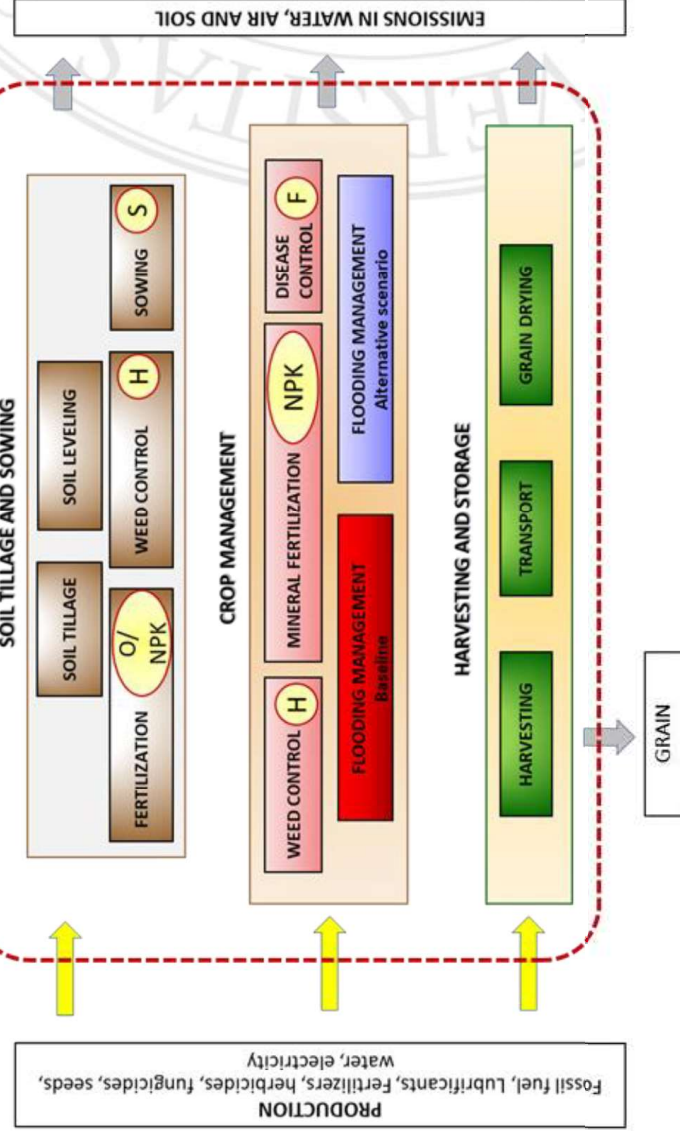


## Research questions

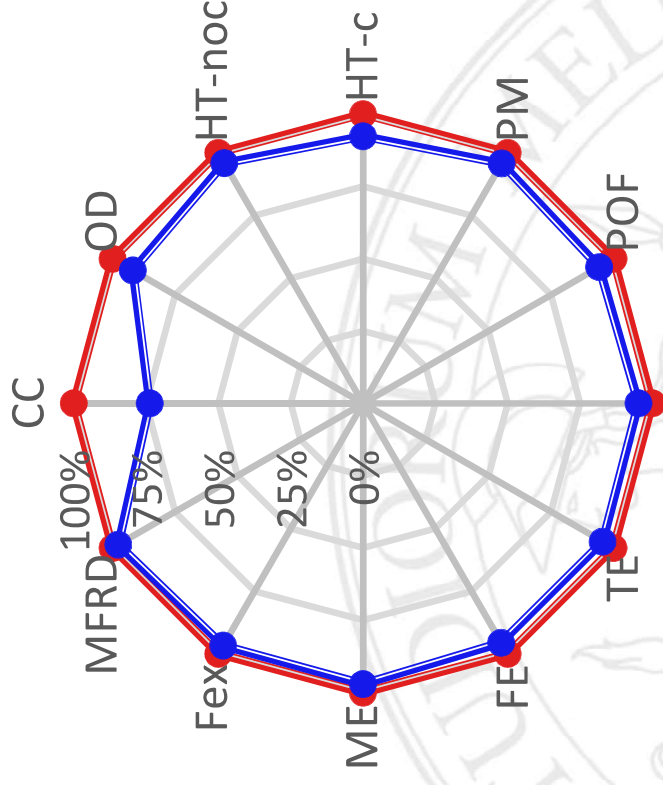
- 1) Can the introduction of an additional aeration period reduce the impact of paddy rice cultivation?
- 2) How is affected the content of heavy metal (arsenic and cadmium) by the additional aeration?

## Methods

field trials + Life Cycle Assessment



- **Baseline**
- **Alternative (with additional aeration)**



Climate change (CC), ozone depletion (OD), particulate matter (PM), human toxicity, non-cancer effects (HT-noc), human toxicity, cancer effects (HT-c), photochemical ozone formation (POF), terrestrial acidification (TA), terrestrial eutrophication (TE), freshwater eutrophication (FE), marine eutrophication (ME), freshwater ecotoxicity (FEx), mineral, fossil and renewable resource depletion (MFRD).



Highlights (for review : 3 to 5 bullet points (maximum 85 characters including spaces per bullet point))

- The climate change impact for rice cultivation is related to methane emission
- Additional aeration during cultivation can reduced methane emission
- Two different water managements were compared
- The additional aeration involves a reduction of climate change (from 12 to 32%)
- Arsenic decreases with additional aerations while Cadmium increases

1 **Setting-up of different water managements as mitigation strategy of the environmental**  
2 **impact of paddy rice**

3

4 Michele Zoli, Livia Paleari, Roberto Confalonieri, Jacopo Bacenetti\*

5

6 Department of Environmental Science and Policy, Università degli Studi di Milano, via G. Celoria

7 2, 20133, Milano, Italy

8

9 \* [jacopo.bacenetti@unimi.it](mailto:jacopo.bacenetti@unimi.it)

10

11 **Abstract**

12 Northern Italy represents the most important rice-growing district in Europe. In this area, rice is the main  
13 annual crop and the main revenues source for farmers. However, Italian climatic condition led to a  
14 traditional cultivation characterized by continuous flooding, causing emissions of methane into the  
15 atmosphere due to the organic matter fermentation in anaerobic conditions, and, consequently, a high  
16 environmental impact. The water conditions of paddy fields also affect heavy metals uptake by rice plants.

17 In this context, this study focuses on the evaluation of environmental impact and of heavy metal content  
18 in paddy rice, and it may represent an important step in mitigating the environmental impact of rice  
19 production. In detail, this study quantifies the environmental benefits related to the adoption of an  
20 alternative water management characterised by an additional aeration period during stem elongation. To  
21 this purpose, field trials were carried out and the Life Cycle Assessment (LCA) approach was applied with a  
22 cradle-to-farm gate perspective. The potential environmental impact of the production of two rice varieties  
23 (Carnaroli and Caravaggio) was analysed in terms of 12 different impact categories and dehulled rice grain  
24 were analysed for arsenic and cadmium content.

25 Alternative flooding decreases CH<sub>4</sub> emissions in all cases evaluated (from 15% to 52%), resulting in a  
26 reduction in the climate change impact of rice cultivation (from 12% to 32%). Furthermore, the alternative  
27 water management does not influence grain yield and it reduces all the other environmental impact

28 categories in 2 out of 4 cases. Regarding the heavy metals contents, the arsenic content in the grain  
29 decreases in all alternative scenarios, whereas the cadmium content increases, while remaining well below  
30 the legal limits.

31

32 **Keywords**

33 Life Cycle Assessment – Water management – Environmental performance - Methane emissions – Heavy  
34 metals, *Oryza sativa*. L

35

36

## 37 1. Introduction

38 Rice (*Oryza sativa* L. spp) is the second most cultivated cereal in the world, with a production of 755 million  
39 tons in a harvested area of 162 million hectares in 2019 (FAOSTAT, 2021). Although the largest production  
40 of rice is in Asia (China, India, Japan), this crop is also cultivated in Europe (623,000 ha in 2019) (FAOSTAT,  
41 2021). Italy is the most important European country in terms of rice production, accounting for  
42 approximately 50% of the rice area in the continent. In more detail, 220,030 ha were dedicated to rice  
43 cultivation in Italy in 2019, with a production of 1.5 million tons (Enterisi, 2020). Thus, rice production is  
44 one of the main Italian agro-food sectors.

45 Despite the positive role of rice in the production areas from an economic and social point of view, the  
46 agronomic practices adopted for its cultivation can have clear drawbacks in terms of environmental impact  
47 (Leip 2007; Blengini and Busto 2009; Eshum et al., 2013; Yoo et al, 2013). Paddy fields are claimed to be  
48 responsible for approximately 11% of global anthropogenic CH<sub>4</sub> emissions (33–40 Tg CH<sub>4</sub>/yr) in 2000–2009  
49 (IPCC, 2013), due to the continuous flooded cultivation. Italian climatic condition led to a traditional  
50 cultivation characterized by continuous flooding, causing huge emissions of methane into the atmosphere.  
51 In this regard, the emissions are the net result of anaerobic decomposition of organic matter in the soil  
52 (IPCC, 2006). For this reason, Italian rice production is one of the cultivation systems with the highest  
53 environmental impact. The highest methane emissions occur with long and continuous submersions, with  
54 abundant application of organic fertilizer and with the burial of the straw (Fusi et al., 2014). In detail, a  
55 previously Italian study (Bacenetti et al., 2016) reported that methane emissions account for 40-55% of  
56 environmental impact in terms of carbon footprint, for rice production. In others non-European countries  
57 methane emissions are responsible for an even greater share (up to 65%) of the impact (Roy et al., 2007;  
58 Lin and Fukushima, 2016; Nunes et al., 2017). However, alternative irrigation systems that limit the  
59 presence of a permanent water layer in the field can allow the diffusion of O<sub>2</sub> into the soil, thus mitigating  
60 the production of CH<sub>4</sub> (Xu, et al., 2015). Furthermore, since water management affects the availability of  
61 methanogenic substrates, interfering with the decomposition of the organic matter, any limitation to the  
62 permanence of water in the field can indirectly reduce CH<sub>4</sub> emissions by containing the presence of  
63 methanogenic substrates (Watanabe, et al., 1999). According to other studies (e. g. Nunes et al., 2016;  
64 Nunes et al., 2017), appropriate irrigation systems can reduce the carbon footprint of paddy production by

65 15-20%, without affecting the yield. In Italy, similar or higher reductions could likely be achieved in areas  
66 dedicated to rice cultivation, also thanks to the high specialization of rice producers, which makes plausible  
67 the adoption of alternative water management practices to continuous flooding.

68 For rice production, another important topic is represented by heavy metals. Heavy metals enter human  
69 body via consumption of crops grown in contaminated soil and cause serious health problems (Song et al,  
70 2020). Anthropogenic activities, wastewater and solid waste disposal and intensive use of agrochemicals  
71 are the main responsible for paddy soil contamination by heavy metals. Heavy metals accumulating in  
72 paddy soil are taken up by rice roots which accumulate them in rice grain. In particular, rice accumulates a  
73 much higher concentration of arsenic (As) and cadmium (Cd) in the shoots and grains compared with other  
74 cereals (wheat, barley and maize) which makes rice contamination by As and Cd a global environmental  
75 health concern (Hu, et al., 2013a). Cd is a highly toxic heavy metal and it can lead to chronic toxicity disease  
76 in humans; As is also dangerous to health because it is a human carcinogen and it is easily taken in through  
77 the food chain (Hu et al., 2013). As is present in rice grain both as inorganic As (mainly arsenite) and as  
78 dimethylarsinic acid (DMA); inorganic As is generally considered to be more toxic than methylated As  
79 compounds (Arao et al., 2009). Several studies evaluated promising strategies to reduce the heavy metal  
80 content in rice grains. It has been shown that the uptake of As and Cd differs among rice cultivars and  
81 genotypes and it is also influenced by the environment (Hu et al., 2013a; Amhed et al., 2011); moreover,  
82 the practice of foliage dressing with Silicon or Selenium can reduce As and Cd content in rice grain (Liao et  
83 al., 2016). Finally, water management of paddy field affects As and Cd bioavailability in soil and their uptake  
84 by rice plants (Li et al, 2009; Zhang et al., 2019). In detail, flooding allows to reduce Cd content in different  
85 parts of rice plants, but it increases markedly As bioavailability and, thus, its absorption. In contrast,  
86 cultivation practices that include soil aeration can increase Cd content in grain, but it reduces As content.  
87 So, water irrigation system can be carefully managed to reduce the availability of these heavy metals in the  
88 soil and produce safer foods. Enterisi (2014) reported that the best trade-off for controlling simultaneously  
89 As and Cd uptake is represented by an aeration period in the middle of stem elongation and re-flooding  
90 just before booting.

