

Journal Pre-proof

Outcomes of left atrial appendage closure versus oral anticoagulation after catheter ablation among patients with higher and lower stroke risk: A sub-analysis of the OPTION clinical trial.

Jeff S. Healey, MD, FHRS, Rahul Doshi, MD, FHRS, Devi G. Nair, MD, FHRS, Vivek Y. Reddy, MD, Jonathan Piccini, MD, FHRS, Mithilesh Das, MD, FHRS, Maqta Chaudhry, MD, FHRS, Suneet Mittal, MD, FHRS, Ignacio Cruz Gonzalez, MD, PhD, Charles Joyner, MD, FHRS, Serge Boveda, MD, PhD, Rodrigo Estevez Loureiro, MD, PhD, Jamie Kim, MD, James A. Reiss, MD, Carlos E. Sanchez, MD, J. Warren Holshouser, MD, Jeffrey Heaslop, MD, Brad Mikealian, MD, Rakesh Gopinathannair, MD, FHRS, Wissam Gharib, MD, Brian T. Schuler, MD, Wael Jaber, MD, Moussa Mansour, MD, FHRS, Claudio Tondo, MD, PhD, FHRS, Andrea Natale, MD, FHRS, Karen P. Phillips, MBBS, FHRS, Lucas Boersma, MD, PhD, Krystal Leger, PhD, Brad Sutton, MD, Ken Stein, MD, FHRS, Thomas Christen, MD, Oussama M. Wazni, MD, FHRS

PII: S1547-5271(26)02462-8

DOI: <https://doi.org/10.1016/j.hrthm.2026.05.057>

Reference: HRTM 12031

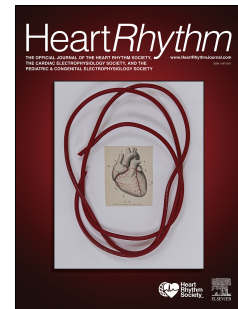
To appear in: *Heart Rhythm*

Received Date: 29 December 2025

Revised Date: 19 May 2026

Accepted Date: 30 May 2026

Please cite this article as: Healey JS, Doshi R, Nair DG, Reddy VY, Piccini J, Das M, Chaudhry M, Mittal S, Gonzalez IC, Joyner C, Boveda S, Loureiro RE, Kim J, Reiss JA, Sanchez CE, Holshouser JW, Heaslop J, Mikealian B, Gopinathannair R, Gharib W, Schuler BT, Jaber W, Mansour M, Tondo C, Natale A, Phillips KP, Boersma L, Leger K, Sutton B, Stein K, Christen T, Wazni OM, Outcomes of left atrial appendage closure versus oral anticoagulation after catheter ablation among patients with higher and lower stroke risk: A sub-analysis of the OPTION clinical trial., *Heart Rhythm* (2026), doi: <https://doi.org/10.1016/j.hrthm.2026.05.057>.



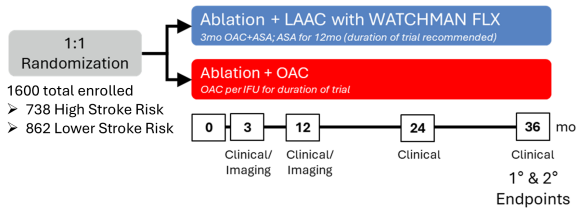
This is a PDF of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability. This version will undergo additional copyediting, typesetting and review before it is published in its final form. As such, this version is no longer the Accepted Manuscript, but it is not yet the definitive Version of Record; we are providing this early version to give early visibility of the article. Please note that Elsevier's sharing policy for the Published Journal Article applies to this version, see: <https://www.elsevier.com/about/policies-and-standards/sharing#4-published-journal-article>. Please also note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2026 Published by Elsevier Inc. on behalf of Heart Rhythm Society.

Stroke Risk Sub-analysis of the OPTION Trial

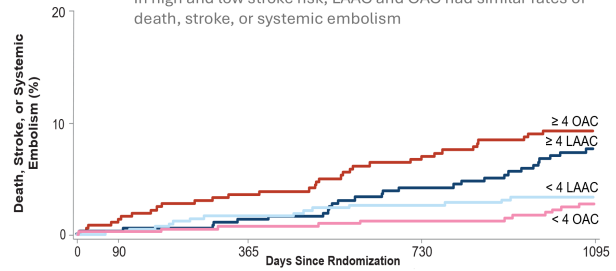
High Risk: CHA₂DS₂-VASC ≥ 4

Lower Risk: CHA₂DS₂-VASC ≤ 3

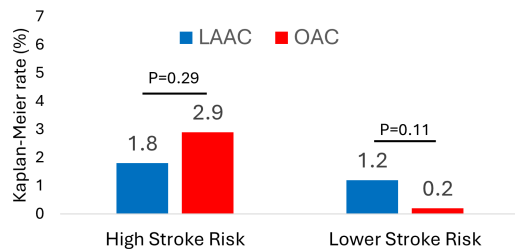


Primary Effectiveness Endpoint

In high and low stroke risk, LAAC and OAC had similar rates of death, stroke, or systemic embolism

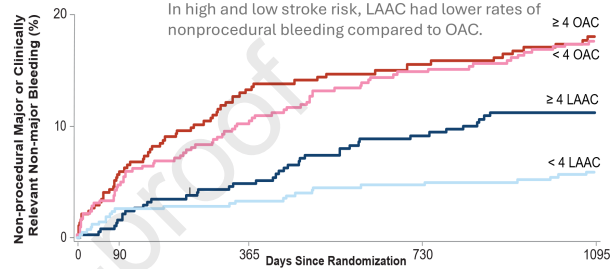


Rates of Ischemic Stroke or Systemic Embolism at 36 Months



Primary Safety Endpoint

In high and low stroke risk, LAAC had lower rates of nonprocedural bleeding compared to OAC.



Outcomes of left atrial appendage closure versus oral anticoagulation after catheter ablation among patients with higher and lower stroke risk: A sub-analysis of the OPTION clinical trial.

Jeff S. Healey¹, MD, FHRS; Rahul Doshi², MD, FHRS; Devi G. Nair³, MD, FHRS; Vivek Y. Reddy⁴, MD; Jonathan Piccini⁵, MD, FHRS; Mithilesh Das⁶, MD, FHRS; Maqtada Chaudhry⁷, MD, FHRS; Suneet Mittal⁸, MD, FHRS; Ignacio Cruz Gonzalez⁹, MD, PhD; Charles Joyner¹⁰, MD, FHRS; Serge Boveda¹¹, MD, PhD; Rodrigo Estevez Loureiro¹², MD, PhD; Jamie Kim¹³, MD; James A. Reiss¹⁴, MD; Carlos E Sanchez¹⁵, MD; J Warren Holshouser¹⁶, MD; Jeffrey Heaslop¹⁷, MD; Brad Mikealian¹⁸, MD; Rakesh Gopinathannair¹⁹, MD, FHRS; Wissam Gharib²⁰, MD; Brian T. Schuler²¹, MD; Wael Jaber²², MD; Moussa Mansour²³, MD, FHRS; Claudio Tondo^{24,25}, MD, PhD, FHRS; Andrea Natale²⁶, MD, FHRS; Karen P. Phillips²⁷, MBBS, FHRS; Lucas Boersma²⁸, MD, PhD; Krystal Leger²⁹, PhD; Brad Sutton²⁹, MD; Ken Stein²⁹, MD, FHRS; Thomas Christen²⁹, MD and Oussama M. Wazni²² MD, FHRS

¹Population Health Research Institute, McMaster University, Hamilton, Ontario Canada

²Scottsdale Healthcare, Scottsdale, Arizona, USA

³St Bernards Medical Centre and Research Group, Jonesboro, Arkansas, USA

⁴Cardiac Electrophysiology, Mount Sinai Fuster Heart Hospital School of Medicine, New York, New York, USA

⁵Duke University School of Medicine, Durham, North Carolina, USA

⁶Methodist Hospital of Indianapolis, Indianapolis, USA

⁷Lahey Hospital and Medical Centre, Burlington, Massachusetts, USA

⁸Valley Health System, Paramus, New Jersey, USA

⁹University Hospital of Salamanca and Institute of Biomedical Research, Salamanca, Spain

