

# 1 Mathematical and numerical challenges in Diffuse 2 Optical Tomography inverse problems

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*Dedicated to Pierluigi Colli on the occasion of his 65th birthday*

12 **Abstract.** Computed Tomography (CT) is an essential imaging tool for medical  
13 inspection, diagnosis and prevention. While X-rays CT is a consolidated technology,  
14 there is nowadays a strong drive for innovation in this field. Between the emerging  
15 topics, Diffuse Optical Tomography (DOT) is an instance of Diffuse Optical Imaging  
16 which uses non-ionizing light in the near-infrared (NIR) band as investigating  
17 signal. Non-trivial challenges accompany DOT reconstruction, which is a severely  
18 ill-conditioned inverse problem due to the highly scattering nature of the propagation  
19 of light in biological tissues. Correspondingly, the solution of this problem is far from  
20 being trivial. In this review paper, we first recall the theoretical basis of NIR light  
21 propagation, the relevant mathematical models with their derivation in the perspective  
22 of a hierarchy of modeling approaches and the analytical results on the uniqueness  
23 issue and stability estimates. Then we describe the state-of-the-art in analytic theory  
24 and in computational and algorithmic methods. We present a survey of the few  
25 contributions regarding DOT reconstruction aided by machine learning approaches  
26 and we conclude providing perspectives in the mathematical treatment of this highly  
27 challenging problem.

28 *Keywords:* Diffuse Optical Tomography, Diffuse Optical Imaging, Regularization of  
29 inverse problems, CT reconstruction, Deep Learning

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22 **1. Introduction**

23 Imaging has become vital to many aspects of medicine, including detection and diagnosis  
 24 of disease, treatment planning, and monitoring of response to therapy. Computerized  
 25 Tomography (CT) is a central pillar in this field and has offered a huge beneficial impact  
 26 in clinical practice. Based on X-rays as investigating signals, CT was developed all  
 27 along the 20th century with an exceptional theoretical and technological effort: we refer  
 28 to [126] for a historical review written in occasion of the 50th anniversary of the first CT  
 29 scan of a live patient. Nowadays, advances in CT imaging technology explore different  
 30 paths aimed at overcoming limitations of the traditional approach, in first place to reduce  
 31 patients’ exposure to radiations [2]. A promising class of approaches uses different  
 32 non–ionizing investigating signals (light, sound, electric currents). These modalities  
 33 are intended as alternatives to X-ray CT but also as complementary techniques able  
 34 to provide additional information about the targeted organ, for example related to  
 35 its metabolic or haemodynamic functional status. In this paper we focus on the so–  
 36 called Diffuse Optical Tomography (DOT), an instance of Diffuse Optical Imaging

1 (DOI). This functional imaging tool relies on the relatively low attenuation of near-  
2 infrared (NIR) light to probe the internal optical properties of biological tissues. DOT  
3 imaging has been explored in different medical fields, including brain [128], thyroid and  
4 breast cancer imaging [49, 129, 105] and, more in general, for detecting and monitoring  
5 functional changes related to blood flow. In DOT, one reconstructs images of tissue  
6 spatial optical properties from boundary measurements of the light propagated through  
7 the tissue itself [18]. Photons emerging from the biological samples (classified as turbid  
8 media) consist of a mixture of very few coherent and quasi-coherent photons, with a  
9 predominant component of incoherent photons which experienced multiple scattering  
10 events. Due to these latter phenomena and to measurement noise, DOT reconstruction  
11 is a mathematically severely ill-posed inverse problem: in this framework, standard  
12 backprojection algorithms, as routinely employed in X-ray CT, have indeed limited  
13 applicability, and more complex image-reconstruction algorithms must be adopted [21].  
14 Model-based image reconstruction algorithms have been for several years the standard  
15 approach in this field; they usually consist of three components [89]: i) a forward  
16 model, often based on partial differential equations, that provides a prediction of the  
17 measurements based on a guess of the system parameters; ii) an objective functional that  
18 compares the predicted data with the measured data; iii) an efficient way of updating  
19 the system parameters of the forward model, which in turn furnishes a new set of  
20 predicted data [88]. This latter point has been approached both by linearization (Born  
21 or Rytov approximations developed from an analytical solution to the forward model)  
22 and nonlinear iterations formulated as optimization problems. A more recent trend  
23 is machine learning-supported DOT image reconstruction, which is motivated by the  
24 outstanding performance of deep learning on computer vision problem tasks. Very few  
25 examples exist at present of this approach.

26 Aim of this paper is to review from a mathematical viewpoint, both in its  
27 theoretical analysis and computational aspects, the DOT reconstruction problem.  
28 Namely, we consider the inverse problem of reconstructing internal optical properties  
29 of a body/sample by measurements which are typically available on the boundary  
30 of the investigated body [13]. In practice, the measurements do not provide a full  
31 knowledge of the data. As a matter of fact, even if one performs a set of different  
32 experiments, with various excitation patterns (*i.e.*, with different influx and/or source  
33 terms) measurements can be collected only at discrete locations along the boundary of  
34 the domain. This implies that one has only partial knowledge of the induced response.  
35 Due to relevant technological differences, which directly impact on the reconstruction  
36 problem, we specifically focus on DOT based on Steady-State-Domain (SSD) systems,  
37 which are among the most widely used in clinical settings for breast cancer screening, a  
38 main field of application of DOT [104]. In this technology, the light source continuously  
39 emits light into the tissue at a single frequency (continuous wave modality, CW) and  
40 the propagated light fluence is measured on the tissue boundary. In some “non-contact”  
41 applications, the situation may also be more involved, since free-space propagation from

1 the sample boundary to a distant detector, for example a CCD sensor, through another  
2 medium (air, liquid) should also be considered. We will however not enter into details  
3 of this latter aspect.

4 We start discussing in Section 2 the derivation of the optical coefficients - which  
5 are the target quantities in the reconstruction - and we proceed to show model-driven  
6 approaches, being the most established and historical resolution methods. To do this,  
7 first we present in Section 3 the staple Radiative Transfer Model and then we derive  
8 the so-called “Diffuse Approximation”, based on a Schrödinger type equation. This  
9 is the most known and applied approximation used in the applications thanks to the  
10 description of light propagation with a reasonable accuracy and to the possibility of  
11 computing its numerical solution with efficient and fast algorithms. We then recall  
12 the main analytical results concerning the inverse problem of reconstructing both  
13 the diffusion and the absorption coefficients in the diffusion approximation equation,  
14 especially the well-known non-uniqueness result due to Arridge and Lionheart [20].  
15 However, imposing some a priori assumptions on the coefficients, a uniqueness result can  
16 be proven and stability estimates provided. Numerical algorithms are then discussed  
17 in Section 3 to tackle the computational solution of the problem, with a specific  
18 accent on regularization procedures. We also outline the concept of Bayesian approach  
19 and implementations in the DOT framework. Eventually, since recent progress in  
20 computational technology, including artificial intelligence (AI) and high-performance  
21 supercomputers, are expected to have a deep influence also on reconstruction in DOT, we  
22 address this point in Section 4 by presenting the available data-enhanced reconstruction  
23 approaches. Finally, in Section 5 we draw the conclusions of the paper and discuss some  
24 perspectives in this innovative and complex field.

25 For ease of reading, Tab.1 summarizes the main symbols used in the text, classified  
26 accordingly to the area they pertain. It is our convention to use bold letters for vectors  
27 as well as for discretized functions and matrices.

## 28 **2. Physical processes in light–tissue interaction and optical coefficients**

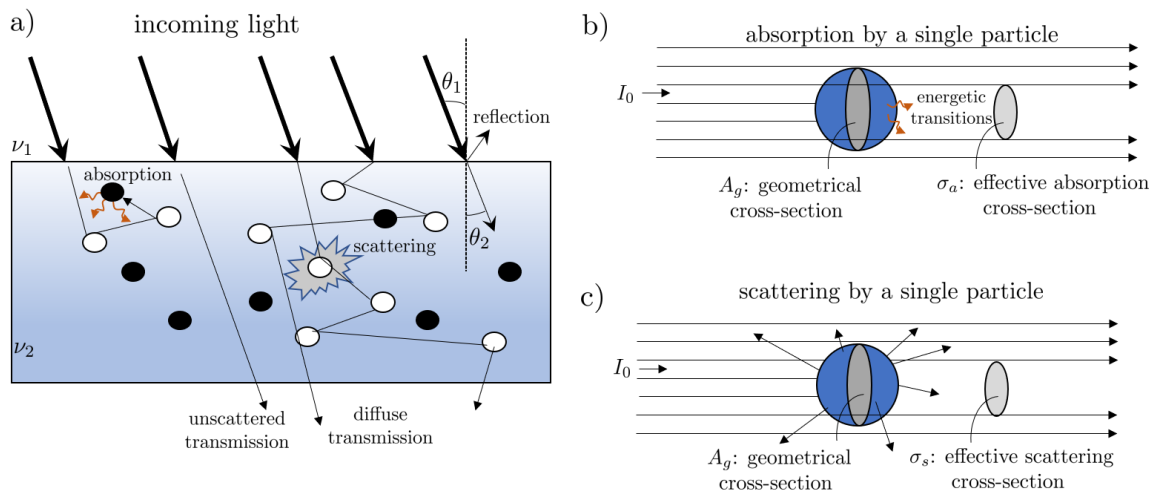
29 In this section we provide a concise discussion about the main physical phenomena  
30 occurring in light propagation in highly scattering media as biological tissues. Then, we  
31 present a derivation of the optical coefficients that mathematically describe the above  
32 phenomena and are the object of the DOT reconstruction.

33 The optical properties of biological tissues are the result of the internal tissue  
34 microstructure and refractive index distribution. These correlations are highly complex  
35 since due to structural complexity and diversity, with typical sizes ranging from tenths  
36 of nanometers to hundreds of micrometers. Figure 1a) shows the principal phenomena  
37 occurring to a light beam incident on a slice of biological matter and, namely, reflection,  
38 absorption and (multi)scattering. Such physical processes can be quantified by a series

Nomenclature	Description
<i>Geometrical quantities</i>	
$d$	spatial dimension (=2,3)
$\mathbf{r}$	position vector
$\widehat{\mathbf{s}}', \widehat{\mathbf{s}}$	in, out coming light directions
$d\widehat{\mathbf{s}}$	solid angle around direction $\widehat{\mathbf{s}}$
$S^{d-1}$	unit sphere in $\mathbb{R}^d$
<i>Physical model parameters</i>	
$\nu$	refraction coefficient
$\mu_s, \mu'_s$	scattering coefficient, reduced scattering coefficient
$D, \mu_a$	diffusion and absorption coefficient
$L, u$	light radiance (RTE model), fluence (DA model)
$p_s(\widehat{\mathbf{s}}, \widehat{\mathbf{s}}'), g$	normalized scattering phase function, avg cosine of scatter
$\delta$	noise level
<i>Functional spaces and operators</i>	
$Q, U, Y$	optical properties, optical field and data Banach spaces
$\Theta$	generic parameter space
$\mathcal{M} : D(\mathcal{M}) \subset (Q \times U) \rightarrow Y$	measurement map
$\mathcal{F} : \Theta \rightarrow Y$	forward map
$\mathcal{D} : Y \rightarrow [0, \infty]$	discrepancy measure
$\mathcal{R} : \Theta \rightarrow [0, \infty]$	regularization functional (with parameter $\lambda$ )
<i>Other mathematical symbols</i>	
$\Omega, \partial\Omega$	computational domain, boundary of the domain
$\mathbf{n}$	unit normal vector on $\partial\Omega$
<i>Discretization parameters</i>	
$h$	mesh size

**Table 1.** Symbols (organized into macro-areas) and relative significance as used in the text.

- 1 of parameters, which are presented as coefficients and include the index of refraction ( $\nu$ )  
2 and the absorption ( $\mu_a$ ) and scattering ( $\mu_s$ ) coefficients. Notice that the definition of  
3 such coefficients implicitly impinges on the hypothesis that the tissue is as an isotropic



**Figure 1.** a) Main physical phenomena occurring in light propagation in biological tissues, turbid media characterized by a highly complex structure; b) absorption by a single particle; c) scattering by a single particle.

1 medium. While the isotropy assumption is reasonable for “randomly” organized soft  
 2 tissues as the breast, it may not be true for highly structured tissues such as the muscle,  
 3 where a fully anisotropic description would be more appropriate.

#### 4 *2.1. Refraction*

5 The index of refraction is a measure of the bending of a ray of light when passing from one  
 6 medium into another. The (real part of the) refractive index at wavelength  $\lambda$  is defined  
 7 in terms of the phase velocity of light in the medium  $c_m = c_m(\lambda)$  with respect to the  
 8 velocity of light in vacuum  $c$  as  $\nu(\lambda) = c/c_m$ . When a light wave propagating in a material  
 9 with a given refractive index encounters a boundary with a medium with a mismatch  
 10 in the refraction index, the path of the light is redirected and reflection and refractive  
 11 transmission result, see Figure 1a), where  $\nu_1$  and  $\nu_2$  indicate the refraction indices  
 12 of the air and tissue, respectively. The amount of light reflected by and transmitted  
 13 through the boundary depends on the refractive indices of the two materials, the angle  
 14 of incidence (via the Snell’s law  $\nu_1 \sin \theta_1 = \nu_2 \sin \theta_2$ , see Figure 1a), and the polarization  
 15 of the incoming wave [109].

#### 16 *2.2. Absorption*

17 Absorption is a process involving the extraction of energy from light by a molecular  
 18 species -and in particular by some of its parts, known as chromophores - which  
 19 undergo a transition process (electronic transition or vibrational state transition). The  
 20 probability of transition between different states or energy levels is governed by complex  
 21 quantum mechanical rules that depend on the chemical structure, size, and symmetry  
 22 of the molecules. The level of absorption of incident light by tissue chromophores

1 provides a measure of water content, hemoglobin saturation with oxygen, and possible  
 2 concentration of pharmaceutical products in blood and tissues. These characteristics  
 3 can be used in the diagnosis of various diseases as for example cancer or stroke, which are  
 4 known to alter such physiological values [123]. Since living tissues do not contain strong  
 5 intrinsic chromophores that absorb radiation in the NIR band [144], DOI applications  
 6 take advantage of this wavelength window which allows deeper penetration. For a  
 7 localized absorber, the absorption cross section  $\sigma_a$  ( $\text{cm}^2$ ) - independent of the relative  
 8 orientation of the impinging light and the absorber- can be defined as  $\sigma_a = Q_a A_g$ , where  
 9  $A_g$  is the geometrical cross section of the particle and  $Q_a$  an efficiency correction factor.  
 10 One can imagine that the localized absorber “blocks incident light and casts a shadow”,  
 11 which constitutes absorption, see Figure 1b). The absorption cross section corresponds  
 12 then to the ratio

$$13 \quad \sigma_a = \frac{P_{abs}}{I_0}, \quad (1)$$

14 where  $P_{abs}$  (W) is the amount of power absorbed out of an initially uniform plane wave  
 15 of intensity  $I_0$  ( $\text{W}/\text{cm}^2$ ) which invests the particle. A medium with a distribution of  
 16 identical absorbing particles with density  $\rho_a = \rho_a(\mathbf{r})$  ( $\#/ \text{cm}^3$ ) can be characterized by  
 17 the absorption coefficient  $\mu_a$  ( $\text{cm}^{-1}$ ) given by

$$18 \quad \mu_a(\mathbf{r}) = \rho_a(\mathbf{r})\sigma_a. \quad (2)$$

19 Notice that the probability per infinitesimal path length that a photon will be absorbed  
 20 by the tissue is given by  $1/\mu_a$ . A transmission measurement through a pathlength of an  
 21 absorbing medium of thickness  $L_t$  (cm) with light intensity  $I_0$  entering the sample and  
 22 light intensity  $I$  leaving the sample is modeled by the Beer-Lambert law, which linearly  
 23 correlates absorbance and concentration of an absorbing species as

$$24 \quad I = I_0 e^{-\mu_a L_t}. \quad (3)$$

25 Historically, the definition of  $\mu_a$  was based on spectrometers that reported transmission  
 26  $T = I/I_0 = 10^{-\varepsilon_\lambda C L_t}$ , where  $\varepsilon_\lambda$  ( $\text{cm}^2 \text{mol}^{-2}$ ) is the extinction coefficient, which is a  
 27 measure of the “absorbing power” of the species at wavelength  $\lambda$ , and  $C$  is the molar  
 28 concentration ( $\text{mol cm}^{-3}$ ) of the absorption species. Therefore,  $\mu_a = \varepsilon C \log(10)$ . In a  
 29 complex medium, where several chromophores contribute to absorption, the absorption  
 30 coefficient can be expressed as

$$31 \quad \mu_a = \sum_i \varepsilon_{i,\lambda} C_i, \quad (4)$$

32 where  $\varepsilon_{i,\lambda}$  and  $C_i$  are the extinction coefficient and concentration of the  $i$ -th  
 33 chromophore, respectively. At NIR wavelengths the main absorbing chromophores in  
 34 biological tissues are haemoglobin (in its oxy-generated or deoxy-generated forms), and to  
 35 a lesser extent water, lipids, melanin, myoglobin, and cytochromes. In this setting, one  
 36 can write

$$37 \quad \mu_a = B(\text{Sat} \cdot \mu_{a,oxy} + (1 - \text{Sat}) \cdot \mu_{a,deoxy}) + W \mu_{a,water} + \sum_i \varepsilon_{i,NIR} C_i, \quad (5)$$

1 where  $Sat$  is blood oxygen saturation,  $B$  is blood volume fraction in the tissue,  $W$  water  
2 content in the tissue and the sum accounts for other minor absorbers.

