

1 **Impact assessment of traditional food manufacturing: the case of Grana Padano cheese**

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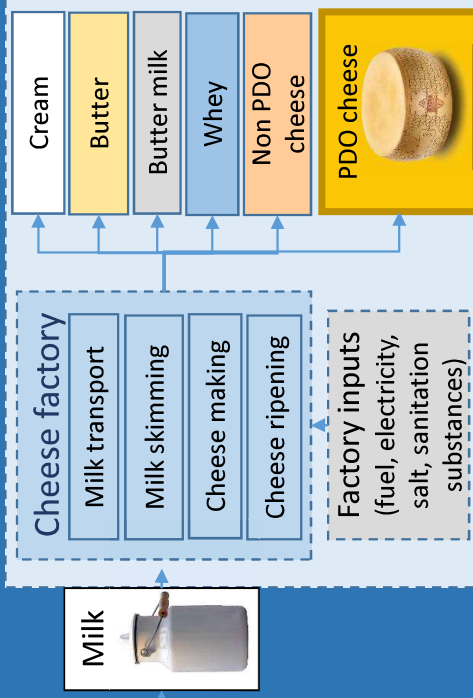
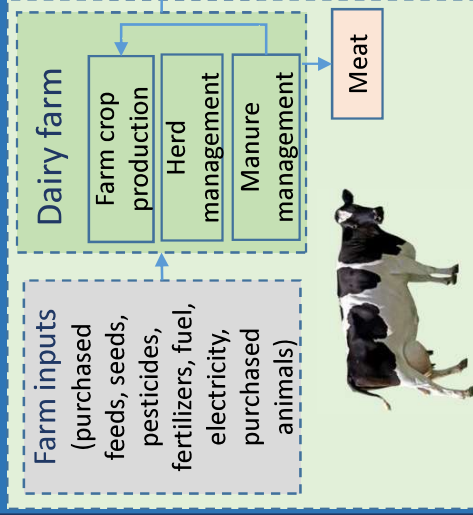
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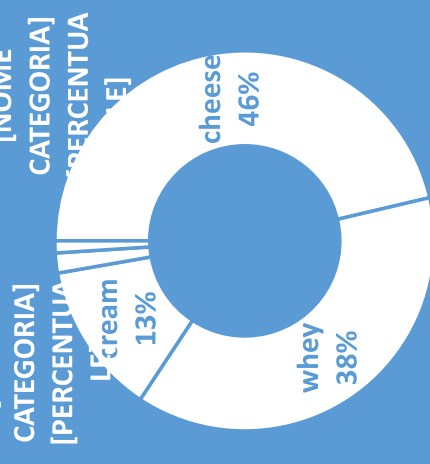
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***Graphical Abstract**
System boundaries:



Impact allocation on dry matter of

cheese-making co-products:



Functional Unit:

1 kg PDO Grana Padano cheese 12-month ripened

Impact categories:

Climate change	Ozone depletion	Acidification	Terrestrial eutrophication	Freshwater eutrophication
Marine eutrophication	Particulate matter formation	Freshwater ecotoxicity	Photochemical oxidant formation	Mineral, fossil and renewable resources depletion

Contribution of milk production to the PDO Grana Padano cheese impacts:



93.5 - 99.6%

depending on impact category

Climate Change:



10.3 kg CO₂ eq

1 kg PDO Grana Padano cheese 12-month ripened (DM allocation)

Effect of allocation methods on impacts of cheese:

- ➡ Dry matter = lowest impacts
- ➡ Economic value = + 60.9-69.2%
- ➡ Nutritive value = + 30.4-48.9%



depending on impact category

1 Highlights

- 2 • Environmental impact of Grana Padano cheese was evaluated using LCA.
- 3 • Data were collected through personal interviews at cheese factory and 5 dairy farms.
- 4 • Allocation factors choice is crucial to determine cheese environmental load.
- 5 • Environmental impacts of co-products: butter, whey and cream, were also evaluated.
- 6 • Milk production at farm loaded more than 93.5% of environmental impact of cheese.

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15

16 **Abstract**

17 The dairy sector is recognised as one of the most impacting agricultural activities. In Italy approximately
18 24% of cow’s milk is destined to Grana Padano, a Protected Designation of Origin long ripening cheese.
19 The Grana Padano production has increased by 10% in the last decade and approximately reached 183,000
20 t in 2015. Around 38% of this production is exported to Germany, US, France and to the rest of the world.
21 This study evaluated the environmental impact of production of Grana Padano, through a “cradle to
22 cheese factory gate” Life Cycle Assessment. The study involved an Italian cheese factory that produces
23 about 3.6% of the total production of Grana Padano cheese and a group of 5 dairy farms, chosen among
24 the farms that sold all milk produced to the cheese factory. The functional unit was 1 kg of Grana Padano
25 cheese 12-month ripened. Environmental impacts of co-products: whey, cream, butter and buttermilk
26 were also evaluated. Two sensitivity analyses were conducted: the first one had the aim to explore the
27 effect of different allocation methods based on dry matter content, economic or nutritive value of
28 cheese, respectively; the second one considered the variation of the impacts of milk production and its
29 effect on cheese environmental impact.

30 Milk production phase gave the most important contribution to the environmental impact of cheese, with
31 a percentage of 93.5-99.6% depending on the impact category. Excluding milk production from the system

32 boundary, milk transport and use of electricity were the main responsible of the environmental impact of
33 cheese-making process. The climate change impact for the production of 1 kg Grana Padano was 10.3 kg
34 of CO₂ eq, using a dry matter allocation method, while 16.9 and 15.2 kg of CO₂ eq adopting economic and
35 nutritive value allocation methods, respectively.

36

37 **Keywords:** LCA, milk, cheese, allocation, Grana Padano

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1. Introduction

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The future of the dairy sector has to face both the need of reducing environmental impact and the increasing demand of animal food products. Dairy products have covered an important role in the human diet for nearly 8000 years and are part of the official nutritional recommendations in many countries worldwide. Milk products provide a set of key nutrients; in fact, they contribute approximately 52-65% of the dietary reference intake of calcium and 20-28 % of the protein requirement, depending on the type of product and the age of the consumer (Rozenberg et al., 2016). In Italy, approximately 24% of cow's milk is destined to Grana Padano, a Protected Designation of Origin (PDO) cheese, that alone represents 38% of the Italian PDO cheese production, in terms of volume (Clal, 2016). Grana Padano (GP) is an extra-hard cheese with a long ripening period (from a minimum of 9 months up to 20 and more, depending on product category) produced in a defined area in Northern Italy (European Commission, 2011) using partly skimmed raw milk, calf rennet and natural whey cultures of thermophilic lactic acid bacteria as a starter (Santarelli et al, 2013). The GP production has increased by 10% in the last decade and approximately reached 183,000 t in 2015. Around 38% of this production is exported to Germany, US, France and to the rest of the world (Clal, 2016).

