

1 **New ACE inhibitory peptides from hemp seed (*Cannabis sativa* L.) proteins**

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25 **Abstract**

26 An hemp seed protein isolate, prepared from defatted hemp seed meals by alkaline
27 solubilization/acid precipitation, was subjected to extensive chemical hydrolysis under acid
28 conditions (6 M HCl). The resulting hydrolysate was fractionated by semipreparative RP-HPLC and
29 the purified fractions were tested as inhibitors of angiotensin converting enzyme (ACE). Mono- and
30 bi-dimensional NMR experiments and LC-MS/MS analyses led to the identification of four
31 potential bioactive peptides, i.e. GVLY, IEE, LGV, and RVR. They were prepared by solid-phase
32 synthesis, and tested for ACE-inhibitory activity. The IC₅₀ values were GVLY 16 ± 1.5 μM, LGV
33 145 ± 13 μM, and RVR 526 ± 33 μM, confirming that hemp seed may be a valuable source of
34 hypotensive peptides.

35

36 **Keywords:** ACE-inhibitors; bioactive peptides; *Cannabis sativa* L.; ~~chemical hydrolysis~~; hemp
37 seed protein hydrolysate; LC-MS/MS; ~~ROESY~~; ~~TOCSY~~

38

39

40 **Introduction**

41 Modifications of diet and lifestyle are recommended strategies for the prevention of hypertension, a
42 main risk factor for cardiovascular disease. One of the main pathways involved in human blood
43 pressure control is the renin-angiotensin system. Renin converts angiotensinogen to angiotensin I,
44 while angiotensin I converting enzyme (ACE; EC 3.4.15.1) catalyses the conversion of the
45 biologically inactive angiotensin I to the vasoconstrictor angiotensin II. ACE also inactivates the
46 potent vasodilator bradykinin, causing an overall increase of blood pressure ¹. ACE-inhibitory
47 peptides bind tightly to the ACE active site competing with angiotensin I for occupancy, inactivate
48 ACE, and prevent blood pressure enhancement ^{1,2}.

49 There is now a great interest for bioactive peptides that are encrypted in food proteins and may be
50 enzymatically released from their precursor proteins during food processing, gastrointestinal
51 digestion or specific hydrolytic processes; they are often named as “cryptides” ³.

52 **Cryptides showing ACE-inhibitory activity have been obtained from different sources such as**
53 **animal products, marine organisms and plants, recently reviewed ³⁻⁶. In particular vegetable**
54 **proteins, such as rice, sunflower, soybean, pea, lupin, and lentil ⁷⁻¹³ had gained attention in this**
55 **field.**

56 Industrial hemp, the non-drug type of *Cannabis sativa* L., is a well-known plant of industrial
57 importance, being a relevant source of fiber, food, and bioactive phytochemicals ¹⁴. For some
58 decades, hemp cultivation was prohibited in numerous countries due to its affinity with the Δ^9 -
59 tetrahydrocannabinol (THC) rich varieties. In the last years, however, industrial hemp can be legally
60 grown again in some countries and its global market is rapidly increasing, since low-THC cultivars
61 are available ¹⁵.

62 The use of hemp seed as human food dates back to prehistory, together with the fiber utilization in
63 textiles. The great current attention for hemp seed is related to its nutritional content: 35.5% oil,
64 24.8% protein, 20-30% carbohydrates, 27.6% total fiber (5.4% digestible and 22.2% non-digestible)
65 and 5.6% ash in the whole seed ¹⁴. Up-to-now, the main industrial interest is for the oil that has

66 numerous applications either in food or body care products, being rich in polyunsaturated fatty
67 acids ¹⁶.

68 In parallel, there is an increasing attention for hemp seed proteins owing to their digestibility,
69 satisfactory essential amino acid composition ¹⁷, and techno-functional properties ¹⁸. The two main
70 protein classes in hemp seed are the globulins and albumins. The formers are the most abundant,
71 corresponding to 60-80% of total protein content. Edestin, the main globulin, is constituted by two
72 main fractions Edestin 1 and 2, each characterized by several isoforms, i.e. Edestin 1A, 1B, 1C, 1D
73 and Edestin 2A; 2B; 2C. Each isoform is composed by an acidic and a basic subunit linked by a
74 disulphide bond ¹⁹.