### 3 2.3. Scattering

4 Scattering originates from the interaction of photons with structural heterogeneities  
5 present inside the material, mainly cellular organelles such as mitochondria, thin fibrillar  
6 structures of connective tissues, melanin granules, and red blood cells and from the non-  
7 uniform temporal/spatial distribution of refractive index in the medium. The scattering  
8 interaction between a photon and a molecule results in a photon moving in a different  
9 direction. When scattering is elastic, the photon emerges at the same frequency of  
10 the incident beam and without extraction of energy. Elastic scattering represents the  
11 most significant scattering events in the NIR windows, unelastic scattering such as  
12 fluorescence, phosphorescence, and Raman scattering being negligible. Particles with  
13 a characteristic dimension similar to or greater than the incident wavelength, like cell  
14 nuclei, mainly scatter in a forward direction (Mie scattering), while structures with a  
15 characteristic dimension smaller than the incident wavelength, like the cytoskeleton  
16 and mitochondrial membranes, have a more isotropic scattering pattern (Rayleigh  
17 scattering or also small-scale limit of Mie scattering). The presence in biological  
18 tissues of both large and small structures causes both Mie and Rayleigh scattering  
19 events. Moreover, the presence of non-spherical scattering bodies further complicates  
20 the modeling problem. Analogously to (1) - but in a merely a convenient way to quantify  
21 the scattering strength without a geometrical significance - one can define a scattering  
22 cross section  $\sigma_s$  (cm<sup>2</sup>) as  $\sigma_s = Q_s A_g$ , where  $Q_s$  is the scattering efficiency and  $A_g$  the  
23 geometrical area of the scatterer, see Figure 1c). The scattering cross section corresponds  
24 then to the ratio

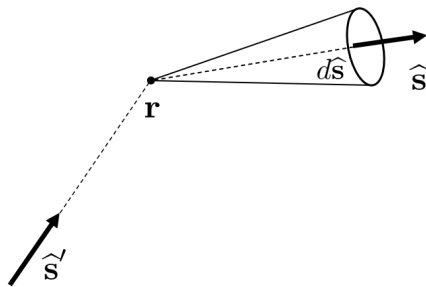
$$25 \quad \sigma_s(\hat{\mathbf{s}}) = \frac{P_{scatt}}{I_0}, \quad (6)$$

26 where  $P_{scatt}$  (W) is the amount of power which is spatially redirected (scattered) along  
27 the outgoing direction  $\hat{\mathbf{s}}$ . The angular distribution of the scattered radiation is given by  
28 the differential cross section  $\frac{d\sigma_s}{d\hat{\mathbf{s}}}(\hat{\mathbf{s}}', \hat{\mathbf{s}})$ , where the outgoing direction  $\hat{\mathbf{s}}$  defines the axis  
29 of a cone of solid angle  $d\hat{\mathbf{s}}$  originating at the scatterer, see Figure 2. Notice that in the  
30 definition (6) we have implicitly assumed that the scattering cross section is independent  
31 of the relative orientation  $\hat{\mathbf{s}}'$  of the incident light and the scatterer. A medium containing  
32 a uniform distribution of identical scatterers is characterized by the scattering coefficient

$$33 \quad \mu_s(\mathbf{r}) = \rho_s(\mathbf{r})\sigma_s, \quad (7)$$

34 where  $\rho_s$  (#/cm<sup>3</sup>) is the number density of scatterers. The scattering mean free path  
35  $l_s = 1/\mu_s$  represents the average distance a photon travels between consecutive scattering  
36 events.





**Figure 2.** Notation for a single scattering event: light incides at position  $\mathbf{r}$  from direction  $\hat{\mathbf{s}}'$  and is scattered in direction  $\hat{\mathbf{s}}$  around a cone of angle  $d\hat{\mathbf{s}}'$ .

### 1 3. Physics-driven approaches

2 In this section we deal with approaches known as physics-driven (or *knowledge-driven*)  
 3 modeling because the reconstruction procedure utilizes implicitly or explicitly the  
 4 knowledge of mathematical models of the implied physical phenomena. Optical imaging  
 5 modalities involve physical phenomena which can be modeled by partial differential  
 6 equations (PDEs), whose solutions depend on unknown parameters representing the  
 7 coefficients of the PDEs themselves. The crucial step in the reconstruction of the  
 8 unknowns is thus generally performed by a PDE-based map and the related optimization  
 9 problem combines the boundary measurements with the solution of the PDE modeling  
 10 the problem. Let  $\Omega$  be the bounded domain in  $\mathbb{R}^d$ ,  $d = 2, 3$ , with boundary  $\partial\Omega$ ,  
 11 representing the sample under investigation. We denote by  $q \in Q$  the set of spatially  
 12 dependent optical parameters and by  $u \in U$  the state variable corresponding to the  
 13 light distribution field in the body upon application of a light source. Here  $Q$  and  $U$   
 14 are generic Banach spaces. We consider the PDE problem

$$\begin{aligned}
 \mathcal{L}(u, q) &= f \quad \text{in } \Omega, \\
 \mathcal{B}(u) &= r \quad \text{on } \partial\Omega,
 \end{aligned}
 \tag{8}$$

16 where  $\mathcal{L} : D(\mathcal{L}) \subseteq U \times Q \rightarrow Z$  is a differential operator expressed by a polynomial  
 17 in the derivatives of the state variable  $u \in U$  and depending on parameters  $q \in Q$ ,  
 18 and  $f$  is a given source term. The differential operator is augmented by generic  
 19 (Dirichlet, Neumann or Robin) boundary conditions, represented by the operator  $\mathcal{B}$ , in  
 20 order to guarantee the well-posedness of problem (8) in appropriate functional spaces.  
 21 Under suitable assumptions on the Fréchet differentiability of the operator  $\mathcal{L}$ , see for  
 22 example [99], one can introduce the parameter-to-state map  $S : D(S) \subseteq Q \rightarrow U$ , *i.e.*  
 23  $S(q) = u$ , which is a solution to the boundary value problem (8). We then define the  
 24 forward map as  $\mathcal{F} = P \circ S$ ,  $P$  being the observation operator, providing the measured  
 25 data on the boundary of the domain. Hence, the inverse problem of the identification  
 26 of the set of parameters  $q$ , subject to (8), can be equivalently rewritten as the operator  
 27 equation

$$\mathcal{F}(q) = y_q \approx y_\delta,
 \tag{9}$$

1 where  $y_\delta$  is the noisy measurement vector for some noise level  $\delta \geq 0$  obtained via the  
2 measurement map

$$3 \quad y_\delta = \mathcal{M}(q; u). \quad (10)$$

4 Here  $\mathcal{M} : D(\mathcal{M}) \subset (Q \times U) \rightarrow Y$  is a possibly nonlinear map and  $Y$  is a Banach space.

5 In the following of this section we provide a brief review of the derivation of models of  
6 type (8) for DOI applications.

### 7 *3.1. Mathematical models of light-tissue interaction: Radiative Transfer Model*

8 The knowledge of light distribution during irradiation in a tissue with known optical  
9 properties is a fundamental point in DOI applications. Classical Maxwell theory  
10 considers light to be an oscillating electromagnetic field. However, the multiple  
11 scattering events and associated decoherence effects in turbid media effectively suppress  
12 the wave nature of light; therefore, instead of tracking light waves, one can track only  
13 the average energy they contain. The flow of light energy through the medium is  
14 described by radiation transport (RT) theory, a continuum-based model which explicitly  
15 disregards wave interference effect [92]. Let  $N(\mathbf{r}, \hat{\mathbf{s}}, t)$  ( $\text{cm}^{-3}\text{sr}^{-1}$ ) be the photon density,  
16 that is the number of photons per unit volume at a position  $\mathbf{r}$ , propagating in direction  
17  $\hat{\mathbf{s}}$  within a solid angle  $d\hat{\mathbf{s}}$  at time  $t$ . The photon density can be connected to the scalar  
18 field energy radiance  $L(\mathbf{r}, \hat{\mathbf{s}}, t)$  as  $L = E_{\text{phot}}cN$  ( $\text{Wcm}^{-2}\text{sr}^{-1}$ ),  $E_{\text{phot}}$  being the quantized  
19 photon energy. The RTE is an energy balance equation which considers a small volume  
20 of tissue  $V$  with absorbing and scattering centers uniformly distributed inside. The  
21 change in energy in the volume within the solid angle element per unit time is given by

$$22 \quad \frac{1}{c} \frac{\partial}{\partial t} \int_V L dV = \underbrace{- \int_V \nabla L \cdot \hat{\mathbf{s}} dV}_{\text{transport term}} - \underbrace{\int_V (\mu_a + \mu_s) L dV}_{\text{extinction}} + \underbrace{\int_V \mu_s \int_{S^{d-1}} p_s(\hat{\mathbf{s}}, \hat{\mathbf{s}}') L d\hat{\mathbf{s}}' dV}_{\text{cross-scattering}} + \underbrace{\int_V f dV}_{\text{internal source}}, \quad (11)$$

23 where  $\mu_a$  and  $\mu_s$  are the optical coefficients introduced in Section 2 and  $p_s$  [ $\text{sr}^{-1}$ ] is  
24 the scattering phase function (see below). Moreover, “extinction” represents energy  
25 loss due to absorption and scattering from propagation direction  $\hat{\mathbf{s}}$  to direction  $\hat{\mathbf{s}}'$ , and  
26 cross-scattering describes the energy gain due to scattering from any direction  $\hat{\mathbf{s}}'$  and  
27 scattered into  $d\hat{\mathbf{s}}$  around direction  $\hat{\mathbf{s}}$  per unit time. Function  $f$  stands for a source term  
28 in the medium. Relation (11) is an equation of integro-differential type.

29 *3.1.1. Scattering phase function* The normalized scattering phase function  $p_s(\hat{\mathbf{s}}, \hat{\mathbf{s}}')$   
30 represents the probability density function for scattering from an incident direction  $\hat{\mathbf{s}}'$   
31 into a new direction  $\hat{\mathbf{s}}$  within the unit solid angle  $d\hat{\mathbf{s}}$  (see Figure 2). Hence

$$32 \quad p_s(\hat{\mathbf{s}}, \hat{\mathbf{s}}') \geq 0, \quad \forall \hat{\mathbf{s}}, \hat{\mathbf{s}}' \in S^{d-1},$$

1 where  $S^{d-1} = \{s : s = (s_1, \dots, s_d), |s| = 1\}$  is the unit sphere in  $\mathbb{R}^d$ . The phase  
 2 function has to satisfy some mathematical properties, reflecting the physical properties  
 3 of the light and the scattering process:

- 4 • it is standard the assumption that the probability of scattering over  $S^{d-1}$  is equal  
 5 to one, regardless of the incoming radiation direction, that is

$$6 \quad \int_{S^{d-1}} p_s(\widehat{\mathbf{s}}, \widehat{\mathbf{s}}') d\widehat{\mathbf{s}}' = 1, \quad \forall \widehat{\mathbf{s}} \in S^{d-1}, \quad (12)$$

- 7 • the phase function satisfies the so-called “reciprocity of light propagation” property  
 8 which corresponds mathematically to require that

$$9 \quad p_s(\widehat{\mathbf{s}}, \widehat{\mathbf{s}}') = p_s(-\widehat{\mathbf{s}}', -\widehat{\mathbf{s}}).$$

10 In case when the scattering is independent on the absolute direction of the incident  
 11 light, the phase function fulfills the further relation

$$12 \quad p_s(\widehat{\mathbf{s}}, \widehat{\mathbf{s}}') = p_s(-\widehat{\mathbf{s}}, -\widehat{\mathbf{s}}'),$$

13 which corresponds to an isotropy condition. More precisely, the scattering phase  
 14 function depends only on the angle between the incident  $\widehat{\mathbf{s}}$  and scattered directions  
 15  $\widehat{\mathbf{s}}'$ , hence is a function of only  $\widehat{\mathbf{s}}' \cdot \widehat{\mathbf{s}}$ . In this context, a constant of interest is the cosine-  
 16 weighted average of the scattering (expectation value of the cosine of the scattering  
 17 angle or average cosine of scatter), that is

$$18 \quad g = \int_{S^{d-1}} p_s(\widehat{\mathbf{s}} \cdot \widehat{\mathbf{s}}') \widehat{\mathbf{s}} \cdot \widehat{\mathbf{s}}' d\widehat{\mathbf{s}}', \quad g \in [-1, 1]. \quad (13)$$

19 This is a measure of the forward scattering bias and quantifies how efficiently photons  
 20 keep propagating in the forward direction despite scatter [85]. When  $g = 0$  one has  
 21 fully isotropic scattering, while when  $g \rightarrow 1$  the propagation is strongly forward biased,  
 22 that is scattering vanishes, and for  $g \rightarrow -1$  scattering becomes completely backward  
 23 directed. For in vitro tissues at the visible and NIR wavelengths one has typically  
 24  $0.65 < g < 0.95$  [93].

25 A convenient approximate model for  $p_s(\widehat{\mathbf{s}} \cdot \widehat{\mathbf{s}}')$  is derived from the so-called *Henyey-*  
 26 *Greenstein* function  $H_d(\widehat{\mathbf{s}} \cdot \widehat{\mathbf{s}}'; g)$ , which has different expressions depending on the space  
 27 dimension  $d$ . For example, when  $d = 3$ , we have that

$$28 \quad H_3(\widehat{\mathbf{s}} \cdot \widehat{\mathbf{s}}'; g) = \frac{1}{4\pi} \frac{1 - g^2}{(1 + g^2 - 2g\widehat{\mathbf{s}} \cdot \widehat{\mathbf{s}}')^{3/2}}.$$

29 Making use of Legendre polynomials  $P_l, l = 1, \dots, \infty$ , we can represent the function  $H_3$   
 30 as a series, i.e.,

$$31 \quad H_3(\widehat{\mathbf{s}} \cdot \widehat{\mathbf{s}}'; g) = \sum_{l=0}^{\infty} \frac{2l+1}{4\pi} h_l P_l(\widehat{\mathbf{s}} \cdot \widehat{\mathbf{s}}'), \quad (14)$$

32 where the coefficient  $(2l+1)/4\pi$  is added only for numerical convenience. By  
 33 straightforward calculations one finds the useful property that the coefficients of the  
 34 expansion (14) are the powers of the parameter  $g$ , that is

$$35 \quad h_l = \int_{S^2} P_l(\tau) H_3(\tau) d\tau = g^l, \quad \text{for } l \geq 0.$$

1 In the two-dimensional setting, given that  $\widehat{\mathbf{s}} = \varphi$  and  $\widehat{\mathbf{s}}' = \varphi'$ , where  $\varphi, \varphi'$  are two  
2 arbitrary angles, the Henyey-Greenstein function has the following expression

$$3 \quad H_2(\varphi, \varphi'; g) = \frac{1}{2\pi} \frac{1 - g^2}{1 + g^2 - 2g \cos(\varphi - \varphi')},$$

4 which can be represented as a Fourier series (similarly to (14)), see [85].

5 We mention that the Henyey-Greenstein function is not only the possible choice  
6 for the phase function. In the literature, in fact, the modified Henyey-Greenstein and  
7 delta-Eddington functions have also been postulated to represent single scattering phase  
8 functions for tissue. We refer the reader to [87] for more details.

