

# Neuroscience and Biobehavioral Reviews

## Air pollution and neurodevelopmental skills in preschool- and school-aged children : A systematic review --Manuscript Draft--

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<b>Abstract:</b>	<p>Early life exposure to air pollution has been linked to neurodevelopmental disorders. Emerging evidence are highlighting a possible impact of air pollution on typically developing children.</p> <p>Thirty papers were included in this review to systematically evaluate the association between air pollutants exposure in prenatal and/or postnatal periods and specific neurodevelopmental skills (i.e. intellectual functioning, memory and learning, attention and executive functions, verbal language, numeric ability and motor and/or sensorimotor functions) in preschool- and school-age children.</p> <p>Detrimental effects of air pollutants on children's neurodevelopmental skills were observed, although they do not show clinically relevant performances. The most affected domains appear to be global intellectual functioning and attention/executive functions. The pollutants that seem to represent the greatest risk are PM<sub>2.5</sub>, NO<sub>2</sub> and PAHs. Prenatal exposure seems most likely to influence child neurodevelopment at pre-school and school age. Early exposure to air pollutants seems to be associated with adverse neurodevelopmental outcomes in the general population of children. Further research is needed to support stronger conclusions.</p>
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To:  
Giovanni Laviola  
Editors-in-Chief: *Neuroscience & Biobehavioral Reviews*

Dear Editors,

We are pleased to submit the manuscript entitled “Air pollution and neurodevelopmental skills in preschool- and school-aged children: A systematic review” co-authored by Annalisa Castagna, Eleonora Mascheroni, Silvia Fustinoni and Rosario Montiroso for consideration as a Systematic Review by *Neuroscience & Biobehavioral Reviews*.

The current work deals with a timely issue that may have important implications in the field of neurodevelopmental science. In particular, in the present manuscript we try to shed some lights on the effect of early life exposure to air pollution and specific neurodevelopmental skills in typically developing pre-school and children, paying particular attention to the possible effects of prenatal or postnatal air pollution exposure. Results reported in the review may serve as a urgent claim not only in increasing research in this field, but also in underling the need for a global action to reduce environmental pollutants exposure with a particular attention to sensitive at risk populations such as pregnant women and young children. In the light of the aims of *Neuroscience & Biobehavioral Reviews*, we believe that this manuscript might adequately meet the interests of both clinicians and researchers who work in the fields of developmental psychology and behavioral sciences who are readers of the Journal. The corresponding author confirms that all the authors have read the manuscript and agreed to submit it for publication. Each author had complete access to the study data that support the publication. All individuals listed as authors meet the appropriate authorship criteria. Nobody who qualifies for authorship has been omitted from the list, contributors, and their funding sources have been properly acknowledged. All authors and contributors have approved the acknowledgment of their contributions and the manuscript as submitted. There is no conflict of interest.

Please address all correspondence concerning this manuscript to me at:  
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Thank you for your consideration of this manuscript.

Sincerely,

*Rosario Montiroso*  
On behalf of co-authors

## Highlights

- Exposure to pollutants may be a risky for brain maturation and neurodevelopment
- Air pollution may have detrimental effect on different neurodevelopmental skills
- Air pollution mainly affect global intellectual functioning and attentive skills
- The greatest risk for neurodevelopment seems to occur through prenatal exposure

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## **Air pollution and neurodevelopmental skills in preschool- and school-aged children: A systematic review**

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### **Conflict of interest**

None for any authors.

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### **Contributions**

Concept and design: RM; Study concept and design: EM, AC, SF ; Acquisition of data: EM, AC, SF; Analysis and interpretation of data: EM, AC, SF, RM; Drafting and Critical revision of the manuscript for important intellectual content: RM, EM, AC, SF

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## 1. Introduction

### 1.1 General framework

Air pollution can be defined as the presence of toxic chemicals or compounds (including those of biological origin) in the air, at levels that pose a health risk. Recent data from the World Health Organization (WHO, 2018) revealed that 9 out of 10 people breathe air that is above WHO guideline limit values (WHO, 2021), with the highest levels of exposure in low- and middle-income countries. With a specific focus on pediatric age, the WHO (2018) reported that 1.8 billion children around the world breathe polluted air, which, in turn, has been associated with seriously detrimental effects on their health and physical development, such as respiratory and cardiovascular disease. Importantly, a growing number of studies have shown that exposure to air pollution either during fetal life or during the early developmental stages might have negative effect also on neurodevelopmental skills (Lopuszanska and Samardakiewicz, 2020; Shang et al., 2020), with long last impact through the entire life-span (Brockmeyer and D'Angiulli, 2016). Neurodevelopment is a term referring to the brain maturation of neurological pathways underlying perceptual, motor and cognitive performance or functioning, such as motor and sensorimotor functions, intellectual functioning, language, executive function, memory and learning and attention (from here on: neurodevelopmental skills). It is well known that changes in brain architecture depend on the dynamic interplay between biological, experiential and environmental factors (Fox et al., 2010). Therefore, exposure to environmental chemical insults, such as air pollution, presumably interferes with brain maturation processes, which, in turn, could contribute to a variety of neurodevelopmental difficulties (Boda, Rigamonti, & Bollati, 2020; Woodward, Finch, & Morgan, 2015). Indeed, Magnetic Resonance Imaging (MRI) studies observed that high concentrations of air pollutants were related to changes in the brain's white matter or lower functional integration and segregation in children's brain networks (Lopuszanska and Samardakiewicz, 2020). Given the growing concern of the impact that air pollutants may have on child neurodevelopment (Boda et al., 2020; Lopuszanska and Samardakiewicz, 2020), the aim of the current work is to systematically review the relationship

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between air pollution exposure and neurodevelopmental skills in preschool- and school-aged children.

## 1.2 Air pollutant and neurodevelopmental skills

A relevant source of air pollution is motorized traffic that produces pollutants such as NO<sub>2</sub>, PM of variable size, elemental and black carbon (EC and BC), polycyclic aromatic hydrocarbons (PAHs) and volatile organic compounds, from the combustion of fossil fuels. These pollutants are also known as traffic related air pollution (TRAP).

NO<sub>2</sub> is a major traffic air pollutant. In general, high temperature combustion processes primary produce nitrogen oxides (NO<sub>x</sub>) by oxidation of atmospheric nitrogen; NO<sub>2</sub> is mostly formed as secondary pollutant, mainly by oxidation of NO.

Atmospheric particulate matter (PM) is a set of particles with a great variety of physical, chemical, geometric and morphological characteristics, dispersed in the atmosphere for sufficiently long times to undergo diffusion and transport phenomena. The sources can be natural (such as soil erosion, marine spray, pollen dispersion, etc.) or anthropogenic (e.g. combustion processes in general and vehicular traffic in particular). It is not a specific chemical entity; major components of PM are sulfates and nitrates, ammonia, sodium chloride, carbon, mineral dust. To a lower amount, PM contains also metals and polycyclic aromatic hydrocarbons (PAHs). Regarding the size, PM<sub>10</sub> and PM<sub>2.5</sub> are the fraction of particles collected with a selection system having an efficiency established by the standard and equal to 50% for those particles of aerodynamic diameter of 10 μm and 2.5 μm, respectively. PM<sub>10</sub> and PM<sub>2.5</sub> are, sometimes, called coarse or fine PM. Ultrafine particles (UFPs) are particulate matters of nanoscale size (less than 0.1 μm or 100 nm in diameter).

Elemental carbon (EC) and black carbon (BC) are both carbonaceous fraction of PM; they are carbon particles with microstructure similar to that of graphite and aggregated in small spheres with a diameter between 10 and 50 nm. There is no full agreement in their definition and often this is based on the different methods used for their measurement. Elemental carbon (EC) can be defined as a substance containing only carbon, not bound to other elements, and its various allotropic forms;



1 operationally, it is the carbonaceous fraction that is thermally stable up to 3,500 °C, in an inert  
2 atmosphere. Black carbon (BC) is defined as the set of carbonaceous particles capable of absorbing  
3 light with a characteristic wavelength in the visible spectrum (380 ÷ 760 nm). These very small  
4 particles can reach the deepest part of the respiratory tract and act as carrier of toxic chemicals.  
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9 The analysis of PM2.5 revealed the presence of several organic and inorganic components  
10 from different anthropogenic sources; among them, there are ions of metallic elements, including  
11 copper (Cu). Among organic components, there are high molecular weight polycyclic aromatic  
12 hydrocarbons (PAHs), that are a class of hydrocarbons consisting of multiple condensed aromatic  
13 rings formed during incomplete combustion of fossil fuels.  
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21 Notably, these pollutants were considered in most studies that have investigated  
22 neurodevelopmental toxicity of air pollution. While several works (for a literature review, see: Cory-  
23 Slechta, Sobolewski, & Oberdörster, 2020) reported an association between air pollution and  
24 neurodevelopmental disorders such as Autism Spectrum Disorders (ASD) and Attention Deficit  
25 Hyperactivity Disorders (ADHD) (Grandjean and Landrigan, 2006, 2014; Suades-Gonzalez et al., 2015;  
26 Costa et al., 2017; Costa et al., 2020; Ritz et al., 2018; Shih et al., 2020), some recent studies are now  
27 focusing on main neurodevelopmental skills, such as intellectual functioning (e.g., Loftus et al, 2019),  
28 memory and learning (e.g., Alemany et al., 2018), attention (e.g., Guxen et al., 2018), motor  
29 functions (e.g., Lertxundi et al., 2019), behavior problems (Ren et al., 2019), even in typically  
30 developing children (Grandjean and Landrigan, 2014).  
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### 44 **1.3 Neuroplasticity and periods of exposure to pollutants**

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47 Human brain development is a protracted process which extends through late adolescence  
48 (Raznahan et al., 2012). However, there is evidence suggesting that early exposure to pollutants is  
49 critical for brain maturation with effects on neuroplasticity (Salvi and Salim, 2019). Neuroplasticity  
50 refers to functional brain adjustments based on neural processes such as neurogenesis,  
51 synaptogenesis (i.e., synaptic proliferation), pruning (i.e., reduction in the number of synapses and  
52 number of axons) and myelination (Kolb & Gibb, 2011). By the end of the embryonic period, there is  
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1 rapid growth and elaboration of both cortical and subcortical structures, including the rudiments of  
2 the major fiber pathways (Kostovic and Jovanov-Milosevic, 2006; Stiles and Jernigan, 2010). These  
3 biological processes depend on the molecular events of gene expression, but they are also influenced  
4 by a continuous series of dynamic interactions between genetic influences and environmental  
5 conditions which can interfere with these maturational processes (LaFreniere & MacDonald, 2013).  
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7 As a consequence, early exposure to pollutants during prenatal and postnatal period, including  
8 childhood can potentially lead to lasting brain alterations with more serious consequences for the  
9 developing brain than in subsequent phases of development (Lee et al., 2017).  
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#### 11 **1.4 The current review**

12 In the light of these considerations, the current systematic review was addressed to examine  
13 the impact of traffic related air pollution on specific neurodevelopmental skills (i.e., intellectual  
14 functioning, memory and learning, attention and executive functions, verbal language, numeric  
15 ability and motor and/or sensorimotor functions) in typically developing children. We focused on  
16 preschool- and school-age including children between 3 and 12 years of age. We decided not to  
17 include studies focused on infancy (which enrolled children aged 0-3 years) due to the fact that major  
18 neurodevelopmental skills are generally consolidated starting in preschool, whereas in infancy  
19 generally only some precursors of these skills can be assessed (Ellis et al., 2020). Although a recent  
20 systematic review has examined the relationship between early exposure to air pollution and  
21 cognitive and motor development in children (Lopuszanska and Samardakiewicz, 2020), authors did  
22 not discuss in details the specific impact that period of exposure to pollutants (i.e., prenatal and  
23 postnatal exposure) might have on a broader number of specific neurodevelopmental skills. Indeed,  
24 while several studies examined the impact of air pollutants during the gestational period, generally  
25 from the third trimester to infant's birth (i.e., prenatal exposure) (Jedrychowski et al., 2015; Chiu et  
26 al., 2016; Shang et al., 2020), a number of research focused on later developmental period, during  
27 infancy and childhood (i.e., postnatal exposure), and only a few studies have investigated the impact  
28 of the double exposure (prenatal plus postnatal) (Pujol et al., 2016; Wang et al., 2017; Alemany et al.,  
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2017). Thus, an understanding on differential impact that prenatal, postnatal or double exposure might have on neurodevelopmental skills during preschool- and school-age could provide new insights about the specific relevance of periods during which fetus/child is exposed to air pollutants on brain development. Accordingly, we analyzed the effect of prenatal, postnatal and double exposure (prenatal plus postnatal) to air pollution, separately. The main aims were: (a) to provide a comprehensive state-of-the-art account of research regarding the association between air pollution exposure (prenatal and postnatal) and specific neurodevelopmental skills in preschool- and school-age children; (b) to highlight future directions of research in this field.

## **2. Methods**

### **2.1 Search strategy**

The systematic review was carried according to the Referred Reporting Items for Systematic Review and Meta-Analysis (PRISMA) guidelines (Liberati et al., 2009; Moher et al., 2015). Records were searched on four databases (i.e., Embase, Pubmed, Scopus and Web of Science) until September 2021. All database searches were conducted using the following terms: “air pollution” OR “particulate matter” OR “environmental pollution” OR “environmental pollutants” OR “urban pollution” AND “cognition” OR “cognitive function” OR “intelligence” OR “brain” OR “developmental quotient” OR “intelligence quotient” OR “neurodevelopment” AND “child” OR “infant”.

