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The in	duction of M	IMP-9 release	e from granulocyte	es by Vitamin E in
		UH	IMWPE	
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Abstract				
Ultra-hig considered a	n molecular weight polye s major responsible for i	thylene (UHMWPE) is a nflammation and the pro-	a biopolymer widely used in orthop osthesis failure. We have studied th	paedic implants and its oxidation is effect on the activation of resting

23 to UHMWPE. We have measured changes in granulocytes morphology and respiratory burst by flow cytometry using Dihydrorhodamine 123 and matrix metalloproteinase 9 (MMP-9, gelatinase B) release and activity in the growth medium using

25 substrate zymography following contact (60 min at 37°C) with cell grade polystyrene (PS), normal UHMWPE (PE) and Vit.E added UHMWPE (PE Vit.E).

27 FTIR analyses showed that the surfaces of PE and PE-Vit.E were not significantly different. PS, PE and PE Vit.E did not alter granulocytes morphology and respiratory burst as showed by the mean fluorescence emitted (PS = 12.0 ± 0.1 , PE = 13.0 ± 0.4 , PE 29 Vit.E = 14.5 ± 0.1). PE Vit.E was able to increase MMP-9 release compared to PS and normal PE ($215 \pm 16\%$ of the control,

p < 0.001). The PE Vit.E-induced MMP-9 release was abolished by okadaic acid (0.5 nm), suggesting a direct role of Vit.E in the phenomenon. 31 © 2003 Published by Elsevier Ltd.

33 Keywords: UHMWPE; Vitamin E; Biocompatibility; Granulocytes activation; MMP-9; dihydrorhodamine 123

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37 1. Introduction

39 weight Ultra-high molecular polyethylene (UHMWPE) is widely used for manufacturing compo-41 nents of hip, shoulder and knee prostheses as more than half-million of prosthetic operations are carried out in 43 the USA every year and more than one million worldwide [1]. According to ASTM F648-98 standard, 45 any stabilizer (i.e. also antioxidants) must be avoided while manufacturing medical grade UHMWPE [2].¹ Use 47 of UHMWPE for orthopaedic applications shows two major drawbacks: (a) abrasion on the surface of the 49 polymeric components in contact with metal/ceramic components followed by the debris formation which is 51

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¹No stabilisers or processing aids are to be added to the virgin polymer powder during manufacture of a fabricated form.

thought to be at the origin of formation of the loosening 57 membrane and the following substitution of prosthesis; (b) breaking of the hip component and the tibial 59 plateaux, which is possibly related to the sterilization process performed in air with high dose of gamma rays 61 [3].

Sterilization in inert environment has recently come to 63 the solution of the last problem. However, dissolved oxygen is still able to undergo oxidation process and 65 even ethylene-oxide sterilized prosthesis, shelf-ged, or retrieved can be oxidized in some cases. This oxidation is 67 originated during the complex UHMWPE processing to prepare components [4]. 69

It appears clear that in order to extend the useful life of UHMWPE prosthetic component they must be 71 stabilized. This is also the only way to make implant with UMWPE components in young patients possible. 73

However, changing of the ASTM 648, to make possible the addition of antioxidant requires that FDA 75

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- 1 or other international organizations approve suitable products. Vitamin E (Vit.E, α -tocopherol) is one of the
- 3 likely candidates [5] because it is a very efficient stabilizer against oxidation of polyethylene [6], a natural
- 5 product whose decomposition products have already been tested for biocompatibility with positive results.
- 7 Thus the FDA classifies Vit.E as generally recognized as safe and it is worldwide approved for use in food contact9 applications.

One advantage of the use of Vit.E is its low diffusion coefficient, which makes diffusion from the prosthesis to the body extremely long. Moreover, the addiction of

