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OPEN PMMA dialyzers modulate both humoral and cell-mediate immune response to anti-COVID-19 vaccine (BNT162b2) in a cohort of chronic hemodialyzed patients

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Patients on hemodialysis (HD) have a high risk of death from COVID-19. We evaluated the humoral and cell-mediated immune response to BNT162b2 (Pfizer-BioNTech) vaccine in HD patients, comparing HD with Poly-methyl-methacrylate (PMMA) and HD with Polysulphone (PS). Samples were collected before vaccination (T0) and 14-days after the 2ndvaccine (T2) in a TG (TG, n = 16-Foggia) and in a VG (CG, n = 36-Novara). Anti-SARS-CoV-2-Ig were titrated in the cohort 2-weeks after the 2nddose of vaccine. In the Testing-Group, serum neutralizing antibodies (NAb) were assayed and PBMCs isolated from patients were thawed, counted and stimulated with SARS-CoV-2 IGRA stimulation tube set. All patients had a positive ab-response, except in a case. PMMA-patients had higher levels of anti-SARS-CoV-2 IqG (p = 0.031); VG data confirmed these findings (p < 0.05). NAb evaluation: PMMA patients passed the positive cut-off value, while in PS group only only 1/8 patient did not respond. PMMA patients showed higher percentages of anti-SARS-CoV-2 S1/RBD-Ig after a complete vaccine schedule (p = 0.028). Interferon-gamma release: PMMA patients showed significantly higher release of IFNy (p = 0.014). The full vaccination course provided sufficient protection against SARS-CoV-2 across the entire cohort, regardless of dialyzer type. After vaccination, PMMA patients show a better immune response, both humoral and cellular, at the end of the vaccination course than PS patients.

Keywords SARS-CoV-2 vaccination, Hemodialysis patients, Poly-methyl-methacrylate, Vaccine antibody response, Humoral immunity, Cellular immunity

Abbreviations

HD	Hemodialysis
SARS-CoV-2	Coronavirus 2
COVID-19	Coronavirus disease 2019
ESRD	End stage renal disease
PMMA	Polymethylmethacrylate
PS	Polysulphone
mRNA	Messenger RNA
TG	Testing Group

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VG	Validation Group
SHD	Standard HD
AHD	Adsorptive HD
Nab	Neutralizing antibodies
IFNγ	Interferon-gamma
Time 0, T0	Time before vaccination
Time 2, T2	Time after the second vaccine dose
PBMCs	Peripheral blood mononuclear cells
CLIA	Chemiluminescent analytical assay
ABEI	Amino-butylethyl-isoluminol
RLU	Relative light units
%IH	Percentage of inhibition
SD	Standard deviation

Patients on maintenance hemodialysis (HD) are at higher risk of infection with severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) and death from Coronavirus disease 2019 (COVID-19)^{1,2}.

International guidelines recommend the priority of SARS-CoV-2 vaccination in this cohort of frail patients³. Immunological senescence and lack of response to vaccination are frequently observed in HD patients. Indeed, end stage renal disease (ESRD) patients develop an altered immune response to infection or vaccination, which may be affected by several factors, such as a decreased renal clearance, increased generation of pro-inflammatory cytokines, and mainly in the hemodialysis setting, over-hydration, poor dialyzer membrane biocompatibility, anticoagulation and vascular inflammation^{4–7}.

The pro-inflammatory milieu in HD is associated with alterations in both the innate and adaptive immune response^{8,9}.

The effects of dialysis membranes on vaccine response are not well known to date. It has been reported that the membranes for hemodialysis are involved in the chronic activation and dysregulation of the immune system, by affecting the reduction of Th2 and regulatory T cells function and by interfering their interaction with B lymphocyte by CD40/CD40L. Due to the presence of both pro-inflammatory status and immune response alterations in HD patients, high biocompatibility membranes such as polymethylmethacrylate (PMMA) have been introduced. These dialytic membranes are able to reduce the activation of complement system, coagulation, platelets and leukocytes, thus lowering the levels of pro-inflammatory cytokines such as IL1B, TNF- α , IL-6. Moreover, PMMA membranes exert a significant adsorptive effect to remove high molecular weight uraemic toxins, as compared to standard dialyzers such as Polysulphone (PS)^{10,11}.

