	"Aerogels of enzymatically oxidized galactomannans from leguminous plants: versatile delivery systems of antimicrobial peptides and enzymes"
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P	unning title: Aerogels from oxidized leguminous galactomannans as delivery systems

Abstract

50 We describe aerogels obtained by laccase/TEMPO-oxidation and lyophilization of galactomannans 51 (GM) from fenugreek, sesbania and guar. Enzymatic oxidation of GM in aqueous solution caused 52 viscosity increase up to fifteen-fold, generating structured, elastic, stable hydrogels, presumably due 53 to establishment of hemiacetalic bonds between newly formed carbonyl groups and free hydroxyl 54 groups. Upon lyophilization, water-insoluble aerogels were obtained, whose mechanical properties 55 and porosity were investigated.

Active principles were absorbed into the aerogels from aqueous solutions and, following rinsing, blotting, re-lyophilization, were released in an appropriate medium. The release of the antibiotic polymyxin B was tested against six different Gram-negative bacterial strains, of the antimicrobial peptide nisin against two Gram-positive and of the muraminidase lysozyme against one anaerobic strain. Protease and lipase release in solution from "enzyme loaded" aerogels was monitored by the increase in enzymatic activity.

62 These biomaterials could represent new versatile, biocompatible "delivery systems" of actives for63 biomedical and industrial applications.

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65 *Keywords:* galactomannans; polymyxin; nisin; lysozyme; aerogels; delivery systems.

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Abbreviations: ABTS, 2,2'-azino-bis(3-ethyl-benzothiazoline-6-sulphonic acid); CFU, colony
forming unit; CNF, cellulose nanofibrillated; DS, delivery system; EOLFG, enzymatically oxidized
lyophilized fenugreek gum; EOLGG, enzymatically oxidized lyophilized guar gum; EOLSG,
enzymatically oxidized lyophilized sesbania gum; FG, fenugreek gum; GG, guar gum; GO,
galactose oxidase; Lcc, laccase; LFG, lyophilized fenugreek gum; LGG, lyophilized guar gum;
LMS, laccase mediator system; LSG, lyophilized sesbania gum; MIP, mercury intrusion
porosimetry; SG, sesbania gum; TEMPO, 2,2,6,6-Tetramethyl-1-piperidinyloxy radical.

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75 1. Introduction

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77 Galactomannans (GM) from leguminous plants are widely exploited to generate a considerable 78 range of derivatives with several practical applications. GM are high molecular weight 79 polysaccharides found in the seed endosperms of some Leguminosae (belonging to the family 80 Fabaceae) where they serve as reserve source for carbon and energy upon germination (Prajapati et 81 al., 2013). They have a branched polymeric structure composed of a backbone of mannose units 82 linked by β -1,4 glycosidic bonds with side units of galactose bound to mannose by α -1,6 glycosidic 83 bonds. The average ratio of galactose to mannose (Gal: Man) is variable, depending on the plant 84 species, and ranges from 1:4.5 in cassia (Cassia tora) to 1:1 in fenugreek (Trigonella foenum-85 graecum) (Crescenzi et al., 2004; Daas, Schols & de Jongh, 2000; Daas, Grolle, van Vliet, Schols & 86 de Jongh, 2002; Daniel, Whistler, Voragen & Pilnik, 1994; Liyanage, Abidia, Auldb & Moussa, 87 2015; McCleary, Clark, Dea & Rees, 1985; Merlini, Boccia, Mendichi & Galante, 2015; 88 Sittikijyothin, Torres & Gonçalves, 2005; Wei et al., 2015). The species-dependent monomers ratio 89 makes them, to various extents, soluble in water at different temperatures, chemically/biochemically 90 quite reactive and flexible in application (Cheng, Prud'homme, Chick & Rau, 2002).

91 GM and their derivatives are used as rheology modifiers, thickening and suspending agents in food, 92 feed and manufacturing industries (Mathur, 2011). They find application as excipients and co-93 formulants in the biomedical field, such as in pharmaceutical formulations of tablets and in orally 94 controlled drug delivery systems (ODDS), but also as binders, disintegrants, suspending, 95 thickening, gelling, stabilizing and protective agents, to add cohesiveness to drug powder, as they 96 are susceptible to microbial degradation in the large intestine (Meghwa & Goswami, 2012). GM are 97 also increasingly consumed as dietary fibers with atoxic bioactivities, to lower calories intake and 98 for weight reduction, to control blood glucose, cholesterol and insulin levels, to reduce the risks of 99 heart diseases and colon cancer, as texture modifiers and stabilizers in "specialty" foods (Murthy, 100 Moorthy, Prabhu & Puri, 2010).

101 In the present paper, we describe the production of aerogels from enzymatically-oxidized, 102 lyophilized (EOL) sesbania and guar gums, following a protocol similar to the one previously 103 reported for fenugreek gum by Rossi et al. (2016). They are referred to as: EOLSG (for sesbania 104 gum), EOLGG (for guar gum) and EOLFG (for fenugreek gum). Because of their biodegradability, 105 biocompatibility, high surface area and porosities with open pore structures, nanostructured 106 aerogels, particularly from polysaccharides (e.g., starch, cellulose, alginates), constitute an 107 emerging platform as "delivery systems" (DS) of active principles, such as drugs, peptides and 108 enzymes (Ulker & Erkey, 2014). However, to our knowledge, GM-based aerogels DS have not yet

been reported by others. We have absorbed into these GM aerogels the following model actives from aqueous solutions: the antibiotic polymyxin B; the antimicrobial peptide nisin; the enzymes lysozyme, protease and lipase, followed in all cases by repeated cycles of water rinsing, to eliminate surface-absorbed compounds, dry blotting and re-lyophilization of the hydrogels to generate "loaded" aerogels. The gradual release of the incorporated actives was monitored either my measuring enzyme activity in solution or in Petri dish on agar culture medium, seeded with different bacterial strains, by evaluating the inhibition halo of cell growth.

Polymyxins, a group of polypeptide antibiotics that consists of 5 chemically different compounds 116 117 (polymyxins A-E), are secondary metabolites produced by the soil bacterium Paenibacillus polymyxa, were discovered in 1947 (Velkov, Thompson, Nation, & Li, 2010), but only polymyxin 118 119 B (PMB) and polymyxin E (colistin) have been used in clinical practice (Payne, Gwinn, Holmes & 120 Pompliano, 2007; Talbot et al., 2006). They share a common primary sequence of a cationic cyclic 121 decapeptide linked to a fatty acid chain through an alfa-amide linkage (Li, Rayner & Nation, 2007), with a molecular weight of 1,750 Da, the only difference being at position 6, which is occupied by 122 123 D-Phe in PMB and D-Leu in colistin. Polymyxins have been used against Gram-negative bacteria 124 responsible for nosocomial infections until the early seventies when they were abandoned, because 125 of their human nephro- and neuro-toxicity. More recently, there has been a revival of interest in 126 polymyxins considering the emergence of multidrug resistant (MDR) Gram-negative bacteria to 127 almost all classes of antibiotics. Polymyxin B is active against MDR bacteria, such as Pseudomonas 128 aeruginosa, Acinetobacter baumannii and Klebsiella pneumonia, also called "superbugs" (Falagas, 129 Kasiakou & Saravolatz, 2005; Velkov et al., 2010). Thus, innovative, biocompatible, 130 polysaccharide-derived DS could contribute to a more rational and controlled clinical management 131 of PMB. We have absorbed polymyxin B from an aqueous solution unto plugs carved from wafers 132 of EOLFG, EOLSG and EOLGG, followed by rinsing and re-lyophilization to form "loaded" aerogel plugs and shown its release based on the inhibition halo of cell growth of: P. aeruginosa, 133 134 Serratia marcescens, Escherichia coli, Salmonella enterica serovar Typhimurium, Hafnia alvei, 135 Enterobacter cloacae. Controls, i.e., non "loaded" aerogel plugs, had no effect on cell proliferation, 136 while a positive control of free PMB was always present in a separate well of each experimental 137 Petri dish.