- Vit.E (0.1 and 0.3%) to UHMWPE grains reduces fatigue cracks [7]. Vit.E is a natural biological antiox-
- 15 idant, which prevents peroxides from accumulating and protects cells from damaging effects of free radicals [8].
- 17 Vit.E has also been described as an antinflammatory agent, inhibiting many key events in inflammation such
- 19 as IL-1 β release from activated monocytes [9], monocyte adhesion to endothelial cells [10] and respiratory burst
- [11]. Moreover, among the non-antioxidant molecular function of Vit.E, its ability has been reported to
 activate the protein phosphatase 2A (PP2A) [12], an enzyme that modulates protein-kinase C activity.
- 25 The Vit.E antioxidative and anti-inflammatory prop-
- erties have been extensively used to improve the
 biostability and the biocompatibility of different biomaterials. In fact, Vit.E has been used to produce
 amphiphilic monomers and polymers [13] and it has been added to poly(etherurethane urea) elastomers [14],
- 31 acrylic bone cements [15] and cellulose membranes for haemodialysis [16] reducing the neutrophil activation
 33 induced by cellulose contact [17–19].
- Although the wide range of Vit.E effects are known, few studies concerning the biocompatibility of Vit.E

modified materials have been performed and no report is are available on the effects of Vit.E added UHMWPE

(PE Vit.E) on activation of resting granulocytes thatrepresent first line of defense of organism.

The stabilization effect of Vit.E against the oxidation process is already evident at 500 ppm [6] and in this study we use UHMWPE with 5000 ppm to stress the activity of Vit.E. Granulocytes activation has been studied after contact with PE Vit.E using flow cytometry for cell morphological modification and respiratory burst and substrate zymography for matrix metalloproteinase 9 (MMP-9) release and activation.

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2. Materials and methods

2.1. Preparation of the UHMWPE samples

Two compression-moulded plates of prosthetic 55 UHMWPE were used. One was the original UHMWPE (Gur 1020 Poly Hi Solidur, Germany) (PE). The second plate was prepared by prosthetic UHMWPE with575000 ppm of Vit.E (PE Vit.E) according to the following
process. Vit.E (5g) (Ronotec 2001, Roche) was dis-
solved in 1000 ml of cyclohexane at room temperature.59Then, 1000 g of UHMWPE powder was mixed with
Vit.E solution. The mixture was shaken for 1 day at
room temperature. The cyclohexane was removed under
vacuum and the PE-Vit.E was dried under vacuum.63With this mixture a plate has been prepared using the
same condition applied for the original UHMWPE.65

The plates were initially sawn to a size suitable for microtomy $(5 \times 3 \times 7 \text{ cm}^3)$. A PolyCuts Microtome (Reichert-Jung) was used. Microtomy was performed at a cutting speed of 20 mm/s in air at room temperature. Slices of about 3 mm height was recovered. 71 The materials were characterized by differential scanning calorimetry (DSC-Perkin Elmer 6) in inert atmosphere at the heating rate of 10° C/min. 73

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2.2. UHMWPE surface analysis

The surfaces of PE and PE-Vit.E samples were 79 analysed with infrared spectroscopy in the attenuated total reflection (ATR) mode. An FTIR microscope 81 (Perkin-Elmer Autoimage) equipped with an ATR objective (Germanium, angle of incidence of the IR 83 beam 45° , $100 \times 100 \,\mu\text{m}^2$ nominal surface area) was used. ATR spectra were collected using 64 scans. The 85 ATR spectra were corrected for wavelength dependence of the beam penetration by a computer program 87 (Atrcorr program, Grams 32, Galactic) assuming 1.5 to be the refractive index of UHMWPE. 89

2.3. Specimen collection

Granulocytes were obtained from peripheral blood 93 essentially by a modification of the method of Boyum 95 [20]. EDTA collected human peripheral venous blood (10 ml) from six healthy donors (three men and three 97 women, average age \pm SE = 28 \pm 6) was diluted 1:1 with phosphate buffer solution (PBS, pH 7.4). Diluted blood was layered onto a Ficoll-Hypaque density gradient and 99 centrifuged for 20 min at 2000 rpm to separate mononuclear cells from erythrocytes and granulocytes. The 101 mononuclear fraction was discharged and erythrocytes were then lysed using an ammonium chloride lysing 103 solution (150 mM NH₄Cl, 10 mM NaHCO₃, 1 mM EDTA, pH 7.4) for 20 min at 4°C. Pellet was centrifuged 105 twice in sterile PBS, cells were counted in optical microscope using trypan blue exclusion test (viability 107 >98%) and suspended at a concentration of 1×10^{6} cells/ml in RPMI 1640 medium supplemented with 10% 109 fetal calf serum (FCS) (Gibco) containing penicillin (100 u/ml), streptomycin (100 mg/ml) and L-glutamine 111 (2 mm) (Sigma) in polypropylene tubes.