Messenger RNA (mRNA) vaccines, such as BNT162b2 (Pfizer-BioNTech) and mRNA-1273 (Moderna), and the replication-defective vial-vectored vaccines, such as ChAdOx1 nCOV-19 (Oxford-AstraZeneca), are considered low risk of complications in patients on maintenance dialysis¹². In this study we evaluated the humoral and cell-mediate immune response to BNT162b2 (Pfizer-BioNTech) vaccine in patients in stable hemodialysis, treated with PMMA-based adsorptive HD or with conventional Polysulphone-based standard HD.

Results

A cohort of 16 patients undergoing standard hemodialysis at the Nephrology Unit in Foggia (Italy) (*Testing Group*, TG) were enrolled in the present study, among which 8 were treated with adsorptive HD (AHD) and 8 were treated with standard HD (SHD) from at least 12 months. As shown in Table 1, both groups did not differ in the main clinical and laboratory parameters at baseline.

All the patients completed the vaccine schedule and 14 days after the administration of the second doses, the total anti SARS-CoV-2 IgG titer was assessed in the entire cohort. A positive antibody response was observed in all the hemodialyzed patients, except in a case. After stratification according to type of HD treatment, patients treated with AHD showed significantly higher levels of anti-SARS-CoV-2 IgG, as compared to those treated with SHD (1755.0 interquartile range or IQR 864.3–2225.0 vs 566.0 IQR 237.8–704.0 BAU/mL, p = 0.031; Fig. 1).

Concerning the presence of neutralizing antibodies (NAb), the detection of serum anti-SARS-CoV-2 S1/RBD Ig titer was assessed with an enzyme-linked immunosorbent assay (ELISA)-based surrogate virus neutralization test (sVNT) and all the values above the manufacturer's specified cut-off value of 35% were considered as positive. In our *Testing Group* cohort, all patients treated with AHD passed the positive cut-off value, while among the patients treated with SHD only only 1/8 patient did not respond. Moreover, patients treated with AHD showed higher percentages of anti-SARS-CoV-2 S1/RBD Ig after a complete vaccine schedule, as compared with those treated with SHD (97.3 IQR 90.2–97.8% vs 70.3 IQR 63.9–83.5%, p = 0.028; Fig. 2). A significant positive correlation was observed between both assays (R² = 0.5391, p < 0.001).

Then, the T cell response against COVID vaccine was also assessed. In detail, peripheral blood mononuclear cells isolated from both HD patients treated with AHD and SHD were tested with a SARS-CoV-2 interferon gamma (IFN γ) release assay (IGRA). HD patients treated with AHD showed significantly higher release of IFN γ , as compared with these treated with SHD (84.8 IQR 68.7–103.8 vs 33.5 IQR 19.7–51.1 mUI/mL, *p*=0.014; Fig. 3).

Moreover, the T-cell reactivity was assessed as a ratio (IFN γ released after SARS-CoV-2-related S1/RBD specific stimulus/ IFN γ release after non-specific mitogen exposure). Also, in this case HD patients treated with AHD showed stronger capacity (%) to release IFN γ after specific stimulus as compared to the maximum release induced by non-specific mitogen, while this ratio was significantly lower in HD patients treated with SHD (77.9 IQR 76.1–91.1% vs 32.2 IQR 17.8–52.0%, p < 0.001; Fig. 4).

