

1 **Stereotactic Radioablation for Ventricular Tachycardia in Patients**
2 **Untreatable by Catheter Ablation: Evidence of Efficacy, Safety, and**
3 **Impact on Coronary Arteries**

4 **Short Title: Results from the STRA-MI-VT Trial**

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19 **ABSTRACT**

20 **Introduction**

21 Ventricular tachycardia (VT) in patients with structural heart disease can be life-threatening and

1 may persist despite antiarrhythmic therapy and catheter ablation. When standard treatments are
2 ineffective or contraindicated, stereotactic arrhythmia radioablation (STAR) has emerged as a non-
3 invasive salvage option.

4 **Methods**

5 This prospective, single-center study included 19 patients with structural heart disease and
6 recurrent VT unresponsive to conventional therapy and who were ineligible for ablation. Patients
7 were selected by a multidisciplinary team and underwent cardiac CT and electroanatomic mapping
8 for substrate characterization. STAR was delivered in a single 25Gy fraction using volumetric
9 modulated arc therapy. Primary endpoints included safety (adverse events within 12 months) and
10 efficacy (reduction in VT burden, assessed by ICD-recorded anti-tachycardia pacing [ATP] and
11 shocks).

12 **Results**

13 During a median follow-up of 14 months [IQR 9–15], STAR was associated with a significant
14 reduction in ICD therapies, with an average decrease of 81%. Mean ATP interventions/month
15 dropped from 4.5 ± 6.5 to 0.8 ± 2.3 ($p=0.029$), and total ICD therapies/month decreased from 4.8 ± 7.0
16 to 0.9 ± 2.5 ($p=0.032$). Mild pulmonary injury and pericardial effusion occurred in 22.2% of
17 patients. Most cases were asymptomatic; one patient (5.5%) required non-urgent
18 pericardiocentesis. No significant changes in left ventricular function, valvular status, or coronary
19 artery disease progression (assessed by CAD-RADS and PCAT analysis) were observed. One-year
20 mortality was 33.3%; no deaths were directly attributable to STAR.

21 **Conclusion**

22 STAR shows promise as a safe, noninvasive option for patients with refractory VT and advanced

1 cardiomyopathy. Larger multicenter studies are needed to confirm long-term outcomes and better
2 define its clinical role.

3 **Keywords:** ventricular tachycardia; stereotactic arrhythmia radioablation; electrical storm;
4 catheter ablation; arrhythmogenic substrate; computed tomography.

5 **WHAT'S NEW**

- 6
- 7 ➤ STAR significantly reduced the burden of ICD therapies, with a >80% decline in both
8 antitachycardia pacing (ATP) and shocks compared with baseline. Safety was
9 favorable: only mild, mostly asymptomatic pulmonary and pericardial findings were
10 observed, without deterioration of left ventricular function, valve status, or
11 progression of coronary artery disease.
 - 12 ➤ For the first time, coronary CT with CAD-RADS classification and PCAT attenuation
13 analysis was systematically applied to assess coronary effects after STAR, revealing
14 no signs of disease progression or increased vascular inflammation, thereby
15 supporting the cardiac safety of the procedure.
- 16

17 **INTRODUCTION**

18 Ventricular tachycardia (VT) is a potentially life-threatening arrhythmia often associated with
19 structural heart disease, myocardial infarction, or cardiomyopathy. Radiofrequency (RF) catheter
20 ablation remains the first-line therapy for managing scar-related ventricular arrhythmias (VAs),
21 demonstrating efficacy in reducing VT recurrence and decreasing implantable cardioverter-
22 defibrillator (ICD) interventions¹. However, in some cases, neither antiarrhythmic drugs nor

1 catheter ablation are adequately effective in preventing VT recurrence². This can lead to multiple
2 ICD interventions or electrical storm (ES), significantly increasing the risk of cardiac death³.
3 Additionally, the presence of comorbidities, such as advanced cardiomyopathy, and anatomical
4 challenges, including mechanical valve prostheses or scarring from prior cardiac surgery, can
5 render catheter ablation technically complex or even unfeasible. Cardiac stereotactic body
6 radiation therapy (STAR) has emerged as a promising noninvasive therapeutic option for patients
7 with structural heart disease and refractory VT^{4,5} and appeared to gain acceptance within the
8 cardiology community in the last years⁶. This approach is particularly valuable in scenarios where
9 standard therapies fail or where anatomical or procedural risks preclude invasive interventions^{7,8}.
10 A recent meta-analysis showed that among patients with refractory VT in context of structural
11 heart disease, VT burden and ICD shocks are dramatically reduced following cardiac STAR,
12 although the overall mortality in this population with heart failure and refractory VT receiving
13 palliative cardiac STAR remains high⁹. Advanced imaging techniques, such as computed
14 tomography (CT), magnetic resonance imaging (MRI), and electroanatomic mapping, enable
15 precise identification of the arrhythmogenic substrate, ensuring accurate treatment delivery¹⁰. The
16 mechanism by which STAR induces myocardial damage remains under investigation. Current
17 evidence suggests a dynamic, multistep process involving radiation-induced fibrosis mediated by
18 chemokines and cytokines⁸. Furthermore, experimental studies indicate that STAR may exert
19 antiarrhythmic effects through electrical remodeling in the target area¹¹. Recent years have seen
20 increasing adoption of STAR, with multiple centers reporting experiences using standardized
21 protocols and a consistent radiation dose of 25 Gy^{4,12}. In this context, we report the results of a
22 prospective phase Ib/II open-label study to validate the efficacy and safety of STAR in a well-
23 defined cohort of patients with recurrent VT who were ineligible for conventional catheter ablation

1 and in whom a dedicated workflow was employed for treatment preparation, with specific attention
2 given to STAR effects in the long term.

3 **METHODS**

4 STRA-MI-VT is a prospective, single-arm, single-center study. The study design has been
5 previously detailed¹³. Preliminary results have been already reported¹⁴. This manuscript has
6 been drafted in accordance with the tenets of the Helsinki Declaration. The study has been
7 approved by the local institutional review board. The protocol has been registered on
8 ClinicalTrials.gov (NCT04066517). The data underlying this article will be shared on
9 reasonable request to the corresponding author. The protocol prescribes STAR for patients
10 with VT that is refractory to or who are unsuitable candidates for standard medical or
11 ablation therapy. Mapping and/or imaging integration data are used for target identification,
12 to ensure accurate substrate characterization. Electroanatomic mapping (EAM) may be
13 omitted in patients with contraindications to interventional procedures, with STAR guided
14 exclusively by imaging techniques.

15 *Patient population*

16 Patients were prospectively enrolled among those admitted to the Centro Cardiologico
17 Monzino IRCCS in Milan, Italy, a national referral center for VT ablation. A flowchart
18 illustrating the screening, eligibility, and inclusion process is shown in Supplementary Figure
19 1. STAR procedures were performed at the Istituto Europeo di Oncologia IRCCS, Milan. A
20 multidisciplinary expert panel—including electrophysiologists, a clinical cardiologist, a
21 cardio-radiologist, radiation oncologists, an anesthesiologist, and a cardiac surgeon—

1 evaluated each case to rule out alternative treatments and confirm eligibility. A sample of 20
2 patients was estimated to provide 90% power to detect as statistically significant ($p < 0.05$)
3 a 45% reduction in ventricular arrhythmic episodes, assuming a mean of 16 episodes in the
4 3 months prior to the procedure. As specified in the study protocol approved by the Ethics
5 Committee, the planned follow-up duration for all patients was one year after the STAR
6 procedure.

8 *Enrollment criteria*

9 Patients were eligible for inclusion if they:

- 10 • Had structural heart disease and recurrent VT, defined as three or more episodes
11 requiring ICD intervention, unresponsive to pharmacological and non-
12 pharmacological treatments.
- 13 • Had contraindications to conventional radiofrequency catheter ablation (RFCA) due
14 to high procedural risk or were unsuitable for interventional or surgical approaches.
- 15 • Met additional criteria: LVEF $\geq 20\%$, age ≥ 50 years, presence of an ICD or
16 subcutaneous ICD, and signed informed consent.

17 Exclusion criteria included: prior thoracic radiotherapy, active myocardial ischemia, cardiac
18 revascularization within the last 120 days, NYHA class IV heart failure, life expectancy < 1
19 year.