¹⁰Levinson Heart Hospital at Chippenham and Johnston Willis Medical Center, Richmond, Virginia, USA

¹¹Clinique Pasteur, Toulouse, France

¹²University Hospital Alvaro Cunqueiro, Spain

¹³Cardiovascular Specialists of New England, USA

¹⁴PeaceHealth Southwest Medical Center, Vancouver, Washington, USA

¹⁵Ohio Health Doctors Hospital and Riverside Methodist Hospital. Columbus, Ohio, USA

¹⁶Sanger Health and Vascular Institute and Atrium Health Carolinas Medical Center, Charlotte, North Carolina, USA

¹⁷St. Alphonsus Health System, Boise, Idaho, USA

¹⁸UC Health Memorial Hospital, Colorado Springs, Colorado, USA

¹⁹Kansas City Heart Rhythm Institute, Overland Park, Kansas City, USA

²⁰Monongalia General Hospital, Morgantown, West Virginia, USA

²¹WellSpan York Hospital, York, Pennsylvania, USA

²²Cleveland Clinic, Cleveland, Ohio, USA

²³Massachusetts General Hospital, Boston, MA, USA

²⁴Centro Cardiologico Monzino, Milan, Italy

²⁵Department of Biomedical, Surgery and Dental Sciences, University of Milan, Milan, Italy

²⁶St. David's Medical Center, Austin, Texas, USA

²⁷Greenslope's Private Hospital, Brisbane, Australia

²⁸St. Antonius Ziekenhuis, Nieuwegein, Netherlands

²⁹Boston Scientific, Minneapolis, Minnesota, USA

Corresponding author:

Jeff S. Healey, MD, MSc, FRCPC, FHRS
Population Health Research Institute
McMaster University
30 Birge St. Room C3-121
Hamilton, Ontario, Canada
L8L 0A6
Email: Jeff.Healey@phri.ca

Conflict of Interest Disclosures:

JSH reports research grants and speaking fees from Boston Scientific, Medtronic, and BMS/Pfizer. RD is a consultant to Boston Scientific. DGN has received research grants, consulting fees, or honoraria from Boston Scientific Corp, Medtronic Inc, Abbott Medical, J&J Medtech, Siemens, Volta, and Atraverse. JPP has received grants for clinical research from Abbott, the American Heart Association, iRhythm, and Philips; is a consultant to Abbott, Medtronic, Milestone Pharmaceuticals, Novartis, Philips, PhysCade, Sanofi, SymKardia, and Up-to-Date; and serves on data safety and monitoring boards for Kardia and Conformal. MD, GMC, CJ, JWH, and JH report no disclosures. VYR serves as an unpaid consultant to and grant recipient from Boston Scientific; and unrelated to this manuscript, he serves as a consultant for and has equity in Anumana, APN Health, Append Medical, Aquaheart, Atacor, Atraverse, Autonomix,

BioSig, CardiaCare, Cardiofocus, CardioNXT/AFTx, Circa Scientific, CoRISMA, Cortex-Boston Scientific, Corvia Medical, Dinova-Hangzhou DiNovA EP Technology, East End Medical, EP Frontiers, Field Medical, Focused Therapeutics, Heartbeam, HRT, Intershunt, Javelin, Kardium, Laminar-JNJ MedTech, LuxMed, Medlumics, Orchestra Biomed, PhysioMap, Pulse Biosciences, Restore Medical, Sirona Medical, SoundCath-Boston Scientific, Volta Medical; and unrelated to this work, he has served as a consultant for Abbott, Adagio Medical, AtriAN, BioTel Heart, Biotronik, BTL, Boston Scientific, Cairdac, Cardionomic, Conformal Medical, CoreMap, Fire1, Impulse Dynamics, JNJ MedTech, Medtronic, Novartis, Novo Nordisk, Philips, SmartValves; and unrelated to this work, he has equity in DRS Vascular, Manual Surgical Sciences, Newpace, Nyra Medical, Soundcath, Surecor, and Vizarmed. SM is a consultant to Boston Scientific. ICG is a proctor and consultant for Boston Scientific, Abbott, SMT, and IHT. SB is a consultant for Medtronic, Boston Scientific, Microport, and Zoll. REL is a consultant for Abbott Vascular, Edwards Lifesciences, Boston Scientific, Jensecare, Valgen, and Venus Medtech. CES is an advisory board member at Boston Scientific. BM is a consultant and advisor to Boston Scientific and a consultant to Johnson & Johnson. RG is a consultant for Boston Scientific, Abbott Medical, and J&J. WG has served as an advisory board member for Boston Scientific. BTS has served as an advisor board member, speaker, and consultant for Boston Scientific. WJ is a consultant for Boston Scientific and Pfizer. CT is a member of the Boston Scientific advisory board. MM has served as a consultant for Boston Scientific, Biosense Webster, Medtronic, and Abbot, and holds equity in NewPace Ltd. AN is a consultant for Abbott, Biosense Webster, Biotronik, Boston Scientific, Field Medical, Hemonetics, iRhythm, Medtronic, and Pulse Bioscience. KPP has received consultant/honoraria for presentations from Abbott and Boston Scientific. LB is a consultant and speaker for Boston Scientific, Medtronic, ZOLL, and Biosense Webster, and has received grants from Boston Scientific and Medtronic; all fees and funding go to the Cardiology Department and hospital. KL, BS, KS, and TC are employees and shareholders of Boston Scientific Corporation. OMW is a consultant for Boston Scientific.

Word count for text proper (excluding abstract, references, tables, and figure legends): 2253

Total word count: 5135

Keywords: atrial fibrillation, left atrial appendage closure, catheter ablation, oral anticoagulation, stroke risk

Abbreviations:

Abbreviation	Definition
AF	Atrial fibrillation
LAAC	Left atrial appendage closure
(N)OAC	(non-vitamin K antagonist) oral anticoagulation
ISTH	International Society on Thrombosis and Haemostasis
CEC	Clinical Events Committee
TIA	Transient ischemic attack

Abstract:

Background: The OPTION trial demonstrated that following atrial fibrillation (AF) ablation, left atrial appendage closure (LAAC) reduced non-procedural bleeding and was non-inferior to oral anticoagulation (OAC) with respect to death, stroke, or systemic embolism.

Objective: To evaluate event rates in relation to patients' baseline stroke risk.

Methods: The primary safety endpoint was non-procedural major or clinically relevant non-major bleeding, and primary efficacy endpoint was a composite of death, stroke, or systemic embolism, measured at 3 years. Patients were stratified based on CHA₂DS₂-VASc ≥ 4 versus ≤ 3 .

Results: The trial enrolled 1600 patients aged 70 ± 8 years, with 738 and 862 patients having a CHA₂DS₂-VASc score ≥ 4 and ≤ 3 , respectively. The primary efficacy outcome was similar for the OAC and LAAC arms both among patients with CHA₂DS₂-VASc ≥ 4 (9.4% vs. 7.8% $p=0.37$) and those with CHA₂DS₂-VASc ≤ 3 : (2.7% vs. 3.3%, $p=0.59$). Patients with CHA₂DS₂-VASc ≤ 3 had an annual risk of ischemic stroke of 0.3% with LAAC and 0.1% with OAC ($p=0.19$). Bleeding was more frequent with OAC for CHA₂DS₂-VASc score ≥ 4 (18.4% vs. 11.5%, $p<0.01$) and CHA₂DS₂-VASc ≤ 3 (17.9% v 6.0%, $p<0.01$).

Conclusion: Following ablation of AF, the rates of cardiovascular events are low among individuals with a CHA₂DS₂-VASc ≤ 3 who were treated with either LAAC or OAC, and their annual risk of ischemic stroke is $\leq 0.3\%$ with either treatment. Bleeding risk with OAC is similar for patients with high and low CHA₂DS₂-VASc and significantly lower with LAAC for both groups.