9 Assuming sufficient regularity one can write the differential formulation of (11) as

$$\left( \frac{1}{c} \frac{\partial}{\partial t} + \widehat{\mathbf{s}} \cdot \nabla + (\mu_a + \mu_s)(\mathbf{r}) \right) L(\mathbf{r}, \widehat{\mathbf{s}}, t) - Q(L)(\mathbf{r}, \widehat{\mathbf{s}}, t) = 0 \quad \text{in } \Omega \times S^{d-1} \times [0, \infty), \quad (15)$$

10 where

$$11 \quad Q(L)(\mathbf{r}, \widehat{\mathbf{s}}, t) = -\mu_s(\mathbf{r}) \int_{S^{d-1}} p_s(\widehat{\mathbf{s}}' \cdot \widehat{\mathbf{s}}) L(\mathbf{r}, \widehat{\mathbf{s}}', t) d\widehat{\mathbf{s}}' - f(\mathbf{r}, \widehat{\mathbf{s}}, t). \quad (16)$$

12 Applying the Fourier transform with respect to the time variable in (15)-(16), the  
13 previous equation is written in the frequency domain as

$$14 \quad \left( \frac{i\omega}{c} + \widehat{\mathbf{s}} \cdot \nabla + (\mu_a + \mu_s)(\mathbf{r}) \right) L(\mathbf{r}, \widehat{\mathbf{s}}) - Q(L)(\mathbf{r}, \widehat{\mathbf{s}}) = 0, \quad \text{in } \Omega \times S^{d-1}, \quad (17)$$

15 where for simplicity we omit the dependence of  $L(\mathbf{r}, \widehat{\mathbf{s}})$  from  $\omega \in [0, +\infty)$ . We define  
16 the boundary sets

$$17 \quad \Gamma_{\pm} = \{(\mathbf{r}, \widehat{\mathbf{s}}) \in \partial\Omega \times S^{d-1} \text{ such that } \pm \widehat{\mathbf{s}} \cdot \mathbf{n} > 0\},$$

18 where  $\mathbf{n}$  is the outer unit normal vector to the domain at  $\mathbf{r} \in \partial\Omega$ . Adding to (17)  
19 boundary conditions on  $\Gamma_-$ , we get the following boundary value problem

$$\left( \frac{i\omega}{c} + \widehat{\mathbf{s}} \cdot \nabla + (\mu_a + \mu_s)(\mathbf{r}) \right) L(\mathbf{r}, \widehat{\mathbf{s}}) - Q(L)(\mathbf{r}, \widehat{\mathbf{s}}) = 0, \quad \text{in } \Omega \times S^{d-1}, \quad (18)$$

$$L(\mathbf{r}, \widehat{\mathbf{s}}) = g_L(\mathbf{r}, \widehat{\mathbf{s}}), \quad \text{on } \Gamma_-, \quad (19)$$

20 where  $g_L$  represents the flux of particles incident on  $\partial\Omega$  at the point  $\mathbf{r} \in \partial\Omega$ . In order  
21 to provide a mathematical characterization, we set

$$22 \quad \mathcal{Q}_{ad} = \{(\mu_a, \mu_s) : \mu_a, \mu_s \geq 0, (\mu_a, \mu_s) \in L^\infty(\Omega) \times L^\infty(\Omega)\}, \quad (20)$$

23 which states that the absorption and the scattering coefficients  $\mu_a, \mu_s$  are nonnegative  
24 and bounded functions. For the phase function, we require that  $p_s \in L^1(S^{d-1})$ . We also  
25 introduce the functional spaces

$$L_{\widehat{\mathbf{s}} \cdot \mathbf{n}}^2(\Gamma_{\pm}) := \left\{ \eta(\mathbf{r}, \widehat{\mathbf{s}}) : \int_{\Gamma_{\pm}} \eta^2(\mathbf{r}, \widehat{\mathbf{s}}) |\widehat{\mathbf{s}} \cdot \mathbf{n}(\mathbf{r})| d\sigma(\mathbf{r}) d\widehat{\mathbf{s}} < +\infty \right\},$$

$$\mathcal{W}^2(\Omega \times S^{d-1}) := \left\{ \eta(\mathbf{r}, \widehat{\mathbf{s}}) : \eta \in L^2(\Omega \times S^{d-1}), \widehat{\mathbf{s}} \cdot \nabla \eta \in L^2(\Omega \times S^{d-1}) \right\}.$$

26 In this functional setting, the well-posedness of the boundary value problem (18)-(19)  
27 has been proved, see for example [4, 121].

1 **Proposition 3.1** Assume that  $(\mu_a, \mu_s) \in \mathcal{Q}_{ad}$ ,  $\omega$  is finite,  $g_L \in L^2_{\widehat{\mathbf{s}}\cdot\mathbf{n}}(\Gamma_-)$ , and  $f(\mathbf{r}, \widehat{\mathbf{s}}) \in$   
 2  $L^2(\Omega \times S^{d-1})$ . Then the forward problem (18)-(19) is well-posed and admits a unique  
 3 solution  $L(\mathbf{r}, \widehat{\mathbf{s}}) \in \mathcal{W}^2(\Omega \times S^{d-1})$ .

4 As in [121], we can then define the following operator, called the albedo operator, which  
 5 maps the incoming flux on the boundary  $\Gamma_-$  into the outgoing flux on  $\Gamma_+$ ,

$$6 \quad M : g_L \in L^2_{\widehat{\mathbf{s}}\cdot\mathbf{n}}(\Gamma_-) \rightarrow L|_{\Gamma_+} \in L^2_{\widehat{\mathbf{s}}\cdot\mathbf{n}}(\Gamma_+),$$

7 which depends on the optical parameters  $\mu_a$  and  $\mu_s$ . We point out that in practice only  
 8 measurements of the outgoing currents, which are averages of the outgoing flux, are  
 9 available [53, 121].

10 *Diffusion approximation.* The RTE model is of integro-differential type and requires  
 11 heavy computations to get accurate solutions. To overcome this issue, typically, an  
 12 approximation of the RTE equation is considered, based on the assumption that the  
 13 photons propagate diffusively through the tissue [95]. A standard approximation method  
 14 for the RTE is the  $P_N$  approximation, see e.g. [46], which consists of expanding the  
 15 radiance, the phase function in (16), and the source term via spherical harmonics, when  
 16  $d = 3$ , and via Fourier series, in the case  $d = 2$  ( see for example [18, 85]). If the series is  
 17 truncated at order  $N$ , we get the so-called  $P_N$  approximation. The  $P_1$  case corresponds  
 18 to the Diffusion Approximation (DA), as explained, for example, in [18, 21, 19]. Since  
 19 the  $P_N$  approximation is well-known in the literature [18] and in the sequel we work with  
 20 the  $P_1$  approximation only, we summarize here the principal step for getting the DA  
 21 framework by a projection argument, as in [86]. With this target, given  $\widehat{\mathbf{s}} = (\widehat{s}_1, \dots, \widehat{s}_d)$ ,  
 22 we introduce the spanning set

$$23 \quad A_1 = \text{span}\{1, x_i, \quad 1 \leq i \leq d\} \subset L^2(S^{d-1}),$$

24 which is composed of polynomial of degree less or equal than one. Defining the projection  
 25 operator  $\Pi : L^2(S^{d-1}) \rightarrow A_1$ , and the *photon fluence* [ $\text{W cm}^{-2}$ ] and the *photon current*  
 26 [ $\text{W cm}^{-1}$ ] which are given by

$$27 \quad u(\mathbf{r}, t) = \int_{S^{d-1}} L(\mathbf{r}, \widehat{\mathbf{s}}', t) d\widehat{\mathbf{s}}', \quad (21)$$

$$28 \quad \mathbf{F}(\mathbf{r}, t) = \int_{S^{d-1}} \widehat{\mathbf{s}}' L(\mathbf{r}, \widehat{\mathbf{s}}', t) d\widehat{\mathbf{s}}', \quad (22)$$

29 then the  $P_1$ -approximation of the radiance corresponds to the projection of the radiance  
 30 in  $A_1$ , that is,

$$31 \quad L(\mathbf{r}, \widehat{\mathbf{s}}, t) \approx \Pi L(\mathbf{r}, \widehat{\mathbf{s}}, t) = \frac{1}{|S^{d-1}|} u(\mathbf{r}, t) + \frac{d}{|S^{d-1}|} \mathbf{F}(\mathbf{r}, t) \cdot \widehat{\mathbf{s}}, \quad (23)$$

32 thanks to variational arguments. DA is obtained by integrating over  $S^{d-1}$  the RTE (15)  
 33 and the RTE (15) multiplied by  $\widehat{\mathbf{s}}$ , and then using (12) and the first order approximations  
 34 for the radiance (23), both for the phase function  $p_s$  and for the source term  $f$ . After

1 lengthy calculations, we get two coupled equations in terms of the photon density and  
2 current

$$3 \quad \frac{1}{c} \frac{\partial u}{\partial t} + \mu_a u + \nabla \cdot \mathbf{F} = f_0, \quad (24)$$

$$4 \quad \frac{1}{c} \frac{\partial \mathbf{F}}{\partial t} + (\mu_a + \mu'_s) \mathbf{F} + \frac{1}{d} \nabla u = \mathbf{f}_1, \quad (25)$$

5 where  $\mu'_s$  is the so-called *effective or reduced scattering coefficient* defined as

$$6 \quad \mu'_s = \mu_s(1 - g), \quad (26)$$

7 and

$$8 \quad f_0(\mathbf{r}, t) = \int_{S^{d-1}} f(\mathbf{r}, \hat{\mathbf{s}}, t) d\hat{\mathbf{s}}, \quad \mathbf{f}_1(\mathbf{r}, t) = \int_{S^{d-1}} \hat{\mathbf{s}} f(\mathbf{r}, \hat{\mathbf{s}}, t) d\hat{\mathbf{s}}.$$

9 In order to get a single second order partial differential equation, we consider other two  
10 possible simplifications, assuming that

- 11 (i) only isotropic sources exist, i.e. the linearly anisotropic source term  $\mathbf{f}_1 = \mathbf{0}$ ;  
12 (ii) the change with respect to the time of the flux is assumed to be negligible (or,  
13 alternatively, proportional to  $\mathbf{F}$ ),  $\partial \mathbf{F} / \partial t \approx 0$ .

14 The previous two assumptions hold when the medium is scattering dominated, which  
15 corresponds to the physical condition  $\mu_s \gg \mu_a$ , that is the diffusion approximation (DA)  
16 to the RTE is valid in the regime where the scattering length is small compared to the  
17 distance of propagation. Moreover, the phase function is independent of the absolute  
18 angle and the photon flux changes slowly and that all sources are isotropic. A detailed  
19 description of reduction process is given in [21]. With the two assumptions stated above,  
20 equation (25) reduces to Fick's law

$$21 \quad \mathbf{F} = \frac{1}{d(\mu_a + \mu'_s)} \nabla u = -D \nabla u, \quad (27)$$

22 where

$$23 \quad D = \frac{1}{d(\mu_a + \mu'_s)} \sim \frac{1}{d\mu'_s} \quad (28)$$

24 is the diffusion coefficient. Inserting the expression (27) for  $\mathbf{F}$  into the equation (24),  
25 we finally get the diffusion approximation of the RTE, that is

$$26 \quad \frac{1}{c} \frac{\partial}{\partial t} u(\mathbf{r}, t) - \nabla \cdot (D(\mathbf{r}) \nabla u(\mathbf{r}, t)) + \mu_a(\mathbf{r}) u(\mathbf{r}, t) = f_0(\mathbf{r}, t). \quad (29)$$

27 In applications like the SSD-DOT, one can assume that the distribution of light inside  
28 the domain of interest is instantaneous. Mathematically, this corresponds to reducing  
29 the problem to a stationary equation, hence assuming that  $\frac{1}{c} \frac{\partial}{\partial t} u(\mathbf{r}, t) \simeq 0$ . Then, with  
30 this further simplification, (29) reduces to following elliptic equation

$$31 \quad -\nabla \cdot (D(\mathbf{r}) \nabla u(\mathbf{r})) + \mu_a(\mathbf{r}) u(\mathbf{r}) = f_0(\mathbf{r}). \quad (30)$$

32 To get a well-posed problem, (30) requires the specification of suitable boundary  
33 conditions. The simplest conditions one can consider are homogeneous Dirichlet

1 boundary conditions but they are physically incorrect [19, 124]. In fact, in applications  
 2 (30) is often supplemented with a Robin-type boundary condition, also known as the  
 3 partial current boundary condition [18, 19, 124, 127]. Briefly, we introduce the total  
 4 inward- and outward-directed photon fluxes at a point  $\mathbf{r} \in \partial\Omega$  as follows

$$J_-(\mathbf{r}) := - \int_{\widehat{\mathbf{s}} \cdot \mathbf{n}(\mathbf{r}) < 0} \widehat{\mathbf{s}} \cdot \mathbf{n}(\mathbf{r}) L(\mathbf{r}, \widehat{\mathbf{s}}) d\widehat{\mathbf{s}}, \quad (31)$$

$$J_+(\mathbf{r}) := \int_{\widehat{\mathbf{s}} \cdot \mathbf{n}(\mathbf{r}) > 0} \widehat{\mathbf{s}} \cdot \mathbf{n}(\mathbf{r}) L(\mathbf{r}, \widehat{\mathbf{s}}) d\widehat{\mathbf{s}}. \quad (32)$$

5 It is straightforward to show that, thanks to the  $P_1$  approximation (23),

$$J_-(\mathbf{r}) = c_d u(\mathbf{r}) - \frac{1}{2} \mathbf{n} \cdot \mathbf{F}(\mathbf{r}), \quad J_+(\mathbf{r}) = c_d u(\mathbf{r}) + \frac{1}{2} \mathbf{n} \cdot \mathbf{F}(\mathbf{r}), \quad (33)$$

7 where  $c_d$  is a constant depending on the space dimension ( $c_d = 1/\pi$  if  $d = 2$ , and  $c_d = 1/4$   
 8 if  $d = 3$ ). In the simplest setting, one can assume that the total inward-directed photon  
 9 flux on  $\partial\Omega$  is zero, i.e.  $J_-(\mathbf{r}) = 0$ ,  $\mathbf{r} \in \partial\Omega$ . The use of the Fick's law (27) in the first  
 10 equation of (33), with the assumption that  $J_-(\mathbf{r}) = 0$  for  $\mathbf{r} \in \partial\Omega$ , yields the Robin  
 11 boundary condition

$$u(\mathbf{r}) + \frac{D}{2c_d} \frac{\partial u(\mathbf{r})}{\partial \mathbf{n}} = 0, \quad \mathbf{r} \in \partial\Omega. \quad (34)$$

13 This represents the physical situation of a nonscattering medium surrounding  $\Omega$ , i.e.  
 14 no diffuse surface reflection on  $\partial\Omega$  occurs [127]. However, in practical situations, it  
 15 is mandatory to consider the case where the object has a different refractive index to  
 16 the surrounding medium, as depicted in Figure 1a). In fact, in this circumstance, it  
 17 could happen that a large portion of the radiant energy is reflected back into the object.  
 18 Therefore, the feasible relation to consider between the fluxes is

$$J_-(\mathbf{r}) = R J_+(\mathbf{r}), \quad \mathbf{r} \in \partial\Omega, \quad (35)$$

20 where  $0 \leq R \leq 1$  is the reflection coefficient on the boundary  $\partial\Omega$ . Note that, from  
 21 the previous relation, we recover the special case of no boundary reflection (34) when  
 22  $R = 0$ . There are different options to calculate the parameter  $R$ , see for more details  
 23 [127]. Usually it is derived from the Fresnel's law [127], that is, denoting by  $\nu_1$  and  $\nu_2$   
 24 the refractive indices of the medium and of the external part respectively, the reflection  
 25 coefficient  $R$  can be also derived, when  $\nu_2 = 1$ , by an experimental fit [1], that is

$$R \simeq -1.4399\nu_1^{-2} + 0.7099\nu_1^{-1} + 0.6681 + 0.0636\nu_1.$$

27 From the equality (35) and using again the Fick's law (27) in both the equations of (33),  
 28 we eventually obtain the following Robin boundary condition

$$u(\mathbf{r}) + \frac{\zeta D(\mathbf{r})}{2c_d} \frac{\partial u(\mathbf{r})}{\partial \mathbf{n}} = 0, \quad \mathbf{r} \in \partial\Omega, \quad (36)$$

30 where  $\zeta = (1 + R)/(1 - R)$ . Summarizing, the DA model is reduced to the study of the  
 31 following boundary value problem

$$-\nabla \cdot (D\nabla u) + \mu_a u = f_0, \quad \text{in } \Omega, \quad (37)$$

$$u + \frac{\zeta D}{2c_d} \frac{\partial u}{\partial \mathbf{n}} = 0, \quad \text{on } \partial\Omega. \quad (38)$$

1 In some technological arrangements, part of the boundary  $\partial\Omega$  of the object under  
 2 investigation may be supported on a solid plate containing a certain number of light  
 3 sources (see, e.g., [48]). Therefore, different boundary conditions have to be chosen on  
 4 the contact surface between the medium and the plate [31, 30, 19, 124] or the light  
 5 sources on the boundary of the domain can be approximated as source terms in the  
 6 equation (37), see for example [19, 86, 115]. In fact, in the DA approximation, light  
 7 sources can be modeled by using the so-called *collimated model*: the source (assuming  
 8 that only one boundary source is activated) is modeled as an isotropic internal point  
 9 source localized to within at a depth  $\mathbf{r}_s = 1/\mu'_s$  below the object surface

$$10 \quad f_0(\mathbf{r}) = Q_0 \delta(\mathbf{r} - \mathbf{r}_s),$$

11  $Q_0$  being an intensity constant. Therefore, in this specific model, we have a non zero  
 12 source term  $f_0$  in the equation (30), an homogeneous Dirichlet boundary condition for  
 13 the fluence  $u$  on the portion of the boundary corresponding to the supported part, and  
 14 homogeneous Robin conditions on the non-supported boundary part. This model, which  
 15 we will refer to in the following as DOT-DA, provides good results at distances from  
 16 the source larger than the mean free path, but less accurate results close to the source  
 17 [127]. For a better description of the light intensity in a neighborhood of source terms,  
 18 a Monte Carlo method was introduced in [143]. We refer the reader to [127] for other  
 19 possible configurations to model the light source incident at a point on the boundary of  
 20 the domain which corresponds to the case of a non-homogeneous Robin condition on a  
 21 portion of the boundary.