75 Recent research, based either on *in vitro* or *in vivo* experiments, has shown that hydrolysates
76 obtained by treating hemp seed protein with different enzymes such as pepsin, alcalase, papain,
77 pancreatin, or other proteases showed ACE-inhibitory activity ^{17, 20-22}. The most promising mixtures
78 were submitted to purification processes and structural determination of peptide composition
79 obtaining specific bioactive peptides sequences ²³. In particular WVYT and WYT were identified as
80 ACE inhibitors peptides in a pepsin+pancreatin hydrolysate ²³.

81 In this context, the present investigation had the objective of identifying novel ACE-inhibitory
82 cryptides from hemp seed protein. To achieve this goal, hemp seed protein was submitted to
83 chemical hydrolysis under experimental conditions suitable to produce fragments containing 3-5
84 amino acid residues. After purification, LC-MS/MS and 1D and 2D NMR analyses were performed
85 with the aim of identifying some ACE-inhibiting peptides, whose structures were confirmed by
86 solid-phase synthesis of authentic samples.

87

88 **Materials and methods**

89

90 *Chemicals and sampling*

91 All chemicals (reagents and solvents) were from Sigma-Aldrich (St. Louis, MO, USA), if not
92 otherwise specified. Hemp seeds (*C. sativa* L., variety Futura) were obtained from the Institute of
93 Agricultural Biology and Biotechnology (IBBA-CNR, Milan, Italy); they were stored in an air-tight
94 container at 4 °C in the dark until use.

95

96 *Preparation of hemp seed protein isolate (HPI)*

97 Hemp seeds were finely ground in a coffee mill, defatted by stirring under *n*-hexane at room
98 temperature (rt) (twice, 1:4 w/v for 3 h and 1:6 w/v overnight), and then air-dried under a fume
99 hood for 12 h. Its protein content was determined by the Kjeldahl method, using 6.25 as protein
100 conversion factor²⁴. Hemp seed protein isolate (HPI) was prepared according to a literature method
101¹⁸, with some modifications. Specifically, defatted hemp seed meal (12 g) was suspended in
102 deionized water (160 mL) at rt under stirring, and the mixture was adjusted to pH 10.0 with 2 N
103 NaOH. After 90 min of extraction, samples were centrifuged at 8000g for 30 min at rt. The pellet
104 was discarded, the supernatant was adjusted to pH 5.0 with 2 N HCl, and the precipitate was
105 collected by centrifugation (8000g, 30 min). The precipitate was then resuspended in deionized
106 water, and the resulting suspension was freeze-dried. The efficiency of protein extraction was
107 checked by SDS-PAGE analyses that were performed on a discontinuous buffered system according
108 to the method of Laemmli²⁵ using 12% separating gel and 4% stacking gel. The proteins extracted
109 in different concentration were directly mixed with fold volume of 0.0125 mol/L
110 tris(hydroxymethyl)aminomethane-hydrochloric acid (tris-HCl) buffer containing 1% (w/v) Sodium
111 Dodecyl Sulphate (SDS), 2% (v/v) 2-mercaptoethanol, 5% (v/v) glycerol and 0.025% (w/v)
112 bromophenol blue. The samples were then heated for 5 min in boiling water before electrophoresis.
113 Every sample (20 µL) was applied to each lane. The gel was stained with 0.25% Coomassie brilliant
114 blue (R-250) in 50% methanol, and destained in 7% acetic acid in methanolic solution (50%, v/v).
115 Images of SDS PAGE gels were reported in Supporting Information (S1).

116

117 *Preparation and RP-HPLC separation of hemp seed protein hydrolysate (HPH)*

118 A mixture of HPI (5 g) in 6 M HCl (25 mL) was stirred at 110 °C for 6 h. After cooling down in an
119 ice bath, the solution was treated with 4 M NaOH and then with 1 M Na₂CO₃ under stirring until
120 pH 5.8 was reached, followed by freeze-drying.