91 Agriculture is both affected by climate change and an important contributor to greenhouse gas (GHG)  
92 emissions. World agriculture emissions within the farm gate grew by 16% between 2000 and 2017 (FAO,  
93 2020). In detail, as mentioned above, rice fields are one of the main sources of methane emissions. For this

94 reason, a focus on GHG reduction in rice production is a high priority (IPCC, 2019;). At the same time, in  
95 order to ensure food safety, the acceptable limit of arsenic and cadmium content in rice grains is  
96 increasingly restrictive. Therefore, it is very important to develop strategies that allow to simultaneously  
97 mitigate the carbon footprint of rice production and the content of heavy metals in the grain.

98 In order to evaluate environmental performances of products (processes or services), Life cycle  
99 assessment (LCA) approach is the most used methodology. It is a standardized approach and it allows to  
100 quantify several impact categories (effects on environment). Although originally it was developed for  
101 industrial system, LCA is becoming more important in agro-food sector (Fusi et al., 2014; Roy et al., 2009).  
102 In detail, there are several LCA studies for rice production (Brodt et al., 2014; Haranda et al., 2007;  
103 Kasmaprueet et al., 2009; Lin and Fukushima, 2016; Alam et al., 2016). Specifically, there are also Italian  
104 LCA studies with the aim to detect the main environmental hotspots (processes or activities responsible for  
105 the main share of the impact) or to compare different cultivation practices in order to identify the most  
106 sustainable one (Bacenetti et al., 2020; Blengini and Busto, 2009; Fusi et al., 2017).

107 Although many studies have been carried out in order to demonstrate that water management can affect  
108 methane emissions from paddy field (Souza et al., 2021; Balaine et al., 2019; Zhao et al., 2019; Weller et  
109 al., 2015) and heavy metals content in rice grain (Newbigging et al., 2015; Hu et al., 2013; Tian et al., 2019),  
110 no LCA study was focused on different water management both as an impact mitigation strategy and as  
111 strategy to overcome heavy metals problem.

112 The aim of this study is to quantify, for rice cultivation, the environmental benefits related to the adoption  
113 of an alternative water management characterised by an additional aeration period and, at the same time,  
114 to control As and Cd uptake. To this purpose, field trials were carried out, the Life Cycle Assessment (LCA)  
115 approach was applied, and samples of rice grain were analysed with regard to the heavy metals contents.  
116 The main novelty of this study relies in the simultaneous evaluation of environmental impact and heavy  
117 metal content in paddy rice. Despite several LCA studies identified methane emissions as one of the main  
118 responsible of the impact of rice cultivation, up to now, few attention was paid on the possible benefits  
119 related to alternative water managements. Besides this, the study also considers the effect that different  
120 water management has on heavy metal contents highlighting possible trade-off between the reduction of  
121 methane emission and the increase of heavy metals. The adoption of the technique proposed in this study  
122 will allow to produce paddy rice with a lower environmental impact and safer for human health.

123

## 124 2 Materials and methods

125

### 126 2.1 Goal and scope definition

127 In this study, the Life cycle assessment (LCA) approach (defined in the ISO standard 14040 and 14044) was  
128 applied to rice production in Northern Italy (Lomellina area in Lombardy) during 2020. Lomellina  
129 (45°19'00"N, 8°52'00"E) together with the Provinces of Novara and Vercelli is the most important rice  
130 production area in Europe. In this area rice represents the main annual crop and the main revenues source  
131 for farmers (Enterisi, 2020). Thanks to the satisfactory economic results of rice production, in this area the  
132 rice is the main crop and there is only a limited livestock activity. Consequently, organic fertilizers such as  
133 animal manure are only rarely used and the nutrient supply is usually carried out using mineral fertilizers.  
134 The goal of this study is to quantify the environmental benefits related to the adoption of an alternative  
135 water management, while controlling the absorption of arsenic and cadmium. To this purpose, LCA was  
136 applied to compare the environmental performances of two different water managements: one based on  
137 conventional management (BS, baseline scenario), the other based on alternative management,  
138 characterized by an additional aeration period (AS, alternative scenario). In addition, in this study:

- 139 - the environmental hotspot for rice production in cases study were identified;
- 140 - samples of rice grain and soil for each experimental field were analyzed with regard to the heavy  
141 metals contents.

142 The results of this study could be useful for rice farmers and their associations to reduce the emission of  
143 methane and, consequently, the impact of their product without a worsening of product quality in term of  
144 heavy metal content. Besides this, the production of more sustainable rice could involve additional benefits  
145 also from an economic point of view being the "sustainability" a feature more and more required by  
146 consumers. Finally, the outcomes of this study could be useful also policy makers involved in the definition  
147 of the guidelines of integrated and sustainable crop production and/or in the setting up of the different  
148 environmental measures in the framework of Common Agricultural Policy.

149



150 **2.2 Description of Rice Production system**

151 Rice is one of the most widespread cereals in Italy especially in the eastern part of the Po Valley area.  
152 Thanks to water availability, in this area, rice is mainly cultivated in flooded fields; water is used to keep the  
153 temperature at the meristematic apex within the optimum for rice and therefore prevent cold-induced  
154 spikelet sterility in case of cold air irruptions from the Alps.  
155 The experimental trials were carried out in four different experimental sites in Lomellina. In two sites the  
156 analysis concerned the Carnaroli variety, in the other two the Caravaggio variety was analysed. Soil is sandy  
157 loam in site 1 and site 4, and silt loam in sites 2 and 3, with organic matter varying between 1.8 % (site 2)  
158 and 1.2% (site 4). The cation exchange capacity was medium-high, with the highest value in site 4 (17  
159 cmol(+)kg<sup>-1</sup> clay ) and the lowest in site 1 (12.5 cmol(+)kg<sup>-1</sup> clay).  
160 Each variety, in each site, was grown in two adjacent fields characterized by chemical-physical  
161 characteristics as similar as possible, with the same cultivation practice, varying only for water  
162 management. More in details, one aeration period of 7 days was applied in the alternative scenarios (AS);  
163 this period must be placed during the phenological stage of stem elongation, but it must be interrupted  
164 before booting. Previously studies (e. g. Enterisi, 2014), in fact, show that in the middle of stem elongation,  
165 aerobic conditions of the soil profile explored by roots lead to the reduction of arsenic content in grain.  
166 However, in order to avoid the increase of cadmium, the soil must remain flooded from the booting to  
167 waxy-ripeness. This alternative system was compared with a conventional water management (BS, baseline  
168 scenario), used by farmers.  
169 Therefore, 8 experimental trials (4 for BS and 4 for AS) were carried out ([Table 1](#)) and the relative water  
170 management system is shown in [Table 2](#).

171 **Table 1 – Layout of the different experimental trials**

Site	Variety	Scenario	Case
<b>1</b>	Carnaroli	BS	1-BS
		AS	1-AS
<b>2</b>	Carnaroli	BS	2-BS
		AS	2-AS
<b>3</b>	Caravaggio	BS	3-BS
		AS	3-AS
<b>4</b>	Caravaggio	BS	4-BS
		AS	4-AS

172

173 **Table 2:** Main informations about the two compared water managements.

Variety	Case	Flooding start	Aerations	Flooding end
Carnaroli	1-BS	19/06		30/08
	1-AS	27/06	1) From 29/06 to 3/07	30/08
Carnaroli	2-BS	7/04		15/09
	2-AS	7/04	1) From 17/06 to 27/06 2) From 25/07 to 4/08	15/09
Caravaggio	3-BS	7/04		15/09
	3-AS	7/04	1) From 17/06 to 27/06 2) From 25/07 to 4/08	15/09
Caravaggio	4-BS	27/04	1) From 9/05 to 28/05	12/08
	4-AS	27/04	1) From 9/05 to 28/05 2) From 24/06 to 1/07 3) From 17/07 to 23/07	12/08

174

175 In general, the rice production system includes several common operations, which can be divided into 3  
176 sections:

- 177 - Section 1: soil tillage and sowing. Ploughing is the main processing of the paddy field. It is  
178 performed with a plough (30 cm deep), in order to incorporate into the soil the straw from the  
179 previous year. Later, a specific operation for the preparation of the paddy field is leveling, using  
180 laser-levelers. This is an operation to maintain the perfect horizontality of the cultivation plan.  
181 Then, the paddy field is prepared for sowing by harrowing (with a rotary harrow). Usually, organic  
182 or mineral fertilization is carried out before sowing. The sowing can be performed in non-flooded  
183 or in flooded fields, using a precision seeder.
- 184 - Section 2: crop management. In this section there are two fundamental operations: the chemical  
185 control of weeds and diseases and fertilization. Several pesticides and mineral fertilizers can be  
186 applied.
- 187 - Section 3: harvesting and storage. Approximately 2 weeks before the harvest, the flooding is  
188 stopped. The harvesting operations are carried out by combine harvester when the moisture  
189 content of rice grain is 20-30% (depending on climatic conditions). Paddy rice is loaded into farm  
190 trailers coupled with tractors, and then it is transported to the farm where it is dried to a humidity  
191 of 14% by means of a farm dryer. The straw is left on the ground.

192

### 193 2.3 Functional unit

194 The functional unit (FU) is defined as a quantified performance of a product system to be used as a  
195 reference unit in a LCA (ISO 14040, 2006). The main function of the rice cultivation is the production of  
196 grains. Even if straw is the coproduced it is not harvested due to the lower/no economic value. Being the  
197 straw left on the soil, the grains is the only useful product, and it can be quantified easily in term of rice  
198 grains mass. Previously published LCA studies focused on rice grain production (e.g. Bacenetti et. al., 2016;  
199 Fusi et. al., 2017; Fusi et al., 2014; He et al., 2018;) selected the mass of rice grain at commercial moisture  
200 (14%) as FU. In this study, taking into account that an additional evaluation was carried out about the heavy  
201 metal content, the selected functional unit was 1 ton of rice grains at the commercial moisture and  
202 respecting the legal limits with regard to the content of arsenic and cadmium.