Life Cycle Assessment (LCA) is a generally accepted method for estimating the environmental impact of agricultural products on a global perspective (Bacenetti et al., 2015). Previous LCA studies in the dairy sector have focused primarily on environmental impact of milk production at farm gate, both gathering data from national agricultural databases (Yan et al., 2013; De Vries et al., 2015) or using primary data (Bava et al., 2014), whereas only a few studies dealt with the cheese industry. Recent studies have been conducted on the entire dairy chain in US: the first study (Kim et al., 2013) included into the LCA perspective the production of two type of cheeses (cheddar and mozzarella) and the valorization of co-products as whey (Carvalho et al., 2013; Carota et al., 2017); the second study (Capper and Cady, 2012) did a comparison of the environmental impact of cheese produced from Jersey or Holstein milk. In Australia (Flysjo et al., 2014) and European countries (Berlin 2002; Van Middelaar et al., 2011; Fornasari, 2013) some studies were made as well; although the analyses are referred to different kinds of cheeses, they confirmed that, in the environmental burden of cheese, milk production has always the greatest quota of impact. Despite the important role of GP in the Italian agrifood sector and its worldwide reputation, no previous studies were found on the evaluation of the environmental impact of this particular cheese or other similar hard cheeses.

70 The environmental impact of a hard and long ripened cheese such as GP is expected to be higher than the
71 values obtained on other cheeses, above all due to the effect of the low cheese yield. In fact for the
72 production of 1 kg of GP cheese approximately 13-14 kg of milk are needed (with a final cheese yield of
73 about 7.7%). The low cheese yield is due to the particular production process, fixed by the product
74 specifications that guarantee the traditional characteristics of GP; it includes partial skimming of milk,
75 cutting and cooking (until 56°C) of the curd with high amount of whey drained off, and a long ripening
76 period (on average 12 months), with further water loss. The cheese-making process is a typical multiple-
77 output system where the allocation of environmental impact among products and co-products is needed
78 (Fornasari, 2013). In fact, in addition to cheese, a variety of co-products such as cream, whey, butter and
79 buttermilk are produced. Whereas allocation method is far from being established, it is possible to choose
80 among different options: allocations based on economic value, mass, dry matter or nutrient density can
81 greatly change the results of the analysis. The International Dairy Federation (IDF) considered the
82 allocation issue and recently suggested (2015) to adopt an allocation based on dry matter content of the
83 different products and co-products.

84 In extra-hard cheeses like GP the choice of the allocation method is more impactful on final results than
85 in fresh cheeses due to the low cheese yield. For these reasons, the valorization of whey is essential to
86 split the environmental impact of cheese production. The production of whey in Italy is estimated 9
87 Mt/year, half of which from hard cheeses (Clal, 2016).

88 The aim of this study was to evaluate the environmental impact of the production of PDO Grana Padano
89 cheese through a “cradle to cheese factory gate” Life Cycle Assessment. The study involved a cheese
90 factory that produces about 3.6% of the total production of PDO Grana Padano cheese and a
91 representative group of 5 dairy farms. The described processes and operations represent a real case study.
92 Two sensitivity analyses were conducted: the first one had the aim to explore the effect of different
93 allocation methods based on dry matter content, economic or nutritive value of cheese, respectively; the
94 second one considered the variability of the impacts of milk production and its effect on cheese
95 environmental impact.

96

97 **2. Materials and methods**

98

99 **2.1 System description**

100 Raw milk for production of PDO Grana Padano cheese must be obtained from cows milked twice a day in
101 dairy farms located in the production area defined in the Product Specification (European Commission,
102 2011). Cow feeding ration is based on fresh or preserved (as hay or silage) forages, and concentrates; the
103 ratio between forage and concentrate, on dry matter (DM) basis, has to be lower than 1 in the daily
104 ration. At least 50% DM of the whole daily ration must be produced within the defined production area.
105 The milk must not be refrigerated below 8°C, neither at the farm nor during transportation to the cheese
106 factory and, whether from a single milking session or from two mixed together, it must be partly skimmed
107 by natural creaming (D’Incecco et al., 2015). Addition of lysozyme to milk is accepted up to a maximum of
108 25 g/t milk. The product cannot be labelled as PDO Grana Padano until it is nine months old and has
109 passed the official quality control steps (Masotti et al., 2010; D’Incecco et al., 2016).
110 The production chain of PDO Grana Padano cheese is schematically reported in Fig. 1.

111

112 **Figure 1 - around here**

113

114 To perform the LCA analysis, the production process was divided in three subsystems:

115 1) **milk production**, this section includes all the operations that take place at the farm level such as crop
116 cultivation for feed and forage production, animal feeding, manure management, milking and milk
117 storage. In more details, for each crop, the whole sequence of field operations carried out from soil
118 tillage to feed harvesting and storage have been considered. In addition, the environmental costs for
119 extraction, production and transportation of purchased inputs as feed, seeds, fertilizers, fuels, etc. were
120 considered. The main product of this subsystem is the milk with the co-products: meat from culled cows,
121 sold and dead animals, animal slurry. The animal slurry is completely used to fertilize the fodder crops at
122 farms;

123 2) **cheese-making**, this phase starts with the collection of the milk from the dairy farms and the
124 transportation to the cheese factory and ends with the production of cheese. The cheese-making includes
125 the operations described in figure 1.

126 The main product of this subsystem is the fresh cheese while whey, cream, butter and buttermilk are the
127 co-products. Fresh cheese is moved to the ripening room while the co-products are sold.

128 3) **cheese ripening**, this step corresponds to the period during which the cheese is stored in the ripening
129 room at a temperature in the range 15-22° C. During this period, which must last a minimum of 9 months,

130 the dry matter content of the cheese increases and the characteristic taste and structure develop. In this
131 study, a 12-month ripening period was considered. The products of this step are: PDO Grana Padano
132 cheese as wheels with two different quality levels (First and Second choice), and generic hard cheese
133 grated which is the cheese that does not fully accomplish the specific quality and origin denomination.