121 An aliquot of 1 mL of HPH (80 mg/mL in solvent A) was filtered through Millex-HV syringe filter,
122 0.45 µm (Millipore, Billerica, MA, USA) and loaded on a semipreparative RP-HPLC AKTA Basic
123 100 instrument (GE Healthcare Life Science, AB, Sweden), using the following chromatographic
124 conditions: column, Jupiter® 10 µm Proteo 90 Å (250 x 10 mm) (Phenomenex, Torrance, CA,
125 USA); flow rate, 5 mL/min; UV detector, λ 226 nm; mobile phase, 0.1% trifluoroacetic acid (TFA)
126 in water (solvent A) and acetonitrile (MeCN)/0.1% TFA in water (8:2) (solvent B), gradient elution
127 from 5% to 40% B in 2 column volume (CV), to 80% B in 1 CV then to 100% B in 1 CV.

128 Four fractions named as PHPH1 to PHPH4 were collected for each injection; corresponding
129 fractions from different replicate chromatography runs were pooled and analyzed by analytical RP-
130 HPLC (column, Jupiter® 10 µm Proteo 90 Å C12, 250 x 4.6 mm (Phenomenex), 250 x 4.6 mm;
131 flow rate, 0.5 mL/min; detection and eluent, as above) to check their composition. Removal of the
132 solvent under reduced pressure followed by freeze-drying afforded four samples that were stored at
133 -20 °C before further analysis.

134

135 *NMR analysis*

136 NMR experiments were performed at 298 K on a Bruker Avance Spectrometer (Bruker
137 Corporation, Billerica, MA, USA) operating at 400.10 ¹H frequency and equipped with a z gradient
138 coil probe. All NMR samples were prepared with a peptide concentration of *ca.* 20 mg/mL in
139 DMSO-*d*₆. Chemical shifts (δ) are given in parts per million and were referenced to the solvent
140 signals (δ_H 2.50 and δ_C 39.50 ppm for DMSO-*d*₆). All 1D and 2D NMR spectra were collected
141 using the standard pulse sequences available with Bruker Topspin 1.3. Short mixing times (200 ms)

142 were used in the ROESY experiments to minimize spin-diffusion effects. Proton resonances were
143 assigned using standard methods²⁶.

144

145 *MS analysis*

146 An ESI-Q-Tof Micro-Waters mass spectrometer system (Waters Corporation, Milford, MA, USA)
147 was used to perform MS analysis. Peptide samples were dissolved in a mixture of MeCN/0.1% TFA
148 in water (8:2) at a concentration of 10 µg/mL and directly injected at 10 µL/min. Mass spectrum
149 acquisition was performed in positive ion mode. In particular, the optimized Q-TOF operating
150 conditions were as follows: capillary voltage, 3200 V; source temperature, 100°C; cone voltage, 45
151 V. The ESI gas was nitrogen, and the collision gas was argon. The time-of-flight analyzer collected
152 data between m/z 100 and m/z 1000. The acquired MS spectrum was analyzed with MassLynx
153 software (version 4.1, Waters).

154

155 *Synthesis and characterization of identified peptides*

156 The four identified peptides, namely GVLV, IEE, LGV, and RVR, were prepared by standard
157 fluorenyl-9-methoxycarbonyl (Fmoc) solid-phase synthetic protocol on a Biotage Initiator + SP
158 Wave Peptide Synthesizer (Biotage Sweden AB, Uppsala, Sweden) using a trityl chloride resin
159 support (loading about 1.6 mmol/g). The functional groups of the amino-acid side chains were
160 protected as follows: Glu(OtBu), Arg(Pbf), Tyr(tBu). HBTU/HOBT/DIPEA (VWR, Milan, Italy)
161 were used as the coupling reagents. The peptides were side-chain deprotected and cleaved from the
162 resin with a mixture of trifluoroacetic acid/phenol/H₂O/triisopropylsilane in the ratio 88:5:5:2. All
163 crude peptides were purified by semipreparative HPLC using an AKTA Basic100 instrument (GE
164 Healthcare Life Science, Italy) and the following chromatographic conditions: column, Jupiter® 10
165 µm Proteo 90 Å C12, 250 x 10 mm (Phenomenex); flow rate, 5 mL/min; detector, λ 226 nm; mobile
166 phase, 0.1% TFA in water (solvent A) and MeCN/0.1% TFA in water (8:2) (solvent B), gradient
167 elution from 5% to 40% B in 3 CV, to 70% B in 3 CV, then to 100% B in 2 CV min. Collected

