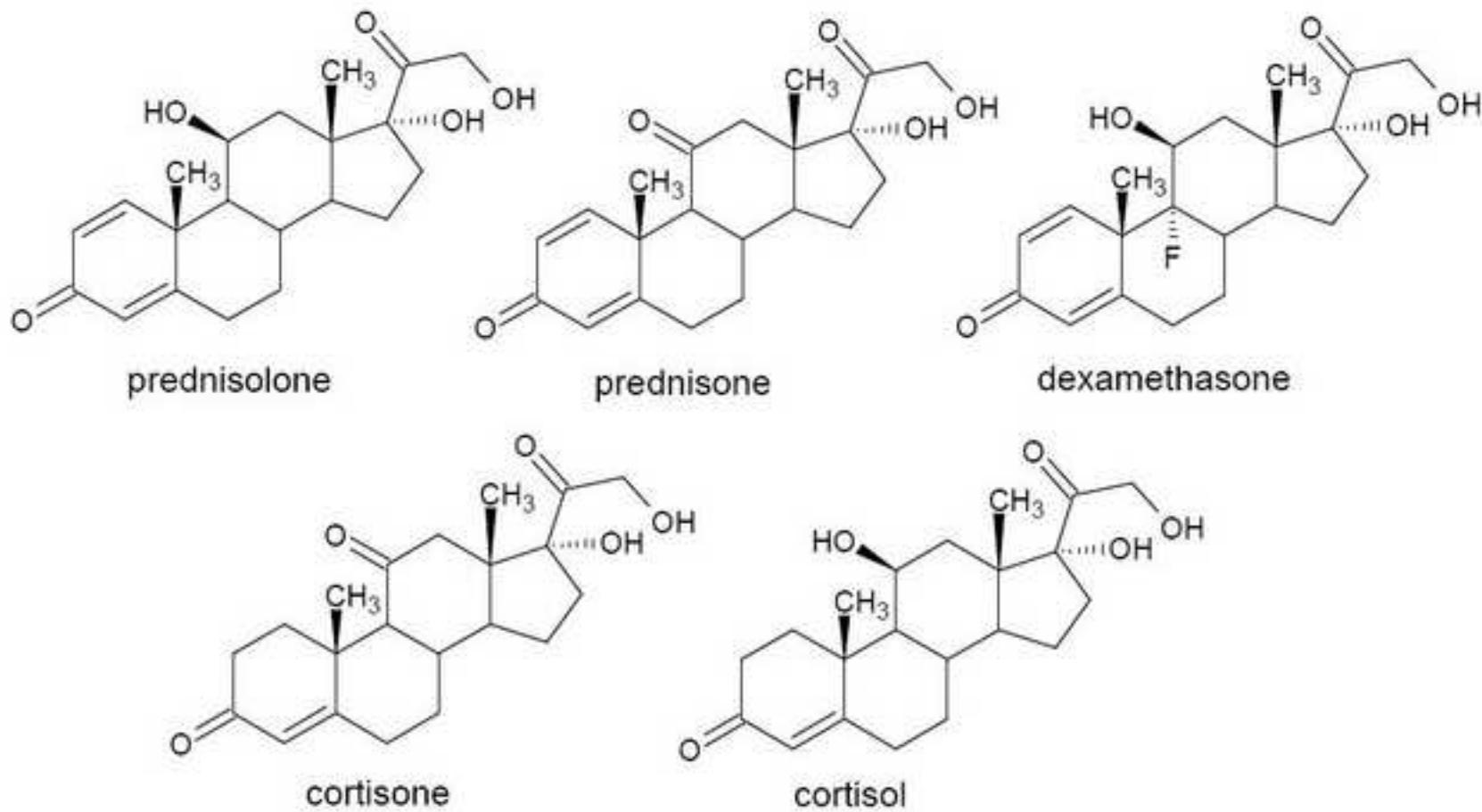


Figure 3

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