134

135 **2.2 Functional unit**

136 The functional unit (FU) in a LCA study is defined as the quantified performance of a product system. In
137 this study, two functional units were selected.

138 At farm gate, to evaluate the environmental impacts of milk production, the FU was 1 kg of Fat and
139 Protein Corrected Milk (FPCM), as suggested by IDF (2015), while, at cheese factory gate, when also the
140 cheese-making and ripening were included in the system boundaries, the FU was 1 kg of PDO Grana
141 Padano cheese 12-month ripened without packaging because GP is generally sold as entire wheels.

142

143 **2.3 System boundary**

144 The environmental assessment was carried out considering a “cradle-to-cheese factory gate” perspective.
145 Consequently, the system boundaries (Fig. 2) included feed production, slurry storage and spreading, as
146 well as the cheese-making processes and ripening, while packaging, transport, distribution, consumption
147 and end-of-life of the cheese were excluded from the assessment.

148 As crop production is concerned, this life cycle considered raw material extraction (e.g., fossil fuels and
149 minerals), manufacture (fertilizers, seeds, pesticides and agricultural machines), use (diesel fuel
150 consumption and engines exhaust gas emissions, tire abrasion emissions and fertilizer related emissions),
151 maintenance and final disposal of machines, and supply of inputs to the farm (fertilizers, seeds and
152 herbicides). The details about crop production are previously showed by Bacenetti et al. (2016).
153 Concerning cheese-making and ripening the production of rennet and lysozyme was excluded from the
154 evaluation considering the low amount consumed and the absence of information concerning their
155 production process and capital goods (González-García et al., 2013b).

156

157 **Figure 2 - around here**

158

159 **2.4 Inventory data collection**

160 Primary data were directly collected by means of questionnaires and surveys in the dairy farms and in the
161 cheese factory. For the estimation of environmental impact of milk production at dairy farm stage, a
162 group of 5 farms was chosen among the 40 farms that sold all milk produced to the cheese factory. The
163 farms were selected in agreement with the owner of cheese factory considering their representativeness
164 in terms of cropping systems and ratio between on-farm produced and off-farm feed. The five farms were
165 located at an average distance of 40 km from the cheese factory and were typical intensive farms of the
166 Po plain (Northern Italy); they were characterized by high variability in terms of number of lactating cows
167 (on average 268 ± 333), milk production (2754 ± 3528 t of fat and protein corrected milk per year), arable
168 utilized land for annual crops (89.3 ± 120.8 ha), permanent pasture destined to hay production (35.3 ± 21.3
169 ha) and stocking density (3.0 ± 0.7 livestock unit/ha). All farms produced and included maize silage into
170 dairy cow ration, while 4 of them produced lucerne and grass hays, utilized as feed for animals. All the
171 farms showed a high percentage of feed self-sufficiency, calculated as the percentage of the dry matter
172 (DM) produced on farm on the total DM needed to feed animals (on average $75.6\pm16.9\%$). Dairy efficiency,
173 expressed as the ratio between milk production and dry matter intake was also calculated resulting quite
174 high ($1.5\pm0.2\%$): The main data from the 5 dairy farms involved in the study are showed in table A1
175 (supplementary material).

176 The environmental impact of milk production was included in the estimation of PDO Grana Padano impact.
177 It was supposed that each farm contributed to annually milk used in cheese factory proportionally to its
178 annual milk production. All data concerning cheese making was collected directly at cheese factory and is
179 showed in Table 1.

180

181 **Table 1 - around here**

182

183 Field emissions of nitrogen compounds into air, water and soil were assessed according to the model EFE-
184 So (Estimation of Fertilisers Emissions-Software) based on Brentrup et al. (2000) and Schmidt Rivera et al.
185 (2017). More in details, ammonia volatilization, emissions of dinitrogen oxide and nitrate leaching were
186 assessed considering the characteristic of soil (texture, pH, CEC), climate (temperature, wind,
187 precipitation) and the spreading technique (timing between spreading and soil incorporation, type of crop
188 residues, type of machines). Phosphate emissions were calculated following Prahun (2006) and Nemecek
189 and Kägi (2007) considering two emissions sources: leaching to the ground water (0.07 kg P·ha⁻¹·year⁻¹)
190 and run-off to surface water (0.175 kg P·ha⁻¹·year⁻¹). Fuel consumption for the different field operations

191 was assessed considering the characteristics of tractors (engine power, mass, age and emissions stage) and
192 equipment (working width, working depth) as well as soil conditions and working times (Lovarelli and
193 Bacenetti, 2017).

194 Pesticide derived emissions into water, air and soil were estimated in accordance with Althaus et al.
195 (2007) and Margni et al. (2002). According to these studies, 85% of the pesticide is released into the soil
196 (10%, equal to 8.5% of the total, the run-off from the soil into the water), 10% is emitted into the air while
197 5% stays on the plant canopy.

198 The nutritive value, as chemical composition, of the rations of all the animal categories represented in
199 the 5 farms were calculated using the program CPM (Cornell Penn Miner)-Dairy Rations Analyser v0.3.7.
200 starting from the feed composition. In this way, it was also possible to estimate feeding ration digestibility
201 for the calculation of methane emission from slurry. For methane emissions from livestock enteric
202 fermentations, the equations proposed by Moraes et al. (2014) were used.

203 Animal nitrogen excretion, methane emissions from slurry storage before spreading and nitrous oxide
204 (N_2O) emissions from slurry storages were estimated as proposed by the IPCC (2006) Tier 2 method;
205 detailed information about emissions estimation was reported in Guerçi et al. (2013) and Bacenetti et al.
206 (2016). Ammonia (NH_3) and nitrogen oxide emissions (NO_x) that occur during animal housing and slurry
207 storages were estimated following the method proposed by EEA (2009) on the basis of the total amount of
208 nitrogen excreted by the animals.

209 Background data for the production of seeds, diesel fuel, fertilizers, pesticides, tractors and agricultural
210 machines (equipment and self-propelled machines) as well as about transport were obtained from the
211 Ecoinvent Database v.3 (Weidema et al., 2013).

