Feasibility of Intraoperative Neuromonitoring During Thyroid Surgery using Trans-cartilage Surface Recording electrodes.

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<td>Abstract:</td>
<td>Background: Intraoperative neural monitoring (IONM) has gained widespread acceptance as an adjunct to the gold standard of visual identification of the recurrent laryngeal nerve (RLN) during thyroid surgery. Currently, laryngeal electromyography (EMG) recording during IONM is almost always performed using endotracheal tube (ETT) surface electrodes placed adjacent to vocal folds originating from the inner surface of the thyroid cartilage (TC). Therefore, we hypothesized that surface recording electrodes placed on the outer surface of the TC should enable access to the EMG response of the vocal folds during IONM. The aims of this</td>
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experimental study were to evaluate the feasibility of the transcartilage approach for laryngeal EMG recording during IONM.

Methods:
A porcine model (12 pigs and 24 RLN sides) with well-established applicability in IONM research was used for the experiments. Both ETT electrodes adjacent to vocal folds and adhesive pre-gelled electrodes on the TC were used for EMG recording during IONM. Electrically evoked EMG signals detected by both electrode types were recorded and analyzed. EMG changes during tracheal displacement and RLN traction injury were compared.

Results:
Both the ETT and TC electrodes recorded typical laryngeal EMG waveforms evoked by a 1 mA stimulus current applied on both sides of the RLNs and vagus nerves (VNs). Under RLN stimulation, the mean EMG amplitudes recorded with the ETT and TC electrodes were 973µV (±179) and 695µV (±150), respectively. Under VN stimulation, the mean amplitudes were 841µV (±163) and 607µV (±162), respectively. When upward displacement of the trachea was experimentally induced, the TC electrodes showed less variation in recorded EMG signals compared to ETT electrodes. When RLN traction stress was experimentally induced, both the ETT and TC electrodes accurately recorded the typical EMG pattern of progressively degrading amplitude and gradual recovery after release of traction.

Conclusions:
This study confirmed the feasibility of using transcartilage surface electrodes for recording of laryngeal EMG signals evoked during IONM in an animal model. Before practical application of this approach in clinical thyroid surgery, however, further studies are needed to improve electrode designs by optimizing their shapes and sizes, and increasing their adhesive stability and sensitivity.
Title: Feasibility and Stability of Intraoperative Neuromonitoring During Thyroid Surgery Using Non-invasive Adhesive Trans-Cartilage Surface Recording Electrodes.

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8 **Running Title:** Transcartilage RLN monitoring in Thyroid Surgery
9 **Key Words:** Intraoperative Neuromonitoring, Thyroid Surgery, Recurrent laryngeal nerve, Transcartilage Recording, Electromyography, Surface electrode
ABSTRACT:

Background:

Intraoperative neural monitoring (IONM) has gained widespread acceptance as an adjunct to the gold standard of visual identification of the recurrent laryngeal nerve (RLN) during thyroid surgery. Currently, laryngeal electromyography (EMG) recording during IONM is almost always performed using endotracheal tube (ETT) surface electrodes placed adjacent to vocal folds originating from the inner surface of the thyroid cartilage (TC). Therefore, we hypothesized that surface recording electrodes placed on the outer surface of the TC should enable access to the EMG response of the vocal folds during IONM and should obtain more stable signals during surgical manipulation compared to conventional ETT electrodes. The aims of this experimental study were to evaluate the feasibility of the transcartilage approach for laryngeal EMG recording during IONM, stability of IONM using non-invasive adhesive transcartilage recording electrodes.

Methods:

A porcine model (12 pigs and 24 RLN sides) with well-established applicability in IONM research was used for the experiments. Ten pigs (20 nerve sides) were enrolled. Both ETT electrodes adjacent to vocal folds and adhesive pre-gelled electrodes on the TC were used for EMG recording during IONM. Electrically...
evoked EMG signals detected by both electrode types were recorded and analyzed.

Signal stability EMG changes during tracheal displacement and RLN traction injury were compared.

Results:
Both the ETT and TC recording electrodes recorded typical laryngeal EMG waveforms evoked by a 1 mA stimulus current applied on both sides of the RLNs and vagus nerves (VNs). Under RLN stimulation, the mean EMG amplitudes recorded with the ETT and TC electrodes were 973991 µV (± 179490) and 695658 µV (± 150132), respectively. Under VN stimulation, the mean amplitudes were 841842 µV (± 161163) and 563607 µV (± 134162), respectively. When upward displacement of the trachea was experimentally induced, the TC electrodes showed less variation in recorded EMG signals compared to ETT electrodes. When RLN traction stress was experimentally induced, both the ETT and TC electrodes accurately recorded the typical EMG pattern of progressively degrading amplitude and gradual recovery after release of traction.

Conclusions:
This study confirmed the feasibility of using transcartilage surface electrodes for recording of laryngeal EMG signals evoked during IONM in an animal model. For monitoring RLN function during thyroid surgery, TC electrodes provide a simple and
effective alternative to ETT electrodes. Before practical application of this approach in clinical thyroid surgery, however, further studies are needed to improve electrode designs by optimizing their shapes and sizes, and increasing their adhesive stability and sensitivity.
MAIN BODY

Introduction

Although thyroidectomy is now a commonly performed procedure worldwide, postoperative vocal cord palsy is still common. In patients undergoing thyroidectomy, the average incidence of temporary vocal cord palsy is 9.8%, and the average incidence of permanent vocal cord palsy is 2.3%.(1, 2) For identification of the recurrent laryngeal nerve (RLN) during thyroid surgery, the use of intraoperative neural monitoring (IONM) has gained widespread acceptance as an adjunct to the gold standard of visual identification of the RLN.(3) Additionally, IONM can facilitate functional preservation of the RLN and the external branch of the superior laryngeal nerve, (4) detect anatomic variations(5-7), elucidate nerve injury mechanisms,(8, 9) and enable intraoperative predictions of postoperative vocal cord function and its implications in patients undergoing a planned bilateral surgery .(3, 10, 11)

Currently, monitoring systems that use endotracheal tube (ETT) surface electrodes are the most widely used commercially available monitoring systems.(3) These ETT-based systems record electromyographic (EMG) data from the vocal folds (i.e., thyroarytenoid or vocalis muscles). During IONM, a handheld stimulation probe is used to evoke the laryngeal EMG response by depolarizing the RLN or vagus nerve.
(VN). The EMG response is typically quantified by both the amplitude and latency of
the signal obtained during RLN or VN stimulation. The EMG amplitude may
correlate with the number of depolarized muscle fibers, which then affects RLN
function. Latency is related to the time of the conducted action potential and
response.(12-14) The main limitation of ETT-based systems is that a high-quality
recording requires constant contact between the electrodes and vocal folds during
surgery.(3, 13, 15-18) A malpositioned or displaced ETT can cause false IONM
signals(8, 11, 13, 15-17, 19) resulting in the need for intraoperative verification or
readjustment of the ETT position, which can be complicated and time-consuming.

