

# Food Bioscience

## Testing of a new high voltage electrical discharge generator prototype at high frequencies to assist anthocyanin extraction from blueberries

--Manuscript Draft--

|                              |  |
|------------------------------|--|
| <b>Manuscript Number:</b>    | FBIO-D-22-02145R2  |
| <b>Article Type:</b>         | VSI: Fruit Waste Exploration   |
| <b>Keywords:</b>             | Green extraction; Cell permeability; High voltage electrical discharge; Anthocyanins; blueberry  |
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| <b>Abstract:</b>             | <p>Traditional extraction methods are based on high-temperature maceration with organic solvents, which are dangerous for human health. A viable alternative to overcome the issues associated with conventional extraction is to increase cell tissue permeability by applying high voltage electrical discharge (HVED) treatments. The objective of this work was to validate the electroporation of blueberry plant cells using a new HVED generator prototype at a high frequency, investigate the effect, intensity, and duration of the applied voltage, and recover anthocyanins from its electroporated cells. The electroporation level of the HVED-treated blueberries was measured qualitatively by transmission electron microscopy (TEM) analysis. Meanwhile, it was quantitatively measured by the cell permeabilization index (<math>Z_p</math>) and anthocyanin extraction level. Results of the micrographs (TEM) showed electroporation in all treatments in which <math>Z_p</math> was 0.24 when applying a 2 kV treatment for 2 s, whereas a 3-fold increase in tissue damage was revealed with the most powerful treatment (10 kV voltage, 30 s). In addition, anthocyanin values ranged from <math>83.09 \pm 1.20</math> (control) to <math>136.82 \pm 0.84</math> (HVED), which was 64.66% higher. The HVED treatment can increase mass transfer rates during conventional extraction processes. It should be noted that the validated prototype required a low specific energy requirement (31 to 204 kJ/kg) for proper tissue electropermeabilization. In conclusion, we demonstrated the capability of the developed HVED prototype to boost mass transfer phenomena and thus potentially increase its adaptability to assist dissimilar industrial processes or waste (e.g., peels and seeds) such as freeze-drying operations.</p> |
| <b>Suggested Reviewers:</b>  | <p>Jaime Ortíz, PhD<br/>Professor, University of Chile<br/>jaortiz@uchile.cl<br/>Extraction of bioactive compounds from food<br/>Functional properties of food</p> <p>Erick S. Scheuermann, PhD<br/>Professor, University of the Frontier<br/>ericks@ufrontera.cl<br/>Experience in bioactive compound extraction<br/>Food processing</p> <p>Alejandro Reyes, PhD<br/>Professor, University of Santiago Chile<br/>alejandro.reyes@usach.cl<br/>Expert in Food Processing<br/>Extraction of bioactive compounds</p>   |

|                               |  |
|-------------------------------|--|
| <b>Opposed Reviewers:</b>     |  |
| <b>Response to Reviewers:</b> |  |

Dear Editor in Chief  
Giuseppe Spano, PhD

Attn  
Guest editor  
Dr. Carlos L. Cespedes

This paper leads to an alternative to recover compounds from fruits or waste by permeabilizing the cell membrane using a prototype of high voltage electrical discharge (HVED) generator. This equipment was developed with the aim of investigating the effect of the main processing parameters, intensity and duration of the applied voltage, on the degree of electroporation of fresh blueberries and the recovery of anthocyanins from their skins after methanolic extraction. The level of electroporation produced by the HVED system was assessed quantitatively (cell disintegration index, ZP) or qualitatively by transmission electron microscopy (TEM) analysis.

We demonstrated the ability of the developed HVED prototype to drive mass transfer phenomena and thus potentially increase its adaptability to assist different industrial processes or waste (eg husks and seeds)

We believe that the present work is of interest to food scientists and engineers involved in compound extraction or industrial waste recovery, especially for those working on an industrial scale.

We confirm that this work is original; it has not been published elsewhere nor is it currently under consideration for publication elsewhere.

Thank you for your consideration of this manuscript.

Sincerely

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Tel: (56)42-253072

1 The authors would like to thank the editor and all the reviewers for the time and effort spent  
2 reviewing our manuscript and for their useful and effective inputs that helped us to further  
3 improve it. The changes made by the authors, in response to the reviewers' comments, are  
4 reported below.

5 **Reviewer #2**

6 - Line 64 remove space before "In Conclusion)

7 **Answer:** This recommendation has been considered in the new version of the manuscript,  
8 therefore the space was removed as gently required in page 2, line 31.

9 - Line 44 and 53 Provide space before starting every new paragraph. Also, correct it  
10 throughout the manuscript.

11 **Answer:** This recommendation has been considered in the new version of the manuscript;  
12 spaces were added before each paragraph.

13 - Line 111 Provide equipment details for oven dryer.

14 **Answer:** This recommendation has been considered in the new version of the manuscript,  
15 hence the information was properly incorporated in page 05 lines 111.

16 - Line 110 Include the moisture content data. On dry or wet basis?

17 **Answer:** This recommendation has been considered in the new version of the manuscript  
18 and the missing information was added in page 05 lines 111.

19 - Line 116 -118 clear the formatting and color for % values for chemical reagent and  
20 purity correction required for previous comments.

21 **Answer:** This recommendation has been considered in the new version of the manuscript.  
22 We deleted the format and color of the % values for the chemical reagent, and the purity  
23 percentages were also reported in page 06 lines 118 to 121.

24 Authors have failed to respond the following comments, without suitable justification it is  
25 difficult to comment on this manuscript.

26 Conclusion - Conclusion section is too lengthy; authors should reduce it and include the  
27 outcome of research with future scope related to this study.

28 **Answer:** This recommendation has been considered in the new version of the manuscript.  
29 Conclusion were reduced (page 17, lines 373-384) and future scopes (lines 382-384)

30 Section 2.1 - Authors should clearly respond to each comment, read properly and respond  
31 them. The utilized blueberries samples were fresh or not? Why did authors purchase  
32 blueberries from fruit vendor rather than fresh farm? Authors should include the detail of  
33 harvesting of purchased blueberries samples? How long it was stored in the market at what  
34 storage conditions? What were the storage conditions during the transportation of blueberries  
35 samples from the market to the research area? After reaching the research area, it was  
36 immediately processed or stored?

37 **Answer:** This recommendation has been considered in the new version of the manuscript  
38 and incorporated in page 05 lines 105 to 110.

39 Line 113-115 - The authors should justify, how they homogenized blueberry  
40 anthocyanin content prior to the HVED assisted extraction step? Authors should include the  
41 detailed description of the homogenization process.

42 **Answer:** This recommendation has been considered in the new version of the manuscript  
43 and incorporated on it.

44 The anthocyanins are found mainly in the fruit skin, therefore the homogenizing criteria was  
45 based mainly in the color parameter. In order to clarify this aspect, we performed a correction  
46 in the new version of the manuscript in page 06 lines 114 to 117.

47 Section 3.1 - Authors should highlight the changes made in this section and provide line and  
48 page number on the answer sheet.

49 **Answer:** In the new manuscript version, particularly in Section 3.1, all changes that we made  
50 in the first revision are highlighted in light blue (pages 11 to 12, lines 236 to 252).

51 Figure 4: Authors should include the changes as mentioned in the comment. I do not observe  
52 any changes made by authors in TEM images. Authors should read the reviewers' comment  
53 again and again and respond them.

54 Each figure provided by the lab should include the magnification and applied voltage values.  
55 It was not necessary for authors to include them in their typewriting, else it shows the  
56 manipulating figures. For representing TEM images, authors should refer to some recently  
57 published standard articles.

58 **Answer:**

59 It is not possible to include the magnification and voltage values directly on TEM images  
60 according to following reasons:

61 - TEM images in opposite to SEM images don't include magnification or any other  
62 information of images because of the way to obtain TEM images are completely  
63 different from the SEM ones. In SEM, the images are captured from the electrons that

64 impact the sample surface and return to the equipment, and magnification is captured  
65 immediately from the equipment and printed in the image. On the other and in TEM  
66 an image is formed from the interaction of the electrons with the sample as the beam  
67 is transmitted through the specimen. The image is then magnified and focused onto  
68 an imaging device, such as a fluorescent screen, a layer of photographic film, or a  
69 sensor such as a scintillator attached to a charge-coupled device. In this study a  
70 camera Gatan, model 782 installed in the TEM equipment was used. This camera  
71 originally displays values different from the real magnification, therefore them it is  
72 necessary to calculate the real magnification by a formula giving by the equipment  
73 provider. Finally, the equipment operator gave us the real magnification, we can't  
74 manipulate the images.

75 - Second, the values written at the bottom of each image correspond to the HVED  
76 treatment voltage applied to blueberries, not the TEM voltage.

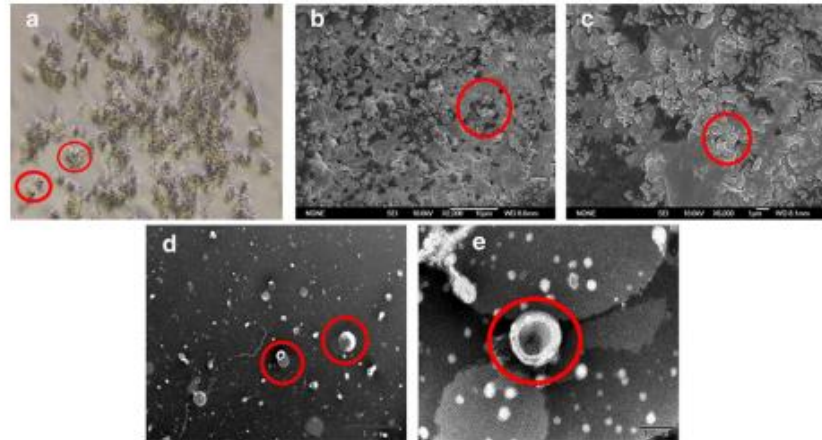
77 - Third, as you suggested, current papers were reviewed for the year 2022.

78

79 In the list of images obtained from papers recently publishes it is possible to observe that  
80 TEM images don't contain any information of magnification neither the voltage.

81 Zhang, G., Fang, S., Regenstein, J. M., & Wang, F. (2022). Preparation, characterization and  
82 stability of nanoliposomes loaded with peptides from defatted walnut (*Juglans regia* L.)  
83 meal. *Journal of Food Science and Technology*, 1-12.

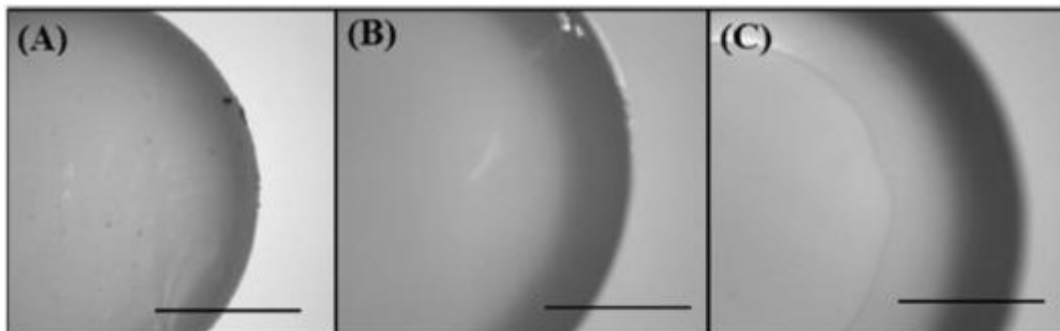
**Fig. 5** Nanoliposome loading peptides with MW of 5–10 kDa: **a** optical microscope image at 400× magnification; **b, c** SEM images at 2200 and 6000× magnifications; **d, e** TEM images at 40,000× and 400,000× magnifications



84

85 Below are a number of articles from the year 2022 featuring TEM images, only including the  
 86 reference in the image.