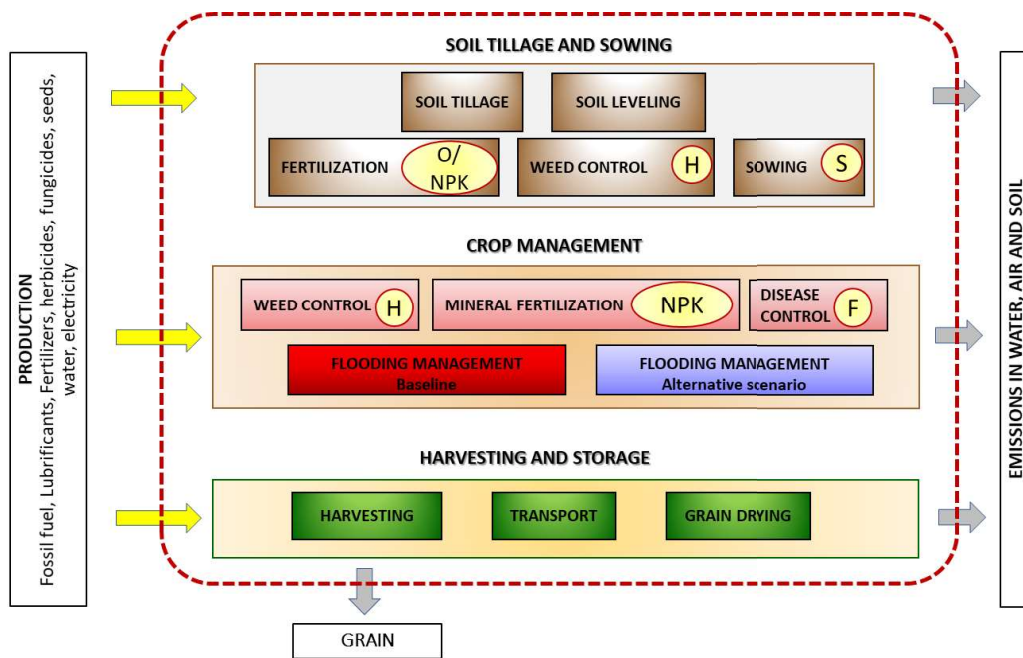
203

### 204 2.4 System boundary

205 Concerning the system boundary, a “from cradle to farm gate” approach was applied. Consequently, the  
206 system boundary includes all the activities carried out from the extraction of the raw materials to the drying  
207 of grains (Figure 1). The following aspects were considered: i) extraction of raw materials (e.g. fossil fuels,  
208 metals and minerals); ii) manufacture, maintenance and disposal of the capital goods (e.g. tractors,  
209 agricultural machines, shed and grain dryer); iii) production of the different inputs (fertilizers, pesticides,  
210 electricity, diesel, etc.); iv) emissions related to the use of input factors (e.g, emissions due to fertilizers  
211 application, diesel fuel emissions related to diesel combustion in the tractor engine).

212 No Allocation was carried out because straw is left into the field and it is incorporated in during primary  
213 soil tillage operations carried out in the first spring after the harvesting.

214



215

216 **Figure 1:** System boundaries. O: organic fertilizer; NPK: mineral fertilizer; H: herbicide; S: seed; F:  
 217 fungicide.

218 The emission sources considered refer to: N and P compounds emission mainly related the fertilization,  
 219 emissions of methane due to the organic matter decomposition in anaerobic conditions and emissions of  
 220 pollutant due to the combustion of fuels in the machine engines.

221 According to the Product Category Rules for “Arable crops” (Environdec, 2014) and considering that the  
 222 fields are dedicate to rice cultivation by more than 20 years, no changes in the soil organic carbon content  
 223 were considered.

224

## 225 2.5 Inventory data collection

226 Primary data were collected by means of interviews with the farmers and surveys in the paddy fields during  
 227 the trials. Secondary data were obtained from database for LCA studies (e.g., Ecoinvent® 3.6), scientific  
 228 literature or were estimated using specific models.

229 The information about the cultivation practice (sequence of field operations, timing, working time,  
 230 characteristics of tractors and operative machines use, agricultural inputs (e.g., seeds, fertilizers, plant  
 231 protection products, fuels, etc.) were obtained directly from the farmers during the interviews (from [Table](#)  
 232 [3](#) to [6](#)).

233

234 **Table 3:** Cultivation practice: field operations and production factors consumed – Carnaroli – 1-BS, 1-AS.

Section	Operation	Input other than diesel	Amount ( $\cdot \text{ha}^{-1}$ )
<b>(1)</b> <b>Soil tillage and sowing</b>	Ploughing		
	Levelling		
	Mineral fertilization	Mineral fertilizer N.P.K 0.16.25	290 kg
	Weed control pre seeding	Glyphosate	4 kg
	Seeding + localized fertilization	Seeds Humus start 11.50.0	180 kg 40 kg
<b>(2)</b> <b>Crop management</b>	Weed control post germination (I)	Clomazone Oxadiazon	126 g 709 g
	Weed control post germination (II)	Cyhalofop-butyl Profoxydim Methyl oleate/Methyl palmitate	300 g 100 g 174g
	Weed control post germination (III)	Penoxsulm Halosulfuron-methyl MCPA	40 g 28 g 30 g
	Mineral fertilization (I)	Delfan 5.0.0 Folistar 15.4,5.3	0.37 kg 2.2 kg
	Mineral fertilization (II)	Mineral fertilizer NPK 23.0.30	180 kg
	Disease control (I)	Ureic nitrogen Folistar 15.4.5.3 Azoxystrobin Difenoconazole	0.88 kg 2,21 kg 180 g 112 g
	Mineral fertilization (III)	Mineral fertilizer NPK 23.0.30	200 kg
	Disease control (II)	Azoxystrobin	250 g
	<b>(3)</b> <b>Harvesting and storage</b>	Harvesting	
Transport			
Drying			Water Evaporated: BS: 629 kg AS: 807 kg

235

236

237 **Table 4:** Cultivation practice: field operations and production factors consumed – Carnaroli – 2-BS, 2-AS.

Section	Operation	Input other than diesel	Amount ( $\cdot \text{ha}^{-1}$ )
<b>(1)</b> <b>Soil tillage and sowing</b>	Minimum Tillage		
	Harrowing		
	Organic fertilizer	Organic nitrogen (BS) Superguanoxy <sup>a</sup> (AS)	40 kg 475 kg
	Weed control (I)	Glifosate Ammoniacal nitrogen P <sub>2</sub> O <sub>5</sub>	1.2 kg 45 g 255 g
	Weed control (II)	Oxadiazon	304 g
	Seeding	Seeds	180 kg
<b>(2)</b> <b>Crop management</b>	Weed control post germination	Penoxsulam MCPA Bensulfuron-methyl Metsulfuron-methyl Halosulfuron-methyl Ammoniacal nitrogen P <sub>2</sub> O <sub>5</sub> Lambda-Cyhalotrin	40 g 200 g 28 g 1.1 g 23 g 30 g 170 g 12 g
	Mineral fertilizations	Mineral fertilizer N/K 21.27 Potassium chloride	100 kg 150 kg
	Disease control (I)	Florpyrauxifen-benzyl (BS) Methyl oleate/Methyl palmitate (BS)	25 g 349 g
	Disease control (II)	Azoxystrobin	250 g
	<b>(3)</b> <b>Harvesting and storage</b>	Harvesting	
Transport			
Drying			Water Evaporated: BS: 685 kg, AS: 557 kg

238 [a] Superguanoxy composition: organic N 4%; P<sub>2</sub>O<sub>5</sub> 10%; K<sub>2</sub>O 5%; MgO 2%; SO<sub>3</sub> 5%; CaO 8%; Organic carbon  
239 15%; Humus organic matter 30%.

240

241

242 **Table 5:** Cultivation practice: field operations and production factors consumed – Caravaggio – 3-BS, 3-AS.

Section	Operation	Input	Amount ( $\cdot \text{ha}^{-1}$ )
<b>(1)</b> Soil tillage and sowing	Ploughing		
	Levelling		
	Harrowing		
	Mineral fertilization	Mineral fertilizer N.P.K 12.0.12	600 kg
	Weed control (I)	Fluefenacet	42 g
	Weed control (II)	Oxadiazon Bensulfuron-methyl Metsulfuron-methyl	304 g 31 g 1.2 g
	Seeding	Seeds	180 kg
<b>(2)</b> Crop management	Weed control post germination	Penoxsulam Florpyrauxifen-benzyl MCPA Lambda-Cyhalotrin	40 g 19 g 200 g 12 g
	Mineral fertilization	Mineral fertilizer N/K 21.27	100 kg
	Disease control (I)	Azoxystrobin	250 g
<b>(3)</b> Harvesting and storage	Harvesting		
	Transport		
	Drying		Water Evaporated: BS: 324 kg, AS: 308 kg

243

244 **Table 6:** Cultivation practice: field operations and production factors consumed – Caravaggio – 4-BS, 4-AS.

Section	Operation	Input	Amount ( $\cdot \text{ha}^{-1}$ )
<b>(1)</b> Soil tillage and sowing	Ploughing		
	Levelling		
	Harrowing		
	Weed control (I)	Oxadiazon Cycloxydim	380 g 300 g
	Seeding	Seeds	180 kg
<b>(2)</b> Crop management	Weed control post germination	Profodydim Florpyrauxifen-benzyl Methyl oleate/Methyl palmitate Lambda-Cyhalotrin	76 g 30 g 154 g 2 gr
	Mineral fertilization (I)	Ureic Nitrogen	74 kg
	Mineral fertilization (II)	Mineral fertilizer 16.0.30	150 kg
	Disease control (I)	Azoxystrobin Difenoconazole	240 g 150 g
<b>(3)</b> Harvesting and storage	Harvesting		
	Transport		
	Drying		Water Evaporated: BS: 566 kg, AS: 450 kg

245

246 In order to verify that the alternative water management does not modify the morphological characteristics

247 and the components of yield, dedicated morphological measurements (number of panicle per plant, main

248 culm height, diameter of the major and minor axis of the culm base, harvest index, weight of 1000 seeds)  
 249 were carried out on 20 plants randomly sampled from each experimental field. In addition, the number of  
 250 panicles per square meter was determined in three random points of each experimental field.

251 In detail, the harvest index obtained was used to estimate the straw produced and buried in the soil; the  
 252 morphological differences found between plants cultivated in baseline scenarios and those cultivated in  
 253 the respective alternative scenarios were compared using one-way analysis of variance (ANOVA) after  
 254 checking the assumptions of normality and homogeneity of variance. Moreover, the arsenic and cadmium  
 255 content in the experimental fields and in the dehulled grain was analysed by inductively coupled plasma  
 256 mass spectrometry (Bruker Aurora M90 ICP-MS, ICP Mass Spectrometer) and compared. In detail, for the  
 257 soils, the analysis was carried out by taking 3 soil samples for each experimental field, while for the grain,  
 258 the analysis was performed on the grain obtained from a sample of 5 kg for each experimental field supplied  
 259 directly by producers, after carrying out the dehulling process. Finally, the fraction of inorganic arsenic in  
 260 the dehulled grain was also analysed via inductively coupled plasma mass spectrometry and high-  
 261 performance liquid chromatography (HPLC-ICPMS).

262 For the different 8 paddy fields, the grain yield (Table 7) was measured by means of the farm weighbridge,  
 263 whereas the straw production was estimated considering the Harvest Index (HI, ratio among the grain dry  
 264 mass and the global above ground dry biomass) evaluated through the field measurements described  
 265 above.

266

267 **Table 7: Grain yield at commercial moisture (14%).**

Variety	Case	Grain yield (t ha <sup>-1</sup> , 14% moisture)	Variation %
Carnaroli	1-BS	6.90	
	1-AS	6.99	+1.3%
Carnaroli	2-BS	5.21	
	2-AS	4.23	-18.8%
Caravaggio	3-BS	6.65	
	3-AS	6.32	-4.9%
Caravaggio	4-BS	6.38	
	4-AS	6.58	+3.1%

268

269 The methane emissions were estimated using the emission factors and the methodology proposed by the  
 270 IPCC (IPCC, 2006). The default methane emission factor (1.30 kg CH<sub>4</sub>·ha<sup>-1</sup>·day<sup>-1</sup>) was used and scaled using  
 271 a scaling factor for: i) water regime before and during cultivation, ii) the number of aeration periods, iii) the



272 application of organic matter into the soil (organic fertilizer and straw); iv) the timing of straw  
 273 incorporation; v) the duration of flooding. For each rice variety, between the two scenarios the main  
 274 differences refer to flooding duration, the number of aerations and the amount of straw.

