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Salivary proteomic profile of young healthy subjects

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Background: The incidence of noncommunicable diseases (NCDs) has been rapidly ramped up worldwide. Hence, there is an urgent need to non-invasively detect NCDs possibly by exploiting saliva as a 'liquid biopsy' to identify biomarkers of the health status. Since, the absence of standardized procedures of collection/ analysis and the lack of normal ranges makes the use of saliva still tricky, our purpose was to outline a salivary proteomic profile which features healthy individuals.

Methods: We collected saliva samples from 19 young blood donors as reference population and the proteomic profile was investigated through mass-spectrometry.

Results: We identified 1,004 proteins of whose 243 proteins were shared by all subjects. By applying a data clustering approach, we found a set of six most representative proteins across all subjects including Coronin-1A, F-actin-capping protein subunit alpha, Immunoglobulin J chain, Prosaposin, 78 kDa glucose-regulated protein and Heat shock 70 kDa protein 1A and 1B.

Conclusion: All of these proteins are involved in immune system activation, cellular stress responses, proliferation, and invasion thus suggesting their use as biomarkers in patients with NCDs.

KEYWORDS

saliva, proteomic analysis, biomarker, healthy subjects, liquid biopsy

Introduction

Communicable and noncommunicable diseases (NCDs) and mental health conditions represent the main medical and socio-economic burden in the 21st century. The prevalence of NCDs, including cancers, type 2 diabetes (T2D), cardiovascular, metabolic, and chronic respiratory diseases, has rapidly increased worldwide (Meroni et al., 2022; Mahaman et al., 2022). Scientists and funding agencies are trying their best to reduce the spread of

communicable and NCDs by further advances in risk assessments, investigations, diagnosis, and treatment. However, the real challenge is the earliest detection of these diseases before the appearance of symptoms and the progression to advanced stages. In this context, it is becoming attractive to identify biomarkers in easily achievable fluids as blood, urine, sweat and saliva (Basilicata et al., 2023).

Specifically, saliva is gaining attention as liquid biopsy for the detection of several diseases, including cancer, inflammatory and metabolic disorders. Its collection is stress-free, easy, and non-invasive; therefore, it is advisable to use it as an alternative diagnostic tool to detect the systemic health status (Dongiovanni et al., 2023).

Saliva is a clear fluid directly secreted from salivary glands, mainly composed of water, but it is also extremely enriched in proteins, that may enter saliva through the blood flow by passive diffusion or active transport and in some case, there is a close relation between the salivary and serum protein concentrations (Abdul et al., 2022; Huang et al., 2023).

The proteins in saliva are important to mediate biological processes as they may participate in the defense against pathogens or contribute to the salivary buffering properties of inorganic molecules, to digestion and lubrification (Miranda et al., 2023). Traditional approaches based on biochemical and molecular procedures have highlighted the structure and function of several proteins. However, most proteins which populate saliva are still unknown thus requiring a deeper investigation of oral fluid (Hu et al., 2007). A previous salivary proteome has revealed around 3,000 proteins and peptides mainly secreted by three couples of "major" glands, namely, parotid, sub-mandibular and sub-lingual, whereas other components are derived from minor glands, gingival crevicular fluid, mucosal exudates and oral microflora (Castagnola et al., 2017). Specifically, the latter has emerged to provide novel oral biomarkers of health status since its composition may be altered by pathological conditions (Grassl et al., 2016).

The identification of the protein composition in human saliva will allow to define the presence of oral health or of a pathological condition, and to discover disease biomarkers at a very early stage using large screening populations. Indeed, salivary protein composition has been investigated in patients with different diseases, including those with oral squamous cell carcinoma (Sivadasan et al., 2020), Sjögren's syndrome (Sembler-Møller et al., 2020), mental disorders (Iavarone et al., 2014), hepatic autoimmune (Olianas et al., 2023) and Wilson's diseases (Cabras et al., 2015) suggesting a dysregulation of immune and stress pathways in all these disorders.