22 *3.1.2. Measurements: The exitance.* In DOT the measurable quantity on the boundary  
 23 of the domain  $\Omega$  is the so-called *exitance*, that is the energy transfer through a unit area  
 24 with normal vector  $\mathbf{n}$ , mathematically defined as

$$25 \quad J_{ex}(\mathbf{r}) := \int_{S^{d-1}} \widehat{\mathbf{s}} \cdot \mathbf{n}(\mathbf{r}) L(\mathbf{r}, \mathbf{s}) d\widehat{\mathbf{s}}, \quad \mathbf{r} \in \partial\Omega. \quad (39)$$

26 Using definitions (31), the corresponding  $P_1$  approximation (33), the Fick's law and the  
 27 Robin boundary conditions (36), the exitance (39) is equal to

$$28 \quad J_{ex}(\mathbf{r}) = J_+(\mathbf{r}) - J_-(\mathbf{r}) = \mathbf{n}(\mathbf{r}) \cdot F(\mathbf{r}) = -D \frac{\partial u(\mathbf{r})}{\partial \mathbf{n}} = \frac{2c_d}{\zeta} u(\mathbf{r}), \quad \mathbf{r} \in \partial\Omega. \quad (40)$$

29 *3.1.3. The inverse problem and known results.* The general inverse problem for the  
 30 DOT is to determine the coefficients  $D, \mu_a$  from the knowledge of all possible pairs  
 31 of Neumann and Dirichlet boundary values, that is, from the use of the Neumann-to-  
 32 Dirichlet map, thanks to the fact that we are assigning Robin boundary conditions, see  
 33 (38), and measuring the exitance (40). It has been shown by Arridge and Lionheart [20]  
 34 that this inverse problem is in general not uniquely solvable, in the sense that it is not  
 35 possible to determine uniquely the pair  $D, \mu_a$  from infinitely many pairs of Neumann  
 36 and Dirichlet boundary values. In fact, in the case where  $D$  is sufficiently regular and  
 37 strictly positive, the DOT-DA equation

$$38 \quad -\nabla \cdot (D\nabla u) + \mu_a u = 0, \quad \text{in } \Omega \quad (41)$$



1 can be transformed into a Schrödinger type equation, by setting  $v = \sqrt{D}u$ , as in [132],  
 2 that is

$$3 \quad -\Delta v + \mu v = 0, \quad \text{in } \Omega, \quad \mu := \frac{\Delta\sqrt{D}}{\sqrt{D}} + \frac{\mu_a}{D}, \quad (42)$$

4 where  $\Delta\sqrt{D}$  is the laplacian of  $\sqrt{D}$ . If, for example,  $D = 1$  in a neighborhood of  $\partial\Omega$ ,  
 5 then the Cauchy data of  $v$  coincides with those of  $u$  ( $v = u$  and  $\partial v/\partial\mathbf{n} = \partial u/\partial\mathbf{n}$  on  
 6  $\partial\Omega$ ). This means that under suitable regularity assumptions on the coefficients  $D$  and  
 7  $\mu_a$ , hence on  $\mu$ , we can recover  $\mu$  only, see [91, 139], that is we cannot extract a unique  
 8 value for  $D$  and  $\mu_a$  [20, 82]. Non-uniqueness results have been also proven in presence  
 9 of a source term in (41), see [20].

10 A uniqueness result can be obtained requiring suitable regularity assumptions on the  
 11 coefficients, as in the case of a piecewise constant diffusion and a piecewise analytic  
 12 absorption coefficients [82, 83].

13 Recent lines of research concern the case of nonlocal models [152] and of anisotropic  
 14 media [65]. An instance in the latter direction is given by [69] where the case of an  
 15 anisotropic diffuse tensor, which is assumed a real matrix-valued function, has been  
 16 studied. It is shown that  $\mu_a$  and its derivatives at the boundary of  $\Omega$  can be determined in  
 17 a stable way by boundary data with a modulus of continuity of Lipschitz and Hölder type  
 18 respectively, assuming that the scattering coefficient  $\mu_s$  is known. These results have  
 19 been extended to the anisotropic time-harmonic case, that is when the diffusion tensor  
 20 and the absorption coefficients are complex-valued tensors and functions respectively.  
 21 Precisely in [58] a Lipschitz stability result of the boundary value of  $\mu_a$  in terms of  
 22 boundary data, when  $\mu_s$  is again assumed known, was established. The Hölder stability  
 23 of the derivatives of the absorption coefficient on the boundary of the domain has been  
 24 established in [55]. The same results hold in the case where  $\mu_a$  is known and  $\mu_s$  has to  
 25 be determined [55, 58, 69]. The stable determination of  $\mu_a$  (or equivalently  $\mu_s$ ) and its  
 26 derivatives at the boundary are useful tools to infer uniqueness and stability of  $\mu_a$  (or  
 27  $\mu_s$ ) in the interior of  $\Omega$  [69]. We finally also mention [66] for the determination of an  
 28 anisotropic inclusion in a Schrödinger type equation from local Cauchy data.

29 We give here some references on related problems which are intimately connected  
 30 with those presented above and equations (41), (42). We previously mentioned that the  
 31 coefficient  $\mu$  in (42) can be uniquely reconstructed from Cauchy data. This question has  
 32 mainly been studied in the context of the Calderon's problem [42], corresponding to the  
 33 case where  $\mu_a$  and  $f_0$  in (41) are zero, that is in the case of the equation  $\operatorname{div}(D\nabla u) = 0$ .  
 34 For seminal contributions in this field, when infinitely many pairs of Dirichlet and  
 35 Neumann data are known on the entire boundary, we refer the reader to the following  
 36 papers: Kohn-Vogelius [100, 101] for  $d \geq 2$  and when  $D$  is assumed piecewise analytic,  
 37 Sylvester and Uhlmann [132] for  $d \geq 3$  and  $D \in C^2(\overline{\Omega})$ , Haberman-Tataru [74] and  
 38 Caro-Rogers [44] for  $D \in W^{1,\infty}(\Omega)$ . When  $d = 2$ , we mention the results of Nachman  
 39 [113] for  $D \in W^{2,p}(\Omega)$  and of Astala-Päivärinta [23] when  $D \in L^\infty(\Omega)$ . The stability  
 40 issue was first investigated by Alessandrini in [10] for  $d \geq 3$  and  $D \in W^{2,\infty}(\Omega)$ . Recently  
 41 Alberti-Santacesaria presented a general framework to study uniqueness, stability and

1 reconstruction for infinite-dimensional inverse problems, such as Calderon’s problem,  
 2 when only a finite-dimensional approximation of the measurements is available [7, 8, 9].  
 3 The determination of a  $L^\infty$  potential in the Schrödinger equation in three and higher  
 4 dimensions when only a finite number of measurements is available and the diffusion  
 5 depends on finitely many parameters has been studied in [7]. Harrach derived Lipschitz  
 6 stability from a finite number of measurements for the complete electrode model in  
 7 electrical impedance tomography in [84].

8 Equation (41) appears also in the analysis of hybrid inverse problems, which are a  
 9 particular class of inverse problems using internal data coming from the use of coupled-  
 10 physics phenomena [6]. For example, the DOT inverse problem is completely analogous  
 11 to the one of quantitative photoacoustic tomography (qPAT), except for the fact that  
 12 the photon current data in DOT are known and available only on the boundary of the  
 13 domain, while in qPAT the available data, given by the absorbed energy, are known in  
 14 the interior of the domain [122], see also [6, 13]. The literature on qPAT is generously  
 15 vast. We refer, for example, the reader to [11, 24, 25, 26, 27, 28, 41, 52, 60, 114]  
 16 for theoretical results related to uniqueness and stability issues in qPAT and to  
 17 [5, 14, 22, 24, 36, 54, 61, 70, 76, 77, 118, 119, 122, 135] for possible reconstruction  
 18 methods.

19 The results above show that the inverse problem of identifying both the diffusion  
 20 and the absorption coefficients is ill-posed and nonlinear. In order to mitigate the ill-  
 21 posed nature of the problem and get feasible numerical solutions, regularization methods  
 22 must be adopted.

### 23 3.2. Reconstruction methods

In order to end up with an approximate solution of the problem, one has to introduce  
 a discretization. The standard approach is to decompose the computational domain  $\Omega$   
 into triangular/trapezoidal areas (2D) or into voxels of suitable shape (3D). While mesh  
 generation is significantly easier today than in the past, meshing irregular objects with  
 complex internal structure in an acceptable time may still be a challenge, as already  
 observed in the more than 15 years old review by Gibson and Arridge [71]. The  
 construction of the geometry may benefit from the simultaneous collection of data  
 with other techniques, as for example in the realistic test case presented in [45], where an  
 anatomically coherent mesh of the patient’s breast was created by manually segmenting  
 2D coronal MRI slices to generate 3D surface maps and then a volume mesh. Upon  
 introducing a discretization of the domain, one then operates with functions belonging  
 to finite dimensional subspaces parametrized by the mesh diameter  $h$ . For example,  
 using a FEM approach, one approximates the solution  $u$  of the DOT-DA problem (41)  
 by a piecewise polynomial function  $u_h \in U_h$  given by

$$u_h = \sum_{j=1}^{N_h} u_j \phi_j(\mathbf{r})$$

1 where  $U_h$  is a finite dimensional subspace spanned by the basis functions  $\phi_j, j =$   
 2  $1, \dots, N_h$  and where the nodal values  $u_j$  are to be determined. Piecewise polynomial  
 3 approximations to the continuous optical coefficients are constructed in the same way.  
 4 Applying a Galerkin approach transforms the continuous problem of into an  $N_h$ -  
 5 dimensional discrete problem of finding the nodal field values at all nodes, given the  
 6 set of nodal parameters.

7 In the classical variational framework, one then rephrases the inverse problem (9)  
 8 as the optimization procedure [125]: seek the optimal parameter set  $q^*$  such that

$$9 \quad q^* = \arg \min_{q \in Q} \mathcal{D}(y_q, y_\delta), \quad (43)$$

10 where  $\mathcal{D} : Y \rightarrow [0, \infty]$  is a loss function which typically contains a discrepancy measure  
 11 (or data fidelity) term. A very common assumption considers the noise perturbing the  
 12 data of Gaussian nature: this hypothesis naturally leads to choose  $\mathcal{D}$  as the Least Square  
 13 functional:

$$14 \quad \mathcal{D}(y_q, y_\delta) := \frac{1}{2} \|y_q - y_\delta\|_2^2. \quad (44)$$

15 Notice that in applications like Time Domain DOT (TD-DOT) one could consider also  
 16 a mixture of Poisson and Gaussian noise [64, 150]: in such a case, the fidelity functional  
 17 may for example be of Kullback-Leibler type. Problem (43) with the choice (44) is  
 18 nonlinear and several techniques have been used to obtain a linearized approximation.  
 19 Supposing that the forward map  $\mathcal{F}$  is Fréchet differentiable, a Taylor expansion around  
 20 the reference point  $q_0$  reads

$$21 \quad \mathcal{F}(q) \approx \mathcal{F}(q_0) + \mathcal{F}'(q_0)\Delta q \quad (45)$$

22 where  $\mathcal{F}'$  is the first order Fréchet derivative of the forward operator with respect to  $q$ .

23 Referring to SSD-DOT technologies, many source-detector pairs are typically spread out  
 24 over the sample surface. Given  $N_s$  sources and  $N_d$  detectors (for a total of  $M = N_s \times N_d$   
 25 pairs), the forward operator maps the vector of absorption (and diffusion) coefficients  
 26  $q_h$  at voxels within the sample to the vector of detector measurements for a given  
 27 source. Let the index  $i$  stand for the detector/source pair, i.e.  $i = 1, \dots, M \rightarrow \{l, k\}$ ,  
 28  $l = 1, \dots, N_d, k = 1, \dots, N_s$  and the index  $j$  for the voxel number,  $j = 1, \dots, N_v$ . Thus,  
 29 a common notation in the discrete setting for the first order Fréchet derivative is the  
 30 Jacobian matrix  $\mathbf{J}$  of size  $M \times N_v$ . Inserting (45) into (43) and truncating to the first  
 31 order yield in the discrete space

$$32 \quad \Delta \mathbf{q}^* = \arg \min_{\Delta \mathbf{q}} \frac{1}{2} \|\mathbf{J}\Delta \mathbf{q} - \mathbf{y}_\delta\|_2^2, \quad (46)$$

33 where  $\Delta \mathbf{q}$  and  $\mathbf{y}_\delta$  are the discrete counterparts of  $\Delta q$  and  $y_\delta$ , respectively. The  
 34 optimization problem (46) can be solved by one of the many available algorithms, that,  
 35 however, generally imply a significant computational cost. With this respect, a technique  
 36 which plays a very relevant role in this field is the so-called Rytov perturbation approach,  
 37 which we discuss in detail here below.

1 *3.3. Linear inversion by perturbation approach: the Rytov approximation*

2 As observed above, DOT inverse problem is in general nonlinear, but in the limit that  
 3 the optical properties are close to a specified background value, it can be considered  
 4 approximately linear. This is usually the case for imaging differences in optical  
 5 properties with respect to a reference condition. To obtain a linearization, one can  
 6 approximate the change in the field when a change in the state occurs, making use of an  
 7 expansion of the solution of the problem in series. There are two possible approaches:  
 8 the Born and the Rytov approximations. In the Born approximation,  $u(\mathbf{r})$  is a linear  
 9 superposition of the incident (background,  $u_0$ ) and scattered (heterogeneous,  $u_{sc}$ )  
 10 diffusive waves such that  $u = u_0 + u_{sc}$ . In the Rytov approximation, the contributions  
 11 from the incident and scattered parts are expressed in exponential fashion as

$$12 \quad u(\mathbf{r}) = e^{\psi(\mathbf{r})}, \quad \text{with} \quad \psi(\mathbf{r}) \approx \sum_{i=0}^N \psi_i(\mathbf{r}), \quad N \geq 1. \quad (47)$$

13 For details on Born approximation, we refer the reader to [18, 19, 124] and we consider  
 14 here in detail the Rytov approximation. This choice is motivated by the fact that  
 15 in experimental and clinical researches on optical tomography, quite often the Born  
 16 approximation is impractical and tomographic images are obtained with the Rytov  
 17 approximation [111]. In addition, the Rytov approximation tends to be more accurate  
 18 as it accounts for some non-linear saturation due to increasing perturbation in the  
 19 absorption coefficient [39]. We mention however the fact that both the linearized  
 20 approaches have clear limitations, see for example [38], where - in addition - the Rytov  
 21 approximation is considered to be inferior to the Born approximation.