Since the vocal fold originates from the inner surface of the thyroid cartilage (TC)
(Fig. 1A), we hypothesized that surface recording electrodes placed on the outer
surface of the TC should obtain recordings of the EMG response of the vocal fold.
We also hypothesized that, compared to ETT electrodes, the TC electrodes would
obtain less affected EMG signals during tracheal movement and would detect similar
adverse signals caused by RLN injury. Thus, this study reviewed a novel
transcartilage approach in which non-invasive adhesive surface electrodes were
attached to the outer surface of the TC (Fig. 1A-B) for recording EMG signals during
IONM. Experiments were performed to evaluate the feasibility and stability of the
proposed approach and to compare its signal stability and accuracy with that of
conventional ETT-based systems (Fig 1C-D).

Materials and Methods

Experimental animals, anesthesia, and ETT surface electrodes

Twelve male pigs (age, 3-4 months; weight, 20-24 kg) obtained from the Laboratory Animal Center of Kaohsiung Medical University, Taiwan were studied. The study protocol was approved by the Institutional Animal Care and Use Committee of Kaohsiung Medical University. All experiments were performed according to institutional guidelines that comply with national and international regulations for animal experiments, including the 3R principles (replacement, reduction and refinement). The porcine model used for the experiments in this study is well-established in RLN and IONM research, and the EMG parameters (amplitude, latency, and threshold) of the model are consistent with human data. (12, 20-22)

Each animal was premedicated with intramuscular azaperone (4mg/kg) 30 min before the experiment. With the animal in a prone position, general anesthesia was induced by inhalation of 2-4% sevoflurane in oxygen administered from a plastic bottle. A bolus of propofol 1 mg/kg was administered intravenously with a 24-gauge peripheral intravenous catheter placed on the ear. The pig was then intubated with an EMG ETT (TriVantage EMG tube, size 6 ID; Medtronic, Jacksonville, FL) (Fig. 1C). The proper EMG tube position was verified and confirmed by the...
anesthesiologist. After positional stabilization of the tube, the pig was placed in the supine position with the neck extended (Fig. 2A). Anesthesia was maintained with 1-3% sevoflurane in oxygen. The lungs were ventilated in volume-control mode at a tidal volume of 8-12 ml/kg, and the respiratory rate was set to 12-14 breaths/min. Body temperature was maintained with a circulating water mattress maintained at 40°C.

Operation, TC surface electrodes, and experimental design

A long, transverse neck skin incision was made, and subplatysmal flaps were raised. The neck was exposed with a self-retaining thyroidectomy retractor (WIDOX®, MOSS Spa, Lesa, Italy). A pair of adhesive pre-gelled electrodes (Neotrode II®, ConMed Corporation, UTICA, NY) were attached to the left and right lamina of the TC (Fig. 2B). The channel leads from the EMG ETT and TC electrodes were connected to the monitoring system (NIM-Response 3.0, Medtronic). The monitoring system generated stimuli with a time window set to 50 ms and an amplitude scale set to 0.2 mV/division. The pulsed stimuli were 100 µs in duration and 4 Hz in frequency. The event capture was activated at a threshold of 100 µV.

In each pig (n=10), bilateral RLNs (n=20) and VNs (n=20) were localized, identified, and carefully exposed with a handheld stimulation probe
(Ball-tip 1mm, Medtronic) (Fig. 2B). Each nerve was stimulated with a 1 mA current, and the waveform morphologies of the electrically evoked EMG signals detected by both the ETT and TC electrodes were displayed on the monitor (Figs. 2C-D). Baseline amplitudes and latencies of EMG responses were recorded for further analysis.

After baseline EMG data for both ETT and TC electrodes were documented in each pig (n=10), the stability of EMG signals recorded by both electrode types during surgical manipulation was evaluated and compared under experimentally induced tracheal displacement in each pig (Figs. 3A-B). In four animals, the accuracy of the ETT and TC electrodes in reflecting adverse EMG changes of stressed RLN was further evaluated and compared under experimentally induced RLN traction during continuous IONM (Figs. 3C-D). Tracheal displacement induced by slowly pushing the cricoid cartilage 2cm upward during continuous left VN stimulation with an automatic periodic stimulating electrode (APS; Medtronic) (Fig. 3A,B). Such cricoid displacement mimicked thyroid greater tracheal and laryngeal retraction at surgery.

**Statistical Analysis**

Recorded EMG data were expressed as mean with standard deviation. Mean EMG amplitudes and mean EMG latencies for each stimulation site were compared using paired T-tests. All p-values were two-tailed, and a P value less than 0.05 was
considered statistically significant. All statistical analyses were performed using Excel 2016 (Microsoft, Redmond, WA).

Results

This study analyzed left and right RLNs and VNs in ten-twelve pigs (20-24 VNs and 20-24 RLNs). In all animals, both the ETT and TC electrodes successfully recorded typical evoked laryngeal EMG waveforms from the RLNs and VNs under stimulation with 1 mA (Figs. 2C-D.).