212

213 **2.5. Allocation**

214 According to the ISO 14040, allocation should be avoided by applying a system expansion. Nevertheless, in
215 attributional LCA the multifunctionality issue is usually solved by allocation based on physical or economic
216 quantities. The co-products (butter, buttermilk, whey, etc.) arising during cheese making can be used for
217 different purposes: for example, the whey can be used for biogas production, for animal feeding and for
218 the production of whey protein concentrate (Bacenetti et al., 2018). Furthermore, in this study system
219 expansion was not applicable due to the lack of detailed information concerning the specific mass
220 consumptions and energy flows for each operation carried out during cheese making. Consequently,
221 allocation was performed as in previous studies focused on cheese production (Berlin et al., 2002;

222 Gonzalez-Garcia et al., 2013a). At farm level, allocation between milk and meat was made according to
223 IDF (2015), while at cheese factory level, different allocations were performed. More in details, among
224 fresh cheese, whey, butter, cream and buttermilk, the environmental impact was allocated considering
225 their dry matter content as suggested by IDF, (2015) (DM_All). Among the different cheese products (PDO
226 cheese 1st quality, PDO cheese 2nd quality, non PDO grated cheese) an economic allocation based on
227 market prices was carried out (Clal, 2017; cheese factory owner communication, 2017; Table 2).

228

229 **Table 2 around here**

230

231 ***2.6. Impact assessment***

232 Within the Life Cycle Impact Assessment (LCIA), the following impact categories were considered for
233 evaluation: climate change, ozone depletion, particulate matter formation, photochemical oxidant
234 formation, terrestrial acidification, terrestrial eutrophication, freshwater eutrophication, marine
235 eutrophication, freshwater ecotoxicity, mineral depletion and fossil depletion. The characterization
236 factors considered were those from ILCD 2011 Midpoint V1.03.

237

238 ***2.7 Sensitivity analyses***

239 Two sensitivity analyses were performed in order to test the robustness of the environmental impact
240 results of 1 kg of PDO Grana Padano cheese 12-month ripened.

241

242 ***2.7.1 Sensitivity analysis based on different allocations***

243 Previous studies (Flysjö et al., 2014; Helmes et al., 2016) found that allocation choice can significantly
244 influence the impacts per kg of cheese product and, consequently, of co-products. Therefore, a sensitivity
245 analysis was performed to compare the three different allocation methods: (i) dry matter content
246 (suggested by IDF, 2015) (DM_All); ii) economic value (ECON_All) based on selling prices of different
247 products, (iii) fat and protein content (suggested by EPD, 2014) (NUTR_All). Table 3 shows the allocation
248 factors included in the sensitivity analysis.

249 Prices, dry matter content and nutritive value of the different products and co-products were obtained
250 from different sources: national database of CREA (Centro di Ricerca per gli alimenti e la nutrizione,

251 2016); Mucchetti and Neviani (2006); Clal (2017); Salvadori dal Prato (2005); cheese factory owner
252 communication (2017).

253

254 **Table 3 around here**

255

256 *2.7.2 Sensitivity analysis based on different milk environmental impacts*

257 A second sensitivity analysis was performed to investigate the variability of environmental impacts of
258 cheese due to the variation of the environmental impact of milk production. To this purpose, the impact
259 of PDO Grana Padano cheese has been assessed considering the milk produced in the farm 1 and farm 2
260 that was characterized by the highest (HIGH) and the lowest (LOW) environmental impact, respectively.

261

262 **3. Results and discussion**

263

264 In the following section, the results are presented and discussed focusing the attention on the
265 contribution of the different subsystems (subchapter 3.1) as well as on the impact of the different by-
266 products (subchapter 3.2). Lastly, the results of the sensitivity analyses carried out are reported.

267

268 *3.1 Contribution of the different sub-systems*

269 a) Milk production

270 Table 4 reports the average results of the environmental impact assessment of milk production in the
271 farms included in the study, expressed per kg of FPCM; the detailed results are reported in Table A2
272 (supplementary material). Climate change per kg FPCM was higher (1.46 kg CO₂ eq) than the values
273 previously found in the same area in Northern Italy (1.26 kg CO₂ eq; Bava et al., 2014) and in Irish
274 commercial dairy farms (1.23 kg CO₂ eq; Yan et al., 2013). Climate change is highly influenced by Land
275 Use Change (LUC), which is represented in this case by the CO₂ emission due to the cultivation of soybean
276 on new fields in Brazilian area, at the expense of forest areas. The inclusion of LUC in the evaluations of
277 this study increased climate change of milk production; other authors (Flysjö, et al., 2012; Guerci et al.,
278 2014) reported that the contribution of commercial feed production to climate change of milk production
279 can greatly increase with the inclusion of LUC emissions and the total impact can reach values more than
280 three times higher compared to the estimates without LUC emissions.

281 In particular among the five farms considered in the analysis, the farm characterized by the higher milk
282 production showed the highest impact for Climate Change (1.68 kg CO₂ eq/kg of FPCM) mainly due to LUC
283 and the intensive utilization of the agricultural area for the production of maize silage.

284

285 **Table 4 around here**

286

287 For all impact categories, milk production was the most important contributor to the environmental
288 impacts of cheese: its contribution ranged from 93.5% for freshwater eutrophication to 99.6% for
289 terrestrial eutrophication. For climate change, milk production represented 95.6% of the total impact of
290 cheese. As underlined by Berlin (2002), although cheese is a highly industrially processed dairy product,
291 the activity that mainly contributes to its environmental impact is the milk production at farm due in
292 particular to feed production and, above all, to gas emissions from animals and manure as methane and
293 ammonia.

294 This result is in agreement with the conclusions of other studies from Kim et al. (2013) and Palmieri et al.
295 (2017), on different kind of cheeses.

296

297 b) Cheese-making

298 Figure 3 shows contributions for the cheese-making subsystem alone (excluding milk production phase).

299 Milk transport from farms to cheese factory is one of the most important responsible of environmental
300 impact of cheese-making. A rational organization of milk collection at the farms could be an interesting
301 way to mitigate the impacts related to the transport.

302 The use of electricity is the second important contributor for all evaluated impact categories of the
303 subsystem 2. Dalla Riva et al. (2016) found similar results: in their study, excluding raw milk production
304 from the system boundary, electricity consumption, packaging and transport were the main environmental
305 hotspots.