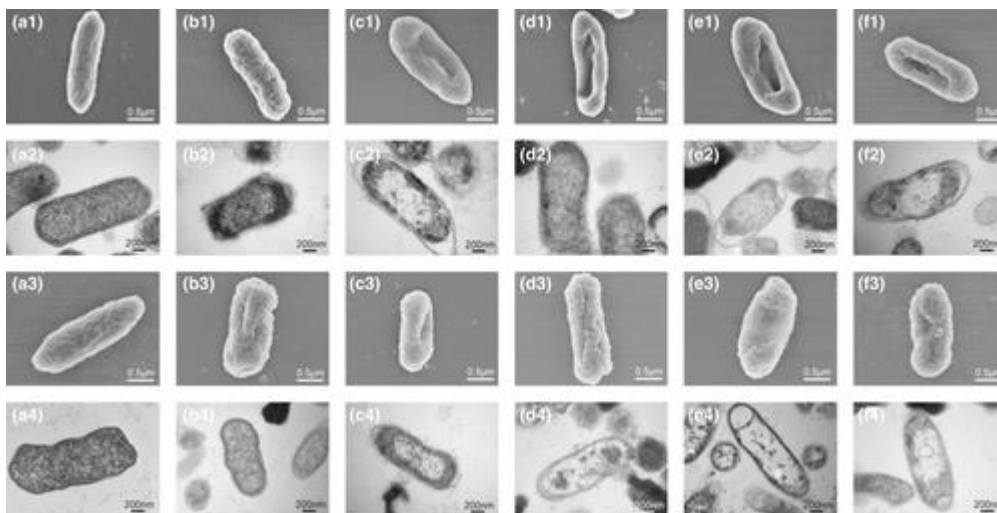
87 1- Maleki, G., Woltering, E. J., & Mozafari, M. R. (2022). Applications of chitosan-  
 88 based carrier as an encapsulating agent in food industry. *Trends in Food Science &*  
 89 *Technology*, 120, 88-99. <https://doi.org/https://doi.org/10.1016/j.tifs.2022.01.001>



90

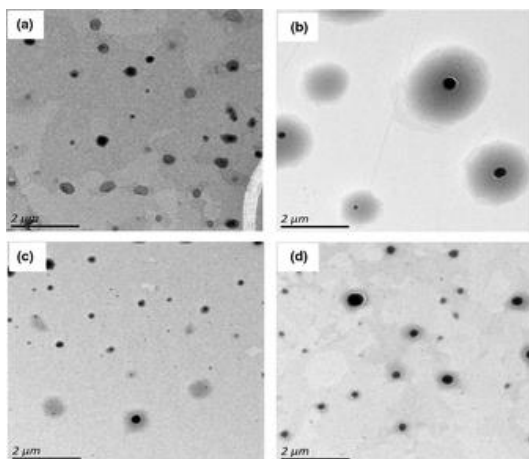
91 2- Zhang, R., Li, Q., Yang, L., Dwibedi, V., Ge, Y., Zhang, D., ... & Sun, T. (2022). The  
 92 antibacterial activity and antibacterial mechanism of the tea polyphenol  
 93 liposomes/lysozyme–chitosan gradual sustained release composite  
 94 coating. *International Journal of Food Science & Technology*.





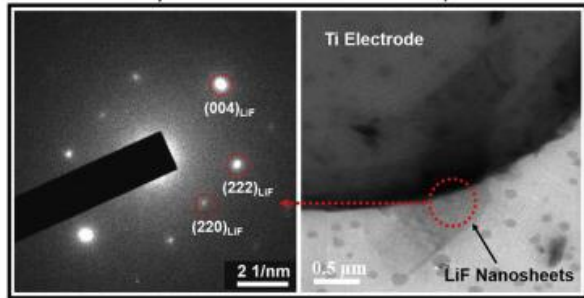
95

96 3- Huang, M., Wang, J., Tan, C., Ying, R., Wu, X., Chen, W., ... & Ahmad, M. (2022).  
 97 Liposomal co-delivery strategy to improve stability and antioxidant activity of trans-  
 98 resveratrol and naringenin. *International Journal of Food Science &*  
 99 *Technology*, 57(5), 2701-2714.



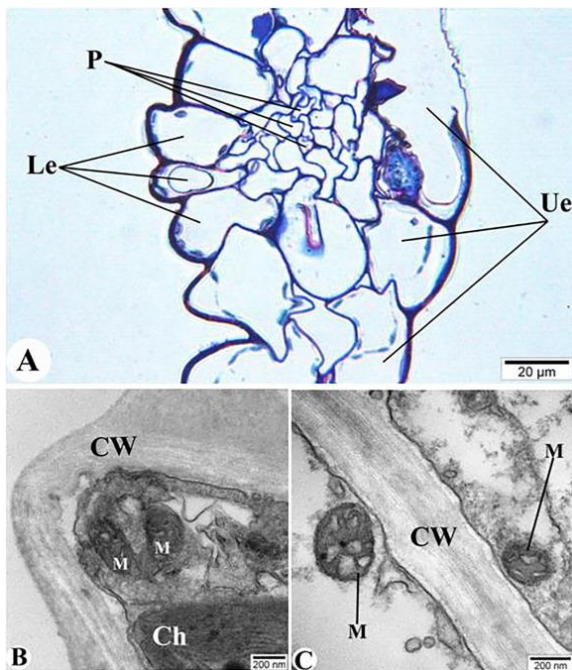
100

101 4- Zhang, Q., Ma, J., Mei, L., Liu, J., Li, Z., Li, J., & Zeng, Z. (2022). In situ TEM  
 102 visualization of LiF nanosheet formation on the cathode-electrolyte interphase (CEI)  
 103 in liquid-electrolyte lithium-ion batteries. *Matter*, 5(4), 1235-1250.



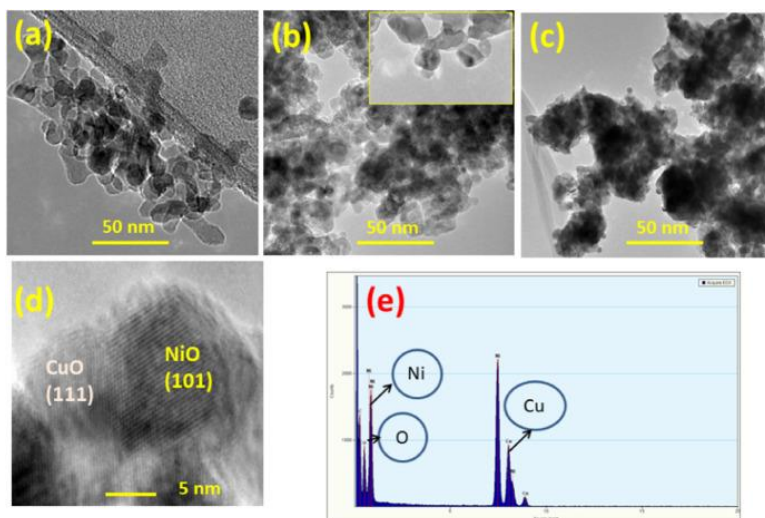
104

105 5- Rzayev, F. H., Gasimov, E. K., Agayeva, N. J., Manafov, A. A., Mamedov, C. A.,  
 106 Ahmadov, I. S., ... & Choi, K. C. (2022). Microscopic characterization of  
 107 bioaccumulated aluminium nanoparticles in simplified food chain of aquatic  
 108 ecosystem. *Journal of King Saud University-Science*, 34(1), 101666.



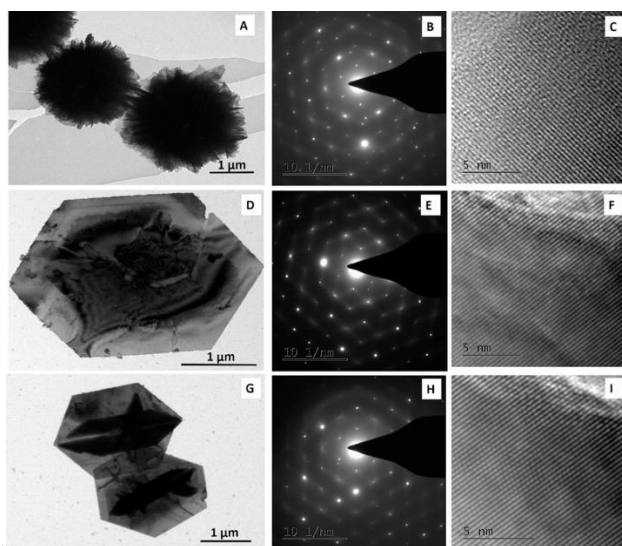
109

110 6- Gnanasekaran, L., Santhamoorthy, M., Naushad, M., ALOthman, Z. A., Soto-  
 111 Moscoso, M., Show, P. L., & Khoo, K. S. (2022). Photocatalytic removal of food  
 112 colorant using NiO/CuO heterojunction nanomaterials. *Food and Chemical*



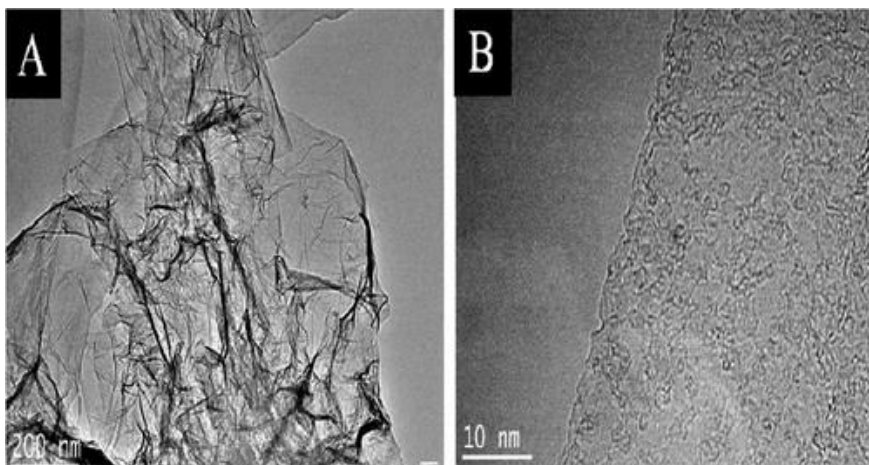
114

- 115 7- Radhakrishnan, S., Mathiyarasu, J., & Kim, B. S. (2022). Environmental-assisted  
116 shape-controlled synthesis and electrocatalytic performance of CuS nanostructures  
117 for vanillin detection in commercial food products. *Applied Materials Today*, 27,  
118 101428



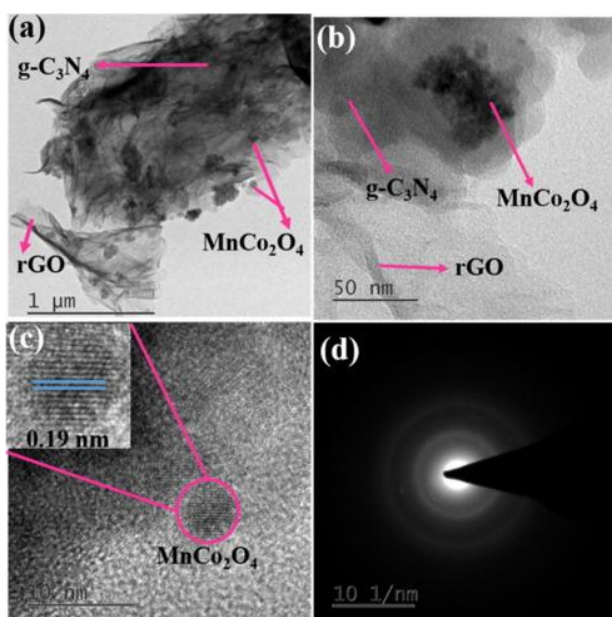
119

120 8- Raul, P. K., Thakuria, A., Das, B., Devi, R. R., Tiwari, G., Yellappa, C., & Kamboj,  
121 D. V. (2022). Carbon nanostructures as antibacterials and active food-packaging  
122 materials: A review. *ACS omega*, 7(14), 11555-11559.



123

124 9- Maji, B., Achary, L. S. K., Barik, B., Sahoo, S. J., Mohanty, A., & Dash, P. (2022).  
125 MnCo<sub>2</sub>O<sub>4</sub> decorated (2D/2D) rGO/g-C<sub>3</sub>N<sub>4</sub>-based Non-Enzymatic sensor for highly  
126 selective and sensitive detection of Chlorpyrifos in water and food samples. *Journal*  
127 *of Electroanalytical Chemistry*, 909, 116115.



128

129 Finally, following modifications made in the article are highlighted:

130 The magnification value is based on the reference measure found in the image, pages 26-27  
131 lines 608 to 612.

132 The applied voltage was incorporated in the methodology and in figure caption page 08 lines  
133 168 to 170.

134 **Reviewer #3:** This study provides an electrotechnology to assist anthocyanin extraction from  
135 fresh and waste blueberries by using high voltage electrical discharge, which is interesting  
136 and of significance for the industry. The authors have made a lot of revisions according to  
137 the reviewers, and the manuscript has improved to a large degree.