275 The methane emissions in different scenarios (see. [Table 8](#)) range from a minimum of 65.97 kg·ha<sup>-1</sup> in farm  
 276 1 AS, to a maximum of 257.95 kg·ha<sup>-1</sup> in Farm 2 BS.

277

278 **Table 8:** Methane emissions during the rice cultivation in the different experimental fields.

Variety	Case	Number of aerations	CH <sub>4</sub> emissions (kg ha <sup>-1</sup> )	Variation %
Carnaroli	1-BS	0	129.19	
	1-AS	1	65.97	-49%
Carnaroli	2-BS	0	257.95	
	2-AS	2	125.03	-52%
Caravaggio	3-BS	0	257.13	
	3-AS	2	131.26	-49%
Caravaggio	4-BS	1	101.2	
	4-AS	3	85.98	-15%

279

280 Nitrogen emissions (nitrate leaching, ammonia volatilization, and nitrous oxide emissions in atmosphere)  
 281 were computed in the following ways:

- 282 - Ammonia volatilization: using emission factors suggested by EMEP/CORINAIR (EMEP/EEA, 2019);
- 283 - N<sub>2</sub>O and NO direct emissions: using emission factors calculated by Bouwman, et al. (2002);
- 284 - N<sub>2</sub>O indirect emissions: using emission factors suggested by IPCC (IPCC, 2006);
- 285 - Nitrate emissions (leaching and runoff): using emission factors suggested by IPCC (IPCC, 2006).

286 Phosphate emissions in water were calculate following Prahsun (2006).

287 Pesticide emissions were estimated according to the Product Category Rules for Arable Crops (Environdec,  
 288 2014) and consequently, the 100% of active ingredient of pesticides was considered released into the soil.  
 289 For the different mechanized field operations carried out during the cultivation, the diesel fuel  
 290 consumption was estimated considering the power requirements by the operative machines, their  
 291 effective field capacity, and the soil characteristics according to Lovarelli and Bacenetti (2017).

292 Background data regarding the production of the different production factors used (fertilizers, seeds,  
 293 pesticides, fuels, energy, agricultural equipment, dryer) were retrieved from the Ecoinvent database v3.6  
 294 (Weidema et al., 2013; Moreno Ruiz et al., 2018).

295

## 296 2.6 Life Cycle Impact Assessment (LCIA)

297 Using the midpoint ILCD method (Wolf et al., 2012) and a specific software, the inventory data collected  
298 were processed to quantify the following potential environmental impacts:

- 299 - climate change (CC, expressed as kg CO<sub>2</sub> eq.),
- 300 - ozone depletion (OD, expressed as kg CFC-11 eq.),
- 301 - particulate matter (PM, expressed as kg PM<sub>2.5</sub> eq.),
- 302 - human toxicity, non-cancer effects (HT-noc, expressed as CTUh),
- 303 - human toxicity, cancer effects (HT-c, expressed as CTUh)
- 304 - photochemical ozone formation (POF, expressed as kg NMVOC eq.),
- 305 - terrestrial acidification (TA, expressed as molc H<sup>+</sup> eq.),
- 306 - terrestrial eutrophication (TE, expressed as molc N eq.),
- 307 - freshwater eutrophication (FE expressed as kg P eq.),
- 308 - marine eutrophication (ME, expressed as kg N eq.),
- 309 - freshwater ecotoxicity (FEx, expressed as CTUe),
- 310 - mineral, fossil and renewable resource depletion (MFRD, expressed as kg Sb eq.).

311

## 312 3. Results

### 313 3.1. Environmental impacts

314 **Figure 2** and **3** report the results of the contribution analysis for the Carnaroli variety cultivation for case 1  
315 while the results for the other cases are reported as Supplementary Material. For the different evaluated  
316 impact category, the contribution analysis identifies the relative contribution of the different inputs and  
317 outputs to the overall impact. The results of the contribution analysis are similar for all the different cases.  
318 In fact, there are no relevant differences between the two varieties; furthermore, also the water  
319 management does not influence the contribution analysis, with the exception of the impact share of  
320 methane emissions in Climate Change. In all alternative scenarios, the contribution of the methane  
321 emissions is always lower than in the respective baseline scenario. Anyway, methane emissions always  
322 represent the main hotspot of the CC: the impact share ranges from 50 to 75% in the baseline scenarios  
323 and from 35% to 62% in the alternative scenarios. In detail, cases 2 and 3 report the highest share of CC

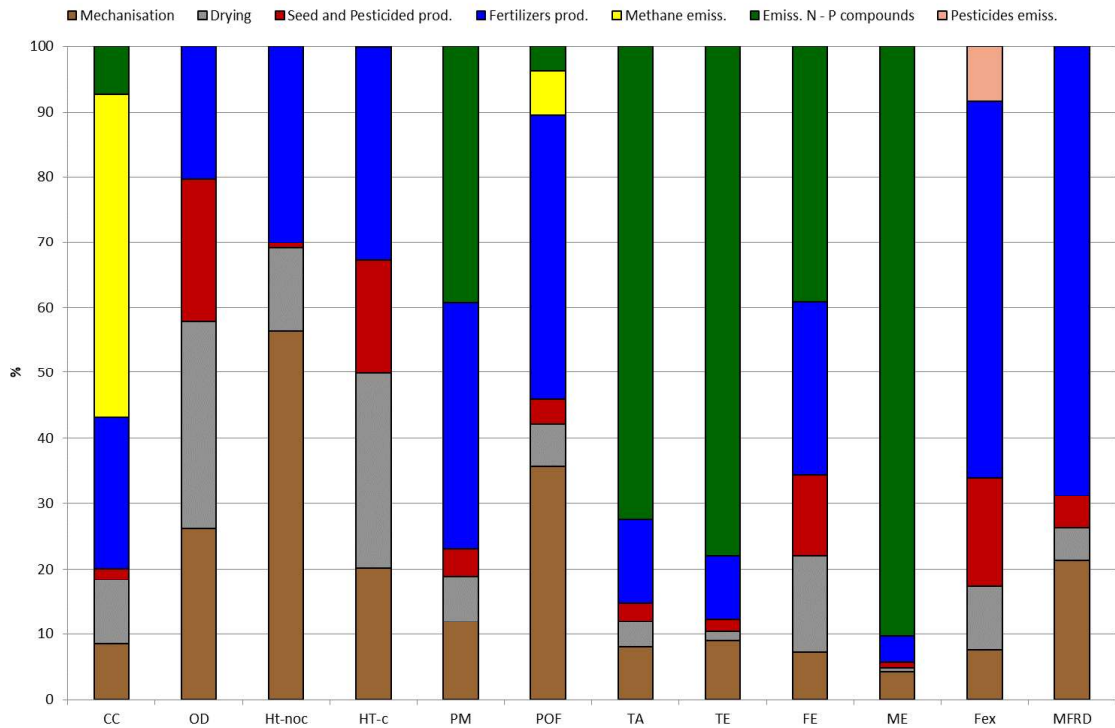
324 due to methane emissions (75% 2-BS, 62% 2-AS; 70% 3-BS and 55% 3-AS). The amount of methane emitted  
325 is also the highest in the same cases (257.95 kg ha<sup>-1</sup> 2-BS versus 125.03 kg ha 2-AS and 257.13 kg ha<sup>-1</sup> 3-BS  
326 versus 131.26 3-AS due to the longer duration of the flooding (147 days). However, in Caravaggio variety  
327 in case 4 (4-BS and 4-AS), the contributions analysis shows similar results also in CC because producer  
328 carried out an aeration period also in BS. In this situation, methane emissions account for 49% in BS and  
329 for 46% in AS.

330 Besides CC, methane emissions have an impact only in photochemical ozone formation , which ranges from  
331 7% to 18% in the BSs and from 4% to 10% in the ASs.

332 The emissions of N and P compounds mainly related to the fertilizer application (nitrate leaching, nitrous  
333 oxide production, ammonia volatilization and phosphorus run-off) affect several categories: Particulate  
334 Matter (from 39% to 72% for both BSs and ASs), terrestrial acidification (from 72% to 92% both for BSs and  
335 ASs), terrestrial eutrophication (from 77% to 94% for both BSs and ASs), freshwater eutrophication (from  
336 39% to 52% for BSs and from 40% to 58% for ASs) and marine eutrophication (from 87% to 94% for both  
337 BSs and ASs).

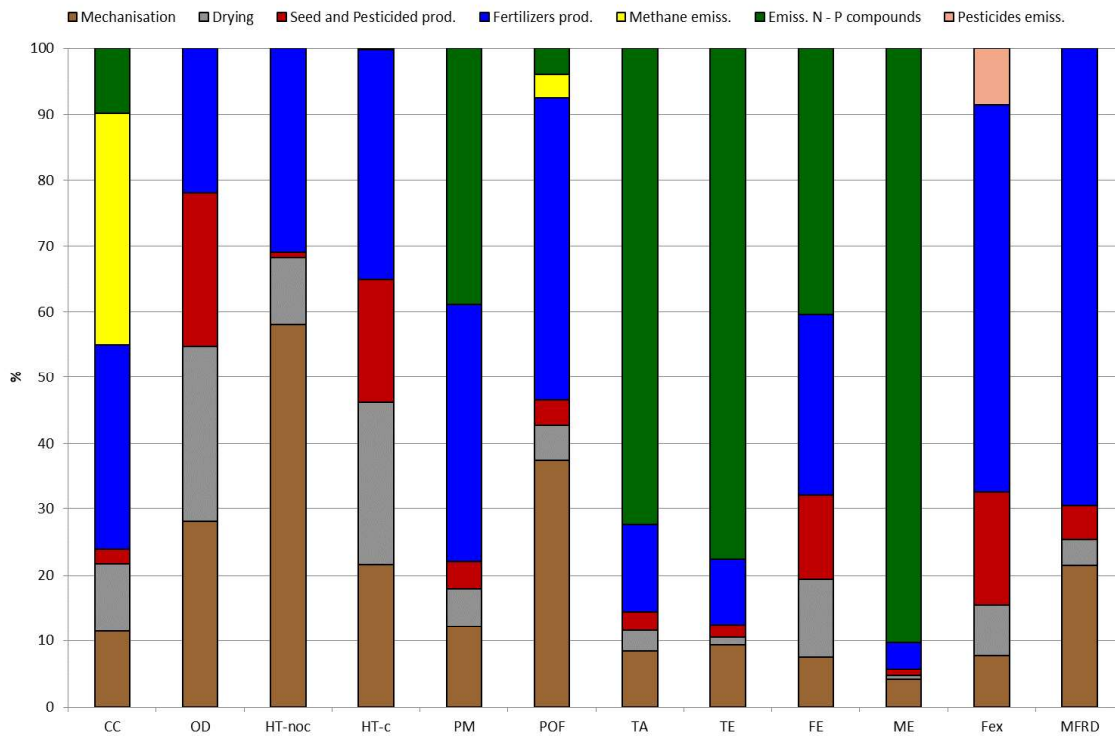
338 The mechanization of field operations (that groups impact of diesel fuel production and consumption with  
339 manufactory, maintenance and disposal of tractors and implements) plays a key role on HT-noc (from 57  
340 to 77% for all cases analyzed) and on MFRD (from 21% to 57% for both BSs and ASs).

341 Pesticide emissions only affect FEx and never exceed 21% in any of the cases analyzed. Finally, drying  
342 processing contributes to the impact especially in OD (from 24% to 33%) and in HT-c (from 13 to 34%).



343

344 **Figure 2:** Relative contributions to the overall environmental impact for Carnaroli, 1-BS.



345

346 **Figure 3:** Relative contributions to the overall environmental impact for Carnaroli, 1-AS.