Although several studies have been focused on the salivary components among which proteins, the lack of standardized procedures of collection/analysis and the absence of reference ranges of normality make the use of saliva still tricky (Carpenter, 2013; Manjushree et al., 2022).

One of the first steps in salivary biomarker discovery for clinical implementation is the assessment of their source of variability. Thus, the evaluation of the latter from a technical and biological point of view represents a prerequisite to exploit saliva as a diagnostic and prognostic tool for biomarker identification (Hu et al., 2007; Khurshid et al., 2016). There are limited studies on intra-individual and inter-individual variability in saliva protein composition at different time-points (Ventura et al., 2018).

Here, we exploited a comprehensive proteomic approach to outline the common salivary profile which characterizes young healthy subjects on a series of saliva samples with the purpose to identify a protein pattern which features the health status by reducing as much as possible the interindividual variability using all age-matched subjects, in 3-h fasting morning conditions, with a rigorous evaluation of their clinical records.

Materials and methods

Volunteers' information

A total of 19 blood donors, including 6 males and 13 females, with a median age of 28 years (range, 25–38 years) were enrolled at the Transfusion Medicine department of the IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, according to current national and European guidelines. All donors underwent a clinical evaluation, which included a review of their medical history, use of drugs and medications, risk factors for transmissible diseases, and a physical examination.

Data were collected and stored using a dedicated software (EMONET, GPI Italy). Donors who agreed to participate in the present study provided additional blood samples as well as a saliva sample for biobanking. Individuals with poor oral hygiene, respiratory disease, obstructive Sleep Apnea Syndrome or night snoring, congenital syndromes, pregnancy, immunocompromised patients, xerostomia patients, salivary gland diseases, blood disorders, kidney diseases, any other systemic disease, tobacco chewers and smokers were not included. Informed written consent was obtained from each patient and the study protocol was approved by the Ethical Committee of Fondazione IRCCS Cà Granda, Milan and it is conformed to the 1975 Declaration of Helsinki.

Saliva collection

Salivary samples collection was performed by passive drooling technique by a standardized protocol (Costa et al., 2021), from one operator and samples were assessed in the same run and batch of the laboratory and by the same laboratory technician. Non-randomization was applied. Data analysis was blinded by anonymizing each patient. Saliva was collected during the morning after a quick mouthwash to remove drink and food residues. Saliva was self-collected in a sterile 50 mL plastic tube by spitting the saliva in order to obtain about 2 mL of sample. Immediately after saliva collection, samples were vortexed and centrifuged (10 min, 2,000 rpm) to remove cell debris. Samples were processed by adding protease and phosphatase inhibitors to block proteins degradation and then were frozen and stored at -80°C in the Biobank of Policlinico, Milan and then analyzed at the Unitech Omics Institute of University of Milan.

Proteomic analysis

The protein content of each saliva sample was quantified by using the BCA assay. Then, 20 μg of proteins was diluted in

50 mM NH4HCO3 and then were reduced with 5 mM DLdithiothreitol (DTT, Sigma-Aldrich) for 30 min at 52°C, then centrifuged at 500 rpm and alkylated with 15 mM iodoacetamide (Sigma-Aldrich) for 20 min in the dark at room temperature. The trypsin digestion was performed in 1: 20 enzyme/protein ratio (w/w) (Trypsin Sequencing Grade; Roche, Monza, Italy) overnight at 37°C. The obtained peptides were desalted using zip-tip C18, then dry and storage at -20°C before the analysis. Tryptic peptides were analysed using a Dionex Ultimate 3,000 nano-LC system (Sunnyvale CA, United States) connected to an Orbitrap Fusion Tribrid Mass Spectrometer (ThermoFisher Scientific, Bremen, Germany) equipped with a nano-electrospray ion source (Aiello et al., 2023). Peptide mixtures were preconcentrated onto an Acclaim PepMap 100 - 100 µm × 2 cm C18 and separated on EASY-Spray column, 15 cm \times 75 μm ID packed with ThermoFisher Scientific Acclaim PepMap RSLC C18, 3 µm, 100 Å. The temperature was setting to 35 °C and the flow rate was 300 nL/min. Mobile phases were the following: 0.1% Formic acid (FA) in water (solvent A); 0.1% FA in water/acetonitrile (solvent B) with 2/8 ratio. Peptides were eluted from the column with the following gradient: 4%-28% of B for 90 min and then 28%-40% of B in 10 min, and to 95% within the following 6 min to rinse the column. Column was re-equilibrated for 20 min. Total run time was 130 min. One blank was run between triplicates to prevent sample carryover. MS spectra were collected over an m/z range of 375-1,500 at 120,000 resolutions, operating in the data dependent mode, cycle time of 3 s. Higher-energy collisional dissociation (HCD) was performed with collision energy set at 35%. Each sample was analysed in three technical triplicates (McAlister et al., 2011). Resulting MS raw data from all the technical and biological replicates were analysed by using MaxQuant software (version 1.6.2.3). Andromeda search engine was used to identify MS/MS based peptide and proteins in MaxQuant comprises a target-decoy approach with less than 1% of False Discovery Rate (FDR) setting Uniprot-Homo Sapiens as protein database (Ciulla et al., 2021).