Atrial fibrillation (AF) is increasing in prevalence and is a major cause of patient symptoms and cardiovascular events including stroke ^{1,2}. Over the last five years, randomized trials have demonstrated that therapies to maintain sinus rhythm, particularly catheter ablation, may reduce the risk of cardiovascular events ³⁻⁶. Success rates with modern AF ablation procedures are high and AF burden can be reduced to very low levels ⁶, below which the risk of stroke for many patients is very low ⁷. When the risk of stroke and systemic embolism falls below 1% per year, the risks of bleeding due to oral anticoagulation (OAC) may become greater than the reduction in stroke ⁸, calling into question the value of continuing OAC in such patients. For these lower-risk individuals, alternative methods of stroke prevention with lower rates of bleeding might still prevent stroke with a more favorable risk-benefit profile.

In patients with device-detected subclinical AF, the ARTESIA trial suggests that OAC does not substantially reduce the risk of stroke or systemic embolism among patients with a CHA₂DS₂-VASc score of ≤ 3 but is associated with a trend towards more major bleeding than aspirin ⁸. Thus, continued OAC may not be desirable following AF ablation in patients at lower risk of stroke who have very low or no residual burden of AF. OAC discontinuation following successful AF ablation was recently evaluated in the OCEAN trial, which enrolled patients with a CHA₂DS₂-VASc of ≥ 1 ⁹. For higher-risk individuals, alternative strategies that can prevent stroke with a lower risk of bleeding may be desirable. The OPTION trial randomized patients following AF ablation to left atrial appendage closure (LAAC) vs. OAC and demonstrated non-inferiority against a composite of death, stroke or systemic embolism, with a significant reduction in the risk of non-procedural bleeding with LAAC ¹⁰. This sub-analysis of the OPTION trial will examine study outcomes based on the baseline stroke risk of patients, defined using the CHA₂DS₂-VASc score.

Methods

Study design and patients.

The OPTION trial was a multicenter, randomized clinical study that assessed whether LAAC using the WATCHMAN FLX device presents a reasonable alternative to OAC after percutaneous catheter ablation in moderate and high-risk patients with non-valvular AF¹⁰. The trial was registered on ClinicalTrials.gov (NCT03795298), and both the protocol and primary results have been previously published^{10,11}. All trial activities adhered to the Declaration of Helsinki. The ethics or institutional review board at each participating site approved the study, and all participants provided written informed consent. Clinical events were adjudicated by a clinical events committee.

Endpoints and statistical methods.

The analyzed sub-group populations (higher stroke risk and lower stroke risk) were defined according to CHA₂DS₂-VASc score at baseline. Patients with scores 4 or higher were classified as higher stroke risk, and patients with scores 3 or below comprised the lower stroke risk group. Descriptive statistics are provided for baseline patient characteristics, procedure characteristics, and medication compliance. Endpoints for OAC versus LAAC were statistically compared within each sub-group.

The primary effectiveness endpoint for the OPTION trial was a composite rate of stroke (ischemic and/or hemorrhagic), death, or systemic embolism at 36 months tested for non-inferiority of LAAC compared to OAC¹¹. The primary safety endpoint for the trial was non-procedural International Society on Thrombosis and Haemostasis (ISTH) major bleeding or clinically relevant non-major bleeding at 36 months tested for superiority. All primary and secondary endpoints and their individual components were defined as the Kaplan-Meier estimates of time to first event occurrence¹¹. In the overall OPTION trial population, LAAC was non-inferior for the primary effectiveness and secondary safety endpoints and demonstrated superiority for the primary safety endpoint¹⁰. Subgroups were not statistically powered for primary and secondary endpoints, but subgroup analyses based on stroke risk assessed using the CHA₂DS₂-VASc score were prespecified in the statistical analysis plan^{10,11}.

Results

Study Population and Procedure Characteristics.

A total of 1600 patients were randomized at 106 investigational sites worldwide between November 2019 and June 2021. Seven hundred-thirty-eight patients (46.1% of total enrollment) had a CHA₂DS₂-VASc score of 4 or greater at baseline and were characterized as the higher stroke risk group (370 LAAC, 368 OAC). The remaining 862 patients had CHA₂DS₂-VASc scores of 3 or less and were characterized as the lower stroke risk group (433 LAAC, 429 OAC). Within each stroke risk group, baseline clinical characteristics were not statistically significant different between the LAAC and OAC arms (Table 1). The mean CHA₂DS₂-VASc score was 3.5±1.3 in both the LAAC and OAC study arms (Table 1). Patient flow through the study is shown in Figure 1. In both stroke risk groups, approximately 90% of patients who were alive at the time of last follow-up completed 36-month visits.

Among patients randomized to LAAC, the rates of successful device implant were 93.2% (345/370) for patients with CHA₂DS₂-VASc ≥ 4 and 94.2% (408/433) for patients with CHA₂DS₂-VASc ≤ 3. LAAC and catheter ablation were performed concomitantly for 37.0% (137/370) of patients with CHA₂DS₂-VASc ≥ 4 and 44.1% (191/433) of patients with CHA₂DS₂-VASc ≤ 3. From randomization through 36 months, 29.2% (108/370) of higher stroke-risk LAAC patients and 28.8% (106/368) of higher stroke-risk OAC patients underwent cardioversion or a repeat ablation, P=0.91. These rates were 27.5% (119/433) and 23.3% (100/429; P=0.16), respectively for the LAAC and OAC patients within the lower stroke risk group. The proportion of patients receiving OAC in both the OAC and LAAC arms of the trial was similar for higher and lower stroke risk groups at all points during follow-up (Table 2).

Efficacy and Safety Outcomes.

The 36-month primary efficacy composite endpoint of death, stroke, and systemic embolism (Figure 2) was not significantly different between the LAAC (7.8%) and OAC arms (9.4%) in patients with a CHA₂DS₂-VASc ≥ 4 (P=0.37), nor among those with a CHA₂DS₂-VASc ≤ 3 (3.3% vs. 2.7%, P=0.59). However, the primary event rate was 2-3-times higher for both treatment arms among patients with a

$\text{CHA}_2\text{DS}_2\text{-VASc} \geq 4$ (Supplemental Table 1). In $\text{CHA}_2\text{DS}_2\text{-VASc} \geq 4$ group, ischemic stroke or systemic embolism occurred with a similar frequency in the LAAC (1.8%) and OAC (2.9%) arms ($p=0.29$), while for patients with $\text{CHA}_2\text{DS}_2\text{-VASc} \leq 3$, the corresponding rates were 1.2% with LAAC and 0.2% with OAC, $p=0.11$. Event rates for death, stroke, and systemic embolism within each $\text{CHA}_2\text{DS}_2\text{-VASc}$ score are shown in Supplemental Table 1.

Ischemic stroke rates in both the higher and lower $\text{CHA}_2\text{DS}_2\text{-VASc}$ -risk groups were markedly lower than expected rates among untreated patients at different stroke risk strata (Supplementary Figure 1)¹². A Fine-Gray competing risk model was used to assess 36-month ischemic stroke rates accounting for competing risk of death. These adjusted rates were not different from Kaplan-Meier event rates, indicating stroke prevention efficacy with LAAC or OAC is a robust effect, even when the disparate mortality risks in the higher and lower stroke risk groups are considered.

Within the $\text{CHA}_2\text{DS}_2\text{-VASc} \geq 4$ group, the primary safety composite endpoint of 36-month non-procedural ISTH major bleeding and clinically relevant non-major bleeding was significantly lower in the LAAC arm (11.5%) compared to OAC (18.4%), $p=0.007$ (Table 3, Figure2). This same pattern of results was also observed among patients with $\text{CHA}_2\text{DS}_2\text{-VASc} \leq 3$, with bleeding rates of 6.0% with LAAC and 17.9%, $p<0.0001$ with OAC. In both stroke risk groups, the lower composite bleeding rates in LAAC versus OAC were driven by significant differences in clinically relevant non-major bleeding (Table 3). Analyses of the secondary safety endpoint (procedural and nonprocedural major bleeding) show no significant difference between LAAC and OAC within either stroke risk group (Table 3, Figure2). Rates of all major and non-major bleeding at each $\text{CHA}_2\text{DS}_2\text{-VASc}$ score are show in Supplemental Table 2.

Event Rates Among Patients with Prior Stroke or Transient Ischemic Attack (TIA).