Nisin is a natural antimicrobial peptide produced by *Lactococcus lactis*, composed of 34 amino
acids, some of which have a D rather than L configuration (de Arauz, Jozala, Mazzola, & Penna,
2009). It inhibits Gram-positive bacteria belonging to genera such as: *Lactococcus*, *Streptococcus*, *Staphylococcus*, *Micrococcus*, *Pediococcus*, *Lactobacillus*, *Listeria* and *Mycobacterium*, and also
vegetative cells and spores of *Bacillus* and *Clostridium* (Sahl, Jack, & Bierbaum, 1995). If

combined with a chelating agent (such as EDTA), nisin is able to destabilize the bacterial outer 143 144 membrane (Vaara, 1992), thus can also be effective against Gram-negative bacteria like E. coli and 145 P. aeruginosa (Boziaris & Adams, 1999; Fang & Tsai, 2003). In 2006, the European Food Safety 146 Authority approved the use of nisin as an antimicrobial food additive (E234). Currently in the EU, 147 the use of nisin is allowed in: semolina and tapioca puddings, in ripened and processed cheese, in 148 clotted cream, mascarpone and pasteurized liquid egg products, at concentrations ranging from 3 to 149 12.5 mg/L (2010/69/EU). It is also used in combination with antibiotics to prevent nosocomial 150 infections caused by drug-resistant bacteria (Tong et al., 2014). A control release of nisin into the 151 medium could contribute to its long term stability and effectiveness. Following the same protocol as 152 with PMB, described in details in Methods, release of nisin from the three aerogels was evaluated 153 on culture agar Petri dish from the growth inhibition of the Gram-positive Enterococcus faecalis 154 and *Clostridium tyrobutyricum*, the latter under anaerobic conditions.

Finally, a few enzymes were also studied for absorption and release from the three GM aerogels. Indeed, enzymes often show low stability in industrial applications under storage or use conditions, and in free form can lead to sensitization and allergies of operators and users. Three different commercial enzymes of great practical importance were selected: egg lysozyme, a commercial protease and a lipase.

160 Lysozyme (LSZ, EC 3.2.1.17) is a hydrolytic enzyme obtained from hen's egg white (HEW), composed of 129 amino acids and with muraminidase activity (Silvetti et al., 2010). It has the 161 162 ability to hydrolyze the β-1,4-glycosidic bond between N-acetyl-muramic acid and N-acetylglucosamine in the peptidoglycans of Gram-positive bacteria (Brasca et al., 2013). It is active on 163 164 bacterial species, such as: Staphylococcus aureus, Micrococcus lysodeikticus, Listeria 165 monocytogenes and L. innocua, Bacillus cereus and B. stearothermophilus, Clostridium thermosaccarolyticum and C. tyrobutyricum, etc. (Ávila, Gómez-Torres, Hernández & Garde, 2014; 166 167 Takahashi et al., 2011). Lysozyme is non-toxic to humans and is authorized by EU legislation (EU 168 No. 1129/2011) as a food additive (E1105) at "quantum satis" in ripened cheeses and milk products 169 to prevent butyric acid fermentation which causes the "late blowing" of cheese wheels (Brasca et 170 al., 2013).

Proteases constitute a fundamental group of hydrolytic enzymes, mainly employed as detergent additives, but also in several other applications. (Fu et al., 2015; Gupta, Beg & Lorenz, 2002; Karn & Kumar, 2015; Souza et al., 2015). Proteases can be unstable, as they are prone to autolysis (thus they are commercially formulated in high-glycol containing gels and reversibly inhibited with boron salts, whose toxicology is however under scrutiny, see TOXICOLOGICAL PROFILE FOR BORON; U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES; Public Health Service Agency for Toxic Substances and Disease Registry; November 2010). Alternatives to boron are
widely sought to be used as reversible protease inhibitors. Not least, protease dust inhalation can
lead to irritation and pulmonary harm in humans, such as workers and users.

180 Lipases are increasingly used for natural fat degradation, esterification, transesterification and in the

production of high value compounds, such as biopolymers, biodiesel, enantiopure pharmaceuticals,
flavors and agrochemicals (Borrelli & Trono, 2015; Jaeger & Eggert, 2002; Reetz, 2002;). It would

183 thus be valuable, for both basic studies and applications, to have a readily available, pure and stable

- 184 lipase entrapped and released from a solid support before use.
- 185 Therefore, a great deal of research has been performed on the encapsulation or immobilization of 186 hydrolytic enzymes, e.g.: in gel beads (Verma, Puri & Barrow, 2015) and nanoparticles (Lin, Chen

187 & Liu, 2016; Vaghari et al., 2016;) to improve their long term stability against inactivation.

188 In this work, we describe the absorption, retention and release in active form of lysozyme, protease

and lipase from GM aerogel plugs. Released lysozyme activity was demonstrated microbiologically

- 190 by actual growth inhibition of *C. tyrobutyricum* (i.e., whose vegetative cells and spores represent its 191 target when added to milk during cheesemaking) under anaerobic conditions. Protease and lipase
- release from similarly "loaded" and re-lyophilized aerogel plugs was estimated from the increase in
- their respective enzymatic activity, as a function of time, of solutions in which the plugs were incubated.
- To better characterize these materials, compressive tests were also performed and their porosity wasdetermined by Hg absorption under high pressure.

197 From all of the above, we suggest that aerogels made from enzymatically oxidized and lyophilized 198 GM from leguminous plants, could represent very innovative, versatile, biocompatible delivery 199 systems of various active principles, with potential applications in the biomedical field, as well as in 200 food packaging, feed and industrial products.

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203 2. Materials and Methods

204 2.1. Materials

Laccase from *Trametes versicolor*, in powder form, was a generous gift of Amano Ltd, UK, and Amano, Japan, with a measured activity of 1600 U/g on ABTS as substrate. It was dissolved with mild stirring in MilliQ water.

The strains of *E. coli* (ATCC 8739) and *S.* Typhimurium (ATCC 14028) were from the American Type Culture Collection (U.S.A.). The other strains were obtained from the bacterial collection of the ISPA-CNR (Institute of Science of Food Production of the Italian National Research Council, Milan, Italy) and included: the Gram-positive *C. tyrobutyricum* (IN15b) and *E. faecalis* (VS485); the Gramnegative *P. aeruginosa* (PS20), *S. marcescens* (S91), *H. alvei* (PS58) and *E. cloacae* (PS25). All these strains were isolated from contaminated dairy samples, identified through partial 16S rRNA sequencing using the universal primer set p8FPL and p806R (McCabe, Zhang, Khan, Mason & McCabe, 1995). The Gram-negative strains were also subjected to *rpo*B sequencing (Sajben, Manczingera, Nagyb, Kredicsa & Vágvölgyia, 2011). Sequences were analyzed by NCBI BLAST search (http://www.ncbi.nlm.nih.gov/BLAST, Altschul, Gish, Miller, Myers & Lipman, 1990).