Figure 4 compares the Table 1 shows the evoked laryngeal EMG amplitudes and latencies recorded from the ETT and TC electrodes. In each group, the ETT electrodes recorded significantly higher EMG amplitudes compared to the TC electrodes (P < 0.05). However, ETT electrodes and TC electrodes did not significantly differ in recorded EMG latency data (P > 0.05). Mean EMG amplitudes recorded under RLN stimulation were 991-973 µV (± 490179) for ETT electrodes and 658-695 µV (± 132150) for TC electrodes. Mean EMG amplitudes recorded under VN stimulation were 842-841 µV (± 461163) for ETT electrodes and 863-607 µV (± 434162) for TC electrodes. Mean EMG latencies recorded under RLN stimulation were 2.982.96 ms (±0.140.15) for ETT electrodes and 3.033.01 ms (±0.160.18) for TC electrodes.

Mean EMG latencies recorded under right VN stimulation were 4.80-4.75 ms...
Mean EMG latencies recorded under left VN stimulation were 8.558.22 ms

When upward cricoid/tracheal displacement was experimentally induced, the EMG

signals from ETT electrodes varied significantly. The mean changes in EMG

amplitude recorded after upward displacement of 1 cm were 7.8 ± 1.7% (range, 5 to

41%) for ETT electrodes and 45.6 ± 8.2% (range, 28 to 53%) for TC electrodes. The

mean changes in EMG amplitude recorded after upward displacement of 2 cm were

14.3 ± 4.6% (range, 8 to 25%) for ETT electrodes and 68.4 ± 10.6% (range, 53 to

85%) for TC electrodes. ETT electrodes were 66 ± 9.6% (range from 53 to 80%). In

contrast, upward tracheal displacement did not affect the EMG signals from TC

electrodes (with the exception of some artefactual responses to pushing force on the

cricoid and tracheal cartilage (Fig 3C). Mean EMG amplitudes change at 2 cm

displacement recorded by TC electrodes were 13 ± 3.3% (range from 8 to 19%).

The tracheal displacement study evaluated the real-time EMG signal changes

recorded by ETT and TC electrodes. The results showed that, in both electrode types,

tracheal displacement affected the recorded EMG signals (Fig 5). The mean changes

in EMG amplitude recorded after upward displacement of 1 cm were 7.8 ± 1.7%

(range, 5 to 11%) for ETT electrodes and 45.6 ± 8.2% (range, 28 to 53%) for TC.
The mean changes in EMG amplitude recorded after upward displacement of 2 cm were 14.3 ± 4.6% (range, 8 to 25%) for ETT electrodes and 68.4 ± 10.6% (range, 53 to 85%) for TC electrodes.

The RLN traction stress study evaluated the real-time EMG signal changes recorded by ETT and TC electrodes in four animals. Real-time EMG tracings obtained under RLN traction stress induced in all four experimental animals showed that both ETT and TC electrodes accurately recorded the typical EMG evolution pattern of progressively degrading amplitude and then gradual recovery after release of traction (Fig. 6).
Discussion

We hypothesized that surface recording electrodes on the outer surface of the TC can obtain the EMG response of the vocal fold during IONM (Fig. 1) and that TC electrodes would obtain more stable signals during tracheal movement compared to ETT electrodes. This hypothesis was tested in a porcine model with well-established applicability in RLN and IONM research.[12, 20-22] The experiments confirmed that a pair of simple adhesive pre-gelled surface recording electrodes attached to the TC is as effective-feasible as ETT electrodes for recording evoked laryngeal EMG responses under 1mA stimulation of the RLN or VN (Fig. 2 and Table 1). During experimental upward displacement of the trachea, the EMG signals obtained by TC electrodes showed less variation compared to those obtained by ETT electrodes (Fig 5). The effect of cricoid/tracheal displacement on the EMG signal is smaller in TC electrodes compared to ETT electrodes (Fig 3). When RLN traction stress was experimentally induced, both the ETT and TC electrodes accurately recorded the typical pattern of EMG evolution, i.e., progressively degrading amplitude and gradual recovery after release of traction (Fig 6). These experimental results indicate that this novel transcartilage approach simple and effective is a feasible alternative to using ETT electrodes to monitor RLN function during thyroid surgery.

Direct visualization of the RLN is considered the gold standard for preventing RLN
injury during thyroid surgery. The leading mechanism of RLN injury is nonstructural functional nerve injury, not transection. Therefore, IONM is increasingly used for functional electrophysiologic assessment of the RLN in addition to visual confirmation of RLN structural integrity. In thyroid surgery, IONM is almost always performed with commercially available ETT surface recording electrodes placed adjacent to the vocal folds. For accurate monitoring, the ETT must be the appropriate size and must be correctly aligned. The experiments in this study showed that, in contrast with the time-consuming and cumbersome procedures required to place ETT electrodes by anesthesiologists during intubation, the setup procedure for TC electrodes can be performed by surgeons in less than 1 minute, and the correct electrode locations can be confirmed by direct visualization. In addition, intraoperative manipulation and traction of the thyroid lobe and trachea can easily displace the contact between the ETT electrodes and vocal fold. Correcting the resulting false IONM results may require the anesthesiologist to verify and readjust the electrodes intraoperatively. Several studies have investigated alternative recording approaches to address the limitations of ETT electrodes. For example, Alon and Hinni(26) and Petro et al(27) described the use of one or two paired needle electrodes inserted through the cricothyroid membrane and into the thyroarytenoid muscles. Recently, Chiang et al(28) described the use of two
single needle electrodes inserted into the sub-perichondrium of the TC for IONM of
the RLN. Needle electrode approaches theoretically overcome most limitations of
ETT electrodes but are not entirely non-invasive. Needle electrodes can still cause
laryngeal hematomas, lacerations, infections, or ruptured endotracheal cuffs.
Additionally, a needle electrode insertion may be difficult due to scar tissue in
revision surgery or due to calcified TC in elderly patients. The Massachusetts Eye and
Ear Infirmary group recently reported their animal experiments(29) and preliminary
clinical experience(30) in using postcricoid surface electrodes to obtain EMG
waveforms at the posterior cricoarytenoid (PCA) muscle. Although their experimental
results showed that postcricoid electrodes reliably recorded PCA EMG waveforms,
constant verification of contact between the postcricoid electrodes and PCA muscle
may be required because the postcricoid electrodes are susceptible to displacement
during surgical manipulation.