### **2.2 Selection**

We selected articles according to some inclusion and exclusion criteria in order to identify the articles that met our goals. Inclusion criteria were: (1) articles written in English; (2) studies that examined only exposure to air pollution and not other types of environmental pollutants; (3) prenatal and/or postnatal exposure to air pollutions; (4) assessment of neurodevelopmental skills (i.e., intellective functioning, memory and learning, attention and executive functions, verbal language, numeric ability and motor and/or sensorimotor functions); (5) studies that used valid and standardized tools to assess neurodevelopmental skills; (6) studies that considered sample of preschool and school-age children (i.e., between 3 and 12 years). Furthermore, we did not include in

1 the review: (1) meta-analyses and reviews; (2) studies that considered environmental pollutants such  
2 as fertilizers or household pollutants such as nicotine (3) studies that evaluated the relation between  
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4 air pollution and neurodevelopmental disorders (i.e., ADHD, ASD); (4) studies that evaluated the  
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6 relation between air pollution and behavioral problems.  
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9 First, eligible articles were screened by reading titles and abstracts by one author expert in  
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11 child development (AC). Second, selected paper were further reviewed by one author with  
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13 environmental pollution expertise (SF) and by two authors expert in child development (EM and RM).  
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15 Disagreement was solved in conference.  
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19 The search strategy yielded a total of 1169 studies (Embase  $n = 141$ ; Pubmed  $n = 297$ ; Scopus  
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21  $n = 24$ ; Web of Science  $n = 707$ ). After checking for duplicates and a prior screening on the titles and  
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23 abstracts we identified 56 potential articles. On the basis of the inclusion and exclusion criteria, a  
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25 total of 30 studies were included in the review. The study selection process is reported in Figure 1.  
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### 31 **2.3 Quality appraisal**

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33 The methodological quality of the included papers was evaluated using the Quality  
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35 Assessment Tool for Quantitative Studies (Jackson et al., 2005). Especially, it was considered sections  
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37 A–F (A, selection bias; B, study design; C, confounders; D, blinding; E, data collection methods; F,  
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39 withdrawal and dropouts) and they were coded by two independent authors (AC and EM) as 3  
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41 (*weak*), 2 (*moderate*), or 1 (*strong*) according to the component rating scale criteria. 96% agreement  
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43 was reached for the A–F components, and disagreement was generally due to different  
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45 interpretations of studies. Disagreement was solved in conference through the supervision of a third  
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47 author (RM). In order to evaluate the quality of air pollution analyses, an additional ad-hoc factor (G)  
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49 was added to the methodological assessment. The author with a broad expertise in air pollutant  
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51 analyses (SF) gave the evaluation based on following the score: 3 (*weak*), 2 (*moderate*), or 1 (*strong*)  
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53 (table 2). A final 1–3 score is assigned to each paper according to the presence of 2 or more weak  
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55 scores (3, *weak*), only 1 weak score (2, *moderate*), no weak scores (1, *strong*).  
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1 For most studies ( $n = 21$ ) the selected individuals are at least somewhat likely or very likely to  
2 be representative of the target population even if 9 studies considered population that restrict  
3 generalizability. Given the complexity of the studies, 50% of them had enough evidence of  
4 withdrawals to obtain low (*weak*) scores on the quality appraisal. All studies, except 2 (Calderón-  
5 Garcidueñas et al., 2011; Talaeizadeh et al., 2018), adjusted for a series of relevant confounders (e.g.  
6 demographic and socioeconomic variables); moreover, all works used valid data collections tools to  
7 evaluate neurodevelopmental outcome. Finally, as regard exposure assessment, 23 studies applied  
8 sophisticated methodologies based on a combination of measurements and models, taking into  
9 consideration specific time frames, and were evaluated as strong, 5 were evaluated as moderate, as  
10 based on less accurate evaluation of exposure and 2 studies merely compared heavily polluted vs.  
11 less polluted areas and were evaluated as weak. Overall,  $n = 24$  studies (80%) were strong ( $n = 11$ ,  
12 37%) or strong to moderate ( $n = 13$ , 43%) (see Table 1); only 6 studies were classified as weak.  
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## 30 **2.4 Data synthesis and analysis**

31 After identifying the papers, classification have been created to synthesize the included  
32 studies according to two main parameters. First, articles were categorized in six cluster according to  
33 the neurodevelopmental skills considered (i.e., intellective functioning; memory and learning;  
34 attention and executive functions; verbal language; numeric ability; motor and sensorimotor  
35 functions). Second, in each of the 6 categories studies were further grouped according to air  
36 pollution exposure period (i.e., prenatal exposure; postnatal exposure; both prenatal and postnatal  
37 exposure). The analyses of the study also consisted of the synthesis of: (a) geographical area of  
38 exposure to air pollutants; (b) exposure context (i.e., urban/metropolitan/polluted area, clean  
39 air/green area); (c) methodological aspect of the studies (i.e., study design; sample size and sample  
40 characteristics); (d) considered air pollutant/s (i.e., PM2.5, PM10, ultrafine particles, nitrogen  
41 dioxide, elemental carbon, black carbon, polycyclic aromatic hydrocarbons, airborne copper, traffic  
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related air pollution); (e) analysis carried out to evaluate exposure; (f) test used to evaluate neurodevelopmental skills; (g) considered confounding variables, and h) main findings.

### 3. Results

#### 3.1 General methodological aspects

Included studies considered sample of different sizes ranged from 30 (Calderón-Garcidueñas et al. 2011) to 8198 (Midouhas et al. 2018) participants. Most of the studies were carried out in Europe ( $n = 23$ ), 9 studies were conducted in USA, one study in Mexico (Mexico City) and one study in Tehran (Iran). Eight studies considered preschool-aged children, while 23 studies considered school aged children.

The most represented European country was Spain with 12 studies (54% of the studies conducted in Europe). The other European studies were conducted in the Netherlands ( $n = 3$ ), in Italy (in Rome,  $n = 2$ ), in Poland (in Krakow,  $n = 2$ ), in Germany ( $n = 1$ ), Belgium ( $n = 1$ ) and UK ( $n = 1$ ). Notably, only one of the considered work analyzed data from four different European population-based birth cohorts (Netherlands, Germany, Italy and Spain).

Notably most of the included studies ( $n = 24$ ) were part of brooder projects: 8 of them were part of the BRain dEvelopment and Air polluTion ultrafine particles in sChool children (BREATHE) project (Spain), 3 were part of the INMA – INfancia y Medio Ambiente (INMA) project (Spain), 2 were part of the project Viva, 2 of Asthma Coalition on Community, Environment and Social Stress (ACCESS) project. One study were part of Generation R Study, 1 of Gene and Environment Prospective Study on Infancy in Italy (GASPII) project, 1 of Conditions Affecting Neurocognitive Development and Learning in Early Childhood (CANDLE) study, 1 of Maternal-Infant Smoking Study of East Boston, 1 of European Study of Cohorts for Air Pollution Effects (ESCAPE) project, 1 of COGNition and Air pollution in Children (COGNAC) study, 1 of Millennium Cohort Study (MCS), 1 of Risk Factors for Antisocial Behavior (RFAB) twin study and 1 of Road traffic and Aircraft Noise exposure and children's Cognition and Health (RANCH) project.

#### 3.2 Air pollution exposure

1 Traffic related air pollution (TRAP) included in this review encompass the following air pollutants:  
2 NO<sub>2</sub> (12 studies), PM of different sizes (13 studies), and components of PM such as: black carbon (BC,  
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4 5 studies), elemental carbon (EC, 4 studies), polycyclic aromatic hydrocarbons (PAHs, 6 studies) and  
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6 copper (2 studies). Fifteen articles consider a single pollutant; eight include two pollutants, five  
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8 studies consider 3 pollutants and two studies include TRAP in general.  
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11 Most studies considered a polluted geographical area, evaluating the effect of TRAP on  
12 neurodevelopment. Ten studies investigated prenatal exposure to air pollution, 14 studies postnatal  
13 exposure and 6 studies both prenatal and postnatal exposure. Prenatal exposure to pollutants was  
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15 estimated at the maternal residence using dispersion models or by personal monitoring (exposure to  
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17 PAHs) or by biological monitoring using blood from the umbilical cord (exposure to PAHs). As for  
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19 postnatal exposure, studies estimated exposure to pollutants at the child's residence and/or in the  
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21 neighborhood of the school, considering, in some cases, both outdoor and indoor (in classroom)  
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23 exposure. Both land use regression models or other models and measurement of air pollutants were  
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25 used. Two studies considering both prenatal and postnatal exposure merely compared heavy  
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27 polluted vs. less polluted areas, based on historical data from air quality networks.  
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### 35 **3.3 Neurodevelopmental skills**

#### 36 3.3.1 Intellective functioning

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38 Fourteen studies investigated full-scale intelligent quotient (IQ) considering both global  
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40 score, verbal IQ (VIQ, an index of skills regarding verbal knowledge, comprehension, and verbal  
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42 mathematical reasoning) and performance IQ (PIQ, which provides a measure of visuospatial  
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44 abilities, spatial processing, attentiveness to details, and visual-motor integration). Studies included  
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46 in this section are synthesized in Table 2.  
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52 INSERT TABLE 2  
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54 Prenatal exposure. Two studies (Chiu et al., 2016; Lubczynska et al., 2017) estimated prenatal  
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56 exposure to PM<sub>2.5</sub> reporting conflicting results. Chiu and colleagues (2016) highlighted that  
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58 increased PM<sub>2.5</sub> exposure in late pregnancy was associated to lower IQ scores, at 6 years of age but  
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1 only in boys. On the other hand, no significant association emerged in Lubczynska et al.'s study  
2 (2017). Another study conducted on a large sample of children aged between 4 and 6 years reported  
3  
4 a negative association between increase in PM10, but not in NO<sub>2</sub>, and lower IQ, VIQ and PIQ scores  
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6 (Loftus et al., 2019). Lertxundi et al. (2019) evaluated the global cognitive functions in relation to  
7  
8 exposure to PM2.5 and NO<sub>2</sub> in children aged 4 to 6 years but unlike the Loftus and Freire's studies  
9  
10 global cognitive function was negatively associated with NO<sub>2</sub> only in boys. Further, three studies, two  
11  
12 on preschoolers and on school-age children, found significant associations between PAH exposure  
13  
14 and IQ/PIQ scores (Edwards et al., 2010), IQ/VIQ scores (Perera et al., 2009), and VIQ score  
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16 (Jedrychowski et al., 2015).  
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21 Postnatal exposure. One study reported that a longer black carbon (BC) exposure at  
22  
23 children's residence was associated with lower IQ/VIQ/PIQ scores (Suglia et al., 2018). Wang and  
24  
25 colleagues (2017) revealed a significant adverse PM2.5 effects on PIQ, but not on full-scale IQ and  
26  
27 VIQ. In another study (Freire et al., 2010) the general cognitive function of preschoolers was  
28  
29 measured in relation to NO<sub>2</sub> exposure but it did not reveal a significant association. Two works  
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31 investigated the effect of air pollution comparing groups from critical polluted area and from healthy  
32  
33 air area. In particular, Calderón-Garcidueñas et al. (2011) considered a small sample of children aged  
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35 between 7 and 8 years lived either in a high concentrations of air pollutants (Mexico City) or in clean  
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37 air environment (Polotitlán, Mexico State) (i.e. control group). Authors found that volumetric brain  
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39 alterations (i.e., white matter hyperintensities) detected by MRI was associated with for air pollution  
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41 exposure. Children who lived in Mexico City were further classified according to presence or absence  
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43 of MRI prefrontal white matter hyperintensities. Analyses revealed that children with white matter  
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45 hyperintensities obtained lower score in the VIQ; moreover, children without white matter  
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47 hyperintensities but that lived in Mexico City obtained lower score in PIQ. In the study by Talaeizadeh  
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49 et al. (2018) 90 female students at age of 8-10 living in two areas, one was critical polluted and one  
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51 with a healthy air, were considered. Results showed significantly lower VIQ scores in girls who lived  
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53 in the polluted area.  
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Prenatal/Postnatal exposure. Only two studies investigated the association between air pollution and intellectual functioning considering both prenatal and postnatal exposure, reporting conflicting results.. In particular, in both studies air pollutant exposure was estimated at three time windows: during pregnancy, between birth and the time of the neurodevelopment assessment, at the year before the assessment visit. In the study of Porta and colleagues (2016) exposure to higher level of NO<sub>2</sub> in the three time windows was associated with IQ and VIQ assessed when children were 7 years old. In contrast, in a larger sample of primary school children, aged between 6 and 10 years old, prenatal and postnatal exposure to BC and to PM<sub>2.5</sub> did not result to be associated with lower VIQ and PIQ scores (Harris et al., 2015).

### 21 3.3.2 Learning and memory

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Sixteen studies investigated learning and memory considering different aspects of memory such working memory and short-term span memory. Studies included in this section are synthesized in Table 3.

INSERT TABLE 3

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Prenatal exposure. Three studies investigated the association between prenatal exposure to air pollution and memory function. While one study conducted on a sample of 783 children aged between 6 and 10 years old revealed no significant association between exposure to air pollutants (NO<sub>2</sub>, PM<sub>10</sub>, PM<sub>2.5</sub>, elemental carbon, coarse particle) and short-term and working memory function (Guxens et al., 2018), the two other papers found significant sex-dependent association. More specifically, a significant link emerged between PM<sub>2.5</sub> and NO<sub>2</sub> exposure and memory only for preschool-age boys (Lertxundi et al., 2019). Also, an association between higher PM<sub>2.5</sub> levels in early-to-mid pregnancy and impaired memory performances (Visual Memory Index (VIM) and General Memory Index (GM)) emerged only for 6-year-old girls (Chiu et al., 2016).

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Postnatal exposure. Ten studies have considered postnatal exposure. Using the Wide Range Assessment of Memory and Learning (WRAML) test, one study conducted on children aged between 8 and 11 years found that BC level at children's residence predicted decrease on several memory and

1 learning scales score (i.e., verbal learning scale, visual learning scale, global learning scale, and the  
2 general index scale) (Suglia et al., 2008). Moreover, higher level of indoor (classroom of schools)  
3  
4 PM2.5 exposure was associated with a significant reduction in working memory in 8.5-years-old  
5  
6 children (Basagaña et al., 2016). A significant negative link between several pollutants  
7  
8 (EC)/NO<sub>2</sub>/PM2.5 and ultrafine particles (UFP), estimated both indoor and outdoor school building,  
9  
10 and children memory difficulties was observed (Forns et al. 2017). Alemany and colleagues (2018)  
11  
12 evaluated the association between traffic air pollution exposure and working memory considering  
13  
14 the moderating role of Apolipoprotein E (APOE) genotype (e4 allele carriers), a well-known risk factor  
15  
16 that increase vulnerability to air pollution through neuroinflammatory and oxidative stress processes.  
17  
18 In particular, it was observed an association with high level of school outdoor exposure to PAHs/NO<sub>2</sub>  
19  
20 and working memory in the APOE e4 allele carriers. Furthermore, working memory impairments in  
21  
22 children aged between 7 and 11 years was also associated with long-term exposure to school indoor  
23  
24 NO<sub>2</sub> and EC (Sunyer et al., 2017). In contrast, no significant association emerged between working  
25  
26 memory and higher NO<sub>2</sub> exposure both in preschooler (Freire et al., 2010) and school-age children  
27  
28 (Pujol et al., 2016). Similarly, short-term memory was not significantly associated with air pollutants  
29  
30 exposure, neither in case of recent exposure (at school and at home) to PM2.5, PM10 and BC  
31  
32 (Saenen et al., 2016), nor in case of chronic exposures to NO<sub>2</sub> (Van Kempfen et al., 2012) and to  
33  
34 PM2.5, PM10 and BC (Saenen et al., 2016) at home in children aged between 9 and 11 years.  
35  
36 However, Van Kempfen and colleagues (2012) found that exposure to NO<sub>2</sub> at school was significantly  
37  
38 associated with a decrease of the memory span length. Furthermore, to children who lived in a high  
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40 concentrations of air pollutants (Mexico City) compared children from healthy air area showed  
41  
42 consistent and progressive deficits in short term memory (Calderón-Garcidueñas et al., 2011).  
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51 Prenatal/Postnatal exposure. Findings from Harris et al. (2015) did not show a significant  
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53 association between prenatal/postnatal exposure to BC and PM2.5 and memory functions in primary  
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55 school children. In contrast, a more recent work conducted on a large sample of children aged  
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57 between 7 and 10 years old reported stable negative associations between increase of PM2.5 and  
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1 working memory evaluated in the two assessment times with an interval of three months between  
2 the two assessment time points, with stronger associations at the most recent assessment of air  
3 pollution, with boys showing much higher vulnerability (Rivas et al., 2019).  
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7 3.3.3 Attention and executive functions  
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9 Fifteen studies have investigated several aspects attention and executive functions such as  
10 omission errors (i.e., missing responses), inhibition errors (i.e., do not ignore irrelevant distracting  
11 stimuli), reaction time (i.e., time between introducing a stimulus and response to it), reaction speed  
12 (i.e., speed used to respond to a stimulus) and switching attention (i.e., ability to shift attention from  
13 one stimulus to another one). Studies included in this section are synthesized in Table 4.  
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23 Prenatal exposure. Four studies examined the association between air pollution exposure  
24 during fetal life and different attention/executive function. For instance, higher PM2.5 levels at 20–  
25 26 weeks of gestation were significantly associated with more omission errors and higher PM2.5  
26 exposure at 32–36 weeks of gestation were significantly associated with slower hit reaction time in 6-  
27 year-old boys (Chiu et al., 2016). Similarly, prenatal exposure to fine particulate (PM2.5) was  
28 correlated to a higher number of inhibition errors in a sample of 783 children aged between 6 and 10  
29 years old (Guxens et al., 2018). In another study, PAHs exposure was related with slower information  
30 processing speed during intelligence testing in children between 7 and 9 years old, although the  
31 association was mediated by reduced left hemisphere white matter (Peterson et al., 2015). Finally,  
32 the Attention Concentration Index score (e.g., a subtest of the Wide Range Assessment of Memory  
33 and Learning which assesses the individual’s ability focus and maintain attention and concentration  
34 on a task) was lower for 6-year-old boys with high prenatal BC exposure (Cowell et al., 2015).  
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51 Postnatal exposure. Higher inattentiveness was correlated with higher level PM2.5 both  
52 indoor and outdoor the school building (Basagaña et al., 2016) and airborne copper outdoor  
53 exposure (Alemany et al., 2017). Furthermore, inattentiveness impairments in children aged between  
54 7 and 11 years was associated with higher level of school outdoor exposures to PAHs in the APOE e4  
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1 allele carriers (Alemany et al., 2018). Also Sunyer et al. (2017) found a significant association  
2 between impaired attention performance (i.e., increased hit reaction time, omissions, and  
3 commissions errors) and daily environmental levels of NO<sub>2</sub>/EC and long-term NO<sub>2</sub> exposure at school  
4 in children aged between 7 and 10 years old. Moreover, in 10-years old children longer reaction  
5 times in selective attention task were significantly related to recent inside classroom PM<sub>2.5</sub> and  
6 PM<sub>10</sub> exposures and reaction times in both selective and sustained attention tasks were associated  
7 to chronic exposure at residence to PM<sub>2.5</sub> and PM<sub>10</sub> (Saenen et al., 2016). However, four studies  
8 (Van Kempen et al., 2012; Pujol et al., 2016; Mortamais, et al., 2017; Freire et al., 2010) did not found  
9 significant associations between air pollutants and attentive functions. Three of them failed to found  
10 a significant association between NO<sub>2</sub> exposure and attentive function in preschool-age (Freire et al.,  
11 2010) and in school age children (Van Kempen et al., 2012; Pujol et al., 2016). Moreover, the non-  
12 significant association were also found considering other type of air pollutant, in particular PM<sub>10</sub>  
13 (Van Kempen et al., 2012), elemental carbon (Pujol et al., 2016;) and PHAs (Mortamais, et al., 2017).