- Lysozyme hydrochloride was supplied by Sacco (Cadorago (CO), Italy). Nisin (with a potency of 10⁶
 IU/g) and polymyxin B were purchased from Sigma-Aldrich (St. Louis, MO, USA).
- 220 The industrial protease (Deterzyme® APY 560 in granular from Bacillus alcalophicus) was from

221 Enmex (Tlalnepantla, Mexico). As for the lipase, preliminary experiments were performed with the

222 Type VII enzyme from Candida rugosa (Sigma lot 107H1024) in powder form and later with the

- 223 commercial lipase (Greasex® Ultra L from Candida lipolitica) in liquid form (from Novozymes,
- 224 Bagsvaerd, DK).
- 225 TEMPO and all other chemicals were from Sigma-Aldrich or Fluka.
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227 **2.2.** Laccase assay.

Laccase activity was determined using as substrate 2.48 mM ABTS in 100 mM sodium acetate at pH
5 (Niku-Paavola, Karhunen, Salola & Raunio et al., 1988).

One laccase unit is defined as the amount of enzyme that catalyzes the oxidation of one μmole of
ABTS in one min at 25 °C and pH 5.

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233 2.3. Purification and viscosity measurements of GM solutions.

234 Non purified gum powder from guar (GG), sesbania (SG) and fenugreek (FG), with a Brookfield 235 viscosity at 1% (w/v) in aqueous solution at 20 rpm and 25°C of 5000, 3000 and 1500-2500 mPa*s, 236 respectively, were from a commercial source and kindly supplied by Lamberti S.p.A. Actual GM 237 content of unpurified gum varied between 76 and 80% (w/w), the remaining components being 238 residual aleuronic proteins, seed coat residues, low mol wt sugars, ashes. Before performing 239 oxidation and other experiments, all GM were purified by dispersion (at 10% w/w) in a 3:7 solution 240 of H₂O/ethanol, by stirring at room temperature for 30 min, followed by vacuum filtration. The 241 recovered GM were dispersed (at 10% w/w) in acetone, stirred as before, and finally recovered by 242 vacuum filtration. Before use, they were oven-dried at 60°C overnight. Polysaccharide yield of this 243 procedure was 85-90% (w/w), while the residual 10-15%, composed of proteins and other minor 244 components, was discarded.

²⁴⁵ "Purified" GG and FG were dissolved in MilliQ water at room temperature at 1200 rpm with an ²⁴⁶ IKA overhead stirrer for 30 min. SG was firstly dispersed using an IKA Ultraturrax in MilliQ water ²⁴⁷ at room temperature for a min and finally at 1200 rpm with an IKA overhead stirrer for 30 min. The ²⁴⁸ solution was kept standing overnight at room temperature without stirring before any further ²⁴⁹ manipulation. Compared to "non purified" GM, viscosity increased by about 10-15% at equal gum ²⁵⁰ concentration in water, indicating a higher polymer amount in the "purified" material. GM solutions ²⁵¹ for all experiments were prepared the same way.

Viscosity measurements were performed in a volume of 300-400 ml in a beaker at room temperatureusing a Brookfield DV-I Prime, at 20 rpm, mounted with the appropriate spindle.

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255 2.4. Preparation of the aerogels.

256 TEMPO-mediated, laccase oxidation of FG, SG and GG was carried out following the procedure 257 previously described by Merlini et al. (2015) with slight modifications. Purified FG, SG and GG were dissolved, as described in § 2.3, at 1.075% (w/w) in 100 ml of MilliQ water at room 258 259 temperature for 30 min and the solution was kept standing overnight at room temperature. The 260 mediator TEMPO was added to a final concentration of 0.64 mM (10 mg); laccase, 160 U/g (GM) (eq. 261 to about 110 mg), was dissolved in 2 ml of MilliQ water, centrifuged for 4 min at 4000 rpm and the 262 supernatant added to the solution. The reaction was continued for 3 h at 35°C, with constant mechanical stirring at 500 rpm, after which Brookfield viscosity was measured and the mixture was 263 264 left standing at room temperature. Viscosity was measured again after 6 and 24 h from the start of the 265 reaction.

To obtain the aerogels, whole preparations of enzymatically oxidized FG, SG or GG hydrogels were distributed either into 24 well plates, to obtain 16-20 x 12-16 mm cylindrically shaped samples (see also Rossi et al., 2016), or in Petri dishes (90×12 mm), to give a flat, round aerogel wafer of about 80x5 mm, and frozen for 12 h at -80°C, followed by freeze-drying at -55 °C for 48 h (these materials are referred to as EOLFG, EOLSG and EOLGG, respectively).

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272 2.5. Preparation of actives solutions.

A 1 g/L of polymyxin B stock solution was prepared in sterile distilled water, filter-sterilized and stored at 4°C. A working solution of 300 mg/L was prepared by diluting the stock solution in distilled, sterile water. Nisin working solution (50,000 IU/ml) was prepared by dissolving the appropriate amounts of powder in sterile 0.02 N HCl, sterilized by filtration through a 0.20 μ m membrane filter (Corning, USA) and stored at 4 °C. Lysozyme powder was dissolved in distilled, sterile water to give a stock solution of 2 g/L, which was freshly prepared before each set of experiments and filter-sterilized as before. A lysozyme working solution of 1.25 g/L was prepared bydiluting the stock solution with distilled, sterile water.

Before use, 100 mg of protease were dissolved in 1 ml of MilliQ water and centrifuged at 11,200 x g at RT for 5 min, to eliminate insoluble material present in the formulation, the pellet was discarded and the "loading" experiments were carried out with the supernatant.

In the case of lipase, 125 mg of the *C. rugosa* lipase in powder form were likewise dissolved in 1 ml of MilliQ water and centrifuged at 11,200 x g at RT for 5 min, the pellet was discarded and the supernatant used for "loading" experiments. The commercial lipase from *C. lipolitica*, in liquid form, was used as such.

- Protein concentration was measured by the Bradford assay (Bradford, 1976) and turned out to be:
 33 mg/g for the protease, about 5 mg/g for the *C. rugosa* lipase and 23 mg/ml for the *C. lipolitica*lipase.
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292 **2.6.** Absorption of the active principles in the aerogels.

- 293 Plugs (Ø 8 mm) of EOLFG (from fenugreek gum), EOLSG (from sesbania gum) and EOLGG (from 294 guar gum) were carved with a cork borer as described by Rossi et al. (2016). Polymyxim B, nisin, 295 lysozyme, protease or lipase were absorbed unto the aerogels by immersing one to three plugs for 1 h 296 at room temperature in an Eppendorf tube containing 0.5-1.0 ml of solution of active at a specified 297 concentration. The plugs were then rinsed three times in 1 ml of distilled, sterile water and blotted on 298 UV-sterilized filter paper to remove eventual active solution present on the surface. The "theoretical" 299 amount of active absorbed was calculated from the weight difference of the plug(s) (initial weight: 7-300 9 mg), measured on each plug before and after immersion in solution, which gave an average weight 301 increase of 13-15-fold.
- 302 Protease and lipase protein concentration in the incubation solutions were further checked with the 303 Bradford assay, before and after absorption of the enzymes as explained above, and found to be 304 equal. In all cases, the "loaded" hydrogels were re-lyophilized in order to obtain the corresponding 305 "loaded" aerogels to be tested.
- The effect of lyophilization on lipase and protease was evaluated by measuring specific activity of both enzymes after freeze-drying of their respective aqueous solutions, re-dissolution in water and was negligible.
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310 2.7. Bacterial strains and culture conditions

All bacterial strains were routinely grown under standard conditions. Working cultures of *P. aeruginosa, S. marcescens, E. coli, S.* Typhimurium, *H. alvei* and *E. cloacae* were propagated in

Brain Heart Infusion broth (Scharlau Microbiology, Barcelona, Spain) and incubated at 30 °C (at 37 °C for *E. coli* and *S.* Typhimurium) for 18 h. *C. tyrobutyricum* was cultured anaerobically (Anaerocult A Merck, Darmstadt, Germany) in Reinforced Clostridial Medium (VWR Chemical, Leuven) at 37 °C for 48 h. *E. faecalis* was grown aerobically in M17 broth (Biolife Italiana, Milano, Italy) at 37 °C for 18 h. Before each set of experiments, all enriched cultures were diluted in Ringer solution (Scharlau Microbiology) to reach a concentration of 10⁵ CFU/ml. For solid media, 15 g/L agar (Scharlau Microbiology) was added to the broth before sterilization.