In the subgroup of patients with prior stroke or TIA ($n=183$), the primary efficacy endpoint occurred in 9.0% of LAAC and 14.7% OAC patients at 36 months, $P=0.23$. In these same patients, the 36-month stroke rates were 2.6% and 9.5% for LAAC and OAC, and ischemic stroke rates were 1.4% for

LAAC and 6.4% for OAC. In patients without a prior stroke or TIA, the primary efficacy endpoint rate was 4.9% in the LAAC and 4.6% in the OAC cohorts ($P=0.76$) with respective stroke rates 1.5% and 0.9% and ischemic stroke rates of 1.2% for LAAC and 0.6% for OAC. The primary safety endpoint occurred at a rate of 8.9% in LAAC and 20.1% in OAC-treated patients ($P=0.04$) with a prior stroke or TIA and were similar among patients without a prior stroke or TIA: 8.4% with LAAC and 17.8% with OAC, $P<0.0001$.

Discussion

This pre-specified subgroup analysis of the OPTION randomized trial demonstrates that following catheter ablation of AF, patients with a $\text{CHA}_2\text{DS}_2\text{-VASc} \leq 3$ who were treated with LAAC or OAC had a very low risk of cardiovascular events. Their risk of stroke, systemic embolism, and death was around 1% per year, including a $<0.5\%$ per year risk of ischemic stroke or systemic embolism, which was similar with either LAAC or OAC. However, patients treated with LAAC had substantially less non-procedural bleeding, making LAAC preferable to OAC in this lower risk group of individuals following AF ablation in the OPTION trial.

Individuals in the OPTION trial had an average $\text{CHA}_2\text{DS}_2\text{-VASc}$ score of 2.6, which overlaps substantially with that of patients in the OCEAN trial (mean score of 2.2 ± 1.1)⁹, and the ALONE-AF¹³ trial (mean score of 2.1 ± 1.0), which randomized patients to OAC discontinuation following at least one year of AF-free monitoring following AF ablation. These two studies demonstrated that patients randomized to discontinue OAC had a risk of stroke and embolism of well less than 1% per year and lower rates of bleeding than those continuing OAC. Together, these trials suggest that following successful AF ablation, patients with a $\text{CHA}_2\text{DS}_2\text{-VASc}$ score ≤ 3 may not need any stroke prevention therapy, including OAC or LAAC^{9,13}. However, in the first months following AF ablation, one cannot predict if a given patient will have long-term freedom from AF, as was seen in patients in the OCEAN and ALONE-AF trials. In OPTION, 47% of patients had recurrent AF within 3 years, which was driven by the 39% prevalence of persistent AF among enrolled individuals¹⁴. Thus, only half of OPTION

patients would not have been eligible for OAC discontinuation based on the results of OCEAN and ALONE-AF. Overall, the results from OPTION, OCEAN and ALONE-AF can be taken along with assessment of individuals' post-ablation AF burden and their preferences regarding stroke prevention¹⁵ to inform the best approach for stroke prevention for individuals in this lower-risk population.

Patients with a CHA₂DS₂-VASc of ≥ 4 represented 46% of individuals in the OPTION trial. Despite catheter ablation of AF ablation, their risk of cardiovascular events remained around 3% per year with either LAAC or OAC, including a stroke risk of 3.7% risk at 3 years for patients assigned to OAC. This stroke risk in the OAC arm was observed despite an 86% adherence to OAC at 36 months, which is substantially better than what is observed in real-world registries^{16,17}. This observation is even more apparent among patients with a history of stroke or TIA, who had a stroke risk of over 3% per year in the OAC arm. Thus, for patients following AF ablation with a CHA₂DS₂-VASc of ≥ 4 or those with a history of stroke or TIA, it appears likely that some form of ongoing stroke prevention therapy is required despite ablation. Patients with CHA₂DS₂-VASc ≥ 4 represented only a very small proportion of individuals in the OCEAN and ALONE-AF trials^{9,13}, thus we have little trial data regarding the safety of OAC withdrawal following long-term freedom from AF recurrence in this higher-risk group. However, given the stroke rates observed in OPTION, OAC withdrawal would be expected to have an unacceptably high risk of stroke.

The risk of cardiovascular events in patients with CHA₂DS₂-VASc ≥ 4 was similar among patients randomized to LAAC compared to OAC. LAAC is also associated with substantially fewer non-procedural bleeding events. As bleeding is a frequent cause for OAC discontinuation in real world cohorts¹⁸, the excess in bleeding observed in the OAC arm of OPTION could drive OAC discontinuation over longer-term follow-up in real-world practice and lead to a greater excess of stroke among OAC-treated patients. Thus, OPTION suggests that LAAC could be a reasonable alternative to OAC in the post-ablation setting, again depending on a patient's specific risks of stroke and bleeding¹⁹, their residual AF burden and their preferences regarding stroke prevention¹⁵. Of course, the results of OPTION must be

considered in the context of the abundant trial evidence supporting the use of OAC to prevent stroke, particularly among patients at higher-risk¹⁹. The implications of OPTION will also evolve as we learn more about the impact of modern rhythm control on the reduction of AF burden and the associated cardiovascular risks¹⁹⁻²².

Finally, OPTION demonstrated an important residual risk of cardiovascular events and stroke following AF ablation, despite OAC or LAAC, in patients with a CHA₂DS₂-VASc ≥ 4 and particularly in those with a history of prior stroke or TIA. This raises the possibility that LAAC and OAC could be used in combination for certain patients at very high stroke risk. While not in a post AF ablation population, this concept is currently under investigation in the LAAOS-4 trial (NCT05963698), which is enrolling patients with CHA₂DS₂-VASc ≥ 4 and persistent or permanent AF, or paroxysmal AF with a history of stroke or systemic embolism.

Study Limitations

This is a pre-specified secondary analysis of a randomized, non-inferiority trial. Thus, this analysis was not separately powered to have sufficient statistical power to make definitive conclusions for each of the sub-groups and outcomes evaluated.

Conclusions

Following ablation of AF, the rates of cardiovascular events are substantially lower among individuals with a CHA₂DS₂-VASc ≤ 3 treated with either LAAC or OAC, and their annual risk of ischemic stroke is $\leq 0.3\%$ with either treatment. Bleeding risk with OAC is similar for patients with high and low CHA₂DS₂-VASc and significantly lower with LAAC for both groups.

Acknowledgements:

The authors thank Scott Wehrenberg (Boston Scientific Corporation) for his support with statistical analyses and Elisabeth Gabin and Anne Cornaille (both Boston Scientific Corporation) for support with clinical trial management.

Funding:

The OPTION trial was funded by Boston Scientific Corporation.

References

1. Lippi G, Sanchis-Gomar F, Cervellin G. Global epidemiology of atrial fibrillation: An increasing epidemic and public health challenge. *Int J Stroke* 2021;16(2):217-221.
2. Joseph PG, Healey JS, Raina P, et al. Global variations in the prevalence, treatment, and impact of atrial fibrillation in a multi-national cohort of 153 152 middle-aged individuals. *Cardiovasc Res* 2021;117(6):1523-1531.
3. Parkash R, Wells GA, Rouleau J, et al. Randomized Ablation-Based Rhythm-Control Versus Rate-Control Trial in Patients With Heart Failure and Atrial Fibrillation: Results from the RAFT-AF trial. *Circulation* 2022;145(23):1693-1704.
4. Kirchhof P, Camm AJ, Goette A, et al. Early Rhythm-Control Therapy in Patients with Atrial Fibrillation. *The New England journal of medicine* 2020
5. Sohns C, Fox H, Marrouche NF, et al. Catheter Ablation in End-Stage Heart Failure with Atrial Fibrillation. *The New England journal of medicine* 2023;389(15):1380-1389.
6. Andrade JG, Deyell MW, Macle L, et al. Progression of Atrial Fibrillation after Cryoablation or Drug Therapy. *The New England journal of medicine* 2023;388(2):105-116.
7. McIntyre WF, Benz AP, Becher N, et al. Direct Oral Anticoagulants for Stroke Prevention in Patients with Device-Detected Atrial Fibrillation: A Study-Level Meta-Analysis of the NOAH-AFNET 6 and ARTESiA Trials. *Circulation* 2023
8. Lopes RD, Granger CB, Wojdyla DM, et al. Apixaban vs Aspirin According to CHA(2)DS(2)-VASc Score in Subclinical Atrial Fibrillation: Insights From ARTESiA. *J Am Coll Cardiol* 2024;84(4):354-364.
9. Verma A, Birnie DH, Jiang C, et al. Antithrombotic Therapy after Successful Catheter Ablation for Atrial Fibrillation. *The New England journal of medicine* 2026;394(4):323-332.
10. Wazni OM, Saliba WI, Nair DG, et al. Left Atrial Appendage Closure after Ablation for Atrial Fibrillation. *The New England journal of medicine* 2025;392(13):1277-1287.
11. Wazni OM, Boersma L, Healey JS, et al. Comparison of anticoagulation with left atrial appendage closure after atrial fibrillation ablation: Rationale and design of the OPTION randomized trial. *Am Heart J* 2022;251:35-42.
12. Friberg L, Rosenqvist M, Lip GY. Evaluation of risk stratification schemes for ischaemic stroke and bleeding in 182 678 patients with atrial fibrillation: the Swedish Atrial Fibrillation cohort study. *Eur Heart J* 2012;33(12):1500-10.