20 *Safety and study endpoints*

1 The primary safety endpoint was the evaluation of STAR safety during the first month post-
2 treatment, with follow-ups at 3, 6, and 12 months. During these visits, patients underwent
3 chest CT scans, transthoracic echocardiograms, and consultations with radiation
4 oncologists. Adverse events (AEs) and serious adverse events (SAEs) were classified
5 according to CTCAE version 5.0 (with serious events including death, cardiac arrest,
6 myocardial infarction, cardiogenic shock, pericarditis, radiation-induced oncogenesis, and
7 others¹⁵) and further categorized by their relationship to STAR as unrelated, unlikely, possible,
8 or definitive, as assessed by a multidisciplinary team during each follow-up visit. AEs and
9 SAEs were reported according to current literature¹⁶.

10 The primary efficacy endpoint was the monthly rate of treated VT or VF episodes
11 recorded by ICDs at 3-, 6-, and 12-months post-STAR, compared to the 6 months before
12 treatment. Specific metrics included: VT/VF episodes requiring antitachycardia pacing (ATP),
13 VT/VF episodes triggering ICD shocks, and total ICD shocks administered. A 6-week
14 "blinking period" was considered post-STAR to account for inflammation-related
15 arrhythmias¹⁷. Antiarrhythmic treatments were maintained unless clinical conditions
16 required adjustments. Secondary endpoints included VT episodes recorded in the monitor
17 zone, all-cause mortality at 12 months, quality of life assessed using the SF-36 Health
18 Questionnaire, and changes in cardiac function as evaluated by echocardiographic LVEF.

1 *Interventional Workflow*

2 The entire workflow consists in the following steps:

3 Step 1 - Cardiac CT. All per-protocol CCTs were performed using a Revolution CT (GE
4 Healthcare) with the following parameters: slice configuration 256x0.625 mm, gantry
5 rotation time 280 ms and prospective electrocardiogram triggering, covering the entire
6 cardiac cycle (R-R phases from 0% to 100%), as previously described. Patients received a
7 1.5 mL/kg bolus of contrast medium (Iomeron 400 mg/mL), divided into 2 boluses: 80 mL
8 contrast medium through an antecubital vein at an infusion rate of 5 mL/s, followed by 50 mL
9 saline solution and a second bolus of contrast medium to reach the predetermined total
10 dose of contrast medium. Imaging was performed using the bolus tracking technique. Timing
11 for the scan was targeted to obtain good contrast enhancement of the left and right
12 ventricles. A second set of breath-hold and electrocardiogram gated images was acquired
13 eight minutes after injection of contrast agent (100 Kvp; 400 mA) for the detection of
14 myocardial delayed enhancement (DE). For coronary artery evaluation, data sets of cardiac
15 CT images were analyzed using a vessel analysis software (VesselAnalysis, CardioQ3
16 Package-GE Healthcare). Reconstructed images were evaluated independently by EACVI
17 Level III certified readers with >10 years of clinical experience in CCT performance and
18 analysis. Coronary segments were evaluated for the presence of stenoses according to
19 CAD-RADS 2.0 system. More specifically, coronary artery stenosis was minimal (<25%),
20 mild (25%-49%), moderate (50-69% diameter stenosis), severe (70-90% diameter stenosis),
21 or subtotal/occluded ($\geq 90\%$ diameter stenosis). Obstructive CAD was defined as any
22 coronary plaque $\geq 50\%$ luminal diameter stenosis

1 In addition, in order to evaluate the coronary inflammation, the pericoronary adipose tissue
2 (PCAT) was measured. The PCAT was defined as tissue with an attenuation on CCT between
3 -190 and -30 HU and within a radial distance from the vessel wall equal to the vessel
4 diameter. PCAT analysis was automatically performed by the software following quantitative
5 plaque analysis (QAngio CT Research Edition version 3.2.0.13, Medis Medical Imaging
6 Systems, Leiden, The Netherlands).

7 Step 2 - Electroanatomic mapping (EAM). High-density EAM was performed using the CARTO
8 system (Biosense Webster). When possible, both endocardial and epicardial LV mapping
9 were completed for accurate 3D scar characterization. Imaging data were integrated with
10 pre-acquired DICOM files to validate VT substrate characterization.

11 Step 3 – CT and EAM merging: EAM dicom and CT dicom images were merged for precise
12 STAR target delineation. Figure 1 provides an example of cardiac CT integration using In-
13 HEART software in a patient with non-ischemic cardiomyopathy.

14 **Step 4 – Treatment plan:** The treatment plan was developed by a multidisciplinary expert
15 panel comprising two electrophysiologists, a clinical cardiologist, a cardio-radiologist, a
16 biomedical engineer, two radiation oncologists, and two medical physicists. The panel
17 reached a consensus on the target area, identified using cardiac CT and additional data from
18 ECG and electrocardiographic imaging (ECGI). CCT provided both the anatomical reference
19 for organs at risk (OARs) and the imaging substrate for arrhythmogenic scar delineation.
20 Specifically, the arterial-phase CCT served as the anatomical reference for cardiac
21 chambers, valve planes, great vessels, coronary ostia/proximal segments, and adjacent
22 organs at risks (OARs), while the delayed-enhancement (late iodine enhancement, LIE) CCT

1 (acquired at 8 minutes) was used to delineate the arrhythmogenic substrate, which defined
2 the cardiac target volume (CTV). Fibrosis localization and scar characterization were instead
3 performed on the CCT datasets, specifically on the LIE series. The analysis was conducted
4 using dedicated cardiac software (GE Healthcare), by comparing regions of hyper-
5 attenuation within the scar to remote healthy myocardium. OARs were defined on the
6 cardiac CT co-registered with the planning CT. This approach allowed precise contouring of
7 cardiac substructures while maintaining geometric consistency with the treatment planning
8 dataset. Accordingly, CTV (IMG) was derived from LIE characteristics and lesion topology
9 within the myocardium, in consensus with electrophysiologists, cardio-radiologists, and
10 radiation oncologists. The CTV was contoured directly on the planning CT within the
11 treatment planning system (TPS), after fusion of the arterial- and LIE-phase series. In
12 accordance with ICRU Report 91, the 4D-CT was not used to refine the CTV, but rather to
13 characterize target motion and generate the internal target volume (ITV). The 4D-CT was
14 acquired under free-breathing conditions using a respiratory gating system, synchronized
15 with the treatment planning CT, to capture the full range of cardiac and respiratory motion
16 throughout the cycle. The CTV, defined on the cardiac CT (arterial and LIE phases), was
17 propagated across all respiratory phases of the 4D-CT to assess displacement of the target
18 region. The ITV was then created by encompassing the CTV positions across the respiratory
19 phases—representing the composite volume of the target during the breathing cycle.
20 Subsequently, a PTV was generated by adding a setup margin to the ITV to account for
21 residual geometric uncertainties and daily positioning variations. In our workflow, it was not
22 possible to directly evaluate CTV(IMG) motion during free breathing because this structure

1 is not visible on non-contrast 4D-CT. Therefore, as a surrogate, we assessed whole-heart
2 motion across the ten respiratory phases of the 4D-CT and generated the ITV by expanding
3 the CTV(IMG) to encompass the observed respiratory-induced displacement. We assumed
4 that the CTV(IMG) moves synchronously with the overall heart motion. Cardiac beating was
5 not considered in margin definition, in line with the protocol adopted in our previous STRA-
6 MI-VT study¹⁴. InHEART was not used to generate or edit the CTV; its use was strictly limited
7 to quality assurance (QA)—that is, visual cross-checking of scar localization and anatomic
8 concordance—without any transfer of contours from InHEART to the TPS and without the
9 use of non-CE-marked SBRT transfer tools. After CTV definition, the ITV and PTV were derived
10 within the TPS using 4D-CT motion data and standard setup margins, with OAR cropping and
11 refinements performed directly on the planning CT dataset. When available, EAM and/or
12 ECGI information was used as input to corroborate the imaging-based target location; no
13 EAM meshes were converted to DICOM for target transfer, and no EAM-derived structures
14 were imported into the TPS. All final contours (CTV, ITV, PTV, and OARs) were defined and
15 stored within the TPS and, when needed, exported or imported as DICOM RT-STRUCT.
16 Treatment plans (VMAT, single 25 Gy fraction) were created and delivered from these TPS-
17 native structures. InHEART served solely as a QA viewer and did not participate in any fusion,
18 contour generation, editing, or transfer.

19 **Dose constraints.** Planning objectives and constraints were prospectively specified.
20 For extracardiac OARs, single-fraction stereotactic body radiotherapy (SABR) limits routinely
21 used in oncologic practice at our institution were applied¹⁸. For intracardiac substructures,
22 in the absence of validated single-fraction limits, we adopted a conservative ALARA strategy

1 guided by prior STAR reports and feasibility trials^{19,20}. Achieved dosimetry for CTV(EP/IMG),
2 ITV, PTV (D98/95/50/2) and cardiac/serial OAR D2% are summarized in **Table 3**. In case of
3 competing objectives, critical OAR sparing was prioritized while preserving target coverage
4 when feasible.