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321 2.8. Evaluation of release and activity of active principles

322 The detection of polymyxin B, nisin and lysozyme released from the aerogels was assessed by a 323 modified method described by Rossi et al. (2016). For anti-bacterial activity, the poured plate method 324 was used. Briefly, each Petri dish was layered with a selective agar medium, seeded with the bacterial inoculum at a concentration of 10^5 CFU/ml. After solidification of the agar, equidistant wells (Ø 8 325 326 mm) were carved with a sterilized cork borer and filled with: i) different concentrations of the free 327 active; ii) plugs of "loaded" EOLFG, EOLSG or EOLGG containing the appropriate amount of 328 active; iii) a control of "unloaded" EOLFG, EOLSG or EOLGG plug. Inoculated plates were 329 incubated at 30 °C, or 37 °C in the case of E. coli, S. Typhimurium and C. tyrobutyricum, for 24 h. 330 Release of actives from aerogels was evaluated from the inhibition halo zones formed around each well in comparison to the control aerogel and to the diffusion of the free active substance. All manual 331 332 operations were performed under a vertical laminar flow hood in sterile conditions and experiments 333 were run in duplicate.

- Release of protease or lipase in water was evaluated by withdrawing aliquots of the incubationsolution and determining enzyme activity.
- Proteolytic activity was calculated from the increase in absorbancy at 440 nm in a 1.0 ml reaction volume composed of 0.25% w/v azocasein, 0.3 mM calcium chloride, 25 mM Trizma base (pH 8) for 10 min at 40°C. The reaction was stopped by adding 1.0 ml of 20% trichloroacetic acid, followed by centrifugation at 11,200 x g at RT for 5 min . Protease activity is expressed as Δ O.D. at 440 nm/10 min/ml and one Unit of protease activity is the amount of enzyme causing a Δ O.D of 1.0 under those conditions.
- 342 Lipolytic activity was determined by measuring initial linear absorbance increase at 410 nm produced
- 343 by p-nitrophenol upon hydrolysis of 1 mM p-nitrophenyl laurate (dissolved in isopropanol) in 10 mM
- ammonium acetate pH 7.2 and 0.5 % Triton X-100, in 1.0 ml reaction volume (Santambrogio et al.,
- 345 2013). Lipase activity is expressed as Δ O.D. at 410 nm/min/ml and one Unit of lipase activity is the
- amount of enzyme causing a \triangle O.D of 1.0 under those conditions.

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351 **2.9** Determination of pore size

All measurements were performed in triplicate.

352 Total porosity, average and modal pore size, pore size distribution, and bulk density of the aerogels 353 were measured by mercury intrusion porosimetry (MIP), which consists in forcing mercury into the 354 sample pores at increasing pressures. The output data is the volume of mercury intruded into the 355 sample as a function of the pressure applied, which is inversely proportional to the pores size 356 (Santos et al., 2015). Pascal 140 coupled with Pascal 240 porosimeters (Thermo Fisher Scientific, 357 Waltham, MA) were used for the analysis. Pascal 140 module allows to reach low pressures (up to 358 400 kPa), thereby measuring only large pores (macropores). Pascal 240 reaches pressures up to 200 359 MPa, thus allowing measurement of the porosity into the mesopore region. Cylindrical aerogel corks weighing 40 ± 3 mg were used in the analyses. To overcome the potential limitations 360 361 associated to MIP (Majda et al., 2016) freeze-dried samples were placed in a dessicator containing CaCl₂ for 3 weeks to remove residual moisture. The residual moisture content measured with a 362 363 moisture analyzer HB43–S (Mettler Toledo, Greifensee, Switzerland) was as low as 0.5 ± 0.02 %. 364 During analysis, air inside the samples was removed by three degassing cycles. Mercury intrusion 365 was performed according to the PASCAL (Pressurization with Automatic Speed-up by Continuous 366 Adjustment Logic) system, which minimizes crushes and deformations of the samples. Pore 367 diameter was calculated according to the Washburn equation (Washburn, 1921) assuming a 368 cylindrical shape of the pores (Webb and Orr, 1997), as in (1):

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$$P = -2\sigma \cos\frac{\theta}{r} \tag{1}$$

370 where *P* is the applied pressure, *r* is the radius of the pore, σ is the surface tension of the mercury 371 and θ is the contact angle between mercury and polymer. A surface tension of 480 mN/m and a 372 contact angle of 140° (Kim & Chu, 2000; Joshi et al., 2015) were used for all measurements. 373 SOL.I.D (SOLver of Intrusion Data) software was used for data elaboration.

374

375 2.10 Determination of mechanical features.

376 Cylindrically shaped samples (~20 mm height \times 10 mm diameter) of both pristine non-oxidized, 377 lyophilized gums (LFG, LSG, and LGG) and the corresponding laccase-oxidized, lyophilized 378 aerogels (EOLFG, EOLSG, and EOLGG) were evaluated by a compressive test according to the 379 procedure described by Deszczynski, Kasapis & Mitchell (2003) and more recently applied by

380 Rossi et al. (2016). Briefly, two consecutive cycles of compression were performed with a 381 dynamometer (mod. Z005, Zwick Roell, Ulm, Germany) fitted with a 100 N load cell and 382 connected to two plates (30 mm diameter), placed at a distance of 22 mm apart. Each compression 383 cycle accounted for a maximum deformation of the sample of 2 mm, at a crosshead speed of 2 mm x s⁻¹. Stress–strain and force–time plots allowed for the calculation of compressive modulus, 384 385 maximum compressive force, cohesiveness, springiness, and resilience using the software 386 TestXpert V10.11 Master (see also Ghafar et al., 2015). All tests were carried out at 23 ± 0.5 °C and 387 40 ± 2.5 % relative humidity (RH). At least ten replicates were performed with each sample. 388 Statistical differences between mean values were determined by Student's *t*-test, with a significance 389 level (p) < 0.05, using Statgraphic Plus 4.0 software.

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392 3. Results and Discussion

394 3.1 Release from aerogels and activity of polymyxin B against Gram-negative bacteria.

395 The properties of EOLFG, EOLSG and EOLGG aerogels as delivery systems were firstly investigated with the antibiotic polymyxin B against six Gram-negative bacterial strains. All the six 396 397 bacterial species selected are responsible for nosocomial infections. Indeed, P. aeruginosa is one of 398 the major multidrug-resistant (MDR) bacterial species and almost all the currently available 399 antibiotics have no effect on it, with the exception of polymyxins (Velkov et al., 2010). Therefore, 400 since the mid nineties, the use of polymyxins has seen a renewed interest, in spite of their suspected 401 nephrotoxicity and neurotoxicity. Thanks to the wide activity spectrum of polymyxin B, we were 402 able to test five other bacterial species of Enterobacteriaceae, namely: S. marcescens, E. coli, S. 403 Typhimurium, H. alvei and E. cloacae; all responsible for nosocomial infections that can lead to life-404 threatening bacteremia (Alexopoulou et al., 2016; Kim et al., 2015; Steinbach, Töpper, Adam, & 405 Kees, 2015).