347

348 **Table 9** reports the absolute potential environmental impact for all the evaluated cases, while **table 10**

349 shows a focus on Climate Change. In table 9 higher values are highlighted in red; for progressively lower

350 impacts, it goes to orange-yellow and then green. In general, it is not possible to say which variety has the  
 351 lowest impact. Caravaggio in 4-BS and 4-AS is the best in terms of environmental impacts, with the  
 352 exception of 4 impact categories (PM, TA, TE e ME) where the less impacting case is 3-BS for PM, 1-AS for  
 353 TA and TE and 2-AS for ME. In fact, these impact categories are negatively affected by the high fertilizations  
 354 which result in higher N and P compound emissions.

355

356 **Table 9:** Potential environmental impact for all scenarios (FU = 1 ton of rice grain at commercial moisture;  
 357 higher values are highlighted in red; for progressively lower impacts, it goes to orange-yellow and then  
 358 green

Impact category	Unit	Case 1 - Carnaroli		Case 2 - Carnaroli		Case 3 - Caravaggio		Case 4 - Caravaggio	
		1-BS	1-AS	2-BS	2-AS	3-BS	3-AS	4-BS	4-AS
CC	kg CO <sub>2</sub> eq	944	743	1659	1187	1373	940	890	781
OZ	mg CFC-11 eq	44.97	41.31	48.93	56.22	42.55	44.46	35.30	32.07
HT-noc	CTUh/1000	0.208	0.199	0.170	0.202	0.173	0.182	0.154	0.145
HT-c	CTUh/1000	0.019	0.017	0.018	0.021	0.013	0.014	0.014	0.013
PM	kg PM <sub>2.5</sub> eq	0.389	0.373	0.446	0.422	0.352	0.365	0.648	0.618
POF	kg NMVOC eq	2.788	2.626	2.759	2.931	2.802	2.744	2.137	2.019
TA	molc H+ eq	9.64	9.18	15.32	13.29	9.59	9.84	23.27	22.23
TE	molc N eq	40.23	38.46	66.89	57.66	41.83	42.93	102.69	98.26
FE	kg P eq	0.146	0.140	0.142	0.198	0.106	0.111	0.112	0.105
ME	kg N eq	8.054	7.815	7.478	6.800	7.421	7.689	9.801	9.387
FEx	CTUe	4139	4000	3434	4091	3112	3266	2646	2505
MFRD	g Sb eq	14.27	13.94	8.02	9.58	7.88	8.27	6.59	6.28

359

360 Respect to BS, CC decreases in all alternative scenarios evaluated (-25% and -28% for Carnaroli variety, -  
 361 32% and -12% for Caravaggio variety). More in details, for Carnaroli in case 1, CC decreases from 944 to  
 362 743 kg CO<sub>2</sub> eq /FU with a 49% reduction in methane emissions (129 kg ha<sup>-1</sup> 1-BS versus 65 kg ha<sup>-1</sup> in 1-AS),  
 363 while for Carnaroli in case 2, CC ranges from 1659 kg CO<sub>2</sub> eq/FU in 2-BS to 1187 kg CO<sub>2</sub> eq /FU in 2-AS  
 364 (emissions of CH<sub>4</sub> from 257.95 kg ha<sup>-1</sup> to 125.03 kg ha<sup>-1</sup>, -52%). For Caravaggio, CC is 1373 kg CO<sub>2</sub> eq/FU for  
 365 3-BS and 940 CO<sub>2</sub> eq/FU for 3-AS (emissions of CH<sub>4</sub> 257.13 kg ha<sup>-1</sup> in 3-BS and 131.26 kg ha<sup>-1</sup> in 3-AS, -49%).  
 366 Finally, in the last case, CC decreases from 890 (4-BS) to 781 (4-AS) kg CO<sub>2</sub> eq/FU, with a 15% reduction in  
 367 methane emissions (101.2 kg ha<sup>-1</sup> in 4-BS and 85.98 kg ha<sup>-1</sup> in 4-AS). In this case, the producer carried out

368 an aeration also in BS, so methane emissions and, consequently, CC were already low in BS and the effect  
 369 of the additional aeration period in AS is reduced.

370

371 **Table 10: Focus on Climate Change (CC) results**

Variety	Case	Number of aerations	Emission of CH <sub>4</sub> (kg CH <sub>4</sub> ha <sup>-1</sup> )	Variation %	CC (kg CO <sub>2</sub> eq)	Variation %
Carnaroli	1-BS	0	129.19		995.9	
	1-AS	1	65.97	-49%	742.7	-25%
Carnaroli	2-BS	0	257.95		1658.6	
	2-AS	2	125.03	-52%	1187.1	-28%
Caravaggio	3-BS	0	257.13		1373	
	3-AS	2	131.26	-49%	940	-32%
Caravaggio	4-BS	1	101.2		890	
	4-AS	3	85.98	-15%	780.8	-12%

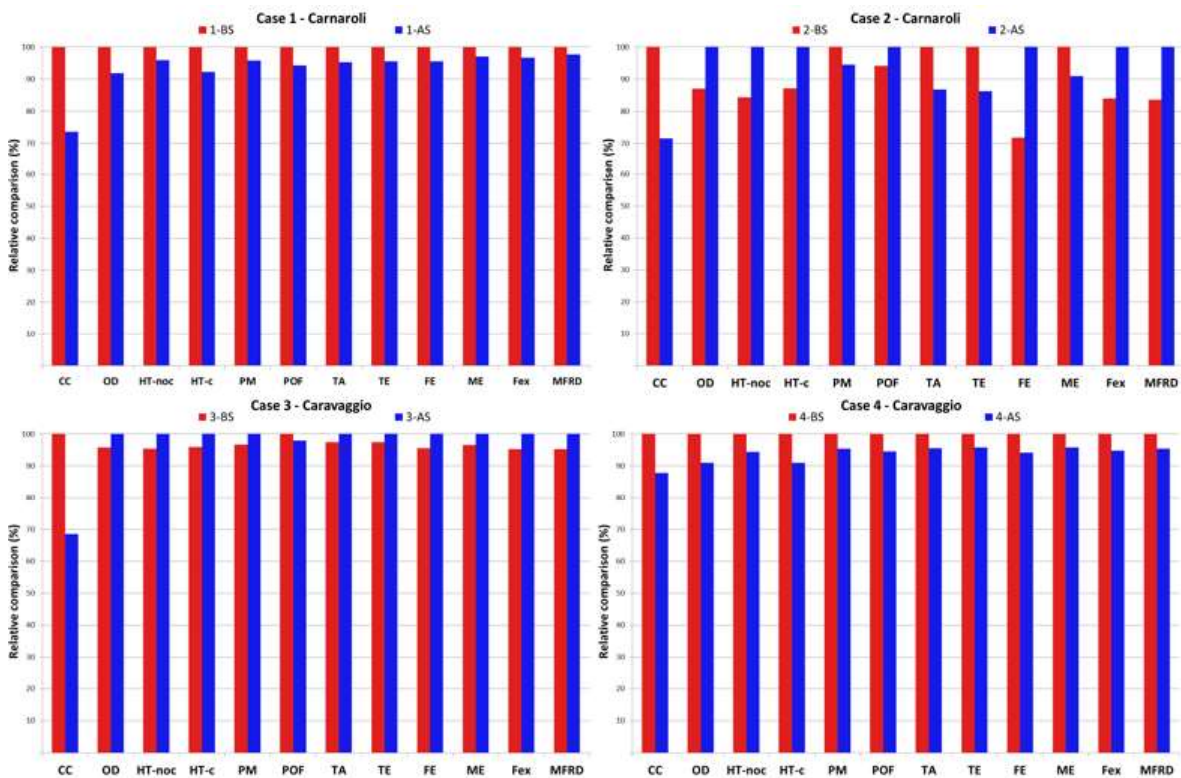
372

373 **Figure 4** shows the comparison between the potential environmental performances of the two different  
 374 cultivation practices for all the evaluated impact category. Except than for CC, the impact variations are  
 375 mainly related to the variation of the yield. In fact, as explained before, methane emissions impact only for  
 376 the CC and for the photochemical ozone formation (POF).

377 The alternative water management (ASs cases) always involves a reduction of CC independently by yield  
 378 and other operation characterizing the cultivation practices: more in details, comparing BS and AS, in the  
 379 scenario where an additional aeration is performed:

- 380 - for Carnaroli in case 1 (1-AS), CC decreases by 25% and also the other impact categories are  
 381 reduced (from -2% for MFRD to -8% for OD), mainly due to the slightly yield increase (+1.3%);
- 382 - for Carnaroli in case 2 (2-AS), despite a considerable yield reduction (18.8%, mainly related to  
 383 weeds), the CC is lower by 28%. Contrarily than for CC, the other impact categories increase from  
 384 6% for POF, to 39% for FE.
- 385 - for Caravaggio case 3 (3-AS), CC was reduced of -32% but, the yield reduction (4.9%) leads to a  
 386 small increase in the other impact categories (from 3% for A and TE to 5% for HT-noc, FE, FEx and  
 387 MFRD).
- 388 - for Caravaggio in case 4 (4-AS), CC is reduced (12%) and, thanks to the yield increase (3.1%) also  
 389 all other categories are decreased (-4% for A, TE, ME, -5% for PM, FEx and MFRD, - 6% for HT-noc,  
 390 POF and FE and -9% for OD and HT-c).

391



392

393 **Figure 4:** Comparison between two scenarios within same case.

394

### 395 3.1.1 Sensitivity analysis

396 A detailed sensitivity analysis was conducted on key parameters to explore their impact on the  
397 environmental performance of the system. In detail, the following aspects were considered:

- 398 - grain yield taking into account the yield recorded at the farm weighbridge and the  
399 coefficient of variation ( $\pm 15\%$ ) calculated considering the productive performance in the  
400 different sites;
- 401 - the harvest index considering the minimum and the maximum values measured in the  
402 different sites (instead of the one specifically measured for the case under evaluation).  
403 The harvest index is related to the amount of straw produced and incorporate into the  
404 soil. Consequently, a higher harvest index involves lower methane emission because less

405 straw is incorporated in the soil. No changes were done for the cases corresponding to  
406 minimum or the maximum harvest index;  
407 - the minimum and the maximum scaling factor for water management (SFw) during the  
408 cultivation. In this regard, the methane emissions were recalculated instead of with the  
409 default SFw using the minimum and the maximum values reported by the IPCC (2006).  
410 No changes were introduced for those cases where no aerations are performed and,  
411 consequently, the SFw is equal to 1.

412 The results of the sensitivity analysis, reported in the Supplementary material (Tables S1-S4) show  
413 how the parameter most affecting the environmental performance is the grain yield. Being the  
414 grain yield directly related to the FU and affecting also other processes like transport and drying,  
415 the yield variation considered ( $\pm 15\%$ ) involves changes for all the evaluated environmental impact  
416 categories. The higher variation is achieved for POF, TA, TE and ME while the lower for OD (that  
417 is the impact category where the drying plays the major role). Unlike than for yield, the variation  
418 of the harvest index and of the SFw influences only the methane emission and, consequently,  
419 affects only those impact categories affected by methane emissions (CC and POF). About the  
420 harvest index, the scale of impact variation depends on the value measured for the specific case.  
421 The impact variation is small if the measured value is close to the min/max harvest index while it  
422 is higher if the difference between the considered harvest indexes is wider. However, the  
423 changing of the harvesting index involves modest impact variations, always  $< 6\%$  for CC and  $< 2\%$   
424 for POF. When in the assessment of methane emissions, for the SFw a different value is  
425 considered respect to the default one, the effect on CC and POF is not negligible. In particular,  
426 for CC, the impact variation is higher than the one highlighted before for yield and ranges from -  
427 13.2% to +16.8%. However, it is interesting underline that, these impact variations of CC are, for  
428 3 of the 4 cases, lower than the impact reduction achieved with the introduction of an additional  
429 aeration period.