5 **Step 5 – Radiotherapy:** Using the free-breathing CT, a volumetric modulated arc therapy
6 (VMAT) treatment plan was processed with the Eclipse RapidArc Planning System (Varian
7 Medical Systems) to deliver a total dose of 25 Gy in a single fraction. The treatment was
8 administered with a Varian Trilogy linear accelerator while the patient remained immobilized in a
9 custom cast. Patient setup positioning was verified and corrected, if necessary, using two cone-
10 beam CT scans (image-guided radiotherapy, IGRT).

11
12 **Step 6- Pre-Discharge Evaluation and Management:** Patients were monitored continuously for
13 five days post-STAR, with routine lab tests and echocardiographic assessments. A 20-day
14 dexamethasone regimen (initiated at 8 mg/day with tapering) combined with gastroprotective
15 agents was administered prophylactically to all patients, irrespective of target location, to minimize
16 potential post-radiation inflammatory reactions involving the pericardium or adjacent pulmonary
17 tissue. This approach reflects our institutional practice, consistent with the prophylactic use of
18 corticosteroids in high-dose single-fraction stereotactic radiosurgery for oncologic indications
19 (e.g., brain or lung treatments). The regimen was well tolerated, and no corticosteroid-related
20 adverse effects were observed. The rationale for corticosteroid prophylaxis is supported by recent
21 survey data showing similar use among stereotactic radiosurgery centers²¹. ICD functionality was
22 evaluated prior to discharge. After STAR, ICD programming was modified to allow recording of

1 clinical non-sustained VTs (NIVTs) in the monitor zone. No changes were made to the VT
2 therapeutic zone.

3

4 *Follow-up*

5 Patients attended weekly follow-ups during the first month, followed by in-hospital visits at 3, 6,
6 and 12 months post-STAR. After the 12-month follow-up period, patients continued to be
7 clinically monitored at the enrolling institution as part of standard care. Evaluations included 12-
8 lead ECGs, ICD interrogations, echocardiograms, SF-36 questionnaires, and cardiac CT scans (3
9 and 12 months post-STAR). Thoracic CT scans during follow-up were also used to assess late
10 adverse events related to STAR, including CAD progression (using **CAD-RADS classification**)
11 and attenuation of pericoronary adipose tissue (PCAT) CAD severity was graded according to the
12 CAD-RADS 2.0 classification system, and PCAT attenuation was quantified as a CT-based
13 imaging biomarker of coronary inflammation. PCAT analysis was performed automatically using
14 QAngio CT Research Edition v3.2.0.13 (Medis Medical Imaging Systems, Leiden, The
15 Netherlands), following validated protocols. In detail, PCAT was defined as all voxels with
16 attenuation between -190 HU and -30 HU within a radial distance from the outer vessel wall equal
17 to the vessel diameter, as recommended by Antonopoulos AS et al.²² and Oikonomou EK et al.²³.
18 Measurements were obtained for the proximal 40 mm segment of the RCA, as the most
19 reproducible and least motion-affected vessel, and were averaged from three adjacent axial
20 reconstructions (0.625-mm slice thickness).

21 CAD burden and PCAT attenuation were assessed on CCT performed at baseline and at
22 12-month follow-up after STAR. Coronary stenoses were graded according to the CAD-RADS
23 2.0 system. More specifically, coronary artery stenosis was minimal ($<25\%$), mild ($25\%-49\%$),

1 moderate (50–69% diameter stenosis), severe (70–90% diameter stenosis), or subtotal/occluded
2 ($\geq 90\%$ diameter stenosis). Obstructive CAD was defined as any coronary plaque $\geq 50\%$ luminal
3 diameter stenosis. PCAT attenuation was quantified as a CT-based imaging biomarker of coronary
4 inflammation using a validated semi-automated algorithm implemented in QAngio CT Research
5 Edition v3.2.0.13 (Medis Medical Imaging Systems, Leiden, The Netherlands). In accordance with
6 previously published methodology^{22,23}. PCAT was defined as all voxels with attenuation values
7 between -190 HU and -30 HU within a radial distance from the outer vessel wall equal to the
8 vessel diameter. Measurements were performed along the proximal 40 mm segment of the right
9 coronary artery (RCA) reconstructed with 1-mm slice thickness to minimize motion artefacts. Two
10 independent EACVI Level III readers manually adjusted vessel contours when required and
11 repeated measurements in consensus. For each patient, mean and maximum PCAT attenuation
12 values were recorded at baseline and 12 months.

14 *Statistical analysis*

15 All analyses were performed using STATA 14.0 (StataCorp LLC, College Station, TX).
16 Continuous variables were reported as mean \pm standard deviation (s.d.) or as median [interquartile
17 range (1st–3rd quartile) (IQR)], if normally or non-normally distributed, respectively. Categorical
18 variables were reported as counts (%). Comparisons were performed using the Chi-square or
19 Fisher's exact test for categorical variables, and a Student's t-test or a Mann–Whitney U test for
20 numerical variables, as appropriate according to their distribution. Incidence rates of events were
21 presented as rate per month, inclusive of the corresponding confidence interval. For all time-
22 dependent analyses, the time of censoring was defined either as the time of the outcome or the

1 time of last follow-up, whichever came first. A two-sided p value < 0.05 was considered significant
2 throughout the manuscript.

3 **RESULTS**

4 *Baseline characteristics of the study cohort*

5 Baseline characteristics of the study cohort were summarized in **Table 1**. The study cohort
6 consisted of 19 patients with a mean age of 69.7 ± 6.75 years, the majority of whom were
7 male (89.5%). Structural heart disease was present in all patients, with non-ischemic
8 cardiomyopathy observed in 57.9% and ischemic cardiomyopathy in 42.1%. The mean left
9 ventricular ejection fraction (LVEF) was $31.7 \pm 9.8\%$. Most patients had a cardiac
10 resynchronization therapy defibrillator (CRT-D, 63.15%), while 21% had a single-chamber
11 ICD and 15.8% had a dual-chamber ICD. Beta-blockers were used by 94.7% of patients.
12 Failed attempts with antiarrhythmic drugs were common, including **amiodarone and**
13 **mexiletine**, each used in **78.9%** of patients. Nearly half of the patients (42.1%) had
14 experienced an electrical storm, and prior catheter ablation attempts had a median of 1 (IQR
15 1–2), with epicardial approaches used in 21%. In six patients, iterative VT below the
16 tachycardia detection interval was observed. Factors precluding catheter ablation included
17 endocavitary thrombus (31.6%), pericardial inaccessibility (26.3%), high procedural risks
18 due to comorbidities (26.3%) and contraindications to LV access (26.3%). Note that some
19 patients may presented more than one contraindication for conventional VT ablation.

20 *STAR procedure*

1 Treatment characteristics for each patient are shown in **Table 2**. The median CTV/IMG was 41.1
2 [11.1-94.3] cm³, the median ITV was 104.9 [28.0-204.5] cm³, and the median PTV was 187.6
3 [83.3-275.6] cm³.

4

5 *Efficacy of STAR*

6 **Figure 2** presents a summary of all ablation procedures performed before or after the index STAR,
7 along with the follow-up duration until the final clinical visit or death. One patient was excluded
8 before treatment as he did not complete the diagnostic phase because of severe worsening of heart
9 failure. During a median follow-up time of 14 [9-15] months, two patients (10.5%) underwent at
10 least one repeat CA for clinically significant VT recurrences. Specifically, patient #14 experienced
11 an arrhythmic storm after eight months of follow-up, requiring urgent repeat ablation with an endo-
12 epicardial approach. Patient #16, after 11 months of follow-up, received three shocks from the
13 ICD, leading to severe cardiac function deterioration and recurrent heart failure. Consequently, the
14 patient underwent a new ablation procedure with ECMO support using pulsed-field ablation.

