

State-of-the-art in Reproductive Bench Science: Hurdles and New Technological Solutions

Felgueiras J.¹, Ribeiro R.¹, Brevini TAL.², Costa P.F.^{1*}

¹BIOFABICS – 3D Biotissue Analogues, R. Alfredo Allen 455, 4200-135 Porto, Portugal

² Laboratory of Biomedical Embryology, Centre for Stem Cell Research, Università degli Studi di Milano, Milan, Italy

*pedro.costa@biofabics.com

Abstract:

Infertility is a growing issue in modern society, being the fifth highest serious global disability according to the World Health Organization. To study infertility and other reproductive system complications, bench science still relies on 2D and animal studies, which regularly have been criticized due to their inability to mimic the human body. Particular challenges in 2D studies include the inability to mimic fluid dynamics, gametes modulation and their crosstalk, hormonal patterns as well as the low quality and viability of gametes and embryos. Animal models also present other drawbacks, namely the absence of menstruation, making it difficult to establish a reliable predictive model for the human system. Additionally, reproductive studies should not be limited to the fallopian tube as the sole responsible for most infertility cases, but instead the research spectrum should be widened to the whole reproductive system given the tight interconnectivity between each and every organ. In the last few decades, new *in vitro* technologies have been developed and applied to the study of reproductive system complications. These systems allow to create complex three-dimensional structures, which are therefore able to more closely resemble specific microenvironments and

26 provide more realistic physical and biochemical cues. 3D (bio)printing, organoids and
27 organs-on-chips are some of the dynamic technologies which are replacing conventionally
28 employed static 2D culture. Herein, we provide an overview of the challenges found in
29 conventional 2D and animal models of the reproductive system and present potential
30 technological solutions for those same challenges.

31

32 **Keywords:** Infertility; Reproductive challenges; Biofabrication; Additive Manufacturing;
33 Organs-on-chips.

34

35 **Introduction**

36 Infertility is defined as the inability to achieve clinical pregnancy after one year of
37 regular unprotected intercourse and poses as a global public health issue [1]. According
38 to the World Health Organization (WHO), about one in every four couples have been
39 affected by infertility in developing countries [2]. This problem has a major impact not
40 only on public human health, but also on the livestock industry, animal husbandry, and
41 world food production. In this respect, abnormal ovulation and tubal obstruction are the
42 main problems in female infertility, which lead to deficient fertilization as the oocyte is
43 not able to correctly await fertilization in the fallopian tube [3]. Cancer is also correlated
44 to infertility due to the gonadotoxic properties of some anticancer treatments [4].

45 The female reproductive system is mainly composed by ovaries, fallopian tubes,
46 oviduct, uterus, and cervix [5]. Each organ is dynamic, responding to fluctuating hormonal
47 concentrations driven by the pituitary gland and ovaries. This influences the ovulation,
48 fertilization, embryo implantation, and placentation, making the reproductive system a

49 highly complex system to study [6]. The main research and clinical reproductive advances
50 were achieved so far by means of bi-dimensional (2D) *in vitro* culture studies, which will
51 be later discussed. However, this type of model presents problems related to the lack of
52 mimicry of the physiological system. Operative conditions such as pH, osmolarity, light
53 availability as well as availability of specific cues and factors are among the factors that
54 make 2D *in vitro* studies inadequate [7]. Inappropriate culture conditions and resulting
55 inadequate models can be detrimental and be a limitation in this research field. To our
56 best knowledge, currently, most studies have a limited scope, focusing on studying mainly
57 the oviduct and neglecting the bigger picture. However, it is indispensable to have a global
58 perspective, to be able to understand the whole process and comprehend its dynamics.

59 Gamete/embryo handling and cell culture media can also be a limiting factor. For
60 instance, the medium typically employed in 2D culture of embryos made by *in vitro*
61 *fertilization* (IVF) procedures can effectively impact birth weight [8]. Despite all the
62 advances in reproductive biotechnology, current operative conditions do not entirely
63 mimic interactions and hormonal patterns observed in the natural morpho- physiological
64 environment [9]. It is clear that *in vitro*-produced embryos differ markedly from those
65 that have been developed *in vivo*, due to embryo manipulation and due to the static
66 nature of cultures [10].