Trypsin was selected as cutting enzyme, two missed cleavages and maximum five number of modifications per peptide was allowed. Methionine oxidation and acetylation (N terminus) was used as a variable modification. Carbamidomethylation was used as a fixed modification. The proteins were selected with a minimum of two peptides.

Bioinformatics and statistical analyses

For the label-free quantification of proteins, we applied MaxLFQ algorithm.

Hierarchical clustering of the cross-correlation matrix is performed using the unweighted pair group method with arithmetic mean as implemented in python within the scipy package and the seaborn package. Clustering with the k-Medoid is implemented in python using the scikit. learn package. Principal component analysis (PCA) is implemented in python using the scikit.learn package.

Results

We identified 1,004 proteins with a minimum of two peptides (Supplementary Table S1). We first selected proteins that had been found in at least one of the replicates of all samples and then we averaged the LFQ intensity when two replicates were present thus obtaining a set of 243 proteins shared by all subjects (Supplementary Table S2). This first screening is crucial to reduce individual fluctuations and focus on those that are commonly expressed. We then performed a cross-correlation analysis by computing pairwise Pearson coefficients among proteins which were then clustered hierarchically. This analysis applies an algorithm which permits to include in the same cluster co-regulated proteins which might be functionally related or involved in the same biological pathways. Hierarchical clustering pools together proteins with similar characteristics, creating a tree-like structure called a dendrogram, and reorder lines and columns of the covariance matrix so that co-expressed proteins are showed in close proximity (Figure 1A).

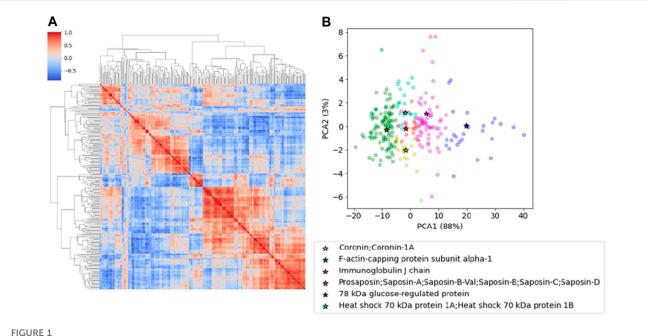
Proteins were clustered using the k-Medoid algorithm with k = 6, as suggested by Figure 1A that shows a set of six blocks along the diagonal. The most representative protein for each cluster was then associated with the corresponding medoid. The list includes Coronin-1A (Coro1A), F-actin-capping protein subunit alpha (Capza1), Immunoglobulin J chain (Jchain), Prosaposin (Psap), 78 kDa glucose-regulated protein (Grp78) and Heat shock 70 kDa protein 1A and 1B (Hspa1a/1b) (Table 1). The results can be represented graphically using the first two components of PCA, as shown in Figure 1B. A two-dimensional representation is appropriate since the first two components of the PCA explain 91% of the variance in the data.