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1 2.4. Cell treatment

- 3 Granulocytes were seeded onto polystyrene (PS) plates (negative control), UHMWPE (PE) and
- 5 UHMWPE with 5000 ppm Vit.E (PE Vit.E) after cell loading with dihydrorhodamine 123 (DRH) used for
 7 detecting granulocytes respiratory burst [21].
- DRH was dissolved in dimethyl sulphoxide (DMSO)
 at a concentration of 50 mM and stored at -20°C. A
- fresh working solution (50 mM in serum-free RPMI
 11 1640) has been prepared and immediately used for every
- experiment. DRH has been added to cell suspension at a
 final concentration of 50 μM and cells have been incubated for 60 min at 37°C under gentle shaking. At
- the end of DRH, incubation cells were seeded at a concentration of 1 × 10⁵ cell/cm² (0.5 ml cell suspension)
 for 1 h at 37°C.
- Phorbol myristic acid (PMA) treated cells were used as positive control. PMA was dissolved in DMSO at a
- concentration of 50 μM and added at a final concentra tion of 50 nM to cells seeded onto PS for 60 min. At the
 end of incubation cells were detached for cytometric
- analysis. Serum-free RPMI 1640 containing 10 mM
 EDTA (1 ml) was added for 5 min to the samples and
- 25 cells were washed from the samples surface and collected in polypropylene tubes. Few cells were observed on the
- 27 samples surface after washing (5–10 cells per field when samples were observed at 16 × magnification in optical
 29 microscopy).

Okadaic acid (Calbiochem-Novabiochem Corpora-

- 31 tion, San Diego, CA, USA) has been used in some experiments in order to test the involvement of PP2A
- 33 [22] in the Vit.E observed effects. Briefly, cells were seeded onto various surfaces diluted in RPMI 1640
- 35 medium added with Okadaic acid 0.5 nM (final concentration, IC₅₀ for PP2A=0.1 nM) and treated as pre-37 viously described.
- 39 2.5. Flow cytometry analysis
- Granulocytes not adherent and detached from plates were collected as previously described and their morphology and activation status were analysed using flow cytometry. All experiments were performed using a
- 45 FACScan cytometer (Becton-Dickinson) equipped with a 15-mW air-cooled argon ion laser operating at 488 nm.
- 47 The cytometer was calibrated daily according to the manufacturer's instructions. A minimum of 10,00049 events were collected per sample at a low sample flow
- rate setting $(12 \,\mu/\text{min})$. The forward and side light scatter profiles were adjusted to ensure that granulocytes
- population was clearly displayed and changes in the 53 light scatter pattern as a result of activation (notably
- after PMA stimulation). Rhodamine (RD) green fluorescence was measured on the FL1 green channel after a 530 nm band pass filter and displayed on a four-decade

log scale. Data were collected using the CellQuest software and their analysis was performed using WinMDI software version 2.8.

2.6. Gelatin zymography

Medium samples were collected after incubation (1 h at 37°C), centrifuged for 10 min at 3000 rpm to eliminate 65 cells and debris and used for measurements of MMP-9 activity by zymography [23]. Latent and active gelati-67 nase B (MMP-9) activity was detected by zimogram analysis using SDS-polyacrylamide gels copolymerized 69 with 0.2% gelatine. In brief, conditioned medium was mixed with sample buffer and electrophoresed directly 71 without boiling or reduction. Following electrophoresis, SDS was extracted from the polyacrylamide gel with 73 Triton X-100, and the gel was incubated in 0.05 M Tris, pH 7.5, containing 5 mм CaCl₂ and 5 mм Zn Cl₂ at 37°C 75 overnight. Gels were stained with Coomassie blue and destained. Both proenzyme and active gelatinase were 77 detected as clear bands against the blue background of the stained gelatin. Positive control for gelatinase A and 79 B (Chemicon International) was used to identify the two 81 enzymes and their activated forms. A densitometric analysis of the bands seen on gels was performed using the NIH Image 1.62 software and results were expressed 83 as arbitrary units of optical density.

2.7. Statistical analysis

Means of different parameters investigated were 89 calculated from single sample data, and group means \pm SEM, were then obtained from single samples values. 91 Statistical analysis of variancewas used; the significance of differences between means was assessed by Newman-Keuls multiple range test, taking p < 0.05 as the minimum level of significance. 95

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3. Results

3.1. Surface characterisation

The DSC of the two materials shows that the 103 crystallinitiy of PE-Vit.E is slightly lower (48%) compared to the original UHMWPE (53%) (data not 105 shown).