138 After reviewing the revised manuscript, I still have some suggestions or questions for the  
139 authors to address.

140 1. The title includes "fresh and waste blueberries", however, I do not find any experiments  
141 or data on waste blueberries. What does the waste blueberry refer to here? Fresh and waste  
142 blueberries are different, and the obtained results may vary. Line 41: the introduction starts  
143 with "industrial agrifood waste". Again, the experiments were not involved with the waste  
144 blueberry. Maybe the waste blueberries could be discussed in future and prospects section. I  
145 think they need to be adjusted.

146 **Answer:** This recommendation has been considered in the new version of the manuscript  
147 and incorporated in page 17 lines 382 to 384, and the title was modified in the new version  
148 of the paper as follows: "Testing of a new high voltage electrical discharge generator  
149 prototype at high frequencies to assist anthocyanin extraction from blueberries"

150

151 2. Line 55: the authors do not have to mention TEM specifically here, maybe just use  
152 "microstructure observation".

153 **Answer:** This recommendation has been considered in the new version of the manuscript  
154 and "microstructure observation" paragraph was incorporated in page 03 lines 55

155

156 3. Line 56-61: these descriptions on "electrical impedance" are not necessary; at least, this  
157 should be shortened. In addition, I do not really like the sentence "including biological tissues  
158 such as food", as "food" is usually not associated with biological tissues.

159 **Answer:** This recommendation has been considered in the new version of the manuscript  
160 incorporated in page 03 lines 55 to 58. The paragraph was reduced and "including biological  
161 tissues" was eliminated

162 4. Line 79-82: there are too many citations here. Are they really necessary?

163 **Answer:** This recommendation has been considered in the new version of the manuscript  
164 incorporated in page 04 lines 74 to 78. Only more recent citations were considered

165 5. In Fig.4 (h-j), the power of each figure is  $E=10$  kV/cm.  $t=10$  s. what is the difference?

166 **Answer:** Effectively there are typing errors in Fig.4 i and Fig. 4.j They were modified in  
167 the new paper version

168

169 6. Line 330: It is necessary to clarify

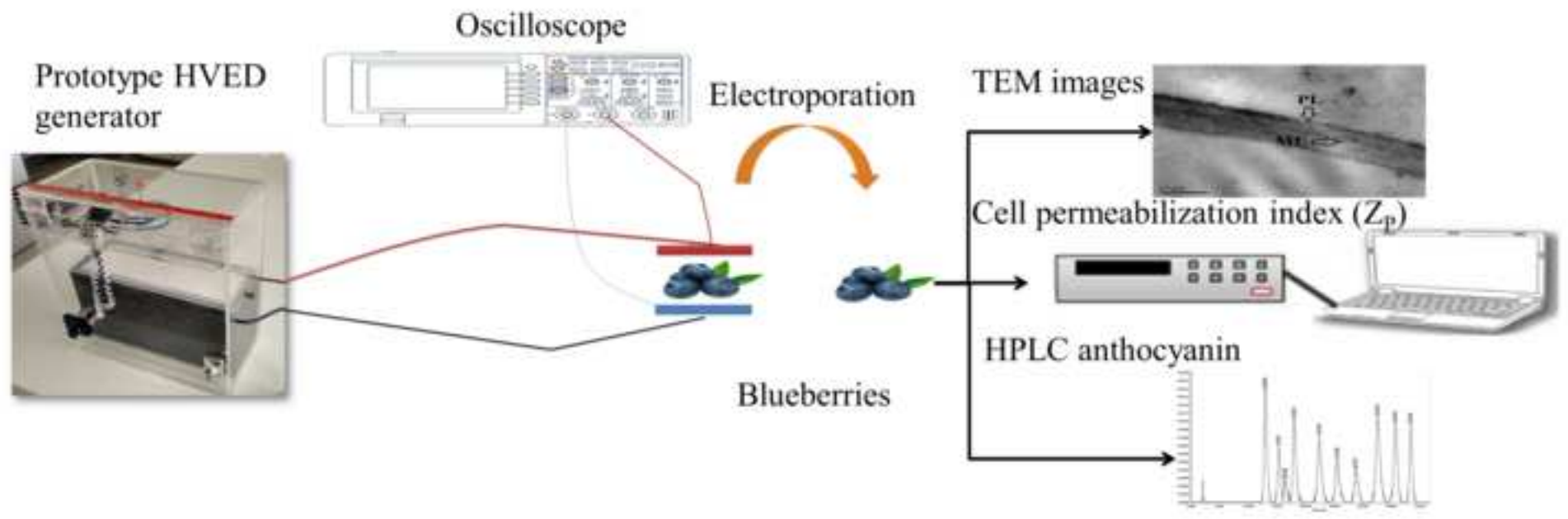
170 **Answer:** This recommendation has been considered in the new version of the manuscript  
171 incorporated in page 15 lines 331.

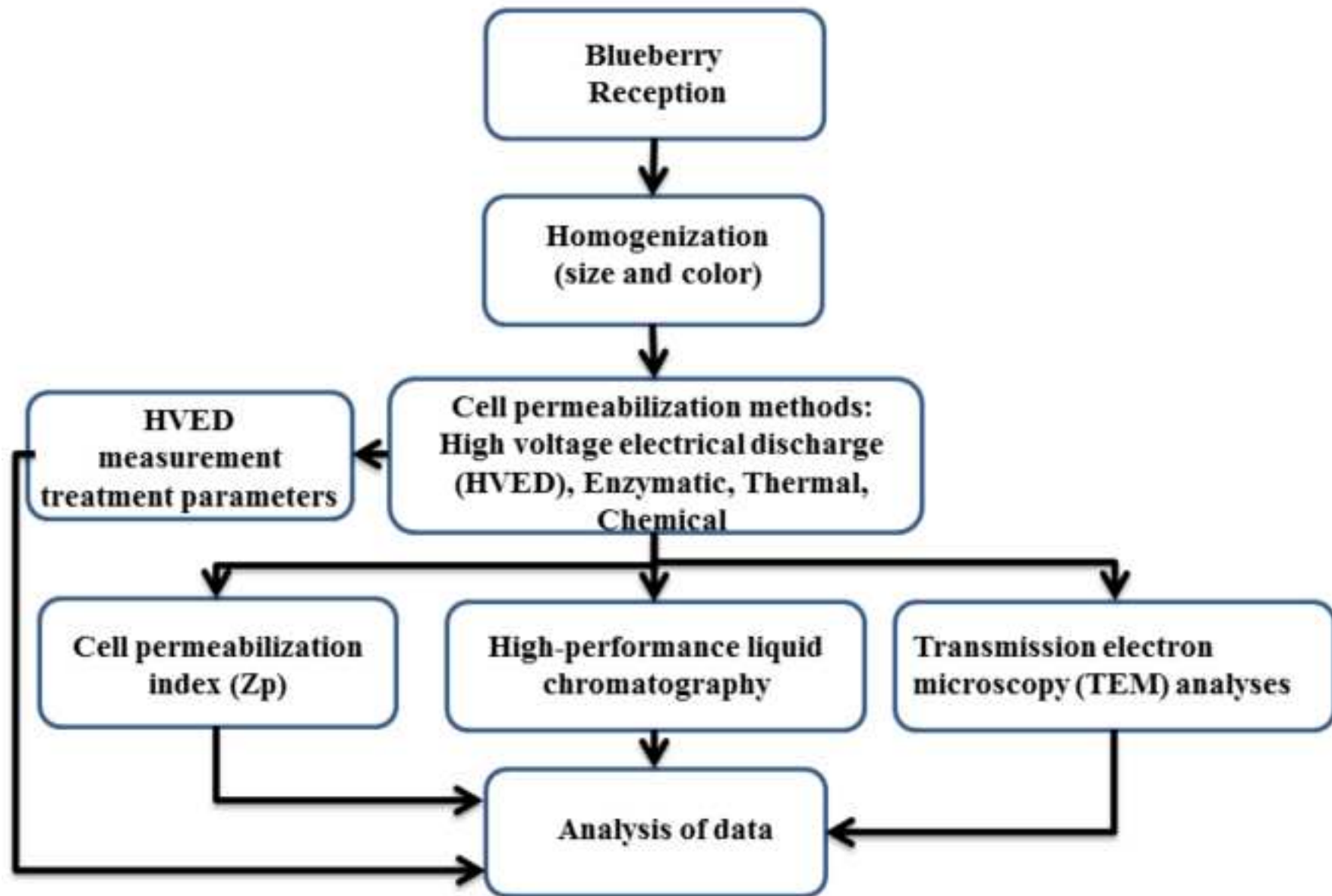
The word “clarify” was changed to the word “highlight”, as it is more suitable.