430



### 431 3.2. Heavy metals content

432 **Table 11** and **table 12** report the arsenic and cadmium content in the dehulled grain and soil samples,  
433 respectively As regards arsenic, the values refer to inorganic arsenic for grain and total arsenic for soils.  
434 Inorganic As is generally considered to be more toxic than methylated As compounds (Arao et al., 2009), in  
435 fact the limit imposed by official regulation refers to this form of As (0.25 mg/kg, Commission regulation,  
436 2015). As expected, the additional aeration period affects the heavy metal content in both grain and soils.  
437 Inorganic arsenic in the dehulled grain decreases in all alternative scenarios (-11% and -4% for Carnaroli  
438 and -27% and -14% for Caravaggio) and it is below the legal limit in all cases analysed; Cd content increases  
439 in 3 out of 4 cases (+75% in 2-AS, +66% in 3-AS and +97% in 4-AS). Although these percentage increases  
440 are considerable it should be noted that the absolute contents remain very low and below the legal limits  
441 in force in the 2020 season (0.2 mg/kg, Commission regulation, 2006): 0.021 mg/kg in 2-AS, 0.02 mg/kg in  
442 3-AS and 0.067 mg/kg in 4-AS. Recently, the European Commission has updated cadmium content limit,  
443 lowering it to 0.15 mg/kg. It is important to note that the values in this study are also below the new limit.  
444 Regarding heavy metals content in soils, the Cd content is never detectable (in line with the low levels  
445 found in the grains), while As content presents a non-specific trend. In particular, the trend are in line with  
446 expectations (lower As in the plots with aeration periods) only in site 1 (percentage not measurable) and  
447 site 2 (-27%), while the other two cases show an opposite trend (+24% in case 2, +13% in case 3).  
448 Interestingly, for arsenic, the content in rice grain is not correlated with the content in the soil. In fact, the  
449 soil with the highest arsenic concentration is in site 2 (7.4 and 9.2 mg/kg for 2-BS and 2-AS), but the grain  
450 has an arsenic content of 0.126 in 2-BS and 0.121 mg/kg in 2-AS. On the contrary, rice grain in site 4 has an  
451 arsenic concentration of 0.199 and 0.171 mg/kg respectively in 4-BS and 4-AS, although the soil content is  
452 relatively low (3.5 and 2.5 mg/kg). Furthermore, the concentration of arsenic in soils is very different  
453 between site 1 (1.4 and <1 mg/kg for 1-BS and 1-AS) and site 2 (7.4-9.2 mg/kg), but the content in the grain  
454 is similar (0.116 and 0.104 in 1-BS and 1-AS, 0.126 and 0.121 in 2-BS and 2-AS). Finally, Caravaggio in site  
455 3, has a relatively high arsenic content compared to the other cases (0.183-0.133 mg/kg for 3-BS and 3-AS),  
456 in relation to the soil content (1.6-1.8 mg/kg).

457 In general, in this study, Caravaggio variety has a higher arsenic content than Carnaroli.

458

459 **Table 11:** As and Cd content in dehulled rice grain.

Variety	Case	Inorganic As (mg/kg)	Variation %	Cd (mg/kg)	Variation %
Carnaroli	1-BS	0.117±0.023		0,011±0,003	
	1-AS	0.104±0.021	-11%	0,008±0,002	-27%
Carnaroli	2-BS	0.126±0.025		0,012±0,003	
	2-AS	0.121±0.024	-4%	0,021±0,005	+75%
Caravaggio	3-BS	0.183±0.037		0,012±0,004	
	3-AS	0.133±0.027	-27%	0,02±0,003	+66%
Caravaggio	4-BS	0.199±0.040		0,034±0,007	
	4-AS	0.171±0.034	-14%	0,067±0,0012	+97%

460

461 **Table 12:** As and Cd content in soil samples.

Variety	Case	Total As (mg/kg)	Variation %	Cd (mg/kg)
Carnaroli	1-BS	1,4		<1
	1-AS	<1	n.d.	<1
Carnaroli	2-BS	7,4±0,1		<1
	2-AS	9,2±0,2	+24%	<1
Caravaggio	3-BS	1,6		<1
	3-AS	1,8	+13%	<1
Caravaggio	4-BS	3,4±0,1		<1
	4-AS	2,5±0,1	-27%	<1

462

#### 463 4. Discussion

464 In this study thanks to LCA, the environmental consequences related to different water management in  
 465 rice cultivation were evaluated. Besides this the main hotpots of the environmental profile of paddy rice  
 466 cultivation and the environmental benefits related to the adoption of alternative flooding management  
 467 were quantified. In detail, the Climate Change impact of rice cultivation is mainly due to methane emissions  
 468 from the flooded field.

469 The comparison among the results of different LCA studies is not always possible mainly because different  
 470 system boundary and functional unit are used, different methodological assumptions are done (e.g., about  
 471 multifunctionality issues, model used to estimate the emission etc.) and few information about rice  
 472 varieties is reported. Despite this, the contributions analysis in this study shows similar results to other LCA  
 473 studies focused on rice. In particular, also Fusi et al., (2014), Bacenetti, et al., (2016) and He et al., (2028)  
 474 identified methane emissions as the main responsible for the climate change. Hokazoko and Hayashi (2012)  
 475 and Mungkung et al., (2020) identified the emission related to fertilization were the main contributor to

476 acidification and eutrophication. Finally, also Blengini and Busto (2009) and Drocurt et al. (2012) identified  
477 fertilizer applications, methane emissions and the emissions related to fertilizers application as the main  
478 hotspots for paddy rice cultivation. Except than for methane emission, in term of contribution analysis,  
479 there are no differences between the different items in for baseline and alternative scenarios. In fact, the  
480 alternative water management deeply affects only CC, has a limited impact on POF while does not influence  
481 all the other evaluated impact category. Having a no or/limited effect on grain yield, the introduction of an  
482 additional aeration is an effective mitigation solution for CC.

483 The cultivation system based on sowing in flooded-field and a continuous flooding of the paddy fields  
484 considerably increases emissions of CH<sub>4</sub> from the soil, while the addition of aerations can mitigate the  
485 emissions. Strictly anaerobic soil conditions represent a prerequisite for methanogenic activity and the  
486 positive correlation between methane emissions and flooded soil suggests that the permanence of a layer  
487 of water can affect methane production (Peyron et al., 2016). As expected, and demonstrated in other  
488 studies (Feng et al., 2021; Leon et al., 2021; Wassmann et al., 2010; Li et al.,2006), also in this study,  
489 alternative water management allows to lower methane emissions: in three out four alternative scenarios  
490 methane emissions have practically halved (-49% in 1-AS, -52% in 2-AS, -49% in 3-AS) and, consequently,  
491 the impact share relating to methane emissions also decreased. However, it is important to highlight that  
492 the methane emissions, in this study, were estimated using IPCC model (2006). Therefore, the results  
493 should be confirmed through a direct survey, with direct detection tools, to measure the actual emissions  
494 in the field.

495 Previously studies in other countries (e.g., Nunes et al., 2016; Nunes et al., 2017; Setyanto et al., 2018)  
496 show that an appropriate management of irrigation water can reduce the CC of paddy rice production by  
497 15-20%, without any influence on yield. On the contrary, in other studies, it was reported that an alternative  
498 water management (with one or more aeration periods or alternating wetting and drying) causes a  
499 reduction in grain yield (Xu et al., 2015; Feng et al., 2021; Carrijo et al, 2017; Bacenetti et al., 2016). This  
500 study shows that higher reductions of CC can be achieved (up to 32%) by the introduction of one additional  
501 aeration period highlighting how the water management can be an effective mitigation solution for CC.  
502 Moreover, in this study, alternative water management does not affect rice grain yield (as long as during  
503 flowering water level is keep high enough to protect the spikelets from cold air).

504 Nevertheless, alternative water management, that can mitigate methane emissions, can also involve higher  
505 N<sub>2</sub>O emissions (Zou, et al., 2007; Peyron et al., 2016) being soil water status is the major factor influencing  
506 N<sub>2</sub>O emission during the rice-growing season (Wang, et. al., 2011). In detail, Wang et. al., (2011) report that  
507 season N<sub>2</sub>O emission from fields with mid-season drainage are higher than those from continuously flooded  
508 fields. Frequent alternations in the redox conditions of the soil as a result of dry-wet transitions increase  
509 up to N<sub>2</sub>O, favouring the nitrification and denitrification processes responsible of the production of  
510 dinitrogen monoxide. This could reduce the benefits of methane mitigation achieved by introducing  
511 aeration periods. Therefore, future studies will have to simultaneously consider methane and nitrous oxide  
512 emissions to determine the right trade-off to minimizing carbon footprint of rice cultivation systems.  
513 Generally, to improve the environmental performance of rice production, different strategies could be  
514 integrated. For example, in addition to changing water management, straw could be collected to reduce  
515 methanogenic substrates in the soil and lower methane emissions (Fusi et al 2014; Maneepitak et al., 2019).  
516 Moreover, new solutions should be developed to achieve the right trade-off also between the various  
517 impact categories: such as, to lower the impact of the use of fertilizers, more organic fertilizers could be  
518 used, taking into account that the CC would increase. In this way, a mitigation of the total impact could be  
519 achieved. In addition, also minimum tillage and sod sowing techniques could reduce the environmental  
520 impact of rice production, as they are characterized by lower energy inputs. However, in this regard, it  
521 should be ensured that there is no significant loss of yield.

522 The results of the analysis of heavy metals content in grain confirm that alternative water management  
523 modifies the absorption of heavy metals, as reported in other studies (Hu, et al., 2013; Liao, et al., 2016;  
524 Arao, et al., 2009). In particular, it is an effective strategy to lower the inorganic As content in rice grain,  
525 keeping the cadmium content below the legal limit. However, as shown in tables 11 and 12, there is a lot  
526 of variability between the variations of the heavy metals contents, in both grain and soil. This is because,  
527 as reported in other studies (e.g. Mei et al., 2020; Yang et al., 2021) , the bioavailability of heavy metals in  
528 the soil and their absorption are very complex processes. Certainly the water management of the paddy  
529 field plays a key role in the growth of tice and in the control of As and Cd concentrations in the grain.  
530 Changes in water conditions can simultaneously alter soil pH and Eh and therefore influence the  
531 bioavailability of As and Cd in soils (El-Naggar et al., 2018, 2019). In addition, Pinson et al., (2015), reported  
532 that the ability of rice to accumulate As and Cd is related to genetic factors, so different accumulation

533 characteristics depend on the different genotypes and the different varieties. This study is in agreement  
534 with this statement since the Caravaggio variety always has a higher heavy metal content, regardless of soil  
535 contamination, than Carnaroli. Nevertheless, in this study, the arsenic and cadmium content in the  
536 analysed grain is always below the legal limits.

537 This means that in the cases studied the problem of the accumulation of heavy metals was not relevant,  
538 but this study shows that it is always necessary to evaluate the content of arsenic and cadmium in rice grain  
539 when applying a water management other than the conventional one. In the specific case, thanks to the  
540 results of the analysis of the metals and the non-variation of the yield, future analyses could be focused on  
541 inserting more aeration periods, further mitigating methane emissions. It is certain that in areas where the  
542 problem of heavy metals is relevant, it is necessary to consider all the advantages and disadvantages that  
543 could derive from an alternative water management.

544 Therefore, this study highlights the importance of considering the effect of paddy water management on  
545 the uptake of heavy metals and their translocation to the grains. Beside mitigating the environmental  
546 impact, food safety is indeed another key issue in paddy rice production.

547

## 548 **5. Conclusions**

549 The research for cultivation practices aimed at reducing the impact of Climate Change is constantly evolving  
550 because agricultural activities are responsible for remarkable environmental impacts. In Europe, where  
551 about 623,000 ha are cultivated to rice, Italy represents the major rice producer with Northern Italy  
552 accounting for about 50% of European rice area. Therefore, the need for less impacting cultivation practice  
553 is prominent; consequently, research and experimentation are extremely necessary.