Ideally, the recording method used during IONM should be non-invasive, reliable,
reproducible, easy to perform, and cost-effective. Compared to ETT electrodes and
intra-muscular or intra-cartilage needle electrodes, an adhesive electrode placed on
the TC is ostensibly simpler, faster, and less invasive, i.e., it does not leave needle
tracts and should cause less trauma in the mucosa, cartilage, or muscles. Adhesive
electrodes are also less expensive. In our institution, for example, an EMG ETT or a
paired needle electrode costs several hundred dollars more than an adhesive electrode. However, the transcartilage recording method and the adhesive pre-gelled electrodes (Neotrode® II, Fig. 2B) used in the current study have several notable limitations. Firstly, the transcartilage recording method requires a larger incision wound to expose the TC. This method slightly increases surgical time and may not be useful for procedures in which a minimally invasive approach is desirable. In the case of a large goiter extending to the TC, prelaryngeal dissection of the pyramidal lobe is required before placement of TC electrodes. Secondly, the size and shape of this electrode type are designed for ECG recording on the chest skin of young children. Therefore, these electrode types are somewhat larger than necessary for use on the TC. Recording traces can be distorted by the far field potentials from multitude of muscles attached to the larynx and underlying the surface electrodes (e.g., sterno-hyoid muscle, thyro-hyoid muscle, and inferior constrictor muscle). For example, the experiments in this study showed that a stimulation current exceeding 10 mA causes some shunt stimulation of the ansa cervicalis and/or the strap muscles. Evoked muscle potentials could be recorded more easily by large surface electrodes on the TC. However, no obvious far field potentials were recorded under the standard stimulation current of 0.5-3mA (Figs. 1C-D). Therefore, new electrode designs with sizes and shapes optimized for TC recording are needed, and further animal and
clinical studies are needed to evaluate their susceptibility to far field potentials.

Third, although this study showed that TC electrodes obtained more stable signals than ETT electrodes did during upward displacement of the trachea, the adhesive pre-gelled surface electrodes may still be dislodged during surgical manipulations. Dislodgement can occur because the vector of manipulative force applied during clinical thyroid surgery tends to include both rotatory force and displacement. Rotatory force would likely displace the contact between the ETT electrodes and vocal fold and may also dislodge the TC surface electrodes. Although a dislodged TC electrode can be confirmed by direct visualization and can be corrected immediately, the troubleshooting algorithm for loss of signal must be modified to address this limitation. To minimize dislodgement, the stability of future electrode designs must be increased by improving their adhesion to the TC. Smaller electrodes are also needed to minimize the possibility of damage to cartilage or nearby muscles upon electrode removal.

This study has some limitations. First, this study used an animal model with a moderate sample size. Although this model has proven useful and effective for evaluating electrophysiologic correlates of laryngeal EMG during IONM in previous studies,(20-22) and although the results for the model were highly consistent with the twenty RLN or VN sides in the current study (Table 1), further studies in human
subjects are needed. Second Finally, the mean EMG amplitude recorded with adhesive electrodes on the outer surface of the TC was lower than that recorded with ETT electrodes. Although the difference in amplitude resulted from a procedural difference (i.e., direct contact with ETT electrodes but indirect contact with TC electrodes), further studies are needed to evaluate whether the sensitivity of surface electrodes can be improved by using different electrode materials and different transduction mechanisms of surface electrodes. Modifications that can improve sensitivity.

This in vivo animal study also has some limitations. First, this study was performed using a porcine model with a moderate sample size. However, this model has proven useful and effective for evaluating electrophysiologic correlates of laryngeal EMG during IONM in previous studies (20-22). In addition, this approved animal study applied 3R principles (replacement, reduction and refinement) and revealed good reproducibility between tested animals. A second limitation is the differences in cartilage ossification between juvenile pigs and adult humans. Since cartilage ossification can substantially impair recording of compound muscle action potential responses, further studies in human subjects are needed.

In conclusion, this study confirmed our hypothesis that surface recording electrodes on the outer surface of the TC enable access to the EMG response of the
vocal fold during IONM of the RLN. A remaining challenge in the practical clinical
application of transcartilage IONM is development of surface electrodes that provide
a desirable combination of proper size/shape, high adhesive stability, and high
sensitivity. This study also demonstrated that, compared to ETT electrodes, TC
electrodes are less susceptible to inaccuracies caused by inevitable intraoperative
manipulation. This approach provides a simple and effective alternative to using an
EMG ETT to monitor RLN function during thyroid surgery.
Acknowledgments

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Disclosure Statement

The authors have no conflict of interests to declare.

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Figure Legends

Fig 1. Anatomic relationship between the larynx and the surface recording electrodes used for intraoperative neuromonitoring in thyroid surgery.

(A). The left and right vocal folds (thyroarytenoid and vocalis muscles) originate from the inner surface of the thyroid cartilage (TC) and extend to the anterior surface of the arytenoid cartilage (AC). The left (circle no.1) and right (circle no. 2) recording electrodes on an endotracheal tube (ETT) are in direct contact with the left and right vocal folds, respectively. Transcartilage recording electrodes (circle no. 3) are attached with medical adhesive to the outer surface of the TC.

(B). Commercially available adhesive pre-gelled electrodes (Neotrode II®, ConMed Corporation, UTICA, NY) were used for transcartilage EMG recording in this study.

(C). A commercially available EMG ETT (TriVantage EMG tube, size 6 ID; Medtronic, Jacksonville, FL). The tube provides bilateral left smooth, conductive silver ink electrodes (left/ right, circle no. 1/2) and has a central blue cross-band to guide placement during intubation.

(D). Enlarged view of the left (circle no.1) silver ink electrodes on the ETT.
Fig 2. Setup of the endotracheal tube (ETT) and the thyroid cartilage (TC) surface recording electrodes for intraoperative neuromonitoring in a porcine model. (A). The EMG ETT (Medtronic, Jacksonville, FL) was fixed after confirming the correct electrode positions and ensuring good contact with the left and right vocal folds. (B). The animal’s neck was exposed with a self-retaining thyroidectomy retractor (WIDOX®, MOSS Spa, Lesa, Italy). A pair of adhesive pre-gelled electrodes (Neotrode II®, ConMed Corporation, UTICA, NY) were placed on the left and right lamina of the thyroid cartilage. A Prass monopolar ball-tip stimulator (Medtronic, Jacksonville, FL) was used for nerve stimulation. (C and D). Both the ETT (channel 2, vocal right) and TC (channel 3, TC-1) electrodes successfully recorded typical laryngeal EMG waveforms evoked with 1 mA stimulus current on the recurrent laryngeal nerve (RLN) (*sign) and vagus nerve (VN) (+ sign).
Fig. 3. Experimental designs for trachea/cricoid displacement and nerve traction injury studies.