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30 *Prenatal/Postnatal exposure.* One study reported a significant association between higher  
31 exposure to prenatal levels of NO<sub>2</sub> and difficulties in executive function (i.e., an increase in the  
32 standard error of the hit reaction time and an increase in the number of omission errors) in a large  
33 sample of preschoolers (Sentís et al., 2017). When considering pre- and postnatal NO<sub>2</sub> a similar but  
34 weaker significant association were found with the number of omission errors. Stratifying the  
35 analysis by sex, this association persisted only in girls. Another work detected exposure to PM<sub>2.5</sub>  
36 levels during the prenatal period and from the fourth postnatal year in a sample of 2221 school-age  
37 children (aged between 7 and 10 years old). Higher exposure was associated with a worse  
38 performance in a specific higher-level forms of attention implicated in the resolution of conflict  
39 among stimulus elements (e.g., resolve conflict in tasks like color-word Stroop effect). The same  
40 study fails to found a significant association when considering attentiveness (Rivas et al., 2019).  
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57 Finally, the work by Harris et al. (2016) investigated the association between BC residential exposure  
58 from birth through 6 years of child age and in the year before the neuropsychological assessment in  
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1 school aged children. Results indicate that higher average BC postnatal residential exposure  
2 predicted greater problems with behavioral regulation, a component of executive function involving  
3  
4 inhibitory control of emotion and impulses.  
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6  
7 3.3.4 Verbal language  
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9 Five studies assessed verbal language abilities. Verbal language skills refer to the ability to  
10 comprehend verbal information, the vocabulary competences, the maturity of verbal concepts, and  
11 the ability to express oneself through language. Studies included in this section are synthesized in  
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13 Table 5.  
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21 Prenatal exposure. Only one study investigated the possible impact of NO<sub>2</sub> and PM<sub>2.5</sub>  
22 prenatal exposure on child’s ability to comprehend verbal information and to express oneself  
23 through language in a sample of 1119 preschool children, finding a significant negative association  
24  
25 between air pollution exposure and verbal language skills only for boys (Lertxundi et al., 2019).  
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28  
29 Postnatal exposure. Four studies assessed the possible impact of postnatal exposure to air  
30 pollutants and verbal language abilities. Children exposure to high levels of NO<sub>2</sub> both at 9 months  
31 and 3 years of age was related to lower verbal ability (i.e., vocabulary competences and expressive  
32 language) at 3 years of age (Midouhas et al., 2018). Also postnatal residential exposure to BC was  
33 associated with decreases in the vocabulary competences in children aged between 8 and 10 years  
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35 (Suglia et al., 2008).  
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44 Other two works assessed air pollution exposure comparing groups of children from critical  
45 polluted area and from healthy air area (Calderón-Garcidueñas et al., 2011; Talaeizadeh et al., 2018).  
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47 In particular, Calderón-Garcidueñas and colleagues (2011) found that children who lived in a high  
48 concentrations of air pollutants (Mexico City) showed poorer vocabulary competences compared to  
49 children that lived in a clean air environment (Polotitlán, Mexico State) both at 7 and at 8 years old.  
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51 Similarly, Talaeizadeh et al. (2018) found school-aged girls that lived in a critical polluted area  
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1 exhibited significant poorer abilities in vocabulary competences and in verbal information  
2 comprehension compared to girls that lived in a healthy air area.  
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4 Prenatal/Postnatal exposure. No studies that investigated verbal language abilities tested air  
5 pollution exposure both in prenatal and in postnatal period.  
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9 3.3.5 Numeric ability  
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11 Three studies evaluated numeric ability such as arithmetic skills (i.e., the ability to associate  
12 quantities to verbal numerical labels) and reasoning with numbers. Studies included in this section  
13 are synthesized in Table 6.  
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21 Prenatal exposure. Only one study investigated the possible impact of NO<sub>2</sub> and PM2.5  
22 prenatal exposure on child’s numeric ability in children aged between 4 and 6 years showing a  
23 significant negative association between exposure to NO<sub>2</sub> and numeric ability, association becoming  
24 more negative for boys after stratifying by gender (Lertxundi et al., 2019).  
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30 Postnatal exposure. Only one study evaluates postnatal air pollution exposure, comparing  
31 groups of children from critical polluted area and from healthy air area found that children who lived  
32 in a high concentrations of air pollutants (Mexico City) outperformed in arithmetic measures children  
33 that lived in a clean air environment (Calderón-Garcidueñas et al., 2011).  
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40 Prenatal/Postnatal exposure. Porta and colleagues (2016) considered prenatal and postnatal  
41 (between birth and the time of the cognitive test and the last year before the test) exposure to NO<sub>2</sub>,  
42 PM coarse, PM2.5, PM2.5. In 7-years-old children, the exposure to higher level of NO<sub>2</sub> in the three  
43 time windows was associated with poorer arithmetic reasoning abilities.  
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49 3.3.6 Motor and sensorimotor skills  
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51 While motor functions involve gross-motor skills (e.g., independent sitting, crawling, walking,  
52 or running), fine-motor skills, sensorimotor functions include competences such as motor or visual  
53 speed and precision (i.e., visual motor skills), perceptual coding, and spatial ability. Studies included  
54 in this section are synthesized in Table 7.  
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INSERT TABLE 7

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2           Prenatal exposure. Two studies considered prenatal exposure to air pollution. Lubczynska et  
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4 al. (2017) analyzed data from 4 European population-based birth cohorts in the Netherlands,  
5  
6 Germany, Italy and Spain. Motor skills (fine and gross) were assessed between 1 and 9 years of age.  
7  
8 Results observed that PM<sub>2.5</sub> exposure was not associated to both abilities. However, increase in the  
9  
10 levels of airborne iron, one of the main elements of traffic-related air pollution, was negatively  
11  
12 associated with fine-motor skills. More recently, Lertxundi et al. (2019) reported a negative  
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14 association between NO<sub>2</sub> exposure and fine-motor skills in children at 4–6 years of age, but only for  
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16 boys.  
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21           Postnatal exposure. Three studies investigated the association between air pollution  
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23 exposure and motor and/or sensorimotor functions. One study investigated the association between  
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25 postnatal exposure to NO<sub>2</sub> and neurodevelopment in 4-year-old children. In particular, a significant  
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27 negative association between emerged between high home outdoor NO<sub>2</sub> levels and gross motor  
28  
29 skills (Freire et al., 2010). Saenen et al. (2016) investigated whether neurobehavioral performance  
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31 was associated with recent and chronic air pollution postnatal exposure in a sample of primary  
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33 school children. Findings suggest visual information processing speed was related to recent inside  
34  
35 classroom PM<sub>2.5</sub> or PM<sub>10</sub> exposure. Additionally, authors reported that visual information  
36  
37 processing speed was negatively associated with recent residential PM<sub>2.5</sub>, PM<sub>10</sub> and BC exposure.  
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40 Finally, in their study Calderón-Garcidueñas and collaborators (2011) reported a significant difference  
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42 in terms of spatial abilities between children without white matter hyperintensities and children with  
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44 white matter hyperintensities, indicating that living in a polluted area could be a risk factor also for  
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46 sensorimotor functions. In contrast, in Van Kempen et al. (2012) study did not emerge any significant  
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48 correlations between exposure to NO<sub>2</sub> and PM<sub>10</sub> at school and at home and both hand–eye  
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50 coordination and perceptual coding in children aged between 9 and 11 years.  
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56           Prenatal/Postnatal exposure. One study estimated BC and PM<sub>2.5</sub> exposure in prenatal (late  
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58 pregnancy) and postnatal (mid-childhood) periods (Harris et al., 2015). Authors found that prenatal  
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1 residential proximity to a polluted area (< 50 m) was associated with poorer visual motor abilities in  
2 mid-childhood. However, contrary to expectation, PM2.5 postnatal exposure from birth to 6 years  
3  
4 was associated with a small increase in visual motor skills in mid-childhood.  
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#### 7 **4. Discussion**

8  
9 Findings from the current systematic review of 30 studies highlight significant trend effects of  
10 some air pollutants on some cognitive functions and sensorimotor abilities with detrimental effects  
11 on children’s neurodevelopmental skills. Main results are synthesized and discussed below,  
12  
13 considering prenatal exposure and postnatal exposure or both.  
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18 Prenatal exposure to PAHs was negatively associated with the global intellectual quotient  
19 (Edwards et al., 2010; Jedrychowski et al., 2015; Perera, 2009) of 5-year-olds (Edwards et al., 2010;  
20 Perera, 2009) and of 7-years-olds (Jedrychowski et al., 2015), suggesting that PAHs prenatal exposure  
21 was associated with an estimated decrease in mean scores of approximately 3-4 IQ points (Suades-  
22 González, Gascon, Guxens, and Sunyer, 2015). Two postnatal exposure studies found that school-  
23 aged children who lived in areas with high air pollution obtained significant lower score than those  
24 who lived in the healthy air area in global intellectual function and verbal intellectual quotient  
25 (Calderón-Garcidueñas et al., 2011; Talaeizadeh et al., 2018). However, both studies did not score  
26 particularly good on quality appraisal and did not consider possible confounding variables. Thus,  
27 even if these results support a possible role for exposure to air pollution in postnatal period and  
28 lower intellectual functioning, results from these studies must be considered with caution. Thus, in  
29 sum results seems to indicate that while prenatal exposure to PHAs increase possible negative  
30 consequences on intellectual functioning during childhood, findings from postnatal exposure studies  
31 provide only a partial relationship between air pollution and intellectual function.  
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51 A robust result emerged for attention and executive functions. Most of the studies included  
52 in this cognitive domain (12/16) revealed that several air pollutants (e.g., PM2.5, PM10, NO<sub>2</sub>, black  
53 carbon, PAHs) were associated with inattentiveness of children aged between 6 and 11 years olds  
54 (Peterson et al., 2015; Chiu et al, 2016; Cowell et al., 2015; Guxens et al., 2018). Specifically, all four  
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1 prenatal exposure studies found an association between exposure to TRAP, NO<sub>2</sub>, PM<sub>10</sub>, PM<sub>2.5</sub>,  
2 PHAs, and elemental carbon and poorer attention abilities and inhibitory control (i.e., an executive  
3 function skill) in school-aged children aged 6 to 10 years (Peterson et al., 2015; Chiu et al, 2016;  
4  
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6  
7 Cowell et al., 2015; Guxens et al., 2018). In two cases, the association was moderated by gender, in  
8  
9 particular males were at higher risk of developing difficulties with attention and executive functions  
10  
11 (Chiu et al, 2016; Cowell et al., 2015). Double exposure studies (i.e., during pregnancy and within the  
12  
13 birth-age 4) revealed that NO<sub>2</sub> and PM<sub>2.5</sub> could be a risk factor for attention/executive functions  
14  
15 assessed at ages 6-11 years (Harris et al., 2016; Sentís et al., 2017), especially in female children  
16  
17 (Rivas et al., 2019). Finally, postnatal exposure research (i.e., middle childhood) found conflicting  
18  
19 results. Indeed, only 5 out of 9 included studies found a relationship between air pollutants and  
20  
21 attention/executive functions during childhood (Alemany et al., 2017; Alemany et al., 2018;  
22  
23 Basagaña, 2016; Saenen, 2016; Sunyer, 2017), with a robust association for studies with a larger  
24  
25 sample size. While the controversial results may be explained by methodological differences (i.e.,  
26  
27 method to determine the concentration of air pollution, the use of different cognitive measures and  
28  
29 several developmental periods), overall these findings seem to suggest that exposure to air  
30  
31 pollutants especially in the prenatal period associates with an increased risk of attention  
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33 impairments during childhood.  
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40 Significant associations emerged for learning and memory, as well. Four prenatal exposure  
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42 studies documented that PAHs, NO<sub>2</sub>, BC and PM<sub>2.5</sub> was associated with decreases across memory  
43  
44 and learning function (Chiu et al, 2016; Cowell et al., 2015; Guxens et al., 2018; Lertxundi et al.,  
45  
46 2019). Prenatal exposure predictive a higher risk of developing learning difficulties in boys (Lertxundi  
47  
48 et al., 2019), but a more risk for visual memory impairments in girls (Chiu et al., 2016), suggesting  
49  
50 that the above mentioned association was moderated by sex. Postnatal and double exposure studies  
51  
52 only partially corroborate the relationship between air pollution and memory/learning difficulties.  
53  
54 Specifically, 7 out of 12 included studies found a significant association with global deficit (Almanay  
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56 et al., 2018; Basagaña et al., 2016; Calderón-Garcidueñas et al., 2011; Forns et al., 2017; Van Kempen  
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1 et al., 2012; Suglia et al., 2008; Sunyer et al., 2017), with four studies reporting a specific working  
2 memory impairment (Almanay et al., 2018; Basagaña et al., 2016; Forns et al., 2017; Sunyer et al.,  
3  
4 2017).  
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6  
7 A further observation is about initial evidence of links between pollutants exposure (i.e.,  
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9 PM2.5, PM10, NO<sub>2</sub>, BC) and both verbal language and numeric abilities impairments (Midouhas et al.,  
10  
11 2018; Suglia et al., 2008), regardless from timing of exposure. Five studies investigated language  
12  
13 development (Calderón-Garcidueñas et al., 2011; Lertxundi et al., 2019; Midouhas et al., 2018; Suglia  
14  
15 et al., 2008; Talaeizadeh et al., 2018) and three numeric abilities (Calderón-Garcidueñas et al., 2011;  
16  
17 Lertxundi et al., 2019; Porta et al., 2016). Most of these studies (Lertxundi et al., 2019; Midouhas et  
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19 al., 2018; Porta et al., 2016), both those considering verbal language (n = 3) and numeric abilities (n =  
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21 2), found that both domains were negatively associated with NO<sub>2</sub> exposure.  
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26 Finally, as for motor and sensorimotor skills, 1 out of 2 prenatal exposure studies found that  
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28 NO<sub>2</sub> and PM2.5 were associated with lower fine-motor abilities (Lertxundi et al., 2019). 4 out of the  
29  
30 5 postnatal exposure studies documented that air pollution was negatively associated gross motor  
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32 skills (Freire, 2010), spatial abilities (Calderón-Garcidueñas et al., 2011), visual information processing  
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34 speed (Saenen et al., 2016) and visual-motor ability (Harris et al., 2015). Although additional research  
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36 is needed, these findings seem to indicate that both prenatal and postnatal exposure can be  
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38 associated with delayed sensorimotor development during childhood.  
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43 Taken together, results seem to suggest that exposure to air pollutants may be a risk factor  
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45 for neurodevelopmental skills in preschool- and school-aged children. Although verbal language,  
46  
47 numerical skills and sensorimotor abilities are affected by air pollution, the most adverse outcomes  
48  
49 concern global intellectual functioning, executive functions and attention. This latter finding is  
50  
51 consistent with previous data on neuropsychiatric disorders which suggest that early-life exposure to  
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53 air pollutants associate with an increased risk of ADHD, which core symptom is the attention deficit  
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55 (Aghaei et al., 2019). Moreover, many studies highlight that moderating role of gender, with higher  
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57 risk of developing difficulties with attention and executive functions (Chiu et al, 2016; Cowell et al.,  
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2 2015) and learning difficulties in boys (Lertxundi et al., 2019), and with higher risk for visual memory  
3 impairments in girls (Chiu et al., 2016).