67 Nonetheless, when studying human fertility, animal models are not sufficiently useful
68 either, since a reliable comparison cannot be made between these two systems. Animal
69 models continue to face several challenges given that they are not entirely predictive of
70 the human body function and there still are some safety and efficacy issues related to
71 them [7]. Additionally, these models are significantly different from the human *in vivo*
72 conditions, since most of them do not menstruate nor have the same regulatory patterns

73 or specific hormones [11]. Rodents in particular are also insensitive to certain classes of
74 chemical compounds, compromising the conclusiveness of any toxicological risk
75 assessment intended to predict effects in humans [11].

76 In the present work we review various limitations encountered in reproductive
77 research, as well as various novel technological solutions which may help advance the
78 field.

79

80 **Conventional 2D cell culture and common hurdles in reproductive research**

81 *In vitro* static 2D cell culture is the most widely used strategy in the study of the female
82 tract. It is a low cost, simple and convenient approach which also enables easy
83 downstream processing [12,13]. A considerable number of related assays and techniques
84 were also extensively developed turning 2D cell culture into a flexible and quick platform
85 that can be easily employed in reproductive studies. In conventional 2D culture, cells are
86 seeded on a plastic surface and allowed to grow in a bidirectional manner, having access
87 to both media and growth factors [12,13]. The plastic surface can also be further
88 functionalised with different materials and proteins in order to resemble certain
89 microenvironments [14].

90 However, various studies alerted the scientific community to the sub-optimal
91 conditions provided by 2D cell cultures. Particularly, 2D cell culture models can
92 compromise the viability and reliability of experiments by influencing fundamental
93 cellular features and in this way affect the correct understanding of the whole organ
94 function [12,13]. During bidimensional growth, cells can suffer membrane receptor loss,
95 modifications and alterations in several characteristics, such as genetic patterns,

96 hormonal responses, cell differentiation and proliferation rates as well as responses to
97 different stimuli and secretions [15]. Additionally, during manipulation of biological
98 samples, these can suffer several manipulations, causing excessive stress to oocytes or
99 embryos (temperature, light, pH and osmolarity) and compromising their potential [8,16].
100 Furthermore, *in vitro* 2D cultures showed to not be adequate for mimicking natural
101 cellular environments given that the employed cellular monolayer suffers a quick
102 transformation, making it difficult to maintain nutrient concentration and prevent
103 metabolite accumulation [16,17]. This phenomenon is observable in cuboidal–columnar
104 oviduct epithelial cells which change their phenotype into flattened cells with a complete
105 loss of cilia and a reduced secretory ability, when compared to the normal physiology
106 (figure 1) [16]. Inadequacies may also be found in 2D ovary cultures, which are not able
107 to promote ovary follicle maturation due to the inexistence of follicular architecture.
108 Another limitation found in 2D cell cultures is related to the inability to create a sufficient
109 air-liquid interface, given that high volumes of medium are needed to supply proper
110 conditions and most current embryo culture systems are static. Therefore, these systems
111 often lose cell viability, compromising the experimental efficacy [10].
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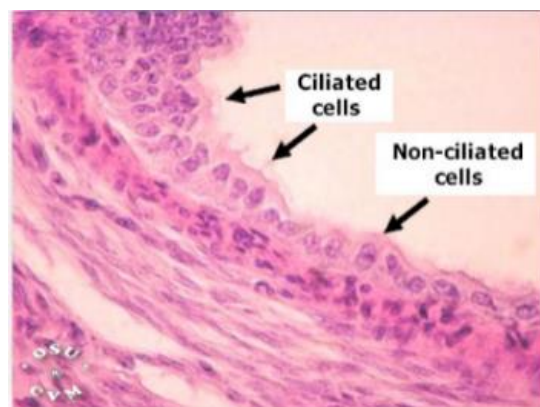


Figure 1 - Histological characterization of rat oviduct. Source: [78]

113 One of the most compromising aspects of the bidimensionality found in conventional
114 cell culture is the lack of naturally occurring interactions between cells and organs. The
115 oviduct is a good example of a non-reproducible system via 2D cell culture. This organ is
116 characterised by highly complex interactions, being where the fertilization occurs and
117 where the embryo develops before migrating to the uterus as a morula. It has a specific
118 microenvironment that activates gametes, helps avoid polysemic fertilization, promotes
119 embryo nourishment and provides developmental stimuli. Also, the oviduct wall is able
120 to recognize the arrival of spermatozoa and even alter their proteome, due to these
121 interactions [7,18-21].