306 Flysjö et al. (2014) reported that, excluding milk production, the use of energy had the highest
307 contribution on environmental impact of cheese production and other dairy products.

308

309 **Figure 3 around here**

310

311 c) Cheese ripening

312 As explained before, this phase includes the 12-month ripening and the production of grated cheese; from
313 an environmental point of view, the natural gas utilized to maintain the required temperature and
314 humidity of warehouse storage and the electricity to grate cheese were the main inputs.

315 The contribution of ripening phase to the environmental impact of GP production was negligible. The
316 higher contribution was registered for the Freshwater eutrophication (1.61% of the freshwater
317 eutrophication of total GP production) while the lowest contribution was related to the Terrestrial
318 eutrophication (0.07%). The Climate change of ripening was 0.08 kg CO₂ eq/kg of GP, equal to 0.74% of
319 total Climate change of cheese production.

320

321

322 **3.2 Impact of the different co-products**

323 Table 5 shows the environmental impact of production of butter, whey, buttermilk and cream for
324 different impact categories using DM allocation.

325 Whey primarily consists of water (about 94%), lactose, minerals, proteins and fat; approximately 50% of
326 the milk solids appear in the whey, in particular about 100% of the lactose and 20% of the protein
327 (Smithers et al., 2008).

328 Due to very low DM, environmental impacts of 1 kg of fresh whey resulted the lowest of all co-products
329 when allocation is based on DM. The impact assessment of whey is strongly influenced by the allocation
330 method; in the following paragraph this aspect will be investigated. The present results of whey
331 environmental impact, in particular climate change, are consistent with other studies (van Middelaar et
332 al., 2011; Helmes et al., 2016).

333 As underlined by Eymann et al. (2016), due to its high DM content, butter is the product with the highest
334 climate change impact. Climate change for 1 kg of butter production (11.8 kg/CO₂ eq) is slightly lower
335 than the value of 13 kg/CO₂ eq found by Eymann et al. (2016): the difference can be explained by the
336 different impact of raw milk (1.46 kg CO₂ eq in this study vs 1.9 kg CO₂ eq in the study of Eymann et al.,
337 2016). On the contrary Flysjö et al. (2014) reported a lower climate change impact for butter (8.1 kg CO₂
338 eq/kg), but it referred to a mixture that included butter and blend products with a 58% of fat.

339

340 **Table 5 around here**

341

342 **3.3 Sensitivity analyses**

343 *3.3.1. Sensitivity analysis based on different allocation factors*

344 In table 6 the effects of the different allocation approaches on environmental impact evaluation of 1 kg of
345 PDO Grana Padano cheese (included all production phases) are showed.

346 For cheese production, considering DM allocation as the reference, most impact categories increased using
347 economic allocation. The economic allocation is influenced by price fluctuations and, due to the low
348 economic value of the co-products, assigns to cheese a higher share of the total impact. Climate change
349 of cheese increased of approximately 65% using economic allocation instead of DM allocation ; on the
350 other hand, climate change of butter, whey and cream decreased of about 21%, 87% and 25%,
351 respectively. Results showed that the allocation methods ECON_All and NUTR_All (based on fat and
352 protein content) gave similar impacts for cheese, generally higher than DM allocation. On the other hand,
353 the application of a mass allocation can lead to wrong conclusions for the generation of great masses of
354 co-products of very low economic and nutritional value (e.g. the mass of whey).

355

356 **Table 6 - around here**

357

358 *3.3.2. Sensitivity analysis based on different milk environmental impacts*

359 In table 7 the environmental impact for 1 kg of FPCM obtained in the HIGH and in the LOW impact dairy
360 farms are reported. The two farms considerably differed in terms of herd size: 760 vs 140 lactating cows
361 in the HIGH and in the LOW farm, respectively. The LOW farm destined half of the farm land to meadow
362 hay production and did not buy forages from market, while in the HIGH farm 81% of arable land was sown
363 with maize for silage. In the HIGH farm a large quantity of soybean meal was bought (about 1,000 t/year),
364 taking behind an important load of environmental impact due to LUC; in the LOW farm soybean meal was
365 not used. The variability of impacts of milk production between the two farms was very high: this suggests
366 a potential for decreasing emissions of milk production through a proper combination of management
367 choices and technical solutions already available.

368

369 **Table 7 around here**

370

371 Figure 4 shows the environmental impacts of 1 kg of GP considering all milk used for cheese making
372 coming from the HIGH or the LOW farms (farm 1 and 2, respectively, in table A2 of the supplementary
373 material).

374 Using the milk with the low impact (coming from the LOW farm) reduces the GP climate change by
375 approximately 22% in comparison with the average value. On the contrary, in the hypothesis in which all
376 the milk derives from the HIGH farm, the GP climate change increases by 5.7%. As milk production phase
377 is the main environmental hotspot, the variation of the milk impact strongly affects the environmental
378 performances of cheese. Moreover, the results of the sensitivity analysis show that some dairy farms can
379 produce milk in a more sustainable way through the adoption of already existing good practices and this
380 could have a high mitigation potential on the environmental impact of cheese production.

381

382 **Figure 4 - around here**

383

384

385 ***3.4 Mitigation strategies and relation between environmental impact and production disciplinary***

386 A direct comparison between the results of the present study and the previous analyses of environmental
387 impact of cheese production is difficult. In fact, although similar methodological choices were made (e.g.,
388 the functional unit selected is usually the mass of cheese and the multifunctionality issue is solved thanks
389 to economic allocation), the production process of GP is considerably different from the other cheeses
390 studied and, consequently, a huge difference in the environmental impacts occurs. Considering that the
391 milk production is by far the main contributor to the environmental impact of cheese, among the different
392 parameters characterizing the cheese making process, the cheese yield (kg of cheese per kg of milk) is the
393 most important in the environmental perspective. As previously highlighted, cheese yield of GP is very low
394 due to the peculiarities of the production process that are specified in the PDO guidelines with the aim to
395 guarantee the traditional characteristics of the product. The environmental impact of GP, which is quite
396 high in comparison to other cheeses, is strictly linked to its distinctive features.