4 As reported in Figure 2 our findings also support a potential role of specific air pollutants in  
5 explaining potential impaired neurodevelopmental outcomes (i.e., PM2.5, NO<sub>2</sub>, and PAHs). PM2.5  
6 and NO<sub>2</sub> are the most investigated pollutants in the included studies. They appear to be particularly  
7 risky when the child is exposed to in prenatal periods but there are also some evidence about  
8 exposure during postnatal phase. PAHs is considered in fewer studies but it still emerges as a  
9 potential risk for children's neurodevelopment especially as regard prenatal exposure. All these  
10 results are strengthened by the fact that studies that have considered these air pollutants have  
11 controlled for many confounding variables such as demographic and socioeconomic variables. BC is  
12 also measured by a large number of studies, however results are very heterogeneous. More studies  
13 are needed to better understand the risk level of this air pollutant. TRAP seems to have greater  
14 effects in the postnatal phase, however, studies that have considered these mixture of air pollution  
15 generally have controlled for few confounding variables (e.g. socio-economic variables) and  
16 therefore further investigation is needed. Finally, regarding other air pollutants there is too little  
17 evidence to draw conclusions and more research is needed.

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40 Overall, findings indicate that air pollution exposures during pregnancy, especially exposure  
41 to PAHs, PM2.5 and NO<sub>2</sub>, appeared strongly associated with difficulties in later neurodevelopmental  
42 skills, suggesting that early exposure to these pollutants can have adverse long-term outcomes  
43 especially regarding intellectual function, attention, learning and memory skills. It is not surprising  
44 given that there is concern regarding the potential impact of pollutants on gestation, and during the  
45 very first period of extrauterine life (Bosetti et al., 2010; Stieb et al., 2012), which represent a  
46 sensitive developmental period for neuroplasticity. In this time infant brain is particularly vulnerable  
47 or receptive to the quality of environment, thus that air pollution can have a profound effect on the  
48 immature brain as it is organizing itself. Regarding postnatal exposure during early and middle  
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1 childhood (between 3 and 11 years old), the relationship between air pollution and specific  
2 neurodevelopmental skills in preschool- and school-age children remains less clear and requires  
3 further research.  
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7 **4.1 Limitations**

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9 There are some limits that call for caution in the interpretation and generalization of findings  
10 from the current review. First, although all reviewed studies contained standardized instruments for  
11 assessing neurodevelopmental skills, there is a variability in the tools used for measuring the same  
12 function or ability that prevent stronger comparisons. This methodological issue could explain some  
13 inconstancies we found even for the same neurodevelopmental skill, when it was examined by  
14 different studies. This has also limited the possibility to carry out a meta-analysis. Second, all studies  
15 estimated air pollution focusing on specific geographical areas in certain countries. This limits the  
16 generalizability of the results especially on a larger scale such as continental level. Moreover, in some  
17 studies was not considered the intensity of pollutants in the air, thus in some cases the inconsistency  
18 of findings might be due to relatively low levels of a specific pollutant compared to studies reporting  
19 associations. Finally, reliability of studies on the potential impact of pollutants on the brain has  
20 recently been questioned (de Prado et al., 2018). One critical point is that infants exhibit large  
21 individual variability, so that caution is needed in interpreting results from this filed research.  
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40 **4.2 Recommendation for future directions**

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42 Further work is needed to strengthen the methodological accuracy and the extent of  
43 research in this field. Specifically, it will be critical to examine a number of factors in more in depth.  
44 As suggested by different authors (Loftus et al., 2019; Porta et al., 2016) the consistency of studies'  
45 findings could be improved by considering the intensity of air pollution (low, medium, high air  
46 pollution). For example, the lack of findings in Loftus et al. (2019) could be due to relatively low NO<sub>2</sub>  
47 levels compared to studies reporting associations (Porta et al., 2016). Therefore, in order to find a  
48 stronger and significant association between air pollution exposure and neurodevelopmental skills it  
49 would be important to determine the intensity of air pollution. Measuring not only pollutants type  
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1 but also their quantitative level in the air would strengths studies' results and would provide more  
2 reliable evidence for the neurotoxicity of air pollution. Furthermore, given that the number of  
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4 associations between air pollution and different neurodevelopmental skills assessment, it would be  
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6 important to use homogenous neurodevelopmental measurement methods in order to obtain more  
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8 comparable results.  
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## 10 11 **5 Conclusion**

12  
13 Intrauterine epoch and early postnatal life are critical time periods for brain plasticity in the  
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15 human infant developing brain. Throughout these life phases, the human fetus and the infant are  
16  
17 highly susceptible to environmental variations, including atmosphere pollution. This review suggests  
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19 that greater early life exposure to air pollutants, especially to PM2.5, NO<sub>2</sub> and PAHs, is associated  
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21 with neurodevelopmental negative outcomes in children. Even if their performances do not fall into  
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23 clinical range and further research is needed to support robust recommendations, air pollution may  
24  
25 increase risk of some difficulties in cognitive domains such as attention and intellectual functioning.  
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27 This evidence underscores the importance of this issue and its impact on public health, which, as of  
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29 today, can not longer be left on the back burner (Philipsborn et al., 2021). The cautious principle  
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31 should be applied to protect the general population, and especially pregnant women and infants,  
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33 given their vulnerability and the potential long-term effects of accumulated toxic exposure at various  
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35 stages of life beginning in utero (Dadvand et al., 2013). Thus, regardless of a strong causal evidence,  
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37 lowering of these pollutants could potentially have important preventive impacts on the risk of  
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39 adverse neurodevelopmental outcomes in typically developing children (Lopuszanska &  
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41 Samardakiewicz, 2020). Results reported in this review corroborate the need for a global action to be  
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43 taken to reduce exposure to environmental pollutants and to implement public health policies  
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45 worldwide, especially during pregnancy and infant developmental ages.  
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Figure 1.

*PRISMA flow diagram.*

Figure2.

*Risk level of each pollutant considering prenatal and/or postnatal exposure and the different neurodevelopmental functions considered.*

*Note: PM2.5 = particles of aerodynamic diameter of 2.5  $\mu\text{m}$ ; PM10 = particles of aerodynamic diameter of 10  $\mu\text{m}$ ; PMcoarse = PM2.5 and PM10; UFPs = ultrafine particles; NO<sub>2</sub> = nitrogen dioxide, EC = elemental carbon; BC = black carbon; PAHs = polycyclic aromatic hydrocarbons; Cu = copper*

*\*TRAP (traffic related air pollution), considered by two studies (Calderón-Garcidueñas et al., 2011; Talaeizadeh et al., 2018), is not a singular pollutant as other but it is a mixture of pollutants.*

*Therefore it will be not consider in this figure*

Table 1

*Quality appraisal of the included studies.*

Study	A	B	C	D	E	F	G	Final
Guxens, 2018	2	2	1	2	1	1	1	1
Alemaný, 2018	3	2	1	2	1	3	1	3
Loftus, 2019	2	2	1	2	1	1	1	1
Porta, 2016	3	2	1	2	1	2	1	2
Sentís, 2017	3	2	1	2	1	3	1	3
Lertxundi, 2019	1	2	1	2	1	3	1	2
Rivas, 2019	3	2	1	2	1	2	1	2
Basagaña, 2016	3	2	1	2	1	1	1	2
Calderón-Garcidueñas, 2011	3	2	3	2	1	3	3	3
Jedrychowski, 2015	2	2	1	2	1	3	2	2
Pujol, 2016	3	2	1	2	1	3	1	3
Suglia, 2008	1	2	1	2	1	3	1	2
Harris, 2016	2	2	1	2	1	3	1	2
Edwards, 2010	2	2	1	2	1	2	2	1
Alemaný, 2017	2	2	2	2	1	2	1	1
Cowell, 2015	2	2	1	2	1	3	1	2
Perera, 2009	1	2	1	2	1	2	2	1
Talaeizadeh, 2018	2	2	2	2	1	3	3	3
Lubczynska, 2017	2	2	1	2	1	2	1	1
Forns, 2017	2	2	1	2	1	3	1	2
Saenen, 2016	2	2	1	2	1	1	1	1
Midouhas, 2018	2	2	1	2	1	3	2	2

1	Wang, 2017	2	2	1	2	1	1	1	1
2	Mortamais, 2017	3	2	1	2	1	3	1	3
3									
4	Sunyer, 2017	3	2	1	2	1	1	1	2
5									
6	Chiu, 2016	2	2	1	2	1	3	1	2
7									
8	Harris, 2015	2	2	1	2	1	3	1	2
9									
10	Peterson, 2015	2	2	1	2	1	1	2	1
11									
12	Van Kempen, 2012	1	2	1	2	1	1	1	1
13									
14	Freire, 2010	1	2	1	2	1	1	1	1
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19 *Labels: A, selection bias; B, study design; C, confounders; D, blinding; E, data collection methods; F,*  
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21 *withdrawals and dropout; G, quality of air pollution exposure assessment. Quality codes: 1, strong; 2,*  
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23 *moderate; 3 weak.*  
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16 Table 2.  
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 18 Synthesis of studies that considered intellectual functioning.  
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20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53			
First author, year	Country	Exposure context	Study design	Sample (N)	Age of the children	Air pollutants	Exposure assessment	IQ Specific function	Standardized test	Controlled confounding variables	Main findings																									
Prenatal exposure																																				
Perera, 2009	Washington Heights, Harlem, South Bronx in New York (USA)	metropolitan area	prospective cohort	249 children	5 years of age	PAHs	Measurements. Prenatal exposure to PAHs by 48 h personal monitoring of pregnant woman (mean 3.48±3.68 ng/m <sup>3</sup> )	Total (full-scale) IQ, verbal IQ and performance IQ	Wechsler Preschool and Primary Scale of Intelligence-Revised (WPPSI-R)	maternal intelligence, quality of the home caretaking environment, environmental tobacco smoke exposure, and other potentially confounding factors	<u>Significant association:</u> > PAHs → < Full-scale IQ > PAHs → < Verbal IQ  <u>Non-significant association:</u> PAHs and Performance IQ																									
Edwards, 2010	Krakow (Poland)	urban area	prospective cohort	214 children	5 years of age	PAHs	Measurements. Prenatal exposure to PAHs by 48 h personal monitoring of pregnant woman (mean 39.5 ± 48.1 ng/m <sup>3</sup> , median 17.96 ng/m <sup>3</sup> )	Non verbal intelligence	Raven Coloured Progressive Matrices (RCPM)	maternal report of ETS exposure in the household during pregnancy, sex of the child, maternal education, maternal intelligence	<u>Significant association:</u> > PAHs → < Full-scale IQ > PAHs → < Performance IQ																									



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18												child's gender,	<u>Significant association:</u>
19												parity, gestational	> PAHs → < Verbal IQ
20								Measurements.			Wechsler	age maternal	
21	Jedrychowski,	Krakow	urban area	longitudinal	170 children	7 years of	PAHs	Prenatal exposure	Verbal IQ		Intelligence	education,	
22	2015	(Poland)		study		age		to PAHs assessed	and	Scale for	breastfeeding		<u>Non-significant</u>
23								by DNA-PAH	performance	Children-	practice,		<u>association:</u>
24								adducts in the	IQ	Revised	environmental		PAHs and Performance
25								cord blood		(WISC-R)	tobacco smoke (ETS)		IQ
26											and postnatal PAH		
27											exposure		
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30								Estimates with a				maternal age,	
31								satellite-based				education, race, and	
32								spatio-temporally				smoking; child's sex,	
33	Chiu, 2016	ACCESS study.	urban area	pregnancy	267 children	approxim	PM2.5	resolved model.	Total IQ (full-	Wechsler		date of birth, parity,	<u>Significant association:</u>
34		Boston (USA)		cohort		ately 6		Median prenatal	scale IQ)	Scale for		gestational age at	> PM2.5 → < IQ, but
35						years of		exposure to		Children		birth, and birth	only in males
36						age		PM2.5 at		(WISC-IV)		weight, duration of	
37								residence: 11.3				breast feeding and	
38								µg/m <sup>3</sup>				children's blood lead	
39												levels	
40			two										
41			countries									Maternal	
42		ESCAPE study.	from the									information (age at	
43		Netherlands,	northern									delivery, pre-	
44		Germany,	part of									pregnancy body	
45		Italy and Spain:	Europe	4 European			PM2.5 and	Model estimates	Cognitive	McCarthy		mass index, smoking	<u>Non-significant</u>
46		40 sites in the	and two	population-	7246 children	1-9 years	elemental	with LUR. Prenatal	function	Scales of		during pregnancy,	<u>association:</u>
47	Lubczynska, 2017	Netherlands/B	from the	based birth		of age	composition	exposure to	(general,	Children's		alcohol consumption	PM2.5 and intellective
48		elgium and	southern	cohorts			of PM2.5,	PM2.5 in the	verbal and	Abilities		during pregnancy,	functioning (general,
49		Catalunya,	part, with				considering:	range 10 35	non-verbal)	(MSCA)		marital status,	verbal, and non-verbal)
50		and 20 sites in	varying				Cu, Fe, K, Ni,	µg/m <sup>3</sup>				parity, height, pre-	
51		Ruhr area and	levels and				S, Si, V, Zn					pregnancy weight);	
52		Rome	sources of									Parental information	
53			air									(educational level	
54			pollution									and country of birth)	