122 *In vivo* hormonal patterns are also impossible to be fully emulated in 2D cell cultures.
123 The long- and short-range hormonal signals that are established between the gametes or
124 embryo and the female tract during pregnancy are a good example of such hormonal
125 patterns. These signals promote a unique dialogue and generate multiple signalling
126 cascades and a complex interactome, which may influence the maturation and transport
127 of gametes, coordinating a successful fertilization and assuring embryo viability [20].

128 Genetic patterns are another hurdle found in 2D cell culture, given that many critical
129 interactions that impact cells at a molecular level cannot be mimicked. The oviduct in
130 particular has a specific role in embryonic genome activation and reprogramming. These
131 crucial interactions are responsible for creating somatic epigenetic methylation, which in
132 turn modifies the gene expression by silencing or activating their expression through the
133 epigenetic marks which later influence the blastocyte's transcriptome [22-24]. Ferraz *et*
134 *al.* performed a comparative study between *in vitro* and *in vivo* embryos which showed
135 that active DNA demethylation was higher in *in vivo* zygotes [15].

136 Naturally occurring mechanical forces resulting from ECM stiffness and other
137 mechanical stresses are also factors that cannot be mimicked in 2D *in vitro* assays. When
138 sensed, these forces are converted by cells into inner biochemical signals which influence
139 their development. In particular, embryonic and extra-embryonic fluids have a critical role
140 in the embryo behaviour since they modulate tensional and frictional stress and
141 hydrostatic pressure [23]. Shear stress is one of the mechanical stresses that result from
142 fluid flow, peristaltic tubal compression and kinetic friction between embryo and cilia, and
143 which influence early development of the embryo [25-27]. This mechanical property is
144 responsible for inducing cell-cell communication, positively affecting the embryo by
145 refreshing the surrounding fluid, eliminating metabolites produced by the embryos and
146 influencing genetic factors. Furthermore, mechanical events, such as pulsating muscle
147 contractions, cilia beating and sperm motility, act in a positive way by increasing the
148 dispersion and availability of hormones and nutrients [26]. Shear stress can modulate
149 several important developmental mechanisms in pre-implanted embryos and should be
150 recreated in *in vitro* experiments.

151 Overall, 2D models are inefficient in promoting these normal environmental cues
152 along the tract and the interaction between the different female organs. Such limitations
153 may affect not only the gametes but also the embryo in their DNA methylation dynamics
154 or hormonal signalling. As such, all these experimental conditions may impact the
155 embryo's outcome and consequently promote sub-optimal conditions in the reproductive
156 system studies.

157

158 ***3D cell culture approaches***

159 Recent biotechnological advances brought about new techniques and more
160 complex approaches to investigate the female reproductive system. These allow to more
161 closely mimic the human body, having the potential to address the limitations previously
162 mentioned. Three-dimensional (3D) cell culture, organoid models and organ-on-chip are
163 some of these new advanced systems, which will be discussed below.

164

165 3D cell culture systems emerged as a way to overcome the hurdles reported above,
166 given their ability to more closely mimic the macro- and micro-architecture of tissues and
167 organs, and to stimulate cells with the appropriate biochemical and biomechanical cues.
168 The transition from 2D to 3D models represents a breakthrough in cell biology and related
169 areas since it can lead to levels of tissue organisation never seen before. In these cell
170 culture systems, cells grow and organize themselves in a 3D architecture, promoting a
171 more complex structures and representing a more *in vivo*-like biological
172 microenvironment. In this way, the three-dimensionality improves and promotes
173 communication between cells, replicating cell and tissue physiology, mimicking
174 mechanical cues, allowing communication between the cell and its matrix and taking into
175 account the spatial organization of the tissue [12-14]. Moreover, 3D approach allows cells
176 to maintain the basal-apical polarity, as well as to retain their genetic and epigenetic
177 patterns. However, these models may in certain cases still face some challenges involving
178 deficient non-homogenous distribution of cells, nutrients and oxygen, inefficient removal
179 of waste, lack of vascularisation and therefore limited reliability and repeatability [28].
180 The characteristics as well as pros and cons of several promising 3D-enabling technologies
181 will be described below.