406 The activity of polymyxin B was firstly demonstrated by cell growth inhibition of *P. aeruginosa*.

Fig.1a shows the inhibition zone by polymyxin B released from "loaded" plugs of :EOLFG (2),
EOLSG (4) and EOLGG (6) on live cells of *P. aeruginosa*.

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Fig. 1-a,b- Inhibition by polymyxin B released from aerogels of Gram-negative bacterial cell growth.
Central well (1), 30 μg (equivalent to 22 nanomoles) of free polymyxin B. Lateral wells: plugs of
loaded EOLFG (2), control EOLFG (3); loaded EOLSG (4), control EOLSG (5); loaded EOLGG (6),
control EOLGG (7). Fig. 1a: *P. aeruginosa*. Fig. 1b: *S. marcescens*.

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The central well (1) was filled with 100 μ l of 300 mg/l of polymyxin B (equivalent to 30 μ g or 22 nanomoles of active substance). Control plugs of "unloaded": EOLFG (3), EOLSG (5) and EOLGG (7) were fitted in the corresponding wells. The amount of incorporated polymyxin B in aerogel plugs was calculated from the individual average weight increase, performed in triplicate, after 1 h immersion in a polymyxin B solution, rinsing, blotting, and was estimated to be 28.9 ± 8.3 μ g for EOLFG, 23.7 ± 2.2 μ g for EOLSG and 32.4 ± 6.8 μ g for EOLGG.

As detailed in § 2.6, "loaded" plugs were rinsed three times in water in order to remove any polymyxin B loosely absorbed on the surface of the aerogels. 100 ul of each rinse water was evaluated for cell growth inhibition on a similarly seeded Petri dish. While the first rinse water showed a very slight inhibition halo, the third one had none (see Fig. 1.S in "Supplementary Material"). Therefore, we conclude that the large halos around the plugs of EOLFG, EOLSG and EOLGG in Fig. 1a are largely or exclusively due to the release of polymyxin B absorbed and retained within the aerogels.

A similar experiment was carried out on a strain of *S. marcescens*, a species recognized to cause
human clinical diseases, with a multidrug-resistance profile (Zavascki, Goldani, Li & Nation, 2007).
Fig 1b shows the inhibition zone by polymyxin B released from "loaded" plugs of: EOLFG (2),

434 EOLSG (4) and EOLGG (6) of *S. marcescens* cell growth. As for *P. aeruginosa*, the third rinse water

435 of all plugs developed no halos (see Fig 2.S in "Supplementary Material").

Following the same protocol as above, we have evaluated four other Gram-negative bacterial species involved in nosocomial infections, that can be fatal, mostly if infected patients are elderly, young, or people with depressed immune systems (Alexopoulou et al., 2016; Kim et al., 2015; Steinbach et al., 2015). The bacterial strains were the following: *S*. Typhimurium (Fig. 1c), *E. coli* (Fig. 1d), *E. cloacae* (Fig. 1e) and *H. alvei* (Fig. 3.S in Supplementary Material). All strains analyzed were susceptible to polymyxin B cell growth inhibition, which was absorbed and released from the aerogel plugs.

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Fig. 1-c-e- Inhibition by polymyxin B released from aerogels of Gram-negative bacterial cell growth.
Central well (1), 30 μg (equivalent to 22 nanomoles) of free polymyxin B. Lateral wells: plugs of

451 loaded EOLFG (2), control EOLFG (3); loaded EOLSG (4), control EOLSG (5); loaded EOLGG (6),

- 452 control EOLGG (7). Fig. 1c: S. Typhimurium. Fig. 1d: E. coli. Fig. 1e: E. cloacae.
- 453

It is difficult to make a quantitative evaluation of polymyxin B released from Figs.1, a-e and Fig.
3.S. However, by comparing the diameters of the halos around the "loaded" plugs to the central
wells filled with the free active substance, the amounts of polymyxin B diffused appear to be fairly
equal.

458

459 **3.2.** Release from aerogels and activity of nisin against Gram-positive bacteria.

460 The activity of nisin loaded and released from the three GM aerogels was evaluated against Gram-461 positive bacteria in a similar way as for polymyxin B.

462 Fig. 2a shows the growth inhibition by nisin released from "loaded" plugs of: EOLFG (2), EOLSG (4) and EOLGG (6) on cells of *E. faecalis* isolated from contaminated dairy samples and Fig. 2b on 463 464 a strain of C. tyrobutyricum, cultured under anaerobic conditions. The amount of incorporated nisin 465 was calculated from the average weight increase of individual aerogel plugs, performed in triplicate, 466 after 1 h of immersion in a nisin solution (50,000 IU/g) and was estimated to be $120.5 \pm 34.6 \ \mu g$ for EOLFG, $98.9 \pm 9.3 \mu g$ for EOLSG and $135.1 \pm 28.5 \mu g$ for EOLGG. All plugs were rinsed three 467 468 times, as before, in order to remove nisin eventually present on the outer surface. The third rinse 469 water did not develop any halo (see Fig. 4.S in "Supplementary Material").

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473 Fig. 2a,b - Inhibition by nisin released from aerogels of Gram-positive bacterial cell growth.
474 Central well (1) 125 μg of free nisin (equivalent to 37 nanomoles). Lateral wells: plugs of loaded
475 EOLFG (2), control EOLFG (3); loaded EOLSG (4), control EOLSG (5); loaded EOLGG (6),
476 control EOLGG(7). Fig. 2a: *E. faecalis*. Fig. 2b: *C. tyrobutirycum*.

477

478 3.3. Release and activity of lysozyme against C. tyrobutirycum

The muraminidase lysozyme is used in cheese and milk products to prevent butyric acid fermentation prevalently caused by *Clostridium* species. In a previous work (Rossi et al., 2016) we have described the release of lysozyme from EOLFG aerogel, evaluated by a standard <u>biochemical</u> test, based on the hydrolytic activity of this enzyme on agar plates layered with lyophilized cells of *M. lysodeikticus*, while in the present work a microbiological test was used.

484 Fig. 5.S shows the inhibition zone by lysozyme released from a "loaded" plug of EOLFG (2) on live 485 cells of C. tyrobutirycum, grown under anaerobic conditions. The well on top (1) was filled with 100 µl of 1.25g/L of lysozyme (i.e., 125 µg of protein equivalent to 8.7 nanomoles of active substance). A 486 487 control plug of EOLFG (3) was fitted in the corresponding well. The amount of incorporated 488 lysozyme was calculated from the average weight increase of individual aerogels, performed in 489 triplicate, after 1 h of immersion in a lysozyme solution and was estimated to be $120.5 \pm 34.6 \,\mu g$ of 490 lysozyme for EOLFG. Similar experiments with EOLSG and EOLGG gave somewhat unclear 491 results, as those two aerogels turned out to be too brittle under the anaerobic and temperature 492 conditions used for the test. However, this aspect is being investigated.

Therefore, it appears that with the three selected antimicrobials and under the experimental conditions applied, the release of active was able to control microbial growth *in vitro*, even in the presence of a relatively high cell concentration.

496

497 3.4 Uptake and release of protease and lipase from GM aerogels.