22 We denote then by  $(D_0, \mu_{a0})$  the reference state and by  $u_0$  the corresponding solution  
 23 of (37)-(38) with  $D = D_0$  and  $\mu_a = \mu_{a0}$ , i.e.

$$-\nabla \cdot (D_0 \nabla u_0) + \mu_{a0} u_0 = f_0, \quad \text{in } \Omega, \quad (48)$$

$$u_0 + \frac{\zeta D_0}{2c_d} \frac{\partial u_0}{\partial \mathbf{n}} = 0, \quad \text{on } \partial\Omega. \quad (49)$$

24 Let us consider a perturbation of the reference state inside the domain, that is  
 25  $\tilde{D} = D_0 + \delta D$  and  $\tilde{\mu}_a = \mu_{a0} + \delta \mu_a$  in  $\Omega$ , with the further assumption that

$$26 \quad \tilde{D} = D_0 \quad \text{on } \partial\Omega.$$

27 We denote by  $\tilde{u}$  the solution of (37)-(38) with  $D = \tilde{D}$  and  $\mu = \tilde{\mu}_a$ , i.e.,

$$-\nabla \cdot (\tilde{D} \nabla \tilde{u}) + \tilde{\mu}_a \tilde{u} = f_0, \quad \text{in } \Omega, \quad (50)$$

$$\tilde{u} + \frac{\zeta D_0}{2c_d} \frac{\partial \tilde{u}}{\partial \mathbf{n}} = 0, \quad \text{on } \partial\Omega. \quad (51)$$

28 Choosing  $N = 1$  in (47), we get that

$$29 \quad \tilde{u} = e^{\psi_0 + \psi_1}, \quad \text{with} \quad u_0 = e^{\psi_0}, \quad \text{hence} \quad \ln \tilde{u} = \ln u_0 + \psi_1.$$

1 Using the fact that  $u_0 = e^{\psi_0}$  in (48) and  $\tilde{u} = e^{\psi_0 + \psi_1}$  in (50), subtracting the resulting  
2 equations and then using some differential identities we obtain

$$\begin{aligned} & -\nabla \cdot (D_0 \nabla(\psi_1 u_0)) + \mu_{a0} u_0 \psi_1 \\ & = \nabla \cdot (\delta D \nabla u_0) + u_0 \delta D |\nabla \psi_1|^2 + u_0 \nabla \cdot (\delta D \nabla \psi_1) + 2u_0 \delta D \nabla \psi_0 \cdot \nabla \psi_1 \\ & - \delta \mu_a u_0 + f_0(e^{-\psi_1} - 1 + \psi_1). \end{aligned}$$

3 The Rytov approximation comes in neglecting the second order terms on the right-hand  
4 side and noticing that  $e^{-\psi_1} - 1 + \psi_1 = O(\psi_1^2)$  for a small perturbation  $\psi_1$ , so we finally  
5 find that

$$6 \quad -\nabla \cdot (D_0 \nabla(u_0 \psi_1)) + \mu_{a0} u_0 \psi_1 \approx \nabla \cdot (\delta D \nabla u_0) - \delta \mu_a u_0. \quad (52)$$

7 Taking this equation together with the Robin boundary conditions for  $u_0 \psi_1$ , which can  
8 be deduced straightforwardly by (49) and (51), the first Rytov approximation gives the  
9 following boundary value problem

$$-\nabla \cdot (D_0 \nabla(u_0 \psi_1)) + \mu_{a0} u_0 \psi_1 = \nabla \cdot (\delta D \nabla u_0) - \delta \mu_a u_0, \quad \text{in } \Omega, \quad (53)$$

$$u_0 \psi_1 + \frac{\zeta D_0}{2c_d} \frac{\partial(u_0 \psi_1)}{\partial \mathbf{n}} = 0, \quad \text{on } \partial\Omega. \quad (54)$$

10 Using Green's functions, the solution of the boundary value problem (53)-(54) can be  
11 expressed in an integral form. For, we define the Green's function associated to the  
12 Robin boundary value problem (53)-(54), that is the solution to the following problem

$$-\nabla \cdot (D_0(\mathbf{r}) \nabla(G(\mathbf{r}, \mathbf{r}')))) + \mu_{a0}(\mathbf{r}) G(\mathbf{r}, \mathbf{r}') = \delta(\mathbf{r}'), \quad \mathbf{r}, \mathbf{r}' \in \Omega \quad (55)$$

$$G(\mathbf{r}, \mathbf{r}') + \frac{\zeta D_0(\mathbf{r})}{2c_d} \frac{\partial G(\mathbf{r}, \mathbf{r}')}{\partial \mathbf{n}} = 0, \quad \mathbf{r} \in \partial\Omega. \quad (56)$$

13 where  $\delta(\mathbf{r}')$  is the delta distribution centered at  $\mathbf{r}'$ . Using classical arguments, we find  
14 that

$$15 \quad u_0(\mathbf{r}) \psi_1(\mathbf{r}) = \int_{\Omega} G(\mathbf{r}, \mathbf{r}') [\text{div}(\delta D(\mathbf{r}') \nabla u_0(\mathbf{r}')) - \delta \mu_a(\mathbf{r}') u_0(\mathbf{r}')] d\mathbf{r}',$$

16 hence, integrating by parts the first term on the righthand side, we get

$$17 \quad \psi_1(\mathbf{r}) = -\frac{1}{u_0(\mathbf{r})} \int_{\Omega} [\delta D(\mathbf{r}') \nabla u_0(\mathbf{r}') \cdot \nabla G(\mathbf{r}, \mathbf{r}') + \delta \mu_a(\mathbf{r}') u_0(\mathbf{r}') G(\mathbf{r}, \mathbf{r}')] d\mathbf{r}'. \quad (57)$$

18 In the following analysis we assume that  $D_0$  is constant in  $\Omega$ , as it is customary  
19 done in CW-DOT applications (see, *e.g.*, papers [39, 102, 131] for examples of such a  
20 simplification which is customarily applied when a fast computation is required). Hence  
21 a reduced version of Eq.(57) can be considered. In fact, repeating the same calculations  
22 above, with the assumption that  $D_0$  is constant and  $\delta D = 0$ , that is considering the  
23 boundary value problem

$$\begin{aligned} & -\Delta(u_0 \psi_1) + \frac{\mu_{a0}}{D_0} u_0 \psi_1 = -\frac{\delta \mu_a}{D_0} u_0, \quad \text{in } \Omega, \\ & u_0 \psi_1 + \frac{\zeta D_0}{2c_d} \frac{\partial(u_0 \psi_1)}{\partial \mathbf{n}} = 0, \quad \text{on } \partial\Omega, \end{aligned}$$

1 an analogous simpler expression holds, which is

$$2 \quad u_0(\mathbf{r})\hat{\psi}_1(\mathbf{r}) = - \int_{\Omega} \frac{\delta\mu_a(\mathbf{r}')}{D_0} u_0(\mathbf{r}') \hat{G}(\mathbf{r}, \mathbf{r}') d\mathbf{r}', \quad (58)$$

3 where  $\hat{G}$  is the Green's function, solution to

$$\begin{aligned} -\Delta \hat{G}(\mathbf{r}, \mathbf{r}') + \frac{\mu_{a0}(\mathbf{r})}{D_0} \hat{G}(\mathbf{r}, \mathbf{r}') &= \delta(\mathbf{r}'), & \mathbf{r}, \mathbf{r}' \in \Omega, \\ \hat{G}(\mathbf{r}, \mathbf{r}') + \frac{\zeta D_0(\mathbf{r})}{2c_d} \frac{\partial \hat{G}(\mathbf{r}, \mathbf{r}')}{\partial \mathbf{n}} &= 0, & \mathbf{r} \in \partial\Omega. \end{aligned}$$

4 Moreover, let  $\boldsymbol{\delta\mu}_a \in \mathbb{R}^{(N_v \times 1)}$  be the vector of unknown variations in absorption  
5 coefficient and  $\boldsymbol{\psi}_1 \in \mathbb{R}^{(M \times 1)}$  be the vector of logarithmic fluctuations evaluated in the  
6 detector positions for each source. One obtains

$$7 \quad \mathbf{J} \boldsymbol{\delta\mu}_a = \boldsymbol{\psi}_1, \quad (59)$$

8 where the sensitivity matrix  $\mathbf{J} \in \mathbb{R}^{(M \times N_v)}$  stems from the discretization of the integral  
9 in Eq. 57 and, namely,

$$10 \quad (\mathbf{J})_{ij} = \left[ \frac{\Delta V}{u_0(\mathbf{r}_s^k, \mathbf{r}_d^l)} \hat{G}(\mathbf{r}_d^l, \mathbf{r}_j) \frac{1}{D} u_0(\mathbf{r}_s^k, \mathbf{r}_j) \right]. \quad (60)$$

11 Now, let  $\mathbf{y}_\delta \in \mathbb{R}^{(M \times 1)}$  be the vector of logarithmic fluctuations obtained from measured  
12 data in the detector positions for each source

$$13 \quad (\mathbf{y}_\delta)_i = \log \frac{U^M(r_s^k, r_d^l)}{U_0^M(r_s^k, r_d^l)}, \quad i = 1, \dots, M. \quad (61)$$

14 One ends up with the following discrete problem: find the best vector  $\boldsymbol{\delta\mu}_a$  which  
15 minimizes  $\|\boldsymbol{\psi}_1 - \mathbf{y}_\delta\|_2^2$ .

### 16 3.4. Bayesian approaches

17 In Bayesian methods, both the measurements and the unknowns are modeled as random  
18 variables. The construction of the likelihood (observation) and the prior models is  
19 the starting point of the Bayesian approach to inverse problems. The most common  
20 likelihood models considers the case of an additive error model, i.e.,

$$21 \quad y = \mathcal{F}(q) + \varepsilon,$$

22 where  $\varepsilon$  is the additive error term with a distribution  $\pi_\varepsilon(\varepsilon)$ , usually assumed to be  
23 mutually independent of  $q$ . Denoting by  $\pi(q, y)$  the joint distribution and by  $\pi(q)$  the  
24 *prior distribution*, then by the definition of the conditional probability we have that  
25 *posterior distribution*  $\pi(q|y)$ , describing the uncertainty of the unknown  $q$  given the  
26 measurements  $y$ , is then well-defined and given by

$$27 \quad \pi(q, y) = \pi(y|q)\pi(q) = \pi(q|y)\pi(y),$$

28 that is

$$29 \quad \pi(q|y) = \pi^{-1}(y)\pi(y|q)\pi(q) = \pi^{-1}(y)\pi(q, y),$$

1 which is the Bayes' theorem. Knowing the joint distribution, the posterior distribution  
 2 can be computed easily but, unfortunately, the joint distribution is not practically  
 3 available [19]. On the other hand, many times, the derivation of the *likelihood density*  
 4  $\pi(y|q)$  can be obtained. In fact, by means of the Bayes' theorem

$$5 \quad \pi(y|q) = \pi_\varepsilon(y - \mathcal{F}(q)).$$

6 In the special case of Gaussian additive noise, i.e.  $\pi_\varepsilon(\varepsilon) = \mathcal{N}(\bar{\varepsilon}, \Gamma_\varepsilon)$ , where  $\bar{\varepsilon}$  is the mean  
 7 and  $\Gamma_\varepsilon$  is the covariance function, we get

$$8 \quad \pi(y|q) \propto \exp\left(-\frac{1}{2}\|L_\varepsilon(y - \mathcal{F}(q) - \bar{\varepsilon})\|^2\right),$$

9 where  $\Gamma_\varepsilon^{-1} = L_\varepsilon^T L_\varepsilon$ . In this context, the most common choice for the prior distribution  
 10 is of the form

$$11 \quad \pi(q) \propto \exp\left(-\frac{1}{2}\|L_q(q - \bar{q})\|^2\right),$$

12 where  $L_q$  is a usually a differential operator, and  $\bar{q}$  is an a priori information. Using  
 13 again the Bayes' theorem, we get

$$14 \quad \pi(q|y) = \pi(y|q)\pi(q) \propto \exp\left(-\frac{1}{2}\left(\|L_\varepsilon(y - \mathcal{F}(q) - \bar{\varepsilon})\|^2 + \|L_q(q - \bar{q})\|^2\right)\right).$$

15 Then, the main goal is to compute the points of maximal probability. The most common  
 16 point estimates are the *maximum a posteriori* estimate (MAP) or the *conditional mean*  
 17 estimate (CM), defined by

$$18 \quad q_{MAP} = \operatorname{argmax} \pi(q|y)$$

19 and

$$20 \quad q_{CM} = \mathbb{E}(q|y) = \int q\pi(q|y) dq,$$

21 where  $\mathbb{E}(\cdot)$  denotes the expectation. It can be shown that in the case of Gaussian  
 22 processes then the MAP estimator coincides with a minimizers of a Tikhonov  
 23 regularization [19]. The so-called ‘‘approximation error method’’ [98] introduces an  
 24 uncertainty in the modelling, then the aim is to determine the statistical properties of  
 25 the modeling errors and compensate for them making use of a Bayesian approach. We  
 26 refer the reader to [17], [19] for an application of this method to the case of optical  
 27 tomography.

### 28 3.5. Regularization methods

29 Due to predominant scattering phenomena in light transmission, the DOT inverse  
 30 problem is severely ill-posed. Mathematically, this means that it does not fulfill all the  
 31 Hadamard conditions [75], in the sense that there might be lack of uniqueness (several  
 32 possible model parameter values are consistent with the data) and that there is lack of  
 33 continuous dependence of the solution on the measurements (small errors in the data  
 34 may lead to large errors in the model parameters). In these circumstances, it becomes  
 35 essential the adoption of regularization techniques to solve the problem. One possible

1 way is to introduce in the optimization procedure (43) a regularization term such that  
 2 the problem becomes [125]: seek the optimal parameter set  $q^*$  such that

$$3 \quad q^* = \arg \min_{q \in Q} [\mathcal{D}(y_q, y_\delta) + \mathcal{R}(q)], \quad (62)$$

4 where  $\mathcal{R} : Q \rightarrow [0, \infty]$  is a regularization functional which encodes soft or hard  
 5 prior knowledge about the hidden structures to be investigated, favouring appropriate  
 6 minimizers or penalizing those with undesired structures [16, 35, 62]. A commonly used  
 7 form of (62) is the formulation

$$8 \quad q^* = \arg \min_{q \in Q} [\mathcal{D}(y_q, y_\delta) + \lambda \mathcal{R}(q)], \quad (63)$$

9 which decouples the regularization functional  $\mathcal{R}$  from the regularization parameter  $\lambda$ ,  
 10 whose role is to balance the trade-off the weight between the discrepancy term and the  
 11 penalty functional. Solving (63) is however, again, not a trivial problem and several  
 12 approaches have been proposed, which we will review in the following in the SSD-DOT  
 13 reconstruction context.

14 Referring to the general linearized problem (linearized full problem or Rytov  
 15 linearization) arising from the discretization, one has then to solve

$$16 \quad \Delta \mathbf{q}^* = \arg \min_{\Delta \mathbf{q}} \frac{1}{2} \|\mathcal{J} \Delta \mathbf{q} - \mathbf{b}\|_2^2 + \lambda \mathcal{R}(\Delta \mathbf{q}), \quad (64)$$

17 where here we have used the general notation  $\mathcal{J}$  and  $\mathbf{b}$  for the tangent matrix and  
 18 measured data, respectively. Notice that in the case of the Rytov approximation, we  
 19 have that  $\mathcal{J}$  corresponds to the sensitivity matrix defined in (60),  $\Delta \mathbf{q}$  coincides with  
 20 the vector  $\delta \boldsymbol{\mu}_a$ , and  $\mathbf{b}$  is the vector whose components are defined in (61). Problem (64)  
 21 can be tackled by several approaches, which we review in the following, focusing on the  
 22 most relevant in the present field.

23 *Truncated Singular Value Decomposition.* When  $\lambda = 0$  (no regularization), one can use  
 24 the Singular Value Decomposition (SVD) of  $\mathcal{J}$ ,  $\mathcal{J} = \mathbf{V} \boldsymbol{\Sigma} \mathbf{U}^\top$ , where  $\mathbf{V}$ ,  $\mathbf{U}$  are orthogonal  
 25 matrices whose columns represents the left and right eigenvectors and  $\boldsymbol{\Sigma}$  is the diagonal  
 26 matrix whose diagonal elements are the ordered singular values,  $\sigma_1 \geq \sigma_2 \geq \dots \geq \sigma_{n_r}$ ,  
 27  $n_r$  being the rank of  $\mathcal{J}$ . A solution to the problem can be written as

$$28 \quad \Delta \mathbf{q} = \sum_{i=1}^{n_r} \frac{\langle \mathbf{b}, \mathbf{u}_i \rangle}{\sigma_i} \mathbf{v}_i. \quad (65)$$

29 In the case of ill-conditioned problems, singular values typically span several order  
 30 of magnitude and the lowest singular values exacerbate the influence of the noise  
 31 on the computed solution, inducing artifacts and unreliable reconstruction. A well  
 32 known regularization technique is to consider a Truncated Singular Value Decomposition  
 33 (TSVD), which consists in truncating the above sum to a lower number of addends,  
 34 neglecting the smallest singular values.