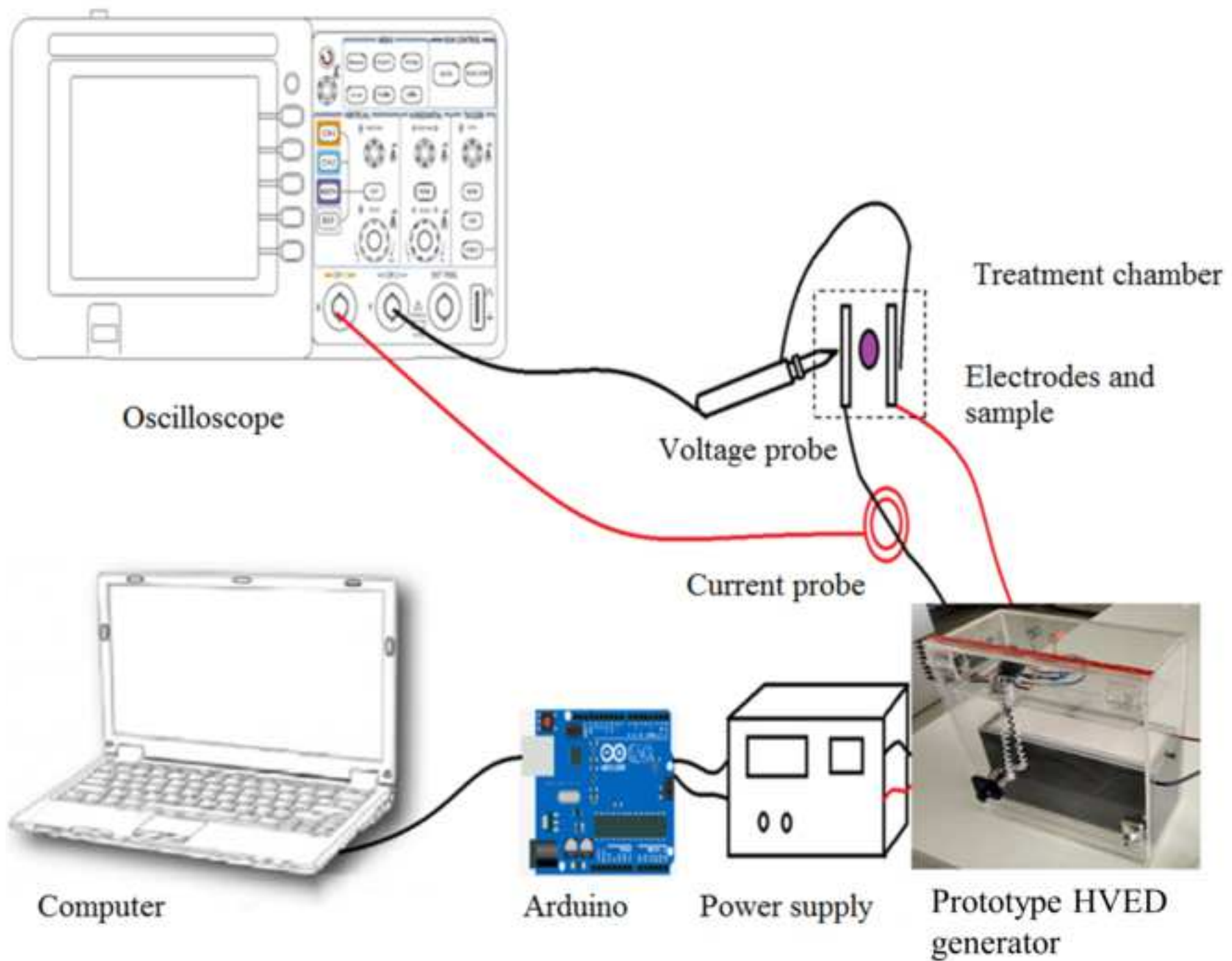
## **Highlights**

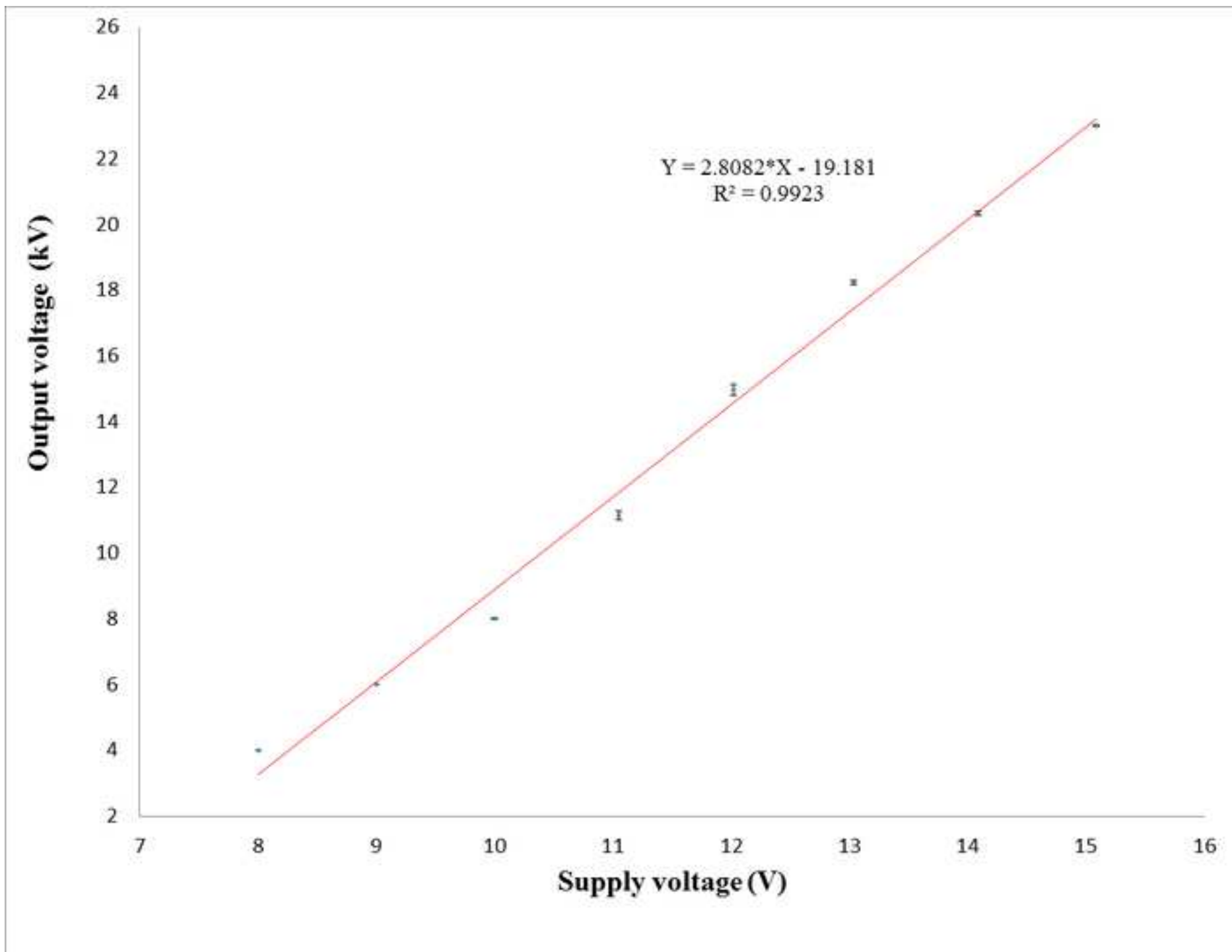
- A new high voltage electric discharge (HVED) prototype was developed
- The parameters of the HVED prototype were validated
- The HVED treatments were compared with traditional treatments
- The HVED is a "green" method to extract valuable compounds from blueberries