168 fractions were lyophilized and their purity was shown to be >95% by analytical HPLC: column,
169 Jupiter® 10 µm Proteo 90 Å C12, 250 x 4.6 mm (Phenomenex); flow rate, 1 mL/min; detection and
170 eluent, as above). The peptide identity and molecular weight were confirmed by Q-ToF mass
171 spectrometry (see above) (m/z 451.23 [M+H]⁺, 390.16 [M+H]⁺, 288.17 [M+H]⁺, 430.27 [M+H]⁺
172 for GVLY, IEE, LGV, and RVR, respectively).

173

174 *ACE inhibition assay*

175 Both mixtures and synthetic peptides were tested for their ACE-inhibitory activity as previously
176 described^{8, 27}, evaluating hippuric acid (HA) formation from hippuryl-histidyl-leucine (HHL), a
177 mimic substrate for angiotensin I²⁸. Briefly, 100 µL of 2.5 mM HHL in 100 mM **tris-formic acid**
178 (tris-HCOOH), 300 mM NaCl pH 8.3 (buffer 1) **was mixed with 30 µL of potential-ACE-inhibitor**
179 **sample peptide mixture or single peptide solution in buffer 1. In particular six different**
180 **concentrations of sample were used; they were obtained by serially dilution of the most concentrate**
181 **one** (see Table 1) and each solution was tested twice. Samples were pre-incubated at 37 °C for 15
182 min, then 15 µL of ACE solution, in 100 mM tris-HCOOH, 300 nM NaCl, 10 µM ZnCl₂, pH 8.3,
183 were added. Samples were incubated for 60 min at 37 °C, then the reaction was stopped with 125
184 µL of 0.1 M HCl. The aqueous solution was extracted twice with 600 µL of ethyl acetate; the
185 solvent was evaporated, the residue was dissolved in 500 µL of buffer 1 and then analyzed by
186 HPLC, in order to determine HA. HPLC analyses were performed with a HPLC 1200 Series
187 (Agilent Technologies, Santa Clara, US) equipped with an autosampler using the following
188 conditions: column, Lichrospher® 100 C18 (4.6 x 250 mm, 5 µm; Grace, Italy); flow rate, 0.5
189 mL/min; detector, λ 228 nm; mobile phase, water and MeCN, gradient elution from 5 to 60%
190 MeCN in 10 min and 60% MeCN for 2 min, then back to 5% MeCN in 3 min; injection volume, 10
191 µL; R_t (HA), 4.2 min.

192 The evaluation of the inhibition of ACE activity was based on the comparison between the
193 concentrations of HA in the presence or absence of the inhibitor (Inhibitor Blank). The phenomenon

194 of autolysis of HHL to give HA was evaluated by a reaction blank, *i.e.* a sample with the higher
195 inhibitor concentration but without the enzyme. The percentage of ACE inhibition was computed
196 considering the area of HA peak with the following formula:

$$\text{ACE-Inhibition (\%)} = \frac{A_{\text{IB}} - A_{\text{N}}}{A_{\text{IB}} - A_{\text{RB}}} \times 100$$

197
198 where A_{IB} is the area of HA in Inhibitor Blank (IB) sample (*i.e.* sample with enzyme but without
199 inhibitor), A_{N} is the area of HA in the samples containing different inhibitor amounts and A_{RB} is the
200 area of HA in the Reaction Blank (RB) sample (*i.e.* sample without enzyme and with inhibitor in
201 the highest concentration). The percentages of ACE inhibition were plotted *vs.* Log_{10} inhibitor
202 concentrations obtaining a sigmoid curve; IC_{50} was the inhibitor concentration needed to observe a
203 50% inhibition of the ACE activity and is expressed as mean value \pm standard deviation of three
204 independent assays.