15 Study endpoint analyses are summarized in **Table 3**. The full-cohort comparison included
16 all 18 treated patients and evaluated the mean frequency of ICD therapies at baseline and post-
17 STAR intervention. The mean number of ATP interventions per month after the blanking period
18 significantly decreased from 4.5 ± 6.5 at baseline to 0.8 ± 2.3 post-STAR ($p = 0.029$); mean
19 reduction 3.7 events/month, 95% CI 0.3–7.0). Similarly, the mean number of DC shocks per month
20 after the blanking period decreased from 0.5 ± 0.8 to 0.1 ± 0.3 after STAR ($p = 0.055$); mean
21 reduction 0.4 events/month, 95% CI 0.0–0.8). The combined number of ATP and DC shocks per
22 month after the blanking period decreased from 4.8 (SD = 7.0) to 0.9 (SD = 2.5) post-STAR
23 ($p = 0.032$); mean reduction 3.9 events/month (95% CI 0.3–7.5). **Figure 3** summarizes the event

1 rate (events per month) for ICD therapies (DC shocks + ATP) before and after the STAR
2 intervention for individual patients. Regarding the primary outcome analysis, no significant
3 differences in SBRT efficacy were observed when stratifying patients by ischemic versus non-
4 ischemic cardiomyopathy (combined number of ATP and DC shocks per month: ischemic
5 cardiomyopathy pre-STAR $4.6 \pm 6.8 \rightarrow$ post-STAR 0.7 ± 2.1 vs non-ischemic cardiomyopathy
6 pre-STAR $4.9 \pm 7.2 \rightarrow$ post-STAR 1.0 ± 2.8 ; $p = 0.78$ for difference in STAR efficacy between
7 groups).

8 Five patients presented with recurrent slow VTs, detected in the monitor zone after ICD
9 programming was modified post-STAR. ATP therapy was subsequently modified according to VT
10 cycle length, but only in cases of clinically significant VT recurrences detected in the monitor
11 zone. Those episodes were included in the primary outcome (ATP therapy). A more detailed
12 analysis is beyond the scope of this paper, as a subanalysis of slow VTs has been reported
13 elsewhere²⁴.

15 *Safety of STAR*

16 At one year of follow-up, mortality reached 33.3% ($n=6/18$ patients treated), corresponding to an
17 estimated survival of 67% (95% CI 47–91%). Patient #1 died 11 months after STAR due to
18 worsening heart failure. Patient #4 died after 20 months due to a new myocardial infarction caused
19 by restenosis of a previously treated coronary artery. Patient #6 died during post-STAR
20 hospitalization from multiorgan failure following bacterial pneumonia and sepsis, with no
21 recurrence of arrhythmia. Patient #7 was found dead at home three months after STAR, with no
22 identified cause of death. The patient had been closely followed for symptomatic VT episodes
23 below the TDI, which had resolved two months post-STAR. While an arrhythmic event was not

1 confirmed, a cardiac non-arrhythmic death cannot be excluded, as no autopsy was performed.
2 Patient #8 died six months into follow-up due to bladder cancer, and patient #13 died four months
3 post-treatment from worsening heart failure complicated by bronchopneumonia.

4 Acute symptoms related to STAR (**Table 4**), such as nausea and gastrointestinal disorders
5 (grade 2), were observed only in patient #1. Among the adverse events definitively related to
6 STAR, the most frequent were mild pulmonary injury and pericardial effusion, each observed in
7 four patients (22.2%). Pulmonary damage typically appeared at the first follow-up as an area of
8 inflammatory consolidation or interstitial reticulation, consistent with radiation-induced injury. In
9 patients #4 and #18, the consolidation was located in the lower lobe of the left lung, while in
10 patients #12 and #14, it was found in the pulmonary lingula. Clinically, none of the four patients
11 reported symptoms or functional limitations related to pulmonary damage, except for patient #18,
12 who experienced a persistent mild dry cough. Regarding pericardial effusion, it was mild in three
13 cases and moderate in patient #14. This patient was under full anticoagulation therapy due to an
14 unstable ventricular thrombus, and a non-urgent pericardiocentesis of a serous-hematic effusion
15 was performed during the previously described redo catheter ablation. In all other cases, anti-
16 inflammatory therapy was initiated, and patients remained asymptomatic throughout follow-up.
17 No significant changes in left ventricular ejection fraction were observed over the 12-month
18 follow-up period. Additionally, no signs of valvular deterioration were detected, either in terms of
19 insufficiency or stenosis, for either the mitral or aortic valves. During follow-up, coronary CT was
20 used to assess the potential impact of radiotherapy on plaque progression or deterioration. CAD
21 was classified using the CAD-RADS system, and no progression of coronary stenosis was
22 observed on CT scans performed at 3 and 12 months. No significant change was observed
23 following STAR (baseline mean PCAT -93 ± 7 HU vs. follow-up -89 ± 8 HU; $\Delta = +4 \pm 3$ HU; p

1 = 0.27). CAD-RADS scores remained unchanged between baseline and follow-up (median 3,
2 range 1–5), confirming the absence of coronary progression. A summary of baseline and post-
3 STAR CAD-RADS scores and PCAT attenuation values for each patient has been added in
4 **Supplementary Table 1.**

5 **DISCUSSION**

6
7 This study provides one of the longest follow-up data on the safety and efficacy of STAR in VT
8 management. It is also the only cohort specifically analyzing radiological features potentially
9 related to STAR-associated effects, including CAD-RADS assessment per single coronary
10 artery and epicardial fat modifications as a marker of inflammation. Our findings can be
11 summarized in three major observations:

- 12 1. A potential benefit in preventing VT recurrence was observed, with a significant
13 reduction in appropriate ICD therapies after the blanking period when STAR was used
14 as a bailout strategy in highly compromised patients.
- 15 2. Adverse events potentially related to STAR included pulmonary damage and
16 pericardial effusion, each occurring in four patients (22.2%), but the rate of severe
17 complication was extremely low. No significant changes in left ventricular ejection
18 fraction were observed within 12 months, and no valvular deterioration or coronary
19 artery disease progression was detected on follow-up imaging, as per CAD-RADS
20 classification.

1 3. Mortality in the study population was relatively high, primarily reflecting the severity
2 of the underlying advanced heart disease. However, no deaths were directly
3 attributable to STAR.²⁵

4 *Patients Selection*

5 The population included in the STRAMI-VT study consisted of highly fragile and clinically
6 complex patients, most of whom were not candidates for conventional invasive ablation. At
7 enrollment, 9 of 18 patients (50%) had not undergone prior catheter ablation owing to
8 specific contraindications or excessive procedural risk. Among them, three had
9 contraindications to left ventricular access due to double mitral/aortic valve surgical
10 replacement, three had persistent endocavitary thrombi documented in their clinical history,
11 and three were deemed at excessively high procedural risk because of severe comorbidities
12 such as prior cardiac tamponade, recurrent pericarditis, previous atrial septal defect closure,
13 severe COPD, or advanced peripheral arteriopathy. In addition, two patients presented with
14 a deeply intramural substrate, further limiting the feasibility of a transcatheter approach.
15 Collectively, these factors underline that this cohort represents a particularly vulnerable
16 population in whom STAR was considered a bail-out, noninvasive therapeutic option when
17 standard ablation was contraindicated or judged unsafe.

18 19 *Efficacy of STAR*

20 The efficacy of STAR in our study aligns with prior reports, suggesting a meaningful reduction
21 in ventricular arrhythmia burden and ICD therapies²⁶. Our findings show a **statistically**
22 **significant decrease in ATP and ICD shocks**, reinforcing STAR's potential as a **noninvasive**

1 **strategy to mitigate VT recurrence** in patients with limited treatment options. This outcome
2 is consistent with prior trials, such as the **ENCORE-VT trial**²⁷, which reported a **94%**
3 **reduction in VT episodes outside the blanking period**. Similarly, multiple smaller studies,
4 including those by **Lloyd et al.**²⁸, and **Ho et al.**²⁹, have documented **VT burden reductions**
5 **ranging from 80% to 99%**. However, despite the observed short-term efficacy, VT
6 recurrences remain common. This outcome is consistent with the ENCORE-VT phase I/II
7 trial²⁷, which demonstrated a 94% reduction in VT episodes outside the blanking period and
8 72% 1-year survival. Similarly, the STOPSTORM meta-analysis³⁰, pooling 82 patients across
9 10 prospective studies, reported a 1-year survival of 73% (95% CI 61–83) and VT burden
10 reduction $\geq 75\%$ in 80% of patients. Our results—showing a 67% (95% CI 47–91) survival and
11 significant ICD therapy reduction—are therefore comparable, considering our cohort’s
12 higher baseline risk and longer follow-up.