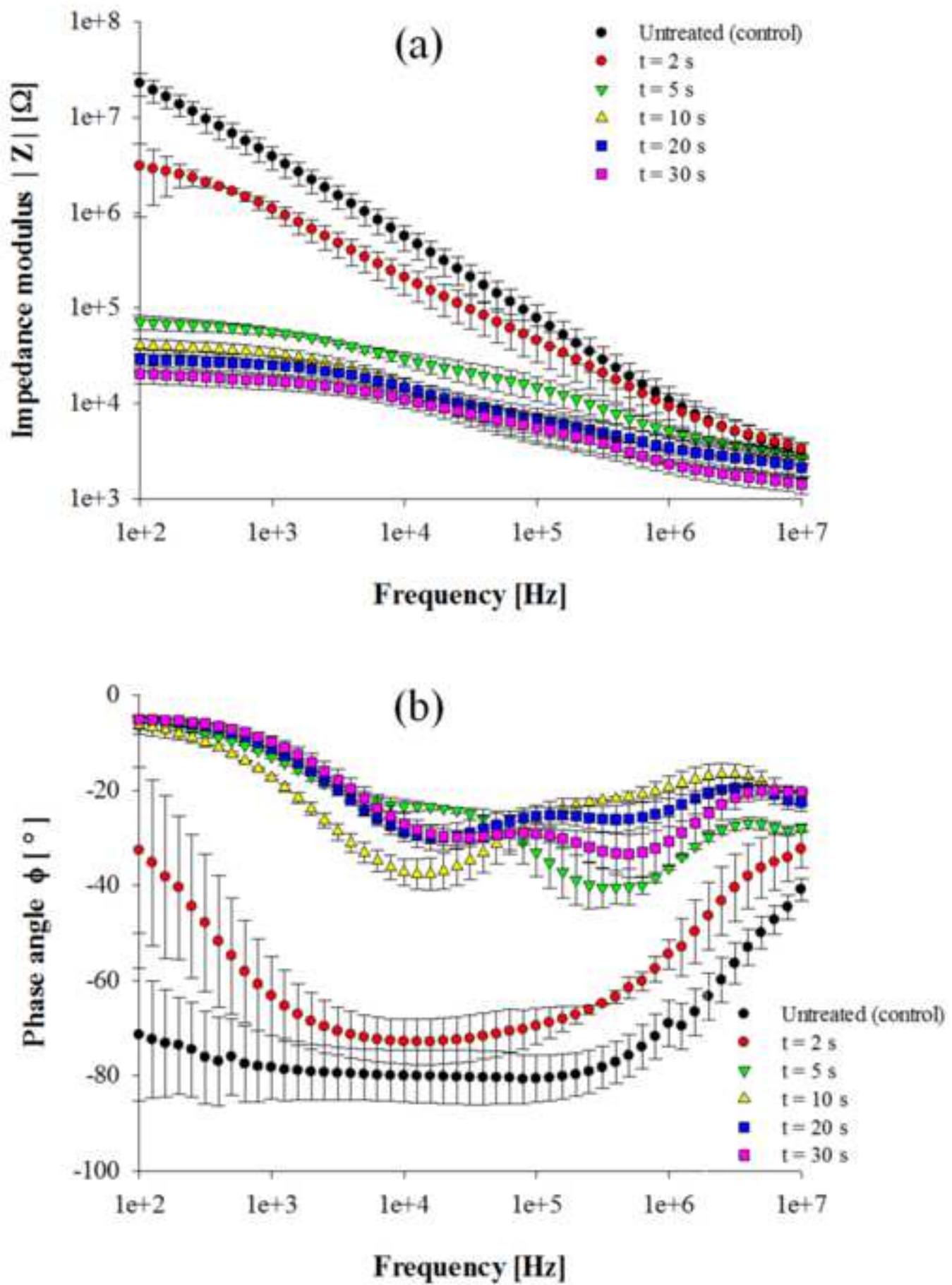


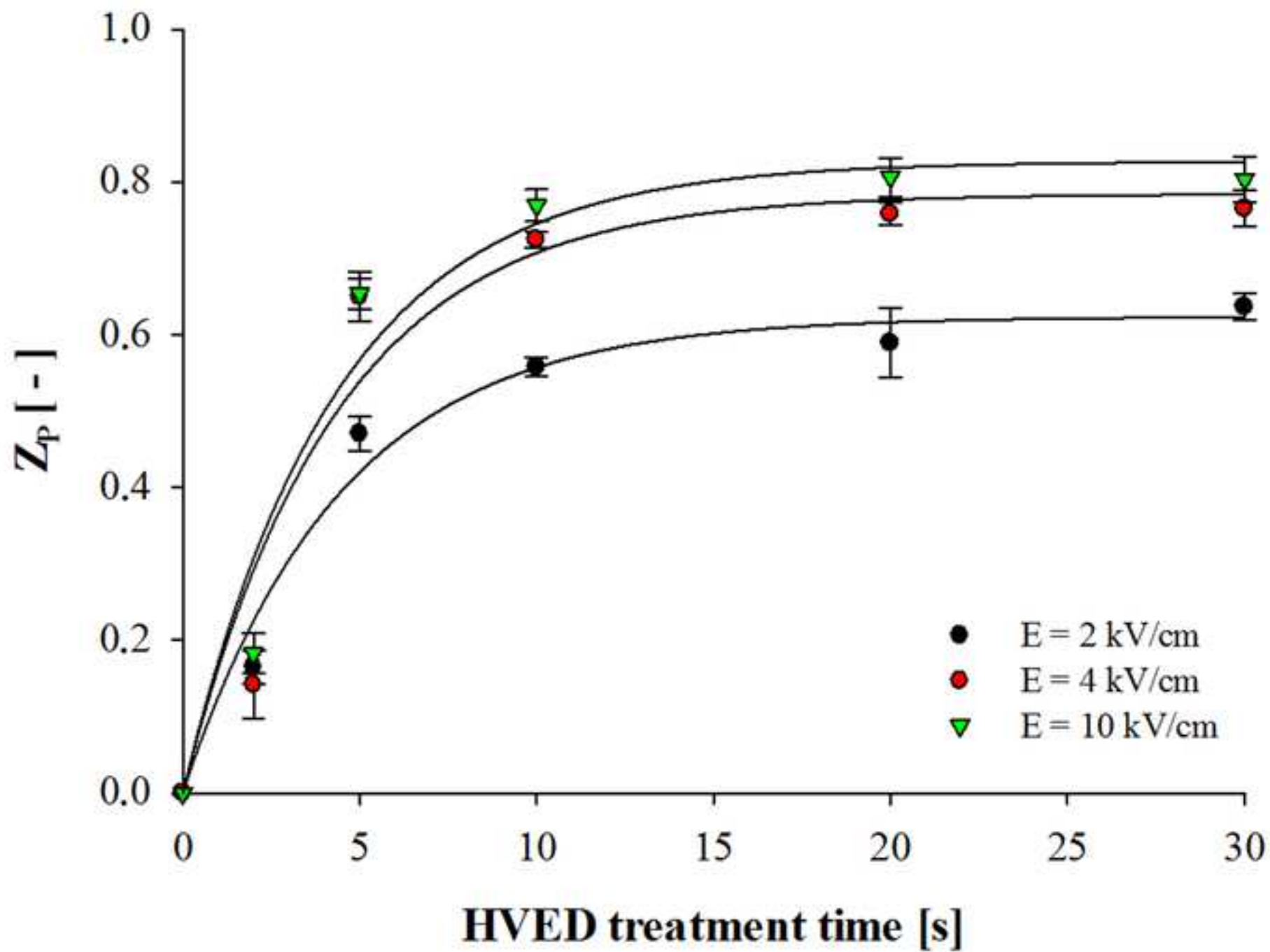


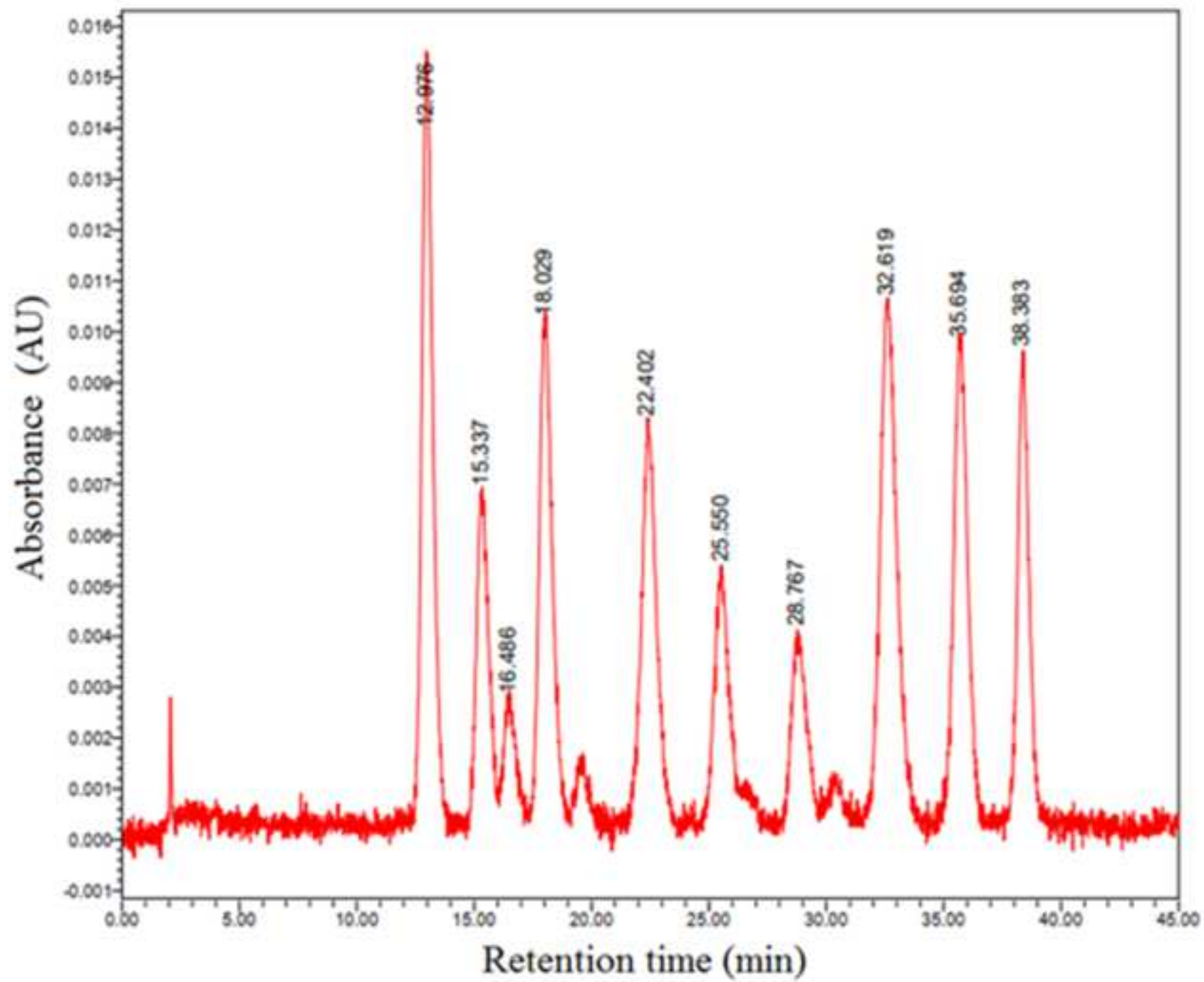














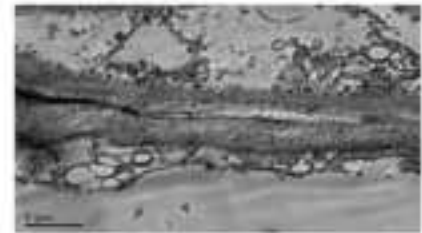
(a) Control



(b) E = 2 kV/cm, t = 10 s



(c) E = 2 kV/cm, t = 20 s



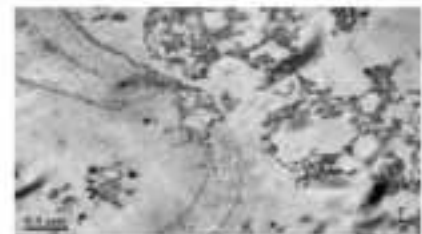
(d) E = 2 kV/cm, t = 30 s



(e) E = 4 kV/cm, t = 10 s



(f) E = 4 kV/cm, t = 20 s



(g) T6 E = 4 kV/cm, t = 30 s



(h) T7 E = 10 kV/cm, t = 10 s



(i) T8 E = 10 kV/cm, t = 20 s



(j) T9 E = 10 kV/cm, t = 30 s



(k) Thermal



(l) Chemical



(m) Enzymatic



1 **Table 1.** Specific energy consumption (WT in kJ/kg) applied to blueberries during treatments according to the combination of applied  
2 electric field intensity (E in kV/cm) and process time (t in s). Results are expressed as mean  $\pm$  SD.

| HVED<br>Exposure time [s] | Specific energy consumption [kJ/kg] |                   |                   |
|---------------------------|-------------------------------------|-------------------|-------------------|
|                           | E = 2 kV/cm                         | E = 4 kV/cm       | E = 10 kV/cm      |
| 2                         | 6.00 $\pm$ 0.18                     | 21.00 $\pm$ 0.62  | 41.00 $\pm$ 1.23  |
| 5                         | 16.00 $\pm$ 0.77                    | 53.00 $\pm$ 1.55  | 104.00 $\pm$ 1.7  |
| 10                        | 31.00 $\pm$ 1.82                    | 133.36 $\pm$ 3.30 | 204.00 $\pm$ 1.08 |
| 20                        | 60.00 $\pm$ 5.88                    | 266.72 $\pm$ 3.05 | 401.00 $\pm$ 1.14 |
| 30                        | 93.00 $\pm$ 8.20                    | 396.00 $\pm$ 5.50 | 579.00 $\pm$ 24.4 |

3

1 **Table 2.** Equipment parameters of high voltage electric discharge (HVED) used in recent research are listed: Product, voltage, frequency,  
 2 extract, energy, and authors.

| Product                | Voltage [kV] | Frequency [Hz] | Extract              | Energy [kJ/kg] | Authors                          |
|------------------------|--------------|----------------|----------------------|----------------|----------------------------------|
| Cocoa shells           | 15           | 40             | Multi-element        | --             | (Barišić et al., 2022)           |
| Fermented grape pomace | 40           | 0.5            | Bio-compounds        | 118            | (Barba et al., 2015b)            |
| Grapefruit peels       | 40           | 0.5            | Polyphenol           | 7.27 to 218    | (El Kantar et al., 2019)         |
| Microalgae             | 40           | 0.5            | Bio-molecules        | --             | (Zhang et al., 2020)             |
| Orange peels           | 40           | 0.5            | Reduce sugar         | 222            | (El Kantar et al. 2018)          |
| Oregano                | 25           | 100            | Bioactive compounds  | --             | (Nutrizio et al., 2021)          |
| Peanut shells          | 20           | 1000           | Flavonoids           | --             | (Yan et al., 2018)               |
| Pomegranate peel       | 20           | 1000           | Phenols              | --             | (Xi et al., 2017)                |
| Pomegranate fruit      | 40           | 0.5            | Proteins/polyphenols | 27 to 373      | (Hernández-Corroto et al., 2022) |
| Canola straw           | --           | 0.5            | Lignin               | 800            | (Brahim et al., 2017)            |
| Sage                   | 25           | 100            | Antioxidant          | --             | (Nutrizio et al., 2020)          |
| Sesame seeds           | 40           | 0.5            | Oil                  | 40 to 240      | (Sarkis et al., 2015b)           |
| Sugar beets            | 40           | 0.5            | Pectin               | 76.2           | (Almohammed et al., 2017)        |
| Vine shoots            | 40           | 0.5            | Polyphenol           | 101 to 609     | (Rajha et al., 2015b)            |

3

4

- 1 **Table 3.** Concentration (mg/L) of individual and total anthocyanins in methanolic extracts from untreated, HVED treated (10 kV/cm, 10 s),  
2 and alternatively processed (thermal, enzymatic, chemical) blueberries.

| Peak n° | Retention time<br>[min] | Anthocyanin        | Concentration [mg/L]      |                            |                            |                           |                            |
|---------|-------------------------|--------------------|---------------------------|----------------------------|----------------------------|---------------------------|----------------------------|
|         |                         |                    | Control                   | HVED                       | Thermal                    | Enzymatic                 | NaOH                       |
| 1       | 12.97                   | D-3-O-Gal          | 11.81 ± 0.63 <sup>b</sup> | 25.36 ± 1.30 <sup>c</sup>  | 31.58 ± 0.85 <sup>e</sup>  | 6.58 ± 0.14 <sup>a</sup>  | 28.37 ± 1.40 <sup>d</sup>  |
| 2       | 15.33                   | D-3-O-Glu          | 5.94 ± 0.59 <sup>b</sup>  | 9.88 ± 0.91 <sup>c</sup>   | 14.33 ± 0.60 <sup>d</sup>  | 3.51 ± 0.33 <sup>a</sup>  | 12.54 ± 0.97 <sup>d</sup>  |
| 3       | 16.48                   | C-3-O-Gal          | 4.29 ± 0.91 <sup>a</sup>  | 6.72 ± 0.66 <sup>b</sup>   | 7.76 ± 0.37 <sup>b</sup>   | 3.80 ± 0.41 <sup>a</sup>  | 8.12 ± 0.92 <sup>b</sup>   |
| 4       | 18.02                   | D-3-O-Ara          | 9.31 ± 1.36 <sup>b</sup>  | 18.59 ± 1.90 <sup>c</sup>  | 25.04 ± 1.11 <sup>e</sup>  | 4.55 ± 0.66 <sup>a</sup>  | 20.48 ± 1.24 <sup>c</sup>  |
| 5       | 22.40                   | Pet-3-O-Gal        | 9.39 ± 0.95 <sup>ab</sup> | 16.72 ± 1.80 <sup>c</sup>  | 22.51 ± 0.22 <sup>d</sup>  | 5.66 ± 0.34 <sup>a</sup>  | 13.76 ± 3.02 <sup>bc</sup> |
| 6       | 25.55                   | Pet-3-O-Glu        | 4.73 ± 0.33 <sup>a</sup>  | 8.12 ± 0.68 <sup>b</sup>   | 11.24 ± 0.48 <sup>c</sup>  | 3.01 ± 0.45 <sup>a</sup>  | 8.29 ± 1.09 <sup>b</sup>   |
| 7       | 28.76                   | Peo-3-O-Glu.       | 1.27 ± 0.35 <sup>b</sup>  | 2.33 ± 0.07 <sup>c</sup>   | 3.26 ± 0.22 <sup>d</sup>   | 0.56 ± 0.16 <sup>a</sup>  | 1.61 ± 0.30 <sup>b</sup>   |
| 8       | 32.61                   | M-3-O-Gal          | 15.56 ± 2.44 <sup>b</sup> | 17.59 ± 0.04 <sup>b</sup>  | 30.54 ± 1.93 <sup>c</sup>  | 9.53 ± 0.29 <sup>a</sup>  | 14.83 ± 0.01 <sup>b</sup>  |
| 9       | 35.69                   | M-3-O-Glu          | 11.39 ± 3.04 <sup>b</sup> | 17.41 ± 0.22 <sup>c</sup>  | 24.50 ± 0.75 <sup>d</sup>  | 6.61 ± 0.35 <sup>a</sup>  | 10.74 ± 0.28 <sup>b</sup>  |
| 10      | 38.38                   | M-3-O-Ara          | 9.40 ± 1.42 <sup>b</sup>  | 14.10 ± 0.80 <sup>c</sup>  | 20.15 ± 0.73 <sup>d</sup>  | 6.90 ± 0.49 <sup>a</sup>  | 10.76 ± 0.57 <sup>b</sup>  |
|         |                         | Total anthocyanins | 83.09 ± 1.20 <sup>b</sup> | 136.82 ± 0.84 <sup>c</sup> | 190.92 ± 0.73 <sup>e</sup> | 50.71 ± 0.36 <sup>a</sup> | 129.50 ± 0.98 <sup>d</sup> |

- 3 Different superscript letters in the same row are significantly different ( $p < 0.05$ ).

- 1 The authors declared that there is no conflict of interest.