182

183 **Spheroids** are simple 3D models that take advantage of the capability of adherent
184 cells to aggregate. These cell aggregates are able to mimic the microenvironment of
185 various tissues as well as their cell-cell and cell-ECM interactions. However, the
186 generation of necrotic cores is generally a considerable challenge of this technique, due
187 to the lack of nutrients, oxygen and waste diffusion to/from the center of the cell
188 aggregate. Due to its simplicity and mimicry properties, spheroids are widely used in drug
189 screening assays [28]. Lawrenson *et al* have successfully developed a fallopian tube
190 spheroid model composed of primary fallopian tube secretory epithelial cells. The
191 employed spheroids were able to restore the three-dimensional *in vivo* architecture
192 although at a low proliferative rate. In this way, it was possible to show that spheroid
193 technologies are able to generate relevant models to study the quiescent status of normal
194 secretory epithelial cells [29].

195

196 **Microcapsules** are mainly used as 3D cell carriers, and have been employed in the
197 delivery of cells for the treatment of conditions such as cancer and diabetes [30-33].
198 Microcapsules are small sized systems, ranging from 100 μm to 750 μm , generally made
199 of natural or synthetic polymers and able to encapsulate hundreds to thousands of cells.
200 The reduced capsule size allows to increase oxygen, nutrient and waste diffusion and
201 allow delivery of cells and therapeutics via small incisions or catheters, therefore avoiding
202 major surgeries [32, 33]. Dorati *et al* developed a 3D barium-alginate microcapsule for
203 enriching the medium employed in *in vitro* embryo production from cryopreserved
204 domestic cat vitrified oocytes. The results of this study showed that while using vitrified
205 oocytes 3D culture *per se* did not capacitate the viability of vitrified cat oocytes. However,

206 when using a culture condition enriched with 3D alginate microcapsules, it was possible
207 to promote maturation and embryo development [34].

208

209 **Organoid models** are composed of 3D aggregates of cells, formed either from
210 pluripotent stem cells or multipotent organ-specific adult stem cells [35]. These 3D
211 models have a higher degree of complexity, and, therefore, are able to more reliably
212 mimic tissue's histology, functionality and physiology, when comparing to the classical 2D
213 *in vitro* cell culture. Additionally, organoids are able to retain tissue phenotypical and
214 functional properties [36]. In a study by Kessler and co-workers it was possible to
215 successfully produce a fallopian tube organoid made from stem cells derived from the
216 human fallopian tube epithelium [37]. This model could mimic the normal physiology and
217 anatomy of the human fallopian tube epithelium, maintain the phenotypic patterns for
218 several months and differentiate epithelial cells into secretory and ciliated cells. Finally,
219 the authors were able to observe a high degree of similarity between the organoid and
220 its human counterpart. Also using an organoid model, Burette *et al* created an
221 endometrium model that could efficiently reproduce the tissue physiology and allow
222 long-term expansion [36]. Despite all, organoid morphology and architecture are still a
223 limitation of this type of 3D cell culture technique. For example, in oviduct organoids,
224 gametes and embryos can only gain access by means of a micro-puncture to the organoid,
225 which can be invasive and damaging to the model. Additionally, this procedure is
226 performed manually, therefore increasing the susceptibility to error [16].

227

228 **Scaffolds** are support constructs that foster cell and tissue growth. They can also
229 further influence cell and tissue development by providing topographical cues and/or

230 various biochemical cues, such as growth factors and drugs [38]. Scaffolds can be created
231 using different physical and/or chemical approaches and composed of a wide range of
232 materials, either natural, synthetic or hybrid. Some of the most promising scaffolds are
233 composed of hydrogels and manufactured by means of biofabrication techniques [39-41].

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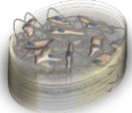
235 **Hydrogels** are three-dimensional networks composed of physically or chemically
236 crosslinked hydrophilic polymers. These are biocompatible and, although being water
237 insoluble, can uptake high amounts of water or other liquids and may have their physical
238 conformation tuned in terms of mechanical and morphological properties [42,43]. The
239 utilization of hydrogels may however be limited given that some of them are created
240 employing harmful crosslinkers and most lack adequate mechanical and degradability
241 properties. These limitations are usually overcome by combining both natural and
242 synthetic polymers in order to obtain hydrogels with tailored properties [42-44]. Joo *et*
243 *al* used a collagen-based hydrogel for seeding oocytes and investigate the hormone
244 patterns and oocyte maturation. The employed hydrogel was shown to indeed contribute
245 to the maintenance of follicle native function and its phenotypic patterns when cultured
246 *in vitro* [45].