(A and B) Tracheal displacement was induced by slowly pushing the tracheal cartilage (T) upward during continuous left vagal stimulation with an automatic periodic stimulating electrode (APS; Medtronic) (* sign). The experiment mimicked tracheal upward displacement caused by retraction of the thyroid lobe that adhered tightly to the trachea by ligament of Berry (LOB) at surgery.

(C and D) Recurrent laryngeal nerve (RLN) traction injury was induced by retracting a vascular loop wrapped around the left RLN (R) during continuous left vagal stimulation with an APS electrode (APS) (* sign). The experiment mimics the surgical scenario of an RLN trapped at the ligament of Berry or adhered to the goiter capsule and stretched forward during medial traction.
Fig. 4. Comparison of left and right side evoked laryngeal EMG responses between the endotracheal tube (ETT) and thyroid cartilage (TC) electrodes during intraoperative neuromonitoring. (A) The evoked EMG amplitude (microvolt, µV) and (B) latency (millisecond, ms) data from left and right recurrent laryngeal nerve (RLN) and vagus nerve (VN) stimulation with 1mA were shown and were expressed as mean with standard deviation.
Fig. 5. Comparison of real-time electromyography (EMG) signals recorded by 1. Vocalis electrode on endotracheal tube (ETT) and 2. Transcartilage electrode on thyroid cartilage (TC) when tracheal displacement was experimentally induced. The EMG amplitude from the ETT electrodes showed over 50% decreased (red dot line) when the trachea was displaced over 1cm. The EMG signals from the TC electrodes showed relatively less affected by the tracheal displacement.
Fig. 6. Comparison of real-time electromyography (EMG) signals recorded by 1. Vocalis electrode on endotracheal tube (ETT) and 2. Transcartilage electrode on thyroid cartilage (TC) when recurrent laryngeal nerve (RLN) traction stress was experimentally induced. Both ETT and TC electrodes accurately recorded typical patterns of progressive EMG amplitude degradation during RLN traction with 50gm force. Both electrodes also recorded the typical patterns of gradual EMG amplitude recovery after release of traction force.
Fig 1. Anatomic relationship between the larynx and the surface recording electrodes used for intraoperative neuromonitoring in thyroid surgery.

(A). The left and right vocal folds (thyroarytenoid and vocalis muscles) originate from the inner surface of the thyroid cartilage (TC) and extend to the anterior surface of the arytenoid cartilage (AC). The left (circle no.1) and right (circle no. 2) recording electrodes on an endotracheal tube (ETT) are in direct contact with the left and right vocal folds, respectively. Transcartilage recording electrodes (circle no. 3) are attached with medical adhesive to the outer surface of the TC.

(B). Commercially available adhesive pre-gelled electrodes (Neotrode II®, ConMed Corporation, UTICA, NY) were used for transcartilage EMG recording in this study.

(C). A commercially available EMG ETT (TriVantage EMG tube, size 6 ID; Medtronic, Jacksonville, FL). The tube provides bilateral left smooth, conductive silver ink electrodes (left/ right, circle no. 1 /2) and has a central blue cross-band to guide placement during intubation.

(D). Enlarged view of the left (circle no.1) silver ink electrodes on the ETT.
Fig 2. Setup of the endotracheal tube (ETT) and the thyroid cartilage (TC) surface recording electrodes for intraoperative neuromonitoring in a porcine model. (A). The EMG ETT (Medtronic, Jacksonville, FL) was fixed after confirming the correct electrode positions and ensuring good contact with the left and right vocal folds. (B). The animal’s neck was exposed with a self-retaining thyroidectomy retractor (WIDOX®, MOSS Spa, Lesa, Italy). A pair of adhesive pre-gelled electrodes (Neotrode II®, ConMed Corporation, UTICA, NY) were placed on the left and right lamina of the thyroid cartilage. A Prass monopolar ball-tip stimulator (Medtronic, Jacksonville, FL) was used for nerve stimulation. (C and D). Both the ETT (channel 2. vocal right) and TC (channel 3. TC-1) electrodes successfully recorded typical laryngeal EMG waveforms evoked with 1 mA stimulus current on the recurrent laryngeal nerve (RLN) (*sign) and vagus nerve (VN) (+ sign).
Fig. 3. Experimental designs for trachea/cricoid displacement and nerve traction injury studies.

(A and B) Tracheal displacement was induced by slowly pushing the tracheal cartilage (T) upward during continuous left vagal stimulation with an automatic periodic stimulating electrode (APS; Medtronic) (* sign). The experiment mimicked tracheal upward displacement caused by retraction of the thyroid lobe that adhered tightly to the trachea by ligament of Berry (LOB) at surgery.

(C and D) Recurrent laryngeal nerve (RLN) traction injury was induced by retracting a vascular loop wrapped around the left RLN (R) during continuous left vagal stimulation with an APS electrode (APS) (* sign). The experiment mimics the surgical scenario of an RLN trapped at the ligament of Berry or adhered to the goiter capsule and stretched forward during medial traction.
Fig. 4. Comparison of left and right side evoked laryngeal EMG responses between the endotracheal tube (ETT) and thyroid cartilage (TC) electrodes during intraoperative neuromonitoring. (A) The evoked EMG amplitude (microvolt, µV) and (B) latency (millisecond, ms) data from left and right recurrent laryngeal nerve (RLN) and vagus nerve (VN) stimulation with 1mA were shown and were expressed as mean with standard deviation.

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Fig. 5. Comparison of real-time electromyography (EMG) signals recorded by 1. Vocalis electrode on endotracheal tube (ETT) and 2. Transcartilage electrode on thyroid cartilage (TC) when tracheal displacement was experimentally induced. The EMG amplitude from the ETT electrodes showed over 50% decreased (red dot line) when the trachea was displaced over 1cm. The EMG signals from the TC electrodes showed relatively less affected by the tracheal displacement.