To validate our preliminary data about the possible role of adsorptive dialytic treatments in modulating immune response to COVID vaccine, we recruited a *Validation group* (VG) of 36 hemodialyzed patients at the

	Standard HD (PS-based)	Adsorptive HD (PMMA-based)	<i>p</i> -value		
Patients (n)	8	8			
Female gender (%)	12.5%	25.0%	0.522		
Age (years)	60.3 ± 16.33	62.6±9.79	0.912		
Dialysis time (months)	45.4 ± 15.8	54.3 ± 25.4	0.149		
Body weight (kg)	77.25 ± 20.7	80.75±12.8	0.478		
BMI (kg/m ²)	25.75 ± 4.26	27.6±3	0.422		
Vascular Access, AVF (%)	100.0%	87.5%	0.302		
KT/V	1.44 ± 0.28	1.36 ± 0.14	0.457		
Hemoglobin (g/dL)	10.5 ± 1.4	11.7±0.8	0.192		
Leucocyte count (×10 ³ /mcl)	7.82 ± 2.55	8.37±1.21	0.444		
Albumin (g/dL)	3.67±0.35	3.75 ± 0.22	0.894		
Ca (mg/dL)	8.92 ± 0.72	8.99±0.35	0.783		
P (mg/dL)	4.81 ± 0.63	4.56±0.59	0.211		
PTH (pg/mL)	187.87±75.03	192.37±79.82	0.497		
Ferritin (mcg/L)	99.5±58.8	130.5±125.3	0.053		
Previous nephropathies					
Diabetes	2	2			
Nephroangiosclerosis	1	1			
Vascular diseases	0	1			
ADPKD	2	1			
Glomerulopathies	1	1			
Others/Unknown	2	2			

Table 1. Clinical and laboratory characteristics at baseline of HD patients enrolled in the study as TestingGroup (n = 16). ADPKD, Autosomal dominant Polycistic Kidney disease; AVF, Arteriovenous fistula; BMI,body mass index; Polymethylmethacrylate, PMMA; PS, polysulphone. Data are reported as percentage or asmean \pm SD.



Figure 1. Anti-SARS-CoV-2 antibody response after COVID-19 mRNA vaccine in the Testing Group. Detection of total anti-SARS-CoV-2 IgG showing higher serum levels in patients treated with Adsorptive HD (AHD, n = 8), as compared to those treated with Standard HD (SHD, n = 8) (1755.0 IQR 864.3–2225.0 vs 566.0 IQR 237.8–704.0 BAU/mL, p = 0.031).

Nephrology Unit of Novara (Italy). In this cohort of patients, 18 were treated with adsorptive HD (AHD) and 18 were treated with standard HD (SHD) from at least 12 months.

Both groups did not differ in the main clinical and laboratory parameters at baseline (Age 66.0 ± 13.0 vs 67.3 ± 11.4 years, Female Gender 23% vs 45%, dialysis vintage 36.8 ± 26.8 vs 40.0 ± 29.0 for AHD and SHD, respectively; *p* = ns) (Table 2).

Fourteen days after completing the 2-doses vaccination schedule, the total anti SARS-CoV-2 IgG titer was assessed in the entire cohort. Also in this group of patients being treated at a different dialysis center, those treated with AHD showed significantly higher levels of anti-SARS-CoV-2 IgG, as compared to those treated with SHD (4.9 IQR 3.5–6.9 vs 1.4 IQR 0.8–2.2 U/ml, p < 0.005) (Fig. 5).



Figure 2. Anti-SARS-CoV-2 antibody response after COVID-19 mRNA vaccine in the Testing Group. Detection of total anti-SARS-CoV-2 S1/RBD Ig showing higher percentages in HD patients treated with Adsorptive HD (AHD, n = 8), as compared with those treated with Standard HD (SHD, n = 8) (97.3 IQR 90.2–97.8% vs 70.3 IQR 63.9–83.5%, p = 0.028). Data are shown as dots and whiskers (median and 95% CI).



Figure 3. S1/RDB-specific IFN γ release response after COVID-19 vaccine in the Testing Group. Release of IFN γ from PBMC stimulated with SARS-CoV-2 S1/RBD, showing higher titer in patients treated with Adsorptive HD (AHD, n = 8), as compared with these treated with Standard HD (SHD, n = 8) (84.8 IQR 68.7–103.8 vs 33.5 IQR 19.7–51.1 mUI/mL, p=0.014).