205

206 *Statistical analysis*

207 Statistical analyses were performed with StatGraphics Plus (version 2.1 for Windows). The data
208 were evaluated using one-way analysis of variance followed by Fisher's Least Significant
209 Difference procedure; values with different letters are significantly different for $p < 0.05$.

210

211 **Results**

212 *Preparation of HPI*

213 Hemp seeds were ground and defatted obtaining a defatted meal with 65% w/w yield and a protein
214 content of 35.8%. HPI was separated in 34% yield from defatted hemp seed meal by basic
215 extraction followed by acidic precipitation. The obtained HPI had 94% of protein content.

216

217 *Preparation and fractionation of HPH and evaluation of ACE-inhibitory activity*

218 The hydrolysis of HPI was performed treating with 6 M HCl for 6 h at 110 °C monitoring the
219 progress of hydrolysis by HPLC analysis. Hydrolysis was performed several times and HPLC
220 chromatograms of obtained mixtures were characterized always by the same peaks; in Figure 1A an
221 HPLC chromatogram as an example is reported.

222 Fractionation of raw HPH by semi-preparative RP-HPLC enabled the separation of four fractions
223 named as PHPH1-PHPH4 having the retention times (R_t) 2-5 min, 5-7 min, 11-13 min and 14-19
224 min, respectively (Figure 1A), being PHPH3 the most abundant one (Figure 1B).

225 Both HPH and the four collected fractions were tested for ACE-inhibitory activity. In Table 1 ACE
226 inhibitory activity was reported as the average \pm standard deviation of three different assays.

227 ~~by an *in vitro* assay based on hippuryl-histidyl-leucine (HHL), as model peptide²⁸, and HPLC-~~
228 ~~DAD, as analytical method^{8,27}.~~ HPH achieved a 44.8% ACE-inhibitory activity at 1.1 mg/mL.

229 After fractionation procedure, PHPH3 showed an 84.9% ACE-inhibitory activity at 1.0 mg/mL,
230 with an IC_{50} value of $180.1 \pm 3 \mu\text{g/mL}$, whereas all other fractions, i.e. PHPH1, PHPH2 and
231 PHPH4, do not achieve 50% of ACE inhibition even at the highest tested concentration.

232

233 *Identification of peptides in PHPH3 fraction*

234 Fraction PHPH3 was submitted to NMR and MS analyses both suggesting the sample was not a
235 pure peptide, but a mixture consisting of different components.

236 One- and two-dimensional ^1H NMR spectra (COSY, TOCSY, NOESY, and ROESY) enabled to
237 identify the spin systems of Glycine (G), Valine (V), Leucine (L), Tyrosine (Y), Glutamic acid (E),
238 Arginine (R), and Isoleucine (I) and to make proton resonance assignment of the individual residues
239 ²⁶ (see Supporting Information, S2). In addition, a number of sequential $\text{H}_{\alpha i}-\text{H}_{\text{Ni}+1}$ connectivities
240 together with cross peaks due to NOEs involving side chain protons observed in the ROESY
241 spectrum (Supporting Information, S3) were indicative of the presence of the following couples of
242 consecutive amino acid residues: GV, another GV, different from the previous one, LY, RV, VR,
243 and IE (Table 2).

244 These data along with the m/z values in ESI-MS spectrum and of the fragment ions in MS/MS
245 experiments suggested the amino acid sequences reported in Table 3 as potential peptides
246 constituting the PHPH3 fraction. In Figure 2A the ESI-MS/MS spectrum of ion m/z 451.1 (GVLY)
247 and in Figure 2B the ESI-MS spectrum of PHPH3 were reported.