### **Author statement**

R. Díaz-Álvarez: Conceptualization, Methodology, Formal analysis, Investigation, Writing - Original Draft, D. Carullo: Methodology, Formal analysis, Writing - Original Draft, G. Pataro: Methodology, Validation, Formal analysis, Supervision Giovanna Ferrari: Validation, Resources, Supervision, Project administration Segura-Ponce, L: Conceptualization, Methodology, Validation, Resources, Formal analysis, Supervision, Writing - Review & Editing, Project administration, Funding acquisition.

1        **Testing of a new high voltage electrical discharge generator prototype at high**  
2                    **frequencies to assist anthocyanin extraction from blueberries**

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16 **Abstract**

17 Traditional extraction methods are based on high-temperature maceration with organic solvents, which  
18 are dangerous for human health. A viable alternative to overcome the issues associated with conventional  
19 extraction is to increase cell tissue permeability by applying high voltage electrical discharge (HVED)  
20 treatments. The objective of this work was to validate the electroporation of blueberry plant cells using  
21 a new HVED generator prototype at a high frequency, investigate the effect, intensity, and duration of  
22 the applied voltage, and recover anthocyanins from its electroporated cells. The electroporation level of  
23 the HVED-treated blueberries was measured qualitatively by transmission electron microscopy (TEM)  
24 analysis. Meanwhile, it was quantitatively measured by the cell permeabilization index ( $Z_p$ ) and  
25 anthocyanin extraction level. Results of the micrographs (TEM) showed electroporation in all treatments  
26 in which  $Z_p$  was 0.24 when applying a 2 kV treatment for 2 s, whereas a 3-fold increase in tissue damage  
27 was revealed with the most powerful treatment (10 kV voltage, 30 s). In addition, anthocyanin values  
28 ranged from  $83.09 \pm 1.20$  (control) to  $136.82 \pm 0.84$  (HVED), which was 64.66% higher. The HVED  
29 treatment can increase mass transfer rates during conventional extraction processes. It should be noted  
30 that the validated prototype required a low specific energy requirement (31 to 204 kJ/kg) for proper tissue  
31 electropermeabilization. **In conclusion**, we demonstrated the capability of the developed HVED  
32 prototype to boost mass transfer phenomena and thus potentially increase its adaptability to assist  
33 dissimilar industrial processes or waste (e.g., peels and seeds) such as freeze-drying operations.

34

35 **Keywords:** Green extraction, Cell permeability, High voltage electrical discharge, Anthocyanins,  
36 Blueberry.

37

38

39 **1. Introduction**

40 Increasing interest has been shown to valorize industrial agrifood waste through an efficient  
41 recovery of its major bioactive constituents, which can be exploited particularly in the food, feed,  
42 pharmaceutical, and cosmetic industries due to high consumer demand for natural products.

43 Such compounds are typically recovered by conventional extraction methods, which require large  
44 volumes of polluting and harmful solvents (e.g., hexane, acetone, and petroleum ether) and long  
45 maceration times (Parniakov et al., 2014). Recent efforts have explored the use of electrotechnologies as  
46 biomass pretreatments such as pulsed electric field (PEF) (Carullo et al., 2018; Genovese et al., 2021;  
47 Naliyadhara et al., 2022; Palma-Acevedo et al., 2022), high voltage electric field discharge (HVED)  
48 (Almohammed et al., 2017; El Kantar et al., 2019; Barišić et al., 2022), and ohmic heating (Kulshrestha  
49 et al., 2006; Moreno et al., 2012). All these technologies provoke mild cell disruption that weakens or  
50 ruptures cell sheaths to ultimately intensify the extractability of the targeted intracellular compounds  
51 without jeopardizing their original integrity (Barba et al., 2015a).

52 The efficiency of such electrotechnologies has been determined with mass transfer measurements,  
53 impedance measurements of the cellular matrix, (Genovese et al., 2021), or by **microstructure observation**  
54 (Carullo et al., 2018). **The electrical impedance measurement is a methodology to characterize electrical**  
55 **properties (resistance and capacitance); the cell permeabilization index ( $Z_p$ ) can be calculated with**  
56 **impedance (Alaoui, 2019). Electrical impedance is vital to study cell electroporation because it is a non-**  
57 **invasive and quantitative analytical method to non-destructively.** (Chemat et al., 2017; Xu et al., 2016a).

58 Within this framework, PEF and HVDE are distinguished among the other electrotechnologies  
59 due to their efficiency in the electroporation process (Barba et al., 2015b). The potential of pulsed electric  
60 field (PEF) technology to induce non-thermal membrane permeability in biological cells has been  
61 successfully demonstrated (Mahn et al., 2021; Palma-Acevedo et al., 2022; Tylewicz et al., 2022; Zhang  
62 et al., 2022). One application of PEF-assisted extraction is cold diffusion based on the rupture of the  
63 cell membrane when subjected to external PEF; this increases the electrical conductivity and permeability



64 of the intracellular material (Naliyadhara et al., 2022; Sarkis et al., 2015a). The high voltage electrical  
65 discharge (HVED) is another cell disintegration technique for wet biomass, which is based on the  
66 electrical breakdown phenomenon in water. Specifically, high energy during an HVED treatment  
67 accumulates in the aqueous suspension placed in a batch treatment chamber between a high voltage  
68 needle electrode and a plated grounded electrode through a plasma channel consisting of a rapid high  
69 current/high voltage electrical discharge (40 to 60 kV; 10 kA) (Anukiruthika et al., 2021; Wang et al.,  
70 2018).

71 The HVED has been effectively applied to extract different molecules of interest from products  
72 such as cocoa shell, grapefruit peels, microalgae (*Nannochloropsis oculata*), oregano, peanut shells,  
73 pomegranate fruit, and sage. The experiments were carried out by applying electric fields ranging from  
74 15 to 40 kV, frequency from 0.5 to 1000 Hz, and energy consumption from 7.27 to 800 kJ/kg (Barišić et  
75 al., 2022; El Kantar et al., 2019; Zhang et al., 2020; Nutrizio et al., 2021; Yan et al., 2018; Hernández-  
76 Corroto et al., 2022; Nutrizio et al., 2020).

77 The range of applied frequencies is an interesting factor to study during the electroporation  
78 process. It has been shown that using higher frequencies in PEF allows for greater permeabilization  
79 efficiency than lower frequencies (Ruzgys et al., 2019) and energy output on each pulsed is in the order  
80 of microjoules because of the reduced exposure time of the sample; therefore, the treatment is  
81 predominantly non-thermal (Novickij et al., 2016). High frequency ranges are the least studied conditions  
82 and a deeper understanding of the process is required that will allow better control and optimization of  
83 electroporation protocols (Kohler et al., 2015). One of the main reasons why high frequencies have been  
84 poorly addressed is the lack of high-power electroporation equipment, while lower frequency ranges are  
85 adequately addressed (Novickij et al., 2016).

86 Blueberries have an ideal matrix for testing a high-voltage electrical discharge generator  
87 prototype to extract bioactive components due to their high content of phenols, anthocyanins, and

88 antioxidants (Silva et al., 2020; Nowak et al., 2019). Particularly, waste is an excellent source of various  
89 low-cost compounds such as polyphenols, polysaccharides, proteins, flavonoids, and alkaloids (Cascaes  
90 et al., 2021; Gil-Martín et al., 2022; Li et al., 2019; Madureira et al., 2020; Marić et al., 2018). Therefore,  
91 the aim of this study was to validate a new HVED generator prototype that operates at high frequency in  
92 experiments to assist anthocyanin extraction in fresh and waste blueberries.

## 93 **2. Materials and methods**

94 To validate the ability to electroporate blueberry cells through the HVED generator prototype,  
95 several step-by-step experiments were performed to evaluate electroporation and treatment conditions to  
96 obtain optimal between electroporation and energy consumption. Electroporation was evaluated using  
97 analysis of transmission electron microscopy (TEM), cell permeabilization index ( $Z_p$ ), and the extraction  
98 and analysis of anthocyanins by high-performance liquid chromatography with diode array detection  
99 (HPLC-DAD). Chemical, enzymatic and thermal pretreatments were carried out in order to compare the  
100 effectiveness of the HVED treatments. Figure 1 shows a flow diagram of the process carried out in this  
101 study.

### 102 *2.1. Materials and reagents*

103 Fresh blueberries (*Vaccinium myrtillus L.*) were grown in a commercial orchard in Cilento  
104 (40°18'N 15°18'E, Salerno, Italia). Following their hand-harvesting, performed at their full ripening  
105 stage, blueberries were collected in fruit boxes and immediately transported to the laboratories of ProDAI  
106 Scarl (Fisciano, Italy) by a cooled truck (maintaining temperature at  $4 \pm 1$  °C). Samples were then stored  
107 under refrigerated conditions and at  $95 \pm 1\%$  relative humidity (RH) until their use, within 2 days from  
108 the harvest. Upon their arrival at the laboratories, the samples' moisture content (wet basis) was  
109 determined by their oven-drying (OV-12 Lab Companion, Seoul, Korea), carried out at a temperature of  
110 70 °C and pressure  $\leq 100$  mm Hg (13.3 kPa), according to the AOAC Official Method 934.06.

111 Fruits of similar size ( $15 \pm 3$  mm diameter) and color (hue angle =  $185.2 \pm 3.4$ ) were accurately  
112 selected in an attempt to homogenize the anthocyanin content of each sample lot of blueberries before  
113 undergoing the HVED pre-treatment stage. Whole homogenized blueberries were pretreated with HVED.  
114 HPLC grade formic acid (purity  $\geq 98\%$ ), and acetonitrile (purity  $\geq 99.9\%$ ), were supplied by  
115 Sigma Aldrich (Steinheim, Germany), together with Delphinidin-3-glucoside (purity  $\geq 95.0\%$ ), peonidin-  
116 3-glucoside (purity  $\geq 97.0\%$ ), and petunidin-3-glucoside (purity  $\geq 95.0\%$ ) analytical standards. All other  
117 chemicals and solvents were of analytical grade and purchased from Merck S.A. (Santiago, Chile). The  
118 MACERASE Pectinase, *Rhizopus* sp., was supplied by Merck S.A (Concepción, Chile). It had a specific  
119 activity of  $\geq 3000$  units/g dw.

## 120 2.2. Experimental Design

121 A multilevel factorial design with the two factors of applied field intensity ( $E = 2, 4, \text{ and } 10$   
122 kV/cm) and processing time ( $t = 2, 5, 10, 20, \text{ and } 30$  s) was used to study the electroporation and its effect  
123 and interaction in the extraction yield of anthocyanins in blueberries in the HVED experiments.  
124 Chemical, enzymatic and thermal experiments were performed in triplicate at given operations  
125 conditions. The order of the experiments was completely randomized to minimize bias.

## 126 2.3. Cell permeabilization methods

### 127 2.3.1 High voltage electrical discharge (HVED)

128 The HVED generator prototype was developed at the Universidad del Bío-Bío (Chillán, Chile);  
129 it is illustrated in Figure 2. The equipment had an operating range from 0 to 60 kV and a constant  
130 sinusoidal frequency of 200 kHz. The treatment chamber (Figure 2) had two parallel circular-shaped  
131 electrodes (20 mm diameter) with a fixed gap (20 mm) called the inter-electrode gap. The applied voltage  
132 and current signals in the treatment chamber were measured with a high voltage probe (P6015A,  
133 Tektronix, Wilsonville, OR, USA) and a current probe (Rogowski coil 2 - 0.1, Stangenes Inc., Palo Alto,  
134 CA, USA) connected to a 300 MHz digital oscilloscope (TDS 3034B, Tektronix, Wilsonville, OR, USA).

135 A computer was connected to an Arduino card to control the operating time of the high voltage generator.

136 The power supply controlled the voltage variation and direct current of the high voltage generator.

137 The peak electric field intensity ( $E$ , kV/cm) was calculated by dividing the applied voltage by the  
138 inter-electrode gap distance, while the specific energy consumption ( $W_T$ , kJ/kg) was expressed in Eq.1  
139 as follows:

$$140 \quad W_T = \frac{W}{m} \quad (1)$$

141 where  $W$  is the amount of energy applied to the fruit samples from the different voltage and current  
142 intensity combinations and  $m$  is the mass of the fruit sample.