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Discussion

In this report we showed for the first time that after vaccination course with BNT162b2 mRNA vaccine, HD patients under AHD with PMMA dialyzers show a better immune response, both humoral and cellular, than HD patients treated with SHD.

The severity of COVID-19 is linked to a significant influx of neutrophils and macrophages into the lungs, triggering an intense immune response and a cascade of severe molecular events resulting in systemic inflammation and multi-organ failure¹³. IL-6 stands out among the elevated serum molecules during cytokine storm, underscoring its crucial role^{14–16}. The duration of seroconversion after Coronavirus infection in chronic dialysis patients¹⁷. Recent data also show that memory B and T cells are often maintained following viral infection. In fact, memory B cells specific for the virus spike protein were observed in the patients who had the infection and seem remain stable during the first 5 months.

However, virus-specific CD4 + T cells were detected in COVID-19-recovered individuals and correlated with plasma levels of S-specific antibodies. These findings confirm the reliance of memory B cell responses, a crucial aspect of long-lasting immunity against SARS-CoV-2 infection, on CD4 + T cells during COVID-19¹⁸.

Patients with ESRD and on HD, have innate and acquired immune response deficiency^{19,20}. A diminished antibody production to thymo-dependent with conserved a response to thymo-independent antigens, shows an impairment of the co-stimulation of B cells by T-cell receptor-activated T lymphocytes, whereas the direct activation of B cells without the help of T lymphocytes is preserved^{21,22}.

Several studies have shown that, although most dialysis membranes, including high-flux polysulfone, are unable to clear sCD40, polymethylmethacrylate (PMMA) membranes, above all BK-F membrane, allows a



Figure 4. S1/RDB-specific IFN γ release response after COVID-19 vaccine in the Testing Group. Release of IFN γ from PBMC stimulated with SARS-CoV-2 S1/RBD, showing higher ratio (IFN γ released after SARS-CoV-2-related S1/RBD specific stimulus/ IFN γ release after aspecific mitogen exposure) in HD patients treated with Adsorptive HD (AHD, n=8), as compared HD patients treated with Standard HD (SHD, n=8) (77.9 IQR 76.1–91.1% vs 32.2 IQR 17.8–52.0%, p <0.001). Data are shown as dots and whiskers (median and 95% CI).

Standard HD Adsorptive HD (PMMA-based) (PS-based) p-value Patients (n) 18 18 Female gender (%) 44.4% 22.2% 0.157 Age (years) 67.3 ± 11.4 66.0 ± 13.0 0.897 Dialysis time (months) 40.0 ± 29.0 36.8 ± 26.8 0.657 Body weight (kg) 78.15 ± 22.35 79.55 ± 15.65 0.512 BMI (kg/m²) 26.25 ± 3.20 27.15 ± 3.75 0.875 88.9% Vascular access, AVF (%) 83.3% 0.630 KT/V 1.48 ± 0.31 1.39 ± 0.28 0.475 Hemoglobin (g/dL) 10.2 ± 1.7 11.1 ± 0.9 0.127 Leucocyte count (103/mcl) 7.98 ± 2.35 8.95 ± 1.84 0.493 Albumin (g/dL) 3.52 ± 0.15 3.82 ± 0.31 0.619 Ca (mg/dL) 8.67 ± 0.71 8.94 ± 0.42 0.717 P (mg/dL) 5.12 ± 0.93 4.92 ± 0.87 0.821 PTH (pg/mL) 202.12 ± 65.10 197.81 ± 72.34 0.368 110.5 ± 59.8 Ferritin (mcg/L) 1245 + 9860.059 Previous nephropathies Diabetes 4 4 Nephroangiosclerosis 4 3 Tubulo-interstitial disease 4 4 Vascular diseases 0 1 ADPKD 2 2 Glomerulopathies 1 1 Others/Unknown 2 4

Table 2. Clinical and laboratory characteristics at baseline of HD patients enrolled in the study as *Validation Group* (n = 36). *ADPKD* Autosomal dominant Polycistic Kidney disease, *AVF* Arteriovenous fistula, *BMI* body mass index, *PMMA* Polymethylmethacrylate, *PS* polysulphone. Data are reported as percentage or as mean \pm SD.