As reported in Fig. 1, the ATR spectra of PE and of 107 PE Vit.E are very similar, both show the presence of ester groups (1740 cm^{-1}) on the surface due to microtoming process. These data indicate that it is evident that the presence of Vit.E cannot inhibit the formation 111 of ester groups [24].

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F. Renò et al. | Biomaterials I (IIII) III-III



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3.2. Flow cytometry analysis of granulocytes morphology 17 and respiratory burst

19 The granulocytes population (88–93% of total events in control samples) was readily identified on the dot plot 21 of forward scatter vs. side scatter (Fig. 2) and fluorescing events in the granulocytes gate (R1) were accumulated 23 and shown as histogram showing the green fluorescence emitted by RD (Fig. 3). In all the experiments performed 25 (n = 6), a small population of lymphocytes was observed (2-4% total events in control samples).

The dot plots of forward scatter vs. side scatter 27 showed that PMA dramatically modified the morphol-29 ogy of granulocytes that increased their forward scatter values suggesting an aggregation of neutrophils due to

31 cellular activation as already described [25]. On the contrary, no alteration of cells shape was observed in 33 both PE and PE Vit.E samples.

The percentage (+SE) of granulocytes present in the 35 gate R1 for cells seeded onto PS was $78.2 \pm 0.9\%$ while,

in the PMA samples, the percentage of cells counted in 37 the gate was 58.6+0.7% (p<0.001) suggesting that

activated granulocytes readily become apoptotic. 39 In fact, a higher presence of cellular debris (events with very low FSC and SSC values) was observed in the

41 scattergrams obtained from those samples compared to PS samples. A similar but less extended phenomenon

43 was observed for PE and PE Vit.E samples where percentage of cells present in the gate R1 was 45 $72.8 \pm 1.1\%$ for PE (p<0.01) and $71.5 \pm 0.2\%$ for PE

Vit.E (*p* < 0.001). 47 The analysis of cell-associated RD fluorescence was

performed on the population gated in R1 and assuming 49 that cell culture grade PS was able to induce the lowest

granulocytes activation after a 60 min contact at 37° .

As shown in Fig. 3, the mean RD fluorescence (+SE)51 in control samples (12.0 ± 0.1) was strongly augmented

in the PMA-stimulated samples (208.4 ± 17.4 , p < 0.00153 compared to PS samples), while it was not altered in

both PE (13.0+0.4) and PE Vit.E (14.5+0.1). 55

3.3. MMP-9 release and activity

As shown in Fig. 4A in the conditioned medium 59 obtained by granulocytes seeded onto PS plates, only MMP-9 (gelatinase B) activity was present. MMP-9 was 61 observed both in inactive (pro-MMP-9) and active (MMP-9) forms and in the typical MMP-9 dimers 63 secreted by granulocytes. PMA (50 nm) strongly increased the release of all the three forms of MMP-9 65 $(205\pm47\%$ of the control, p<0.001), while the PE samples showed a MMP-9 release $(116 \pm 19\%)$ similar to 67 the PS samples (100 + 5%). Surprisingly in the PE Vit.E samples, the MMP-9 release was significantly increased 69 (215+16%, p<0.01) (Fig. 4A).

In order to explain the mechanism of Vit.E-induced 71 MMP-9 release from granulocytes in the absence of respiratory burst or evident morphological modifica-73 tions, we added to the cell medium okadaic acid (0.5 nm), a potent PP2A inhibitor. As shown in Fig. 75 4B, the okadaic acid induced a general reduction of MMP-9 released in all samples even in the PMA 77 stimulated cells $(137\pm8\%)$ of the control, p<0.01), where a more relevant increase of the gelatinase B 79 release was expected. The MMP-9 release induced by PE samples did not differ from PS samples $(99\pm4\%)$ while 81 the PE Vit.E samples showed a significant reduction $(88\pm4\%, p<0.01)$ suggesting a role for PP2A in the 83 Vit.E-induced MMP-9.

4. Discussion

In this paper, we tested the ability of UHMWPE 89 added with Vit.E (5000 ppm) to activate the resting granulocytes from peripheral blood.

After the prosthesis implantation, neutrophil granulocytes adhere along with other leukocytes to polymeric artificial surfaces through the adsorbed plasma protein layer [26,27].