#### 143 2.3.2. Enzymatic treatment

144 For the enzymatic treatment, 100 g of blueberries were processed, submerged in a pectinase  
145 enzyme solution, *Rhizopus* sp. dissolved in 1 mg/mL deionized water for 24 h. The temperature of the  
146 enzymatic treatment was maintained at the desired level with the help of a water bath (WB-22, Daihan  
147 Scientific, Seoul, Korea) at a constant temperature ( $40 \pm 0.5$  °C) (Takebe et al., 1968). At the end of the  
148 enzyme treatment, the enzyme in the sample was inactivated by heating the suspension at 90 °C for 5  
149 min in a water bath. The blueberries were then washed with deionized water for 10 min. (Xu et al.,  
150 2016b).

#### 151 2.3.3. Thermal treatment

152 The thermal treatment with hot water was performed with 100 g blueberries. These were placed  
153 in a flask, 1 L distilled water was added, the desired temperature was maintained with a water bath (WB-  
154 22, Daihan Scientific, Seoul, Korea) at a constant temperature ( $70 \pm 0.5$  °C) for 30 min, and then left to  
155 stand at room temperature for 30 min (Jiang et al., 2020).

#### 156 2.3.4. Chemical treatment

157 The chemical treatment consisted of immersing 100 g fresh blueberries in an alkaline solution of  
158 sodium hydroxide (NaOH) with a 2% concentration at 25 °C for 10 min. Immediately after the treatment  
159 with NaOH, the blueberries were washed with a pressurized water spray for 2 min. (Zhou et al., 2022).

#### 160 2.4. Transmission electron microscopy (TEM) analyses

161 The microstructure of untreated (control) and treated (HVED, chemical, enzymatic, thermal)  
162 samples was observed with a TEM apparatus (JEM 12000EX-II, JEOL, Welwyn Garden City, UK)  
163 operating at 100 kV in a magnification range from 18000 x to 54000x. The system was equipped with a  
164 high resolution digital imaging camera (model 782, ES500W Erlangshen Gatan Inc., Pleasanton, CA,  
165 USA), and the scanning was executed moving from the surface to the very center of the fruit.

166 Samples were prepared by immersing them in glutaraldehyde (2 to 4%) for 4 to 24 h in 0.1 M  
167 phosphate buffer (pH = 7.2 to 7.4) at 4°C to enable tissue fixation. The buffer was removed, followed by  
168 a second fixation step using a 1% osmium tetroxide solution for 1 to 2 h in the same phosphate buffer.  
169 Sample osmotic dehydration occurred with increasing ethanol solution concentrations (30%, 50%, 70%,  
170 85%, and 95%) for 15 min each. The samples were subsequently immersed in pure ethanol for 20 min  
171 and dried in a critical point dryer (Balzers-Union, Balzers, Liechtenstein), embedded in epoxy resin (60  
172 °C for 72 h). Ultrathin sections were obtained by cutting these resin blocks into approximately 70 nm  
173 thick films. These were finally double-stained with uranyl acetate (25 to 30 min) and lead citrate (5 to 10  
174 min) and observed (Segura-Ponce et al., 2019).

#### 175 2.5. Cell permeabilization index ( $Z_P$ )

176 All the electrical treatments designed to measure the cell permeabilization index ( $Z_P$ ) is performed  
177 with the HVED generator prototype. Comparison treatments (chemical, enzymatic, thermal) were also  
178 measured. The extent of cell damage in blueberry tissues induced by the HVED pretreatments was  
179 assessed by  $Z_P$ . The  $Z_P$  values were determined via impedance analyses according to the method  
180 described by Angersbach et al.,(1999; 1997) and Bobinaitè et al., 2015. Complex electrical impedance

181 measurements were performed in triplicate in frequency sweep mode, which ranges from  $10^2$  to  $10^6$  Hz.  
182 The blueberry samples (1.7 g) were located in the measurement cell connected to an impedance analyzer  
183 (1260, Solartron Analytical, Farnborough, UK) and subjected to electric fields (E) of 2, 4, and 10 kV/cm  
184 at different exposure times (t): 2, 5, 10, 20, and 30 s. The electrical impedance measurements were taken  
185 in all the blueberry samples before and after the HVED treatments.

186 Regardless of the applied treatment condition, the  $Z_p$  value, ranging from 0 (intact tissue) to 1  
187 (completely electroporated tissue), was calculated (Eq. 2) based on the absolute value of the complex  
188 impedance of untreated " $Z_{untr}$ " and treated " $Z_{tr}$ " tissue according to the tested frequency (Donsi et al.,  
189 2010).

$$190 \quad Z_p = \frac{\text{Log}|Z_{untr}(0.1\text{kHz})| - \text{Log}|Z_{tr}(0.1\text{kHz})|}{\text{Log}|Z_{untr}(0.1\text{kHz})| - \text{Log}|Z_{tr}(1\text{MHz})|} \quad (2)$$

## 191 2.6. Anthocyanin extraction

192 For each experiment, anthocyanin recovery from untreated or HVED pretreated blueberries was  
193 carried out according to the method developed by Zhang et al. (2007) with slight modifications.  
194 Therefore, 5 g samples were taken from the treatment chamber, placed in 50 mL centrifuge tubes, and  
195 10 mL methanol containing 2% formic acid was added to each tube. This system was then placed in a  
196 vortex for 30 s (QL-861, Kylin-Bell Lab Instruments Co., Ltd., Haimen, China) to homogenize the  
197 sample. Samples were sonicated in a KQ-500DE ultrasonic cleaner (Ultrasonic instruments, Kunshan,  
198 China) at 20°C for 20 min. Extracts from untreated and electropermeabilized samples were extracted  
199 with a centrifuge (3K30, SIGMA, Osterode am Harz, Germany) at 10,000 rpm for 10 min to enhance the  
200 separation of the exhausted solid and clear supernatant. The extraction procedure was repeated three  
201 times on the remaining waste until the blueberries became colorless. Finally, all the extracts were filtered  
202 through regenerated cellulose syringe-tip filters (0.45  $\mu\text{m}$ ) before undergoing further characterization;

203 for example, high-performance liquid chromatography with diode-array detection (HPLC-DAD)  
204 analyses.

### 205 *2.7. High-performance liquid chromatography with diode-array detection (HPLC-DAD) analysis of* 206 *anthocyanins*

207 Individual anthocyanin compounds were identified by liquid chromatographic analysis.  
208 Anthocyanins were separated with an HPLC Waters 2695 system coupled to a photodiode array detector  
209 (DAD) (Waters 2998, Waters Corporation, Milford, MA, USA). An ACE Excel 5 Super C18 column  
210 (5 $\mu$ m, 250 mm  $\times$  4.6 mm, Aberdeen, Scotland) was used for the analytical separation of anthocyanins  
211 according to the method previously optimized by Wang et al. (2014). The temperature of the HPLC  
212 column was set at 25°C. Eluent A was double distilled water, including 10% formic acid, and eluent B  
213 was 15% methanol in acetonitrile. A gradient elution program included eluents A and B, which applied  
214 5% B for 0 min, 12% B for 30 min, 25% B for 50 min, and 5% B for 60 min. The flow rate of the mobile  
215 phase through the column and the injection volume was 1 mL/min and 10  $\mu$ L, respectively, with an  
216 absorbance detection wavelength set at 520 nm.

217 Three commercial standards, delphinidin-3-glucoside, peonidin-3-glucoside, and petunidin-3-  
218 glucoside, were used to quantify and identify the anthocyanins in all the extracts. The standards were  
219 alternatively dissolved in a mixture of solvents A and B (10:90 v/v) in the 3.125 to 100  $\mu$ g/mL  
220 concentration range to generate 5-point external standard calibration curves with acceptable linearity ( $R^2$   
221 = 0.999). The results were expressed as mg/L.

### 222 *2.8. Statistical analysis*

223 All experiments and analyses of collected samples were performed in triplicate, and the mean  
224 values and standard deviations of experimental data were calculated. Statistically significant differences  
225 ( $p < 0.05$ ) among the means were evaluated with a one-way analysis of variance (ANOVA) and Tukey's

226 test. Data were analyzed with the Statgraphics-Centurion XVI version 16.1.03 software (Statistical  
227 Graphics Corp., Herndon, VA, USA).

### 228 3. Results and discussion

#### 229 3.1. Measurement of equipment parameters

230 Figure 3 shows the relationship between the applied voltage from the power supply (input)  
231 (Figure 2) and the HVED prototype voltage (output). There was a linear correlation between both voltage  
232 measurements ( $r^2 = 0.9923$ ) at a working frequency of 200 kHz, which was verified with an oscilloscope  
233 when measuring the voltage. Equation (3) shows the relationship between both measured voltages.

$$234 Y = 2.8082 * X - 19.181 \quad (3)$$

235 These results are necessary to calculate the amount of specific energy applied during the HVED  
236 treatment. Table 1 shows the specific energy consumption (WT expressed as kJ/kg) applied to blueberries  
237 during the HVED treatments according to the combination of applied electric field intensity (E expressed  
238 as kV/cm) and process time (t expressed in s).

239 When comparing the parameters of this prototype with the equipment used in other studies (Table  
240 2), voltages that were used ranged from 15 to 40 kV with a frequency range of 0.5 to 1000 Hz (1 kHz)  
241 in different food matrices. The HVED prototype used in the present study generates voltages in the same  
242 range; however, the difference with this equipment is that it works at a high frequency of 200 KHz. As  
243 was previously mentioned, this is an important factor to consider when electroporation is generated at  
244 the cellular level.

245 The energy consumption of the authors cited in Table 2 ranges from 7.27 to 800 kJ/kg depending  
246 on the sample, which is due to the difference in impedance of each sample. In the treatments of  
247 blueberries in the present study with the new HVED prototype, different electric field intensities, which  
248 varied between 6 and 579 kJ/kg were used.



249 3.2. *Effect of high voltage electric discharge (HVED) pretreatment on the structural features of blueberry*  
250 *cellular tissues*

251 The stress resistance of the cell wall is due to its structural protein (5 to 10%), cellulose (30 to  
252 40%), hemicellulose (30%), and pectin (15 to 30%) composition (Blaker & Olmstead, 2015). It is also  
253 directly related to its own thickness, which is the main contributing factor to the firmness and texture of  
254 the fruit cellular tissues (Li et al., 2017). The TEM micrographs of blueberry parenchyma tissue are  
255 shown in Figure 4 for untreated samples (Figure 4a) with a humidity of  $79.07 \pm 1.24\%$ , HVED treated  
256 samples ( $E = 2$  to  $10$  kV/cm,  $t = 10$  to  $30$  s) (Figures 4 b to 4 j), and alternatively processed samples in a  
257 thermal (Figure 4 k), chemical (Figure 4 l), and enzymatic (Figure 4 m) process. The micrographs enabled  
258 an in-depth observation of the sample cellular structures focused on the middle lamella, cell wall,  
259 intercellular space, tonoplast, plasmalemma, and protoplast.

260 There was a high degree of cell compartmentalization and small intracellular spaces. The fresh  
261 samples were composed of numerous closely bound cells (Figure 4 a) using a well-limited middle  
262 lamella. A large vacuole occupied the most significant space in the cells, which is a feature in all  
263 micrographs. Moreno et al. (2012) obtained similar results in strawberries treated by Ohmic heating to  
264 those shown in Figures 4 b to 4 m show that all HVED treatments produced cell plasmolysis, cell  
265 collapse, intracellular space, cell contraction, cell deformation, protoplast contraction, and distortion of  
266 the cell wall border. The middle lamellae and walls suffered degradation in all treatments. Cell wall  
267 degradation was correlated with the deterioration of the middle lamella. These changes generated the loss  
268 of firmness, cell cohesion, and texture quality of the fruit. (Moreno et al., 2012). Blueberry samples  
269 treated with HVED (Figures 4b to 4j) showed altered and perforated cell walls, which can be explained  
270 by the electroporeabilization mechanism. Similar behavior was shown in samples treated by traditional  
271 processes (thermal, chemical, and enzymatic) displayed in (Figures 4k, 4l, and 4m). Their cellular  
272 structure was also altered, more specifically in the membrane and cell wall. When cells are permeabilized,

273 channels open and enable diffusion into the tissue (Kulshrestha et al., 2006) as shown in Figure 4. In  
274 treatments with higher voltages (Figures 4h, 4i, and 4j), perforations in the membrane and disintegration  
275 of the cell wall and middle lamella were easier to identify. Figure 4g illustrates that the protoplast and  
276 cell contents are retracted to the center of the cell and show signs of plasmolysis.