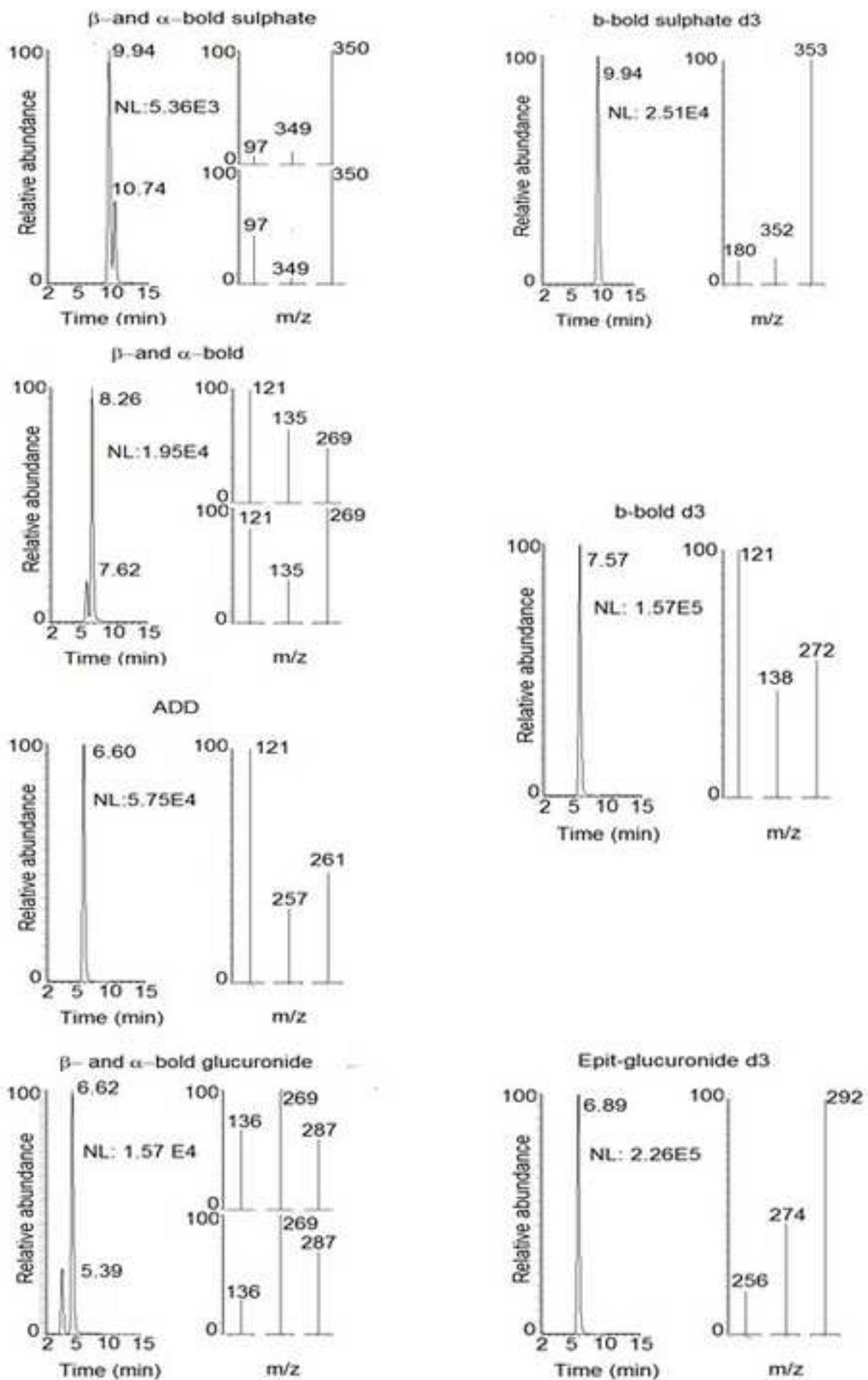


Figure 4  
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