554 In this study, the traditional flooding management was compared – in terms of environmental impact –  
555 with an alternative one, characterized by an additional aeration period. This alternative water management  
556 strategy was chosen because its simplicity makes it suitable for operational contexts, and thus more likely  
557 to be adopted under real farming conditions. The comparison shows that the proposed alternative water  
558 management improves the environmental performances of rice cultivation. In detail, emissions of CH<sub>4</sub>  
559 decreased significantly in all the cases analysed (from 15% to 52%), with a reduction of Climate Change  
560 varying from 12% to 32%. Furthermore, in general, the alternative management applied does not affect

561 yield, but it is effective to reduce the inorganic Arsenic content (decreases from 4 to 27%) while maintaining  
562 limited Cadmium content in rice grains.

563 In conclusion, alternative flooding managements including at least one aeration period can mitigate the  
564 impact on climate change related to rice cultivation, without affecting the production in terms of quantity  
565 and quality.

566 Since this work was carried out using data from a single growing season, in order to confirm the results the  
567 study will be repeated over the next few years, also considering different Lomellina trial sites, or other  
568 areas where flooding cultivation is commonly performed. Furthermore, future research activities should  
569 also be aimed at applying alternative water management to other rice varieties, or should evaluate the  
570 potential environmental impact, through Life Cycle Assessment approach, of other alternative water  
571 managements, such as the alternative wetting and drying. Finally, another important implementation could  
572 concern the direct measurement of methane emissions and, at the same time, of N<sub>2</sub>O emissions.

573 Despite the extreme specialization of rice farmers to maximize yield, there remains limited knowledge of  
574 the beneficial effects that an alternative flooding management can lead to, by reduction of GHG emissions.

575 For this reason, the application of LCA approach to rice cultivation can provide clear and consistent results  
576 both to encourage the adoption of mitigation strategies and for transparent and credible communication  
577 between suppliers and final consumers.

578

## 579 **Acknowledgments**

580 This research was carried out inside the Project BESTsomRICE (Messa a punto di un protocollo di gestione  
581 della sommersione in risaia per la riduzione delle emissioni di gas ad effetto serra) funded by GAL Risorsa  
582 Lomellina – Regione Lombardia.

583

## 584 **References**

585 Ahmed, Z. U., Panaullah, G. M., Gauch, H., McCouch, S. R., Tyagi, W., Kabir, M. S., & Duxbury, J. M.  
586 (2011). Genotype and environment effects on rice (*Oryza sativa* L.) grain arsenic concentration in  
587 Bangladesh. *Plant and Soil*, 338(1), 367-382.

588 Alam, M. K., Biswas, W. K., & Bell, R. W. (2016). Greenhouse gas implications of novel and  
589 conventional rice production technologies in the Eastern-Gangetic plains. *Journal of Cleaner*  
590 *Production*, 112, 3977-3987.

591 Alishah, A., Motevali, A., Tabatabaeekolour, R., & Hashemi, S. J. (2019). Multiyear life energy and  
592 life cycle assessment of orange production in Iran. *Environmental Science and Pollution Research*, 26(31),  
593 32432-32445.

594 Arao, T., Kawasaki, A., Baba, K., Mori, S., & Matsumoto, S. (2009). Effects of water management  
595 on cadmium and arsenic accumulation and dimethylarsinic acid concentrations in Japanese  
596 rice. *Environmental Science & Technology*, 43(24), 9361-9367.

597 Bacenetti, J., Fusi, A., Negri, M., Bocchi, S., & Fiala, M. (2016). Organic production systems:  
598 Sustainability assessment of rice in Italy. *Agriculture, Ecosystems & Environment*, 225, 33-44.

599 Bacenetti, J., Paleari, L., Tartarini, S., Vesely, F. M., Foi, M., Movedi, E., ... & Confalonieri, R. (2020).  
600 May smart technologies reduce the environmental impact of nitrogen fertilization? A case study for paddy  
601 rice. *Science of The Total Environment*, 715, 136956.

602 Balaine, N., Carrijo, D. R., Adviento-Borbe, M. A., & Linquist, B. (2019). Greenhouse Gases from  
603 Irrigated Rice Systems under Varying Severity of Alternate-Wetting and Drying Irrigation. *Soil Science*  
604 *Society of America Journal*, 83(5), 1533-1541.

605 Blengini, G. A., & Busto, M. (2009). The life cycle of rice: LCA of alternative agri-food chain  
606 management systems in Vercelli (Italy). *Journal of environmental management*, 90(3), 1512-1522.

607 Boone, L., Roldán-Ruiz, I., Muylle, H., & Dewulf, J. (2019). Environmental sustainability of  
608 conventional and organic farming: Accounting for ecosystem services in life cycle assessment. *Science of*  
609 *the Total Environment*, 695, 133841.

610 Bouwman, A. F., Boumans, L. J. M., & Batjes, N. H. (2002). Modeling global annual N<sub>2</sub>O and NO  
611 emissions from fertilized fields. *Global Biogeochemical Cycles*, 16(4), 28-1.

612 Brodt, S., Kendall, A., Mohammadi, Y., Arslan, A., Yuan, J., Lee, I. S., & Linquist, B. (2014). Life cycle  
613 greenhouse gas emissions in California rice production. *Field Crops Research*, 169, 89-98.

614 Carrijo, D. R., Lundy, M. E., & Linquist, B. A. (2017). Rice yields and water use under alternate  
615 wetting and drying irrigation: A meta-analysis. *Field Crops Research*, 203, 173-180.

616 Chen, X., Zhang, W., Wang, X., Liu, Y., Yu, B., Chen, X., & Zou, C. (2021). Life cycle assessment of a  
617 long-term multifunctional winter wheat-summer maize rotation system on the North China Plain under  
618 sustainable P management. *Science of The Total Environment*, 783, 147039.

619 Commission Regulation (EC) No 1881/2006 of 19 December 2006 - Setting maximum levels for  
620 certain contaminants in foodstuffs.

621 Commission Regulation (EU) 2015/1006 amending Regulation (EC) No. 1881/2006 as regards  
622 maximum levels of inorganic arsenic in foodstuffs.

623 Drocourt A, Mervant Y, Milhau F, Chinal M, Hélias A. Environmental assessment of rice production  
624 in Camargue, France. Paper presented at the 8th Conference on LCA in the Agri-Food Sector, Saint-Malo,  
625 France; 2012. p. 824–5.

626 El-Naggar, A., Shaheen, S. M., Ok, Y. S., & Rinklebe, J. (2018). Biochar affects the dissolved and  
627 colloidal concentrations of Cd, Cu, Ni, and Zn and their phytoavailability and potential mobility in a mining  
628 soil under dynamic redox-conditions. *Science of the total environment*, 624, 1059-1071.

629 El-Naggar, A., Shaheen, S. M., Hseu, Z. Y., Wang, S. L., Ok, Y. S., & Rinklebe, J. (2019). Release  
630 dynamics of As, Co, and Mo in a biochar treated soil under pre-definite redox conditions. *Science of the*  
631 *Total Environment*, 657, 686-695.

632 EMEP/EEA. (2019). Air pollutant emission inventory guidebook 2019 - 3.D. Crop production and  
633 agricultural soils 2019. 24-29.

634 Enterisi, 2014. Linee guida per la produzione di riso baby food. Ente Nazionale Risi, FEASR –  
635 Programma di Sviluppo Rurale 2014-2020.

636 Enterisi, 2020. Riso – Evoluzione di mercato e sue prospettive. Ente Nazionale Risi, Roma, 15  
637 dicembre 2020.

638 Environdec, 2014. EPD “Arable crops”, 1-23 (available at: [http://environdec.com/en/](http://environdec.com/en/PCR/Detail/?Pcr=8804#.VaPW7F_tlBc)  
639 [PCR/Detail/?Pcr=8804#.VaPW7F\\_tlBc](http://environdec.com/en/PCR/Detail/?Pcr=8804#.VaPW7F_tlBc)). Environdec.

640 Eshun, J. F., Apori, S. O., & Wereko, E. (2013). Greenhouse gaseous emission and energy analysis  
641 in rice production systems in Ghana. *African Crop Science Journal*, 21(2), 119-126.

642 FAO, 2020. World Food and Agriculture - Statistical Yearbook 2020. Rome.  
643 <https://doi.org/10.4060/cb1329en>



644 FAOSTAT, 2021. Food and Agriculture Organization of the United Nations. Available at  
645 <http://www.fao.org/faostat/en/#data/QC/visualize>

646 Feng, Z. Y., Qin, T., Du, X. Z., Sheng, F., & Li, C. F. (2021). Effects of irrigation regime and rice variety  
647 on greenhouse gas emissions and grain yields from paddy fields in central China. *Agricultural Water*  
648 *Management*, 250, 106830.

649 Fusi, A., Bacenetti, J., González-García, S., Vercesi, A., Bocchi, S., & Fiala, M. (2014). Environmental  
650 profile of paddy rice cultivation with different straw management. *Science of the total environment*, 494,  
651 119-128.

652 Fusi, A., Bacenetti, J., González-García, S., Vercesi, A., Bocchi, S., & Fiala, M. (2014). Environmental  
653 profile of paddy rice cultivation with different straw management. *Science of the total environment*, 494,  
654 119-128.

655 Fusi, A., González-García, S., Moreira, M. T., Fiala, M., & Bacenetti, J. (2017). Rice fertilised with  
656 urban sewage sludge and possible mitigation strategies: an environmental assessment. *Journal of Cleaner*  
657 *Production*, 140, 914-923.

658 Harada, H., Kobayashi, H., & Shindo, H. (2007). Reduction in greenhouse gas emissions by no-tilling  
659 rice cultivation in Hachirogata polder, northern Japan: Life-cycle inventory analysis. *Soil Science and Plant*  
660 *Nutrition*, 53(5), 668-677.

661 He, X., Qiao, Y., Liang, L., Knudsen, M. T., & Martin, F. (2018). Environmental life cycle assessment  
662 of long-term organic rice production in subtropical China. *Journal of Cleaner Production*, 176, 880-888.

663 He, X., Qiao, Y., Liang, L., Knudsen, M. T., & Martin, F. (2018). Environmental life cycle assessment  
664 of long-term organic rice production in subtropical China. *Journal of Cleaner Production*, 176, 880-888.

665 Hokazono, S., & Hayashi, K. (2012). Variability in environmental impacts during conversion from  
666 conventional to organic farming: a comparison among three rice production systems in Japan. *Journal of*  
667 *cleaner production*, 28, 101-112.

668 Hu, P., Huang, J., Ouyang, Y., Wu, L., Song, J., Wang, S., ... & Christie, P. (2013a). Water  
669 management affects arsenic and cadmium accumulation in different rice cultivars. *Environmental*  
670 *geochemistry and health*, 35(6), 767-778.

671           Hu, P., Li, Z., Yuan, C., Ouyang, Y., Zhou, L., Huang, J., ... & Wu, L. (2013). Effect of water  
672 management on cadmium and arsenic accumulation by rice (*Oryza sativa* L.) with different metal  
673 accumulation capacities. *Journal of Soils and Sediments*, 13(5), 916-924.

674           IPCC, 2006. IPCC Guidelines for National Greenhouse Gas Inventories, Prepared by the National  
675 Greenhouse Gas Inventories Programme. Eggleston HS, Buendia L, Miwa K, Ngara T, Tanabe K (eds)  
676 Published: IGES, Japan.

