

1st Workshop on Pineal Gland

Melatonin: from Biology to Clinical Application

March 13, 2012



Università degli Studi di Brescia
Facoltà di Medicina e Chirurgia

Organizing Committee

Prof Rita Rezzani
Prof. Luigi F. Rodella

**Brescia,
Faculty of Medicine and Surgery**

Program

8.00 Registration
9.00 Opening remarks
9.15 Lecture: "Melatonin and its isomers as antioxidants: clinical relevance"
Prof R.J. Reiter, San Antonio, Texas, USA.

Melatonin: from Biology to Clinical Application

Chairmen: Prof R. Rezzani - Prof F. Fraschini

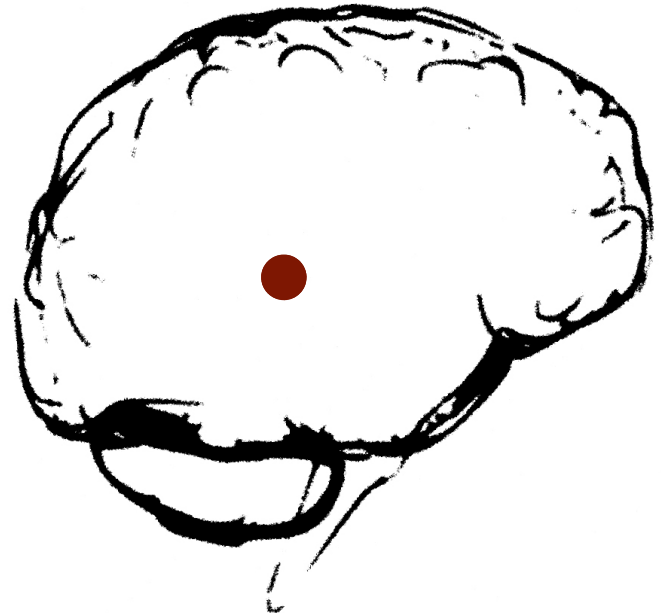
10.00 Atherosclerosis and melatonin.
Dr A. Stacchiotti, Brescia, Italy.
10.20 Aging: beneficial melatonin effects.
Dr G. Favero, Brescia, Italy.
10.40 Melatonin in red wine keeps the cardiologist away.
Prof. S. Lecour, Cape Town, South Africa.
11.00 Selective melatonin receptor ligands for therapeutical applications.
Prof M. Mor, Parma, Italy

11.20 Break

11.40 Anti proliferative effect of melatonin in a human prostate cancer "in vivo" model: comparison of different formulations and delivery systems.
Dr R. Paroni, Milan, Italy.
12.00 Melatonin in traditional mediterranean foods, a new element to further comprehend the healthy potential of an ancient dietary style.
Dr M. Iriti, Milan, Italy.
12.20 Oral melatonin decreases need for sedatives and analgesics in critically ill patients.
Dr G. Mistraletti, Milan, Italy.

12.40 New therapeutic perspectives: open discussion

13.00 Attendance certificates



Organizing Secretariat

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