Discussion

The possibility to exploit saliva as biological fluid to detect systemic disorders is becoming increasingly attractive. Indeed, salivary collection is non-intrusive, applicable for mass screening and in all-age subjects. Saliva carries a burgeoning number of proteins, which may be representative of global health condition or pathological status, thus constituting appealing biomarkers.

However, the small sample size, the differences in experimental plan of sample collection/preparation and the lack of references in healthy subjects still make the salivary-derived biomarkers not easily exploitable. In addition, different approaches may introduce a further technical variability in the proteomic analysis. Castagnola and others widely addressed the salivary proteome in the last years, critically comparing two methods which reveal qualitative/ quantitative differences across samples occurring in a selected pool of salivary proteins or analyze fragmented proteins by enzymatic digestion and giving an overview of the major families of salivary proteins (Castagnola et al., 2012; Messana et al., 2015; Castagnola et al., 2017; Di Pietro et al., 2023).

In details, these authors extensively faced this topic reporting the saliva composition across the lifetime, both in health and disease (Scarano et al., 2010). Even more, other authors further investigated the human salivary proteome in relation to that of the diverse oral



(A) The cross-correlation matrix of the proteins after hierarchical clustering. The red-color represents the Pearson correlation coefficient. (B) PCA representation of the proteins clustered according to the k-Medoid algorithm. Representative elements for each cluster are reported in the table and indicated in the plot

Accession number	Protein names	Gene name	N peptides	Mol. weight (KDa)
A0A024R611	Coronin; Coronin-1A	CORO1A	19	51.03
P52907	F-actin-capping protein subunit alpha-1	CAPZA1	13	32.92
P01591	Immunoglobulin J chain	IGJ	16	18.1
A0A024QZQ2	Prosaposin	PSAP	21	58.11
V9HWB4	78 kDa glucose-regulated protein	HEL-S-89n	30	72.33
P0DMV8	Heat shock 70 kDa protein 1A; Heat shock 70 kDa protein 1B	HSPA1A	33	70.05

microbial communities, also referred to as meta-proteomics (Grassl et al., 2016).

We selected 243 proteins that were detected in all subjects including amylases (Alpha-amylase-1), mucins (Mucin-5B, Mucin-7) and cystatins (Cystatin-B, Cystatin-C, Cystatin-D, Cystatin-S, Cystatin-SA, Cystatin-SN) that are essential for the maintenance of the oral health as previously reported (Scarano et al., 2010). We found additional amylases, mucins and cystatins although they were not shared by all the subjects thus confirming the reliability of our technical approach.

Next, by applying a clustering method we identified 6 clusters which include amylases, mucins and cystatins. However the most representative proteins in the six clusters were Coro1A, Capza1, Jchain, Psap, Grp78 and Hspa1a/1b.

Coro1A which belongs to the Coronins family is an actinbinding protein that plays important roles in cell signaling, migration, phagocytosis, and vesicle trafficking (Uetrecht and Bear, 2006). Plasma membrane of leucocytes links to the actin cytoskeleton through Coro1a and its downregulation alters innate immunity. It has been shown to be specifically involved in T-lymphocyte migration and survival, to the point that Coro1a^{-/-} mice suppress T cell responses and reduce allograft rejection (Jayachandran et al., 2019). Accordingly, it has been found to be suppressed in salivary samples of patients with different tumors, among which breast and renal cancers (Zhang et al., 2020; Sinha et al., 2023). Coro1A is a regulator of β2-integrin that interacts with CD18 for the induction of polymorphonuclear neutrophils (PMNs) rolling, adhesion and invasion (Pick et al., 2017).

Capping protein, a protein complex referred to CapZ is as actin-binding complex which regulates the cytoskeleton remodeling and cell motility (Zhang et al., 2021). CAPZA1 is the a1 subunit of this complex and has been reported to regulate the autolysosome formation and its deregulation leads to higher risk of gastric cancer and metastasis (Tsugawa et al., 2019). Moreover, Huang and colleagues demonstrated that CAPZA1 inhibits epithelial mesenchymal transition (EMT) in hepatocellular carcinoma (HCC) cells by regulating actin

filament assembly, thereby reducing the invasion and migration abilities of HCC cells. Therefore, it has been suggested that CAPZA1 could be a biomarker to determine the prognosis of HCC patients (Huang et al., 2017).