677           IPCC, 2013. Fifth Assessment Report. Smith P., M. Bustamante, H. Ahammad, H. Clark, H. Dong,  
678 E.A. Elsiddig, H. Haberl, R. Harper, J. House, M. Jafari, O. Masera, C. Mbow, N.H. Ravindranath, C.W. Rice,  
679 C. Robledo Abad, A. Romanovskaya, F.Sperling, and F. Tubiello, 2014: Agriculture, Forestry and Other Land  
680 Use (AFOLU). In: Climate Change 2014: Mitigation of Climate Change. Contribution of Working Group III to  
681 the Fifth Assessment Report of the Intergovernmental Panel on Climate Change [Edenhofer, O., R. Pichs-  
682 Madruga, Y. Sokona, E. Farahani, S. Kadner, K. Seyboth, A. Adler, I. Baum, S. Brunner, P. Eickemeier, B.  
683 Kriemann, J. Savolainen, S. Schlömer, C. von Stechow, T. Zwickel and J.C. Minx (eds.)]. Cambridge University  
684 Press, Cambridge, United Kingdom and New York, NY, USA.

685           IPCC, 2019. Shukla, P. R., Skea, J., Calvo Buendia, E., Masson-Delmotte, V., Pörtner, H. O., Roberts,  
686 D. C., ... & Malley, J. Climate Change and Land: an IPCC special report on climate change, desertification,  
687 land degradation, sustainable land management, food security, and greenhouse gas fluxes in terrestrial  
688 ecosystems.

689           ISO 14044, 2006. Environmental management – Life Cycle Assessment –Requirements and  
690 guidelines. International Organization for Standardization

691           Kasmaprapruet, S., Paengjuntuek, W., Saikhwan, P., & Phungrassami, H. (2009). Life cycle  
692 assessment of milled rice production: case study in Thailand. *European Journal of Scientific Research*, 30(2),  
693 195-203.

694           Leip, A., & Bocchi, S. (2007, June). Contribution of rice production to greenhouse gas emission in  
695 Europe. In *Proceedings of the Fourth Temperate Rice Conference* (pp. 25-28).

696           Leon, A., Minamikawa, K., Izumi, T., & Chiem, N. H. (2021). Estimating impacts of alternate wetting  
697 and drying on greenhouse gas emissions from early wet rice production in a full-dike system in An Giang  
698 Province, Vietnam, through life cycle assessment. *Journal of Cleaner Production*, 285, 125309.

699 Li, C., Salas, W., DeAngelo, B., & Rose, S. (2006). Assessing alternatives for mitigating net  
700 greenhouse gas emissions and increasing yields from rice production in China over the next twenty  
701 years. *Journal of Environmental Quality*, 35(4), 1554-1565.

702 Li, R. Y., Stroud, J. L., Ma, J. F., McGrath, S. P., & Zhao, F. J. (2009). Mitigation of arsenic  
703 accumulation in rice with water management and silicon fertilization. *Environmental Science &  
704 Technology*, 43(10), 3778-3783.

705 Liao, G., Wu, Q., Feng, R., Guo, J., Wang, R., Xu, Y., ... & Mo, L. (2016). Efficiency evaluation for  
706 remediating paddy soil contaminated with cadmium and arsenic using water management, variety  
707 screening and foliage dressing technologies. *Journal of environmental management*, 170, 116-122.

708 Lin, H. C., & Fukushima, Y. (2016). Rice cultivation methods and their sustainability aspects:  
709 Organic and conventional rice production in industrialized tropical monsoon Asia with a dual cropping  
710 system. *Sustainability*, 8(6), 529.

711 Lovarelli, D., & Bacenetti, J. (2017). Bridging the gap between reliable data collection and the  
712 environmental impact for mechanised field operations. *Biosystems engineering*, 160, 109-123.

713 Maneepitak, S., Ullah, H., Datta, A., Shrestha, R. P., Shrestha, S., & Kachenchart, B. (2019). Effects  
714 of water and rice straw management practices on water savings and greenhouse gas emissions from a  
715 double-rice paddy field in the Central Plain of Thailand. *European Journal of Agronomy*, 107, 18-29.

716 Moreno Ruiz, E., Lérová, T., Reinhard, J., Valsasina, L., Bourgault, G., & Wernet, G. (2016).  
717 Documentation of changes implemented in ecoinvent database v3. 3. *Ecoinvent: Zürich, Switzerland*.

718 Mungkung, R., Sitthikitpanya, S., Dangsi, S., & Gheewala, S. H. (2020). Life Cycle Assessment of  
719 Thai Hom Mali Rice to Support the Policy Decision on Organic Farming Area  
720 Expansion. *Sustainability*, 12(15), 6003.

721 Newbigging, A. M., Paliwoda, R. E., & Le, X. C. (2015). Rice: reducing arsenic content by controlling  
722 water irrigation. *J. Environ. Sci*, 30(4), 129-131.

723 Nunes, F. A., Seferin, M., Maciel, V. G., & Ayub, M. A. Z. (2017). Life Cycle Assessment comparison  
724 between brown parboiled rice produced under organic and minimal tillage cultivation systems. *Journal of  
725 Cleaner Production*, 161, 95-104.

726 Nunes, F. A., Seferin, M., Maciel, V. G., Flôres, S. H., & Ayub, M. A. Z. (2016). Life cycle greenhouse  
727 gas emissions from rice production systems in Brazil: A comparison between minimal tillage and organic  
728 farming. *Journal of Cleaner Production*, 139, 799-809.

729 Peyron, M., Bertora, C., Pelissetti, S., Said-Pullicino, D., Celi, L., Miniotti, E., ... & Sacco, D. (2016).  
730 Greenhouse gas emissions as affected by different water management practices in temperate rice  
731 paddies. *Agriculture, Ecosystems & Environment*, 232, 17-28.

732 Pinson, S. R. M., Tarpley, L., Yan, W., Yeater, K., Lahner, B., Yakubova, E., ... & Salt, D. E. (2015).  
733 Worldwide genetic diversity for mineral element concentrations in rice grain. *Crop Science*, 55(1), 294-311.

734 Prahsun, V., 2006. Erfassung der PO<sub>4</sub>-Austrage für die Okobilanzierung SALCA Phosphor.  
735 Agroscope Reckenholz\_Tanikon ART 1–20.

736 Roy, P., Ijiri, T., Nei, D., Orikasa, T., Okadome, H., Nakamura, N., & Shiina, T. (2009). Life cycle  
737 inventory (LCI) of different forms of rice consumed in households in Japan. *Journal of Food*  
738 *Engineering*, 91(1), 49-55.

739 Roy, P., Shimizu, N., Okadome, H., Shiina, T., Kimura, T., 2007. Life cycle of rice: Challenges and  
740 choices for Bangladesh. *J. Food Eng.* 79, 1250–1255.

741 Setyanto, P., Pramono, A., Adriany, T. A., Susilawati, H. L., Tokida, T., Padre, A. T., & Minamikawa,  
742 K. (2018). Alternate wetting and drying reduces methane emission from a rice paddy in Central Java,  
743 Indonesia without yield loss. *Soil Science and Plant Nutrition*, 64(1), 23-30.

744 Song, T., Das, D., Hu, Q., Yang, F., & Zhang, J. (2021). Alternate wetting and drying irrigation and  
745 phosphorus rates affect grain yield and quality and heavy metal accumulation in rice. *Science of The Total*  
746 *Environment*, 752, 141862.

747 Souza, R., Yin, J., & Calabrese, S. (2021). Optimal drainage timing for mitigating methane emissions  
748 from rice paddy fields. *Geoderma*, 394, 114986.

749 Svanes, E., & Johnsen, F. M. (2019). Environmental life cycle assessment of production, processing,  
750 distribution and consumption of apples, sweet cherries and plums from conventional agriculture in  
751 Norway. *Journal of Cleaner Production*, 238, 117773.

752 Tian, T., Zhou, H., Gu, J., Jia, R., Li, H., Wang, Q., ... & Liao, B. (2019). Cadmium accumulation and  
753 bioavailability in paddy soil under different water regimes for different growth stages of rice (*Oryza sativa*  
754 L.). *Plant and Soil*, 440(1), 327-339.

755 Wang, J. Y., Jia, J. X., Xiong, Z. Q., Khalil, M. A. K., & Xing, G. X. (2011). Water regime–nitrogen  
756 fertilizer–straw incorporation interaction: field study on nitrous oxide emissions from a rice agroecosystem  
757 in Nanjing, China. *Agriculture, Ecosystems & Environment*, 141(3-4), 437-446.

758 Wassmann, R., Nelson, G. C., Peng, S. B., Sumfleth, K., Jagadish, S. V. K., Hosen, Y., & Rosegrant, M.  
759 W. (2010). Rice and global climate change. *Rice in the global economy: Strategic research and policy issues  
760 for food security*, 411-432.

761 Watanabe, A., Takeda, T., & Kimura, M. (1999). Evaluation of origins of CH<sub>4</sub> carbon emitted from  
762 rice paddies. *Journal of Geophysical Research: Atmospheres*, 104(D19), 23623-23629.

763 Weidema, B. P., Bauer, C., Hirschier, R., Mutel, C., Nemecek, T., Reinhard, J., ... & Wernet, G. (2013).  
764 Overview and methodology: Data quality guideline for the ecoinvent database version 3.

765 Weller, S., Janz, B., Jörg, L., Kraus, D., Racela, H. S., Wassmann, R., ... & Kiese, R. (2016). Greenhouse  
766 gas emissions and global warming potential of traditional and diversified tropical rice rotation  
767 systems. *Global Change Biology*, 22(1), 432-448.

768 Wolf M.A., Pant R., Chomkham Sri K., Sala S., Pennington D. (2012). International Reference Life  
769 Cycle Data System (ILCD) Handbook \_Towards more sustainable production and consumption for a  
770 resource-efficient Europe. JRC Reference Report, EUR 24982 EN. European Commission - Joint Research  
771 Centre. Luxembourg. Publications Office of the European Union; 2012.

772 Xu, Y., Ge, J., Tian, S., Li, S., Nguy-Robertson, A. L., Zhan, M., & Cao, C. (2015). Effects of water-  
773 saving irrigation practices and drought resistant rice variety on greenhouse gas emissions from a no-till  
774 paddy in the central lowlands of China. *Science of the Total Environment*, 505, 1043-1052. Yang, X., Li, J.,  
775 Liang, T., Yan, X., Zhong, L., Shao, J., ... & Zhou, Y. (2021). A combined management scheme to  
776 simultaneously mitigate As and Cd concentrations in rice cultivated in contaminated paddy soil. *Journal of  
777 Hazardous Materials*, 416, 125837.

778 Yoo, S. H., Choi, J. Y., Lee, S. H., & Kim, T. (2014). Estimating water footprint of paddy rice in  
779 Korea. *Paddy and water environment*, 12(1), 43-54.

780 Zhang, Q., Chen, H., Huang, D., Xu, C., Zhu, H., & Zhu, Q. (2019). Water managements limit heavy  
781 metal accumulation in rice: Dual effects of iron-plaque formation and microbial communities. *Science of  
782 the total environment*, 687, 790-799.

783 Zhao, X., Pu, C., Ma, S. T., Liu, S. L., Xue, J. F., Wang, X., ... & Zhang, H. L. (2019). Management-  
784 induced greenhouse gases emission mitigation in global rice production. *Science of the Total*  
785 *Environment*, 649, 1299-1306.

786 Zou, J., Huang, Y., Zheng, X., & Wang, Y. (2007). Quantifying direct N<sub>2</sub>O emissions in paddy fields  
787 during rice growing season in mainland China: dependence on water regime. *Atmospheric*  
788 *Environment*, 41(37), 8030-8042.

Conceptualization	JB, LP, RC
Methodology	MZ, JB
Investigation	MZ, JB, LP
Writing - Original Draft	MZ, JB
Writing - Review & Editing	JB, LP, RC
Supervision	JB, RC
Funding acquisition	JB, RC