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22	Lertxundi, 2019	INMA study. Gipuzkoa, Sabadell and Valencia provinces (Spain)	Atlantic coast (Gipuzkoa) and Mediterranean coast (Valencia and Sabadell)	population-based birth cohort	1119 mother-child pairs	4-6 years of age	PM2.5, NO <sub>2</sub>	Model estimates with LUR (1 region) and measurements at air monitoring stations. (2 regions). Mean prenatal exposure NO <sub>2</sub> : 18.4 - 41.8 µg/m <sup>3</sup> ; PM2.5: 15.1-21.7 µg/m <sup>3</sup>	Global cognition	McCarthy scales of Children's Abilities (MSCA)	maternal educational level, social class, country of birth, smoking during pregnancy, pre-pregnancy body mass index, and age at delivery; child's sex and gestational age and anthropometric measures	<u>Significant association:</u> > NO2 → < global cognition only in boys							
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34	Loftus, 2019	CANDLE study. Shelby County in Memphis region, TN (USA)	area with plants, the largest cargo airport in the world and the third-largest US rail center	prospective pregnancy cohort study	1005 mothers and their children	4-6 years of age	NO <sub>2</sub> and PM10	Model estimates with LUR. Median prenatal exposure to PM10 and NO <sub>2</sub> : 20.79 µg/m <sup>3</sup> (IQR=2.76) µg/m <sup>3</sup> and 11.96 µg/m <sup>3</sup> (IQR=3.81) µg/m <sup>3</sup> , respectively	General IQ, verbal and nonverbal IQ	Stanford Binet Intelligence Scales, edition 5 (SB-5)	child age at assessment, child sex, maternal demographic, maternal race, socioeconomic status, prenatal smoking and depression, child birth order, reported nutrition, maternal plasma folate in second trimester	<u>Significant association:</u> > PM10 → < Full-scale IQ > PM10 → < Verbal IQ > PM10 → < Non-verbal IQ							
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49	Suglia, 2008	Maternal-infant smoking study. Boston, Massachusetts (USA)	urban area in the Greater Boston area	prospective birth cohort	202 children	8-11 years of age	Black carbon	Model estimates with LUR. Annual black carbon exposure at residence (mean 0.56 ± 0.13 µg/m <sup>3</sup> )	Verbal IQ, nonverbal IQ and composite IQ	Kaufman Brief Intelligence Test (K-BIT)	sociodemographic factors, birth weight, blood lead level, or tobacco smoke exposure	<u>Significant association:</u> > BC at children's residence → < Full-scale IQ > BC at children's residence → < Verbal IQ > BC at children's residence → < Non-verbal IQ							
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25	Freire, 2010	INMA study. Granada Province (Spain)	urban area and non-urban area	population-based birth cohort	210 children	4 years of age	NO <sub>2</sub>	Model estimates with LUR. Mean annual NO <sub>2</sub> at residence: 20.88 µg/m <sup>3</sup> .	Global cognition	McCarthy Scales of Children's Abilities (MSCA)		Sociodemographic covariates (place of residence, maternal and paternal education, maternal occupational status, parity, duration of breastfeeding, type of delivery, marital status, smoking during pregnancy and age of mothers and children), birth weight and length and gestational age and Parents' mental health scale scores and parent-to infant attachment scale scores	<u>Non-significant association:</u> NO <sub>2</sub> and global cognition
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40	Calderón-Garcidueñas, 2011	Mexico City and Polotitlán	Mexico City: urban area with over 40,000 industries and urban traffic pollutants	prospective protocol	20 children from Southwest Mexico City (SWMC) and 10 children from Polotitlán	7-8 years of age	Heavy air pollution (including PM <sub>2.5</sub> and O <sub>3</sub> )	Geographical partitioning between Mexico city (pollutants above air quality standards) and Polotitlán (pollutants below the standards)	Verbal IQ and Performance IQ	Wechsler Intelligence Scale for Children-Revised, WISC-R) (spanish version)	na		<u>Significant association:</u> Children who lived in Mexico city: WMH <sup>+</sup> → < Verbal IQ WMH <sup>-</sup> → < Performance IQ
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51	Wang, 2017	RFAB study. Southern California (communities in Los Angeles and surrounding counties)	urban area	prospective longitudinal study	1360 children	9-11 and 18-20 years of age	PM <sub>2.5</sub>	Spatiotemporal model to estimate exposure at residence 1-, 2- and 3-years preceding the IQ testing. PM 2.5 1-year preceding the testing: 2.14 – 25.36 µg/m <sup>3</sup>	Verbal IQ (VIQ), performance IQ (PIQ) and general IQ (full scale IQ)	Wechsler Abbreviated Scale of Intelligence ((WASI)		demographic characteristics, family socioeconomic status (SES), parents' cognitive abilities, neighborhood characteristics, and other spatial confounders	<u>Significant association:</u> > PM <sub>2.5</sub> at children's residence → < Performance IQ <u>Non-significant association:</u> > PM <sub>2.5</sub> → < Full-scale IQ > PM <sub>2.5</sub> → < Verbal IQ
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19		Tehran,										
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21	Talaeizadeh, 2018	(high pollution) and	Tehran	cross-sectional	190 girls	8-10 years of age	Heavy air pollution (including SO <sub>2</sub> , NO <sub>2</sub> , PM2.5, PM10, O <sub>3</sub> , CO)	Geographical partitioning between different areas of Tehran. Air monitoring stations used to identify area of the city with high and low pollution	Verbal IQ (VIQ), performance IQ (PIQ) and general IQ (full scale IQ)	Revised Wechsler Intelligence Scale for Children (WISC-R)	family economic status, height, weight, and nutrition situation	<u>Significant association:</u> polluted area < Verbal IQ but only in girls
22		22 (low pollution)										
23		(Iran)										
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**Prenatal and postnatal exposure**

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44	Harris, 2015	VIVA study. eastern Massachusetts (USA)	urban and suburban area	prospective birth cohort	1109 mother-child pairs	6-10 years of age	BC and PM2.5	Model estimates with LUR. Exposure during the third trimester of pregnancy, the first 6 y of life, the year before testing. BC third trimester 0.69 ± 0.23 µg/m <sup>3</sup> , BC birth-6 years 0.56 ± 0.16 µg/m <sup>3</sup> and BC the year before testing 0.47 ± 0.15 µg/m <sup>3</sup> . PM2.5 : third trimester 12.3 ± 2.6 µg/m <sup>3</sup> , PM2.5 birth-6 years 11.3 ± 1.7 µg/m <sup>3</sup> and PM2.5 the year before testing 9.4 ± 1.9 µg/m <sup>3</sup>	Verbal and non verbal IQ	Kaufman Brief Intelligence Test (KBIT-2)	characteristics of the child (sex, age at cognitive testing, breastfeeding duration, blood lead in early childhood), of the mother (IQ, parity, age at enrollment, marital/cohabitation status, education, race/ethnicity, smoking status, exposure to secondhand smoke during pregnancy, blood lead in pregnancy, alcohol consumption during pregnancy) of the father (education, household, annual income at time of cognitive assessment) and of the neighborhood (median annual income for census tract of residence at cognitive testing)	<u>Non-significant association:</u> BC and PM2.5 and Verbal/Non-verbal IQ
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Porta, 2016	GASPII study. Rome (Italy)	city with urban traffic	prospective birth cohort	474 children	7 years of age	NO <sub>2</sub> , PM coarse, PM2.5, PM2.5 absorbance	Model estimates with LUR. Exposure at birth (proxy of prenatal exposure); exposure during life and before testing; exposure the year before testing: Median exposure at birth: NO <sub>2</sub> 43,3 (from 22,5 to 85,1) µg/m <sup>3</sup> ; PM 2.5: 18.7 (17.0-27.4) µg/m <sup>3</sup> ; PM coarse: 15,7 (10.8-31.5) µg/m <sup>3</sup> ; PM 2.5 absorbance: 2.52 (2.16-4.77) 10 <sup>-5</sup> m <sup>-1</sup>	Verbal IQ (VIQ), performance IQ (PIQ) and general IQ (full scale IQ)	Wechsler Intelligence Scale for Children-III (WISC-III)	gender, child age at cognitive test, birth weight, maternal age at delivery, parental educational level, siblings, socio-economic status, maternal smoking and alcohol consumption during pregnancy, psychologist administering the cognitive test, maternal body mass index before pregnancy	<u>Significant association:</u> > NO <sub>2</sub> both pre and postnatal → < Full-scale IQ > NO <sub>2</sub> both pre and postnatal → < Verbal IQ  <u>Non-significant association:</u> NO <sub>2</sub> and Performance IQ; PMcoarse/PM2.5/PM2.5 absorbance and Full-scale/Verbal/Performance IQ
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Table 3.  
Synthesis of studies that considered memory and learning.

First author, year	Country	Exposure context	Study design	Sample (N)	Age of the children	Air pollutants	Exposure assessment	Memory specific function	Standardized test	Controlled confounding variables	Main findings
<b>Prenatal exposure</b>											
Chiu, 2016	ACCESS study. Boston (USA)	urban area	pregnancy cohort	267 children	approximately 6 years of age	PM2.5	Estimates with a satellite-based spatio-temporally resolved model. Median prenatal exposure to PM2.5 at residence: 11.3 µg/m³	Memory	Wide Range Assessment of Memory & Learning, 2nd Edition (WRAML-2)	maternal age, education, race, and smoking; child's sex, date of birth, parity, gestational age at birth, and birth weight, duration of breast feeding and children's blood lead levels	<u>Significant association:</u> > PM2.5 → < Visual Memory Index (VIM) > PM2.5 → < General Memory Index (GM)
Guxens, 2018	Generation R study. Rotterdam (The Netherlands)	urban areas	population-based birth cohort	783 children	6-10 years of age	NO <sub>2</sub> , PM2.5, PM coarse, PM absorbance	Model estimates with LUR. Median prenatal residential exposure NO <sub>2</sub> : 39.3 (25.3–73.3) µg/m³; PM2.5: 20.2 (16.8–28.1) µg/m³; PM coarse: 11.8 (9.2–17.8) µg/m³; PM absorbance: 1.9 (1.2–3.6) 10 <sup>-5</sup> m <sup>-1</sup>	Short-term and working memory	Developmental Neuropsychological Assessment (NEPSY-II) (Dutch version);	socioeconomic and lifestyle characteristics	<u>Non-significant association:</u> NO <sub>2</sub> / PM2.5/ PM coarse/ PM absorbance and memory
Lertxundi, 2019	INMA study. Gipuzkoa, Sabadell and Valencia provinces (Spain)	Atlantic coast (Gipuzkoa) and Mediterranean coast (Valencia and Sabadell)	population-based birth cohort	1119 mother-child pairs	4-6 years of age	PM2.5, NO <sub>2</sub>	Model estimates with LUR (1 region) and measurements at air monitoring stations. (2 regions). Mean prenatal exposure NO <sub>2</sub> : 18.4 - 41.8 µg/m³; PM2.5: 15.1-21.7 µg/m³	Memory	McCarthy scales of Children's Abilities (MSCA)	maternal educational level, social class, country of birth, smoking during pregnancy, pre-pregnancy body mass index, and age at delivery; child's sex and gestational age and anthropometric measures	<u>Significant association:</u> > PM2.5 → < memory > NO <sub>2</sub> → < memory but only for boys
<b>Postnatal exposure</b>											

16												
17		Maternal-										
18		infant										
19		smoking	urban area in	prospective birth	202 children	8-11	Black carbon	Model estimates with	Child's ability	Wide	sociodemographic	<u>Significant</u>
20	Suglia, 2008	study.	the Greater	cohort		years of		LUR. Annual black	to actively	Range	factors, birth weight,	<u>association:</u>
21		Boston,	Boston area			age		carbon exposure at	learn and	Assessment	blood lead level, or	> BC at children's
22		Massachus-						residence (mean $0.56 \pm$	memorize a	of Memory	tobacco smoke	residence → <
23		etts (USA)						$0.13 \mu\text{g}/\text{m}^3$ )	variety of	and Learning	exposure	memory and
24									information	(WRAML)		learning
25												
26											Sociodemographic	
27											covariates (place of	
28											residence, maternal	
29											and paternal	
30											education, maternal	
31											occupational status,	
32		INMA									parity, duration of	
33		study.	urban area	population-based	210 children	4 years of	NO <sub>2</sub>	Model estimates with	Working	McCarthy	breastfeeding, type of	
34	Freire, 2010	Granada	and non-	birth cohort		age		LUR. Mean annual NO <sub>2</sub>	memory,	Scales of	delivery, marital	<u>Non-significant</u>
35		Province	urban area					at residence: 20.88	memory	Children's	status, smoking during	<u>association:</u>
36		(Spain)	and non-					$\mu\text{g}/\text{m}^3$ .	span or	Abilities	pregnancy and age of	NO <sub>2</sub> and working
37			urban area						short-term	(MSCA)	mothers and	memory
38			and non-						memory		children), birth weight	
39			urban area								and length and	
40			and non-								gestational age and	
41			urban area								Parents' mental health	
42			and non-								scale scores and	
43			urban area								parent-to infant	
44			and non-								attachment scale	
45			urban area								scores	
46			Mexico City:		20 children							
47	Calderón-	Mexico	urban area	prospective	from			Geographical		Wechsler		<u>Significant</u>
48	Garcidueñas,	City and	with over	protocol	Southwest	7-8 years	Heavy air	partitioning between	Short term	Intelligence	age and	<u>association:</u>
49	2011	Polotitlán	40,000		Mexico City	of age	pollution	Mexico city (pollutants	memory	Scale for	socioeconomic status	Children who lived in
50			industries		(SWMC) and		(including	above air quality		Children-		Mexico city < short
51			and urban		10 children		PM <sub>2.5</sub> and O <sub>3</sub> )	standards) and		Revised,		term memory
52			traffic		from			Polotitlán (pollutants		WISC-R)		
53			pollutants		Polotitlán			below the standards)		(spanish		
54		RANCH								version)		<u>Significant</u>
55		study.										<u>association:</u>
56	Van Kempen,	Amsterda-	urban area	cross-sectional	485 children	9-11	NO <sub>2</sub> and PM10	Model estimates with	Memory:	Neurobeha-	socio-economic and	> NO <sub>2</sub> at school → <
57	2012	m (The	near airport	based on school		years of		LUR. Annual median	ability to	vioral	life-style	memory span length
58		Netherland	with road	children		age		exposure to PM10:	memorise as	Evaluation	factors	(the effect of PM10
59		); 24	traffic					25.8 $\mu\text{g}/\text{m}^3$ at home,	long as	System		was not further
60		primary						25.8 $\mu\text{g}/\text{m}^3$ at school;	possible	(NES): Digit		investigated)
61		schools						NO <sub>2</sub> : 31.2 $\mu\text{g}/\text{m}^3$ home,	sequences	Memory		
62		around						30.4 $\mu\text{g}/\text{m}^3$ at school.		Span Test		<u>Non-significant</u>
63										(DMST)		