The J-chain is mainly expressed in both T and B cells during their early development and after the differentiation its expression is maintained in B cells producing IgA and IgM. J-chain is essential for the polymerization of IgA and IgM antibodies and for their secretion. J-chain is localized in minor salivary glands of the lip and palate where it is involved in the transport of immunoglobulin A (sIgA) into the saliva (Sumi et al., 1988). During malignant transformation J-chain expression is dramatically changed in the context of lung cancer (Slizhikova et al., 2007).

Psap is a conserved precursor of Saponins A, B, C and D and participates in the lysosomal degradation of glycosphingolipids. Genetic mutations in any of the saponins lead to lysosomal storage diseases. Although Psap is mainly localized in lysosomes, it can also be secreted, and it has been found in several fluids including serum (Hineno et al., 1991). Psap is expressed in salivary glands and its levels differ based on the type of gland, acinar cells, age, and sex (Islam et al., 2018). It has been demonstrated that $Psap^{-/-}$ mice develop inflammation, plaque formation and show a reduction of oxidative phosphorylation thus pointing out Psap as a potential therapeutic target for atherosclerosis (van Leent et al., 2021). Finally, it has been found reduced in salivary samples obtained from patients with T2D (Jia et al., 2021).

GRP78 is a member of the Hsp70 family, it is constitutively expressed in the endoplasmic reticulum (ER) where acts as chaperone involved in the correct folding of nascent proteins (Haas, 1994). GRP78 has also been implicated in non-classic antigen presentation and regulation of cytotoxic T cell responses. Moreover, under stress conditions, it migrates out of the ER to the cell surface thus representing a marker of cell stress. GRP78 can also be secreted, and it has been described its upregulation by anoxia, hypoglycemia and ROS (Giusti et al., 2010). It is significantly increased in several tumors where favors cell proliferation and angiogenesis, and it has been found to be increased in calcified arteries (Kaira et al., 2016; Furmanik et al., 2021).

Hsp70 is a ubiquitous heat shock protein well known for its chaperone activity in folding and remodeling processes. It localizes both in membrane and extracellularly and, depending on its subcellular location, it may stimulate the immune response. During stress conditions such as inflammation, infections, and oncological diseases, Hsp70 has been found in serum from which it may diffuse passively in saliva (Fábián et al., 2003). In the latter Hsp70 has been linked to a host defense mechanism by activating TLR4 and TNF α (Rinecker et al., 2022).

Overall, proteomic analysis of salivary samples of young healthy subjects allowed us to identify a set of six proteins that are most representative of all the proteins detectable in saliva. Since all these proteins are involved in pivotal physiological pathways regulating the immune system and inflammation, we could speculate that aberrancies in their expressions may represent a hallmark of pathological states, thus opening the possibility to be pointed out as novel non-invasive biomarkers useful for precision and personalized medicine.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Materials, further inquiries can be directed to the corresponding author.

Ethics statement

The studies involving humans were approved by the Fondazione IRCCS Cà Granda Ospedale Policlinico. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study.

Author contributions

PD: Writing-original draft. MM: Writing-original draft. GA: Methodology, Writing-review and editing. AD: Methodology, Supervision, Writing-review and editing. NC: Data curation, Writing-review and editing. SC: Methodology, Writing-review and editing. GD: Methodology, Writing-review and editing. CF: Investigation, Writing-review and editing. DG: Supervision, Writing-review and editing. EG: Software, Writing-review and editing. DP: Supervision, Writing-review and editing. GL: Methodology, Writing-review and editing. CB: Resources, Writing-review and editing. LV: Resources, Writing-review and editing. AS: Methodology, Writing-review and editing. SZ: Software, Writing-review and editing. CL: Software, Supervision, Writing-review and editing. MD: Writing-review and editing. GT: Conceptualization, Funding acquisition, Writing-review and editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmolb.2023.1327233/ full#supplementary-material

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