13. Kim D, Shim J, Choi EK, et al. Long-Term Anticoagulation Discontinuation After Catheter Ablation for Atrial Fibrillation: The ALONE-AF Randomized Clinical Trial. *JAMA* 2025;334(14):1246-1254.
14. Younis A, Nair DG, DiBiase L, et al. Atrial fibrillation recurrence after left atrial appendage occlusion in patients undergoing ablation: The OPTION Trial sub-analysis. *JACC: Clinical EP* 2025; 12(2): 294-303.
15. Devereaux PJ, Anderson DR, Gardner MJ, et al. Differences between perspectives of physicians and patients on anticoagulation in patients with atrial fibrillation: observational study. *Bmj* 2001;323(7323):1218-22.
16. Martinez C, Katholing A, Wallenhorst C, Freedman SB. Therapy persistence in newly diagnosed non-valvular atrial fibrillation treated with warfarin or NOAC. A cohort study. *Thrombosis and haemostasis* 2016;115(1):31-9.
17. Brown JD, Shewale AR, Talbert JC. Adherence to Rivaroxaban, Dabigatran, and Apixaban for Stroke Prevention in Incident, Treatment-Naïve Nonvalvular Atrial Fibrillation. *J Manag Care Spec Pharm* 2016;22(11):1319-1329.
18. Mitrovic D, Folkeringa R, Veeger N, van Roon E. Reasons for discontinuation of novel oral anticoagulant therapy in patients with atrial fibrillation. *Curr Med Res Opin* 2020;36(4):547-553.
19. Joglar JA, Chung MK, Armbruster AL, et al. 2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation* 2024;149(1):e1-e156.
20. Boriani G, Pettorelli D. Atrial fibrillation burden and atrial fibrillation type: Clinical significance and impact on the risk of stroke and decision making for long-term anticoagulation. *Vascul Pharmacol* 2016;83:26-35.
21. Piccini JP, Passman R, Turakhia M, Connolly AT, Nabutovsky Y, Varma N. Atrial fibrillation burden, progression, and the risk of death: a case-crossover analysis in patients with cardiac implantable electronic devices. *Europace* 2019;21(3):404-413.
22. Doehner W, Boriani G, Potpara T, et al. Atrial fibrillation burden in clinical practice, research, and technology development: a clinical consensus statement of the European Society of Cardiology Council on Stroke and the European Heart Rhythm Association. *Europace* 2025;27(3)

Tables and Figures

Table 1 – Patient Characteristics

	High Stroke Risk – CHA2DS2-VASc ≥4 N=738			Lower Stroke Risk – CHA2DS2-VASc ≤3 N=862		
	LAAC Device N=370	OAC Control N=368	P-value	LAAC Device N=433	OAC Control N=429	P-value
<i>Demographics</i>						
Female	189 (51.1)	178 (48.4)	0.47	94 (21.7)	85 (19.8)	0.49
Age at time of consent (years)	72.8±6.3	72.1±6.8	0.12	67.0±7.2	67.2±8.1	0.69
Caucasian	318 (85.9)	314 (85.3)	0.81	355 (82.0)	372 (86.7)	0.06
Black, of African Heritage	5 (1.4)	6 (1.6)	0.75	9 (2.1)	5 (1.2)	0.29
American Indian or Alaska Native	0 (0.0)	1 (0.3)	0.50	2 (0.5)	0 (0.0)	0.50
Asian	1 (0.3)	1 (0.3)	1.00	3 (0.7)	0 (0.0)	0.25
Hispanic or Latino	3 (0.8)	6 (1.6)	0.34	10 (2.3)	6 (1.4)	0.32
Other	0 (0.0)	1 (0.3)	0.50	3 (0.7)	2 (0.5)	1.00
Race/ethnicity not disclosed	43 (11.6)	39 (10.6)	0.66	51 (11.8)	44 (10.3)	0.48
<i>Medical History</i>						
Atrial fibrillation						
Persistent	155 (41.9)	151 (41.0)	0.81	171 (39.5)	145 (33.8)	0.08
Paroxysmal	215 (58.1)	217 (59.0)	0.81	262 (60.5)	284 (66.2)	0.08
Greater than 1 year	258 (69.7)	259 (70.4)	0.85	288 (66.5)	287 (66.9)	0.90
History of major bleeding	18 (4.9)	22 (6.0)	0.50	12 (2.8)	14 (3.3)	0.67
Prior stroke or TIA	70 (18.9)	87 (23.6)	0.12	13 (3.0)	13 (3.0)	0.98
Congestive heart failure	145 (39.2)	147 (39.9)	0.40	71 (16.4)	64 (14.9)	0.55
Hypertension	348 (94.1)	343 (93.2)	0.83	373 (86.1)	358 (83.4)	0.27
Vascular disease	246 (66.5)	247 (67.1)	0.86	108 (24.9)	133 (31.0)	0.05
Diabetes	136 (36.8)	145 (39.4)	0.46	86 (19.9)	76 (17.7)	0.42
CHA2DS2-VASc score	4.7±0.9	4.7±0.8	0.75	2.6±0.5	2.6±0.5	0.98
HAS-BLED score	1.4±0.8	1.5±0.8	0.05	1.0±0.8	1.0±0.7	0.69
Data is presented as n (%) or mean ± standard deviation						

Table 2 – Patients on Any OAC Across Follow-up

Table 2. Patients on Any OAC Across Follow-up				
	High Stroke Risk – CHA2DS2-VASc ≥ 4 N=738		Lower Stroke Risk – CHA2DS2-VASc ≤ 3 N=862	
	LAAC Device N=370	OAC Control N=368	LAAC Device N=433	OAC Control N=429
<i>On Any OAC</i>				
3 Months	91.3% (324/355)	98.3% (342/348)	89.4% (373/417)	98.5% (400/406)
12 Months	13.7% (47/344)	92.7% (307/331)	8.8% (36/407)	92.4% (354/383)
24 Months	10.6% (35/329)	89.2% (281/315)	8.6% (35/408)	87.2% (334/383)
36 Months	10.9% (34/311)	86.3% (264/306)	9.4% (38/403)	83.6% (312/373)
Data is presented as % (n/N).				