248 Convincing evidence in favor of GVLY, LGV, RVR and IEE came from inspection of the sequence
249 of edestin, the main protein in hemp seed, accounting for about 60-80% of the total protein content
250 ¹⁹, in which such fragments (or the alternative ones IQQ, IEQ, and IQE, Table 3) are contained. The
251 four peptides were synthesized using Fmoc chemistry, purified and their spectral data, in particular
252 ESI-MS and MS/MS spectra, compared with those of PHPH3 fraction.

253

254 *Evaluation of the ACE-inhibitory activity of synthetic peptides*

255 The synthetic peptides were then screened for their ACE-inhibitory activity. Figure 3, showing the
256 ACE inhibition curves of the four peptides, clearly indicates that IEE was almost inactive, since it
257 was able to inhibit ACE only by 20.5% even at the highest tested concentration. The activity of the
258 other peptides, instead, enables the calculation of the IC₅₀ values, which are reported in Table 1
259 together with the highest tested concentrations ($\mu\text{g/mL}$) and the percentages of ACE inhibition at
260 these concentrations. GVLY was the most active peptide with an IC₅₀ value equal to $16 \pm 1.5 \mu\text{M}$,
261 LGV was the second with an IC₅₀ equal to $145 \pm 13 \mu\text{M}$, and RVR the third, with an IC₅₀ equal to
262 $526 \pm 33 \mu\text{M}$. These values are significantly different for $p < 0.05$ (Table 1).

263

264 **Discussion**

265 Whereas the production of ACE-inhibitory peptides from proteins is usually performed by
266 proteolytic enzymes, opting for a different approach, in this investigation we performed a drastic
267 acidic hydrolysis of hemp seed proteins. The main reason for this choice was that a small molecular
268 weight favors the stability of peptides towards stomach proteases and an efficient absorption at
269 intestinal level ^{3,29}. Moreover ACE-inhibitors peptides are generally short chained ⁹. As expected, a

270 complex mixture of low molecular weight peptides was produced, from which four single peptides,
271 i.e. GVLY, LGV, RVR and IEE, were ~~partially purified and~~ identified. As for our knowledge, these
272 peptides were never cited before in literature as ACE-inhibitors or bioactive peptides. Searching in
273 different antihypertensive peptides databases, such as ACE-pepDB, BIOPEP and EROP-Moscow
274 database, no matches were found (last search on 19th September 2017).

275 These four peptides derive from edestin hydrolysis. The LGV sequence is present in the acidic
276 subunit of edestin 1 (A, B, C, D); RVR is part of the acidic subunit of edestin 2 (A, B, C); GVLY is
277 part of the acidic unit of both edestin 1 (A, B, C, D) and edestin 2 (A, B, C)¹⁹. The last sequence
278 has been previously reported as part of the ACE-inhibitory peptide whose sequence is AAKGVLY,
279 deriving from an *in silico* hydrolysis of a 11S globulin from *Amaranthus hypochondriacus* seed¹³.
280 A recent paper²³ has investigated the ACE-inhibitory activity of different peptides purified by
281 preparative HPLC from a pepsin + pancreatin hydrolysate from hemp seed protein. The most active
282 ones were WYT (IC₅₀ = 574 μM) and WVYY (27 μM). Although the structures are quite different,
283 the range of activities are in very good agreement with the results obtained for RVR and GVLY,
284 respectively.

285 Biological activity of peptides is related to chain length, amino acid composition and sequence⁹.
286 Some literature evidence indicate that the most effective ACE-inhibitory peptides identified up-to-
287 now contain 2-20 amino acids, must have a good hydrophobicity/hydrophilicity balance and some
288 particular structural characteristic related to its sequence^{4,9}.

289 Hydrophobic amino acids can improve the solubility of peptide in lipid based conditions such as in
290 cell membrane, enabling to exert a greater antihypertensive effect^{4,30,31}, enhancing their interaction
291 with target organs through hydrophobic associations with cell membrane lipid bilayer, needful to
292 exert different biological activity.