The following preliminary controls were performed on the two industrial enzymes tested in order tosubstantiate our experimental approach:

- 500 i. The effect of the lyophilization procedure on the lipase and protease was tested by activity
 501 determination of the enzymes, before and after lyophilization from water solution and re 502 hydration. Results indicated no significant difference caused by the treatment (*data not shown*).
- 504 ii. Eventual preferential uptake or exclusion of enzymes by GM gels was tested by measuring
 505 protein concentration before and after immersion of the plugs in the solutions of actives. In
 506 both cases of protease and lipase, protein concentration was unchanged, which is taken to
 507 mean that there is no selective protein exclusion or binding by the hydrogels (*data not*508 *shown*).
- 509 Enzyme release from "loaded" aerogel plugs in water was monitored by measuring protein 510 concentration and increase in enzyme activity as a function of time.

511 Fig. 3 shows the kinetics of protease release at RT from the three hydrogels, measured every hour, 512 for 6 h, expressed as percentage of the "theoretical" total protease activity loaded. The mean values 513 and standard deviations are reported in Tab. 1.S (see Supplementary Material).

- 514 Protease release appears to be faster in the first 2 h and then gradually reaches a plateau after 6 h.
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Fig. 3 - Time course of protease release in water solution from "loaded" hydrogel plugs of EOLFG,
EOLSG and EOLGG. Each time point was performed in triplicate on separately prepared plugs and
is expressed as the average percentage of the "theoretical" total protease activity loaded.

521

522 It can be calculated that this represents, in all three cases, an almost complete release of enzyme523 loaded into the aerogels (Tab. 1.S.).

In the case of lipase, preliminary evaluations were performed with a *C. rugosa* enzyme obtained from Sigma for research purposes, containing over 90% of non protein material, which had to be discarded before further experiments. Loading and release were performed only on EOLFG, as described above, and it was found that almost all the calculated amount of enzyme absorbed was released after 5 h incubation in water at RT (*not shown*). However, in consideration of the little amount of enzyme available, the other two aerogels were not tested.

530 Therefore, for practical applications (e.g., in detergency), we considered more meaningful to try with 531 an industrial enzyme commercially available, hence the choice of Novozymes' Greasex Ultra L from 532 C. *lipolitica* with an activity of 15 U/ml, used as such with no further purification or pre-treatments.
533 In this case, as shown in Fig. 6.S for the three aerogels, the release of lipase in solution was limited to
534 about 30% of the "theoretical" maximum, even after a very long incubation period, as if the
535 stabilizing agents contained in the commercial formulation of this enzyme (e-g., glycols, salts, etc.),
536 prevented or limited its full release. Purification experiments of this lipase are underway to verify the
537 hypothesis, focusing mainly on EOLFG which preserves its structure upon prolonged incubation
538 periods in solution.

The mean values and standard deviations of the experimental data points of Fig. 6.S are reported inTab. 2.S.

541

542 3.5. Determination of aerogels pore size

543 Data from MIP tests are reported in Tab. 1.

544

Sample	Bulk density (kg x m ⁻³)	Porosity (%)	Pore surface area (m ² x g ⁻¹)	Average pore diameter (μm)	Modal pore diameter (µm)
EOLFG	35.9	99.91	11.32	9.83	42.44
EOLSG	32.8	96.19	16.89	6.94	3.59
EOLGG	31.3	93.28	15.54	7.68	102.71

545

546 **Tab. 1 -** MIP parameters of the three GM aerogels

547

The aerogel from fenugreek (EOLFG) exhibited higher density (35.9 kg x m^{-3}) compared to guar 548 gum (EOLGG) and sesbania (EOLSG) with 31.3 and 32.8 kg x m^{-3} , respectively. Because a number 549 of parameters may affect the bulk density of aerogels (e.g., type of polymer, initial polymer 550 551 concentration, pH, ionic strength, air inclusion method, and instrumental technique for the 552 measurements), a strict comparison among different materials is relatively hard to make. For 553 example, sodium carboxymethyl cellulose aerogels were reported to have bulk density of 56.8 kg x m⁻³ (Lin, Li, Lu, & Cao, 2015), whereas the bulk density of wheat gluten-based aerogels ranged 554 between 58 and 343 kg m⁻³ (Blomfeldt et al., 2010), therefore a wide range of values is to be 555 expected. On the other hand, previously reported open-cell CNF foams and CNF aerogels had 556 densities of 15 and 7–20 kg x m⁻³, respectively (Jiang & Hsieh, 2014; Svagan, Samir, & Berglund, 557 558 2008), lower than the values we have found, so that different thermal values are to be expected.

- From a practical point of view, it is interesting to notice that expanded and extruded polystyrene closed-cell foams, for thermal insulation applications, have densities in the range of 16–45 kg x m⁻³, whereas those of polyurethane are in the range of 40–55 kg x m⁻³ (Al-Homoud, 2005). Thus, it will be interesting to study the thermal insulation properties of the plant-derived materials we have obtained.
- 564 The three aerogels described in this study showed very high open porosity values, with an 565 outstanding 99.9 % measured for the EOLFG sample. This value is in line with a recent work on 566 lightweight foams based on nano-cellulose, which exhibited an open porosity of 99.6% (Wicklein et 567 al., 2015). In our studies, differences in pore size and distribution were observed. EOLFG showed 568 pores of larger size compared to the two other aerogels, as demonstrated by both pore surface area $(11.32 \text{ m}^2 \text{ x g}^{-1})$ and average pore diameter (9.83 µm) (see Tab. 1). EOLSG showed the smallest 569 pores, with pore surface area and average diameter of 16.89 m² x g⁻¹ and 6.94 μ m, respectively. 570 While EOLGG stood halfway in terms of pore size. There was also a difference in pore size 571 572 distribution according to the nature of the GM aerogel.
- 573 As indicated by the modal pore diameter, most of the pores were centered at ~ 3.6 µm diameter for the EOLSG (meaning that the smallest pores are more largely represented), ~ 42 μ m for EOLFG, 574 575 and ~ 103 μ m for the EOLGG. This can be seen in the pore size distribution plots of Fig. 7, a-c.S 576 (see Supplementary Material). While the pore diameter frequency distribution of the sample of 577 EOLFG (Fig. 7,a.S) includes several classes of the same height between 10 and 50 µm, the 578 frequency distribution of samples EOLSG (Fig. 7,b.S) and EOLGG (Fig. 7,c.S) is somehow skewed 579 toward high pore diameters. Moreover, with EOLGG and EOLSG the occurrence of a second peak 580 can also be observed, which is broader for EOLSG between 1 and 5 µm. These results indicate that, 581 although with some differences, all the three aerogels tested in this work had more open macropores 582 than mesopores and micropores in their final structure, suggesting a preferential practical 583 application where rapid capillary suction is of utmost importance, e.g., for "fast" delivery systems and in liquid cleaning/removing devices (Blomfeldt et al., 2010). 584
- Finally, Fig. 4 (which is derived from the data of Fig. 7, a-c.S) indicates that in the case of fenugreek there is a wider distribution of pores with intermediate size (20-50 um) than in guar and sesbania, presumably because it is the most extensively cross-linked aerogel.
- 588



590

591 Fig. 4- Pore size distribution in diameter (abscissa) vs their % distribution (ordinate) of the three 592 GM aerogels (blu curve (\bullet), EOLFG; green curve (_x), EOLSG; red curve (\blacksquare), EOLGG.

593

594 However, if we consider the distribution of larger pores (i.e., between 50-100 µm), guar appears to 595 have the most, closely followed by sesbania.

596 597

3.6. Mechanical properties

598 Large deformation tests allowed to quantify the effect of enzymatic oxidation on the mechanical 599 properties of EOLFG, EOLSG and EOLGG. Tab. 2 reports the mechanical parameters obtained 600 from compressive tests.