Table 3 – 36-Month Kaplan-Meier Clinical Event Rates

[illegible]

Figure 1 – Patient Disposition

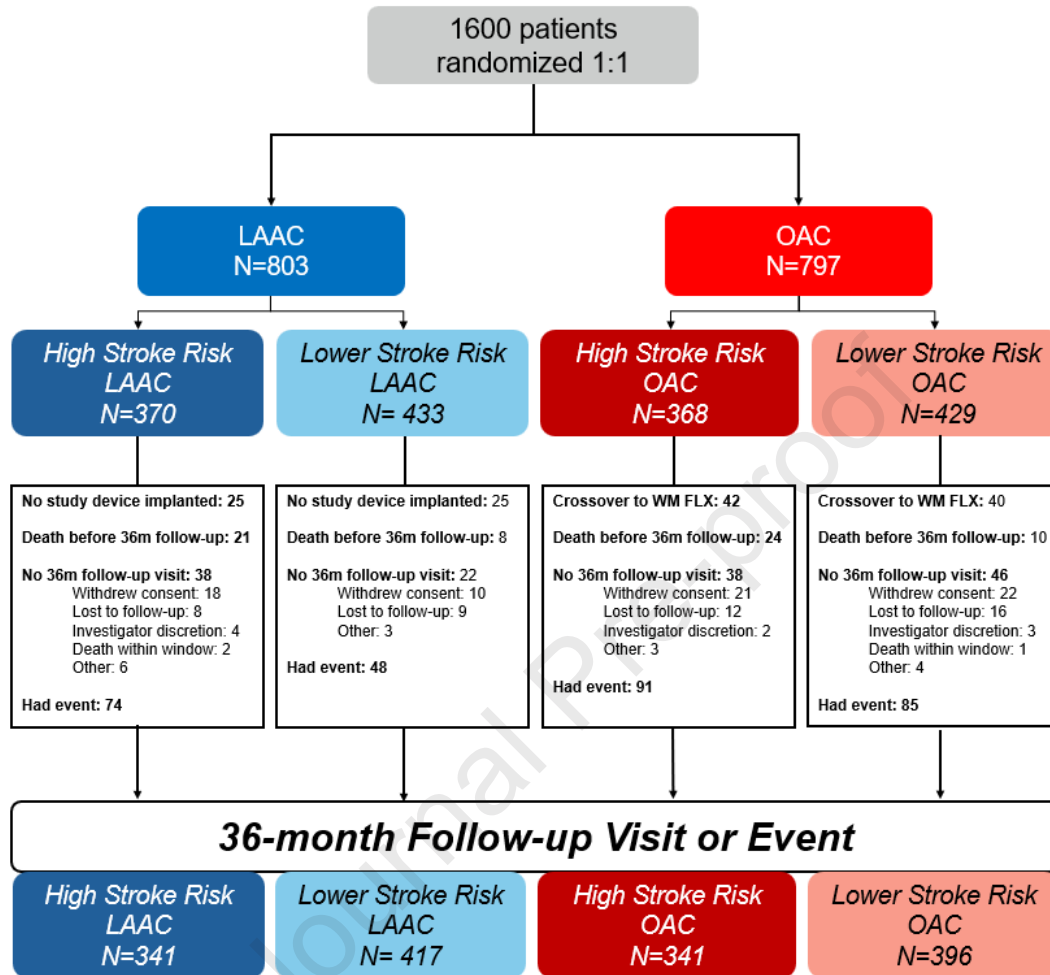
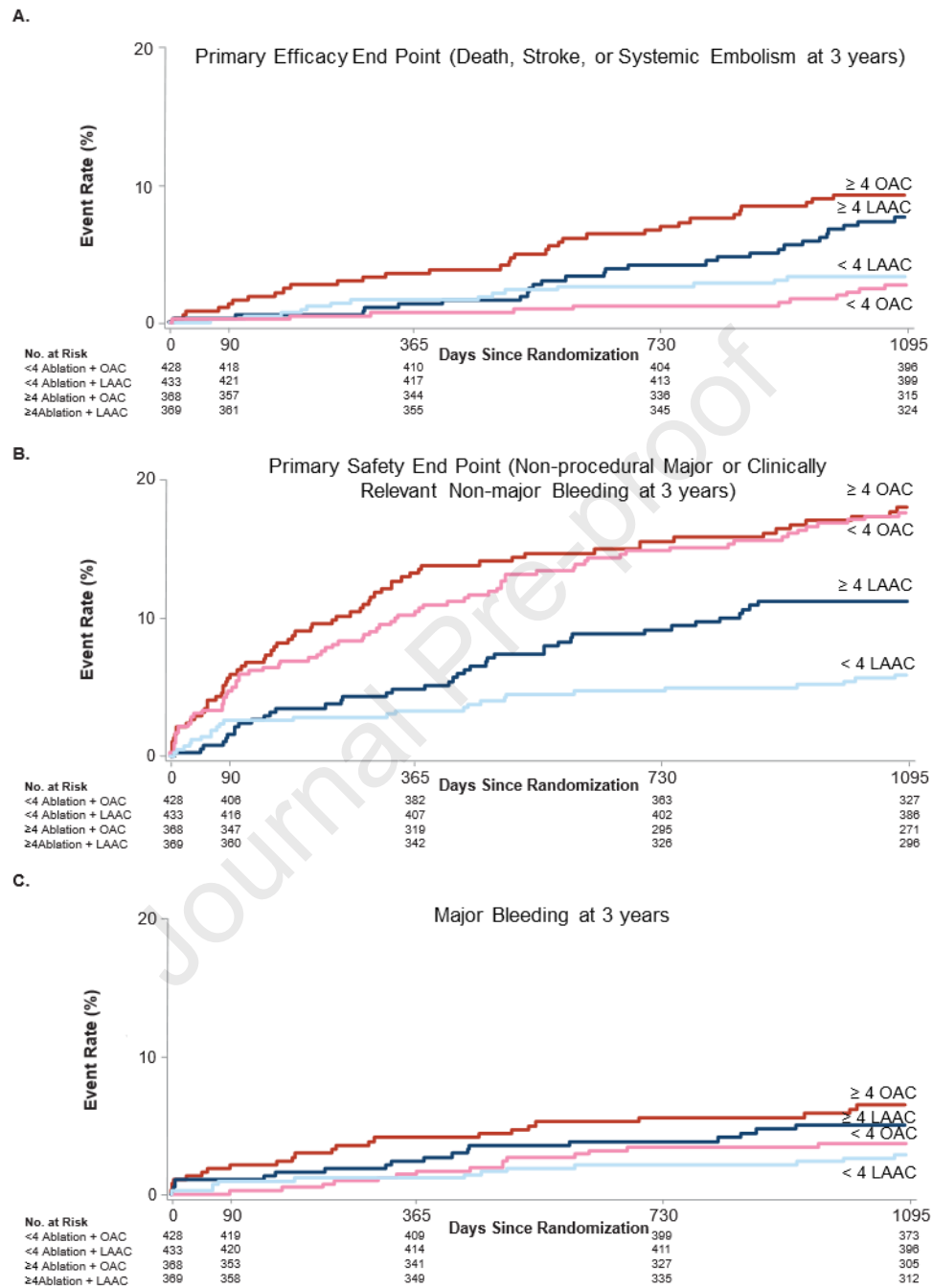
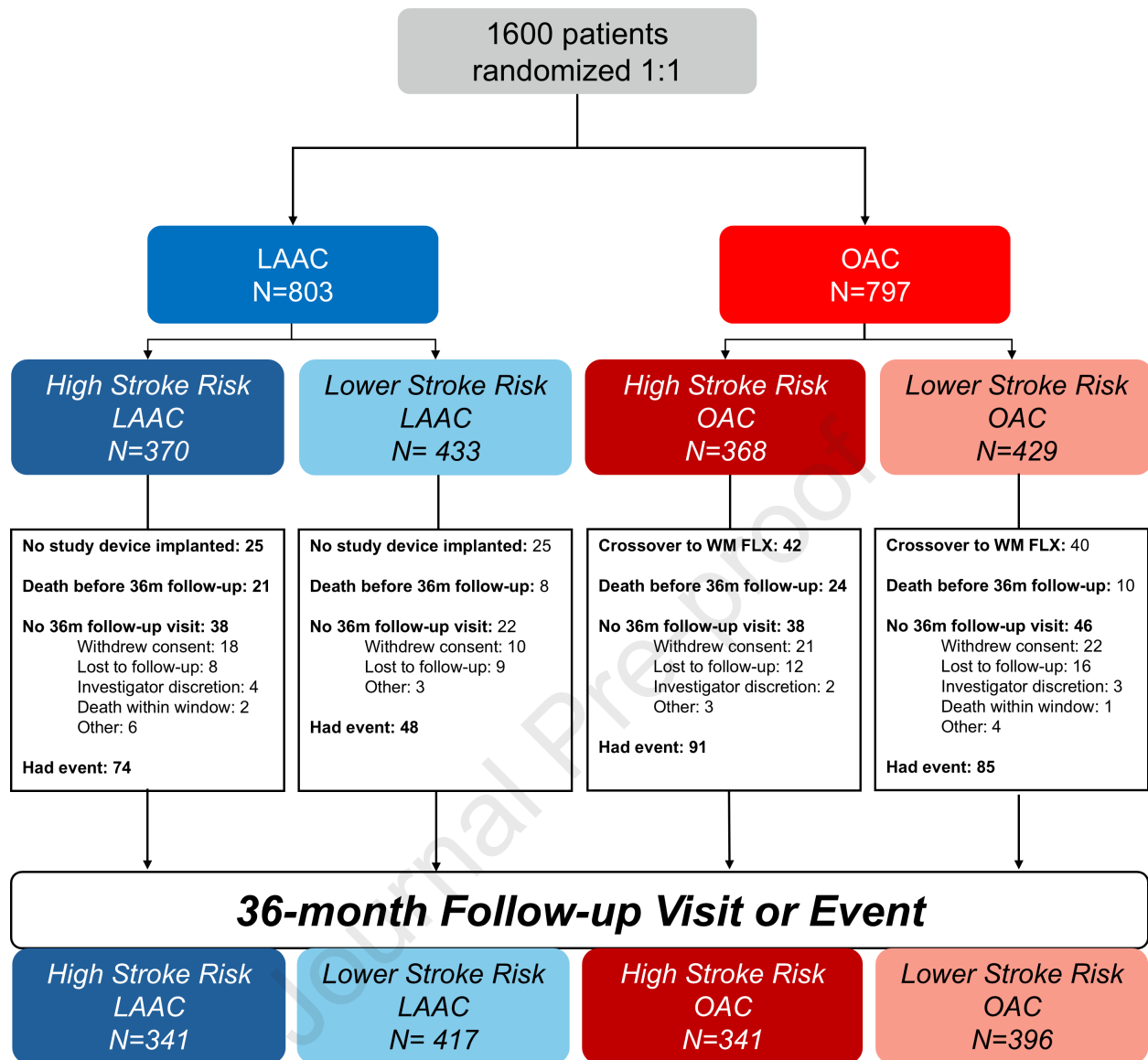
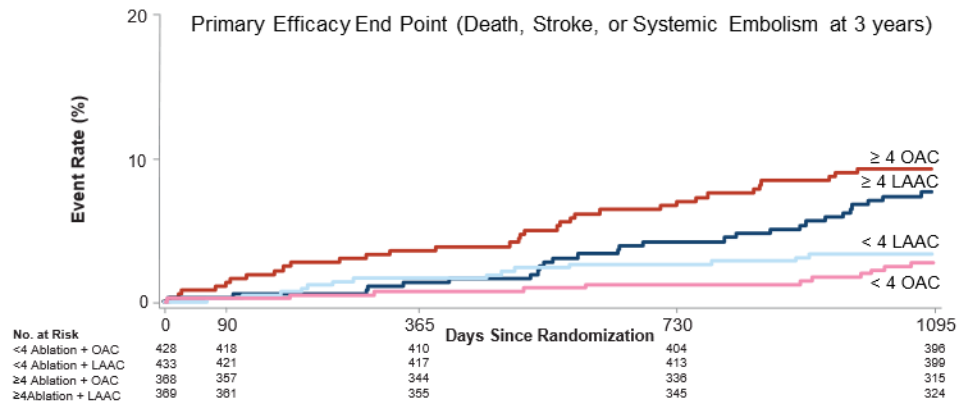