293 One parameter related to peptide solubility is log P value, i.e. the logarithm (base 10) of the
294 partition coefficient (P) defined as the ratio of the solubility of peptide organic-to- aqueous phase
295 concentration. This parameter can be either measured experimentally or calculated *in silico*. Log P

296 calculation performed with ACD/ChemSketch[®] (Freeware 2016 2.2 Version) enable to obtain
297 positive values for GVLY (+1.78) and LGV (+0.94), assessing the hydrophobic character of this
298 peptides.

299 On the contrary RVR and IEE, that are less active, have an hydrophobic character being Log P -
300 2.34 and -1.29 respectively. Obviously this is only one of requested features for a peptide to be an
301 ACE inhibitor: other features may concur.

302 Also already known ACE-inhibitors peptides ²³ exert positive values: +3.54 for WVYY and +1.34
303 for WYT, respectively, in agreement with Authors' statement that their ACE-inhibitors peptides
304 contain about 80% hydrophobic amino acids.

305 Moreover experimental evidences show that residues with cyclic or aromatic rings, such as
306 Tyrosine, Phenylalanine, Tryptophan, and Proline, at the C-terminal and hydrophobic amino acids,
307 especially those with aliphatic chains such as Glycine, Isoleucine, Leucine, and Valine, at the N-
308 terminal, are typical of ACE-inhibitor peptides ^{5,9,29}.

309 Two out of these features are present in GVLY, the most active peptide (Y at the C-terminal and G
310 at the N-terminal) and one in LGV, which is only moderately active (L in the N-terminal).

311 Other structure-activity data suggests that the positive charge of Lysine and Arginine as the C-
312 terminal residue may contribute to the inhibitory activity ²⁹. Regarding RVR, Arginine at the C-
313 terminal seems to give only a low contribute to ACE inhibitory activity, being RVR the least active
314 peptide.

315 It is also important to underline that all active peptides isolated in this work contain a residue of
316 Valine, a hydrophobic branched chain amino acid reported to have high affinity for the active site of
317 ACE ²³.

318 In conclusion, NMR and mass spectrometry enabled the identification of three peptides with
319 interesting ACE-inhibitory activity, confirming that hemp seed may be a valuable source of
320 hypotensive peptides. Of course, this is only a first step, since other studies are necessary in order to
321 establish their stability, i.e. the capability to survive to the gastrointestinal digestion, as well as their

322 bioavailability, i.e. the capacity to reach the target organ in the active form. Moreover, we have
323 evaluated their ability to inhibit the ACE activity *in vitro*; the hypotensive activity should be also
324 assessed by *in vitro* tests on cell model systems and, afterwards, *in vivo* by using suitable animal
325 models, such as the spontaneously hypertensive rats. ~~(SHR)~~. Nevertheless, our experimental results
326 may be very useful also for encouraging structure-activity studies that may provide templates for
327 the development of future peptidomimetics.

328

329 **Abbreviations**

330 ACE, angiotensin I converting enzyme; COSY, correlation spectroscopy; DIPEA, *N*-
331 ethyldiisopropylamine; Fmoc, fluorenyl-9-methoxycarbonyl; HA, hippuric acid; HBTU, *N,N,N',N'*-
332 tetramethyl-*O*-(1*H*-benzotriazol-1-yl)uronium hexafluorophosphate; HCOOH, formic acid; HHL,
333 hippuryl-histidyl-leucine; HOBT, 1-hydroxybenzotriazole hydrate; HPH, hemp protein hydrolysate;
334 HPI, hemp protein isolate; MeCN, acetonitrile; NOESY, nuclear Overhauser spectroscopy; PHPH,
335 purified hemp protein hydrolysate; ROESY, rotating-frame overhauser spectroscopy; SDS-PAGE,
336 sodium dodecyl sulphate-polycrylamide gel electrophoresis; TFA, trifluoroacetic acid; TOCSY,
337 total correlation spectroscopy; Tris, tris(hydroxymethyl)aminomethane.

338

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342 seeds.

343

344 **Supporting Information**

345 **S1 (Supporting 1).** SDS PAGE gel of HPI.