1 *Tikhonov Regularization.* A widely explored choice is to set  $\mathcal{R}(\mathbf{q}) = \frac{1}{2} \|\Gamma \mathbf{q}\|_2^2$ , where  
 2  $\Gamma$  is a linear operator. This approach takes the name of Tikhonov regularization.  
 3 When  $\Gamma$  is chosen as the identity operator, such strategy is named  $\ell_2$  regularization, or  
 4 ridge regression in statistical frameworks, and promotes solutions with smaller norms.  
 5 Other suitable choices for  $\Gamma$  are differential operators, which enhance smoothness of the  
 6 computed solution. In this framework, problem (64) reads

$$7 \quad \arg \min_{\Delta \mathbf{q}} \frac{1}{2} \|\mathcal{J} \Delta \mathbf{q} - \mathbf{b}\|_2^2 + \frac{\lambda}{2} \|\Gamma \Delta \mathbf{q}\|_2^2, \quad (66)$$

8 and admits the one-step optimal solution

$$9 \quad \Delta \mathbf{q}^* = (\mathcal{J}^\top \mathcal{J} + \lambda \Gamma^\top \Gamma)^{-1} \mathcal{J}^\top \mathbf{b}. \quad (67)$$

10 Notice that when  $\Gamma = \mathbf{I}$ , then the solution can be written as

$$11 \quad \Delta \mathbf{q}^* = \sum_{i=1}^{n_r} \frac{\sigma_i}{\sigma_i^2 + \lambda} \langle \mathbf{b}, \mathbf{u}_i \rangle \mathbf{v}_i, \quad (68)$$

12 where the regularization parameter at the denominator prevents the lowest singular  
 13 values to exacerbate noise.

14 **Remark 3.1** *Under suitable hypothesis, Gradient Descent methods can be applied for*  
 15 *solving (66) (see also Remark 3.2 and Algorithm 1 for the more general case). When the*  
 16 *regularization functional  $\mathcal{R}$  is convex but not differentiable, one can resort to Bregman*  
 17 *iterative techniques [33].*

**Remark 3.2** *Under the more general framework (44), when Rytov approach or a*  
*similar one is not employed, one may use a Levenberg–Marquardt algorithm to solve*

$$\arg \min_{\mathbf{q}} \frac{1}{2} \|\mathcal{F}(\mathbf{q}) - \mathbf{y}_\delta\|^2 + \frac{\lambda}{2} \|\Gamma \mathbf{q}\|^2.$$

18 *Algorithm 1 presents a pseudo-code of a possible implementation.*

---

### Algorithm 1 Levenberg–Marquardt Algorithm

---

Set the initial iterate  $\mathbf{q}^{(0)}$ , set  $\mathbf{J}$  the first order Frechét derivative. Set  $\boldsymbol{\beta} = \mathbf{y}_\delta - \mathcal{F}(\mathbf{q}_0)$

**for**  $k = 0, 1, \dots$  **do**

    Compute the residual:  $\boldsymbol{\rho}^{(k)} \leftarrow \boldsymbol{\beta} - \mathcal{J} \mathbf{q}^{(k)}$ .

    Solve  $(\mathcal{J}^\top \mathcal{J} + \lambda \Gamma^\top \Gamma) \mathbf{d} = \mathcal{J}^\top \boldsymbol{\rho}^{(k)}$

    Update  $\mathbf{q}^{(k+1)} \leftarrow \mathbf{q}^{(k)} + \mathbf{d}$

$\boldsymbol{\beta} \leftarrow \mathbf{y}_\delta - \mathcal{F}(\mathbf{q}^{k+1})$

    Stop if a convergence criterion is satisfied.

**end for**

---

19 The choice of the parameter  $\lambda$  is pretty delicate: it can be made *a priori* but it can  
 20 also depend on the noisy data  $y_\delta$  and then it is called an *a posteriori* strategy, which  
 21 consists in adapting this parameter along the iterations. In this latter case,  $\lambda$  is typically

1 chosen in dependence of the noise level  $\delta$ , i.e. if  $\sigma^2$  is the variance of data  $y_\delta$ , a well  
 2 known choice is  $\lambda \rightarrow 0$ ,  $\sigma^2 \lambda \rightarrow 0$  for  $\delta \rightarrow 0$ .

3 In practice, several semi-empirical methods exist: the L-curve method [80, 81] is  
 4 the first of this list. It is an *a posteriori* strategy which employs only the data  $y_\delta$  and  
 5 the computed solution. The L-curve method computes several regularized solution  $\{\mathbf{q}_\lambda\}$   
 6 for pre-selected set of values  $\lambda$  chosen in a fairly ample range. Then the  $\ell_2$  norm of the  
 7 residuals  $\{\|\mathbf{J}\mathbf{q}_\lambda - y_\delta\|_2\}$  and the  $\ell_2$  norm of the regularized solutions  $\{\|\mathbf{q}_\lambda\|_2\}$  are plotted  
 8 against each other in a log-log plot: the optimal value (and the corresponding optimal  
 9 solution) is the one related to the corner of the L-shape. Such point can be computed by  
 10 estimating the maximum curvature of the curve [81, 47, 79]. Numerically speaking, the  
 11 L-curve method is easily tractable, but it has significant inner limitations: the distance  
 12 of optimal regularized solution from the ground truth increases as  $\delta \rightarrow 0$  [78], or when  
 13 the dimension of the problem is too large [141]. The method can be tailored for other  
 14 regularizers rather than  $\ell_2$  norm [107]. Examples of the use of the L-curve strategy to  
 15 solve DOT problems are reported in [151, 103, 138, 108].

16 The Generalized Cross Validation (GCV) [72] consists in estimating the optimal  
 17 value for  $\lambda$  as the minimizer of the function

$$18 \quad \Psi(\lambda) = \frac{\|(\mathbf{I} + \mathcal{J}(\mathcal{J}^T \mathcal{J} + \lambda \Gamma^T \Gamma)^{-1} \mathcal{J}^T) \mathbf{b}\|_2^2}{\left[\text{tr}(\mathbf{I} + \mathcal{J}(\mathcal{J}^T \mathcal{J} + \lambda \Gamma^T \Gamma)^{-1} \mathcal{J}^T)\right]^2}. \quad (69)$$

19 Despite having a complicated appearance, the function  $\Psi(\lambda)$  can be easily minimized  
 20 using the Fourier transform or, when  $\Gamma = \mathbf{I}$ , the Singular Value Decomposition (SVD)  
 21 of  $\mathcal{J}$ . The idea beyond this procedure relies on the principle that when some data value  
 22 is missing, then a suitable choice for  $\lambda$  should provide a good estimation of such missing  
 23 value [80]. The major strength of GCV approach is that it does not need any estimation  
 24 of noise level and its minimization is rather easy. On the other hand, the graph of  $\Psi$  can  
 25 present a plateau close to its minimizer and numerical methods may fail in localizing  
 26 it [140].

27 The Minimal Residual Method (MRM, [94]) consists in a steepest descent method  
 28 where the regularization parameter is estimated online, using the last approximated  
 29 solution. The main drawback of such method is that the theoretical analysis assumes  
 30 that  $\delta = 0$ , i.e. no noise is affecting the data: in practical applications this leads to a  
 31 sub-optimal choice for the regularization parameter.

The Discrepancy Principle is an *a posteriori* method for selecting the optimal  
 regularization parameter. Denote with  $\Delta \mathbf{q}_\lambda$  a solution of (66), where the dependency  
 on  $\lambda$  is explicit. The optimal parameter is given by

$$\lambda_{\text{opt}} = \sup\{\lambda > 0 \mid \|\mathcal{J} \Delta \mathbf{q}_\lambda - \mathbf{b}\| < \tau \delta\},$$

32 where  $\delta$  is the noise level and  $\tau > 1$ , see [62] for the technical details. This strategy  
 33 is very useful from a theoretical point of view, but it requires the information about  
 34 the noise level that is realistically not often available in practical problems. Even when  
 35  $\delta$  is known, this approach provides oversmoothed solution [80]. For overcoming such

1 issue, several methods use this principle for dynamically estimating  $\lambda$ . In [145] the  
 2 authors develop a Model Function Method (MFM) based on a damped version of such  
 3 principle. In [97] a Padé approximation is employed for generalizing also to non smooth  
 4 functionals. As a matter of fact, Morozov's principle aims to provide the optimal value  
 5 for  $\lambda$  not only for Tikhonov regularization, but also for other type of functionals (*e.g.*  
 6 Total Variation).

7 **Remark 3.3** *One may use the SVD for estimating the noise level perturbing the data*  
 8 *[80, Section 6.6], [137], or statistical methods [90, 51].*

9 As shown in Eq. (66), the regularization term can encompass a linear operator  $\Gamma$ :  
 10 this latter may include *a-priori* information on the tissue structure, for example the  
 11 operator  $\Gamma$  can be generated using spatial information, typically derived from other  
 12 imaging modalities. In [56]  $\Gamma$  is a matrix (of suitable dimension) that links all the  
 13 elements (pixel, voxels or nodes) in a particular tissue type (glandular or fatty) as  
 14 recognized from MRI, so that a second differential operator is approximated within  
 15 each region, in a way conceptually similar to Total Variation functional. Each node in  
 16 the mesh is labeled according to the region, or tissue type, with which it is associated.  
 17 Namely one can choose:

$$18 \quad \Gamma_{i,j} = \begin{cases} -1/n & \text{region}_i = \text{region}_j \\ 1 & i = j \\ 0 & \text{otherwise} \end{cases} \quad (70)$$

19 where  $i$  and  $j$  are points within a region and  $n$  is the total number of unknowns in a  
 20 given region. Another strategy to construct the linear operator  $\Gamma$  is to employ previous  
 21 knowledge from ultrasound images [12].

22 The authors in [59] use L-curve in combination with damped Gauss-Newton  
 23 iterations to solve the (complex) DE upon finite element discretization. A quasi-optimal  
 24 Tikhonov parameter is identified, based on a coarse mesh for the control-space. A finer  
 25 mesh is used afterwards for better reconstructions exploiting the quasi-independence of  
 26 the quasi-optimal Tikhonov parameter with the control-space discretization.

27 The above methods for the selection of the parameter  $\lambda$  refer to the case in which  
 28 the noise perturbing the data is of Gaussian type. In presence of Poisson noise such  
 29 estimation can be achieved via a discrepancy principle [37, 149].

30 *Sparsity Promoting Regularization.* In practice, contrast regions where the absorption  
 31 coefficient is altered are restricted to limited areas embedded in the healthy tissue and  
 32 the discrepancy with respect to the physiological value can be significant (up to 5-10  
 33 times the physiological value). This implies that using the  $\ell_2$  norm as regularization often  
 34 causes an unphysical smoothing of the coefficient value and an enlarged distribution.  
 35 Hence, one can resort to regularization functionals that promote sparsity and enhance  
 36 differences between healthy and altered regions. A suitable choice is the  $\ell_1$  norm

$$37 \quad \mathcal{R}(\Delta \mathbf{q}) = \|\Delta \mathbf{q}\|_1 = \sum_i |\Delta \mathbf{q}_i|. \quad (71)$$

In [43] such choice is employed and some numerical tests on a 3D phantom show reliable results. The authors in [142] solve problem (44) when  $\mathcal{R}$  is the  $\ell_1$  norm employing the FISTA algorithm [29]. In [31] it is shown that in some cases a pure  $\ell_1$  regularization may fail in estimating the shape, area and value of even simple heterogeneties, whilst employing a Bregman technique with this regularization functional provides more reliable results, particularly when there are contrast regions with different absorption coefficients. Compressed sensing theory [147] suggests that the regularization parameter should be selected as

$$\lambda > \|\mathcal{J}^\top \mathbf{b}\|_\infty$$

1 in order to avoid algorithms to reach a trivial zero solution.

2 *Total Variation regularization.* Suppose that the function  $q$  is differentiable. The Total  
3 Variation regularization is defined as

$$4 \quad \mathcal{R}(\Delta q) = \int_{\Omega} |\nabla(\Delta q)| d\Omega, \quad (72)$$

where  $\nabla q$  denotes the gradient of  $q$ ,  $\Omega$  is an open and bounded subset and  $d\Omega$  a suitable measure. When  $q$  is not differentiable, one has to refer to the more general definition [50]. Its discrete counterpart reads

$$TV(\Delta q) = \sum_i \|\mathbf{A}_i \Delta q\|,$$

5 where  $\mathbf{A}_i$  is the 2D discrete first order difference operator of suitable dimension acting  
6 on the  $i$ th element of  $q$ . The authors in [107] develop a method which couples an  
7 homotopy strategy with Bregman iterations [33], using as regularization the Total  
8 Variation function together with a Tikhonov term. The regularization parameter  $\lambda$   
9 is chosen by an adaptive strategy, that relies on the knowledge of the noise level  $\delta$ .  
10 In [110] the Total Variation regularization is implemented under a graph framework and  
11 implementing an alternating direction method of multipliers (ADMM). In this work the  
12 authors use the L-curve method for the estimation of  $\lambda$ . A similar approach is adopted  
13 in [106], where the objective function consists in a convex and in a nonconvex term, the  
14 latter being a Huber function subtracted from the general Total Variation functional.  
15 In [133] it is presented a solid and complete theoretical analysis for the treatment of  
16 Eq. (46) when  $\mathcal{R}$  is chosen as a nonconvex nonsmooth total variation based regularization  
17 functional.

18 *Mixed functionals.* The functional  $\mathcal{R}$  may consists in more than one term, leading  
19 to a mixed functional: for example, in [107] the Total Variation is coupled with the  
20  $\ell_2$  norm. The authors in [134] used a split Bregman method including a weighted  
21 combination of  $TV$  and  $\ell_1$  norms to compute a stable approximation of the discrepancy  
22 functional when the forward model is represented by the RTE. They tested the approach  
23 on a 2D synthetic case consisting in a circular domain with different targets. The

1 experimentation is done by manually setting the weights of the two terms, and it led  
 2 to conclude that the TV+ $\ell_1$  regularization performs better than the single counterparts  
 3 in reconstructing and locating the small inclusion. Specifically, the weight of  $\ell_1$  norm  
 4 was chosen one order of magnitude larger than the TV one ( $10^{-3}$  vs  $10^{-4}$ ). When  
 5 the pathological tissue covers large regions of the investigated body, there were no  
 6 significant differences in using TV+ $\ell_1$  or TV regularization, beside a slight improvement  
 7 in deblurring for the combined regularization. Also in [120] a combination of TV and  
 8  $\ell_1$  is employed.

9 In [31] the authors employ the Elastic Net functional:

$$10 \quad \mathcal{R}(\Delta q) = (1 - \alpha)\|\Delta q\|_2^2 + \alpha\|\Delta q\|_1, \quad \alpha \in [0, 1]. \quad (73)$$

11 Originally introduced in the statistical framework [153], it consists in a convex  
 12 combination of  $\ell_2$  and  $\ell_1$  norms, and it aims to couple the positive priors imposed  
 13 by both functionals: it preserves smooth components and at the same time promotes  
 14 sparsity of the solution. Upon a suitable choice of the parameters, the Elastic Net  
 15 provides reliable results, both when  $\Delta q$  is localized in one region and when  $\Delta q$  presents  
 16 several components with different values. In [48] this procedure has been applied also  
 17 to 3D cases.