Following adhesion to biomaterial surfaces, granulocytic phagocytosis, respiratory burst, and protease (Gelatinase B or MMP-9 and elastase) release may occur, resulting in injury to surrounding tissue. As granulocytes activation is an early event in the inflammation process, it has been taken as an indicator 101 for risk assessment of biopolymer-mediated inflammation [28]. 103

Neutrophils activation is not an all or nothing phenomenon and each function (calcium influx, F-actin 105 assembly, degranulation, oxygen radical production) has its own threshold for a response [29] in order to 107 protect the host from inappropriate neutrophilmediated tissue damage. 109

The neutrophil granulocytes may become activated either directly, through some adhesion receptors, or via 111 platelet-derived mediators [30,31]. In our experimental

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55 Fig. 3. Representative RD fluorescence (FL1, green fluorescence) emitted by granulocytes present in the gate R1 of Fig. 2 after contact (60 min at 37°C in 5% CO₂) with culture grade polystyrene without (PS) and in the presence of 50 nM PMA, or onto PE and PE Vit.E disks.

JBMT : 3156

ARTICLE IN PRESS

F. Renò et al. / Biomaterials I (IIII) III-III



Fig. 4. Representative gelatin zymography for MMP-9 total activity present in conditioned medium obtained from granulocytes seeded onto polystyrene plates without (PS) and in the presence of 50 nm
 PMA, or onto PE and PE Vit.E disks in the absence (A) and in the presence of okadaic acid (0.5 nm) (B).

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- 27 model an almost pure granulocytes population, without platelets presence and with a small percentage of
 29 lymphocytes, has been used to test the granulocytes (70–80% neutrophils) activation after contact with
- 31 normal UHMWPE (PE) and PE Vit.E in the presence of 10% FCS. We observed that adhesion onto PE Vit.E
- increased the granulocytes MMP-9 release and in the absence of an oxidative stress as measured by DRH
 assay in flow cytometry. The increased MMP-9 release
- observed could not be due to a change in the surface chemistry as shown in Fig. 1, but to the presence of
- Vit.E that can alter the protein adsorption. In fact, 39 protein adsorption occurs before cellular adhesion at an
- implanted surface, and the nature and composition ofthe first adsorbed protein layer is of major importancefor the subsequent granulocytes behaviour via receptor
- 43 activation [32]. The normal granulocytes adhesion induces MMP-9 release from tertiary granules [33] even
- 45 if MMP-9 can be released also in response to endotoxin and proinflammatory mediators [34] and by ligation of
 47 integrin CD11b/CD18 (macrophage antigen complex;
- Mac-1) [34].
 The interest about granulocyte MMP-9 release arises from the ability of MMP-9 to degrade the major component of endothelial basement membranes and extracellular matrix [36], even if a growing number of
- studies indicate that MMP-9 acts also as an important tuner and amplifier of immune functions [37–39]. Thus
- 55 its release and activation could be a sufficient trigger for inflammation.

Initially, we hypothesize that alteration induced by 57 Vit.E in the surface chemistry and the consequent possible different adsorption of proteins from serum 59 could be mainly responsible for MMP-9 release also in the absence of oxidative stress, being the stimulus from 61 the modified surface insufficient to trigger also this part of granulocyte activation or maybe simply thanks to the 63 Vit.E antioxidative activity. However, we observed that okadaic acid, an inhibitor of PP2A, an enzyme directly 65 activated by Vit.E [12], was able to block the MMP-9 secretion from PE Vit.E samples. This phenomenon was 67 not completely surprising due to the fact that PP2A is involved in the granules secretion from mast cells [40] 69 and a similar mechanism could take place also in neutrophil granulocytes. However, it is more plausibly a 71 combined effect between differential protein adsorption and PP2A activation induced by Vit.E. 73

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5. Conclusions

Our data indicate that Vit.E added to UHMWPE was
able to induce a PP2A-dependent increase in the MMP-
9 release from granulocytes in the absence of the typical
oxidative stress that is considered a hallmark of
granulocytic activation. These data emphasize the
possibility that the use of PE Vit.E could modulate the
in situ tissue remodeling and immunitary response
through MMP-9 release in absence of other possible
pro-inflammatory factors such as superoxide anion
radical production.79798179818181828383848483858585858687

- 6. Uncited reference
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JBMT : 3156

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67