277 The electroporated cells underwent plasmolysis, which deformed the cell wall and membrane  
278 causing the collapse of the intercellular spaces (Figures 4d to 4j). The middle lamella of the cell walls  
279 was detached and damaged, causing cell deformation and cell rupture. Similar results were obtained by  
280 Faridnia et al. (2015), who applied PEF (0.2 to 1.1 kV/cm) to raw potato samples. Their micrographs  
281 showed that the higher the intensity of the applied electric field, the greater the potential to irreversibly  
282 alter the permeability of biological cells, thus affecting the appearance and properties of plant cells.  
283 Zhang et al. (2022) also applied PEF (0.5 to 20 kV/cm) to fried potatoes and reported that most of the  
284 cell walls collapsed and dense pores were observed when the electric field intensity was higher. Small  
285 porous structures of the cell wall (10 – 50 nm) were also broken down and formed larger porous structures  
286 (50 to 100 nm), thus increasing water loss and oil adsorption during frying. Han et al. (2009) found  
287 similar results in their study of cornstarch treated with PEF at 30, 40, and 50 kV/cm.

288 Similar modifications on the cellular structure were identified with the HVED treatments under  
289 different experimental conditions when comparing our results with those reported in the literature  
290 (Faridnia et al., 2015; Han et al., 2009; Zhang et al., 2022). A higher degree of cellular disintegration  
291 occurred at higher applied voltages and longer exposure times. Image analysis using micrographs is a  
292 qualitative rather than a quantitative method, but it was clear from the images that electroporation  
293 occurred in the blueberry cell matrix.

294 *3.3. Effect of high voltage electric discharge (HVED) pretreatment on the cell permeabilization index*  
295 *(Z<sub>P</sub>)*

296 Figure 5 shows the impedance spectra of the modulus (a) and phase angle (b) as a function of the  
297 investigated frequency range between 100 and 1000 kHz ( $10^2$  to  $10^6$  Hz) of the impedance equipment for  
298 the untreated (control) or HVED treated samples at 4 kV/cm at different processing times ( $t = 2$  to 30 s),  
299 according to the methodology proposed in section 2.5. Results are similar to those reported by Donsi et  
300 al. (2010), i.e., a typical sigmoidal decreasing trend for control samples has been reported as having two  
301 characteristic zones associated with an unusual electrical behavior. These authors indicated that high  
302 impedance moduli occurred at low frequencies ( $10^2$ – $5 \times 10^3$  Hz), which promoted the ability of tissue-  
303 forming cell membranes to act as "current blocker" systems (e.g., capacitors), whereas at high frequencies  
304 ( $3 \times 10^3$  to  $5 \times 10^7$  Hz), there was a short circuit that produced a typical pure ohmic behavior. Therefore,  
305 cellular tissue damage produced by electroporation could be detected only in the low frequency  
306 range.

307 The application of intermediate electrical treatments ( $E = 4$  kV/cm) to blueberries produced a  
308 significant decrease ( $p < 0.05$ ) in the impedance modulus curves, the magnitude of which was amplified  
309 with increasing processing time and indicated electroporation phenomena. The latter effect is also clear  
310 in the phase angle curves, which are depicted in Figure 5b and show an abrupt shift toward higher values  
311 after applying electrical energy to the samples. Based on the minimum detected peak value from  
312 untreated samples ( $\phi \approx -80^\circ$ ), an approximate 3-fold increase in this parameter occurred when HVED  
313 treatments were longer than 10 s. The simultaneous analysis of Figures 5a and 5b suggests that the degree  
314 of cellular tissue damage increases with the intensity of the applied HVED treatments.

315 Figure 6 displays the  $Z_P$  vs. the HVED treatment time for different electric fields in blueberries  
316 samples. Results were the mean of triplicate samples. These results concur with those displayed in Figure  
317 5, that is, cellular tissue damage increases with the applied electric field intensity. Regardless of the  
318 applied electric field intensity, the  $Z_P$  parameter continued to increase until it reached a saturation value  
319 at 10 s treatment time; any further increase in the degree of electroporation was barely detectable over

320 this value. The statistical analysis also highlighted the influence of the electric field intensity on the  
321 degree of cell permeabilization of blueberry tissues. For example, after 10 s of the applied HVED  
322 treatment, the  $Z_p$  index significantly increased ( $p < 0.05$ ) when the electric field intensity increased  
323 within the study range ( $E = 2$  to  $10$  kV/cm) it reached the highest value under the most intense treatment  
324 condition. According to the results displayed in Figure 4, the optimal condition is reached in the treatment  
325 using  $4$  kV/cm for  $10$  s with a  $Z_p$  value of  $0.68 \pm 0.03$  and energy consumption of  $133.36 \pm 3.30$  kJ/kg  
326 (Table 1). **It is necessary to highlight that** all the experiments were performed at a constant frequency of  
327  $200$  kHz. Rajha et al. (2015a) compared ultrasound, PEF, and HVED treatments applied to grapevine  
328 shoots; for the HVED treatments developed at  $E = 40$  kV/cm with a frequency of  $0.5$  Hz, they reported  
329 a  $Z_p$  value of  $0.71$  (similar to the one in present study), but energy consumption ( $242$  kJ/kg) and total  
330 exposure time ( $25$  min) were higher. El Kantar et al. (2018) performed treatments in orange peels by  
331 HVED under conditions similar to the Rajha experiments ( $E = 40$  kV/cm with a frequency of  $0.5$  Hz).  
332 They reached a  $Z_p$  value of  $0.47$  with an energy consumption of  $222$  kJ/kg and a total exposure time of  
333  $23$  min. We can conclude that with the new HVED prototype developed in the present study, it is possible  
334 to decrease exposure times with lower energy consumption and good  $Z_p$  values.

335 It is worth mentioning that in another study with PEF applied to potato, onion, and carrot samples,  
336  $Z_p$  values of  $0.83 \pm 0.08$ ,  $0.72 \pm 0.09$ , and  $0.65 \pm 0.1$ , were obtained, respectively (Shorstkii et al., 2022).

337 Finally, the comparison treatments (chemical, enzymatic, and thermal) displayed lower values of  
338  $Z_p$  than those treated by HVED (chemical:  $0.5 \pm 0.03$ ; thermal:  $0.1 \pm 0.01$ ; and enzymatic:  $0.28 \pm 0.03$ )  
339 because they all affect the outer cells of the blueberries.

#### 340 *3.4. Comparative effect of different cell permeabilization methods on anthocyanin recovery*

341 Table 3 shows values for anthocyanins extracted from the blueberry samples for the different  
342 treatments, that is, untreated (control), HVED, thermal, enzymatic, and chemical (NaOH) measured by  
343 HPLC. Figure 7 displays an HPLC chromatogram of methanolic extracts obtained from untreated

344 blueberry samples at the 520 nm wavelength. Ten anthocyanins were identified and quantified in both  
345 the treated and control samples. Total anthocyanin values in the blueberry samples ranged from 50.71 to  
346 190.92 mg/L. The highest anthocyanin percentage in the blueberries was in malvidin 3-O-galactoside  
347 (M-3O-Gal), followed by delphinidin 3-O-galactoside (D-3-O-Gal) and malvidin 3-O-glucoside (M-3-  
348 O-Glu).

349         There was a significant increase in total anthocyanin values when comparing the control with the  
350 HVED treatment at 10 kV/cm for 10 s. Anthocyanin values ranged from  $83.09 \pm 1.20$  (control) to  $136.82$   
351  $\pm 0.84$  (HVED), which was 64.66% higher. It can be inferred that the damage caused by the HVED  
352 treatments to blueberry cells in the membrane is related to the increased extraction of anthocyanins from  
353 the blueberry samples. Bobinaité et al. (2015) studied anthocyanin extraction from blueberries with PEF,  
354 showing a significant increase in anthocyanin and total phenol content of treated blueberries when  
355 applying a field intensity of 1 kV/cm. However, they found a slight decrease when a more intense PEF  
356 treatment (5 kV/cm) was applied.

357         Total extraction values for the thermal treatment in our study were 39.54 % higher than for  
358 HVED, the enzymatic treatment values were 62.3% lower than HVED, and the chemical treatment  
359 showed a slight 5.30% decrease compared with HVED. Nevertheless, the enzymatic and chemical  
360 treatments needed an additional process to inactivate the enzymes and regulate pH, respectively, whereas  
361 the thermal treatment requires more energy than HVED. It is also important to mention that thermal  
362 treatments degrade sample anthocyanins (Musilová et al., 2022; Zhou et al., 2018). The so-called  
363 electrotechnologies, such as PEF, ohmic heating, and HVED, have reduced the degradation of valuable  
364 compounds (Kostelac et al., 2020; Puértolas & Barba, 2016).

#### 365 **4. Conclusions**

366         Cell membrane electroporation was observed both qualitatively (transmission electron  
367 microscopy imaging) and quantitatively (cell permeabilization index,  $Z_p$ ) in all the samples treated with

368 the high voltage electric discharge (HVED) generator prototype, whose extent was dependent both on  
369 the applied electric field intensity and exposure time.

370 It can be stated that the new HVED prototype developed in the present study can decrease  
371 exposure times with lower energy consumption and good Zp values at high operational frequency.  
372 Another important conclusion is that the extraction of valuable compounds (e.g., anthocyanins) was  
373 enhanced in the case of HVED-treated samples. However, the prototype has limitations related to sample  
374 capacity since it has been set on a laboratory scale.

375 Therefore, further studies are required to seek for a scaling up of the technology, as well as to  
376 unravel the potential of HVED to assist extraction processes of blueberry waste (e.g., skins and seeds),  
377 in view of a full raw materials utilization.

378

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590 **Figure captions**

591 **Figure 1.** Process flow diagram

592 **Figure 2.** Schematic representation of the high voltage electric discharge (HVED) prototype system:  
593 oscilloscope (TDS 3034B, Tektronix, Wilsonville, OR, USA), voltage probe (P6015A, Tektronix,  
594 Wilsonville, OR, USA), current probe (Rogowski coil 2 - 0.1, Stangenes Inc., Palo Alto, CA, USA),  
595 Computer, Arduino Uno Rev 3, 12 volt direct current power supply, and HVED prototype generator.

596 **Figure 3.** Linear relationship between the input voltage and the voltage produced by the high voltage  
597 electric discharge (HVED) prototype across the electrodes of the treatment chamber.

598 **Figure 4.** Transmission electron microscopy (TEM) operated at 100 kV in a magnification range from  
599 18,000x to 54,000x. Each image has a reference line in micrometers and micrographs of parenchyma

600 tissue from untreated (control), high voltage electric discharge (HVED) treated ( $E = 2$  to  $10$  kV/cm,  $t =$   
601  $10$  to  $30$  s), and alternatively processed (thermal, chemical, enzymatic) blueberries. ML: middle lamella;  
602 PL: plasmalemma; T: tonoplast; V: vacuole.

603 **Figure 5.** Impedance modulus (a) and phase angle (b) curves against frequency for untreated (control)  
604 and high voltage electric discharge (HVED) treated ( $E = 4$  kV/cm) blueberries. Standard deviations were  
605 used as error bars ( $p < 0.05$ ).

606 **Figure 6.** Cell permeabilization index ( $Z_P$ ) of blueberries as a function of the high voltage electric  
607 discharge (HVED) treatment intensity ( $E = 2$  to  $10$  kV/cm,  $t = 2$  to  $30$  s). Standard deviations were used  
608 as error bars ( $p < 0.05$ ).

609 **Figure 7.** High-performance liquid chromatography (HPLC) chromatogram at  $520$  nm wavelength of  
610 methanolic extracts from untreated blueberries. Peak identification: 1) delphinidin 3-O-galactoside (D-  
611 3-O-Gal), 2) delphinidin 3-O-glucoside (D-3-O-Glu), 3) cyanidin 3-O-galactoside (C-3-O-Gal), 4)  
612 delphinidin 3-O-arabinoside (D-3-O-Ara), 5) petunidin 3-O-galactoside (Pet-3-O-Gal), 6) petunidin 3-  
613 O-glucoside (Pet-3-O-Glu), 7) peonidin 3-O-glucoside (Peo-3-O-Glu), 8) malvidin 3-O-galactoside (M-  
614 3-O-Gal), 9) malvidin 3-O-glucoside (M-3-O-Glu), and 10) malvidin 3-O-arabinoside (M-3-O-Ara).

615