Figure 2 – Kaplan-Meier Plots for the Primary and Secondary Endpoints

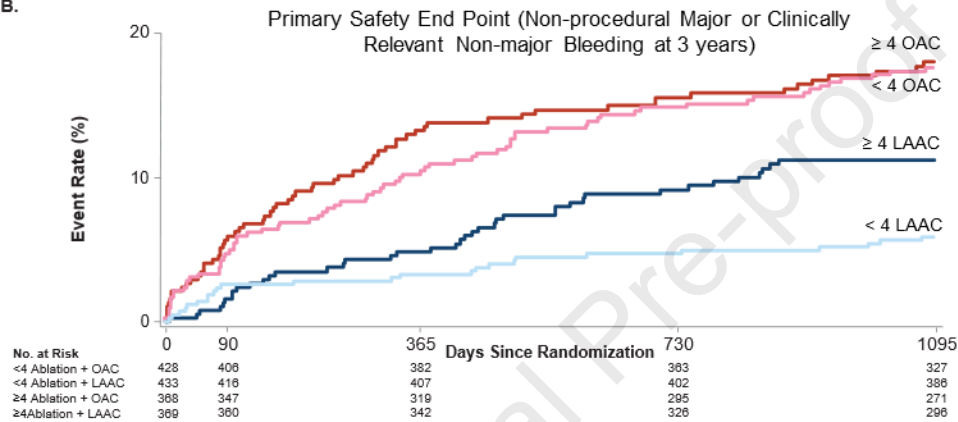




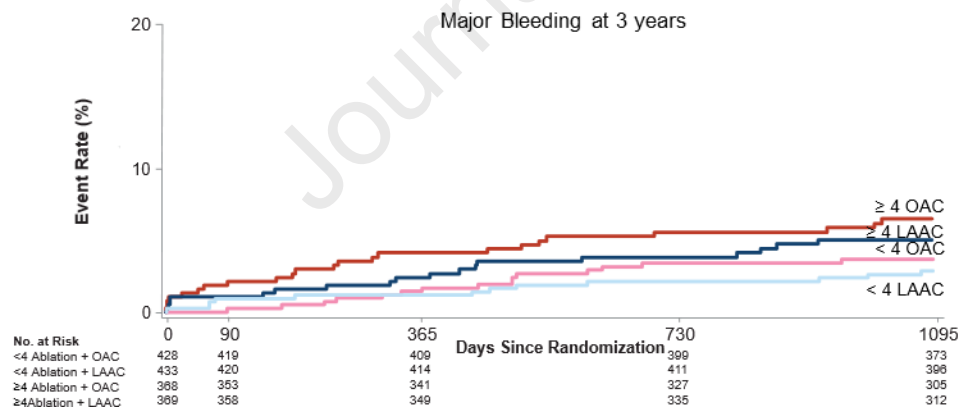
A.



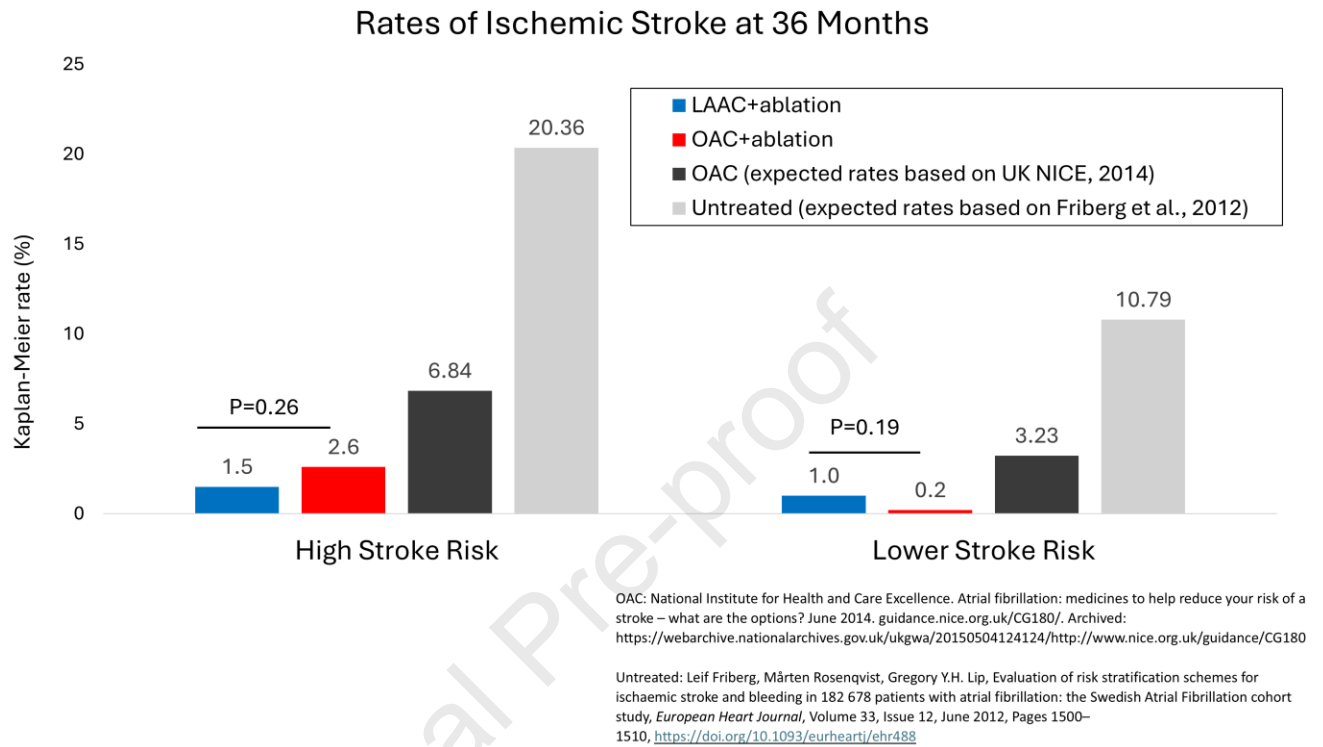
B.