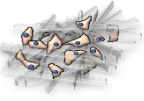
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248 **Advanced scaffolds** are constructs typically manufactured by means of technologies
249 such as electrospinning, among others [46] . Due to the precision of these technologies,
250 scaffolds can be manufactured with tailored morphology and mechanical properties,
251 maximizing the biomimetic properties of these systems [39,47]. Furthermore, by
252 employing these technologies it is possible to achieve greater levels of repeatability and
253 reproducibility, when compared to other cell culture approaches [48]. However, similarly

254 to other scaffolds, limited nutrient, oxygen and waste diffusion in large scaffold volumes,
 255 heterogeneous cell distribution and architectural challenges are among the drawbacks
 256 that may eventually be observed in these systems [48,49]. In a study by Liverani *et al*
 257 employing electrospun fibrous scaffolds for culture of porcine follicles, it was possible to
 258 observe that scaffold morphology and composition had crucial roles in enabling the ovary
 259 to maintain its normal function and follicle morphology, given that the scaffold could
 260 closely mimic the *in vivo* tissue [50].

261 *Table 1 - Advantages and disadvantages of the different 3D cell culture techniques*

3D MODELS	ADVANTAGES	DISADVANTAGES	REFERENCES
SPHEROIDS 	-Simple -Mimics <i>in vivo</i> interactions	-Necrotic cores -Size variability - Long-term culture difficulty -Simplified architecture	[29,51-54]
ORGANOIDS 	-Emulate interaction between cells of different tissues -Higher degree of complexity -Can be patient specific	-Necrotic cores -Size variability -Need validation	[54-56]
HYDROGEL SCAFFOLDS 	-Emulate <i>in vivo</i> ECM interaction - Physical or chemical crosslinking - Highly reproducible	-Inefficient exchange of substances -Simplified architecture -Difficult cell recovery	[43,54]

BIOFABRICATED SCAFFOLDS 	-Mimics the <i>in vivo</i> microenvironment - High porosity -Tailored morphology and mechanical properties	-Heterogeneous cell distribution - Limited diffusion	[54,57,58]
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262

263 ***Advanced technological solutions***

264 Nowadays there are new advanced technologies that are capable of further
 265 replicating the complex heterogeneity found in the reproductive system in a more precise
 266 manner and therefore being able to closely resemble *in vivo* microenvironments. These
 267 technologies include 3D printing and bioprinting, as well as microfluidic systems and
 268 organ-on-chips, which will be discussed below.

269

270 **3D printed scaffolds and devices.** 3D printing technology is based on the
 271 fabrication of 3D structures by consecutive deposition of layers of material. It was first
 272 used in 1986 by Charles W. Hu, who first developed stereolithography [59]. By using
 273 computer-aided design (CAD) software and medical imaging, simple or complex physical
 274 shapes can be obtained with an unprecedented speed and detail. The development and
 275 optimisation of new materials, combined with reduced manufacturing costs and
 276 advanced printers, enabled the use of 3D printing in research labs and industrial settings
 277 [60-62]. This technology can be adopted for a broad range of applications, from aviation
 278 and car industries to healthcare. In the medical field, the use of biocompatible materials,
 279 such as polylactic acid (PLA) and acrylonitrile butadiene styrene (ABS) allowed to produce
 280 scaffolds that could be used in certain medical scenarios [60-62]. Additionally, 3D printing
 281 presents a tremendous potential for scaffold production due to the increased reliability

282 and reproducibility, when compared to other methods. Post-manufacturing treatments,
283 such as heat treatments and hot isostatic pressing, are used to tailor the properties of
284 scaffolds, by modifying their microstructure or surface roughness [62].

285 **3D Bioprinting** (a very specific type of 3D printing) also applies a layer-by-layer
286 concept however, unlike standard 3D printing, it relies instead on the deposition of cell-
287 laden filaments or cell-containing droplets into specific substrates in order to generate
288 three-dimensional biological structures [59].