13 In our cohort, the reduction in ICD shocks and ATP therapies persisted through **12**
14 **months of follow-up** (even longer for some patients), highlighting a **sustained**
15 **antiarrhythmic effect**, but the presence of post-STAR VT episodes suggests that **substrate**
16 **modification remains incomplete**. This observation is in line with prior reports
17 emphasizing that **STAR does not eliminate arrhythmogenic circuits**, but rather modifies
18 conduction properties, potentially facilitating anti-tachycardia pacing (ATP) effectiveness.
19 Notably, **remapping studies (i.e. Qian et al.**³¹) suggest that **VT recurrence often arises**
20 **near but outside the primary treatment volume**, highlighting the importance of precise
21 arrhythmic substrate delineation³². Our study supports these findings, as ATP efficacy
22 appeared enhanced in post-STAR VT episodes, suggesting that while STAR may not

1 completely eradicate VT circuits, it can slow conduction within the scar, thereby increasing
2 susceptibility to pacing-based therapies. Similar patterns were reported in the STOPSTORM
3 meta-analysis³⁰, which found 1-year recurrence-free survival rates around 20%–30%,
4 underscoring that arrhythmia suppression, not elimination, is the realistic therapeutic goal
5 in this population. Similar effects were reported in the **Australian STAR experience by Das**
6 **et al.**³³, where **post-STAR VT episodes often maintained identical morphologies to pre-**
7 **STAR episodes**, implying **incomplete substrate homogenization rather than complete VT**
8 **elimination**. Given these findings, STAR should be considered an adjunct rather than a
9 standalone therapy for VT. The variable responses to STAR observed across studies suggest
10 that patient selection, optimal radiation dosing, and improved targeting strategies remain
11 critical areas for refinement³⁴. Recent evidence by Rademaker et al³⁵. confirms that STAR
12 target delineation can be performed with excellent interobserver agreement using
13 commercially available software, with a remarkably steep learning curve, underscoring the
14 feasibility of standardized imaging-based workflows in clinical practice.

15 Beyond late fibrotic remodeling, emerging data suggest that RT can exert early, non-
16 fibrotic electrophysiologic effects that plausibly account for VT suppression within days to
17 weeks. Experimental and translational work has shown that 25 Gy RT does not produce
18 transmural fibrosis in the timeframe of clinical benefit, yet is associated with upregulation of
19 NaV1.5 and Cx43, increased ventricular conduction velocity, and shortening of the QRS in a
20 subset of treated patients, consistent with radiation-induced conduction reprogramming³⁶.
21 Mechanistically, transient activation of cardiomyocyte Notch signaling appears sufficient to
22 increase conduction and necessary for the full conduction response to RT, offering a

1 biologically plausible pathway for rapid antiarrhythmic effects that precede scar formation.
2 These effects localize to viable border-zone myocardium rather than inert scar, supporting a
3 model in which enhanced excitability and coupling rescue regions of conduction delay that
4 sustain reentry. Dose–response data further indicate that conduction reprogramming can
5 occur at 15–25 Gy, which may have implications for future dose-optimization studies
6 balancing efficacy and safety. While autonomic modulation (e.g., transient changes in
7 sympathetic/parasympathetic tone) is also discussed as a potential contributor in the field,
8 the attached work primarily supports a myocardial conduction–mediated mechanism rather
9 than an autonomic one.

10 In recent years, a paradigm shift toward imaging-guided ventricular arrhythmia
11 management has emerged, particularly in high-risk populations where traditional EAM may
12 be limited or contraindicated. Patients with ICD often exhibit suboptimal MRI quality due to
13 device-related artifacts, and hemodynamically unstable individuals may not tolerate
14 prolonged mapping procedures. In this context, CT-based approaches—central to the STAR
15 workflow—offer a noninvasive, fast, and reproducible alternative for scar characterization
16 and target definition. This aligns with findings by Penela et al.³⁷, who demonstrated in a large
17 multi-center registry that pre-procedural scar characterization using cardiac CT or CMR, and
18 even fully image-guided strategies, result in comparable or superior procedural and clinical
19 outcomes compared to conventional mapping approaches. Additional support for CT-based
20 imaging strategies comes from our previous work³⁸, which prospectively evaluated a CCT-
21 only approach in patients undergoing endo-epicardial VT ablation. Our study reported a very
22 high concordance (Cohen’s $k=0.933$) between CCT and EAM in detecting myocardial fibrosis,

1 especially in ischemic cardiomyopathy. Importantly, CCT proved effective even in patients
2 with absolute contraindications to CMR, such as unstable arrhythmias or nonconditional
3 ICDs. Moreover, CCT provided excellent resolution for visualizing epicardial fat, myocardial
4 scar, and surrounding thoracic structures, facilitating safer access planning. Interestingly,
5 over time, operator preference shifted increasingly toward CCT, even in CMR-eligible
6 patients, highlighting a growing trust in CT as a primary imaging modality.

7 8 *Safety of STAR*

9 The safety profile of STAR in our cohort was largely favorable, with no severe acute adverse
10 events and only a limited number of radiation-related effects. Similar to prior studies, such
11 as those by **Robinson et al.**²⁷, the most frequently observed complications were **pulmonary**
12 **inflammation and pericardial effusion**, each occurring in **22.2% of our patients**.
13 Pulmonary involvement manifested as localized inflammatory consolidation on imaging,
14 aligning with previously described patterns of **radiation-induced lung injury**. However, in
15 our cohort, **only one patient (5.5%) developed persistent symptoms (dry cough), while**
16 **all others remained asymptomatic**, reinforcing findings from **Lloyd et al.**²⁸ and **Ninni et al.**⁵
17 where **pulmonary fibrosis was observed without significant clinical impairment**.
18 Pericardial effusion, which was reported in multiple STAR studies as a **radiation-related**
19 **inflammatory response**, was mild in most cases, with **only one patient requiring**
20 **pericardiocentesis, staged during a redo ablation**. This contrasts with previous reports of
21 **late-stage pericarditis and progressive pericardial thickening**, suggesting that while
22 pericardial involvement is common, **clinically significant effusions requiring intervention**

1 **may be less frequent** when appropriate follow-up and anti-inflammatory treatment are
2 administered. In comparison, the ENCORE-VT trial²⁷ reported two grade ≥ 3 adverse events
3 (10%) and no treatment-related deaths, while the STOPSTORM pooled analysis³⁰ found
4 grade ≥ 3 events in 10% of patients and grade 4–5 events in only 2%. Our findings are therefore
5 consistent with these large prospective datasets, supporting the overall safety of STAR when
6 appropriate motion management, image guidance, and prophylactic anti-inflammatory
7 regimens are applied.

8 Notably, **no significant deterioration in LVEF was observed in our cohort**,
9 consistent with findings from **the Czech STAR experience³⁹ and the ENCORE-VT trial²⁷**,
10 where **global cardiac function remained stable post-STAR**. Additionally, concerns
11 regarding **radiation-induced valvular damage, particularly mitral regurgitation, have**
12 **been raised in prior studies al.^{31,39}**, yet our data showed **no progression of valvular**
13 **dysfunction** over 12 months.

14 Differently from previous studies, the present work provides the first evaluation of
15 potential radiotherapy-induced coronary artery damage following STAR. CAD represents the
16 most frequent manifestation of radiation-induced cardiovascular disease, with reported
17 incidences as high as 85% among patients receiving conventional thoracic radiotherapy⁴⁰,
18 and it may remain clinically silent for years, typically manifesting after a latency period of
19 approximately 15 years⁴¹. Acute vascular effects of radiotherapy include endothelial
20 dysfunction and inflammatory-cell infiltration, which trigger oxidative stress, reactive oxygen
21 species generation, and cytokine-mediated DNA injury. These processes promote persistent
22 inflammation and progressive microvascular remodeling, ultimately leading to arterial wall

1 thickening, luminal stenosis, and atherosclerotic plaque development⁴². Advancements in
2 contemporary radiation techniques have enabled highly precise dose calculations for
3 cardiac structures and organs at risk, allowing for the definition of dose constraints
4 associated with a low risk of complications. Modern planning strategies are specifically
5 designed to minimize cardiac and coronary exposure, and emerging data suggest that the
6 relationship between radiation dose and vascular injury may be more complex than
7 previously assumed. In a study of breast cancer patients undergoing cardiac-exposed
8 radiotherapy, Kotanidis et al.⁴³ reported no correlation between radiation dose and coronary
9 inflammation progression, and, surprisingly, observed a significant reduction in perivascular
10 inflammation and estimated cardiovascular risk at two years post-treatment. Similarly,
11 Trabattoni et al. found normal coronary artery calcium (CAC) scores (Agatston = 0) in 63% of
12 91 women with early-stage breast cancer at least five years after radiotherapy, while
13 CAC >300 was observed in only four patients (4.3%), all of whom had three to five
14 cardiovascular risk factors at the time of treatment⁴⁴. No differences were observed
15 according to the irradiated breast side, suggesting a negative synergistic interaction between
16 modifiable cardiovascular risk factors and radiation exposure, which may predict future
17 coronary calcifications and cardiovascular events.