18 *Numerical tests.* We present here a series of numerical tests aimed at comparing the  
 19 quality of the reconstruction obtained via some of the methodologies discussed above.  
 20 This discussion is not aimed at being an exhaustive compendium of the results obtained  
 21 in this field, rather at showing some significant aspects. All the tests are solved via  
 22 in-house implementations of the authors of the present paper. We consider both on  
 23 2D and 3D geometries. The 2D setting consists of a semi-circular domain of radius  
 24 5 cm discretized through a uniform voxel-based mesh composed of 3822 voxels, which  
 25 corresponds to a spatial resolution of about 0.1 cm. The location of detectors (200) and  
 26 sources (20) is depicted in Fig. 3(a). The 3D setting consists of a semi-spherical domain  
 27 of radius 5 cm discretized through a uniform voxel-based mesh composed of 72407  
 28 voxels, which corresponds to a spatial resolution of about 0.15 cm. These geometries,  
 29 albeit in a reduced dimensional setting and idealized version, represents a female breast  
 30 supported on a solid plate on which embedded light sources are alternatively turned on  
 31 for the DOT exam. The location of detectors (200) and sources (16) for this case is  
 32 depicted in Fig. 3(b). We embed in a uniform background, with absorption coefficient  
 33  $\mu_a = 0.01 \text{ cm}^{-1}$ , one or two contrast regions represented as circular (2D) or spherical  
 34 (3D) areas, respectively. If not specified differently, we solve the problems using the  
 35 Rytov perturbative approach and regularization represented by the elastic net (73) with  
 36 parameters  $\alpha = 0.5$  and  $\lambda$  of the order of  $10^{-4}$ . Moreover, we use the Green's function  
 37 method to address the solution, with a dipole approximation to enforce the null Dirichlet  
 38 boundary condition on the flat portion of the boundary.

39 Test: reconstruction with different strength of the contrast regions. We consider the 3D

1 setting and we embed in the domain two spherical contrast regions, both having radius  
 2 0.5 cm and centered respectively at  $(-2.5, 0, 2)$  and  $(2.5, 0, 2)$ . We consider the cases of  
 3 equal ( $2\times$ ) and different ( $5\times$  and  $2\times$  on the leftmost and rightmost region) strengths  
 4 for the contrast regions with respect to the background, respectively. Results are shown  
 5 in Figure 4b). In the case of equal strength, both regions are identified, well localized  
 6 and their intensity is accurately estimated. In the case of two regions with different  
 7 strength, both regions are identified as well, although the reconstruction has a lower  
 8 quality both in terms of the localization of the interested voxels and in the estimation  
 9 of the contrast intensity, especially for the weaker contrast. Similar results are obtained  
 10 in the 2D case (not shown here). Note that one should pay much attention in the choice  
 11 of the regularization parameter  $\lambda$ . As a matter of fact, exceeding in regularizing causes  
 12 the merging, or even the overlap, of the regions if they have equal intensities, or the  
 13 identification of the only higher strength inclusion if the intensities are different.

14 Test: comparison of different methods in the 2D case. Three different cases are  
 15 considered:

- 16 i) a single circular inclusion is centered in  $(0, 2)$  with radius 0.3 cm. The absorption  
 17 coefficient of the inclusion is set to  $2 \times \mu_{a,0}$ ;
- 18 ii) two circular inclusions are centered in  $(\pm 2, 2)$  both with radius 0.3 cm. The  
 19 absorption coefficient of the inclusions is set to  $2 \times \mu_{a,0}$ ;
- 20 iii) as in case ii) but the absorption coefficient of the left inclusion is set to  $5 \times \mu_{a,0}$ ,  
 21 while for the right one is set to  $2 \times \mu_{a,0}$ .

22 Tests are performed using the elastic-net regularization method implemented in the  
 23 `glmnet` software package [68] and alternatively using the Bregman procedure as  
 24 described in detail in [32]. The results are depicted in Fig. 5, where the two approaches  
 25 are compared with other techniques. We observe that the elastic-net approach correctly  
 26 locates the inclusion(s) with their absorption coefficient for tests i) and ii). In test iii) the  
 27 localization is less precise, but the expected values of the absorption coefficient are well  
 28 estimated. Using the Bregman procedure, choosing the 2-norm regularization, albeit the  
 29 quality of the reconstruction is improved by the contrast enhancement, the inclusion  
 30 is not clearly identified and the recovered halo can be confused with some artefacts.  
 31 On the other hand, setting the 1-norm regularization really benefits from the Bregman  
 32 implementation: the results for test i) show that the location of the inclusion is properly  
 33 recognized and its absorption value is correctly reconstructed. The reconstruction of test  
 34 ii) suffers from a small displacement, but the value of the coefficient is well recovered.  
 35 Eventually, in test iii), both inclusions are not completely placed in the correct location,  
 36 but the absorption value is close to the correct one. This misplacement is due to the  
 37 different values of absorption coefficient, hence the regularization parameter promotes  
 38 the higher one.

39 Test: effect of boundary conditions. We consider here both the 2D and 3D settings. In

1 the 2D case we embed a single circular perturbed region with radius 0.3 cm, centered  
 2 at (2, 2) and with contrast  $2\times$  with respect to the background value. We consider two  
 3 different strategies:

- 4 a) standard approach, which neglects the Robin boundary condition on the curved  
 5 boundary and uses to represent the solution  $u_0$  in (60) as Green's function  
 6 corresponding to a semi-infinite domain, with a dipole approximation on the  
 7 straight portion of the boundary (see Fig. 6a);
- 8 b) do not neglect the Robin boundary condition for the representation of the solution  
 9  $u_0$  in relation (60) using more accurate numerical method. Here we consider the  
 10 Method of Fundamental Solution (MFS, [67]) which allows, albeit in an approximate  
 11 manner and in a moderately more computationally expensive manner, to enforce  
 12 boundary conditions on all the boundary in the framework of a Green's function  
 13 solution (see Fig. 6b).

14 An evident improvement in terms of localization of the contrast region is observed when  
 15 correct boundary conditions are taken into account.

16 We perform the same experiment in the 3D setting using again the Rytov perturbative  
 17 approach with elastic net regularization and investigating the same strategies as in the  
 18 2D case. Figure 7 represents from left to right for the upper and lower rows (first and  
 19 second strategy, respectively): i) the shape and position of the simulated inclusion (red  
 20 sphere) and the voxels for which the computed solution has a non-zero component (i.e.  
 21 the reconstructed inclusion); ii) the computed solution restricted to the vertical plane  
 22 containing the center of the contrast region; iii) the computed solution restricted to the  
 23 horizontal plane containing the center of the contrast region. Again, it is apparent the  
 24 improvement when physically correct boundary conditions are considered. One should  
 25 consider however that in the 3D case the computational times are significantly larger  
 26 and one should balance this aspect with the effective improvement.

27 Test: adaptation of the voxel size. A possibility to reduce the execution time is to first  
 28 employ a coarse-mesh to locate in a rough manner the contrast area and then use this  
 29 information as a soft-prior to cover with the voxel-based mesh only the identified ROI.  
 30 We report the results for the same setting of the previous test case in the 3D geometry,  
 31 using the second strategy. Figure 8 show the interested voxels superposed to the exact  
 32 contrast region, along with the voxel size. Notice that different values of the elastic net  
 33 parameters are required to obtain optimal results when the voxel size is changed.

#### 34 4. DOT reconstruction aided by Machine Learning

35 Physically-driven approaches present mainly two drawbacks. First, PDE models give  
 36 only an approximate description of the physical phenomena, being accurate in some  
 37 circumstances, less in other. Even if one considers pretty sophisticated models, as the  
 38 RTE, which translate in increasing complexity, this usually imply i) the introduction

1 of several new parameters to be estimated; ii) a strong dependence on regularization  
2 techniques which require a delicate tuning; iii) in general, an increasing request of  
3 computational resources that often cannot be met in practical applications. Nowadays,  
4 the possibility of acquiring a large number of data is bringing the attention of the inverse  
5 problems community to data-driven methods that are able to capture data features  
6 without making any particular a priori assumption in the reconstruction procedure and  
7 without the need to postulate complex mathematical models. In this respect, machine  
8 learning, with specific emphasis on deep neural networks (NN)-based techniques, has  
9 shown great potential in solving problems in image processing with special relation to  
10 the biomedical field [136]. The application of deep learning in DOT reconstruction is  
11 very recent and studies in this field are still not abundant. In the following, we provide  
12 a overview of such attempts, along with the description of their most salient features,  
13 highlighting trends and patterns. For a general introduction to machine learning and  
14 deep learning we refer to the many available textbooks, e.g. [73, 3].

#### 15 *4.1. Earlier contributions*

16 Patra et al [117] used an embryonic version of a fully connected NN with 2 hidden  
17 layers to obtain a prior on the spatial localization of a single contrast region embedded  
18 in a 2D circular domain. Accordingly, in the iterative reconstruction procedure they  
19 updated only the parameters in a neighborhood around the detected contrast region.  
20 Sun et al [130] addressed the multiple scattering problem of microwaves in biological  
21 samples using a two-step reconstruction method, where an analytical method based on  
22 the linear backprojection operator provided a first image estimate, followed by a U-Net  
23 decoder for image reconstruction. This approach avoided the iterative evaluation of  
24 the nonlinear discrete Lippmann-Schwinger operator (or its Jacobian). Feng et al. [63]  
25 adopted a NN based on a fully connected architecture made of 3 layers for end-to-end  
26 DOT image reconstruction, the internal hidden layer comprising 695 neurons, for a  
27 total of about 1.56M parameters in the test examples. Training was performed using  
28 20,000 synthetically generated 2D samples (with 2% added Gaussian noise), requiring  
29 about 26 hours of computation on a mid-level personal computer. For comparison,  
30 DOT reconstruction based on Tikhonov regularization-based was also performed, as  
31 well as  $\ell_1$  and  $TV$ -based reconstructions with manually chosen optimal regularization  
32 parameters. The results showed that the NN-based reconstruction outperformed the  
33 Tikhonov regularization-based on in terms of accuracy and image quality and also the  
34  $\ell_1$  and  $TV$ -based reconstructions, even if to a lesser extent for these latter. They also  
35 explored the use of different activation functions and a reduced number of neurons in  
36 the hidden layer, albeit obtaining results far from optimal.

#### 37 *4.2. Fully data-driven approaches*

38 Fully data-driven approaches completely rely on data and they do not assume the  
39 existence of a physical model of the underlying processes. The network parameters



1 are tuned according to supervised training procedures which compare the ground truth  
2 with the net predictions. In this framework, Yoo et al [148] investigated an end-to-  
3 end model based on a DNN-architecture to reconstruct heterogeneous optical maps  
4 in small animals. A fully connected layer performed a first inversion, followed by an  
5 encoder-decoder structure which implemented a deep 3D convolutional framelet. It  
6 is interesting to notice that, despite this approach being fully data-driven, the neural  
7 network structure was inspired by the Schwinger–Lippmann integral equation model  
8 which provides a nonlinear representation of the scattered field. Deng et al [57] proposed  
9 an architecture in which a fully connected layer input the data into an encoder-decoder  
10 structure followed by a U-Net for image denoising and quality improvement. Skip  
11 connections further enhanced high-resolution features for reconstruction. The proposed  
12 loss function penalized the inaccurate contributions from the contrast regions rather  
13 than the whole volume. Yedder et al [146] exploited an architecture formed by a  
14 first fully-connected layer followed by deep nets with spatial-wise residual attention  
15 mechanisms (implemented by convolutional blocks) to focus on important features. A  
16 fuzzy Jaccard loss component was used in addition to the reconstruction error loss  
17 to address the imbalance between the minority pixels corresponding to one or more  
18 lesions versus the majority of background pixels. Transfer learning techniques were  
19 used to bridge the gap between in silico simulated data and equivalent data acquired  
20 with the real device on phantoms. Upon training of the net on the sole basis of  
21 simulated data, the authors performed DOT image reconstruction on phantom and  
22 patients diagnosed with breast cancer (2 participants). They contrasted the results  
23 of the proposed method to several existing methods, and, namely, with conventional  
24 approaches and other deep-learning based methods (including their previous work),  
25 showing the increased accuracy of these latter, albeit without being able to remove the  
26 notorious difficulty of reconstructing deeper and multiple lesions. Benfenati et al [34]  
27 investigated a NN-based regularization technique, inspired by the Learned-SVD method  
28 originally proposed in [40] for general inverse problem. This approach is a fully data-  
29 driven strategy which adopts two autoencoder networks bridged by an operator which  
30 mimics the effect of a (truncated) singular value matrix in a nonlinear fashion. In the  
31 numerical experiments, noise-free data as well as noisy measurements were considered,  
32 obtained by adding white Gaussian noise to the fluence values at the observations  
33 points with variance 1%, 3% or 5%, respectively. The performance was assessed by 1)  
34 the average value of the absorption coefficient (ACR) inside the reconstructed contrast  
35 regions; 2) the True Positive Ratio (TPR), which assesses the spatial accuracy of the  
36 positioning of the reconstructed contrast regions by checking how many pixels in the  
37 reconstruction actually belong to the true contrast region. The results are summarized  
38 in Table 2, which presents the ACR and TPR metrics averaged on 150 test samples  
39 for the Learned-SVD approach and, for comparison, for the elastic net and Bregman  
40 variational approaches. For all the considered approaches, increasing levels of noise  
41 significantly worsen the TPR, as well as the ACR. However, the quality loss exhibited  
42 by the Learned-SVD approach is significantly less pronounced, especially for the ACR

**Table 2.** ACR (binned according to the intensity of the contrast region) and TPR metrics for different noise levels for the Learned-SVD [34] and for comparison the Elastic Net and Bregman variational approaches. Values are averaged over 150 test samples. Noise level 5% is not considered for the variational approaches due to the extreme difficulty to obtain a sensible reconstruction.

Noise Level	$3\mu_{a,0}$ (GT: 3e-2)	$4\mu_{a,0}$ (GT: 4e-2)	$5\mu_{a,0}$ (GT: 5e-2)	TPR
	Learned-SVD			
0%	$3.05e-02 \pm 2.00e-03$	$4.08e-02 \pm 3.72e-03$	$4.74e-02 \pm 2.19e-03$	0.94
1%	$3.07e-02 \pm 2.77e-03$	$3.76e-02 \pm 5.54e-03$	$4.38e-02 \pm 4.01e-03$	0.76
3%	$3.06e-02 \pm 5.56e-03$	$3.61e-02 \pm 6.10e-03$	$4.11e-02 \pm 4.65e-03$	0.52
5%	$3.00e-02 \pm 3.82e-03$	$3.15e-02 \pm 4.44e-03$	$3.39e-02 \pm 6.04e-03$	0.46
	Elastic Net			
0%	$2.73e-02 \pm 4.74e-03$	$3.45e-02 \pm 4.96e-03$	$3.90e-02 \pm 8.69e-03$	0.45
1%	$2.91e-02 \pm 9.36e-03$	$4.30e-02 \pm 8.70e-03$	$5.01e-02 \pm 9.80e-03$	0.17
3%	$9.55e-02 \pm 1.92e-02$	$1.25e-01 \pm 2.83e-02$	$1.23e-01 \pm 3.36e-02$	0.05
	Bregman			
0%	$4.02e-02 \pm 8.95e-03$	$5.93e-02 \pm 1.61e-02$	$8.54e-02 \pm 2.98e-02$	0.26
1%	$4.77e-02 \pm 1.81e-02$	$5.85e-02 \pm 1.84e-02$	$8.34e-02 \pm 2.85e-02$	0.17
3%	$1.28e-01 \pm 5.50e-02$	$1.45e-01 \pm 9.06e-02$	$1.36e-01 \pm 6.80e-02$	0.03

1 metric. As a matter of fact, the reconstructed regions with the NN-based method still  
2 show a notable contrast with respect to the background value, and 46% of the extension  
3 of the perturbed regions is correctly recovered on average even for the highest noise level  
4 (vs 5% and 3% for the variational approaches, respectively). One should notice that  
5 in the Elastic Net approach the reconstructed intensities constantly approximate the  
6 nominal one by defect for low noise level: this is not fully surprising, since regularization  
7 comes at the cost of a certain degree of smearing/blurring of the solution. On the  
8 other hand, Bregman technique increases the contrast, as already observed in previous  
9 works. In presence of high level of noise, the results are completely unreliable. Classical  
10 variational methods suffer from this problem to a higher degree especially for a rather  
11 coarse voxelization as the one we considered here (results, not reported here, for finer  
12 voxelizations, do confirm in any case this general trend).

### 13 4.3. Hybrid model/data-driven approaches

14 In contrast to directly learning a reconstruction operator, one can combine deep learning  
15 with model-based (knowledge-driven) approaches. In this framework, Jiang et al [96]  
16 investigated DOT reconstruction with limited available boundary measurements. The  
17 Direct Sampling Method was used as the idea guiding the design of a neural network

1 which learned from data the index function representing the location and shape of  
 2 contrast regions. Mozumder et al [112] followed an approach based on iterative model-  
 3 based techniques where learned components given by a CNN were intertwined with the  
 4 model physical equations. Specifically, a finite element solver was used to approximate  
 5 the solution of the physical model, embedded in a Gauss-Newton method whose update  
 6 step was chosen accordingly to a CNN. The method was shown to favorably compare  
 7 with a standard Bayesian inversion method. Zou et al [154] used an autoencoder-  
 8 like architecture comprising two neural networks. The first net learned the photon  
 9 transport process using as an input the optical coefficient map ground truth and  
 10 producing the predicted perturbation while the second net tried to reconstruct the  
 11 optical properties from measurements. The weights obtained from the initial training  
 12 process were further refined by adding physical constraints based on the difference  
 13 between the predicted perturbation and the perturbation produced by the Born model  
 14 and anatomical information by co-registered US.