289 Regarding the application of 3D printing in the study of the reproductive system,
290 the best example can be found in a study by Laronda *et al.* describing the development of
291 a bioprosthetic ovary. In this case, a 3D printed microporous scaffold was able to provide
292 space and nutrition diffusion for follicle survival and maturation and enabled the growth
293 of an ovary-like vascularization, which is fundamental for the circulation of hormones
294 around the follicle. This system also enabled the development of a *corpus luteus* to
295 produce hormones, after the ovulation, and egg release without mechanical manipulation
296 or digestion [63].

297

298 **Microfluidic systems** are another strategy available to study the reproductive
299 field in a more complex manner. Microfluidic systems are small devices with a single or a
300 set of sub-millimetric channels. These micro-channels allow the injection of liquids or
301 gases through inlets connected to tubing and/or syringe/pump adapters. Such devices can
302 be used for several purposes not only in the biomedical field but also in chemistry and
303 other areas. The utilization of microfluidics for reproductive purposes has increased in the
304 past years due to their ability to mimic the reproductive system in a more efficient and
305 physiological way [19]. Microfluidics has already been used on sperm motility tests

306 allowing to study sperm rheotaxis and chemotaxis [64,65], gamete and embryo culture
307 and evaluation [23, 66], transportation of embryos and respective monitoring [66,67] and
308 to remove cumulus cells and zona pellucida [17, 68]. For example, Angione *et al* were able
309 to develop a microfluidic device that not only allowed perfusion and live imaging of the
310 living system but also a precise and flexible handling of individual oocytes and embryos
311 [69]. Another example is the device developed by Yin *et al.* which could mimic an *in vivo*-
312 like 3D placenta in a chip [70]. In this study, the construct was designed with two parallel
313 cell channels separated by a middle matrix channel, and with a perfusion flow that could
314 generate a near-physiological dynamic microenvironment. In this way, it was possible to
315 successfully build a device that allowed to study placental responses to toxicological
316 environments.

317

318 **Organs-on-chips** are complex microfluidic devices, designed for emulating the
319 architecture, function and dynamic environment of organs (or portions thereof). Organs-
320 on-chips may consist of very simple devices or highly complex device systems, often
321 integrating components such as valves or pumps into the design itself. These systems can
322 for instance allow fluid mixing, as well as generate fluid gradients and microdroplets [71].
323 Furthermore, the integration of flow perfusion and the ability to co-culture cells in a
324 controlled manner makes these devices more able to resemble *in vivo* conditions.

325 Organs-on-chips are highly suitable for laboratory assays since they are small,
326 employ low volumes of reagents being therefore less expensive to operate, and are able
327 to generate and maintain a stable microenvironment with precise control over spatial and
328 temporal dynamics. Additionally, these systems enable a greater capability for batch
329 sample processing and greater screening scope [19, 72]. These systems are already being

330 used for medical and pharmaceutical purposes, namely in drug screening and
331 pharmacokinetic and pharmacodynamic tests [5]. These devices are also able to better
332 simulate natural environments which are useful for embryo culture optimization. Organs-
333 on-chips can also mimic naturally occurring physical and mechanical stimuli, enabling cells
334 to experience relevant physiological cues that directly affect their biological function [73].
335 Additionally, medium perfusion allows to improve nutrient supply, clearance of waste
336 products and metabolic profiling [73]. Furthermore, organs-on-chips are adequate for
337 profiling the cell secretome in culture medium and, therefore, used for searching specific
338 biomarkers [74]. In the future, this technology may be used as a fertilization platform,
339 improving the *in vitro* fertilization rate and quality, as well as simultaneously integrate a
340 variety of functional tests that supplement the information about embryos or gametes.
341 Finally, by providing an environment with controlled osmolality, temperature, and pH,
342 organ-on-chip devices could eventually reduce the stress typically imposed on embryos
343 and enable spermatozoa and oocyte interaction to take place in *in vivo*-like
344 environments, generating embryos more suitable for implantation [19]. The most
345 advanced examples of organ-on-chip devices directed at reproductive studies were
346 developed by Ferraz *et al.* [21] and Xiao *et al.* [6].