18 STAR delivers a high and highly conformal radiation dose focused on a three-dimensional
19 cardiac target. By its nature, this approach involves irradiation of a target volume located in
20 close proximity to the coronary arteries, as these structures are anatomically contiguous
21 with the ventricular myocardium. Therefore, we systematically assessed CAD progression
22 using cardiac CT and the CAD-RADS classification, detecting no significant worsening of

1 coronary stenosis at 3- and 12-month follow-up after STAR. These findings contrast with
2 those of Das et al., who reported cases of subclinical CAD progression, thereby
3 underscoring the importance of long-term coronary surveillance in future STAR-treated
4 patients³³. In recent years, it has emerged that vascular inflammation is a key driver of
5 atherogenesis and a typical feature of vulnerable plaque rupture, leading to acute coronary
6 syndromes even in the absence of obstructive CAD²³. PCAT is defined as the adipose tissue
7 layer located within a radial distance from the outer vessel wall equal to the vessel diameter,
8 with attenuation values between -190 and -30 Hounsfield units²². Phenotypic changes in
9 PCAT induced by vascular inflammation can be quantified with CCT. Inflammatory signals
10 originating from the vascular wall modify the tissue composition of the surrounding
11 perivascular fat, increasing its attenuation toward less negative values and thereby
12 rendering PCAT a functional sensor of vascular inflammation. The fat attenuation index (FAI),
13 and its standardized metric, the FAI Score, quantify these variations and provide a non-
14 invasive estimate of coronary artery inflammation. In the ORFAN study, a longitudinal cohort
15 including 40,091 consecutive patients undergoing clinically indicated CCTA with a median
16 follow-up of 2.7 years, Chan et al. demonstrated that the FAI Score in any coronary artery
17 independently predicted cardiac mortality and major adverse cardiovascular events (MACE),
18 regardless of traditional cardiovascular risk factors and the presence or extent of CAD⁴⁵. The
19 novelty of our study lies in being the first to evaluate coronary plaque progression and
20 inflammatory imaging biomarkers (PCAT attenuation) in patients undergoing STAR. At 12-
21 month follow-up, no evidence of new or progressive coronary artery stenosis was observed,
22 and mean and maximum PCAT attenuation values remained stable compared with baseline.

1 These findings suggest the absence of early coronary inflammation or accelerated
2 atherosclerosis, supporting the short-term vascular safety of STAR. Nevertheless, we
3 acknowledge that radiation-induced coronary artery stenosis may develop as a late
4 complication of cardiac or thoracic radiotherapy. Our current observations therefore reflect
5 only the short-term vascular profile of STAR and should not be interpreted as excluding
6 potential long-term effects. These results are reassuring and highlight the importance of
7 integrating dedicated longitudinal coronary imaging endpoints into future STAR trials to
8 identify subclinical cardiac toxicity before clinical events occur. Collectively, the stability of
9 PCAT attenuation in our series provides preliminary evidence of short-term vascular safety
10 and reinforces the rationale for continued imaging surveillance to confirm the long-term
11 coronary safety of STAR.

13 **Limitations**

14 **This study has several limitations that should be acknowledged. First, it was conducted**
15 **in a single center with a relatively small sample size of 19 patients, which may limit the**
16 **generalizability of the findings. The single-center design also restricts external**
17 **validation and introduces potential center-specific biases. Second, post-STAR**
18 **electroanatomic mapping (EAM) was not performed, precluding a direct evaluation of**
19 **substrate modification. However, this was due to the clinical condition of the enrolled**
20 **patients, many of whom were critically ill or had contraindications to invasive**
21 **procedures— reflecting the real-world clinical complexity of patients eligible for STAR.**
22 **Lastly, although the present study includes one of the longest follow-up durations reported**

1 to date in STAR cohorts, with several patients monitored for over one year (IQR: 15 months),
2 the observation period remains relatively short to capture potential **late-onset radiation-**
3 **induced effects**, which in oncologic settings may manifest after two or more years.
4 Therefore, **continued long-term surveillance** of this population is warranted to confirm the
5 durable safety profile of STAR. **Despite these limitations, the study provides valuable**
6 **long-term data on STAR efficacy and safety, supported by multimodal imaging and**
7 **structured clinical follow-up.**

9 CONCLUSION

10 STAR appears to be a promising adjunctive option for patients with refractory VT and severe
11 cardiomyopathy, particularly those who are ineligible for catheter ablation. Larger
12 prospective multicenter studies with longer follow-up and broader patient inclusion are
13 needed to better define its clinical benefit, durability of response, and long-term safety in the
14 management of ventricular arrhythmias.

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Table 1: Baseline characteristics of the study cohort		1
(n=19)		
Age, mean \pm s.d.	69.7 \pm 6.75	
Gender, % (n)		
Male sex, n (%).	17 (89.5)	3
Structural heart disease		
Non-ischemic cardiomyopathy, n (%)	11 (57.9)	4
Ischemic cardiomyopathy, n (%)	8 (42.1)	
LVEF mean \pm s.d.	31.7 \pm 9.8	5
Device, n (%)		
Single chamber ICD, n (%)	4 (21)	
Dual chamber ICD, n (%)	3 (15.8)	
CRT-D, n (%)	12 (63.15)	
Drug therapy, n (%)		8
BB, n (%)	18 (94.7)	
ACEi or ARB, n (%)	11 (57.9)	9
Failed AAD, n (%)		
Amiodarone, n (%)	16 (84.2)	10
Sotalol	1 (5.2)	
Mexiletine	15 (78.9)	11
History of electrical storm, n (%)	8 (42.1)	
Electrical storm directly prior to STAR, n(%)	3 (15.8)	12
Failed catheter ablation, median [IQR]	1 [1-2]	
Previous failed epicardial procedure, n (%)	4 (21.1)	13
Factors precluding catheter ablation, n(%)*		
Endocavitary ventricular/atrial thrombus, n(%)	6 (31.6)	
Pericardial inaccessibility, n(%)	5 (26.3)	
Contraindication to LV access, n(%)	5 (26.3)	
High procedural risks for comorbidities, n(%)	5 (26.3)	
Deep septal substrate	3 (15.8)	
		17

18 Abbreviations: LVEF: left ventricular ejection fraction, BB: beta-blockers, ICD: implantable
 19 cardioverter defibrillator; CRT-D: cardiac resynchronization therapy, STAR (stereotactic
 20 arrhythmia radioablation).

21

22 * It should be noted that some patients presented with more than one contraindication for
 23 conventional VT ablation.

24

Table 2: Treatment Characteristics	Treated cohort (n=18)		
Median target volume, cm³ (range)			
Cardiac Target Volume (CTV/IMG)	41.1 [11.1-94.3]		
Internal Target Volume (ITV)	104.9 [28-204.5]		
Planning Target Volume (PTV)	187.6 [83.3-275.6]		
Dosimetry of the Target Coverage (percentage of prescription dose)	D_{95%}	D_{mean}	D_{2%}
CTV/IMG	98.2 [96-100.2]	101.3 [100.3-103.4]	105.3 [102.7-109]
ITV	98.1 [68.3-99.5]	101.7 [100.3-102.8]	105.6 [102.9-109.5]
PTV	95 [72.7-97.4]	100.9 [99.6-102]	105.5 [103-109.1]
Heart substructure median dose, Gy (range) 1			
Left main artery (LMA)	7.35 [0.6-25]		
Circumflex arteria (CFX)	9 [0.3-24.6]		
Right coronary artery (RCA)	4.2 (1.2-16.2)		
Left anterior descending artery (LAD)	21.2 [0.97-25.5]		
Aorta	2.6 [0.5-6.7]		
Left Atrium	5.5 [1.95-11]		
Right Atrium	3.2 [1.1-8.5]		
Left ventricle	10.2 [1.9-21]		
Right ventricle	9 [1.5-15.4]		
Heart-PTV	5.5 [4-9.4]		
Serial Organ -At-Risk D_{2%}, Gy (range) 1			
Spinal cord	5.5 [2.5-8.7]		

Esophagus	10.7 [4.8-20.5]
Stomach	11.1 [0.3-16]

1 Values are expressed as median [IQR]

2 Abbreviations: Gy: gray.

3

4 **Table 3.** Analysis was performed for all available data (full-cohort analysis) and in a pairwise fashion
5 that included only patients who survived >6 months post-STAR. P-values are either Mann-Whitney U
6 test, or Wilcoxon signed rank test, as appropriate.