397 Considering the importance of milk production phase in influencing the environmental impact of cheese
398 the mitigation strategies should focus primarily on that phase. More in details, at farm level, the most
399 promising solutions focus on slurry management during storage and field application. During field
400 application, the emissions of ammonia and the related impacts (e.g., acidification) can be reduced using
401 spreading techniques such as injection (Carozzi et al., 2014; Bacenetti et al., 2016b) and band spreading

402 (Misselbrook et al., 2002; Amon et al., 2006). The anaerobic digestion of slurry instead of their
403 “conventional” storage in open tanks involves a double benefit of reducing the emissions of methane,
404 dinitrogen monoxide and ammonia and producing electricity from renewable sources. Bacenetti et al.
405 (2016a) highlighted that an impact reduction ranging from 20% to 30% can be achieved for climate change,
406 acidification and eutrophication thanks to the anaerobic digestion of slurry in comparison with storage.
407 With regard to the anaerobic digestion of manure similar results were reported by Battini et al. (2014) and
408 Baldini et al. (2017).

409 Finally, concerning the PDO cheeses, a relation between the guidelines imposed by the production
410 disciplinary and the environmental impact is hardly identifiable. Environmental benefits could arise from
411 reduction of the transport distance of milk (thanks to the concentration of milk production and cheese
412 making in a limited geographic area) or by a high use of manpower instead of electric machines. However,
413 the use of small or not technologically updated devices for cheese making and the long ripening could
414 involve an increase of the environmental load due to the higher energy consumption.

415

416 **4 Conclusions**

417

418 The results obtained from the study confirmed with evidence that the main environmental load in the
419 cheese production is connected with the production of milk: for all impact categories considered, the
420 contribution of milk production was between 93.5% to 99.6% of the total cheese environmental impacts.
421 Starting from this conclusion, as highlighted by sensitivity analysis, the application of mitigation strategies
422 at dairy farm level is the most important option to reduce the environmental impact of Grana Padano.
423 Especially in the case of renowned and high-value products such as Grana Padano, cheese factories should
424 make efforts to improve the environmental sustainability of milk production, through technical support,
425 dissemination of good practices and economic incentives to the dairy farms.

426 The environmental impact of cheese-making and ripening phases was mainly determined by transport of
427 milk from dairy farms to cheese factory and electricity use. A reduction of transport impact could be
428 achieved through the organization of proper milk collection pathways.

429 The allocation method considerably affects the results especially in the case of cheese production due to
430 the multiple co-products. A consensus on the allocation methods can give an important contribution to
431 scientists and practitioners: policy makers and consumers ask for clear and comparable results on food

432 product sustainability. In the case of cheese production, the allocation method based on dry matter
433 content of the products seems to be the most suitable allowing to compare products with different dry
434 matter contents (for example ripened cheese with fresh cheese). Moreover dry matter content is a
435 parameter easy to obtain and related to the nutritive value of cheese.

436

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441

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1

2 **Table 1** - Main inventory data from cheese factory (2015)

Input		
Milk	t/year	86165
Rennet	t/year	3.21
Lysozime	t/year	1.83
Salt	t/year	120
Natural gas *	MWh	8655
Electricity *	MWh	4747
Cleaning detergent *	t/year	31.5
Output		
Cheese wheels	n/year	183443
Average wheel weight	kg/wheel	35.9
PDO GP cheese 1 st choice	t/year	5570
PDO GP cheese 2 nd choice	t/year	824
Non PDO GP cheese	t/year	198
Whey	t/year	61806
Cream	t/year	4385
Butter	t/year	205
Buttermilk	t/year	1104
Economic value		
PDO GP cheese 1 st quality	€/kg	7.30
PDO GP cheese 2 nd quality	€/kg	5.84
non PDO grated cheese	€/kg	8.18

* for cheesemaking and ripening

3

4 **Table 2** - Economic allocation factors among the different cheese products

Products	Allocation factors
	%
PDO GP cheese 1 st quality	86.3
PDO GP cheese 2 nd quality	10.2
non PDO GP grated cheese	3.50

5

6

7 **Table 3 - Production quality, market price and allocation factors of different products at cheese factory**

	Unit	Fresh cheese	Whey	Cream	Butter	Buttermilk
Dry matter content ^[1]	%	61.0	6.0	29.0	82.0	9.0
Dry matter allocation factor (DM_All)	%	46.3	37.9	13.0	1.7	1.0
Market Price	€/kg	5.19 ^[3]	0.04 ^[3]	2.01 ^[4]	3.34 ^[4]	0.18 ^[4]
Economic allocation factor (ECON_All)	%	76.2	4.84	17.3	1.34	0.39
Fat content ^[2]	%	27.0	0.6	22.0	83.4	0.6
Protein content ^[2]	%	29.7	0.75	2.60	0.80	3.20
Nutritive allocation factor (NUTR_All)	%	68.7	8.40	19.4	2.80	0.68

Formatted Table

8 ^[1] Dry matter contents - data from: fresh cheese and whey (personal communication); cream and buttermilk (Salvadori dal Prato, 2005); butter (CREA, 2016)

9 ^[2] Fat and protein content - data from: fresh cheese and whey (personal communication); cream (Salvadori dal Prato, 2005); butter (CREA, 2016); buttermilk (Mucchetti and Neviani, 2006)

10 ^[3] Data from cheese factory owner communications

11 ^[4] Data from Clal (2017)

12 **Table 4 - Environmental impact of 1 kg FPCM at farm level**

Impact category	Unit	Mean	SD
Climate change	kg CO ₂ eq	1.461	0.249
Ozone depletion	g CFC-11 eq	0.0001	0.0001
Particulate matter formation	g PM _{2.5} eq	0.687	0.221
Photochemical ozone-oxidant formation	kg NMVOC eq	0.0026	0.0009
Terrestrial acidification	molc H ⁺ eq	0.0237	0.0081
Terrestrial eutrophication	molc N eq	0.1024	0.0367
Freshwater eutrophication	g P eq	0.0933	0.0403
Marine eutrophication	g N eq	8.777	1.730
Freshwater ecotoxicity	CTUe	3.221	1.785
Mineral, fossil & ren resource depletion	g Sb eq	0.0081	0.0027

13 **Table 5 - Environmental impacts potentials of 1 kg of different co-products (DM allocation)**