347 In the first case, a polydimethylsiloxane (PDMS) microfluidic oviduct-on-chip device
348 was developed, comprising two independent and perfusable 370 μm deep compartments
349 separated by a porous membrane. To mimic the oviduct, a confluent oviduct epithelial
350 cell layer was grown on the top of the membrane. The compartments were designed to
351 ensure shear stress and to entrap the oocytes in an apical compartment. This device was
352 built with a thin design so that the apical compartment of the device would allow live
353 imaging of the epithelial cells, gametes, and embryos inside the chip [21]. This 3D model

354 allowed a deeper understanding in the early maternal-gamete/embryo interaction with
355 production of zygotes highly resembling *in vivo* zygotes, within a microenvironment
356 closely resembling *in vivo* conditions.

357 In the latter case, a complex multi-organ on chip (called EVATAR) was composed of
358 five different tissues (cervix, fallopian tube, ovaries, uterus, and liver) connected by a
359 complex microfluidic device circulating flow between all tissues. Given that the use of
360 microfluidic devices enable the control of flow rates and real-time monitoring of
361 metabolites, drug compounds, signalling molecules and hormones [5,65], this device
362 could more realistically mimic the complexity of the reproductive female system, when
363 comparing to 2D petri dishes or animal models. Additionally, this organ-on-chip was able
364 to mimic the 28-day *in vivo* human follicular and luteal phase hormone synthesis and
365 hence enable the provision of steroid and peptide hormones [6]. Such systems represent
366 the next step in the study of the female reproductive system and may become an
367 important tool for personalized medicine purposes in the future. Furthermore, with the
368 rise of induced pluripotent stem cells (iPSC) such systems could also become patient-
369 specific and therefore emulate even more closely the dynamic human tissue interactions
370 [75,76].

371

372 In general, such complex microfluidic platforms can help reveal more biological
373 insights more reliably than usual lab assays, since they can recreate the physiological
374 microenvironment, replicating many features such as chemical gradients, fluid dynamics,
375 surface interactions and morphologies [75]. However, before widespread adoption, it is
376 important to make sure that these devices are fully tested and characterized in order to
377 safeguard the reliability of results obtained. As an example, the material most commonly

378 used in the manufacture of microfluidic and organ-on-chip devices – PDMS – undesirably
379 binds to some classes of molecules and some additive manufacturing materials may be
380 toxic to cells [76].

381

382 **Conclusions and future perspectives**

383 Conventional 2D static culture methods are clearly incapable of fully mimicking
384 the natural environment where mammalian embryos typically develop under constant
385 exposure to complex combinations of stimuli, crosstalk and cascade reactions. Advanced
386 technologies such as organoids, bioprinting and organs-on-chips show the potential to
387 address these limitations by ultimately enabling the creation of 3D devices and constructs
388 where embryos and micro replicas of various reproductive organs and tissues may be
389 grown in close communication with each other. The ability to spatially control the three-
390 dimensional positioning of all these elements as well as the ability to accurately control
391 their ability to communicate amongst themselves provides a powerful means to perform
392 systematic in-depth studies where the role of each of these elements can be elucidated
393 and quantified as the embryo development progresses. Apart from simply mimicking
394 normal physiological conditions, it may also become possible to induce abnormal stimuli
395 and conditions, therefore enabling the study and understanding of diseased or abnormal
396 states which, apart from rarely occurring in nature, may also be extremely difficult or even
397 impossible to properly study in conventional *in vivo* and *in vitro* conditions.

398 Despite the unquestionable potential of these new technologies, it is however
399 important to keep in mind that they are fairly recent and are still rarely employed in
400 reproductive studies. In that sense, there is still a long and arduous way to go until such

401 technologies become routinely employed for reproductive purposes. Not only the
402 technology needs to be further developed in order to achieve its full potential, but it also
403 needs to become standardized so that results obtained from different studies can be
404 adequately combined and compared. Furthermore, and given the dynamic complexity of
405 the biological systems generated in this way, it will be equally important to assure the
406 quality and speed of acquisition of all sensorial and analytical methods employed.

407 Overall, the new technologies herein described show the potential to
408 revolutionize reproductive research as well as human and animal reproduction as a
409 whole, although much work still needs to be done so that these technologies may become
410 standardized and routinely adopted in the field.

411

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419

420 **Conflict of Interest**

421 Dr. Costa is CEO, CTO, and shareholder of the company Biofabrics Lda.

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424

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