7

8 ATP=antitachycardia pacing; DC=direct current.

9

Comparison of ICD Therapies after STAR Baseline and During the Follow-Up

	Baseline			Post-STAR (after BP)			p
	N	Mean	S.D.	N	Mean	S.D.	
Full-Cohort Analysis							
ATP/month	18	4.5	6.5	18	0.8	2.3	0.029
DC shock/month	18	0.5	0.8	18	0.1	0.3	0.055
ATP + DC shock/month	18	4.8	7.0	18	0.9	2.5	0.032
Paired Follow-up Cohort Analysis							
ATP/month	15	4.3	7.1	15	1.1	2.7	0.114
DC shock/month	15	0.5	0.8	15	0.1	0.1	0.065
ATP + DC shock/month	15	4.8	7.0	15	1.2	2.8	0.075

10

**Comparison of ICD Therapies after STAR Baseline and During the Follow-Up
(including the blanking period)**

	Baseline			Post-STAR (after BP)			p
	N	Mean	S.D.	N	Mean	S.D.	
Full-Cohort Analysis							
ATP/month	18	4.5	6.5	18	1.2	2.3	0.050
DC shock/month	18	0.5	0.8	18	0.1	0.3	0.051
ATP + DC shock/month	18	4.8	7.0	18	1.3	2.6	0.055
Paired Follow-up Cohort Analysis							
ATP/month	15	4.3	7.1	15	1.6	2.8	0.181
DC shock/month	15	0.5	0.8	15	0.1	0.2	0.070
ATP + DC shock/month	15	4.8	7.0	15	1.7	2.9	0.124

1

2 **Table 4.** Adverse events

3

Event	Patient	Grade (1-5)	Correlation with STAR	Time of appearance (months)
Nausea	1 patient (P01)	2	definite	1
Gastrointestinal disorders	1 patient (P01)	2	definite	1
Sars Cov 2	2 patients (P03)	3	unrelated	1
	(P10)	2	unrelated	8
Vertebral Fracture	1 patient (P03)	3	unrelated	5
Pulmonary damage (transient* or permanent)	1 patient (P04*)	1	definite	4
	3 patients (P12)	1	definite	4
	(P14)	1	definite	4
	(P18)	1	definite	3
Pericardial Effusion	4 patients (P10)	2	definite	7
	(P12)	2	definite	4
	(P14)	3	definite	4
	(P17)	2	definite	6

Heart Failure	1 patient (P16)	3	unrelated	5
Cardiac death (heart failure)	1 patient (P01)	5	unrelated	11
Non-cardiac death (sepsis)	1 patient (P06)	5	unrelated	1
Non-cardiac death (acute viral pneumonitis)	1 patient (P13)	5	unrelated	4
Non-cardiac death (neoplasia)	1 patient (P08)	5	unrelated	6
Unexplained death	1 patient (P07)	5	not evaluable	3

1
2 **Figure 1.** Example of cardiac CT integration using In-HEART software in a patient with non-
3 ischemic cardiomyopathy (NICM) and a scar located in the mid-basal and lateral-basal segments
4 of the interventricular septum (IVS).

5 **Panel 1:** Post-processed scar localization showing myocardial layer involvement.

6 **Panel 2:** Scar density mapping.

7 **Panel 3:** Scar thickness visualization.

8 **Panel 4:** Anatomical reconstruction of the left ventricle with delineated scar zones.

9 **Figure 2.** Time-Axis Plot With Historical and Follow-Up Ablation Procedures.

10 Each horizontal line represents an individual patient undergoing STAR (stereotactic
11 arrhythmia radioablation) therapy. The vertical blue dashed line denotes the timing of the
12 STAR procedure (time zero). Red diamonds indicate ablation procedures performed prior to
13 STAR (“Pre-STAR Ablation”). Blue circles mark the STAR treatment. Orange squares denote
14 ablations performed after STAR (“Post-STAR Ablation”). Black Xs represent the date of death.
15 Green Xs represent the most recent follow-up for patients still alive as of July 2025. Time on

1 the x-axis is expressed in months relative to STAR. Negative values represent months before
2 STAR; positive values represent months after STAR.

3
4 **Figure 3.** Event rates (events per month) for ICD therapies (DC shocks + ATP) before and after
5 the STAR intervention for individual patients. Red dots represent Pre-STAR event rates. Blue
6 dots represent Post-STAR event rates. Dashed lines connect the paired values for each
7 patient, indicating the change. Circled Patient IDs (1, 5, 6, 11, 13, 14) represent patients with
8 an ischemic substrate.

9 Abbreviations: CT = computed tomography; NICM = non-ischemic cardiomyopathy; IVS =
10 interventricular septum.

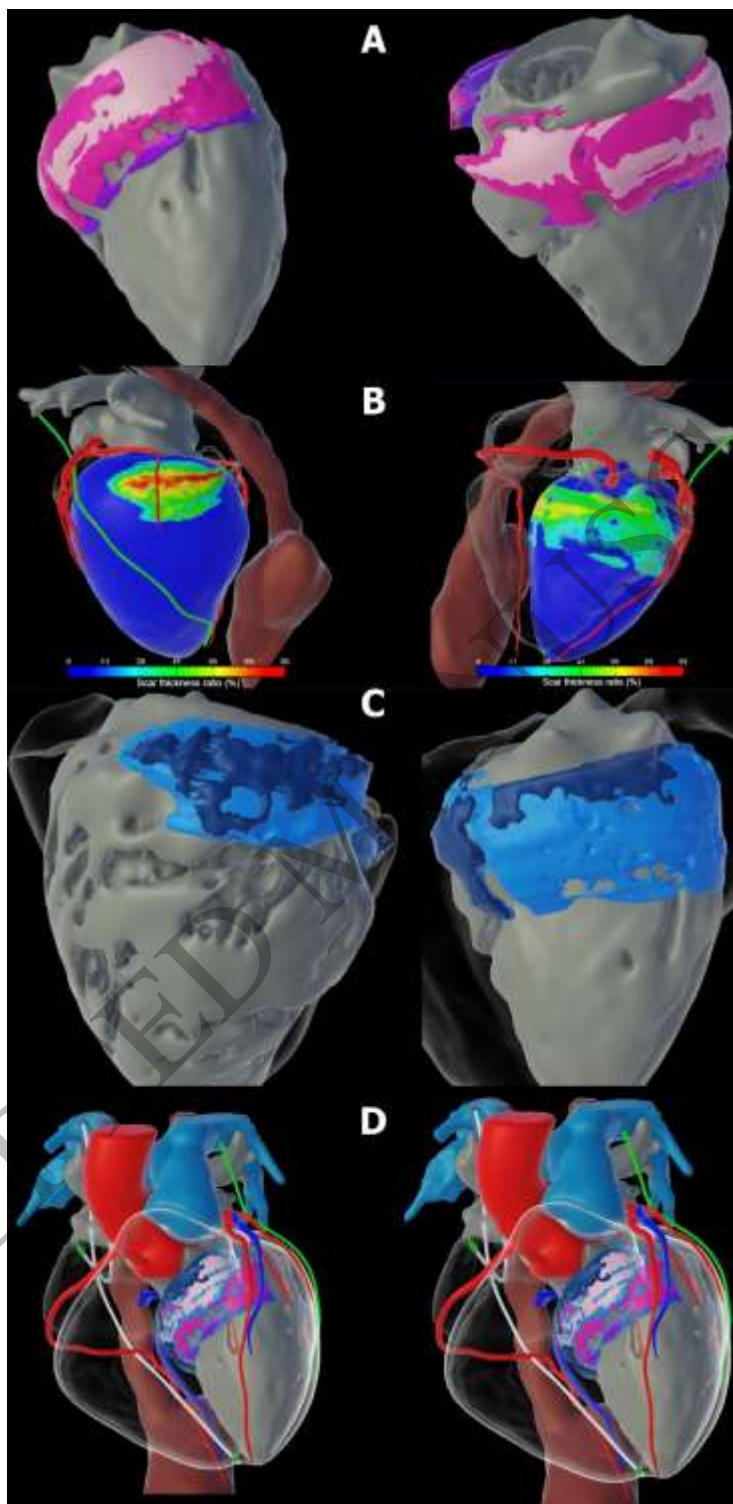


Figure 1
210x430 mm (x DPI)