601

Sample	E-mod (kPa)	F _{max} (N)	Cohesiveness	Springiness	Resilience
LFG	$0.502 \\ (\pm 0.085)^{a}$	0.081 (± 0.014) ^a	0.713 (± 0.040) ^a	0.651 (± 0.042) ^{ab}	0.393 (± 0.033) ^{ab}
EOLFG	22.775 (± 5.792) ^b	2.376 (± 0.548) ^b	$0.685 (\pm 0.034)^{a}$	$0.611 \\ (\pm 0.038)^{a}$	$0.316 (\pm 0.037)^{c}$

LSG	$\begin{array}{ccc} 0.249 & 0.039 \\ (\pm \ 0.083)^{a} & (\pm \ 0.012)^{a} \end{array}$	$0.728 \\ (\pm 0.033)^{a}$	0.665 (± 0.033) ^b	0.434 (± 0.034) ^b
EOLSG	$\begin{array}{ccc} 12.479 & 1.332 \\ (\pm 5.165)^{\circ} & (\pm 0.231)^{\circ} \end{array}$	0.712 (± 0.057) ^a	0.641 (± 0.063) ^{ab}	0.373 (± 0.066) ^a
LGG	$\begin{array}{ccc} 0.433 & 0.081 \\ (\pm \ 0.070)^{a} & (\pm \ 0.023)^{a} \end{array}$	0.694 (± 0.043) ^a	$0.632 \\ (\pm 0.049)^{ab}$	$0.386 \\ (\pm 0.048)^{a}$
EOLGG	$\begin{array}{ccc} 18.577 & 2.075 \\ (\pm 5.527)^{d} & (\pm 0.607)^{b} \end{array}$	0.627 (± 0.049) ^b	0.542 (± 0.047) ^c	$0.257 \\ (\pm 0.032)^{d}$

602

603 604 **Table 2** -Mechanical parameters from compressive tests on pristine, lyophilized and laccase-
oxidized, lyophilized fenugreek (LFG, EOLFG), sesbania (LSG, EOLSG) and guar gum
(GG, EOLGG) aerogels.

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607 Results are expressed as mean values and standard deviation (in brackets). Different superscripts 608 within a group (i.e., within each parameter) refers to a statistically significant difference (p < 0.05). 609 The three non-oxidized, lyophilized GM aerogels (i.e., LFG, LSG, LGG) did not exhibit 610 appreciable differences in terms of F_{max} and E-mod. However, after laccase oxidation it was 611 possible to observe statistically significant differences between samples. In absolute terms, EOLFG 612 aerogel was stiffer and harder than EOLSG and EOLGG, with EOLSG showing the lowest mean 613 values of both F_{max} and E-mod. Nevertheless, if we consider the relative increase of the above 614 parameters, the largest occurred for EOLSG (Fmax and E-mod increased ~ 50 and 34 times, 615 respectively). This observation seems to indicate that the oxidation, and resulting internal 616 crosslinking, was somewhat more "efficient" in the case of SG than FG and GG, though SG 617 ultimately yielded a relatively weaker aerogel.

Concerning the other mechanical parameters, cohesiveness represents the ability of the sample to 618 619 stand a second deformation in relation with the sample behavior during the first deformation cycle. 620 Springiness indicates the capability of the sample to spring back after the first compression. 621 Resilience is a measure of the ability of the sample to recover its original shape. After oxidation, 622 cohesiveness and springiness decreased significantly only for the GG samples. Resilience decreased 623 significantly upon oxidation for all the three samples, consistent with the inverse relationship 624 between this parameter on one hand, and the compressive modulus and maximum force on the other 625 (Ghafar et al., 2015).

Although the results of the mechanical tests unambiguously demonstrate positive effect of
 enzymatic oxidation on gel structuring, it is clear that the crosslinking efficiency depends on the
 specific polysaccharide and the formation of hemiacetal bonds at inter– and intra– molecular level.

629 4. Conclusions

630

631 There is an increasing interest in the development of new biomaterials from renewable resources, 632 possibly by means of sustainable biochemical reactions. Indeed, plant polysaccharides represent a 633 valuable and sustainable alternative to traditional synthetic polymers produced from monomers of 634 fossil, non-renewable origin and are increasingly applied in a growing number of industrial fields, 635 either in their natural or chemically/biochemically modified forms. Enzyme modifications of 636 polysaccharides is still an open field of investigation and product development. However, while 637 glycohydrolases (e.g., amylases, cellulases, mannanases, etc.) are currently widely used enzymes for 638 depolymerization, the family of redox enzymes (e-g., dehydrogenases and oxidases) have so far been 639 relatively less studied and applied to generate "functional" polymers and new biomaterials (see also 640 Karaki, Aljawish, Hueau, Muniglia & Jasniewski, 2016). Galactomannans are employed to produce a 641 considerable range of derivatives with numerous applications in food, feed and industrial fields. 642 These are versatile and quite reactive polysaccharides, that, from an agronomic point of view, offer 643 the advantage of being reserve polysaccharides of leguminous plants grown in sub-tropical and semi-644 arid areas of the world, requiring little or no fertilizing and limited artificial watering, compared to 645 starch-containing cereals. In the present work, we have applied to three different GM the laccase-646 mediator oxidation system previously described (Lavazza et al, 2011), followed by lyophilization, 647 and have shown that oxidation is a key factor in the generation of aerogels with enhanced overall 648 features and performance. However, differences among the oxidized GM suggest that the chemical 649 composition of the polysaccharides (i.e., the galactose : mannose ratio) appears to play an important 650 role. Fenugreek exhibited the best performance in terms of mechanical properties over guar and sesbania gums, which is likely due to its highest amount of galactose along the mannose backbone 651 652 (Gal : Man = 1:1).

We suggest that the findings reported might be useful in the designing of novel nanostructured biomaterials with tailored functional properties as biocompatible, flexible delivery systems of various actives (for a comprehensive review, see Ulker & Erkey, 2014), as well as for food packaging or insulating devices.

More studies are needed to establish their real potential and applicability. Few lines of investigation are ongoing to clarify various aspects of these systems, such as: freeze-drying protocols to influence pore and size formation, range of actives that can be uploaded and released, kinetics of release, role

- of temperature and humidity on aerogels performance, long term activity preservation, stability in
- order to ensure long-term antimicrobial protection.

662

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 Table 1 - MIP parameters of the three GM aerogels

Sample	Bulk density	Porosity	Pore surface area	Average pore diameter	Modal pore diameter
	(kg x m ⁻³)	(%)	$(m^2 x g^{-1})$	(μm)	(μm)
EOLFG	35.9	99.91	11.32	9.83	42.44
EOLSG	32.8	96.19	16.89	6.94	3.59
EOLGG	31.3	93.28	15.54	7.68	102.71

Table 2 - Mechanical parameters from compressive tests on pristine,lyophilized and laccase-oxidized, lyophilized fenugreek (LFG,EOLFG), sesbania (LSG, EOLSG) and guar gum (GG, EOLGG)aerogels.