16			Schiphol-Amsterda										<u>association:</u>
17			m Airport										Chronic exposure at
18													school to NO2 and
19													memory
20													
21													Sociodemographic
22													factors: parental
23													education, marital
24	Basagaña,	BREATHE	metropolitan	population based	2618	8.5 years	PM2.5	Measurements at	Working	Computeriz	Sociodemographic	<u>Significant</u>	
25	2016	study.	area with	cohort of primary	children	of age		school. Median yearly	memory and	ed n-back	status, environmental	<u>association:</u>	
26		Barcelona	high urban	schoolchildren				school outdoor and	superior	task	tobacco smoke at	> PM2.5 at school	
27			traffic					indoor exposure to	working		home, and a	(indoor) → <	
28								PM2.5: 28.1 µg/m <sup>3</sup> and	memory		neighborhood	working memory	
29								35.6 µg/m <sup>3</sup>			socioeconomical		
30											status vulnerability		
31											index		
32													
33							Traffic Related	Measurements at			Socio-demographic	<u>Non-significant</u>	
34		BREATHE	metropolitan	population based	263 children	8-12	Air Pollution	school. Mean yearly	Working	Computeriz	factors: neighborhood	<u>association:</u>	
35	Pujol, 2016	study.	area with	cohort of primary		years of	(TRAP) in	school outdoor and	memory	ed version	socioeconomic status	NO2/EC and working	
36		Barcelona	high urban	schoolchildren		age	school as	indoor exposure to		of the N-	vulnerability index,	memory	
37			traffic				indoor and	elemental carbon (EC):		Back task	parental education,		
38							outdoor EC	1.4 ± 0.6 and 1.2 ± 0.5			height and weight		
39							and NO <sub>2</sub>	µg/m <sup>3</sup> . Mean outdoor					
40								and indoor exposure to					
41								NO <sub>2</sub> : 46.8 ± 12.0 and					
42								29.4 ± 11.7 µg/m <sup>3</sup> .					
43													
44													
45											sex, age, education of	<u>Non-significant</u>	
46											the mother, highest	<u>association:</u>	
47		COGNAC	three	longitudinal (panel	310 children	approxim	PM2.5, PM10	Measurements of	Short term	Digit Span	rank of occupation of	PM2.5/PM10/BC and	
48	Van den	study,	primary	study)		ately 10	and BC	recent exposure at	memory	Forward	either parents, passive	short term memory	
49	Wenen, 2016	Flanders	schools in			years of		school to		and	smoking, out-of-		
50		(Belgium)	urban areas			age (3 <sup>rd</sup> to		PM2.5, PM10: 5.14 and		Backward	school sport activities,		
51						6 <sup>th</sup> grade)		33.5 µg/m <sup>3</sup> ; recent		Tests	traffic noise, hours of		
52								exposure at residence			computer screen time		
53								to PM2.5, PM10, BC:			per week, and day of		
54								15-16, 19-21, 1.4-1.5			the week		
55								µg/m <sup>3</sup> ; chronic					
56								exposure at residence					
57								to PM2.5, PM10, BC:					
58		BREATHE	metropolitan	population based	1439	7-9 years	Traffic Related	Measurements at	Working	N-back test	child's date of birth	<u>Significant</u>	
59	Forns, 2017	study.	area with	cohort of primary	children	of age at	Air Pollution	school. Outdoor	memory		and sex,	<u>association:</u>	
60		Barcelona	high urban	schoolchildren		baseline	(TRAP) in	median yearly			maternal education,	>	
61			traffic				school as	exposure to EC: 1.5			environmental	EC/NO2/PM2.5/UFP	



16						indoor and	$\mu\text{g}/\text{m}^3$ ; NO <sub>2</sub> : 48 $\mu\text{g}/\text{m}^3$ ;			tobacco smoke at	at school (outdoor
17						outdoor EC,	PM2.5: 5.2 $\mu\text{g}/\text{m}^3$ ; UFP:			home, Urban	and indoor) → <
18						NO <sub>2</sub> , PM2.5,	22000.			Vulnerability Index at	working memory
19						ultrafine				home address	
20						particles (UFP)					
21											<u>Significant</u>
22											<u>association:</u>
23											> long term exposure
24						Traffic Related	Measurements at			neighborhood	at school to NO <sub>2</sub> →
25						Air Pollution	schools and at a fixed			socioeconomic	< working memory
26						(TRAP),	air quality station.			vulnerability index,	> long term exposure
27						especially EC,	Indoor and ambient air			Parental educational	at school to EC → <
28	Sunyer, 2017	BREATHE	metropolitan	population based	2687	and NO <sub>2</sub> at air	exposure to EC: 1.24	Working		level, Symptoms of	working memory
29		study.	area with	cohort of primary	children	monitoring	and 1.13 $\mu\text{g}/\text{m}^3$ ; indoor	memory		ADHD and other	
30		Barcelona	high urban	schoolchildren		stations and in	and ambient air		N-back task	characteristics of	
31			traffic		7-10	schools	median yearly			individuals and	
32					years of		exposure to NO <sub>2</sub> : 29.4			contextual variables	<u>Non-significant</u>
33					age		and 33.5 $\mu\text{g}/\text{m}^3$ .				<u>association:</u>
34											short term exposure
35											at school to NO <sub>2</sub> /EC
36											and working
37											memory
38										Sociodemographic	<u>Significant</u>
39										data: including child	<u>association:</u>
40										age and sex, maternal	> PAHs at school
41										educational	(outdoor) → <
42										level, maternal	working memory
43	Alemany, 2018	BREATHE	metropolitan	population based	1667	PAHs, EC, and	Measurements at	Working		smoking during	> NO <sub>2</sub> at school
44		study.	area with	cohort of primary	children	NO <sub>2</sub>	school exposure to	memory		pregnancy, and	(outdoor) → <
45		Barcelona	high urban	schoolchildren			PAHs: 1546 ± 775		Computeriz	exposure to	working memory
46			traffic		7-11		$\mu\text{g}/\text{m}^3$ ; EC: 1.46 ± 0.68		ed nback	environmental	
47					years of		$\mu\text{g}/\text{m}^3$ ; NO <sub>2</sub> 47.74 ±		task	tobacco smoke at	
48					age		12.95 $\mu\text{g}/\text{m}^3$			home; residential	<u>Non-significant</u>
49										neighborhood	<u>association:</u>
50										socioeconomic status	EC and working
51										(SES) vulnerability	memory
52										index	

Prenatal and postnatal exposure

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16												characteristics of the
17												child (sex, age at
18												cognitive testing,
19												breastfeeding
20												duration, blood lead in
21												early childhood), of
22												the mother (IQ, parity,
23												age at enrollment,
24												marital/cohabitation
25												status, education,
26												race/ethnicity,
27												smoking status,
28												exposure to
29	Harris, 2015	VIVA study. eastern Massachusetts (USA)	urban and suburban area	prospective birth cohort	1109 mother-child pairs	6-10 years of age	BC and PM2.5	Model estimates with LUR. Exposure during the third trimester of pregnancy, the first 6 y of life, the year before testing. BC third trimester $0.69 \pm 0.23 \mu\text{g}/\text{m}^3$ , BC birth-6 years $0.56 \pm 0.16 \mu\text{g}/\text{m}^3$ and BC the year before testing $0.47 \pm 0.15 \mu\text{g}/\text{m}^3$ . PM2.5 : third trimester $12.3 \pm 2.6 \mu\text{g}/\text{m}^3$ , PM2.5 birth-6 years $11.3 \pm 1.7 \mu\text{g}/\text{m}^3$ and PM2.5 the year before testing $9.4 \pm 1.9 \mu\text{g}/\text{m}^3$	Visual memory	Wide Range Assessment of Memory and Learning (WRAML2)		<u>Non-significant association:</u> BC/PM2.5 and memory
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47												sociodemographic
48												factors including
49	Rivas, 2019	BREATHE study. Barcelona	metropolitan area with high urban traffic	population based cohort of primary schoolchildren	2221 children	7-10 years of age	PM2.5	Model estimates with LUR. Mean residential prenatal and postnatal (first 7 years) PM2.5: $16.5 \pm 3.0$ and $16.8 \pm 2.9 \mu\text{g}/\text{m}^3$	Working memory	computerized n-back test		<u>Significant association:</u> > PM2.5 (both pre and postnatal) → < working memory
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Table 4.

Synthesis of studies that considered attention and executive functions.

First author, year	Country	Exposure context	Study design	Sample (N)	Age of the children	Air pollutants	Exposure assessment	Attention and FE specific function	Standardized test	controlled confounding variables	Main findings
<b>Prenatal exposure</b>											
Cowell, 2015	ACCESS study. Boston, Massachusetts (USA)	urban area	prospective pregnancy cohort	258 mother-child dyads	6 years of age	traffic-related black carbon (BC)	Model estimates with LUR. Median prenatal BC exposure at residence: 0.4 (0.11-1.10) µg/m <sup>3</sup>	Memory and learning	Wide Range Assessment of Memory and Learning (WRAML2)	child sex, parental stress, maternal age, race/ethnicity, education, smoking status, birth weight, gestational age	<u>Significant association:</u> > PAHs → < Attention Concentration Index only for boys
Paterson, 2015	Washington Heights, Harlem, South Bronx in New York (USA)	metropolitan area	prospective cohort	625 mother-child pairs	7-9 years of age	PAHs	Measurements. Prenatal exposure to PAHs by 48 h personal monitoring of pregnant woman (mean 3.21 ± 6.30 ng/m <sup>3</sup> )	Processing speed	Wechsler Intelligence Scale for Children IV (WISC-IV)	child sex, income, maternal education, maternal ethnicity, gestational age, birth weight, prenatal cotinine levels, postnatal PAH exposure	<u>Significant association:</u> > PAHs → < information processing speed

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Chiu, 2016	ACCESS study. Boston (USA)	urban area	pregnancy cohort	267 children	approximately 6 years of age	PM2.5	Estimates with a satellite-based spatio-temporally resolved model. Median prenatal exposure to PM2.5 at residence: 11.3 $\mu\text{g}/\text{m}^3$	Attention and Response Inhibition	Conners' Continuous Performance Test-II (CPT-II)	maternal age, education, race, and smoking; child's sex, date of birth, parity, gestational age at birth, and birth weight, duration of breast feeding and children's blood lead levels	<u>Significant association:</u> > PM2.5 → < omission errors in boys > PM2.5 → > inhibition errors in boys
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Guxens, 2018	Generation R study. Rotterdam (Netherlands)	urban areas	population-based birth cohort	783 children	6-10 years of age	NO <sub>2</sub> , PM2.5, PM coarse, PM absorbance	Model estimates with LUR. Median prenatal residential exposure NO <sub>2</sub> : 39.3 (25.3–73.3) $\mu\text{g}/\text{m}^3$ ; PM2.5: 20.2 (16.8–28.1) $\mu\text{g}/\text{m}^3$ ; PM coarse: 11.8 (9.2–17.8) $\mu\text{g}/\text{m}^3$ ; PM absorbance: 1.9 (1.2–3.6) $10^{-5} \text{ m}^{-1}$	Attention	Developmental Neuropsychological Assessment (NEPSY-II) (Dutch version)	socioeconomic and lifestyle characteristics	<u>Significant association:</u> > PM2.5 → < inhibition errors <u>Non-significant association:</u> NO <sub>2</sub> , PM coarse, PM absorbance and attention
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**Prenatal exposure**

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Pérez, 2010	INMA study. Granada region (Spain)	urban area and non-urban area	population-based birth cohort	210 children	4 years of age	NO <sub>2</sub>	Model estimates with LUR. Mean annual NO <sub>2</sub> at residence: 20.88 $\mu\text{g}/\text{m}^3$ .	Executive functions	McCarthy Scales of Children's Abilities (MSCA)	Sociodemographic covariates (place of residence, maternal and paternal education, maternal occupational status, parity, duration of breastfeeding, type of delivery, marital status,	<u>Non-significant association:</u> NO2 and attention
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smoking during pregnancy and age of mothers and children), birth weight and length and gestational age and Parents' mental health scale scores and parent-to infant attachment scale scores

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RANCH study.  
Amsterdam (The Netherlands);  
Van Kempen, 2012  
24 primary schools around Schiphol-Amsterdam Airport

urban area near airport with road traffic

cross-sectional based on school children

485 children

9-11 years of age

NO<sub>2</sub> and PM10

Model estimates with LUR. Annual median exposure to PM10: 25.8 µg/m<sup>3</sup> at home, 25.8 µg/m<sup>3</sup> at school; NO<sub>2</sub>: 31.2 µg/m<sup>3</sup> home, 30.4 µg/m<sup>3</sup> at school.

Attention:  
individual reaction speed

Switching attention: ability to switch rapidly between responses

Attention

Neurobehavioral Evaluation System (NES): Simple Reaction Time Test (SRTT)

Neurobehavioral Evaluation System (NES): Switching Attention Test (SAT)

Neurobehavioral Evaluation System (NES): Symbol Digit Substitution Test (SDST)