#### 15 *4.4. General trends in machine learning-based DOT reconstruction*

16 Despite apparent differences, the above works show common trends which we highlight  
 17 here to provide a rationale of the present state of the art in this field:

- 18 • fully data-driven approaches generally adopt a NN architecture consisting in a fully  
 19 connected layer which performs a first inversion and then refine/denoise the result  
 20 via a series of convolutional layers. Existing frameworks, such as U-nets, can be  
 21 conveniently adapted to the refinement task with minimal changes
- 22 • end-to-end approaches based on NNs can benefit from knowledge coming from  
 23 physical models by incorporating in the net structure information about the physical  
 24 process, for example in the choice of the convolutional filters. Physical constraints  
 25 can also be added in the form of the loss function
- 26 • skip connections/attention mechanisms may enhance the recognition of the contrast  
 27 regions and deviate computational resources on these areas, alleviating the  
 28 computation from the background
- 29 • all the above mentioned papers only train the network on synthetic data, for  
 30 which the ground truth is readily available. However, the trained nets show a  
 31 good generalization capability to real data (albeit tested on very limited realistic  
 32 datasets). With this respect, some authors argue that NNs, which directly learn  
 33 from the measurement data, suffer less from prior conditions that might bias the  
 34 search space and this may favor generalization. This is however still a poorly studied  
 35 topic, which will require more investigation on larger datasets.

36 A synthetic illustration of the above concepts is presented in Figure 9.

## 5. Conclusions and perspectives

DOT has clear advantages over other imaging techniques in medical imaging, being able to detect lesions without ionization. As such it can be employed safely in both diagnosis and therapy follow up. However, much room is open to improvements in order for DOT to enter into clinical practice. Unlike X-ray CT, DOT image reconstruction is indeed affected by the scattering nature of light propagation in biological media, which significantly reduces the spatial resolution and quantification of images. Aim of this work was to review the mathematical foundations of the following issues: i) derivation of optical coefficients, which are the reconstructed quantities; ii) derivation and well posedness of the mathematical models used to describe the underlying physical processes; iii) approximation methods and numerical techniques both of physics-driven and data-driven type. In this paper we have focused our attention on the so-called Steady State-Domain DOT technology. We refer to [15] for a recent review on other existing DOT technologies. We also refer to [116] and [89] for interesting discussions about clinical aspects in the use of DOT and its integration with other imaging modalities.

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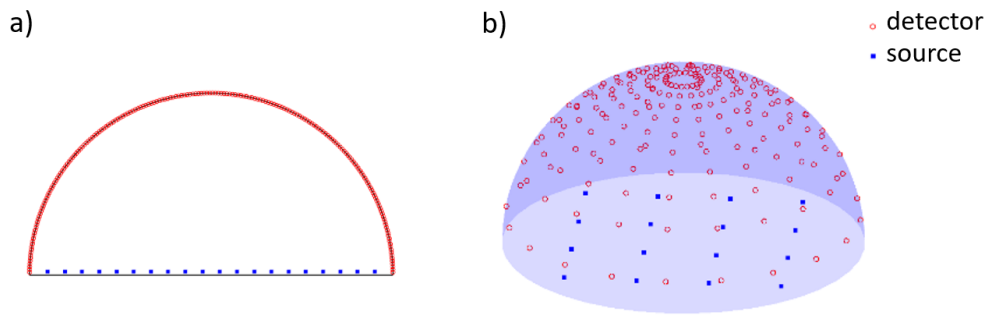
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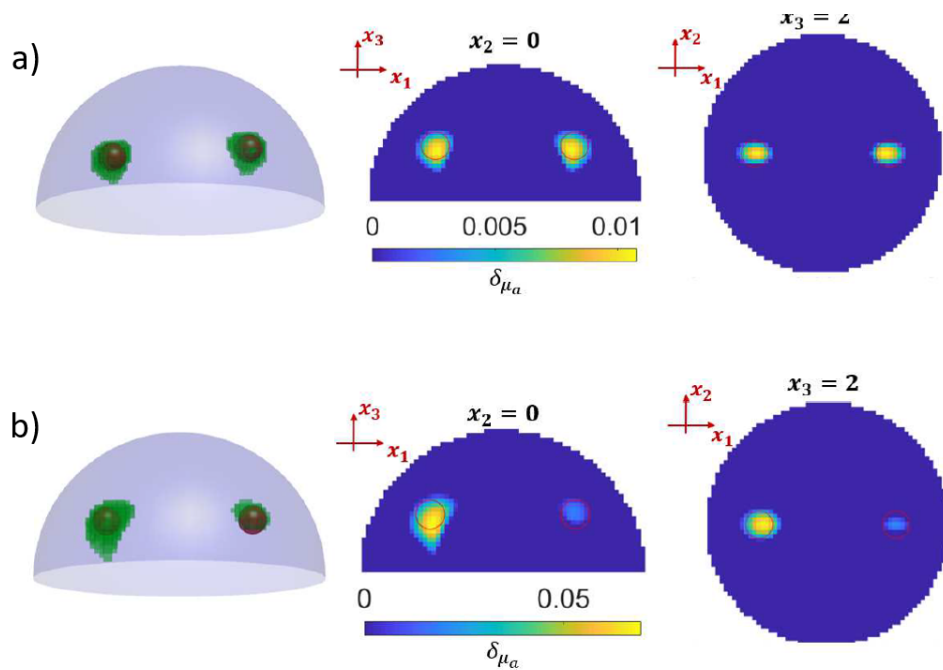
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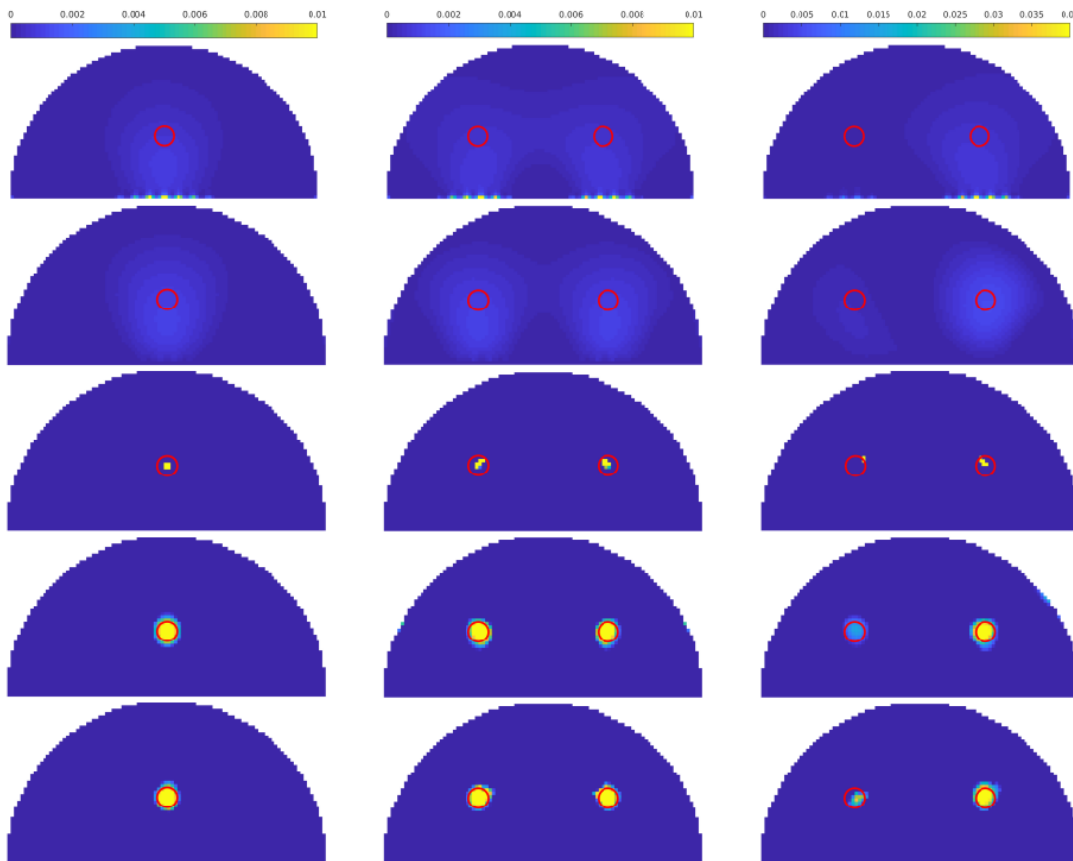
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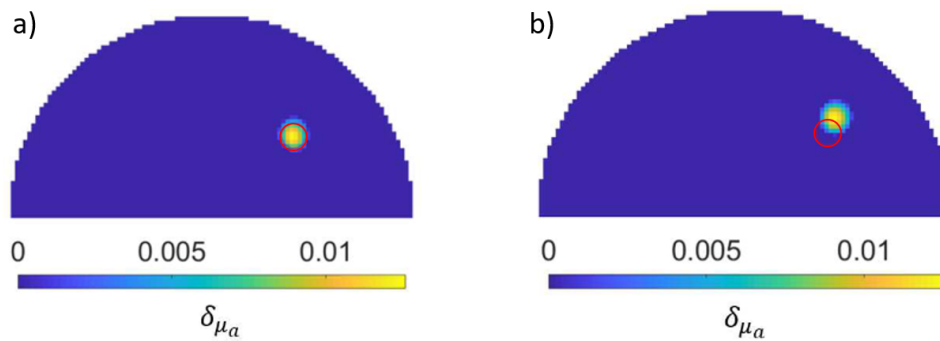
**Figure 3.** Geometry and position of sources and detectors used in the numerical tests in the: (a) 2D setting and (b) 3D setting.



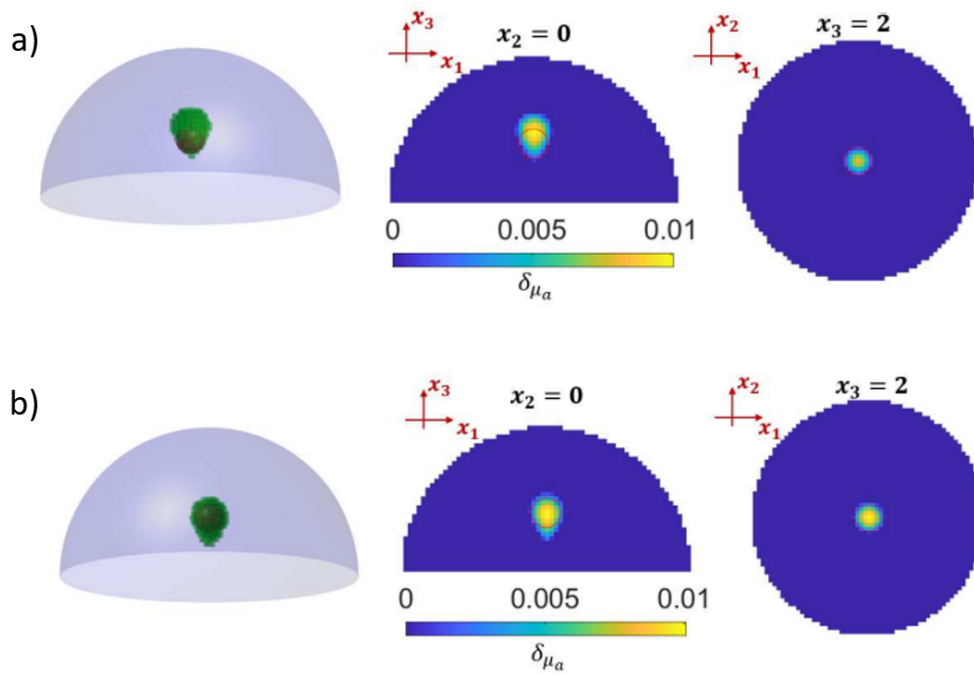
**Figure 4.** Reconstruction with contrast regions with the same (a) or different (b) strength. In the second case the algorithm struggles to obtain a good quality both in terms of localization and intensity.



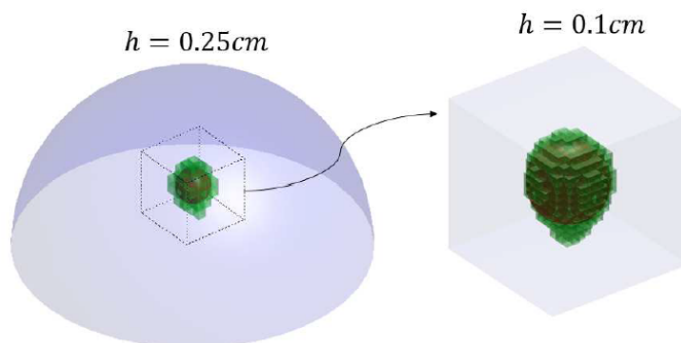
**Figure 5.** Results for test cases i), ii), iii) in column-wise order. Top to bottom: Tikhonov regularization, Bregman procedure coupled with 2-norm, pure LASSO approach, Bregman coupled with 1-norm and elastic-net procedure with  $\alpha = 0.5$ .



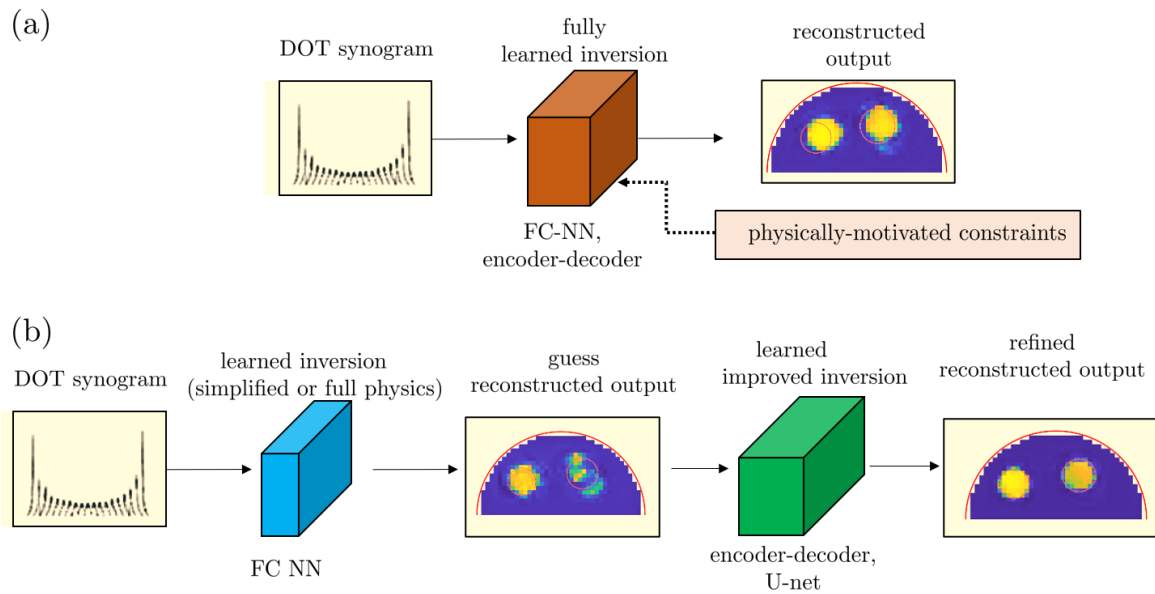
**Figure 6.** Results in the 2D test setting with: (a) no enforcement of Robin boundary conditions on the background solution; (b): enforcement of Robin boundary conditions on the background solution via the MFS strategy. The red circle represents the exact location of the contrast region.



**Figure 7.** Results in the 3D test setting with: (a) no enforcement of Robin boundary conditions on the background solution; (b): enforcement of Robin boundary conditions on the background solution via the MFS strategy. The red circle represents the exact location of the contrast region.



**Figure 8.** Improvement (right) of the spatial resolution in the 3D geometry using as soft-prior a first rough estimation of the position of the contrast region from a coarse voxelization (left).



**Figure 9.** Classes of existing DL-based approach for DOT reconstruction: a) methods of this family are fully data-driven. Sometimes the loss function used in the training of the net can be enriched with physically motivated constraints; b) methods of this family partially rely on physical models that can produce a first guess for the solution and then are supported by nets which improve it.