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dramatic diminution of the molecule, so improving immune response in these patients and consequently the long-term response to hepatitis B vaccination^{23,24}.

Clearing sCD40 from HD patient's sera by using PMMA dialyzers contributes to the amelioration of the seroconversion rate to HBV vaccination in ESRD patients who failed to mount a protective immune response, improving their capacity to respond to HBV vaccination²⁵.



Figure 5. Anti-SARS-CoV-2 antibody response after COVID-19 mRNA vaccine in the *Validation Group*. Detection of total anti-SARS-CoV-2 IgG showing significantly higher serum levels in patients treated with Adsorptive HD (AHD, n=18), as compared to those treated with Standard HD (SHD, n=18) (4.9 IQR 3.5–6.9 vs 1.4 IQR 0.8–2.2 U/ml, p<0.05). Data are shown as dots and whiskers (median and 95% CI).

Our study suggests that PMMA could enhance this serological response such as it has been observed in HD patients after HBV vaccination according to its ability to modulate sCD40 serological levels^{26,27}. At the same time, recent evidences of failed serological immunity in HD patients not responding to HBV vaccination suggest that seroconversion may not be directly related to immunocompetence in patients with inflammaging: comparable functional HBsAg-reactive B and T cells responses has been proved in HD patients after HBV vaccination²⁸ not only in the absence of a proper IgG serological response but even in the condition of reduced HBs-reactive Th2 cells²⁹. These add a new piece to the proper evaluation of a proper immune response after mRNA-based vaccination protocols and the need to support immune response with additional doses only considering serological titers³⁰.

Unfortunately, we did not dose sCD40 levels in our patients in order to evaluate a possible correlation between immunological response and its titers in AHD and SHD patient. At the same time our evidences suggest a possible direction for our further evaluation and the necessity to assess immune response with flow cytometry next to serological response. It is important to remember that one possible limit of the present study could be the fact that Anti-SARS-CoV-2 Ig was measured in the T and C groups using two different methods. These two methods are in any case validated and used currently in clinical practice.

In conclusion, the complete vaccination course conferred adequate protection against the SARS-CoV-2 in all patients observed in our study, either those on SHD or AHD, without any adverse events thus suggesting efficacy and safety of the BNT162b2 mRNA vaccine. This is the crucial and important message with important clincal significance. In addition it is important to underscore that HD patients under AHD with PMMA dialyzers show a better immune response, both humoral and cellular, at the end of the vaccination course than PS patients. The results presented in the present study could open future studies aimed to encompass dialyzers effects and their modulative effects in immuno-senescence HD patients.

Methods

Study population

The prospective observational and cohort study was performed including two groups of patients with ESRD undergoing replacement therapy with hemodialysis (HD) from two different Nephrology Units of the Southern and Norther Italy. The first group of 16 HD patients was enrolled at the Nephrology Dialysis and Transplantation Unit of the University Hospital "Ospedali Riuniti", Foggia (Italy) and was used as main cohort (*Testing Group*). The second group of 36 HD patients was enrolled at the Nephrology Dialysis and Transplantation Unit of the University of Eastern Piedmont "Amedeo Avogadro", Novara (Italy) and was used to validate the results obtained in the testing group of patients (*Validation Group*).

All the enrolled patients were > 18 and < 80 years old and COVID-19 naïve. Exclusion criteria were: therapy with immunosuppressive drugs, previous kidney transplant, systemic infections, cancer, HIV positivity or other life-threatening conditions with life expectancy lower than 6 months.