socio-economic and life-style factors

Non-significant association:  
NO<sub>2</sub>/PM10 and attention

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17												
18												Sociodemographic factors:
19												parental education, marital status,
20												environmental tobacco smoke at home, and a neighborhood socioeconomic status vulnerability index
21												<u>Significant association:</u>
22												> PM2.5 at school (outdoor and indoor) → > inattentiveness
23	Basagaña, 2016	BREATHE study. Barcellona	metropolitan area with high urban traffic	population based cohort of primary school children	2618 children	8.5 years of age	PM2.5	Measurements at school. Median yearly school outdoor and indoor exposure to PM2.5: 28.1 µg/m³ and 35.6 µg/m³	Inattentiveness	attentional network task (ANT)		
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39	Pujol, 2016	BREATHE study. Barcellona	metropolitan area with high urban traffic	population based cohort of primary school children	263 children	8-12 years of age	Traffic Related Air Pollution (TRAP) in school as indoor and outdoor EC and NO <sub>2</sub>	Measurements at school. Mean yearly school outdoor and indoor exposure to elemental carbon (EC): 1.4 ± 0.6 and 1.2 ± 0.5 µg/m³. Year mean outdoor and indoor exposure to NO <sub>2</sub> : 46.8 ± 12.0 and 29.4 ± 11.7 µg/m³.	Motor response speed and attention	computerized Attentional Network Test, child version (Child ANT)		Socio-demographic factors: neighborhood socioeconomic status vulnerability index, parental education, height and weight
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52	Seenen, 2016	COGNAC study, Flanders (Belgium)	three primary schools in urban areas	longitudinal (panel study)	310 children	approximately 10 years of age (3 <sup>rd</sup> to 6 <sup>th</sup> grade)	PM2.5, PM10 and BC	Measurements of recent exposure at school; estimates with spatial temporal interpolation method for recent and chronic exposure at	Selective attention	Stroop Test		sex, age, education of themother, highest rank of occupation of either parents, passive smoking, out-of-school sport activities,
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48	BREATHE	metropolitan	population based	1645 children	7-11 years of age	Copper in	Measurements at		computeriz	age, sex,
49	study.	area with	cohort of primary			PM2.5	school outdoor and	Inattentivene	ed	maternal
50	Barcelona	high urban	school children				indoor copper: 7.79	ss	Attentional	education, and
51		traffic					$\pm 2.74$ and $7.78 \pm$		Network	seasonality
52							$2.03 \mu\text{g}/\text{m}^3$		Test (ANT)	
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23	Mortamais,	BREATHE	metropolitan	population based	242 children	8-12 years of age	PAHs	Measurements at		child	intracranial	<u>Non-significant</u>	
24	2017	study.	area with	cohort of primary			benzo[a]pyrene	school. Mean yearly	Inattentivene	attention	volume, age, sex,	<u>association:</u>	
25		Barcellona	high urban	schoolchildren				school outdoor and	ss	network	maternal	PAHs and	
26			traffic					indoor PAHs: 1458		test (ANT)	education and	inattentiveness	
27								±704 and 1710±			home		
28								1107 pg/m <sup>3</sup> ; mean			socioeconomic		
29								yearly school			vulnerability		
30								outdoor and indoor			index		
31								benzo[a]pyrene: 99					
32								±62 and 105± 72					
33								pg/m <sup>3</sup>					
34												<u>Significant</u>	
35												<u>association:</u>	
36												> short term	
37												exposure to NO2	
38												→ >	
39												inattentiveness	
40													
41												> short term	
42												exposure to EC →	
43												> inattentiveness	
44	Sunyer, 2017	BREATHE	metropolitan	population based	2687 children	7-10 years of age	Traffic	Indoor and ambient		child	neighborhood	> long term	
45		study.	area with	cohort of primary			Related Air	air median yearly	Inattentivene	Attention	socioeconomic	exposure at school	
46		Barcellona	high urban	schoolchildren			Pollution	exposure to NO <sub>2</sub> :	ss	Network	vulnerability	to NO2 → >	
47			traffic				(TRAP),	Indoor and ambient		test (ANT)	index, Parental	inattentiveness	
48							especially	air median yearly			educational level,		
49							EC, and	exposure to NO <sub>2</sub> :			Symptoms of		
50							NO <sub>2</sub> at air	Indoor and ambient			ADHD and other		
51							monitoring	air median yearly			characteristics of		
52							stations	exposure to EC: 1.24			individuals and		
53							and in	and 1.13 µg/m <sup>3</sup>			contextual		
54							schools				variables		
55												<u>Non-significant</u>	
56												<u>association:</u>	
57												long term	
58	Alemany,	BREATHE	metropolitan	population based	1667 children	7-11 years of age	PAHs, EC,	Measurements at		Attentional	Sociodemographic	<u>Significant</u>	
59	2018	study.	area with	cohort of primary			and NO <sub>2</sub>	school. Mean yearly	Inattentivene	Network	h data: including	<u>association:</u>	
60		Barcellona	high urban	schoolchildren				school exposure to	ss	Test (ANT)	child age and sex,	> PAHs at school	
61			traffic					PAHs: 1546 ± 775			maternal		





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									Paternal characteristics (Education); Household/neighborhood characteristics (Household income at mid-childhood, HOME-SF score)		
Sentis, 2017	INMA study. Valencia, Sabadell, Asturias, and Gipuzkoa regions (Spain)	Valencia and Sabadell have a greater congestion of urban traffic than Gipuzkoa and Asturias	population-based birth cohort	1298 children	4-5 years of age	NO <sub>2</sub>	Model estimates with LUR. Prenatal and postnatal mean exposure to NO <sub>2</sub> : 31.1 (from 18.4 to 37.9) µg/m <sup>3</sup> and 25.7 (from 19.5 to 35.2 µg/m <sup>3</sup> )	Inattention, impulsivity, sustained attention, and vigilance	Kiddie-Conners Continuous Performance Test - Second Edition (K-CPT2)	parental education level, maternal and paternal age, parents' social class, maternal and paternal countries of birth, maternal height and pre pregnancy weight, paternal body mass index, maternal smoking and exposure to second hand smoke; maternal alcohol use, maternal consumption of fish, fruit, vegetables, vitamin D, and folic acid; maternal noise annoyance; and household gas appliances	<u>Significant association:</u> > NO2 (pre and postnatal) → > omission errors only in girls

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2019	BREATHE study. Barcelona	metropolitan area with high urban traffic	population based cohort of primary schoolchildren	2221 children	7-10 years of age	PM2.5	Model estimates with LUR. Mean residential prenatal and postnatal (first 7 years) PM2.5: 16.5 ± 3.0 and 16.8 ± 2.9 µg/m <sup>3</sup>	Attentiveness	Attentional Network Test	sociodemographi c factors including participants' age and sex, parental education and occupation, marital status, family origin, and residence history	<u>Significant association:</u>  > PM2.5 (pre and postnatal) → > attention
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Table 5.

Synthesis of studies that considered verbal language.

First author, year	Country	Exposure context	Study design	Sample (N)	Age of the children	Air pollutants	Exposure assessment	Verbal language specific function	Standardized test	Controlled confounding variables	Main findings
<b>Prenatal exposure</b>											
Bertxundi, 2019	INMA study. Gipuzkoa, Sabadell and Valencia (Spain)	Atlantic coast (Gipuzkoa) and Mediterranean coast (Valencia and Sabadell)	population-based birth cohort	1119 mother-child pairs	4-6 years of age	PM2.5, NO <sub>2</sub>	Model estimates with LUR (1 region) and measurements at air monitoring stations. (2 regions). Mean prenatal exposure NO <sub>2</sub> : 18.4 - 41.8 µg/m <sup>3</sup> ; PM2.5: 15.1-21.7 µg/m <sup>3</sup>	Verbal function	McCarthy scales of Children's Abilities (MSCA)	maternal educational level, social class, country of birth, smoking during pregnancy, pre-pregnancy body mass index, and age at delivery; child's sex and gestational age and anthropometric measures	<u>Significant association:</u> > PM2.5 → < verbal language skill only in boys > NO <sub>2</sub> → < verbal language skill only in boys
<b>Postnatal exposure</b>											
Suglia, 2008	Maternal-infant smoking study. Boston, Massachusetts (USA)	urban area in the Greater Boston area	prospective birth cohort	202 children	8-11 years of age	Black carbon	Model estimates with LUR. Annual black carbon exposure at residence (mean 0.56 ± 0.13 µg/m <sup>3</sup> )	Language (vocabulary scale)	Kaufman Brief Intelligence Test (K-BIT)	sociodemographic factors, birth weight, blood lead level, or tobacco smoke exposure	<u>Significant association:</u> > BC at residence → < vocabulary competences
Corderón-Garcidueñas, 2011	Mexico City and Polotitlán	Mexico City: urban area with over 40,000 industries and urban traffic pollutants	prospective protocol	20 children from Southwest Mexico City (SWMC) and 10 children from Polotitlán	7-8 years of age	Heavy air pollution (including PM2.5 and O <sub>3</sub> )	Geographical partitioning between Mexico city (pollutants above air quality standards) and Polotitlán (pollutants below the standards)	Language (vocabulary subtest)	Wechsler Intelligence Scale for Children-Revised, WISC-R) (spanish version)	age and socioeconomic status	<u>Significant association:</u> Children who lived in Mexico city → < vocabulary competences

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20		England and					Annual mean				child-level covariates:	
21	MILLENIU	Wales (air					exposure to NO <sub>2</sub> at				gender, age, and low	
22	Mohouhas,	pollution of	longitudinal	8198	3 years of	NO <sub>2</sub>	residence, based on				birth weight); family-	
23	2018	NO <sub>2</sub>	survey	children	age		data of the National		British Ability		level covariates:	<u>Significant association:</u>
24		regularly					Atmospheric		Scales II Naming		maternal education,	> BC (prenatal and postnatal) →
25		exceeding					Emissions Inventory.		Vocabulary test		maternal psychological	verbal ability
26		the legal					NO <sub>2</sub> deciles: from				distress, residential	
27		levels)					9.26 to 33.89 µg/m <sup>3</sup>				stability and maternal	
28											involvement)	
29												
30							Geographical					
31							partitioning					
32		districts 20					between different					
33	Talaieizadeh,	(high	cross-	190 girls	8-10 years	Heavy air	areas of Tehran. Air	Language	Revised Wechsler	family economic status,	<u>Significant association:</u>	
34	2018	pollution)	sectional		of age	pollution	monitoring stations	(vocabulary	Intelligence Scale	height, weight, and	polluted area < vocabulary	
35		and 22 (low				(including	used to identify area	and comprehensio	for Children	nutrition situation	competences and information	
36		pollution)				SO <sub>2</sub> , NO <sub>2</sub> ,	of the city with high	n tests)	(WISC-R)		comprehension but only in girls	
37						PM2.5, PM10,	and low pollution					
38						O <sub>3</sub> , CO)						
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Table 6.

Synthesis of studies that considered numeric abilities.

First author, year	Country	Exposure context	Study design	Sample (N)	Age of the children	Air pollutants	Exposure assessment	Numeric specific function	Standardized test	Controlled confounding variables	Main findings
<b>Prenatal exposure</b>											
Lertxundi, 2019	INMA study. Gipuzkoa, Sabadell and Valencia (Spain)	Atlantic coast (Gipuzkoa) and Mediterranean coast (Valencia and Sabadell)	population-based birth cohort	1119 mother-child pairs	4-6 years of age	PM2.5, NO <sub>2</sub>	Model estimates with LUR (1 region) and measurements at air monitoring stations. (2 regions). Mean prenatal exposure NO <sub>2</sub> : 18.4 - 41.8 µg/m <sup>3</sup> ; PM2.5: 15.1-21.7 µg/m <sup>3</sup>	numeric ability (numeric scale)	McCarthy scales of Children's Abilities (MSCA)	maternal educational level, social class, country of birth, smoking during pregnancy, pre-pregnancy body mass index, and age at delivery; child's sex and gestational age and anthropometric measures	<u>Significant association:</u> > NO <sub>2</sub> → < numeric ability  <u>Non-significant association:</u> PM2.5 and numeric ability
<b>Postnatal exposure</b>											
Calderón-Garcidueñas, 2011	Mexico City and Polotitlán	Mexico City: urban area with over 40,000 industries and urban traffic pollutants	prospective protocol	20 children from Southwest Mexico City (SWMC) and 10 children from Polotitlán	7-8 years of age	Heavy air pollution (including PM2.5 and O <sub>3</sub> )	Geographical partitioning between Mexico city (pollutants above air quality standards) and Polotitlán (pollutants below the standards)	arithmetic ability (arithmetic subtest)	Wechsler Intelligence Scale for Children-Revised, WISC-R) (spanish version)	age and socioeconomic status	<u>Significant association:</u> Children who lived in Mexico city → < arithmetic competences
<b>Prenatal and postnatal exposure</b>											

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Porta, 2016

GASPII study.  
Rome (Italy)

city with urban  
traffic

prospective  
birth cohort

474 children

7 years of  
age

NO<sub>2</sub>, PM  
coarse,  
PM2.5,  
PM2.5  
absorbance

Model estimates  
with LUR. Exposure  
at birth (proxy of  
prenatal  
exposure);  
exposure during  
life and before  
testing; exposure  
the year before  
testing: Median  
exposure at birth:  
NO<sub>2</sub> 43,3 (from  
22,5 to 85,1)  
µg/m<sup>3</sup>; PM 2.5:  
18.7 (17.0-27.4)  
µg/m<sup>3</sup>; PM coarse:  
15,7 (10.8-31.5)  
µg/m<sup>3</sup>; PM 2.5  
absorbance: 2.52  
(2.16-4.77) 10<sup>-5</sup> m<sup>-1</sup>

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Wechsler  
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gender, child  
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birth weight,  
maternal age  
at delivery,  
parental  
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level, siblings,  
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status,  
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pregnancy,  
psychologist  
administering  
the cognitive  
test, maternal  
body mass  
index before  
pregnancy

Significant association:  
> NO<sub>2</sub> → < arithmetic  
reasoning abilities

Non-significant  
association:  
PMcoarse/PM2.5/PM2.  
5 absorbance and  
reasoning abilities

Table 7.

Synthesis of studies that considered motor and sensorimotor skills.

First author, year	Country	Exposure context	Study design	Sample (N)	Age of the children	Air pollutants	Exposure assessment	Motor and/or sensorimotor specific function	Standardized test	Controlled confounding variables	Main findings
<b>Prenatal exposure</b>											
Lubzynska, 2017	ESCAPE study. Netherlands, Germany, Italy and Spain: 40 sites in the Netherlands/Belgium and Catalunya, and 20 sites in Ruhr area and Rome	two countries from the northern part of Europe and two from the southern part, with varying levels and sources of air pollution	4 European population-based birth cohorts	7246 children	1-9 years of age	PM2.5 and elemental composition of PM2.5, considering: Cu, Fe, K, Ni, S, Si, V, Zn	Model estimates with LUR. Prenatal exposure to PM2.5 in the range 10-35 µg/m <sup>3</sup>	Psychomotor functions (fine and gross motor functions)	McCarthy Scales of Children's Abilities (MSCA)	Maternal information (age at delivery, pre-pregnancy body mass index, smoking during pregnancy, alcohol consumption during pregnancy, marital status, parity, height, pre-pregnancy weight); Parental information (educational level and country of birth)	<u>Significant association:</u> > airborne iron → < fine motor skills  <u>Non-significant association:</u> PM2.5 and motor skills
Lertxundi, 2019	INMA study. Gipuzkoa, Sabadell and Valencia provinces (Spain)	Atlantic coast (Gipuzkoa) and Mediterranean coast (Valencia and Sabadell)	population-based birth cohort	1119 mother-child pairs	4-6 years of age	PM2.5, NO <sub>2</sub>	Model estimates with LUR (1 region) and measurements at air monitoring stations. (2 regions). Mean prenatal exposure NO <sub>2</sub> : 18.4 - 41.8 µg/m <sup>3</sup> ; PM2.5: 15.1-21.7 µg/m <sup>3</sup>	Perceptive-Manipulative function and motor (gross and fine) functions	McCarthy scales of Children's Abilities (MSCA)	maternal educational level, social class, country of birth, smoking during pregnancy, pre-pregnancy body mass index, and age at delivery; child's sex and gestational age and anthropometric measures	<u>Significant association:</u> > NO <sub>2</sub> → < fine motor skills only in boys  <u>Non-significant association:</u> NO <sub>2</sub> and gross motor skills; PM2.5 and motor skills



Postnatal exposure

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31	Freire, 2010	INMA study. Granada Province (Spain)	urban area and non-urban area	population-based birth cohort	210 children	4 years of age	NO <sub>2</sub>	Model estimates with LUR. Mean annual NO <sub>2</sub> at residence: 20.88 µg/m <sup>3</sup> .	Gross and fine motor functions	McCarthy Scales of Children's Abilities (MSCA)	Sociodemographic covariates (place of residence, maternal and paternal education, maternal occupational status, parity, duration of breastfeeding, type of delivery, marital status, smoking during pregnancy and age of mothers and children), birth weight and length and gestational age and Parents' mental health scale scores and parent-to infant attachment scale scores		<u>Significant association:</u> > NO <sub>2</sub> at home → < gross motor skills
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50	Calderón-Garcidueñas, 2011	Mexico City and Polotitlán	Mexico City: urban area with over 40,000 industries and urban traffic pollutants	prospective protocol	20 children from Southwest Mexico City (SWMC) and 10 children from Polotitlán	7-8 years of age	Heavy air pollution (including PM <sub>2.5</sub> and O <sub>3</sub> )	Geographical partitioning between Mexico city (pollutants above air quality standards) and Polotitlán (pollutants below the standards)	Spatial ability (Picture Completion subtest)	Wechsler Intelligence Scale for Children-Revised, WISC-R) (spanish version)	age and socioeconomic status		<u>Significant association:</u> Children who lived in Mexico city: WMH <sup>+</sup> > spatial abilities than WMH <sup>-</sup>
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Van Kempen, 2012	RANCH study. Amsterdam (The Netherlands); 24 primary schools around Schiphol-Amsterdam Airport	urban area near airport with road traffic	cross-sectional based on school children	485 children	9-11 years of age	NO <sub>2</sub> and PM10	Model estimates with LUR. Annual median exposure to PM10: 25.8 µg/m <sup>3</sup> at home, 25.8 µg/m <sup>3</sup> at school; NO <sub>2</sub> : 31.2 µg/m <sup>3</sup> home, 30.4 µg/m <sup>3</sup> at school.	Locomotion: coordination	Neurobehavioral Evaluation System (NES): Hand-Eye Coordination Test (HECT)	socio-economic and life-style factors	<u>Non-significant association:</u> NO <sub>2</sub> and coordination and perceptual coding (the effect of PM10 was not further investigated)
								Perceptual coding	Neurobehavioral Evaluation System (NES): Symbol Digit Substitution Test (SDST)		