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Fig. 6. Comparison of real-time electromyography (EMG) signals recorded by 1. Vocalis electrode on endotracheal tube (ETT) and 2. Transcartilage electrode on thyroid cartilage (TC) when recurrent laryngeal nerve (RLN) traction stress was experimentally induced. Both ETT and TC electrodes accurately recorded typical patterns of progressive EMG amplitude degradation during RLN traction with 50gm force. Both electrodes also recorded the typical patterns of gradual EMG amplitude recovery of after release of traction force.

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Cover letter

Editor, *Thyroid*

RE: Manuscript ID: THY-2017-0680-R1 entitled, "Feasibility of Intraoperative Neuromonitoring During Thyroid Surgery using Trans-cartilage Surface Recording electrodes."

Dear Editors:

Thank you very much for your review and for your excellent advice for improving our manuscript. We have tried our best to incorporate your comments in the resubmitted version, and we agree that the suggested changes make our manuscript clearer and more informative for readers. All important changes are highlighted by using the track changes mode in MS Word in the revised manuscript. With these modifications, we look forward to your further review and consideration of this manuscript for publication in *Thyroid*.

Sincerely,

Che-Wei Wu, MD, PhD (On behalf of all coauthors)

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June, 8, 2018
Responses to specific comments and questions by the reviewers:

Reviewer: 1

Comments to Author

A commendable article on a novel technique for recording EMG CMAP responses from the larynx. My main comments relate to the applicability of this technology to the human population and to the study design as follows:

1. There are a multitude of muscles that attach to the larynx and underly the surface electrodes (sterno- and thyro-hyoid, inferior constrictor). Far field potentials from these muscle could distort the recorded traces and should have been controlled for in this study using hookwire electrodes in these muscles.

2. There are obvious differences between adult human and juvenile pig cartilages. Ossification of the cartilage may significantly impair recording of the CMAP responses and should be commented upon and discussed in the limitations section.

3. There is much discussion in the article regarding ETT limitations. However, the limitations of surface electrodes also need to be discussed including displacement and exposure issues (i.e. need to expose the entire thyroid cartilage which, particularly for minimally invasive approaches, is rarely done). I would also like to know how well these electrodes remain in place during an actual thyroid case - to be stable they would have to stick very firmly and this would surely predispose to bleeding and muscle damage upon removal.

4. The mechanism employed to demonstrate that the electrodes do no more when the ETT does seems to be somewhat biased to show the desired result. Isolated pushing of the cricoid cartilage upward rarely occurs during standard thyroid surgery - instead the vector of force tends to be a combination of rotation and displacement. The rotatory force would likely disrupt the surface electrodes in addition to skewing ETT potentials and this should be acknowledged in the article.

5. The claim that the electrodes can be placed in < 1 minute needs clarification. Granted sticking an electrode onto a muscle is quick but this does not take into consideration the exposure necessary to do this quick maneuver. Please either remove this sentence or comment that wide exposure is first necessary.

6. The electrodes are prone to displacement during the case which adds a new facet to any LOS troubleshooting algorithm); this should be discussed in limitations.

7. Description of time-consuming and cumbersome placement of ETT electrodes should be removed as this is a biased comment (page 14, lines 3-4).

Response:
Thank you very much for your review and for your excellent advice for improving our manuscript.

1. We agree with your comment that far field potentials from the muscle attached to the larynx could distort the recorded traces. A higher stimulation current may cause shunt stimulation to the ansa cervicalis and/or the strap muscles, especially during vagal stimulation, and that the evoked EMG could be recorded by surface electrodes. Although these far field potentials can be observed on the monitor screen (different waveforms, especially latencies), they may distort the recorded traces. We have performed additional experiments to clarify how surface electrodes are affected by far field potentials. Supplemental Fig. 1 shows that a very high stimulation current (e.g., 20mA, Supp. Fig. 1B) applied, and electrodes inside (ch1 and ch2, EMG tube electrode) and outside the larynx (ch3, pre-gelled electrode on the skin; ch4, pre-gelled electrode on the thyroid cartilage) detected far field potentials (star sign) from the strap muscles. The effect is most obvious in surface electrodes on the skin (ch3) and on the thyroid cartilage (ch4). In contrast, when the stimulation current is lower than 10mA (e.g., 5mA in Supp. Fig. 1D), far field potentials are too low to distort the recording trace. The standard stimulation current used in clinical practice is between 0.5mA and 3mA (e.g., 1 mA in Fig. 2D). Therefore, far field potentials should not substantially affect normal recordings. The issue of far field potentials is addressed in the Discussion section (electrode limitation: No.2.) of the revised manuscript. Again, we appreciate your excellent advice, and we agree that this information makes our manuscript more informative for readers.
Supp. Fig. 1. Evaluation of far field potentials. (A) Placement of electrodes. (B) EMG data obtained under 20mA stimulation. All electrodes detect far field potentials (star sign) from the strap muscles. (C) EMG data obtained under 10mA stimulation. Far field potentials are much decreased. (D) EMG data obtained under 5mA stimulation. Far field potentials are very low without distorting the recording trace.

2. Thank you for your comment that ossification may differ between adult human and juvenile pig cartilages. This limitation is noted in the Discussion section of the revised manuscript (animal study limitation: No.2.)

3. Thank you for your insightful observations regarding the limitations of the transcartilage recording method and the adhesive pre-gelled electrodes used in the current study. The following text has been added to the Discussion section of the revised manuscript to address these important limitations. “However, the transcartilage recording method and the adhesive pre-gelled electrodes (Neotrode® II, Fig. 2B) used in the current study have several notable limitations. Firstly, the transcartilage recording method requires a larger incision wound to expose the TC. This method slightly increases surgical time and may not be useful for procedures in which a minimally invasive approach is desirable. Secondly, the size and shape of this electrode type are designed for ECG recording on the chest skin of young children. Therefore, these electrode types are somewhat larger than necessary for use on the TC. Recording traces can be distorted by the far field potentials from multitude of muscles attached to the larynx and underlying the surface electrodes (e.g., sterno-hyoid muscle, thyro-hyoid muscle, and inferior constrictor muscle). For example, the experiments in this study showed that a stimulation current exceeding 10 mA causes some shunt stimulation of the ansa cervicalis and/ or the strap muscles. Evoked muscle potentials could be recorded more easily by large surface electrodes on the TC. However, no obvious far field potentials were recorded under the standard stimulation current of 0.5-3mA (Figs. 1C-D). Therefore, new electrode designs with sizes and shapes optimized for TC recording are needed, and further animal and clinical studies are needed to evaluate their susceptibility to far field potentials.