346 **S2 (Supporting 2).** ¹H chemical shifts for the amino acid residues identified in PHPH3 sample
347 (ppm, DMSO-*d*6) at 298 K.

348 **S3 (Supporting 3).** Finger print region of ROESY spectrum of PHPH3 sample (DMSO-*d*₆) at 298

349 K.

350

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426 **Founding sources**

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429

430 **Figure captions**

431

432 **Figure 1.** HPLC chromatograms of A) HPH; B) PHPH3 fraction, after purification.

433 **Figure 2.** A) ESI-MS/MS spectrum of ion m/z 451.1, for clarity, only b, y and a ions are labeled; B)
434 ESI-MS spectrum of PHPH3. By manual calculation, the sequence of GVLY is displayed with the
435 fragment ions observed in the spectrum.

436 **Figure 3.** Diagram reporting % ACE inhibition vs. concentration ($\mu\text{mol/mL}$) for the four synthetic
437 peptides GVLY (\blacklozenge), IEE (\blacksquare), LGV (\blacktriangle), RVR (\bullet).

438

439

Table 1. Highest tested concentration ($\mu\text{g/mL}$), highest ACE inhibition percentage and IC_{50} value for HPH, fractions PHPH1-PHPH4, and the four synthetic peptides. Values are reported as mean value \pm standard deviation of three independent experiments.

Sample	Max conc. ($\mu\text{g/mL}$)	Max ACE inhibition (%)	IC_{50} ($\mu\text{g/mL}$)	IC_{50} (μM)^a
HPH	1118	44.8 \pm 3.0	/	/
PHPH1	1035	14.5 \pm 4.0	/	/
PHPH2	1008	26.4 \pm 3.4	/	/
PHPH3	1036	84.9 \pm 4.2	180 \pm 3.1	/
PHPH4	990	29.4 \pm 2.8	/	/
GVLV	862	95.1 \pm 0.88	7.27 \pm 0.7	16 \pm 1.5a
IEE	787	20.5 \pm 2.31	/	/
LGV	1000	95.2 \pm 0.85	41.5 \pm 3.8	145 \pm 13b
RVR	1077	93.3 \pm 1.78	226 \pm 14	526 \pm 33c

^a values with different letters are significantly different ($p < 0.05$).

Table 2. Sequential ROEs correlations observed for PHPH3 sample.

Peptide	ROEs correlations
GV	NH (V) at 8.39 ppm → α (G) at 3.75 ppm
GV	NH (V) at 8.47 ppm → $\alpha 1, \alpha 2$ (G) at 3.93, 3.79 ppm
LY	NH (Y) at 8.66 ppm → α, β, γ (L) at 4.32, 1.54, 0.92 ppm
RV	NH (V) at 8.39 ppm → γ, δ (R) at 1.55, 3.09 ppm
VR	NH (R) at 8.33 ppm → β (V) at 2.00 ppm
IE	NH (E) at 8.65 ppm → β, γ, δ (I) at 1.82, 1.27-1.04 (CH ₃), 0.93 ppm

Table 3. Potential peptides identified in fraction PHPH3: observed mass $[M+H]^+$ (m/z), charge (z), calculated mass (m/z), MS/MS fragmentation and suggested sequence.

Obs. mass (m/z)	z	Calc. mass (m/z)	MS/MS fragmentation (m/z)	Suggested sequence
451.1	1	450.6	270.3 (b_3), 182.1 (y_1)	GVL ^{b₃} _{y₁}
288.1	1	287.1	175.08 (y_2), 171.09 (b_2)	L ^{b₂} _{y₂} GV*, IGV*
430.2	1	411.2	274.16 (y_2), 175.1 (y_1)	R ^{b₂} _{y₂} V _{y₁} R
390.1	1	389.1	277.03 (y_2), 243.05 (b_2)	I ^{b₂} _{y₂} EE, IQQ**, IEQ**, IQE*

* fragments not present in the edestin sequence ¹⁹

** fragments present in the edestin sequence ¹⁹, but not detectable due to the chemical hydrolysis of Glutamine in Glutamic acid.

TOC graphic