Impact category	Unit	Whey	Butter	Buttermilk	Cream
Climate change	kg CO ₂ eq	0.872	11.768	1.418	4.217
Ozone depletion	g CFC-11 eq	0.000080	0.001074	0.000129	0.000385
Particulate matter formation	g PM _{2.5} eq	0.483	6.513	0.785	2.334
Photochemical oxidant formation	kg NMVOC eq	0.002	0.026	0.003	0.009
Terrestrial acidification	molc H ⁺ eq	0.016	0.219	0.026	0.078
Terrestrial eutrophication	molc N eq	0.070	0.948	0.114	0.340

Freshwater eutrophication	<i>g P eq</i>	0.069	0.931	0.112	0.334
Marine eutrophication	<i>g N eq</i>	5.402	72.88	8.780	26.12
Freshwater ecotoxicity	<i>CTUe</i>	2.486	33.54	4.040	12.02
Mineral, fossil & ren resource depletion	<i>g Sb eq</i>	0.006	0.074	0.009	0.027

19

20 | **Table 6** - Environmental impacts ~~s~~-potentials of 1 kg of Grana Padano considering different allocation
21 | methods

Impact category	Unit	Allocation		
		DM_All	ECON_All	NUTR_All
Climate change	<i>kg CO₂ eq</i>	10.3	16.9	15.2
Ozone depletion	<i>g CFC-11 eq</i>	0.00094	0.00154	0.0014
Particulate matter formation	<i>g PM_{2.5} eq</i>	5.669	9.312	8.406
Photochemical oxidant ozone formation	<i>kg NMVOC eq</i>	0.023	0.037	0.03
Terrestrial a Acidification	<i>molc H+ eq</i>	0.190	0.312	0.28
Terrestrial eutrophication	<i>molc N eq</i>	0.823	1.353	1.22
Freshwater eutrophication	<i>g P eq</i>	0.820	1.341	1.21
Marine eutrophication	<i>g N eq</i>	63.25	104.0	93.87
Freshwater ecotoxicity	<i>CTUe</i>	29.20	48.0	43.3
Mineral, fossil & ren resource depletion	<i>g Sb eq</i>	0.065	0.11	0.096

22

23 | **Table 7** - Environmental impacts ~~s~~-potentials of milk production (1 kg of FPCM) in the two farms with the
24 | highest and the lowest impacts.

Impact category	Unit	HIGH	LOW
Climate change	<i>kg CO₂ eq</i>	1.678	1.215
Ozone depletion	<i>g CFC-11 eq</i>	0.00018	0.00003
Particulate matter formation	<i>g PM_{2.5} eq</i>	1.053	0.657
Photochemical oxidant ozone formation	<i>kg NMVOC eq</i>	4.052	1.851
Terrestrial A acidification	<i>molc H+ eq</i>	0.035	0.026
Terrestrial eutrophication	<i>molc N eq</i>	0.153	0.113
Freshwater eutrophication	<i>g P eq</i>	0.148	0.050
Marine eutrophication	<i>g N eq</i>	11.33	7.61
Freshwater ecotoxicity	<i>CTUe</i>	5.768	1.991
Mineral, fossil & ren resource depletion	<i>g Sb eq</i>	0.012	0.005

25

1

2 **Table 1 - Main inventory data from cheese factory (2015)**

Input		
Milk	t/year	86165
Rennet	t/year	3.21
Lysozime	t/year	1.83
Salt	t/year	120
Natural gas *	MWh	8655
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Cleaning detergent *	t/year	31.5
Output		
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Average wheel weight	kg/wheel	35.9
PDO GP cheese 1 st choice	t/year	5570
PDO GP cheese 2 nd choice	t/year	824
Non PDO GP cheese	t/year	198
Whey	t/year	61806
Cream	t/year	4385
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Buttermilk	t/year	1104
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PDO GP cheese 2 nd quality	€/kg	5.84
non PDO grated cheese	€/kg	8.18

* for cheesemaking and ripening

3

4 **Table 2 - Economic allocation factors among the different cheese products**

Products	Allocation factors
	%
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PDO GP cheese 2 nd quality	10.2
non PDO GP grated cheese	3.50

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6

7 **Table 3** - Production quality, market price and allocation factors of different products at cheese factory

	Unit	Fresh cheese	Whey	Cream	Butter	Buttermilk
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Dry matter allocation factor (DM_All)	%	46.3	37.9	13.0	1.7	1.0
Market Price	€/kg	5.19 ^[3]	0.04 ^[3]	2.01 ^[4]	3.34 ^[4]	0.18 ^[4]
Economic allocation factor (ECON_All)	%	76.2	4.84	17.3	1.34	0.39
Fat content ^[2]	%	27.0	0.6	22.0	83.4	0.6
Protein content ^[2]	%	29.7	0.75	2.60	0.80	3.20
Nutritive allocation factor (NUTR_All)	%	68.7	8.40	19.4	2.80	0.68

8 ^[1] Dry matter contents from: fresh cheese and whey (personal communication); cream and buttermilk (Salvadori dal
9 Prato, 2005); butter (CREA, 2016)

10 ^[2] Fat and protein contents: fresh cheese and whey (personal communication); cream (Salvadori dal Prato, 2005);
11 butter (CREA, 2016); buttermilk (Mucchetti and Neviani, 2006)

12 ^[3] Cheefactory owner communication

13 ^[4] Clal (2017)

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15 **Table 4** - Environmental impact of 1 kg FPCM

Impact category	Unit	Mean	SD
Climate change	kg CO ₂ eq	1.461	0.249
Ozone depletion	g CFC-11 eq	0.0001	0.0001
Particulate matter formation	g PM _{2.5} eq	0.687	0.221
Photochemical oxidant formation	kg NMVOC eq	0.0026	0.0009
Terrestrial acidification	molc H ⁺ eq	0.0237	0.0081
Terrestrial eutrophication	molc N eq	0.1024	0.0367
Freshwater eutrophication	g P eq	0.0933	0.0403
Marine eutrophication	g N eq	8.777	1.730
Freshwater ecotoxicity	CTUe	3.221	1.785
Mineral, fossil & ren resource depletion	g Sb eq	0.0081	0.0027

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25 **Table 5 - Environmental impacts of 1 kg of different co-products (DM allocation)**