Third, although this study showed that TC electrodes obtained more stable signals than ETT electrodes did during upward displacement of the trachea, the adhesive pre-gelled surface electrodes may still be dislodged during surgical manipulations. Dislodgement can occur because the vector of manipulative force applied during clinical thyroid surgery tends to include both rotatory force and displacement. Rotatory force would likely displace the contact between the ETT electrodes and vocal fold and may also dislodge the TC surface electrodes. To minimize dislodgement, the stability of future electrode designs must be increased by improving
their adhesion to the TC. Smaller electrodes are also needed to minimize the possibility of damage to cartilage or nearby muscles upon electrode removal. Additionally, the following text has been added to the Conclusion section: “A remaining challenge in the practical clinical application of transcartilage IONM is development of surface electrodes that provide a desirable combination of proper size/shape, high adhesive stability, and high sensitivity.”

4. Thank you for your important comment on the tracheal displacement study. Significant changes in EMG amplitude with rotation of the endotracheal tube (45/90 degrees) and with changes in depth (upward/downward 1cm & 2cm) have been described in animal studies (Head Neck 38: E1004–E1008, 2016) and clinical studies (Laryngoscope, 127:2182–2188, 2017) performed previously by the authors. The aim of this study was to evaluate the feasibility of the transcartilage approach. Only one experiment (induced upward displacement) was performed for comparison of stability and for quantitative analysis of EMG data. We have performed additional experiments in recent months, including an experiment to determine how EMG amplitude change affects rotatory force. The experimental results were consistent, i.e., during medial and lateral rotatory manipulation of the trachea, EMG signal variation was lower in TC electrodes than in ETT electrodes. However, quantitative analysis of the results for the rotatory experiment were very difficult because the true rotatory force vector and the true rotation degree on vocal cord could not be assessed. Since our previous animal experiments did not collect data for the rotatory effect, we only included data for the upward displacement. In the revised version, we also analyze the 1cm upward displacement data in addition to the data for 2cm upward displacement presented in the original manuscript.

The Discussion section of the revised manuscript notes the important limitation mentioned by the reviewer as follows. “Third, although this study showed that TC electrodes obtained more stable signals than ETT electrodes did during upward displacement of the trachea, the adhesive pre-gelled surface electrodes may still be dislodged during surgical manipulations. Dislodgement can occur because the vector of manipulative force applied during clinical thyroid surgery tends to include both rotatory force and displacement. Rotatory force would likely displace the contact between the ETT electrodes and vocal fold and may also dislodge the TC surface electrodes.”

To avoid bias, material regarding the high stability of the TC electrodes has been deleted from the title, the abstract, and the Results section.
5. Thank you for this important comment. The revised Discussion section mentions that this approach may require wide exposure: “Firstly, the transcartilage recording method requires a larger incision wound to expose the TC. This method slightly increases surgical time and may not be useful for procedures in which a minimally invasive approach is desirable.” The statement that “the electrodes can be placed in < 1 minute” has also been deleted.

6. Thank you. We fully agree with your comment that “the electrodes are prone to displacement during the case which adds a new facet to any LOS troubleshooting algorithm”. The following text has been added to the Limitations section.

“Although a dislodged TC electrode can be confirmed by direct visualization and can be corrected immediately, the troubleshooting algorithm for loss of signal must be modified to address this limitation.”

7. Thank you for this important comment. The biased statement that ETT electrode placement is time-consuming and cumbersome has been deleted (page 14, lines 3-4).
Reviewer: 2

Comments to Author

The area of research is very relevant to thyroid surgeons globally. The authors aim to improve upon the use of ETT electrodes in IONM and this is considered a standard technique in IONM. The avoidance of ETT electrodes has potential to simplify IONM and reduce costs. The study compares TC to ETT electrodes in a pig model and demonstrates that TC electrodes work well. Although the sensitivity of TC may be lower than ETT electrodes, it appears to be less influenced by movement. In summary, this is a well conducted study, the reporting is clear and concise and this has potential for clinical application after further appropriately conducted human studies are performed.

I have a few queries for the authors to address.

1. Are the TC gel electrodes sterile and are they currently in clinical use? Do they dislodge during surgery and can they be readily replaced?
2. It is not clear if a thyroidectomy was actually performed. If not, why not? It may have been very useful to compare TC and ETT readings during and after thyroidectomy.
3. Could the authors provide some justification for the sample size (n=10)?
4. No detail is provided on statistical methods. The word ‘significant’ is used in various places; for eg, to describe changes during tracheal manipulation. Is this statistically significant? What statistical test were used?
5. The last line in the methods section needs to be rewritten to improve clarity.

Response:

Thank you very much for your review and your encouraging comments on this article.

1. The aim of this experimental study was to test our hypothesis that transcartilage approach is feasible for laryngeal EMG recording during IONM. The intended clinical use of the Neotrode® II adhesive pre-gelled electrodes (Supp. Fig. 2) is ECG recording in young children rather than surgery and thyroidectomy. We agree with your insightful observation that the electrodes could become dislodged during surgery. The Discussion section of the revised manuscript notes this and other limitations of these electrodes as follows. "Secondly, the size and shape of this electrode type are designed for ECG recording on the chest skin of young children. Therefore, these electrode types are somewhat larger than necessary for use on the TC.... Therefore, new electrode designs with sizes and shapes optimized for TC recording are needed, and further animal and clinical studies are needed to evaluate their susceptibility to far field potentials...Third, although this study showed that TC electrodes obtained more
stable signals than ETT electrodes did during upward displacement of the trachea, the adhesive pre-gelled surface electrodes may still be dislodged during surgical manipulations. Although a dislodged TC electrode can be confirmed by direct visualization and can be corrected immediately, the troubleshooting algorithm for loss of signal must be modified to address this limitation. To minimize dislodgement, the stability of future electrode designs must be increased by improving their adhesion to the TC. Smaller electrodes are also needed to minimize the possibility of damage to cartilage or nearby muscles upon electrode removal.