C.



Supplementary Figure 1



Supplemental Table 1 – Kaplan-Meier Event Rates by High vs Low CHA₂DS₂-VASc Group

	I >> @Abs f b			L > @ @ k q l i			
Bs bkq	@E> / AP _i * S>P' »Σ»I K: 04-	@E> / AP _i * S>P' »Σ»0 K: 100	I l d*O^kh» MS ^ir b	@E> / AP _i * *S>P' »Σ» 1 K: 035	@E> / AP _i * S>P' »Σ»0 K: 1/ 6	I l d*O^kh» MS ^ir b	Rkqbo^^ qf l k» MS ^ir b
Mbfj ^ov»Bab`qsbkbpq	/ 4%4-5&	14 (3.3)	0.0081	33 (9.4)	11 (2.7)	<.0001	0.3493
Mbfj ^ov»P`cbq	1- %6. -2&	25 (6.0)	0.0075	64 (18.4)	73 (17.9)	0.7783	0.0454
>ii»Ab^q	/ . %3+ &	8 (1.9)	0.0032	24 (6.9)	10 (2.5)	0.0033	0.8547
@^oaf l s^p`ri^o»Ab^q	5 (1.5)	4 (1.0)	0.5436	6 (1.7)	4 (1.0)	0.3631	0.8479
Kl k* @^oaf l s^p`ri^o»Ab^q	10 (2.9)	4 (1.0)	0.0470	15 (4.4)	4 (1.0)	0.0034	0.6348
Rkbuni^fkba	6 (1.8)	0 (0.0)	0.0069	3 (0.9)	2 (0.5)	0.5122	0.9904
Pqpl hb	6 (1.8)	6 (1.4)	0.7511	13 (3.7)	2 (0.5)	0.0014	0.0485
Ip`ebj f`	5 (1.5)	4 (1.0)	0.5341	9 (2.6)	1 (0.2)	0.0049	0.1131
Ebj l ooe^df^	1 (0.3)	2 (0.5)	0.6622	3 (0.9)	0 (0.0)	0.0596	0.9923
Rkabqoj fkba	0 (0.0)	0 (0.0)	N/A	1 (0.3)	1 (0.2)	0.8984	1.0000
Pvpxpj f` Bj _l ifpj	1 (0.3)	1 (0.2)	0.8951	1 (0.3)	0 (0.0)	0.2691	0.9945
Major bleeding*	18 (5.1)	12 (2.9)	0.1018	23 (6.6)	15 (3.7)	0.0605	0.9743

[illegible]

Supplementary Table 2

36-Month Kaplan-Meier Clinical Event Rates by CHA ₂ DS ₂ -VASC Score																
CHA2DS2-VASc	≤2			3			4			5			≥6			
Outcomes Through 3 Year Post-Randomization	Control (N=174)	Device (N=178)	P value	Control (N=255)	Device (N=255)	P value	Control (N=193)	Device (N=203)	P value	Control (N=114)	Device (N=107)	P value	Control (N=61)	Device (N=60)	P value	
All-cause Mortality	5 (3.0)	1 (0.6)	0.0914	5 (2.2)	7 (2.9)	0.5932	10 (5.3)	7 (3.6)	0.4218	8 (7.6)	8 (8.0)	0.9331	6 (10.7)	6 (10.9)	0.8838	
Cardiovascular	3 (1.8)	1 (0.6)	0.3019	1 (0.4)	3 (1.2)	0.3261	1 (0.5)	2 (1.1)	0.5837	1 (1.0)	2 (2.1)	0.5441	4 (7.5)	1 (1.9)	0.1523	
Unexplained	1 (0.6)	0 (0.0)	0.2998	1 (0.4)	0 (0.0)	0.3153	0 (0.0)	3 (1.6)	0.0896	3 (2.9)	2 (2.1)	0.6895	0 (0.0)	1 (2.0)	0.3375	
Non-cardiovascular	1 (0.6)	0 (0.0)	0.3013	3 (1.3)	4 (1.6)	0.7364	9 (4.8)	2 (1.1)	0.0299	4 (3.9)	4 (4.1)	0.9497	2 (3.5)	4 (7.4)	0.4785	
Stroke	2 (1.2)	2 (1.2)	0.973	0 (0.0)	4 (1.6)	0.0455	6 (3.2)	2 (1.1)	0.1359	5 (4.8)	2 (2.2)	0.2706	2 (3.5)	2 (3.6)	0.9843	
Ischemic	1 (0.6)	2 (1.2)	0.5857	0 (0.0)	2 (0.8)	0.159	4 (2.1)	2 (1.1)	0.3807	4 (3.9)	2 (2.2)	0.4321	1 (1.7)	1 (1.9)	0.9779	
Hemorrhagic	0 (0.0)	0 (0.0)	Undef	0 (0.0)	2 (0.8)	0.1573	1 (0.5)	0 (0.0)	0.3062	1 (1.0)	0 (0.0)	0.3243	1 (1.8)	1 (1.7)	0.9898	
Undetermined	1 (0.6)	0 (0.0)	0.3117	0 (0.0)	0 (0.0)	Undef	1 (0.5)	0 (0.0)	0.3082	0 (0.0)	0 (0.0)	Undef	0 (0.0)	0 (0.0)	Undef	
Systemic embolism	0 (0.0)	1 (0.6)	0.3333	0 (0.0)	0 (0.0)	Undef	0 (0.0)	0 (0.0)	Undef	1 (1.0)	1 (1.0)	0.9659	0 (0.0)	0 (0.0)	Undef	
Major Bleeding*	3 (1.8)	3 (1.7)	0.9352	12 (5.0)	9 (3.7)	0.5023	11 (5.9)	11 (5.7)	0.9211	7 (6.6)	4 (4.0)	0.388	5 (9.2)	3 (5.5)	0.4455	
Non-Major Bleeding*	23 (13.7)	6 (3.4)	0.0008	38 (15.8)	12 (4.9)	<.0001	29 (15.4)	16 (8.3)	0.0225	15 (14.5)	9 (9.0)	0.2534	5 (9.2)	3 (5.2)	0.4102	
Pericardial Effusion resulting in an intervention	0 (0.0)	0 (0.0)	Undef	4 (1.7)	0 (0.0)	0.0425	0 (0.0)	0 (0.0)	Undef	0 (0.0)	2 (2.0)	0.1502	1 (1.6)	0 (0.0)	0.3213	
Data is presented as n (Kaplan-Meier event rate). All endpoints were CEC-adjudicated																
*Bleeding classified per International Society on Thrombosis and Haemostasis (ISTH) definitions																