This study aimed to compare the immunomodulatory effects of adsorptive dialytic treatments (Poly-methylmethacrylate or PMMA-based) on COVID vaccine response compared to conventional Polysulphone-based dialytic treatments. Nevertheless, a limited number of patient chronically treated with PMMA membranes entering the inclusion criteria were followed at two different Nephrology Units involved in the study (26 HD patients). For this reason, a propensity-score matching analysis was conducted in R using the MatchIt package with nearest-neighbor 1-to-1 matching to compare HD patients treated with PMMA with HD patients treated with conventional dialytic membrane (Polysulfone). All the enrolled patients were treated thrice a week with hemodialysis (HD) treatment for at least 12 months. Both in the *Testing Group* [*TG*] and in the *Validation Group* [*VG*], half of the patients were treated with maintenance PMMA-based HD (AdsorptiveAdsorptive HD or AHD; n = 8 for [*TG*] and n = 18 for [*VG*], respectively) and the remaining with maintenance conventional HD with Polysulphone (PS) (Standard HD or SHD; n = 8 for [*TG*] and n = 18 for [*VG*], respectively).

Low-molecular weight or unfractionated heparin was administered as standard anti-coagulation therapy. Dialysis prescription was guided aiming at a value of urea reduction rate ≥ 0.65 and a Kt/V ≥ 1.2 . The above parameters of dialysis adequacy were calculated according to the second-generation Daugirdas equation³¹.

To rule out the possibility of active or previous SARS-CoV-2 infection, all the patients of both groups were assessed for both PCR nasal swab and detection of anti-SARS-CoV-2 IgM and IgG, both resulted negative, and were therefore considered as SARS-CoV-2 naïve.

The two study groups were enrolled from each separate hospital. Several meetings before the study initiation were made to confirm the absence of difference on dialysis condition (water quality or COVID19 infection status) between the two dialytic centers.

After signing an informed consent to participate to the present study, all the enrolled patients received two doses of the anti-SARS-CoV-2 mRNA BNT16b2 Vaccine (Comirnaty, Pfizer-Biontech, USA). All the clinical data at enrolment were collected and recorded.

The study protocol conformed to the ethical guidelines of the Declaration of Helsinki and was approved by the institutional review board (Decision no. 1570/2021 of 04 April 2021; Ethical Committee at the University Hospital "Policlinico Riuniti" of Foggia). This was in accordance with the guidelines laid down by the Regional Ethics Committee on human experimentation.

Sample collection

In all the enrolled subjects of both the groups, serum samples were collected before vaccination (Time 0, T0) and fourteen days after the second vaccine dose (Time 2, T2) and stored at -30 °C, until analyzed.

Only in the enrolled subjects of the *Testing Group*, whole blood (25 ml) was collected from all patients at T0 and T2, as previously described³². Peripheral blood mononuclear cells (PBMCs) were isolated by density separation on SepMateTM (STEMCELL Technologies, Vancouver, Canada), according to manufacturer's instructions, and stored at - 80 °C, until analyzed.

Detection of anti SARS-CoV-2 antibodies

Anti-SARS-CoV-2 Ig were titrated in both *Testing Group* and *Validation Group* two week after the second dose of vaccine with different methods, according to the local laboratory protocols.

In detail, as previously described³², anti-SARS-CoV-2 IgG and IgM titre in the *Testing Group* was analyzed by using a chemiluminescent analytical assay (CLIA) commercially available kit (New Industries Biomedical Engineering Co., Ltd [Snibe], Shenzhen, China), according to the manufacturer instructions. Reagent wells were coated with recombinant structural protein CoV-S (spike) and e CoV-N (nucleocapside) of SARS-CoV-2 for both IgM and IgG assay. For IgM assay, the microspheres were coated with a monoclonal antibody to capture human IgM followed by the addition of recombinant antigen from virus 2019-nCoV marked with amino-butylethylisoluminol (ABEI). The samples, serum or plasma, were diluted by instrument. The relative light units (RLU) detected was proportional to the concentration of IgG/M in sample. An RLU-ratio of the measurement of each sample to the supplied calibrator was calculated. According to manufacturer instructions, IgG assay BAU/mL of <1 was considered negative, 1.0–1.1 borderline and >1.1 positive; for IgM, an BAU/mL <0.9 was considered negative, 0.9 to 1.0 borderline and >1.0 positive. Clinical sensitivity was estimated by the manufacturer as 78.65% and 91.21% for IgM and IgG, respectively, while specificity was estimated as 97.50% and 97.3% for IgM and IgG, respectively.