The following text has also been added to the Conclusion section: “A remaining challenge in the practical clinical application of transcartilage IONM is development of surface electrodes that provide a desirable combination of proper size/shape, high adhesive stability, and high sensitivity.”

2. The porcine model used in this study has proven useful for evaluating electrophysiologic correlates of laryngeal EMG during IONM in several studies performed since 2010 (Head Neck. 2010;32(10):1295-301). This model is designed to minimize bias from surgical manipulation by identification of bilateral VN and RLNs and then dissection to free them from overlying soft tissue (including thyroid tissue) before the electrophysiology EMG experiments are performed (Fig. 2B). After baseline EMG data were documented, surgical manipulations were performed, or RLN injury was experimentally induced to mimic the surgical scenario. The EMG changes were then observed. Therefore, the porcine model used in this study was consistent with the original design. The Materials and Methods section of the revised
manuscript provides additional clarification and illustration (including a new Fig. 3) of the experimental model.

3. The literature indicate that, since pigs are larger experimental animals than rats, mice, or rabbits, the sample size for most studies that have used pig models ranges from 1 to 16 animals. The study protocol followed the 3R principles (replacement, reduction and refinement) and was approved by the Institutional Animal Care and Use Committee (IACUC approval No.: 105158; totally, 12 experimental animals allowed, Supp. Fig. 3). In the past few months, we have performed two additional animal experiments (therefore, n=12 in the resubmitted manuscript) for further study of the stability and accuracy issues. The experimental results showed good reproducibility. The Discussion section of the revised manuscript notes the limitations regarding the animal model and sample size.

Supp. Fig. 3 Affidavit of Approval of Animal Use Protocol.
4. Thank you for this important comment. To address this issue, the following text has been added to the “Statistical Analysis” section. “Recorded EMG data were expressed as mean with standard deviation. Mean EMG amplitudes and mean EMG latencies for each stimulation site were compared using paired T-tests. All p-values were two-tailed, and a P value less than 0.05 was considered statistically significant. All statistical analyses were performed using Excel 2016 (Microsoft, Redmond, WA).”

5. Thank you for noting this error. For improved clarity, the text in the last line of the Methods section has been deleted and moved to the Fig. 3 legend.
Reviewer: 3

Comments to Author

The authors present a very interesting alternative to tube electrodes in an animal model. Possibly the authors may enhance on few aspects:

1. Is placement of the EC electrodes possible in large goiter
2. How are potentials increased to compete with traditional IONM
3. Changes in amplitude during manipulation are mostly sideways rarely as much as 2 centimeters axonial, thus better models may be tested
4. Comparison of left vs right amplitudes between both types may be elaborated

In all a positive perspective to be further investigated

Response:

Thank you very much for your review and your encouraging comments on this article.

1. Thank you for this important question regarding the electrode placement. The revised Discussion section notes that, in the case of a large goiter extending to the thyroid cartilage, prelaryngeal dissection of the pyramidal lobe is required before placement of TC electrodes.

2. Thank you for your insightful observation that low amplitude is a limitation of TC electrodes. The revised manuscript addresses this limitation and mentions the need for further studies to evaluate new electrode materials and to compare different transduction mechanisms of surface electrodes to improve sensitivity.

3. Thank you for this important comment. Significant changes in EMG amplitude with rotation of the endotracheal tube (45/90 degrees) and with changes in depth (upward/downward displacements of 1 cm and 2 cm) have been reported in previous animal studies (Head Neck 38: E1004–E1008, 2016) and clinical studies (Laryngoscope, 127:2182–2188, 2017) performed by the authors. The aim of this study was to evaluate the feasibility of the transcartilage approach, and only one experiment (induced upward displacement) was performed for comparison of stability and for quantitative analysis of EMG data. We have recently performed additional experiments, including an experiment to test how rotatory force affects EMG amplitude. The experimental results were consistent, i.e., variation was lower in EMG signals detected by TC electrodes than in those detected by ETT electrodes during medial and lateral rotatory manipulation of the trachea. However, quantitative analysis of the results for the rotatory experiment were very difficult because the true rotatory force vector and the true rotation degree on vocal cord could not be assessed. Since our previous animal experiments did not collect data for the rotatory effect, we only included data for the upward displacement. In the revised version, we also
analyze the 1cm upward displacement data in addition to the data for 2cm upward displacement presented in the original manuscript. The following text has been added to the Results section. “The mean changes in EMG amplitude recorded after upward displacement of 1 cm were 7.8 ± 1.7% (range, 5 to 11%) for ETT electrodes and 45.6 ± 8.2% (range, 28 to 53%) for TC electrodes. The mean changes in EMG amplitude recorded after upward displacement of 2 cm were 14.3 ± 4.6% (range, 8 to 25%) for ETT electrodes and 68.4 ± 10.6% (range, 53 to 85%) for TC electrodes.” Since tracheal displacement approximating 1cm is representative of the typical surgical scenario, data for 1cm displacement are more useful than data for 2cm displacement.

4. Thank you for this important comment. Figure 4 of the revised manuscript compares left vs right amplitudes between the two electrode types. We believe this modification make our manuscript more informative for the readers.
Supp. Fig. 1. Evaluation of far field potentials. (A) Placement of electrodes. (B) EMG data obtained under 20mA stimulation. All electrodes detect far field potentials (star sign) from the strap muscles. (C) EMG data obtained under 10mA stimulation. Far field potentials are much decreased. (D) EMG data obtained under 5mA stimulation. Far field potentials are very low without distorting the recording trace.
Supp. Fig. 2. Neotrode® II adhesive pre-gelled electrodes.

458x343mm (72 x 72 DPI)
Supp. Fig. 3 Affidavit of Approval of Animal Use Protocol.

215x297mm (300 x 300 DPI)