Sample	E-mod	F _{max}	Cohesiveness	Springiness	Resilience
	(kPa)	(N)			
LFG	0.502	0.081	0.713	0.651	0.393
	(± 0.085) ^a	(± 0.014) ^a	(± 0.040) ^a	(± 0.042) ^{ab}	(± 0.033) ^{ab}
EOLFG	22.775 (± 5.792) ^b	2.376 (± 0.548) ^b	$0.685 \ (\pm 0.034)^{a}$	0.611 (± 0.038) ^a	0.316 (± 0.037) ^c
LSG	0.249	0.039	0.728	0.665	0.434
	(± 0.083) ^a	(± 0.012) ^a	(± 0.033) ^a	(± 0.033) ^b	(± 0.034) ^b
EOLSG	12.479	1.332	0.712	0.641	0.373
	(± 5.165) ^c	(± 0.231) ^c	(± 0.057) ^a	(± 0.063) ^{ab}	(± 0.066) ^a
LGG	0.433 (± 0.070) ^a	0.081 (± 0.023) ^a	0.694 (± 0.043) ^a	0.632 (± 0.049) ^{ab}	$0.386 \ (\pm 0.048)^{a}$
EOLGG	18.577	2.075	0.627	0.542	0.257
	(± 5.527) ^d	(± 0.607) ^b	(± 0.049) ^b	(± 0.047) ^c	(± 0.032) ^d

Fig. 1-a,b





Fig. 2-a,b





Figure(s)







Figure legends

Fig. 1- Inhibition by polymyxin B released from aerogels of Gram-negative bacterial cell growth. Central well (1), 30 μ g (equivalent to 22 nanomoles) of free polymyxin B. Lateral wells: plugs of loaded EOLFG (2), control EOLFG (3); loaded EOLSG (4), control EOLSG (5); loaded EOLGG (6), control EOLGG (7). Fig. 1a: *P. aeruginosa*. Fig. 1b: *S. marcescens*. Fig. 1c: *S.* Typhimurium. Fig. 1d: *E. coli*. Fig. 1e: *E. cloacae*.

Fig. 2 - Inhibition by nisin released from aerogels of Gram-positive bacterial cell growth. Central well (1) 125 μg of free nisin (equivalent to 37 nanomoles). Lateral wells: plugs of loaded EOLFG (2), control EOLFG (3); loaded EOLSG (4), control EOLSG (5); loaded EOLGG (6), control EOLGG(7). Fig. 2a: *E. faecalis*. Fig. 2b: *C. tyrobutirycum*.

Fig. 3 - Time course of protease release in water solution from "loaded" hydrogel plugs of EOLFG, EOLSG and EOLGG. Each time point was performed in triplicate on separately prepared plugs and is expressed as the average percentage of the "theoretical" total protease activity loaded.

Fig. 4- Pore size distribution in diameter (abscissa) *vs* their % distribution (ordinate) of the three GM aerogels (blue curve (\bullet), EOLFG; green curve ($_X$), EOLSG; red curve (\bullet), EOLGG.

Fig. 1.S





Fig. 2.S





Fig. 5.S



Fig. 6.S



Figure 7.S



SUPPLEMENTARY MATERIALS

Legends to Figures

- Fig. 1.S Rinse water of EOLFG, EOLSG, EOLGG plugs loaded with polymyxin B (from Fig. 1.a) and checked for cell growth inhibition of *P. aeruginosa*. 100 ult of (from left to right): 1st, 2nd, 3rd rinse water were added to each well.
- Fig. 2.S Rinse water of EOLFG, EOLSG, EOLGG plugs loaded with polymyxin B (from Fig. 1.b) and checked for cell growth inhibition of *S. marcescens*. 100 ult of (from left to right): 1st, 2nd, 3rd rinse water were added to each well.
- Fig. 3.S- Inhibition by polymyxin B released from aerogels of Gram-negative Hafnia alvei cell growth. Central well (1), 30 μg (equivalent to 22 nanomoles) of free polymyxin B. Lateral wells: plugs of loaded EOLFG (2), control EOLFG (3); loaded EOLSG (4), control EOLSG (5); loaded EOLGG (6), control EOLGG (7).
- Fig. 4.S Rinse water of EOLFG, EOLSG, EOLGG plugs loaded with nisin (from Fig. 2.a) and checked for cell growth inhibition of *E. faecalis*. 100 ult of (from left to right): 1st, 2nd, 3rd rinse water were added to each well.
- Fig. 5.S Inhibition of *C. tyrobutirycum* growth by lysozyme released from EOLFG aerogel: (1) 125 μg (equivalent to 8.7 nanomoles) of free lysozyme. Plugs of: (2) loaded EOLFG, (3) control EOLFG.
- **Fig. 6.S** Time course of commercial *C. lipolitica* rrelease in water solution from "loaded" hydrogel plugs of EOLFG, EOLSG and EOLGG. Each time point was performed in triplicate on separately prepared plugs and is expressed as the average percentage of the "theoretical" total lipase activity loaded.
- Fig. 7.S Pore size distribution plots of EOLFG (a), EOLSG (b), EOLGG (c)

Supplementary data Tab. 1.S – Time course of protease release in water from "loaded" hydrogel plugs of EOLFG, EOLSG and EOLGG. Experiments were performed in triplicate on independently prepared plugs.

Average activity values and percentage of the "theoretical" maximum activity loaded into the aerogels are reported for each time point, with standard deviations. Protease activity is expressed as Δ O.D. at 440 nm/10 min/ml.

	EOLFG		EO	LSG	EOLGG	
Time, h	Protease activity	Theoretical max, %	Protease activity	Theoretical max, %	Protease activity	Theoretical max, %
1	23.8±1.2	54.3±6.0	17.5±13.1	45.1±25.8	11.2±4.0	26.1±9.4
2	26.7±2.8	60.5±3.2	25.2±8.7	68.1±8.7	21.0±4.7	49.1±11.0
3	34.0±4.7	76.9±1.6	29.5±12.0	79.3±15.2	24.2±6.4	56.5±14.9
4	35.8±4.5	81.2±2.8	28.2±9.7	76.3±9.4	33.5±7.3	78.3±17.1
5	39.7±0.9	90.6±12.3	35.0±4.7	97.1±8.8	34.0±4.7	79.5±11.0
6	43.2±5.4	97.8±3.3	36.8±9.2	100.8±2.6	41.5±6.4	97.0±14.9

Supplementary data

Tab. 2.S – Time course of *C. lipolitica* release in water from "loaded" hydrogel plugs of EOLFG, EOLSG and EOLGG. Experiments were performed in triplicate on independently prepared plugs.

Average activity values and percentage of the "theoretical" maximum activity loaded into the aerogels are reported for each time point, with standard deviations. Lipase activity is expressed as Δ O.D. at 410 nm/min/ml.

	EO	EOLFG		LSG	EO	EOLGG	
Time, h	Lipolytic activity	Theoretical max, %	Lipolytic activity	Theoretical max, %	Lipolytic activity	Theoretical max, %	
1	0.7±0.1	4.5±2.4	1.4±0.4	7.5±1.9	2.2±1.2	10.1±5.5	
2	0.8±0.4	5.5±3.1	2.4±1.8	13.0±10.0	3.3±1.8	15.3±8.6	
3	1.0±0.5	6.8±4.1	2.2±0.7	11.6±4.2	3.6±1.8	16.7±7.8	
4	1.1±0.6	7.3±4.7	3.2±0.8	17.2±5.6	3.6±1.6	16.9±6.5	
5	1.4±0.8	9.4±5.8	3.2±1.0	17.1±6.2	3.3±0.9	15.6±4.2	
6	1.9±1.0	12.8±7.8	3.4±1.3	18.5±7.6	3.8±0.9	17.9±3.3	
25	4.8±0.7	29.5±8.0	4.3±0.9	22.4±2.3	4.4±0.6	21.5±4.9	
30	4.3±0.1	28.8±11.6	3.4±0.7	18.0±2.0	4.9±0.7	24.0±4.7	