Saenen, 2016	COGNAC study, Flanders (Belgium)	three primary schools in urban areas	longitudinal (panel study)	310 children	approximately 10 years of age (3 <sup>rd</sup> to 6 <sup>th</sup> grade)	PM2.5, PM10 and BC	Measurements of recent exposure at school; estimates with spatial temporal interpolation method for recent and chronic exposure at residence. Median recent exposure at school to PM2.5, PM10: 5.14 and 33.5 µg/m <sup>3</sup> ; recent exposure at residence to PM2.5, PM10, BC: 15-16, 19-21, 1.4-1.5 µg/m <sup>3</sup> ; chronic exposure at residence to PM2.5, PM10, BC: 15.7, 21.3, 1.54 µg/m <sup>3</sup>	Visual information processing speed domain	Digit-Symbol Test	sex, age, education of the mother, highest rank of occupation of either parents, passive smoking, out-of-school sport activities, traffic noise, hours of computer screen time per week, and day of the week	<u>Significant association:</u> > recent exposure at school (indoor) to PM2.5/PM10 → < visual information processing speed > recent exposure at residence to PM2.5/PM10/BC → visual information processing
								Visual information processing speed domain	Pattern Comparison Tests		<u>Non-significant association:</u> chronic exposure at residence to PM2.5/PM10/BC and visual information processing

**Prenatal and postnatal exposure**

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Harris, 2015	VIVA study. eastern Massachusetts (USA)	urban and suburban area	prospective birth cohort	1109 mother-child pairs	6-10 years of age	BC and PM2.5	Model estimates with LUR. Exposure during the third trimester of pregnancy, the first 6 y of life, the year before testing. BC third trimester $0.69 \pm 0.23 \mu\text{g}/\text{m}^3$ , BC birth-6 years $0.56 \pm 0.16 \mu\text{g}/\text{m}^3$ and BC the year before testing $0.47 \pm 0.15 \mu\text{g}/\text{m}^3$ . PM2.5 : third trimester $12.3 \pm 2.6 \mu\text{g}/\text{m}^3$ , PM2.5 birth-6 years $11.3 \pm 1.7 \mu\text{g}/\text{m}^3$ and PM2.5 the year before testing $9.4 \pm 1.9 \mu\text{g}/\text{m}^3$	Visual motor performance	Wide Range Assessment of Visual Motor Abilities (WRAVMA) (Visual-Motor subtest)	characteristics of the child (sex, age at cognitive testing, breastfeeding duration, blood lead in early childhood), of the mother (IQ, parity, age at enrollment, marital/cohabitation status, education, race/ethnicity, smoking status, exposure to secondhand smoke during pregnancy, blood lead in pregnancy, alcohol consumption during pregnancy) of the father (education, household, annual income at time of cognitive assessment) and of the neighborhood (median annual income for census tract of residence at cognitive testing)	<u>Significant association:</u> Prenatal residential proximity to a polluted area $\rightarrow$ < visual motor skills > PM2.5 (postnatal) > visual motor skills  <u>Non-significant association:</u> PM2.5 (prenatal)/BC and visual motor skills
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Table S1.

*Classification of neurodevelopmental skills measured in the 30 studies and their short description.*

Neurodevelopmental skills	Description
Intellective functioning	A general cognitive index defined by intellectual quotient (IQ) which is obtained by the administration of tests and it is the ratio of chronological age to mental age. Usually the total IQ is composed by verbal IQ and non-verbal (performance) IQ
Attention and executive functions	Set of cognitive processes that allow to direct and focus the mental resources on some information rather than others. The attention is also involved in the use of the executive functions that can be defined as the ability to program and control cognition and behavior. The attention function includes selective attention and sustained attention
Memory and learning	Cognitive process of coding, storage, consolidation and recovery of information and experiences derived from the environment and from the activity of thought. It includes short term memory and working memory
Verbal language	A cognitive function aimed at the transmission of information through the use of a symbolic system. It includes different aspects like expressive language, vocabulary competences, receptive language, comprehension tests
Numeric abilities	Ability to recognize, manipulate, understand and reason with numbers and quantity. It includes basic (preverbal) mathematical skills like subitizing, estimation and numerical acuity and verbal mathematical skills (arithmetic) like counting ability and mathematical reasoning
Motor and/or sensorimotor skills	Motor skills: a set of assumptions, of organic, co-ordinative and perceptive physical nature, through which motor actions can be carried out. They concern motor learning and motor response, i.e. the ability to

interpret and rework the motor gestures that must be performed. Motor skills are divided into gross motor skills and fine motor skills

Sensorimotor functions: connect the sensory and motor system and they can be motor or visual speed and precision (visual motor skills), perceptual coding, spazial ability

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Table S2:

*Description of standardized tools used in the included to assess specific neurodevelopmental skills.*

AUTHORS	TEST	DESCRIPTION	NEURODEVELOPMENTAL SKILLS
Guxen, 2018	Developmental Neuropsychological Assessment (NEPSY-II) (Dutch version)	NEPSY II (Second edition of NEPSY), consisting of a battery of multiple tests, provides a neuropsychological assessment of the cognitive abilities of subjects from 3 to 16 years of age, in relation to specific cognitive domains: attention and executive functions, language, memory and learning, sensorimotor functions, social perception and visual processing	attention and executive functions, memory, verbal language, sensorimotor functions
Alemany, 2018; Rivas, 2019; Basagaña, 2016; Alemany, 2017	Attentional Network Task (ANT)	The ANT is a task designed to test three attentional networks in children and adults: alerting, orienting, and executive control	attention
Pujol, 2016; Mortamais, 2017; Sunyer, 2017	Child Attentional Network Task (ANT)	Child ANT measure the functioning of and interactions between the alerting, exogenous and endogenous visual spatial orienting, and executive control systems in young school children	attention and sensorimotor function
Alemany, 2018; Rivas, 2019; Basagaña, 2016; Pujol, 2016; Talaeizadeh, 2018; Forns, 2017; Sunyer, 2017	N-back task	The N-back is a paradigm used to assess working memory function. In the N-Back task, participants are presented a sequence of stimuli one-by-one; for each stimulus, they need to decide if the current stimulus is the	memory

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Loftus, 2019	Stanford Binet Intelligence Scales, edition 5 (SB-5)	SB-5 is a test to measure the cognitive abilities (knowledge, quantitative, visual-spatial, and working memory) and intelligence (verbal IQ, nonverbal IQ, brief IQ, full Scale IQ) of children, adolescents, and adults	Intelligence quotient
Calderón-Garcidueñas, 2011; Jedrychowski, 2015; Talaeizadeh, 2018	Wechsler Intelligence Scale for Children-Revised (WISC-R)	WISC-R is a revised and updated version of the WISC, which was first published in 1949 and it's a clinical and diagnostic tool that evaluate the intellectual abilities of children from 6 to 16 years and 11 months. The score provides a Verbal IQ (VIQ), a Performance IQ (PIQ) and a Total IQ (TIQ)	memory, language, sensorimotor functions, numeric ability, intelligence quotient
Perera, 2009	Wechsler Preschool and Primary Scale of Intelligence-Revised (WPPSI-R)	WIPPSI-R is a revised and updated version of the WIPPSI, which is the version of the Wechsler scales for preschoolers, from 4 to 6 years and a half. The score provides a Verbal IQ (VIQ), a Performance IQ (PIQ) and a Total IQ (TIQ)	intelligence quotient

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Porta, 2016; Lubczynska, 2017	Wechsler Intelligence Scale for Children-III (WISC-III)	WISC-III is the development of WISC-R added an optional sub-test (search for symbols) and a fourth factor (processing speed). The score provides a Verbal IQ (VIQ), a Performance IQ (PIQ) and a Total IQ (TIQ) and four optional Factor Deviation Quotients (FDQ): Verbal Comprehension (CV), Perceptual Organization (PO), Freedom from Distraction (FD), Processing Speed (PS)	memory, language, sensorimotor functions, numeric ability, intelligence quotient
Chiu, 2016; Peterson, 2015	Wechsler Intelligence Scale for Children (WISC- IV)	WISC-IV is an updated version of WISC- III and it provides 5 composite scores: a Total Intellectual Quotient (IQ) to represent the complex cognitive abilities, and 4 additional scores: the Verbal Comprehension Index (ICV), the Perceptive Reasoning Index (PRI), the Working Memory Index (WMI), the Processing Rate Index (PRI)	memory, intelligence quotient
Wang, 2017	Wechsler Abbreviated Scale of Intelligence ((WASI)	WASI is linked to both the Wechsler Intelligence Scale for Children (WISC- III) and the Wechsler Adult Intelligence Scale (WAIS-III) and it evaluates intellectual ability by measuring the verbal, nonverbal, and general cognition of individuals from 6 to 89 years of age	intelligence quotient

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		WMS is a neuropsychological test	
Talaeizadeh, 2018	Wechsler Memory Scale (WMS)	designed to measure different memory functions in a person ages 16 to 90	memory
Sentís, 2017	Conners Kiddie Continuous Performance Test - Second Edition (K-CPT2)	K-CPT2 (Second edition of K-CPT) is a computerized software program assessment tool used to identify attention problems and measure treatment effectiveness in very young children (ages 4 – 7 years)	attention
Chiu, 2016	Conners' Continuous Performance Test-II (CPT-II)	CPT-II (Second Edition of CPT) provides a task-based computerized assessment of attention problems and neurological functioning for subjects aged 6 years and over	attention
Lertxundi, 2019; Lubczynska, 2017; Freire, 2010	McCarthy scales of Children's Abilities (MSCA)	MSCA is a psychological instrument for young children aged from 2 years 6 months to 8 years 6 months that measures cognitive ability in six domain areas: verbal, perceptual-performance, quantitative, general cognitive, memory, and motor	general cognition, executive functions, memory, language, psychomotor and sensorimotor functions, numeric ability
Suglia, 2008	Wide Range Assessment of Memory and Learning (WRAML)	WRAML is a clinical assessment instrument designed to evaluate memory and learning in children between 5-17 years. The battery includes nine subtests on verbal memory, visual memory, and learning. Combined, the subtest form a General	memory

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Cowell, 2015; Chiu, 2016; Harris, 2015	Wide Range Assessment of Memory and Learning - Second Edition (WRAML2)	WRAML2 is an updated version of WRAML and it extended assessment age of the WRAML from 5–17 to 5–90 years; several subtests from the original WRAML are now optional or limited to a specific age group. The WRAML-2 Core Battery consists of Verbal, Visual and memory Attention/Concentration subtests. Three Index Scores are derived from these six subtests: a Verbal Memory Index, a Visual Memory Index, and an Attention/Concentration Index; the three indexes together form a General Memory Index
Harris, 2015	Wide Range Assessment of Visual Motor Abilities (WRAVMA)	The WRAVMA is a tool that provides a reliable, accurate evaluation of visual-motor skills of children and sensorimotor functions adolescents ages 3-17 years (it assesses three areas using three tests)
Suglia, 2008	Kaufman Brief Intelligence Test (K-BIT)	The K-BIT is a short measure of verbal and non-verbal intelligence for intelligence quotient children, adolescents and adults aged 4 to 90. Two subscales, vocabulary and

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matrices, comprise the test, as well as  
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	Kaufman Brief Intelligence Test (KBIT-2)	KBIT-2 is an updated version of K-BIT with changes in sub-tests: added subtest riddles for verbal IQ	intelligence quotient
Harris, 2015			
	Behavior Rating Inventory of Executive Function (BRIEF)	BRIEF is a questionnaire for parents and teachers to assess executive functions at home and at school of children and adolescents aged 5 to 18 years	executive functions
Harris, 2016			
	Raven Coloured Progressive Matrices (RCPM)	RCPM is a version of Raven Progressive Matrices and it is nonverbal test of reasoning ability and intelligence based on figural materials or patterns for children from 4 to 9/10 years and persons with disabilities. (This test has only the matrices A and B present in the standard test with an additional test (AB) of 12 elements)	intelligence quotient
Edwards, 2010			
	De Snijders-Oomen Niet-verbale Intelligentie test- Revisie (SON-R)	SON-R (revision of SON) is a non-verbal intelligence test suitable for children (2.5-7 years) and adults (6-40 years)	Intelligence quotient
Lubczynska, 2017			
	Hamburg Wechsler Intelligenz test für Kinder (HAWK-IV)	HAWK-IV (Fourth edition of HAWK) is a intelligence test for children and adolescents aged 6 to 16 years and it is the German adaptation of Wechsler	Intelligence quotient
Lubczynska, 2017			

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Saenen, 2016	Stroop Test	Stroop test is a measuring instrument for selective attention, in particular for inhibitory processes of irrelevant information (the task is to touch as fast as possible the button that has the same color as the name, ignoring the color of the printed name)	attention
Saenen, 2016	Continuous Performance Test	CPT is a visual sustained attention assessment test (the task is to immediately respond to the cat's silhouette in this case by pressing the spacebar, but not the silhouette of another animal)	attention
Saenen, 2016	Digit Span Forward and Backward Tests	Digit Span Test is a verbal memory span measurement test (digit memory) (in the first part, the task is to reproduce a series of digits after an auditory presentation in the order of the presentation; in the second part of the test, the task is to reproduce the digits in the reverse order of the presentation)	memory
Saenen, 2016	Digit-Symbol Test	Digit-Symbol Test is an assessment tool for evaluation of psychomotor performance (when a digit is shown,	sensorimotor functions

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the task is to indicate as fast as possible the symbol which is paired with this digit in the row of symbols at the bottom of the screen)

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Saenen, 2016	Pattern Comparison Test	Pattern Comparison Test is an assessment tool to evaluate processing speed (the task is to compare three matrices consisting of 10 × 10 blocks and to indicate which pattern is different from other two pattern)	sensorimotor functions
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Midouhas, 2018	British Ability Scales II (Naming Vocabulary test)	British Ability Scale II is a battery of individually administered tests of cognitive abilities and educational achievement for children and adolescents aged from 2 years, 6 months to 17 years, 11 months. The Naming Vocabulary test assesses the spoken vocabulary of children and is selected from the Early Years Battery for children age 3 to 5	language
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Van Kempen, 2012	Neurobehavioral Evaluation System (NES)	NES is a battery of tests and it consists of over 15 computerized neurobehavioral tests and questionnaires that tap the broad functional domains of psychomotor speed and control, perceptual speed, learning and memory, attention and affect	attention and executive functions, memory, sensorimotor functions
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