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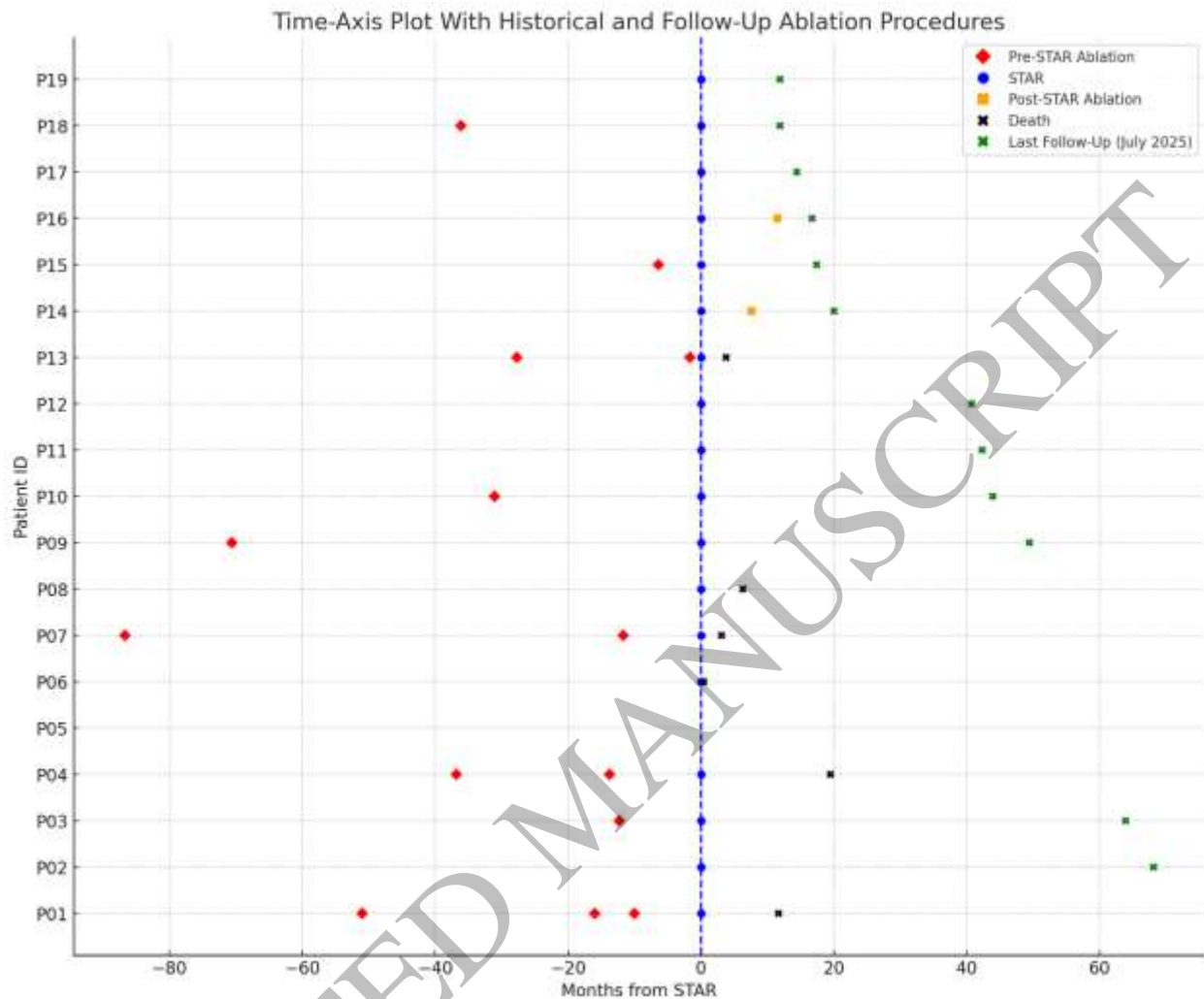


Figure 2
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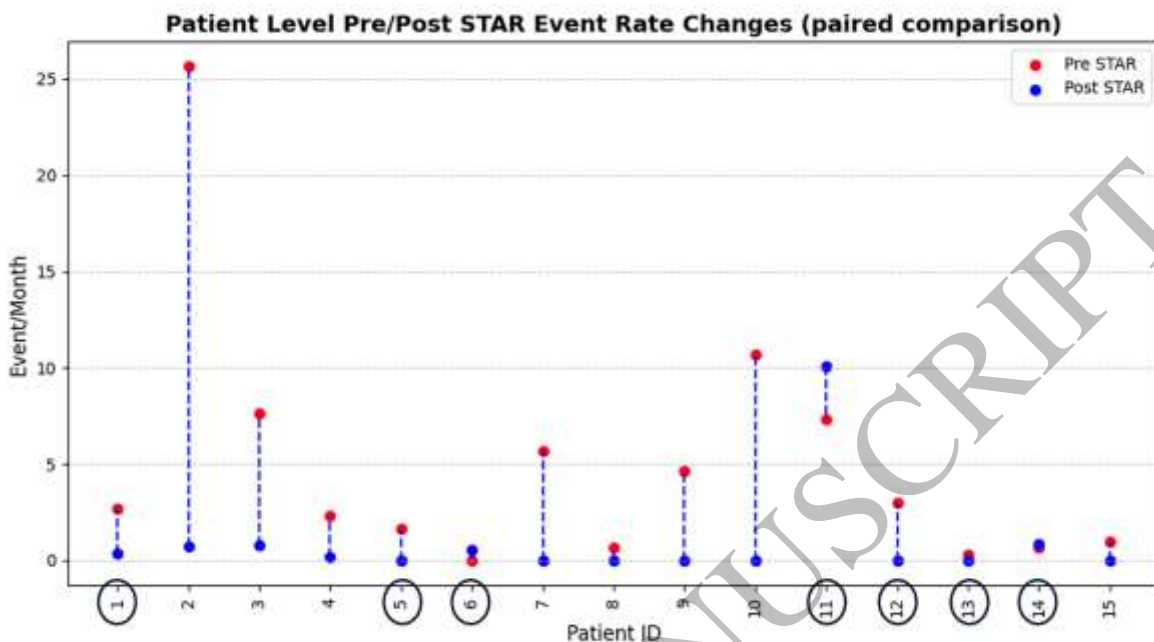
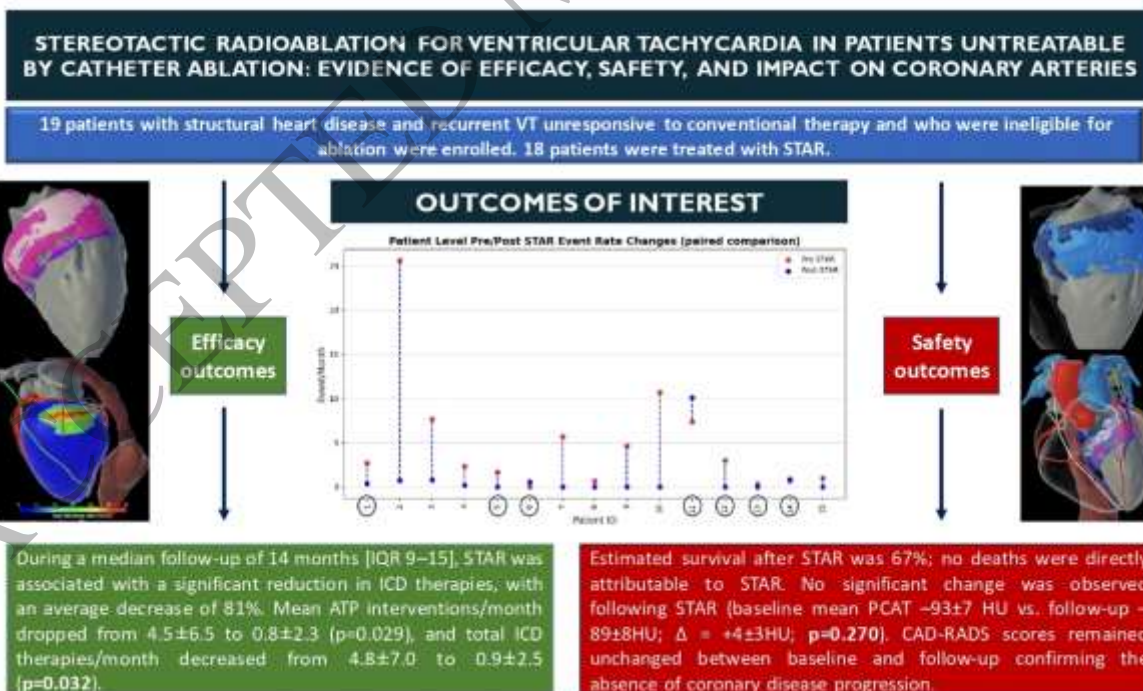


Figure 3
236x133 mm (x DPI)



Graphical Abstract
339x190 mm (x DPI)

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