Anti-SARS-CoV-2 IgG titre in the *Validation Group* was analyzed with a quantitative method for detection of IgG antibodies against the S1-RBD antigen (Atellica IM SARS-CoV-2 IgG [sCOV2G], Siemens Healthineers, Erlangen, Germany). This test is a fully automated, 2-step sandwich immunoassay, with indirect chemiluminescent technology. The patient specimen is incubated with preformed complex of streptavidin-coated particles and biotinylated SARS-CoV-2 recombinant antigens. The antibody-antigen complex is detected by an acridinium ester–labeled antihuman IgG mouse mAb. According to manufacturer instruction, IgG assay > 1.00 was considered positive. Clinical sensitivity for IgG was estimated by the manufacturer as 96.41%, while specificity was estimated as 99.90%.

Neutralizing antibodies levels assessment

Only in the enrolled subjects of the *Testing Group*, serum neutralizing antibodies (NAb) levels were assayed, using a commercially available ELISA Kit, according to the manufacturer's instructions (SARS-CoV-2 NeutraLISA, EUROIMMUN Medizinische Labor diagnostika AG, Lübeck, Germany), as previously described³². This competitive semi-quantitative test allows to evaluate the ability of Nab to prevent the link between the S1/RBD domain and the ACE2 receptor. In detail, microplate was coated with recombinant S1/RBD domain of SARS-CoV-2. Sample and controls were diluted 1:5 in dilution buffer containing soluble ACE2 conjugated to biotin and incubated in the reaction wells. Both Nab and soluble ACE2 competed for the binding site on the antigen surface. The photometric measurement at 450 nm yielded the results as a percentage of inhibition (%IH). According to manufacturer instructions, 20%IH was considered negative, 20 to 35%IH borderline and > 35%IH positive.

Interferon-gamma release assay (IGRA)

Only in the enrolled subjects of the *Testing Group*, PBMCs isolated from patients were thawed, counted and stimulated with SARS-CoV-2 IGRA stimulation tube set (EUROIMMUN Medizinische Labor diagnostika AG, Lübeck, Germany), as previously described³².

In details, 1*106 PBMCs were resuspended in PBS/EDTA and dispensed in each of the three stimulation tubes for 20 h: CoV-2 IGRA BLANK for the determination of the background concentration of IFNy; CoV-2 IGRA STIM containing a mitogen causing non-specific secretion of IFNy; CoV-2 IGRA TUBE containing SARS-CoV-2 S1 components for the determination of specific IFNy secretion. After stimulation, samples were centrifuged and the supernatants used for subsequent quantitative assay using IFNy ELISA, according to the manufacturer instructions (EUROIMMUN Medizinische Labor diagnostika AG, Lübeck, Germany). Reaction wells were coated with anti-IFNy monoclonal antibody. Samples and controls were diluted 1:5 in a diluent buffer, incubated and processed according to manufacturer instructions. For IFNy quantification a 4-parameters logistics was applied.

Statistical analysis

Statistical analysis was performed using SPSS 25.0 software (IBM Corp., Armonk, NY. Variable distribution was tested using Kolmogorov–Smirnov test. Serum parameters were compared between groups by Student's *t*-test for unpaired data and Mann–Whitney *U*-test, as appropriate. Frequencies were compared among groups by F-Fisher or X2-test, as appropriate. Correlation between two variables was ascertained by Pearson or Spearman's correlation tests, as appropriate. All the data are reported as mean \pm standard deviation (SD), median and interquartile range (IQR), or as percentage frequency, unless otherwise specified. A *p*-value < 0.05 was considered statistically significant.

Data availability

The dataset for this study may be made available upon request to the corresponding author.

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Author contributions

GC, VC and GS contributed to the study design, sample processing, data analysis, and manuscript preparation. GN, VL, FS, ER, MM, MB contributed to the study design, data collection, data analysis, and manuscript preparation. CA contributed to manuscript preparation. All authors contributed to the article and approved the submitted version.

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Competing interests

The authors declare no competing interests.

Additional information

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