Impact category	Unit	Whey	Butter	Buttermilk	Cream
Climate change	kg CO ₂ eq	0.872	11.768	1.418	4.217
Ozone depletion	g CFC-11 eq	0.000080	0.001074	0.000129	0.000385
Particulate matter formation	g PM _{2.5} eq	0.483	6.513	0.785	2.334
Photochemical oxidant formation	kg NMVOC eq	0.002	0.026	0.003	0.009
Terrestrial acidification	molc H+ eq	0.016	0.219	0.026	0.078
Terrestrial eutrophication	molc N eq	0.070	0.948	0.114	0.340
Freshwater eutrophication	g P eq	0.069	0.931	0.112	0.334
Marine eutrophication	g N eq	5.402	72.88	8.780	26.12
Freshwater ecotoxicity	CTUe	2.486	33.54	4.040	12.02
Mineral, fossil & ren resource depletion	g Sb eq	0.006	0.074	0.009	0.027

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27 **Table 6 - Environmental impacts of 1 kg of Grana Padano considering different allocation methods**

Impact category	Unit	Allocation		
		DM_All	ECON_All	NUTR_All
Climate change	kg CO ₂ eq	10.3	16.9	15.2
Ozone depletion	g CFC-11 eq	0.00094	0.00154	0.0014
Particulate matter formation	g PM _{2.5} eq	5.669	9.312	8.406
Photochemical oxidant formation	kg NMVOC eq	0.023	0.037	0.03
Terrestrial acidification	molc H+ eq	0.190	0.312	0.28
Terrestrial eutrophication	molc N eq	0.823	1.353	1.22
Freshwater eutrophication	g P eq	0.820	1.341	1.21
Marine eutrophication	g N eq	63.25	104.0	93.87
Freshwater ecotoxicity	CTUe	29.20	48.0	43.3
Mineral, fossil & ren resource depletion	g Sb eq	0.065	0.11	0.096

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29 **Table 7 - Environmental impacts of milk production (1 kg of FPCM) in the two farms with the highest and**
 30 **the lowest impacts.**

Impact category	Unit	HIGH	LOW
Climate change	kg CO ₂ eq	1.678	1.215
Ozone depletion	g CFC-11 eq	0.00018	0.00003
Particulate matter formation	g PM _{2.5} eq	1.053	0.657
Photochemical oxidant formation	kg NMVOC eq	4.052	1.851
Terrestrial acidification	molc H+ eq	0.035	0.026
Terrestrial eutrophication	molc N eq	0.153	0.113
Freshwater eutrophication	g P eq	0.148	0.050
Marine eutrophication	g N eq	11.33	7.61
Freshwater ecotoxicity	CTUe	5.768	1.991
Mineral, fossil & ren resource depletion	g Sb eq	0.012	0.005

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Figure 1

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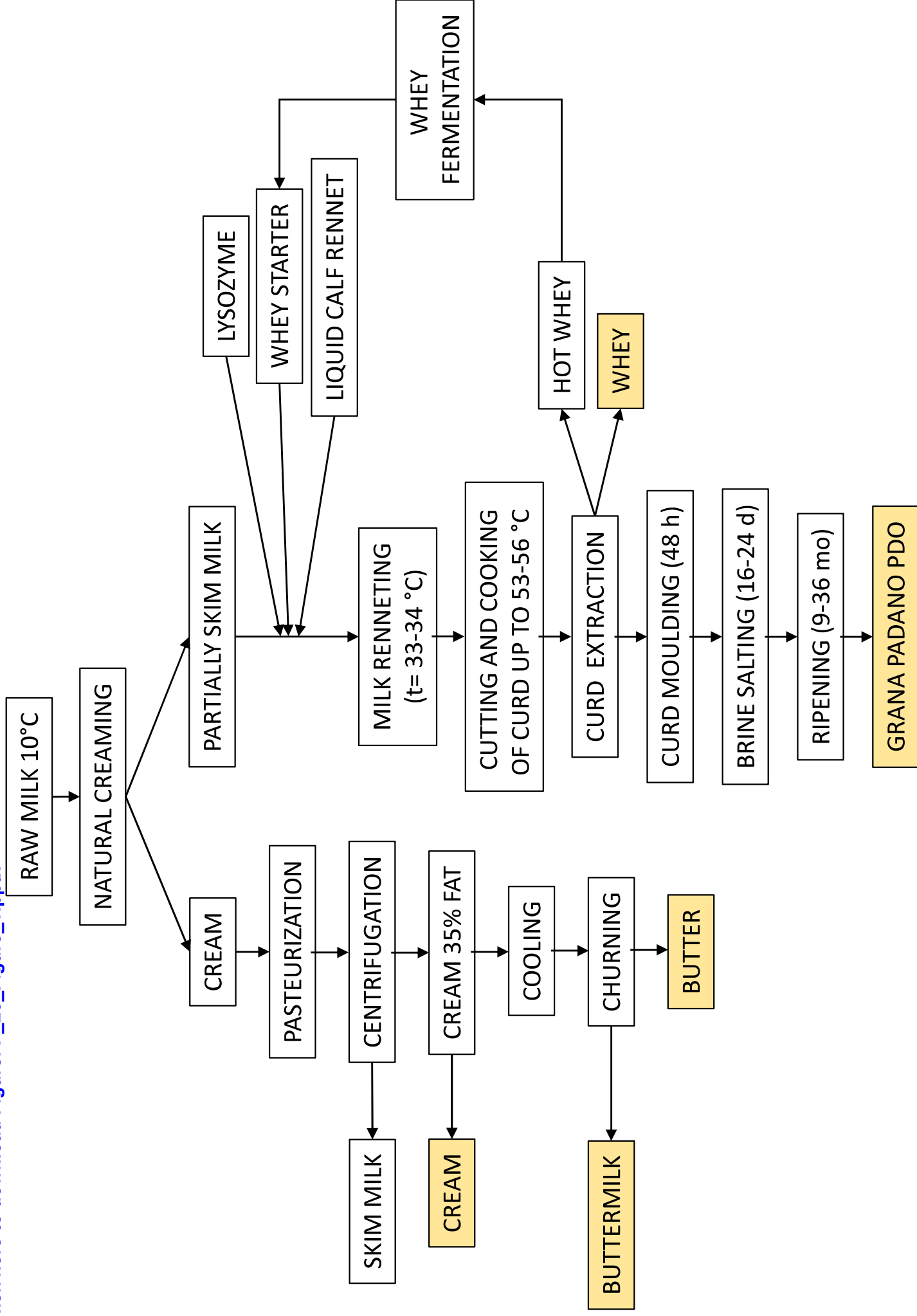


Figure 2

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